

Meet Handbook



National YMCA Diving Championship

April 1 - 4, 2008

Fort Lauderdale Aquatic Complex

Ft. Lauderdale, Florida

954-828-4580

www.ymcaswimminganddiving.org

Corrections: - all corrections are indicated in the handbook in text

Date	Page (s)	Correction

TABLE OF CONTENTS

TABLE OF CONTENTS	1	Outstanding Athlete Scholarship Award presented by Nike.....	9
KEY MEET OFFICIALS	2	Criteria	9
Diving Meet Coordinators	2	Application Procedure	9
Diving Championship Committee	2	Conrad Carroll Award	9
SCHEDULE OF EVENTS	3	Coach of the Meet Award	10
Sunday, March 30, 2008.....	3	Coach of the Year Award	10
Monday, March 31, 2008	3	Robert Moss Award	10
Tuesday, April 1, 2008	3	John DeBarbadillo Award	10
Wednesday, April 2, 2008.....	3	Senior Recognition	10
Thursday, April 3, 2008.....	3	ADMISSIONS DURING COMPETITION	11
Friday, April 4, 2008.....	3	Ticket Information	11
Time Trial Registration.....	3	Ticket Sales Schedule:.....	11
ELIGIBILITY	4	Media	11
Eligibility of Associations.....	4	Coaches.....	11
Eligibility Of Individuals	4	Officials	11
ENTRY INFORMATION.....	5	Application To Officiate	11
Official Entry.....	5	Contestants.....	12
Entry Deadline And Procedure	5	Spectator Area.....	12
Insurance	6	Cameras	12
Responsibility of Coaches & Contestants.....	6	Swimmers and Divers Area	12
Fees	6	Coaches Area	12
Meet Fee.....	6	Heat Sheets.....	12
Competition Fees.....	6	GENERAL INFORMATION	13
Coaches Fees.....	7	Rubbing Tables	13
REGISTRATION	7	Banners	13
Registration Procedure	7	Smoking, Alcohol & Drugs.....	13
Registration Procedure	7	Chaperones	13
Proof Of Performance	7	Housing.....	13
PROTESTS.....	8	Air Transportation	13
COMPETITION	8	MAP, VENUE AND HOTEL LIST	14
Order of Events.....	8	Venue	14
Event Entry Procedure.....	8	Hotel List.....	14
Unofficial Psyche Sheets (Divers Entered in the Meet)	8	COACH'S CHECK LIST	15
Final Results	9		
Scoring.....	9		
AWARDS.....	9		
Event Awards.....	9		
Diving Award Presentation.....	9		
Award Presentation Protocol	9		

KEY MEET OFFICIALS

Meet Director – John Mendell

Assistant Meet Director – Glenda Pae

Diving Meet Coordinators

Diving – Don Leas

Facilities – Laura Voet, Dave Burgering

Diving Championship Committee

Don Leas – Diving Meet Director

Dave Burgering- Assistant Meet Director

Gary Cox- Assistant Meet Director

Shannon Egan- Coaches Representative

Jim Everett- Chairperson, National Advisory Committee

Penny Cano- Diving Operations

John Mendell – Meet Director

Mike Eubank- YMCA of the USA, Director of Competitive Sports

SCHEDULE OF EVENTS

Sunday, March 30, 2008

6:00 A.M. Pool Opens for Practice – to 8:00 P.M.*
 11:00 A.M. Registrations and Ticket Sales/ Pickup
 Opens – to 3:00 P.M. - Las Olas
 Ballroom****
 5:00 P.M. Rogers Award Presentation – to 7:00
 P.M. - Hall Of Fame**

Monday, March 31, 2008

6:00 A.M. Pool Opens for Practice – to 8:00 P.M.*
 9:00 A.M. Registrations and Ticket Sales/Pickup
 Opens – to 3:00 P.M. - Las Olas Ballroom

 11:00 A.M. Ticket Sales Opens at Pool – to 8:00
 P.M.*
 3:00 P.M. Registration Closes but Scratch Box
 Remains Open - Las Olas Ballroom ****
 4:00 P.M. Coaches Advisory Meeting
 Coaches Association Meeting following
 the Coaches Advisory Meeting
 New Coaches meeting following Coaches
 Association Meeting
 - Las Olas Ballroom****
 10 minutes Scratch Box Closes - Las Olas ****
 after Scratch Box will remain closed until
 completion Tuesday, April 1 at 7:30 A.M. when
 of Coaches Scratch Box is moved to scratch/relay
 Advisory table at the Pool.
 Meeting
 4:30 P.M. – Meeting of all Meet Deck Officials Atlantic
 5:30 P.M. Room ****
 4:30 P.M. Diving Coaches' Meeting – Gulfstream

 5:30 P.M. Athlete Welcome Party - Pool*
 7:00 P.M. Registration Opens – to 8:00 P.M. ***

Tuesday, April 1, 2008

6:00 A.M. Pool Opens for Practice *
 8:00 A.M. Officials Briefing Session **
 and 4:45
 P.M.
 7:30 A.M. Registration Opens – To 11:00 A.M. ***
 9:00 A.M. Preliminary Swimming Events *
 12:00 Noon Diving *
 12:00 Noon Scratch Box Closes *
 12:00 Noon Coaches And Officials Lunch **
 6:00 P.M. Registration Opens – To 7: 00 P.M. ***
 5:15 P.M. Opening Ceremonies *
 6:00 P.M. Swimming Finals *

* Ft. Lauderdale Aquatic Complex
 ** International Hall of Fame Auditorium
 *** Registration Office, located in the Hall of Fame Board Room
 **** Sheraton Yankee Trader – Headquarters

Wednesday, April 2, 2008

6:00 A.M. Pool Opens For Practice *
 8:15 A.M. & Officials Briefing Session **
 5:15 P.M.
 7:30 A.M. Registration Opens – To 11:00 A.M. ***
 9:00 A.M. Preliminary Swimming Events *
 12:00 Noon Diving *
 12:00 Noon Scratch Box Closes *
 12:00 Noon Coaches And Officials Lunch **
 5:00 P.M. Registration Opens – To 6:00 P.M. ***
 5:40 P.M. Opening Ceremonies & Seniors'
 Recognition*
 6:00 P.M. Swimming Finals *

Thursday, April 3, 2008

6:00 A.M. Pool Opens For Practice *
 8:15 A.M. & Officials Briefing Session **
 5:15 P.M.
 7:30 A.M. Registration Opens – To 11:00 A.M. ***
 9:00 A.M. Preliminary Swimming Events *
 12:00 Noon Diving *
 12:00 Noon Scratch Box Closes *
 12:00 Noon Coaches And Officials Lunch **
 5:40 P.M. Opening Ceremonies *
 6:00 P.M. Swimming Finals *

Friday, April 4, 2008

6:00 A.M. Pool Opens For Practice *
 8:15 A.M. & Officials Briefing Session **
 5:15 P.M.
 7:30 A.M. Registration Opens – To 11:00 A.M. ***
 9:00 A.M. Preliminary Swimming Events *
 12:00 Noon Diving *
 12:00 Noon Scratch Box Closes *
 12:00 Noon Coaches And Officials Lunch **
 5:30 P.M. Opening Ceremonies *
 6:00 P.M. Swimming Finals*

Time Trial Registration

9:00 A.M. – Monday through Friday, Coaches'
 11:00 A.M. Hospitality*
 5:00 P.M. – Monday through Thursday, Coaches'
 6:30 P.M. Hospitality*

ELIGIBILITY

Eligibility of Associations

- A. In order for an Association to participate in the National Championships, it must be a certified YMCA and be in good standing with its own State / Cluster / Field Committee / Individual administering the YMCA Sports Program.
- B. Each Association (Branch) may hold only one USA-S or USA-D Certificate of Insurance. An Association (Branch) may not be part of more than one USA-S or USA-D Certificate of Insurance (Can't be comprised of swimmers or divers of more than one USA-S or USA-D team). Associations MUST have their official YMCA name as listed in the YMCA directory on their USA-S or USA-D Certificate of Insurance.
- C. If an Association does not sponsor a swimming or diving team, an eligible athlete from the Association may participate in the National Meet representing their own YMCA, provided the entry is approved by the Group Rep in that State or Field and by the YMCA of the USA Competitive Swimming and Diving Advisory Committee.
- D. Each Association must be in good standing as a member of the YMCA of the U.S.A.

Eligibility Of Individuals

In order to be eligible to participate in the National YMCA Diving Championships a contestant must:

1. Be a member of a local YMCA and must have a full privilege Annual membership for a minimum of ninety days prior to the first day of the National Championships (January 2, 2008).
2. Must be at least 12 years of age and not over 21 on December 31st, 2008.
3. Any student who represents or has at any time represented an educational institution beyond Grade 12 in competitive swimming or diving shall be ineligible to participate in the National YMCA Short Course Swimming & Diving Championship Meet.
4. The following qualifications must be met by all divers entering the Championships. These minimum DD requirements and minimum scores may be achieved in YMCA, High School, USA Diving, or AAU competition:

REQUIREMENTS FOR ONE METER				
EVENT	VOLUNTARIES MAX DD	OPTIONALS	MINIMUM DD	MINIMUM SCORE
Boys 16 – 18	5 vols. 9.0	5	8.5	132.00
Boys 12 – 15	5 vols. 9.0	4	6.8	102.00
Girls 16 – 18	5 vols. 9.0	4	6.8	102.00
Girls 12 – 15	5 vols. 9.0	3	5.2	78.00

REQUIREMENTS FOR THREE METER				
EVENT	VOLUNTARIES MAX DD	OPTIONALS	MINIMUM DD	MINIMUM SCORE
Boys 16 – 18	5 vols. 9.5	5	9.4	141.00
Boys 12 – 15	5 vols. 9.5	4	7.4	111.00
Girls 16 – 18	5 vols. 9.5	4	7.4	111.00
Girls 12 – 15	5 vols. 9.5	3	5.5	82.50

The 2008 - 2009 USA Diving Junior rules, as amended, will be followed for the 2008 YMCA National Diving Championships. The Boys and Girls 12-15 age group events will utilize the 14-15 rules and the Boys and Girls 16-21 will utilize the 16-18 rules. Please consult USA Diving's web site for details: www.usadiving.org.

All divers must show proof of the minimum Degree of Difficulty and the minimum score for the number of optional dives shown in the previous tables. Diving sheets are to be brought to the meet (not sent with entry) and must be checked during registration. These dives are limited to two sheets for each event. The dives MUST be circled and each sheet signed by the meet referee. Divers must have achieved these qualifying standards between March 1, 2007, and March

19, 2008, or competed in the same age group at the previous National YMCA Short Course Diving Championships. If the diver competed in only one event then they must show proof of performance for the other event. The minimum Degree of Difficulty is **required** for **all diving events** at the National YMCA Championships.

ENTRY INFORMATION

Official Entry

All entries must be made through the ONLINE ENTRY system. Online Entry will only be available at www.ymcaswimminganddiving.org.

Entry Deadline And Procedure

Entries are due on Wednesday, March 19th, 2008. The entry procedure that began for the 2006 Short Course Championship was a success and will be continued. **Online meet entry is REQUIRED.**

Also, although there are separate handbooks for the Swimming Championship and the Diving Championship, all entries, both swimming and diving, for an association must be submitted in the same file.

Before going online, please create a Meet Entry file in Hy-Tek's Meet Entry format. You can do this by either using Hy-Tek Team Manager, the Hy-Tek Team Manager Lite free version (available from www.hy-tektd.com/downloads.html), or a similar program that is able to create a Hy-Tek Meet Entry format file. You can download an Events File for this meet from the <http://www.ymcaswimminganddiving.org/2008sc.htm>.

Once you have entered your qualified athletes in the desired events, AND verified this through the Hy-Tek Team Manager program, then export your entry file. You can choose to export it to either a floppy or your hard drive. However, if you export it to your hard drive, please remember the drive and folder name that contains the file. You will need this later in the process.

The new meet entry online form can be found at www.ymcaswimminganddiving.org/2008sc.htm. Click on the link on the page marked "New ONLINE Meet Entry".

Complete the information on the screens. You will then be requested to **UPLOAD** your Meet Entry file (instructions will be given) from the drive and folder you noted above.

Once you have uploaded your file, it will be checked for errors and possible error conditions. A report showing these errors will be displayed for you. Please print the report and return to your Hy-Tek Team Manager (or similar program) and fix the mistakes.

After you have fixed the errors and created a new Meet Entry file, then once again go online and repeat the online process. You may re-upload your entry as many times as you like. However, please realize that each upload **OVERRIDES** the prior upload. Each upload must be a complete meet entry.

The Online Entry procedure will also include an online entry form to enter the names of your athletes who are currently seniors in high school along with the college the athlete will be attending. More information can be found in the Senior Recognition section of this handbook.

When you indicate that you want to complete the entry process, a series of forms will be displayed for you to print:

Form Produced during Online Entry	What to do with this form after Online Registration	Fax back to 1-866-633-8996 by March 21, 2008	Bring to Registration	Notes
Certification, Eligibility & Release Declaration	This must be printed and signed by your YMCA's Executive Director, Membership Director and Head Coach.	Yes	Yes	
Individual Entry Certification	This will print with each of your entered athletes names listed. Each athlete must read and sign this form.	Yes	Yes	

Entry Fees Summary	This will list all of the fees that are due for your team to be able to compete in the meet.	No	Yes	VERY IMPORTANT: You must bring this form, with a check for the exact amount specified (made payable to YMCA of the USA – 2008 Short Course), to Meet Registration . Teams that do not bring this form and check will not be allowed to participate in the meet.
Coaches Authorization	Must be signed by the local coach, local YMCA Executive, and representing coach	Yes	Yes	This form will only be printed IF you indicate during Online Entry that athletes will be represented by a different coach.
Parent's Consent and Waiver	Must have a copy for each athlete attending the meet that has been signed by his/her parent/guardian	No	Yes	This form will be required at registration for athlete check-in.

Meet entry will close at midnight EST on Wednesday, March 19th, 2008. Absolutely NO entry will be accepted after March 19th. Also, no mail, fax or email entries will be accepted. You must follow the new entry procedures above.

The above forms, once printed following your online entry procedure, are your verification that your entry has been received. The list of Insurance Certificates and Faxes Received that will be available from www.ymcaswimminganddiving.org/2008SC.htm will indicate whether or not your fax has been received. Although the entry process is automated, the list of faxes and insurance certificates is update manually. Updates may not be posted until the end of each day.

Insurance

Each team that participates in the meet must have a current and correct Certificate of Liability Insurance on file with the YMCA of the USA. Once this form has been submitted to the YMCA of the USA, it should serve to cover all YMCA of the USA sponsored events through the expiration date indicated on the certificate. In other words, a certificate filed prior to the Short Course Championship that has a long enough expiration date may cover the Masters and Long Course Championship as well. A list of teams with the expiration dates of their certificates (if 2008 or greater) will be available at the www.ymcaswimminganddiving.org/2008sc.htm web page.

You must have submitted a valid certificate to the YMCA of the USA by Noon (EST) on Friday, March 21st to be able to compete in the meet.

Responsibility of Coaches & Contestants

It shall be the responsibility of the coaches, swimmers and divers to acquaint themselves with all information pertaining to swim-offs, final events, and the participation therein, and other related meet data including scratch procedures. Each contestant must have a certified coach responsible for him/her while on the pool deck.

Fees

Meet Fee

A Meet fee of \$50.00 per Association will be charged.

Competition Fees

The entry fee will be \$2.00 for each athlete, \$8.00 per individual event and \$32.00 for each relay team listed on the entry form.

Coaches Fees

Each coach must pay a deck fee of \$15.00 to receive credentials. Note: Those listed as coaches must be at least 18 years of age and have the required certifications (current through the last day of the meet as specified in the previous Eligibility section) to be on deck. Number of coaches permitted per team as follows:

of Divers

1-5	1 coach
6-10	2 coaches
11-20	3 coaches
21-25	4 coaches
25 & more	5 coaches

All fees must be paid by check at meet registration. Make checks payable to:

YMCA of the USA-2008 Short Course

REGISTRATION

Registration Procedure

Registration Procedure

Registration will take place at the Sheraton Yankee Trader. This registration process is for every contestant, coach and official. Registration will be located in the Las Olas Ballroom. Coach's packets will contain meet information. Contestants' bags will be available only at Registration. Scratch and relay cards will also be available there. Registration will be open as follows:

Sunday, March 30	11:00 a.m. – 3:00 p.m. Las Olas Ballroom
Monday, March 31	9:00 a.m. – 3:00 p.m. (Las Olas Ballroom) 6:00 pm -7:00 p.m. (Registration Office located in the Hall of Fame Boardroom)
Tuesday & Wednesday, April 1 st & 2 nd	7:30 a.m. – 11:00 a.m. (Registration Office located in the Hall of Fame Boardroom) 6:00 pm – 7:00 p.m. (Registration Office located in the Hall of Fame Boardroom)
Thursday & Friday, April 3 rd & 4 th	7:30 a.m. – 11:00 a.m. (Registration Office located in the Hall of Fame Boardroom)

Coach's packets will be available for the Head Coach listed on the official entry blank. This individual shall be the DESIGNATED head coach attending the meet. Any exception must be requested in writing (Coaches Authorization Form). All coaches must have photo ID and their certifications to obtain their packet and credentials. All certifications must be current originals.

Athletes will no longer need to bring their YMCA membership card or other proof of membership to the meet. We will be using the individual entry certification that each participant signed to check them in at the registration table. However it will still be necessary to bring the Parents Consent and Waiver form to the registration table. (form available from <http://www.ymcaswimminganddiving.org>).

Bands and goodie bags will be given at this time. Coaches will not be permitted to pick up participants bags or bands. ALL participants must register in person.

Proof Of Performance

Bring all proof of performance sheets (dive sheets) with you to registration. All diving coaches must show proof of Degree of Difficulty and total points for optional dives for one meter and three meter at the registration area

All new coaches (not just new teams) will meet with the meet director to go over meet procedures and answer any questions he/she may have in regards to the national meet.

PROTESTS

The USA-D protest procedures (Rule 106.17 and 109) will be utilized, as modified for this Meet, as set forth below:

Finalizing Results. Events shall be considered finished and results shall be considered final one hour after conclusion of the day's events. No protests regarding final scores or placing shall be accepted after this deadline.

Timing. (a) Verbal protests of rule interpretations shall be made by a coach/diver immediately to the referee and judging panel. (b) A protest, the reason of which is known beforehand, shall be made before the start of the contest.

Judges' Awards. No protest shall be made against the marks awarded by the judges.

Review. Decisions, which in the opinion of the referee need clarification, shall be submitted by him/her to the Diving Championship Committee.

The Diving Championship Committee will consider all other protests lodged against the Meet, and its decisions will be final.

The results of any protested event will not be announced, any awards will not be given and any points will not be allocated until the protest is resolved or withdrawn, in writing.

COMPETITION

Order of Events

2008 Short Course Nationals

Day One

Men's 1 Meter Diving*

Day Three

Men's 3 Meter Diving*

Day Two

Women's 3 Meter Diving*

Day Four

Women's 1 Meter Diving*

* Diving starts at 12:00 noon or after the completion of the relay preliminaries whichever is later. The entire event will be contested each day.

Event Entry Procedure

The USA Diving procedure for dropping dive sheets will be used.

1. Dive sheets for Tuesday's events (Men's One Meter) must be dropped by the end of the coaches meeting on Monday.
2. Dive sheets for all other days must be dropped by noon on the day prior to the event.
3. Dive sheets not dropped by the above stated deadlines are late but will be accepted up to three hours before the start of the event as long as it is accompanied by a fifteen dollars (\$15.00) late fee.
4. The Drop Box will be available at the coaches meeting on Monday, March 31st. Thereafter the Drop Box will be located on the swimming scratch table located near the entrance to the diving office.

All divers must turn in their diving sheets to the Drop Box by the deadline listed below.

Men's 1 Meter – Monday at the Coaches Meeting

Women's 3 Meter – Tuesday, 12:00 noon

Men's 3 Meter – Wednesday, 12:00 noon

Women's 1 Meter – Thursday, 12:00 noon

NOTE: Once the deadline has passed for dropping the dive sheets no changes can be made except that three hours or more prior to the start of the event a diver may make a change as long as it is accompanied by a fifteen dollars (\$15.00) late fee.

Unofficial Psyche Sheets (Divers Entered in the Meet)

Will be available on the website at

www.ymcaswimminganddiving.org.

Final Results

Daily results will be posted throughout the facility. Results will be available on the website at www.ymcaswimminganddiving.org.

Scoring

Scoring will be as follows: 20 – 17 – 16 – 15 – 14 – 13 – 12 – 11 – 9 – 7 – 6 – 5 – 4 – 3 – 2 – 1.

AWARDS

Event Awards

Medals will be awarded to the winners of the first eight places in each event. Ribbons will be awarded for ninth through sixteenth places. Plaques will be awarded to the three high point scoring teams for both men and women. A combined point award will be given to the team combining the highest total number of points from both men's and women's events.

Diving Award Presentation

Diving awards will be presented each evening. They will be presented following the final of the evening's first swimming event.

Award Presentation Protocol

All award winners **MUST** wear apparel that is appropriate and acceptable to the Championship Meet Committee. You **MUST** wear a tee-shirt or jacket (team warm-up jacket is preferable) on the award stand. No caps or towels are permitted on the awards stand. **IF YOU DO NOT FOLLOW THESE RULES, YOU WILL NOT BE PERMITTED ON THE AWARD STAND OR RECEIVE YOUR AWARDS.** The team awards will be presented on the last evening after the Women's One Meter awards

Outstanding Athlete Scholarship Award presented by Nike

Criteria

- Must be a graduating senior and must have been a YMCA swimmer and/or diver for five years.
- Must maintain a grade point average of 3.5 or better on a 4.0 or equivalent scale during senior year in high school
- Must have plans to continue education at a university or junior college
- Must present two letters of recommendation from a coach, clergy, teacher, or YMCA staff person. Letters must reflect the athlete's display of the YMCA character traits of caring, honesty, respect and responsibility. **Letters must be no longer than one page.**
- Must present a **one page letter** reflecting upon what the athlete's participation in the YMCA competitive swimming and/or diving program has meant to him/her.
- Must compete at the National Short Course Swimming & Diving Championships in their senior year and be present to accept the award.

Application Procedure

Applications will be available on <http://www.ymcaswimminganddiving.org>

Interested individuals must complete and return their applications along with two letters of recommendation and a one page letter reflecting upon what their participation in the YMCA competitive swimming and/or diving program has meant to them by March 21, 2008 to: Mike Eubank, YMCA of the USA, 101 N. Wacker Drive, Chicago, IL 60606.

Applications will be reviewed and the final selection made by a panel of individuals appointed by the YMCA of the USA Competitive Swimming & Diving Advisory Committee.

The winner will be announced at the National YMCA Short Course Swimming & Diving Championship in Fort Lauderdale on April 3, 2008.

A check for \$1,000.00 will be issued directly to the athlete's institution of higher learning.

Conrad Carroll Award

The Conrad "Connie" Carroll Award is given in memory and honor of a person who best exemplifies the "True Official", a person who has given of himself for the betterment of officiating in the YMCA Competitive Swimming & Diving Program. The recipient will be introduced preceding the finals on the third day of the meet.

Coach of the Meet Award

(in memory and honor of Larry Lyons, Coach of M.E. Lyons YMCA)

The Coach of the Meet recognizes the coach/coaching staff that has prepared their athlete(s) and/or team for extraordinary performances at these Championships. The Award will be determined by a vote of coaching peers at the meet based on results through preliminaries of the fourth day of the meet. Consideration criteria may include significant improvement from previous years, sustaining exceptional results from year to year and record setting efforts.

Coach of the Year Award

The Coach of the Year recognizes the coach/coaching staff that has exemplified the YMCA values in his/her program and community during the year. Team accomplishments and community involvement are to be taken into consideration when submitting candidates. Potential candidates may be nominated by submitting the form at www.ymcaswimminganddiving.org to the email shown, or during the Short Course Championship meet itself.

Robert Moss Award

An award in memory of Robert Moss will be presented to an individual who has made an outstanding contribution to diving. This may be an exceptional performance as a diver, as an outstanding coach or some other individual who has contributed to the enhancement of the YMCA diving program. This award will be presented preceding the finals on the last day of the meet.

John DeBarbadillo Award

The DeBarbadillo Award for Excellence in Sportsmanship will be awarded annually at the National YMCA Short/Long Course Swimming Championships. Though the Award will be given at these two venues, the act of Sportsmanship can take place at any YMCA swimming/diving function. Nominations will continually be accepted on a year round basis. A nomination form is available at www.ymcaswimminganddiving.org.

Senior Recognition

Once again, high school seniors will be recognized in our heat sheets. Also, during the Opening Ceremonies before Finals on Wednesday evening we will have a special recognition of all high school senior athletes.

To be listed in the heat sheet, coaches should enter the names of all of their high school seniors and the college the athlete will attend during the Online Entry process. There will be forms at the Coaches Registration table for those that may have been missed during the online entry but those will be processed as time permits.

ADMISSIONS DURING COMPETITION

Ticket Information

Wristbands that will admit spectators to 8 sessions (prelims and final) will be available for sale. Advance sales are \$25.00 per wristband. Advance orders must be received prior to March 21, 2008. All-session heat sheet cards can also be pre-ordered at \$20.00 per card. **Advance orders may be picked up at registration or at ticket sales at the meet.** Wristbands and pre-ordered heat sheet cards may be ordered from:

Carolyn Ryan
125 Wynnwood Dr.
Wilmington, DE 19810
Phone #: 302-475-3457- **Admission Questions Only!**

Make checks payable to: YMCA of the USA- 2008 Short Course

Wristbands and tickets for individual sessions will be sold at registration and at the pool complex.

Prices during registration and the meet - \$30.00 per wristband. Individual tickets: prelims - \$5.00 each, Finals - \$5.00 each

Children 11 years & younger – half price

Wristbands must be secured and worn on the wrist of the purchaser at all times while in the pool complex.

Ticket Sales Schedule:

During Meet Registration at the Sheraton Yankee Trader Las Olas Ballroom (Before the meet begins all advance orders must be picked up here during the following times):

.....Sunday, March 30th, – 11:00 am – 3:00 pm
.....Monday, March 31st– 9:00 am – 3:00 pm.

Ticket and Heat Sheet sales at the Pool Complex:

.....Monday March 31st, 11:00 am – 8:00 pm
.....Tuesday, April 1st, through Friday, April 4th,– 7:00 a.m. to 11:00 a.m. and 5:00 p.m. to 7:00 p.m.

Media

Accreditation for press and television must be secured from the Meet Director.

Coaches

Coaches will be admitted to the pool complex by special identification badges and wristbands that will be issued at time of registration. These badges and wristbands must be worn for you to be admitted to the pool. You must wear the badge (above the waist) and the wristband at all times while in the pool complex. Lost badges will be replaced for a charge of \$20.00.

Officials

Officials will be admitted to the pool complex by special identification badges and wristbands that will be issued at time of registration. These badges and wristbands must be worn for you to be admitted to the pool. You must wear the badge (above the waist) and the wristband at all times while in the pool complex. Lost badges will be replaced for a charge of \$20.00.

Application To Officiate

Anyone wishing to officiate for the swimming events in the meet may apply to:

Email: donleas@hotmail.com

Postal: Don Leas, 810 South Greenfaire Circle, Payson, AZ 85541

Contestants

Swimmers and divers will be admitted to the pool area by special wristband that will be issued at time of registration. These wristbands must be worn on the WRIST for you to be admitted to the pool or to compete. Competitors – you must wear your wristband to compete. If a wristband is loose or partially broken, have it replaced before you step up on the block or diving board. This means whether on the diving board or on the starting blocks, you must wear your wristband! Any contestant stepping on the blocks or the diving board without a wristband on the wrist will be asked to step down and will be disqualified from the event. Lost bands will be replaced at a charge of \$5.00.

Spectator Area

The seats on the north side of the pool are primarily for spectators. They have paid to gain admittance and should have the best seats in the house. Swimmers, divers and coaches are not allowed in these areas without special permission. Conversely, the south stands are off limits to spectators. These are for swimmers. Spectators will not be allowed on the pool deck. Spectators are NOT to save seats for individuals arriving later.

Cameras

Camcorder operators' equipment will not be permitted to take up seats in the spectator area. No flash photography will be allowed during competition.

Swimmers and Divers Area

There will be an area specifically designated for competitors (and their coaches). It is the entire roof of the men's and women's locker rooms on the south side of the pool complex. Entrance to this area will be from diving tower to back stairs by the women's locker room. A tented area will be available.

Coaches Area

Coaches may use the east and west bleachers of the pool complex. The area behind the blocks is off limits at all times to all except officials and those contestants getting ready to swim.

Heat Sheets

All session heat sheet cards can be pre-ordered for \$20 (pick up at the meet) from Carolyn Ryan at the above noted address (See ticket information).

Individual session heat sheets can be obtained from ticket sales for \$3.00. All-session heat sheet cards will be available for sale for \$20 during registration and at the meet at ticket sales.

GENERAL INFORMATION

Rubbing Tables

Rubbing tables will not be provided. We suggest you bring your own if you want to use them. There will be room for them in a designated area. They will not be permitted on the pool deck or the diving area.

Banners

Maximum banner size shall be 5 feet by 8 feet. Advertising size can be no more than 96 square inches. The use of the National YMCA Swim logo may not be used without written consent from the YMCA of the USA Swimming and Diving Advisory Committee. There is no restriction on the size of YMCA or team name. The YMCA of the USA Swimming and Diving Advisory Committee reserves the right to restrict placement of team banners in order to maintain dignity and decorum of the meet. Permission to place banners must be granted by the Facilities coordinator. Banners should be consistent with YMCA Graphic Standards.

Smoking, Alcohol & Drugs

THERE SHALL BE NO SMOKING, ALCOHOL OR DRUGS IN THE SWIMMING COMPLEX.

Chaperones

The YMCA of the USA Competitive Swimming and Diving Advisory Committee recommends that chaperones be furnished for all contestants. Each contestant MUST have a certified coach responsible for him/her while on the pool deck.

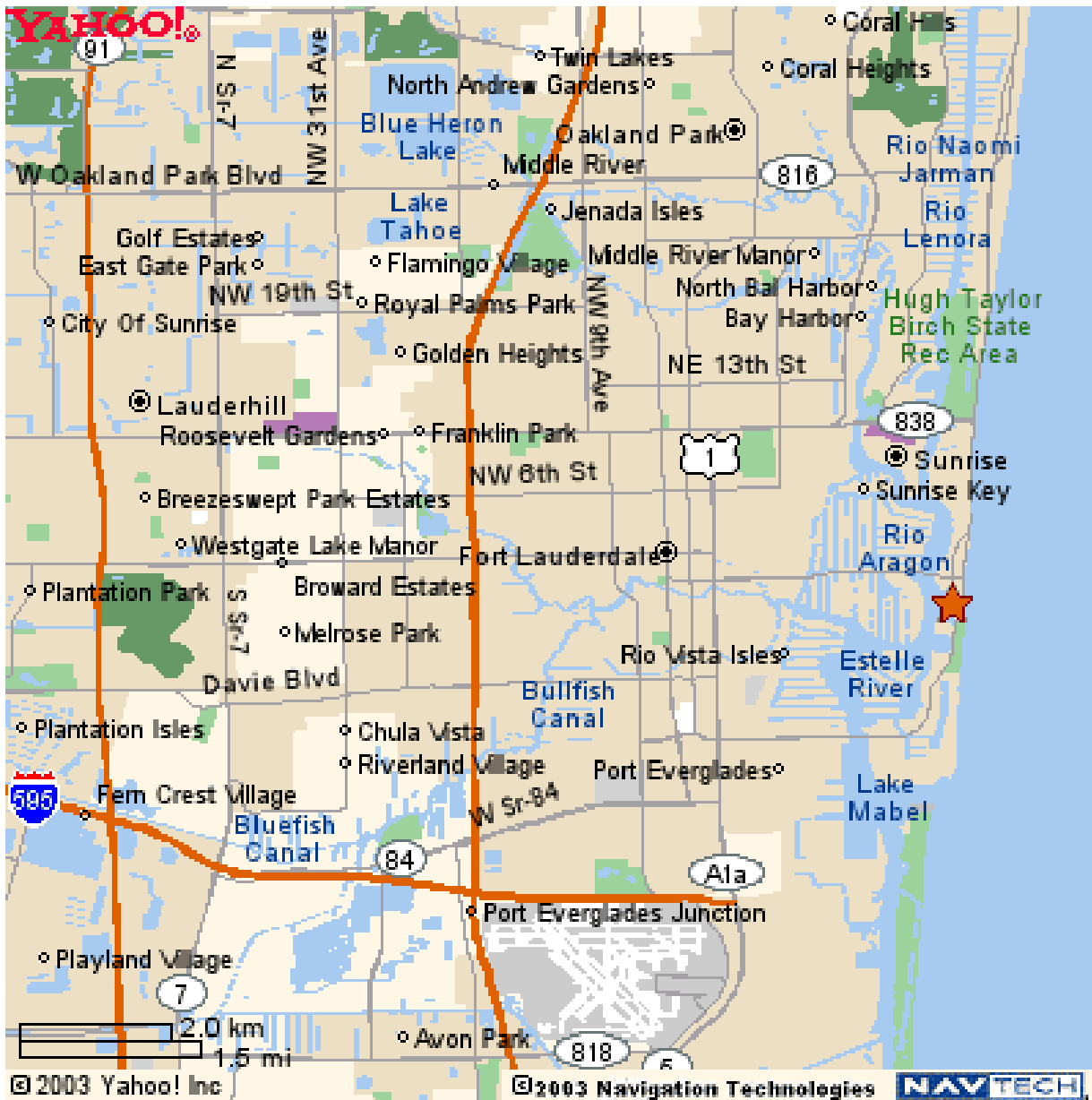
Housing

Coaches and parents should contact hotels directly. A list of hotels is available on www.ymcaswimminganddiving.org.

Air Transportation

Best Travel/YMCA of the USA has been designated as the travel agent for the attendees of the National YMCA Swimming and Diving Championships, April 1-4, 2008, in Ft. Lauderdale, Florida. The earlier you make your reservations, the better the price. This is a tremendous opportunity for saving money for the YMCA. This program is available to all attendees whether staff, parent or team member. Their phone number is 1-877-359-9622.

MAP, VENUE AND HOTEL LIST



Venue

Ft. Lauderdale Aquatic Complex. Phone: (954) 828-4580
501 Seabreeze Boulevard..... Fax: (954) 468-1582
Fort Lauderdale, Florida 33316
Online: <http://ci.ftlaud.fl.us/flac/>

Sheraton Yankee Trader Beach Resort – *headquarters hotel*
321 Ft. Lauderdale Beach Blvd., Fort Lauderdale, FL 33304
(954) 467-1111 Fax (954) 467-0100

Hotel List

A list of recommended hotels with contacts is available at www.ymcaswimminganddiving.org.

COACH'S CHECK LIST

Meet Entry

- Have you created your Meet Entry file?
- Have you completed your ONLINE registration? Including printing the signature and Entry Fee form?
- Have you obtained all proper signatures on the forms?
- Have you faxed the signature forms?
- Does your team have adequate insurance? And did you send your Certificate of Insurance to YMCA of the USA?

Pre-Meet

- Remember to bring your Entry Fee form and check
- Bring all Parents Consent and Liability Waiver forms
- Bring all YOUR certifications (current through the meet) & a photo I.D.
- Do you have proof of performance for each entry?
- Does your Y know where the team is staying?
- Do you have a contract with your athletes as to their expected behavior?
- Are your athletes familiar with the YMCA four core values – Honesty, Responsibility, Caring and Respect?
- Did you obtain permission for emergency medical care?

(List items below you wish to remind yourself)

-
-

Character development focusing on the four values of honesty, responsibility, caring and respect is an integral part of the YMCA competitive swimming and diving program.

Our ultimate purpose is to help participants realize their fullest potential as individuals and grow in spirit, mind and body.

There are many wonderful opportunities to teach the four values in the YMCA swimming and diving program.



Procedures have been approved by the YMCA of the USA Competitive Swimming and Diving Advisory Committee.