

## 2010 YMCA National Long Course Championship, Sanction #: USAS PVA-10-305.

July 27 - July 30, 2010

## Meet Program - Day 2 Finals

**Event 101 Women 100 LC Meter Backstroke**

Odd Heats begin at Warm-Up Pool End

Even Heats begin at Diving Board End

National: 1:02.73 7/27/2004 Tricia Weaner

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Casey Jepsen	17	Kishwaukee-IL	1:08.84
2	Nicole Salzano	14	Ridgewood-NJ	1:08.70
3	Olivia Jackson	15	Wilton-CT	1:08.24
4	Morgan Brooks	17	Middle Tyger-SC	1:08.15
5	Virginia Summer	16	Newberry-SC	1:08.20
6	Alison O'Connor	16	Wyckoff-NJ	1:08.61
7	Sydney King	14	Licking-OH	1:08.80
8	Ryan Alexander	14	North Shore-MA	1:08.90

**Heat 2 B - Final**

1	Michelle Kim	14	Wyckoff-NJ	1:08.02
2	Adelyn Graf	16	New Canaan-CT	1:07.83
3	Jessica Russell	15	Bath Area-ME	1:07.57
4	Tori Wood	16	Anne Arundel-MD	1:07.24
5	Lindsay Temple	14	SomersetValleyNJ	1:07.35
6	Ashley Martin	17	Rock Hill-SC	1:07.73
7	Noelle Klockner	15	West Monmouth-NJ	1:07.88
8	Hannah Lips	14	Middle Tyger-SC	1:08.12

**Heat 3 A - Final**

1	Keelin McNamara	16	Middle Tyger-SC	1:06.55
2	Emily Slabe	14	Countryside-OH	1:06.10
3	Siri Smits	16	Oshkosh-WI	1:05.71
4	Danielle Galyer	14	Middle Tyger-SC	1:04.32
5	Justine Ress	17	Cheshire-CT	1:04.79
6	Emily O'Neill	17	West Monmouth-NJ	1:05.98
7	Anna Gibas	18	Greensburg-PA	1:06.28
8	Celia Oberholzer	16	Powel Crosley-OH	1:06.79

**Event 102 Men 100 LC Meter Backstroke**

Odd Heats begin at Warm-Up Pool End

Even Heats begin at Diving Board End

National: 56.63 7/26/2005 Patrick Schirk

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Dylan Cummings	17	Wyckoff-NJ	1:01.15
2	Martin Kendig	17	East Suburban-PA	1:01.08
3	Konner Scott	17	Leaning Tower-IL	1:00.99
4	Charles Wu	18	Red Bank - NJ	1:00.85
5	John Quagliariello	17	Ridley-PA	1:00.95
6	Tyler Benner	17	Countryside-OH	1:01.00
7	Conor Deveney	17	Wilton-CT	1:01.14
8	Josh Fleagle	16	AuglaizeMercerOH	1:01.19

**Heat 2 B - Final**

1	Tom McKee	17	Brandywine-De	1:00.76
2	Paul Hunter	18	Andover-MA	1:00.63
3	Aaron Athanas	16	North Shore-MA	1:00.48
4	Austin Taylor	17	Wyckoff-NJ	1:00.19
5	Tyler Rauth	17	UpperMainLine-PA	1:00.45
6	Eric Forrester	17	Mon Valley-PA	1:00.60
7	Alex Pascal	17	Cheshire-CT	1:00.66
8	Nic Graesser	16	UpperMainLine-PA	1:00.85

**Heat 3 A - Final**

1	Dylan Davis	17	Anne Arundel-MD	59.89
2	Travis Bohn	17	West Shore-PA	59.52
3	Jay Warner	18	Middle Tyger-SC	58.70
4	Steven Zimmerman	17	Countryside-OH	57.13
5	James Wells	18	Bath Area-ME	57.44
6	Adam Lebovitz	18	Wilton-CT	59.52
7	Ryan DeBerry	16	W.North Carolina	59.73
8	Grant Alef	17	Kishwaukee-IL	59.94

**Event 103 Women 400 LC Meter Freestyle**

Odd heats warm-up pool end

Even Heats diving board end

Starts 8:28 AM

National: 4:19.91 7/31/2007 Caroline Smith

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Meghan Price	16	UpperMainLine-PA	4:37.44
2	Megan Clemens	16	Huntington-WV	4:37.22
3	Caitlin Cole	16	Wilton-CT	4:36.39
4	Katy Luchansky	16	Wilton-CT	4:35.58
5	Colleen McCormack	18	North Shore-MA	4:36.37
6	Danielle Albright	16	Tampa Metro-FL	4:36.69
7	Ryan Alexander	14	North Shore-MA	4:37.32
8	Sage Maggi	14	Gr Holyoke-MA	4:38.82

**Heat 2 B - Final**

1	Anna Wujciak	15	Gr. Flint-MI	4:34.91
2	India Boland	16	North Shore-MA	4:34.51
3	Sydney King	14	Licking-OH	4:33.65
4	Ariel Bond	17	Wilton-CT	4:32.87
5	Genevieve Miller	14	Northwest-NC	4:33.33
6	Nicole Tronolone	15	Fayetteville-NC	4:33.68
7	Anna Strzempko	15	Gr Holyoke-MA	4:34.90
8	Charlotte Ward	17	Middle Tyger-SC	4:35.53

**Heat 3 A - Final**

1	Carly Munchel	18	West Shore-PA	4:30.60
2	Emily Launer	16	Kishwaukee-IL	4:29.01
3	Breann McDowell	18	Countryside-OH	4:27.93
4	Shelby Fortin	18	Wilton-CT	4:23.34
5	Madeline Hoch	15	West Shore-PA	4:26.87
6	Claire Loht	17	West Shore-PA	4:28.27
7	Courtney Beidler	18	Tri-Hampton-PA	4:29.98
8	Caroline Finkbeiner	16	West Shore-PA	4:31.49

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**Event 104 Men 400 LC Meter Freestyle**

Odd Events warm-up pool end

Even heats diving board end

National: 3:59.19 1996 A. Messner

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Tim Bouvier	18	North Shore-MA	4:17.27
2	Justin Mehl	14	Middle Tyger-SC	4:16.97
3	Matt Ramey	18	Laurel Highlands	4:16.11
4	Matt Luminais	16	UpperMainLine-PA	4:15.14
5	Mike Napolitano	17	FanwoodScotch-NJ	4:15.45
6	Mike Johnson	16	Rappahannock-VA	4:16.33
7	Tyler Greene	18	Gr. Flint-MI	4:16.98
8	Mitch Colby	16	SomersetHills-NJ	4:17.51

**Heat 2 B - Final**

1	Billy Draves	17	Pottstown-PA	4:13.88
2	Nathan Reed	18	UpperMainLine-PA	4:13.66
3	Brian Barr	17	SomersetValleyNJ	4:11.95
4	Rodrigo Gonzalez	17	SomersetValleyNJ	4:11.39
5	Alex Naglich	16	Tri-Hampton-PA	4:11.52
6	Shane McKenzie	16	Tri-Hampton-PA	4:13.38
7	Eric Ronda	16	Wilton-CT	4:13.71
8	Luke Trimmer	18	West Shore-PA	4:14.36

**Heat 3 A - Final**

1	Carlo Biedenham	18	Countryside-OH	4:10.17
2	TY Perkins	19	South Family-OH	4:09.78
3	Dan Napolitano	17	FanwoodScotch-NJ	4:07.82
4	Robby Harder	17	Wilton-CT	4:07.04
5	Graham Williams	17	Hickory -NC	4:07.67
6	Spencer Scarth	18	Wilton-CT	4:08.87
7	Mike Camper	17	Rappahannock-VA	4:10.13
8	Sava Turcanu	15	Hickory -NC	4:11.28

**Event 105 Women 50 LC Meter Breaststroke**

All heats start on the diving board

National: 33.03 7/28/2003 Lauren Brick

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Rachel Revolinski	17	Oshkosh-WI	35.60
2	Jennifer Garzinski	17	Countryside-OH	35.56
3	Seana Acker	16	Piedmont-VA	35.39
4	Katherine Parker	14	Anne Arundel-MD	35.12
5	Mariah Akinbi	17	Powel Crosley-OH	35.15
6	McKenzie Street	13	Ridley-PA	35.53
7	Marina Borri	16	Farmington-MI	35.57
8	Julia Courtney	19	Cheshire-CT	35.62
<b>Heat 2 B - Final</b>				
1	Rachel Stoddard	15	SomersetValleyNJ	34.82
2	Emily Maret	17	W.North Carolina	34.70
3	Amelia Buckley	17	West Monmouth-NJ	34.64
4	Megan Harris	17	UpperMainLine-PA	34.54
5	Abby Pires	16	Westfield-NJ	34.58
6	Jamie Kane	17	Pottstown-PA	34.70
7	Carlyn Evans	16	UpperMainLine-PA	34.77
8	Claudia DiCapua	15	New Canaan-CT	34.98

**Heat 3 A - Final**

1	Monica Milici	16	Middle Tyger-SC	34.29
2	Laura Nichols	18	Columbia NW-SC	34.16
3	Jenelle Zee	17	SomersetHills-NJ	33.86
4	Emily Weir	18	Wilton-CT	32.78
5	Kayla Brumbaum	15	Rappahannock-VA	33.77
6	Stephanie Ferrell	17	Montclair-NJ	34.08
7	Emily Schon	18	UpperMainLine-PA	34.27
8	Heidi Nichols	18	Columbia NW-SC	34.53

**Event 106 Men 50 LC Meter Breaststroke**

All Heats start diving board end

Starts 9:43 AM

National: 29.56 1996 R. Henikman

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Connor McColligan	17	Red Bank - NJ	32.35
2	Shane Toney	17	MetuchenED-NJ	32.15
3	Tyler Gross	16	Pottstown-PA	32.05
4	Ryan Bacci	18	Flushing-NY	31.81
5	Leo Wright	17	Gr Holyoke-MA	31.87
6	Thomas Moore	17	Huntington-WV	32.09
7	Eli Holstege	15	Piedmont-VA	32.24
8	Patrick Gilbreath	18	Tampa Metro-FL	32.44

**Heat 2 B - Final**

1	Marshall Lambert	17	Boyertown-PA	31.61
2	Joseph Lacus	18	East Hartford-CT	31.51
3	Ryan Fortin	16	Andover-MA	31.32
4	Nicholas Vandermolen	17	Red Bank - NJ	31.19
5	Jonathan Proffitt	18	Powel Crosley-OH	31.29
6	John Om	13	Ridgewood-NJ	31.47
7	Jack Lorentzen	17	FanwoodScotch-NJ	31.57
8	Sean Murphy	18	Wyckoff-NJ	31.65

**Heat 3 A - Final**

1	Matthew Hooper	15	Rapid Area-MI	31.07
2	Joshua Bjornberg	16	Cheshire-CT	30.87
3	Harrison Cefalo	17	Red Bank - NJ	30.55
4	Andrew Gunther	18	Glens Falls-NY	30.20
5	Evan Mahoney	15	Ocean County-NJ	30.40
6	Zach Auclair	18	East Hartford-CT	30.61
7	James Logan	17	Ridley-PA	30.96
8	Louis Seefeld	15	UpperMainLine-PA	31.08

## 2010 YMCA National Long Course Championship, Sanction #: USAS PVA-10-305.

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## Meet Program - Day 2 Finals

**Event 107 Women 200 LC Meter IM**

Odd heats warm-up pool

Even heats diving board

National: 2:16.33 7/29/2008 Leah Gingrich

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Meredith Whisenhunt	13	Middle Tyger-SC	2:30.03
2	Brittany Wallace	17	Leaning Tower-IL	2:29.96
3	Liz Mooney	17	Middle Tyger-SC	2:29.87
4	Kendall Farnham	18	Anne Arundel-MD	2:29.10
5	Ally Dupay	14	Huntington-WV	2:29.83
6	Verity Abel	14	Wilton-CT	2:29.89
7	Caitlin Cole	16	Wilton-CT	2:30.02
8	Jessica Burkett	15	West Shore-PA	2:30.06

**Heat 2 B - Final**

1	Seana Acker	16	Piedmont-VA	2:28.18
2	Bailie Monahan	16	Rappahannock-VA	2:27.21
3	Kelsey Buckley	16	Suncoast-FL	2:26.75
4	Victoria Oslund	17	W.North Carolina	2:26.37
5	Natalie Cronk	16	Piedmont-VA	2:26.47
6	Keelin McNamara	16	Middle Tyger-SC	2:26.88
7	Megan Lattimer	17	Wilton-CT	2:27.42
8	Megan Harris	17	UpperMainLine-PA	2:29.03

**Heat 3 A - Final**

1	Celia Frick	15	SomersetHills-NJ	2:25.59
2	Stephanie Ferrell	17	Montclair-NJ	2:24.58
3	Meaghan Kwarcinski	16	Gr Holyoke-MA	2:23.70
4	Caroline Fore	18	Middle Tyger-SC	2:21.89
5	Courtney Weaver	14	Gr. Flint-MI	2:21.96
6	Shannon Ahearn	16	Wilton-CT	2:24.35
7	Lauren Raczkowski	18	Middle Tyger-SC	2:24.97
8	Brodde Lamb	17	Piedmont-VA	2:26.16

**Event 108 Men 200 LC Meter IM**

Odd heats warm-up pool end

Even pool diving board end

National: 2:05.19 7/29/2008 Scott Marino

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Patrick Hagar	18	Catonsville-MD	2:15.18
2	Patrick Foos	18	Blue Ash-OH	2:14.61
3	Connor Beaulieu	18	East Hartford-CT	2:14.11
4	Eric Traub	18	Northwest-CT	2:13.93
5	Colton Spark	17	Middle Tyger-SC	2:13.98
6	Raymond Cswerko	17	Northwest-CT	2:14.38
7	Alex Burzynski	16	FanwoodScotch-NJ	2:14.62
8	Shane McKenzie	16	Tri-Hampton-PA	2:15.31

**Heat 2 B - Final**

1	Christopher DePietro	16	Lancaster-OH	2:13.44
2	Victor Luo	15	SomersetValleyNJ	2:13.01
3	Chad Thompson	18	Kishwaukee-IL	2:12.58
4	Konner Scott	17	Leaning Tower-IL	2:12.34
5	Jack Bremer	16	Anne Arundel-MD	2:12.37
6	Adam Lebovitz	18	Wilton-CT	2:12.59
7	John Bateman	16	North Shore-MA	2:13.35
8	Michael Gordon	17	Kishwaukee-IL	2:13.77

**Heat 3 A - Final**

1	Leo Lim	16	Wyckoff-NJ	2:10.60
2	Bill Young	16	W.North Carolina	2:09.68
3	Matthew Salig	18	UpperMainLine-PA	2:08.44
4	Nathan Hart	18	W.North Carolina	2:08.01
5	Steven Zimmerman	17	Countryside-OH	2:08.12
6	Jared Kauffman	17	Middle Tyger-SC	2:08.54
7	John Hauser	18	Pottstown-PA	2:10.04
8	Thomas Mershon	18	UpperMainLine-PA	2:11.77

**Event 109 Women 50 LC Meter Freestyle**

All heats begin at diving board end

National: 25.74 7/28/2009 Emily Lloyd

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Skye QI Marigold	15	East Hampton-NY	28.08
2	Erica Fabbri	16	Tri-Hampton-PA	27.95
3	Julia Kudryashova	17	SomersetHills-NJ	27.88
4	Natalie Rohr	16	South Family-OH	27.79
5	Meaghan Kwarcinski	16	Gr Holyoke-MA	27.82
6	Mara Valenzuela	17	SomersetValleyNJ	27.94
7	Katy Luchansky	16	Wilton-CT	28.00
8	Kaylyn Murphy	16	Coffman - OH	28.09
<b>Heat 2 B - Final</b>				
1	Alexandra Marshall	15	Northwest-NC	27.76
2	Maddy Smart	15	Western-CT	27.71
3	Lauren Raczkowski	18	Middle Tyger-SC	27.65
4	Elizabeth McDonald	16	Cheshire-CT	27.61
5	Savanna Townsend	15	Door County-WI	27.63
6	Hannah Markey	17	FanwoodScotch-NJ	27.71
7	Anna Wujciak	15	Gr. Flint-MI	27.75
8	Marissa Murphy	18	Rapid Area-MI	27.78
<b>Heat 3 A - Final</b>				
1	Sara Krueger	16	Powel Crosley-OH	27.54
2	Kelsey Buckley	16	Suncoast-FL	27.50
3	Becca Weiland	17	Stevens Point-WI	27.18
4	Emily Lloyd	17	Anne Arundel-MD	26.20
5	Shannon Rauth	14	UpperMainLine-PA	26.89
6	Maddie Rusch	14	New Canaan-CT	27.40
7	Katrina Konopka	13	Middle Tyger-SC	27.50
8	Jenna Immormino	16	SomersetHills-NJ	27.61

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## Meet Program - Day 2 Finals

**Event 110 Men 50 LC Meter Freestyle**

All heats begin at the diving board

National: 23.52 7/27/2004 Jeffrey Sudbury

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final</b>				
1	Derrian Duryea	16	Wilton-CT	25.20
2	Evan Mahoney	15	Ocean County-NJ	25.19
3	Andrew Salomon	17	Leaning Tower-IL	25.16
4	Brian Perez	17	West Monmouth-NJ	25.13
5	Matt Duffy	18	Boyertown-PA	25.14
6	Joseph Lacus	18	East Hartford-CT	25.18
7	Aaren Marecki	18	Farmington-MI	25.19
8	Martin Kendig	17	East Suburban-PA	25.21
<b>Heat 2 B - Final</b>				
1	Joseph Gallene	18	West Monmouth-NJ	25.01
2	Tom McKee	17	Brandywine-De	24.91
3	Taylor Adams	16	Wyckoff-NJ	24.89
4	Michael Murphy	19	Powel Crosley-OH	24.81
5	Kyle Madley	17	SomersetHills-NJ	24.83
6	Alex Bieber	17	Western-CT	24.90
7	Kevin Shivers	16	Chambersburg-PA	25.00
8	Jeffrey Mead	17	Columbia NW-SC	25.13
<b>Heat 3 A - Final</b>				
1	Gus Bailey	18	Suburban W-OH	24.62
2	James Ross	16	SomersetHills-NJ	24.21
3	Jack Forese	17	New Canaan-CT	24.01
4	Tim Squires	18	Elkins-WV	23.58
5	Josh Fleagle	16	AuglaizeMercerOH	23.79
6	John Hauser	18	Pottstown-PA	24.20
7	James Wells	18	Bath Area-ME	24.60
8	Jason Williams	16	Suncoast-FL	24.73

**Event 111 Women 200 LC Meter Medley Relay**

All heats start warm-up pool end

National: 1:59.45 7/28/2009 Anne Arundel County YMCA

C Burns, K Rouse, S Lloyd, E Lloyd

Lane	Team	Relay	Prelims
<b>Heat 1 B - Final</b>			
1	Kishwaukee-IL		2:05.35
2	Stevens Point-WI		2:04.25
3	Oshkosh-WI		2:03.84
4	New Canaan-CT		2:03.27
5	UpperMainLine-PA		2:03.82
6	Cheshire-CT		2:04.18
7	SomersetHills-NJ		2:04.76
8	Tri-Hampton-PA		2:05.41
<b>Heat 2 A - Final</b>			
1	SomersetValleyNJ		2:02.63
2	Countryside-OH		2:01.69
3	West Monmouth-NJ		2:01.33
4	Wilton-CT		2:00.69
5	Anne Arundel-MD		2:01.14
6	Rappahannock-VA		2:01.65
7	Middle Tyger-SC		2:01.83
8	Powel Crosley-OH		2:03.17

**Event 112 Men 200 LC Meter Medley Relay**

All heats begin warm-up pool end

National: 1:46.68 7/31/2001 M.E. Lyons-OH

J Cramer, R Kauscher, P Carothers, M Bertke

Lane	Team	Relay	Prelims
<b>Heat 1 B - Final</b>			
1	Leaning Tower-IL		1:52.02
2	Powel Crosley-OH		1:51.25
3	SomersetHills-NJ		1:50.96
4	W.North Carolina		1:50.94
5	Countryside-OH		1:50.94
6	East Hartford-CT		1:50.96
7	Pottstown-PA		1:51.75
8	Boyertown-PA		1:52.13
<b>Heat 2 A - Final</b>			
1	New Canaan-CT		1:50.61
2	Cheshire-CT		1:50.38
3	Red Bank - NJ		1:49.58
4	UpperMainLine-PA		1:49.04
5	Wilton-CT		1:49.46
6	Wyckoff-NJ		1:50.16
7	SomersetValleyNJ		1:50.59
8	Kishwaukee-IL		1:50.76