

Association #: _____ YMCA Name: _____

This form is to be read and signed by each contestant (not the coach).

Please enter me in the 2009 NATIONAL YMCA LONG COURSE SWIMMING CHAMPIONSHIP to be held at the University of Maryland, 7/26/2009 – 7/31/2009. The Additional Events in which I wish to participate are indicated on our Team Entry. SWIMMERS MAY PARTICIPATE IN 4 INDIVIDUAL EVENTS AND 5 RELAYS.

RELEASE: In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, University of Maryland, their agents, representatives or assigns, and the Ft. Lauderdale for any and all injuries which may be suffered by me at the 2009 NATIONAL YMCA LONG COURSE SWIMMING CHAMPIONSHIP.

I hereby declare: that I am eligible to represent my YMCA, according to the Rules that Govern Competitive Sports (11/96) and the Rules for the 2009 NATIONAL YMCA LONG COURSE SWIMMING CHAMPIONSHIP.

- that I am an amateur.
- that I have not represented a junior college, college or university in formal swimming competition.
- that I am a full privilege annual member of my YMCA and have been for 90 days prior to the championship meet.
- that I have not represented another YMCA for the previous four months.
- that I have represented only my local YMCA in any open competition during the current season. (Note: A swimmer may compete in open competition unattached but may not represent any team or organization other than his or her local YMCA or high school.)
- that I understand the USA-S Technical rules will apply with exceptions as listed in the Coaches Handbook and in entry information.
- that I am at least 12 years old as of the first day of the meet.
- that I have represented my YMCA Branch or Association in formal competitive swimming and diving competition during the current season which began 9/1/2008. Have participated in three (3) closed YMCA interassociation meets which must have been contested on separate dates plus one closed National YMCA Sanctioned Cluster, District, Satellite, State, Area or Regional YMCA Championship meet. Times to be proved must be achieved between 7/16/09 and 7/26/09.

Name: _____
Last (Please Print) First Signature

This swimmer has been previously entered into the meet: Yes (skip to event entry) No (enter the following data)

Birth date: _____ Age: _____ USA-S ID #: _____ Y Membership Exp: _____

| Event # | Event Name | Entry Time |
|---------|------------|------------|
| | | |
| | | |
| | | |
| | | |
| | | |

(if there are more than 5 events being entered then continue below but indicate "Same as above" in the name line)

Name: _____
Last (Please Print) First Signature

This swimmer has been previously entered into the meet: Yes (skip to event entry) No (enter the following data)

Birth date: _____ Age: _____ USA-S ID #: _____ Y Membership Exp: _____

| Event # | Event Name | Entry Time |
|---------|------------|------------|
| | | |
| | | |
| | | |
| | | |
| | | |

(if there are more than 5 events being entered then continue next page but indicate "Same as Page __" in the name line)

Completed by Registration Staff:
 Entered into Registration Date: _____ By: _____ Entered into Meet Manager Date: _____ By: _____

Association #: _____ YMCA Name: _____

| Event # | Event Name | Entry Time |
|---------|------------|------------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Completed by Registration Staff:
Entered into Registration Date: _____ By: _____

Entered into Meet Manager Date: _____ By: _____

Association #: _____ YMCA Name: _____

Fees:

| Original Entry | Additional Entries | New Totals |
|--|-------------------------|-------------------------|
| # of Swimmers: _____ @ \$15 = \$ _____ | _____ @ \$15 = \$ _____ | _____ @ \$15 = \$ _____ |
| # of Events: _____ @ \$10 = \$ _____ | _____ @ \$10 = \$ _____ | _____ @ \$10 = \$ _____ |
| # of Relays: _____ @ \$40 = \$ _____ | _____ @ \$40 = \$ _____ | _____ @ \$40 = \$ _____ |
| # of Coaches: _____ @ \$20 = \$ _____ | _____ @ \$20 = \$ _____ | _____ @ \$20 = \$ _____ |

Additional Coach(es) Name(s): _____

Registration Fee: \$60 \$60

Totals: \$ _____ + \$ _____ = \$ _____

The persons, whose names appear on the ADDITIONAL ENTRIES-INDIVIDUAL ENTRIES form, have read the information and have signed their own name. By doing so they therefore declare they are eligible to represent this Association and meet the requirements stated in the Rules that Govern YMCA Competitive Sports (11/96).

They further declare that: each participant is an amateur; has been a current full privilege annual YMCA member for the last 90 days (perpetual or bank draft members are included) and will be at the time of the National Meet; has been active in the program of this Association during the current season (July 1, 2009 thru July 14, 2010); has not represented another YMCA or other swimming/diving organization with the exception of their high school; has represented this Association in formal competition during the current season in swimming and/or diving events; is not in violation of any of the provisions of Rule V as described in Rules That Govern YMCA Competitive Sports (11/96); complies with Rules for the 2010 NATIONAL YMCA LONG COURSE SWIMMING CHAMPIONSHIP.

AGREEMENT - Each team and each team member in applying for and entering this National YMCA sports competition does thereby agree to abide by and also support the standard that any person irrespective of race, color or creed shall be permitted to participate in this Championship providing each team member meets all conditions of eligibility and is properly qualified.

MEDICAL EXAMINATION - These representative participants entered in the 2010 NATIONAL YMCA LONG COURSE SWIMMING CHAMPIONSHIP, have been examined by their family doctor or by another qualified medical examiner, and we have on file evidence (a form, card or letter) certifying that they are medically qualified to engage in swimming & diving competition.

INSURANCE - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the 2010 NATIONAL YMCA LONG COURSE SWIMMING CHAMPIONSHIP for the period of travel from our Association to the meet, during the entire period of the meet and return to our Association. (We suggest you investigate trip insurance). I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their travel to and from and during their participation in the 2010 NATIONAL YMCA LONG COURSE SWIMMING CHAMPIONSHIP. The YMCA of the USA must be named the Certificate Holder and also names the YMCA of the USA as an additional insured as it relates to this meet.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and University of Maryland, their agents, representatives or assigns, and for any and all injuries which may be suffered by me at the 2010 NATIONAL YMCA LONGCOURSE SWIMMING CHAMPIONSHIP.

We the undersigned have read the above statement of the conditions of competition and hereby certify that the persons whose names appear on the entry blank have read these statements, and agree to be bound by these conditions. We also certify that the names appearing on this entry blank are eligible to compete and represent this Association in the 2010 NATIONAL YMCA LONG COURSE SWIMMING CHAMPIONSHIP according to the Rules That Govern YMCA Competitive Sports (11/96) and the Rules for the 2010 NATIONAL YMCA LONG COURSE SWIMMING CHAMPIONSHIP.

(Signature, executive director) (Please print legibly or type name here) date

(Signature, membership director) (Please print legibly or type name here) date

(Signature, coach) (Please print legibly or type name here) date

Completed by Registration Staff:
Entered into Registration Date: _____ By: _____ Entered into Meet Manager Date: _____ By: _____