TUESDAY: START OF DAY 1 - CHECK-IN DAY

Day's Event 101 Women's 200 Medley Relay (Prelims - Finals swim Wednesday Evening)
Day's Event 102 Men's 200 Medley Relay (Prelims - Finals swim Wednesday Evening)
Day's Event 103 Women's 1,000 Yard Freestyle (fastest to slowest)
Day's Event 104 Men's 1,000 Yard Freestyle (fastest to slowest)

6:00AM-4:00PM Pool open exclusively for Meet Swimmers and Coaches
7:30AM-2:30PM Completion of Facilitation Skills and Swim Officials Trainer Training - Pool - Room 1
9:00AM-2:00PM Scratch Table Open for 1000 Freestyle and 200 Medley Relay (Day 1 events) – Events Center - Coaches Check-in (Rm 3)
9:00AM-2:00PM Scratch Table Open (Day 2 Events) - Events Center - Coaches Check-in (Rm 3)
9:00AM-3:00PM Parking Pass Sales - Events Center
9:00AM-3:00PM Spectator Ticket Sales & Pre-order Ticket Pick-up - Events Center
9:00AM-2:00PM Team & Coaches Meet Check-in - Events Center - Rm 3
9:00AM-2:00PM Officials Meet Check-in - Events Center - Rm 3
9:00AM Athlete Village Open for Team Move-in - Events Center
9:30AM-1:30PM Level I Officials Training - Pool - Room 1
9:30AM-1:30PM Level II Officials Training - Pool - Room 1
9:30AM-1:30PM New Coaches Meeting - Events Center - Rm 4
2:15PM New Officials Meeting - Hall of Champs - Board Rm
2:45PM-4:15PM College Coaches Seminar for Parents/Athletes - Location: TBD
2:45PM-3:45PM Mandatory Meeting for All Officials - Hall of Champs - Board Rm
3:00PM All Coaches Meeting - Events Center - Rm 1
4:00PM Pool Opens for Finals Warm-up
4:00PM Spectators Stands Open
4:00PM-6:00PM Spectator Ticket Sales & Pre-order Ticket Pick-up - Pool Entrance
4:00PM-5:00PM Scratch Table Open (Day 2 Events) – Room Off Pool Deck
4:00PM Relay Table Open
4:30PM-5:15PM Athletes and Parents Welcome Event - Spectator stands
4:30PM Officials and Timers Meeting - Events Center - Rm 1
5:00PM-6:00PM Team & Coaches Meet Check-in - Events Center - Rm 4
5:00PM Officials Check-in until end of session - Events Center - Rm 1
5:20PM Competition Pool Closes
5:20PM Devotion and National Anthem
5:30PM Start of Competition
7:15PM Estimated Session End Time
## SCHEDULE OF ACTIVITIES
### YMCA NATIONAL SWIMMING CHAMPIONSHIP

### WEDNESDAY: START OF DAY 2

- **Day's Event 201 Women's 200 Yard Backstroke**
- **Day's Event 202 Men's 200 Yard Backstroke**
- **Day's Event 203 Women's 100 Yard Butterfly**
- **Day's Event 204 Men's 100 Yard Butterfly**
- **Day's Event 205 Women's 200 Yard Breaststroke**
- **Day's Event 206 Men's 200 Yard Breaststroke**
- **Day's Event 207 Women's 400 Yard Free Relay**
- **Day's Event 208 Men's 400 Yard Free Relay**

**6:00AM**
- Pool Opens Prelims Warm-up

**6:00AM-11:00AM**
- Team & Coaches Meet Check-in - Events Center - Rm 4

**6:30AM-11:00AM**
- Spectator Ticket Sales & Pre-order Ticket Pick-up

**7:00AM-10:00AM**
- Time Trial Table Open

**7:00AM**
- Spectators Stands Open

**7:00AM-12:00PM**
- Scratch & Relay Table Open

**7:00AM**
- Officials and Timers Meeting - Events Center - Rm 1

**8:40AM**
- Devotion and National Anthem

**8:40AM**
- **2018 Joseph G. Rogers Award Announcement**

**9:00AM**
- Prelims Start

**4:00PM-7:00PM**
- Spectator Ticket Sales & Pre-order Ticket Pick-up

**4:00PM**
- Pool Opens for Finals Warm-up

**4:00PM**
- Spectators Stands Open

**4:00PM**
- Officials and Timers Meeting - Events Center - Rm 1

**4:00PM-5:00PM**
- Scratch Table Open for Day 3

**4:00PM**
- Relay table Open

**4:45PM-6:00PM**
- Team & Coaches Meet Check-in - Events Center - Rm 4

**4:45PM**
- Assembly of Athletes for Opening Ceremonies - Events Center

**5:00PM**
- Competition Pool Closes

**5:00PM**
- **Opening Ceremonies - Parade of Athletes**

**5:15PM**
- Devotion and National Anthem

**5:30PM**
- **Finals Start with C, B, A Heats**

**5:30PM**
- Swim Finals for 200 Medley Relay - Women then Men

**5:30PM**
- 1000 Freestyle Awards-Women after Women relay awards, Men after Men relay awards

**8:30PM**
- **Estimated Session End Time**
SCHEDULE OF ACTIVITIES
YMCA NATIONAL SWIMMING CHAMPIONSHIP

THURSDAY: START OF DAY 3

Day's Event 301 Women's 100 Yard Backstroke
Day's Event 302 Men's 100 Yard Backstroke
Day's Event 303 Women's 400 Yard I.M.
Day's Event 304 Men's 400 Yard I.M.
Day's Event 305 Women's 200 Yard Freestyle
Day's Event 306 Men's 200 Yard Freestyle
Day's Event 307 Women's 200 Yard Free Relay
Day's Event 308 Men's 200 Yard Free Relay

6:00AM  Pool Opens Prelims Warm-up
6:00AM-11:00AM  Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM  Spectator Ticket Sales
7:00AM-10:00AM  Time Trial Table Open
7:00AM  Spectators Stands Open
7:00AM-12:00PM  Scratch & Relay Table Open
7:00AM  Officials Picture - Spectator Stands
7:15AM  Officials and Timers Meeting - Events Center - Rm 1
8:40AM  Competition Pool Closes

8:40AM  Senior Recognition
8:40AM  Outstanding Athletes Scholarship Award
8:40AM  Devotion and National Anthem

9:00AM  Prelims Start
4:00PM  Pool Opens for Finals Warm-up
4:00PM  Spectators Stands Open
4:00PM-7:00PM  Spectator Ticket Sales
4:00PM  Officials and Timers Meeting - Events Center - Rm 1
4:00PM-5:00PM  Scratch Table Open for Day 4
4:00PM  Relay table Open
5:00PM-6:00PM  Team & Coaches Meet Check-in - Events Center - Rm 4
5:00PM  Competition Pool Closes
5:00PM  Devotion and National Anthem
5:15PM  Finals Start with C, B, A Heats
7:45PM  Estimated Session End Time
FRIDAY: START OF DAY 4

Day's Event 401 Women's 500 Yard Freestyle
Day's Event 402 Men's 500 Yard Freestyle
Day's Event 403 Women's 200 Yard IM
Day's Event 404 Men's 200 Yard IM
Day's Event 405 Women's 50 Yard Freestyle
Day's Event 406 Men's 50 Yard Freestyle
Day's Event 407 Women's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)
Day's Event 408 Men's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)

6:00AM  Pool Opens Prelims Warm-up
6:00AM-11:00AM  Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM  Spectator Ticket Sales
7:00AM-10:00AM  Time Trial Table Open
7:00AM  Spectators Stands Open
7:00AM-12:00PM  Scratch & Relay Table Open
7:15AM  Officials and Timers Meeting - Events Center - Rm 1
8:40AM  Competition Pool Closes
8:40AM  Moment of Remembrance
8:40AM  Conrad Carroll Award
8:40AM  Devotion and National Anthem
9:00AM  Prelims Start
4:00PM  Pool Opens for Finals Warm-up
4:00PM  Spectators Stands open
4:00PM-7:00PM  Spectator Ticket Sales
4:00PM  Officials and Timers Meeting - Events Center - Rm 1
4:00PM-5:00PM  Scratch Table Open for Day 5
4:00PM  Relay table Open
5:00PM-6:00PM  Team & Coaches Meet Check-in - Events Center - Rm 4
5:00PM  Competition Pool Closes
5:00PM  Devotion and National Anthem
5:15PM  Finals Start with C, B, A Heats
8:15PM  Estimated Session End Time
SATURDAY START OF DAY 5

Day's Event 501 Women's 200 Yard Butterfly
Day's Event 502 Men's 200 Yard Butterfly
Day's Event 503 Women's 100 Yard Freestyle
Day's Event 504 Men's 100 Yard Freestyle
Day's Event 505 Women's 100 Yard Breaststroke
Day's Event 506 Men's 100 Yard Breaststroke
Day's Event 507 Women's 400 Yard Medley Relay
Day's Event 508 Men's 400 Yard Medley Relay
Day's Event 509 Women's 1,650 Yard Freestyle (Prelims fastest to slowest - Top seeded heat swim first event at Finals)
Day's Event 510 Men's 1,650 Yard Freestyle (Prelims fastest to slowest - Top seeded heat swim first event at Finals)

6:00AM Pool Opens Prelims Warm-up
6:00AM-11:00AM Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM Spectator Ticket Sales
7:00AM-10:00AM Time Trial Table Open
7:00AM Spectators Stands Open
7:00AM Relay table Open
7:15AM Officials and Timers Meeting - Events Center - Rm 1
8:40AM Competition Pool Closes
8:40AM Devotion and National Anthem
8:40AM 2019 Joseph G. Rogers Award Announced
8:40AM Coach of the Year Award
9:00AM Prelims Start
4:00PM Pool Opens for Finals Warm-up
4:00PM Spectators Stands Open
4:00PM-7:00PM Spectator Ticket Sales
4:00PM Officials and Timers Meeting - Events Center - Rm 1
4:00PM Relay table Open
5:00PM Competition Pool Closes
5:00PM Devotion and National Anthem
5:00PM Coach of the Meet Award
5:15PM Finals Start with C, B, A Heats
8:40PM Estimated Session End Time