

Tuesday, July 29th, 2003

It's our second day at nationals, and we got to sleep in a little! Yesterday our relay got 2nd to last, but that's okay, at least we have our first national swim under our belts. Lauren and Lissi both won their heats in the 50 free. Lauren came in 94th and Lissi got 80th out of 189 swimmers. Chris Akiyama swam the 50 free and breast and got his best times in both. There was the opening ceremony last night before finals. Every one dressed up with their teams in cool costumes. We were the tiki girls, and Chris was the Tiki king. We wore hula skirts, coconut bras, and many different leis. Chris wore a tiki mask. We got many comments, too! Today Lissi, Heather, Corey, and Lauren swam the 400 free relay. We were happy to swim and excited that we placed well. None of us made finals, but tomorrow is a new day.

Lissi, Lauren, Corey
Leaning Tower YMCA Sharks
Illinois