

Tuesday, July 29, 2003

It's the second day of nationals, and our team did awesome today! Sara Servold and I (Aimee) both swam the 200 breast. In prelims we did pretty well, but we wanted to do better so we got to show them up in finals!! I improved 2 seconds from this morning and Sara dropped 1 second from the morning. We finished 12th and 13th!! And they even played Sweet Home Alabama when we walked out!! EXCITING!!!!!! I (Elizabeth) swam very well today too. First of all our girls 400 free relay swam well. We all split best times, even our first-timer Teresa Hea (she is so stoked to be here!) I also swam the 800 and dropped a ton of time (like seriously!...I think about 30 seconds!!!) I ended up finishing 12th. This was my first time to place at y nationals in an individual event...so I was pumped!

We also had two boys, Matt Bellew and Luke Boutwell, finish 2nd and 4th in the 200 breast. Matt lost by less then 2 tenths!!!!!! But its all good, he still did very well! John Scott is swimming finals in the 100 fly, but has yet to swim. And we also have a boy's 400 free relay swimming in the top 8 tonight! So on a whole we had a pretty good day.

So I guess that's it for the day, but we'll be back tomorrow. Tomorrow neither of us have individual events, but I (Elizabeth) am in the 800 free relay. So we'll update to y'all tomorrow, bye now.

Oh and by the way John Scott won his 200 I.M. yesterday!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Elizabeth Reynolds

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