

Thursday, July 29, 2004

Sorry, we've been really busy here at Nationals, but it's been lots of fun! Yesterday we went to Washington D.C. after the meet. We saw the Washington monument, the new WWII memorial, and other neat buildings. It was impossible to find a parking space though, so we drove around for like 40 minutes trying to find one. Then, last night, we got to tread water with the YMCA National Banner in the water. It was a great honor and really cool. It was a wonderful opportunity to be representing everyone here at Nationals. We also got free swimsuits from it, so it was an even better deal. We stayed for finals and cheered on Chris Schenck really loud, and he broke the 800 free pool record. It was magical!

Let's catch up on today. Today we got the day started bright and early as usual and our first swimmer was Lissi LaSalle in the 100 free. She did great, but didn't drop any time as she hoped. But it was OK because she was more focused on her 50 fly. Corey, Lissi, and Alex all swam 50 fly. Corey got 47th and Lissi got 35th, so it was great to be in the top 50. Alex did great too. She dropped time and had an awesome swim! Good day so far. Hope we get to go out to eat and then watch Finding Nemo, because we all really want to take a nap and relax for a while. It is also a very excellent movie!

We also need to catch up on yesterday at the meet. Lissi and Grant swam the 200 freestyle and did great! Pretty long event. 100 fly was yesterday and Lissi and Corey swam that event. The 400 free relay was yesterday too. Everyone is improving and we're getting our name out for everyone to know us. Got to go

GO SHARKS!!

~LTY Sharks National Team