

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

Greensboro NC

## Meet Program - 3rd Day Finals

**Event 301 Women 200 Yard Freestyle Relay**

National: 1:33.26 4/5/2006 YMCA of the Triangle Area

T Long, S Drechsel, A Myers, C Cooper

Meet Qualifying: 1:40.99

Lane	Team	Relay	Prelims
<b>Heat 1 B - Final Starts at 05:30 PM</b>			
1	Bath Area-ME		1:35.96
2	SomersetValleyNJ		1:35.87
3	Northwest-NC		1:35.72
4	FanwoodScotch-NJ		1:35.43
5	Red Bank - NJ		1:35.63
6	SomersetHills-NJ		1:35.77
7	West Shore-PA		1:35.94
8	Springfield-OH		1:36.13

**Heat 2 A - Final Starts at 05:33 PM**

1	UpperMainLine-PA		1:35.03
2	Triangle Area-NC		1:34.82
3	Sunbury-PA		1:34.11
4	York-PA		1:33.34
5	Middle Tyger-SC		1:33.85
6	Schroeder-WI		1:34.59
7	New Canaan-CT		1:34.94
8	Sarasota-FL		1:35.05

**Alternates**

1	Wilton Family YMCA		1:36.15
2	Greater Richmond YMCA		1:36.20

**Event 302 Men 200 Yard Freestyle Relay**

National: 1:22.58 4/8/2011 Triangle Area YMCA

J Bonk, D Glavich, K Rogers, N Walters

Meet Qualifying: 1:30.59

Lane	Team	Relay	Prelims
<b>Heat 1 B - Final Starts at 05:46 PM</b>			
1	Rock Hill-SC		1:26.25
2	Wyckoff-NJ		1:26.07
3	Schroeder-WI		1:25.97
4	Wilton-CT		1:25.47
5	Countryside-OH		1:25.53
6	Cheshire-CT		1:25.98
7	SomersetHills-NJ		1:26.18
8	Farmington-MI		1:26.26

**Heat 2 A - Final Starts at 05:48 PM**

1	UpperMainLine-PA		1:25.14
2	Red Bank - NJ		1:24.76
3	SomersetValleyNJ		1:24.31
4	Ocean County-NJ		1:23.21
5	Triangle Area-NC		1:23.44
6	Middle Tyger-SC		1:24.75
7	Springfield-IL		1:24.77
8	Boyertown-PA		1:25.32

**Alternates**

1	Birmingham Family YMCA		1:26.27
2	Western Monmouth Co. YM		1:26.34

**Event 303 Women 100 Yard Breaststroke**

National: 1:01.43 4/10/2010 Leah Pronschinske

Meet Qualifying: 1:08.89

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final Starts at 06:06 PM</b>				
1	Claudia DiCapua	18	New Canaan-CT	1:05.36
2	Isabelle Little	17	Gr. Richmond-VA	1:05.23
3	Jessica Ambrose	16	SomersetValleyNJ	1:05.11
4	Maggie Werba	16	Oshkosh-WI	1:04.92
5	Kristin Filby	18	Gr. Toledo-OH	1:05.06
6	Noelle Peplowski	12	GreaterPeoria-IL	1:05.18
7	Claire Williams	15	Triangle Area-NC	1:05.27
8	Allison Morel	15	SomersetHills-NJ	1:05.39

**Heat 2 B - Final Starts at 06:08 PM**

1	Rebecca Titterton	16	East Hartford-CT	1:04.87
2	Alyssa Storino	16	Wilton-CT	1:04.55
3	Savanna Faulconer	14	Middle Tyger-SC	1:04.47
4	Katherine Parker	17	Anne Arundel-MD	1:03.93
5	Katie Saloky	17	Sunbury-PA	1:04.17
6	Sophie Cattermole	16	Sarasota-FL	1:04.50
7	Bay Prewette	14	Middle Tyger-SC	1:04.72
8	Katy Williams	17	Triangle Area-NC	1:04.90

**Heat 3 A - Final Starts at 06:10 PM**

1	Lauren Barber	16	New Castle-PA	1:03.74
2	Olivia Ontjes	16	Triangle Area-NC	1:03.11
3	Kendra Crew	18	Springfield-OH	1:02.62
4	Abby Fisher	17	LakelandHills-NJ	1:02.23
5	Bethany Leap	16	Sarasota-FL	1:02.28
6	Rachel Stoddard	18	SomersetValleyNJ	1:02.85
7	Jodie Thompson	17	FanwoodScotch-NJ	1:03.67
8	McKenzie Street	15	Ridley-PA	1:03.83

**Alternates**

1	Katie Evans	16	Greenwich-CT	1:05.41
2	Allie Kilroy	16	Boise-ID	1:05.54

**Event 304 Men 100 Yard Breaststroke**

National: 53.69 4/8/2011 Christian Higgins

Meet Qualifying: 1:01.49

Lane	Name	Age	Team	Prelims
<b>Heat 1 C - Final Starts at 06:20 PM</b>				
1	Brandon Tran	14	Kroehler-IL	58.36
2	Jack Harrison	18	Red Bank - NJ	58.21
3	Riley League	17	Rock Hill-SC	58.06
4	Patrick Wall	17	Sarasota-FL	57.71
5	Matt Chu	17	SomersetValleyNJ	57.98
6	Trevor Manz	18	Eau Claire-WI	58.07
7	Bobby Lesko	17	New Canaan-CT	58.21
8	Alex Jahan	15	Greenwich-CT	58.36

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**Heat 2 B - Final (#304 Men 100 Yard Breaststroke)**

1	Kevin Fanter	17	Boise-ID	57.69
2	James Nguyen	18	Boise-ID	57.54
3	Michael Netto	17	Watertown-NY	57.41
4	Jordan Berger	17	Wilton-CT	57.20
5	Jonathan Rutter	16	Powel Crosley-OH	57.21
6	Ben Mayes	18	Triangle Area-NC	57.49
7	Al Nennig	18	Schroeder-WI	57.65
8	Michael Eaton	17	J.B. Chambers-WV	57.71

**Heat 3 A - Final Starts at 06:24 PM**

1	Justin Chiu	17	Crescenta-Canada	57.00
2	Gregory Han	17	Cheshire-CT	56.73
3	Eric Ronda	18	Wilton-CT	56.55
4	Zack Warner	17	SomersetValleyNJ	54.98
5	Conner McHugh	17	Door County-WI	55.09
6	Evan Mahoney	18	Ocean County-NJ	56.60
7	Austin Green	18	Tri-County-WV	56.87
8	Brandon Tutty	16	LakelandHills-NJ	57.11

**Alternates**

1	Alex D'Anna	17	Red Bank - NJ	58.37
2	Matthew Delaporte	17	LakelandHills-NJ	58.37

**Event 305 Women 200 Yard Backstroke**

National: 1:55.45 4/8/2009 Annie Gillig

Meet Qualifying: 2:09.39

Lane	Name	Age	Team	Prelims
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**Heat 1 C - Final Starts at 06:34 PM**

1	Hannah O'Halloran	14	Montclair-NJ	2:02.65
2	Julianna Foss	16	Burlington Co-NJ	2:02.42
3	YangYang Lu	15	York-PA	2:02.36
4	Astrid Swensen	15	North Shore-MA	2:02.04
5	Morgan Carr	16	Huntington-WV	2:02.07
6	Ashlyn Schoof	14	Schroeder-WI	2:02.40
7	Maddy Thomas	16	York-PA	2:02.56
8	Emily Cornell	14	UpperMainLine-PA	2:02.87

**Heat 2 B - Final Starts at 06:37 PM**

1	Lexi Santer	16	Brandywine-DE	2:01.32
2	Mallory Buha	15	Farmington-MI	2:01.10
3	Meghan Lavelle	16	Leaning Tower-IL	2:00.67
4	Nikki Bookwalter	17	UpperMainLine-PA	2:00.47
5	Marie Chamberlain	16	Cape Cod-MA	2:00.48
6	Danielle Galyer	17	Middle Tyger-SC	2:00.94
7	Jackie Van Lew	15	Red Bank - NJ	2:01.10
8	Kathleen Miszkiewicz	16	SomersetHills-NJ	2:01.60

**Heat 3 A - Final Starts at 06:40 PM**

1	Ali Galyer	14	Middle Tyger-SC	1:59.74
2	Caroline Baldwin	17	Westfield-NJ	1:59.30
3	Kacey Oberlander	15	York-PA	1:57.76
4	Emily Slabe	16	Countryside-OH	1:57.58
5	Meghan Small	14	York-PA	1:57.64
6	Emma Seiberlich	14	Phoenixville-PA	1:59.17
7	Lindsay Temple	16	SomersetValleyNJ	1:59.72
8	Remedy Rule	16	Waynesboro-VA	2:00.06

**Alternates**

1	Maggie Miller	16	Harrison Co.-WV	2:02.90
2	Caroline Orem	17	Darien-CT	2:02.91

**Event 306 Men 200 Yard Backstroke**

National: 1:43.07 4/7/2011 Steven Zimmerman

Meet Qualifying: 1:58.69

Lane	Name	Age	Team	Prelims
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**Heat 1 C - Final Starts at 06:52 PM**

1	Coleman Stewart	15	York-PA	1:52.62
2	Jack Fergus	16	Kishwaukee-IL	1:52.49
3	Alexander Hillsley	17	State College-PA	1:52.35
4	Robert Borowicz	18	Middle Tyger-SC	1:52.26
5	Charlie Fry	18	Blue Ash-OH	1:52.29
6	Ethan Louie	18	SomersetValleyNJ	1:52.39
7	Samuel Jo	14	Crescenta-Canada	1:52.53
8	Brian Kelly	17	LakelandHills-NJ	1:52.66

**Heat 2 B - Final Starts at 06:55 PM**

1	Christian Berg	17	East Hartford-CT	1:51.62
2	Garrett Procnier	18	Gr. Flint-MI	1:51.31
3	Henry Hollinshead	15	Triangle Area-NC	1:51.23
4	Christopher Szymczak	16	Farmington-MI	1:50.76
5	Nick Petersen	17	Schroeder-WI	1:51.14
6	Sean Workman	16	Edwardsville-IL	1:51.24
7	Daniel Hein	15	Kishwaukee-IL	1:51.41
8	Benjamin Lin	18	Summit Area-NJ	1:51.86

**Heat 3 A - Final Starts at 06:58 PM**

1	Ian Rainey	17	Wilton-CT	1:50.58
2	Matt O'Donnell	17	Sarasota-FL	1:50.14
3	Andrew Appleby	17	Cuyahoga-OH	1:48.30
4	Alexander Katz	16	Sarasota-FL	1:46.92
5	Dylan Sali	17	SomersetValleyNJ	1:47.07
6	Nate Carr	18	Huntington-WV	1:48.74
7	Sam Lynch	17	Red Bank - NJ	1:50.51
8	Nathaniel Boley	17	Wilton-CT	1:50.74

**Alternates**

1	Jin Roh	18	Wyckoff-NJ	1:52.75
2	Timothy Kostolansky	17	Summit Area-NJ	1:52.99

**Event 307 Women 500 Yard Freestyle**

National: 4:41.91 4/1/2008 Corinne Showalter

Meet Qualifying: 5:09.39

Lane	Name	Age	Team	Prelims
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**Heat 1 C - Final Starts at 07:09 PM**

1	Abbey Erwin	13	Boise-ID	4:59.10
2	Meghan Thompson	16	LakelandHills-NJ	4:57.98
3	Sydney Baker	13	Middle Tyger-SC	4:57.39
4	Cameron Davis	17	Sarasota-FL	4:56.37
5	Meredith Whisenhunt	16	Middle Tyger-SC	4:56.40
6	Kristen Moss	16	New Canaan-CT	4:57.52
7	Shaylynn Spelman	17	ME Lyons-OH	4:58.05
8	Kara Plocharsky	18	Sarasota-FL	5:00.24

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**Heat 2 B - Final (#307 Women 500 Yard Freestyle)**

1	Sabrina Mortell	16	West Shore-PA	4:55.73
2	Jessie Arnold	16	Waynesboro-VA	4:55.68
3	Verity Abel	16	Wilton-CT	4:53.74
4	Anna Wujciak	18	Gr. Flint-MI	4:52.44
5	Caitlynn Moon	17	Kishwaukee-IL	4:53.52
6	Ellie Berdusco	16	Sarasota-FL	4:55.64
7	Elise Lankiewicz	17	Brandywine-DE	4:55.73
8	Danielle Galyer	17	Middle Tyger-SC	4:56.30

**Heat 3 A - Final Starts at 07:21 PM**

1	Emily Ilgenfritz	15	York-PA	4:52.29
2	Spence Atkins	15	Sarasota-FL	4:51.10
3	Cassy Jernberg	15	Schroeder-WI	4:47.33
4	Danielle Valley	17	Sarasota-FL	4:44.67
5	Courtney Harnish	13	York-PA	4:46.97
6	Hannah James	17	Sarasota-FL	4:50.00
7	Marah Pugh	17	Macomb- MI	4:51.12
8	Madeline Smart	17	Wilton-CT	4:52.29

**Alternates**

1	Ryan Alexander	17	North Shore-MA	5:00.26
2	Taylor Katz	18	Sarasota-FL	5:00.33

**Event 308 Men 500 Yard Freestyle**

National: 4:18.01 4/5/2011 Nicholas Caldwell

Meet Qualifying: 4:47.99

Lane	Name	Age	Team	Prelims
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**Heat 1 C - Final Starts at 07:35 PM**

1	Maxwell Dolan	17	Wilton-CT	4:38.32
2	Peyton Leeson	17	Sarasota-FL	4:37.32
3	Stephen Holmquist	16	Wilton-CT	4:37.00
4	Drew Clark	15	Sarasota-FL	4:36.58
5	Sean Higgins	18	Wilton-CT	4:36.84
6	Zach Snyder	15	West Shore-PA	4:37.17
7	Brandon Sweezer	16	Rock Hill-SC	4:38.14
8	Matthew Haigh	15	Ridley-PA	4:38.67

**Heat 2 B - Final Starts at 07:40 PM**

1	Liam McKane	17	Sarasota-FL	4:35.84
2	Kyle Kemp	18	Middle Tyger-SC	4:35.59
3	Dirk Hamel-Wood	17	Sarasota-FL	4:35.40
4	Carter Page	16	Sarasota-FL	4:35.20
5	Daniel Ross	17	York-PA	4:35.21
6	Jake Pierce	17	Hickory -nc	4:35.57
7	Ryan Murphy	17	Western-CT	4:35.70
8	Vlad Komarov	18	UpperMainLine-PA	4:36.27

**Heat 3 A - Final Starts at 07:46 PM**

1	Matthew Moen	18	Wilton-CT	4:34.73
2	Justin Mehl	17	Middle Tyger-SC	4:33.21
3	Brandon Flynn	19	York-PA	4:32.12
4	Sava Turcanu	18	Hickory -nc	4:30.84
5	Alexander Katz	16	Sarasota-FL	4:31.37
6	Jonathan Blansfield	16	Westport/Weston	4:32.36
7	Kevin George	15	Countryside-OH	4:33.53
8	Ryan Gajdzisz	17	FanwoodScotch-NJ	4:34.85

**Alternates**

1	John Pelton	16	Sarasota-FL	4:39.03
2	Austin Katz	14	Sarasota-FL	4:39.12

**Event 309 Women 400 Yard Medley Relay**

National: 3:43.09 4/8/2011 Middle Tyger YMCA

K Crawford, M Milici, H Lips, K Konopka

Meet Qualifying: 4:02.99

Lane	Team	Relay	Prelims
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**Heat 1 B - Final Starts at 08:00 PM**

1	Burlington Co-NJ	3:52.82
2	Wilton-CT	3:52.10
3	SomersetHills-NJ	3:49.73
4	Sunbury-PA	3:49.14
5	Gr. Flint-MI	3:49.54
6	Schroeder-WI	3:50.56
7	Greenwich-CT	3:52.46
8	North Shore-MA	3:53.16

**Heat 2 A - Final Starts at 08:05 PM**

1	Springfield-OH	3:48.85
2	Triangle Area-NC	3:47.90
3	SomersetValleyNJ	3:46.35
4	Middle Tyger-SC	3:44.03
5	York-PA	3:44.14
6	Sarasota-FL	3:46.65
7	UpperMainLine-PA	3:48.29
8	LakelandHills-NJ	3:49.06

**Alternates**

1	Oshkosh Community YMC	3:53.87
2	Ridley Area YMCA	3:54.24

**Event 310 Men 400 Yard Medley Relay**

National: 3:18.89 4/9/2009 Schroeder YMCA

M Friedemann, V Colbert, F Vital, R Hansen

Meet Qualifying: 3:39.29

Lane	Team	Relay	Prelims
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**Heat 1 B - Final Starts at 08:13 PM**

1	West Monmouth-NJ	3:28.64
2	LakelandHills-NJ	3:28.46
3	Brandywine-DE	3:28.26
4	Sarasota-FL	3:27.68
5	Triangle Area-NC	3:27.76
6	Boise-ID	3:28.37
7	Summit Area-NJ	3:28.53
8	Countryside-OH	3:28.79

**Heat 2 A - Final Starts at 08:18 PM**

1	Ocean County-NJ	3:26.57
2	Wilton-CT	3:26.07
3	Cheshire-CT	3:24.86
4	SomersetValleyNJ	3:20.42
5	Red Bank - NJ	3:24.50
6	Middle Tyger-SC	3:26.07
7	Schroeder-WI	3:26.09
8	Edwardsville-IL	3:27.66

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**Alternates...(#310 Men 400 Yard Medley Relay)**

1	Birmingham Family YMCA	3:28.82
2	Burlington County YMCA	3:29.23