

2014 YMCA Long Course National Swimming Championship

Schedule of Activities

MONDAY

9:00am To 3:00pm -Team Check-in: West Concourse

9:00am To 3:00pm-Officials Check-in: Officials Rm off Pool

9:00 To 6:00pm -Wristband/Heat sheets-North Concourse

2:00pm Scratch Box closes for 1500 Freestyle

2:30 New Coaches Meeting – Lecture Hall RM102

3:15 New Officials Meeting – Officials Rm off pool deck

3:30 Coaches Meeting— Lecture Hall RM102

4:00 Officials meeting – Officials Rm off pool deck

4:30 General Warm-up – 1500M swimmers only

4:30 Scratch box closes for Tuesday Events

5:15 Clear Pool, Devotions and National Anthem

5:30 To 6:30pm-Team Check-in – Outside Pro Shop

5:30 To 6:30pm-Officials Check-in: Officials Rm off Pool

5:30 1500 Finals Begin

1500 free (men & women) – Alt W/M-fast to slow

TUESDAY PRELIMS

6:00am General Warm-up

7:00 To 11:00am -Team Check-in-Outside Pro Shop

7:00 To 11:00am -Wristband/Heat sheets-North Concourse

7:15 Timers & Official Meeting - Officials Rm off pool deck

7:30 To 10:00am - Time Trial Sign-up open

8:15 Clear Pool Devotions and National Anthem

8:30am Prelims Begin

1:00 Scratch Box Closes for Wednesday Events

TBD Time Trials – 30 minutes after prelim ends

TUESDAY FINALS

4:00pm General Warm-up

4:00 To 7:00pm -Wristband/Heat sheets-North Concourse

4:00 Timers & Official Meeting - Officials Rm off pool deck

4:45 Staging for Parade

5:00 To 6:00pm -Team Check-in

5:00 Parade of Swimmers and Officials

Devotions and National Anthem

5:30pm Finals Begin with C, B, A Heats

Swim Women 100 Fly

Award Women 1500 Free

Awards: Women 100 Fly

Swim Men 100 Fly

Award Men 1500 Free

Awards: Men 100 Fly

Swim Women 200 Breast

Awards: Women 200 Breast

Swim Men 200 Breast

Awards: Men 200 Breast

Swim Women 50 Free

Awards: Women 50 Free

Awards: Women & Men 50 Free

Swim Women 400 Free

Awards: Women 400 Free

Swim Men 400 Free

Awards: Men 400 Free

Swim Women & Men 200 Free Relay

9:00 AM – 9:30 AM – Only teams from the mid-west

9:30 AM – 10:00 AM – Only teams from the East

10:00 AM – 10:30 AM – Only teams from the South or West

10:30 AM – 12:00 PM – Any team

12:00 Noon – 12:30pm – Lunch Break (closed)

12:30 PM – 3:00 PM – Any team

Scratch Box and Time Trial Sign-up are open during Registration

WEDNESDAY PRELIMS

6:00am General Warm-up

7:00 To 11:00am -Coach Check-in-Outside Pro Shop

7:00 To 11:00am -Wristband/Heat sheets-North Concourse

7:30 To 10:00am - Time Trial Sign-up open

7:30 Timers & Official Meeting- Officials Rm off pool deck

8:15 Clear Pool, Devotions and National Anthem

Senior Recognition

8:30am Prelims Begin

1:00 Scratch Box Closes for Thursday events

TBD Time Trials – 30 minutes after prelim ends

WEDNESDAY FINALS

4:00pm General Warm-up

4:00 To 7:00pm -Wristband/Heat sheets-North Concourse

4:45 Timers & Official Meeting - Officials Rm off pool deck

5:00 To 6:00pm - Team Check-in

5:00 Awards: Women & Men 200 Free Relay

5:15 Clear Pool for Finals

Devotions and National Anthem

5:30pm Finals Begin with C, B, A Heats

Swim Women 100 Back

Awards: Women 100 Back

Swim Men 100 Back

Awards: Men 100 Back

Swim Women 50 Breast

Awards: Men 50 Breast

Awards: Women & Men 50 Breast

Swim Women 400 IM

Awards: Women 400 IM

Swim Men 400 IM

Awards: Men 400 IM

Swim Women 200 Free

Awards: Women 200 Free

Swim Men 200 Free

Awards: Men 200 Free

Swim Women & Men 400 Medley Relay

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THURSDAY PRELIMS

6:00am General Warm-up
7:00 To 11:00am - Team Check-in-Outside Pro Shop
7:00 To 11:00am -Wristband/Heat sheets-North Concourse
7:30 To 10:00am - Time Trial Sign-up open
7:30 Timers & Official Meeting - Officials Rm off pool deck
8:15 Clear Pool
Devotions and National Anthem
8:30am Prelims Begin
1:00 Scratch Box Closes for Friday Events
TBD Time Trials – 30 minutes after prelim ends

THURSDAY FINALS

4:00pm General Warm-up
4:00 To 7:00pm -Wristband/Heat sheets-North Concourse
4:45 Timers & Official Meeting- Officials Rm off pool deck
5:00 To 6:00pm - Team Check-in
5:00 Awards: Women & Men 400 Medley Relay
5:15 Clear Pool for Finals
Devotions and National Anthem
5:30pm Finals Begin with C, B, A Heats
Swim Women 200 Medley Relay
Awards: Women 200 Medley Relay
Swim Men 200 Medley Relay
Awards: Men 200 Medley Relay
Swim Women 100 Breast
Awards: Women 100 Breast
Swim Men 100 Breast
Awards: Men 100 Breast
Swim Women 200 Back
Awards: Women 200 Back
Swim Men 200 Back
Awards: Men 200 Back
Swim Women 50 Fly
Swim Men 50 Fly
Awards: Women & Men 50 Fly
Swim Women 800 Free Relay (top 2 heats)
Swim Men 800 Free Relay (top 2 heats)

FRIDAY PRELIMS

6:00am General Warm-up
7:00 To 11:00am -Team Check-in-Outside Pro Shop
7:00 To 11:00am -Wristband/Heat sheets-North Concourse
7:30 To 10:00am - Time Trial Sign-up open
7:30 Timers & Official Meeting- Officials Rm off pool deck
8:15 Clear Pool
Devotions and National Anthem
8:30am Prelims Begin
TBD Time Trials – 30 minutes after prelim ends

FRIDAY FINALS

4:00pm General Warm-up
4:00 To 7:00pm -Wristband/Heat sheets-North Concourse
4:45 Timers & Official Meeting- Officials Rm off pool deck
5:00 Awards: Women & Men 800 Free Relay
5:15 Clear Pool for Finals
Devotions and National Anthem
Coach of the Meet Award
5:30pm Finals Begin with C, B, A Heats
Swim Women 800 Free Final Heat
***Women 800 Free top 16 finishers to Awards*
Awards: Women 800 Free
Swim Men 800 Free Final Heat
***Men 800 Free top 16 finishers to Awards*
Awards: Men 800 Free
Swim Women 100 Free
Awards: Women 100 Free
Swim Men 100 Free
Awards: Men 100 Free
Swim Women 200 Fly
Awards: Women 200 Fly
Swim Men 200 Fly
Awards: Men 200 Fly
Swim Women 200 IM
Awards: Women 200 IM
Swim Men 200 IM
Awards: Men 200 IM
Swim Women 50 Back
Swim Men 50 Back
Awards: Women & Men 50 Back
Swim Women 400 Free Relay
Swim Men 400 Free Relay
Awards: Women 400 Free Relay
Awards: Men 400 Free Relay
End of Meet Ceremony
Awards: Overall Women's Team
Awards: Overall Men's Team
Awards: Overall Combined Team