

2010 YMCA Short Course National Swimming Championship

Schedule of Activities

DAY 0 (TUESDAY)

- 8:30 Pre-meet registration until 3:30pm (ISHOF Auditorium)
- 4:00 Coaches meeting- ISHOF Auditorium
- 4:30 Coaches Association Meeting - Auditorium
- 4:30 Officials Meeting – Bahia Mar until 6:00
- 4:45 Scratch Box Closes
- 5:30 Athletes Welcome Party (Spectator Stands)
Olympian Message
- 6:00 Pre-Meet Registration until 8:00pm

DAY 1 PRELIMS (WEDNESDAY)

- 8:45 Clear Pool
Devotions & National Anthem
**Recognition of JOSEPH G. ROGERS
AWARD Recipient** – bulkhead
- 9:00 **Prelims Begin**
- 10:30 Time Trial Registration Closes (8:30 Open)
- 12:00 Scratch Box Closes
- 1:00 Approximate start of Time Trials

DAY 1 FINALS (WEDNESDAY)

- 5:00 Clear Pool for Finals
Parade of Swimmers and Officials –deck
- 5:25 Devotions & National Anthem
**Welcome Messages- Olympian, Ft. Lauderdale,
Special Presentation**
- 5:45 **Finals Begin with C, B, A events**
Swim Women 100 Back
Swim Men 100 Back
Swim Women 500 Free
**Women 100 Back top 16 finishers report to Awards Rm*
Swim Men 500 Free
**Men 100 Back top 16 finishers report to Awards Rm*
Parade Awards Women 100 Back
Parade Awards Men 100 Back
Swim Women 200 IM
**Women 500 Free top 16 finishers report to Awards Rm*
Swim Men 200 IM
**Men 500 Free top 16 finishers report to Awards Rm*
Parade Awards Women 500 Free
Parade Awards Men 500 Free
Swim Women 50 Free
**Women 200 top 16 finishers report to Awards Rm*
Swim Men 50 Free
**Men 200 IM top 16 finishers report to Awards Rm*
Parade Awards Women 200 IM
**Women 50 Free Top 16 finishers report to Awards Rm*
Parade Awards Men 200 IM
**Men 50 Free top 16 finishers report to Awards Rm*
Parade Awards Women 50 Free
Parade Awards Men 50 Free
Swim Women 200 Medley Relay
Swim Men 200 Medley Relay
- 8:00pm **Approximate Finish Time**

DAY 2 PRELIMS (THURSDAY)

- 8:45 Clear Pool
Devotions & National Anthem
Outstanding Athlete Award – bulkhead
- 9:00 **Prelims Begin**
- 10:30 Time Trial Registration Closes (8:30 Open)
- 12:00 Scratch Box Closes
- 1:00 Approximate start of Time Trials

DAY 2 FINALS (THURSDAY)

- 5:00 Clear Pool for Finals
Devotions & National Anthem
Gate Guy Relay
- 5:10 **Parade Awards Women 200 Medley Relay**
Parade Awards Men 200 Medley Relay
- 5:30 **Finals Begin with C, B, A events**
Swim Women 1000 Free Final Heat
Swim Men 1000 Free Final Heat
Swim Women 100 Fly
**Women 1000 Free top 16 finishers report to Awards Rm*
Swim Men 100 Fly
**Men 1000 Free top 16 finishers report to Awards Rm*
Parade Awards Women 1000 Free
Parade Awards Men 1000 Free
Swim Women 200 Breast
**Women 100 Fly top 16 finishers report to Awards Rm*
Swim Men 200 Breast
**Men 100 Fly top 16 finishers report to Awards Rm*
Parade Awards Women 100 Fly
Parade Awards Men 100 Fly
Swim Women 200 Free
**Women 200 Breast top 16 finishers report to Awards Rm*
Swim Men 200 Free
**Men 200 Breast top 16 finishers report to Awards Rm*
Parade Awards Women 200 Breast
**Women 200 Free top 16 finishers report to Awards Rm*
Parade Awards Men 200 Breast
**Men 200 Free top 16 finishers report to Awards Rm*
Parade Awards Women 200 Free
Parade Awards Men 200 Free
Swim Women 400 Free Relay
Swim Men 400 Free Relay
- 8:00pm **Approximate Finish Time**

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DAY 3 PRELIMS (FRIDAY)

- 8:45 Clear Pool
Devotions & National Anthem
Senior Recognition – pool deck
Coach of the Year Award – bulkhead
- 9:00 **Prelims Begin**
- 10:30 Time Trial Registration Closes (8:30 Open)
- 12:00 Scratch Box Closes
- 1:00 Approximate start of Time Trials

DAY 3 FINALS (FRIDAY)

- 5:00 Clear Pool for Finals
Devotions & National Anthem
- 5:10 **Parade Awards Women 400 Free Relay**
Parade Awards Men 400 Free Relay
- 5:30 **Finals Begin with C, B, A events**
Swim Women 400 IM
Swim Men 400 IM
Swim Women 100 Free
**Women 400 IM top 16 finishers report to Awards Rm*
Swim Men 100 Free
**Men 400 IM top 16 finishers report to Awards Rm*
Parade Awards Women 400 IM
Parade Awards Men 400 IM
Swim Women 200 Back
**Women 100 Free top 16 finishers report to Awards Rm*
Swim Men 200 Back
**Men 100 Free top 16 finishers report to Awards Rm*
Parade Awards Women 100 Free
**Women 200 Back top 16 finishers report to Awards Rm*
Parade Awards Men 100 Free
**Men 200 Back top 16 finishers report to Awards Rm*
Parade Awards Women 200 Back
Parade Awards Men 200 Back
Swim Women 800 Free Relay
Swim Men 800 Free Relay
- 8:00pm **Approximate Finish Time**
- 8:30pm **Approximate time of Volunteer Recognition Dinner**
(invitation only-ISHOF Aud)

DAY 4 PRELIMS (SATURDAY)

- 8:45 Clear Pool
Devotions & National Anthem
Coach of the Meet Award – bulkhead
Recognition of Conrad Carroll Award Recipient – bulkhead
- 9:00 **Prelims Begin**
- 10:30 Time Trial Registration Closes (8:30 Open)
- 1:00 Approximate start of Time Trials

DAY 4 FINALS (SATURDAY)

- 5:00 **Clear Pool for Finals**
Devotions & National Anthem
- 5:10 **Parade Awards Women 800 Free Relay**
Parade Awards Men 800 Free Relay Awards
- 5:30 **Finals Begin with C, B, A events**
Swim Women 1650 Free Final Heat
Swim Men 1650 Free Final Heat
Swim Women 200 Free Relay
**Women 1650 Free top 16 finishers report to Awards Rm*
Swim Men 200 Free Relay
**Men 1650 Free top 16 finishers report to Awards Rm*
Parade Awards Women 1650 Free
Parade Awards Men 1650 Free
Swim Women 200 Fly
**Women 200 Free R top 16 finishers report to Awards Rm*
Swim Men 200 Fly
**Men 200 Free R top 16 finishers report to Awards Rm*
Parade Awards Women 200 Free Relay
Parade Awards Men 200 Free Relay
Swim Women 100 Breast
**Women 200 Fly top 16 finishers report to Awards Rm*
Swim Men 100 Breast
**Men 200 Fly top 16 finishers report to Awards Rm*
Parade Awards Women 200 Fly
**Women 100 Breast top 16 finishers report to Awards Rm*
Parade Awards Men 200 Fly
**Men 100 Breast top 16 finishers report to Awards Rm*
Parade Awards Women 100 Breast
Parade Awards Men 100 Breast
Swim Women 400 Medley Relay
**Women 400 MR top 16 finishers report to Awards Rm*
Swim Men 400 Medley Relay
**Men 400 MR top 16 finishers report to Awards Rm*
Parade Awards Women 400 Medley Relay
Parade Awards Men 400 Medley Relay
Parade Awards Swimming Teams
Top 3 Women's Teams
Top 3 Men's Teams
Top 3 Combined Teams
- 8:30pm **Approximate Finish Time**