

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Women 50 LC Meter Freestyle****National: 26.49 * 7/30/2002****Claire Woodall-Gainey****Roanoke Central-**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Merz, Alexa	17	Palisades-Malibu YMCA	27.15	26.80
2 Davidoff, Cara	18	Palisades-Malibu YMCA	27.25	27.13
3 Dlugopolski, Leslie	16	Schroeder YMCA	27.61	27.24
4 Martin, Noelle	17	Winston-Salem Central YMCA	27.32	27.27
5 Guers, Lindsay	16	Reading & Berks YMCA	27.46	27.35
6 Brager, Kristy	18	Green Bay Metro YMCA	27.62	27.45
7 Will, Jenny	17	Schroeder YMCA	27.72	27.79
8 Heil, Meghan	17	Anne Arundel YMCA	27.71	28.17
B - Final				
9 Scott, Sarah	17	Chapel Hill-Carrboro YMCA	27.77	27.57
10 Davidson, Jaclyn	16	N Shore/Lester Sterling BR Y	27.73	27.66
11 Potts, Katlin	16	Northern Neck Branch YMCA	27.95	27.67
11 Besche, Brooke	14	Anne Arundel YMCA	27.77	27.67
13 Nickson, Naomi	16	YMCA Aquatic Center	27.81	27.74
14 Bateman, Sarah	14	YMCA Aquatic Center	27.97	27.76
15 McDonough, Catie	17	Madison Area YMCA	27.96	27.83
16 Brown, Lindsey	18	Saginaw YMCA	27.97	27.84

Women 50 LC Meter Freestyle Swim-off**National: 0.01 ***

Name	Age	Team	Seed Time	Finals Time
- Swim-off				
1 Bateman, Sarah	14	YMCA Aquatic Center	NT	27.46
2 Heil, Meghan	17	Anne Arundel YMCA	NT	27.71
3 Will, Jenny	17	Schroeder YMCA	NT	27.72
4 Brown, Lindsey	18	Saginaw YMCA	NT	27.75
5 Moodie, Natasha	13	Montclair YMCA	NT	28.38
6 Mancuso, Elizabeth	18	Andover-North Andover YMCA	NT	29.00

Women 50 LC Meter Freestyle**National: 26.49 * 7/30/2002****Claire Woodall-Gainey****Roanoke Central-**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Merz, Alexa	17	Palisades-Malibu YMCA	26.79	27.15
2 Davidoff, Cara	18	Palisades-Malibu YMCA	27.31	27.25
3 Martin, Noelle	17	Winston-Salem Central YMCA	26.99	27.32
4 Guers, Lindsay	16	Reading & Berks YMCA	27.14	27.46
5 Dlugopolski, Leslie	16	Schroeder YMCA	27.67	27.61
6 Brager, Kristy	18	Green Bay Metro YMCA	27.73	27.62
7 Heil, Meghan	17	Anne Arundel YMCA	28.45	27.71
8 Will, Jenny	17	Schroeder YMCA	27.64	27.72
9 Davidson, Jaclyn	16	N Shore/Lester Sterling BR Y	28.02	27.73
10 Besche, Brooke	14	Anne Arundel YMCA	28.57	27.77
10 Scott, Sarah	17	Chapel Hill-Carrboro YMCA	27.71	27.77
12 Nickson, Naomi	16	YMCA Aquatic Center	28.30	27.81
13 Potts, Katlin	16	Northern Neck Branch YMCA	27.72	27.95
14 McDonough, Catie	17	Madison Area YMCA	28.37 S	27.96

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Name	Age	Team	Seed Time	Prelim Time
15 Bateman, Sarah	14	YMCA Aquatic Center	27.83	27.97
16 Brown, Lindsey	18	Saginaw YMCA	27.57	J27.97
17 Moodie, Natasha	13	Montclair YMCA	27.68	J27.97
18 Shelps, Lisa	16	Boyertown Area YMCA	28.76	27.98
19 Begley, Sarah	16	Upper Main Line YMCA	29.24	28.01
20 Smith, Haley	15	Wilton Family YMCA	28.28	28.15
20 Gnerre, Dana	13	Wilton Family YMCA	28.49	28.15
22 Francis, Kylie	15	Boyertown Area YMCA	29.16	28.17
23 Wagner, Erin	15	Racine Family YMCA	28.28	28.19
24 Pucci, Lisa	16	YMCA of Triangle Area	28.73	28.26
24 Engler, Lindsey	17	Mid-Delmarva Family YMCA	24.11 Y	28.26
26 Sullivan, Patty	13	Darien Community YMCA	27.91	28.33
27 McDowell, Brie	17	Tri-Hampton YMCA	29.14	28.44
28 Petchonka, Deanna	18	Wilton Family YMCA	28.33	28.45
29 Adams, Sarah	16	YMCA Aquatic Center	28.89	28.48
29 Sculley, Megan	17	Reading & Berks YMCA	24.82 Y	28.48
29 Hager, Christy	18	Flint YMCA	28.75	28.48
32 Button, Sarah	14	Somerset Hills YMCA	29.14	28.50
33 Suchoff, Sarah	14	Darien Community YMCA	29.08	28.55
34 Lewis, Jennie	17	Darien Community YMCA	28.88	28.63
35 Heck, Jill	18	Upper Main Line YMCA	29.39	28.65
36 Rohr, Brittney	14	South Community Family BR YM	28.62	28.66
37 Goebel, Molly	14	New Canaan Community YMCA	28.99	28.68
38 Allen, Alex	16	Boyertown Area YMCA	29.17	28.74
39 Griffiths, Sarah	16	Countryside-Warren County YMC	28.98	28.76
40 Spencer, Jennie	17	Harrison County YMCA	28.66	28.77
41 Stumpf, Ashlyn	16	West Shore-Harrisburg YMCA	28.86	28.84
42 Aiken, Sherah	16	Marion County Branch YMCA	24.95 Y	28.85
43 Dlugopolski, Lisa	14	Schroeder YMCA	28.84	28.87
44 Bowlin, Kate	15	Countryside-Warren County YMC	29.55	28.91
45 Collyer, Brittany	17	Ocean County YMCA	29.45	28.92
46 Steider, Katie	14	Meadville YMCA	29.07	28.95
47 Fairbanks, Lauren	15	Middle Tyger YMCA	28.79	28.97
48 Kasten, Corey	15	Leaning Tower YMCA	25.85 Y	28.98
49 O'Donnell, Samantha	16	Cheshire Branch YMCA	28.86	28.99
50 Kaminer, Hannah	16	YMCA Of Western North Carolin	29.27	29.00
50 Mancuso, Elizabeth	18	Andover-North Andover YMCA	28.07	29.00
52 Heberton, Jen	16	New Canaan Community YMCA	29.63	29.03
52 Galey, Hannah	17	Harrison County YMCA	28.43	29.03
54 Kent, Julie	18	Marion County Branch YMCA	28.49	29.05
54 Block, Caitlin	16	Darien Community YMCA	28.91	29.05
56 Kelly, Caitlin	15	Somerset Hills YMCA	25.86 Y	29.08
57 Atchison, Kelsey	15	Cuyahoga Falls Riverfront YMCA	29.09	29.09
57 Downs, Krysta	16	Greater Holyoke YMCA	25.57 Y	29.09
59 Kraemer, Amy	17	Mid-Delmarva Family YMCA	25.16 Y	29.10
59 Bennett, Jenny	15	Green Bay Metro YMCA	25.22 Y	29.10
61 Sharkey, Renae	14	Metuchen-Edison YMCA	28.72	29.11
61 Lyons, Ariana	12	Fanwood-Scotch Plains YMCA	29.14	29.11
63 Jarvis, Ariel	13	Greater Burlington YMCA	29.64	29.12

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	Name	Age	Team	Seed Time	Prelim Time
64	Conter, Laura	16	East Hartford YMCA	28.87	29.13
65	Jerzerick, Kimberly	13	West Shore-Harrisburg YMCA	29.85	29.14
66	Gousman, Maggie	16	Fanwood-Scotch Plains YMCA	29.17	29.15
66	Hillyard, Kate	16	Greater Burlington YMCA	29.54	29.15
66	Liu, Jennifer	17	Cheshire Branch YMCA	25.10 Y	29.15
69	Price, Moira	17	Madison Area YMCA	29.22	29.16
70	Holskey, Danielle	18	J.B. Chambers Mem. Branch YMC	29.66	29.18
70	Hobbs, Allison	16	New Canaan Community YMCA	29.31	29.18
72	Dailey, Meghan	17	Middle Tyger YMCA	29.61	29.19
72	Murphy, Jillian	14	Fanwood-Scotch Plains YMCA	29.03 S	29.19
74	Hathaway, Clare	17	Schroeder YMCA	29.31	29.22
75	Bromann, Amy	18	Aurora Family YMCA	29.55	29.23
75	Zelenky, Ali	13	West Shore-Harrisburg YMCA	29.12	29.23
77	Richman, Charlotte	15	Montclair YMCA	29.43	29.24
78	Driscoll, Caitlin	14	Hampshire Regional YMCA	29.10	29.25
79	Wanstreet, Kerry	14	Harrison County YMCA	29.39	29.26
80	Morrow, Gillian	18	Winston-Salem Central YMCA	29.68	29.28
81	Roberts, Linz	16	Joliet YMCA	29.42	29.29
81	McCANN, Caitlyn	15	Bloomsburg Area YMCA	29.60	29.29
81	Meleg, Kim	13	Wilton Family YMCA	29.82	29.29
84	Komninos, Kat	15	Regional YMCA of Western CT	28.97	29.30
84	Luedke, Laura	17	Schroeder YMCA	28.92	29.30
86	Gniatczyk, Emily	13	Northwestern Dupage YMCA	29.78	29.32
86	Butler, Erinne	15	West Shore-Harrisburg YMCA	28.83 S	29.32
86	Sayles, Megan	15	Winston-Salem Central YMCA	29.05	29.32
89	Halfhill, Heidi	16	Reg Fam YMCA Laurel Highland	29.36	29.33
89	Uding, Alex	14	Leaning Tower YMCA	29.05 S	29.33
91	Burns, Briana	16	Rappahannock Area YMCA	29.45	29.35
91	Montello, Kristen	14	Chambersburg Memorial YMCA	28.43 S	29.35
93	Henrici, Meaghan	17	Upper Main Line YMCA	29.87	29.37
93	Braza, Carolyn	15	Schroeder YMCA	29.68	29.37
93	Legan, Elizabeth	15	New Canaan Community YMCA	29.16	29.37
96	Gorinski, Laura	13	Greensburg YMCA	29.72	29.38
96	Rein, Rachael	15	YMCA Aquatic Center	29.15	29.38
98	Switaj, Caryn	16	Farmington Family YMCA	29.55	29.41
98	Brooks, Katey	13	Ridgewood YMCA	29.84	29.41
100	Cotton, Megan	16	Racine Family YMCA	29.00	29.42
100	Kiplinger, Mallory	15	Darien Community YMCA	29.79	29.42
102	Hancock, Jillian	15	Milton Branch YMCA	25.22 Y	29.43
103	Klope, Erica	15	YMCA of Delta County	25.60 Y	29.44
104	Billow, Amy	14	Gamble Nippert YMCA	28.94	29.45
104	Gonzalez, Alexandra	15	Madison Area YMCA	29.25 S	29.45
106	Hagmaier, Ashley	15	Rappahannock Area YMCA	29.68	29.46
107	Pinkney, Brileigh	12	Western Family Branch YMCA	28.98	29.48
107	Mead, Meredith	15	N Shore/Lester Sterling BR Y	29.52	29.48
107	Rakouth, Haintso	17	Saginaw YMCA	25.82 Y	29.48
110	McInerney, Jessica	15	York & York County YMCA	28.66 S	29.50
111	Pauly, Sarah	18	Aurora Family YMCA	29.75	29.51
111	Beatty, Jennifer	14	Indiana County YMCA	25.13 Y	29.51
111	Moll, Kristen	13	Somerset Valley YMCA	29.77	29.51

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Name	Age	Team	Seed Time	Prelim Time
114 Skoutelas, Ali	15	Tri-Hampton YMCA	29.77	29.52
115 Warren, Alex	15	State College Area YMCA	25.68 Y	29.53
116 Adlam, Nikki	15	Tri-Hampton YMCA	29.70	29.55
116 Lesiuk, Adriana	15	Tri-Hampton YMCA	29.22 S	29.55
116 Terhar, Alex	15	ME Lyons YMCA	29.69	29.55
116 Porteus, Emma	16	Cape Cod YMCA	29.52	29.55
120 Gannon, Samantha	17	N Shore/Lester Sterling BR Y	29.12	29.59
121 Galbraith, Lauren	17	Lebanon Valley Family YMCA	25.34 Y	29.61
122 Luley, Erin	15	West Shore-Harrisburg YMCA	29.84	29.63
123 McLaughlin, Maureen	18	Harford County Family YMCA	29.61	29.65
124 Milley, Diana	15	Montclair YMCA	29.72	29.66
125 Kane, Alana	15	Greensburg YMCA	29.39	29.70
125 Mann, Katie	15	Cuyahoga Falls Riverfront YMCA	25.79 Y	29.70
127 Stone, Sarah	18	Powel Crosley Branch YMCA	29.78	29.72
127 Morris, Kelly	17	Fanwood-Scotch Plains YMCA	25.39 Y	29.72
129 Golden, Kori	13	Anne Arundel YMCA	29.24	29.73
130 Pflieger, Jen	14	Madison Area YMCA	29.27 S	29.74
130 Capuano, Hollis	13	Cheshire Branch YMCA	29.89	29.74
132 Cerulli, Lauren	17	Wilton Family YMCA	29.22	29.75
132 Seto, Stephanie	16	Hamilton Area YMCA	29.41	29.75
132 Brant, Chrissy	15	Greensburg YMCA	29.78	29.75
135 Boehme, Stephanie	18	Schroeder YMCA	29.87	29.76
136 Heneghan, Chelsea	15	East Hartford YMCA	29.69	29.77
137 Bryson, Jennifer	15	Appleton Family YMCA	29.23 S	29.79
137 Front, Jessica	16	Waynesboro Ymca- Pennsylvania	29.34 S	29.79
139 Senne, Kate	15	Countryside-Warren County YMC	29.47	29.80
139 Gale, Rachael	15	Upper Main Line YMCA	29.79	29.80
141 Sullivan, Megan	15	Darien Community YMCA	29.52	29.83
141 Westfall, Jenny	16	Appleton Family YMCA	29.55	29.83
141 Kristic, Marta	14	Flushing Branch YMCA	29.75	29.83
141 Skoutelas, Diana	16	Tri-Hampton YMCA	29.23	29.83
145 Phillips, Larissa	17	Upper Main Line YMCA	25.87 Y	29.84
146 Graesser, Sophia	14	Upper Main Line YMCA	29.25 S	29.86
147 Bommer, Cassidy	13	Montclair YMCA	29.72	29.87
147 Keller, Chelsea	15	Blue Ash Branch YMCA	29.31	29.87
147 Bersani, Anna	14	Countryside-Warren County YMC	29.56	29.87
150 Higgins, Kyle	12	Westfield YMCA - New Jersey	29.50	29.88
151 Santacroce, Samantha	16	Cheshire Branch YMCA	29.53	29.89
151 Smith, Lacie	16	Andover-North Andover YMCA	25.87 Y	29.89
153 Troyan, Paige	15	Countryside-Warren County YMC	29.62	29.90
153 Hilton, Emily	15	East Hartford YMCA	29.14	29.90
155 Carnes, Amanda	15	Flint YMCA	29.38	29.91
156 Wallace, Melissa	15	Metuchen-Edison YMCA	29.64	29.92
156 Cameron, Amanda	17	Fanwood-Scotch Plains YMCA	25.42 Y	29.92
158 Lorigan, Nicole	17	South Shore YMCA	29.55	29.93
158 Ritchey, Kate	17	McKeesport YMCA	25.88 Y	29.93
160 Hanson, Kayla	17	Appleton Family YMCA	25.54 Y	29.96
160 Ceranski, Alison	14	Marinette-Menominee YMCA	25.36 Y	29.96
162 Cook, Melissa	13	Pottstown Family YMCA	29.16 S	29.97
162 Hursey, Katie	15	Carroll County Family YMCA	29.88	29.97

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	Name	Age	Team	Seed Time	Prelim Time
162	Webb, Brigid	14	Northwestern Dupage YMCA	29.78	29.97
165	Hassberger, Heather	15	YMCA OF Gr. Elgin Taylor Fami	29.24 S	29.99
165	Stover, Ally	14	South Community Family BR YM	29.26	29.99
165	Schildknecht, Grace	18	Blue Ash Branch YMCA	29.88	29.99
168	Prater, Kendra	16	Huntington YMCA	29.86	30.00
169	Madden, Cara	15	N Shore/Lester Sterling BR Y	29.86	30.01
170	Young, Ryan	17	YMCA OF Catawba Valley	29.09	30.02
171	Pisani, Lindsay	16	Montclair YMCA	29.80	30.03
171	Henry, Morgan	17	Brandywine-De YMCA	29.59	30.03
173	Folk, Gretchen	17	Liberty T Powell YMCA	29.82	30.05
174	Stier, Amanda	16	Coffman Family YMCA	29.32	30.06
175	Cantwell, Julie	15	Reading & Berks YMCA	29.74	30.07
176	Steele, Meredith	14	Northern Neck Branch YMCA	29.63	30.08
176	Henry, Sarah	13	Schroeder YMCA	25.48 Y	30.08
178	Howes, Kelsey	14	York & York County YMCA	29.35 S	30.09
179	Campbell, Claire	17	Chapel Hill-Carrboro YMCA	25.20 Y	30.11
180	O'Connell, Maggie	16	Waynesboro Ymca- Pennsylvania	29.70	30.12
181	Krueger, Laura	13	Pulaski-Hensel Ekman YMCA	29.74	30.13
182	Kelly, Danielle	16	Harford County Family YMCA	25.77 Y	30.14
183	Williams, Amy	18	Flint YMCA	29.68	30.15
183	Olberding, Jen	16	Gamble Nippert YMCA	29.77	30.15
185	Stelow, Cassie	16	Green Bay Metro YMCA	29.59	30.17
186	Ryan, Kristin	16	Cheshire Branch YMCA	29.80	30.18
186	Tsivitse, Jane	13	Powel Crosley Branch YMCA	29.81	30.18
188	Myers, Laura	17	Schroeder YMCA	29.59	30.19
188	Lupacchino, Erika	14	Northern Neck Branch YMCA	29.83	30.19
188	Laidley, Jess	14	South Shore YMCA	29.26 S	30.19
191	Golla, Lauren	15	Stevens Point YMCA	29.60	30.20
191	Snyder, Katie	17	South Community Family BR YM	29.88	30.20
191	Schmittle, Lauren	13	York & York County YMCA	29.76	30.20
194	Wensel, Lauren	16	Pulaski-Hensel Ekman YMCA	29.22 S	30.21
195	Niedermeyer, Laura	15	Green Bay Metro YMCA	25.84 Y	30.23
196	Varga, Michelle	17	Flushing Branch YMCA	28.99 S	30.24
197	Vockrodt, Carrie Anne	15	Pulaski-Hensel Ekman YMCA	29.72	30.25
198	Trodden, Jen	13	Andover-North Andover YMCA	29.56	30.29
199	Birsa, Bri	15	Joliet YMCA	29.25 S	30.30
200	Gunnels, Amanda	17	Chapel Hill-Carrboro YMCA	25.80 Y	30.35
201	Sander, Kristin	15	ME Lyons YMCA	29.39	30.37
201	Hydrusko, Erica	15	Somerset Valley YMCA	29.84	30.37
203	Brotherton, Lynn	12	Countryside-Warren County YMC	29.28	30.38
204	Hammersmith, Caitlin	16	Anne Arundel YMCA	29.20	30.39
205	Grace, Callie	15	Hampshire Regional YMCA	25.89 Y	30.41
206	Henkels, Kristen	16	Fanwood-Scotch Plains YMCA	29.60	30.43
207	Luedke, Margot	15	Schroeder YMCA	29.73	30.44
208	Dietz, Brianna	13	Schroeder YMCA	29.61	30.46
209	Kading, Kelly	14	Green Bay Metro YMCA	25.63 Y	30.49
210	Parry, Lucia	16	State College Area YMCA	25.50 Y	30.58
211	McCluskey, Maureen	15	Flushing Branch YMCA	29.32 S	30.59
211	Galbreath, Abby	12	South Community Family BR YM	29.56	30.59
213	Ziegler, Tristen	18	Brandywine YMCA	29.69	30.71

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Name	Age	Team	Seed Time	Prelim Time
214 Sawyer, Kristin	14	Countryside-Warren County YMC	29.73	30.73
214 de la Garza, Lorena	18	Pulaski-Hensel Ekman YMCA	29.29 S	30.73
216 Osborne, Cara	14	Oshkosh Community YMCA	29.87	30.74
217 Bratman, Sarah	14	Hanover Area YMCA	29.24 S	30.96
218 Schneiderlochner, Courtney	15	Western Area Branch YMCA	25.68 Y	31.00
219 Parshall, Rebecca	16	Schroeder YMCA	29.81	31.13
220 Sparks, Catherine	13	Wilton Family YMCA	29.85	31.27
--- Feldish, Jessica	14	West Shore-Harrisburg YMCA	29.15 S	DQ

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Name	Age	Team	Prelim Time	Finals Time	
A - Final					
1 Merz, Alexa	17	Palisades-Malibu YMCA	59.06	59.00	
28.27	59.00 (30.73)				
2 Brager, Kristy	18	Green Bay Metro YMCA	59.41	59.01	
28.61	59.01 (30.40)				
3 Guers, Lindsay	16	Reading & Berks YMCA	59.95	59.23	
28.42	59.23 (30.81)				
4 Martin, Noelle	17	Winston-Salem Central YMCA	59.49	59.82	
28.68	59.82 (31.14)				
5 Luttermoser, Allison	17	West Shore-Harrisburg YMCA	1:00.13	1:00.05	
28.66	1:00.05 (31.39)				
6 Davidoff, Cara	18	Palisades-Malibu YMCA	1:00.07	1:00.29	
28.65	1:00.29 (31.64)				
7 Mathes, Carly	17	South Community Family BR YM	1:00.02	1:00.46	
28.83	1:00.46 (31.63)				
8 Brown, Lindsey	18	Saginaw YMCA	59.97	1:00.49	
28.86	1:00.49 (31.63)				
B - Final					
9 Dlugopolski, Leslie	16	Schroeder YMCA	1:00.15	59.74	
28.84	59.74 (30.90)				
10 Adams, Sarah	16	YMCA Aquatic Center	1:00.78	1:00.20	
29.85	1:00.20 (30.35)				
11 Potts, Katlin	16	Northern Neck Branch YMCA	1:00.55	1:00.30	
28.75	1:00.30 (31.55)				
12 Hawk, Marin	15	Wilton Family YMCA	1:00.75	1:00.32	
29.01	1:00.32 (31.31)				
13 Lambert, Caitlyn	15	Marion County Branch YMCA	1:00.92	1:00.59	
29.20	1:00.59 (31.39)				
14 Dornstauder, Kristen	14	Brandywine-De YMCA	1:00.82	1:00.65	
29.30	1:00.65 (31.35)				
15 Wagner, Erin	15	Racine Family YMCA	1:00.85	1:00.75	
28.94	1:00.75 (31.81)				
16 Pucci, Lisa	16	YMCA of Triangle Area	1:00.89	1:00.82	
29.39	1:00.82 (31.43)				

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Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1	Merz, Alexa	17 Palisades-Malibu YMCA	58.89	59.06
2	Brager, Kristy	18 Green Bay Metro YMCA	59.70	59.41
3	Martin, Noelle	17 Winston-Salem Central YMCA	58.37	59.49
4	Guers, Lindsay	16 Reading & Berks YMCA	59.37	59.95
5	Brown, Lindsey	18 Saginaw YMCA	59.75	59.97
6	Mathes, Carly	17 South Community Family BR YM	59.99	1:00.02
7	Davidoff, Cara	18 Palisades-Malibu YMCA	1:00.03	1:00.07
8	Luttermoser, Allison	17 West Shore-Harrisburg YMCA	1:01.49	1:00.13
9	Dlugopolski, Leslie	16 Schroeder YMCA	1:00.23	1:00.15
10	Potts, Katlin	16 Northern Neck Branch YMCA	1:00.41	1:00.55
11	Hawk, Marin	15 Wilton Family YMCA	1:01.55	1:00.75
12	Adams, Sarah	16 YMCA Aquatic Center	1:01.55	1:00.78
13	Dornstauder, Kristen	14 Brandywine-De YMCA	1:01.60	1:00.82
14	Wagner, Erin	15 Racine Family YMCA	1:01.31	1:00.85
15	Pucci, Lisa	16 YMCA of Triangle Area	1:01.47	1:00.89
16	Lambert, Caitlyn	15 Marion County Branch YMCA	53.15 Y	1:00.92
17	Scott, Sarah	17 Chapel Hill-Carrboro YMCA	1:00.84	1:01.07
18	McDonough, Catie	17 Madison Area YMCA	1:03.05	1:01.10
19	Spencer, Jennie	17 Harrison County YMCA	1:01.32	1:01.22
20	Heck, Jill	18 Upper Main Line YMCA	1:02.58	1:01.31
21	Galey, Hannah	17 Harrison County YMCA	1:01.15	1:01.38
22	Griffiths, Sarah	16 Countryside-Warren County YMC	1:01.58	1:01.39
23	Sink, Keri	13 YMCA OF Gr. Elgin Taylor Fami	1:02.10	1:01.40
24	Will, Jenny	17 Schroeder YMCA	1:01.04	1:01.41
25	Impink, Caitlin	15 Reading & Berks YMCA	1:02.59	1:01.46
26	Nickson, Naomi	16 YMCA Aquatic Center	1:02.14	1:01.50
27	Heil, Meghan	17 Anne Arundel YMCA	1:01.72	1:01.62
28	O'Donnell, Samantha	16 Cheshire Branch YMCA	1:03.41	1:01.74
29	Draves, Shannon	13 Boyertown Area YMCA	1:04.59	1:01.84
30	Creech, Kathryn	16 YMCA of Triangle Area	1:03.91	1:01.86
31	Block, Caitlin	16 Darien Community YMCA	1:01.81	1:01.87
32	Lewis, Jennie	17 Darien Community YMCA	1:03.84	1:01.89
32	Hoeper, Emilie	16 Blue Ash Branch YMCA	1:03.46	1:01.89
34	Fairbanks, Lauren	15 Middle Tyger YMCA	1:02.41	1:01.93
35	Allen, Alex	16 Boyertown Area YMCA	1:03.31	1:01.95
36	Collyer, Brittany	17 Ocean County YMCA	1:03.20	1:02.01
37	Shupe, Stephanie	16 Upper Main Line YMCA	1:03.46	1:02.04
38	Kirsteier, Caitlin	16 Tri-Hampton YMCA	1:03.31	1:02.05
39	Sculley, Megan	17 Reading & Berks YMCA	53.90 Y	1:02.11
40	Liu, Jennifer	17 Cheshire Branch YMCA	53.63 Y	1:02.13
41	Bullock, Morgan	18 Darien Community YMCA	1:01.22	1:02.23
42	Bowlin, Kate	15 Countryside-Warren County YMC	1:03.52	1:02.27
43	Petchonka, Deanna	18 Wilton Family YMCA	1:02.37	1:02.31
43	Vickroy, Lindsay	16 Upper Main Line YMCA	1:01.35	1:02.31
43	Rameriz, Lily	13 North Central Florida YMCA	1:02.95	1:02.31
46	Suchoff, Sarah	14 Darien Community YMCA	1:01.83	1:02.37

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
47	Smith, Natalie	13	North Central Florida YMCA	1:01.57	1:02.38
48	Besche, Brooke	14	Anne Arundel YMCA	1:02.69	1:02.41
49	Hicks, Leigh	15	ME Lyons YMCA	1:02.85	1:02.51
49	Smith, Haley	15	Wilton Family YMCA	1:03.19	1:02.51
51	Moodie, Natasha	13	Montclair YMCA	1:02.49	1:02.53
52	Metcalf, Christina	16	Cheshire Branch YMCA	1:01.44	1:02.60
53	Senne, Kate	15	Countryside-Warren County YMC	1:03.58	1:02.65
54	Montagnet, Chase	16	Winston-Salem Central YMCA	1:02.13	1:02.69
55	Button, Sarah	14	Somerset Hills YMCA	55.18 Y	1:02.71
55	Kent, Julie	18	Marion County Branch YMCA	1:01.14	1:02.71
57	Roberts, Linz	16	Joliet YMCA	1:04.03	1:02.77
57	Hager, Christy	18	Flint YMCA	1:03.44	1:02.77
57	Suppan, Catherine	16	Greater Burlington YMCA	1:02.48	1:02.77
60	Sgambato, Lia	16	Cheshire Branch YMCA	1:03.63	1:02.93
61	Rohr, Brittney	14	South Community Family BR YM	1:02.48	1:02.97
62	Demrow, Shannon	14	YMCA OF Gr. Elgin Taylor Fami	1:03.30	1:03.04
63	Hathaway, Clare	17	Schroeder YMCA	1:03.40	1:03.08
63	Hilton, Emily	15	East Hartford YMCA	1:04.02	1:03.08
65	Dlugopolski, Lisa	14	Schroeder YMCA	1:02.31	1:03.13
65	Gnerre, Dana	13	Wilton Family YMCA	1:03.39	1:03.13
67	Jerzerick, Kimberly	13	West Shore-Harrisburg YMCA	1:02.21	1:03.14
68	Sayles, Megan	15	Winston-Salem Central YMCA	1:03.72	1:03.15
69	Switaj, Caryn	16	Farmington Family YMCA	1:02.65	1:03.18
69	Nockengost, Sarah	14	Brandywine-De YMCA	55.27 Y	1:03.18
71	Bakula, Angie	15	Appleton Family YMCA	1:03.78	1:03.21
72	Stumpf, Ashlyn	16	West Shore-Harrisburg YMCA	1:01.02 S	1:03.26
72	Holskey, Danielle	18	J.B. Chambers Mem. Branch YMC	1:04.26	1:03.26
74	Munns, Caitlin	16	Westfield YMCA - Massachusetts	1:04.48	1:03.27
75	Beatty, Jennifer	14	Indiana County YMCA	54.18 Y	1:03.28
76	Halfhill, Heidi	16	Reg Fam YMCA Laurel Highland	1:03.96	1:03.29
77	Jarquin, Tisha	13	YMCA Aquatic Center	55.68 Y	1:03.32
77	Gannon, Samantha	17	N Shore/Lester Sterling BR Y	1:03.06	1:03.32
79	Mancuso, Elizabeth	18	Andover-North Andover YMCA	1:00.76	1:03.33
80	Steider, Katie	14	Meadville YMCA	1:04.14	1:03.35
81	Strong, Susan	17	Northwestern Dupage YMCA	56.03 Y	1:03.37
82	Driscoll, Caitlin	14	Hampshire Regional YMCA	1:03.50	1:03.38
83	Legan, Elizabeth	15	New Canaan Community YMCA	1:03.43	1:03.39
84	Jarvis, Ariel	13	Greater Burlington YMCA	1:03.84	1:03.40
85	Heneghan, Chelsea	15	East Hartford YMCA	1:04.72	1:03.46
86	Boehme, Stephanie	18	Schroeder YMCA	1:03.94	1:03.49
87	McInerney, Jessica	15	York & York County YMCA	55.01 Y	1:03.50
87	Zukowski, Sarah	17	Metuchen-Edison YMCA	55.48 Y	1:03.50
89	Graf, Marlene	16	Wilton Family YMCA	1:03.89	1:03.51
89	Engler, Lindsey	17	Mid-Delmarva Family YMCA	54.09 Y	1:03.51
91	Weaner, Emily	12	West Shore-Harrisburg YMCA	1:03.40	1:03.57
92	Atchison, Kelsey	15	Cuyahoga Falls Riverfront YMCA	1:04.42	1:03.58
93	Lorigan, Nicole	17	South Shore YMCA	1:03.49	1:03.60
94	Maraskine, Sarah	14	Flint YMCA	1:03.98	1:03.61
95	Brown, Bethny	15	Genesee Area Family YMCA	55.48 Y	1:03.64
95	Braza, Carolyn	15	Schroeder YMCA	56.00 Y	1:03.64

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
95	Steele, Meredith	14	Northern Neck Branch YMCA	1:02.55	1:03.64
98	Luley, Erin	15	West Shore-Harrisburg YMCA	1:04.17	1:03.66
99	Kaminer, Hannah	16	YMCA Of Western North Carolin	55.09 Y	1:03.68
99	Akenberger, Jamie	13	Toledo YMCA	1:03.63	1:03.68
101	Goebel, Molly	14	New Canaan Community YMCA	1:04.43	1:03.69
102	Meleg, Kim	13	Wilton Family YMCA	1:04.35	1:03.70
103	Front, Jessica	16	Waynesboro Ymca- Pennsylvania	1:02.43	1:03.71
104	Hozempa, Stefanie	18	Corning Community YMCA	1:04.14	1:03.74
105	Moore, Stephanie	18	Rappahannock Area YMCA	1:04.61	1:03.76
106	Burns, Briana	16	Rappahannock Area YMCA	55.46 Y	1:03.77
107	Trodden, Jen	13	Andover-North Andover YMCA	1:04.26	1:03.81
108	Stover, Ally	14	South Community Family BR YM	1:02.92	1:03.82
109	McCANN, Caitlyn	15	Bloomsburg Area YMCA	1:03.77	1:03.83
110	Porteus, Emma	16	Cape Cod YMCA	55.16 Y	1:03.86
111	Phillips, Larissa	17	Upper Main Line YMCA	55.30 Y	1:03.89
112	LaSalle, Elisabeth	15	Leaning Tower YMCA	1:03.89	1:03.90
113	Kraemer, Amy	17	Mid-Delmarva Family YMCA	54.12 Y	1:03.91
114	Hagmaier, Ashley	15	Rappahannock Area YMCA	1:04.11	1:03.92
115	Skoutelas, Diana	16	Tri-Hampton YMCA	1:04.21	1:03.94
116	Rein, Rachael	15	YMCA Aquatic Center	1:04.63	1:03.95
116	Stone, Sarah	18	Powel Crosley Branch YMCA	55.71 Y	1:03.95
118	McHale, Barbara	16	Wilton Family YMCA	1:03.99	1:03.98
119	Wallace, Cameron	17	Rappahannock Area YMCA	1:02.09	1:04.02
119	Gilbody, Lynn	17	South Shore YMCA	1:03.32 S	1:04.02
119	Terhar, Alex	15	ME Lyons YMCA	55.92 Y	1:04.02
122	Winiarski, Claire	16	Upper Main Line YMCA	1:04.51	1:04.05
122	Kiplinger, Mallory	15	Darien Community YMCA	1:04.79	1:04.05
124	Hancock, Jillian	15	Milton Branch YMCA	55.52 Y	1:04.06
125	Henry, Morgan	17	Brandywine-De YMCA	1:03.78	1:04.09
126	Ryan, Kristin	16	Cheshire Branch YMCA	1:04.39	1:04.11
126	Swierkocki, Christina	14	Montclair YMCA	1:03.29 S	1:04.11
128	Vockrodt, Carrie Anne	15	Pulaski-Hensel Ekman YMCA	1:04.67	1:04.13
129	Wensel, Lauren	16	Pulaski-Hensel Ekman YMCA	1:02.57 S	1:04.17
130	Westfall, Jenny	16	Appleton Family YMCA	1:04.13	1:04.21
131	Milley, Diana	15	Montclair YMCA	1:03.90	1:04.25
132	Mead, Meredith	15	N Shore/Lester Sterling BR Y	1:03.92	1:04.32
133	Webb, Brigid	14	Northwestern Dupage YMCA	1:04.13	1:04.34
134	Galbraith, Lauren	17	Lebanon Valley Family YMCA	55.78 Y	1:04.35
134	Galbreath, Abby	12	South Community Family BR YM	1:03.97	1:04.35
136	Billow, Amy	14	Gamble Nippert YMCA	1:03.22	1:04.36
137	Kane, Alana	15	Greensburg YMCA	1:04.79	1:04.40
137	Mann, Katie	15	Cuyahoga Falls Riverfront YMCA	54.76 Y	1:04.40
139	Gousman, Maggie	16	Fanwood-Scotch Plains YMCA	1:04.53	1:04.41
140	Dietz, Brianna	13	Schroeder YMCA	1:03.41	1:04.50
141	Skoutelas, Ali	15	Tri-Hampton YMCA	56.11 Y	1:04.54
142	Luedke, Laura	17	Schroeder YMCA	1:03.77	1:04.60
142	Harrison, Holly	13	North Central Florida YMCA	1:04.28	1:04.60
144	Cantwell, Julie	15	Reading & Berks YMCA	1:02.62 S	1:04.61
145	Cameron, Amanda	17	Fanwood-Scotch Plains YMCA	55.22 Y	1:04.62
146	Metzinger, Julie	14	Northern Neck Branch YMCA	1:04.29	1:04.65

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
146 McCormick, Missy	18	Somerset Valley YMCA	1:03.11 S	1:04.65
148 Golden, Kori	13	Anne Arundel YMCA	1:03.28	1:04.67
149 Bersani, Anna	14	Countryside-Warren County YMC	1:04.50	1:04.74
150 Morrow, Gillian	18	Winston-Salem Central YMCA	1:04.46	1:04.76
151 Taylor, Kate	13	Kishwaukee Family YMCA	1:03.63 S	1:04.83
152 Lyons, Ariana	12	Fanwood-Scotch Plains YMCA	1:03.71	1:04.84
153 Cotton, Megan	16	Racine Family YMCA	55.37 Y	1:04.85
154 Montello, Kristen	14	Chambersburg Memorial YMCA	1:02.82 S	1:04.92
155 Gniatczyk, Emily	13	Northwestern Dupage YMCA	1:03.45 S	1:04.94
156 Hanson, Kayla	17	Appleton Family YMCA	56.08 Y	1:04.95
157 Laidley, Jess	14	South Shore YMCA	1:04.28	1:04.98
158 Aiken, Sherah	16	Marion County Branch YMCA	53.95 Y	1:05.03
159 Meleg, Katie	15	Wilton Family YMCA	1:04.54	1:05.09
159 Ierley, Danielle	16	York & York County YMCA	54.99 Y	1:05.09
161 Cerulli, Lauren	17	Wilton Family YMCA	1:04.68	1:05.10
162 Myers, Laura	17	Schroeder YMCA	55.26 Y	1:05.12
163 Hassberger, Heather	15	YMCA OF Gr. Elgin Taylor Fami	1:03.54 S	1:05.16
164 Rakouth, Haintso	17	Saginaw YMCA	55.59 Y	1:05.18
165 Fuhro, Courtney	14	Montclair YMCA	1:04.31	1:05.23
166 Page, Kate	18	Andover-North Andover YMCA	1:03.24	1:05.27
167 Pisani, Lindsay	16	Montclair YMCA	56.04 Y	1:05.29
168 Thompson, Olivia	14	South Shore YMCA	1:03.48 S	1:05.47
169 Hammersmith, Caitlin	16	Anne Arundel YMCA	1:03.93	1:05.49
169 Snyder, Katie	17	South Community Family BR YM	1:04.67	1:05.49
171 Varga, Michelle	17	Flushing Branch YMCA	1:03.60 S	1:05.54
172 DeCrescente, Stephanie	15	Lionville Community YMCA	1:03.04 S	1:05.63
173 Jones, Katie	16	YMCA Aquatic Center	55.93 Y	1:05.65
174 Parry, Lucia	16	State College Area YMCA	55.78 Y	1:05.80
175 Tsivitse, Jane	13	Powel Crosley Branch YMCA	1:04.59	1:05.87
176 Santacroce, Samantha	16	Cheshire Branch YMCA	1:04.47	1:05.89
177 Pauly, Sarah	18	Aurora Family YMCA	55.99 Y	1:06.11
178 Ceranski, Alison	14	Marinette-Menominee YMCA	56.14 Y	1:06.12
179 Dubiel, Allie	15	Somerset Valley YMCA	1:03.53 S	1:06.22
180 Kiernicki, Kristen	17	Tri-Hampton YMCA	1:02.66 S	1:06.35
181 Smith, Lacie	16	Andover-North Andover YMCA	55.79 Y	1:06.37
182 Konieczny, Emily	14	Hampshire Regional YMCA	1:04.08	1:06.45
183 Kristic, Marta	14	Flushing Branch YMCA	1:03.60 S	1:06.50
184 Brotherton, Lynn	12	Countryside-Warren County YMC	1:04.36	1:06.68
185 McCluskey, Maureen	15	Flushing Branch YMCA	1:03.47 S	1:06.91
--- Shelps, Lisa	16	Boyertown Area YMCA	1:02.51	DQ
--- Francis, Kylie	15	Boyertown Area YMCA	1:04.32	DQ
--- Carta, Anna	16	Piedmont Family YMCA	55.71 Y	DQ

Women 200 LC Meter Freestyle

National: 2:03.90 * 7/29/2003		Lindsey Smith		Plymouth Comm-MI	
Name	Age	Team	Prelim Time	Finals Time	
A - Final					
1 Lanteigne, Emily	16	Northwestern Dupage YMCA	2:06.04	2:05.74	
	29.81	1:01.48 (31.67)	1:33.67 (32.19)	2:05.74 (32.07)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Women 200 LC Meter Freestyle)**

Name	Age	Team	Prelim Time	Finals Time
2 Weaner, Tricia	15	West Shore-Harrisburg YMCA	2:07.88	2:06.07
29.64	1:01.62 (31.98)	1:34.24 (32.62)	2:06.07 (31.83)	
3 Brager, Kristy	18	Green Bay Metro YMCA	2:10.41	2:09.58
30.01	1:02.62 (32.61)	1:35.99 (33.37)	2:09.58 (33.59)	
4 Martin, Noelle	17	Winston-Salem Central YMCA	2:08.83	2:09.82
29.93	1:02.41 (32.48)	1:36.12 (33.71)	2:09.82 (33.70)	
5 Guers, Lindsay	16	Reading & Berks YMCA	2:10.70	2:10.83
29.65	1:02.52 (32.87)	1:36.83 (34.31)	2:10.83 (34.00)	
6 Chamberlin, Margie	16	Tampa Metro YMCA	2:10.93	2:11.08
30.40	1:03.03 (32.63)	1:37.57 (34.54)	2:11.08 (33.51)	
7 Gueltig, Kelly	17	South Community Family BR YM	2:10.64	2:11.19
30.67	1:03.69 (33.02)	1:37.79 (34.10)	2:11.19 (33.40)	
8 Bullock, Morgan	18	Darien Community YMCA	2:10.76	2:14.57
31.31	1:04.44 (33.13)	1:39.25 (34.81)	2:14.57 (35.32)	

B - Final

9 Grushecky, Kelsey	15	Reg Fam YMCA Laurel Highland	2:11.00	2:10.31
30.54	1:04.06 (33.52)	1:37.50 (33.44)	2:10.31 (32.81)	
10 Galey, Hannah	17	Harrison County YMCA	2:11.04	2:10.66
30.23	1:03.14 (32.91)	1:37.30 (34.16)	2:10.66 (33.36)	
11 English, Lauren	15	Montclair YMCA	2:11.18	2:10.70
30.57	1:04.16 (33.59)	1:38.21 (34.05)	2:10.70 (32.49)	
12 Broadley, Sarah	14	YMCA Aquatic Center	2:11.29	2:10.78
31.18	1:04.56 (33.38)	1:38.44 (33.88)	2:10.78 (32.34)	
13 Davidoff, Cara	18	Palisades-Malibu YMCA	2:11.26	2:11.53
29.96	1:02.90 (32.94)	1:36.99 (34.09)	2:11.53 (34.54)	
14 Hawk, Marin	15	Wilton Family YMCA	2:11.14	2:11.83
30.43	1:03.68 (33.25)	1:37.85 (34.17)	2:11.83 (33.98)	
15 Creech, Kathryn	16	YMCA of Triangle Area	2:11.14	2:12.91
31.06	1:04.08 (33.02)	1:38.08 (34.00)	2:12.91 (34.83)	
16 Forsberg, Amy	16	Northwestern Dupage YMCA	2:11.33	2:15.44
30.68	1:04.41 (33.73)	1:39.92 (35.51)	2:15.44 (35.52)	

Women 200 LC Meter Freestyle**National: 2:03.90 * 7/29/2003 Lindsey Smith****Plymouth Comm-MI**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Lanteigne, Emily	16	Northwestern Dupage YMCA	2:07.83	2:06.04
1:01.16	2:06.04 (1:04.88)			
2 Weaner, Tricia	15	West Shore-Harrisburg YMCA	2:09.42	2:07.88
1:02.05	2:07.88 (1:05.83)			
3 Martin, Noelle	17	Winston-Salem Central YMCA	2:08.24	2:08.83
1:02.78	2:08.83 (1:06.05)			
4 Brager, Kristy	18	Green Bay Metro YMCA	2:11.73	2:10.41
1:04.13	2:10.41 (1:06.28)			
5 Gueltig, Kelly	17	South Community Family BR YM	2:11.21	2:10.64
1:03.44	2:10.64 (1:07.20)			
6 Guers, Lindsay	16	Reading & Berks YMCA	2:08.89	2:10.70
1:02.62	2:10.70 (1:08.08)			
7 Bullock, Morgan	18	Darien Community YMCA	2:11.29	2:10.76
1:03.95	2:10.76 (1:06.81)			
8 Chamberlin, Margie	16	Tampa Metro YMCA	2:13.45	2:10.93
1:03.53	2:10.93 (1:07.40)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Freestyle)**

Name	Age	Team		
9 Grushecky, Kelsey	15	Reg Fam YMCA Laurel Highland	2:14.24	2:11.00
1:03.44	2:11.00	(1:07.56)		
10 Galey, Hannah	17	Harrison County YMCA	2:11.01	2:11.04
1:02.75	2:11.04	(1:08.29)		
11 Creech, Kathryn	16	YMCA of Triangle Area	2:15.98	2:11.14
1:04.51	2:11.14	(1:06.63)		
11 Hawk, Marin	15	Wilton Family YMCA	2:12.62	2:11.14
1:03.42	2:11.14	(1:07.72)		
13 English, Lauren	15	Montclair YMCA	2:13.38	2:11.18
1:04.04	2:11.18	(1:07.14)		
14 Davidoff, Cara	18	Palisades-Malibu YMCA	2:11.60	2:11.26
1:03.12	2:11.26	(1:08.14)		
15 Broadley, Sarah	14	YMCA Aquatic Center	2:12.73	2:11.29
1:04.38	2:11.29	(1:06.91)		
16 Forsberg, Amy	16	Northwestern Dupage YMCA	2:12.16	2:11.33
1:03.45	2:11.33	(1:07.88)		
17 Pucci, Mallory	18	YMCA of Triangle Area	2:09.46	2:11.34
1:03.85	2:11.34	(1:07.49)		
18 Bachrouche, Katya	14	Farmington Family YMCA	2:14.99	2:11.50
1:03.83	2:11.50	(1:07.67)		
19 Montagnet, Chase	16	Winston-Salem Central YMCA	2:13.52	2:11.60
1:04.49	2:11.60	(1:07.11)		
20 Smith, Amanda	15	ME Lyons YMCA	2:11.21	2:11.66
1:03.85	2:11.66	(1:07.81)		
21 Tripp, Mary	16	Glens Falls YMCA	2:10.34	2:11.83
1:03.79	2:11.83	(1:08.04)		
22 Myers, Michelle	16	State College Area YMCA	2:13.48	2:11.95
1:05.20	2:11.95	(1:06.75)		
23 Fairbanks, Lauren	15	Middle Tyger YMCA	2:15.48	2:12.08
1:03.19	2:12.08	(1:08.89)		
24 Heck, Jill	18	Upper Main Line YMCA	2:16.51	2:12.13
1:04.10	2:12.13	(1:08.03)		
25 Smith, Sarah	15	ME Lyons YMCA	2:12.59	2:12.15
1:04.75	2:12.15	(1:07.40)		
26 Strong, Susan	17	Northwestern Dupage YMCA	2:14.94	2:12.16
1:04.92	2:12.16	(1:07.24)		
27 Griffiths, Sarah	16	Countryside-Warren County YMC	2:14.56	2:12.23
1:03.47	2:12.23	(1:08.76)		
28 Impink, Caitlin	15	Reading & Berks YMCA	2:13.59	2:12.32
1:03.12	2:12.32	(1:09.20)		
29 Smith, Natalie	13	North Central Florida YMCA	2:11.90	2:12.37
1:04.31	2:12.37	(1:08.06)		
30 Delphin, Naomi	15	N Shore/Lester Sterling BR Y	2:13.90	2:12.44
1:03.63	2:12.44	(1:08.81)		
31 Krone, Sarah	16	Blue Ash Branch YMCA	2:13.12	2:12.69
1:04.04	2:12.69	(1:08.65)		
32 Lambert, Caitlyn	15	Marion County Branch YMCA	1:55.05 Y	2:12.70
1:03.80	2:12.70	(1:08.90)		
33 Pegg, Kathryn	17	Chapel Hill-Carrboro YMCA	2:13.65	2:12.88
1:04.16	2:12.88	(1:08.72)		

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Name	Age	Team	Seed Time	Prelim Time
33 Siggins, Yasmin	17	YMCA Aquatic Center	2:14.73	2:12.88
	1:03.82	2:12.88 (1:09.06)		
35 Lewis, Jennie	17	Darien Community YMCA	2:15.61	2:12.90
	1:04.92	2:12.90 (1:07.98)		
36 Tomes, Laura	16	ME Lyons YMCA	2:16.41	2:12.91
	1:04.72	2:12.91 (1:08.19)		
37 Metcalf, Christina	16	Cheshire Branch YMCA	2:11.96	2:13.24
	1:04.42	2:13.24 (1:08.82)		
38 Dlugopolski, Leslie	16	Schroeder YMCA	2:12.57	2:13.46
	1:03.94	2:13.46 (1:09.52)		
39 Kent, Julie	18	Marion County Branch YMCA	2:11.83	2:13.79
	1:03.37	2:13.79 (1:10.42)		
40 Demrow, Shannon	14	YMCA OF Gr. Elgin Taylor Fami	2:15.81	2:13.82
	1:05.71	2:13.82 (1:08.11)		
41 O'Donnell, Samantha	16	Cheshire Branch YMCA	2:18.68	2:13.88
	1:04.72	2:13.88 (1:09.16)		
42 Draves, Shannon	13	Boyertown Area YMCA	2:15.53	2:14.05
	1:05.87	2:14.05 (1:08.18)		
43 Parra, Madeline	17	Winston-Salem Central YMCA	2:15.82	2:14.16
	1:05.02	2:14.16 (1:09.14)		
44 Maraskine, Sarah	14	Flint YMCA	2:13.36	2:14.22
	1:05.29	2:14.22 (1:08.93)		
45 Shanley, Lauren	14	ME Lyons YMCA	2:14.68	2:14.42
	1:04.95	2:14.42 (1:09.47)		
46 Wynn, Sarah	15	Northwestern Dupage YMCA	2:18.27	2:14.46
	1:04.30	2:14.46 (1:10.16)		
47 Potts, Katlin	16	Northern Neck Branch YMCA	2:13.11	2:14.50
	1:03.65	2:14.50 (1:10.85)		
48 Nelsen, Patricia	15	Middle Tyger YMCA	2:19.48	2:14.54
	1:05.52	2:14.54 (1:09.02)		
49 McInerney, Jessica	15	York & York County YMCA	1:57.96 Y	2:14.73
	1:05.38	2:14.73 (1:09.35)		
50 Cunningham, Jennifer	17	North Central Florida YMCA	2:19.15	2:14.74
	1:06.21	2:14.74 (1:08.53)		
51 Suchoff, Sarah	14	Darien Community YMCA	2:19.93	2:14.76
	1:04.29	2:14.76 (1:10.47)		
52 Carpenter, Kasey	16	ME Lyons YMCA	2:14.77	2:14.78
	1:04.43	2:14.78 (1:10.35)		
52 Belli, Caroline	14	N Shore/Lester Sterling BR Y	2:14.02	2:14.78
	1:04.60	2:14.78 (1:10.18)		
54 Hicks, Leigh	15	ME Lyons YMCA	2:14.73	2:15.24
	1:06.18	2:15.24 (1:09.06)		
55 Wagner, Erin	15	Racine Family YMCA	2:13.37	2:15.40
	1:05.98	2:15.40 (1:09.42)		
56 Vickroy, Lindsay	16	Upper Main Line YMCA	2:15.56	2:15.61
	1:04.94	2:15.61 (1:10.67)		
57 Nockengost, Sarah	14	Brandywine-De YMCA	1:58.87 Y	2:15.79
	1:04.78	2:15.79 (1:11.01)		
58 Kerns, Annie	16	Huntington YMCA	2:15.18	2:15.82
	1:04.73	2:15.82 (1:11.09)		

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Name	Age	Team	Seed Time	Prelim Time
59 Boehme, Stephanie	18	Schroeder YMCA	2:18.83	2:15.85
	1:06.79	2:15.85 (1:09.06)		
60 Dailey, Meghan	17	Middle Tyger YMCA	2:15.45	2:15.86
	1:04.79	2:15.86 (1:11.07)		
61 Dvorak, Kelly	17	Northwestern Dupage YMCA	1:59.77 Y	2:15.87
	1:05.53	2:15.87 (1:10.34)		
62 Hoeper, Emilie	16	Blue Ash Branch YMCA	2:18.06	2:15.95
	1:06.20	2:15.95 (1:09.75)		
63 Shupe, Stephanie	16	Upper Main Line YMCA	2:18.85	2:16.01
	1:06.58	2:16.01 (1:09.43)		
64 Ryan, Kristin	16	Cheshire Branch YMCA	2:19.09	2:16.07
	1:06.56	2:16.07 (1:09.51)		
65 Heil, Meghan	17	Anne Arundel YMCA	2:17.25	2:16.14
	1:04.43	2:16.14 (1:11.71)		
66 Rodriguez, Carolina	15	YMCA OF Catawba Valley	2:16.71	2:16.17
	1:05.23	2:16.17 (1:10.94)		
67 Weaner, Emily	12	West Shore-Harrisburg YMCA	2:17.92	2:16.23
	1:07.17	2:16.23 (1:09.06)		
68 Hathaway, Clare	17	Schroeder YMCA	2:15.65	2:16.26
	1:05.59	2:16.26 (1:10.67)		
69 Nichols, Kerry	17	Boyertown Area YMCA	1:56.37 Y	2:16.46
	1:05.90	2:16.46 (1:10.56)		
70 Meleg, Katie	15	Wilton Family YMCA	2:19.81	2:16.51
	1:05.24	2:16.51 (1:11.27)		
71 Lyons, Kati	18	Deerpath YMCA	2:19.06	2:16.55
	1:05.78	2:16.55 (1:10.77)		
72 Munns, Caitlin	16	Westfield YMCA - Massachusetts	2:17.95	2:16.75
	1:06.11	2:16.75 (1:10.64)		
73 Aiken, Sherah	16	Marion County Branch YMCA	1:58.01 Y	2:16.80
	1:04.71	2:16.80 (1:12.09)		
74 Switaj, Caryn	16	Farmington Family YMCA	2:16.30	2:16.92
	1:06.90	2:16.92 (1:10.02)		
75 Vogel, Cara	13	South Shore YMCA	2:16.40	2:16.93
	1:06.46	2:16.93 (1:10.47)		
76 Hilton, Emily	15	East Hartford YMCA	2:16.90 S	2:17.02
	1:04.96	2:17.02 (1:12.06)		
77 Brown, Lindsey	18	Saginaw YMCA	2:14.72	2:17.09
	1:04.82	2:17.09 (1:12.27)		
78 Milley, Diana	15	Montclair YMCA	2:18.52	2:17.18
	1:05.35	2:17.18 (1:11.83)		
79 Block, Caitlin	16	Darien Community YMCA	2:13.91	2:17.19
	1:05.64	2:17.19 (1:11.55)		
80 Besche, Brooke	14	Anne Arundel YMCA	2:17.22	2:17.20
	1:05.36	2:17.20 (1:11.84)		
81 Graf, Marlene	16	Wilton Family YMCA	2:17.66	2:17.25
	1:05.63	2:17.25 (1:11.62)		
82 Lorigan, Nicole	17	South Shore YMCA	2:19.50	2:17.37
	1:06.88	2:17.37 (1:10.49)		
83 Mancuso, Elizabeth	18	Andover-North Andover YMCA	2:15.22	2:17.39
	1:04.22	2:17.39 (1:13.17)		

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Name	Age	Team	Seed Time	Prelim Time
83 Beatty, Jennifer	14	Indiana County YMCA	1:58.45 Y	2:17.39
				1:06.47 2:17.39 (1:10.92)
85 Kiplinger, Mallory	15	Darien Community YMCA	2:18.11	2:17.46
				1:06.80 2:17.46 (1:10.66)
86 McKenna, Lauren	17	Darien Community YMCA	2:16.29	2:17.50
				1:06.17 2:17.50 (1:11.33)
87 Jarvis, Ariel	13	Greater Burlington YMCA	2:19.65	2:17.51
				1:05.32 2:17.51 (1:12.19)
88 Meleg, Kim	13	Wilton Family YMCA	2:17.04	2:17.56
				1:05.73 2:17.56 (1:11.83)
89 Haley, Lauren	15	Northern Neck Branch YMCA	2:15.17	2:17.61
				1:05.63 2:17.61 (1:11.98)
90 Jerzerick, Kimberly	13	West Shore-Harrisburg YMCA	2:17.02	2:17.64
				1:06.36 2:17.64 (1:11.28)
91 Watson, Mallory	17	Ocean County YMCA	2:00.55 Y	2:17.66
				1:07.29 2:17.66 (1:10.37)
92 Zukowski, Sarah	17	Metuchen-Edison YMCA	2:18.65	2:17.79
				1:06.45 2:17.79 (1:11.34)
93 Hursey, Katie	15	Carroll County Family YMCA	2:00.04 Y	2:17.84
				1:07.57 2:17.84 (1:10.27)
94 Collyer, Brittany	17	Ocean County YMCA	2:00.17 Y	2:17.87
				1:05.75 2:17.87 (1:12.12)
95 Davit, Catherine	16	Northwestern Dupage YMCA	2:19.73	2:18.02
				1:06.16 2:18.02 (1:11.86)
96 Connell, Jamie	15	Montclair YMCA	2:18.42	2:18.04
				1:06.70 2:18.04 (1:11.34)
97 Volkert, Kathleen L	17	Aurora Family YMCA	1:58.95 Y	2:18.05
				1:05.88 2:18.05 (1:12.17)
98 Bertram, Sarah	17	J.F. Hurley YMCA	2:16.80 S	2:18.06
				1:07.33 2:18.06 (1:10.73)
99 Sullivan, Megan	15	Darien Community YMCA	2:18.20	2:18.11
				1:06.33 2:18.11 (1:11.78)
100 McCormick, Missy	18	Somerset Valley YMCA	2:18.21	2:18.14
				1:06.48 2:18.14 (1:11.66)
101 Thuerk, Kristen	17	Cheshire Branch YMCA	2:00.05 Y	2:18.18
				1:07.49 2:18.18 (1:10.69)
102 Bakula, Angie	15	Appleton Family YMCA	2:00.72 Y	2:18.19
				1:06.16 2:18.19 (1:12.03)
103 Karchner, Kendall	16	Toledo YMCA	2:00.30 Y	2:18.25
				1:07.28 2:18.25 (1:10.97)
104 Lozach, Michelle	15	Wilton Family YMCA	2:19.38	2:18.26
				1:06.23 2:18.26 (1:12.03)
105 Dietz, Brianna	13	Schroeder YMCA	2:15.11	2:18.31
				1:06.61 2:18.31 (1:11.70)
106 Bowlin, Kate	15	Countryside-Warren County YMC	2:19.08	2:18.34
				1:06.53 2:18.34 (1:11.81)
107 Webb, Brigid	14	Northwestern Dupage YMCA	2:17.30	2:18.38
				1:04.95 2:18.38 (1:13.43)
108 Prim, Julianna	13	Winston-Salem Central YMCA	2:19.85	2:18.43
				1:06.47 2:18.43 (1:11.96)

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	Name	Age	Team	Seed Time	Prelim Time
109	Kaminer, Hannah 1:05.62	16	YMCA Of Western North Carolin	2:00.41 Y	2:18.45
				2:18.45 (1:12.83)	
110	Hall, Sarah 1:07.35	17	Green Bay Metro YMCA	2:00.53 Y	2:18.46
				2:18.46 (1:11.11)	
111	Will, Jenny 1:05.42	17	Schroeder YMCA	1:58.96 Y	2:18.48
				2:18.48 (1:13.06)	
111	Savard, Christina 1:06.51	15	Upper Main Line YMCA	2:17.44 S	2:18.48
				2:18.48 (1:11.97)	
113	Laidley, Jess 1:05.84	14	South Shore YMCA	2:17.00	2:18.57
				2:18.57 (1:12.73)	
114	Fisher, Caity 1:06.97	16	Boyertown Area YMCA	2:18.13	2:18.58
				2:18.58 (1:11.61)	
115	Heneghan, Chelsea 1:05.38	15	East Hartford YMCA	2:19.57	2:18.59
				2:18.59 (1:13.21)	
116	Roberts, Linz 1:07.21	16	Joliet YMCA	2:18.44	2:18.60
				2:18.60 (1:11.39)	
117	Happ, Megan 1:07.16	13	Boyertown Area YMCA	2:19.29	2:18.77
				2:18.77 (1:11.61)	
118	Westfall, Jenny 1:06.41	16	Appleton Family YMCA	2:18.19	2:18.78
				2:18.78 (1:12.37)	
119	Glaeser, Suzannah 1:06.44	14	Rappahannock Area YMCA	1:57.66 Y	2:18.84
				2:18.84 (1:12.40)	
120	Ierley, Danielle 1:06.40	16	York & York County YMCA	1:59.17 Y	2:18.91
				2:18.91 (1:12.51)	
121	Driscoll, Christie 1:07.65 ()	16	Marion County Branch YMCA	2:01.20 Y	2:19.04
				2:19.04 (1:11.39)	
122	Harrison, Holly 1:06.52	13	North Central Florida YMCA	2:15.95	2:19.10
				2:19.10 (1:12.58)	
123	Chambers, Melanie 1:07.08	15	Kishwaukee Family YMCA	2:18.66	2:19.13
				2:19.13 (1:12.05)	
124	Terhar, Alex 1:08.01	15	ME Lyons YMCA	1:59.75 Y	2:19.18
				2:19.18 (1:11.17)	
125	Kurkul, Michelle 1:07.34	18	N Shore/Lester Sterling BR Y	2:00.00 Y	2:19.27
				2:19.27 (1:11.93)	
126	Stover, Ally 1:08.26	14	South Community Family BR YM	2:18.80	2:19.32
				2:19.32 (1:11.06)	
127	Lesiuk, Adriana 1:06.19	15	Tri-Hampton YMCA	2:16.62 S	2:19.33
				2:19.33 (1:13.14)	
128	Skoutelas, Ali 1:06.91	15	Tri-Hampton YMCA	2:00.82 Y	2:19.38
				2:19.38 (1:12.47)	
129	Brown, Bethny 1:06.97	15	Genesee Area Family YMCA	2:00.99 Y	2:19.41
				2:19.41 (1:12.44)	
130	Akenberger, Jamie 1:05.90	13	Toledo YMCA	2:18.10	2:19.48
				2:19.48 (1:13.58)	
130	Senne, Kate 1:07.24	15	Countryside-Warren County YMC	2:17.65	2:19.48
				2:19.48 (1:12.24)	
132	Wensel, Lauren 1:07.38	16	Pulaski-Hensel Ekman YMCA	2:18.81	2:19.59
				2:19.59 (1:12.21)	
133	LaSalle, Elisabeth 1:07.83	15	Leaning Tower YMCA	2:00.49 Y	2:19.61
				2:19.61 (1:11.78)	

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Name	Age	Team	Seed Time	Prelim Time
133 Gousman, Maggie 1:07.04	16	Fanwood-Scotch Plains YMCA	1:59.12 Y	2:19.61 2:19.61 (1:12.57)
135 Nedley, Marie 1:07.60	14	Reg Fam YMCA Laurel Highland	2:00.56 Y	2:19.65 2:19.65 (1:12.05)
135 Gray, Katelynn 1:07.99	16	Darien Community YMCA	2:19.58	2:19.65 2:19.65 (1:11.66)
137 Dlugopolski, Lisa 1:07.81	14	Schroeder YMCA	2:19.86	2:19.71 2:19.71 (1:11.90)
138 Skoutelas, Diana 1:06.87	16	Tri-Hampton YMCA	2:18.46	2:19.76 2:19.76 (1:12.89)
139 Endsley, Paige 1:07.17	14	Northern Neck Branch YMCA	2:18.32	2:19.80 2:19.80 (1:12.63)
140 Strzempko, Alexandra 1:06.89	15	Westfield YMCA - Massachusetts	2:17.72 S	2:19.86 2:19.86 (1:12.97)
141 Taylor, Kate 1:08.36	13	Kishwaukee Family YMCA	2:16.13 S	2:19.92 2:19.92 (1:11.56)
141 Hohwald, Kathleen 1:08.61	15	Brandywine YMCA	2:16.15 S	2:19.92 2:19.92 (1:11.31)
143 Hozempa, Stefanie 1:06.46	18	Corning Community YMCA	1:57.94 Y	2:19.95 2:19.95 (1:13.49)
144 Galbreath, Abby 1:09.43	12	South Community Family BR YM	2:01.07 Y	2:19.97 2:19.97 (1:10.54)
145 Curley, Amanda 1:07.87	16	Montclair YMCA	2:17.25	2:20.01 2:20.01 (1:12.14)
146 Huffman, Alexandra 1:07.22	16	East Hartford YMCA	2:19.72	2:20.02 2:20.02 (1:12.80)
147 Wallace, Cameron 1:06.92	17	Rappahannock Area YMCA	2:15.79	2:20.03 2:20.03 (1:13.11)
148 Stewart, Breanna 1:07.05	13	South Shore YMCA	2:14.59 S	2:20.07 2:20.07 (1:13.02)
149 Jones, Katie 1:06.73	16	YMCA Aquatic Center	2:00.06 Y	2:20.09 2:20.09 (1:13.36)
150 Fleck, Katie 1:08.63	17	Farmington Family YMCA	2:00.96 Y	2:20.10 2:20.10 (1:11.47)
151 Phillips, Larissa 1:07.50	17	Upper Main Line YMCA	2:00.01 Y	2:20.14 2:20.14 (1:12.64)
151 Moore, Katie 1:07.66	16	Rappahannock Area YMCA	2:18.28	2:20.14 2:20.14 (1:12.48)
153 Driscoll, Darby 1:07.56	17	Hamilton Area YMCA	2:00.17 Y	2:20.16 2:20.16 (1:12.60)
153 McStay, Carissa 1:07.87	14	West Morris Area YMCA	2:00.25 Y	2:20.16 2:20.16 (1:12.29)
155 Murphy, Lisa 1:07.40	15	Countryside-Warren County YMC	2:18.47	2:20.19 2:20.19 (1:12.79)
156 Fuentes, Katie 1:07.97	18	Aurora Family YMCA	2:17.63 S	2:20.27 2:20.27 (1:12.30)
156 Eshleman, Megan 1:08.27	14	Northwestern Dupage YMCA	2:19.15	2:20.27 2:20.27 (1:12.00)
158 Moodie, Natasha 1:05.51	13	Montclair YMCA	2:17.46	2:20.44 2:20.44 (1:14.93)

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Name	Age	Team	Seed Time	Prelim Time
159 Smith, Haley	15	Wilton Family YMCA	2:19.89	2:20.51
				1:06.97 2:20.51 (1:13.54)
160 Manning, Mimi	14	South Shore YMCA	2:14.82 S	2:20.52
				1:07.57 2:20.52 (1:12.95)
161 Porteus, Emma	16	Cape Cod YMCA	2:00.14 Y	2:20.57
				1:08.34 2:20.57 (1:12.23)
162 Heistand, Rayell	14	Reading & Berks YMCA	2:19.84	2:20.65
				1:08.27 2:20.65 (1:12.38)
163 Buckner, Gaby	16	Powel Crosley Branch YMCA	2:01.17 Y	2:20.69
				1:08.66 2:20.69 (1:12.03)
164 Kiernicki, Kristen	17	Tri-Hampton YMCA	2:15.30 S	2:20.75
				1:07.41 2:20.75 (1:13.34)
165 Arnold, Ana	15	Marinette-Menominee YMCA	2:01.31 Y	2:20.81
				1:08.04 () 2:20.81 (1:12.77)
166 Pellissier, Rachel	16	York & York County YMCA	2:01.24 Y	2:20.98
				1:08.39 () 2:20.98 (1:12.59)
167 Goebel, Molly	14	New Canaan Community YMCA	2:01.19 Y	2:21.29
				1:07.55 2:21.29 (1:13.74)
168 Metzinger, Julie	14	Northern Neck Branch YMCA	2:17.48	2:21.31
				1:08.45 2:21.31 (1:12.86)
169 Sculley, Megan	17	Reading & Berks YMCA	1:58.13 Y	2:21.44
				1:07.60 2:21.44 (1:13.84)
170 Heintz, Melissa	15	Boyertown Area YMCA	2:17.09 S	2:21.49
				1:08.29 2:21.49 (1:13.20)
171 Wells, Charlotte	16	Howard County YMCA	2:18.75	2:21.55
				1:07.24 2:21.55 (1:14.31)
172 Legan, Elizabeth	15	New Canaan Community YMCA	2:16.55	2:21.56
				1:06.43 2:21.56 (1:15.13)
173 Fanous, Gigi	15	Montclair YMCA	2:18.38	2:21.57
				1:08.27 2:21.57 (1:13.30)
174 Steele, Meredith	14	Northern Neck Branch YMCA	2:18.68	2:21.62
				1:08.50 2:21.62 (1:13.12)
175 Heller, Alyson	17	Upper Main Line YMCA	2:17.71 S	2:21.64
				1:07.44 2:21.64 (1:14.20)
175 Henrici, Meaghan	17	Upper Main Line YMCA	2:17.33 S	2:21.64
				1:08.35 2:21.64 (1:13.29)
177 Walters, Meredith	17	Northern Neck Branch YMCA	2:19.96	2:21.83
				1:08.69 2:21.83 (1:13.14)
178 Cempel, Sarah	15	Joliet YMCA	2:16.88 S	2:22.22
				1:08.49 2:22.22 (1:13.73)
179 Glasson, Hannah	16	Pulaski-Hensel Ekman YMCA	2:19.92	2:22.30
				1:09.33 2:22.30 (1:12.97)
180 Mead, Meredith	15	N Shore/Lester Sterling BR Y	1:59.84 Y	2:22.58
				1:09.46 2:22.58 (1:13.12)
181 Swierkocki, Christina	14	Montclair YMCA	2:17.20 S	2:22.63
				1:07.46 2:22.63 (1:15.17)
182 Cameron, Amanda	17	Fanwood-Scotch Plains YMCA	2:19.54	2:22.71
				1:08.90 2:22.71 (1:13.81)
183 Front, Jessica	16	Waynesboro Ymca- Pennsylvania	2:19.16	2:22.92
				1:09.23 2:22.92 (1:13.69)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
184 Dyer, Alden	14	Chapel Hill-Carrboro YMCA	2:19.28	2:23.57
			1:09.26	2:23.57 (1:14.31)
185 Travers, Bridget	16	Flushing Branch YMCA	2:18.02 S	2:26.02
			1:09.23	2:26.02 (1:16.79)

Women 400 LC Meter Freestyle

National: 4:21.04 * 1996 S. Black Winston-Salem, NC
 Broken Rec: 4:20.60 # 2004 Brunemann, Emily

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Brunemann, Emily	17	ME Lyons YMCA	4:23.97	4:20.60#
			1:02.08 ()	2:08.18 ()
			3:14.64 ()	4:20.60 (1:05.96)
2 Gingrich, Leah	14	West Shore-Harrisburg YMCA	4:24.43	4:22.40
			1:02.75 ()	2:09.31 ()
			3:16.32 ()	4:22.40 (1:06.08)
3 Christy, Emily	16	Boyertown Area YMCA	4:24.77	4:24.72
			1:03.52 ()	2:11.37 ()
			3:19.80 ()	4:24.72 (1:04.92)
4 Lanteigne, Emily	16	Northwestern Dupage YMCA	4:26.22	4:25.03
			1:05.41 ()	2:11.88 ()
			3:19.63 ()	4:25.03 (1:05.40)
5 Broadley, Sarah	14	YMCA Aquatic Center	4:29.26	4:28.14
			1:03.91 ()	2:12.04 ()
			3:20.80 ()	4:28.14 (1:07.34)
6 Heath, Keira	16	Wilton Family YMCA	4:29.63	4:29.54
			1:04.69 ()	2:13.35 ()
			3:21.77 ()	4:29.54 (1:07.77)
7 Montagnet, Chase	16	Winston-Salem Central YMCA	4:32.31	4:33.49
			1:06.03 ()	2:15.17 ()
			3:25.14 ()	4:33.49 (1:08.35)
8 Gueltig, Kelly	17	South Community Family BR YM	4:31.92	4:34.98
			1:05.45 ()	2:15.10 ()
			3:25.45 ()	4:34.98 (1:09.53)
B - Final				
9 Smith, Natalie	13	North Central Florida YMCA	4:33.61	4:30.82
			1:04.50 ()	2:13.25 ()
			3:22.13 ()	4:30.82 (1:08.69)
10 O'Brien, Kaitlin	17	Montclair YMCA	4:33.01	4:31.31
			1:05.92 ()	2:15.07 ()
			3:24.47 ()	4:31.31 (1:06.84)
11 Forsberg, Amy	16	Northwestern Dupage YMCA	4:33.53	4:34.23
			1:05.12 ()	2:14.60 ()
			3:24.81 ()	4:34.23 (1:09.42)
11 Roop, Stephanie	16	Upper Main Line YMCA	4:33.62	4:34.23
			1:04.15 ()	2:11.96 ()
			3:22.98 ()	4:34.23 (1:11.25)
13 Tomes, Laura	16	ME Lyons YMCA	4:33.65	4:34.31
			1:05.78 ()	2:14.85 ()
			3:24.77 ()	4:34.31 (1:09.54)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Women 400 LC Meter Freestyle)**

Name	Age	Team	Prelim Time	Finals Time
14 Dornstauder, Kristen	14	Brandywine-De YMCA	4:35.03	4:36.16
		1:04.92 ()	2:15.03 ()	
		3:25.73 () 4:36.16 (1:10.43)		
15 Metcalf, Christina	16	Cheshire Branch YMCA	4:35.57	4:36.52
		1:07.03 ()	2:17.77 ()	
		3:28.30 () 4:36.52 (1:08.22)		
16 Smith, Sarah	15	ME Lyons YMCA	4:35.19	4:36.59
		1:05.63 ()	2:15.56 ()	
		3:26.52 () 4:36.59 (1:10.07)		

Women 400 LC Meter Freestyle**National: 4:21.04 * 1996****S. Black****Winston-Salem, NC****Broken Rec: 4:20.60 # 2004****Brunemann, Emily**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Brunemann, Emily	17	ME Lyons YMCA	4:24.42	4:23.97
		1:01.83 2:08.44 (1:06.61) 3:16.16 (1:07.72) 4:23.97 (1:07.81)		
2 Gingrich, Leah	14	West Shore-Harrisburg YMCA	4:21.83	4:24.43
		1:03.69 2:11.18 (1:07.49) 3:19.58 (1:08.40) 4:24.43 (1:04.85)		
3 Christy, Emily	16	Boyertown Area YMCA	4:27.09	4:24.77
		1:03.95 2:11.62 (1:07.67) 3:19.77 (1:08.15) 4:24.77 (1:05.00)		
4 Lanteigne, Emily	16	Northwestern Dupage YMCA	4:25.84	4:26.22
		1:02.80 2:10.31 (1:07.51) 3:18.54 (1:08.23) 4:26.22 (1:07.68)		
5 Broadley, Sarah	14	YMCA Aquatic Center	4:31.79	4:29.26
		1:04.47 2:12.96 (1:08.49) 3:21.78 (1:08.82) 4:29.26 (1:07.48)		
6 Heath, Keira	16	Wilton Family YMCA	4:33.04	4:29.63
		1:03.91 2:12.66 (1:08.75) 3:21.20 (1:08.54) 4:29.63 (1:08.43)		
7 Gueltig, Kelly	17	South Community Family BR YM	4:36.83	4:31.92
		1:06.20 2:15.12 (1:08.92) 3:23.94 (1:08.82) 4:31.92 (1:07.98)		
8 Montagnet, Chase	16	Winston-Salem Central YMCA	4:38.08	4:32.31
		1:05.93 2:14.82 (1:08.89) 3:24.38 (1:09.56) 4:32.31 (1:07.93)		
9 O'Brien, Kaitlin	17	Montclair YMCA	4:32.25	4:33.01
		1:05.08 2:14.74 (1:09.66) 3:24.67 (1:09.93) 4:33.01 (1:08.34)		
10 Forsberg, Amy	16	Northwestern Dupage YMCA	4:34.14	4:33.53
		1:04.46 2:13.45 (1:08.99) 3:23.83 (1:10.38) 4:33.53 (1:09.70)		
11 Smith, Natalie	13	North Central Florida YMCA	4:31.37	4:33.61
		1:04.44 2:13.24 (1:08.80) 3:22.93 (1:09.69) 4:33.61 (1:10.68)		
12 Roop, Stephanie	16	Upper Main Line YMCA	4:39.40	4:33.62
		1:04.37 2:12.52 (1:08.15) 3:22.79 (1:10.27) 4:33.62 (1:10.83)		
13 Tomes, Laura	16	ME Lyons YMCA	4:44.72	4:33.65
		1:05.71 2:14.80 (1:09.09) 3:24.40 (1:09.60) 4:33.65 (1:09.25)		
14 Dornstauder, Kristen	14	Brandywine-De YMCA	4:41.32	4:35.03
		1:05.68 2:15.37 (1:09.69) 3:25.25 (1:09.88) 4:35.03 (1:09.78)		
15 Smith, Sarah	15	ME Lyons YMCA	4:36.19	4:35.19
		1:05.78 2:15.77 (1:09.99) 3:26.14 (1:10.37) 4:35.19 (1:09.05)		
16 Metcalf, Christina	16	Cheshire Branch YMCA	4:34.31	4:35.57
		1:06.59 2:16.85 (1:10.26) 3:27.23 (1:10.38) 4:35.57 (1:08.34)		
17 Smith, Amanda	15	ME Lyons YMCA	4:34.44	4:35.90
		1:04.94 2:14.90 (1:09.96) 3:25.55 (1:10.65) 4:35.90 (1:10.35)		
18 Sander, Carlyn	17	North Central Florida YMCA	4:35.84	4:36.20
		1:05.78 2:15.50 (1:09.72) 3:25.79 (1:10.29) 4:36.20 (1:10.41)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
19	Jurzynski, Kristen	18	Hamden/North Haven YMCA	4:40.75	4:36.26
	1:05.84	2:15.70 (1:09.86)	3:26.52 (1:10.82)	4:36.26 (1:09.74)	
20	Nowak, Ann	16	Aurora Family YMCA	4:45.74	4:36.43
	1:07.15	2:18.27 (1:11.12)	3:27.37 (1:09.10)	4:36.43 (1:09.06)	
21	Kerns, Annie	16	Huntington YMCA	4:36.62	4:37.35
	1:04.43	2:14.81 (1:10.38)	3:26.32 (1:11.51)	4:37.35 (1:11.03)	
22	Chamberlin, Margie	16	Tampa Metro YMCA	4:41.42	4:37.46
	1:05.55	2:16.38 (1:10.83)	3:26.12 (1:09.74)	4:37.46 (1:11.34)	
23	Miller, Ashley	15	ME Lyons YMCA	4:38.01	4:37.57
	1:06.97	2:16.61 (1:09.64)	3:27.20 (1:10.59)	4:37.57 (1:10.37)	
24	Bullock, Morgan	18	Darien Community YMCA	4:37.90	4:37.83
	1:05.85	2:16.33 (1:10.48)	3:27.31 (1:10.98)	4:37.83 (1:10.52)	
25	Guers, Lindsay	16	Reading & Berks YMCA	4:36.57	4:38.43
	1:04.31	2:14.76 (1:10.45)	3:27.34 (1:12.58)	4:38.43 (1:11.09)	
26	Delphin, Naomi	15	N Shore/Lester Sterling BR Y	4:38.85	4:38.46
	1:05.78	2:16.92 (1:11.14)	3:28.67 (1:11.75)	4:38.46 (1:09.79)	
27	Shanley, Lauren	14	ME Lyons YMCA	4:42.17	4:38.56
	1:06.92	2:17.80 (1:10.88)	3:28.71 (1:10.91)	4:38.56 (1:09.85)	
28	Siggins, Yasmin	17	YMCA Aquatic Center	4:32.29	4:38.70
	1:04.10	2:14.69 (1:10.59)	3:26.75 (1:12.06)	4:38.70 (1:11.95)	
29	Strong, Susan	17	Northwestern Dupage YMCA	4:46.20	4:39.13
	1:07.08	2:18.20 (1:11.12)	3:29.03 (1:10.83)	4:39.13 (1:10.10)	
30	Impink, Caitlin	15	Reading & Berks YMCA	4:42.89	4:39.51
	1:05.92	2:17.05 (1:11.13)	3:28.48 (1:11.43)	4:39.51 (1:11.03)	
31	Matherly, Megan	17	YMCA Aquatic Center	4:43.48	4:39.58
	1:04.67	2:14.51 (1:09.84)	3:26.53 (1:12.02)	4:39.58 (1:13.05)	
32	Wynn, Sarah	15	Northwestern Dupage YMCA	4:47.49	4:40.48
	1:04.99	2:15.88 (1:10.89)	3:28.20 (1:12.32)	4:40.48 (1:12.28)	
33	Wegmann, Sara	16	Huntington YMCA	4:41.27	4:40.51
	1:05.68	2:16.47 (1:10.79)	3:28.34 (1:11.87)	4:40.51 (1:12.17)	
34	McInerney, Jessica	15	York & York County YMCA	5:10.34 Y	4:40.65
	1:06.37	2:18.22 (1:11.85)	3:29.13 (1:10.91)	4:40.65 (1:11.52)	
35	Parra, Madeline	17	Winston-Salem Central YMCA	4:46.51	4:40.73
	1:07.63	2:17.98 (1:10.35)	3:29.79 (1:11.81)	4:40.73 (1:10.94)	
36	Kibler, Carrie	17	Winston-Salem Central YMCA	4:49.09	4:41.67
	1:07.38	2:18.80 (1:11.42)	3:30.27 (1:11.47)	4:41.67 (1:11.40)	
37	Froehlich, Sarah	15	Hamden/North Haven YMCA	4:43.88	4:41.73
	1:07.77	2:20.10 (1:12.33)	3:31.96 (1:11.86)	4:41.73 (1:09.77)	
38	Hetzel, Alexa	14	Metuchen-Edison YMCA	4:48.38	4:41.81
	1:08.31	2:19.86 (1:11.55)	3:31.14 (1:11.28)	4:41.81 (1:10.67)	
39	Galey, Hannah	17	Harrison County YMCA	4:41.39	4:41.92
		2:16.10 ()	3:28.04 (1:11.94)	4:41.92 (1:13.88)	
40	Maraskine, Sarah	14	Flint YMCA	4:46.80	4:42.03
	1:07.49	2:18.15 (1:10.66)	3:30.22 (1:12.07)	4:42.03 (1:11.81)	
41	Radka, Jess	17	Reading & Berks YMCA	4:44.27	4:42.34
	1:06.68	2:18.35 (1:11.67)	3:30.58 (1:12.23)	4:42.34 (1:11.76)	
42	Huber, Stacey	15	North Central Florida YMCA	4:44.75	4:42.58
	1:06.05	2:16.74 (1:10.69)	3:29.71 (1:12.97)	4:42.58 (1:12.87)	
43	Robinson, Maddy	16	Reading & Berks YMCA	4:47.97	4:44.18
	1:07.33	2:19.58 (1:12.25)	3:32.15 (1:12.57)	4:44.18 (1:12.03)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
44 Chute, Katie	16	ME Lyons YMCA	4:43.15	4:44.75
	1:07.91	2:18.77 (1:10.86)	3:31.30 (1:12.53)	4:44.75 (1:13.45)
45 Nelsen, Patricia	15	Middle Tyger YMCA	5:14.71 Y	4:44.94
	1:07.43	2:19.83 (1:12.40)	3:32.92 (1:13.09)	4:44.94 (1:12.02)
46 Reinhard, Alyssa	14	Cheshire Branch YMCA	4:45.20	4:45.05
	1:07.88	2:20.51 (1:12.63)	3:33.61 (1:13.10)	4:45.05 (1:11.44)
47 Tripp, Mary	16	Glens Falls YMCA	5:15.83 Y	4:45.12
	1:06.35	2:17.95 (1:11.60)	3:31.26 (1:13.31)	4:45.12 (1:13.86)
48 Adams, Jessica	18	Cheshire Branch YMCA	4:48.30	4:45.23
	1:08.55	2:20.84 (1:12.29)	3:33.18 (1:12.34)	4:45.23 (1:12.05)
49 Rodriguez, Carolina	15	YMCA OF Catawba Valley	4:46.75	4:45.54
	1:08.16	2:20.94 (1:12.78)	3:33.72 (1:12.78)	4:45.54 (1:11.82)
50 McKenna, Lauren	17	Darien Community YMCA	5:12.24 Y	4:45.73
	1:07.21	2:19.99 (1:12.78)	3:32.91 (1:12.92)	4:45.73 (1:12.82)
51 Dietz, Brianna	13	Schroeder YMCA	4:47.52	4:46.03
	1:09.40	2:22.40 (1:13.00)	3:35.21 (1:12.81)	4:46.03 (1:10.82)
52 Pelka, Michelle	15	YMCA OF Gr. Elgin Taylor Fami	4:47.18	4:46.22
	1:07.41	2:20.53 (1:13.12)	3:34.09 (1:13.56)	4:46.22 (1:12.13)
53 Heck, Jill	18	Upper Main Line YMCA	5:07.15 Y	4:46.79
	1:06.59	2:17.97 (1:11.38)	3:31.20 (1:13.23)	4:46.79 (1:15.59)
54 Connell, Jamie	15	Montclair YMCA	4:47.41	4:47.28
	1:07.41	2:19.81 (1:12.40)	3:33.69 (1:13.88)	4:47.28 (1:13.59)
55 Zukowski, Sarah	17	Metuchen-Edison YMCA	5:15.99 Y	4:47.71
	1:08.23	2:20.61 (1:12.38)	3:34.16 (1:13.55)	4:47.71 (1:13.55)
56 Cunningham, Jennifer	17	North Central Florida YMCA	4:47.66	4:47.75
	1:09.43	2:21.78 (1:12.35)	3:35.24 (1:13.46)	4:47.75 (1:12.51)
57 Demrow, Shannon	14	YMCA OF Gr. Elgin Taylor Fami	4:42.47	4:47.93
	1:05.28	2:17.97 (1:12.69)	3:32.73 (1:14.76)	4:47.93 (1:15.20)
58 Bichanich, Erin	15	Schroeder YMCA	5:16.77 Y	4:48.10
	1:08.85	2:22.11 (1:13.26)	3:36.08 (1:13.97)	4:48.10 (1:12.02)
59 Loubris, Katy	15	N Shore/Lester Sterling BR Y	5:19.22 Y	4:48.25
	1:07.29	2:19.55 (1:12.26)	3:33.73 (1:14.18)	4:48.25 (1:14.52)
60 Driscoll, Christie	16	Marion County Branch YMCA	5:18.65 Y	4:48.52
	1:09.05	2:23.29 (1:14.24)	3:37.20 (1:13.91)	4:48.52 (1:11.32)
61 Block, Caitlin	16	Darien Community YMCA	4:46.02	4:48.97
	1:06.52	2:20.83 (1:14.31)	3:35.45 (1:14.62)	4:48.97 (1:13.52)
62 Young, Meg	16	Greensboro Central YMCA	4:46.10	4:49.15
	1:09.19	2:21.42 (1:12.23)	3:34.81 (1:13.39)	4:49.15 (1:14.34)
63 Sawicz, Dorota	17	Flushing Branch YMCA	4:48.31	4:49.33
	1:07.86	2:21.33 (1:13.47)	3:35.82 (1:14.49)	4:49.33 (1:13.51)
64 Meleg, Katie	15	Wilton Family YMCA	4:48.05	4:49.40
	1:07.38	2:21.28 (1:13.90)	3:35.38 (1:14.10)	4:49.40 (1:14.02)
65 Thomas, Kate	14	Winston-Salem Central YMCA	5:15.86 Y	4:49.49
	1:08.64	2:22.04 (1:13.40)	3:35.95 (1:13.91)	4:49.49 (1:13.54)
66 Hetzel, Catherine	18	Metuchen-Edison YMCA	5:10.05 Y	4:49.70
	1:07.75	2:20.50 (1:12.75)	3:35.27 (1:14.77)	4:49.70 (1:14.43)
67 Nichols, Kerry	17	Boyertown Area YMCA	4:47.86	4:49.89
	1:07.23	2:22.17 (1:14.94)	3:37.09 (1:14.92)	4:49.89 (1:12.80)
68 Waller, Suzie	16	New Canaan Community YMCA	4:49.07	4:49.91
	1:08.52	2:21.59 (1:13.07)	3:35.77 (1:14.18)	4:49.91 (1:14.14)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
69 Seto, Stephanie	16	Hamilton Area YMCA	5:16.91 Y	4:50.10
1:09.08	2:23.81 (1:14.73)	3:38.01 (1:14.20)	4:50.10 (1:12.09)	
70 Thuerk, Kristen	17	Cheshire Branch YMCA	5:17.08 Y	4:50.15
1:08.74	2:21.95 (1:13.21)	3:36.72 (1:14.77)	4:50.15 (1:13.43)	
71 Nedley, Marie	14	Reg Fam YMCA Laurel Highland	5:19.54 Y	4:50.59
1:08.03	2:22.98 (1:14.95)	3:38.01 (1:15.03)	4:50.59 (1:12.58)	
72 Konieczny, Emily	14	Hampshire Regional YMCA	4:44.10	4:51.28
1:06.88	2:21.69 (1:14.81)	3:37.24 (1:15.55)	4:51.28 (1:14.04)	
73 Hotchkiss, Erin	15	Tampa Metro YMCA	5:18.91 Y	4:51.85
1:08.21	2:22.54 (1:14.33)	3:37.89 (1:15.35)	4:51.85 (1:13.96)	
74 Morlock, Amy	16	Harford County Family YMCA	5:12.82 Y	4:51.88
1:09.43	2:23.42 (1:13.99)	3:37.94 (1:14.52)	4:51.88 (1:13.94)	
75 Christie, Alison	15	Metuchen-Edison YMCA	5:16.61 Y	4:52.02
1:09.23	2:23.36 (1:14.13)	3:37.96 (1:14.60)	4:52.02 (1:14.06)	
76 Lyons, Kati	18	Deerpath YMCA	5:14.10 Y	4:52.09
1:07.95	2:21.99 (1:14.04)	3:36.96 (1:14.97)	4:52.09 (1:15.13)	
77 Molloy, Margaret	15	Ocean County YMCA	5:19.05 Y	4:52.56
1:09.70	2:24.60 (1:14.90)	3:39.46 (1:14.86)	4:52.56 (1:13.10)	
78 Boehme, Stephanie	18	Schroeder YMCA	4:49.90	4:53.16
1:06.78	2:19.70 (1:12.92)	3:35.70 (1:16.00)	4:53.16 (1:17.46)	
79 Curley, Amanda	16	Montclair YMCA	4:44.27	4:54.28
1:09.33	2:23.32 (1:13.99)	3:38.71 (1:15.39)	4:54.28 (1:15.57)	
80 Heistand, Rayell	14	Reading & Berks YMCA	4:49.28	4:54.62
1:08.84	2:23.84 (1:15.00)	3:39.41 (1:15.57)	4:54.62 (1:15.21)	
81 Westfall, Jenny	16	Appleton Family YMCA	5:14.30 Y	4:54.74
1:08.17	2:23.61 (1:15.44)	3:40.14 (1:16.53)	4:54.74 (1:14.60)	
82 Batchelder, Cassie	15	Marion County Branch YMCA	5:20.01 Y	4:54.95
1:09.69	2:25.21 (1:15.52)	3:40.72 (1:15.51)	4:54.95 (1:14.23)	
83 Prater, Jessica	18	Huntington YMCA	4:49.04	4:55.21
1:08.34	2:23.66 (1:15.32)	3:40.04 (1:16.38)	4:55.21 (1:15.17)	
84 Volkert, Kathleen L	17	Aurora Family YMCA	5:17.85 Y	4:55.60
1:08.53	2:22.84 (1:14.31)	3:39.21 (1:16.37)	4:55.60 (1:16.39)	
85 Wehrenberg, Kelsey	16	Northwestern Dupage YMCA	4:42.95	4:55.61
1:07.84	2:23.70 (1:15.86)	3:40.54 (1:16.84)	4:55.61 (1:15.07)	
86 Fisher, Caity	16	Boyertown Area YMCA	5:16.72 Y	4:56.61
1:09.02	2:23.62 (1:14.60)	3:40.05 (1:16.43)	4:56.61 (1:16.56)	
87 Cook, Stacie	18	Huntington YMCA	4:45.07	4:56.66
1:07.98	2:22.58 (1:14.60)	3:39.08 (1:16.50)	4:56.66 (1:17.58)	
88 Bombrys, Kylie	16	Toledo YMCA	5:18.52 Y	4:56.89
1:10.19	2:26.23 (1:16.04)	3:43.11 (1:16.88)	4:56.89 (1:13.78)	
89 Jones, Katie	16	YMCA Aquatic Center	5:19.87 Y	5:01.18
	2:27.25 ()	3:44.41 (1:17.16)	5:01.18 (1:16.77)	

Women 800 LC Meter Freestyle

National: 9:02.15 * 7/31/2002 Ashley Carusone N. Central FL-FL
Broken Rec: 8:56.48 # 2004 Gingrich, Leah

Name	Age	Team	Seed Time	Finals Time
1 Gingrich, Leah	14	West Shore-Harrisburg YMCA	8:50.48	8:56.48 #
30.48	1:03.34 (32.86)	1:37.06 (33.72)	2:10.92 (33.86)	
2:44.94 (34.02)	3:18.81 (33.87)	3:52.86 (34.05)	4:26.94 (34.08)	
5:01.16 (34.22)	5:35.25 (34.09)	6:09.52 (34.27)	6:43.58 (34.06)	
7:17.71 (34.13)	7:51.52 (33.81)	8:25.09 (33.57)	8:56.48 (31.39)	

2004 YMCA National Long Course Championship

July 27-30, 2004

Results

(Women 800 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
2 Brunemann, Emily	17	ME Lyons YMCA	9:04.66	8:56.55*
30.11	1:02.82 (32.71)	1:36.47 (33.65)	2:10.46 (33.99)	
2:44.45 (33.99)	3:18.68 (34.23)	3:52.88 (34.20)	4:27.20 (34.32)	
5:01.36 (34.16)	5:35.45 (34.09)	6:09.53 (34.08)	6:43.61 (34.08)	
7:17.58 (33.97)	7:51.39 (33.81)	8:16.37 (24.98)	8:56.55 (40.18)	
3 Lanteigne, Emily	16	Northwestern Dupage YMCA	9:21.00	9:02.76
31.76	1:05.67 (33.91)	1:40.54 (34.87)	2:15.53 (34.99)	
2:50.31 (34.78)	3:24.61 (34.30)	3:58.85 (34.24)	4:33.20 (34.35)	
5:07.43 (34.23)	5:41.30 (33.87)	6:15.40 (34.10)	6:49.12 (33.72)	
7:15.20 (26.08)	7:56.37 (41.17)	8:25.24 (28.87)	9:02.76 (37.52)	
4 Christy, Emily	16	Boyertown Area YMCA	9:07.69	9:04.42
30.68	1:04.26 (33.58)	1:38.70 (34.44)	2:13.12 (34.42)	
2:47.89 (34.77)	3:22.43 (34.54)	3:56.59 (34.16)	4:30.90 (34.31)	
5:05.41 (34.51)	5:39.83 (34.42)	6:14.56 (34.73)	6:48.84 (34.28)	
7:20.63 (31.79)	7:57.59 (36.96)	8:22.03 (24.44)	9:04.42 (42.39)	
5 Broadley, Sarah	14	YMCA Aquatic Center	9:19.60	9:12.37
30.94	1:04.94 (34.00)	1:39.69 (34.75)	2:14.47 (34.78)	
2:49.46 (34.99)	3:24.08 (34.62)	3:58.85 (34.77)	4:33.50 (34.65)	
5:08.25 (34.75)	5:43.54 (35.29)	6:18.54 (35.00)	6:53.52 (34.98)	
7:28.48 (34.96)	8:03.66 (35.18)	8:38.55 (34.89)	9:12.37 (33.82)	
6 Heath, Keira	16	Wilton Family YMCA	9:29.34	9:17.82
1:06.22	1:06.22 ()		2:16.90 ()	
	3:28.09 ()		4:38.95 ()	
5:14.07 (35.12)	5:49.20 (35.13)	6:20.21 (31.01)	6:59.87 (39.66)	
7:29.09 (29.22)	8:10.27 (41.18)	8:44.56 (34.29)	9:17.82 (33.26)	
7 Carusone, Julie	17	North Central Florida YMCA	9:18.05	9:19.23
31.37	1:05.08 (33.71)	1:39.36 (34.28)	2:14.10 (34.74)	
2:49.16 (35.06)	3:24.33 (35.17)	3:59.80 (35.47)	4:35.40 (35.60)	
5:10.68 (35.28)	5:46.10 (35.42)	6:21.70 (35.60)	6:57.24 (35.54)	
7:32.95 (35.71)	8:08.36 (35.41)	8:44.42 (36.06)	9:19.23 (34.81)	
8 Roop, Stephanie	16	Upper Main Line YMCA	9:28.70	9:19.47
1:07.96	1:07.96 ()		2:18.44 ()	
	3:29.15 ()		4:40.02 ()	
5:11.03 (31.01)	5:49.85 (38.82)	6:24.70 (34.85)	7:00.06 (35.36)	
7:34.58 (34.52)	8:09.80 (35.22)	8:33.20 (23.40)	9:19.47 (46.27)	
9 Siggins, Yasmin	17	YMCA Aquatic Center	9:22.47	9:20.72
31.29	1:05.12 (33.83)	1:39.83 (34.71)	2:15.06 (35.23)	
2:50.33 (35.27)	3:25.99 (35.66)	3:54.33 (28.34)	4:37.21 (42.88)	
5:12.61 (35.40)	5:48.45 (35.84)	6:24.02 (35.57)	6:59.62 (35.60)	
7:35.03 (35.41)	8:10.59 (35.56)	8:45.74 (35.15)	9:20.72 (34.98)	
10 Huber, Stacey	15	North Central Florida YMCA	9:36.88	9:23.42
32.25	1:06.24 (33.99)	1:40.88 (34.64)	2:15.31 (34.43)	
2:50.20 (34.89)	3:25.22 (35.02)	4:00.82 (35.60)	4:36.27 (35.45)	
5:12.05 (35.78)	5:47.29 (35.24)	6:23.36 (36.07)	6:59.12 (35.76)	
7:35.55 (36.43)	8:11.58 (36.03)	8:48.25 (36.67)	9:23.42 (35.17)	
11 Forsberg, Amy	16	Northwestern Dupage YMCA	9:20.78	9:24.01
31.34	1:05.33 (33.99)	1:40.12 (34.79)	2:15.47 (35.35)	
2:50.92 (35.45)	3:26.43 (35.51)	4:02.34 (35.91)	4:37.90 (35.56)	
5:13.59 (35.69)	5:49.52 (35.93)	6:13.80 (24.28)	7:00.74 (46.94)	
7:36.61 (35.87)	8:12.64 (36.03)	8:48.63 (35.99)	9:24.01 (35.38)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 800 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
12	Tomes, Laura	16	ME Lyons YMCA	10:37.46 Y	9:24.04
	32.26	1:07.40 (35.14)	1:43.40 (36.00)	2:19.55 (36.15)	
	2:55.56 (36.01)	3:31.19 (35.63)	4:06.91 (35.72)	4:42.67 (35.76)	
	5:18.18 (35.51)	5:53.89 (35.71)	6:29.12 (35.23)	7:04.71 (35.59)	
	7:39.97 (35.26)	8:15.19 (35.22)	8:50.22 (35.03)	9:24.04 (33.82)	
13	Jurzynski, Kristen	18	Hamden/North Haven YMCA	9:29.78	9:24.63
	1:07.54	1:07.54 ()		2:18.75 ()	
		3:29.79 ()		4:41.02 ()	
	5:11.61 (30.59)	5:52.39 (40.78)	6:27.96 (35.57)	7:03.51 (35.55)	
	7:39.28 (35.77)	8:14.98 (35.70)	8:50.15 (35.17)	9:24.63 (34.48)	
14	Sander, Carlyn	17	North Central Florida YMCA	9:34.51	9:26.40
	32.16	1:06.89 (34.73)	1:42.04 (35.15)	2:17.66 (35.62)	
	2:53.37 (35.71)	3:29.21 (35.84)	4:04.71 (35.50)	4:40.81 (36.10)	
	5:16.39 (35.58)	5:52.27 (35.88)	6:27.89 (35.62)	7:03.85 (35.96)	
	7:39.70 (35.85)	8:15.46 (35.76)	8:51.17 (35.71)	9:26.40 (35.23)	
15	Gueltig, Kelly	17	South Community Family BR YM	9:29.41	9:26.43
	1:08.33	1:08.33 ()		2:19.19 ()	
		3:30.43 ()		4:41.95 ()	
	5:17.85 (35.90)	5:53.84 (35.99)	6:29.79 (35.95)	7:05.76 (35.97)	
	7:41.39 (35.63)	8:17.40 (36.01)	8:44.11 (26.71)	9:26.43 (42.32)	
16	Montagnet, Chase	16	Winston-Salem Central YMCA	9:49.35	9:26.46
	32.33	1:07.20 (34.87)	1:42.37 (35.17)	2:18.07 (35.70)	
	2:53.62 (35.55)	3:29.34 (35.72)	4:04.86 (35.52)	4:40.65 (35.79)	
	5:16.57 (35.92)	5:53.12 (36.55)	6:28.72 (35.60)	7:04.91 (36.19)	
	7:40.77 (35.86)	8:16.65 (35.88)	8:52.38 (35.73)	9:26.46 (34.08)	
17	Miller, Ashley	15	ME Lyons YMCA	9:30.12	9:26.91
	1:08.72	1:08.72 ()		2:20.31 ()	
		3:31.35 ()		4:42.27 ()	
	5:17.76 (35.49)	5:53.45 (35.69)	6:29.33 (35.88)	7:05.39 (36.06)	
	7:41.22 (35.83)	8:17.07 (35.85)	8:52.39 (35.32)	9:26.91 (34.52)	
18	Kerns, Annie	16	Huntington YMCA	9:25.22	9:27.11
	1:06.99	1:06.99 ()		2:17.69 ()	
		3:28.63 ()		4:40.13 ()	
	5:15.96 (35.83)	5:52.08 (36.12)	6:28.19 (36.11)	7:04.14 (35.95)	
	7:40.09 (35.95)	8:16.31 (36.22)	8:47.57 (31.26)	9:27.11 (39.54)	
19	Dornstauder, Kristen	14	Brandywine-De YMCA	9:35.67	9:29.59
	32.80	1:08.50 (35.70)	1:45.30 (36.80)	2:21.45 (36.15)	
	2:57.29 (35.84)	3:33.60 (36.31)	4:09.44 (35.84)	4:45.16 (35.72)	
	5:20.54 (35.38)	5:55.84 (35.30)	6:31.55 (35.71)	7:07.32 (35.77)	
	7:43.08 (35.76)	8:18.79 (35.71)	8:54.37 (35.58)	9:29.59 (35.22)	
20	Delphin, Naomi	15	N Shore/Lester Sterling BR Y	9:36.43	9:32.59
	31.77	1:06.77 (35.00)	1:42.88 (36.11)	2:19.03 (36.15)	
	2:52.86 (33.83)	3:31.39 (38.53)	4:07.27 (35.88)	4:43.57 (36.30)	
	5:19.85 (36.28)	5:56.43 (36.58)	6:30.87 (34.44)	7:09.06 (38.19)	
	7:45.36 (36.30)	8:21.54 (36.18)	8:57.42 (35.88)	9:32.59 (35.17)	
21	Chute, Katie	16	ME Lyons YMCA	9:42.01	9:32.71
	32.58	1:07.91 (35.33)	1:43.59 (35.68)	2:19.53 (35.94)	
	2:55.56 (36.03)	3:31.37 (35.81)	4:07.22 (35.85)	4:42.95 (35.73)	
	5:18.85 (35.90)	5:54.78 (35.93)	6:30.95 (36.17)	7:07.50 (36.55)	
	7:43.44 (35.94)	8:20.05 (36.61)	8:56.77 (36.72)	9:32.71 (35.94)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 800 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
22	Smith, Sarah	15	ME Lyons YMCA	9:27.45	9:33.02
	1:07.63	1:07.63 ()		2:19.06 ()	
		3:31.24 ()		4:43.26 ()	
	5:19.27 (36.01)	5:55.66 (36.39)	6:31.66 (36.00)	7:07.99 (36.33)	
	7:44.60 (36.61)	8:20.98 (36.38)	8:57.58 (36.60)	9:33.02 (35.44)	
23	Froehlich, Sarah	15	Hamden/North Haven YMCA	9:56.63	9:33.23
	33.33	1:08.84 (35.51)	1:45.03 (36.19)	2:21.30 (36.27)	
	2:57.36 (36.06)	3:33.79 (36.43)	4:10.21 (36.42)	4:46.54 (36.33)	
	5:23.36 (36.82)	5:59.18 (35.82)	6:35.53 (36.35)	7:11.49 (35.96)	
	7:47.59 (36.10)	8:23.52 (35.93)	8:59.31 (35.79)	9:33.23 (33.92)	
24	Nowak, Ann	16	Aurora Family YMCA	9:50.29	9:34.43
	22.79	1:07.96 (45.17)	1:43.81 (35.85)	2:19.85 (36.04)	
	2:56.04 (36.19)	3:32.38 (36.34)	4:08.57 (36.19)	4:44.20 (35.63)	
	5:20.70 (36.50)	5:57.21 (36.51)	6:33.62 (36.41)	7:10.12 (36.50)	
	7:46.80 (36.68)	8:22.95 (36.15)	8:59.23 (36.28)	9:34.43 (35.20)	
25	Cempel, Laura	13	Joliet YMCA	9:53.54	9:34.75
	32.58	1:07.95 (35.37)	1:43.86 (35.91)	2:19.89 (36.03)	
	2:56.31 (36.42)	3:32.55 (36.24)	4:09.06 (36.51)	4:45.46 (36.40)	
	5:22.15 (36.69)	5:58.51 (36.36)	6:35.00 (36.49)	7:11.36 (36.36)	
	7:47.61 (36.25)	8:24.22 (36.61)	9:00.33 (36.11)	9:34.75 (34.42)	
26	Kibler, Carrie	17	Winston-Salem Central YMCA	9:54.17	9:36.36
	32.92	1:08.45 (35.53)	1:44.72 (36.27)	2:20.84 (36.12)	
	2:56.63 (35.79)	3:33.18 (36.55)	4:09.50 (36.32)	4:46.06 (36.56)	
	5:22.21 (36.15)	5:58.67 (36.46)	6:34.92 (36.25)	7:11.76 (36.84)	
	7:48.19 (36.43)	8:24.25 (36.06)	9:01.06 (36.81)	9:36.36 (35.30)	
27	Shanley, Lauren	14	ME Lyons YMCA	9:34.67	9:36.56
	25.43	1:07.46 (42.03)	1:43.60 (36.14)	2:19.99 (36.39)	
	2:56.45 (36.46)	3:32.77 (36.32)	4:09.04 (36.27)	4:45.62 (36.58)	
	5:22.22 (36.60)	5:58.42 (36.20)	6:34.97 (36.55)	7:11.56 (36.59)	
	7:48.04 (36.48)	8:24.70 (36.66)	9:00.92 (36.22)	9:36.56 (35.64)	
28	Robinson, Maddy	16	Reading & Berks YMCA	9:44.44	9:36.98
	32.21	1:07.50 (35.29)	1:43.82 (36.32)	2:20.55 (36.73)	
	2:57.59 (37.04)	3:34.31 (36.72)	4:10.87 (36.56)	4:47.59 (36.72)	
	5:23.81 (36.22)	6:00.57 (36.76)	6:36.56 (35.99)	7:13.22 (36.66)	
	7:48.25 (35.03)	8:26.32 (38.07)	8:56.89 (30.57)	9:36.98 (40.09)	
29	Wynn, Sarah	15	Northwestern Dupage YMCA	9:52.44	9:37.41
	26.39	1:08.20 (41.81)	1:44.18 (35.98)	2:20.81 (36.63)	
	2:57.10 (36.29)	3:33.55 (36.45)	4:10.27 (36.72)	4:47.09 (36.82)	
	5:22.14 (35.05)	5:59.94 (37.80)	6:36.53 (36.59)	7:12.99 (36.46)	
	7:46.73 (33.74)	8:25.56 (38.83)	8:53.45 (27.89)	9:37.41 (43.96)	
30	Adams, Jessica	18	Cheshire Branch YMCA	9:42.35	9:37.56
	32.83	1:08.49 (35.66)	1:45.10 (36.61)	2:21.72 (36.62)	
	2:58.70 (36.98)	3:35.92 (37.22)	4:11.65 (35.73)	4:47.87 (36.22)	
	5:23.99 (36.12)	6:00.48 (36.49)	6:36.86 (36.38)	7:13.44 (36.58)	
	7:49.60 (36.16)	8:26.68 (37.08)	9:03.05 (36.37)	9:37.56 (34.51)	
31	Metcalf, Christina	16	Cheshire Branch YMCA	9:26.41	9:38.38
	1:08.41	1:08.41 ()		2:21.01 ()	
		3:33.72 ()		4:46.76 ()	
	5:23.14 (36.38)	5:59.75 (36.61)	6:36.58 (36.83)	7:13.57 (36.99)	
	7:49.92 (36.35)	8:26.64 (36.72)	9:03.08 (36.44)	9:38.38 (35.30)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 800 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
32 Zarba, Kristen	16	N Shore/Lester Sterling BR Y	9:31.86	9:39.44
22.94	1:06.83 (43.89)	1:42.91 (36.08)	2:19.38 (36.47)	
2:55.71 (36.33)	3:32.54 (36.83)	4:09.20 (36.66)	4:46.17 (36.97)	
5:22.69 (36.52)	5:59.71 (37.02)	6:36.70 (36.99)	7:13.63 (36.93)	
7:50.89 (37.26)	8:27.50 (36.61)	9:04.44 (36.94)	9:39.44 (35.00)	
33 Broadley, Liz	13	YMCA Aquatic Center	10:51.93 Y	9:39.90
32.41	1:08.22 (35.81)	1:44.39 (36.17)	2:20.69 (36.30)	
2:57.29 (36.60)	3:33.74 (36.45)	4:10.61 (36.87)	4:47.66 (37.05)	
5:24.36 (36.70)	6:01.17 (36.81)	6:38.09 (36.92)	7:14.81 (36.72)	
7:51.52 (36.71)	8:28.17 (36.65)	9:04.70 (36.53)	9:39.90 (35.20)	
34 Smith, Natalie	13	North Central Florida YMCA	9:36.17	9:40.40
31.72	1:06.11 (34.39)	1:41.00 (34.89)	2:16.21 (35.21)	
2:52.25 (36.04)	3:28.61 (36.36)	4:04.94 (36.33)	4:41.61 (36.67)	
5:18.30 (36.69)	5:55.59 (37.29)	6:32.55 (36.96)	7:10.24 (37.69)	
7:48.26 (38.02)	8:26.00 (37.74)	9:03.49 (37.49)	9:40.40 (36.91)	
35 Wolfgruber, Heidi	14	Wilton Family YMCA	9:48.32	9:40.48
32.33	1:08.08 (35.75)	1:43.91 (35.83)	2:20.82 (36.91)	
2:57.59 (36.77)	3:34.59 (37.00)	4:11.76 (37.17)	4:48.68 (36.92)	
5:25.88 (37.20)	6:02.91 (37.03)	6:39.88 (36.97)	7:16.21 (36.33)	
7:52.68 (36.47)	8:29.43 (36.75)	9:05.60 (36.17)	9:40.48 (34.88)	
36 Bichanich, Erin	15	Schroeder YMCA	9:53.64	9:41.10
33.63	1:09.70 (36.07)	1:46.27 (36.57)	2:22.88 (36.61)	
2:59.40 (36.52)	3:36.09 (36.69)	4:12.60 (36.51)	4:49.27 (36.67)	
5:25.92 (36.65)	6:02.80 (36.88)	6:39.64 (36.84)	7:16.89 (37.25)	
7:53.65 (36.76)	8:30.41 (36.76)	9:06.36 (35.95)	9:41.10 (34.74)	
37 Nedley, Marie	14	Reg Fam YMCA Laurel Highland	9:52.84	9:41.57
33.02	1:08.32 (35.30)	1:44.90 (36.58)	2:21.16 (36.26)	
2:58.52 (37.36)	3:35.39 (36.87)	4:09.63 (34.24)	4:49.35 (39.72)	
5:15.90 (26.55)	6:03.29 (47.39)	6:35.30 (32.01)	7:17.05 (41.75)	
7:48.51 (31.46)	8:30.75 (42.24)	8:58.30 (27.55)	9:41.57 (43.27)	
38 Driscoll, Christie	16	Marion County Branch YMCA	10:54.13 Y	9:43.83
33.53	1:10.35 (36.82)	1:47.92 (37.57)	2:25.07 (37.15)	
3:02.49 (37.42)	3:39.53 (37.04)	4:16.83 (37.30)	4:53.93 (37.10)	
5:30.91 (36.98)	6:07.74 (36.83)	6:44.04 (36.30)	7:20.33 (36.29)	
7:56.91 (36.58)	8:33.12 (36.21)	9:09.18 (36.06)	9:43.83 (34.65)	
39 Rodriguez, Carolina	15	YMCA OF Catawba Valley	9:47.72	9:43.87
33.09	1:08.94 (35.85)	1:45.49 (36.55)	2:22.21 (36.72)	
2:58.68 (36.47)	3:35.56 (36.88)	4:12.27 (36.71)	4:48.95 (36.68)	
5:25.71 (36.76)	6:02.84 (37.13)	6:39.63 (36.79)	7:16.97 (37.34)	
7:53.88 (36.91)	8:31.21 (37.33)	9:08.29 (37.08)	9:43.87 (35.58)	
40 Loubris, Katy	15	N Shore/Lester Sterling BR Y	10:54.31 Y	9:44.88
32.42	1:07.76 (35.34)	1:44.44 (36.68)	2:21.26 (36.82)	
2:58.26 (37.00)	3:35.00 (36.74)	4:12.05 (37.05)	4:49.40 (37.35)	
5:18.07 (28.67)	6:03.47 (45.40)	6:40.72 (37.25)	7:18.05 (37.33)	
7:55.31 (37.26)	8:32.78 (37.47)	9:09.77 (36.99)	9:44.88 (35.11)	
41 Konieczny, Emily	14	Hampshire Regional YMCA	9:41.37	9:45.74
32.05	1:06.75 (34.70)	1:42.55 (35.80)	2:19.41 (36.86)	
2:56.15 (36.74)	3:33.64 (37.49)	4:10.91 (37.27)	4:48.20 (37.29)	
5:25.40 (37.20)	6:03.04 (37.64)	6:40.26 (37.22)	7:17.65 (37.39)	
7:54.91 (37.26)	8:32.40 (37.49)	9:09.32 (36.92)	9:45.74 (36.42)	

2004 YMCA National Long Course Championship

July 27-30, 2004

Results

(Women 800 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
42 Maraskine, Sarah	14	Flint YMCA	9:43.75	9:45.99
33.88	1:09.99 (36.11)	1:46.63 (36.64)	2:23.27 (36.64)	
3:00.42 (37.15)	3:37.56 (37.14)	4:14.55 (36.99)	4:51.42 (36.87)	
5:28.40 (36.98)	6:05.54 (37.14)	6:42.55 (37.01)	7:19.63 (37.08)	
7:56.63 (37.00)	8:33.74 (37.11)	9:10.61 (36.87)	9:45.99 (35.38)	
43 Pelka, Michelle	15	YMCA OF Gr. Elgin Taylor Fami	10:54.10 Y	9:47.16
33.20	1:09.32 (36.12)	1:36.82 (27.50)	2:23.38 (46.56)	
2:51.43 (28.05)	3:36.71 (45.28)	4:13.53 (36.82)	4:50.68 (37.15)	
5:27.83 (37.15)	6:05.54 (37.71)	6:38.50 (32.96)	7:20.62 (42.12)	
7:57.54 (36.92)	8:34.83 (37.29)	9:04.30 (29.47)	9:47.16 (42.86)	
44 Grosser, Chelsea	15	Reg Fam YMCA Laurel Highland	10:49.69 Y	9:48.44
29.58	1:09.12 (39.54)	1:46.05 (36.93)	2:22.80 (36.75)	
3:00.48 (37.68)	3:37.43 (36.95)	4:15.16 (37.73)	4:52.40 (37.24)	
5:30.16 (37.76)	6:07.79 (37.63)	6:45.45 (37.66)	7:22.92 (37.47)	
8:00.31 (37.39)	8:36.83 (36.52)	9:04.32 (27.49)	9:48.44 (44.12)	
45 Molloy, Margaret	15	Ocean County YMCA	10:52.22 Y	9:48.62
32.71	1:08.96 (36.25)	1:46.21 (37.25)	2:23.53 (37.32)	
3:00.89 (37.36)	3:38.45 (37.56)	4:15.70 (37.25)	4:53.28 (37.58)	
5:30.86 (37.58)	6:08.04 (37.18)	6:45.89 (37.85)	7:23.13 (37.24)	
8:00.41 (37.28)	8:37.49 (37.08)	9:14.26 (36.77)	9:48.62 (34.36)	
46 Prior, Audrey	17	Tampa Metro YMCA	9:48.15	9:49.21
32.92	1:08.79 (35.87)	1:44.72 (35.93)	2:21.22 (36.50)	
2:57.91 (36.69)	3:34.92 (37.01)	4:11.95 (37.03)	4:49.26 (37.31)	
5:26.64 (37.38)	6:04.49 (37.85)	6:42.24 (37.75)	7:20.01 (37.77)	
7:57.56 (37.55)	8:35.17 (37.61)	9:12.57 (37.40)	9:49.21 (36.64)	
47 Siggins, Amber	13	YMCA Aquatic Center	10:46.35 Y	9:49.80
33.51	1:10.28 (36.77)	1:47.23 (36.95)	2:24.26 (37.03)	
2:55.38 (31.12)	3:39.17 (43.79)	4:16.67 (37.50)	4:53.94 (37.27)	
5:29.23 (35.29)	6:09.14 (39.91)	6:45.19 (36.05)	7:23.91 (38.72)	
8:00.95 (37.04)	8:37.58 (36.63)	9:10.29 (32.71)	9:49.80 (39.51)	
48 Cempel, Sarah	15	Joliet YMCA	9:36.58 S	9:49.87
34.11	1:10.12 (36.01)	1:46.88 (36.76)	2:23.75 (36.87)	
3:00.78 (37.03)	3:37.74 (36.96)	4:14.62 (36.88)	4:51.83 (37.21)	
5:28.93 (37.10)	6:06.18 (37.25)	6:43.56 (37.38)	7:21.17 (37.61)	
7:56.76 (35.59)	8:35.93 (39.17)	9:13.33 (37.40)	9:49.87 (36.54)	
49 Happ, Megan	13	Boyertown Area YMCA	9:54.36	9:50.05
33.30	1:09.83 (36.53)	1:46.97 (37.14)	2:24.38 (37.41)	
3:01.68 (37.30)	3:39.08 (37.40)	4:16.26 (37.18)	4:53.17 (36.91)	
5:30.55 (37.38)	6:08.21 (37.66)	6:45.48 (37.27)	7:22.96 (37.48)	
7:59.75 (36.79)	8:37.02 (37.27)	9:14.14 (37.12)	9:50.05 (35.91)	
50 Christie, Alison	15	Metuchen-Edison YMCA	10:53.17 Y	9:53.02
33.56	1:10.32 (36.76)	1:47.53 (37.21)	2:24.89 (37.36)	
3:02.25 (37.36)	3:39.62 (37.37)	4:17.11 (37.49)	4:54.53 (37.42)	
5:31.96 (37.43)	6:09.51 (37.55)	6:47.22 (37.71)	7:25.18 (37.96)	
8:02.52 (37.34)	8:39.84 (37.32)	9:16.90 (37.06)	9:53.02 (36.12)	
51 Morlock, Amy	16	Harford County Family YMCA	10:40.10 Y	9:53.89
33.55	1:10.24 (36.69)	1:42.46 (32.22)	2:24.10 (41.64)	
2:55.56 (31.46)	3:39.17 (43.61)	4:10.77 (31.60)	4:54.42 (43.65)	
5:26.46 (32.04)	6:09.62 (43.16)	6:41.02 (31.40)	7:24.75 (43.73)	
7:59.38 (34.63)	8:39.78 (40.40)	9:10.68 (30.90)	9:53.89 (43.21)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 800 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
52 Reall, Amanda	14	YMCA Aquatic Center	9:49.89	9:56.62
34.32	1:10.82 (36.50)	1:48.04 (37.22)	2:25.42 (37.38)	
3:02.61 (37.19)	3:40.27 (37.66)	4:18.10 (37.83)	4:55.31 (37.21)	
5:32.70 (37.39)	6:10.27 (37.57)	6:47.80 (37.53)	7:25.74 (37.94)	
8:03.73 (37.99)	8:41.82 (38.09)	9:20.06 (38.24)	9:56.62 (36.56)	
53 Prater, Jessica	18	Huntington YMCA	9:38.68	10:00.52
33.77	1:10.16 (36.39)	1:47.24 (37.08)	2:24.68 (37.44)	
3:02.41 (37.73)	3:39.97 (37.56)	4:18.11 (38.14)	4:55.90 (37.79)	
5:34.15 (38.25)	6:12.53 (38.38)	6:51.28 (38.75)	7:29.67 (38.39)	
8:07.76 (38.09)	8:45.72 (37.96)	9:23.31 (37.59)	10:00.52 (37.21)	
54 Murphy, Lisa	15	Countryside-Warren County YMC	9:54.57	10:01.12
34.69	1:11.25 (36.56)	1:47.63 (36.38)	2:24.59 (36.96)	
3:01.68 (37.09)	3:38.94 (37.26)	4:15.99 (37.05)	4:53.97 (37.98)	
5:32.01 (38.04)	6:09.99 (37.98)	6:48.52 (38.53)	7:26.88 (38.36)	
8:05.70 (38.82)	8:44.65 (38.95)	9:23.28 (38.63)	10:01.12 (37.84)	
55 Arnold, Ana	15	Marinette-Menominee YMCA	10:52.04 Y	10:07.49
33.90	1:10.90 (37.00)	1:48.16 (37.26)	2:25.88 (37.72)	
3:03.83 (37.95)	3:41.84 (38.01)	4:20.28 (38.44)	4:58.54 (38.26)	
5:37.21 (38.67)	6:15.80 (38.59)	6:54.62 (38.82)	7:33.52 (38.90)	
8:12.14 (38.62)	8:50.93 (38.79)	9:30.19 (39.26)	10:07.49 (37.30)	

Women 1500 LC Meter Freestyle**National: 17:02.80 * 1999****E. Ballenger****Spartanburg, SC**

Name	Age	Team	Seed Time	Finals Time
1 Gingrich, Leah	14	West Shore-Harrisburg YMCA	17:13.63	17:06.67
30.92	1:04.54 (33.62)	1:39.12 (34.58)	2:13.40 (34.28)	
2:47.82 (34.42)	3:22.29 (34.47)	3:56.72 (34.43)	4:31.25 (34.53)	
5:05.57 (34.32)	5:39.69 (34.12)	6:14.25 (34.56)	6:48.46 (34.21)	
7:23.10 (34.64)	7:57.58 (34.48)	8:31.98 (34.40)	9:06.40 (34.42)	
9:41.11 (34.71)	10:15.50 (34.39)	10:50.03 (34.53)	11:24.59 (34.56)	
11:59.25 (34.66)	12:33.73 (34.48)	13:08.49 (34.76)	13:42.85 (34.36)	
14:17.43 (34.58)	14:52.15 (34.72)	15:26.47 (34.32)	16:01.05 (34.58)	
16:34.49 (33.44)	17:06.67 (32.18)			
2 Brunemann, Emily	17	ME Lyons YMCA	17:22.16	17:09.59
30.44	1:03.61 (33.17)	1:29.25 (25.64)	2:11.95 (42.70)	
2:46.19 (34.24)	3:20.64 (34.45)	3:55.06 (34.42)	4:29.54 (34.48)	
5:04.12 (34.58)	5:38.96 (34.84)	6:13.62 (34.66)	6:48.33 (34.71)	
7:22.99 (34.66)	7:57.63 (34.64)	8:32.26 (34.63)	9:06.83 (34.57)	
9:41.59 (34.76)	10:16.29 (34.70)	10:50.79 (34.50)	11:25.57 (34.78)	
12:00.10 (34.53)	12:34.85 (34.75)	13:05.93 (31.08)	13:44.18 (38.25)	
14:13.80 (29.62)	14:53.29 (39.49)	15:27.67 (34.38)	16:02.24 (34.57)	
16:35.96 (33.72)	17:09.59 (33.63)			
3 Broadley, Sarah	14	YMCA Aquatic Center	17:38.03	17:30.63
31.00	1:04.81 (33.81)	1:39.09 (34.28)	2:13.66 (34.57)	
2:48.29 (34.63)	3:23.39 (35.10)	3:50.53 (27.14)	4:33.62 (43.09)	
5:08.67 (35.05)	5:43.90 (35.23)	6:18.85 (34.95)	6:54.01 (35.16)	
7:29.15 (35.14)	8:04.43 (35.28)	8:39.84 (35.41)	9:15.04 (35.20)	
9:50.20 (35.16)	10:25.98 (35.78)	11:01.37 (35.39)	11:36.83 (35.46)	
12:11.94 (35.11)	12:47.57 (35.63)	13:23.13 (35.56)	13:58.67 (35.54)	
14:34.30 (35.63)	15:10.00 (35.70)	15:46.01 (36.01)	16:22.09 (36.08)	
16:57.16 (35.07)	17:30.63 (33.47)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
4 Heath, Keira	16	Wilton Family YMCA	18:03.53	17:35.67
18.50	1:06.68 (48.18)	1:41.92 (35.24)	2:17.62 (35.70)	
2:33.30 (15.68)	3:28.87 (55.57)	4:04.35 (35.48)	4:40.14 (35.79)	
5:15.50 (35.36)	5:51.30 (35.80)	6:26.71 (35.41)	7:02.59 (35.88)	
7:38.12 (35.53)	8:14.05 (35.93)	8:49.66 (35.61)	9:25.38 (35.72)	
10:00.80 (35.42)	10:36.70 (35.90)	11:11.83 (35.13)	11:47.61 (35.78)	
12:22.68 (35.07)	12:58.16 (35.48)	13:33.26 (35.10)	14:08.58 (35.32)	
14:43.47 (34.89)	15:18.80 (35.33)	15:41.87 (23.07)	16:29.19 (47.32)	
17:03.03 (33.84)	17:35.67 (32.64)			
5 Lanteigne, Emily	16	Northwestern Dupage YMCA	17:22.54	17:35.72
31.72	1:06.47 (34.75)	1:41.90 (35.43)	2:18.11 (36.21)	
2:54.09 (35.98)	3:29.51 (35.42)	4:05.02 (35.51)	4:40.67 (35.65)	
5:16.10 (35.43)	5:51.21 (35.11)	6:26.39 (35.18)	7:02.35 (35.96)	
7:37.89 (35.54)	8:13.68 (35.79)	8:49.18 (35.50)	9:24.68 (35.50)	
9:59.97 (35.29)	10:35.24 (35.27)	11:10.56 (35.32)	11:46.08 (35.52)	
12:21.44 (35.36)	12:56.68 (35.24)	13:31.74 (35.06)	14:07.23 (35.49)	
14:42.95 (35.72)	15:17.85 (34.90)	15:53.01 (35.16)	16:28.57 (35.56)	
17:02.96 (34.39)	17:35.72 (32.76)			
6 Siggins, Yasmin	17	YMCA Aquatic Center	18:15.25	17:39.44
1:05.00	1:05.00 ()	1:40.02 (35.02)	2:15.30 (35.28)	
2:51.07 (35.77)	3:26.68 (35.61)	4:02.30 (35.62)	4:37.85 (35.55)	
5:10.84 (32.99)	5:49.54 (38.70)	6:20.76 (31.22)	7:01.11 (40.35)	
7:36.77 (35.66)	8:12.72 (35.95)	8:48.18 (35.46)	9:23.96 (35.78)	
9:59.70 (35.74)	10:34.97 (35.27)	11:10.81 (35.84)	11:46.32 (35.51)	
12:20.30 (33.98)	12:57.60 (37.30)	13:32.90 (35.30)	14:08.06 (35.16)	
14:43.61 (35.55)	15:18.94 (35.33)	15:54.15 (35.21)	16:29.83 (35.68)	
17:05.72 (35.89)	17:39.44 (33.72)			
7 Forsberg, Amy	16	Northwestern Dupage YMCA	17:43.68	17:40.30
31.46	1:06.18 (34.72)	1:41.57 (35.39)	2:17.75 (36.18)	
2:53.80 (36.05)	3:29.80 (36.00)	4:05.02 (35.22)	4:40.89 (35.87)	
5:16.25 (35.36)	5:51.75 (35.50)	6:26.75 (35.00)	7:02.65 (35.90)	
7:38.19 (35.54)	8:13.73 (35.54)	8:49.43 (35.70)	9:24.65 (35.22)	
9:59.98 (35.33)	10:35.42 (35.44)	11:10.78 (35.36)	11:46.40 (35.62)	
12:21.69 (35.29)	12:56.97 (35.28)	13:32.21 (35.24)	14:07.59 (35.38)	
14:43.28 (35.69)	15:18.53 (35.25)	15:54.26 (35.73)	16:30.01 (35.75)	
17:05.47 (35.46)	17:40.30 (34.83)			
8 O'Brien, Kaitlin	17	Montclair YMCA	17:52.91	17:47.71
32.33	1:07.42 (35.09)	1:42.75 (35.33)	2:18.61 (35.86)	
2:54.58 (35.97)	3:30.54 (35.96)	4:06.40 (35.86)	4:42.02 (35.62)	
5:17.91 (35.89)	5:53.42 (35.51)	6:29.01 (35.59)	7:04.49 (35.48)	
7:40.28 (35.79)	8:15.84 (35.56)	8:51.83 (35.99)	9:27.36 (35.53)	
10:03.17 (35.81)	10:38.79 (35.62)	11:14.52 (35.73)	11:50.39 (35.87)	
12:26.37 (35.98)	13:02.40 (36.03)	13:38.49 (36.09)	14:14.66 (36.17)	
14:50.95 (36.29)	15:26.80 (35.85)	16:02.67 (35.87)	16:38.08 (35.41)	
17:13.49 (35.41)	17:47.71 (34.22)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
9 Huber, Stacey	15	North Central Florida YMCA	18:18.61	17:48.57
1:07.24	1:07.24 ()	1:42.51 (35.27)	2:18.07 (35.56)	
2:53.72 (35.65)	3:29.31 (35.59)	4:05.11 (35.80)	4:41.04 (35.93)	
5:16.94 (35.90)	5:52.78 (35.84)	6:27.57 (34.79)	7:02.64 (35.07)	
7:37.73 (35.09)	8:12.88 (35.15)	8:48.08 (35.20)	9:23.41 (35.33)	
9:58.83 (35.42)	10:34.25 (35.42)	11:09.87 (35.62)	11:45.84 (35.97)	
12:21.26 (35.42)	12:57.29 (36.03)	13:32.89 (35.60)	14:08.89 (36.00)	
14:45.29 (36.40)	15:22.09 (36.80)	15:58.97 (36.88)	16:35.86 (36.89)	
17:12.59 (36.73)	17:48.57 (35.98)			
10 Gueltig, Kelly	17	South Community Family BR YM	18:18.83	17:50.66
1:08.44	1:08.44 ()	1:44.19 (35.75)	2:19.71 (35.52)	
2:55.60 (35.89)	3:31.36 (35.76)	4:07.18 (35.82)	4:42.97 (35.79)	
5:18.93 (35.96)	5:54.67 (35.74)	6:30.49 (35.82)	7:06.08 (35.59)	
7:41.81 (35.73)	8:17.43 (35.62)	8:44.26 (26.83)	9:29.02 (44.76)	
10:04.77 (35.75)	10:40.41 (35.64)	11:16.46 (36.05)	11:52.36 (35.90)	
12:28.21 (35.85)	13:04.20 (35.99)	13:40.53 (36.33)	14:16.62 (36.09)	
14:52.80 (36.18)	15:28.77 (35.97)	16:04.70 (35.93)	16:40.83 (36.13)	
17:08.38 (27.55)	17:50.66 (42.28)			
11 Roop, Stephanie	16	Upper Main Line YMCA	18:29.77	17:51.84
33.24	1:09.17 (35.93)	1:44.61 (35.44)	2:20.83 (36.22)	
2:56.30 (35.47)	3:32.34 (36.04)	4:07.91 (35.57)	4:43.51 (35.60)	
5:18.72 (35.21)	5:54.06 (35.34)	6:29.31 (35.25)	7:04.60 (35.29)	
7:40.17 (35.57)	8:15.92 (35.75)	8:51.95 (36.03)	9:27.79 (35.84)	
10:03.72 (35.93)	10:39.78 (36.06)	11:09.01 (29.23)	11:52.68 (43.67)	
12:29.38 (36.70)	13:06.01 (36.63)	13:34.30 (28.29)	14:17.65 (43.35)	
14:53.69 (36.04)	15:29.91 (36.22)	16:04.60 (34.69)	16:41.33 (36.73)	
17:10.20 (28.87)	17:51.84 (41.64)			
12 Jurzynski, Kristen	18	Hamden/North Haven YMCA	18:09.59	17:56.99
1:06.93	1:06.93 ()	1:42.31 (35.38)	2:17.79 (35.48)	
2:53.40 (35.61)	3:29.30 (35.90)	4:05.12 (35.82)	4:41.32 (36.20)	
5:17.20 (35.88)	5:53.11 (35.91)	6:26.14 (33.03)	7:05.49 (39.35)	
7:41.67 (36.18)	8:17.75 (36.08)	8:54.17 (36.42)	9:30.27 (36.10)	
10:06.86 (36.59)	10:43.07 (36.21)	11:19.65 (36.58)	11:56.01 (36.36)	
12:32.24 (36.23)	13:08.64 (36.40)	13:44.89 (36.25)	14:20.99 (36.10)	
14:57.47 (36.48)	15:33.74 (36.27)	16:02.42 (28.68)	16:46.45 (44.03)	
17:22.49 (36.04)	17:56.99 (34.50)			
13 Kerns, Annie	16	Huntington YMCA	17:47.77	17:59.93
32.33	1:07.09 (34.76)	1:42.26 (35.17)	2:17.68 (35.42)	
2:53.11 (35.43)	3:28.82 (35.71)	4:04.60 (35.78)	4:40.19 (35.59)	
5:15.86 (35.67)	5:51.76 (35.90)	6:27.47 (35.71)	7:03.31 (35.84)	
7:39.34 (36.03)	8:15.48 (36.14)	8:51.88 (36.40)	9:27.97 (36.09)	
10:04.45 (36.48)	10:40.87 (36.42)	11:17.33 (36.46)	11:53.89 (36.56)	
12:30.49 (36.60)	13:06.77 (36.28)	13:43.50 (36.73)	14:20.18 (36.68)	
14:56.85 (36.67)	15:33.66 (36.81)	16:10.33 (36.67)	16:47.05 (36.72)	
17:23.94 (36.89)	17:59.93 (35.99)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
14 Wegmann, Sara	16	Huntington YMCA	18:12.75 Y	18:00.07
32.99	1:08.59 (35.60)	1:44.46 (35.87)	2:20.56 (36.10)	
2:56.47 (35.91)	3:32.49 (36.02)	4:08.46 (35.97)	4:44.66 (36.20)	
5:20.58 (35.92)	5:56.69 (36.11)	6:32.61 (35.92)	7:08.74 (36.13)	
7:44.80 (36.06)	8:21.08 (36.28)	8:57.31 (36.23)	9:33.44 (36.13)	
10:09.59 (36.15)	10:46.07 (36.48)	11:22.18 (36.11)	11:58.50 (36.32)	
12:34.57 (36.07)	13:10.93 (36.36)	13:47.15 (36.22)	14:23.46 (36.31)	
14:59.70 (36.24)	15:36.14 (36.44)	16:04.51 (28.37)	16:48.57 (44.06)	
17:10.58 (22.01)	18:00.07 (49.49)			
15 Smith, Sarah	15	ME Lyons YMCA	18:09.77	18:09.18
1:07.63	1:07.63 ()	1:43.54 (35.91)	2:19.51 (35.97)	
2:55.72 (36.21)	3:31.79 (36.07)	4:07.92 (36.13)	4:44.16 (36.24)	
5:20.31 (36.15)	5:56.49 (36.18)	6:32.71 (36.22)	7:09.00 (36.29)	
7:45.27 (36.27)	8:21.82 (36.55)	8:58.65 (36.83)	9:35.74 (37.09)	
10:12.52 (36.78)	10:49.27 (36.75)	11:26.36 (37.09)	12:03.38 (37.02)	
12:40.35 (36.97)	13:17.41 (37.06)	13:54.15 (36.74)	14:31.24 (37.09)	
15:08.12 (36.88)	15:45.01 (36.89)	16:21.34 (36.33)	16:57.96 (36.62)	
17:34.06 (36.10)	18:09.18 (35.12)			
16 Cempel, Laura	13	Joliet YMCA	18:34.25	18:10.56
32.54	1:08.15 (35.61)	1:43.46 (35.31)	2:20.18 (36.72)	
2:47.79 (27.61)	3:32.44 (44.65)	4:08.86 (36.42)	4:45.63 (36.77)	
5:13.94 (28.31)	5:59.28 (45.34)	6:35.25 (35.97)	7:12.82 (37.57)	
7:40.09 (27.27)	8:26.10 (46.01)	9:01.89 (35.79)	9:39.29 (37.40)	
10:07.01 (27.72)	10:52.35 (45.34)	11:28.93 (36.58)	12:05.53 (36.60)	
12:32.68 (27.15)	13:18.97 (46.29)	13:45.27 (26.30)	14:32.46 (47.19)	
15:09.11 (36.65)	15:45.81 (36.70)	16:21.62 (35.81)	16:59.13 (37.51)	
17:24.96 (25.83)	18:10.56 (45.60)			
17 Adams, Jessica	18	Cheshire Branch YMCA	18:18.01	18:11.83
1:08.30	1:08.30 ()	1:44.52 (36.22)	2:21.37 (36.85)	
2:58.31 (36.94)	3:35.73 (37.42)	4:13.13 (37.40)	4:50.27 (37.14)	
5:27.37 (37.10)	6:04.23 (36.86)	6:40.12 (35.89)	7:16.68 (36.56)	
7:53.38 (36.70)	8:29.47 (36.09)	9:06.17 (36.70)	9:42.80 (36.63)	
10:19.55 (36.75)	10:56.06 (36.51)	11:33.16 (37.10)	12:09.78 (36.62)	
12:46.01 (36.23)	13:22.28 (36.27)	13:59.02 (36.74)	14:35.51 (36.49)	
15:11.93 (36.42)	15:48.36 (36.43)	16:24.51 (36.15)	17:00.93 (36.42)	
17:36.82 (35.89)	18:11.83 (35.01)			
18 Robinson, Maddy	16	Reading & Berks YMCA	18:03.16 Y	18:12.16
33.24	1:09.11 (35.87)	1:45.52 (36.41)	2:22.23 (36.71)	
2:58.84 (36.61)	3:34.93 (36.09)	4:11.41 (36.48)	4:48.00 (36.59)	
5:24.70 (36.70)	6:01.16 (36.46)	6:36.99 (35.83)	7:13.20 (36.21)	
7:49.03 (35.83)	8:25.61 (36.58)	9:02.04 (36.43)	9:38.67 (36.63)	
10:15.51 (36.84)	10:52.56 (37.05)	11:29.18 (36.62)	12:06.19 (37.01)	
12:42.81 (36.62)	13:19.42 (36.61)	13:52.46 (33.04)	14:32.92 (40.46)	
15:09.74 (36.82)	15:46.69 (36.95)	16:23.81 (37.12)	17:00.51 (36.70)	
17:31.14 (30.63)	18:12.16 (41.02)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
19 Delphin, Naomi	15	N Shore/Lester Sterling BR Y	18:20.58	18:14.09
1:09.06	1:09.06 ()	1:45.47 (36.41)	2:21.76 (36.29)	
2:58.88 (37.12)	3:35.65 (36.77)	4:12.57 (36.92)	4:49.61 (37.04)	
5:26.76 (37.15)	6:03.45 (36.69)	6:39.83 (36.38)	7:16.20 (36.37)	
7:52.72 (36.52)	8:29.22 (36.50)	9:05.91 (36.69)	9:42.63 (36.72)	
10:19.59 (36.96)	10:56.11 (36.52)	11:27.34 (31.23)	12:09.88 (42.54)	
12:46.78 (36.90)	13:23.44 (36.66)	14:00.27 (36.83)	14:37.38 (37.11)	
15:14.22 (36.84)	15:51.03 (36.81)	16:28.01 (36.98)	17:03.78 (35.77)	
17:39.58 (35.80)	18:14.09 (34.51)			
20 Shanley, Lauren	14	ME Lyons YMCA	18:50.84	18:16.09
32.01	1:07.13 (35.12)	1:43.20 (36.07)	2:19.18 (35.98)	
2:55.62 (36.44)	3:32.13 (36.51)	4:08.58 (36.45)	4:45.25 (36.67)	
5:21.89 (36.64)	5:58.51 (36.62)	6:35.19 (36.68)	7:11.79 (36.60)	
7:48.75 (36.96)	8:25.53 (36.78)	9:02.64 (37.11)	9:39.69 (37.05)	
10:16.69 (37.00)	10:53.89 (37.20)	11:30.74 (36.85)	12:07.98 (37.24)	
12:44.97 (36.99)	13:22.09 (37.12)	13:59.01 (36.92)	14:36.14 (37.13)	
15:13.10 (36.96)	15:50.05 (36.95)	16:26.64 (36.59)	17:03.57 (36.93)	
17:40.14 (36.57)	18:16.09 (35.95)			
21 Kibler, Carrie	17	Winston-Salem Central YMCA	17:43.32 Y	18:17.67
32.82	1:09.24 (36.42)	1:45.55 (36.31)	2:22.04 (36.49)	
2:58.30 (36.26)	3:34.60 (36.30)	4:10.77 (36.17)	4:47.46 (36.69)	
5:24.03 (36.57)	6:00.65 (36.62)	6:37.05 (36.40)	7:13.91 (36.86)	
7:50.89 (36.98)	8:28.14 (37.25)	9:05.29 (37.15)	9:42.54 (37.25)	
10:19.57 (37.03)	10:56.73 (37.16)	11:33.60 (36.87)	12:10.87 (37.27)	
12:47.62 (36.75)	13:24.56 (36.94)	14:01.81 (37.25)	14:39.01 (37.20)	
15:15.57 (36.56)	15:52.64 (37.07)	16:29.28 (36.64)	17:05.91 (36.63)	
17:42.27 (36.36)	18:17.67 (35.40)			
22 Galvin, Sarah	13	Northwestern Dupage YMCA	18:43.44	18:19.94
28.35	1:10.31 (41.96)	1:41.14 (30.83)	2:23.77 (42.63)	
2:58.08 (34.31)	3:37.75 (39.67)	4:14.94 (37.19)	4:51.52 (36.58)	
5:28.39 (36.87)	6:05.64 (37.25)	6:42.83 (37.19)	7:19.26 (36.43)	
7:56.23 (36.97)	8:33.00 (36.77)	9:10.21 (37.21)	9:47.50 (37.29)	
10:24.52 (37.02)	11:01.72 (37.20)	11:34.11 (32.39)	12:15.68 (41.57)	
12:52.90 (37.22)	13:29.58 (36.68)	14:06.27 (36.69)	14:42.58 (36.31)	
15:17.12 (34.54)	15:55.97 (38.85)	16:33.00 (37.03)	17:09.40 (36.40)	
17:40.63 (31.23)	18:19.94 (39.31)			
23 Wynn, Sarah	15	Northwestern Dupage YMCA	18:43.51	18:20.11
33.09	1:08.94 (35.85)	1:45.64 (36.70)	2:22.31 (36.67)	
2:59.36 (37.05)	3:36.20 (36.84)	4:12.79 (36.59)	4:49.57 (36.78)	
5:26.83 (37.26)	6:03.52 (36.69)	6:40.61 (37.09)	7:17.38 (36.77)	
7:54.17 (36.79)	8:30.63 (36.46)	9:08.07 (37.44)	9:44.74 (36.67)	
10:21.85 (37.11)	10:58.52 (36.67)	11:35.91 (37.39)	12:12.73 (36.82)	
12:50.30 (37.57)	13:27.02 (36.72)	14:04.20 (37.18)	14:40.83 (36.63)	
15:18.31 (37.48)	15:55.10 (36.79)	16:31.94 (36.84)	17:08.41 (36.47)	
17:44.91 (36.50)	18:20.11 (35.20)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
24 Chute, Katie	16	ME Lyons YMCA	18:33.84	18:20.35
33.76	1:09.74 (35.98)	1:46.76 (37.02)	2:23.36 (36.60)	
2:59.90 (36.54)	3:35.94 (36.04)	4:13.00 (37.06)	4:49.66 (36.66)	
5:26.33 (36.67)	6:02.85 (36.52)	6:39.27 (36.42)	7:15.52 (36.25)	
7:51.89 (36.37)	8:28.17 (36.28)	9:04.47 (36.30)	9:40.79 (36.32)	
10:17.72 (36.93)	10:54.31 (36.59)	11:30.99 (36.68)	12:07.86 (36.87)	
12:44.76 (36.90)	13:22.14 (37.38)	13:59.18 (37.04)	14:36.69 (37.51)	
15:07.04 (30.35)	15:51.38 (44.34)	16:23.75 (32.37)	17:06.37 (42.62)	
17:44.01 (37.64)	18:20.35 (36.34)			
25 Nowak, Ann	16	Aurora Family YMCA	18:38.53	18:22.51
32.53	1:08.27 (35.74)	1:44.55 (36.28)	2:21.43 (36.88)	
2:58.14 (36.71)	3:35.04 (36.90)	4:12.13 (37.09)	4:49.24 (37.11)	
5:25.86 (36.62)	6:02.22 (36.36)	6:39.18 (36.96)	7:16.58 (37.40)	
7:53.82 (37.24)	8:31.23 (37.41)	9:08.48 (37.25)	9:45.78 (37.30)	
10:23.07 (37.29)	11:00.49 (37.42)	11:25.89 (25.40)	12:14.76 (48.87)	
12:52.13 (37.37)	13:29.98 (37.85)	14:07.21 (37.23)	14:44.39 (37.18)	
15:20.59 (36.20)	15:57.34 (36.75)	16:33.60 (36.26)	17:10.25 (36.65)	
17:46.84 (36.59)	18:22.51 (35.67)			
26 Zarba, Kristen	16	N Shore/Lester Sterling BR Y	18:26.87	18:25.19
31.81	1:07.44 (35.63)	1:43.50 (36.06)	2:19.84 (36.34)	
2:56.31 (36.47)	3:33.01 (36.70)	4:09.78 (36.77)	4:46.48 (36.70)	
5:23.54 (37.06)	6:00.80 (37.26)	6:24.01 (23.21)	7:15.37 (51.36)	
7:39.53 (24.16)	8:29.93 (50.40)	9:07.30 (37.37)	9:44.90 (37.60)	
10:22.19 (37.29)	10:59.73 (37.54)	11:22.07 (22.34)	12:14.51 (52.44)	
12:37.98 (23.47)	13:29.40 (51.42)	13:54.43 (25.03)	14:44.38 (49.95)	
15:09.42 (25.04)	15:58.95 (49.53)	16:30.28 (31.33)	17:12.64 (42.36)	
17:34.73 (22.09)	18:25.19 (50.46)			
27 Konieczny, Emily	14	Hampshire Regional YMCA	18:22.97	18:28.17
32.26	1:07.68 (35.42)	1:44.19 (36.51)	2:20.88 (36.69)	
2:57.84 (36.96)	3:35.05 (37.21)	4:12.32 (37.27)	4:49.59 (37.27)	
5:26.91 (37.32)	6:04.28 (37.37)	6:41.26 (36.98)	7:18.64 (37.38)	
7:55.78 (37.14)	8:32.80 (37.02)	9:10.33 (37.53)	9:47.65 (37.32)	
10:25.01 (37.36)	11:02.40 (37.39)	11:39.94 (37.54)	12:17.35 (37.41)	
12:54.46 (37.11)	13:31.76 (37.30)	14:09.13 (37.37)	14:46.52 (37.39)	
15:23.61 (37.09)	16:00.73 (37.12)	16:37.71 (36.98)	17:15.06 (37.35)	
17:52.25 (37.19)	18:28.17 (35.92)			
28 Driscoll, Christie	16	Marion County Branch YMCA	18:15.71 Y	18:29.90
33.51	1:10.21 (36.70)	1:47.22 (37.01)	2:24.33 (37.11)	
3:01.48 (37.15)	3:38.45 (36.97)	4:15.67 (37.22)	4:52.51 (36.84)	
5:29.43 (36.92)	6:06.31 (36.88)	6:43.34 (37.03)	7:20.64 (37.30)	
7:57.99 (37.35)	8:35.24 (37.25)	9:12.59 (37.35)	9:49.78 (37.19)	
10:26.94 (37.16)	11:04.16 (37.22)	11:41.48 (37.32)	12:18.83 (37.35)	
12:55.69 (36.86)	13:32.79 (37.10)	14:10.05 (37.26)	14:47.28 (37.23)	
15:14.16 (26.88)	16:02.01 (47.85)	16:39.16 (37.15)	17:16.36 (37.20)	
17:53.98 (37.62)	18:29.90 (35.92)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
29 Broadley, Liz	13	YMCA Aquatic Center	19:00.01	18:34.13
33.06	1:08.88 (35.82)	1:45.70 (36.82)	2:22.42 (36.72)	
2:59.29 (36.87)	3:36.06 (36.77)	4:13.07 (37.01)	4:50.31 (37.24)	
5:27.17 (36.86)	6:04.29 (37.12)	6:41.51 (37.22)	7:18.80 (37.29)	
7:56.17 (37.37)	8:33.48 (37.31)	9:10.87 (37.39)	9:48.70 (37.83)	
10:26.33 (37.63)	11:03.79 (37.46)	11:41.45 (37.66)	12:18.91 (37.46)	
12:56.24 (37.33)	13:33.66 (37.42)	14:11.30 (37.64)	14:49.08 (37.78)	
15:27.12 (38.04)	16:05.00 (37.88)	16:42.74 (37.74)	17:20.57 (37.83)	
17:58.31 (37.74)	18:34.13 (35.82)			
30 Webb, Brigid	14	Northwestern Dupage YMCA	18:58.85	18:34.27
34.58	1:10.59 (36.01)	1:47.60 (37.01)	2:24.66 (37.06)	
3:01.66 (37.00)	3:38.97 (37.31)	4:16.44 (37.47)	4:53.75 (37.31)	
5:30.78 (37.03)	6:08.44 (37.66)	6:45.15 (36.71)	7:22.56 (37.41)	
8:00.09 (37.53)	8:37.71 (37.62)	9:14.73 (37.02)	9:52.13 (37.40)	
10:29.47 (37.34)	11:07.25 (37.78)	11:44.38 (37.13)	12:22.35 (37.97)	
12:59.37 (37.02)	13:36.79 (37.42)	14:14.44 (37.65)	14:52.09 (37.65)	
15:29.76 (37.67)	16:07.58 (37.82)	16:45.18 (37.60)	17:23.24 (38.06)	
17:59.67 (36.43)	18:34.27 (34.60)			
31 Strong, Susan	17	Northwestern Dupage YMCA	18:51.31	18:34.84
34.17	1:10.52 (36.35)	1:40.79 (30.27)	2:24.79 (44.00)	
3:01.60 (36.81)	3:39.06 (37.46)	4:15.74 (36.68)	4:53.75 (38.01)	
5:30.76 (37.01)	6:08.17 (37.41)	6:44.74 (36.57)	7:22.25 (37.51)	
7:59.36 (37.11)	8:37.01 (37.65)	9:11.53 (34.52)	9:50.91 (39.38)	
10:27.97 (37.06)	11:05.83 (37.86)	11:37.87 (32.04)	12:20.43 (42.56)	
12:54.33 (33.90)	13:35.31 (40.98)	14:12.13 (36.82)	14:49.85 (37.72)	
15:27.24 (37.39)	16:04.97 (37.73)	16:37.41 (32.44)	17:20.41 (43.00)	
17:57.74 (37.33)	18:34.84 (37.10)			
32 Nedley, Marie	14	Reg Fam YMCA Laurel Highland	18:38.31	18:35.06
32.83	1:09.02 (36.19)	1:46.17 (37.15)	2:23.62 (37.45)	
3:00.92 (37.30)	3:38.03 (37.11)	4:15.49 (37.46)	4:53.32 (37.83)	
5:30.82 (37.50)	6:08.35 (37.53)	6:46.36 (38.01)	7:23.76 (37.40)	
8:01.42 (37.66)	8:38.98 (37.56)	9:16.69 (37.71)	9:54.39 (37.70)	
10:32.30 (37.91)	11:09.91 (37.61)	11:47.62 (37.71)	12:25.21 (37.59)	
13:02.25 (37.04)	13:39.84 (37.59)	14:17.39 (37.55)	14:54.73 (37.34)	
15:32.44 (37.71)	16:09.78 (37.34)	16:46.90 (37.12)	17:23.67 (36.77)	
18:00.00 (36.33)	18:35.06 (35.06)			
33 Demrow, Shannon	14	YMCA OF Gr. Elgin Taylor Fami	18:37.43	18:35.36
32.80	1:08.88 (36.08)	1:46.60 (37.72)	2:23.26 (36.66)	
3:00.20 (36.94)	3:37.41 (37.21)	4:14.38 (36.97)	4:50.87 (36.49)	
5:28.10 (37.23)	6:05.59 (37.49)	6:42.24 (36.65)	7:19.95 (37.71)	
7:57.27 (37.32)	8:34.47 (37.20)	9:11.33 (36.86)	9:48.70 (37.37)	
10:25.95 (37.25)	11:03.89 (37.94)	11:41.44 (37.55)	12:19.23 (37.79)	
12:56.83 (37.60)	13:34.44 (37.61)	14:12.78 (38.34)	14:50.98 (38.20)	
15:29.02 (38.04)	16:07.06 (38.04)	16:44.31 (37.25)	17:21.95 (37.64)	
17:59.32 (37.37)	18:35.36 (36.04)			

2004 YMCA National Long Course Championship

July 27-30, 2004

Results

(Women 1500 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
34 Wolfgruber, Heidi	14	Wilton Family YMCA	18:53.91	18:35.90
32.95	1:09.41 (36.46)	1:46.02 (36.61)	2:22.90 (36.88)	
2:59.83 (36.93)	3:37.09 (37.26)	4:13.77 (36.68)	4:51.00 (37.23)	
5:28.45 (37.45)	6:05.97 (37.52)	6:43.68 (37.71)	7:21.59 (37.91)	
7:59.00 (37.41)	8:36.99 (37.99)	9:14.76 (37.77)	9:52.83 (38.07)	
10:30.56 (37.73)	11:08.38 (37.82)	11:43.60 (35.22)	12:23.91 (40.31)	
13:01.64 (37.73)	13:39.45 (37.81)	14:17.25 (37.80)	14:54.77 (37.52)	
15:32.22 (37.45)	16:09.83 (37.61)	16:46.68 (36.85)	17:24.03 (37.35)	
18:00.11 (36.08)	18:35.90 (35.79)			
35 Molloy, Margaret	15	Ocean County YMCA	18:10.65 Y	18:37.77
27.19	1:09.31 (42.12)	1:46.80 (37.49)	2:23.41 (36.61)	
3:00.70 (37.29)	3:37.96 (37.26)	4:15.55 (37.59)	4:52.20 (36.65)	
5:30.00 (37.80)	6:06.94 (36.94)	6:44.34 (37.40)	7:22.43 (38.09)	
8:00.54 (38.11)	8:38.19 (37.65)	9:16.14 (37.95)	9:53.96 (37.82)	
10:31.71 (37.75)	11:09.68 (37.97)	11:47.28 (37.60)	12:25.32 (38.04)	
13:02.63 (37.31)	13:40.48 (37.85)	14:18.49 (38.01)	14:56.13 (37.64)	
15:33.93 (37.80)	16:11.66 (37.73)	16:49.44 (37.78)	17:26.19 (36.75)	
18:02.09 (35.90)	18:37.77 (35.68)			
36 Siggins, Amber	13	YMCA Aquatic Center	18:12.29 Y	18:41.16
34.04	1:11.36 (37.32)	1:49.24 (37.88)	2:26.62 (37.38)	
3:04.29 (37.67)	3:41.76 (37.47)	4:19.76 (38.00)	4:57.68 (37.92)	
5:35.84 (38.16)	6:13.28 (37.44)	6:50.88 (37.60)	7:28.68 (37.80)	
8:06.56 (37.88)	8:43.85 (37.29)	9:21.65 (37.80)	9:59.15 (37.50)	
10:36.56 (37.41)	11:13.91 (37.35)	11:51.56 (37.65)	12:28.31 (36.75)	
13:05.64 (37.33)	13:42.95 (37.31)	14:20.38 (37.43)	14:57.54 (37.16)	
15:34.97 (37.43)	16:12.25 (37.28)	16:49.36 (37.11)	17:26.61 (37.25)	
18:04.62 (38.01)	18:41.16 (36.54)			
37 Grosser, Chelsea	15	Reg Fam YMCA Laurel Highland	18:19.54 Y	18:42.17
32.72	1:09.18 (36.46)	1:46.53 (37.35)	2:24.23 (37.70)	
3:02.31 (38.08)	3:40.17 (37.86)	4:18.97 (38.80)	4:56.66 (37.69)	
5:35.25 (38.59)	6:13.29 (38.04)	6:52.20 (38.91)	7:30.18 (37.98)	
8:07.88 (37.70)	8:45.46 (37.58)	9:23.66 (38.20)	10:00.71 (37.05)	
10:39.28 (38.57)	11:16.98 (37.70)	11:54.50 (37.52)	12:32.13 (37.63)	
13:04.05 (31.92)	13:47.46 (43.41)	14:24.81 (37.35)	15:02.10 (37.29)	
15:39.34 (37.24)	16:16.38 (37.04)	16:54.14 (37.76)	17:30.82 (36.68)	
18:07.35 (36.53)	18:42.17 (34.82)			
38 Loubris, Katy	15	N Shore/Lester Sterling BR Y	18:12.74 Y	18:44.30
34.91	1:12.04 (37.13)	1:49.68 (37.64)	2:27.52 (37.84)	
3:05.32 (37.80)	3:42.47 (37.15)	4:19.72 (37.25)	4:57.48 (37.76)	
5:34.98 (37.50)	6:12.75 (37.77)	6:49.96 (37.21)	7:27.43 (37.47)	
8:05.27 (37.84)	8:42.82 (37.55)	9:20.37 (37.55)	9:58.04 (37.67)	
10:35.93 (37.89)	11:13.55 (37.62)	11:46.46 (32.91)	12:28.94 (42.48)	
13:06.80 (37.86)	13:44.52 (37.72)	14:22.48 (37.96)	15:00.03 (37.55)	
15:37.76 (37.73)	16:15.31 (37.55)	16:53.05 (37.74)	17:30.90 (37.85)	
18:08.43 (37.53)	18:44.30 (35.87)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Women 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
39 Happ, Megan	13	Boyertown Area YMCA	19:04.69	18:44.36
33.27	1:09.86 (36.59)	1:46.47 (36.61)	2:23.25 (36.78)	
3:00.52 (37.27)	3:37.69 (37.17)	4:13.19 (35.50)	4:52.14 (38.95)	
5:20.52 (28.38)	6:07.76 (47.24)	6:39.34 (31.58)	7:23.71 (44.37)	
7:53.69 (29.98)	8:39.72 (46.03)	9:10.54 (30.82)	9:55.74 (45.20)	
10:26.94 (31.20)	11:12.30 (45.36)	11:40.32 (28.02)	12:27.98 (47.66)	
12:59.49 (31.51)	13:43.36 (43.87)	14:21.67 (38.31)	14:59.75 (38.08)	
15:25.64 (25.89)	16:15.40 (49.76)	16:44.77 (29.37)	17:30.50 (45.73)	
17:57.14 (26.64)	18:44.36 (47.22)			
40 Reall, Amanda	14	YMCA Aquatic Center	19:04.44	19:00.91
34.74	1:11.49 (36.75)	1:41.42 (29.93)	2:26.47 (45.05)	
3:04.30 (37.83)	3:42.02 (37.72)	4:20.37 (38.35)	4:58.45 (38.08)	
5:36.63 (38.18)	6:14.73 (38.10)	6:52.82 (38.09)	7:30.80 (37.98)	
8:09.22 (38.42)	8:47.31 (38.09)	9:25.44 (38.13)	10:03.91 (38.47)	
10:42.41 (38.50)	11:20.66 (38.25)	11:59.26 (38.60)	12:38.03 (38.77)	
13:16.28 (38.25)	13:54.71 (38.43)	14:33.56 (38.85)	15:12.26 (38.70)	
15:42.11 (29.85)	16:29.56 (47.45)	17:07.66 (38.10)	17:46.17 (38.51)	
18:24.80 (38.63)	19:00.91 (36.11)			
41 Milburn, Jessica	14	Joliet YMCA	18:51.10	19:02.82
32.54	1:09.10 (36.56)	1:45.95 (36.85)	2:24.65 (38.70)	
3:02.74 (38.09)	3:40.35 (37.61)	4:08.93 (28.58)	4:56.42 (47.49)	
5:34.13 (37.71)	6:12.31 (38.18)	6:44.38 (32.07)	7:28.09 (43.71)	
8:06.25 (38.16)	8:44.76 (38.51)	9:23.03 (38.27)	10:01.36 (38.33)	
10:33.25 (31.89)	11:18.28 (45.03)	11:56.96 (38.68)	12:35.67 (38.71)	
13:14.18 (38.51)	13:52.77 (38.59)	14:31.78 (39.01)	15:10.55 (38.77)	
15:49.58 (39.03)	16:28.53 (38.95)	17:08.20 (39.67)	17:46.61 (38.41)	
18:25.40 (38.79)	19:02.82 (37.42)			
42 Morlock, Amy	16	Harford County Family YMCA	17:53.75 Y	19:05.16
34.02	1:11.28 (37.26)	1:48.94 (37.66)	2:26.89 (37.95)	
3:05.10 (38.21)	3:43.25 (38.15)	4:21.42 (38.17)	4:59.81 (38.39)	
5:38.33 (38.52)	6:17.03 (38.70)	6:52.30 (35.27)	7:34.54 (42.24)	
8:01.32 (26.78)	8:52.24 (50.92)	9:20.76 (28.52)	10:10.24 (49.48)	
10:49.64 (39.40)	11:28.21 (38.57)	12:07.47 (39.26)	12:46.42 (38.95)	
13:25.12 (38.70)	14:04.04 (38.92)	14:42.60 (38.56)	15:21.19 (38.59)	
15:59.09 (37.90)	16:37.47 (38.38)	17:14.93 (37.46)	17:52.83 (37.90)	
18:19.18 (26.35)	19:05.16 (45.98)			
43 Cempel, Sarah	15	Joliet YMCA	19:07.87	19:05.84
25.52	1:10.41 (44.89)	1:42.57 (32.16)	2:25.52 (42.95)	
3:03.45 (37.93)	3:41.62 (38.17)	4:12.79 (31.17)	4:58.42 (45.63)	
5:32.56 (34.14)	6:15.08 (42.52)	6:53.64 (38.56)	7:32.27 (38.63)	
8:03.06 (30.79)	8:49.47 (46.41)	9:28.22 (38.75)	10:06.88 (38.66)	
10:45.39 (38.51)	11:24.35 (38.96)	11:55.82 (31.47)	12:41.99 (46.17)	
13:21.02 (39.03)	13:59.84 (38.82)	14:38.82 (38.98)	15:17.82 (39.00)	
15:56.73 (38.91)	16:35.17 (38.44)	17:13.90 (38.73)	17:51.97 (38.07)	
18:25.50 (33.53)	19:05.84 (40.34)			

2004 YMCA National Long Course Championship

July 27-30, 2004

Results

(Women 1500 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
44 Huffman, Alexandra	16	East Hartford YMCA	19:07.99	19:06.29
33.21	1:09.83 (36.62)	1:47.33 (37.50)	2:25.10 (37.77)	
3:02.93 (37.83)	3:40.94 (38.01)	4:19.14 (38.20)	4:57.20 (38.06)	
5:35.26 (38.06)	6:13.77 (38.51)	6:52.34 (38.57)	7:31.30 (38.96)	
8:09.98 (38.68)	8:48.37 (38.39)	9:26.80 (38.43)	10:04.59 (37.79)	
10:43.45 (38.86)	11:22.46 (39.01)	12:01.25 (38.79)	12:39.98 (38.73)	
13:18.98 (39.00)	13:58.07 (39.09)	14:37.17 (39.10)	15:16.28 (39.11)	
15:55.29 (39.01)	16:34.02 (38.73)	17:12.79 (38.77)	17:51.14 (38.35)	
18:29.54 (38.40)	19:06.29 (36.75)			
45 Prater, Jessica	18	Huntington YMCA	18:19.01	19:08.94
1:10.61	1:10.61 ()	1:48.36 (37.75)	2:25.95 (37.59)	
3:03.88 (37.93)	3:42.05 (38.17)	4:20.24 (38.19)	4:59.06 (38.82)	
5:37.39 (38.33)	6:16.13 (38.74)	6:54.55 (38.42)	7:33.47 (38.92)	
8:11.96 (38.49)	8:50.38 (38.42)	9:29.05 (38.67)	10:07.72 (38.67)	
10:47.13 (39.41)	11:25.40 (38.27)	12:03.99 (38.59)	12:42.86 (38.87)	
13:21.41 (38.55)	14:01.02 (39.61)	14:39.64 (38.62)	15:17.86 (38.22)	
15:57.07 (39.21)	16:35.48 (38.41)	17:13.92 (38.44)	17:52.77 (38.85)	
18:31.26 (38.49)	19:08.94 (37.68)			
46 Hotchkiss, Erin	15	Tampa Metro YMCA	18:48.83	19:20.72
32.57	1:08.08 (35.51)	1:44.31 (36.23)	2:21.67 (37.36)	
2:59.17 (37.50)	3:37.18 (38.01)	4:14.92 (37.74)	4:53.35 (38.43)	
5:32.00 (38.65)	6:10.93 (38.93)	6:49.40 (38.47)	7:28.36 (38.96)	
8:07.75 (39.39)	8:47.43 (39.68)	9:27.03 (39.60)	10:06.38 (39.35)	
10:45.84 (39.46)	11:25.82 (39.98)	12:05.03 (39.21)	12:43.32 (38.29)	
13:23.19 (39.87)	14:02.74 (39.55)	14:41.79 (39.05)	15:21.87 (40.08)	
16:01.98 (40.11)	16:42.37 (40.39)	17:21.95 (39.58)	18:02.00 (40.05)	
18:41.34 (39.34)	19:20.72 (39.38)			
47 Casazza, Elizabeth	15	Hamilton Area YMCA	18:21.92 Y	19:23.48
35.09	1:13.66 (38.57)	1:52.48 (38.82)	2:30.99 (38.51)	
3:09.65 (38.66)	3:48.93 (39.28)	4:27.92 (38.99)	5:07.15 (39.23)	
5:46.56 (39.41)	6:25.78 (39.22)	7:04.85 (39.07)	7:44.68 (39.83)	
8:23.82 (39.14)	9:02.93 (39.11)	9:42.54 (39.61)	10:22.12 (39.58)	
11:01.72 (39.60)	11:41.30 (39.58)	12:20.42 (39.12)	12:59.83 (39.41)	
13:38.93 (39.10)	14:18.01 (39.08)	14:57.12 (39.11)	15:36.12 (39.00)	
16:14.59 (38.47)	16:53.26 (38.67)	17:31.15 (37.89)	18:09.13 (37.98)	
18:46.75 (37.62)	19:23.48 (36.73)			
48 Bombrys, Kylie	16	Toledo YMCA	18:18.45 Y	19:32.95
28.71	1:13.74 (45.03)	1:50.49 (36.75)	2:33.26 (42.77)	
3:07.63 (34.37)	3:51.97 (44.34)	4:31.67 (39.70)	5:11.34 (39.67)	
5:50.69 (39.35)	6:30.45 (39.76)	7:09.39 (38.94)	7:48.78 (39.39)	
8:27.94 (39.16)	9:07.28 (39.34)	9:46.19 (38.91)	10:25.98 (39.79)	
11:05.01 (39.03)	11:43.82 (38.81)	12:23.05 (39.23)	13:01.76 (38.71)	
13:40.94 (39.18)	14:19.93 (38.99)	14:58.98 (39.05)	15:37.87 (38.89)	
16:16.52 (38.65)	16:56.58 (40.06)	17:35.68 (39.10)	18:15.94 (40.26)	
18:54.85 (38.91)	19:32.95 (38.10)			

Women 50 LC Meter Backstroke Swim-off

National: 0.01 *

Name	Age	Team	Seed Time	Finals Time
- Swim-off				
1 Davidson, Jaclyn	16	N Shore/Lester Sterling BR Y	NT	31.46
2 Shelps, Lisa	16	Boyertown Area YMCA	NT	31.64

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Women 50 LC Meter Backstroke**

National: 29.55 * 7/31/2003 **Meagan Ekkman**
Broken Rec: 29.32 # 2004 **English, Lauren**

Middle Tyger-SC

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 English, Lauren	15	Montclair YMCA	29.73	29.32#
2 Myers, Michelle	16	State College Area YMCA	30.89	30.72
3 Bateman, Sarah	14	YMCA Aquatic Center	31.30	31.14
4 McDowell, Brie	17	Tri-Hampton YMCA	31.82	31.21
5 Merz, Alexa	17	Palisades-Malibu YMCA	31.76	31.35
6 Miller, Alli	17	YMCA Aquatic Center	31.79	31.40
6 Hug, Kelley	16	Tampa Metro YMCA	31.74	31.40
8 Vickroy, Lindsay	16	Upper Main Line YMCA	31.86	31.75
B - Final				
9 Davidson, Jaclyn	16	N Shore/Lester Sterling BR Y	32.41	31.25
10 Penrod, Chatham	16	Miami County YMCA	31.98	31.31
11 Suppan, Catherine	16	Greater Burlington YMCA	31.89	31.80
12 King, Melissa	16	Countryside-Warren County YMC	32.37	31.82
12 Haley, Lauren	15	Northern Neck Branch YMCA	32.11	31.82
14 Murphy, Jillian	14	Fanwood-Scotch Plains YMCA	32.16	32.09
15 Roncase, Kristen	18	Boyertown Area YMCA	31.92	32.10
16 Spencer, Jennie	17	Harrison County YMCA	32.19	32.13

Women 50 LC Meter Backstroke

National: 29.55 * 7/31/2003 **Meagan Ekkman**
Broken Rec: 29.32 # 2004 **English, Lauren**

Middle Tyger-SC

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 English, Lauren	15	Montclair YMCA	30.19	29.73
2 Myers, Michelle	16	State College Area YMCA	31.59	30.89
3 Bateman, Sarah	14	YMCA Aquatic Center	27.36 Y	31.30
4 Hug, Kelley	16	Tampa Metro YMCA	31.36	31.74
5 Merz, Alexa	17	Palisades-Malibu YMCA	29.59 Y	31.76
6 Miller, Alli	17	YMCA Aquatic Center	33.46	31.79
7 McDowell, Brie	17	Tri-Hampton YMCA	33.42	31.82
8 Vickroy, Lindsay	16	Upper Main Line YMCA	32.19	31.86
9 Suppan, Catherine	16	Greater Burlington YMCA	31.95	31.89
10 Roncase, Kristen	18	Boyertown Area YMCA	31.56	31.92
11 Penrod, Chatham	16	Miami County YMCA	32.41	31.98
12 Haley, Lauren	15	Northern Neck Branch YMCA	32.13	32.11
13 Murphy, Jillian	14	Fanwood-Scotch Plains YMCA	30.16 Y	32.16
14 Spencer, Jennie	17	Harrison County YMCA	32.77	32.19
15 King, Melissa	16	Countryside-Warren County YMC	32.75	32.37
16 Davidson, Jaclyn	16	N Shore/Lester Sterling BR Y	31.69	32.41
17 Shelps, Lisa	16	Boyertown Area YMCA	33.54	J32.41
18 Borgemenke, Danielle	17	Gamble Nippert YMCA	32.65	32.46
19 Karchner, Kendall	16	Toledo YMCA	32.55	32.56
20 Brager, Kristy	18	Green Bay Metro YMCA	32.39	32.58
21 Kishbaugh, Ryann	16	Bloomsburg Area YMCA	32.36	32.62
22 Downs, Krysta	16	Greater Holyoke YMCA	28.89 Y	32.79

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
23	Rohr, Brittney	14	South Community Family BR YM	32.44	32.80
24	Steider, Katie	14	Meadville YMCA	32.95	32.85
25	Holskey, Danielle	18	J.B. Chambers Mem. Branch YMC	33.43	32.88
26	Clay, Ashley	16	Winston-Salem Central YMCA	31.62	32.90
27	Geary, Liz	18	Boyertown Area YMCA	33.58	32.91
28	Dvorak, Kelly	17	Northwestern Dupage YMCA	32.29	32.92
29	Bankovich, Brittany	15	Reg Fam YMCA Laurel Highland	33.82	32.93
30	Price, Moira	17	Madison Area YMCA	33.25 S	32.96
31	Komminos, Kat	15	Regional YMCA of Western CT	33.37	33.02
32	Macklin, Julie	17	Mid-Delmarva Family YMCA	28.57 Y	33.03
33	Feldish, Jessica	14	West Shore-Harrisburg YMCA	33.42 S	33.14
34	Vogel, Cara	13	South Shore YMCA	33.30	33.18
35	Heberton, Jen	16	New Canaan Community YMCA	28.16 Y	33.21
36	Hawk, Marin	15	Wilton Family YMCA	33.24	33.22
36	Suppan, Alex	13	Greater Burlington YMCA	33.86	33.22
38	Caldwell, Aubrey	14	Pottstown Family YMCA	34.09	33.24
39	Dubiel, Allie	15	Somerset Valley YMCA	33.20	33.28
40	Button, Sarah	14	Somerset Hills YMCA	33.81 S	33.31
41	Luedke, Laura	17	Schroeder YMCA	32.86	33.33
42	Sharkey, Renae	14	Metuchen-Edison YMCA	33.40	33.35
43	Bromann, Amy	18	Aurora Family YMCA	29.18 Y	33.39
43	Quartermouse, Macaela	15	Cheshire Branch YMCA	33.77	33.39
43	Traynor, Nicol	15	Somerset Hills YMCA	32.94 S	33.39
46	Kraemer, Amy	17	Mid-Delmarva Family YMCA	28.81 Y	33.41
47	Riesen, Lucy	17	Countryside-Warren County YMC	33.95	33.43
48	Burns, Caroline	13	Anne Arundel YMCA	34.54	33.46
49	Davit, Catherine	16	Northwestern Dupage YMCA	30.14 Y	33.49
50	Bogue, Courtney	13	Blue Ash Branch YMCA	34.28	33.50
50	McAuley, Rebekah	17	Leaning Tower YMCA	32.98 S	33.50
52	Andrews, Kayla	16	Kennett Area YMCA	28.65 Y	33.51
53	Moll, Kristen	13	Somerset Valley YMCA	34.08	33.57
54	Henry, Sarah	13	Schroeder YMCA	32.31	33.59
54	Grove, Natalie	17	Countryside-Warren County YMC	33.52	33.59
56	Fletcher, Sara	15	Countryside-Warren County YMC	34.49	33.60
57	Kinsey, Stephanie	13	West Shore-Harrisburg YMCA	33.97	33.61
58	Valentine, Katie	15	Boyertown Area YMCA	29.93 Y	33.63
59	Page, Kate	18	Andover-North Andover YMCA	33.33	33.66
59	Gray, Jordan	12	YMCA OF Gr. Elgin Taylor Fami	34.43	33.66
61	Millson, Alexandra	13	RC Durr Family YMCA	34.44	33.68
62	Tomkowski, Allison	16	Greater Johnstown Comm. YMCA	29.66 Y	33.71
63	Watson, Mallory	17	Ocean County YMCA	33.92	33.78
64	Savard, Christina	15	Upper Main Line YMCA	34.12	33.80
64	Kading, Kelly	14	Green Bay Metro YMCA	29.40 Y	33.80
64	Strobel, Abby	17	Appleton Family YMCA	33.26	33.80
67	Ueda, Ayumi	16	Farmington Family YMCA	29.49 Y	33.90
68	Glynn, Meg	16	South Shore YMCA	34.03	33.91
69	Beatty, Jennifer	14	Indiana County YMCA	29.55 Y	33.93
70	Van Oost, Alexandra	13	YMCA of McHenry Co.	29.24 Y	33.96
71	Cerrezin, Laura	15	Countryside-Warren County YMC	34.59	33.97
72	Henkels, Mary	14	Fanwood-Scotch Plains YMCA	29.79 Y	33.98

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
73 Akenberger, Jamie	13	Toledo YMCA	29.95 Y	34.01
74 Forrest, Danielle	13	Cheshire Branch YMCA	34.01	34.04
75 Hall, Sarah	17	Green Bay Metro YMCA	34.12	34.05
76 Capuano, Hollis	13	Cheshire Branch YMCA	30.05 Y	34.14
76 Edson, Kelsey	14	Birmingham Family YMCA	30.09 Y	34.14
78 Gonzalez, Alexandra	15	Madison Area YMCA	33.71 S	34.16
79 Parry, Lucia	16	State College Area YMCA	29.99 Y	34.21
80 Madden, Cara	15	N Shore/Lester Sterling BR Y	34.27	34.22
81 Hohwald, Kathleen	15	Brandywine YMCA	34.39	34.24
81 Horton, Rachel	14	Brandywine YMCA	34.27	34.24
83 Kelly, Danielle	16	Harford County Family YMCA	29.22 Y	34.25
83 Close, Katie A	14	Aurora Family YMCA	33.72 S	34.25
85 Braza, Carolyn	15	Schroeder YMCA	30.19 Y	34.26
86 Robertson, Sara	16	Blue Ash Branch YMCA	34.74	34.27
87 Oliver, Ashley	16	Schroeder YMCA	34.47	34.29
88 Marino, Christine	17	Fanwood-Scotch Plains YMCA	30.10 Y	34.32
88 Thomas, Kate	14	Winston-Salem Central YMCA	30.19 Y	34.32
90 Healey, Courtney	17	Andover-North Andover YMCA	33.77	34.35
91 Driscoll, Caitlin	14	Hampshire Regional YMCA	33.89	34.37
92 Smyth, Jacqueline	17	N Shore/Lester Sterling BR Y	30.16 Y	34.39
93 Golla, Lauren	15	Stevens Point YMCA	34.26	34.41
93 Gingher, Michele	13	State College Area YMCA	29.80 Y	34.41
93 Boucher, Kayleigh	15	East Hartford YMCA	34.62	34.41
96 Keenan, Katie	16	Flint YMCA	30.13 Y	34.42
97 Rines, Kristi	14	Chambersburg Memorial YMCA	34.06 S	34.49
97 Rappa, Megan	14	Wilton Family YMCA	34.67	34.49
99 Dill, Stephanie	14	Hampshire Regional YMCA	30.11 Y	34.51
100 Ierley, Danielle	16	York & York County YMCA	29.51 Y	34.53
101 Wanstreet, Kerry	14	Harrison County YMCA	29.83 Y	34.55
102 Bugenske, Elise	16	Saginaw YMCA	29.46 Y	34.56
103 Phillips, Adrienne	13	West Shore-Harrisburg YMCA	34.21 S	34.57
104 Donnelly, Meghan	15	Ocean County YMCA	34.13 S	34.61
105 Melville, Lauren	16	Waynesboro Ymca- Pennsylvania	34.67	34.63
106 Driscoll, Darby	17	Hamilton Area YMCA	33.41 S	34.64
106 McLaughlin, Maureen	18	Harford County Family YMCA	34.33	34.64
108 Moore, Stephanie	18	Rappahannock Area YMCA	30.05 Y	34.68
108 Powanda, Shea	13	Chambersburg Memorial YMCA	30.15 Y	34.68
108 Schneiderlochner, Courtney	15	Western Area Branch YMCA	34.76	34.68
111 Degenhart, Kaytlyn	13	Boyertown Area YMCA	29.39 Y	34.69
112 Uding, Alex	14	Leaning Tower YMCA	33.36 S	34.72
112 Pera, Nicole	15	Tri-Hampton YMCA	34.49	34.72
114 Smith, Haley	15	Wilton Family YMCA	29.91 Y	34.73
114 Polantz, Katelyn	17	Greater Johnstown Comm. YMCA	29.96 Y	34.73
116 Stumpf, Ashlyn	16	West Shore-Harrisburg YMCA	34.27	34.77
117 Stoffer, Aimee	16	Blue Ash Branch YMCA	34.42	34.81
118 McDowell, Jenna	15	Tri-Hampton YMCA	29.92 Y	34.82
119 Keenan, Hayley	15	Carroll County Family YMCA	34.28	34.83
120 Chermely, Abby	15	Gamble Nippert YMCA	33.99	34.84
121 Maltry, Katy	17	Appleton Family YMCA	34.62	34.85
122 O'Donnell, Samantha	16	Cheshire Branch YMCA	34.49	34.86

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
123 Will, Jenny	17	Schroeder YMCA	34.29	34.89
123 Kent, Lindsey	13	Schroeder YMCA	34.63	34.89
125 Radin, Katie	13	South Shore YMCA	33.80 S	34.90
126 Wright, Maggie	16	South Community Family BR YM	34.72	34.93
127 Cotton, Megan	16	Racine Family YMCA	29.91 Y	34.95
127 McCluskey, Maureen	15	Flushing Branch YMCA	34.03 S	34.95
129 Keller, Chelsea	15	Blue Ash Branch YMCA	34.28	34.99
129 Marinello, Natalie	14	Aurora Family YMCA	34.62	34.99
131 Cichewicz, Morgan	14	Brandywine YMCA	34.22 S	35.01
132 Southworth, Lindsay	16	Carroll County Family YMCA	29.79 Y	35.05
133 Smith, Courtney	17	Andover-North Andover YMCA	33.27 S	35.06
134 Aughinbaugh, Katie	16	Chambersburg Memorial YMCA	32.89 S	35.08
135 Laatsch, Molly E	15	Aurora Family YMCA	33.87 S	35.10
136 Richman, Charlotte	15	Montclair YMCA	33.86 S	35.16
137 Stoughton, Katie	15	Lionville Community YMCA	34.08 S	35.18
138 Barriger, Jessy	16	YMCA OF Catawba Valley	30.12 Y	35.19
139 Andrews, Jaclyn	15	Greensburg YMCA	29.92 Y	35.21
140 Hurley, Kelsey	13	Somerset Valley YMCA	33.81 S	35.24
140 Torro, Melissa	15	Metuchen-Edison YMCA	34.30 S	35.24
142 Webb, Colleen	12	Northwestern Dupage YMCA	33.40 S	35.29
143 Carberry, Sam	12	West Shore-Harrisburg YMCA	34.30 S	35.32
144 Johnson, Kate	15	Cuyahoga Falls Riverfront YMCA	29.18 Y	35.35
145 LO, Jenny	15	Ocean County YMCA	33.93 S	35.36
146 Montello, Kristen	14	Chambersburg Memorial YMCA	34.14 S	35.47
147 Roberto, Thirza	16	Anne Arundel YMCA	29.86 Y	35.53
148 Milley, Diana	15	Montclair YMCA	34.05 S	35.58
149 Sanders, Jordan	17	Waynesboro Ymca- Pennsylvania	34.78	35.64
150 Sabri, Kaitlyn	15	Chambersburg Memorial YMCA	29.75 Y	35.67
151 Eshleman, Megan	14	Northwestern Dupage YMCA	34.36 S	35.72
152 Boyd, Kelly	13	Tampa Metro YMCA	29.71 Y	35.75
153 Howes, Kelsey	14	York & York County YMCA	33.55 S	35.87
154 Fedorovich, Kyra	15	McKeesport YMCA	34.68	35.92
155 Roycroft, Courtney	13	Hockomock Area YMCA	34.13 S	35.94
156 LaScala, Liz	17	Chapel Hill-Carrboro YMCA	34.27 S	35.95
157 Nagle, Jackie	16	Jerry L Garver YMCA	30.19 Y	36.20
158 Rochna, Brittany	14	Indiana County YMCA	29.85 Y	36.33
159 Pfeifer, Christine	18	Flushing Branch YMCA	34.27 S	36.56
160 Zitkus, Lauren	13	Leaning Tower YMCA	34.22 S	36.59
161 Klein, Heather	15	Leaning Tower YMCA	33.96 S	36.92

Women 100 LC Meter Backstroke Swim-off

National: 0.01 *

Name	Age	Team	Seed Time	Finals Time
- Swim-off				
1 Shelps, Lisa	16	Boyertown Area YMCA	NT	1:06.73
	32.86	1:06.73 (33.87)		
2 Clay, Ashley	16	Winston-Salem Central YMCA	NT	1:07.50
	32.84	1:07.50 (34.66)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Women 100 LC Meter Backstroke**

National: 1:03.33 * 7/28/2003 Tricia Weaner
Broken Rec: 1:02.73 # 2004 Weaner, Tricia **West Shore-PA-**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Weaner, Tricia	15	West Shore-Harrisburg YMCA	1:03.22	1:02.73#
30.43	1:02.73 (32.30)			
2 English, Lauren	15	Montclair YMCA	1:04.47	1:03.02*
30.41	1:03.02 (32.61)			
3 Myers, Michelle	16	State College Area YMCA	1:06.54	1:05.64
32.28	1:05.64 (33.36)			
4 Shelps, Lisa	16	Boyertown Area YMCA	1:07.71	1:06.60
32.75	1:06.60 (33.85)			
5 Lee, Felicia	12	Montclair YMCA	1:07.49	1:06.81
32.55	1:06.81 (34.26)			
6 Carpenter, Kasey	16	ME Lyons YMCA	1:07.26	1:07.18
32.89	1:07.18 (34.29)			
7 King, Melissa	16	Countryside-Warren County YMC	1:07.15	1:07.28
32.84	1:07.28 (34.44)			
8 Hug, Kelley	16	Tampa Metro YMCA	1:07.68	1:07.86
33.11	1:07.86 (34.75)			
B - Final				
9 Miller, Alli	17	YMCA Aquatic Center	1:08.00	1:06.48
10 Penrod, Chatham	16	Miami County YMCA	1:08.22	1:07.23
11 Haley, Lauren	15	Northern Neck Branch YMCA	1:08.42	1:07.44
12 Clay, Ashley	16	Winston-Salem Central YMCA	1:07.71	1:07.55
13 McDowell, Brie	17	Tri-Hampton YMCA	1:08.21	1:07.58
14 Roncase, Kristen	18	Boyertown Area YMCA	1:07.75	1:07.78
15 Vickroy, Lindsay	16	Upper Main Line YMCA	1:08.40	1:07.82
16 Vogel, Cara	13	South Shore YMCA	1:08.06	1:08.07

Women 100 LC Meter Backstroke

National: 1:03.33 * 7/28/2003 Tricia Weaner
Broken Rec: 1:02.73 # 2004 Weaner, Tricia **West Shore-PA-**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Weaner, Tricia	15	West Shore-Harrisburg YMCA	1:03.08	1:03.22*
2 English, Lauren	15	Montclair YMCA	1:03.35	1:04.47
3 Myers, Michelle	16	State College Area YMCA	1:06.50	1:06.54
4 King, Melissa	16	Countryside-Warren County YMC	1:09.31	1:07.15
5 Carpenter, Kasey	16	ME Lyons YMCA	1:08.14	1:07.26
6 Lee, Felicia	12	Montclair YMCA	1:08.48	1:07.49
7 Hug, Kelley	16	Tampa Metro YMCA	1:06.58	1:07.68
8 Shelps, Lisa	16	Boyertown Area YMCA	57.65 Y	1:07.71
9 Clay, Ashley	16	Winston-Salem Central YMCA	1:06.84	J1:07.71
10 Roncase, Kristen	18	Boyertown Area YMCA	1:07.58	1:07.75
11 Miller, Alli	17	YMCA Aquatic Center	1:08.09	1:08.00
12 Vogel, Cara	13	South Shore YMCA	1:09.14	1:08.06
13 McDowell, Brie	17	Tri-Hampton YMCA	1:12.21	1:08.21
14 Penrod, Chatham	16	Miami County YMCA	1:08.29	1:08.22
15 Vickroy, Lindsay	16	Upper Main Line YMCA	1:09.81	1:08.40

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
16	Haley, Lauren	15	Northern Neck Branch YMCA	1:07.19	1:08.42
17	Karchner, Kendall	16	Toledo YMCA	1:09.50	1:08.66
18	Suppan, Catherine	16	Greater Burlington YMCA	1:09.35	1:08.82
19	Davidson, Jaclyn	16	N Shore/Lester Sterling BR Y	1:07.44	1:08.83
20	Hawk, Marin	15	Wilton Family YMCA	1:08.91	1:09.00
21	D'Erasmus, Laura	17	Wilton Family YMCA	1:10.83	1:09.07
22	McDonough, Catie	17	Madison Area YMCA	1:08.17	1:09.15
23	Kishbaugh, Ryann	16	Bloomsburg Area YMCA	1:09.66	1:09.27
24	Borgemenke, Danielle	17	Gamble Nippert YMCA	1:09.02	1:09.49
25	Dvorak, Kelly	17	Northwestern Dupage YMCA	1:08.58	1:09.53
26	Geary, Liz	18	Boyertown Area YMCA	1:10.17	1:09.66
27	Sharkey, Renae	14	Metuchen-Edison YMCA	1:10.30	1:09.74
28	Weaner, Emily	12	West Shore-Harrisburg YMCA	1:11.27	1:09.97
29	Rameriz, Lily	13	North Central Florida YMCA	1:13.00	1:10.03
30	Prior, Audrey	17	Tampa Metro YMCA	1:11.05	1:10.09
31	Spencer, Jennie	17	Harrison County YMCA	1:07.81	1:10.36
32	Rohr, Brittney	14	South Community Family BR YM	1:10.47	1:10.45
33	Francis, Kylie	15	Boyertown Area YMCA	1:13.35	1:10.60
34	Murphy, Jillian	14	Fanwood-Scotch Plains YMCA	1:03.34 Y	1:10.62
35	Dailey, Meghan	17	Middle Tyger YMCA	1:10.94	1:10.67
35	Nockengost, Sarah	14	Brandywine-De YMCA	1:01.05 Y	1:10.67
37	Kalevich, Victoria	16	Madison Area YMCA	1:12.59	1:10.77
38	Savard, Christina	15	Upper Main Line YMCA	1:11.92	1:10.87
39	Impink, Caitlin	15	Reading & Berks YMCA	1:10.35	1:10.90
40	Bichanich, Erin	15	Schroeder YMCA	1:11.02	1:10.91
41	Grove, Natalie	17	Countryside-Warren County YMC	1:11.64	1:10.97
42	Cantwell, Tina	17	Reading & Berks YMCA	1:01.46 Y	1:11.05
43	Bromann, Amy	18	Aurora Family YMCA	1:00.60 Y	1:11.06
44	Downs, Krysta	16	Greater Holyoke YMCA	1:02.51 Y	1:11.09
45	Steider, Katie	14	Meadville YMCA	1:12.37	1:11.12
46	Dvorak, Samantha	15	Northwestern Dupage YMCA	1:10.12	1:11.20
47	Traynor, Nicol	15	Somerset Hills YMCA	1:01.41 Y	1:11.22
48	Galvin, Sarah	13	Northwestern Dupage YMCA	1:02.39 Y	1:11.23
49	Bankovich, Brittany	15	Reg Fam YMCA Laurel Highland	1:01.83 Y	1:11.28
50	Andrews, Kayla	16	Kennett Area YMCA	59.93 Y	1:11.29
51	Ueda, Ayumi	16	Farmington Family YMCA	1:13.27	1:11.31
52	Akenberger, Jamie	13	Toledo YMCA	1:02.26 Y	1:11.33
53	Holskey, Danielle	18	J.B. Chambers Mem. Branch YMC	1:00.03 Y	1:11.36
54	Page, Kate	18	Andover-North Andover YMCA	1:11.01	1:11.42
55	Cronin, Meredith	16	Hockomock Area YMCA	1:03.47 Y	1:11.52
56	Glaeser, Suzannah	14	Rappahannock Area YMCA	1:09.23	1:11.53
57	Cerrezin, Laura	15	Countryside-Warren County YMC	1:13.20	1:11.59
58	Zafir, Lauren	16	Northwestern Dupage YMCA	1:12.86	1:11.60
59	Hoeper, Emilie	16	Blue Ash Branch YMCA	1:11.94	1:11.61
60	Hall, Sarah	17	Green Bay Metro YMCA	1:12.54	1:11.67
61	Henry, Sarah	13	Schroeder YMCA	1:12.01	1:11.68
62	Strobel, Abby	17	Appleton Family YMCA	1:11.52	1:11.71
63	Eberly, Kelsie	16	Countryside-Warren County YMC	1:12.78	1:11.76
64	Watson, Mallory	17	Ocean County YMCA	1:11.89	1:11.80

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
65 Davit, Catherine	16	Northwestern Dupage YMCA	1:02.46 Y	1:11.81
65 Bertram, Sarah	17	J.F. Hurley YMCA	1:03.06 Y	1:11.81
67 Edson, Kelsey	14	Birmingham Family YMCA	1:01.49 Y	1:11.85
68 Komminos, Kat	15	Regional YMCA of Western CT	1:10.73	1:11.88
69 Gray, Jordan	12	YMCA OF Gr. Elgin Taylor Fami	1:02.92 Y	1:11.91
70 Pavolko, Brittany	14	Hampshire Regional YMCA	1:11.32	1:12.06
71 Van Oost, Alexandra	13	YMCA of McHenry Co.	1:13.39	1:12.07
72 Sullivan, Megan	15	Darien Community YMCA	1:01.94 Y	1:12.16
73 Valentine, Katie	15	Boyertown Area YMCA	1:13.28	1:12.17
74 Northcutt, Natalie	15	Huntington YMCA	1:02.81 Y	1:12.23
75 Caldwell, Aubrey	14	Pottstown Family YMCA	1:11.09 S	1:12.26
76 Kinsey, Stephanie	13	West Shore-Harrisburg YMCA	1:12.00	1:12.35
76 Graesser, Laura	16	Upper Main Line YMCA	1:02.75 Y	1:12.35
78 Quartermouse, Macaela	15	Cheshire Branch YMCA	1:12.10	1:12.45
79 Palchak, Catherine	17	State College Area YMCA	1:03.14 Y	1:12.47
80 Macklin, Julie	17	Mid-Delmarva Family YMCA	1:01.65 Y	1:12.48
81 Dubiel, Allie	15	Somerset Valley YMCA	1:10.04	1:12.50
82 Healey, Courtney	17	Andover-North Andover YMCA	1:12.42	1:12.52
83 Hohwald, Kathleen	15	Brandywine YMCA	1:12.32	1:12.58
84 Conlon, Maricate	15	Regional YMCA of Western CT	1:12.36	1:12.68
85 Maltry, Katy	17	Appleton Family YMCA	1:11.73	1:12.72
86 Robertson, Sara	16	Blue Ash Branch YMCA	1:03.13 Y	1:12.74
87 Eshleman, Megan	14	Northwestern Dupage YMCA	1:12.21	1:12.76
88 O'Brien, Ann	14	Rappahannock Area YMCA	1:11.74	1:12.77
89 Marinello, Natalie	14	Aurora Family YMCA	1:12.58	1:12.89
90 Horton, Rachel	14	Brandywine YMCA	1:12.66	1:12.99
90 Andrews, Jaclyn	15	Greensburg YMCA	1:03.37 Y	1:12.99
92 Grover, Brianna	15	YMCA of Triangle Area	1:02.94 Y	1:13.05
93 Murphy, Amanda	16	Burbank YMCA	1:13.14	1:13.06
94 Riesen, Lucy	17	Countryside-Warren County YMC	1:01.87 Y	1:13.07
95 Rein, Rachael	15	YMCA Aquatic Center	1:02.31 Y	1:13.08
95 Zukowski, Sarah	17	Metuchen-Edison YMCA	1:12.57	1:13.08
97 Kelly, Danielle	16	Harford County Family YMCA	1:02.55 Y	1:13.11
98 Batchelder, Cassie	15	Marion County Branch YMCA	1:02.35 Y	1:13.14
99 Driscoll, Darby	17	Hamilton Area YMCA	1:11.83	1:13.21
100 Feldish, Jessica	14	West Shore-Harrisburg YMCA	1:13.41	1:13.22
101 Torro, Melissa	15	Metuchen-Edison YMCA	1:03.32 Y	1:13.26
102 McAuley, Rebekah	17	Leaning Tower YMCA	1:12.12 S	1:13.38
103 Oliver, Ashley	16	Schroeder YMCA	1:02.75 Y	1:13.41
104 Marino, Christine	17	Fanwood-Scotch Plains YMCA	1:03.37 Y	1:13.47
105 Golla, Lauren	15	Stevens Point YMCA	1:13.36	1:13.52
106 Calimer, Lindsay	14	Anne Arundel YMCA	1:01.57 Y	1:13.66
106 Kraemer, Amy	17	Mid-Delmarva Family YMCA	1:02.77 Y	1:13.66
108 Parry, Lucia	16	State College Area YMCA	1:01.85 Y	1:13.70
109 Pera, Nicole	15	Tri-Hampton YMCA	1:11.49 S	1:13.76
109 Moore, Stephanie	18	Rappahannock Area YMCA	1:12.74	1:13.76
111 Wright, Maggie	16	South Community Family BR YM	1:03.28 Y	1:13.77
112 Rappa, Megan	14	Wilton Family YMCA	1:02.56 Y	1:13.82
113 Greenhill, Alex	13	YMCA Aquatic Center	1:02.27 Y	1:13.84
114 Cook, Caitlin	15	Huntington YMCA	1:12.98	1:13.85

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
115 Keenan, Katie	16	Flint YMCA	1:03.49 Y	1:13.86
116 Webb, Colleen	12	Northwestern Dupage YMCA	1:11.15 S	1:13.91
117 O'Connor, Erin	17	Metuchen-Edison YMCA	1:12.80	1:13.93
118 Close, Tricia	17	Aurora Family YMCA	1:02.96 Y	1:13.95
119 Smith, Courtney	17	Andover-North Andover YMCA	1:11.14 S	1:13.96
120 Kent, Lindsey	13	Schroeder YMCA	1:13.20	1:14.00
121 Gingher, Michele	13	State College Area YMCA	1:03.18 Y	1:14.02
122 Glynn, Meg	16	South Shore YMCA	1:03.44 Y	1:14.08
123 Aughinbaugh, Katie	16	Chambersburg Memorial YMCA	1:11.80 S	1:14.11
124 Forrest, Danielle	13	Cheshire Branch YMCA	1:02.74 Y	1:14.12
125 Price, Moira	17	Madison Area YMCA	1:11.43 S	1:14.16
126 Schneiderlochner, Courtney	15	Western Area Branch YMCA	1:03.36 Y	1:14.31
127 Moll, Kristen	13	Somerset Valley YMCA	1:10.14 S	1:14.38
128 Heistand, Rayell	14	Reading & Berks YMCA	1:13.32	1:14.55
129 Bayer, Karole-Ann	13	Northern Neck Branch YMCA	1:12.97	1:14.57
130 Leung, Jennifer	16	Howard County YMCA	1:03.28 Y	1:14.89
131 Hepburn, Jamie	14	Somerset Valley YMCA	1:11.87 S	1:15.19
132 Laatsch, Molly E	15	Aurora Family YMCA	1:10.91 S	1:15.20
133 Cantwell, Julie	15	Reading & Berks YMCA	1:10.54 S	1:15.28
134 Marsh, Carolyn	15	Birmingham Family YMCA	1:02.16 Y	1:15.31
135 Fair, Laura	18	YMCA Aquatic Center	1:02.86 Y	1:15.32
136 Reed, Caroline	15	Blue Ash Branch YMCA	1:03.27 Y	1:15.33
137 LO, Jenny	15	Ocean County YMCA	1:03.16 Y	1:15.37
138 Ierley, Danielle	16	York & York County YMCA	1:12.53 S	1:15.38
139 Millson, Alexandra	13	RC Durr Family YMCA	1:11.36	1:16.28
140 Melville, Lauren	16	Waynesboro Ymca- Pennsylvania	1:03.44 Y	1:17.09
141 Johnson, Kate	15	Cuyahoga Falls Riverfront YMCA	1:02.98 Y	1:17.29
142 Roycroft, Courtney	13	Hockomock Area YMCA	1:02.82 Y	1:17.64

Women 200 LC Meter Backstroke

National: 2:16.09 * 7/30/2003 Tricia Weaner West Shore-PA-
Broken Rec: 2:15.38 # 2004 Weaner, Tricia

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Weaner, Tricia	15	West Shore-Harrisburg YMCA	2:19.55	2:15.38#
	32.08	1:06.30 (34.22) 1:41.23 (34.93)	2:15.38 (34.15)	
2 Jones, Ashley	16	Joliet YMCA	2:19.37	2:15.50*
	32.10	1:06.28 (34.18) 1:41.05 (34.77)	2:15.50 (34.45)	
3 Myers, Michelle	16	State College Area YMCA	2:21.13	2:20.18
	33.75	1:10.02 (36.27) 1:45.95 (35.93)	2:20.18 (34.23)	
4 Carpenter, Kasey	16	ME Lyons YMCA	2:22.07	2:22.16
	33.60	1:09.26 (35.66) 1:45.80 (36.54)	2:22.16 (36.36)	
5 Penrod, Chatham	16	Miami County YMCA	2:24.26	2:24.35
	33.84	1:10.68 (36.84) 1:48.07 (37.39)	2:24.35 (36.28)	
6 Roop, Stephanie	16	Upper Main Line YMCA	2:26.23	2:24.49
	34.35	1:10.34 (35.99) 1:47.17 (36.83)	2:24.49 (37.32)	
7 Jurzynski, Kristen	18	Hamden/North Haven YMCA	2:24.30	2:24.87
	34.17	1:10.53 (36.36) 1:48.27 (37.74)	2:24.87 (36.60)	
8 King, Melissa	16	Countryside-Warren County YMC	2:25.58	2:25.58
	33.95	1:10.64 (36.69) 1:48.27 (37.63)	2:25.58 (37.31)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Women 200 LC Meter Backstroke)**

Name	Age	Team	Prelim Time	Finals Time
B - Final				
9 Miller, Alli	17	YMCA Aquatic Center	2:26.24	2:24.40
33.30	1:09.62 (36.32)	1:46.90 (37.28)	2:24.40 (37.50)	
10 Vogel, Cara	13	South Shore YMCA	2:26.91	2:25.46
34.63	1:12.17 (37.54)	1:49.88 (37.71)	2:25.46 (35.58)	
11 Clay, Ashley	16	Winston-Salem Central YMCA	2:27.43	2:25.79
34.30	1:11.78 (37.48)	1:49.28 (37.50)	2:25.79 (36.51)	
12 Prior, Audrey	17	Tampa Metro YMCA	2:27.83	2:25.81
34.87	1:11.44 (36.57)	1:49.08 (37.64)	2:25.81 (36.73)	
13 Kishbaugh, Ryann	16	Bloomsburg Area YMCA	2:27.56	2:25.95
33.66	1:10.60 (36.94)	1:48.83 (38.23)	2:25.95 (37.12)	
14 Harlow, Diana	17	N Shore/Lester Sterling BR Y	2:27.46	2:27.06
35.25	1:12.31 (37.06)	1:49.88 (37.57)	2:27.06 (37.18)	
15 Sharkey, Renae	14	Metuchen-Edison YMCA	2:28.49	2:27.93
34.00	1:10.93 (36.93)	1:49.57 (38.64)	2:27.93 (38.36)	
16 Geary, Liz	18	Boyertown Area YMCA	2:27.08	2:29.79
34.85	1:12.14 (37.29)	1:50.64 (38.50)	2:29.79 (39.15)	

Women 200 LC Meter Backstroke

National: **2:16.09** * 7/30/2003 Tricia Weaner
 Broken Rec: **2:15.38** # 2004 Weaner, Tricia

West Shore-PA-

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Jones, Ashley	16	Joliet YMCA	2:16.79	2:19.37
1:07.89	2:19.37 (1:11.48)			
2 Weaner, Tricia	15	West Shore-Harrisburg YMCA	2:14.90	2:19.55
1:08.34	2:19.55 (1:11.21)			
3 Myers, Michelle	16	State College Area YMCA	2:24.38	2:21.13
1:10.45	2:21.13 (1:10.68)			
4 Carpenter, Kasey	16	ME Lyons YMCA	2:23.46	2:22.07
1:09.05	2:22.07 (1:13.02)			
5 Penrod, Chatham	16	Miami County YMCA	2:25.32	2:24.26
1:10.47	2:24.26 (1:13.79)			
6 Jurzynski, Kristen	18	Hamden/North Haven YMCA	2:27.79	2:24.30
1:10.45	2:24.30 (1:13.85)			
7 King, Melissa	16	Countryside-Warren County YMC	2:32.16	2:25.58
1:10.60	2:25.58 (1:14.98)			
8 Roop, Stephanie	16	Upper Main Line YMCA	2:31.53	2:26.23
1:10.97	2:26.23 (1:15.26)			
9 Miller, Alli	17	YMCA Aquatic Center	2:26.89	2:26.24
1:10.54	2:26.24 (1:15.70)			
10 Vogel, Cara	13	South Shore YMCA	2:25.37	2:26.91
1:12.25	2:26.91 (1:14.66)			
11 Geary, Liz	18	Boyertown Area YMCA	2:28.72	2:27.08
1:11.74	2:27.08 (1:15.34)			
12 Clay, Ashley	16	Winston-Salem Central YMCA	2:25.71	2:27.43
1:11.34	2:27.43 (1:16.09)			
13 Harlow, Diana	17	N Shore/Lester Sterling BR Y	2:31.36	2:27.46
1:12.61	2:27.46 (1:14.85)			
14 Kishbaugh, Ryann	16	Bloomsburg Area YMCA	2:31.04	2:27.56
1:11.68	2:27.56 (1:15.88)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
15 Prior, Audrey 1:12.18	17	Tampa Metro YMCA	2:27.35	2:27.83
16 Sharkey, Renae 1:10.95	14	Metuchen-Edison YMCA	2:34.30	2:28.49
17 Haley, Lauren 1:12.46	15	Northern Neck Branch YMCA	2:25.69	2:28.67
18 Savard, Christina 1:12.59	15	Upper Main Line YMCA	2:34.64	2:29.08
19 Giles, Becky 1:13.03	18	Greater Johnstown Comm. YMCA	2:30.44	2:29.50
20 Wagner, Erin 1:12.48	15	Racine Family YMCA	2:30.56	2:29.79
21 Roncase, Kristen 1:12.67	18	Boyertown Area YMCA	2:33.28	2:30.17
22 Bromann, Amy 1:12.78	18	Aurora Family YMCA	2:09.44 Y	2:30.30
23 Suppan, Alex 1:12.56	13	Greater Burlington YMCA	2:35.86	2:30.39
24 Kalevich, Victoria 1:13.26	16	Madison Area YMCA	2:33.65	2:30.41
25 Zafir, Lauren 1:12.85	16	Northwestern Dupage YMCA	2:32.02	2:30.59
26 Davidson, Jaclyn 1:12.11	16	N Shore/Lester Sterling BR Y	2:33.70	2:30.64
27 Dvorak, Kelly 1:12.47	17	Northwestern Dupage YMCA	2:31.36	2:30.97
28 Galvin, Sarah 1:14.64	13	Northwestern Dupage YMCA	2:37.41	2:31.68
29 Dvorak, Samantha 1:15.61	15	Northwestern Dupage YMCA	2:33.27	2:31.79
30 Belli, Caroline 1:12.95	14	N Shore/Lester Sterling BR Y	2:31.08	2:31.91
31 McDowell, Brie 1:12.64	17	Tri-Hampton YMCA	2:38.88	2:32.19
32 Francis, Kylie 1:13.53	15	Boyertown Area YMCA	2:34.02	2:32.30
33 Hall, Sarah 1:14.17	17	Green Bay Metro YMCA	2:33.49	2:32.36
34 Rameriz, Lily 1:14.58	13	North Central Florida YMCA	2:35.40	2:32.61
35 Traynor, Nicol 1:13.31	15	Somerset Hills YMCA	2:33.99	2:32.66
36 Rein, Rachael 1:15.27	15	YMCA Aquatic Center	2:32.06	2:32.67
37 Bichanich, Erin 1:14.18	15	Schroeder YMCA	2:32.71	2:32.81
38 Ueda, Ayumi 1:13.54	16	Farmington Family YMCA	2:36.05	2:32.99
39 Nockengost, Sarah 1:14.60	14	Brandywine-De YMCA	2:36.90	2:33.21

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
40 Karchner, Kendall	16	Toledo YMCA	2:35.00	2:33.28
1:15.13	2:33.28 (1:18.15)			
41 Bullock, Morgan	18	Darien Community YMCA	2:32.61	2:33.63
1:15.65	2:33.63 (1:17.98)			
42 Cantwell, Tina	17	Reading & Berks YMCA	2:34.42	2:33.69
1:13.32	2:33.69 (1:20.37)			
43 Kent, Julie	18	Marion County Branch YMCA	2:11.26 Y	2:33.89
1:14.76	2:33.89 (1:19.13)			
44 Batchelder, Cassie	15	Marion County Branch YMCA	2:13.30 Y	2:33.90
1:14.37	2:33.90 (1:19.53)			
45 Heistand, Rayell	14	Reading & Berks YMCA	2:15.16 Y	2:34.00
1:15.26	2:34.00 (1:18.74)			
46 Dailey, Meghan	17	Middle Tyger YMCA	2:34.17	2:34.09
1:11.43	2:34.09 (1:22.66)			
47 Eberly, Kelsie	16	Countryside-Warren County YMC	2:33.69	2:34.12
1:13.00	2:34.12 (1:21.12)			
48 Conlon, Maricate	15	Regional YMCA of Western CT	2:33.55	2:34.32
1:13.84	2:34.32 (1:20.48)			
49 Seiffert, Ruth	17	Brandywine-De YMCA	2:30.16	2:34.45
1:14.36	2:34.45 (1:20.09)			
50 Hoeper, Emilie	16	Blue Ash Branch YMCA	2:35.07	2:34.52
1:15.74	2:34.52 (1:18.78)			
51 Grove, Natalie	17	Countryside-Warren County YMC	2:36.41	2:34.58
1:15.53	2:34.58 (1:19.05)			
52 Horton, Rachel	14	Brandywine YMCA	2:38.00	2:34.67
1:15.36	2:34.67 (1:19.31)			
53 Eshleman, Megan	14	Northwestern Dupage YMCA	2:34.99	2:34.74
1:15.66	2:34.74 (1:19.08)			
54 Strobel, Abby	17	Appleton Family YMCA	2:35.47	2:34.79
1:13.73	2:34.79 (1:21.06)			
55 Henry, Sarah	13	Schroeder YMCA	2:30.83	2:35.07
1:14.18	2:35.07 (1:20.89)			
56 Torro, Melissa	15	Metuchen-Edison YMCA	2:14.69 Y	2:35.13
1:15.00	2:35.13 (1:20.13)			
57 Maltry, Katy	17	Appleton Family YMCA	2:35.27	2:35.22
1:15.84	2:35.22 (1:19.38)			
58 Watson, Mallory	17	Ocean County YMCA	2:36.02	2:35.39
1:14.96	2:35.39 (1:20.43)			
59 Stefl, Katie	17	Farmington Family YMCA	2:38.80	2:35.42
1:16.52	2:35.42 (1:18.90)			
60 Sullivan, Megan	15	Darien Community YMCA	2:37.71	2:35.43
1:15.25	2:35.43 (1:20.18)			
61 Davit, Catherine	16	Northwestern Dupage YMCA	2:35.43	2:35.45
1:15.18	2:35.45 (1:20.27)			
62 Graf, Marlene	16	Wilton Family YMCA	2:39.51	2:35.46
1:16.10	2:35.46 (1:19.36)			
63 Gray, Jordan	12	YMCA OF Gr. Elgin Taylor Fami	2:15.04 Y	2:35.50
1:15.38	2:35.50 (1:20.12)			
64 Healey, Courtney	17	Andover-North Andover YMCA	2:33.46	2:35.61
1:13.02	2:35.61 (1:22.59)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
65 Hohwald, Kathleen	15	Brandywine YMCA	2:37.46	2:35.66
	1:16.72	2:35.66 (1:18.94)		
66 Van Oost, Alexandra	13	YMCA of McHenry Co.	2:38.13	2:35.72
	1:15.45	2:35.72 (1:20.27)		
67 Pavolko, Brittany	14	Hampshire Regional YMCA	2:38.05	2:35.74
	1:16.32	2:35.74 (1:19.42)		
68 Marinello, Natalie	14	Aurora Family YMCA	2:36.83	2:35.82
	1:14.90	2:35.82 (1:20.92)		
69 Caldwell, Aubrey	14	Pottstown Family YMCA	2:37.09	2:35.85
	1:15.00	2:35.85 (1:20.85)		
70 Greenhill, Alex	13	YMCA Aquatic Center	2:36.27	2:35.86
	1:16.64	2:35.86 (1:19.22)		
71 Glover, Ginny	13	Howard County YMCA	2:15.87 Y	2:35.89
	1:15.68	2:35.89 (1:20.21)		
72 Cook, Caitlin	15	Huntington YMCA	2:39.10	2:36.09
	1:17.89	2:36.09 (1:18.20)		
73 Osterhout, Sidney	14	Tampa Metro YMCA	2:37.65	2:36.16
	1:15.39	2:36.16 (1:20.77)		
74 Edson, Kelsey	14	Birmingham Family YMCA	2:14.49 Y	2:36.23
	1:17.21	2:36.23 (1:19.02)		
74 Wright, Maggie	16	South Community Family BR YM	2:13.66 Y	2:36.23
	1:16.86	2:36.23 (1:19.37)		
76 Driscoll, Darby	17	Hamilton Area YMCA	2:35.43	2:36.24
	1:16.23	2:36.24 (1:20.01)		
77 Lorigan, Nicole	17	South Shore YMCA	2:35.61	2:36.55
	1:15.95	2:36.55 (1:20.60)		
78 Moore, Katie	16	Rappahannock Area YMCA	2:35.42	2:36.68
	1:17.32	2:36.68 (1:19.36)		
79 Connell, Jamie	15	Montclair YMCA	2:34.57	2:36.76
	1:16.68	2:36.76 (1:20.08)		
80 Waller, Suzie	16	New Canaan Community YMCA	2:36.73	2:36.77
	1:16.30	2:36.77 (1:20.47)		
81 Kelly, Danielle	16	Harford County Family YMCA	2:16.46 Y	2:36.99
	1:15.54	2:36.99 (1:21.45)		
82 Stoffer, Aimee	16	Blue Ash Branch YMCA	2:38.33	2:37.09
	1:17.10	2:37.09 (1:19.99)		
83 Cerrezin, Laura	15	Countryside-Warren County YMC	2:35.85	2:37.19
	1:15.71	2:37.19 (1:21.48)		
84 Oliver, Ashley	16	Schroeder YMCA	2:37.58	2:37.41
	1:15.99	2:37.41 (1:21.42)		
85 Thomas, Kate	14	Winston-Salem Central YMCA	2:39.81	2:37.47
	1:16.73	2:37.47 (1:20.74)		
86 McStay, Carissa	14	West Morris Area YMCA	2:15.86 Y	2:37.85
	1:15.64	2:37.85 (1:22.21)		
87 Gentile, Norah	13	East Hartford YMCA	2:37.36	2:37.89
	1:15.98	2:37.89 (1:21.91)		
87 Graesser, Laura	16	Upper Main Line YMCA	2:34.67	2:37.89
	1:17.56	2:37.89 (1:20.33)		
89 Feldish, Jessica	14	West Shore-Harrisburg YMCA	2:39.02	2:37.92
	1:19.13	2:37.92 (1:18.79)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
90 Marino, Christine	17	Fanwood-Scotch Plains YMCA	2:16.36 Y	2:37.98
	1:17.16	2:37.98 (1:20.82)		
91 Page, Kate	18	Andover-North Andover YMCA	2:13.98 Y	2:38.01
	1:15.33	2:38.01 (1:22.68)		
92 Millson, Alexandra	13	RC Durr Family YMCA	2:38.03	2:38.04
	1:15.52	2:38.04 (1:22.52)		
93 Valentine, Katie	15	Boyertown Area YMCA	2:36.35	2:38.09
	1:15.59	2:38.09 (1:22.50)		
94 Marsh, Carolyn	15	Birmingham Family YMCA	2:17.08 Y	2:38.11
	1:16.43	2:38.11 (1:21.68)		
95 Quartermouse, Macaela	15	Cheshire Branch YMCA	2:36.85	2:38.30
	1:14.61	2:38.30 (1:23.69)		
96 Grover, Brianna	15	YMCA of Triangle Area	2:12.98 Y	2:38.41
	1:17.65	2:38.41 (1:20.76)		
96 Pera, Nicole	15	Tri-Hampton YMCA	2:36.14 S	2:38.41
	1:17.09	2:38.41 (1:21.32)		
98 Hepburn, Jamie	14	Somerset Valley YMCA	2:39.25	2:38.42
	1:18.27	2:38.42 (1:20.15)		
99 Kinsey, Stephanie	13	West Shore-Harrisburg YMCA	2:32.98 S	2:38.48
	1:18.18	2:38.48 (1:20.30)		
100 McDowell, Jenna	15	Tri-Hampton YMCA	2:37.91	2:38.53
	1:16.40	2:38.53 (1:22.13)		
101 Bankovich, Brittany	15	Reg Fam YMCA Laurel Highland	2:17.18 Y	2:38.61
	1:16.56	2:38.61 (1:22.05)		
102 Bugenske, Elise	16	Saginaw YMCA	2:39.85	2:38.75
	1:18.78	2:38.75 (1:19.97)		
103 Macklin, Julie	17	Mid-Delmarva Family YMCA	2:12.39 Y	2:38.83
	1:16.32	2:38.83 (1:22.51)		
104 Bolin, Ashley	14	Oshkosh Community YMCA	2:36.81 S	2:38.86
	1:18.39	2:38.86 (1:20.47)		
105 Rappa, Megan	14	Wilton Family YMCA	2:38.22	2:39.15
	1:15.77	2:39.15 (1:23.38)		
106 Bayer, Karole-Ann	13	Northern Neck Branch YMCA	2:35.40	2:39.22
	1:17.02	2:39.22 (1:22.20)		
107 Aughinbaugh, Katie	16	Chambersburg Memorial YMCA	2:35.68 S	2:39.61
	1:18.89	2:39.61 (1:20.72)		
108 Searl, Erin	17	Tri-Hampton YMCA	2:38.46	2:39.64
	1:17.78	2:39.64 (1:21.86)		
109 Moore, Stephanie	18	Rappahannock Area YMCA	2:38.57	2:39.65
	1:17.88	2:39.65 (1:21.77)		
110 Cichewicz, Morgan	14	Brandywine YMCA	2:34.98 S	2:39.73
	1:16.01	2:39.73 (1:23.72)		
111 Halfhill, Heidi	16	Reg Fam YMCA Laurel Highland	2:17.11 Y	2:39.80
	1:18.44	2:39.80 (1:21.36)		
112 Murphy, Amanda	16	Burbank YMCA	2:38.00	2:39.85
	1:17.27	2:39.85 (1:22.58)		
113 Donnelly, Meghan	15	Ocean County YMCA	2:34.58 S	2:40.14
	1:17.77	2:40.14 (1:22.37)		
114 Conelias, Stephanie	16	Cheshire Branch YMCA	2:14.92 Y	2:40.24
	1:17.83	2:40.24 (1:22.41)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
115 Fair, Laura	18	YMCA Aquatic Center	2:17.14 Y	2:40.48
	1:16.58	2:40.48 (1:23.90)		
116 Close, Tricia	17	Aurora Family YMCA	2:16.46 Y	2:40.54
	1:16.42	2:40.54 (1:24.12)		
117 Chambers, Melanie	15	Kishwaukee Family YMCA	2:16.99 Y	2:40.76
	1:17.85	2:40.76 (1:22.91)		
118 Pauly, Sarah	18	Aurora Family YMCA	2:14.58 Y	2:40.83
	1:16.53	2:40.83 (1:24.30)		
119 Degenhart, Kaytlyn	13	Boyertown Area YMCA	2:39.61	2:41.45
	1:17.66	2:41.45 (1:23.79)		
120 Vassar, Diana	15	Montclair YMCA	2:37.67 S	2:41.60
	1:18.80	2:41.60 (1:22.80)		
121 LA Cava, Elizabeth	17	Metuchen-Edison YMCA	2:37.72 S	2:41.71
	1:17.84	2:41.71 (1:23.87)		
122 Fuentes, Katie	18	Aurora Family YMCA	2:37.75 S	2:41.81
	1:19.39	2:41.81 (1:22.42)		
123 Tetuan, Kristen	14	Toledo YMCA	2:39.39	2:42.18
	1:19.16	2:42.18 (1:23.02)		
124 Laatsch, Molly E	15	Aurora Family YMCA	2:37.27	2:42.38
	1:15.82	2:42.38 (1:26.56)		
125 Millen, Emily	17	Huntington YMCA	2:38.62	2:42.63
	1:19.55	2:42.63 (1:23.08)		
126 Kent, Lindsey	13	Schroeder YMCA	2:39.61	2:43.37
	1:19.09	2:43.37 (1:24.28)		
127 LaScala, Liz	17	Chapel Hill-Carrboro YMCA	2:34.52 S	2:43.43
	1:19.32	2:43.43 (1:24.11)		
128 Dubiel, Allie	15	Somerset Valley YMCA	2:37.63	2:43.71
	1:18.40	2:43.71 (1:25.31)		
129 Barnes, Cathleen	17	Bradford Family YMCA	2:34.74 S	2:43.75
	1:19.12	2:43.75 (1:24.63)		
130 Swierkocki, Christina	14	Montclair YMCA	2:32.97 S	2:44.03
	1:18.12	2:44.03 (1:25.91)		
131 Roycroft, Courtney	13	Hockomock Area YMCA	2:39.32	2:46.84
	1:19.37	2:46.84 (1:27.47)		
132 Keenan, Katie	16	Flint YMCA	2:15.12 Y	2:47.18
	1:20.94	2:47.18 (1:26.24)		
133 Turner, Katy	15	Mid-Delmarva Family YMCA	2:17.15 Y	2:47.46
	1:21.29	2:47.46 (1:26.17)		
--- English, Lauren	15	Montclair YMCA	2:19.47	DQ

Women 50 LC Meter Breaststroke**National: 33.03 * 7/28/2003 Lauren Brick****Rappahannock-VA-**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Botzum, Jessica	18	YMCA of Triangle Area	34.02	34.04
2 Huntwork, Kylan	17	YMCA of Triangle Area	34.02	34.07
3 Graessle, Lindsey	16	Countryside-Warren County YMC	34.62	34.49
4 Von Rosendahl, Brie	17	Montclair YMCA	34.94	34.69
5 Merritt, Sarah	15	Western Family Branch YMCA	34.80	34.75
6 Naylor, Stephanie	17	Upper Main Line YMCA	34.53	34.80
7 Hartman, Sara	14	Boyertown Area YMCA	35.19	35.08

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Women 50 LC Meter Breaststroke)**

Name	Age	Team	Prelim Time	Finals Time
8 Hetzel, Catherine	18	Metuchen-Edison YMCA	35.09	35.20

B - Final

9 Fuhro, Courtney	14	Montclair YMCA	35.27	34.84
10 Hallin, Molly	17	South Shore YMCA	35.57	35.19
11 Rom, Amanda	15	Blue Ash Branch YMCA	35.46	35.25
12 Asher, Courtney	17	Upper Main Line YMCA	35.40	35.39
13 Smoak, Emily	18	Mid-Delmarva Family YMCA	35.29	35.44
14 Cantwell, Rachel	18	Reading & Berks YMCA	35.75	35.74
15 Troyan, Paige	15	Countryside-Warren County YMC	35.62	36.48
16 Reynolds, Julie	15	Powel Crosley Branch YMCA	35.76	36.62

Women 50 LC Meter Breaststroke**National: 33.03 * 7/28/2003****Lauren Brick****Rappahannock-VA-**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Botzum, Jessica	18	YMCA of Triangle Area	34.32	34.02
1 Huntwork, Kylan	17	YMCA of Triangle Area	35.54	34.02
3 Naylor, Stephanie	17	Upper Main Line YMCA	35.05	34.53
4 Graessle, Lindsey	16	Countryside-Warren County YMC	35.32	34.62
5 Merritt, Sarah	15	Western Family Branch YMCA	36.12	34.80
6 Von Rosendahl, Brie	17	Montclair YMCA	35.51	34.94
7 Hetzel, Catherine	18	Metuchen-Edison YMCA	34.49	35.09
8 Hartman, Sara	14	Boyertown Area YMCA	37.02	35.19
9 Fuhro, Courtney	14	Montclair YMCA	37.04	35.27
10 Smoak, Emily	18	Mid-Delmarva Family YMCA	35.00	35.29
11 Asher, Courtney	17	Upper Main Line YMCA	37.49	35.40
12 Rom, Amanda	15	Blue Ash Branch YMCA	35.62	35.46
13 Hallin, Molly	17	South Shore YMCA	36.32	35.57
14 Troyan, Paige	15	Countryside-Warren County YMC	37.13	35.62
15 Cantwell, Rachel	18	Reading & Berks YMCA	36.25	35.75
16 Reynolds, Julie	15	Powel Crosley Branch YMCA	37.02	35.76
17 Wardecke, Sarah	14	Appleton Family YMCA	35.45	35.91
18 Pucci, Lisa	16	YMCA of Triangle Area	32.15 Y	35.92
19 Lang, Melissa	12	Metuchen-Edison YMCA	36.47	35.96
20 Flannery, Heile	18	Upper Main Line YMCA	31.73 Y	36.01
21 McIntyre, Cookie	16	York & York County YMCA	36.17	36.03
21 Morris, Kelly	17	Fanwood-Scotch Plains YMCA	34.29	36.03
23 Pinkney, Brileigh	12	Western Family Branch YMCA	35.08	36.04
24 Stark, Laura	16	Somerset Valley YMCA	32.06 Y	36.07
25 Curran, Molly	15	N Shore/Lester Sterling BR Y	36.60	36.08
26 Wiltraut, Adriane	18	Upper Main Line YMCA	31.15 Y	36.17
27 Fogarty, Claire	16	South Community Family BR YM	36.69	36.18
28 Martinez, Bianca	14	Flushing Branch YMCA	35.11 S	36.21
29 Gorinski, MaryBeth	18	Greensburg YMCA	37.46	36.31
30 Zelenky, Ali	13	West Shore-Harrisburg YMCA	38.04	36.43
31 Kalevich, Alexis	16	Madison Area YMCA	36.24 S	36.44
32 Anstadt, Julia	16	Greater Burlington YMCA	36.58	36.47
33 Reinhard, Alyssa	14	Cheshire Branch YMCA	36.70	36.53
34 Connors, Kristen	14	Hockomock Area YMCA	38.36	36.60

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
34	Merz, Alexa	17	Palisades-Malibu YMCA	32.70 Y	36.60
36	Caron, Amy	18	Andover-North Andover YMCA	31.88 Y	36.63
37	Bateman, Sarah	14	YMCA Aquatic Center	32.04 Y	36.64
38	Gorinski, Laura	13	Greensburg YMCA	36.85	36.69
39	Dalessandro, Jackie	15	Tri-Hampton YMCA	37.39	36.70
40	Sianis, Zoe	13	Reading & Berks YMCA	32.78 Y	36.75
41	Munns, Caitlin	16	Westfield YMCA - Massachusetts	36.71	36.77
41	Conklin, Stephanie	14	Blue Ash Branch YMCA	36.61	36.77
43	Goeckner, Hannah	15	Newberry YMCA	37.73	36.78
44	Campbell, Claire	17	Chapel Hill-Carrboro YMCA	37.36	36.80
45	Lunde, Ellesse	13	South Shore YMCA	37.54	36.81
45	Harper, Sarah	14	Schroeder YMCA	38.14	36.81
47	Young, Ryan	17	YMCA OF Catawba Valley	32.17 Y	36.83
48	McClure, Elizabeth	16	Birmingham Family YMCA	31.82 Y	36.85
48	Rafferty-Millett, Catherine	14	N Shore/Lester Sterling BR Y	38.19	36.85
50	McGlaufflin, Jennifer	17	Andover-North Andover YMCA	32.80 Y	36.87
51	Pearson, Ashley	13	Lionville Community YMCA	38.58	36.89
52	Tharrington, Leigh	16	Greensboro Central YMCA	37.26	36.91
53	Visconti, Lizzy	13	Cheshire Branch YMCA	38.10	36.97
54	McDonald, Miriam	14	YMCA OF Catawba Valley	38.15	36.99
55	McNeil, Brittany	14	Southern Chester County YMCA	37.54 S	37.02
56	Schildknecht, Grace	18	Blue Ash Branch YMCA	38.47	37.13
57	Sweeney, Lauren	17	Schroeder YMCA	37.90	37.17
58	Werner, Ellie	15	Schroeder YMCA	32.75 Y	37.18
59	Alinea, Danielle	15	Stevens Point YMCA	36.53	37.19
60	Slowey, Kaitlin	17	Tri-Hampton YMCA	36.69	37.20
61	Overman, Lindsey	18	Tampa Metro YMCA	35.85	37.24
62	Ishee, Katelyn	14	Countryside-Warren County YMC	38.44	37.28
63	Wallach, Caitlin	18	Schroeder YMCA	37.47	37.30
64	Church, Erin	18	Countryside-Warren County YMC	36.65	37.32
65	O'Sullivan, Karen	17	Andover-North Andover YMCA	37.78	37.34
66	Adams, Kaitlyn	14	ME Lyons YMCA	37.63	37.41
67	Luedke, Margot	15	Schroeder YMCA	38.47	37.46
68	O'Leary, Katherine	13	Montclair YMCA	37.52 S	37.48
69	Kallman, Sara	17	Montclair YMCA	32.18 Y	37.56
70	Salutz, Carolyn	13	Stevens Point YMCA	32.34 Y	37.58
71	Bower, Abi	16	Jerry L Garver YMCA	33.15 Y	37.63
72	Melkun, Charlotte	17	Rappahannock Area YMCA	38.54	37.65
73	Sparks, Catherine	13	Wilton Family YMCA	33.08 Y	37.67
74	Gale, Rachael	15	Upper Main Line YMCA	37.41 S	37.74
75	Adlam, Nikki	15	Tri-Hampton YMCA	32.66 Y	37.77
75	Stelow, Cassie	16	Green Bay Metro YMCA	38.34	37.77
77	Miller, Amanda	13	Limestone YMCA	33.22 Y	37.79
78	Robertson, Sara	16	Blue Ash Branch YMCA	38.42	37.82
79	McClellan, Brett	15	YMCA Aquatic Center	33.22 Y	37.84
79	Brown, Lindsey	18	Saginaw YMCA	37.15	37.84
79	Demers, Elizabeth	17	Andover-North Andover YMCA	38.41	37.84
82	Wu, Jenny	17	Montclair YMCA	37.97	37.92
83	Waller, Claire	18	Harford County Family YMCA	32.50 Y	37.94
83	Arana, Priscilla	13	Flushing Branch YMCA	38.31	37.94

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
85 Snyder, Katie	17	South Community Family BR YM	37.68	38.03
86 Walcker, Michelle	13	Andover-North Andover YMCA	38.69	38.04
87 Newman, Ariel	15	Somerset Valley YMCA	38.69	38.06
88 Mullen, Ashley	13	Anne Arundel YMCA	33.21 Y	38.09
89 Birsa, Taylor	12	Joliet YMCA	38.22	38.13
90 Duffy, Lia	12	Family YMCA Of Easton	32.65 Y	38.16
91 Oller, Kristin	16	Upper Main Line YMCA	38.69	38.17
92 Porteus, Emma	16	Cape Cod YMCA	33.03 Y	38.19
93 Barrett, Rachelle	15	Reg Fam YMCA Laurel Highland	36.86	38.21
94 Waller, Emily	13	Kishwaukee Family YMCA	33.20 Y	38.23
95 Endsley, Paige	14	Northern Neck Branch YMCA	38.25	38.31
96 Berger, Christy	14	Tri-Hampton YMCA	38.60	38.34
97 Van Sistine, Mikaela	16	Oshkosh Community YMCA	38.51	38.37
98 Gunnels, Amanda	17	Chapel Hill-Carrboro YMCA	38.64	38.45
99 Akiyama, Ashley	14	Leaning Tower YMCA	37.53 S	38.46
100 Papadopoulos, Vicky	14	YMCA Aquatic Center	38.50	38.49
101 Radin, Katie	13	South Shore YMCA	37.08 S	38.50
102 Grace, Callie	15	Hampshire Regional YMCA	38.19	38.59
103 Brooks, Katey	13	Ridgewood YMCA	38.60	38.61
104 Bollinger, Anne	14	Wilton Family YMCA	38.36	38.62
105 McLaughlin, Maureen	18	Harford County Family YMCA	33.12 Y	38.71
106 Leyshon, Roxanne	16	Cambridge Area YMCA	32.54 Y	38.97
107 Mosher, Heather	14	YMCA Aquatic Center	33.07 Y	38.99
108 Cooper, Morgan	13	Hampshire Regional YMCA	37.47 S	39.00
109 Etrheim, Maddy	15	Stevens Point YMCA	37.30	39.02
110 Myers, Laura	17	Schroeder YMCA	37.19	39.03
111 Kiracofe, Lauren	14	South Community Family BR YM	38.40	39.18
112 Niedermeyer, Laura	15	Green Bay Metro YMCA	37.39	39.25
112 Luckey, Alex	12	Reading & Berks YMCA	37.30	39.25
114 Markus, Jessica	15	South Community Family BR YM	32.69 Y	39.27
115 Strayer, Alisha	16	York & York County YMCA	38.26	39.52
116 Letendre, Daisy	13	Hampshire Regional YMCA	38.57	39.55
117 Casha, Salena	13	Andover-North Andover YMCA	37.30 S	39.56
118 Parshall, Rebecca	16	Schroeder YMCA	38.47	39.58
119 McGeehan, Kaitlin	14	Fanwood-Scotch Plains YMCA	37.55 S	39.64
120 Pfeifer, Christine	18	Flushing Branch YMCA	38.46	39.78
121 Hemberger, Shannon	17	York & York County YMCA	37.49 S	39.96
122 Raisler, Kelli	14	Schroeder YMCA	38.39	40.78
--- Engen, Kimberly A	14	Aurora Family YMCA	36.72 S	DQ

Women 100 LC Meter Breaststroke

National: 1:12.32 * 1996

K. Jones

So. Community, OH

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Graessle, Lindsey	16	Countryside-Warren County YMC	1:15.31	1:13.86
	34.60			1:13.86 (39.26)
2 Huntwork, Kylan	17	YMCA of Triangle Area	1:13.96	1:13.88
	34.82			1:13.88 (39.06)
3 Longacre, Shayna	16	Boyertown Area YMCA	1:14.15	1:14.12
	34.69			1:14.12 (39.43)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Women 100 LC Meter Breaststroke)**

Name	Age	Team	Prelim Time	Finals Time
4 Lang, Melissa	12	Metuchen-Edison YMCA	1:17.18	1:14.52
35.50	1:14.52 (39.02)			
5 Rom, Amanda	15	Blue Ash Branch YMCA	1:16.42	1:15.45
35.55	1:15.45 (39.90)			
6 Robertson, Caroline	17	Marion County Branch YMCA	1:16.47	1:16.63
36.08	1:16.63 (40.55)			
7 Hetzel, Catherine	18	Metuchen-Edison YMCA	1:17.12	1:17.68
36.24	1:17.68 (41.44)			
8 Naylor, Stephanie	17	Upper Main Line YMCA	1:16.99	1:18.00
35.67	1:18.00 (42.33)			

B - Final

9 Merritt, Sarah	15	Western Family Branch YMCA	1:17.58	1:15.81
35.79	1:15.81 (40.02)			
10 Sink, Keri	13	YMCA OF Gr. Elgin Taylor Fami	1:17.19	1:16.64
36.33	1:16.64 (40.31)			
11 Von Rosendahl, Brie	17	Montclair YMCA	1:17.22	1:17.51
36.26	1:17.51 (41.25)			
12 Pucci, Lisa	16	YMCA of Triangle Area	1:17.25	1:17.55
36.15	1:17.55 (41.40)			
13 Keath, Macey	15	Lebanon Valley Family YMCA	1:17.94	1:17.65
36.79	1:17.65 (40.86)			
14 Winn, Bridget	14	Southern Chester County YMCA	1:17.89	1:18.18
37.28	1:18.18 (40.90)			
15 Stark, Laura	16	Somerset Valley YMCA	1:18.04	1:18.39
37.34	1:18.39 (41.05)			
16 Asher, Courtney	17	Upper Main Line YMCA	1:17.78	1:18.85
36.41	1:18.85 (42.44)			

Women 100 LC Meter Breaststroke**National: 1:12.32 * 1996****K. Jones****So. Community, OH**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Huntwork, Kylan	17	YMCA of Triangle Area	1:15.29	1:13.96
2 Longacre, Shayna	16	Boyertown Area YMCA	1:16.75	1:14.15
3 Graessle, Lindsey	16	Countryside-Warren County YMC	1:15.92	1:15.31
4 Rom, Amanda	15	Blue Ash Branch YMCA	1:17.87	1:16.42
5 Robertson, Caroline	17	Marion County Branch YMCA	1:15.58	1:16.47
6 Naylor, Stephanie	17	Upper Main Line YMCA	1:17.37	1:16.99
7 Hetzel, Catherine	18	Metuchen-Edison YMCA	1:16.16	1:17.12
8 Lang, Melissa	12	Metuchen-Edison YMCA	1:18.40	1:17.18
9 Sink, Keri	13	YMCA OF Gr. Elgin Taylor Fami	1:19.20	1:17.19
10 Von Rosendahl, Brie	17	Montclair YMCA	1:19.58	1:17.22
11 Pucci, Lisa	16	YMCA of Triangle Area	1:18.96	1:17.25
12 Merritt, Sarah	15	Western Family Branch YMCA	1:17.88	1:17.58
13 Asher, Courtney	17	Upper Main Line YMCA	1:22.25	1:17.78
14 Winn, Bridget	14	Southern Chester County YMCA	1:07.97 Y	1:17.89
15 Keath, Macey	15	Lebanon Valley Family YMCA	1:06.12 Y	1:17.94
16 Stark, Laura	16	Somerset Valley YMCA	1:18.22	1:18.04
17 Fuhro, Courtney	14	Montclair YMCA	1:22.43	1:18.06
18 Cantwell, Rachel	18	Reading & Berks YMCA	1:19.13	1:18.17

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
19	Hartman, Sara	14	Boyertown Area YMCA	1:19.48	1:18.21
20	Brown, Bethny	15	Genesee Area Family YMCA	1:08.25 Y	1:18.26
21	Jemec, Vida	15	Middle Tyger YMCA	1:17.38	1:18.36
22	Wiltraut, Adriane	18	Upper Main Line YMCA	1:21.96	1:18.44
23	Reinhard, Alyssa	14	Cheshire Branch YMCA	1:20.00	1:18.50
24	Troyan, Paige	15	Countryside-Warren County YMC	1:18.83	1:18.56
25	Zelenky, Ali	13	West Shore-Harrisburg YMCA	1:09.81 Y	1:18.79
26	Morris, Kelly	17	Fanwood-Scotch Plains YMCA	1:07.26 Y	1:18.80
27	Flannery, Heile	18	Upper Main Line YMCA	1:07.56 Y	1:18.89
28	Smoak, Emily	18	Mid-Delmarva Family YMCA	1:07.84 Y	1:18.94
29	Tharrington, Leigh	16	Greensboro Central YMCA	1:18.21	1:19.09
30	Leprine, Ashley	15	Wilton Family YMCA	1:19.91	1:19.16
31	Conklin, Stephanie	14	Blue Ash Branch YMCA	1:20.30	1:19.21
32	McIntyre, Cookie	16	York & York County YMCA	1:08.76 Y	1:19.24
32	Hallin, Molly	17	South Shore YMCA	1:20.03	1:19.24
34	Dalessandro, Jackie	15	Tri-Hampton YMCA	1:21.57	1:19.36
35	Fogarty, Claire	16	South Community Family BR YM	1:19.48	1:19.39
36	Gorinski, Laura	13	Greensburg YMCA	1:21.35	1:19.47
37	Curran, Molly	15	N Shore/Lester Sterling BR Y	1:20.84	1:19.48
38	Reynolds, Julie	15	Powel Crosley Branch YMCA	1:22.39	1:19.52
39	Kalevich, Alexis	16	Madison Area YMCA	1:18.40 S	1:19.56
40	Wardecke, Sarah	14	Appleton Family YMCA	1:18.08	1:20.02
41	Dickson, Amanda	17	Fanwood-Scotch Plains YMCA	1:10.51 Y	1:20.15
42	Connors, Kristen	14	Hockomock Area YMCA	1:22.57	1:20.22
42	Caron, Amy	18	Andover-North Andover YMCA	1:21.56	1:20.22
44	Lunde, Ellesse	13	South Shore YMCA	1:21.66	1:20.30
44	Gorinski, MaryBeth	18	Greensburg YMCA	1:21.68	1:20.30
46	Church, Erin	18	Countryside-Warren County YMC	1:21.03	1:20.32
47	Young, Ryan	17	YMCA OF Catawba Valley	1:20.42	1:20.51
48	Melkun, Charlotte	17	Rappahannock Area YMCA	1:20.92	1:20.60
49	Pearson, Ashley	13	Lionville Community YMCA	1:20.48 S	1:20.62
50	Keehn, Alicia	17	Flint YMCA	1:22.51	1:20.83
51	McGlaufflin, Jennifer	17	Andover-North Andover YMCA	1:20.73	1:21.10
52	Sweeney, Lauren	17	Schroeder YMCA	1:21.56	1:21.35
53	Bower, Abi	16	Jerry L Garver YMCA	1:09.88 Y	1:21.42
54	Atchison, Kelsey	15	Cuyahoga Falls Riverfront YMCA	1:22.09	1:21.43
55	Campbell, Claire	17	Chapel Hill-Carrboro YMCA	1:09.59 Y	1:21.45
56	Harper, Sarah	14	Schroeder YMCA	1:20.92	1:21.48
57	Schildknecht, Grace	18	Blue Ash Branch YMCA	1:22.87	1:21.50
58	Pinkney, Brileigh	12	Western Family Branch YMCA	1:10.36 Y	1:21.55
59	Peitz, Chelsea	14	Flint YMCA	1:09.96 Y	1:21.56
60	Arana, Priscilla	13	Flushing Branch YMCA	1:22.09	1:21.61
61	Wallach, Caitlin	18	Schroeder YMCA	1:21.43	1:21.63
61	Nennig, Bailey	16	Schroeder YMCA	1:22.08	1:21.63
63	Barrett, Rachelle	15	Reg Fam YMCA Laurel Highland	1:20.63	1:21.70
64	Visconti, Lizzy	13	Cheshire Branch YMCA	1:11.17 Y	1:21.81
65	Brooks, Katey	13	Ridgewood YMCA	1:22.74	1:21.87
66	McDonald, Miriam	14	YMCA OF Catawba Valley	1:22.80	1:21.90
67	Bennett, Kristen	17	Green Bay Metro YMCA	1:11.05 Y	1:21.91
68	Trodden, Jen	13	Andover-North Andover YMCA	1:10.31 Y	1:21.93

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
69 O'Sullivan, Karen	17	Andover-North Andover YMCA	1:08.60 Y	1:22.11
70 Overman, Lindsey	18	Tampa Metro YMCA	1:20.97	1:22.13
71 Martinez, Bianca	14	Flushing Branch YMCA	1:22.89	1:22.18
72 Alinea, Danielle	15	Stevens Point YMCA	1:21.87	1:22.20
73 Whitaker, Emily	14	Wilton Family YMCA	1:10.15 Y	1:22.21
74 Adams, Kaitlyn	14	ME Lyons YMCA	1:10.18 Y	1:22.35
75 Goeckner, Hannah	15	Newberry YMCA	1:20.33	1:22.38
76 James, Ashley	16	Bloomsburg Area YMCA	1:20.67	1:22.42
77 Waller, Claire	18	Harford County Family YMCA	1:19.18	1:22.45
78 Niedermeyer, Laura	15	Green Bay Metro YMCA	1:08.73 Y	1:22.65
79 Demers, Elizabeth	17	Andover-North Andover YMCA	1:21.64	1:22.76
80 Besche, Brooke	14	Anne Arundel YMCA	1:09.80 Y	1:22.87
80 Sparks, Catherine	13	Wilton Family YMCA	1:22.42	1:22.87
82 Werner, Ellie	15	Schroeder YMCA	1:21.96	1:23.07
83 McHale, Barbara	16	Wilton Family YMCA	1:09.78 Y	1:23.08
84 Salutz, Carolyn	13	Stevens Point YMCA	1:21.54	1:23.13
85 Kallman, Sara	17	Montclair YMCA	1:08.82 Y	1:23.56
86 Adlam, Nikki	15	Tri-Hampton YMCA	1:10.62 Y	1:23.68
87 Oulighan, Kara	15	Darien Community YMCA	1:09.86 Y	1:23.77
88 Munns, Caitlin	16	Westfield YMCA - Massachusetts	1:21.05	1:23.90
89 McLaughlin, Maureen	18	Harford County Family YMCA	1:10.15 Y	1:24.03
90 McClellan, Brett	15	YMCA Aquatic Center	1:22.54	1:24.09
91 Wu, Jenny	17	Montclair YMCA	1:22.03	1:24.13
92 Stier, Amanda	16	Coffman Family YMCA	1:22.59	1:24.52
93 Mosher, Heather	14	YMCA Aquatic Center	1:10.43 Y	1:24.60
94 Markus, Jessica	15	South Community Family BR YM	1:10.12 Y	1:25.78
95 Leyshon, Roxanne	16	Cambridge Area YMCA	1:10.17 Y	1:26.42
96 Raisler, Kelli	14	Schroeder YMCA	1:22.77	1:28.42
--- Lentz, Cary	15	Birmingham Family YMCA	1:09.87 Y	DQ
--- Shafer, Holly	16	Powel Crosley Branch YMCA	1:11.19 Y	DQ

Women 200 LC Meter Breaststroke**National: 2:37.44 * 1996****K Jones****S. Community, OH****Broken Rec: 2:34.61 # 2004****Botzum, Jessica**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Botzum, Jessica	18	YMCA of Triangle Area	2:36.96	2:34.61 #
35.33	1:13.87 (38.54)	1:53.61 (39.74)	2:34.61 (41.00)	
2 Huntwork, Kylan	17	YMCA of Triangle Area	2:40.67	2:41.49
35.87	1:16.90 (41.03)	1:59.41 (42.51)	2:41.49 (42.08)	
3 Graessle, Lindsey	16	Countryside-Warren County YMC	2:44.04	2:41.69
36.47	1:17.47 (41.00)	1:59.09 (41.62)	2:41.69 (42.60)	
4 Robertson, Caroline	17	Marion County Branch YMCA	2:43.69	2:41.74
36.88	1:17.61 (40.73)	1:59.43 (41.82)	2:41.74 (42.31)	
5 Lang, Melissa	12	Metuchen-Edison YMCA	2:44.91	2:42.43
37.42	1:17.90 (40.48)	1:59.43 (41.53)	2:42.43 (43.00)	
6 Zafir, Taylor	14	Northwestern Dupage YMCA	2:44.31	2:43.37
36.74	1:18.19 (41.45)	2:00.96 (42.77)	2:43.37 (42.41)	
7 Hetzel, Catherine	18	Metuchen-Edison YMCA	2:45.78	2:43.43
36.29	1:18.26 (41.97)	2:00.73 (42.47)	2:43.43 (42.70)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Women 200 LC Meter Breaststroke)**

Name	Age	Team	Prelim Time	Finals Time
8 Keath, Macey	15	Lebanon Valley Family YMCA	2:45.98	2:45.58
36.94	1:18.98 (42.04)	2:02.15 (43.17)	2:45.58 (43.43)	
B - Final				
9 Longacre, Shayna	16	Boyertown Area YMCA	2:46.72	2:42.98
36.89	1:18.50 (41.61)	2:01.06 (42.56)	2:42.98 (41.92)	
10 Merritt, Sarah	15	Western Family Branch YMCA	2:48.97	2:43.70
36.26	1:18.07 (41.81)	2:00.50 (42.43)	2:43.70 (43.20)	
11 Seiffert, Ruth	17	Brandywine-De YMCA	2:47.93	2:46.45
38.55	1:20.76 (42.21)	2:03.78 (43.02)	2:46.45 (42.67)	
12 Fogarty, Claire	16	South Community Family BR YM	2:47.96	2:47.51
37.60	1:19.95 (42.35)	2:03.23 (43.28)	2:47.51 (44.28)	
13 Miller, Ashley	15	ME Lyons YMCA	2:48.79	2:47.94
39.74	1:22.29 (42.55)	2:04.74 (42.45)	2:47.94 (43.20)	
14 Leprine, Ashley	15	Wilton Family YMCA	2:48.36	2:48.57
39.30	1:21.62 (42.32)	2:05.17 (43.55)	2:48.57 (43.40)	
15 Reinhard, Alyssa	14	Cheshire Branch YMCA	2:49.38	2:49.97
38.61	1:21.11 (42.50)	2:05.84 (44.73)	2:49.97 (44.13)	
16 Tharrington, Leigh	16	Greensboro Central YMCA	2:48.52	2:50.51
38.67	1:20.95 (42.28)	2:04.10 (43.15)	2:50.51 (46.41)	

Women 200 LC Meter Breaststroke**National: 2:37.44 * 1996****K Jones****S. Community, OH****Broken Rec: 2:34.61 # 2004****Botzum, Jessica**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Botzum, Jessica	18	YMCA of Triangle Area	2:30.63	2:36.96 *
1:15.40	2:36.96 (1:21.56)			
2 Huntwork, Kylan	17	YMCA of Triangle Area	2:46.02	2:40.67
1:17.62	2:40.67 (1:23.05)			
3 Robertson, Caroline	17	Marion County Branch YMCA	2:42.72	2:43.69
1:19.03	2:43.69 (1:24.66)			
4 Graessle, Lindsey	16	Countryside-Warren County YMC	2:47.37	2:44.04
1:18.79	2:44.04 (1:25.25)			
5 Zafir, Taylor	14	Northwestern Dupage YMCA	2:48.60	2:44.31
1:19.36	2:44.31 (1:24.95)			
6 Lang, Melissa	12	Metuchen-Edison YMCA	2:50.52	2:44.91
1:19.75	2:44.91 (1:25.16)			
7 Hetzel, Catherine	18	Metuchen-Edison YMCA	2:42.72	2:45.78
	1:17.88 () 2:45.78 (1:27.90)			
8 Keath, Macey	15	Lebanon Valley Family YMCA	2:23.13 Y	2:45.98
1:19.06	2:45.98 (1:26.92)			
9 Longacre, Shayna	16	Boyertown Area YMCA	2:46.20	2:46.72
	1:19.66 () 2:46.72 (1:27.06)			
10 Seiffert, Ruth	17	Brandywine-De YMCA	2:50.90	2:47.93
	1:21.93 () 2:47.93 (1:26.00)			
11 Fogarty, Claire	16	South Community Family BR YM	2:48.15	2:47.96
	1:20.54 () 2:47.96 (1:27.42)			
12 Leprine, Ashley	15	Wilton Family YMCA	2:51.00	2:48.36
1:20.28	2:48.36 (1:28.08)			
13 Tharrington, Leigh	16	Greensboro Central YMCA	2:49.14	2:48.52
1:20.78	2:48.52 (1:27.74)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
14 Miller, Ashley	15	ME Lyons YMCA	2:48.10	2:48.79
		1:21.64 2:48.79 (1:27.15)		
15 Merritt, Sarah	15	Western Family Branch YMCA	2:25.29 Y	2:48.97
		1:21.02 2:48.97 (1:27.95)		
16 Reinhard, Alyssa	14	Cheshire Branch YMCA	2:51.65	2:49.38
		1:21.05 2:49.38 (1:28.33)		
17 Rom, Amanda	15	Blue Ash Branch YMCA	2:51.09	2:49.73
		1:21.99 2:49.73 (1:27.74)		
18 Gorinski, Laura	13	Greensburg YMCA	2:29.26 Y	2:49.86
		1:22.26 () 2:49.86 (1:27.60)		
19 Young, Ryan	17	YMCA OF Catawba Valley	2:51.09	2:50.44
		1:22.31 () 2:50.44 (1:28.13)		
20 Stark, Laura	16	Somerset Valley YMCA	2:54.60	2:51.27
		1:21.47 2:51.27 (1:29.80)		
21 Von Rosendahl, Brie	17	Montclair YMCA	2:50.47	2:51.44
		1:21.92 2:51.44 (1:29.52)		
22 Curran, Molly	15	N Shore/Lester Sterling BR Y	2:53.43	2:51.92
		1:22.29 () 2:51.92 (1:29.63)		
23 Hartman, Sara	14	Boyertown Area YMCA	2:56.94	2:52.10
		1:24.23 () 2:52.10 (1:27.87)		
24 Keehn, Alicia	17	Flint YMCA	2:58.04	2:52.46
		1:23.51 2:52.46 (1:28.95)		
25 Brown, Bethny	15	Genesee Area Family YMCA	2:29.86 Y	2:52.66
		1:22.19 () 2:52.66 (1:30.47)		
26 Wardecke, Sarah	14	Appleton Family YMCA	2:50.07	2:53.27
		1:23.27 () 2:53.27 (1:30.00)		
27 Troyan, Paige	15	Countryside-Warren County YMC	2:54.30	2:53.34
		1:22.12 () 2:53.34 (1:31.22)		
28 Jemec, Vida	15	Middle Tyger YMCA	2:51.66	2:53.35
		1:21.64 2:53.35 (1:31.71)		
29 Oulighan, Kara	15	Darien Community YMCA	2:52.42	2:53.49
		1:23.75 () 2:53.49 (1:29.74)		
30 Ishee, Katelyn	14	Countryside-Warren County YMC	2:55.45	2:53.52
		1:23.20 2:53.52 (1:30.32)		
31 Werner, Ellie	15	Schroeder YMCA	2:55.50	2:53.53
		1:23.25 () 2:53.53 (1:30.28)		
32 Cempel, Laura	13	Joliet YMCA	2:55.87	2:53.60
		1:22.91 () 2:53.60 (1:30.69)		
33 Demers, Elizabeth	17	Andover-North Andover YMCA	2:55.33	2:53.84
		1:23.95 2:53.84 (1:29.89)		
34 Sweeney, Lauren	17	Schroeder YMCA	2:52.36	2:53.88
		1:23.69 2:53.88 (1:30.19)		
35 Dickson, Amanda	17	Fanwood-Scotch Plains YMCA	2:28.57 Y	2:53.93
		1:23.59 () 2:53.93 (1:30.34)		
36 McDonald, Miriam	14	YMCA OF Catawba Valley	2:57.98	2:54.14
		1:24.03 2:54.14 (1:30.11)		
37 Zelenky, Ali	13	West Shore-Harrisburg YMCA	2:56.98	2:54.22
		1:22.43 2:54.22 (1:31.79)		
38 Nennig, Bailey	16	Schroeder YMCA	2:55.01	2:55.06
		1:22.79 2:55.06 (1:32.27)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
39 Naylor, Stephanie	17	Upper Main Line YMCA	2:53.38	2:55.11
	1:24.84 ()	2:55.11 (1:30.27)		
40 Bennett, Kristen	17	Green Bay Metro YMCA	2:30.28 Y	2:55.18
	1:25.64 ()	2:55.18 (1:29.54)		
41 Kalevich, Alexis	16	Madison Area YMCA	2:48.52 S	2:55.19
	1:23.40 ()	2:55.19 (1:31.79)		
42 Dalessandro, Jackie	15	Tri-Hampton YMCA	2:31.85 Y	2:55.29
	1:22.35	2:55.29 (1:32.94)		
43 Conklin, Stephanie	14	Blue Ash Branch YMCA	2:52.49	2:55.37
	1:21.83	2:55.37 (1:33.54)		
44 Barrett, Rachelle	15	Reg Fam YMCA Laurel Highland	2:58.89	2:55.38
	1:24.38 ()	2:55.38 (1:31.00)		
45 McClure, Elizabeth	16	Birmingham Family YMCA	2:53.46	2:55.47
	1:25.16 ()	2:55.47 (1:30.31)		
46 Wallach, Caitlin	18	Schroeder YMCA	2:51.88	2:55.55
	1:23.36 ()	2:55.55 (1:32.19)		
47 Morris, Kelly	17	Fanwood-Scotch Plains YMCA	2:26.89 Y	2:55.57
	1:22.99	2:55.57 (1:32.58)		
48 Beary, Nina	16	ME Lyons YMCA	2:55.13	2:55.67
	1:26.10	2:55.67 (1:29.57)		
49 Melkun, Charlotte	17	Rappahannock Area YMCA	2:55.75	2:55.92
	1:24.10 ()	2:55.92 (1:31.82)		
50 Reynolds, Julie	15	Powel Crosley Branch YMCA	2:55.34	2:55.94
	1:26.72	2:55.94 (1:29.22)		
51 Clay, Ashley	16	Winston-Salem Central YMCA	2:58.54	2:56.08
	1:24.36 ()	2:56.08 (1:31.72)		
52 Whitaker, Emily	14	Wilton Family YMCA	2:58.62	2:56.25
	1:24.36 ()	2:56.25 (1:31.89)		
53 Wiltraut, Adriane	18	Upper Main Line YMCA	2:55.59	2:56.37
	1:21.01 ()	2:56.37 (1:35.36)		
54 Connors, Kristen	14	Hockomock Area YMCA	2:59.85	2:56.40
	1:25.83	2:56.40 (1:30.57)		
55 Atchison, Kelsey	15	Cuyahoga Falls Riverfront YMCA	2:29.10 Y	2:56.41
	1:24.58 ()	2:56.41 (1:31.83)		
56 James, Ashley	16	Bloomsburg Area YMCA	2:53.97	2:56.58
	1:25.54 ()	2:56.58 (1:31.04)		
57 Adams, Kaitlyn	14	ME Lyons YMCA	2:58.66	2:56.61
	1:25.86 ()	2:56.61 (1:30.75)		
58 Arana, Priscilla	13	Flushing Branch YMCA	2:53.49	2:56.85
	1:24.16 ()	2:56.85 (1:32.69)		
59 Fuhro, Courtney	14	Montclair YMCA	2:57.34	2:56.88
	1:24.98	2:56.88 (1:31.90)		
60 Healy, Michelle	14	Winston-Salem Central YMCA	2:57.54	2:56.98
	1:26.57	2:56.98 (1:30.41)		
61 Lunde, Ellesse	13	South Shore YMCA	2:54.13	2:57.02
	1:24.55 ()	2:57.02 (1:32.47)		
62 Retotar, Allison	17	Somerset Hills YMCA	2:34.16 Y	2:57.03
	1:26.10 ()	2:57.03 (1:30.93)		
63 Hallin, Molly	17	South Shore YMCA	2:59.84	2:57.09
	1:24.64	2:57.09 (1:32.45)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
64 Asher, Courtney	17	Upper Main Line YMCA	2:30.04 Y	2:57.16
		1:23.34 () 2:57.16 (1:33.82)		
65 Hetzel, Alexa	14	Metuchen-Edison YMCA	2:54.31	2:57.20
		1:24.76 2:57.20 (1:32.44)		
66 Peitz, Chelsea	14	Flint YMCA	2:34.63 Y	2:57.34
		1:26.22 () 2:57.34 (1:31.12)		
67 Harper, Sarah	14	Schroeder YMCA	2:51.91	2:57.51
		1:21.97 2:57.51 (1:35.54)		
68 Church, Erin	18	Countryside-Warren County YMC	2:53.50	2:57.60
		1:24.07 () 2:57.60 (1:33.53)		
69 Papadopoulos, Vicky	14	YMCA Aquatic Center	2:34.11 Y	2:58.20
		1:24.81 () 2:58.20 (1:33.39)		
70 Mariani, Stephanie	15	Upper Main Line YMCA	2:55.34 S	2:59.10
		1:26.78 () 2:59.10 (1:32.32)		
71 Gallagher, Theresa	13	Anne Arundel YMCA	2:58.41	2:59.17
		1:27.52 () 2:59.17 (1:31.65)		
72 Bergeron, Chanelle	16	Wilton Family YMCA	2:58.29	2:59.86
		1:26.02 2:59.86 (1:33.84)		
73 Tumpene, Kelsey	14	Joliet YMCA	2:55.83	2:59.91
		1:26.87 () 2:59.91 (1:33.04)		
74 Prater, Kendra	16	Huntington YMCA	2:28.31 Y	2:59.95
		1:25.35 () 2:59.95 (1:34.60)		
75 Pearson, Ashley	13	Lionville Community YMCA	2:55.11 S	3:00.23
		1:28.08 () 3:00.23 (1:32.15)		
76 Tomei, Erika	17	Hamilton Area YMCA	2:59.84	3:00.29
		1:24.79 3:00.29 (1:35.50)		
77 Dyer, Alden	14	Chapel Hill-Carrboro YMCA	2:58.84	3:00.38
		1:26.75 () 3:00.38 (1:33.63)		
78 McGlauflin, Jennifer	17	Andover-North Andover YMCA	2:58.77	3:00.47
		1:25.54 () 3:00.47 (1:34.93)		
79 Siedlik, Lauren	17	Farmington Family YMCA	2:32.55 Y	3:00.49
		1:27.03 3:00.49 (1:33.46)		
80 Sullivan, Elizabeth	14	Melrose YMCA	2:59.49	3:00.53
		1:29.19 3:00.53 (1:31.34)		
81 Newman, Ariel	15	Somerset Valley YMCA	2:56.47 S	3:00.70
		1:27.11 3:00.70 (1:33.59)		
82 Martinez, Bianca	14	Flushing Branch YMCA	2:56.84	3:00.88
		1:27.21 () 3:00.88 (1:33.67)		
83 Birsa, Taylor	12	Joliet YMCA	2:53.33 S	3:01.12
		1:26.73 () 3:01.12 (1:34.39)		
84 Leyshon, Roxanne	16	Cambridge Area YMCA	2:30.54 Y	3:01.23
		1:27.48 3:01.23 (1:33.75)		
85 Kurkul, Michelle	18	N Shore/Lester Sterling BR Y	2:59.02	3:01.41
		1:26.97 3:01.41 (1:34.44)		
86 Winn, Bridget	14	Southern Chester County YMCA	2:31.76 Y	3:01.55
		1:29.26 3:01.55 (1:32.29)		
87 Gorinski, MaryBeth	18	Greensburg YMCA	2:58.04	3:02.15
		1:24.42 3:02.15 (1:37.73)		
88 O'Sullivan, Karen	17	Andover-North Andover YMCA	2:30.17 Y	3:02.21
		1:23.71 () 3:02.21 (1:38.50)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
89 Conelias, Stephanie	16	Cheshire Branch YMCA	2:31.92 Y	3:02.25
1:27.19	3:02.25 (1:35.06)			
90 Champa, Teresa	14	YMCA OF Gr. Elgin Taylor Fami	2:55.63 S	3:02.68
1:27.22 ()	3:02.68 (1:35.46)			
91 Waller, Emily	13	Kishwaukee Family YMCA	2:56.35 S	3:02.83
1:29.49	3:02.83 (1:33.34)			
92 Adlam, Nikki	15	Tri-Hampton YMCA	2:52.36 S	3:03.05
1:27.31 ()	3:03.05 (1:35.74)			
93 Wu, Jenny	17	Montclair YMCA	2:55.39	3:03.24
1:25.07	3:03.24 (1:38.17)			
94 Campbell, Claire	17	Chapel Hill-Carrboro YMCA	2:58.32	3:03.26
1:26.03	3:03.26 (1:37.23)			
95 Van Sistine, Mikaela	16	Oshkosh Community YMCA	2:51.87 S	3:03.43
1:26.98 ()	3:03.43 (1:36.45)			
96 Bollinger, Anne	14	Wilton Family YMCA	3:00.01	3:03.84
1:27.32	3:03.84 (1:36.52)			
97 Bollinger, Carly	17	Wilton Family YMCA	2:55.78	3:04.04
1:28.29 ()	3:04.04 (1:35.75)			
98 O'Leary, Katherine	13	Montclair YMCA	2:56.27 S	3:04.21
1:27.28 ()	3:04.21 (1:36.93)			
99 Bower, Abi	16	Jerry L Garver YMCA	2:33.13 Y	3:04.86
1:27.69 ()	3:04.86 (1:37.17)			
100 Kallman, Sara	17	Montclair YMCA	2:31.23 Y	3:04.94
1:26.59	3:04.94 (1:38.35)			
101 McClellan, Brett	15	YMCA Aquatic Center	2:34.20 Y	3:05.38
1:26.06 ()	3:05.38 (1:39.32)			
102 Gunnels, Amanda	17	Chapel Hill-Carrboro YMCA	2:33.27 Y	3:05.62
1:28.10 ()	3:05.62 (1:37.52)			
103 Borowski, Maria	15	Fanwood-Scotch Plains YMCA	2:32.91 Y	3:05.97
1:29.40 ()	3:05.97 (1:36.57)			
104 Paxton, Maggie	14	Countryside-Warren County YMC	2:59.63	3:06.28
1:29.71	3:06.28 (1:36.57)			
105 Goeckner, Hannah	15	Newberry YMCA	2:58.88	3:07.13
1:28.08 ()	3:07.13 (1:39.05)			
106 Cirillo, Ashley	15	South Shore YMCA	2:57.25 S	3:07.18
1:28.67	3:07.18 (1:38.51)			
107 Niedermeyer, Laura	15	Green Bay Metro YMCA	2:30.70 Y	3:07.86
1:29.25	3:07.86 (1:38.61)			
108 Mosher, Heather	14	YMCA Aquatic Center	2:31.06 Y	3:08.21
1:30.36	3:08.21 (1:37.85)			
109 Capizzi, Stefanie	17	Somerset Valley YMCA	2:56.95 S	3:09.21
1:31.46	3:09.21 (1:37.75)			
110 Raisler, Kelli	14	Schroeder YMCA	2:59.67	3:09.65
1:30.10	3:09.65 (1:39.55)			
--- Caron, Amy	18	Andover-North Andover YMCA	2:25.31 Y	DQ
1:21.49	DQ (1:31.41)			

Women 50 LC Meter Butterfly**National: 28.24 * 1994****B. Karaica****Pittsburgh E, PA**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 McKinlay, Aidan	16	Cheshire Branch YMCA	29.66	29.10

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A - Final ... (Women 50 LC Meter Butterfly)

	Name	Age	Team	Prelim Time	Finals Time
2	Grushecky, Kelsey	15	Reg Fam YMCA Laurel Highland	29.51	29.11
3	Nickson, Naomi	16	YMCA Aquatic Center	29.60	29.18
4	Mathes, Carly	17	South Community Family BR YM	29.63	29.21
5	Hug, Kelley	16	Tampa Metro YMCA	29.85	29.30
6	Petchonka, Deanna	18	Wilton Family YMCA	29.62	29.44
7	Begley, Sarah	16	Upper Main Line YMCA	29.68	29.61
8	Andrews, Kayla	16	Kennett Area YMCA	29.66	29.75

B - Final

9	Kirsteier, Caitlin	16	Tri-Hampton YMCA	29.97	29.21
10	Shupe, Stephanie	16	Upper Main Line YMCA	30.13	29.29
11	Davidoff, Cara	18	Palisades-Malibu YMCA	30.07	29.44
12	Luttermoser, Allison	17	West Shore-Harrisburg YMCA	30.09	29.61
13	Sullivan, Patty	13	Darien Community YMCA	30.27	29.65
14	Allen, Alex	16	Boyertown Area YMCA	29.93	29.74
15	Potts, Katlin	16	Northern Neck Branch YMCA	30.17	29.85
16	Scott, Sarah	17	Chapel Hill-Carrboro YMCA	30.23	29.95

Women 50 LC Meter Butterfly

National: 28.24 * 1994

B. Karaica

Pittsburgh E, PA

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Grushecky, Kelsey	15	Reg Fam YMCA Laurel Highland	29.45	29.51
2	Nickson, Naomi	16	YMCA Aquatic Center	31.33	29.60
3	Petchonka, Deanna	18	Wilton Family YMCA	30.08	29.62
4	Mathes, Carly	17	South Community Family BR YM	28.73	29.63
5	McKinlay, Aidan	16	Cheshire Branch YMCA	30.77	29.66
5	Andrews, Kayla	16	Kennett Area YMCA	27.07 Y	29.66
7	Begley, Sarah	16	Upper Main Line YMCA	30.54	29.68
8	Hug, Kelley	16	Tampa Metro YMCA	29.17	29.85
9	Allen, Alex	16	Boyertown Area YMCA	31.04	29.93
10	Kirsteier, Caitlin	16	Tri-Hampton YMCA	30.87	29.97
11	Davidoff, Cara	18	Palisades-Malibu YMCA	27.85 Y	30.07
12	Luttermoser, Allison	17	West Shore-Harrisburg YMCA	30.57	30.09
13	Shupe, Stephanie	16	Upper Main Line YMCA	30.88	30.13
14	Potts, Katlin	16	Northern Neck Branch YMCA	30.55	30.17
15	Scott, Sarah	17	Chapel Hill-Carrboro YMCA	29.61	30.23
16	Sullivan, Patty	13	Darien Community YMCA	31.78	30.27
17	Stumpf, Ashlyn	16	West Shore-Harrisburg YMCA	31.17	30.30
18	Bateman, Sarah	14	YMCA Aquatic Center	27.54 Y	J30.30
19	Conter, Laura	16	East Hartford YMCA	30.95	30.32
20	D'Erasmo, Laura	17	Wilton Family YMCA	29.94	30.36
21	Dlugopolski, Leslie	16	Schroeder YMCA	30.68	30.39
22	Hobbs, Allison	16	New Canaan Community YMCA	31.59	30.42
23	Gehman, Cheyenne	18	Boyertown Area YMCA	31.64	30.45
24	McDonough, Catie	17	Madison Area YMCA	31.07	30.56
25	Smoak, Emily	18	Mid-Delmarva Family YMCA	28.31 Y	30.58
25	Bennett, Jenny	15	Green Bay Metro YMCA	30.94	30.58
27	Adams, Sarah	16	YMCA Aquatic Center	31.37	30.60
28	Cox, Caroline	18	Southern Chester County YMCA	31.09 S	30.63

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
29	Richman, Charlotte	15	Montclair YMCA	31.22	30.64
30	Slowey, Kaitlin	17	Tri-Hampton YMCA	30.48	30.66
31	O'Connell, Maggie	16	Waynesboro Ymca- Pennsylvania	31.51	30.67
32	King, Melissa	16	Countryside-Warren County YMC	31.05	30.74
33	Winhusen, Jill	17	Powel Crosley Branch YMCA	31.80	30.80
34	Driscoll, Caitlin	14	Hampshire Regional YMCA	32.27	30.82
35	LaSalle, Elisabeth	15	Leaning Tower YMCA	31.97	30.83
36	Calimer, Lindsay	14	Anne Arundel YMCA	31.45	30.88
37	Marshall, Alison	18	YMCA Aquatic Center	28.20 Y	30.94
38	Von Rosendahl, Brie	17	Montclair YMCA	31.23	30.96
39	Brotherton, Katie	17	Countryside-Warren County YMC	31.66	30.99
40	Button, Sarah	14	Somerset Hills YMCA	31.49 S	31.00
41	Keehn, Alicia	17	Flint YMCA	27.56 Y	31.02
42	O'Mara, Kaitlin	15	Flint YMCA	32.01	31.04
42	McIntyre, Cookie	16	York & York County YMCA	27.84 Y	31.04
44	Heberton, Jen	16	New Canaan Community YMCA	32.38	31.07
45	Carta, Anna	16	Piedmont Family YMCA	31.56	31.08
46	Suppan, Alex	13	Greater Burlington YMCA	31.85	31.15
47	Kasten, Corey	15	Leaning Tower YMCA	31.83 S	31.18
48	Matuszewski, Katie	14	Western Area Branch YMCA	31.88	31.19
49	Engler, Lindsey	17	Mid-Delmarva Family YMCA	28.24 Y	31.20
49	Grover, Brianna	15	YMCA of Triangle Area	28.15 Y	31.20
51	Sgambato, Lia	16	Cheshire Branch YMCA	32.20	31.33
52	Goebel, Molly	14	New Canaan Community YMCA	31.95	31.36
53	Hicks, Leigh	15	ME Lyons YMCA	30.66	31.41
54	Underhill, Nicole	18	Greater Burlington YMCA	32.18	31.43
54	Komminos, Kat	15	Regional YMCA of Western CT	32.44	31.43
54	Waller, Claire	18	Harford County Family YMCA	30.56	31.43
57	Hancock, Jillian	15	Milton Branch YMCA	27.86 Y	31.44
58	Sheahan, Keara	16	Northern Neck Branch YMCA	32.17	31.45
59	Pelton, Kailey	16	Upper Main Line YMCA	32.28 S	31.47
59	McHale, Lisa	17	Wilton Family YMCA	28.12 Y	31.47
61	Davies, Jenny	14	Harford County Family YMCA	28.37 Y	31.48
62	Athanas, Vanessa	15	N Shore/Lester Sterling BR Y	32.12	31.55
63	Teresak, Krista	14	Montclair YMCA	31.98	31.56
64	Stier, Amanda	16	Coffman Family YMCA	31.23	31.60
65	Szmyd, Carly	14	Greensburg YMCA	28.06 Y	31.66
66	Lopez, Mary	14	Andover-North Andover YMCA	32.22 S	31.67
67	Borgemenke, Danielle	17	Gamble Nippert YMCA	31.24	31.68
68	Sayles, Megan	15	Winston-Salem Central YMCA	31.61	31.72
69	Mann, Katie	15	Cuyahoga Falls Riverfront YMCA	28.02 Y	31.75
69	Gray, Katelynn	16	Darien Community YMCA	31.32	31.75
71	Reed, Caroline	15	Blue Ash Branch YMCA	28.64 Y	31.78
72	Prim, Julianna	13	Winston-Salem Central YMCA	32.06	31.80
73	Tharrington, Leigh	16	Greensboro Central YMCA	31.45	31.86
73	Gnerre, Dana	13	Wilton Family YMCA	28.07 Y	31.86
75	Wilson, Anne	15	RC Durr Family YMCA	31.87	31.87
76	Forrest, Danielle	13	Cheshire Branch YMCA	32.46	31.89
77	Uding, Alex	14	Leaning Tower YMCA	32.05 S	31.91
78	Lentz, Cary	15	Birmingham Family YMCA	28.51 Y	31.96

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
79 Roebuck, Elizabeth	15	Powel Crosley Branch YMCA	31.61	31.98
79 Rines, Kristi	14	Chambersburg Memorial YMCA	31.93 S	31.98
81 McCleaf, Lauren	13	West Shore-Harrisburg YMCA	32.33	31.99
82 Buckner, Gaby	16	Powel Crosley Branch YMCA	28.30 Y	32.02
82 Overman, Lindsey	18	Tampa Metro YMCA	31.94	32.02
84 Roberts, Linz	16	Joliet YMCA	31.78	32.06
85 Skoutelas, Diana	16	Tri-Hampton YMCA	32.36	32.11
86 Moll, Kristen	13	Somerset Valley YMCA	32.52	32.14
87 Hurd, Karrah	16	Wilton Family YMCA	31.50	32.16
88 Kiernicki, Kristen	17	Tri-Hampton YMCA	32.33 S	32.17
88 Donnelly, Meghan	15	Ocean County YMCA	32.48	32.17
88 de la Garza, Lorena	18	Pulaski-Hensel Ekman YMCA	31.49	32.17
91 Demers, Elizabeth	17	Andover-North Andover YMCA	32.36	32.18
92 Leix, Laura	16	Flint YMCA	32.32	32.20
92 Rose, Ashleigh	16	Anne Arundel YMCA	28.59 Y	32.20
92 Billow, Amy	14	Gamble Nippert YMCA	31.90	32.20
95 Luedke, Laura	17	Schroeder YMCA	32.06	32.21
96 Braza, Carolyn	15	Schroeder YMCA	32.34	32.25
97 Bryson, Jennifer	15	Appleton Family YMCA	32.20	32.26
98 Dlugopolski, Lisa	14	Schroeder YMCA	31.89	32.34
98 Doyle, Kerra	18	McKeesport YMCA	32.57	32.34
100 Stone, Sarah	18	Powel Crosley Branch YMCA	31.94	32.35
101 Moodie, Natasha	13	Montclair YMCA	32.25	32.37
102 Valentine, Katie	15	Boyertown Area YMCA	28.48 Y	32.40
103 Bakula, Angie	15	Appleton Family YMCA	32.48	32.46
104 Lesiuk, Adriana	15	Tri-Hampton YMCA	28.50 Y	32.47
105 Schieren, Whitney	14	Tri-Hampton YMCA	31.95 S	32.50
106 Martin, Greta	13	Andover-North Andover YMCA	32.59	32.51
107 White, Kelsey T	15	Aurora Family YMCA	32.18 S	32.53
107 Hathaway, Clare	17	Schroeder YMCA	31.98	32.53
107 Rakouth, Haintso	17	Saginaw YMCA	28.63 Y	32.53
110 Cody, Camille	15	YMCA Of Western North Carolin	28.17 Y	32.54
111 Matzke, Jenna	18	Green Bay Metro YMCA	28.40 Y	32.56
111 Bombrys, Kylie	16	Toledo YMCA	28.40 Y	32.56
113 Lukovics, Kari	12	Woonsocket YMCA	28.63 Y	32.58
114 Yen, Kristin	13	South Shore YMCA	28.42 Y	32.59
115 Amini-Hajibashi, Chrystal	14	Schroeder YMCA	31.78	32.63
115 Strobel, Abby	17	Appleton Family YMCA	32.44	32.63
117 Bower, Abi	16	Jerry L Garver YMCA	31.59	32.66
118 Stover, Ally	14	South Community Family BR YM	32.50	32.69
119 Casazza, Elizabeth	15	Hamilton Area YMCA	32.35	32.71
119 Gannon, Samantha	17	N Shore/Lester Sterling BR Y	31.61	32.71
121 Chavis, Caitlin	17	Countryside-Warren County YMC	31.96	32.72
122 Larkin, Morgan	18	Westfield YMCA - New Jersey	28.62 Y	32.73
123 Boyd, Kelly	13	Tampa Metro YMCA	28.65 Y	32.74
124 Gentile, Norah	13	East Hartford YMCA	32.30	32.77
125 Fears, Jessie	13	Countryside-Warren County YMC	32.59	32.80
126 Reyes, Brittany	15	Westfield YMCA - New Jersey	28.22 Y	32.81
127 Liu, Jennifer	17	Cheshire Branch YMCA	31.85	32.85
128 Trumbull, Meredith	15	N Shore/Lester Sterling BR Y	32.57	32.86

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
129 Hurley, Kelsey	13	Somerset Valley YMCA	32.24	32.96
130 Bersani, Anna	14	Countryside-Warren County YMC	31.90	32.97
130 Wong, Xiao-Xiang	14	Metuchen-Edison YMCA	32.37	32.97
130 Krueger, Laura	13	Pulaski-Hensel Ekman YMCA	32.47	32.97
130 Tsivitse, Jane	13	Powel Crosley Branch YMCA	32.50	32.97
134 Jarvis, Ariel	13	Greater Burlington YMCA	32.55	32.98
134 Emerson, Ashley	14	YMCA of Youngstown, Ohio Inc.	27.66 Y	32.98
136 Piepenbrink, Jen	17	N Shore/Lester Sterling BR Y	32.20 S	32.99
136 Etrheim, Maddy	15	Stevens Point YMCA	32.51	32.99
138 Jarquin, Tisha	13	YMCA Aquatic Center	28.00 Y	33.05
138 Wysocki, Melody	17	Hamilton Area YMCA	32.33	33.05
140 Wardecke, Sarah	14	Appleton Family YMCA	32.41	33.07
141 Macklin, Julie	17	Mid-Delmarva Family YMCA	28.33 Y	33.09
142 Kowalski, Kinsey	13	Blue Ash Branch YMCA	31.98	33.10
142 Brotherton, Michele	15	Countryside-Warren County YMC	32.59	33.10
144 Kinsey, Stephanie	13	West Shore-Harrisburg YMCA	31.82 S	33.23
145 McLean, Brooke	13	Northern Neck Branch YMCA	32.56	33.24
146 Pollack, Jojo	17	Schroeder YMCA	28.59 Y	33.27
147 Keller, Chelsea	15	Blue Ash Branch YMCA	32.29	33.30
148 Wei, Victoria	13	Guilderland YMCA	28.23 Y	33.58
149 Aughinbaugh, Katie	16	Chambersburg Memorial YMCA	32.39	33.82
150 Boehme, Whitney	14	Schroeder YMCA	32.59	33.86
151 Glasson, Hannah	16	Pulaski-Hensel Ekman YMCA	31.98 S	34.05
152 Ostrander, Casey	13	Cape Cod YMCA	28.30 Y	34.06
153 Larkin, Brittany	15	Fanwood-Scotch Plains YMCA	32.26 S	34.26

Women 100 LC Meter Butterfly**National: 1:03.32 * 1991****A. Fritsch****Gamble-NippertOH****Broken Rec: 1:03.22 # 2004****Weaner, Tricia**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Weaner, Tricia	15	West Shore-Harrisburg YMCA	1:04.03	1:03.22#
	29.96	1:03.22 (33.26)		
2 McKinlay, Aidan	16	Cheshire Branch YMCA	1:03.26	1:03.31 *
	29.79	1:03.31 (33.52)		
3 Christy, Emily	16	Boyertown Area YMCA	1:04.10	1:04.11
	30.70	1:04.11 (33.41)		
4 Grushecky, Kelsey	15	Reg Fam YMCA Laurel Highland	1:05.00	1:04.44
	31.35	1:04.44 (33.09)		
5 Vogel, Jen	16	South Shore YMCA	1:05.36	1:04.49
	30.43	1:04.49 (34.06)		
6 Petchonka, Deanna	18	Wilton Family YMCA	1:05.53	1:05.48
	30.37	1:05.48 (35.11)		
7 D'Erasmo, Laura	17	Wilton Family YMCA	1:05.27	1:05.49
	31.05	1:05.49 (34.44)		
8 Mathes, Carly	17	South Community Family BR YM	1:05.37	1:07.28
	30.15	1:07.28 (37.13)		
B - Final				
9 Hug, Kelley	16	Tampa Metro YMCA	1:05.90	1:04.95
	30.80	1:04.95 (34.15)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Women 100 LC Meter Butterfly)**

Name	Age	Team	Prelim Time	Finals Time
10 Nickson, Naomi	16	YMCA Aquatic Center	1:05.95	1:05.31
31.00	1:05.31 (34.31)			
11 Scott, Sarah	17	Chapel Hill-Carrboro YMCA	1:06.13	1:05.68
30.47	1:05.68 (35.21)			
12 Begley, Sarah	16	Upper Main Line YMCA	1:06.34	1:06.20
30.49	1:06.20 (35.71)			
13 Adams, Sarah	16	YMCA Aquatic Center	1:06.08	1:06.30
31.20	1:06.30 (35.10)			
14 Winhusen, Jill	17	Powel Crosley Branch YMCA	1:06.49	1:06.43
31.10	1:06.43 (35.33)			
15 Martin, Noelle	17	Winston-Salem Central YMCA	1:06.23	1:06.49
31.05	1:06.49 (35.44)			
16 Slowey, Kaitlin	17	Tri-Hampton YMCA	1:06.45	1:08.25
31.85	1:08.25 (36.40)			

Women 100 LC Meter Butterfly**National: 1:03.32 * 1991****A. Fritsch****Gamble-NippertOH****Broken Rec: 1:03.22 # 2004****Weaner, Tricia**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 McKinlay, Aidan	16	Cheshire Branch YMCA	1:03.56	1:03.26 *
2 Weaner, Tricia	15	West Shore-Harrisburg YMCA	1:05.81	1:04.03
3 Christy, Emily	16	Boyertown Area YMCA	1:06.84	1:04.10
4 Grushecky, Kelsey	15	Reg Fam YMCA Laurel Highland	1:07.08	1:05.00
5 D'Erasmo, Laura	17	Wilton Family YMCA	1:05.51	1:05.27
6 Vogel, Jen	16	South Shore YMCA	1:06.49	1:05.36
7 Mathes, Carly	17	South Community Family BR YM	1:05.23	1:05.37
8 Petchonka, Deanna	18	Wilton Family YMCA	1:05.65	1:05.53
9 Hug, Kelley	16	Tampa Metro YMCA	1:05.02	1:05.90
10 Nickson, Naomi	16	YMCA Aquatic Center	1:07.98	1:05.95
11 Adams, Sarah	16	YMCA Aquatic Center	1:07.29	1:06.08
12 Scott, Sarah	17	Chapel Hill-Carrboro YMCA	1:05.81	1:06.13
13 Martin, Noelle	17	Winston-Salem Central YMCA	1:05.37	1:06.23
14 Begley, Sarah	16	Upper Main Line YMCA	1:08.27	1:06.34
15 Slowey, Kaitlin	17	Tri-Hampton YMCA	1:07.11	1:06.45
16 Winhusen, Jill	17	Powel Crosley Branch YMCA	1:08.42	1:06.49
17 Chamberlin, Margie	16	Tampa Metro YMCA	1:05.88	1:06.53
18 Conter, Laura	16	East Hartford YMCA	1:07.80	1:06.62
19 Luttermoser, Allison	17	West Shore-Harrisburg YMCA	58.25 Y	1:06.64
20 Kirsteier, Caitlin	16	Tri-Hampton YMCA	1:08.13	1:06.66
21 Matherly, Megan	17	YMCA Aquatic Center	1:10.96	1:06.70
22 Shupe, Stephanie	16	Upper Main Line YMCA	1:08.69	1:06.71
23 Bennett, Jenny	15	Green Bay Metro YMCA	1:07.87	1:06.76
24 O'Mara, Kaitlin	15	Flint YMCA	1:10.14	1:06.81
25 Winiarski, Claire	16	Upper Main Line YMCA	1:08.41	1:06.86
26 Jemec, Vida	15	Middle Tyger YMCA	1:07.82	1:07.04
26 Radka, Jess	17	Reading & Berks YMCA	1:09.23	1:07.04
28 Zarba, Kristen	16	N Shore/Lester Sterling BR Y	1:07.97	1:07.06
29 Lowe, Angie	16	Huntington YMCA	1:07.83	1:07.24

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
30 Pegg, Kathryn	17	Chapel Hill-Carrboro YMCA	1:06.79	1:07.25
30 McIntyre, Cookie	16	York & York County YMCA	1:00.23 Y	1:07.25
32 Kishbaugh, Ryann	16	Bloomsburg Area YMCA	1:07.38	1:07.26
33 Nichols, Kerry	17	Boyertown Area YMCA	1:06.90	1:07.32
34 Fairbanks, Lauren	15	Middle Tyger YMCA	1:08.76	1:07.34
35 Suppan, Alex	13	Greater Burlington YMCA	1:08.89	1:07.50
36 Krone, Sarah	16	Blue Ash Branch YMCA	1:09.60	1:07.62
37 Parra, Madeline	17	Winston-Salem Central YMCA	1:09.26	1:07.71
38 Harrison, Holly	13	North Central Florida YMCA	1:10.17	1:07.79
39 Sullivan, Patty	13	Darien Community YMCA	1:07.96	1:07.85
40 Smoak, Emily	18	Mid-Delmarva Family YMCA	59.60 Y	1:07.86
41 Sink, Keri	13	YMCA OF Gr. Elgin Taylor Fami	1:08.36	1:08.04
42 Draves, Shannon	13	Boyertown Area YMCA	1:09.67	1:08.06
43 Keehn, Alicia	17	Flint YMCA	1:10.19	1:08.13
44 Sgambato, Lia	16	Cheshire Branch YMCA	1:10.22	1:08.19
45 Brotherton, Katie	17	Countryside-Warren County YMC	1:10.19	1:08.25
46 Underhill, Nicole	18	Greater Burlington YMCA	1:10.06	1:08.26
47 Marshall, Alison	18	YMCA Aquatic Center	59.40 Y	1:08.27
48 Leix, Laura	16	Flint YMCA	1:09.06	1:08.28
49 Dennis, Courtney	15	Middle Tyger YMCA	1:08.66	1:08.30
50 Zafir, Lauren	16	Northwestern Dupage YMCA	1:09.42	1:08.41
51 McCleaf, Lauren	13	West Shore-Harrisburg YMCA	1:09.45	1:08.47
52 White, Kelsey T	15	Aurora Family YMCA	1:01.64 Y	1:08.49
53 Nelsen, Patricia	15	Middle Tyger YMCA	1:09.54	1:08.55
54 Cook, Caitlin	15	Huntington YMCA	1:09.85	1:08.58
55 McKenna, Lauren	17	Darien Community YMCA	1:09.26	1:08.65
56 Sawicz, Dorota	17	Flushing Branch YMCA	1:08.34	1:08.73
57 Cox, Caroline	18	Southern Chester County YMCA	59.89 Y	1:08.76
58 Wallace, Cameron	17	Rappahannock Area YMCA	1:09.11	1:08.86
59 Andrews, Kayla	16	Kennett Area YMCA	58.29 Y	1:09.07
60 Sayles, Megan	15	Winston-Salem Central YMCA	1:09.72	1:09.12
60 Northcutt, Natalie	15	Huntington YMCA	1:01.07 Y	1:09.12
62 de la Garza, Lorena	18	Pulaski-Hensel Ekman YMCA	1:07.56 S	1:09.16
63 Glaeser, Suzannah	14	Rappahannock Area YMCA	1:00.14 Y	1:09.17
64 Gehman, Cheyenne	18	Boyertown Area YMCA	1:09.87	1:09.38
65 Richman, Charlotte	15	Montclair YMCA	1:10.88	1:09.39
66 Carta, Anna	16	Piedmont Family YMCA	1:10.45	1:09.40
67 Prim, Julianna	13	Winston-Salem Central YMCA	1:10.21	1:09.43
68 Crawford, Jessalyn	15	YMCA of Triangle Area	1:00.73 Y	1:09.45
69 Allen, Alex	16	Boyertown Area YMCA	1:09.93	1:09.51
70 Matzke, Jenna	18	Green Bay Metro YMCA	1:09.13	1:09.59
70 Dvorak, Samantha	15	Northwestern Dupage YMCA	1:09.07 S	1:09.59
72 Calimer, Lindsay	14	Anne Arundel YMCA	1:10.11	1:09.63
73 Buckner, Gaby	16	Powel Crosley Branch YMCA	1:01.09 Y	1:09.64
74 Kalevich, Victoria	16	Madison Area YMCA	1:07.85 S	1:09.82
75 Athanas, Vanessa	15	N Shore/Lester Sterling BR Y	1:01.03 Y	1:09.89
76 Teresak, Krista	14	Montclair YMCA	1:09.51	1:09.98
76 Borgemenke, Danielle	17	Gamble Nippert YMCA	1:10.69	1:09.98
78 Waller, Claire	18	Harford County Family YMCA	1:08.76	1:10.01
79 Grover, Brianna	15	YMCA of Triangle Area	1:00.56 Y	1:10.14

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
80	Engler, Lindsey	17	Mid-Delmarva Family YMCA	1:01.31 Y	1:10.15
81	Stier, Amanda	16	Coffman Family YMCA	1:10.14	1:10.19
82	Wilson, Anne	15	RC Durr Family YMCA	1:01.81 Y	1:10.20
83	Gray, Katelynn	16	Darien Community YMCA	1:10.53	1:10.33
84	Roebuck, Elizabeth	15	Powel Crosley Branch YMCA	1:09.27	1:10.51
85	LaSalle, Elisabeth	15	Leaning Tower YMCA	1:00.01 Y	1:10.53
86	Lewis, Jennie	17	Darien Community YMCA	1:10.95	1:10.56
87	Penrod, Chatham	16	Miami County YMCA	1:00.72 Y	1:10.61
87	Cunningham, Jennifer	17	North Central Florida YMCA	1:09.18	1:10.61
87	Hotchkiss, Erin	15	Tampa Metro YMCA	1:09.50	1:10.61
90	Pavolko, Brittany	14	Hampshire Regional YMCA	1:09.19	1:10.64
90	Lozach, Michelle	15	Wilton Family YMCA	1:01.70 Y	1:10.64
92	McHale, Lisa	17	Wilton Family YMCA	59.82 Y	1:10.66
92	Overman, Lindsey	18	Tampa Metro YMCA	1:00.96 Y	1:10.66
94	Szmyd, Carly	14	Greensburg YMCA	1:01.36 Y	1:10.68
94	Hicks, Leigh	15	ME Lyons YMCA	1:09.06	1:10.68
96	Hobbs, Allison	16	New Canaan Community YMCA	1:00.11 Y	1:10.69
97	Bombrys, Kylie	16	Toledo YMCA	1:02.18 Y	1:10.75
98	O'Connell, Maggie	16	Waynesboro Ymca- Pennsylvania	1:10.88	1:10.85
99	Stone, Sarah	18	Powel Crosley Branch YMCA	1:01.89 Y	1:10.87
100	Gianni, Tina	16	Tri-Hampton YMCA	1:01.92 Y	1:11.05
101	O'Brien, Ann	14	Rappahannock Area YMCA	1:01.43 Y	1:11.08
102	Casazza, Elizabeth	15	Hamilton Area YMCA	1:09.02 S	1:11.18
103	Amini-Hajibashi, Chrystal	14	Schroeder YMCA	1:10.87	1:11.31
104	Heberton, Jen	16	New Canaan Community YMCA	1:00.21 Y	1:11.37
105	Wysocki, Melody	17	Hamilton Area YMCA	1:10.31	1:11.44
106	Kiernicki, Kristen	17	Tri-Hampton YMCA	1:01.13 Y	1:11.56
107	Sheahan, Keara	16	Northern Neck Branch YMCA	1:09.74	1:11.62
108	Liu, Jennifer	17	Cheshire Branch YMCA	1:09.89	1:11.79
109	Bennett, Kristen	17	Green Bay Metro YMCA	1:02.19 Y	1:11.87
110	Larkin, Morgan	18	Westfield YMCA - New Jersey	1:01.90 Y	1:11.94
111	Jarquín, Tisha	13	YMCA Aquatic Center	1:02.16 Y	1:12.11
112	Rowlands, Jenna	14	Rappahannock Area YMCA	1:01.19 Y	1:12.13
113	Hurd, Karrah	16	Wilton Family YMCA	1:01.37 Y	1:12.21
114	Hanson, Kayla	17	Appleton Family YMCA	1:01.56 Y	1:12.26
115	Mann, Katie	15	Cuyahoga Falls Riverfront YMCA	1:01.09 Y	1:12.44
116	Billow, Amy	14	Gamble Nippert YMCA	1:01.49 Y	1:12.49
117	Moryan, Colette	18	Somerset Hills YMCA	1:01.67 Y	1:12.56
118	Close, Tricia	17	Aurora Family YMCA	1:01.94 Y	1:12.61
119	Kasten, Corey	15	Leaning Tower YMCA	1:02.12 Y	1:12.62
120	Chavis, Caitlin	17	Countryside-Warren County YMC	1:10.88	1:12.74
121	O'Connor, Erin	17	Metuchen-Edison YMCA	1:01.49 Y	1:13.03
122	Phillips, Larissa	17	Upper Main Line YMCA	1:00.59 Y	1:13.35
123	Batchelder, Cassie	15	Marion County Branch YMCA	1:02.10 Y	1:13.50
124	Gannon, Samantha	17	N Shore/Lester Sterling BR Y	1:01.21 Y	1:13.61
125	Reed, Caroline	15	Blue Ash Branch YMCA	1:01.98 Y	1:13.69
126	Rines, Kristi	14	Chambersburg Memorial YMCA	1:01.71 Y	1:13.72
127	Shafer, Holly	16	Powel Crosley Branch YMCA	1:02.05 Y	1:13.84
128	Lentz, Cary	15	Birmingham Family YMCA	1:01.56 Y	1:14.32
129	Pauly, Sarah	18	Aurora Family YMCA	1:02.06 Y	1:14.42

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 100 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
130 Harvey, Emma	15	Greater Burlington YMCA	1:02.07 Y	1:15.50
--- Forrest, Danielle	13	Cheshire Branch YMCA	1:01.50 Y	DQ

Women 200 LC Meter Butterfly

National: 2:16.33 * 1991

J. Todisco

Cape Ann, MA

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Christy, Emily	16	Boyertown Area YMCA	2:20.22	2:16.39
	31.22	1:06.53 (35.31)	1:41.85 (35.32)	2:16.39 (34.54)
2 Carusone, Julie	17	North Central Florida YMCA	2:23.68	2:21.24
	31.33	1:07.15 (35.82)	1:44.00 (36.85)	2:21.24 (37.24)
3 Chamberlin, Margie	16	Tampa Metro YMCA	2:22.90	2:22.11
	31.67	1:07.20 (35.53)	1:44.46 (37.26)	2:22.11 (37.65)
4 Jones, Ashley	16	Joliet YMCA	2:23.20	2:22.27
	31.75	1:07.31 (35.56)	1:44.19 (36.88)	2:22.27 (38.08)
5 McKinlay, Aidan	16	Cheshire Branch YMCA	2:23.36	2:23.34
	31.38	1:07.82 (36.44)	1:45.31 (37.49)	2:23.34 (38.03)
6 Wegmann, Sara	16	Huntington YMCA	2:25.35	2:25.09
	33.08	1:09.18 (36.10)	1:47.58 (38.40)	2:25.09 (37.51)
7 Beary, Nina	16	ME Lyons YMCA	2:23.37	2:25.59
	32.58	1:08.85 (36.27)	1:46.41 (37.56)	2:25.59 (39.18)
8 D'Erasmus, Laura	17	Wilton Family YMCA	2:25.26	2:26.71
	32.91	1:09.87 (36.96)	1:48.21 (38.34)	2:26.71 (38.50)
B - Final				
9 Vogel, Jen	16	South Shore YMCA	2:25.58	2:22.94
	31.44	1:07.03 (35.59)	1:44.27 (37.24)	2:22.94 (38.67)
10 Froehlich, Sarah	15	Hamden/North Haven YMCA	2:29.20	2:25.31
	33.51	1:10.69 (37.18)	1:48.79 (38.10)	2:25.31 (36.52)
11 Winhusen, Jill	17	Powel Crosley Branch YMCA	2:26.98	2:27.20
	32.57	1:10.51 (37.94)	1:48.54 (38.03)	2:27.20 (38.66)
12 Sander, Carlyn	17	North Central Florida YMCA	2:27.82	2:27.57
	33.04	1:10.85 (37.81)	1:48.97 (38.12)	2:27.57 (38.60)
13 Grushecky, Kelsey	15	Reg Fam YMCA Laurel Highland	2:27.65	2:27.65
	33.41	1:10.83 (37.42)	1:49.47 (38.64)	2:27.65 (38.18)
14 Cunningham, Jennifer	17	North Central Florida YMCA	2:28.36	2:28.23
	34.07	1:12.22 (38.15)	1:50.80 (38.58)	2:28.23 (37.43)
15 Rodriguez, Carolina	15	YMCA OF Catawba Valley	2:27.85	2:30.65
	33.74	1:11.60 (37.86)	1:51.01 (39.41)	2:30.65 (39.64)
16 Cook, Caitlin	15	Huntington YMCA	2:29.17	2:33.47
	34.17	1:13.01 (38.84)	1:52.82 (39.81)	2:33.47 (40.65)

Women 200 LC Meter Butterfly

National: 2:16.33 * 1991

J. Todisco

Cape Ann, MA

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Christy, Emily	16	Boyertown Area YMCA	2:20.35	2:20.22
	1:07.39	2:20.22 (1:12.83)		
2 Chamberlin, Margie	16	Tampa Metro YMCA	2:22.22	2:22.90
	1:07.38 ()	2:22.90 (1:15.52)		
3 Jones, Ashley	16	Joliet YMCA	2:22.99	2:23.20
	1:08.17 ()	2:23.20 (1:15.03)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
4 McKinlay, Aidan	16	Cheshire Branch YMCA	2:18.52	2:23.36
		1:06.73 () 2:23.36 (1:16.63)		
5 Beary, Nina	16	ME Lyons YMCA	2:28.09	2:23.37
		1:09.07 2:23.37 (1:14.30)		
6 Carusone, Julie	17	North Central Florida YMCA	2:23.19	2:23.68
		1:08.58 2:23.68 (1:15.10)		
7 D'Erasmus, Laura	17	Wilton Family YMCA	2:26.88	2:25.26
		1:08.73 () 2:25.26 (1:16.53)		
8 Wegmann, Sara	16	Huntington YMCA	2:28.67	2:25.35
		1:09.87 () 2:25.35 (1:15.48)		
9 Vogel, Jen	16	South Shore YMCA	2:23.56	2:25.58
		1:08.35 () 2:25.58 (1:17.23)		
10 Winhusen, Jill	17	Powel Crosley Branch YMCA	2:32.71	2:26.98
		1:10.17 () 2:26.98 (1:16.81)		
11 Grushecky, Kelsey	15	Reg Fam YMCA Laurel Highland	2:29.44	2:27.65
		1:10.00 () 2:27.65 (1:17.65)		
12 Sander, Carlyn	17	North Central Florida YMCA	2:26.74	2:27.82
		1:10.81 2:27.82 (1:17.01)		
13 Rodriguez, Carolina	15	YMCA OF Catawba Valley	2:29.15	2:27.85
		1:10.34 () 2:27.85 (1:17.51)		
14 Cunningham, Jennifer	17	North Central Florida YMCA	2:29.35	2:28.36
		1:12.04 2:28.36 (1:16.32)		
15 Cook, Caitlin	15	Huntington YMCA	2:30.69	2:29.17
		1:11.35 () 2:29.17 (1:17.82)		
16 Froehlich, Sarah	15	Hamden/North Haven YMCA	2:31.91	2:29.20
		1:13.22 2:29.20 (1:15.98)		
17 Bachrouche, Katya	14	Farmington Family YMCA	2:32.27	2:29.24
		1:11.33 2:29.24 (1:17.91)		
18 Harlow, Diana	17	N Shore/Lester Sterling BR Y	2:29.55	2:29.29
		1:10.88 2:29.29 (1:18.41)		
19 Bennett, Jenny	15	Green Bay Metro YMCA	2:34.16	2:29.41
		1:11.26 () 2:29.41 (1:18.15)		
20 Parra, Madeline	17	Winston-Salem Central YMCA	2:31.82	2:29.45
		1:10.70 () 2:29.45 (1:18.75)		
21 Dornstauder, Kristen	14	Brandywine-De YMCA	2:31.37	2:29.63
		1:08.47 () 2:29.63 (1:21.16)		
22 Matherly, Megan	17	YMCA Aquatic Center	2:29.73	2:29.71
		1:10.36 () 2:29.71 (1:19.35)		
23 Harrison, Holly	13	North Central Florida YMCA	2:40.48	2:30.05
		1:12.04 () 2:30.05 (1:18.01)		
24 Pegg, Kathryn	17	Chapel Hill-Carrboro YMCA	2:27.51	2:30.08
		1:10.92 () 2:30.08 (1:19.16)		
25 Zarba, Kristen	16	N Shore/Lester Sterling BR Y	2:26.12	2:30.34
		1:09.69 () 2:30.34 (1:20.65)		
26 Sawicz, Dorota	17	Flushing Branch YMCA	2:32.10	2:30.56
		1:10.91 2:30.56 (1:19.65)		
27 Zafir, Taylor	14	Northwestern Dupage YMCA	2:29.43	2:30.57
		1:10.91 () 2:30.57 (1:19.66)		
28 Winiarski, Claire	16	Upper Main Line YMCA	2:34.32	2:30.96
		1:11.44 () 2:30.96 (1:19.52)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Butterfly)**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Prelim Time</u>
29 White, Kelsey T	15	Aurora Family YMCA	2:35.00	2:31.09
	1:10.39 ()	2:31.09 (1:20.70)		
30 Nichols, Kerry	17	Boyertown Area YMCA	2:30.00	2:31.11
	1:10.40	2:31.11 (1:20.71)		
31 Huber, Stacey	15	North Central Florida YMCA	2:39.15	2:31.13
	1:12.78 ()	2:31.13 (1:18.35)		
32 Lowe, Angie	16	Huntington YMCA	2:29.61	2:31.15
	1:10.92 ()	2:31.15 (1:20.23)		
33 Teresak, Krista	14	Montclair YMCA	2:31.63	2:31.29
	1:11.80	2:31.29 (1:19.49)		
34 Conter, Laura	16	East Hartford YMCA	2:35.40	2:31.50
	1:11.03	2:31.50 (1:20.47)		
35 Radka, Jess	17	Reading & Berks YMCA	2:36.12	2:31.75
	1:12.06	2:31.75 (1:19.69)		
36 Buckner, Gaby	16	Powel Crosley Branch YMCA	2:37.37	2:31.88
	1:14.10 ()	2:31.88 (1:17.78)		
37 Zafir, Lauren	16	Northwestern Dupage YMCA	2:34.53	2:32.23
	1:12.06 ()	2:32.23 (1:20.17)		
38 Stefl, Katie	17	Farmington Family YMCA	2:38.61	2:32.30
	1:13.25	2:32.30 (1:19.05)		
39 McCleaf, Lauren	13	West Shore-Harrisburg YMCA	2:35.96	2:32.47
	1:11.41	2:32.47 (1:21.06)		
40 Prim, Julianna	13	Winston-Salem Central YMCA	2:39.77	2:32.83
	1:12.32	2:32.83 (1:20.51)		
41 Young, Meg	16	Greensboro Central YMCA	2:32.67	2:32.98
	1:12.99	2:32.98 (1:19.99)		
42 Nelsen, Patricia	15	Middle Tyger YMCA	2:40.13	2:33.21
	1:11.71	2:33.21 (1:21.50)		
43 Lozach, Michelle	15	Wilton Family YMCA	2:38.65	2:33.60
	1:12.57	2:33.60 (1:21.03)		
44 Brotherton, Katie	17	Countryside-Warren County YMC	2:40.41	2:33.62
	1:12.87 ()	2:33.62 (1:20.75)		
45 Wallace, Cameron	17	Rappahannock Area YMCA	2:32.66	2:33.71
	1:12.40	2:33.71 (1:21.31)		
46 Matzke, Jenna	18	Green Bay Metro YMCA	2:34.33	2:33.81
	1:12.42 ()	2:33.81 (1:21.39)		
47 de la Garza, Lorena	18	Pulaski-Hensel Ekman YMCA	2:38.77	2:34.10
	1:12.08	2:34.10 (1:22.02)		
48 Dennis, Courtney	15	Middle Tyger YMCA	2:36.17	2:34.36
	1:13.13 ()	2:34.36 (1:21.23)		
49 Pelton, Kailey	16	Upper Main Line YMCA	2:41.49	2:34.49
	1:14.28	2:34.49 (1:20.21)		
49 Pucci, Mallory	18	YMCA of Triangle Area	2:36.09	2:34.49
	1:12.44	2:34.49 (1:22.05)		
51 Begley, Sarah	16	Upper Main Line YMCA	2:32.71	2:34.83
	1:10.52	2:34.83 (1:24.31)		
52 Giles, Becky	18	Greater Johnstown Comm. YMCA	2:13.29 Y	2:35.32
	1:13.18 ()	2:35.32 (1:22.14)		
53 Draves, Shannon	13	Boyertown Area YMCA	2:40.69	2:35.33
	1:13.75 ()	2:35.33 (1:21.58)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Butterfly)**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Prelim Time</u>
54 Underhill, Nicole	18	Greater Burlington YMCA	2:34.55	2:35.41
	1:11.07 ()	2:35.41 (1:24.34)		
55 Morlock, Amy	16	Harford County Family YMCA	2:12.05 Y	2:35.76
	1:14.42 ()	2:35.76 (1:21.34)		
56 Deveaux, Desirae	13	Andover-North Andover YMCA	2:42.87	2:35.80
1:13.54	2:35.80 (1:22.26)			
56 Creech, Kathryn	16	YMCA of Triangle Area	2:37.22	2:35.80
	1:13.64 ()	2:35.80 (1:22.16)		
58 Marshall, Alison	18	YMCA Aquatic Center	2:40.60	2:35.84
	1:12.58 ()	2:35.84 (1:23.26)		
59 McKenna, Lauren	17	Darien Community YMCA	2:38.91	2:35.89
	1:11.84 ()	2:35.89 (1:24.05)		
60 Christie, Alison	15	Metuchen-Edison YMCA	2:32.40	2:36.03
1:13.17	2:36.03 (1:22.86)			
61 Gray, Katelynn	16	Darien Community YMCA	2:39.85	2:36.17
1:12.64	2:36.17 (1:23.53)			
62 Gehman, Cheyenne	18	Boyertown Area YMCA	2:41.23	2:36.29
1:12.85	2:36.29 (1:23.44)			
63 O'Mara, Kaitlin	15	Flint YMCA	2:10.95 Y	2:36.48
	1:11.87 ()	2:36.48 (1:24.61)		
64 Stewart, Breanna	13	South Shore YMCA	2:41.99	2:36.53
	1:13.37 ()	2:36.53 (1:23.16)		
65 Roebuck, Elizabeth	15	Powel Crosley Branch YMCA	2:40.37	2:36.77
1:15.60	2:36.77 (1:21.17)			
66 Hotchkiss, Erin	15	Tampa Metro YMCA	2:15.86 Y	2:36.91
1:11.82	2:36.91 (1:25.09)			
67 Casazza, Elizabeth	15	Hamilton Area YMCA	2:16.59 Y	2:37.11
1:14.95	2:37.11 (1:22.16)			
68 Bertram, Sarah	17	J.F. Hurley YMCA	2:40.47	2:37.34
	1:13.70 ()	2:37.34 (1:23.64)		
69 Sullivan, Patty	13	Darien Community YMCA	2:40.50	2:37.59
	1:13.46 ()	2:37.59 (1:24.13)		
70 Wilson, Anne	15	RC Durr Family YMCA	2:42.03	2:37.64
	1:14.73 ()	2:37.64 (1:22.91)		
71 Switaj, Caryn	16	Farmington Family YMCA	2:38.79	2:37.67
1:16.20	2:37.67 (1:21.47)			
71 Leix, Laura	16	Flint YMCA	2:35.15	2:37.67
1:12.19	2:37.67 (1:25.48)			
73 Broadley, Liz	13	YMCA Aquatic Center	2:35.62	2:37.68
1:14.63	2:37.68 (1:23.05)			
74 Whitaker, Emily	14	Wilton Family YMCA	2:35.39	2:37.93
1:12.52	2:37.93 (1:25.41)			
75 Pelka, Michelle	15	YMCA OF Gr. Elgin Taylor Fami	2:38.15	2:38.06
1:13.44	2:38.06 (1:24.62)			
76 Wysocki, Melody	17	Hamilton Area YMCA	2:35.29	2:38.07
1:15.69	2:38.07 (1:22.38)			
77 Thuerk, Kristen	17	Cheshire Branch YMCA	2:40.83	2:38.15
1:13.32	2:38.15 (1:24.83)			
78 Adams, Jessica	18	Cheshire Branch YMCA	2:39.79	2:38.23
1:14.95	2:38.23 (1:23.28)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
79 Wehrenberg, Kelsey	16	Northwestern Dupage YMCA	2:37.87	2:38.32
	1:13.05 ()	2:38.32 (1:25.27)		
80 Crawford, Jessalyn	15	YMCA of Triangle Area	2:38.72	2:38.83
	1:15.34	2:38.83 (1:23.49)		
81 Calimer, Lindsay	14	Anne Arundel YMCA	2:39.28	2:38.87
	1:12.46 ()	2:38.87 (1:26.41)		
82 O'Connor, Erin	17	Metuchen-Edison YMCA	2:38.80	2:39.08
	1:15.35 ()	2:39.08 (1:23.73)		
83 Fanous, Gigi	15	Montclair YMCA	2:36.13	2:39.23
	1:13.74 ()	2:39.23 (1:25.49)		
84 Northcutt, Natalie	15	Huntington YMCA	2:12.22 Y	2:39.29
	1:11.33 ()	2:39.29 (1:27.96)		
85 Cox, Caroline	18	Southern Chester County YMCA	2:17.09 Y	2:39.52
	1:14.05	2:39.52 (1:25.47)		
86 Whitaker, Meg	17	Wilton Family YMCA	2:37.83	2:39.59
	1:13.60 ()	2:39.59 (1:25.99)		
87 Graf, Marlene	16	Wilton Family YMCA	2:40.79	2:40.03
	1:12.92 ()	2:40.03 (1:27.11)		
88 Chavis, Caitlin	17	Countryside-Warren County YMC	2:37.55	2:40.05
	1:15.54 ()	2:40.05 (1:24.51)		
89 Ford, Nikki	14	Countryside-Warren County YMC	2:42.31	2:40.64
	1:16.31	2:40.64 (1:24.33)		
90 Bennett, Kristen	17	Green Bay Metro YMCA	2:15.66 Y	2:40.82
	1:15.83	2:40.82 (1:24.99)		
91 Burnell, Sarah	17	Oshkosh Community YMCA	2:39.63	2:41.09
	1:13.89 ()	2:41.09 (1:27.20)		
92 Siggins, Amber	13	YMCA Aquatic Center	2:42.74	2:41.22
	1:16.39	2:41.22 (1:24.83)		
93 Curley, Amanda	16	Montclair YMCA	2:12.39 Y	2:41.24
	1:14.47 ()	2:41.24 (1:26.77)		
94 Krauth, Brittany	15	Ridgewood YMCA	2:41.95	2:41.27
	1:14.97 ()	2:41.27 (1:26.30)		
95 Wensel, Lauren	16	Pulaski-Hensel Ekman YMCA	2:41.02	2:41.34
	1:17.95	2:41.34 (1:23.39)		
96 Fair, Laura	18	YMCA Aquatic Center	2:19.93 Y	2:41.84
	1:16.21 ()	2:41.84 (1:25.63)		
97 Tumpane, Kelsey	14	Joliet YMCA	2:18.02 Y	2:42.04
	1:15.54	2:42.04 (1:26.50)		
98 Reall, Amanda	14	YMCA Aquatic Center	2:19.02 Y	2:42.31
	1:16.11 ()	2:42.31 (1:26.20)		
99 Bennett, Tracy	13	Green Bay Metro YMCA	2:38.53 S	2:42.34
	1:17.10	2:42.34 (1:25.24)		
100 Pavolko, Brittany	14	Hampshire Regional YMCA	2:40.74	2:42.44
	1:13.99 ()	2:42.44 (1:28.45)		
101 Athanas, Vanessa	15	N Shore/Lester Sterling BR Y	2:39.72	2:42.54
	1:14.16	2:42.54 (1:28.38)		
102 Dugan, Paloma	14	Wilton Family YMCA	2:41.67	2:42.56
	1:14.62 ()	2:42.56 (1:27.94)		
103 Laidley, Jess	14	South Shore YMCA	2:42.38	2:42.77
	1:16.26	2:42.77 (1:26.51)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
104 Tetuan, Kimmy	14	Toledo YMCA	2:42.41	2:42.85
	1:17.88	2:42.85 (1:24.97)		
105 Gianni, Tina	16	Tri-Hampton YMCA	2:38.56	2:43.25
	1:14.69	2:43.25 (1:28.56)		
106 Wong, Xiao-Lan	18	Metuchen-Edison YMCA	2:35.91 S	2:43.31
	1:16.67	2:43.31 (1:26.64)		
107 Close, Tricia	17	Aurora Family YMCA	2:39.91	2:43.32
	1:14.84	2:43.32 (1:28.48)		
108 Guzman, Paula	14	Flushing Branch YMCA	2:40.96	2:43.52
	1:17.22	2:43.52 (1:26.30)		
109 Volkert, Kathleen L	17	Aurora Family YMCA	2:40.99	2:43.53
	1:15.79	2:43.53 (1:27.74)		
110 Terhar, Alex	15	ME Lyons YMCA	2:19.73 Y	2:43.61
	1:14.42 ()	2:43.61 (1:29.19)		
111 Clague, Julie	16	RC Durr Family YMCA	2:41.01	2:43.96
	1:17.11	2:43.96 (1:26.85)		
112 Retotar, Allison	17	Somerset Hills YMCA	2:16.47 Y	2:44.15
	1:15.39	2:44.15 (1:28.76)		
113 O'Connell, Maggie	16	Waynesboro Ymca- Pennsylvania	2:41.06 S	2:44.24
	1:18.85 ()	2:44.24 (1:25.39)		
114 Bollinger, Carly	17	Wilton Family YMCA	2:37.64	2:44.47
	1:15.51 ()	2:44.47 (1:28.96)		
115 Brotherton, Michele	15	Countryside-Warren County YMC	2:41.98	2:44.70
	1:14.82 ()	2:44.70 (1:29.88)		
116 Chambers, Melanie	15	Kishwaukee Family YMCA	2:41.44	2:44.81
	1:18.16	2:44.81 (1:26.65)		
117 Hurd, Karrah	16	Wilton Family YMCA	2:41.57	2:45.18
	1:16.92 ()	2:45.18 (1:28.26)		
118 Conduis, Cristen	15	Madison Area YMCA	2:40.14 S	2:45.60
	1:15.92 ()	2:45.60 (1:29.68)		
119 Michaels, Anna	15	Wilton Family YMCA	2:42.19	2:45.85
	1:17.31 ()	2:45.85 (1:28.54)		
120 Bergeron, Chanelle	16	Wilton Family YMCA	2:41.61	2:46.12
	1:16.49 ()	2:46.12 (1:29.63)		
121 McHale, Lisa	17	Wilton Family YMCA	2:16.44 Y	2:46.37
	1:14.19	2:46.37 (1:32.18)		
122 Gray, Kristin	18	Hamilton Area YMCA	2:38.95	2:46.62
	1:17.06 ()	2:46.62 (1:29.56)		
123 Moryan, Colette	18	Somerset Hills YMCA	2:17.96 Y	2:46.79
	1:14.06	2:46.79 (1:32.73)		
124 Horton, Rachel	14	Brandywine YMCA	2:37.71 S	2:47.85
	1:18.45	2:47.85 (1:29.40)		
125 Krueger, Laura	13	Pulaski-Hensel Ekman YMCA	2:40.29	2:47.98
	1:17.53	2:47.98 (1:30.45)		
126 Hanson, Kayla	17	Appleton Family YMCA	2:39.57	2:48.03
	1:16.04 ()	2:48.03 (1:31.99)		
127 Hursey, Katie	15	Carroll County Family YMCA	2:19.75 Y	2:48.76
	1:17.45 ()	2:48.76 (1:31.31)		
128 Rosenberg, Amanda	17	Madison Area YMCA	2:39.66 S	2:50.68
	1:18.17 ()	2:50.68 (1:32.51)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
129 Goettge, Michelle	14	Racine Family YMCA	2:20.03 Y	2:50.77
		1:19.24 () 2:50.77 (1:31.53)		
--- Searl, Erin	17	Tri-Hampton YMCA	2:39.13	DQ
		1:12.69 () DQ (1:38.39)		
--- Jarquin, Tisha	13	YMCA Aquatic Center	2:34.35	DQ
--- Healy, Michelle	14	Winston-Salem Central YMCA	2:38.45	DQ
		1:12.60 DQ (1:23.34)		
--- Smith, Amanda	15	ME Lyons YMCA	2:32.42	DQ

Women 200 LC Meter IM

National: 2:19.98 * 7/30/2002 Ashley Carusone

N. Central FL-FL

Broken Rec: 2:19.57 # 2004 Jones, Ashley

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Jones, Ashley	16	Joliet YMCA	2:18.89	2:19.57#
	30.68	1:04.53 (33.85) 1:47.57 (43.04)	2:19.57 (32.00)	
2 Carusone, Julie	17	North Central Florida YMCA	2:23.41	2:21.72
	30.84	1:08.48 (37.64) 1:48.51 (40.03)	2:21.72 (33.21)	
3 O'Brien, Kaitlin	17	Montclair YMCA	2:25.23	2:25.05
	31.77	1:10.41 (38.64) 1:51.85 (41.44)	2:25.05 (33.20)	
4 Vogel, Jen	16	South Shore YMCA	2:26.98	2:25.33
	31.01	1:08.30 (37.29) 1:51.45 (43.15)	2:25.33 (33.88)	
5 Robertson, Caroline	17	Marion County Branch YMCA	2:26.80	2:25.52
	31.52	1:10.07 (38.55) 1:51.77 (41.70)	2:25.52 (33.75)	
6 Luttermoser, Allison	17	West Shore-Harrisburg YMCA	2:26.91	2:25.72
	31.09	1:08.76 (37.67) 1:52.29 (43.53)	2:25.72 (33.43)	
7 Longacre, Shayna	16	Boyertown Area YMCA	2:25.74	2:25.76
	31.58	1:10.15 (38.57) 1:52.11 (41.96)	2:25.76 (33.65)	
8 Mathes, Carly	17	South Community Family BR YM	2:24.99	2:26.40
	30.48	1:09.64 (39.16) 1:52.36 (42.72)	2:26.40 (34.04)	
B - Final				
9 Miller, Alli	17	YMCA Aquatic Center	2:28.08	2:25.96
	31.62	1:08.64 (37.02) 1:52.55 (43.91)	2:25.96 (33.41)	
10 Bachrouche, Katya	14	Farmington Family YMCA	2:27.45	2:26.38
	31.46	1:08.09 (36.63) 1:52.63 (44.54)	2:26.38 (33.75)	
11 Zafir, Taylor	14	Northwestern Dupage YMCA	2:28.66	2:26.67
	31.41	1:10.38 (38.97) 1:52.41 (42.03)	2:26.67 (34.26)	
12 Krone, Sarah	16	Blue Ash Branch YMCA	2:27.23	2:27.28
	31.18	1:09.40 (38.22) 1:54.22 (44.82)	2:27.28 (33.06)	
13 Lee, Felicia	12	Montclair YMCA	2:28.00	2:28.48
	32.35	1:08.47 (36.12) 1:54.14 (45.67)	2:28.48 (34.34)	
14 Stark, Laura	16	Somerset Valley YMCA	2:27.17	2:29.24
	30.53	1:10.72 (40.19) 1:54.34 (43.62)	2:29.24 (34.90)	
15 Seiffert, Ruth	17	Brandywine-De YMCA	2:28.43	2:29.55
	34.06	1:12.83 (38.77) 1:56.04 (43.21)	2:29.55 (33.51)	
16 Belli, Caroline	14	N Shore/Lester Sterling BR Y	2:28.58	2:31.81
	32.25	1:10.05 (37.80) 1:56.66 (46.61)	2:31.81 (35.15)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Women 200 LC Meter IM****National: 2:19.98 * 7/30/2002 Ashley Carusone****N. Central FL-FL****Broken Rec: 2:19.57 # 2004 Jones, Ashley**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Jones, Ashley	16	Joliet YMCA	2:22.17	2:18.89#
	1:04.56	2:18.89 (1:14.33)		
2 Carusone, Julie	17	North Central Florida YMCA	2:25.42	2:23.41
	1:09.08	2:23.41 (1:14.33)		
3 Mathes, Carly	17	South Community Family BR YM	2:27.23	2:24.99
	1:09.48	2:24.99 (1:15.51)		
4 O'Brien, Kaitlin	17	Montclair YMCA	2:26.27	2:25.23
	1:10.42	2:25.23 (1:14.81)		
5 Longacre, Shayna	16	Boyertown Area YMCA	2:30.88	2:25.74
	1:09.98	2:25.74 (1:15.76)		
6 Robertson, Caroline	17	Marion County Branch YMCA	2:24.28	2:26.80
	1:09.74	2:26.80 (1:17.06)		
7 Luttermoser, Allison	17	West Shore-Harrisburg YMCA	2:30.39	2:26.91
	1:08.98	2:26.91 (1:17.93)		
8 Vogel, Jen	16	South Shore YMCA	2:25.63	2:26.98
	1:09.22	2:26.98 (1:17.76)		
9 Stark, Laura	16	Somerset Valley YMCA	2:30.32	2:27.17
	1:10.71	2:27.17 (1:16.46)		
10 Krone, Sarah	16	Blue Ash Branch YMCA	2:31.03	2:27.23
	1:08.46	2:27.23 (1:18.77)		
11 Bachrouche, Katya	14	Farmington Family YMCA	2:32.47	2:27.45
	1:07.58	2:27.45 (1:19.87)		
12 Lee, Felicia	12	Montclair YMCA	2:29.71	2:28.00
	1:09.71	2:28.00 (1:18.29)		
13 Miller, Alli	17	YMCA Aquatic Center	2:30.49	2:28.08
	1:09.56	2:28.08 (1:18.52)		
14 Seiffert, Ruth	17	Brandywine-De YMCA	2:29.51	2:28.43
	1:12.22	2:28.43 (1:16.21)		
15 Belli, Caroline	14	N Shore/Lester Sterling BR Y	2:30.66	2:28.58
	1:10.07	2:28.58 (1:18.51)		
16 Zafir, Taylor	14	Northwestern Dupage YMCA	2:31.16	2:28.66
	1:10.00	2:28.66 (1:18.66)		
17 Keath, Macey	15	Lebanon Valley Family YMCA	2:09.93 Y	2:29.02
	1:12.09	2:29.02 (1:16.93)		
18 McKinlay, Aidan	16	Cheshire Branch YMCA	2:29.36	2:29.13
	1:09.20	2:29.13 (1:19.93)		
19 Sink, Keri	13	YMCA OF Gr. Elgin Taylor Fami	2:32.53	2:29.30
	1:10.01	2:29.30 (1:19.29)		
20 Giles, Becky	18	Greater Johnstown Comm. YMCA	2:31.29	2:29.66
	1:09.01	2:29.66 (1:20.65)		
21 Nennig, Bailey	16	Schroeder YMCA	2:35.41	2:29.96
	1:12.34	2:29.96 (1:17.62)		
22 Creech, Kathryn	16	YMCA of Triangle Area	2:36.71	2:30.13
	1:10.82	2:30.13 (1:19.31)		
23 Huntwork, Kylan	17	YMCA of Triangle Area	2:35.09	2:30.16
	1:12.99	2:30.16 (1:17.17)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
24	Harlow, Diana	17	N Shore/Lester Sterling BR Y	2:32.14	2:30.24
	1:10.16	2:30.24	(1:20.08)		
25	Lambert, Caitlyn	15	Marion County Branch YMCA	2:09.65 Y	2:30.26
	1:08.82	2:30.26	(1:21.44)		
26	Jemec, Vida	15	Middle Tyger YMCA	2:32.11	2:30.54
	1:10.78	2:30.54	(1:19.76)		
27	Pucci, Mallory	18	YMCA of Triangle Area	2:33.28	2:30.65
	1:12.06	2:30.65	(1:18.59)		
28	Leprine, Ashley	15	Wilton Family YMCA	2:31.94	2:30.90
	1:12.14	2:30.90	(1:18.76)		
29	Merritt, Sarah	15	Western Family Branch YMCA	2:10.18 Y	2:30.94
	1:13.46	2:30.94	(1:17.48)		
30	Pegg, Kathryn	17	Chapel Hill-Carrboro YMCA	2:31.98	2:31.20
	1:09.53	2:31.20	(1:21.67)		
31	Sgambato, Lia	16	Cheshire Branch YMCA	2:09.44 Y	2:31.56
	1:10.67	2:31.56	(1:20.89)		
32	Healy, Michelle	14	Winston-Salem Central YMCA	2:34.71	2:31.92
	1:11.16	2:31.92	(1:20.76)		
33	Carpenter, Kasey	16	ME Lyons YMCA	2:32.32	2:32.02
	1:10.28	2:32.02	(1:21.74)		
34	Gianni, Tina	16	Tri-Hampton YMCA	2:35.25	2:32.40
	1:10.18	2:32.40	(1:22.22)		
35	Dennis, Courtney	15	Middle Tyger YMCA	2:32.51	2:32.51
	1:13.60	2:32.51	(1:18.91)		
36	Beary, Nina	16	ME Lyons YMCA	2:34.80	2:32.69
	1:12.86	2:32.69	(1:19.83)		
37	Kirsteier, Caitlin	16	Tri-Hampton YMCA	2:34.77	2:32.83
	1:11.35	2:32.83	(1:21.48)		
38	Aiken, Sherah	16	Marion County Branch YMCA	2:10.98 Y	2:32.98
	1:11.57	2:32.98	(1:21.41)		
39	Lang, Melissa	12	Metuchen-Edison YMCA	2:14.27 Y	2:33.00
	1:15.60	2:33.00	(1:17.40)		
40	Whitaker, Emily	14	Wilton Family YMCA	2:37.74	2:33.07
	1:12.52	2:33.07	(1:20.55)		
41	Cantwell, Rachel	18	Reading & Berks YMCA	2:31.89	2:33.23
	1:16.35	2:33.23	(1:16.88)		
42	Mancuso, Elizabeth	18	Andover-North Andover YMCA	2:11.93 Y	2:33.45
	1:12.28	2:33.45	(1:21.17)		
43	Retotar, Allison	17	Somerset Hills YMCA	2:36.19	2:33.55
	1:12.47	2:33.55	(1:21.08)		
44	Moore, Katie	16	Rappahannock Area YMCA	2:32.37	2:33.82
	1:12.07	2:33.82	(1:21.75)		
45	Slowey, Kaitlin	17	Tri-Hampton YMCA	2:33.05	2:34.18
	1:11.20	2:34.18	(1:22.98)		
46	Wolfgruber, Heidi	14	Wilton Family YMCA	2:36.57	2:34.21
	1:11.98	2:34.21	(1:22.23)		
47	Tripp, Mary	16	Glens Falls YMCA	2:30.54	2:34.23
	1:11.91	2:34.23	(1:22.32)		
48	O'Mara, Kaitlin	15	Flint YMCA	2:38.31	2:34.26
	1:10.90	2:34.26	(1:23.36)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
49	McHale, Barbara 1:13.30	16	Wilton Family YMCA	2:35.17	2:34.32
					2:34.32 (1:21.02)
50	Glaeser, Suzannah 1:12.79	14	Rappahannock Area YMCA	2:32.70	2:34.42
					2:34.42 (1:21.63)
51	Oulighan, Kara 1:14.73	15	Darien Community YMCA	2:15.62 Y	2:34.56
					2:34.56 (1:19.83)
52	Prater, Kendra 1:11.90	16	Huntington YMCA	2:33.06	2:34.69
					2:34.69 (1:22.79)
53	Griffiths, Sarah 1:13.27	16	Countryside-Warren County YMC	2:36.41	2:34.81
					2:34.81 (1:21.54)
54	Rappa, Megan 1:12.73	14	Wilton Family YMCA	2:36.41	2:34.90
					2:34.90 (1:22.17)
55	Graesser, Laura 1:13.17	16	Upper Main Line YMCA	2:35.62	2:34.98
					2:34.98 (1:21.81)
56	Crawford, Jessalyn 1:12.88	15	YMCA of Triangle Area	2:36.16	2:35.11
					2:35.11 (1:22.23)
57	Graessle, Lindsey 1:14.04	16	Countryside-Warren County YMC	2:15.83 Y	2:35.51
					2:35.51 (1:21.47)
58	Cook, Stacie 1:12.81	18	Huntington YMCA	2:32.54	2:35.61
					2:35.61 (1:22.80)
59	Collyer, Brittany 1:12.93	17	Ocean County YMCA	2:16.47 Y	2:35.69
					2:35.69 (1:22.76)
60	White, Kelsey T 1:14.17	15	Aurora Family YMCA	2:16.90 Y	2:35.72
					2:35.72 (1:21.55)
61	Stewart, Breanna 1:12.29	13	South Shore YMCA	2:37.75	2:35.75
					2:35.75 (1:23.46)
62	Winhusen, Jill 1:13.04	17	Powel Crosley Branch YMCA	2:13.94 Y	2:35.82
					2:35.82 (1:22.78)
63	Grosser, Chelsea 1:16.26	15	Reg Fam YMCA Laurel Highland	2:34.47	2:35.88
					2:35.88 (1:19.62)
64	Suppan, Catherine 1:12.85	16	Greater Burlington YMCA	2:37.23	2:35.97
					2:35.97 (1:23.12)
65	Waller, Suzie 1:13.49	16	New Canaan Community YMCA	2:38.08	2:36.12
					2:36.12 (1:22.63)
65	Rameriz, Lily 1:11.58	13	North Central Florida YMCA	2:36.87	2:36.12
					2:36.12 (1:24.54)
67	Kalevich, Victoria 1:11.34	16	Madison Area YMCA	2:29.84 S	2:36.32
					2:36.32 (1:24.98)
68	Matzke, Jenna 1:12.99	18	Green Bay Metro YMCA	2:14.96 Y	2:36.35
					2:36.35 (1:23.36)
69	Fogarty, Claire 1:15.88	16	South Community Family BR YM	2:37.13	2:36.38
					2:36.38 (1:20.50)
70	Teresak, Krista 1:13.85	14	Montclair YMCA	2:36.44	2:36.45
					2:36.45 (1:22.60)
71	McClure, Elizabeth 1:13.91	16	Birmingham Family YMCA	2:31.93	2:36.47
					2:36.47 (1:22.56)
72	Kurkul, Michelle 1:14.34	18	N Shore/Lester Sterling BR Y	2:13.34 Y	2:36.51
					2:36.51 (1:22.17)
73	Stefl, Katie 1:12.57	17	Farmington Family YMCA	2:14.02 Y	2:36.52
					2:36.52 (1:23.95)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
74 Dvorak, Samantha 1:12.80	15	Northwestern Dupage YMCA	2:37.87	2:36.53
				2:36.53 (1:23.73)
75 Robertson, Sara 1:13.91	16	Blue Ash Branch YMCA	2:14.24 Y	2:36.57
				2:36.57 (1:22.66)
76 Galbreath, Abby 1:13.43	12	South Community Family BR YM	2:38.02	2:36.59
				2:36.59 (1:23.16)
77 Winiarski, Claire 1:13.02	16	Upper Main Line YMCA	2:33.56	2:36.61
				2:36.61 (1:23.59)
78 Young, Meg 1:13.77	16	Greensboro Central YMCA	2:36.22	2:36.62
				2:36.62 (1:22.85)
79 Weaner, Emily 1:13.87	12	West Shore-Harrisburg YMCA	2:38.03	2:36.75
				2:36.75 (1:22.88)
80 Cantwell, Tina 1:13.02	17	Reading & Berks YMCA	2:13.80 Y	2:36.76
				2:36.76 (1:23.74)
81 McStay, Carissa 1:14.54	14	West Morris Area YMCA	2:14.40 Y	2:36.80
				2:36.80 (1:22.26)
82 Bollinger, Carly 1:14.44	17	Wilton Family YMCA	2:34.38	2:36.98
				2:36.98 (1:22.54)
83 Blazejewski, Nicole 1:15.26	14	ME Lyons YMCA	2:37.38	2:37.14
				2:37.14 (1:21.88)
84 Hozempa, Stefanie 1:15.20	18	Corning Community YMCA	2:14.32 Y	2:37.19
				2:37.19 (1:21.99)
85 Prior, Audrey 1:12.48	17	Tampa Metro YMCA	2:37.14	2:37.44
				2:37.44 (1:24.96)
86 Chambers, Melanie 1:14.08	15	Kishwaukee Family YMCA	2:14.76 Y	2:37.45
				2:37.45 (1:23.37)
87 Harper, Sarah 1:16.54	14	Schroeder YMCA	2:37.16	J2:37.66
				2:37.66 (1:21.12)
88 Church, Erin 1:15.68	18	Countryside-Warren County YMC	2:36.86	J2:37.63
				2:37.63 (1:21.95)
89 Seto, Stephanie 1:16.17	16	Hamilton Area YMCA	2:16.49 Y	2:37.75
				2:37.75 (1:21.58)
90 O'Leary, Katherine 1:14.32	13	Montclair YMCA	2:33.73 S	2:37.86
				2:37.86 (1:23.54)
91 Caldwell, Aubrey 1:14.45	14	Pottstown Family YMCA	2:33.27 S	2:37.96
				2:37.96 (1:23.51)
92 Dyer, Alden 1:14.18	14	Chapel Hill-Carrboro YMCA	2:37.42	2:38.39
				2:38.39 (1:24.21)
93 Lupacchino, Erika 1:14.47	14	Northern Neck Branch YMCA	2:38.24	2:38.57
				2:38.57 (1:24.10)
94 Lentz, Cary 1:16.19	15	Birmingham Family YMCA	2:16.22 Y	2:38.86
				2:38.86 (1:22.67)
95 Tomei, Erika 1:16.57	17	Hamilton Area YMCA	2:35.55 S	2:39.04
				2:39.04 (1:22.47)
96 Wehrenberg, Kelsey 1:17.38	16	Northwestern Dupage YMCA	2:34.41	2:39.18
				2:39.18 (1:21.80)
97 Gentile, Norah 1:13.16	13	East Hartford YMCA	2:36.71	2:39.38
				2:39.38 (1:26.22)
98 O'Sullivan, Karen 1:16.58	17	Andover-North Andover YMCA	2:37.22	2:39.40
				2:39.40 (1:22.82)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
99 Sullivan, Elizabeth	14	Melrose YMCA	2:38.26	2:39.47
	1:17.54	2:39.47 (1:21.93)		
100 Leix, Laura	16	Flint YMCA	2:16.75 Y	2:39.50
	1:14.38	2:39.50 (1:25.12)		
101 Trodden, Jen	13	Andover-North Andover YMCA	2:13.84 Y	2:39.59
	1:15.60	2:39.59 (1:23.99)		
102 Shafer, Holly	16	Powel Crosley Branch YMCA	2:12.80 Y	2:39.84
	1:16.35	2:39.84 (1:23.49)		
103 Boucher, Kayleigh	15	East Hartford YMCA	2:38.03	2:39.90
	1:15.54	2:39.90 (1:24.36)		
104 Hewitt, Helena	14	Lionville Community YMCA	2:34.65 S	2:39.93
	1:16.13	2:39.93 (1:23.80)		
105 Tumpane, Kelsey	14	Joliet YMCA	2:34.14 S	2:39.99
	1:15.94	2:39.99 (1:24.05)		
105 Eberly, Kelsie	16	Countryside-Warren County YMC	2:36.47	2:39.99
	1:12.99	2:39.99 (1:27.00)		
107 Heneghan, Chelsea	15	East Hartford YMCA	2:36.56	2:40.08
	1:16.01	2:40.08 (1:24.07)		
108 Manning, Mimi	14	South Shore YMCA	2:37.90	2:40.12
	1:16.99	2:40.12 (1:23.13)		
109 Mosher, Heather	14	YMCA Aquatic Center	2:15.21 Y	2:40.31
	1:16.99	2:40.31 (1:23.32)		
110 Conelias, Stephanie	16	Cheshire Branch YMCA	2:14.17 Y	2:40.35
	1:14.68	2:40.35 (1:25.67)		
111 Johnson, Emily	14	East Hartford YMCA	2:34.82	2:40.87
	1:14.40	2:40.87 (1:26.47)		
112 Cantwell, Julie	15	Reading & Berks YMCA	2:16.62 Y	2:41.30
	1:17.47	2:41.30 (1:23.83)		
113 O'Brien, Ann	14	Rappahannock Area YMCA	2:15.92 Y	2:41.63
	1:14.10	2:41.63 (1:27.53)		
114 Melville, Lauren	16	Waynesboro Ymca- Pennsylvania	2:15.97 Y	2:48.77
	1:18.72	2:48.77 (1:30.05)		
--- Hetzel, Alexa	14	Metuchen-Edison YMCA	2:14.13 Y	DQ

Women 400 LC Meter IM**National: 4:54.95 * 8/1/2002 Ashley Carusone****N. Central FL-FL****Broken Rec: 4:53.41 # 2004 Jones, Ashley**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Jones, Ashley	16	Joliet YMCA	4:53.61	4:53.41 #
	31.41	1:07.65 (36.24)	1:44.08 (36.43)	2:20.00 (35.92)
	3:02.80 (42.80)	3:46.03 (43.23)	4:20.14 (34.11)	4:53.41 (33.27)
2 Brunemann, Emily	17	ME Lyons YMCA	5:01.91	4:59.04
	32.23	1:07.83 (35.60)	1:47.63 (39.80)	2:26.52 (38.89)
	3:09.07 (42.55)	3:52.62 (43.55)	4:26.00 (33.38)	4:59.04 (33.04)
3 O'Brien, Kaitlin	17	Montclair YMCA	5:06.44	5:00.99
	32.49	1:09.25 (36.76)	1:49.16 (39.91)	2:28.75 (39.59)
	3:10.64 (41.89)	3:53.81 (43.17)	4:28.26 (34.45)	5:00.99 (32.73)
4 Carusone, Julie	17	North Central Florida YMCA	5:06.08	5:02.90
	31.41	1:07.01 (35.60)	1:47.08 (40.07)	2:27.08 (40.00)
	3:09.64 (42.56)	3:53.71 (44.07)	4:28.65 (34.94)	5:02.90 (34.25)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Women 400 LC Meter IM)**

Name	Age	Team	Prelim Time	Finals Time
5 Heath, Keira	16	Wilton Family YMCA	5:08.46	5:08.58
31.81	1:09.02 (37.21)	1:49.01 (39.99)	2:27.75 (38.74)	
3:13.41 (45.66)	3:59.10 (45.69)	4:34.40 (35.30)	5:08.58 (34.18)	
6 Gingrich, Leah	14	West Shore-Harrisburg YMCA	5:09.68	5:08.81
33.17	1:11.05 (37.88)	1:51.05 (40.00)	2:31.37 (40.32)	
3:15.59 (44.22)	4:01.51 (45.92)	4:35.78 (34.27)	5:08.81 (33.03)	
7 Vogel, Jen	16	South Shore YMCA	5:12.36	5:11.77
32.07	1:08.64 (36.57)	1:49.91 (41.27)	2:30.54 (40.63)	
3:16.16 (45.62)	4:02.42 (46.26)	4:37.82 (35.40)	5:11.77 (33.95)	
8 Zafir, Taylor	14	Northwestern Dupage YMCA	5:08.38	5:12.16
32.59	1:09.79 (37.20)	1:51.07 (41.28)	2:31.98 (40.91)	
3:16.12 (44.14)	4:01.00 (44.88)	4:37.05 (36.05)	5:12.16 (35.11)	

B - Final

9 Krone, Sarah	16	Blue Ash Branch YMCA	5:15.05	5:08.28
1:08.42 ()	1:48.55 (40.13)	2:28.36 (39.81)		
3:14.34 (45.98)	4:00.98 (46.64)	4:35.06 (34.08)	5:08.28 (33.22)	
10 Harlow, Diana	17	N Shore/Lester Sterling BR Y	5:13.84	5:08.83
1:09.14 ()	1:48.23 (39.09)	2:27.32 (39.09)		
3:12.97 (45.65)	3:58.50 (45.53)	4:34.12 (35.62)	5:08.83 (34.71)	
11 Robertson, Caroline	17	Marion County Branch YMCA	5:14.40	5:11.55
1:10.28 ()	1:51.50 (41.22)	2:31.96 (40.46)		
3:16.99 (45.03)	4:00.96 (43.97)	4:36.74 (35.78)	5:11.55 (34.81)	
12 Bachrouche, Katya	14	Farmington Family YMCA	5:15.94	5:11.58
1:09.22 ()	1:49.19 (39.97)	2:28.59 (39.40)		
3:15.08 (46.49)	4:02.45 (47.37)	4:37.10 (34.65)	5:11.58 (34.48)	
13 Beary, Nina	16	ME Lyons YMCA	5:16.21	5:12.47
1:10.16 ()	1:51.52 (41.36)	2:31.82 (40.30)		
3:16.86 (45.04)	4:01.99 (45.13)	4:37.84 (35.85)	5:12.47 (34.63)	
14 Belli, Caroline	14	N Shore/Lester Sterling BR Y	5:14.86	5:14.85
1:09.86 ()	1:49.95 (40.09)	2:29.58 (39.63)		
3:15.54 (45.96)	4:02.84 (47.30)	4:38.64 (35.80)	5:14.85 (36.21)	
15 Miller, Ashley	15	ME Lyons YMCA	5:15.63	5:17.54
1:15.75 ()	1:58.01 (42.26)	2:39.58 (41.57)		
3:23.49 (43.91)	4:08.12 (44.63)	4:42.77 (34.65)	5:17.54 (34.77)	
16 Leprine, Ashley	15	Wilton Family YMCA	5:16.12	5:19.22
1:13.27 ()	1:55.46 (42.19)	2:36.69 (41.23)		
3:21.62 (44.93)	4:07.35 (45.73)	4:43.44 (36.09)	5:19.22 (35.78)	

Women 400 LC Meter IMNational: **4:54.95** * 8/1/2002 Ashley Carusone

N. Central FL-FL

Broken Rec: **4:53.41** # 2004 Jones, Ashley

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Jones, Ashley	16	Joliet YMCA	4:53.83	4:53.61 *
1:07.61	2:20.21 (1:12.60)	3:46.54 (1:26.33)	4:53.61 (1:07.07)	
2 Brunemann, Emily	17	ME Lyons YMCA	5:00.40	5:01.91
1:08.43	2:27.89 (1:19.46)	3:54.37 (1:26.48)	5:01.91 (1:07.54)	
3 Carusone, Julie	17	North Central Florida YMCA	5:07.39	5:06.08
1:07.81	2:28.43 (1:20.62)	3:55.95 (1:27.52)	5:06.08 (1:10.13)	
4 O'Brien, Kaitlin	17	Montclair YMCA	5:04.92	5:06.44
1:10.32	2:30.57 (1:20.25)	3:57.09 (1:26.52)	5:06.44 (1:09.35)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
5 Zafir, Taylor	14	Northwestern Dupage YMCA	5:13.86	5:08.38
			1:10.02 2:31.20 (1:21.18) 3:58.85 (1:27.65) 5:08.38 (1:09.53)	
6 Heath, Keira	16	Wilton Family YMCA	5:12.61	5:08.46
			1:08.60 2:26.97 (1:18.37) 3:58.58 (1:31.61) 5:08.46 (1:09.88)	
7 Gingrich, Leah	14	West Shore-Harrisburg YMCA	5:04.32	5:09.68
			1:10.79 2:31.03 (1:20.24) 4:01.73 (1:30.70) 5:09.68 (1:07.95)	
8 Vogel, Jen	16	South Shore YMCA	5:07.03	5:12.36
			1:08.51 2:29.31 (1:20.80) 4:01.27 (1:31.96) 5:12.36 (1:11.09)	
9 Harlow, Diana	17	N Shore/Lester Sterling BR Y	5:23.07	5:13.84
			1:11.03 2:29.98 (1:18.95) 4:01.81 (1:31.83) 5:13.84 (1:12.03)	
10 Robertson, Caroline	17	Marion County Branch YMCA	4:26.13 Y	5:14.40
			1:10.91 2:31.94 (1:21.03) 4:02.44 (1:30.50) 5:14.40 (1:11.96)	
11 Belli, Caroline	14	N Shore/Lester Sterling BR Y	5:12.11	5:14.86
			1:10.75 2:33.29 (1:22.54) 4:04.78 (1:31.49) 5:14.86 (1:10.08)	
12 Krone, Sarah	16	Blue Ash Branch YMCA	5:16.71	5:15.05
			1:08.99 2:29.86 (1:20.87) 4:05.54 (1:35.68) 5:15.05 (1:09.51)	
13 Miller, Ashley	15	ME Lyons YMCA	5:14.43	5:15.63
			1:15.30 2:38.97 (1:23.67) 4:07.25 (1:28.28) 5:15.63 (1:08.38)	
14 Bachrouche, Katya	14	Farmington Family YMCA	5:28.62	5:15.94
			1:08.93 2:28.12 (1:19.19) 4:04.35 (1:36.23) 5:15.94 (1:11.59)	
15 Leprine, Ashley	15	Wilton Family YMCA	5:18.11	5:16.12
			1:11.56 2:35.21 (1:23.65) 4:04.77 (1:29.56) 5:16.12 (1:11.35)	
16 Beary, Nina	16	ME Lyons YMCA	5:18.46	5:16.21
			1:10.17 2:33.15 (1:22.98) 4:04.94 (1:31.79) 5:16.21 (1:11.27)	
17 Giles, Becky	18	Greater Johnstown Comm. YMCA	5:21.37	5:16.76
			1:12.89 2:31.72 (1:18.83) 4:05.20 (1:33.48) 5:16.76 (1:11.56)	
18 Longacre, Shayna	16	Boyertown Area YMCA	5:14.23	5:17.29
			1:12.01 2:35.82 (1:23.81) 4:04.90 (1:29.08) 5:17.29 (1:12.39)	
19 Keath, Macey	15	Lebanon Valley Family YMCA	4:36.32 Y	5:18.11
			1:12.13 2:37.18 (1:25.05) 4:05.57 (1:28.39) 5:18.11 (1:12.54)	
20 Wegmann, Sara	16	Huntington YMCA	5:15.79	5:18.93
			1:09.81 2:30.30 (1:20.49) 4:07.99 (1:37.69) 5:18.93 (1:10.94)	
21 Froehlich, Sarah	15	Hamden/North Haven YMCA	5:25.81	5:19.86
			1:12.84 2:35.37 (1:22.53) 4:10.82 (1:35.45) 5:19.86 (1:09.04)	
22 Young, Meg	16	Greensboro Central YMCA	5:25.61	5:20.20
			1:12.02 2:34.62 (1:22.60) 4:09.50 (1:34.88) 5:20.20 (1:10.70)	
23 Tomes, Laura	16	ME Lyons YMCA	5:22.45	5:20.39
			1:12.85 2:36.31 (1:23.46) 4:10.55 (1:34.24) 5:20.39 (1:09.84)	
24 Healy, Michelle	14	Winston-Salem Central YMCA	5:25.26	5:21.61
			1:12.75 2:38.85 (1:26.10) 4:11.01 (1:32.16) 5:21.61 (1:10.60)	
25 Matherly, Megan	17	YMCA Aquatic Center	5:25.78	5:21.83
			1:09.36 2:31.42 (1:22.06) 4:10.78 (1:39.36) 5:21.83 (1:11.05)	
26 Kibler, Carrie	17	Winston-Salem Central YMCA	4:43.20 Y	5:22.18
			1:12.05 2:36.29 (1:24.24) 4:11.10 (1:34.81) 5:22.18 (1:11.08)	
27 Pucci, Mallory	18	YMCA of Triangle Area	5:20.91	5:22.90
			1:10.73 2:35.96 (1:25.23) 4:13.62 (1:37.66) 5:22.90 (1:09.28)	
28 Seiffert, Ruth	17	Brandywine-De YMCA	5:19.84	5:23.42
			1:17.22 2:42.04 (1:24.82) 4:12.36 (1:30.32) 5:23.42 (1:11.06)	
29 Dennis, Courtney	15	Middle Tyger YMCA	5:26.77	5:24.45
			1:13.47 2:39.56 (1:26.09) 4:11.59 (1:32.03) 5:24.45 (1:12.86)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
30 Galvin, Sarah	13	Northwestern Dupage YMCA	4:47.12 Y	5:24.50
1:16.08	2:35.67 (1:19.59)	4:13.88 (1:38.21)	5:24.50 (1:10.62)	
31 Wolfgruber, Heidi	14	Wilton Family YMCA	5:26.05	5:24.52
1:13.67	2:35.90 (1:22.23)	4:12.76 (1:36.86)	5:24.52 (1:11.76)	
32 Radka, Jess	17	Reading & Berks YMCA	4:45.05 Y	5:25.01
1:11.48	2:36.25 (1:24.77)	4:14.24 (1:37.99)	5:25.01 (1:10.77)	
33 Tripp, Mary	16	Glens Falls YMCA	5:20.98	5:25.03
1:10.30	2:33.01 (1:22.71)	4:10.86 (1:37.85)	5:25.03 (1:14.17)	
34 Chute, Katie	16	ME Lyons YMCA	5:27.63	5:25.81
1:16.15	2:38.84 (1:22.69)	4:14.54 (1:35.70)	5:25.81 (1:11.27)	
35 Cempel, Laura	13	Joliet YMCA	5:29.17	5:26.16
1:14.93	2:41.93 (1:27.00)	4:14.33 (1:32.40)	5:26.16 (1:11.83)	
36 Stefl, Katie	17	Farmington Family YMCA	4:47.55 Y	5:26.76
1:13.01	2:35.29 (1:22.28)	4:14.77 (1:39.48)	5:26.76 (1:11.99)	
37 Graesser, Laura	16	Upper Main Line YMCA	5:31.77	5:26.89
1:12.71	2:35.28 (1:22.57)	4:12.50 (1:37.22)	5:26.89 (1:14.39)	
38 Bertram, Sarah	17	J.F. Hurley YMCA	4:48.33 Y	5:27.16
1:13.79	2:38.02 (1:24.23)	4:14.49 (1:36.47)	5:27.16 (1:12.67)	
39 Grosser, Chelsea	15	Reg Fam YMCA Laurel Highland	5:28.37	5:27.92
1:19.04	2:42.07 (1:23.03)	4:14.60 (1:32.53)	5:27.92 (1:13.32)	
40 Lambert, Caitlyn	15	Marion County Branch YMCA	4:34.29 Y	5:28.32
1:11.68	2:35.39 (1:23.71)	4:13.55 (1:38.16)	5:28.32 (1:14.77)	
41 Caron, Amy	18	Andover-North Andover YMCA	4:41.92 Y	5:28.94
1:15.42	2:40.83 (1:25.41)	4:13.18 (1:32.35)	5:28.94 (1:15.76)	
42 Nowak, Ann	16	Aurora Family YMCA	5:33.79	5:28.97
1:17.40	2:43.13 (1:25.73)	4:16.61 (1:33.48)	5:28.97 (1:12.36)	
43 Nennig, Bailey	16	Schroeder YMCA	5:28.57	5:29.29
1:17.22	2:44.26 (1:27.04)	4:18.56 (1:34.30)	5:29.29 (1:10.73)	
44 Crawford, Jessalyn	15	YMCA of Triangle Area	4:44.12 Y	5:29.40
1:14.65	2:40.37 (1:25.72)	4:16.64 (1:36.27)	5:29.40 (1:12.76)	
45 McClure, Elizabeth	16	Birmingham Family YMCA	5:25.66	5:29.64
1:13.54	2:41.21 (1:27.67)	4:13.81 (1:32.60)	5:29.64 (1:15.83)	
46 Stewart, Breanna	13	South Shore YMCA	5:33.36	5:29.97
1:12.32	2:38.18 (1:25.86)	4:16.74 (1:38.56)	5:29.97 (1:13.23)	
47 Pelka, Michelle	15	YMCA OF Gr. Elgin Taylor Fami	4:45.85 Y	5:30.59
1:13.36	2:40.01 (1:26.65)	4:15.37 (1:35.36)	5:30.59 (1:15.22)	
47 Gianni, Tina	16	Tri-Hampton YMCA	5:25.98	5:30.59
1:11.51	2:35.50 (1:23.99)	4:14.10 (1:38.60)	5:30.59 (1:16.49)	
49 Prater, Kendra	16	Huntington YMCA	5:28.26	5:30.69
1:15.78	2:40.53 (1:24.75)	4:17.19 (1:36.66)	5:30.69 (1:13.50)	
50 Lowe, Angie	16	Huntington YMCA	5:27.68	5:30.80
1:11.18	2:38.22 (1:27.04)	4:16.76 (1:38.54)	5:30.80 (1:14.04)	
50 Waller, Suzie	16	New Canaan Community YMCA	5:30.07	5:30.80
1:14.45	2:38.59 (1:24.14)	4:17.08 (1:38.49)	5:30.80 (1:13.72)	
52 Loubris, Katy	15	N Shore/Lester Sterling BR Y	5:28.41	5:30.82
1:16.34	2:38.96 (1:22.62)	4:17.44 (1:38.48)	5:30.82 (1:13.38)	
52 Moore, Katie	16	Rappahannock Area YMCA	4:40.62 Y	5:30.82
1:16.43	2:40.54 (1:24.11)	4:16.74 (1:36.20)	5:30.82 (1:14.08)	
54 McHale, Barbara	16	Wilton Family YMCA	5:31.70	5:30.91
1:13.84	2:40.34 (1:26.50)	4:17.08 (1:36.74)	5:30.91 (1:13.83)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
55 Oulighan, Kara	15	Darien Community YMCA	4:47.43 Y	5:31.37
			1:18.63 2:44.82 (1:26.19) 4:16.07 (1:31.25) 5:31.37 (1:15.30)	
56 Dyer, Alden	14	Chapel Hill-Carrboro YMCA	5:30.48	5:31.40
			1:16.39 2:40.82 (1:24.43) 4:15.66 (1:34.84) 5:31.40 (1:15.74)	
57 Robinson, Maddy	16	Reading & Berks YMCA	4:42.74 Y	5:31.86
			1:15.43 2:43.13 (1:27.70) 4:18.41 (1:35.28) 5:31.86 (1:13.45)	
58 Cook, Stacie	18	Huntington YMCA	5:21.10	5:32.49
			1:13.37 2:37.92 (1:24.55) 4:13.23 (1:35.31) 5:32.49 (1:19.26)	
59 Retotar, Allison	17	Somerset Hills YMCA	5:31.74	5:32.74
			1:15.51 2:41.33 (1:25.82) 4:17.89 (1:36.56) 5:32.74 (1:14.85)	
60 Sawicz, Dorota	17	Flushing Branch YMCA	5:25.77	5:32.91
			1:12.03 2:42.67 (1:30.64) 4:17.85 (1:35.18) 5:32.91 (1:15.06)	
61 Christie, Alison	15	Metuchen-Edison YMCA	5:33.09	5:34.13
			1:13.18 2:42.52 (1:29.34) 4:21.15 (1:38.63) 5:34.13 (1:12.98)	
62 Hetzel, Alexa	14	Metuchen-Edison YMCA	5:26.96	5:34.39
			1:20.11 2:47.60 (1:27.49) 4:20.40 (1:32.80) 5:34.39 (1:13.99)	
63 Papadopoulos, Vicky	14	YMCA Aquatic Center	5:27.38	5:34.73
64 Tumpane, Kelsey	14	Joliet YMCA	5:27.15 S	5:34.88
			1:16.97 2:44.22 (1:27.25) 4:18.69 (1:34.47) 5:34.88 (1:16.19)	
65 Wehrenberg, Kelsey	16	Northwestern Dupage YMCA	5:25.13	5:35.13
			1:12.83 2:43.51 (1:30.68) 4:19.91 (1:36.40) 5:35.13 (1:15.22)	
66 Bollinger, Carly	17	Wilton Family YMCA	5:28.45	5:35.57
			1:14.65 2:43.59 (1:28.94) 4:18.46 (1:34.87) 5:35.57 (1:17.11)	
67 Curran, Molly	15	N Shore/Lester Sterling BR Y	4:47.81 Y	5:37.02
			1:15.78 2:41.69 (1:25.91) 4:19.47 (1:37.78) 5:37.02 (1:17.55)	
68 Huffman, Alexandra	16	East Hartford YMCA	5:33.34	5:37.12
			1:18.61 2:42.89 (1:24.28) 4:22.12 (1:39.23) 5:37.12 (1:15.00)	
69 Arnold, Ana	15	Marinette-Menominee YMCA	4:50.15 Y	5:37.74
			1:14.18 2:39.81 (1:25.63) 4:23.24 (1:43.43) 5:37.74 (1:14.50)	
70 McDonald, Miriam	14	YMCA OF Catawba Valley	4:48.03 Y	5:37.77
			1:16.27 2:43.92 (1:27.65) 4:18.93 (1:35.01) 5:37.77 (1:18.84)	
71 Kurkul, Michelle	18	N Shore/Lester Sterling BR Y	4:45.33 Y	5:39.79
			1:15.29 2:43.07 (1:27.78) 4:21.41 (1:38.34) 5:39.79 (1:18.38)	
72 Prater, Jessica	18	Huntington YMCA	5:27.81	5:40.21
			1:18.28 2:45.42 (1:27.14) 4:22.31 (1:36.89) 5:40.21 (1:17.90)	
73 Bergeron, Chanelle	16	Wilton Family YMCA	5:27.41 S	5:40.24
			1:15.27 2:45.08 (1:29.81) 4:22.81 (1:37.73) 5:40.24 (1:17.43)	
74 Athanas, Vanessa	15	N Shore/Lester Sterling BR Y	4:49.44 Y	5:41.06
			1:12.91 2:42.33 (1:29.42) 4:22.34 (1:40.01) 5:41.06 (1:18.72)	
75 Thomas, Kate	14	Winston-Salem Central YMCA	4:49.18 Y	5:42.25
			1:15.08 2:41.98 (1:26.90) 4:24.10 (1:42.12) 5:42.25 (1:18.15)	
76 Reall, Amanda	14	YMCA Aquatic Center	5:29.02	5:42.50
			1:16.70 2:43.77 (1:27.07) 4:25.47 (1:41.70) 5:42.50 (1:17.03)	
77 Wells, Charlotte	16	Howard County YMCA	4:49.90 Y	5:45.23
			1:15.86 2:48.69 (1:32.83) 4:28.18 (1:39.49) 5:45.23 (1:17.05)	
78 Seto, Stephanie	16	Hamilton Area YMCA	4:43.95 Y	5:45.55
			1:16.67 2:43.32 (1:26.65) 4:26.82 (1:43.50) 5:45.55 (1:18.73)	
79 Shafer, Holly	16	Powel Crosley Branch YMCA	4:41.31 Y	5:45.69
			1:15.97 2:43.03 (1:27.06) 4:26.24 (1:43.21) 5:45.69 (1:19.45)	
80 Lupacchino, Erika	14	Northern Neck Branch YMCA	4:46.12 Y	5:48.26
			1:19.99 2:48.78 (1:28.79) 4:28.99 (1:40.21) 5:48.26 (1:19.27)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
--- Sander, Carlyn	17	North Central Florida YMCA	5:20.24	DQ
	1:10.85	2:33.36 (1:22.51)	4:12.76 (1:39.40)	DQ (1:13.01)

Women 200 LC Meter Freestyle Relay**National: 1:48.91 * 7/31/2003****Plymouth Community YMCA****Plymouth Comm-MI****L Cole, M Kelly, J Merte, H Smith**

Team	Relay	Prelim Time	Finals Time
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A - Final

1	YMCA Aquatic Center	1:51.74	1:49.28
	1) Bateman, Sarah 14	2) Miller, Alli 17	3) Adams, Sarah 16
	27.61	54.99 (27.38)	1:22.45 (27.46)
			1:49.28 (26.83)
			4) Nickson, Naomi 16
2	West Shore-Harrisburg YMC	1:52.16	1:50.02
	1) Weaner, Tricia 15	2) Stumpf, Ashlyn 16	3) Gingrich, Leah 14
	27.97	55.70 (27.73)	1:23.39 (27.69)
			1:50.02 (26.63)
			4) Luttermoser, Allison 17
3	Schroeder YMCA	1:52.33	1:51.11
	1) Dlugopolski, Leslie 16	2) Will, Jenny 17	3) Hathaway, Clare 17
	27.61	54.46 (26.85)	1:22.72 (28.26)
			1:51.11 (28.39)
			4) Dlugopolski, Lisa 14
4	Wilton Family YMCA	1:52.10	1:51.29
	1) Smith, Haley 15	2) Gnerre, Dana 13	3) Petchonka, Deanna 18
	28.21	55.91 (27.70)	1:24.17 (28.26)
			1:51.29 (27.12)
			4) Hawk, Marin 15
5	Reading & Berks YMCA	1:52.99	1:51.70
	1) Guers, Lindsay 16	2) Impink, Caitlin 15	3) Cantwell, Julie 15
	27.49	55.76 (28.27)	1:24.43 (28.67)
			1:51.70 (27.27)
			4) Sculley, Megan 17
6	Montclair YMCA	1:53.43	1:52.20
	1) English, Lauren 15	2) Moodie, Natasha 13	3) Von Rosendahl, Brie 17
	27.25	54.90 (27.65)	1:23.38 (28.48)
			1:52.20 (28.82)
			4) Richman, Charlotte 15
7	Upper Main Line YMCA	1:52.92	1:52.24
	1) Vickroy, Lindsay 16	2) Shupe, Stephanie 16	3) Begley, Sarah 16
	28.32	56.40 (28.08)	1:24.23 (27.83)
			1:52.24 (28.01)
			4) Heck, Jill 18
8	YMCA of Triangle Area	1:53.42	1:52.66
	1) Pucci, Lisa 16	2) Creech, Kathryn 16	3) Crawford, Jessalyn 15
	28.13	56.29 (28.16)	1:24.23 (27.94)
			1:52.66 (28.43)
			4) Pucci, Mallory 18

B - Final

9	Darien Community YMCA	1:53.78	1:51.71
	1) Sullivan, Patty 13	2) Lewis, Jennie 17	3) Bullock, Morgan 18
	28.46	56.12 (27.66)	1:24.07 (27.95)
			1:51.71 (27.64)
			4) Block, Caitlin 16
10	Winston-Salem Central YMC	1:53.76	1:52.72
	1) Martin, Noelle 17	2) Clay, Ashley 16	3) Morrow, Gillian 18
	27.06	55.88 (28.82)	1:24.81 (28.93)
			1:52.72 (27.91)
			4) Kibler, Carrie 17
11	Tri-Hampton YMCA	1:53.76	1:52.88
	1) Kirsteier, Caitlin 16	2) Skoutelas, Diana 16	3) Slowey, Kaitlin 17
	28.36	56.56 (28.20)	1:25.39 (28.83)
			1:52.88 (27.49)
			4) McDowell, Brie 17
12	South Community Family BR	1:54.13	1:52.90
	1) Stover, Ally 14	2) Rohr, Brittney 14	3) Mathes, Carly 17
	29.21	57.53 (28.32)	1:24.82 (27.29)
			1:52.90 (28.08)
			4) Gueltig, Kelly 17
13	Marion County Branch YMC	1:54.10	1:52.99
	1) Lambert, Caitlyn 15	2) Kent, Julie 18	3) Robertson, Caroline 17
	28.61	57.05 (28.44)	1:25.12 (28.07)
			1:52.99 (27.87)
			4) Aiken, Sherah 16
14	Boyertown Area YMCA	1:53.60	1:53.02
	1) Shelps, Lisa 16	2) Francis, Kylie 15	3) Geary, Liz 18
	27.66	56.03 (28.37)	1:24.97 (28.94)
			1:53.02 (28.05)
			4) Allen, Alex 16

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Women 200 LC Meter Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
15 Countryside-Warren County Y		1:54.38	1:53.10
1) Bowlin, Kate 15	2) Griffiths, Sarah 16	3) Senne, Kate 15	4) Bersani, Anna 14
28.43	56.32 (27.89)	1:24.44 (28.12)	1:53.10 (28.66)
16 Cheshire Branch YMCA		1:53.76	1:53.72
1) O'Donnell, Samantha 16	2) Liu, Jennifer 17	3) Sgambato, Lia 16	4) Metcalf, Christina 16
28.88	56.85 (27.97)	1:25.63 (28.78)	1:53.72 (28.09)

Women 200 LC Meter Freestyle Relay

National: 1:48.91 * 7/31/2003

Plymouth Community YMCA

Plymouth Comm-MI

L Cole, M Kelly, J Merte, H Smith

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 YMCA Aquatic Center		1:41.16 Y	1:51.74
1) Nickson, Naomi 16	2) Bateman, Sarah 14	3) Miller, Alli 17	4) Adams, Sarah 16
28.26	55.95 (27.69)	1:23.71 (27.76)	1:51.74 (28.03)
2 Wilton Family YMCA		1:53.03	1:52.10
1) Smith, Haley 15	2) Gnerre, Dana 13	3) Petchonka, Deanna 18	4) Hawk, Marin 15
28.49	56.31 (27.82)	1:24.69 (28.38)	1:52.10 (27.41)
3 West Shore-Harrisburg YMC		1:56.17	1:52.16
1) Weaner, Tricia 15	2) Stumpf, Ashlyn 16	3) Gingrich, Leah 14	4) Luttermoser, Allison 17
28.38	56.79 (28.41)	1:25.39 (28.60)	1:52.16 (26.77)
4 Schroeder YMCA		1:53.07	1:52.33
1) Dlugopolski, Leslie 16	2) Will, Jenny 17	3) Dlugopolski, Lisa 14	4) Hathaway, Clare 17
27.94	55.39 (27.45)	1:23.90 (28.51)	1:52.33 (28.43)
5 Upper Main Line YMCA		1:37.45 Y	1:52.92
1) Vickroy, Lindsay 16	2) Shupe, Stephanie 16	3) Begley, Sarah 16	4) Heck, Jill 18
28.50	56.65 (28.15)	1:24.72 (28.07)	1:52.92 (28.20)
6 Reading & Berks YMCA		1:40.04 Y	1:52.99
1) Guers, Lindsay 16	2) Impink, Caitlin 15	3) Cantwell, Julie 15	4) Sculley, Megan 17
27.61	56.11 (28.50)	1:25.31 (29.20)	1:52.99 (27.68)
7 YMCA of Triangle Area		1:55.72	1:53.42
1) Pucci, Lisa 16	2) Creech, Kathryn 16	3) Crawford, Jessalyn 15	4) Pucci, Mallory 18
28.07	56.42 (28.35)	1:24.63 (28.21)	1:53.42 (28.79)
8 Montclair YMCA		1:54.64	1:53.43
1) English, Lauren 15	2) Moodie, Natasha 13	3) Von Rosendahl, Brie 17	4) Richman, Charlotte 15
27.33	55.30 (27.97)	1:24.45 (29.15)	1:53.43 (28.98)
9 Boyertown Area YMCA		1:55.09	1:53.60
1) Shelps, Lisa 16	2) Francis, Kylie 15	3) Draves, Shannon 13	4) Allen, Alex 16
28.02	56.34 (28.32)	1:25.40 (29.06)	1:53.60 (28.20)
10 Tri-Hampton YMCA		1:56.61	1:53.76
1) Kirsteier, Caitlin 16	2) Skoutelas, Diana 16	3) Slowey, Kaitlin 17	4) McDowell, Brie 17
28.38	56.79 (28.41)	1:25.43 (28.64)	1:53.76 (28.33)
10 Cheshire Branch YMCA		1:55.59	1:53.76
1) McKinlay, Aidan 16	2) Liu, Jennifer 17	3) O'Donnell, Samantha 16	4) Metcalf, Christina 16
28.42	56.86 (28.44)	1:25.19 (28.33)	1:53.76 (28.57)
10 Winston-Salem Central YMC		1:52.27	1:53.76
1) Morrow, Gillian 18	2) Kibler, Carrie 17	3) Clay, Ashley 16	4) Martin, Noelle 17
29.17	57.92 (28.75)	1:27.08 (29.16)	1:53.76 (26.68)
13 Darien Community YMCA		1:53.24	1:53.78
1) Sullivan, Patty 13	2) Bullock, Morgan 18	3) Lewis, Jennie 17	4) Block, Caitlin 16
28.22	56.80 (28.58)	1:25.25 (28.45)	1:53.78 (28.53)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Freestyle Relay)**

Team	Relay		Seed Time	Prelim Time
14 Marion County Branch YMC			1:40.10 Y	1:54.10
1) Lambert, Caitlyn 15	2) Kent, Julie 18	3) Robertson, Caroline 17	4) Aiken, Sherah 16	
28.64	57.55 (28.91)	1:26.03 (28.48)	1:54.10 (28.07)	
15 South Community Family BR			1:54.36	1:54.13
1) Rohr, Brittney 14	2) Gueltig, Kelly 17	3) Stover, Ally 14	4) Mathes, Carly 17	
28.72	57.22 (28.50)	1:26.44 (29.22)	1:54.13 (27.69)	
16 Countryside-Warren County Y			1:55.75	1:54.38
1) Bowlin, Kate 15	2) Griffiths, Sarah 16	3) Senne, Kate 15	4) Bersani, Anna 14	
29.00	57.06 (28.06)	1:25.41 (28.35)	1:54.38 (28.97)	
17 New Canaan Community YM			1:55.55	1:54.40
1) Legan, Elizabeth 15	2) Hobbs, Allison 16	3) Heberton, Jen 16	4) Goebel, Molly 14	
29.36	58.02 (28.66)	1:26.12 (28.10)	1:54.40 (28.28)	
18 Green Bay Metro YMCA			1:40.34 Y	1:54.46
1) Brager, Kristy 18	2) Bennett, Jenny 15	3) Hall, Sarah 17	4) Matzke, Jenna 18	
27.78	56.42 (28.64)	1:25.29 (28.87)	1:54.46 (29.17)	
19 Madison Area YMCA			1:42.51 Y	1:54.83
1) Gonzalez, Alexandra 15	2) Pflieger, Jen 14	3) Price, Moira 17	4) McDonough, Catie 17	
29.00	58.26 (29.26)	1:27.54 (29.28)	1:54.83 (27.29)	
20 Anne Arundel YMCA			1:55.74	1:54.95
1) Besche, Brooke 14	2) Golden, Kori 13	3) Hammersmith, Caitlin 16	4) Heil, Meghan 17	
28.01	57.82 (29.81)	1:27.21 (29.39)	1:54.95 (27.74)	
21 N Shore/Lester Sterling BR Y			1:56.48	1:55.11
1) Davidson, Jaelyn 16	2) Belli, Caroline 14	3) Gannon, Samantha 17	4) Delphin, Naomi 15	
28.00	57.00 (29.00)	1:26.65 (29.65)	1:55.11 (28.46)	
22 Flint YMCA			1:42.54 Y	1:55.36
1) Hager, Christy 18	2) O'Mara, Kaitlin 15	3) Keehn, Alicia 17	4) Carnes, Amanda 15	
28.50	57.59 (29.09)	1:26.62 (29.03)	1:55.36 (28.74)	
23 YMCA OF Gr. Elgin Taylor F			1:58.91	1:55.55
1) Sink, Keri 13	2) Demrow, Shannon 14	3) Hassberger, Heather 15	4) Pelka, Michelle 15	
28.10	56.56 (28.46)	1:26.07 (29.51)	1:55.55 (29.48)	
24 Greater Burlington YMCA			1:58.28	1:55.62
1) Suppan, Alex 13	2) Jarvis, Ariel 13	3) Suppan, Catherine 16	4) Hillyard, Kate 16	
28.95	57.27 (28.32)	1:27.00 (29.73)	1:55.62 (28.62)	
25 Mid-Delmarva Family YMCA			1:38.55 Y	1:55.77
1) Smoak, Emily 18	2) Kraemer, Amy 17	3) Macklin, Julie 17	4) Engler, Lindsey 17	
28.84	57.80 (28.96)	1:27.50 (29.70)	1:55.77 (28.27)	
26 South Shore YMCA			1:58.40	1:55.96
1) Gilbody, Lynn 17	2) Vogel, Cara 13	3) Lorigan, Nicole 17	4) Vogel, Jen 16	
29.76	58.35 (28.59)	1:27.50 (29.15)	1:55.96 (28.46)	
27 Chapel Hill-Carrboro YMCA			1:56.62	1:56.06
1) Pegg, Kathryn 17	2) Gunnels, Amanda 17	3) Campbell, Claire 17	4) Scott, Sarah 17	
29.42	59.12 (29.70)	1:28.18 (29.06)	1:56.06 (27.88)	
28 Aurora Family YMCA			1:58.26	1:56.26
1) Bromann, Amy 18	2) Nowak, Ann 16	3) White, Kelsey T 15	4) Pauly, Sarah 18	
28.88	57.77 (28.89)	1:26.72 (28.95)	1:56.26 (29.54)	
29 Fanwood-Scotch Plains YMC			1:42.09 Y	1:56.30
1) Lyons, Ariana 12	2) Gousman, Maggie 16	3) Morris, Kelly 17	4) Cameron, Amanda 17	
29.48	58.05 (28.57)	1:26.88 (28.83)	1:56.30 (29.42)	
30 Middle Tyger YMCA			1:41.86 Y	1:56.35
1) Fairbanks, Lauren 15	2) Dailey, Meghan 17	3) Nelsen, Patricia 15	4) Jemec, Vida 15	
28.95	57.49 (28.54)	1:26.79 (29.30)	1:56.35 (29.56)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
31 Reg Fam YMCA Laurel High		1:42.54 Y	1:56.44
1) Grushecky, Kelsey 15	2) Bankovich, Brittany 15	3) Grosser, Chelsea 15	4) Halfhill, Heidi 16
28.82	57.62 (28.80)	1:27.73 (30.11)	1:56.44 (28.71)
32 Greensburg YMCA		1:59.94	1:56.45
1) Brant, Chrissy 15	2) Gorinski, Laura 13	3) Szmyd, Carly 14	4) Kane, Alana 15
29.61	58.29 (28.68)	1:27.37 (29.08)	1:56.45 (29.08)
33 ME Lyons YMCA		1:54.18	1:56.57
1) Carpenter, Kasey 16	2) Hicks, Leigh 15	3) Tomes, Laura 16	4) Brunemann, Emily 17
29.63	58.40 (28.77)	1:27.93 (29.53)	1:56.57 (28.64)
34 North Central Florida YMCA		1:59.84	1:56.62
1) Rameriz, Lily 13	2) Smith, Natalie 13	3) Carusone, Julie 17	4) Huber, Stacey 15
28.80	58.09 (29.29)	1:26.79 (28.70)	1:56.62 (29.83)
35 Saginaw YMCA		1:42.22 Y	1:56.82
1) Brown, Lindsey 18	2) Rakouth, Haintso 17	3) Grierson, Katherine 14	4) Bugenske, Elise 16
29.13	58.05 (28.92)	1:27.05 (29.00)	1:56.82 (29.77)
36 Appleton Family YMCA		1:58.38	1:56.89
1) Bryson, Jennifer 15	2) Wardecke, Sarah 14	3) Hanson, Kayla 17	4) Westfall, Jenny 16
29.51	58.93 (29.42)	1:28.21 (29.28)	1:56.89 (28.68)
37 York & York County YMCA		1:43.89 Y	1:57.02
1) McInerney, Jessica 15	2) Ierley, Danielle 16	3) Howes, Kelsey 14	4) McIntyre, Cookie 16
29.39	58.62 (29.23)	1:28.73 (30.11)	1:57.02 (28.29)
38 State College Area YMCA		1:42.16 Y	1:57.15
1) Myers, Michelle 16	2) Warren, Alex 15	3) Parry, Lucia 16	4) Palchak, Catherine 17
28.12	57.26 (29.14)	1:27.20 (29.94)	1:57.15 (29.95)
39 Blue Ash Branch YMCA		1:59.04	1:57.28
1) Krone, Sarah 16	2) Schildknecht, Grace 18	3) Keller, Chelsea 15	4) Hoeper, Emilie 16
29.36	58.28 (28.92)	1:27.81 (29.53)	1:57.28 (29.47)
40 Farmington Family YMCA		1:44.86 Y	1:57.35
1) Switaj, Caryn 16	2) Fleck, Katie 17	3) Ueda, Ayumi 16	4) Bachrouche, Katya 14
29.13	59.36 (30.23)	1:29.08 (29.72)	1:57.35 (28.27)
41 Rappahannock Area YMCA		1:57.75	1:57.40
1) Burns, Briana 16	2) Hagmaier, Ashley 15	3) Wallace, Cameron 17	4) Moore, Stephanie 18
29.49	58.52 (29.03)	1:27.75 (29.23)	1:57.40 (29.65)
42 Metuchen-Edison YMCA		1:59.00	1:57.45
1) Wallace, Melissa 15	2) Lang, Melissa 12	3) Zukowski, Sarah 17	4) Sharkey, Renae 14
29.48	59.11 (29.63)	1:28.70 (29.59)	1:57.45 (28.75)
43 Joliet YMCA		1:58.90	1:57.52
1) Roberts, Linz 16	2) Birsa, Bri 15	3) Birsa, Taylor 12	4) Jones, Ashley 16
29.52	59.47 (29.95)	1:30.08 (30.61)	1:57.52 (27.44)
44 Northern Neck Branch YMCA		1:56.31	1:57.58
1) Walters, Meredith 17	2) Haley, Lauren 15	3) Potts, Katlin 16	4) Sheahan, Keara 16
29.95	58.69 (28.74)	1:27.04 (28.35)	1:57.58 (30.54)
45 Andover-North Andover YMCA		1:44.91 Y	1:57.60
1) Mancuso, Elizabeth 18	2) Smith, Lacie 16	3) Trodden, Jen 13	4) Lopez, Mary 14
28.86	58.71 (29.85)	1:28.55 (29.84)	1:57.60 (29.05)
46 Powel Crosley Branch YMCA		2:00.67	1:58.07
1) Winhusen, Jill 17	2) Shafer, Holly 16	3) Tsivitse, Jane 13	4) Stone, Sarah 18
29.28	59.39 (30.11)	1:29.08 (29.69)	1:58.07 (28.99)
47 Leaning Tower YMCA		1:59.96	1:58.17
1) Kasten, Corey 15	2) Stranc, Kelsey 14	3) Klein, Heather 15	4) LaSalle, Elisabeth 15
29.62	59.47 (29.85)	1:28.96 (29.49)	1:58.17 (29.21)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
48 Harford County Family YMC		1:42.42 Y	1:58.22
1) McLaughlin, Maureen 18	2) Waller, Claire 18	3) Kelly, Danielle 16	4) Morlock, Amy 16
29.43	58.73 (29.30)	1:28.12 (29.39)	1:58.22 (30.10)
49 Somerset Hills YMCA		1:43.95 Y	1:58.32
1) Kelly, Caitlin 15	2) Retotar, Allison 17	3) Traynor, Nicol 15	4) Button, Sarah 14
29.77	59.83 (30.06)	1:29.49 (29.66)	1:58.32 (28.83)
50 Tampa Metro YMCA		1:59.37	1:58.54
1) Chamberlin, Margie 16	2) Boyd, Kelly 13	3) Overman, Lindsey 18	4) Hug, Kelley 16
28.82	59.67 (30.85)	1:29.16 (29.49)	1:58.54 (29.38)
51 Stevens Point YMCA		2:01.60	1:58.66
1) Alinea, Danielle 15	2) Etrheim, Maddy 15	3) Salutz, Carolyn 13	4) Golla, Lauren 15
30.57	59.78 (29.21)	1:29.40 (29.62)	1:58.66 (29.26)
52 Gamble Nippert YMCA		1:57.93	1:58.71
1) Billow, Amy 14	2) Borgemenke, Danielle 17	3) Olberding, Jen 16	4) Chermely, Abby 15
30.12	58.36 (28.24)	1:27.66 (29.30)	1:58.71 (31.05)
53 Ocean County YMCA		1:43.55 Y	1:58.73
1) Donnelly, Meghan 15	2) Watson, Mallory 17	3) Molloy, Margaret 15	4) Collyer, Brittany 17
30.13	1:00.14 (30.01)	1:30.69 (30.55)	1:58.73 (28.04)
54 East Hartford YMCA		1:59.65	1:58.95
1) Hilton, Emily 15	2) Heneghan, Chelsea 15	3) Boucher, Kayleigh 15	4) Conter, Laura 16
30.17	59.69 (29.52)	1:29.59 (29.90)	1:58.95 (29.36)
55 Chambersburg Memorial YM		1:44.83 Y	1:59.01
1) Montello, Kristen 14	2) Rines, Kristi 14	3) Sabri, Kaitlyn 15	4) Aughinbaugh, Katie 16
29.88	59.50 (29.62)	1:29.22 (29.72)	1:59.01 (29.79)
56 Hampshire Regional YMCA		2:00.64	1:59.22
1) Grace, Callie 15	2) Pavolko, Brittany 14	3) Dill, Stephanie 14	4) Driscoll, Caitlin 14
30.27	1:00.63 (30.36)	1:30.44 (29.81)	1:59.22 (28.78)
57 Cuyahoga Falls Riverfront YM		1:43.24 Y	1:59.38
1) Mann, Katie 15	2) Johnson, Kate 15	3) Drozin, Caitlin 16	4) Atchison, Kelsey 15
30.16	1:00.77 (30.61)	1:30.41 (29.64)	1:59.38 (28.97)
58 Somerset Valley YMCA		1:57.81	1:59.53
1) Hurley, Kelsey 13	2) Dubiel, Allie 15	3) Moll, Kristen 13	4) Stark, Laura 16
31.35	1:01.00 (29.65)	1:30.23 (29.23)	1:59.53 (29.30)
59 Waynesboro Ymca- Pennsylv:		1:59.49	1:59.96
1) O'Connell, Maggie 16	2) Sanders, Jordan 17	3) Melville, Lauren 16	4) Front, Jessica 16
29.71	1:00.17 (30.46)	1:31.14 (30.97)	1:59.96 (28.82)
60 Flushing Branch YMCA		2:01.65	2:00.10
1) Varga, Michelle 17	2) Pfeifer, Christine 18	3) Kristic, Marta 14	4) McCluskey, Maureen 15
29.96	1:01.03 (31.07)	1:30.00 (28.97)	2:00.10 (30.10)
61 Huntington YMCA		1:43.77 Y	2:00.50
1) Kerns, Annie 16	2) Lowe, Angie 16	3) Prater, Kendra 16	4) Wegmann, Sara 16
31.05	1:00.75 (29.70)	1:31.06 (30.31)	2:00.50 (29.44)
62 Pulaski-Hensel Ekman YMCA		2:00.05	2:00.56
1) Vockrodt, Carrie Anne 15	2) Krueger, Laura 13	3) Wensel, Lauren 16	4) de la Garza, Lorena 18
30.22	1:00.30 (30.08)	1:30.85 (30.55)	2:00.56 (29.71)
63 Toledo YMCA		1:45.45 Y	2:01.46
1) Akenberger, Jamie 13	2) Bombrys, Kylie 16	3) Tetuan, Kimmy 14	4) Karchner, Kendall 16
29.95	59.94 (29.99)	1:32.04 (32.10)	2:01.46 (29.42)
64 Brandywine YMCA		1:43.18 Y	2:01.89
1) Cichewicz, Morgan 14	2) Ziegler, Tristen 18	3) Horton, Rachel 14	4) Hohwald, Kathleen 15
30.60	1:00.20 (29.60)	1:31.60 (31.40)	2:01.89 (30.29)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
--- Northwestern Dupage YMCA		1:58.54	DQ
1) Strong, Susan 17	2) Forsberg, Amy 16	3) Zafir, Taylor 14	4) Lanteigne, Emily 16
29.19	57.83 (28.64)	1:27.01 (29.18)	DQ (27.61)

Women 400 LC Meter Freestyle RelayNational: **3:58.73 * 8/1/2001**

M.E. Lyons-OH

M.E. Lyons-OH-

B Brockman, E Magee, K Ball, M Tomes

Team	Relay	Prelim Time	Finals Time
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A - Final

1	YMCA Aquatic Center	4:03.56	4:00.35
	1) Miller, Alli 17	2) Matherly, Megan 17	3) Adams, Sarah 16
	28.59	1:00.26 (1:00.26)	1:28.98 (28.72)
	2:29.96 (29.36)	3:00.72 (1:00.12)	3:29.42 (28.70)
			4:00.35 (59.63)
			4:00.35
2	West Shore-Harrisburg YMC	4:03.54	4:00.78
	1) Weaner, Tricia 15	2) Jerzerick, Kimberly 13	3) Luttermoser, Allison 17
	28.85	59.41 (59.41)	1:28.59 (29.18)
	2:30.16 (28.54)	3:02.13 (1:00.51)	3:30.40 (28.27)
			4:00.78 (58.65)
			4:03.51
3	Wilton Family YMCA	4:05.38	4:03.51
	1) Gnerre, Dana 13	2) Petchonka, Deanna 18	3) Heath, Keira 16
	29.40	1:01.56 (1:01.56)	1:30.74 (29.18)
	2:31.79 (29.04)	3:03.71 (1:00.96)	3:32.27 (28.56)
			4:03.51 (59.80)
			4:05.38
4	Montclair YMCA	4:06.35	4:03.69
	1) English, Lauren 15	2) Moodie, Natasha 13	3) Milley, Diana 15
	28.56	59.57 (59.57)	1:28.52 (28.95)
	2:30.57 (29.67)	3:03.79 (1:02.89)	3:32.30 (28.51)
			4:03.69 (59.90)
			4:06.35
5	Marion County Branch YMC	4:05.94	4:03.89
	1) Kent, Julie 18	2) Lambert, Caitlyn 15	3) Robertson, Caroline 17
	29.55	1:01.33 (1:01.33)	1:30.28 (28.95)
	2:30.21 (28.97)	3:01.49 (1:00.25)	3:30.48 (28.99)
			4:03.89 (1:02.40)
			4:05.94
6	Darien Community YMCA	4:05.01	4:04.01
	1) Suchoff, Sarah 14	2) Bullock, Morgan 18	3) Block, Caitlin 16
	28.88	1:01.13 (1:01.13)	1:30.14 (29.01)
	2:31.26 (29.22)	3:03.22 (1:01.18)	3:31.98 (28.76)
			4:04.01 (1:00.79)
			4:05.01
7	Reading & Berks YMCA	4:05.06	4:04.39
	1) Impink, Caitlin 15	2) Radka, Jess 17	3) Sculley, Megan 17
	29.54	1:01.12 (1:01.12)	1:31.01 (29.89)
	2:32.17 (29.02)	3:04.45 (1:01.30)	3:32.85 (28.40)
			4:04.39 (59.94)
			4:05.06
8	Winston-Salem Central YMC	4:06.37	4:08.11
	1) Parra, Madeline 17	2) Montagnet, Chase 16	3) Clay, Ashley 16
	29.78	1:01.76 (1:01.76)	1:31.76 (30.00)
	2:33.52 (29.74)	3:05.79 (1:02.01)	3:34.34 (28.55)
			4:08.11 (1:02.32)
			4:06.37

B - Final

9	Upper Main Line YMCA	4:07.88	4:02.62
	1) Vickroy, Lindsay 16	2) Roop, Stephanie 16	3) Begley, Sarah 16
	29.00	1:00.87 (1:00.87)	1:29.15 (28.28)
	2:29.95 (28.99)	3:02.42 (1:01.46)	3:31.05 (28.63)
			4:02.62 (1:00.20)
			4:07.88
10	Schroeder YMCA	4:07.99	4:05.04
	1) Dlugopolski, Leslie 16	2) Will, Jenny 17	3) Hathaway, Clare 17
	28.81	1:00.26 (1:00.26)	1:28.60 (28.34)
	2:29.80 (29.03)	3:02.64 (1:01.87)	3:32.18 (29.54)
			4:05.04 (1:02.40)
			4:07.99

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Women 400 LC Meter Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
11 N Shore/Lester Sterling BR Y		4:07.85	4:05.65
1) Delphin, Naomi 15	2) Belli, Caroline 14	3) Zarba, Kristen 16	4) Davidson, Jaclyn 16
29.43	1:00.99 (1:00.99)	1:30.52 (29.53)	2:02.62 (1:01.63)
2:32.38 (29.76)	3:04.55 (1:01.93)	3:33.46 (28.91)	4:05.65 (1:01.10)
12 YMCA of Triangle Area		4:06.71	4:06.84
1) Pucci, Lisa 16	2) Creech, Kathryn 16	3) Crawford, Jessalyn 15	4) Pucci, Mallory 18
29.18	1:01.16 (1:01.16)	1:30.93 (29.77)	2:02.63 (1:01.47)
2:32.05 (29.42)	3:05.56 (1:02.93)	3:34.88 (29.32)	4:06.84 (1:01.28)
13 Cheshire Branch YMCA		4:07.76	4:07.21
1) McKinlay, Aidan 16	2) Liu, Jennifer 17	3) O'Donnell, Samantha 16	4) Metcalf, Christina 16
29.98	1:02.83 (1:02.83)	1:32.00 (29.17)	2:04.41 (1:01.58)
2:33.76 (29.35)	3:05.82 (1:01.41)	3:35.34 (29.52)	4:07.21 (1:01.39)
14 Northwestern Dupage YMCA		4:06.94	4:07.41
1) Forsberg, Amy 16	2) Strong, Susan 17	3) Zafir, Taylor 14	4) Lanteigne, Emily 16
29.85	1:02.65 (1:02.65)	1:32.51 (29.86)	2:05.66 (1:03.01)
2:35.02 (29.36)	3:08.36 (1:02.70)	3:36.61 (28.25)	4:07.41 (59.05)
15 South Community Family BR		4:08.03	4:08.02
1) Gueltig, Kelly 17	2) Rohr, Brittney 14	3) Galbreath, Abby 12	4) Mathes, Carly 17
30.15	1:02.15 (1:02.15)	1:31.91 (29.76)	2:04.45 (1:02.30)
2:34.37 (29.92)	3:07.86 (1:03.41)	3:36.82 (28.96)	4:08.02 (1:00.16)
16 Boyertown Area YMCA		4:08.08	4:08.57
1) Shelps, Lisa 16	2) Allen, Alex 16	3) Francis, Kylie 15	4) Christy, Emily 16
30.24	1:02.64 (1:02.64)	1:32.23 (29.59)	2:04.47 (1:01.83)
2:34.35 (29.88)	3:07.28 (1:02.81)	3:36.45 (29.17)	4:08.57 (1:01.29)

Women 400 LC Meter Freestyle Relay**National: 3:58.73 * 8/1/2001****M.E. Lyons-OH****M.E. Lyons-OH-****B Brockman, E Magee, K Ball, M Tomes**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 West Shore-Harrisburg YMC		4:05.43	4:03.54
1) Weaner, Tricia 15	2) Jerzerick, Kimberly 13	3) Luttermoser, Allison 17	4) Gingrich, Leah 14
1:00.26	2:03.61 (1:03.35)	3:04.24 (1:00.63)	4:03.54 (59.30)
2 YMCA Aquatic Center		4:05.47	4:03.56
1) Miller, Alli 17	2) Matherly, Megan 17	3) Adams, Sarah 16	4) Nickson, Naomi 16
1:00.60	2:01.44 (1:00.84)	3:02.57 (1:01.13)	4:03.56 (1:00.99)
3 Darien Community YMCA		4:08.71	4:05.01
1) Suchoff, Sarah 14	2) Bullock, Morgan 18	3) Block, Caitlin 16	4) Lewis, Jennie 17
1:01.26	2:02.08 (1:00.82)	3:03.59 (1:01.51)	4:05.01 (1:01.42)
4 Reading & Berks YMCA		4:06.19	4:05.06
1) Impink, Caitlin 15	2) Radka, Jess 17	3) Sculley, Megan 17	4) Guers, Lindsay 16
1:01.70	2:03.89 (1:02.19)	3:04.93 (1:01.04)	4:05.06 (1:00.13)
5 Wilton Family YMCA		4:09.52	4:05.38
1) Gnerre, Dana 13	2) Petchonka, Deanna 18	3) Heath, Keira 16	4) Hawk, Marin 15
1:02.63	2:04.34 (1:01.71)	3:05.67 (1:01.33)	4:05.38 (59.71)
6 Marion County Branch YMC		3:33.27 Y	4:05.94
1) Kent, Julie 18	2) Lambert, Caitlyn 15	3) Robertson, Caroline 17	4) Aiken, Sherah 16
1:01.77	2:03.46 (1:01.69)	3:03.89 (1:00.43)	4:05.94 (1:02.05)
7 Montclair YMCA		4:10.01	4:06.35
1) English, Lauren 15	2) O'Brien, Kaitlin 17	3) Milley, Diana 15	4) Moodie, Natasha 13
1:00.17	2:01.12 (1:00.95)	3:04.60 (1:03.48)	4:06.35 (1:01.75)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
8 Winston-Salem Central YMC		4:05.03	4:06.37
1) Parra, Madeline 17	2) Montagnet, Chase 16	3) Clay, Ashley 16	4) Martin, Noelle 17
	1:02.66 2:04.68 (1:02.02) 3:07.04 (1:02.36)	4:06.37 (59.33)	
9 YMCA of Triangle Area		4:11.59	4:06.71
1) Pucci, Lisa 16	2) Creech, Kathryn 16	3) Crawford, Jessalyn 15	4) Pucci, Mallory 18
	1:00.78 2:02.49 (1:01.71) 3:05.64 (1:03.15)	4:06.71 (1:01.07)	
10 Northwestern Dupage YMCA		4:15.39	4:06.94
1) Forsberg, Amy 16	2) Strong, Susan 17	3) Zafir, Taylor 14	4) Lanteigne, Emily 16
	1:02.36 2:04.74 (1:02.38) 3:08.07 (1:03.33)	4:06.94 (58.87)	
11 Cheshire Branch YMCA		4:07.28	4:07.76
1) Sgambato, Lia 16	2) Liu, Jennifer 17	3) O'Donnell, Samantha 16	4) Metcalf, Christina 16
	1:02.64 2:04.72 (1:02.08) 3:06.40 (1:01.68)	4:07.76 (1:01.36)	
12 N Shore/Lester Sterling BR Y		4:14.03	4:07.85
1) Delphin, Naomi 15	2) Zarba, Kristen 16	3) Belli, Caroline 14	4) Davidson, Jaclyn 16
	1:01.59 2:04.05 (1:02.46) 3:05.82 (1:01.77)	4:07.85 (1:02.03)	
13 Upper Main Line YMCA		3:30.91 Y	4:07.88
1) Vickroy, Lindsay 16	2) Shupe, Stephanie 16	3) Begley, Sarah 16	4) Heck, Jill 18
	1:01.74 2:04.47 (1:02.73) 3:06.12 (1:01.65)	4:07.88 (1:01.76)	
14 Schroeder YMCA		4:06.98	4:07.99
1) Dlugopolski, Leslie 16	2) Boehme, Stephanie 18	3) Dlugopolski, Lisa 14	4) Will, Jenny 17
	1:00.03 2:03.65 (1:03.62) 3:07.09 (1:03.44)	4:07.99 (1:00.90)	
15 South Community Family BR		4:07.67	4:08.03
1) Gueltig, Kelly 17	2) Rohr, Brittney 14	3) Stover, Ally 14	4) Mathes, Carly 17
	1:01.45 2:03.69 (1:02.24) 3:08.38 (1:04.69)	4:08.03 (59.65)	
16 Boyertown Area YMCA		4:07.09	4:08.08
1) Shelps, Lisa 16	2) Francis, Kylie 15	3) Christy, Emily 16	4) Allen, Alex 16
	1:01.95 2:04.95 (1:03.00) 3:05.72 (1:00.77)	4:08.08 (1:02.36)	
17 ME Lyons YMCA		4:14.48	4:08.63
1) Carpenter, Kasey 16	2) Hicks, Leigh 15	3) Tomes, Laura 16	4) Brunemann, Emily 17
	1:03.02 2:05.99 (1:02.97) 3:08.27 (1:02.28)	4:08.63 (1:00.36)	
18 Brandywine-De YMCA		3:40.75 Y	4:08.84
1) Seiffert, Ruth 17	2) Nockengost, Sarah 14	3) Henry, Morgan 17	4) Dornstauder, Kristen 14
	1:01.81 2:04.68 (1:02.87) 3:09.09 (1:04.41)	4:08.84 (59.75)	
19 Green Bay Metro YMCA		3:39.45 Y	4:08.89
1) Bennett, Jenny 15	2) Hall, Sarah 17	3) Matzke, Jenna 18	4) Brager, Kristy 18
	1:02.16 2:04.38 (1:02.22) 3:09.07 (1:04.69)	4:08.89 (59.82)	
20 Tri-Hampton YMCA		4:16.47	4:09.44
1) McDowell, Brie 17	2) Skoutelas, Diana 16	3) Slowey, Kaitlin 17	4) Kirsteier, Caitlin 16
	1:01.76 2:05.04 (1:03.28) 3:08.08 (1:03.04)	4:09.44 (1:01.36)	
21 North Central Florida YMCA		4:11.16	4:09.51
1) Carusone, Julie 17	2) Sander, Carlyn 17	3) Rameriz, Lily 13	4) Smith, Natalie 13
	1:01.02 2:03.77 (1:02.75) 3:06.68 (1:02.91)	4:09.51 (1:02.83)	
22 Middle Tyger YMCA		4:18.16	4:10.07
1) Fairbanks, Lauren 15	2) Nelsen, Patricia 15	3) Dailey, Meghan 17	4) Jemec, Vida 15
	1:02.51 2:04.77 (1:02.26) 3:06.96 (1:02.19)	4:10.07 (1:03.11)	
23 Flint YMCA		3:41.80 Y	4:10.19
1) Keehn, Alicia 17	2) Maraskine, Sarah 14	3) O'Mara, Kaitlin 15	4) Hager, Christy 18
	1:02.99 2:06.23 (1:03.24) 3:08.29 (1:02.06)	4:10.19 (1:01.90)	
24 Countryside-Warren County Y		4:13.10	4:10.53
1) Bowlin, Kate 15	2) Bersani, Anna 14	3) Senne, Kate 15	4) Griffiths, Sarah 16
	1:02.36 2:06.43 (1:04.07) 3:09.29 (1:02.86)	4:10.53 (1:01.24)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
25 Tampa Metro YMCA		4:18.91	4:11.74
1) Chamberlin, Margie 16	2) Overman, Lindsey 18	3) Prior, Audrey 17	4) Hug, Kelley 16
	1:01.97 2:05.95 (1:03.98) 3:09.60 (1:03.65)	4:11.74 (1:02.14)	
26 Aurora Family YMCA		4:16.14	4:12.70
1) Nowak, Ann 16	2) Bromann, Amy 18	3) White, Kelsey T 15	4) Pauly, Sarah 18
	1:02.13 2:05.28 (1:03.15) 3:08.91 (1:03.63)	4:12.70 (1:03.79)	
27 Reg Fam YMCA Laurel High		3:42.63 Y	4:12.79
1) Grushecky, Kelsey 15	2) Bankovich, Brittany 15	3) Grosser, Chelsea 15	4) Halfhill, Heidi 16
	1:01.75 2:05.46 (1:03.71) 3:09.71 (1:04.25)	4:12.79 (1:03.08)	
28 Huntington YMCA		3:42.00 Y	4:13.67
1) Wegmann, Sara 16	2) Prater, Kendra 16	3) Lowe, Angie 16	4) Kerns, Annie 16
	1:02.50 2:06.06 (1:03.56) 3:10.37 (1:04.31)	4:13.67 (1:03.30)	
29 Farmington Family YMCA		3:43.97 Y	4:13.68
1) Switaj, Caryn 16	2) Fleck, Katie 17	3) Ueda, Ayumi 16	4) Bachrouche, Katya 14
	1:03.92 2:08.52 (1:04.60) 3:13.13 (1:04.61)	4:13.68 (1:00.55)	
30 Anne Arundel YMCA		4:11.62	4:13.79
1) Besche, Brooke 14	2) Hammersmith, Caitlin 16	3) Golden, Kori 13	4) Heil, Meghan 17
	1:02.12 2:08.06 (1:05.94) 3:12.40 (1:04.34)	4:13.79 (1:01.39)	
31 Northern Neck Branch YMCA		4:14.40	4:13.86
1) Haley, Lauren 15	2) Potts, Katlin 16	3) Steele, Meredith 14	4) Metzinger, Julie 14
	1:02.56 2:04.87 (1:02.31) 3:09.12 (1:04.25)	4:13.86 (1:04.74)	
32 South Shore YMCA		4:16.29	4:14.05
1) Lorigan, Nicole 17	2) Laidley, Jess 14	3) Vogel, Cara 13	4) Vogel, Jen 16
	1:03.80 2:08.29 (1:04.49) 3:11.46 (1:03.17)	4:14.05 (1:02.59)	
33 Chapel Hill-Carrboro YMCA		4:13.52	4:15.21
1) Pegg, Kathryn 17	2) Dyer, Alden 14	3) Gunnels, Amanda 17	4) Scott, Sarah 17
	1:02.69 2:06.99 (1:04.30) 3:13.15 (1:06.16)	4:15.21 (1:02.06)	
34 Blue Ash Branch YMCA		4:17.91	4:15.47
1) Krone, Sarah 16	2) Keller, Chelsea 15	3) Schildknecht, Grace 18	4) Hoepfer, Emilie 16
	1:03.15 2:08.02 (1:04.87) 3:11.76 (1:03.74)	4:15.47 (1:03.71)	
35 YMCA OF Gr. Elgin Taylor F		4:16.75	4:15.48
1) Sink, Keri 13	2) Hassberger, Heather 15	3) Pelka, Michelle 15	4) Demrow, Shannon 14
	1:01.56 2:07.56 (1:06.00) 3:11.93 (1:04.37)	4:15.48 (1:03.55)	
36 Fanwood-Scotch Plains YMC		3:45.12 Y	4:15.73
1) Murphy, Jillian 14	2) Lyons, Ariana 12	3) Cameron, Amanda 17	4) Gousman, Maggie 16
	1:03.40 2:07.49 (1:04.09) 3:12.16 (1:04.67)	4:15.73 (1:03.57)	
37 East Hartford YMCA		4:20.77	4:15.89
1) Hilton, Emily 15	2) Heneghan, Chelsea 15	3) Boucher, Kayleigh 15	4) Conter, Laura 16
	1:03.12 2:08.08 (1:04.96) 3:12.76 (1:04.68)	4:15.89 (1:03.13)	
38 Saginaw YMCA		3:42.41 Y	4:16.15
1) Grierson, Katherine 14	2) Brown, Lindsey 18	3) Brown, Andrea 14	4) Rakouth, Haintso 17
	1:05.23 2:06.60 (1:01.37) 3:11.72 (1:05.12)	4:16.15 (1:04.43)	
39 Joliet YMCA		4:21.79	4:16.35
1) Roberts, Linz 16	2) Cempel, Laura 13	3) Birsa, Taylor 12	4) Jones, Ashley 16
	1:04.91 2:10.82 (1:05.91) 3:17.24 (1:06.42)	4:16.35 (59.11)	
40 Appleton Family YMCA		3:41.56 Y	4:16.42
1) Bakula, Angie 15	2) Wardecke, Sarah 14	3) Bryson, Jennifer 15	4) Westfall, Jenny 16
	1:03.18 2:07.67 (1:04.49) 3:13.00 (1:05.33)	4:16.42 (1:03.42)	
41 State College Area YMCA		3:42.06 Y	4:16.65
1) Myers, Michelle 16	2) Parry, Lucia 16	3) Warren, Alex 15	4) Palchak, Catherine 17
	1:01.21 2:07.24 (1:06.03) 3:12.11 (1:04.87)	4:16.65 (1:04.54)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
42 Harford County Family YMCA		3:43.03 Y	4:16.79
1) Morlock, Amy 16	2) Kelly, Danielle 16	3) Waller, Claire 18	4) McLaughlin, Maureen 18
1:05.02	2:09.45 (1:04.43)	3:13.45 (1:04.00)	4:16.79 (1:03.34)
43 Greensburg YMCA		3:43.70 Y	4:17.50
1) Brant, Chrissy 15	2) Gorinski, Laura 13	3) Szmyd, Carly 14	4) Kane, Alana 15
1:04.47	2:08.52 (1:04.05)	3:13.39 (1:04.87)	4:17.50 (1:04.11)
44 Ocean County YMCA		3:46.40 Y	4:17.77
1) Watson, Mallory 17	2) Molloy, Margaret 15	3) Donnelly, Meghan 15	4) Collyer, Brittany 17
1:05.32	2:10.62 (1:05.30)	3:15.94 (1:05.32)	4:17.77 (1:01.83)
45 Birmingham Family YMCA		3:47.00 Y	4:18.12
1) Edson, Kelsey 14	2) Marsh, Carolyn 15	3) Lentz, Cary 15	4) McClure, Elizabeth 16
1:03.80	2:08.14 (1:04.34)	3:14.54 (1:06.40)	4:18.12 (1:03.58)
46 Metuchen-Edison YMCA		4:20.11	4:18.23
1) Sharkey, Renae 14	2) Wallace, Melissa 15	3) O'Connor, Erin 17	4) Zukowski, Sarah 17
1:02.50	2:07.78 (1:05.28)	3:13.54 (1:05.76)	4:18.23 (1:04.69)
47 Somerset Hills YMCA		3:46.14 Y	4:18.50
1) Kelly, Caitlin 15	2) Retotar, Allison 17	3) Traynor, Nicol 15	4) Button, Sarah 14
1:06.77	2:10.80 (1:04.03)	3:15.43 (1:04.63)	4:18.50 (1:03.07)
48 Madison Area YMCA		3:47.47 Y	4:18.54
1) Price, Moira 17	2) Gonzalez, Alexandra 15	3) Pflieger, Jen 14	4) Conduis, Cristen 15
1:04.74	2:08.37 (1:03.63)	3:13.98 (1:05.61)	4:18.54 (1:04.56)
49 York & York County YMCA		3:42.04 Y	4:18.83
1) McIntyre, Cookie 16	2) Howes, Kelsey 14	3) Ierley, Danielle 16	4) McInerney, Jessica 15
1:02.79	2:09.08 (1:06.29)	3:15.39 (1:06.31)	4:18.83 (1:03.44)
50 New Canaan Community YM		4:17.67	4:19.21
1) Legan, Elizabeth 15	2) Hobbs, Allison 16	3) Heberton, Jen 16	4) Goebel, Molly 14
1:03.78	2:09.83 (1:06.05)	3:16.24 (1:06.41)	4:19.21 (1:02.97)
51 Hamilton Area YMCA		3:46.60 Y	4:19.83
1) Seto, Stephanie 16	2) Driscoll, Darby 17	3) Casazza, Elizabeth 15	4) Wysocki, Melody 17
1:02.61	2:07.16 (1:04.55)	3:13.21 (1:06.05)	4:19.83 (1:06.62)
52 Rappahannock Area YMCA		4:15.62	4:19.85
1) Wallace, Cameron 17	2) Hagmaier, Ashley 15	3) Moore, Stephanie 18	4) Burns, Briana 16
1:05.22	2:09.95 (1:04.73)	3:14.70 (1:04.75)	4:19.85 (1:05.15)
53 Powel Crosley Branch YMCA		3:46.50 Y	4:19.90
1) Winhusen, Jill 17	2) Shafer, Holly 16	3) Tsivitse, Jane 13	4) Stone, Sarah 18
1:04.92	2:09.84 (1:04.92)	3:15.74 (1:05.90)	4:19.90 (1:04.16)
54 Andover-North Andover YMCA		3:47.54 Y	4:20.20
1) Page, Kate 18	2) Smith, Lacie 16	3) Trodden, Jen 13	4) Mancuso, Elizabeth 18
1:04.58	2:11.61 (1:07.03)	3:16.53 (1:04.92)	4:20.20 (1:03.67)
55 Greater Burlington YMCA		4:20.42	4:20.49
1) Underhill, Nicole 18	2) Harvey, Emma 15	3) Suppan, Alex 13	4) Jarvis, Ariel 13
1:04.78	2:11.85 (1:07.07)	3:17.68 (1:05.83)	4:20.49 (1:02.81)
56 Leaning Tower YMCA		4:21.50	4:20.88
1) Uding, Alex 14	2) LaSalle, Elisabeth 15	3) Artwick, Leah 12	4) Collen, Sarah 13
1:04.93	2:08.60 (1:03.67)	3:14.86 (1:06.26)	4:20.88 (1:06.02)
57 Gamble Nippert YMCA		4:20.38	4:21.25
1) Billow, Amy 14	2) Olberding, Jen 16	3) Chermely, Emma 16	4) Borgemenke, Danielle 17
1:05.54	2:11.75 (1:06.21)	3:19.05 (1:07.30)	4:21.25 (1:02.20)
58 Cuyahoga Falls Riverfront YM		3:45.37 Y	4:21.36
1) Atchison, Kelsey 15	2) Johnson, Kate 15	3) Drozin, Caitlin 16	4) Mann, Katie 15
1:04.55	2:12.47 (1:07.92)	3:17.93 (1:05.46)	4:21.36 (1:03.43)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
59 Hampshire Regional YMCA		4:19.42	4:22.93
1) Konieczny, Emily 14	2) Pavolko, Brittany 14	3) Grace, Callie 15	4) Driscoll, Caitlin 14
	1:04.91 2:11.55 (1:06.64)	3:18.69 (1:07.14)	4:22.93 (1:04.24)
60 Somerset Valley YMCA		4:11.06 S	4:23.90
1) Hepburn, Jamie 14	2) Hurley, Kelsey 13	3) Moll, Kristen 13	4) Gonzalez, Hannah 14
	1:06.63 2:13.56 (1:06.93)	3:18.09 (1:04.53)	4:23.90 (1:05.81)
61 Flushing Branch YMCA		4:22.00	4:26.33
1) Varga, Michelle 17	2) Sawicz, Dorota 17	3) Kristic, Marta 14	4) McCluskey, Maureen 15
	1:06.99 2:12.61 (1:05.62)	3:19.60 (1:06.99)	4:26.33 (1:06.73)
62 Toledo YMCA		4:21.18	4:28.88
1) Karchner, Kendall 16	2) Bombrys, Kylie 16	3) Tetuan, Kimmy 14	4) Akenberger, Jamie 13
	1:04.57 2:11.09 (1:06.52)	3:24.29 (1:13.20)	4:28.88 (1:04.59)
63 Mid-Delmarva Family YMCA		3:39.21 Y	4:33.93
1) Doxtater, Lindsey 16	2) Engler, Lindsey 17	3) Turner, Katy 15	4) Skeen, Emily 14
	1:08.07 2:12.62 (1:04.55)	3:20.41 (1:07.79)	4:33.93 (1:13.52)

Women 800 LC Meter Freestyle Relay**National: 8:38.28 * 8/1/2002****M E Lyons Family Branch YMCA****M.E. Lyons-OH-****B Brockman, E Magee, E Miller, M Keefe**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 North Central Florida YMCA		8:44.74	8:41.65
1) Carusone, Julie 17	2) Sander, Carlyn 17	3) Smith, Natalie 13	4) Huber, Stacey 15
	30.00 1:02.38 (1:02.38)	1:35.15 (1:35.15)	2:07.75 (2:07.75)
	2:38.34 (30.59)	3:11.82 (1:04.07)	3:45.94 (1:38.19)
	4:48.63 (29.21)	5:21.16 (1:01.74)	5:55.62 (1:36.20)
	7:00.77 (30.61)	7:33.59 (1:03.43)	8:07.48 (1:37.32)
			8:41.65 (2:11.49)
2 Boyertown Area YMCA		8:50.52	8:44.23
1) Christy, Emily 16	2) Longacre, Shayna 16	3) Draves, Shannon 13	4) Nichols, Kerry 17
	29.61 1:02.05 (1:02.05)	1:34.77 (1:34.77)	2:06.53 (2:06.53)
	2:36.90 (30.37)	3:10.01 (1:03.48)	3:44.58 (1:38.05)
	4:48.06 (29.87)	5:21.64 (1:03.45)	5:56.63 (1:38.44)
	7:01.13 (30.47)	7:34.78 (1:04.12)	8:10.16 (1:39.50)
			8:44.23 (2:13.57)
3 YMCA Aquatic Center		8:47.98	8:44.61
1) Broadley, Sarah 14	2) Miller, Alli 17	3) Nickson, Naomi 16	4) Matherly, Megan 17
	30.37 1:03.56 (1:03.56)	1:37.08 (1:37.08)	2:09.75 (2:09.75)
	2:39.37 (29.62)	3:12.22 (1:02.47)	3:46.35 (1:36.60)
	4:51.39 (29.98)	5:24.85 (1:03.44)	5:59.30 (1:37.89)
	7:02.75 (29.84)	7:35.74 (1:02.83)	8:09.91 (1:37.00)
			8:44.61 (2:11.70)
4 ME Lyons YMCA		8:46.09	8:47.02
1) Smith, Sarah 15	2) Miller, Ashley 15	3) Tomes, Laura 16	4) Brunemann, Emily 17
	30.43 1:03.77 (1:03.77)	1:38.33 (1:38.33)	2:12.73 (2:12.73)
	2:43.59 (30.86)	3:17.75 (1:05.02)	3:53.03 (1:40.30)
	4:57.95 (29.99)	5:30.96 (1:03.00)	6:05.37 (1:37.41)
	7:08.83 (29.18)	7:41.13 (1:01.48)	8:14.25 (1:34.60)
			8:47.02 (2:07.37)
5 West Shore-Harrisburg YMC		8:50.87	8:49.64
1) Weaner, Tricia 15	2) Jerzerick, Kimberly 13	3) Luttermoser, Allison 17	4) Gingrich, Leah 14
	30.11 1:02.84 (1:02.84)	1:36.49 (1:36.49)	2:09.26 (2:09.26)
	2:39.51 (30.25)	3:13.01 (1:03.75)	3:48.67 (1:39.41)
	4:55.90 (29.98)	5:29.69 (1:03.77)	6:04.75 (1:38.83)
	7:08.89 (29.46)	7:41.43 (1:02.00)	8:15.76 (1:36.33)
			8:49.64 (2:10.21)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Women 800 LC Meter Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
6 Reading & Berks YMCA		8:52.72	8:52.69
1) Guers, Lindsay 16	2) Radka, Jess 17	3) Robinson, Maddy 16	4) Impink, Caitlin 15
29.94 1:02.95 (1:02.95)	1:37.32 (1:37.32)	2:11.73 (2:11.73)	
2:42.22 (30.49)	3:16.00 (1:04.27)	3:51.00 (1:39.27)	
4:55.84 (30.55)	5:29.88 (1:04.59)	6:04.90 (1:39.61)	
7:09.97 (29.95)	7:42.63 (1:02.61)	8:17.17 (1:37.15)	
		8:52.69 (2:12.67)	
7 Cheshire Branch YMCA		8:56.23	8:59.41
1) Reinhard, Alyssa 14	2) Sgambato, Lia 16	3) O'Donnell, Samantha 16	4) Metcalf, Christina 16
31.45 1:05.75 (1:05.75)	1:40.75 (1:40.75)	2:15.28 (2:15.28)	
2:44.99 (29.71)	3:18.84 (1:03.56)	3:54.29 (1:39.01)	
5:00.13 (30.22)	5:33.87 (1:03.96)	6:09.64 (1:39.73)	
7:16.16 (30.60)	7:49.90 (1:04.34)	8:24.99 (1:39.43)	
		8:59.41 (2:13.85)	
8 N Shore/Lester Sterling BR Y		8:56.43	9:00.53
1) Zarba, Kristen 16	2) Belli, Caroline 14	3) Loubris, Katy 15	4) Delphin, Naomi 15
30.34 1:04.22 (1:04.22)	1:39.59 (1:39.59)	2:14.91 (2:14.91)	
2:44.83 (29.92)	3:19.16 (1:04.25)	3:55.13 (1:40.22)	
5:01.35 (30.29)	5:35.45 (1:04.39)	6:11.30 (1:40.24)	
7:17.35 (29.73)	7:51.08 (1:03.46)	8:26.45 (1:38.83)	
		9:00.53 (2:12.91)	
B - Final			
9 Wilton Family YMCA		8:56.92	8:50.96
1) Heath, Keira 16	2) Leprine, Ashley 15	3) Meleg, Katie 15	4) Hawk, Marin 15
30.57 1:03.90 (1:03.90)	1:38.11 (1:38.11)	2:11.62 (2:11.62)	
2:41.77 (30.15)	3:15.67 (1:04.05)	3:50.55 (1:38.93)	
4:55.75 (30.35)	5:30.80 (1:05.40)	6:06.61 (1:41.21)	
7:10.37 (29.48)	7:43.57 (1:02.68)	8:17.81 (1:36.92)	
		8:50.96 (2:10.07)	
10 Montclair YMCA		8:59.27	8:51.01
1) Connell, Jamie 15	2) English, Lauren 15	3) Milley, Diana 15	4) O'Brien, Kaitlin 17
31.31 1:05.42 (1:05.42)	1:40.57 (1:40.57)	2:15.53 (2:15.53)	
2:44.46 (28.93)	3:17.81 (1:02.28)	3:52.16 (1:36.63)	
4:56.47 (30.84)	5:30.75 (1:05.12)	6:06.64 (1:41.01)	
7:11.92 (29.83)	7:44.59 (1:02.50)	8:18.16 (1:36.07)	
		8:51.01 (2:08.92)	
11 Marion County Branch YMC		9:01.17	8:57.49
1) Kent, Julie 18	2) Lambert, Caitlyn 15	3) Driscoll, Christie 16	4) Robertson, Caroline 17
30.63 1:04.02 (1:04.02)	1:38.94 (1:38.94)	2:14.09 (2:14.09)	
2:44.14 (30.05)	3:17.71 (1:03.62)	3:52.89 (1:38.80)	
5:00.03 (31.03)	5:34.54 (1:05.54)	6:10.94 (1:41.94)	
7:16.78 (30.07)	7:49.76 (1:03.05)	8:23.89 (1:37.18)	
		8:57.49 (2:10.78)	
12 South Community Family BR		9:02.03	8:58.85
1) Gueltig, Kelly 17	2) Rohr, Brittney 14	3) Mathes, Carly 17	4) Galbreath, Abby 12
30.52 1:03.64 (1:03.64)	1:37.87 (1:37.87)	2:11.44 (2:11.44)	
2:41.35 (29.91)	3:16.20 (1:04.76)	3:52.91 (1:41.47)	
4:59.44 (29.67)	5:32.97 (1:03.20)	6:07.66 (1:37.89)	
7:13.54 (31.91)	7:48.85 (1:07.22)	8:24.17 (1:42.54)	
		8:58.85 (2:17.22)	
13 Brandywine-De YMCA		9:03.05	8:59.94
1) Seiffert, Ruth 17	2) Nockengost, Sarah 14	3) Henry, Morgan 17	4) Dornstauder, Kristen 14
30.69 1:04.26 (1:04.26)	1:38.12 (1:38.12)	2:11.55 (2:11.55)	
2:42.26 (30.71)	3:16.01 (1:04.46)	3:51.53 (1:39.98)	
4:59.35 (31.52)	5:34.45 (1:06.62)	6:11.08 (1:43.25)	
7:17.43 (29.94)	7:50.56 (1:03.07)	8:25.39 (1:37.90)	
		8:59.94 (2:12.45)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Women 800 LC Meter Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
14 Darien Community YMCA		9:02.80	9:00.32
1) Lewis, Jennie 17	2) Bullock, Morgan 18	3) Block, Caitlin 16	4) McKenna, Lauren 17
31.07	1:04.38 (1:04.38)	1:38.37 (1:38.37)	2:12.84 (2:12.84)
2:43.38 (30.54)	3:16.70 (1:03.86)	3:52.10 (1:39.26)	4:27.77 (2:14.93)
4:58.19 (30.42)	5:32.78 (1:05.01)	6:09.05 (1:41.28)	6:43.62 (2:15.85)
7:14.21 (30.59)	7:48.33 (1:04.71)	8:24.25 (1:40.63)	9:00.32 (2:16.70)
15 Middle Tyger YMCA		9:01.20	9:00.57
1) Nelsen, Patricia 15	2) Fairbanks, Lauren 15	3) Dailey, Meghan 17	4) Dennis, Courtney 15
31.10	1:04.76 (1:04.76)	1:40.06 (1:40.06)	2:15.77 (2:15.77)
2:45.16 (29.39)	3:17.90 (1:02.13)	3:52.80 (1:37.03)	4:28.19 (2:12.42)
4:58.24 (30.05)	5:32.12 (1:03.93)	6:08.32 (1:40.13)	6:45.35 (2:17.16)
7:16.58 (31.23)	7:50.95 (1:05.60)	8:25.92 (1:40.57)	9:00.57 (2:15.22)
16 YMCA of Triangle Area		9:01.07	9:01.81
1) Creech, Kathryn 16	2) Huntwork, Kysten 17	3) Crawford, Jessalyn 15	4) Pucci, Mallory 18
30.82	1:03.94 (1:03.94)	1:38.14 (1:38.14)	2:13.05 (2:13.05)
2:43.54 (30.49)	3:17.90 (1:04.85)	3:53.61 (1:40.56)	4:29.56 (2:16.51)
5:02.45 (32.89)	5:37.83 (1:08.27)	6:13.45 (1:43.89)	6:48.88 (2:19.32)
7:19.40 (30.52)	7:53.02 (1:04.14)	8:28.27 (1:39.39)	9:01.81 (2:12.93)

Women 800 LC Meter Freestyle Relay**National: 8:38.28 * 8/1/2002****M E Lyons Family Branch YMCA****M.E. Lyons-OH-****B Brockman, E Magee, E Miller, M Keefe**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 North Central Florida YMCA		8:50.36	8:44.74
1) Carusone, Julie 17	2) Sander, Carlyn 17	3) Smith, Natalie 13	4) Huber, Stacey 15
30.39	1:02.87 (1:02.87)	1:35.88 (1:35.88)	2:08.73 (2:08.73)
2:39.86 (31.13)	3:13.77 (1:05.04)	3:47.38 (1:38.65)	4:21.12 (2:12.39)
4:50.55 (29.43)	5:22.88 (1:01.76)	5:56.52 (1:35.40)	6:30.42 (2:09.30)
7:01.44 (31.02)	7:35.22 (1:04.80)	8:09.96 (1:39.54)	8:44.74 (2:14.32)
2 ME Lyons YMCA		8:58.00	8:46.09
1) Smith, Sarah 15	2) Miller, Ashley 15	3) Tomes, Laura 16	4) Brunemann, Emily 17
31.00	1:04.67 (1:04.67)	1:39.16 (1:39.16)	2:13.61 (2:13.61)
2:44.78 (31.17)	3:18.52 (1:04.91)	3:52.58 (1:38.97)	4:26.56 (2:12.95)
4:56.35 (29.79)	5:29.13 (1:02.57)	6:03.19 (1:36.63)	6:37.85 (2:11.29)
7:06.98 (29.13)	7:39.24 (1:01.39)	8:12.45 (1:34.60)	8:46.09 (2:08.24)
3 YMCA Aquatic Center		8:55.23	8:47.98
1) Matherly, Megan 17	2) Broadley, Sarah 14	3) Miller, Alli 17	4) Nickson, Naomi 16
30.98	1:03.85 (1:03.85)	1:37.32 (1:37.32)	2:11.18 (2:11.18)
2:41.20 (30.02)	3:14.63 (1:03.45)	3:48.81 (1:37.63)	4:21.81 (2:10.63)
4:51.34 (29.53)	5:24.80 (1:02.99)	5:59.74 (1:37.93)	6:35.65 (2:13.84)
7:05.92 (30.27)	7:39.43 (1:03.78)	8:13.54 (1:37.89)	8:47.98 (2:12.33)
4 Boyertown Area YMCA		7:37.98 Y	8:50.52
1) Christy, Emily 16	2) Draves, Shannon 13	3) Longacre, Shayna 16	4) Nichols, Kerry 17
1:02.52	1:02.52 (1:02.52)	2:08.03 (2:08.03)	
	3:12.73 (1:04.70)	4:21.48 (2:13.45)	
4:52.07 (30.59)	5:26.56 (1:05.08)	6:01.92 (1:40.44)	6:35.37 (2:13.89)
7:06.04 (30.67)	7:40.54 (1:05.17)	8:16.09 (1:40.72)	8:50.52 (2:15.15)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 800 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
5 West Shore-Harrisburg YMC		8:54.45	8:50.87
1) Gingrich, Leah 14	2) Weaner, Emily 12	3) Luttermoser, Allison 17	4) Weaner, Tricia 15
30.45	1:02.74 (1:02.74)	1:36.19 (1:36.19)	2:08.76 (2:08.76)
2:40.80 (32.04)	3:16.48 (1:07.72)	3:51.85 (1:43.09)	4:26.40 (2:17.64)
4:56.82 (30.42)	5:30.38 (1:03.98)	6:04.75 (1:38.35)	6:39.76 (2:13.36)
7:09.80 (30.04)	7:43.00 (1:03.24)	8:16.86 (1:37.10)	8:50.87 (2:11.11)
6 Reading & Berks YMCA		9:05.70	8:52.72
1) Guers, Lindsay 16	2) Impink, Caitlin 15	3) Radka, Jess 17	4) Robinson, Maddy 16
30.39	1:03.82 (1:03.82)	1:37.80 (1:37.80)	2:11.53 (2:11.53)
2:42.45 (30.92)	3:16.25 (1:04.72)	3:50.92 (1:39.39)	4:24.68 (2:13.15)
4:55.53 (30.85)	5:29.51 (1:04.83)	6:04.43 (1:39.75)	6:38.67 (2:13.99)
7:09.14 (30.47)	7:42.92 (1:04.25)	8:18.01 (1:39.34)	8:52.72 (2:14.05)
7 Cheshire Branch YMCA		8:59.39	8:56.23
1) Sgambato, Lia 16	2) Reinhard, Alyssa 14	3) O'Donnell, Samantha 16	4) Metcalf, Christina 16
30.83	1:04.44 (1:04.44)	1:39.07 (1:39.07)	2:13.25 (2:13.25)
2:44.16 (30.91)	3:18.58 (1:05.33)	3:54.11 (1:40.86)	4:28.25 (2:15.00)
4:58.48 (30.23)	5:32.17 (1:03.92)	6:07.26 (1:39.01)	6:42.51 (2:14.26)
7:13.49 (30.98)	7:47.43 (1:04.92)	8:22.17 (1:39.66)	8:56.23 (2:13.72)
8 N Shore/Lester Sterling BR Y		9:02.13	8:56.43
1) Zarba, Kristen 16	2) Belli, Caroline 14	3) Loubris, Katy 15	4) Delphin, Naomi 15
30.32	1:04.13 (1:04.13)	1:39.63 (1:39.63)	2:14.74 (2:14.74)
2:44.54 (29.80)	3:18.28 (1:03.54)	3:53.37 (1:38.63)	4:28.45 (2:13.71)
4:58.39 (29.94)	5:32.39 (1:03.94)	6:08.17 (1:39.72)	6:44.33 (2:15.88)
7:14.03 (29.70)	7:47.98 (1:03.65)	8:22.82 (1:38.49)	8:56.43 (2:12.10)
9 Wilton Family YMCA		8:59.40	8:56.92
1) Heath, Keira 16	2) Leprine, Ashley 15	3) Petchonka, Deanna 18	4) Hawk, Marin 15
30.60	1:03.76 (1:03.76)	1:37.57 (1:37.57)	2:10.85 (2:10.85)
2:40.69 (29.84)	3:14.58 (1:03.73)	3:49.08 (1:38.23)	4:24.15 (2:13.30)
4:55.02 (30.87)	5:29.68 (1:05.53)	6:06.54 (1:42.39)	6:44.28 (2:20.13)
7:13.54 (29.26)	7:47.37 (1:03.09)	8:22.38 (1:38.10)	8:56.92 (2:12.64)
10 Montclair YMCA		9:00.44	8:59.27
1) English, Lauren 15	2) Connell, Jamie 15	3) O'Brien, Kaitlin 17	4) Milley, Diana 15
29.82	1:03.58 (1:03.58)	1:38.17 (1:38.17)	2:11.21 (2:11.21)
2:42.64 (31.43)	3:17.45 (1:06.24)	3:53.71 (1:42.50)	4:29.65 (2:18.44)
5:00.29 (30.64)	5:34.01 (1:04.36)	6:08.15 (1:38.50)	6:41.32 (2:11.67)
7:12.42 (31.10)	7:46.92 (1:05.60)	8:23.47 (1:42.15)	8:59.27 (2:17.95)
11 YMCA of Triangle Area		9:02.03	9:01.07
1) Pucci, Lisa 16	2) Creech, Kathryn 16	3) Grover, Brianna 15	4) Pucci, Mallory 18
30.84	1:05.22 (1:05.22)	1:40.87 (1:40.87)	2:17.25 (2:17.25)
2:47.25 (30.00)	3:20.49 (1:03.24)	3:54.62 (1:37.37)	4:28.93 (2:11.68)
5:01.15 (32.22)	5:36.57 (1:07.64)	6:13.23 (1:44.30)	6:49.46 (2:20.53)
7:20.58 (31.12)	7:54.06 (1:04.60)	8:27.84 (1:38.38)	9:01.07 (2:11.61)
12 Marion County Branch YMC		7:45.81 Y	9:01.17
1) Robertson, Caroline 17	2) Kent, Julie 18	3) Aiken, Sherah 16	4) Lambert, Caitlyn 15
1:04.21	1:04.21 (1:04.21)	2:13.55 (2:13.55)	4:27.34 (2:13.79)
	3:16.71 (1:03.16)	4:27.34 (2:13.79)	6:46.65 (2:19.31)
4:57.75 (30.41)	5:33.36 (1:06.02)	6:10.56 (1:43.22)	6:46.65 (2:19.31)
7:17.01 (30.36)	7:50.70 (1:04.05)	8:25.89 (1:39.24)	9:01.17 (2:14.52)

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Team	Relay				Seed Time	Prelim Time
13 Middle Tyger YMCA					9:11.28	9:01.20
1) Nelsen, Patricia 15	2) Fairbanks, Lauren 15		3) Dailey, Meghan 17		4) Dennis, Courtney 15	
31.17	1:05.30 (1:05.30)	1:41.01 (1:41.01)	2:15.71 (2:15.71)			
2:47.05 (31.34)	3:20.32 (1:04.61)	3:54.26 (1:38.55)	4:28.68 (2:12.97)			
4:59.58 (30.90)	5:33.60 (1:04.92)	6:09.29 (1:40.61)	6:45.31 (2:16.63)			
7:17.13 (31.82)	7:51.92 (1:06.61)	8:26.97 (1:41.66)	9:01.20 (2:15.89)			
14 South Community Family BR					9:18.68	9:02.03
1) Gueltig, Kelly 17	2) Rohr, Brittney 14		3) Galbreath, Abby 12		4) Mathes, Carly 17	
30.81	1:03.81 (1:03.81)	1:38.16 (1:38.16)	2:11.71 (2:11.71)			
2:42.64 (30.93)	3:18.10 (1:06.39)	3:54.32 (1:42.61)	4:30.86 (2:19.15)			
5:02.87 (32.01)	5:38.58 (1:07.72)	6:14.32 (1:43.46)	6:49.83 (2:18.97)			
7:19.60 (29.77)	7:53.15 (1:03.32)	8:27.73 (1:37.90)	9:02.03 (2:12.20)			
15 Darien Community YMCA					9:00.60	9:02.80
1) Suchoff, Sarah 14	2) Lewis, Jennie 17		3) Block, Caitlin 16		4) Bullock, Morgan 18	
30.20	1:04.77 (1:04.77)	1:41.21 (1:41.21)	2:17.56 (2:17.56)			
2:48.23 (30.67)	3:22.41 (1:04.85)	3:57.42 (1:39.86)	4:32.64 (2:15.08)			
5:03.44 (30.80)	5:38.38 (1:05.74)	6:13.72 (1:41.08)	6:48.60 (2:15.96)			
7:19.40 (30.80)	7:53.23 (1:04.63)	8:27.86 (1:39.26)	9:02.80 (2:14.20)			
16 Brandywine-De YMCA					7:55.59 Y	9:03.05
1) Seiffert, Ruth 17	2) Nockengost, Sarah 14		3) Henry, Morgan 17		4) Dornstauder, Kristen 14	
1:04.96	1:04.96 (1:04.96)	3:53.96 (1:40.94)	2:13.02 (2:13.02)			
	3:18.49 (1:05.47)	4:29.30 (2:16.28)	4:29.30 (2:16.28)			
5:00.72 (31.42)	5:36.14 (1:06.84)	6:13.29 (1:43.99)	6:50.90 (2:21.60)			
7:21.07 (30.17)	7:54.22 (1:03.32)	8:28.50 (1:37.60)	9:03.05 (2:12.15)			
17 Joliet YMCA					9:11.12	9:03.78
1) Jones, Ashley 16	2) Cempel, Sarah 15		3) Cempel, Laura 13		4) Roberts, Linz 16	
29.75	1:01.75 (1:01.75)	1:34.76 (1:34.76)	2:07.65 (2:07.65)			
2:39.98 (32.33)	3:15.28 (1:07.63)	3:52.10 (1:44.45)	4:28.72 (2:21.07)			
5:00.34 (31.62)	5:35.01 (1:06.29)	6:10.66 (1:41.94)	6:45.59 (2:16.87)			
7:16.68 (31.09)	7:52.09 (1:06.50)	8:28.17 (1:42.58)	9:03.78 (2:18.19)			
18 Huntington YMCA					9:17.89	9:06.53
1) Wegmann, Sara 16	2) Kerns, Annie 16		3) Prater, Kendra 16		4) Lowe, Angie 16	
30.79	1:04.69 (1:04.69)	1:39.54 (1:39.54)	2:13.88 (2:13.88)			
2:44.08 (30.20)	3:17.94 (1:04.06)	3:53.15 (1:39.27)	4:27.86 (2:13.98)			
4:59.18 (31.32)	5:33.69 (1:05.83)	6:10.57 (1:42.71)	6:48.05 (2:20.19)			
7:19.14 (31.09)	7:53.91 (1:05.86)	8:30.23 (1:42.18)	9:06.53 (2:18.48)			
19 Schroeder YMCA					8:59.70	9:07.06
1) Dlugopolski, Leslie 16	2) Hathaway, Clare 17		3) Boehme, Stephanie 18		4) Nennig, Bailey 16	
30.85	1:04.77 (1:04.77)	1:40.83 (1:40.83)	2:16.96 (2:16.96)			
2:48.49 (31.53)	3:22.80 (1:05.84)	3:58.06 (1:41.10)	4:33.69 (2:16.73)			
5:05.38 (31.69)	5:39.79 (1:06.10)	6:15.30 (1:41.61)	6:51.07 (2:17.38)			
7:21.83 (30.76)	7:56.07 (1:05.00)	8:31.19 (1:40.12)	9:07.06 (2:15.99)			
20 Flint YMCA					7:55.77 Y	9:07.95
1) Maraskine, Sarah 14	2) O'Mara, Kaitlin 15		3) Leix, Laura 16		4) Keehn, Alicia 17	
1:06.17	2:15.18 (2:15.18)	3:21.66 (1:06.48)	4:31.20 (2:16.02)			
5:38.07 (1:06.87)	6:51.41 (2:20.21)	7:56.98 (1:05.57)	9:07.95 (2:16.54)			
21 South Shore YMCA					9:03.43	9:09.76
1) Laidley, Jess 14	2) Lorigan, Nicole 17		3) Vogel, Cara 13		4) Vogel, Jen 16	
31.82	1:06.33 (1:06.33)	1:42.68 (1:42.68)	2:18.24 (2:18.24)			
2:49.61 (31.37)	3:25.02 (1:06.78)	4:01.49 (1:43.25)	4:37.99 (2:19.75)			
5:08.92 (30.93)	5:43.87 (1:05.88)	6:20.07 (1:42.08)	6:56.04 (2:18.05)			
7:26.25 (30.21)	7:59.64 (1:03.60)	8:34.29 (1:38.25)	9:09.76 (2:13.72)			

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Preliminaries ... (Women 800 LC Meter Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
22 Green Bay Metro YMCA		7:54.94 Y	9:10.28
1) Bennett, Kristen 17	2) Brager, Kristy 18	3) Hall, Sarah 17	4) Bennett, Jenny 15
1:09.30	1:09.30 (1:09.30)	2:20.83 (2:20.83)	
	3:26.14 (1:05.31)	4:37.04 (2:16.21)	
5:08.61 (31.57)	5:43.93 (1:06.89)	6:19.17 (1:42.13)	6:54.02 (2:16.98)
7:26.30 (32.28)	8:02.11 (1:08.09)	8:36.45 (1:42.43)	9:10.28 (2:16.26)
23 Farmington Family YMCA		8:02.01 Y	9:11.52
1) Bachrouche, Katya 14	2) Ueda, Ayumi 16	3) Fleck, Katie 17	4) Switaj, Caryn 16
1:05.81	2:12.96 (2:12.96)	3:20.25 (1:07.29)	4:33.64 (2:20.68)
5:43.38 (1:09.74)	6:55.19 (2:21.55)	8:01.59 (1:06.40)	9:11.52 (2:16.33)
24 YMCA OF Gr. Elgin Taylor F		9:18.11	9:11.55
1) Sink, Keri 13	2) Champa, Teresa 14	3) Pelka, Michelle 15	4) Demrow, Shannon 14
30.35	1:04.31 (1:04.31)	1:39.68 (1:39.68)	2:14.96 (2:14.96)
2:47.03 (32.07)	3:23.21 (1:08.25)	4:00.81 (1:45.85)	4:38.34 (2:23.38)
5:09.05 (30.71)	5:43.48 (1:05.14)	6:19.28 (1:40.94)	6:55.09 (2:16.75)
7:25.62 (30.53)	8:00.28 (1:05.19)	8:36.05 (1:40.96)	9:11.55 (2:16.46)
25 Tampa Metro YMCA		9:16.61	9:11.82
1) Prior, Audrey 17	2) Hotchkiss, Erin 15	3) Overman, Lindsey 18	4) Chamberlin, Margie 16
32.39	1:07.33 (1:07.33)	1:43.32 (1:43.32)	2:19.01 (2:19.01)
2:49.95 (30.94)	3:24.50 (1:05.49)	4:00.59 (1:41.58)	4:36.64 (2:17.63)
5:08.06 (31.42)	5:44.12 (1:07.48)	6:21.74 (1:45.10)	6:59.13 (2:22.49)
7:28.92 (29.79)	8:02.64 (1:03.51)	8:37.81 (1:38.68)	9:11.82 (2:12.69)
26 Metuchen-Edison YMCA		9:18.01	9:12.10
1) Hetzel, Alexa 14	2) Hetzel, Catherine 18	3) Zukowski, Sarah 17	4) Sharkey, Renae 14
31.60	1:05.74 (1:05.74)	1:40.36 (1:40.36)	2:14.85 (2:14.85)
2:47.16 (32.31)	3:22.30 (1:07.45)	3:58.33 (1:43.48)	4:34.38 (2:19.53)
5:05.24 (30.86)	5:40.06 (1:05.68)	6:16.28 (1:41.90)	6:52.61 (2:18.23)
7:22.82 (30.21)	7:58.46 (1:05.85)	8:35.55 (1:42.94)	9:12.10 (2:19.49)
27 York & York County YMCA		7:54.53 Y	9:13.05
1) McInerney, Jessica 15	2) Ierley, Danielle 16	3) Pellissier, Rachel 16	4) McIntyre, Cookie 16
1:04.04	1:04.04 (1:04.04)	2:13.99 (2:13.99)	
	3:20.61 (1:06.62)	3:57.37 (1:43.38)	4:33.52 (2:19.53)
5:05.17 (31.65)	5:40.96 (1:07.44)	6:19.44 (1:45.92)	6:57.96 (2:24.44)
7:28.07 (30.11)	8:01.88 (1:03.92)	8:37.92 (1:39.96)	9:13.05 (2:15.09)
28 Aurora Family YMCA		9:22.28	9:13.15
1) Nowak, Ann 16	2) Bromann, Amy 18	3) White, Kelsey T 15	4) Volkert, Kathleen L 17
30.86	1:04.61 (1:04.61)	1:39.71 (1:39.71)	2:14.72 (2:14.72)
2:46.34 (31.62)	3:21.98 (1:07.26)	3:58.05 (1:43.33)	4:34.56 (2:19.84)
5:06.06 (31.50)	5:41.29 (1:06.73)	6:17.95 (1:43.39)	6:54.19 (2:19.63)
7:25.31 (31.12)	8:00.00 (1:05.81)	8:36.50 (1:42.31)	9:13.15 (2:18.96)
29 Countryside-Warren County Y		9:09.66	9:14.77
1) Griffiths, Sarah 16	2) Senne, Kate 15	3) Murphy, Lisa 15	4) Bowlin, Kate 15
30.71	1:04.05 (1:04.05)	1:38.35 (1:38.35)	2:12.89 (2:12.89)
2:44.36 (31.47)	3:19.47 (1:06.58)	3:56.33 (1:43.44)	4:32.99 (2:20.10)
5:04.58 (31.59)	5:40.26 (1:07.27)	6:17.53 (1:44.54)	6:55.31 (2:22.32)
7:26.30 (30.99)	8:00.62 (1:05.31)	8:37.23 (1:41.92)	9:14.77 (2:19.46)
30 East Hartford YMCA		9:21.90	9:18.30
1) Huffman, Alexandra 16	2) Hilton, Emily 15	3) Heneghan, Chelsea 15	4) Conter, Laura 16
32.30	1:07.73 (1:07.73)	1:44.12 (1:44.12)	2:19.97 (2:19.97)
2:51.13 (31.16)	3:26.75 (1:06.78)	4:02.75 (1:42.78)	4:37.44 (2:17.47)
5:09.33 (31.89)	5:45.62 (1:08.18)	6:22.79 (1:45.35)	6:59.56 (2:22.12)
7:30.96 (31.40)	8:06.64 (1:07.08)	8:43.12 (1:43.56)	9:18.30 (2:18.74)

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Results

Preliminaries ... (Women 800 LC Meter Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
31 Chapel Hill-Carrboro YMCA		9:14.19	9:18.79
1) Scott, Sarah 17	2) Pegg, Kathryn 17	3) Gunnels, Amanda 17	4) Dyer, Alden 14
31.69	1:06.11 (1:06.11)	1:41.57 (1:41.57)	2:17.18 (2:17.18)
2:48.02 (30.84)	3:21.84 (1:04.66)	3:56.37 (1:39.19)	4:31.88 (2:14.70)
5:04.07 (32.19)	5:41.91 (1:10.03)	6:20.17 (1:48.29)	6:58.42 (2:26.54)
7:30.51 (32.09)	8:06.22 (1:07.80)	8:42.78 (1:44.36)	9:18.79 (2:20.37)
32 Ocean County YMCA		8:10.87 Y	9:19.44
1) Molloy, Margaret 15	2) Donnelly, Meghan 15	3) Watson, Mallory 17	4) Collyer, Brittany 17
1:06.60	2:19.63 (2:19.63)	3:28.38 (1:08.75)	4:40.73 (2:21.10)
5:48.64 (1:07.91)	7:00.48 (2:19.75)	8:06.58 (1:06.10)	9:19.44 (2:18.96)
33 Tri-Hampton YMCA		9:14.32	9:20.05
1) McDowell, Brie 17	2) Skoutelas, Ali 15	3) Skoutelas, Diana 16	4) Lesiuk, Adriana 15
31.97	1:07.35 (1:07.35)	1:43.93 (1:43.93)	2:19.47 (2:19.47)
2:50.56 (31.09)	3:25.78 (1:06.31)	4:02.45 (1:42.98)	4:38.22 (2:18.75)
5:09.80 (31.58)	5:45.07 (1:06.85)	6:22.15 (1:43.93)	6:59.06 (2:20.84)
7:29.87 (30.81)	8:05.55 (1:06.49)	8:43.06 (1:44.00)	9:20.05 (2:20.99)
34 Anne Arundel YMCA		9:21.39	9:24.59
1) Golden, Kori 13	2) Rose, Ashleigh 16	3) Besche, Brooke 14	4) Heil, Meghan 17
32.02	1:08.58 (1:08.58)	1:47.08 (1:47.08)	2:24.03 (2:24.03)
2:56.12 (32.09)	3:32.08 (1:08.05)	4:09.62 (1:45.59)	4:47.49 (2:23.46)
5:19.20 (31.71)	5:55.18 (1:07.69)	6:32.01 (1:44.52)	7:07.28 (2:19.79)
7:38.32 (31.04)	8:12.56 (1:05.28)	8:48.21 (1:40.93)	9:24.59 (2:17.31)
35 Greensburg YMCA		8:14.02 Y	9:25.74
1) Kane, Alana 15	2) Sisley, Kara 14	3) Szmyd, Carly 14	4) Gorinski, Laura 13
1:08.29	2:20.55 (2:20.55)	3:30.13 (1:09.58)	4:44.98 (2:24.43)
5:52.54 (1:07.56)	7:05.47 (2:20.49)	8:11.78 (1:06.31)	9:25.74 (2:20.27)
36 Appleton Family YMCA		7:56.14 Y	9:26.68
1) Westfall, Jenny 16	2) Wardecke, Sarah 14	3) Hanson, Kayla 17	4) Bakula, Angie 15
1:08.51	2:20.20 (2:20.20)	3:28.67 (1:08.47)	4:42.34 (2:22.14)
5:51.88 (1:09.54)	7:08.54 (2:26.20)	8:14.64 (1:06.10)	9:26.68 (2:18.14)
37 Somerset Valley YMCA		8:05.71 Y	9:26.85
1) Stark, Laura 16	2) Gonzalez, Hannah 14	3) Hepburn, Jamie 14	4) McCormick, Missy 18
1:05.02	2:15.55 (2:15.55)	3:23.60 (1:08.05)	4:40.53 (2:24.98)
5:50.33 (1:09.80)	7:04.75 (2:24.22)	8:13.49 (1:08.74)	9:26.85 (2:22.10)
38 Rappahannock Area YMCA		9:18.86	9:28.95
1) Hagmaier, Ashley 15	2) Wallace, Cameron 17	3) Moore, Katie 16	4) Melkun, Charlotte 17
33.92	1:10.62 (1:10.62)	1:47.56 (1:47.56)	2:23.34 (2:23.34)
2:56.11 (32.77)	3:32.37 (1:09.03)	4:08.98 (1:45.64)	4:45.07 (2:21.73)
5:17.17 (32.10)	5:53.32 (1:08.25)	6:29.88 (1:44.81)	7:06.17 (2:21.10)
7:39.60 (33.43)	8:15.62 (1:09.45)	8:52.70 (1:46.53)	9:28.95 (2:22.78)
39 Powel Crosley Branch YMCA		8:06.27 Y	9:29.33
1) Winhusen, Jill 17	2) Shafer, Holly 16	3) Buckner, Gaby 16	4) Stone, Sarah 18
1:10.84	2:22.81 (2:22.81)	3:29.76 (1:06.95)	4:44.25 (2:21.44)
5:53.36 (1:09.11)	7:05.91 (2:21.66)	8:15.60 (1:09.69)	9:29.33 (2:23.42)
40 Cuyahoga Falls Riverfront YM		8:13.90 Y	9:30.93
1) Mann, Katie 15	2) Johnson, Kate 15	3) Drozin, Caitlin 16	4) Atchison, Kelsey 15
1:09.26	2:20.73 (2:20.73)	3:34.11 (1:13.38)	4:51.83 (2:31.10)
6:00.06 (1:08.23)	7:13.08 (2:21.25)	8:19.37 (1:06.29)	9:30.93 (2:17.85)

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Preliminaries ... (Women 800 LC Meter Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
41 Hamilton Area YMCA		9:26.99	9:31.37
1) Seto, Stephanie 16	2) Driscoll, Darby 17	3) Casazza, Elizabeth 15	4) Wysocki, Melody 17
1:05.98	1:05.98 (1:05.98)	2:15.92 (2:15.92)	
	3:26.50 (1:10.58)	4:40.16 (2:24.24)	
5:13.99 (33.83)	5:51.20 (1:11.04)	6:28.86 (1:48.70)	
7:38.27 (33.70)	8:15.47 (1:10.90)	8:53.45 (1:48.88)	
42 Blue Ash Branch YMCA		9:19.69	9:32.49
1) Hoeper, Emilie 16	2) Schildknecht, Grace 18	3) Keller, Chelsea 15	4) Stoffer, Aimee 16
32.46	1:08.25 (1:08.25)	1:44.13 (1:44.13)	
2:51.79 (31.83)	3:27.47 (1:07.51)	4:04.71 (1:44.75)	
5:14.16 (31.90)	5:50.02 (1:07.76)	6:27.94 (1:45.68)	
7:37.46 (31.74)	8:15.10 (1:09.38)	8:54.21 (1:48.49)	
43 Birmingham Family YMCA		8:14.00 Y	9:33.21
1) Edson, Kelsey 14	2) Marsh, Carolyn 15	3) Lentz, Cary 15	4) McClure, Elizabeth 16
1:09.98	2:22.75 (2:22.75)	3:32.79 (1:10.04)	
5:59.55 (1:13.10)	7:14.66 (2:28.21)	8:22.38 (1:07.72)	
44 New Canaan Community YM		9:26.07	9:38.23
1) Waller, Suzie 16	2) Goebel, Molly 14	3) Hobbs, Allison 16	4) Legan, Elizabeth 15
32.15	1:07.83 (1:07.83)	1:45.16 (1:45.16)	
2:54.46 (32.17)	3:32.62 (1:10.33)	4:11.44 (1:49.15)	
5:22.73 (33.03)	6:00.25 (1:10.55)	6:39.39 (1:49.69)	
7:49.54 (31.36)	8:25.06 (1:06.88)	9:01.96 (1:43.78)	
45 Pulaski-Hensel Ekman YMCA		9:25.70	9:38.25
1) Glasson, Hannah 16	2) Vockrodt, Carrie Anne 15	3) Wensel, Lauren 16	4) Krueger, Laura 13
34.29	1:11.48 (1:11.48)	1:48.15 (1:48.15)	
2:57.72 (33.05)	3:35.21 (1:10.54)	4:12.34 (1:47.67)	
5:20.67 (32.71)	5:56.57 (1:08.61)	6:34.06 (1:46.10)	
7:45.74 (34.47)	8:22.73 (1:11.46)	9:00.92 (1:49.65)	
46 Toledo YMCA		8:10.17 Y	9:44.29
1) Bombrys, Kylie 16	2) Tetuan, Kimmy 14	3) Karchner, Kendall 16	4) Akenberger, Jamie 13
1:10.72	2:25.89 (2:25.89)	3:38.52 (1:12.63)	
6:06.91 (1:07.92)	7:21.09 (2:22.10)	8:27.29 (1:06.20)	
47 Fanwood-Scotch Plains YMC		8:14.64 Y	9:45.52
1) Murphy, Jillian 14	2) Smith, Morgan 14	3) Henkels, Kristen 16	4) Borowski, Maria 15
1:10.61	2:22.16 (2:22.16)	3:32.37 (1:10.21)	
5:57.62 (1:10.77)	7:17.73 (2:30.88)	8:27.84 (1:10.11)	
48 Flushing Branch YMCA		9:27.80	9:49.12
1) Martinez, Bianca 14	2) Guzman, Paula 14	3) Travers, Bridget 16	4) McCluskey, Maureen 15
1:10.93	1:10.93 (1:10.93)	2:28.66 (2:28.66)	
	3:39.26 (1:10.60)	4:17.36 (1:48.70)	
5:26.91 (32.08)	6:04.01 (1:09.18)	6:41.93 (1:47.10)	
7:52.37 (31.73)	8:30.02 (1:09.38)	9:09.67 (1:49.03)	
49 Andover-North Andover YMC		8:09.81 Y	9:49.65
1) Trodden, Jen 13	2) McGlaufflin, Jennifer 17	3) Healey, Courtney 17	4) Mancuso, Elizabeth 18
1:11.66	2:29.13 (2:29.13)	3:41.56 (1:12.43)	
6:10.69 (1:08.17)	7:28.11 (2:25.59)	8:34.01 (1:05.90)	
50 Saginaw YMCA		8:10.59 Y	9:50.31
1) Brown, Andrea 14	2) Grierson, Katherine 14	3) Rakouth, Haintso 17	4) Bugenske, Elise 16
1:10.03	2:32.29 (2:32.29)	3:40.52 (1:08.23)	
6:07.39 (1:08.28)	7:22.32 (2:23.21)	8:35.09 (1:12.77)	
--- Upper Main Line YMCA		7:43.05 Y	DQ
1) Roop, Stephanie 16	2) Vickroy, Lindsay 16	3) Shupe, Stephanie 16	4) Heck, Jill 18

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 800 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
--- Reg Fam YMCA Laurel High		7:58.55 Y	DQ
1) Grushecky, Kelsey 15	2) Halfhill, Heidi 16	3) Grosser, Chelsea 15	4) Nedley, Marie 14
1:06.32	2:15.22 (2:15.22)	3:21.75 (1:06.53)	4:34.62 (2:19.40)
5:42.72 (1:08.10)	6:55.03 (2:20.41)	8:01.37 (1:06.34)	DQ (2:18.01)
--- Winston-Salem Central YMC		8:54.91	DQ
1) Montagnet, Chase 16	2) Parra, Madeline 17	3) Kibler, Carrie 17	4) Martin, Noelle 17
31.27	1:04.96 (1:04.96)	1:38.70 (1:38.70)	2:11.97 (2:11.97)
3:52.18 (1:40.21)	4:27.04 (2:15.07)	4:57.82 (2:45.85)	5:32.88 (3:20.91)
6:09.11 (36.23)	6:44.64 (1:11.76)		
7:14.05 ()	7:47.80 ()	8:22.06 ()	DQ ()
--- Northwestern Dupage YMCA		8:51.77	DQ
1) Forsberg, Amy 16	2) Strong, Susan 17	3) Zafir, Taylor 14	4) Lanteigne, Emily 16
30.42	1:03.34 (1:03.34)	1:37.36 (1:37.36)	2:11.78 (2:11.78)
2:42.34 (30.56)	3:15.69 (1:03.91)	3:50.31 (1:38.53)	4:24.92 (2:13.14)
4:55.52 (30.60)	5:29.03 (1:04.11)	6:04.00 (1:39.08)	6:38.48 (2:13.56)
7:07.29 (28.81)	7:39.20 (1:00.72)	8:11.90 (1:33.42)	DQ (2:06.41)

Women 200 LC Meter Medley Relay**National: 2:01.56 * 7/31/2001****Gamble - Nippert Ohio YMCA
J Fessel, K Hunter, L Schoborg, C McHugh****Gamble- Nippert-**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Montclair YMCA		2:03.23	2:01.96
1) English, Lauren 15	2) Fuhro, Courtney 14	3) Von Rosendahl, Brie 17	4) Moodie, Natasha 13
29.50	1:04.76 (35.26)	1:34.70 (29.94)	2:01.96 (27.26)
2 Upper Main Line YMCA		2:03.95	2:02.97
1) Vickroy, Lindsay 16	2) Naylor, Stephanie 17	3) Begley, Sarah 16	4) Heck, Jill 18
31.50	1:06.10 (34.60)	1:35.30 (29.20)	2:02.97 (27.67)
3 YMCA Aquatic Center		2:05.70	2:03.13
1) Miller, Alli 17	2) Bateman, Sarah 14	3) Adams, Sarah 16	4) Nickson, Naomi 16
31.38	1:06.91 (35.53)	1:36.26 (29.35)	2:03.13 (26.87)
4 Boyertown Area YMCA		2:04.42	2:03.21
1) Shelps, Lisa 16	2) Longacre, Shayna 16	3) Gehman, Cheyenne 18	4) Francis, Kylie 15
31.29	1:05.49 (34.20)	1:35.55 (30.06)	2:03.21 (27.66)
5 Wilton Family YMCA		2:05.66	2:04.77
1) Hawk, Marin 15	2) Leprine, Ashley 15	3) Petchonka, Deanna 18	4) Gnerre, Dana 13
32.39	1:08.17 (35.78)	1:37.37 (29.20)	2:04.77 (27.40)
6 Reading & Berks YMCA		2:05.52	2:05.59
1) Impink, Caitlin 15	2) Cantwell, Rachel 18	3) Radka, Jess 17	4) Guers, Lindsay 16
32.80	1:08.03 (35.23)	1:38.38 (30.35)	2:05.59 (27.21)
7 Schroeder YMCA		2:05.88	2:06.63
1) Henry, Sarah 13	2) Nennig, Bailey 16	3) Dlugopolski, Leslie 16	4) Will, Jenny 17
32.99	1:09.12 (36.13)	1:39.22 (30.10)	2:06.63 (27.41)
--- Tri-Hampton YMCA		2:05.38	DQ
1) McDowell, Brie 17	2) Dalessandro, Jackie 15	3) Slowey, Kaitlin 17	4) Kirsteier, Caitlin 16
31.19	1:06.84 (35.65)	1:37.23 (30.39)	DQ (27.12)
B - Final			
9 South Community Family BR		2:06.21	2:05.83
1) Rohr, Brittney 14	2) Fogarty, Claire 16	3) Mathes, Carly 17	4) Gueltig, Kelly 17
32.56	1:08.64 (36.08)	1:37.49 (28.85)	2:05.83 (28.34)
10 Northwestern Dupage YMCA		2:06.48	2:06.13
1) Dvorak, Kelly 17	2) Zafir, Taylor 14	3) Zafir, Lauren 16	4) Lanteigne, Emily 16
32.87	1:08.70 (35.83)	1:39.03 (30.33)	2:06.13 (27.10)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Women 200 LC Meter Medley Relay)**

Team	Relay		Prelim Time	Finals Time
11 Countryside-Warren County Y			2:06.36	2:06.28
1) Grove, Natalie 17	2) Graessle, Lindsey 16	3) King, Melissa 16	4) Griffiths, Sarah 16	
	33.06 1:08.48 (35.42)	1:38.29 (29.81)	2:06.28 (27.99)	
12 N Shore/Lester Sterling BR Y			2:07.06	2:06.48
1) Belli, Caroline 14	2) Curran, Molly 15	3) Zarba, Kristen 16	4) Davidson, Jaclyn 16	
	32.52 1:08.58 (36.06)	1:39.27 (30.69)	2:06.48 (27.21)	
13 Flint YMCA			2:06.73	2:06.65
1) Maraskine, Sarah 14	2) Keenan, Katie 16	3) O'Mara, Kaitlin 15	4) Hager, Christy 18	
	33.28 1:09.37 (36.09)	1:39.20 (29.83)	2:06.65 (27.45)	
14 Cheshire Branch YMCA			2:06.39	2:06.66
1) Quartermouse, Macaela 15	2) Reinhard, Alyssa 14	3) McKinlay, Aidan 16	4) Metcalf, Christina 16	
	33.35 1:09.32 (35.97)	1:38.55 (29.23)	2:06.66 (28.11)	
15 South Shore YMCA			2:06.95	2:06.80
1) Vogel, Cara 13	2) Hallin, Molly 17	3) Vogel, Jen 16	4) Lorigan, Nicole 17	
	32.60 1:08.47 (35.87)	1:38.17 (29.70)	2:06.80 (28.63)	
16 North Central Florida YMCA			2:06.92	2:06.83
1) Rameriz, Lily 13	2) Carusone, Julie 17	3) Harrison, Holly 13	4) Smith, Natalie 13	
	32.69 1:07.55 (34.86)	1:38.27 (30.72)	2:06.83 (28.56)	

Women 200 LC Meter Medley Relay**National: 2:01.56 * 7/31/2001****Gamble - Nippert Ohio YMCA****Gamble- Nippert-****J Fessel, K Hunter, L Schoborg, C McHugh**

Team	Relay		Seed Time	Prelim Time
Preliminaries				
1 Montclair YMCA			2:04.60	2:03.23
1) English, Lauren 15	2) Fuhro, Courtney 14	3) Von Rosendahl, Brie 17	4) Moodie, Natasha 13	
	30.10 1:04.57 (34.47)	1:35.03 (30.46)	2:03.23 (28.20)	
2 Upper Main Line YMCA			1:49.20 Y	2:03.95
1) Vickroy, Lindsay 16	2) Naylor, Stephanie 17	3) Begley, Sarah 16	4) Heck, Jill 18	
	31.80 1:06.65 (34.85)	1:35.52 (28.87)	2:03.95 (28.43)	
3 Boyertown Area YMCA			2:05.51	2:04.42
1) Shelps, Lisa 16	2) Longacre, Shayna 16	3) Gehman, Cheyenne 18	4) Francis, Kylie 15	
	31.97 1:06.52 (34.55)	1:36.42 (29.90)	2:04.42 (28.00)	
4 Tri-Hampton YMCA			2:10.21	2:05.38
1) McDowell, Brie 17	2) Dalessandro, Jackie 15	3) Slowey, Kaitlin 17	4) Kirsteier, Caitlin 16	
	31.38 1:07.40 (36.02)	1:37.75 (30.35)	2:05.38 (27.63)	
5 Reading & Berks YMCA			2:05.98	2:05.52
1) Guers, Lindsay 16	2) Impink, Caitlin 15	3) Radka, Jess 17	4) Cantwell, Rachel 18	
	33.48 1:08.54 (35.06)	1:38.42 (29.88)	2:05.52 (27.10)	
6 Wilton Family YMCA			2:07.22	2:05.66
1) Hawk, Marin 15	2) Leprine, Ashley 15	3) Petchonka, Deanna 18	4) Gnerre, Dana 13	
	32.92 1:08.68 (35.76)	1:37.88 (29.20)	2:05.66 (27.78)	
7 YMCA Aquatic Center			2:08.21	2:05.70
1) Miller, Alli 17	2) Bateman, Sarah 14	3) Adams, Sarah 16	4) Nickson, Naomi 16	
	31.83 1:08.37 (36.54)	1:38.46 (30.09)	2:05.70 (27.24)	
8 Schroeder YMCA			2:07.82	2:05.88
1) Henry, Sarah 13	2) Nennig, Bailey 16	3) Dlugopolski, Leslie 16	4) Will, Jenny 17	
	33.19 1:09.11 (35.92)	1:38.70 (29.59)	2:05.88 (27.18)	
9 South Community Family BR			2:05.90	2:06.21
1) Rohr, Brittney 14	2) Fogarty, Claire 16	3) Mathes, Carly 17	4) Gueltig, Kelly 17	
	32.54 1:08.88 (36.34)	1:37.98 (29.10)	2:06.21 (28.23)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Medley Relay)**

Team	Relay		Seed Time	Prelim Time
10 Countryside-Warren County Y			2:08.95	2:06.36
1) Grove, Natalie 17	2) Graessle, Lindsey 16	3) King, Melissa 16	4) Griffiths, Sarah 16	
33.11	1:08.38 (35.27)	1:38.27 (29.89)	2:06.36 (28.09)	
11 Cheshire Branch YMCA			2:08.63	2:06.39
1) Quartermouse, Macaela 15	2) Reinhard, Alyssa 14	3) McKinlay, Aidan 16	4) Metcalf, Christina 16	
33.07	1:09.16 (36.09)	1:38.17 (29.01)	2:06.39 (28.22)	
12 Northwestern Dupage YMCA			2:12.34	2:06.48
1) Dvorak, Kelly 17	2) Zafir, Taylor 14	3) Zafir, Lauren 16	4) Lanteigne, Emily 16	
32.63	1:08.58 (35.95)	1:39.35 (30.77)	2:06.48 (27.13)	
13 Flint YMCA			1:52.49 Y	2:06.73
1) Maraskine, Sarah 14	2) Keenan, Katie 16	3) O'Mara, Kaitlin 15	4) Hager, Christy 18	
33.26	1:09.58 (36.32)	1:39.16 (29.58)	2:06.73 (27.57)	
14 North Central Florida YMCA			2:13.89	2:06.92
1) Rameriz, Lily 13	2) Carusone, Julie 17	3) Harrison, Holly 13	4) Smith, Natalie 13	
32.30	1:07.33 (35.03)	1:38.17 (30.84)	2:06.92 (28.75)	
15 South Shore YMCA			2:10.31	2:06.95
1) Vogel, Cara 13	2) Hallin, Molly 17	3) Vogel, Jen 16	4) Lorigan, Nicole 17	
32.48	1:08.27 (35.79)	1:38.45 (30.18)	2:06.95 (28.50)	
16 N Shore/Lester Sterling BR Y			2:08.94	2:07.06
1) Belli, Caroline 14	2) Curran, Molly 15	3) Zarba, Kristen 16	4) Davidson, Jaclyn 16	
32.78	1:08.95 (36.17)	1:39.73 (30.78)	2:07.06 (27.33)	
17 Reg Fam YMCA Laurel High			2:07.38	2:07.18
1) Bankovich, Brittany 15	2) Barrett, Rachelle 15	3) Grushecky, Kelsey 15	4) Halfhill, Heidi 16	
32.62	1:10.22 (37.60)	1:39.06 (28.84)	2:07.18 (28.12)	
18 Greater Burlington YMCA			2:10.81	2:07.29
1) Suppan, Catherine 16	2) Anstadt, Julia 16	3) Underhill, Nicole 18	4) Hillyard, Kate 16	
32.04	1:08.29 (36.25)	1:39.03 (30.74)	2:07.29 (28.26)	
19 Middle Tyger YMCA			2:14.46	2:07.50
1) Dailey, Meghan 17	2) Jemec, Vida 15	3) Nelsen, Patricia 15	4) Fairbanks, Lauren 15	
32.97	1:08.71 (35.74)	1:39.33 (30.62)	2:07.50 (28.17)	
20 YMCA of Triangle Area			2:07.32	2:07.88
1) Grover, Brianna 15	2) Huntwork, Kysten 17	3) Pucci, Mallory 18	4) Pucci, Lisa 16	
34.85	1:09.20 (34.35)	1:40.09 (30.89)	2:07.88 (27.79)	
21 Marion County Branch YMC			1:53.51 Y	2:08.16
1) Lambert, Caitlyn 15	2) Robertson, Caroline 17	3) Aiken, Sherah 16	4) Kent, Julie 18	
33.49	1:08.47 (34.98)	1:39.51 (31.04)	2:08.16 (28.65)	
22 Blue Ash Branch YMCA			2:10.50	2:08.26
1) Hooper, Emilie 16	2) Rom, Amanda 15	3) Krone, Sarah 16	4) Keller, Chelsea 15	
33.90	1:09.14 (35.24)	1:39.76 (30.62)	2:08.26 (28.50)	
23 Winston-Salem Central YMC			2:09.54	2:08.28
1) Clay, Ashley 16	2) Healy, Michelle 14	3) Parra, Madeline 17	4) Martin, Noelle 17	
32.23	1:10.35 (38.12)	1:41.41 (31.06)	2:08.28 (26.87)	
24 Northern Neck Branch YMC			2:11.80	2:08.67
1) Haley, Lauren 15	2) Endsley, Paige 14	3) Sheahan, Keara 16	4) Potts, Katlin 16	
32.14	1:10.18 (38.04)	1:41.08 (30.90)	2:08.67 (27.59)	
25 Brandywine-De YMCA			1:54.45 Y	2:09.00
1) Nockengost, Sarah 14	2) Seiffert, Ruth 17	3) Dornstauder, Kristen 14	4) Henry, Morgan 17	
33.80	1:09.65 (35.85)	1:39.61 (29.96)	2:09.00 (29.39)	
26 Green Bay Metro YMCA			1:53.01 Y	2:09.19
1) Kading, Kelly 14	2) Stelow, Cassie 16	3) Bennett, Jenny 15	4) Brager, Kristy 18	
34.00	1:11.40 (37.40)	1:41.53 (30.13)	2:09.19 (27.66)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Medley Relay)**

Team	Relay	Seed Time	Prelim Time
27 Chapel Hill-Carrboro YMCA		2:10.58	2:09.67
1) Pegg, Kathryn 17	2) Campbell, Claire 17	3) Scott, Sarah 17	4) Gunnels, Amanda 17
33.72	1:10.52 (36.80)	1:40.28 (29.76)	2:09.67 (29.39)
28 Metuchen-Edison YMCA		2:08.79	2:09.89
1) Zukowski, Sarah 17	2) Hetzel, Catherine 18	3) Wong, Xiao-Xiang 14	4) Sharkey, Renae 14
33.72	1:09.40 (35.68)	1:41.41 (32.01)	2:09.89 (28.48)
29 Tampa Metro YMCA		2:08.60	2:09.91
1) Hug, Kelley 16	2) Overman, Lindsey 18	3) Chamberlin, Margie 16	4) Boyd, Kelly 13
31.93	1:09.02 (37.09)	1:39.72 (30.70)	2:09.91 (30.19)
30 YMCA OF Gr. Elgin Taylor F		1:55.11 Y	2:10.31
1) Gray, Jordan 12	2) Sink, Keri 13	3) Pelka, Michelle 15	4) Demrow, Shannon 14
34.33	1:09.65 (35.32)	1:41.32 (31.67)	2:10.31 (28.99)
31 Farmington Family YMCA		1:55.99 Y	2:10.33
1) Ueda, Ayumi 16	2) Siedlik, Lauren 17	3) Switaj, Caryn 16	4) Bachrouche, Katya 14
33.20	1:11.34 (38.14)	1:42.50 (31.16)	2:10.33 (27.83)
32 Joliet YMCA		2:14.79	2:10.35
1) Jones, Ashley 16	2) Birsa, Taylor 12	3) Roberts, Linz 16	4) Birsa, Bri 15
31.53	1:08.61 (37.08)	1:40.29 (31.68)	2:10.35 (30.06)
33 Madison Area YMCA		2:14.43	2:10.41
1) McDonough, Catie 17	2) Kalevich, Alexis 16	3) Kalevich, Victoria 16	4) Price, Moira 17
33.06	1:09.79 (36.73)	1:41.73 (31.94)	2:10.41 (28.68)
34 ME Lyons YMCA		2:09.69	2:10.63
1) Carpenter, Kasey 16	2) Miller, Ashley 15	3) Hicks, Leigh 15	4) Tomes, Laura 16
32.77	1:10.27 (37.50)	1:41.36 (31.09)	2:10.63 (29.27)
35 Powel Crosley Branch YMCA		2:12.60	2:10.80
1) Stone, Sarah 18	2) Reynolds, Julie 15	3) Winhusen, Jill 17	4) Tsvitse, Jane 13
33.61	1:10.36 (36.75)	1:40.69 (30.33)	2:10.80 (30.11)
36 Andover-North Andover YMCA		1:53.90 Y	2:10.82
	2) Caron, Amy 18	3) Mancuso, Elizabeth 18	4) Smith, Lacie 16
33.55	1:09.72 (36.17)	1:41.39 (31.67)	2:10.82 (29.43)
37 Mid-Delmarva Family YMCA		1:52.80 Y	2:10.83
1) Macklin, Julie 17	2) Smoak, Emily 18	3) Engler, Lindsey 17	4) Kraemer, Amy 17
34.23	1:09.94 (35.71)	1:41.74 (31.80)	2:10.83 (29.09)
38 New Canaan Community YMCA		2:11.33	2:10.91
1) Heberton, Jen 16	2) Legan, Elizabeth 15	3) Hobbs, Allison 16	4) Goebel, Molly 14
33.31	1:11.63 (38.32)	1:42.11 (30.48)	2:10.91 (28.80)
39 Appleton Family YMCA		2:11.49	2:10.97
1) Strobel, Abby 17	2) Wardecke, Sarah 14	3) Bryson, Jennifer 15	4) Westfall, Jenny 16
33.54	1:09.99 (36.45)	1:42.52 (32.53)	2:10.97 (28.45)
40 Darien Community YMCA		2:13.77	2:11.02
1) Bullock, Morgan 18	2) Oulighan, Kara 15	3) Gray, Katelynn 16	4) Lewis, Jennie 17
33.24	1:11.36 (38.12)	1:42.74 (31.38)	2:11.02 (28.28)
41 Anne Arundel YMCA		1:55.03 Y	2:11.27
1) Burns, Caroline 13	2) Mullen, Ashley 13	3) Calimer, Lindsay 14	4) Golden, Kori 13
33.11	1:10.72 (37.61)	1:41.68 (30.96)	2:11.27 (29.59)
42 Aurora Family YMCA		2:12.59	2:11.39
1) Bromann, Amy 18	2) Engen, Kimberly A 14	3) White, Kelsey T 15	4) Pauly, Sarah 18
33.30	1:10.70 (37.40)	1:42.22 (31.52)	2:11.39 (29.17)
43 Rappahannock Area YMCA		2:13.47	2:11.70
1) Glaeser, Suzannah 14	2) Melkun, Charlotte 17	3) Wallace, Cameron 17	4) Burns, Briana 16
33.78	1:11.53 (37.75)	1:43.54 (32.01)	2:11.70 (28.16)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Medley Relay)**

Team	Relay	Seed Time	Prelim Time
44 Flushing Branch YMCA		1:57.50 Y	2:11.78
1) McCluskey, Maureen 15	2) Martinez, Bianca 14	3) Sawicz, Dorota 17	4) Kristic, Marta 14
35.62	1:11.23 (35.61)	1:42.54 (31.31)	2:11.78 (29.24)
45 Birmingham Family YMCA		1:57.00 Y	2:12.07
1) Marsh, Carolyn 15	2) McClure, Elizabeth 16	3) Lentz, Cary 15	4) Edson, Kelsey 14
34.97	1:11.58 (36.61)	1:43.40 (31.82)	2:12.07 (28.67)
46 Hamilton Area YMCA		2:13.89	2:12.17
1) Driscoll, Darby 17	2) Tomei, Erika 17	3) Casazza, Elizabeth 15	4) Seto, Stephanie 16
34.12	1:12.23 (38.11)	1:43.38 (31.15)	2:12.17 (28.79)
47 Ocean County YMCA		1:57.55 Y	2:12.32
1) Watson, Mallory 17	2) LO, Jenny 15	3) Donnelly, Meghan 15	4) Collyer, Brittany 17
33.46	1:12.44 (38.98)	1:44.07 (31.63)	2:12.32 (28.25)
48 Somerset Valley YMCA		2:13.13	2:12.44
1) Dubiel, Allie 15	2) Stark, Laura 16	3) Hurley, Kelsey 13	4) Gonzalez, Hannah 14
33.76	1:11.30 (37.54)	1:43.15 (31.85)	2:12.44 (29.29)
49 Fanwood-Scotch Plains YMC		1:55.80 Y	2:12.64
1) Larkin, Brittany 15	2) Morris, Kelly 17	3) Dickson, Amanda 17	4) Hawkins, Elizabeth 14
35.18	1:11.69 (36.51)	1:43.22 (31.53)	2:12.64 (29.42)
50 Greater Johnstown Comm. YN		1:56.28 Y	2:12.71
1) Polantz, Katelyn 17	2) Giles, Becky 18	3) Motley, Caitlin 16	4) Tomkowski, Allison 16
35.00	1:11.03 (36.03)	1:43.90 (32.87)	2:12.71 (28.81)
51 Greensburg YMCA		2:14.87	2:12.73
1) Andrews, Jaclyn 15	2) Gorinski, Laura 13	3) Szmyd, Carly 14	4) Kane, Alana 15
35.60	1:12.13 (36.53)	1:43.47 (31.34)	2:12.73 (29.26)
52 Harford County Family YMC		1:54.62 Y	2:12.77
1) Kelly, Danielle 16	2) McLaughlin, Maureen 18	3) Waller, Claire 18	4) Morlock, Amy 16
34.85	1:13.07 (38.22)	1:43.97 (30.90)	2:12.77 (28.80)
53 Stevens Point YMCA		1:56.74 Y	2:12.81
1) Golla, Lauren 15	2) Salutz, Carolyn 13	3) Etrheim, Maddy 15	4) Alinea, Danielle 15
34.11	1:10.87 (36.76)	1:43.61 (32.74)	2:12.81 (29.20)
54 Cuyahoga Falls Riverfront YM		1:54.40 Y	2:12.91
1) Johnson, Kate 15	2) Atchison, Kelsey 15	3) Mann, Katie 15	4) Drozin, Caitlin 16
35.44	1:11.82 (36.38)	1:43.48 (31.66)	2:12.91 (29.43)
55 East Hartford YMCA		2:14.12	2:13.07
1) Johnson, Emily 14	2) Boucher, Kayleigh 15	3) Conter, Laura 16	4) Heneghan, Chelsea 15
35.73	1:13.32 (37.59)	1:43.58 (30.26)	2:13.07 (29.49)
56 Leaning Tower YMCA		1:56.82 Y	2:13.40
1) Collen, Sarah 13	2) Kasten, Corey 15	3) LaSalle, Elisabeth 15	4) Stranc, Kelsey 14
36.07	1:13.26 (37.19)	1:43.86 (30.60)	2:13.40 (29.54)
57 Saginaw YMCA		1:55.18 Y	2:13.62
1) Bugenske, Elise 16	2) Brown, Lindsey 18	3) Rakouth, Haintso 17	4) Grierson, Katherine 14
34.10	1:11.98 (37.88)	1:44.80 (32.82)	2:13.62 (28.82)
58 Huntington YMCA		1:56.05 Y	2:13.78
1) Northcutt, Natalie 15	2) Prater, Kendra 16	3) Lowe, Angie 16	4) Kerns, Annie 16
34.07	1:13.19 (39.12)	1:43.93 (30.74)	2:13.78 (29.85)
59 Chambersburg Memorial YM		2:11.74 S	2:14.78
1) Aughinbaugh, Katie 16	2) Sabri, Kaitlyn 15	3) Rines, Kristi 14	4) Montello, Kristen 14
34.57	1:13.81 (39.24)	1:45.18 (31.37)	2:14.78 (29.60)
59 York & York County YMCA		1:55.22 Y	2:14.78
1) Howes, Kelsey 14	2) Hemberger, Shannon 17	3) McIntyre, Cookie 16	4) McInerney, Jessica 15
34.97	1:15.02 (40.05)	1:45.77 (30.75)	2:14.78 (29.01)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 200 LC Meter Medley Relay)**

Team	Relay	Seed Time	Prelim Time
61 Toledo YMCA		1:57.26 Y	2:14.85
1) Karchner, Kendall 16	2) Tetuan, Kristen 14	3) Bombrys, Kylie 16	4) Akenberger, Jamie 13
32.57	1:13.84 (41.27)	1:45.85 (32.01)	2:14.85 (29.00)
61 Hampshire Regional YMCA		2:15.09	2:14.85
1) Driscoll, Caitlin 14	2) Letendre, Daisy 13	3) Pavolko, Brittany 14	4) Grace, Callie 15
33.85	1:12.85 (39.00)	1:44.73 (31.88)	2:14.85 (30.12)
63 State College Area YMCA		1:53.10 Y	2:15.81
1) Parry, Lucia 16	2) Myers, Michelle 16	3) Gingher, Michele 13	4) Warren, Alex 15
35.06	1:14.34 (39.28)	1:46.23 (31.89)	2:15.81 (29.58)
64 Kennett Area YMCA		1:57.30 Y	2:15.86
1) Maxwell, Beth 15	2) Austin, Brittany 16	3) Andrews, Kayla 16	4) Holloway, Megan 16
35.73	1:15.18 (39.45)	1:45.42 (30.24)	2:15.86 (30.44)
65 Brandywine YMCA		1:57.42 Y	2:16.44
1) Cichewicz, Morgan 14	2) Ziegler, Tristen 18	3) Horton, Rachel 14	4) Hohwald, Kathleen 15
34.89	1:13.34 (38.45)	1:46.81 (33.47)	2:16.44 (29.63)
66 Gamble Nippert YMCA		2:13.79	2:16.73
1) Chermely, Abby 15	2) Billow, Amy 14	3) Borgemenke, Danielle 17	4) Olberding, Jen 16
34.73	1:16.44 (41.71)	1:47.26 (30.82)	2:16.73 (29.47)
67 Waynesboro Ymca- Pennsylv:		1:56.09 Y	2:16.74
1) Melville, Lauren 16	2) Front, Jessica 16	3) Sanders, Jordan 17	4) O'Connell, Maggie 16
35.26	1:14.76 (39.50)	1:46.82 (32.06)	2:16.74 (29.92)
68 Ridgewood YMCA		1:57.71 Y	2:17.36
1) Lancki, Amanda 14	2) Rizzardi, Stephanie 12	3) Krauth, Brittany 15	4) Brooks, Katey 13
35.09	1:14.19 (39.10)	1:48.27 (34.08)	2:17.36 (29.09)
69 McKeesport YMCA		2:15.76	2:19.03
1) Fedorovich, Kyra 15	2) Collura, Christina 16	3) Doyle, Kerra 18	4) Ritchey, Kate 17
36.04	1:16.34 (40.30)	1:48.66 (32.32)	2:19.03 (30.37)
--- West Shore-Harrisburg YMC:		2:08.99	DQ
1) Weaner, Tricia 15	2) Zelenky, Ali 13	3) Gingrich, Leah 14	4) Luttermoser, Allison 17
30.50	1:06.39 (35.89)	1:36.20 (29.81)	DQ (27.43)

Women 400 LC Meter Medley Relay**National: 4:25.59 * 1994****Grand Rapids, MI****Broken Rec: 4:25.26 # 2004****West Shore**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 West Shore-Harrisburg YMC:		4:28.45	4:25.26#
1) Weaner, Tricia 15	2) Zelenky, Ali 13	3) Luttermoser, Allison 17	4) Gingrich, Leah 14
30.49	1:02.74 (1:02.74)	1:38.54 (35.80)	2:20.46 (1:17.72)
2:50.82 (30.36)	3:26.35 (1:05.89)	3:54.77 (28.42)	4:25.26 (58.91)
2 Montclair YMCA		4:31.75	4:26.65
1) English, Lauren 15	2) Fuhro, Courtney 14	3) Von Rosendahl, Brie 17	4) O'Brien, Kaitlin 17
30.70	1:03.18 (1:03.18)	1:38.12 (34.94)	2:20.53 (1:17.35)
2:50.60 (30.07)	3:26.72 (1:06.19)	3:55.53 (28.81)	4:26.65 (59.93)
3 Countryside-Warren County Y		4:31.11	4:28.17
1) King, Melissa 16	2) Graessle, Lindsey 16	3) Brotherton, Katie 17	4) Griffiths, Sarah 16
32.83	1:06.89 (1:06.89)	1:41.29 (34.40)	2:21.49 (1:14.60)
2:51.81 (30.32)	3:27.79 (1:06.30)	3:56.10 (28.31)	4:28.17 (1:00.38)
4 Boyertown Area YMCA		4:29.09	4:30.07
1) Shelps, Lisa 16	2) Longacre, Shayna 16	3) Christy, Emily 16	4) Allen, Alex 16
32.93	1:08.63 (1:08.63)	1:43.35 (34.72)	2:23.81 (1:15.18)
2:54.34 (30.53)	3:28.60 (1:04.79)	3:57.69 (29.09)	4:30.07 (1:01.47)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Women 400 LC Meter Medley Relay)**

Team	Relay		Prelim Time		Finals Time	
5 YMCA Aquatic Center			4:34.49		4:32.63	
1) Miller, Alli 17	2) Bateman, Sarah 14	3) Nickson, Naomi 16	4) Adams, Sarah 16			
32.66	1:07.34 (1:07.34)	1:45.03 (37.69)	2:27.19 (1:19.85)			
2:57.96 (30.77)	3:33.00 (1:05.81)	4:01.88 (28.88)	4:32.63 (59.63)			
6 Northwestern Dupage YMCA			4:34.97		4:32.64	
1) Dvorak, Kelly 17	2) Zafir, Taylor 14	3) Zafir, Lauren 16	4) Lanteigne, Emily 16			
33.85	1:09.69 (1:09.69)	1:45.37 (35.68)	2:26.33 (1:16.64)			
2:57.49 (31.16)	3:33.93 (1:07.60)	4:02.08 (28.15)	4:32.64 (58.71)			
7 Upper Main Line YMCA			4:34.35		4:33.55	
1) Vickroy, Lindsay 16	2) Naylor, Stephanie 17	3) Shupe, Stephanie 16	4) Heck, Jill 18			
33.19	1:08.62 (1:08.62)	1:44.02 (35.40)	2:26.86 (1:18.24)			
2:57.00 (30.14)	3:32.92 (1:06.06)	4:01.59 (28.67)	4:33.55 (1:00.63)			
8 Wilton Family YMCA			4:35.56		4:33.61	
1) D'Erasmus, Laura 17	2) Leprine, Ashley 15	3) Petchonka, Deanna 18	4) Hawk, Marin 15			
33.59	1:09.66 (1:09.66)	1:45.91 (36.25)	2:27.83 (1:18.17)			
2:58.04 (30.21)	3:34.45 (1:06.62)	4:02.28 (27.83)	4:33.61 (59.16)			
B - Final						
9 N Shore/Lester Sterling BR Y			4:36.76		4:30.98	
1) Davidson, Jaclyn 16	2) Curran, Molly 15	3) Harlow, Diana 17	4) Delphin, Naomi 15			
32.81	1:06.95 (1:06.95)	1:42.56 (35.61)	2:24.31 (1:17.36)			
2:54.97 (30.66)	3:30.80 (1:06.49)	3:59.93 (29.13)	4:30.98 (1:00.18)			
10 South Shore YMCA			4:36.47		4:33.53	
1) Vogel, Cara 13	2) Hallin, Molly 17	3) Vogel, Jen 16	4) Lorigan, Nicole 17			
33.45	1:08.18 (1:08.18)	1:43.32 (35.14)	2:24.94 (1:16.76)			
2:54.97 (30.03)	3:29.54 (1:04.60)	3:59.07 (29.53)	4:33.53 (1:03.99)			
11 Blue Ash Branch YMCA			4:37.70		4:33.94	
1) Hoeper, Emilie 16	2) Rom, Amanda 15	3) Krone, Sarah 16	4) Schildknecht, Grace 18			
34.19	1:09.72 (1:09.72)	1:45.15 (35.43)	2:25.52 (1:15.80)			
2:56.95 (31.43)	3:31.24 (1:05.72)	4:00.37 (29.13)	4:33.94 (1:02.70)			
12 Tri-Hampton YMCA			4:38.35		4:35.04	
1) McDowell, Brie 17	2) Dalessandro, Jackie 15	3) Slowey, Kaitlin 17	4) Kirsteier, Caitlin 16			
33.50	1:08.66 (1:08.66)	1:45.02 (36.36)	2:27.84 (1:19.18)			
2:58.59 (30.75)	3:34.49 (1:06.65)	4:03.43 (28.94)	4:35.04 (1:00.55)			
13 Reading & Berks YMCA			4:37.15		4:35.56	
1) Guers, Lindsay 16	2) Cantwell, Rachel 18	3) Radka, Jess 17	4) Impink, Caitlin 15			
33.76	1:09.93 (1:09.93)	1:45.47 (35.54)	2:27.87 (1:17.94)			
2:58.98 (31.11)	3:35.02 (1:07.15)	4:04.05 (29.03)	4:35.56 (1:00.54)			
14 ME Lyons YMCA			4:37.06		4:36.64	
1) Carpenter, Kasey 16	2) Miller, Ashley 15	3) Brunemann, Emily 17	4) Tomes, Laura 16			
33.28	1:08.08 (1:08.08)	1:45.81 (37.73)	2:27.75 (1:19.67)			
2:59.26 (31.51)	3:35.56 (1:07.81)	4:04.55 (28.99)	4:36.64 (1:01.08)			
15 Middle Tyger YMCA			4:38.54		4:36.90	
1) Dailey, Meghan 17	2) Jemec, Vida 15	3) Dennis, Courtney 15	4) Fairbanks, Lauren 15			
33.48	1:10.16 (1:10.16)	1:47.63 (37.47)	2:28.43 (1:18.27)			
2:59.79 (31.36)	3:35.85 (1:07.42)	4:04.88 (29.03)	4:36.90 (1:01.05)			
16 Cheshire Branch YMCA			4:38.35		4:37.32	
1) Quartermouse, Macaela 15	2) Reinhard, Alyssa 14	3) McKinlay, Aidan 16	4) Metcalf, Christina 16			
34.29	1:11.92 (1:11.92)	1:49.47 (37.55)	2:30.69 (1:18.77)			
3:01.50 (30.81)	3:35.51 (1:04.82)	4:04.31 (28.80)	4:37.32 (1:01.81)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Women 400 LC Meter Medley Relay****National: 4:25.59 * 1994****Grand Rapids, MI****Broken Rec: 4:25.26 # 2004****West Shore**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 West Shore-Harrisburg YMCA		4:37.17	4:28.45
1) Weaner, Tricia 15	2) Zelenky, Ali 13	3) Luttermoser, Allison 17	4) Gingrich, Leah 14
1:04.74	2:22.94 (1:18.20)	3:29.74 (1:06.80)	4:28.45 (58.71)
2 Boyertown Area YMCA		4:33.16	4:29.09
1) Shelps, Lisa 16	2) Longacre, Shayna 16	3) Christy, Emily 16	4) Allen, Alex 16
1:08.99	2:23.06 (1:14.07)	3:27.74 (1:04.68)	4:29.09 (1:01.35)
3 Countryside-Warren County Y		4:37.69	4:31.11
1) King, Melissa 16	2) Graessle, Lindsey 16	3) Brotherton, Katie 17	4) Griffiths, Sarah 16
1:07.23	2:22.24 (1:15.01)	3:30.62 (1:08.38)	4:31.11 (1:00.49)
4 Montclair YMCA		4:34.82	4:31.75
1) English, Lauren 15	2) Fuhro, Courtney 14	3) Von Rosendahl, Brie 17	4) O'Brien, Kaitlin 17
1:04.80	2:23.47 (1:18.67)	3:30.85 (1:07.38)	4:31.75 (1:00.90)
5 Upper Main Line YMCA		4:41.03	4:34.35
1) Vickroy, Lindsay 16	2) Flannery, Heile 18	3) Shupe, Stephanie 16	4) Heck, Jill 18
1:08.52	2:27.50 (1:18.98)	3:33.62 (1:06.12)	4:34.35 (1:00.73)
6 YMCA Aquatic Center		4:39.84	4:34.49
1) Miller, Alli 17	2) Bateman, Sarah 14	3) Nickson, Naomi 16	4) Adams, Sarah 16
1:08.44	2:27.70 (1:19.26)	3:34.40 (1:06.70)	4:34.49 (1:00.09)
7 Northwestern Dupage YMCA		4:38.57	4:34.97
1) Dvorak, Kelly 17	2) Zafir, Taylor 14	3) Zafir, Lauren 16	4) Lanteigne, Emily 16
1:10.71	2:28.70 (1:17.99)	3:36.48 (1:07.78)	4:34.97 (58.49)
8 Wilton Family YMCA		4:36.70	4:35.56
1) D'Erasmus, Laura 17	2) Leprine, Ashley 15	3) Petchonka, Deanna 18	4) Hawk, Marin 15
1:08.89	2:28.15 (1:19.26)	3:35.42 (1:07.27)	4:35.56 (1:00.14)
9 South Shore YMCA		4:39.15	4:36.47
1) Vogel, Cara 13	2) Hallin, Molly 17	3) Vogel, Jen 16	4) Lorigan, Nicole 17
1:08.73	2:27.56 (1:18.83)	3:33.44 (1:05.88)	4:36.47 (1:03.03)
10 N Shore/Lester Sterling BR Y		4:43.27	4:36.76
1) Davidson, Jaclyn 16	2) Curran, Molly 15	3) Harlow, Diana 17	4) Delphin, Naomi 15
1:08.04	2:27.86 (1:19.82)	3:34.64 (1:06.78)	4:36.76 (1:02.12)
11 ME Lyons YMCA		4:36.33	4:37.06
1) Carpenter, Kasey 16	2) Miller, Ashley 15	3) Brunemann, Emily 17	4) Tomes, Laura 16
1:07.76	2:27.81 (1:20.05)	3:35.30 (1:07.49)	4:37.06 (1:01.76)
12 Reading & Berks YMCA		4:01.67Y	4:37.15
1) Guers, Lindsay 16	2) Cantwell, Rachel 18	3) Radka, Jess 17	4) Impink, Caitlin 15
1:10.67	2:29.22 (1:18.55)	3:36.64 (1:07.42)	4:37.15 (1:00.51)
13 Blue Ash Branch YMCA		4:44.71	4:37.70
1) Hoeper, Emilie 16	2) Rom, Amanda 15	3) Krone, Sarah 16	4) Schildknecht, Grace 18
1:11.23	2:27.67 (1:16.44)	3:34.32 (1:06.65)	4:37.70 (1:03.38)
14 Cheshire Branch YMCA		4:36.76	4:38.35
1) Quartermouse, Macaela 15	2) Reinhard, Alyssa 14	3) McKinlay, Aidan 16	4) Metcalf, Christina 16
1:12.42	2:31.85 (1:19.43)	3:36.56 (1:04.71)	4:38.35 (1:01.79)
14 Tri-Hampton YMCA		4:44.20	4:38.35
1) McDowell, Brie 17	2) Dalessandro, Jackie 15	3) Slowey, Kaitlin 17	4) Kirsteier, Caitlin 16
1:09.96	2:29.84 (1:19.88)	3:37.04 (1:07.20)	4:38.35 (1:01.31)
16 Middle Tyger YMCA		4:39.39	4:38.54
1) Dailey, Meghan 17	2) Jemec, Vida 15	3) Dennis, Courtney 15	4) Fairbanks, Lauren 15
1:10.22	2:29.46 (1:19.24)	3:37.74 (1:08.28)	4:38.54 (1:00.80)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Medley Relay)**

Team	Relay	Seed Time	Prelim Time
17 YMCA of Triangle Area		4:38.30	4:38.64
1) Grover, Brianna 15	2) Huntwork, Kylene 17	3) Pucci, Mallory 18	4) Pucci, Lisa 16
1:14.08	2:29.31 (1:15.23)	3:37.24 (1:07.93)	4:38.64 (1:01.40)
18 Tampa Metro YMCA		4:37.30	4:38.87
1) Prior, Audrey 17	2) Overman, Lindsey 18	3) Hug, Kelley 16	4) Chamberlin, Margie 16
1:09.95	2:31.56 (1:21.61)	3:37.42 (1:05.86)	4:38.87 (1:01.45)
19 North Central Florida YMCA		4:44.07	4:38.95
1) Rameriz, Lily 13	2) Carusone, Julie 17	3) Harrison, Holly 13	4) Smith, Natalie 13
1:10.44	2:26.30 (1:15.86)	3:35.93 (1:09.63)	4:38.95 (1:03.02)
20 South Community Family BR		4:46.25	4:39.64
1) Rohr, Brittney 14	2) Fogarty, Claire 16	3) Mathes, Carly 17	4) Gueltig, Kelly 17
1:10.00	2:31.87 (1:21.87)	3:38.40 (1:06.53)	4:39.64 (1:01.24)
21 Metuchen-Edison YMCA		4:42.42	4:39.72
1) Sharkey, Renae 14	2) Lang, Melissa 12	3) Christie, Alison 15	4) Zukowski, Sarah 17
1:11.09	2:26.57 (1:15.48)	3:36.48 (1:09.91)	4:39.72 (1:03.24)
22 Schroeder YMCA		4:42.01	4:41.30
1) Bichanich, Erin 15	2) Sweeney, Lauren 17	3) Dlugopolski, Leslie 16	4) Will, Jenny 17
1:10.78	2:30.58 (1:19.80)	3:39.67 (1:09.09)	4:41.30 (1:01.63)
23 Reg Fam YMCA Laurel High		4:45.48	4:41.70
1) Bankovich, Brittany 15	2) Barrett, Rachelle 15	3) Grushecky, Kelsey 15	4) Halfhill, Heidi 16
1:12.01	2:33.02 (1:21.01)	3:38.38 (1:05.36)	4:41.70 (1:03.32)
24 Flint YMCA		4:09.13 Y	4:42.51
1) Maraskine, Sarah 14	2) Keehn, Alicia 17	3) O'Mara, Kaitlin 15	
1:13.21	2:33.68 (1:20.47)	3:41.00 (1:07.32)	4:42.51 (1:01.51)
25 Greater Burlington YMCA		4:50.80	4:42.62
1) Suppan, Catherine 16	2) Anstadt, Julia 16	3) Underhill, Nicole 18	4) Jarvis, Ariel 13
1:09.92	2:31.15 (1:21.23)	3:40.08 (1:08.93)	4:42.62 (1:02.54)
26 Brandywine-De YMCA		4:04.48 Y	4:42.73
1) Nockengost, Sarah 14	2) Seiffert, Ruth 17	3) Dornstauder, Kristen 14	4) Henry, Morgan 17
1:12.50	2:31.37 (1:18.87)	3:38.04 (1:06.67)	4:42.73 (1:04.69)
27 YMCA OF Gr. Elgin Taylor F		4:48.03	4:42.90
1) Gray, Jordan 12	2) Sink, Keri 13	3) Pelka, Michelle 15	4) Demrow, Shannon 14
1:12.46	2:30.47 (1:18.01)	3:40.52 (1:10.05)	4:42.90 (1:02.38)
28 Green Bay Metro YMCA		4:05.55 Y	4:43.03
1) Hall, Sarah 17	2) Bennett, Kristen 17	3) Bennett, Jenny 15	4) Brager, Kristy 18
1:11.98	2:34.54 (1:22.56)	3:43.32 (1:08.78)	4:43.03 (59.71)
29 Farmington Family YMCA		4:08.22 Y	4:44.03
1) Bachrouche, Katya 14	2) Siedlik, Lauren 17	3) Stefl, Katie 17	4) Switaj, Caryn 16
1:09.56	2:31.74 (1:22.18)	3:41.35 (1:09.61)	4:44.03 (1:02.68)
29 Winston-Salem Central YMC.		4:36.86	4:44.03
1) Clay, Ashley 16	2) Healy, Michelle 14	3) Parra, Madeline 17	4) Martin, Noelle 17
1:09.17	2:32.76 (1:23.59)	3:42.69 (1:09.93)	4:44.03 (1:01.34)
31 Hamilton Area YMCA		4:54.89	4:46.56
1) Driscoll, Darby 17	2) Tomei, Erika 17	3) Wysocki, Melody 17	4) Seto, Stephanie 16
1:12.22	2:34.72 (1:22.50)	3:44.59 (1:09.87)	4:46.56 (1:01.97)
32 Darien Community YMCA		4:46.84	4:47.18
1) Bullock, Morgan 18	2) Oulighan, Kara 15	3) Sullivan, Patty 13	4) Lewis, Jennie 17
1:11.91	2:35.82 (1:23.91)	3:44.70 (1:08.88)	4:47.18 (1:02.48)
33 Madison Area YMCA		4:10.84 Y	4:47.59
1) McDonough, Catie 17	2) Kalevich, Alexis 16	3) Kalevich, Victoria 16	4) Gonzalez, Alexandra 15
1:10.93	2:35.17 (1:24.24)	3:43.87 (1:08.70)	4:47.59 (1:03.72)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Medley Relay)**

Team	Relay	Seed Time	Prelim Time
34 Huntington YMCA		4:11.90 Y	4:47.72
1) Northcutt, Natalie 15	2) Prater, Kendra 16	3) Lowe, Angie 16	4) Wegmann, Sara 16
1:12.82	2:36.69 (1:23.87)	3:44.48 (1:07.79)	4:47.72 (1:03.24)
35 Chapel Hill-Carrboro YMCA		4:44.76	4:48.01
1) Pegg, Kathryn 17	2) Campbell, Claire 17	3) Scott, Sarah 17	4) Dyer, Alden 14
1:11.95	2:35.55 (1:23.60)	3:42.77 (1:07.22)	4:48.01 (1:05.24)
36 Joliet YMCA		4:51.76	4:48.69
1) Jones, Ashley 16	2) Birsa, Taylor 12	3) Cempel, Laura 13	4) Roberts, Linz 16
1:05.72	2:29.34 (1:23.62)	3:44.17 (1:14.83)	4:48.69 (1:04.52)
37 Andover-North Andover YMCA		4:05.21 Y	4:48.88
1) Page, Kate 18	2) Caron, Amy 18	3) Deveaux, Desirae 13	4) Mancuso, Elizabeth 18
1:12.85	2:33.07 (1:20.22)	3:44.03 (1:10.96)	4:48.88 (1:04.85)
38 Somerset Hills YMCA		4:11.80 Y	4:50.52
1) Traynor, Nicol 15	2) Retotar, Allison 17	3) Moryan, Colette 18	4) Button, Sarah 14
1:11.46	2:35.31 (1:23.85)	3:47.30 (1:11.99)	4:50.52 (1:03.22)
39 YMCA OF Catawba Valley		4:15.07 Y	4:51.63
1) Barriger, Jessy 16	2) McDonald, Miriam 14	3) Rodriguez, Carolina 15	4) Young, Ryan 17
1:17.47	2:39.02 (1:21.55)	3:48.69 (1:09.67)	4:51.63 (1:02.94)
40 Appleton Family YMCA		4:51.50	4:52.03
1) Strobel, Abby 17	2) Wardecke, Sarah 14	3) Hanson, Kayla 17	4) Bakula, Angie 15
1:14.05	2:34.89 (1:20.84)	3:48.87 (1:13.98)	4:52.03 (1:03.16)
41 Leaning Tower YMCA		4:15.55 Y	4:52.30
1) McAuley, Rebekah 17	2) Akiyama, Ashley 14	3) LaSalle, Elisabeth 15	4) Uding, Alex 14
1:12.41	2:36.67 (1:24.26)	3:47.83 (1:11.16)	4:52.30 (1:04.47)
42 Greensburg YMCA		4:55.81	4:52.93
1) Andrews, Jaclyn 15	2) Gorinski, MaryBeth 18	3) Szmyd, Carly 14	4) Kane, Alana 15
1:15.59	2:36.51 (1:20.92)	3:47.68 (1:11.17)	4:52.93 (1:05.25)
43 Northern Neck Branch YMCA		4:42.63	4:53.16
1) Haley, Lauren 15	2) Sheahan, Keara 16	3) Potts, Katlin 16	4) Walters, Meredith 17
1:09.09	2:36.44 (1:27.35)	3:49.01 (1:12.57)	4:53.16 (1:04.15)
44 East Hartford YMCA		4:54.12	4:53.45
1) Gentile, Norah 13	2) Huffman, Alexandra 16	3) Conter, Laura 16	4) Hilton, Emily 15
1:14.50	2:42.41 (1:27.91)	3:50.21 (1:07.80)	4:53.45 (1:03.24)
45 Flushing Branch YMCA		4:55.00	4:53.65
1) McCluskey, Maureen 15	2) Arana, Priscilla 13	3) Sawicz, Dorota 17	4) Varga, Michelle 17
1:16.74	2:39.16 (1:22.42)	3:49.00 (1:09.84)	4:53.65 (1:04.65)
46 Powel Crosley Branch YMCA		4:53.40	4:53.81
1) Stone, Sarah 18	2) Reynolds, Julie 15	3) Winhusen, Jill 17	4) Shafer, Holly 16
1:14.34	2:40.24 (1:25.90)	3:49.14 (1:08.90)	4:53.81 (1:04.67)
47 Somerset Valley YMCA		4:55.29	4:54.42
1) Dubiel, Allie 15	2) Stark, Laura 16	3) Moll, Kristen 13	4) Hurley, Kelsey 13
1:14.54	2:33.46 (1:18.92)	3:47.73 (1:14.27)	4:54.42 (1:06.69)
48 Ocean County YMCA		4:07.97 Y	4:55.05
1) Watson, Mallory 17	2) LO, Jenny 15	3) Donnelly, Meghan 15	4) Collyer, Brittany 17
1:12.19	2:38.37 (1:26.18)	3:52.30 (1:13.93)	4:55.05 (1:02.75)
49 Anne Arundel YMCA		4:08.27 Y	4:55.37
1) Burns, Caroline 13	2) Mullen, Ashley 13	3) Gallagher, Theresa 13	4) Calimer, Lindsay 14
1:12.68	2:33.94 (1:21.26)	3:49.06 (1:15.12)	4:55.37 (1:06.31)
50 Rappahannock Area YMCA		4:43.37	4:55.45
1) Moore, Katie 16	2) Melkun, Charlotte 17	3) Wallace, Cameron 17	4) Burns, Briana 16
1:14.14	2:37.89 (1:23.75)	3:49.58 (1:11.69)	4:55.45 (1:05.87)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Women 400 LC Meter Medley Relay)**

Team	Relay	Seed Time	Prelim Time
51 Cuyahoga Falls Riverfront YM		4:14.12 Y	4:55.49
1) Johnson, Kate 15	2) Atchison, Kelsey 15	3) Kelly, Chelsea 14	4) Mann, Katie 15
1:17.00	2:37.59 (1:20.59)	3:51.95 (1:14.36)	4:55.49 (1:03.54)
52 Greater Johnstown Comm. YN		4:16.16 Y	4:56.92
1) Polantz, Katelyn 17	2) Kohler, Kara 16	3) Giles, Becky 18	4) Tomkowski, Allison 16
1:16.43	2:43.05 (1:26.62)	3:52.79 (1:09.74)	4:56.92 (1:04.13)
53 State College Area YMCA		4:08.34 Y	4:57.22
1) Palchak, Catherine 17	2) Myers, Michelle 16	3) Gingher, Michele 13	4) Warren, Alex 15
1:13.32	2:40.21 (1:26.89)	3:52.24 (1:12.03)	4:57.22 (1:04.98)
54 Saginaw YMCA		4:13.15 Y	4:57.56
1) Bugenske, Elise 16	2) Rakouth, Haintso 17	3) Brown, Lindsey 18	4) Brown, Andrea 14
1:13.72	2:35.41 (1:21.69)	3:51.27 (1:15.86)	4:57.56 (1:06.29)
55 Hampshire Regional YMCA		4:52.81	4:57.79
1) Dill, Stephanie 14	2) Grace, Callie 15	3) Pavolko, Brittany 14	4) Driscoll, Caitlin 14
1:16.10	2:43.71 (1:27.61)	3:54.68 (1:10.97)	4:57.79 (1:03.11)
56 New Canaan Community YM		4:54.32	4:58.50
1) Heberton, Jen 16	2) Waller, Suzie 16	3) Hobbs, Allison 16	4) Goebel, Molly 14
1:14.51	2:42.13 (1:27.62)	3:54.65 (1:12.52)	4:58.50 (1:03.85)
57 Brandywine YMCA		4:51.34	5:03.18
1) Cichewicz, Morgan 14	2) Ziegler, Tristen 18	3) Horton, Rachel 14	4) Hohwald, Kathleen 15
1:14.67	2:42.12 (1:27.45)	3:58.07 (1:15.95)	5:03.18 (1:05.11)
58 Toledo YMCA		4:12.38 Y	5:04.34
1) Karchner, Kendall 16	2) Tetuan, Kristen 14	3) Tetuan, Kimmy 14	4) Akenberger, Jamie 13
1:10.96	2:43.87 (1:32.91)	3:59.78 (1:15.91)	5:04.34 (1:04.56)
59 Chambersburg Memorial YM		4:13.22 Y	5:05.98
1) Aughinbaugh, Katie 16	2) Sabri, Kaitlyn 15	3) Rines, Kristi 14	4) Montello, Kristen 14
1:16.18	2:45.85 (1:29.67)	4:00.28 (1:14.43)	5:05.98 (1:05.70)
60 Gamble Nippert YMCA		4:55.69	5:10.30
1) Borgemenke, Danielle 17	2) Chermely, Emma 16	3) Billow, Amy 14	4) Olberding, Jen 16
1:12.27	2:49.48 (1:37.21)	4:04.16 (1:14.68)	5:10.30 (1:06.14)
61 Mid-Delmarva Family YMCA		4:06.89 Y	5:18.56
1) Turner, Katy 15	2) Doxtater, Lindsey 16	3) Skeen, Emily 14	4) Scott, Jamie 15
1:15.26	2:44.23 (1:28.97)	4:07.63 (1:23.40)	5:18.56 (1:10.93)
--- York & York County YMCA		4:11.36 Y	DQ
1) Ierley, Danielle 16	2) Hemberger, Shannon 17	3) McIntyre, Cookie 16	4) McInerney, Jessica 15
--- Fanwood-Scotch Plains YMC		4:14.18 Y	DQ
1) Henkels, Mary 14	2) McGeehan, Kaitlin 14	3) Dickson, Amanda 17	4) Hawkins, Elizabeth 14
1:15.06	2:42.84 (1:27.78)	3:55.39 (1:12.55)	DQ (1:06.17)
--- Aurora Family YMCA		4:53.88	DQ
1) Bromann, Amy 18	2) Nowak, Ann 16	3) White, Kelsey T 15	4) Volkert, Kathleen L 17
1:10.78	2:31.65 (1:20.87)	3:41.92 (1:10.27)	DQ (1:04.56)
--- Harford County Family YMC		4:08.44 Y	DQ
1) Kelly, Danielle 16	2) Waller, Claire 18	3) Morlock, Amy 16	4) McLaughlin, Maureen 18
1:13.26	2:36.22 (1:22.96)	3:46.46 (1:10.24)	DQ (1:03.22)

Men 50 LC Meter Freestyle**National: 23.66 * 1999****Broken Rec: 23.52 # 2004****J. Haag
Sudbury, Jeffrey****Mansfield, OH**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Sudbury, Jeffrey	17	Wilton Family YMCA	24.30	23.52#
2 Langenfeld, Andrew	17	Mount Vernon YMCA	24.28	24.20

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Men 50 LC Meter Freestyle)**

Name	Age	Team	Prelim Time	Finals Time
3 Savulich, Bobby	16	Metuchen-Edison YMCA	24.90	24.38
4 Fisher, Zack	18	Jerry L Garver YMCA	24.61	24.46
5 French, Kit	17	Countryside-Warren County YMC	24.85	24.61
6 Geissinger, John	17	Darien Community YMCA	24.88	24.74
7 Germain, Alexander	16	Cheshire Branch YMCA	24.96	24.83
--- Baity, Mike	18	Darien Community YMCA	24.64	DQ

B - Final

9 Priestley, Dan	17	Birmingham Family YMCA	25.03	24.71
10 Dilz, Andy	17	Blue Ash Branch YMCA	25.14	24.80
11 Richard, Chris	16	Door County YMCA	25.27	24.89
12 Starr, Peter	18	Boyertown Area YMCA	25.19	24.94
13 Baity, Phil	16	Darien Community YMCA	24.98	25.02
14 Schluederberg, Bret	16	Chapel Hill-Carrboro YMCA	25.25	25.03
15 Lane, Eric	17	New Canaan Community YMCA	25.21	25.16
16 Dockins, Greg	17	J.F. Hurley YMCA	25.23	25.30

Men 50 LC Meter Freestyle

National: 23.66 * 1999
Broken Rec: 23.52 # 2004

J. Haag
Sudbury, Jeffrey

Mansfield, OH

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Langenfeld, Andrew	17	Mount Vernon YMCA	23.98	24.28
2 Sudbury, Jeffrey	17	Wilton Family YMCA	23.72	24.30
3 Fisher, Zack	18	Jerry L Garver YMCA	21.91 Y	24.61
4 Baity, Mike	18	Darien Community YMCA	24.52	24.64
5 French, Kit	17	Countryside-Warren County YMC	24.86	24.85
6 Geissinger, John	17	Darien Community YMCA	24.87	24.88
7 Savulich, Bobby	16	Metuchen-Edison YMCA	25.41	24.90
8 Germain, Alexander	16	Cheshire Branch YMCA	24.63	24.96
9 Baity, Phil	16	Darien Community YMCA	25.52	24.98
10 Priestley, Dan	17	Birmingham Family YMCA	24.20	25.03
11 Dilz, Andy	17	Blue Ash Branch YMCA	25.42	25.14
12 Starr, Peter	18	Boyertown Area YMCA	25.55	25.19
13 Lane, Eric	17	New Canaan Community YMCA	25.36	25.21
14 Dockins, Greg	17	J.F. Hurley YMCA	26.50	25.23
15 Schluederberg, Bret	16	Chapel Hill-Carrboro YMCA	25.64	25.25
16 Richard, Chris	16	Door County YMCA	25.68	25.27
17 Wilder, Russell	18	North Central Florida YMCA	25.44	25.33
18 Sunde, Andrew	18	Flint YMCA	25.10	J25.33
19 Creasy, Ben	16	Middle Tyger YMCA	25.54	25.34
20 Gantzer, Andy	17	Gamble Nippert YMCA	25.23	25.43
21 Thiel, Ryan	16	Greater Johnstown Comm. YMCA	21.54 Y	25.49
22 Pelton, Greg	13	Wilton Family YMCA	25.83	25.51
23 Cummings, Luke	16	Door County YMCA	26.07	25.55
24 Larocque, Jon	16	Flint YMCA	25.60	25.56
25 Conklyn, BJ	17	Pocono Family YMCA	22.26 Y	25.60
26 Chambers, Chris	17	Westfield YMCA - Massachusetts	26.45	25.62
26 Spaulding, James	17	Flint YMCA	26.35	25.62
28 Scott, Rory	17	Harford County Family YMCA	22.48 Y	25.64

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
29	Bennitt, George	17	Upper Main Line YMCA	26.54	25.65
30	Keca, Rick	17	Northwestern Dupage YMCA	25.96	25.68
31	Lydy, Brian	17	Saginaw YMCA	22.60 Y	25.71
32	Rogers, Scott	17	Somerset Hills YMCA	26.21	25.77
33	Charles, Jordan	18	Lebanon Valley Family YMCA	22.48 Y	25.78
34	Potvin, Doug	17	YMCA Aquatic Center	26.68	25.82
35	Walulik, Nick	15	Deerpath YMCA	26.27	25.84
36	Wiener, Ben	16	Chapel Hill-Carrboro YMCA	26.12	25.85
37	Schuster, Kevin	16	Rochester Northwest Family YMC	21.87 Y	25.86
37	Coronato, Joe	18	Ocean County YMCA	26.20	25.86
39	Fletcher, Daniel	15	Montclair YMCA	25.61	25.88
40	Carson, Kevin	18	Pottstown Family YMCA	26.11	25.89
41	Moryan, Grant	16	Somerset Hills YMCA	26.80	25.92
41	Bax, Andy	17	Aurora Family YMCA	27.14	25.92
43	Hay, Michael	19	Upper Main Line YMCA	25.43	25.93
43	Berger, Matt	18	ME Lyons YMCA	26.18	25.93
45	Irgens, Thomas	19	Schroeder YMCA	26.14	25.94
46	Howard, Patrick	18	Middletown Area Family YMCA	26.08	25.98
47	Bromage, Nathan	17	Greater Holyoke YMCA	26.37	26.00
48	Heraly, Matthew	18	Green Bay Metro YMCA	22.48 Y	26.01
48	Dunn, JJ	17	Harrison County YMCA	27.10	26.01
50	Zupek, Greg	15	Schroeder YMCA	26.49	26.04
50	Ohlhaver, John	17	Western Family Branch YMCA	25.42	26.04
52	Goeckner, Caleb	16	Newberry YMCA	25.58	26.07
53	Christian, Andrew	16	Lionville Community YMCA	26.70	26.09
53	Rubritz, Jonathan	15	York & York County YMCA	26.23 S	26.09
55	Aburahma, Zach	18	Huntington YMCA	25.92	26.12
55	Potter, Phillip	16	Stevens Point YMCA	26.41	26.12
57	Kasberg, Tim	16	Jerry L Garver YMCA	23.08 Y	26.14
58	Brooks, Payton	18	Huntington YMCA	22.76 Y	26.20
58	Rico, Ryan	19	J.B. Chambers Mem. Branch YMC	22.69 Y	26.20
60	Forni, Nicholas	17	Greater Holyoke YMCA	26.17	26.21
61	Brumbaugh, Bryan	17	Upper Main Line YMCA	26.45	26.22
61	Cooper, Adam	16	Harrison County YMCA	22.64 Y	26.22
63	Hays, Paris	16	Palisades-Malibu YMCA	23.03 Y	26.23
64	Hagaman, Johnny	16	YMCA Of Western North Carolin	26.45	26.24
65	Moran, Brian	18	Chambersburg Memorial YMCA	25.37 S	26.25
66	Grove, Stephen	16	Countryside-Warren County YMC	26.61	26.26
66	Fox, Matt	17	Western Family Branch YMCA	26.04	26.26
68	Hanson, Joe	17	Appleton Family YMCA	26.67	26.27
68	Jung, Kevin	14	Montclair YMCA	26.08	26.27
70	Zimmer, Shane	16	South Community Family BR YM	26.57	26.31
70	Doyle, Daniel	15	McKeesport YMCA	22.39 Y	26.31
72	Rogers, Andrew	16	Winston-Salem Central YMCA	26.94	26.33
73	Albanese, Kevin	17	Tri-Hampton YMCA	26.99	26.34
74	Marino, Scott	14	Fanwood-Scotch Plains YMCA	23.20 Y	26.36
74	Harmon, Matthew	16	Cumberland YMCA	25.74	26.36
76	Hauptman, David	17	Fanwood-Scotch Plains YMCA	26.91	26.37
77	Collins, TJ	16	South Community Family BR YM	26.03	26.38
78	Yazhbin, Max	16	Westfield YMCA - Massachusetts	26.90	26.39

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
79	Ozimek, Mark	18	Kennett Area YMCA	22.69 Y	26.40
80	Stone, Ben	16	Powel Crosley Branch YMCA	26.40	26.41
81	Reppy, Jon	17	Aurora Family YMCA	26.45	26.42
82	Callahan, Connor	16	Flint YMCA	26.78	26.48
83	Gottinger, Caleb	16	Schroeder YMCA	23.05 Y	26.49
83	Forsman, Josh	18	Ocean County YMCA	25.72	26.49
85	Trudeau, Zack	17	Southern Chester County YMCA	22.89 Y	26.50
86	Miller, John	18	Countryside-Warren County YMC	26.89	26.51
87	McInerney, Scott	17	West Morris Area YMCA	25.99	26.53
88	Akiyama, Chris	19	Leaning Tower YMCA	26.20	26.54
89	Ryan, Kevin	16	Powel Crosley Branch YMCA	22.78 Y	26.55
90	Trifelos, Adam	16	Licking County Family YMCA	25.86 S	26.56
91	Spaeth, Alex	16	Schroeder YMCA	26.14	26.60
92	Luminais, Steven	16	Upper Main Line YMCA	26.03 S	26.62
93	Goodman, Jared	17	Cheshire Branch YMCA	26.28	26.63
93	Mattson, James	16	YMCA of Greater Seattle	22.80 Y	26.63
95	Thai, Kevin	15	Wilton Family YMCA	27.29	26.64
96	Harlin, Ky	18	South Shore YMCA	26.12	26.65
97	Silver, Miki	14	New Canaan Community YMCA	26.66	26.67
98	Lawson, Brendan	14	Somerset Hills YMCA	23.01 Y	26.71
98	Lilley, Kyle	19	Reg Fam YMCA Laurel Highland	23.31 Y	26.71
100	Romanini, Dominick	16	State College Area YMCA	26.48	26.72
100	Ryan, Nate	16	Hatboro Area YMCA	26.00 S	26.72
102	Rhodenbaugh, Luke	14	Gamble Nippert YMCA	26.31	26.74
102	Pfeifer, Gregory	15	Flushing Branch YMCA	27.15	26.74
104	Bialko, Matthew	16	Montclair YMCA	26.90	26.80
104	Green, Mark	18	Somerset Valley YMCA	22.90 Y	26.80
106	Wagner, CJ	16	Oshkosh Community YMCA	27.12	26.82
106	Mayock, Steve	17	Chapel Hill-Carrboro YMCA	26.73	26.82
108	Phelps, Charlie	15	Winston-Salem Central YMCA	27.22	26.84
109	Miller, Josh	18	Jerry L Garver YMCA	27.05	26.85
109	Kiely, John	19	Pottstown Family YMCA	26.79	26.85
111	Thaden, Michael	14	Chapel Hill-Carrboro YMCA	27.15	26.86
111	Hershey, Matthew	15	West Shore-Harrisburg YMCA	26.02 S	26.86
113	Hofler, Ryan	17	Deerpath YMCA	27.00	26.90
114	Bastin, Daniel	15	Wilderness Trace Family YMCA	27.11	26.92
115	Wolbert, Ben	14	Carroll County Family YMCA	27.02	26.93
115	Coppelli, Pierce	17	Meadville YMCA	27.21	26.93
117	Makovy, Igor	17	Indiana County YMCA	22.99 Y	26.97
118	Weston, Garet	15	Indiana County YMCA	23.18 Y	26.98
118	Pruett, Justin	16	Newberry YMCA	27.19	26.98
118	Hargraves, Brandon	16	Brandywine YMCA	26.76	26.98
121	McHugh, Dustin	18	Gamble Nippert YMCA	26.62	26.99
121	Pepin, Matthew	16	Greater Holyoke YMCA	26.89	26.99
123	Carey, James	17	Powel Crosley Branch YMCA	26.68	27.01
123	Stanton, Francis	16	Tri-Hampton YMCA	27.28	27.01
125	Delves, Ryan	15	Northwestern Dupage YMCA	27.27	27.02
126	Adelmeyer, Colin	18	Green Bay Metro YMCA	22.78 Y	27.03
127	Bielak, Brad	13	Ridgewood YMCA	23.28 Y	27.05
128	Prow, Scott	17	Somerset Valley YMCA	26.95	27.06

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
129	Toolan-Miller, Mike	18	Anne Arundel YMCA	27.13	27.07
130	Kim, Kevin	15	Flushing Branch YMCA	26.48	27.08
130	Faris, Colin	15	Limestone YMCA	26.68	27.08
132	Vandervest, Christophe	13	Green Bay Metro YMCA	26.76	27.11
132	Sloan, Steven	16	Mount Vernon YMCA	26.90	27.11
134	McDonald, Matthew	17	YMCA OF Catawba Valley	26.99	27.13
135	Owens, Lloyd	16	YMCA Aquatic Center	26.91	27.15
135	Jacob, Chris	17	Wilton Family YMCA	27.01	27.15
137	Altman, Andrew	15	Wilton Family YMCA	26.91	27.17
138	Beck, Mark	18	J.F. Hurley YMCA	23.22 Y	27.19
139	Matthews, Zach	16	Southern Chester County YMCA	27.16	27.22
140	Kuhar, Brian	17	Northwestern Dupage YMCA	27.11	27.26
140	Chung, Sung-Moon	15	Flushing Branch YMCA	26.99	27.26
142	Meszaros, Austin	15	Madison Area YMCA	26.44 S	27.27
143	Coppelli, Camden	14	Meadville YMCA	27.23	27.28
144	Grubbs, Alex	16	York & York County YMCA	26.06 S	27.31
145	Cobb, Michael	15	South Community Family BR YM	27.22	27.32
146	Davies, Ryan	17	McKeesport YMCA	27.10	27.36
146	Lobaugh, Matt	17	Gamble Nippert YMCA	27.02	27.36
146	Dudzinski, Jon	16	Oshkosh Community YMCA	27.18	27.36
149	Amini-Hajibashi, Stratos	15	Schroeder YMCA	27.18	27.37
150	Ebert, Isaac	18	Cheshire Branch YMCA	26.02	27.39
151	Hopkins, Corey	17	Grove City YMCA	27.08	27.42
152	Reid, Andrew	14	N Shore/Lester Sterling BR Y	26.91	27.47
153	O'Donnell, Connor	17	Tri-Hampton YMCA	26.50 S	27.48
153	Stanley, Sean	17	Lake County YMCA	26.36 S	27.48
155	Zhang, Tony	17	Flushing Branch YMCA	27.21	27.50
156	Palmer, Jonathan	14	South Shore YMCA	27.22	27.51
157	Luehrmann, Danny	14	ME Lyons YMCA	27.27	27.55
158	Ahlrichs, Sam	16	Gamble Nippert YMCA	27.12	27.59
159	Rice, Joe	17	Wilton Family YMCA	27.26	27.70
160	Dzieniszewski, Phillip	16	Flushing Branch YMCA	27.22	27.80
161	Weichert, Wesley	16	Schroeder YMCA	27.11	28.00

Men 100 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Upper Main Line- Finals Time
National: 51.52 * 8/2/2001 Mark Knepley					
A - Final					
1	Savulich, Bobby	16	Metuchen-Edison YMCA	52.94	52.24
	25.11				52.24 (27.13)
2	Sudbury, Jeffrey	17	Wilton Family YMCA	53.48	52.51
	25.22				52.51 (27.29)
3	Langenfeld, Andrew	17	Mount Vernon YMCA	53.57	52.67
	25.46				52.67 (27.21)
4	Priestley, Dan	17	Birmingham Family YMCA	53.80	53.44
	25.64				53.44 (27.80)
5	Gantzer, Andy	17	Gamble Nippert YMCA	53.91	53.50
	26.22				53.50 (27.28)
6	French, Kit	17	Countryside-Warren County YMC	54.25	53.56
	25.20				53.56 (28.36)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Men 100 LC Meter Freestyle)**

Name	Age	Team	Prelim Time	Finals Time
7 Brody, Matthew	18	Tampa Metro YMCA	54.33	53.82
25.90	53.82 (27.92)			
7 Donch, Matthew	16	Darien Community YMCA	54.23	53.82
25.92	53.82 (27.90)			

B - Final

9 Baity, Mike	18	Darien Community YMCA	54.66	54.11
26.28	54.11 (27.83)			
10 Dilz, Andy	17	Blue Ash Branch YMCA	54.58	54.17
26.03	54.17 (28.14)			
11 Wilder, Russell	18	North Central Florida YMCA	54.89	54.28
26.17	54.28 (28.11)			
12 Germain, Alexander	16	Cheshire Branch YMCA	54.90	54.39
26.22	54.39 (28.17)			
13 Larocque, Jon	16	Flint YMCA	54.74	54.58
26.47	54.58 (28.11)			
14 Hughes, Chip	16	Middle Tyger YMCA	54.75	54.83
26.40	54.83 (28.43)			
15 Charles, Jordan	18	Lebanon Valley Family YMCA	54.48	54.93
25.94	54.93 (28.99)			
16 Greene, Kyle	16	ME Lyons YMCA	54.58	54.95
26.43	54.95 (28.52)			

Men 100 LC Meter Freestyle

National: 51.52 * 8/2/2001		Mark Knepley	Upper Main Line-	
Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Savulich, Bobby	16	Metuchen-Edison YMCA	52.80	52.94
2 Sudbury, Jeffrey	17	Wilton Family YMCA	53.13	53.48
3 Langenfeld, Andrew	17	Mount Vernon YMCA	53.71	53.57
4 Priestley, Dan	17	Birmingham Family YMCA	53.20	53.80
5 Gantzer, Andy	17	Gamble Nippert YMCA	54.93	53.91
6 Donch, Matthew	16	Darien Community YMCA	53.68	54.23
7 French, Kit	17	Countryside-Warren County YMC	53.53	54.25
8 Brody, Matthew	18	Tampa Metro YMCA	54.70	54.33
9 Charles, Jordan	18	Lebanon Valley Family YMCA	47.47 Y	54.48
10 Dilz, Andy	17	Blue Ash Branch YMCA	56.01	54.58
10 Greene, Kyle	16	ME Lyons YMCA	55.69	54.58
12 Baity, Mike	18	Darien Community YMCA	53.97	54.66
13 Larocque, Jon	16	Flint YMCA	58.62	54.74
14 Hughes, Chip	16	Middle Tyger YMCA	56.63	54.75
15 Wilder, Russell	18	North Central Florida YMCA	56.03	54.89
16 Germain, Alexander	16	Cheshire Branch YMCA	55.40	54.90
17 Geissinger, John	17	Darien Community YMCA	55.02	54.96
18 Aiken, Aaron	15	Marion County Branch YMCA	47.50 Y	55.11
19 Baseheart, Kevin	15	Schroeder YMCA	54.40	55.12
20 Berger, Matt	18	ME Lyons YMCA	57.96	55.30
21 Sunde, Andrew	18	Flint YMCA	55.66	55.39
22 Bowling, Steven	18	Flint YMCA	54.89	55.50
23 Richard, Chris	16	Door County YMCA	48.60 Y	55.57
24 Coronato, Joe	18	Ocean County YMCA	56.91	55.60

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
24	Potvin, Doug	17	YMCA Aquatic Center	48.93 Y	55.60
26	Carson, Kevin	18	Pottstown Family YMCA	58.73	55.78
27	Creasy, Ben	16	Middle Tyger YMCA	56.10	55.85
28	Rogers, Scott	17	Somerset Hills YMCA	57.84	55.89
29	Goodman, Jared	17	Cheshire Branch YMCA	55.84	55.94
29	Schluederberg, Bret	16	Chapel Hill-Carrboro YMCA	57.71	55.94
31	Moryan, Grant	16	Somerset Hills YMCA	48.81 Y	55.95
32	Gallagher, Liam	18	Somerset Valley YMCA	56.28	56.03
32	Ohlhaver, John	17	Western Family Branch YMCA	56.52	56.03
34	Scott, Rory	17	Harford County Family YMCA	48.77 Y	56.09
35	Pelton, Greg	13	Wilton Family YMCA	58.69	56.16
36	Gottinger, Caleb	16	Schroeder YMCA	56.24	56.19
37	Thiel, Ryan	16	Greater Johnstown Comm. YMCA	48.70 Y	56.25
38	McCormick, Ian	16	Tri-Hampton YMCA	57.99	56.28
39	Lydy, Brian	17	Saginaw YMCA	49.02 Y	56.29
40	Rubritz, Jonathan	15	York & York County YMCA	48.97 Y	56.32
40	Bennitt, George	17	Upper Main Line YMCA	48.88 Y	56.32
42	Goeckner, Caleb	16	Newberry YMCA	56.75	56.47
43	Heraly, Matthew	18	Green Bay Metro YMCA	49.33 Y	56.49
43	Forsman, Josh	18	Ocean County YMCA	57.10	56.49
45	Chambers, Chris	17	Westfield YMCA - Massachusetts	58.11	56.57
46	Collins, TJ	16	South Community Family BR YM	57.84	56.60
47	Cummings, Luke	16	Door County YMCA	49.55 Y	56.64
48	Mayock, Steve	17	Chapel Hill-Carrboro YMCA	58.36	56.66
48	Forni, Nicholas	17	Greater Holyoke YMCA	57.39	56.66
50	Reppy, Jon	17	Aurora Family YMCA	56.37	56.72
51	Bromage, Nathan	17	Greater Holyoke YMCA	57.54	56.74
52	Christian, Andrew	16	Lionville Community YMCA	59.03	56.79
53	Taylor, Derrick	15	Marion County Branch YMCA	49.74 Y	56.80
54	Brumbaugh, Bryan	17	Upper Main Line YMCA	57.15	56.84
55	Reed, Evan	14	Upper Main Line YMCA	57.73	56.85
56	Potter, Phillip	16	Stevens Point YMCA	58.10	56.87
57	Moran, Brian	18	Chambersburg Memorial YMCA	56.75 S	57.07
58	Spaulding, James	17	Flint YMCA	58.31	57.14
59	Syrett, David	17	YMCA Aquatic Center	58.29	57.15
60	Hanson, Joe	17	Appleton Family YMCA	58.18	57.16
61	Dockins, Jeff	18	J.F. Hurley YMCA	48.49 Y	57.17
62	Wright, Matt	16	ME Lyons YMCA	58.54	57.20
62	Walulik, Nick	15	Deerpath YMCA	58.78	57.20
62	Rambo, Jake	17	Pottstown Family YMCA	56.50 S	57.20
65	Snook, Garrett	17	Saginaw YMCA	56.60	57.31
66	Brooks, Payton	18	Huntington YMCA	49.22 Y	57.36
67	Dockins, Greg	17	J.F. Hurley YMCA	56.83	57.38
68	Epstein, Adam	17	YMCA Aquatic Center	49.99 Y	57.40
69	Ozimek, Mark	18	Kennett Area YMCA	48.89 Y	57.42
70	Kasberg, Tim	16	Jerry L Garver YMCA	49.47 Y	57.47
71	Kuehne, Patrick	15	Somerset Valley YMCA	50.72 Y	57.57
72	Hargraves, Brandon	16	Brandywine YMCA	57.93	57.59
73	Zimmer, Shane	16	South Community Family BR YM	57.88	57.61
74	Spaeth, Alex	16	Schroeder YMCA	56.89	57.63

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 100 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
74 Trifelos, Adam	16	Licking County Family YMCA	57.49 S	57.63
76 Callahan, Connor	16	Flint YMCA	59.11	57.66
77 Jackwin, Eric	15	East Hartford YMCA	59.59	57.68
78 Hershey, Matthew	15	West Shore-Harrisburg YMCA	59.14	57.71
79 Collins, Allan	18	South Community Family BR YM	59.32	57.74
80 Stone, Ben	16	Powel Crosley Branch YMCA	58.41	57.81
81 Grove, Stephen	16	Countryside-Warren County YMC	58.20	57.83
82 Smoker, David	16	Upper Main Line YMCA	58.75	57.86
83 Phelps, Charlie	15	Winston-Salem Central YMCA	59.25	57.89
84 Zupek, Greg	15	Schroeder YMCA	58.15	57.90
85 Mattson, James	16	YMCA of Greater Seattle	50.14 Y	57.91
86 Hauptman, David	17	Fanwood-Scotch Plains YMCA	59.30	57.92
87 Harris, Alphonse	15	Blue Ash Branch YMCA	58.71	57.95
88 Fellers, Sean	14	Miami County YMCA	57.97	57.98
89 Romanini, Dominick	16	State College Area YMCA	58.73	58.00
90 Sturm, Derek	15	Montclair YMCA	58.73	58.03
90 Prow, Scott	17	Somerset Valley YMCA	59.25	58.03
92 Buist, Chad	17	Mid-Delmarva Family YMCA	50.17 Y	58.04
93 McDonald, Matthew	17	YMCA OF Catawba Valley	59.06	58.06
94 Jung, Kevin	14	Montclair YMCA	58.49	58.08
95 Werner, Eddie	17	Anne Arundel YMCA	59.58	58.15
96 Fox, Matt	17	Western Family Branch YMCA	50.38 Y	58.17
97 Delves, Ryan	15	Northwestern Dupage YMCA	56.88 S	58.26
98 Ebert, Isaac	18	Cheshire Branch YMCA	56.54	58.39
99 Bax, Andy	17	Aurora Family YMCA	56.79 S	58.42
100 Dodge, Neal	18	Andover-North Andover YMCA	58.42	58.50
101 Reid, Andrew	14	N Shore/Lester Sterling BR Y	58.51	58.54
102 Carey, James	17	Powel Crosley Branch YMCA	58.76	58.56
103 Ryan, Kevin	16	Powel Crosley Branch YMCA	59.37	58.58
104 Jacob, Chris	17	Wilton Family YMCA	58.82	58.66
105 Ryan, Nate	16	Hatboro Area YMCA	50.22 Y	58.74
106 Kuhar, Brian	17	Northwestern Dupage YMCA	57.82 S	58.77
107 Grubbs, Alex	16	York & York County YMCA	50.03 Y	58.78
108 Kim, Kevin	15	Flushing Branch YMCA	58.79	58.80
108 Levin, Peter	18	Somerset Valley YMCA	58.78	58.80
110 Chung, Sung-Moon	15	Flushing Branch YMCA	58.53	58.83
111 Owens, Lloyd	16	YMCA Aquatic Center	58.51	58.85
112 Miller, John	18	Countryside-Warren County YMC	59.23	58.88
113 Amini-Hajibashi, Stratos	15	Schroeder YMCA	59.55	58.96
114 Heller, Andy	17	Wilton Family YMCA	59.31	58.97
115 Gonzalez, Joshua	16	Somerset Valley YMCA	57.93	59.01
116 Fox, Josh	19	Gr.Rapids/Southeast Br. YMCA	58.95	59.14
117 Harlin, Ky	18	South Shore YMCA	57.82	59.17
118 Yazhbin, Max	16	Westfield YMCA - Massachusetts	58.49	59.18
119 Wiener, Ben	16	Chapel Hill-Carrboro YMCA	57.64	59.21
120 Smith, Andy	19	Jerry L Garver YMCA	50.50 Y	59.28
121 Hagaman, Johnny	16	YMCA Of Western North Carolin	50.16 Y	59.30
122 Altman, Andrew	15	Wilton Family YMCA	59.46	59.33
123 Sauter, Trace	15	Upper Main Line YMCA	58.91	59.37
124 Howard, Patrick	18	Middletown Area Family YMCA	58.89	59.38

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 100 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
125 Albanese, Kevin	17	Tri-Hampton YMCA	50.71 Y	59.45
126 Weston, Garet	15	Indiana County YMCA	50.71 Y	59.63
127 Kiely, John	19	Pottstown Family YMCA	50.22 Y	59.65
127 Cooper, Adam	16	Harrison County YMCA	50.55 Y	59.65
129 Meleg, Alex	17	Wilton Family YMCA	59.42	59.71
130 Makovy, Igor	17	Indiana County YMCA	50.50 Y	59.74
131 Thaden, Michael	14	Chapel Hill-Carrboro YMCA	59.15	59.92
132 Thai, Kevin	15	Wilton Family YMCA	59.04	1:00.00
133 Watson, MAC	15	Schroeder YMCA	59.42	1:00.27
134 Zhang, Tony	17	Flushing Branch YMCA	50.19 Y	1:00.36
135 Hoffman, Michael	17	Rochester Northwest FamilyYMC	50.59 Y	1:00.49
136 Rhodenbaugh, Luke	14	Gamble Nippert YMCA	59.46	1:00.80
137 Weichert, Wesley	16	Schroeder YMCA	59.57	1:00.83
138 Page, Brian	18	Rochester Northwest FamilyYMC	50.72 Y	1:00.86
--- Shepell, Mark	16	Birmingham Family YMCA	50.70 Y	DQ
--- Nicolino, Matthew	18	Upper Main Line YMCA	56.32	DQ
--- Green, Mark	18	Somerset Valley YMCA	59.17	DQ

Men 200 LC Meter Freestyle**National: 1:52.97 * 1996****A. Messner****Ann Arbor, MI****Broken Rec: 1:52.25 # 2004****Savulich, Bobby**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Savulich, Bobby	16	Metuchen-Edison YMCA	1:57.40	1:52.25#
26.14	54.67 (28.53)	1:23.69 (29.02)	1:52.25 (28.56)	
2 Trepp, Andrew	17	Wilton Family YMCA	1:58.01	1:52.58*
26.61	55.38 (28.77)	1:24.43 (29.05)	1:52.58 (28.15)	
3 Bowling, Steven	18	Flint YMCA	1:58.36	1:58.04
27.31	56.62 (29.31)	1:26.69 (30.07)	1:58.04 (31.35)	
4 Aiken, Aaron	15	Marion County Branch YMCA	1:58.47	1:58.71
27.20	57.02 (29.82)	1:27.94 (30.92)	1:58.71 (30.77)	
5 Greene, Kyle	16	ME Lyons YMCA	1:59.49	1:58.98
27.97	58.15 (30.18)	1:29.10 (30.95)	1:58.98 (29.88)	
6 Brody, Matthew	18	Tampa Metro YMCA	1:59.23	1:59.99
27.50	58.00 (30.50)	1:29.60 (31.60)	1:59.99 (30.39)	
7 Young, Kyle	18	YMCA Aquatic Center	1:58.92	2:00.02
27.73	58.08 (30.35)	1:29.27 (31.19)	2:00.02 (30.75)	
8 Hughes, Chip	16	Middle Tyger YMCA	1:58.64	2:00.60
27.24	57.68 (30.44)	1:29.25 (31.57)	2:00.60 (31.35)	
B - Final				
9 Ryan, Jamie	15	TriValley Branch YMCA	2:00.67	1:59.34
28.05	58.55 (30.50)	1:29.56 (31.01)	1:59.34 (29.78)	
10 Baseheart, Kevin	15	Schroeder YMCA	2:01.26	2:00.19
28.33	59.42 (31.09)	1:31.15 (31.73)	2:00.19 (29.04)	
11 Northcutt, Michael	18	Huntington YMCA	2:00.29	2:00.26
27.98	58.13 (30.15)	1:28.92 (30.79)	2:00.26 (31.34)	
12 Lebovitz, David	17	Wilton Family YMCA	2:01.49	2:00.99
28.83	59.78 (30.95)	1:30.73 (30.95)	2:00.99 (30.26)	
13 Rubritz, Jonathan	15	York & York County YMCA	2:01.67	2:01.48
28.16	58.94 (30.78)	1:30.17 (31.23)	2:01.48 (31.31)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Men 200 LC Meter Freestyle)**

Name	Age	Team	Prelim Time	Finals Time
14 Russell, Gordon	18	Northwestern Dupage YMCA	2:00.64	2:01.97
	28.46	58.81 (30.35)	1:30.51 (31.70)	2:01.97 (31.46)
15 Leix, Matthew	18	Flint YMCA	2:00.67	2:02.14
	29.35	1:00.39 (31.04)	1:31.88 (31.49)	2:02.14 (30.26)
16 Wright, Steven	14	YMCA Aquatic Center	1:59.60	2:03.29
	27.90	58.58 (30.68)	1:31.00 (32.42)	2:03.29 (32.29)

Men 200 LC Meter FreestyleNational: **1:52.97** * 1996

A. Messner

Ann Arbor, MI

Broken Rec: **1:52.25** # 2004

Savulich, Bobby

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Savulich, Bobby	16	Metuchen-Edison YMCA	1:52.16	1:57.40
	57.04	1:57.40 (1:00.36)		
2 Trepp, Andrew	17	Wilton Family YMCA	1:55.20	1:58.01
	58.17	1:58.01 (59.84)		
3 Bowling, Steven	18	Flint YMCA	1:59.01	1:58.36
	57.88	1:58.36 (1:00.48)		
4 Aiken, Aaron	15	Marion County Branch YMCA	1:43.68 Y	1:58.47
	56.75	1:58.47 (1:01.72)		
5 Hughes, Chip	16	Middle Tyger YMCA	2:00.80	1:58.64
	57.44	1:58.64 (1:01.20)		
6 Young, Kyle	18	YMCA Aquatic Center	2:03.51	1:58.92
	57.90	1:58.92 (1:01.02)		
7 Brody, Matthew	18	Tampa Metro YMCA	1:58.59	1:59.23
	57.51	1:59.23 (1:01.72)		
8 Greene, Kyle	16	ME Lyons YMCA	2:01.09	1:59.49
	58.66	1:59.49 (1:00.83)		
9 Wright, Steven	14	YMCA Aquatic Center	1:44.70 Y	1:59.60
	57.90	1:59.60 (1:01.70)		
10 Northcutt, Michael	18	Huntington YMCA	1:59.82	2:00.29
	58.67	2:00.29 (1:01.62)		
11 Russell, Gordon	18	Northwestern Dupage YMCA	2:04.94	2:00.64
	58.36	2:00.64 (1:02.28)		
12 Ryan, Jamie	15	TriValley Branch YMCA	2:05.13	2:00.67
	58.64	2:00.67 (1:02.03)		
12 Leix, Matthew	18	Flint YMCA	2:01.95	2:00.67
	58.75	2:00.67 (1:01.92)		
14 Baseheart, Kevin	15	Schroeder YMCA	1:45.85 Y	2:01.26
	57.34	2:01.26 (1:03.92)		
15 Lebovitz, David	17	Wilton Family YMCA	2:04.31	2:01.49
	59.72	2:01.49 (1:01.77)		
16 Rubritz, Jonathan	15	York & York County YMCA	1:47.33 Y	2:01.67
	58.15	2:01.67 (1:03.52)		
17 Cunningham, Andrew	16	North Central Florida YMCA	2:06.21	2:01.69
	59.29	2:01.69 (1:02.40)		
18 Gottinger, Caleb	16	Schroeder YMCA	2:02.46	2:01.74
	58.83	2:01.74 (1:02.91)		
19 Berger, Matt	18	ME Lyons YMCA	2:08.22	2:02.30
	1:00.41	2:02.30 (1:01.89)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
20	Shupe, Denny 59.45	18	Upper Main Line YMCA	2:04.28	2:02.36
				2:02.36 (1:02.91)	
21	Reppy, Jon 59.02	17	Aurora Family YMCA	2:06.15	2:02.45
				2:02.45 (1:03.43)	
22	Farreny, Kristopher 58.23	18	Hamilton Area YMCA	2:06.04	2:02.46
				2:02.46 (1:04.23)	
23	Geissinger, John 59.90	17	Darien Community YMCA	2:03.39	2:02.51
				2:02.51 (1:02.61)	
24	Roth, Brad 56.74	18	Reading & Berks YMCA	2:00.70	2:02.63
				2:02.63 (1:05.89)	
25	Ricketts, Daniel 1:00.61	17	Western Family Branch YMCA	1:45.29 Y	2:02.72
				2:02.72 (1:02.11)	
26	Kuntz, Brendan 59.11	16	Greater Holyoke YMCA	2:06.37	2:02.85
				2:02.85 (1:03.74)	
27	Goodman, Jared 58.60	17	Cheshire Branch YMCA	2:04.21	2:03.05
				2:03.05 (1:04.45)	
28	Baity, Mike 59.79	18	Darien Community YMCA	1:44.48 Y	2:03.07
				2:03.07 (1:03.28)	
29	Dyer, Mitchell 59.95	18	Green Bay Metro YMCA	2:03.72	2:03.32
				2:03.32 (1:03.37)	
29	Epstein, Adam 1:00.09	17	YMCA Aquatic Center	1:47.68 Y	2:03.32
				2:03.32 (1:03.23)	
31	Wright, Matt 59.70	16	ME Lyons YMCA	2:04.83	2:03.50
				2:03.50 (1:03.80)	
32	Reed, Evan 58.60	14	Upper Main Line YMCA	2:07.71	2:03.54
				2:03.54 (1:04.94)	
33	Bennitt, George 59.29	17	Upper Main Line YMCA	1:47.75 Y	2:03.75
				2:03.75 (1:04.46)	
34	Ollila, Alex 1:00.55	16	Countryside-Warren County YMC	2:10.54	2:03.77
				2:03.77 (1:03.22)	
35	Hug, Kevin 59.02	18	Tampa Metro YMCA	1:46.58 Y	2:03.79
				2:03.79 (1:04.77)	
36	Wilder, Russell 59.33	18	North Central Florida YMCA	2:05.98	2:04.17
				2:04.17 (1:04.84)	
36	Gantzer, Andy 59.87	17	Gamble Nippert YMCA	2:05.44	2:04.17
				2:04.17 (1:04.30)	
38	Lewing, Jake 1:00.35	15	Tri-Hampton YMCA	2:09.22	2:04.48
				2:04.48 (1:04.13)	
39	Travnik, Matt 1:01.31	16	Joliet YMCA	2:07.17	2:04.49
				2:04.49 (1:03.18)	
40	Coronato, Joe 1:00.10	18	Ocean County YMCA	2:06.12	2:04.51
				2:04.51 (1:04.41)	
41	Straughn, Kevin 1:00.13	16	Chapel Hill-Carrboro YMCA	2:07.95	2:04.56
				2:04.56 (1:04.43)	
42	Pelton, Shane 1:00.07	18	Upper Main Line YMCA	2:09.63	2:04.65
				2:04.65 (1:04.58)	
43	Brumbaugh, Bryan 59.89	17	Upper Main Line YMCA	2:10.68	2:04.67
				2:04.67 (1:04.78)	
44	Grove, Stephen 1:00.09	16	Countryside-Warren County YMC	2:05.47	2:04.68
				2:04.68 (1:04.59)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
45 Sparks, Charlie	17	ME Lyons YMCA	2:04.18	2:04.72
59.58	2:04.72 (1:05.14)			
46 Moryan, Grant	16	Somerset Hills YMCA	1:50.48 Y	2:04.74
59.97	2:04.74 (1:04.77)			
47 Potter, Phillip	16	Stevens Point YMCA	2:08.62	2:04.76
1:00.08	2:04.76 (1:04.68)			
48 Richard, Chris	16	Door County YMCA	2:10.48	2:04.97
58.82	2:04.97 (1:06.15)			
49 Buckles, Nick	16	Northwestern Dupage YMCA	2:09.29	2:05.00
1:00.43	2:05.00 (1:04.57)			
50 Bubb, Wesley	17	Kishwaukee Family YMCA	2:04.83	2:05.11
1:00.23	2:05.11 (1:04.88)			
51 Zupsek, Greg	15	Schroeder YMCA	1:47.81 Y	2:05.37
1:00.37	2:05.37 (1:05.00)			
52 Creasy, Ben	16	Middle Tyger YMCA	2:09.28	2:05.41
57.67	2:05.41 (1:07.74)			
53 Sturm, Derek	15	Montclair YMCA	2:05.26	2:05.56
59.87	2:05.56 (1:05.69)			
54 Barr, Stuart	17	Sussex Family YMCA	1:49.48 Y	2:05.57
1:00.82	2:05.57 (1:04.75)			
55 Bartolone, Vincent	16	Hamilton Area YMCA	2:10.20	2:05.67
1:00.56	2:05.67 (1:05.11)			
56 Priestley, Morgan	14	Birmingham Family YMCA	1:48.47 Y	2:05.75
1:02.43	2:05.75 (1:03.32)			
57 Hargraves, Brandon	16	Brandywine YMCA	2:04.58	2:05.77
1:00.15	2:05.77 (1:05.62)			
58 Collins, Patrick	14	East Hartford YMCA	2:10.07	2:05.83
1:00.49	2:05.83 (1:05.34)			
59 Thomas, Scott	17	Reading & Berks YMCA	2:10.76	2:06.03
1:00.92	2:06.03 (1:05.11)			
60 Delves, Ryan	15	Northwestern Dupage YMCA	2:10.67	2:06.21
1:00.98	2:06.21 (1:05.23)			
61 Fox, Josh	19	Gr.Rapids/Southeast Br. YMCA	2:05.87	2:06.26
1:01.73	2:06.26 (1:04.53)			
62 Buist, Chad	17	Mid-Delmarva Family YMCA	1:48.30 Y	2:06.47
1:02.16	2:06.47 (1:04.31)			
63 Miller, Chris	16	Lebanon Valley Family YMCA	1:50.41 Y	2:06.53
1:00.28	2:06.53 (1:06.25)			
64 Collins, TJ	16	South Community Family BR YM	2:07.48	2:06.80
58.78	2:06.80 (1:08.02)			
65 Poster, Myles	15	Glens Falls YMCA	1:48.88 Y	2:06.82
1:02.85	2:06.82 (1:03.97)			
66 Schluederberg, Bret	16	Chapel Hill-Carrboro YMCA	1:48.38 Y	2:06.87
1:02.56	2:06.87 (1:04.31)			
67 Reid, Andrew	14	N Shore/Lester Sterling BR Y	2:07.40	2:06.88
1:02.00	2:06.88 (1:04.88)			
68 Potvin, Doug	17	YMCA Aquatic Center	1:47.83 Y	2:07.02
58.88	2:07.02 (1:08.14)			
69 Geissinger, Peter	15	Darien Community YMCA	2:06.44	2:07.08
1:01.17	2:07.08 (1:05.91)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
70 Jackwin, Eric	15	East Hartford YMCA	2:09.54	2:07.16
1:01.36	2:07.16 (1:05.80)			
70 Ranta, Brian	17	N Shore/Lester Sterling BR Y	1:50.49 Y	2:07.16
1:01.11	2:07.16 (1:06.05)			
72 Cummings, Luke	16	Door County YMCA	1:50.47 Y	2:07.29
1:01.54	2:07.29 (1:05.75)			
73 Owens, Lloyd	16	YMCA Aquatic Center	2:10.27	2:07.32
1:00.62	2:07.32 (1:06.70)			
74 Spaeth, Alex	16	Schroeder YMCA	2:07.02	2:07.34
59.60	2:07.34 (1:07.74)			
75 Molloy, Michael	16	Ocean County YMCA	2:09.26	2:07.36
1:02.49	2:07.36 (1:04.87)			
76 Phelps, Charlie	15	Winston-Salem Central YMCA	2:10.44	2:07.37
1:00.62	2:07.37 (1:06.75)			
77 Natali, Andrew	16	Appleton Family YMCA	2:10.70	2:07.43
1:01.97	2:07.43 (1:05.46)			
78 Ozimek, Mark	18	Kennett Area YMCA	1:51.39 Y	2:07.47
1:01.30	2:07.47 (1:06.17)			
79 Charles, Jordan	18	Lebanon Valley Family YMCA	1:46.57 Y	2:07.62
58.76	2:07.62 (1:08.86)			
80 Mayock, Steve	17	Chapel Hill-Carrboro YMCA	2:06.90 S	2:07.65
1:01.07	2:07.65 (1:06.58)			
81 Rambo, Jake	17	Pottstown Family YMCA	2:07.46 S	2:07.79
59.36	2:07.79 (1:08.43)			
82 Ryan, Kevin	16	Powel Crosley Branch YMCA	1:48.50 Y	2:07.82
1:01.94	2:07.82 (1:05.88)			
83 McDonald, Matthew	17	YMCA OF Catawba Valley	1:48.77 Y	2:07.90
1:01.39	2:07.90 (1:06.51)			
84 Thiel, Ryan	16	Greater Johnstown Comm. YMCA	1:49.60 Y	2:07.93
1:01.03	2:07.93 (1:06.90)			
85 Fellers, Sean	14	Miami County YMCA	2:06.91	2:07.97
1:01.49	2:07.97 (1:06.48)			
86 Ebert, Isaac	18	Cheshire Branch YMCA	2:05.87	2:08.07
1:00.10	2:08.07 (1:07.97)			
87 Gutierrez, Daniel	17	YMCA Aquatic Center	2:09.48	2:08.12
1:02.57	2:08.12 (1:05.55)			
88 Johnson, Brian	16	Palisades-Malibu YMCA	2:09.91	2:08.15
1:00.17	2:08.15 (1:07.98)			
89 Gonzalez, Joshua	16	Somerset Valley YMCA	2:05.83	2:08.23
1:01.67	2:08.23 (1:06.56)			
90 Hewitt, Alex	17	Countryside-Warren County YMC	2:09.67	2:08.29
1:00.94	2:08.29 (1:07.35)			
91 Wallace, Lawson	15	Rappahannock Area YMCA	1:50.38 Y	2:08.30
1:02.72	2:08.30 (1:05.58)			
92 Harris, Alphonse	15	Blue Ash Branch YMCA	2:10.46	2:08.37
1:01.43	2:08.37 (1:06.94)			
92 Bromann, Brett	15	Aurora Family YMCA	2:10.34	2:08.37
1:00.96	2:08.37 (1:07.41)			
94 Grubbs, Alex	16	York & York County YMCA	1:48.52 Y	2:08.81
1:02.00	2:08.81 (1:06.81)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
95 Livolsi, James	16	Fanwood-Scotch Plains YMCA	1:49.99 Y	2:08.85
	1:01.31	2:08.85 (1:07.54)		
96 Francis, James	15	East Hartford YMCA	1:50.98 Y	2:09.10
	1:01.11	2:09.10 (1:07.99)		
97 Young, Matt	17	Wilton Family YMCA	2:10.82	2:09.40
	1:01.99	2:09.40 (1:07.41)		
98 Kuhar, Brian	17	Northwestern Dupage YMCA	2:06.46 S	2:09.66
	1:02.05	2:09.66 (1:07.61)		
99 Fredericks, Kyle	13	Northwestern Dupage YMCA	2:10.12	2:10.13
	1:02.81	2:10.13 (1:07.32)		
100 Honore, Brian	16	Hamilton Area YMCA	2:10.48	2:10.19
	1:01.19	2:10.19 (1:09.00)		
101 Shears, Chris	15	Chapel Hill-Carrboro YMCA	2:07.91 S	2:10.26
	1:04.85	2:10.26 (1:05.41)		
102 Uding, Grant	14	Leaning Tower YMCA	2:07.64 S	2:10.41
	1:03.04	2:10.41 (1:07.37)		
103 McNeese, Will	17	Hamilton Area YMCA	2:09.13	2:10.51
	1:03.19	2:10.51 (1:07.32)		
104 Levin, Peter	18	Somerset Valley YMCA	2:07.71	2:10.62
	1:02.53	2:10.62 (1:08.09)		
104 Schramm, Corey	18	Powel Crosley Branch YMCA	2:09.01	2:10.62
	1:03.83	2:10.62 (1:06.79)		
106 Zuerlein, Nick	15	Tampa Metro YMCA	2:10.97	2:10.95
	1:01.74	2:10.95 (1:09.21)		
107 Kim, Kevin	15	Flushing Branch YMCA	2:05.30 S	2:11.13
	1:01.44	2:11.13 (1:09.69)		
108 Meleg, Alex	17	Wilton Family YMCA	2:10.85	2:11.20
	1:02.96	2:11.20 (1:08.24)		
109 Coyle, Ryan	16	Huntington YMCA	2:10.17	2:11.33
	1:02.11	2:11.33 (1:09.22)		
110 Swenson, Billy	17	Fanwood-Scotch Plains YMCA	1:49.79 Y	2:11.41
	1:03.06	2:11.41 (1:08.35)		
111 Kasberg, Tim	16	Jerry L Garver YMCA	1:50.96 Y	2:11.79
	1:02.90	2:11.79 (1:08.89)		
112 Olson, Tim	15	Tampa Metro YMCA	2:09.67	2:12.13
	1:02.50	2:12.13 (1:09.63)		
113 Hurst, Christian	15	N Shore/Lester Sterling BR Y	2:07.81 S	2:12.56
	1:03.89	2:12.56 (1:08.67)		
114 Medaglio, Robert	16	Andover-North Andover YMCA	2:06.52 S	2:12.59
	1:00.70	2:12.59 (1:11.89)		
115 Harlin, Ky	18	South Shore YMCA	2:09.16	2:12.69
	1:02.72	2:12.69 (1:09.97)		

Men 400 LC Meter Freestyle**National: 3:59.19 * 1996****A. Messner****Ann Arbor, MI**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Trepp, Andrew	17	Wilton Family YMCA	4:07.33	4:00.64
	58.34	2:01.25 (1:02.91)	3:02.70 (1:01.45)	4:00.64 (57.94)
2 Savulich, Bobby	16	Metuchen-Edison YMCA	4:10.84	4:00.83
	58.06	2:00.58 (1:02.52)	3:02.28 (1:01.70)	4:00.83 (58.55)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Men 400 LC Meter Freestyle)**

Name	Age	Team	Prelim Time	Finals Time
3 Schenck, Chris	18	Northwestern Dupage YMCA	4:04.39	4:04.27
58.71	2:01.69 (1:02.98)	3:04.07 (1:02.38)	4:04.27 (1:00.20)	
4 Yarborough, Cole	16	Winston-Salem Central YMCA	4:10.16	4:08.03
1:00.30	2:03.58 (1:03.28)	3:06.54 (1:02.96)	4:08.03 (1:01.49)	
5 Young, Kyle	18	YMCA Aquatic Center	4:10.07	4:08.33
59.73	2:03.37 (1:03.64)	3:06.70 (1:03.33)	4:08.33 (1:01.63)	
6 Dunn, Eric	16	Brandywine-De YMCA	4:10.13	4:08.57
58.58	2:02.19 (1:03.61)	3:06.63 (1:04.44)	4:08.57 (1:01.94)	
7 Galbreath, Justin	16	South Community Family BR YM	4:08.09	4:08.95
59.87	2:03.53 (1:03.66)	3:06.63 (1:03.10)	4:08.95 (1:02.32)	
8 Greene, Kyle	16	ME Lyons YMCA	4:11.93	4:17.52
1:00.97	2:05.94 (1:04.97)	3:11.85 (1:05.91)	4:17.52 (1:05.67)	

B - Final

9 Asseff, Ben	18	Huntington YMCA	4:13.31	4:09.85
59.98	2:03.01 (1:03.03)	3:06.96 (1:03.95)	4:09.85 (1:02.89)	
10 Long, Andy	17	Aurora Family YMCA	4:12.68	4:10.33
59.11	2:02.43 (1:03.32)	3:06.99 (1:04.56)	4:10.33 (1:03.34)	
11 Northcutt, Michael	18	Huntington YMCA	4:12.08	4:10.54
1:01.60	2:05.08 (1:03.48)	3:08.70 (1:03.62)	4:10.54 (1:01.84)	
12 Baseheart, Kevin	15	Schroeder YMCA	4:15.04	4:12.48
59.34	2:04.55 (1:05.21)	3:10.54 (1:05.99)	4:12.48 (1:01.94)	
13 Hughes, Chip	16	Middle Tyger YMCA	4:13.83	4:13.27
59.68	2:04.01 (1:04.33)	3:09.59 (1:05.58)	4:13.27 (1:03.68)	
14 Elsworth, Kit	17	Hamden/North Haven YMCA	4:15.59	4:13.97
59.81	2:03.90 (1:04.09)	3:09.36 (1:05.46)	4:13.97 (1:04.61)	
15 Cunningham, Andrew	16	North Central Florida YMCA	4:14.39	4:17.23
1:00.41	2:05.18 (1:04.77)	3:11.03 (1:05.85)	4:17.23 (1:06.20)	
16 Leibold, Robby	17	Appleton Family YMCA	4:15.56	4:19.08
1:01.24	2:05.81 (1:04.57)	3:12.45 (1:06.64)	4:19.08 (1:06.63)	

Men 400 LC Meter Freestyle**National: 3:59.19 * 1996****A. Messner****Ann Arbor, MI**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Schenck, Chris	18	Northwestern Dupage YMCA	4:05.66	4:04.39
57.43	1:59.21 (1:01.78)	3:02.35 (1:03.14)	4:04.39 (1:02.04)	
2 Trepp, Andrew	17	Wilton Family YMCA	4:03.67	4:07.33
59.33	2:03.26 (1:03.93)	3:06.06 (1:02.80)	4:07.33 (1:01.27)	
3 Galbreath, Justin	16	South Community Family BR YM	4:10.65	4:08.09
59.66	2:03.72 (1:04.06)	3:06.55 (1:02.83)	4:08.09 (1:01.54)	
4 Young, Kyle	18	YMCA Aquatic Center	4:17.59	4:10.07
1:00.82	2:04.47 (1:03.65)	3:07.59 (1:03.12)	4:10.07 (1:02.48)	
5 Dunn, Eric	16	Brandywine-De YMCA	4:11.33	4:10.13
59.14	2:03.05 (1:03.91)	3:07.06 (1:04.01)	4:10.13 (1:03.07)	
6 Yarborough, Cole	16	Winston-Salem Central YMCA	4:19.42	4:10.16
1:00.07	2:03.53 (1:03.46)	3:07.32 (1:03.79)	4:10.16 (1:02.84)	
7 Savulich, Bobby	16	Metuchen-Edison YMCA	4:05.44	4:10.84
58.88	2:02.51 (1:03.63)	3:06.56 (1:04.05)	4:10.84 (1:04.28)	
8 Greene, Kyle	16	ME Lyons YMCA	4:19.68	4:11.93
1:00.58	2:04.65 (1:04.07)	3:08.86 (1:04.21)	4:11.93 (1:03.07)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
9 Northcutt, Michael	18	Huntington YMCA	4:10.79	4:12.08
58.93	2:01.53 (1:02.60)	3:06.05 (1:04.52)	4:12.08 (1:06.03)	
10 Long, Andy	17	Aurora Family YMCA	4:17.18	4:12.68
59.20	2:03.13 (1:03.93)	3:08.36 (1:05.23)	4:12.68 (1:04.32)	
11 Asseff, Ben	18	Huntington YMCA	4:10.69	4:13.31
58.99	2:02.71 (1:03.72)	3:07.51 (1:04.80)	4:13.31 (1:05.80)	
12 Hughes, Chip	16	Middle Tyger YMCA	4:15.18	4:13.83
59.40	2:05.62 (1:06.22)	3:10.63 (1:05.01)	4:13.83 (1:03.20)	
13 Cunningham, Andrew	16	North Central Florida YMCA	4:21.56	4:14.39
59.89	2:04.25 (1:04.36)	3:09.28 (1:05.03)	4:14.39 (1:05.11)	
14 Baseheart, Kevin	15	Schroeder YMCA	4:16.39	4:15.04
1:00.36	2:04.91 (1:04.55)	3:10.74 (1:05.83)	4:15.04 (1:04.30)	
15 Leibold, Robby	17	Appleton Family YMCA	4:29.20	4:15.56
1:01.01	2:05.04 (1:04.03)	3:11.21 (1:06.17)	4:15.56 (1:04.35)	
16 Elsworth, Kit	17	Hamden/North Haven YMCA	4:20.91	4:15.59
59.77	2:04.37 (1:04.60)	3:10.10 (1:05.73)	4:15.59 (1:05.49)	
17 Reppy, Jon	17	Aurora Family YMCA	4:31.55	4:16.79
59.59	2:05.13 (1:05.54)	3:12.00 (1:06.87)	4:16.79 (1:04.79)	
18 Krone, Paul	17	Blue Ash Branch YMCA	4:30.07	4:16.87
1:01.98	2:07.31 (1:05.33)	3:12.33 (1:05.02)	4:16.87 (1:04.54)	
19 Greytak, Graham	17	Wilton Family YMCA	4:21.04	4:17.10
1:00.29	2:06.07 (1:05.78)	3:12.12 (1:06.05)	4:17.10 (1:04.98)	
20 Wright, Steven	14	YMCA Aquatic Center	4:41.69 Y	4:17.18
1:00.30	2:05.75 (1:05.45)	3:12.81 (1:07.06)	4:17.18 (1:04.37)	
21 Lebovitz, David	17	Wilton Family YMCA	4:31.74	4:17.80
1:00.86	2:06.16 (1:05.30)	3:12.17 (1:06.01)	4:17.80 (1:05.63)	
22 Ryan, Jamie	15	TriValley Branch YMCA	4:25.23	4:17.83
1:00.42	2:05.80 (1:05.38)	3:12.62 (1:06.82)	4:17.83 (1:05.21)	
23 Calloway, Adam	16	Rappahannock Area YMCA	4:18.79	4:18.29
59.60	2:05.70 (1:06.10)	3:12.24 (1:06.54)	4:18.29 (1:06.05)	
24 Sparks, Charlie	17	ME Lyons YMCA	4:27.38	4:18.39
1:01.06	2:07.22 (1:06.16)	3:13.21 (1:05.99)	4:18.39 (1:05.18)	
25 Travnik, Matt	16	Joliet YMCA	4:49.69 Y	4:18.92
1:03.02	2:08.64 (1:05.62)	3:14.00 (1:05.36)	4:18.92 (1:04.92)	
26 Bubb, Wesley	17	Kishwaukee Family YMCA	4:21.63	4:20.60
1:01.29	2:07.07 (1:05.78)	3:14.21 (1:07.14)	4:20.60 (1:06.39)	
26 Kuntz, Brendan	16	Greater Holyoke YMCA	4:31.58	4:20.60
59.99	2:06.61 (1:06.62)	3:14.10 (1:07.49)	4:20.60 (1:06.50)	
28 Smoker, David	16	Upper Main Line YMCA	4:56.52 Y	4:20.91
1:00.84	2:07.88 (1:07.04)	3:15.31 (1:07.43)	4:20.91 (1:05.60)	
29 Mannion, Jamie	15	N Shore/Lester Sterling BR Y	4:26.18	4:20.95
1:02.11	2:08.07 (1:05.96)	3:14.05 (1:05.98)	4:20.95 (1:06.90)	
30 Epstein, Adam	17	YMCA Aquatic Center	4:50.54 Y	4:22.02
1:03.13	2:10.01 (1:06.88)	3:16.56 (1:06.55)	4:22.02 (1:05.46)	
31 Kearney, Jonathan	18	Upper Main Line YMCA	4:18.56	4:22.33
1:00.15	2:06.46 (1:06.31)	3:14.62 (1:08.16)	4:22.33 (1:07.71)	
32 Benigno, John	16	Somerset Valley YMCA	4:28.55	4:22.93
1:02.69	2:09.65 (1:06.96)	3:17.62 (1:07.97)	4:22.93 (1:05.31)	
33 Farreny, Kristopher	18	Hamilton Area YMCA	4:22.86	4:23.16
58.67	2:05.47 (1:06.80)	3:14.59 (1:09.12)	4:23.16 (1:08.57)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
34 Tseng, Joseph	15	Montclair YMCA	4:26.76	4:23.36
	1:01.69	2:08.71 (1:07.02)	3:16.66 (1:07.95)	4:23.36 (1:06.70)
35 Soisson, Drew	16	West Shore-Harrisburg YMCA	4:30.92	4:24.15
	1:01.86	2:08.57 (1:06.71)	3:16.71 (1:08.14)	4:24.15 (1:07.44)
36 Gottinger, Caleb	16	Schroeder YMCA	4:24.25	4:24.22
	1:02.53	2:08.63 (1:06.10)	3:16.24 (1:07.61)	4:24.22 (1:07.98)
37 Aiken, Aaron	15	Marion County Branch YMCA	4:40.38 Y	4:24.30
	59.69	2:05.80 (1:06.11)	3:14.70 (1:08.90)	4:24.30 (1:09.60)
38 Rienzo, Matthew	16	Hamden/North Haven YMCA	4:15.51	4:24.43
	1:02.83	2:10.40 (1:07.57)	3:18.40 (1:08.00)	4:24.43 (1:06.03)
38 Bentz, Joe	16	York & York County YMCA	4:45.81 Y	4:24.43
	1:01.95	2:09.41 (1:07.46)	3:17.51 (1:08.10)	4:24.43 (1:06.92)
40 Ollila, Alex	16	Countryside-Warren County YMC	4:30.79	4:24.64
	1:02.42	2:09.60 (1:07.18)	3:17.65 (1:08.05)	4:24.64 (1:06.99)
41 Long, Chris	15	Aurora Family YMCA	4:51.63 Y	4:24.98
	1:02.14	2:09.27 (1:07.13)	3:17.20 (1:07.93)	4:24.98 (1:07.78)
42 Thomas, Scott	17	Reading & Berks YMCA	4:32.13	4:25.04
	1:02.73	2:10.60 (1:07.87)	3:18.54 (1:07.94)	4:25.04 (1:06.50)
43 Pelka, Bryan	17	YMCA OF Gr. Elgin Taylor Fami	4:26.73	4:25.63
	1:02.67	2:09.81 (1:07.14)	3:18.04 (1:08.23)	4:25.63 (1:07.59)
44 Natali, Andrew	16	Appleton Family YMCA	4:32.56	4:26.27
	1:03.18	2:11.49 (1:08.31)	3:20.41 (1:08.92)	4:26.27 (1:05.86)
45 Gutierrez, Daniel	17	YMCA Aquatic Center	4:29.68	4:27.56
	1:03.57	2:12.06 (1:08.49)	3:20.11 (1:08.05)	4:27.56 (1:07.45)
46 Kowal, Ed	16	Huntington YMCA	4:29.80	4:27.80
	1:02.69	2:11.17 (1:08.48)	3:20.33 (1:09.16)	4:27.80 (1:07.47)
47 Jackwin, Eric	15	East Hartford YMCA	4:28.22	4:27.92
	1:01.96	2:10.49 (1:08.53)	3:19.94 (1:09.45)	4:27.92 (1:07.98)
48 Stefl, David	15	Farmington Family YMCA	4:47.00 Y	4:28.23
	1:02.75	2:10.36 (1:07.61)	3:19.50 (1:09.14)	4:28.23 (1:08.73)
49 Coronato, Joe	18	Ocean County YMCA	4:50.38 Y	4:28.58
	1:02.32	2:09.49 (1:07.17)	3:19.11 (1:09.62)	4:28.58 (1:09.47)
50 Hargraves, Brandon	16	Brandywine YMCA	4:25.47	4:29.59
	1:01.17	2:09.18 (1:08.01)	3:19.30 (1:10.12)	4:29.59 (1:10.29)
51 Fox, Josh	19	Gr.Rapids/Southeast Br. YMCA	4:28.03	4:29.68
	1:03.52	2:12.25 (1:08.73)	3:21.16 (1:08.91)	4:29.68 (1:08.52)
52 Fredericks, Kyle	13	Northwestern Dupage YMCA	4:30.91	4:30.25
	1:02.79	2:11.82 (1:09.03)	3:21.57 (1:09.75)	4:30.25 (1:08.68)
53 Cressman, Chad	17	Howard County YMCA	4:31.96	4:31.14
	1:04.52	2:14.05 (1:09.53)	3:24.20 (1:10.15)	4:31.14 (1:06.94)
54 Schramm, Ryan	18	Powel Crosley Branch YMCA	4:26.75	4:32.18
	1:04.66	2:13.89 (1:09.23)	3:22.39 (1:08.50)	4:32.18 (1:09.79)
55 Raymar, Aaron	18	Somerset Hills YMCA	4:51.15 Y	4:33.66
	1:03.46	2:12.30 (1:08.84)	3:23.09 (1:10.79)	4:33.66 (1:10.57)
56 Tyler, Alex	15	Birmingham Family YMCA	4:55.87 Y	4:34.48
	1:03.66	2:13.54 (1:09.88)	3:24.73 (1:11.19)	4:34.48 (1:09.75)
57 Honore, Brian	16	Hamilton Area YMCA	4:55.94 Y	4:34.59
	1:02.94	2:12.57 (1:09.63)	3:24.37 (1:11.80)	4:34.59 (1:10.22)
58 Miller, Chris	16	Lebanon Valley Family YMCA	4:44.52 Y	4:35.49
	1:01.26	2:10.48 (1:09.22)	3:22.96 (1:12.48)	4:35.49 (1:12.53)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
59 Swenson, Billy	17	Fanwood-Scotch Plains YMCA	4:54.49 Y	4:38.99
			1:04.74 2:17.24 (1:12.50) 3:29.06 (1:11.82) 4:38.99 (1:09.93)	
60 Ebert, Isaac	18	Cheshire Branch YMCA	4:56.61 Y	4:39.38
			1:03.95 2:15.11 (1:11.16) 3:27.07 (1:11.96) 4:39.38 (1:12.31)	

Men 800 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Schenck, Chris	18	Northwestern Dupage YMCA	8:33.92	8:25.64#
			28.79 1:00.17 (31.38) 1:32.46 (32.29) 2:04.87 (32.41)	
			2:36.85 (31.98) 3:09.13 (32.28) 3:41.69 (32.56) 4:14.48 (32.79)	
			4:46.05 (31.57) 5:17.88 (31.83) 5:49.58 (31.70) 6:21.44 (31.86)	
			6:52.74 (31.30) 7:24.21 (31.47) 7:49.47 (25.26) 8:25.64 (36.17)	
2 Dunn, Eric	16	Brandywine-De YMCA	8:43.80	8:28.21
			27.93 58.97 (31.04) 1:30.99 (32.02) 2:03.02 (32.03)	
			2:35.02 (32.00) 3:07.17 (32.15) 3:39.70 (32.53) 4:11.88 (32.18)	
			4:43.81 (31.93) 5:15.84 (32.03) 5:48.09 (32.25) 6:20.40 (32.31)	
			6:52.92 (32.52) 7:24.83 (31.91) 7:56.88 (32.05) 8:28.21 (31.33)	
3 Galbreath, Justin	16	South Community Family BR YM	8:43.43	8:29.31
			29.30 1:01.08 (31.78) 1:33.45 (32.37) 2:05.97 (32.52)	
			2:38.12 (32.15) 3:10.65 (32.53) 3:42.83 (32.18) 4:15.29 (32.46)	
			4:43.54 (28.25) 5:19.03 (35.49) 5:50.85 (31.82) 6:22.80 (31.95)	
			6:54.32 (31.52) 7:26.25 (31.93) 7:58.17 (31.92) 8:29.31 (31.14)	
4 Young, Kyle	18	YMCA Aquatic Center	8:51.79	8:30.33
			28.72 1:00.03 (31.31) 1:32.15 (32.12) 2:04.34 (32.19)	
			2:36.51 (32.17) 3:08.74 (32.23) 3:40.98 (32.24) 4:13.26 (32.28)	
			4:45.71 (32.45) 5:18.37 (32.66) 5:50.84 (32.47) 6:23.16 (32.32)	
			6:54.97 (31.81) 7:27.21 (32.24) 7:59.23 (32.02) 8:30.33 (31.10)	
5 Yarborough, Cole	16	Winston-Salem Central YMCA	8:57.52	8:38.89
			29.67 1:01.96 (32.29) 1:34.48 (32.52) 2:07.33 (32.85)	
			2:40.15 (32.82) 3:13.17 (33.02) 3:46.05 (32.88) 4:18.95 (32.90)	
			4:51.57 (32.62) 5:24.50 (32.93) 5:57.05 (32.55) 6:29.92 (32.87)	
			6:59.41 (29.49) 7:35.41 (36.00) 8:03.32 (27.91) 8:38.89 (35.57)	
6 Asseff, Ben	18	Huntington YMCA	9:21.55 Y	8:45.23
			29.17 1:00.71 (31.54) 1:33.05 (32.34) 2:05.65 (32.60)	
			2:38.35 (32.70) 3:12.03 (33.68) 3:45.55 (33.52) 4:19.71 (34.16)	
			4:52.66 (32.95) 5:26.23 (33.57) 5:58.85 (32.62) 6:32.23 (33.38)	
			7:05.25 (33.02) 7:38.93 (33.68) 8:12.66 (33.73) 8:45.23 (32.57)	
7 Long, Andy	17	Aurora Family YMCA	8:49.70	8:46.78
			28.94 1:00.46 (31.52) 1:32.53 (32.07) 2:05.10 (32.57)	
			2:38.15 (33.05) 3:11.08 (32.93) 3:44.44 (33.36) 4:17.73 (33.29)	
			4:51.61 (33.88) 5:25.45 (33.84) 5:59.26 (33.81) 6:33.25 (33.99)	
			7:07.31 (34.06) 7:41.06 (33.75) 8:14.49 (33.43) 8:46.78 (32.29)	
8 Prue, Ben	17	Wilton Family YMCA	8:47.63	8:47.35
			29.93 1:02.04 (32.11) 1:34.98 (32.94) 2:07.88 (32.90)	
			2:41.14 (33.26) 3:14.36 (33.22) 3:48.02 (33.66) 4:22.12 (34.10)	
			4:55.58 (33.46) 5:29.36 (33.78) 6:03.06 (33.70) 6:36.84 (33.78)	
			7:10.45 (33.61) 7:43.67 (33.22) 8:16.59 (32.92) 8:47.35 (30.76)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Men 800 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
9 Cunningham, Andrew	16	North Central Florida YMCA	9:00.01	8:48.81
29.53	1:01.76 (32.23)	1:35.04 (33.28)	2:07.48 (32.44)	
2:40.80 (33.32)	3:13.36 (32.56)	3:46.33 (32.97)	4:19.51 (33.18)	
4:52.70 (33.19)	5:25.81 (33.11)	5:59.82 (34.01)	6:33.84 (34.02)	
7:07.76 (33.92)	7:41.62 (33.86)	8:15.48 (33.86)	8:48.81 (33.33)	
10 Rienzo, Matthew	16	Hamden/North Haven YMCA	8:42.53	8:50.28
29.37	1:01.72 (32.35)	1:34.81 (33.09)	2:08.22 (33.41)	
2:41.86 (33.64)	3:15.08 (33.22)	3:48.87 (33.79)	4:22.56 (33.69)	
4:56.45 (33.89)	5:30.56 (34.11)	6:04.23 (33.67)	6:38.41 (34.18)	
7:12.63 (34.22)	7:46.26 (33.63)	8:18.65 (32.39)	8:50.28 (31.63)	
11 Sparks, Charlie	17	ME Lyons YMCA	9:11.20	8:50.49
29.23	1:01.29 (32.06)	1:34.11 (32.82)	2:07.65 (33.54)	
2:41.07 (33.42)	3:14.80 (33.73)	3:48.57 (33.77)	4:21.89 (33.32)	
4:55.83 (33.94)	5:29.50 (33.67)	6:03.46 (33.96)	6:37.38 (33.92)	
7:11.59 (34.21)	7:45.18 (33.59)	8:18.35 (33.17)	8:50.49 (32.14)	
12 Greytak, Graham	17	Wilton Family YMCA	9:09.37	8:52.36
29.70	1:02.15 (32.45)	1:34.85 (32.70)	2:08.19 (33.34)	
2:41.59 (33.40)	3:15.13 (33.54)	3:49.06 (33.93)	4:22.60 (33.54)	
4:56.02 (33.42)	5:29.58 (33.56)	6:03.22 (33.64)	6:37.36 (34.14)	
7:11.26 (33.90)	7:45.88 (34.62)	8:19.83 (33.95)	8:52.36 (32.53)	
13 Jones, Kyle	15	Winston-Salem Central YMCA	9:15.56	8:52.97
30.11	1:02.24 (32.13)	1:33.54 (31.30)	2:08.81 (35.27)	
2:42.50 (33.69)	3:16.09 (33.59)	3:50.00 (33.91)	4:23.91 (33.91)	
4:51.91 (28.00)	5:31.47 (39.56)	6:05.14 (33.67)	6:38.88 (33.74)	
7:12.66 (33.78)	7:46.47 (33.81)	8:20.11 (33.64)	8:52.97 (32.86)	
14 Krone, Paul	17	Blue Ash Branch YMCA	9:56.00 Y	8:53.03
29.53	1:01.50 (31.97)	1:34.22 (32.72)	2:06.79 (32.57)	
2:39.85 (33.06)	3:12.80 (32.95)	3:45.55 (32.75)	4:18.61 (33.06)	
4:52.30 (33.69)	5:26.37 (34.07)	6:00.25 (33.88)	6:34.20 (33.95)	
7:08.50 (34.30)	7:43.79 (35.29)	8:12.24 (28.45)	8:53.03 (40.79)	
15 Mannion, Jamie	15	N Shore/Lester Sterling BR Y	9:02.28	8:56.32
29.65	1:02.29 (32.64)	1:35.55 (33.26)	2:09.08 (33.53)	
2:38.27 (29.19)	3:16.96 (38.69)	3:48.85 (31.89)	4:25.57 (36.72)	
4:59.83 (34.26)	5:34.08 (34.25)	6:08.38 (34.30)	6:42.54 (34.16)	
7:16.78 (34.24)	7:50.51 (33.73)	8:24.13 (33.62)	8:56.32 (32.19)	
16 Elsworth, Kit	17	Hamden/North Haven YMCA	8:49.32	8:56.46
28.83	1:00.75 (31.92)	1:33.56 (32.81)	2:06.45 (32.89)	
2:39.34 (32.89)	3:12.86 (33.52)	3:46.72 (33.86)	4:20.60 (33.88)	
4:54.68 (34.08)	5:29.34 (34.66)	6:03.75 (34.41)	6:38.52 (34.77)	
7:13.65 (35.13)	7:48.54 (34.89)	8:23.19 (34.65)	8:56.46 (33.27)	
17 Leibold, Robby	17	Appleton Family YMCA	9:07.88	8:56.55
25.39	1:03.98 (38.59)	1:37.02 (33.04)	2:10.63 (33.61)	
2:44.31 (33.68)	3:18.16 (33.85)	3:45.35 (27.19)	4:25.49 (40.14)	
4:56.04 (30.55)	5:33.77 (37.73)	6:07.90 (34.13)	6:42.77 (34.87)	
7:13.23 (30.46)	7:51.55 (38.32)	8:25.45 (33.90)	8:56.55 (31.10)	
18 Recko, Tom	16	N Shore/Lester Sterling BR Y	9:51.69 Y	8:57.97
29.71	1:02.04 (32.33)	1:29.80 (27.76)	2:10.31 (40.51)	
2:43.23 (32.92)	3:16.97 (33.74)	3:51.11 (34.14)	4:25.12 (34.01)	
4:59.91 (34.79)	5:33.91 (34.00)	6:08.38 (34.47)	6:42.17 (33.79)	
7:17.34 (35.17)	7:51.91 (34.57)	8:25.92 (34.01)	8:57.97 (32.05)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Men 800 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
19	Kearney, Jonathan	18	Upper Main Line YMCA	8:59.40	8:58.16
	24.65	1:02.67 (38.02)	1:36.17 (33.50)	2:09.86 (33.69)	
	2:43.10 (33.24)	3:18.47 (35.37)	3:52.85 (34.38)	4:27.35 (34.50)	
	4:54.51 (27.16)	5:36.14 (41.63)	6:10.68 (34.54)	6:45.08 (34.40)	
	7:12.47 (27.39)	7:52.97 (40.50)	8:20.02 (27.05)	8:58.16 (38.14)	
20	Bubb, Wesley	17	Kishwaukee Family YMCA	8:59.15	8:58.62
	30.02	1:02.68 (32.66)	1:35.89 (33.21)	2:09.68 (33.79)	
	2:43.67 (33.99)	3:17.82 (34.15)	3:51.85 (34.03)	4:26.10 (34.25)	
	4:52.64 (26.54)	5:35.01 (42.37)	6:07.06 (32.05)	6:43.78 (36.72)	
	7:16.60 (32.82)	7:52.41 (35.81)	8:18.84 (26.43)	8:58.62 (39.78)	
21	Calloway, Adam	16	Rappahannock Area YMCA	9:00.52	9:01.45
	30.37	1:03.41 (33.04)	1:37.03 (33.62)	2:11.00 (33.97)	
	2:44.99 (33.99)	3:18.83 (33.84)	3:47.98 (29.15)	4:27.24 (39.26)	
	4:55.07 (27.83)	5:36.10 (41.03)	6:07.93 (31.83)	6:45.62 (37.69)	
	7:15.58 (29.96)	7:54.25 (38.67)	8:28.36 (34.11)	9:01.45 (33.09)	
22	Francis, Ryne	16	Boyertown Area YMCA	9:06.35	9:03.13
	29.77	1:02.61 (32.84)	1:36.86 (34.25)	2:11.14 (34.28)	
	2:39.36 (28.22)	3:19.97 (40.61)	3:50.66 (30.69)	4:29.29 (38.63)	
	4:57.48 (28.19)	5:38.87 (41.39)	6:11.14 (32.27)	6:48.04 (36.90)	
	7:15.46 (27.42)	7:57.04 (41.58)	8:27.14 (30.10)	9:03.13 (35.99)	
23	Pelka, Bryan	17	YMCA OF Gr. Elgin Taylor Fami	10:05.49 Y	9:03.39
	31.15	1:05.01 (33.86)	1:39.07 (34.06)	2:13.05 (33.98)	
	2:47.16 (34.11)	3:21.42 (34.26)	3:56.01 (34.59)	4:30.00 (33.99)	
	5:04.34 (34.34)	5:38.58 (34.24)	6:12.90 (34.32)	6:47.61 (34.71)	
	7:21.35 (33.74)	7:55.90 (34.55)	8:30.42 (34.52)	9:03.39 (32.97)	
24	Travnik, Matt	16	Joliet YMCA	10:04.07 Y	9:04.22
	30.98	1:04.84 (33.86)	1:38.62 (33.78)	2:12.38 (33.76)	
	2:46.29 (33.91)	3:20.57 (34.28)	3:54.65 (34.08)	4:29.25 (34.60)	
	5:03.86 (34.61)	5:38.26 (34.40)	6:12.84 (34.58)	6:47.45 (34.61)	
	7:21.73 (34.28)	7:56.34 (34.61)	8:30.61 (34.27)	9:04.22 (33.61)	
25	Farreny, Kristopher	18	Hamilton Area YMCA	9:08.22	9:04.55
	30.35	1:03.62 (33.27)	1:37.54 (33.92)	2:12.22 (34.68)	
	2:46.55 (34.33)	3:21.18 (34.63)	3:51.94 (30.76)	4:30.48 (38.54)	
	5:05.15 (34.67)	5:40.19 (35.04)	6:15.21 (35.02)	6:49.15 (33.94)	
	7:24.09 (34.94)	7:59.02 (34.93)	8:32.10 (33.08)	9:04.55 (32.45)	
26	Cressman, Chad	17	Howard County YMCA	9:10.94	9:05.38
	31.66	1:06.08 (34.42)	1:41.14 (35.06)	2:15.84 (34.70)	
	2:50.72 (34.88)	3:25.55 (34.83)	4:00.79 (35.24)	4:35.30 (34.51)	
	5:09.23 (33.93)	5:43.34 (34.11)	6:17.44 (34.10)	6:51.83 (34.39)	
	7:25.33 (33.50)	7:59.17 (33.84)	8:23.25 (24.08)	9:05.38 (42.13)	
27	Tseng, Joseph	15	Montclair YMCA	9:13.76	9:06.08
	30.89	1:04.68 (33.79)	1:39.12 (34.44)	2:13.71 (34.59)	
	2:48.25 (34.54)	3:22.96 (34.71)	3:57.52 (34.56)	4:32.51 (34.99)	
	4:59.53 (27.02)	5:41.75 (42.22)	6:16.31 (34.56)	6:50.86 (34.55)	
	7:25.50 (34.64)	7:59.91 (34.41)	8:34.06 (34.15)	9:06.08 (32.02)	
28	Kowal, Ed	16	Huntington YMCA	9:13.54	9:08.83
	31.01	1:04.47 (33.46)	1:38.14 (33.67)	2:11.99 (33.85)	
	2:46.06 (34.07)	3:20.35 (34.29)	3:55.09 (34.74)	4:29.92 (34.83)	
	5:04.75 (34.83)	5:39.92 (35.17)	6:15.12 (35.20)	6:50.38 (35.26)	
	7:25.23 (34.85)	8:00.25 (35.02)	8:34.99 (34.74)	9:08.83 (33.84)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Men 800 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
29 Healy, Trevor	15	New Canaan Community YMCA	10:12.13 Y	9:08.96
31.03	1:04.77 (33.74)	1:39.42 (34.65)	2:14.01 (34.59)	
2:48.29 (34.28)	3:22.80 (34.51)	3:57.54 (34.74)	4:32.10 (34.56)	
5:05.24 (33.14)	5:41.84 (36.60)	6:16.30 (34.46)	6:51.07 (34.77)	
7:26.14 (35.07)	8:00.91 (34.77)	8:35.20 (34.29)	9:08.96 (33.76)	
30 Long, Chris	15	Aurora Family YMCA	10:02.49 Y	9:08.99
30.32	1:03.41 (33.09)	1:37.09 (33.68)	2:10.89 (33.80)	
2:45.24 (34.35)	3:19.90 (34.66)	3:54.62 (34.72)	4:29.15 (34.53)	
5:04.03 (34.88)	5:39.02 (34.99)	6:14.18 (35.16)	6:49.06 (34.88)	
7:24.18 (35.12)	7:59.34 (35.16)	8:34.55 (35.21)	9:08.99 (34.44)	
31 Gutierrez, Daniel	17	YMCA Aquatic Center	9:12.16	9:11.21
31.12	1:04.81 (33.69)	1:39.19 (34.38)	2:13.84 (34.65)	
2:48.40 (34.56)	3:22.97 (34.57)	3:57.67 (34.70)	4:32.83 (35.16)	
5:07.88 (35.05)	5:42.81 (34.93)	6:17.85 (35.04)	6:53.27 (35.42)	
7:27.94 (34.67)	8:02.98 (35.04)	8:37.60 (34.62)	9:11.21 (33.61)	
32 Benigno, John	16	Somerset Valley YMCA	9:59.67 Y	9:12.36
30.72	1:03.85 (33.13)	1:37.96 (34.11)	2:12.27 (34.31)	
2:46.00 (33.73)	3:20.41 (34.41)	3:55.36 (34.95)	4:30.65 (35.29)	
4:54.80 (24.15)	5:40.70 (45.90)	6:15.84 (35.14)	6:51.21 (35.37)	
7:26.33 (35.12)	8:02.21 (35.88)	8:29.43 (27.22)	9:12.36 (42.93)	
33 Stefl, David	15	Farmington Family YMCA	10:05.22 Y	9:14.61
30.70	1:04.78 (34.08)	1:39.61 (34.83)	2:14.09 (34.48)	
2:48.92 (34.83)	3:23.82 (34.90)	3:59.39 (35.57)	4:35.00 (35.61)	
5:09.57 (34.57)	5:44.53 (34.96)	6:19.88 (35.35)	6:54.85 (34.97)	
7:29.86 (35.01)	8:04.32 (34.46)	8:39.87 (35.55)	9:14.61 (34.74)	
34 Honore, Brian	16	Hamilton Area YMCA	10:13.73 Y	9:17.56
31.10	1:05.30 (34.20)	1:39.83 (34.53)	2:14.54 (34.71)	
2:48.88 (34.34)	3:23.97 (35.09)	3:58.86 (34.89)	4:34.11 (35.25)	
5:09.13 (35.02)	5:44.58 (35.45)	6:20.27 (35.69)	6:55.99 (35.72)	
7:31.55 (35.56)	8:07.46 (35.91)	8:42.82 (35.36)	9:17.56 (34.74)	
35 Soisson, Drew	16	West Shore-Harrisburg YMCA	9:50.67 Y	9:21.37
31.54	1:05.75 (34.21)	1:41.57 (35.82)	2:17.46 (35.89)	
2:52.85 (35.39)	3:28.14 (35.29)	4:02.14 (34.00)	4:38.79 (36.65)	
5:10.29 (31.50)	5:49.43 (39.14)	6:24.86 (35.43)	7:00.39 (35.53)	
7:36.02 (35.63)	8:11.36 (35.34)	8:46.50 (35.14)	9:21.37 (34.87)	

Men 1500 LC Meter Freestyle

National: 16:14.41 * 1996
 Broken Rec: 15:57.55 # 2004

J. Zawacki
 Young, Kyle

Ann Arbor, MI

Name	Age	Team	Seed Time	Finals Time
1 Young, Kyle	18	YMCA Aquatic Center	16:51.77	15:57.55 #
28.58	59.75 (31.17)	1:31.61 (31.86)	2:03.74 (32.13)	
2:35.83 (32.09)	3:07.70 (31.87)	3:39.75 (32.05)	4:11.70 (31.95)	
4:43.66 (31.96)	5:15.40 (31.74)	5:47.55 (32.15)	6:19.77 (32.22)	
6:51.88 (32.11)	7:23.98 (32.10)	7:55.96 (31.98)	8:28.06 (32.10)	
9:00.15 (32.09)	9:32.55 (32.40)	10:04.63 (32.08)	10:37.14 (32.51)	
11:09.25 (32.11)	11:41.67 (32.42)	12:13.88 (32.21)	12:46.45 (32.57)	
13:18.46 (32.01)	13:50.84 (32.38)	14:22.83 (31.99)	14:55.29 (32.46)	
15:26.91 (31.62)	15:57.55 (30.64)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Men 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
2 Schenck, Chris	18	Northwestern Dupage YMCA	16:17.91	16:11.49*
30.00	1:02.43 (32.43)	1:35.45 (33.02)	2:08.79 (33.34)	
2:42.22 (33.43)	3:15.65 (33.43)	3:48.82 (33.17)	4:22.03 (33.21)	
4:55.32 (33.29)	5:28.34 (33.02)	6:00.79 (32.45)	6:33.17 (32.38)	
7:05.63 (32.46)	7:38.05 (32.42)	8:10.46 (32.41)	8:43.15 (32.69)	
9:15.75 (32.60)	9:48.38 (32.63)	10:20.91 (32.53)	10:53.34 (32.43)	
11:24.85 (31.51)	11:56.60 (31.75)	12:28.29 (31.69)	13:00.26 (31.97)	
13:32.28 (32.02)	14:04.51 (32.23)	14:36.62 (32.11)	15:08.82 (32.20)	
15:40.71 (31.89)	16:11.49 (30.78)			
3 Galbreath, Justin	16	South Community Family BR YM	16:16.66	16:14.54
30.18	1:02.95 (32.77)	1:36.67 (33.72)	2:10.00 (33.33)	
2:43.59 (33.59)	3:17.05 (33.46)	3:50.04 (32.99)	4:23.35 (33.31)	
4:56.43 (33.08)	5:29.53 (33.10)	6:02.00 (32.47)	6:34.64 (32.64)	
7:07.25 (32.61)	7:39.78 (32.53)	8:12.06 (32.28)	8:44.57 (32.51)	
9:16.73 (32.16)	9:49.18 (32.45)	10:21.68 (32.50)	10:54.48 (32.80)	
11:26.48 (32.00)	11:58.62 (32.14)	12:30.81 (32.19)	13:03.37 (32.56)	
13:35.62 (32.25)	14:07.70 (32.08)	14:39.57 (31.87)	15:11.72 (32.15)	
15:43.73 (32.01)	16:14.54 (30.81)			
4 Trepp, Andrew	17	Wilton Family YMCA	16:16.46	16:15.87
29.51	1:02.30 (32.79)	1:35.97 (33.67)	2:09.31 (33.34)	
2:42.80 (33.49)	3:16.10 (33.30)	3:49.42 (33.32)	4:22.75 (33.33)	
4:56.14 (33.39)	5:29.15 (33.01)	5:56.24 (27.09)	6:34.75 (38.51)	
7:07.56 (32.81)	7:40.58 (33.02)	8:13.25 (32.67)	8:46.23 (32.98)	
9:18.84 (32.61)	9:51.78 (32.94)	10:24.25 (32.47)	10:56.95 (32.70)	
11:29.37 (32.42)	12:01.58 (32.21)	12:33.33 (31.75)	13:05.63 (32.30)	
13:37.51 (31.88)	14:09.76 (32.25)	14:41.61 (31.85)	15:13.98 (32.37)	
15:45.84 (31.86)	16:15.87 (30.03)			
5 Northcutt, Michael	18	Huntington YMCA	16:40.20	16:32.31
30.26	1:03.06 (32.80)	1:36.21 (33.15)	2:09.73 (33.52)	
2:42.97 (33.24)	3:16.44 (33.47)	3:49.79 (33.35)	4:23.37 (33.58)	
4:56.62 (33.25)	5:30.22 (33.60)	6:03.18 (32.96)	6:36.15 (32.97)	
7:04.33 (28.18)	7:42.16 (37.83)	8:07.66 (25.50)	8:48.27 (40.61)	
9:21.79 (33.52)	9:54.66 (32.87)	10:25.52 (30.86)	11:01.58 (36.06)	
11:31.31 (29.73)	12:08.11 (36.80)	12:34.95 (26.84)	13:14.47 (39.52)	
13:40.88 (26.41)	14:20.93 (40.05)	14:54.21 (33.28)	15:27.28 (33.07)	
16:00.64 (33.36)	16:32.31 (31.67)			
6 Yarborough, Cole	16	Winston-Salem Central YMCA	17:08.20	16:40.08
29.60	1:02.96 (33.36)	1:36.36 (33.40)	2:10.02 (33.66)	
2:43.58 (33.56)	3:17.47 (33.89)	3:51.00 (33.53)	4:24.69 (33.69)	
4:58.41 (33.72)	5:31.91 (33.50)	6:05.03 (33.12)	6:38.43 (33.40)	
7:11.56 (33.13)	7:45.45 (33.89)	8:19.03 (33.58)	8:52.57 (33.54)	
9:25.99 (33.42)	9:59.78 (33.79)	10:32.98 (33.20)	11:06.67 (33.69)	
11:40.13 (33.46)	12:13.86 (33.73)	12:47.53 (33.67)	13:21.08 (33.55)	
13:54.48 (33.40)	14:28.25 (33.77)	15:01.29 (33.04)	15:34.58 (33.29)	
16:07.69 (33.11)	16:40.08 (32.39)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Men 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
7 Elsworth, Kit	17	Hamden/North Haven YMCA	17:11.65	16:48.20
29.89	1:02.55 (32.66)	1:35.96 (33.41)	2:09.78 (33.82)	
2:43.66 (33.88)	3:17.65 (33.99)	3:51.76 (34.11)	4:25.87 (34.11)	
4:59.82 (33.95)	5:33.73 (33.91)	6:07.55 (33.82)	6:41.34 (33.79)	
7:15.33 (33.99)	7:49.48 (34.15)	8:23.43 (33.95)	8:57.54 (34.11)	
9:31.60 (34.06)	10:05.59 (33.99)	10:39.58 (33.99)	11:12.39 (32.81)	
11:46.21 (33.82)	12:19.91 (33.70)	12:53.72 (33.81)	13:27.36 (33.64)	
14:01.17 (33.81)	14:35.04 (33.87)	15:08.73 (33.69)	15:42.40 (33.67)	
16:16.01 (33.61)	16:48.20 (32.19)			
8 Long, Andy	17	Aurora Family YMCA	17:29.79	16:49.83
29.89	1:02.60 (32.71)	1:36.03 (33.43)	2:10.13 (34.10)	
2:44.28 (34.15)	3:18.07 (33.79)	3:52.34 (34.27)	4:26.53 (34.19)	
5:00.74 (34.21)	5:34.74 (34.00)	6:08.69 (33.95)	6:42.61 (33.92)	
7:16.24 (33.63)	7:50.18 (33.94)	8:23.87 (33.69)	8:57.66 (33.79)	
9:31.04 (33.38)	10:04.69 (33.65)	10:38.61 (33.92)	11:12.40 (33.79)	
11:46.05 (33.65)	12:19.93 (33.88)	12:53.97 (34.04)	13:28.02 (34.05)	
14:01.96 (33.94)	14:36.12 (34.16)	15:01.58 (25.46)	15:44.15 (42.57)	
16:09.55 (25.40)	16:49.83 (40.28)			
9 Sparks, Charlie	17	ME Lyons YMCA	17:13.59	16:51.18
30.12	1:03.00 (32.88)	1:35.81 (32.81)	2:09.70 (33.89)	
2:44.04 (34.34)	3:18.35 (34.31)	3:52.89 (34.54)	4:27.47 (34.58)	
5:00.90 (33.43)	5:34.71 (33.81)	6:08.46 (33.75)	6:42.19 (33.73)	
7:16.20 (34.01)	7:49.45 (33.25)	8:23.85 (34.40)	8:58.15 (34.30)	
9:32.91 (34.76)	10:07.28 (34.37)	10:41.16 (33.88)	11:14.81 (33.65)	
11:49.03 (34.22)	12:22.81 (33.78)	12:56.74 (33.93)	13:29.61 (32.87)	
14:03.54 (33.93)	14:37.01 (33.47)	15:11.57 (34.56)	15:45.74 (34.17)	
16:19.47 (33.73)	16:51.18 (31.71)			
10 Rienzo, Matthew	16	Hamden/North Haven YMCA	16:33.75	16:56.86
29.45	1:02.60 (33.15)	1:36.60 (34.00)	2:10.40 (33.80)	
2:44.22 (33.82)	3:18.18 (33.96)	3:52.15 (33.97)	4:25.84 (33.69)	
5:00.00 (34.16)	5:34.04 (34.04)	6:08.43 (34.39)	6:42.55 (34.12)	
7:17.02 (34.47)	7:51.63 (34.61)	8:26.31 (34.68)	9:00.57 (34.26)	
9:34.97 (34.40)	10:09.53 (34.56)	10:43.82 (34.29)	11:18.00 (34.18)	
11:52.65 (34.65)	12:26.69 (34.04)	13:00.90 (34.21)	13:35.06 (34.16)	
14:09.54 (34.48)	14:44.08 (34.54)	15:17.63 (33.55)	15:50.80 (33.17)	
16:24.23 (33.43)	16:56.86 (32.63)			
11 Kearney, Jonathan	18	Upper Main Line YMCA	17:09.06	17:01.35
29.35	1:01.37 (32.02)	1:26.14 (24.77)	2:07.11 (40.97)	
2:39.62 (32.51)	3:14.52 (34.90)	3:40.72 (26.20)	4:22.64 (41.92)	
4:48.47 (25.83)	5:31.45 (42.98)	5:58.24 (26.79)	6:40.54 (42.30)	
7:15.30 (34.76)	7:49.87 (34.57)	8:20.36 (30.49)	8:58.71 (38.35)	
9:33.12 (34.41)	10:08.04 (34.92)	10:42.43 (34.39)	11:16.97 (34.54)	
11:47.79 (30.82)	12:25.93 (38.14)	13:00.74 (34.81)	13:36.03 (35.29)	
14:10.83 (34.80)	14:45.61 (34.78)	15:17.86 (32.25)	15:54.89 (37.03)	
16:29.22 (34.33)	17:01.35 (32.13)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Men 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
12 Ryan, Jamie	15	TriValley Branch YMCA	17:46.76	17:02.19
30.27	1:03.52 (33.25)	1:38.17 (34.65)	2:12.40 (34.23)	
2:47.06 (34.66)	3:21.69 (34.63)	3:56.33 (34.64)	4:30.97 (34.64)	
5:05.80 (34.83)	5:39.96 (34.16)	6:13.75 (33.79)	6:47.68 (33.93)	
7:22.08 (34.40)	7:56.33 (34.25)	8:30.92 (34.59)	9:04.70 (33.78)	
9:39.14 (34.44)	10:13.54 (34.40)	10:47.88 (34.34)	11:22.26 (34.38)	
11:56.69 (34.43)	12:30.75 (34.06)	13:04.99 (34.24)	13:39.36 (34.37)	
14:13.98 (34.62)	14:48.57 (34.59)	15:22.38 (33.81)	15:56.84 (34.46)	
16:30.57 (33.73)	17:02.19 (31.62)			
13 Krone, Paul	17	Blue Ash Branch YMCA	16:38.63 Y	17:04.92
30.72	1:03.77 (33.05)	1:37.15 (33.38)	2:11.26 (34.11)	
2:44.86 (33.60)	3:18.93 (34.07)	3:53.00 (34.07)	4:26.96 (33.96)	
5:01.16 (34.20)	5:35.06 (33.90)	6:08.83 (33.77)	6:43.11 (34.28)	
7:17.73 (34.62)	7:52.40 (34.67)	8:26.74 (34.34)	9:01.51 (34.77)	
9:31.19 (29.68)	10:11.44 (40.25)	10:46.36 (34.92)	11:22.09 (35.73)	
11:54.74 (32.65)	12:28.16 (33.42)	13:02.83 (34.67)	13:37.86 (35.03)	
14:13.14 (35.28)	14:47.81 (34.67)	15:21.53 (33.72)	15:56.64 (35.11)	
16:31.52 (34.88)	17:04.92 (33.40)			
14 Hughes, Chip	16	Middle Tyger YMCA	16:33.68 Y	17:09.00
29.86	1:03.28 (33.42)	1:37.44 (34.16)	2:11.80 (34.36)	
2:46.20 (34.40)	3:20.31 (34.11)	3:54.54 (34.23)	4:28.81 (34.27)	
5:02.93 (34.12)	5:37.56 (34.63)	6:12.20 (34.64)	6:47.81 (35.61)	
7:22.57 (34.76)	7:57.66 (35.09)	8:32.76 (35.10)	9:07.95 (35.19)	
9:41.08 (33.13)	10:17.14 (36.06)	10:51.15 (34.01)	11:25.62 (34.47)	
11:59.90 (34.28)	12:34.94 (35.04)	13:09.46 (34.52)	13:45.05 (35.59)	
14:20.52 (35.47)	14:56.18 (35.66)	15:29.76 (33.58)	16:04.35 (34.59)	
16:37.25 (32.90)	17:09.00 (31.75)			
15 Bubb, Wesley	17	Kishwaukee Family YMCA	17:00.21	17:10.33
29.22	1:01.36 (32.14)	1:34.51 (33.15)	2:07.89 (33.38)	
2:41.39 (33.50)	3:15.15 (33.76)	3:49.30 (34.15)	4:23.53 (34.23)	
4:58.01 (34.48)	5:32.30 (34.29)	6:07.04 (34.74)	6:41.51 (34.47)	
7:05.03 (23.52)	7:51.56 (46.53)	8:18.13 (26.57)	9:01.53 (43.40)	
9:36.62 (35.09)	10:11.25 (34.63)	10:46.43 (35.18)	11:21.48 (35.05)	
11:57.01 (35.53)	12:31.93 (34.92)	13:07.16 (35.23)	13:42.18 (35.02)	
14:17.55 (35.37)	14:52.51 (34.96)	15:27.74 (35.23)	16:02.14 (34.40)	
16:31.37 (29.23)	17:10.33 (38.96)			
16 Greytak, Graham	17	Wilton Family YMCA	17:29.68	17:10.60
30.24	1:03.40 (33.16)	1:37.05 (33.65)	2:11.22 (34.17)	
2:45.53 (34.31)	3:20.02 (34.49)	3:54.20 (34.18)	4:28.22 (34.02)	
5:02.29 (34.07)	5:36.26 (33.97)	6:10.27 (34.01)	6:44.80 (34.53)	
7:19.57 (34.77)	7:54.60 (35.03)	8:29.61 (35.01)	9:04.85 (35.24)	
9:39.03 (34.18)	10:13.98 (34.95)	10:49.33 (35.35)	11:24.57 (35.24)	
11:59.85 (35.28)	12:34.16 (34.31)	13:08.58 (34.42)	13:43.25 (34.67)	
14:18.14 (34.89)	14:52.98 (34.84)	15:27.66 (34.68)	16:02.77 (35.11)	
16:37.22 (34.45)	17:10.60 (33.38)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Men 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
17 Jones, Kyle	15	Winston-Salem Central YMCA	17:44.84	17:12.44
32.05	1:06.60 (34.55)	1:41.39 (34.79)	2:16.46 (35.07)	
2:51.00 (34.54)	3:25.64 (34.64)	4:00.00 (34.36)	4:34.40 (34.40)	
5:08.10 (33.70)	5:41.87 (33.77)	6:15.77 (33.90)	6:50.20 (34.43)	
7:24.76 (34.56)	7:59.28 (34.52)	8:33.64 (34.36)	9:08.27 (34.63)	
9:43.15 (34.88)	10:18.02 (34.87)	10:52.46 (34.44)	11:26.61 (34.15)	
12:00.84 (34.23)	12:36.21 (35.37)	13:10.97 (34.76)	13:45.93 (34.96)	
14:20.27 (34.34)	14:55.47 (35.20)	15:29.99 (34.52)	16:04.89 (34.90)	
16:39.39 (34.50)	17:12.44 (33.05)			
18 Soisson, Drew	16	West Shore-Harrisburg YMCA	16:32.00 Y	17:21.09
30.07	1:03.65 (33.58)	1:37.79 (34.14)	2:12.29 (34.50)	
2:46.40 (34.11)	3:20.65 (34.25)	3:55.29 (34.64)	4:30.18 (34.89)	
5:05.18 (35.00)	5:40.00 (34.82)	6:15.33 (35.33)	6:50.60 (35.27)	
7:26.03 (35.43)	8:01.06 (35.03)	8:36.41 (35.35)	9:11.55 (35.14)	
9:46.95 (35.40)	10:22.27 (35.32)	10:57.41 (35.14)	11:32.62 (35.21)	
12:07.99 (35.37)	12:43.20 (35.21)	13:18.48 (35.28)	13:53.61 (35.13)	
14:28.91 (35.30)	15:03.66 (34.75)	15:38.83 (35.17)	16:13.75 (34.92)	
16:48.08 (34.33)	17:21.09 (33.01)			
19 Mannion, Jamie	15	N Shore/Lester Sterling BR Y	17:33.12	17:23.10
29.73	1:03.03 (33.30)	1:37.28 (34.25)	2:11.79 (34.51)	
2:46.49 (34.70)	3:21.09 (34.60)	3:55.95 (34.86)	4:30.70 (34.75)	
5:06.00 (35.30)	5:41.04 (35.04)	6:16.14 (35.10)	6:50.83 (34.69)	
7:20.94 (30.11)	8:00.54 (39.60)	8:35.60 (35.06)	9:10.40 (34.80)	
9:45.11 (34.71)	10:20.38 (35.27)	10:52.59 (32.21)	11:30.74 (38.15)	
12:05.97 (35.23)	12:41.33 (35.36)	13:16.59 (35.26)	13:52.04 (35.45)	
14:22.58 (30.54)	15:03.42 (40.84)	15:38.99 (35.57)	16:14.37 (35.38)	
16:49.48 (35.11)	17:23.10 (33.62)			
20 Stefl, David	15	Farmington Family YMCA	16:58.10 Y	17:24.47
31.04	1:04.69 (33.65)	1:38.66 (33.97)	2:12.69 (34.03)	
2:46.57 (33.88)	3:20.78 (34.21)	3:54.60 (33.82)	4:28.78 (34.18)	
5:03.03 (34.25)	5:37.95 (34.92)	6:12.50 (34.55)	6:47.50 (35.00)	
7:21.76 (34.26)	7:56.86 (35.10)	8:32.10 (35.24)	9:07.22 (35.12)	
9:42.77 (35.55)	10:18.53 (35.76)	10:53.42 (34.89)	11:29.08 (35.66)	
12:04.70 (35.62)	12:40.27 (35.57)	13:16.36 (36.09)	13:52.23 (35.87)	
14:27.93 (35.70)	15:03.38 (35.45)	15:38.86 (35.48)	16:14.64 (35.78)	
16:49.35 (34.71)	17:24.47 (35.12)			
21 Gutierrez, Daniel	17	YMCA Aquatic Center	17:51.85	17:26.18
31.48	1:04.93 (33.45)	1:38.75 (33.82)	2:13.06 (34.31)	
2:47.40 (34.34)	3:22.05 (34.65)	3:53.72 (31.67)	4:31.24 (37.52)	
5:06.03 (34.79)	5:40.96 (34.93)	6:16.10 (35.14)	6:51.84 (35.74)	
7:27.26 (35.42)	8:02.56 (35.30)	8:38.15 (35.59)	9:13.83 (35.68)	
9:49.24 (35.41)	10:24.94 (35.70)	11:00.61 (35.67)	11:36.61 (36.00)	
12:12.26 (35.65)	12:47.74 (35.48)	13:23.08 (35.34)	13:58.81 (35.73)	
14:34.31 (35.50)	15:09.49 (35.18)	15:44.35 (34.86)	16:19.46 (35.11)	
16:53.75 (34.29)	17:26.18 (32.43)			

2004 YMCA National Long Course Championship

July 27-30, 2004

Results

(Men 1500 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
22 Kowal, Ed	16	Huntington YMCA	17:47.93	17:26.32
32.04	1:06.23 (34.19)	1:40.95 (34.72)	2:15.79 (34.84)	
2:50.50 (34.71)	3:25.54 (35.04)	4:00.67 (35.13)	4:35.80 (35.13)	
5:10.79 (34.99)	5:46.02 (35.23)	6:21.30 (35.28)	6:56.56 (35.26)	
7:31.99 (35.43)	8:07.20 (35.21)	8:42.33 (35.13)	9:17.39 (35.06)	
9:52.37 (34.98)	10:27.52 (35.15)	11:02.66 (35.14)	11:38.01 (35.35)	
12:13.22 (35.21)	12:48.56 (35.34)	13:23.62 (35.06)	13:59.27 (35.65)	
14:34.32 (35.05)	15:09.85 (35.53)	15:45.16 (35.31)	16:20.37 (35.21)	
16:54.74 (34.37)	17:26.32 (31.58)			
23 Pelka, Bryan	17	YMCA OF Gr. Elgin Taylor Fami	17:51.33	17:26.68
31.22	1:05.27 (34.05)	1:40.18 (34.91)	2:14.81 (34.63)	
2:49.47 (34.66)	3:24.66 (35.19)	3:59.81 (35.15)	4:34.54 (34.73)	
5:09.12 (34.58)	5:44.66 (35.54)	6:19.76 (35.10)	6:55.12 (35.36)	
7:30.34 (35.22)	8:05.57 (35.23)	8:40.93 (35.36)	9:16.30 (35.37)	
9:51.47 (35.17)	10:26.91 (35.44)	11:02.90 (35.99)	11:37.92 (35.02)	
12:13.74 (35.82)	12:48.52 (34.78)	13:23.92 (35.40)	13:59.36 (35.44)	
14:34.34 (34.98)	15:09.48 (35.14)	15:44.93 (35.45)	16:19.65 (34.72)	
16:54.66 (35.01)	17:26.68 (32.02)			
24 Ollila, Alex	16	Countryside-Warren County YMC	17:53.87	17:26.94
31.43	1:06.16 (34.73)	1:30.57 (24.41)	2:17.39 (46.82)	
2:52.96 (35.57)	3:28.90 (35.94)	4:04.57 (35.67)	4:40.47 (35.90)	
5:16.09 (35.62)	5:51.66 (35.57)	6:26.53 (34.87)	7:01.72 (35.19)	
7:36.63 (34.91)	8:11.47 (34.84)	8:46.55 (35.08)	9:21.47 (34.92)	
9:56.39 (34.92)	10:31.27 (34.88)	11:06.22 (34.95)	11:40.96 (34.74)	
12:15.81 (34.85)	12:50.77 (34.96)	13:25.68 (34.91)	14:00.51 (34.83)	
14:35.44 (34.93)	15:10.58 (35.14)	15:45.50 (34.92)	16:19.94 (34.44)	
16:49.50 (29.56)	17:26.94 (37.44)			
25 Travnik, Matt	16	Joliet YMCA	17:03.62 Y	17:31.57
31.46	1:05.14 (33.68)	1:39.65 (34.51)	2:14.76 (35.11)	
2:49.45 (34.69)	3:24.08 (34.63)	3:58.12 (34.04)	4:33.65 (35.53)	
5:08.39 (34.74)	5:43.25 (34.86)	6:17.98 (34.73)	6:52.90 (34.92)	
7:28.13 (35.23)	8:03.61 (35.48)	8:38.59 (34.98)	9:13.94 (35.35)	
9:48.93 (34.99)	10:24.51 (35.58)	11:00.22 (35.71)	11:35.92 (35.70)	
12:11.82 (35.90)	12:47.82 (36.00)	13:23.09 (35.27)	13:59.02 (35.93)	
14:34.68 (35.66)	15:10.52 (35.84)	15:37.55 (27.03)	16:21.63 (44.08)	
16:48.94 (27.31)	17:31.57 (42.63)			
26 Benigno, John	16	Somerset Valley YMCA	16:42.69 Y	17:31.60
31.73	1:05.68 (33.95)	1:40.55 (34.87)	2:15.24 (34.69)	
2:50.43 (35.19)	3:25.21 (34.78)	4:00.03 (34.82)	4:35.02 (34.99)	
5:10.56 (35.54)	5:46.10 (35.54)	6:21.83 (35.73)	6:56.69 (34.86)	
7:30.87 (34.18)	8:07.16 (36.29)	8:42.82 (35.66)	9:18.03 (35.21)	
9:53.35 (35.32)	10:27.99 (34.64)	11:03.82 (35.83)	11:38.83 (35.01)	
12:02.67 (23.84)	12:48.93 (46.26)	13:18.37 (29.44)	13:59.82 (41.45)	
14:23.60 (23.78)	15:10.83 (47.23)	15:37.39 (26.56)	16:21.92 (44.53)	
16:45.82 (23.90)	17:31.60 (45.78)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****(Men 1500 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
27 Calloway, Adam	16	Rappahannock Area YMCA	17:15.29	17:40.12
31.27	1:05.22 (33.95)	1:40.20 (34.98)	2:14.59 (34.39)	
2:49.66 (35.07)	3:24.43 (34.77)	4:00.12 (35.69)	4:34.95 (34.83)	
5:10.64 (35.69)	5:46.02 (35.38)	6:21.67 (35.65)	6:57.20 (35.53)	
7:32.97 (35.77)	8:08.86 (35.89)	8:44.53 (35.67)	9:20.10 (35.57)	
9:56.26 (36.16)	10:31.88 (35.62)	11:07.32 (35.44)	11:43.29 (35.97)	
12:19.23 (35.94)	12:54.74 (35.51)	13:30.82 (36.08)	14:06.70 (35.88)	
14:42.80 (36.10)	15:18.73 (35.93)	15:54.81 (36.08)	16:29.91 (35.10)	
17:05.79 (35.88)	17:40.12 (34.33)			
28 Long, Chris	15	Aurora Family YMCA	17:55.86	17:44.85
30.32	1:03.39 (33.07)	1:37.66 (34.27)	2:11.73 (34.07)	
2:46.34 (34.61)	3:21.19 (34.85)	3:56.39 (35.20)	4:31.70 (35.31)	
5:07.40 (35.70)	5:42.59 (35.19)	6:18.72 (36.13)	6:54.76 (36.04)	
7:24.65 (29.89)	8:06.69 (42.04)	8:42.75 (36.06)	9:18.82 (36.07)	
9:54.70 (35.88)	10:31.22 (36.52)	11:07.60 (36.38)	11:43.34 (35.74)	
12:19.76 (36.42)	12:56.38 (36.62)	13:32.94 (36.56)	14:09.74 (36.80)	
14:46.64 (36.90)	15:22.43 (35.79)	15:58.72 (36.29)	16:34.55 (35.83)	
17:09.92 (35.37)	17:44.85 (34.93)			
29 Healy, Trevor	15	New Canaan Community YMCA	17:47.54	17:48.56
32.07	1:07.21 (35.14)	1:43.40 (36.19)	2:19.66 (36.26)	
2:55.39 (35.73)	3:30.88 (35.49)	4:06.64 (35.76)	4:42.43 (35.79)	
5:18.52 (36.09)	5:54.58 (36.06)	6:30.71 (36.13)	7:06.64 (35.93)	
7:41.95 (35.31)	8:17.77 (35.82)	8:53.45 (35.68)	9:29.31 (35.86)	
10:04.77 (35.46)	10:40.27 (35.50)	11:15.94 (35.67)	11:51.61 (35.67)	
12:27.31 (35.70)	13:02.80 (35.49)	13:38.56 (35.76)	14:14.43 (35.87)	
14:50.26 (35.83)	15:26.42 (36.16)	16:02.70 (36.28)	16:38.47 (35.77)	
17:14.18 (35.71)	17:48.56 (34.38)			
30 Hurst, Alex	17	N Shore/Lester Sterling BR Y	17:08.69 Y	17:50.62
31.02	1:05.58 (34.56)	1:41.28 (35.70)	2:16.68 (35.40)	
2:47.00 (30.32)	3:28.03 (41.03)	3:58.28 (30.25)	4:39.57 (41.29)	
5:15.55 (35.98)	5:51.49 (35.94)	6:22.10 (30.61)	7:02.24 (40.14)	
7:37.76 (35.52)	8:13.67 (35.91)	8:49.64 (35.97)	9:25.76 (36.12)	
10:02.00 (36.24)	10:38.07 (36.07)	11:07.56 (29.49)	11:50.85 (43.29)	
12:21.08 (30.23)	13:03.51 (42.43)	13:35.12 (31.61)	14:15.62 (40.50)	
14:45.16 (29.54)	15:27.80 (42.64)	15:56.20 (28.40)	16:39.84 (43.64)	
17:09.27 (29.43)	17:50.62 (41.35)			
31 Honore, Brian	16	Hamilton Area YMCA	17:13.79 Y	17:50.81
32.19	1:06.66 (34.47)	1:41.53 (34.87)	2:17.33 (35.80)	
2:51.91 (34.58)	3:27.21 (35.30)	4:02.59 (35.38)	4:38.47 (35.88)	
5:14.35 (35.88)	5:49.81 (35.46)	6:25.51 (35.70)	7:01.75 (36.24)	
7:37.27 (35.52)	8:13.63 (36.36)	8:46.65 (33.02)	9:25.88 (39.23)	
10:02.06 (36.18)	10:38.18 (36.12)	11:14.16 (35.98)	11:50.65 (36.49)	
12:26.81 (36.16)	13:03.64 (36.83)	13:39.76 (36.12)	14:16.18 (36.42)	
14:52.45 (36.27)	15:28.96 (36.51)	16:05.30 (36.34)	16:41.67 (36.37)	
17:17.11 (35.44)	17:50.81 (33.70)			

2004 YMCA National Long Course Championship

July 27-30, 2004

Results

(Men 1500 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
32 Healy, Devon	15	New Canaan Community YMCA	17:51.43	18:04.44
	33.30	1:09.30 (36.00)	1:45.34 (36.04)	2:21.57 (36.23)
	2:58.04 (36.47)	3:34.68 (36.64)	4:11.29 (36.61)	4:47.96 (36.67)
	5:24.32 (36.36)	6:00.84 (36.52)	6:37.18 (36.34)	7:13.51 (36.33)
	7:49.24 (35.73)	8:25.65 (36.41)	9:01.92 (36.27)	9:38.13 (36.21)
	10:14.38 (36.25)	10:50.73 (36.35)	11:26.66 (35.93)	12:03.14 (36.48)
	12:39.09 (35.95)	13:15.34 (36.25)	13:51.69 (36.35)	14:28.03 (36.34)
	15:04.72 (36.69)	15:41.01 (36.29)	16:17.28 (36.27)	16:53.57 (36.29)
	17:29.60 (36.03)	18:04.44 (34.84)		
--- Francis, Ryne	16	Boyertown Area YMCA	17:41.71	DQ

Men 50 LC Meter Backstroke

National: 26.29 * 8/3/2001		Jayme O Cramer		M.E. Lyons-OH-	
Name	Age	Team	Prelim Time	Finals Time	
A - Final					
1 Schirk, Patrick	17	Pottstown Family YMCA	27.39	27.10	
2 French, Kit	17	Countryside-Warren County YMC	27.97	27.24	
3 Harper, Evan	18	Joliet YMCA	27.65	27.46	
4 Baity, Phil	16	Darien Community YMCA	28.46	27.90	
5 Lloyd, Nick	16	Rappahannock Area YMCA	28.77	28.51	
6 Starr, Peter	18	Boyertown Area YMCA	28.86	28.78	
7 Gornitzky, Alex	15	Ocean County YMCA	29.07	29.07	
7 Schubiner, Gabe	16	Birmingham Family YMCA	29.04	29.07	
B - Final					
9 Smith, Sean	17	Flint YMCA	29.10	28.30	
10 Irgens, Thomas	19	Schroeder YMCA	29.16	28.47	
11 Pinkston, Chris	18	Ashland Area YMCA	29.13	28.86	
12 Ohlhaver, John	17	Western Family Branch YMCA	29.27	28.93	
13 Germain, Alexander	16	Cheshire Branch YMCA	29.34	29.05	
14 Leix, Matthew	18	Flint YMCA	29.40	29.22	
15 Hagan, John	17	Flint YMCA	29.41	29.33	
16 Gallagher, Liam	18	Somerset Valley YMCA	29.39	29.50	

Men 50 LC Meter Backstroke

National: 26.29 * 8/3/2001		Jayme O Cramer		M.E. Lyons-OH-	
Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Schirk, Patrick	17	Pottstown Family YMCA	27.41	27.39	
2 Harper, Evan	18	Joliet YMCA	27.89	27.65	
3 French, Kit	17	Countryside-Warren County YMC	27.72	27.97	
4 Baity, Phil	16	Darien Community YMCA	28.49	28.46	
5 Lloyd, Nick	16	Rappahannock Area YMCA	28.30	28.77	
6 Starr, Peter	18	Boyertown Area YMCA	30.07	28.86	
7 Schubiner, Gabe	16	Birmingham Family YMCA	29.97	29.04	
8 Gornitzky, Alex	15	Ocean County YMCA	30.87	29.07	
9 Smith, Sean	17	Flint YMCA	24.80 Y	29.10	
10 Pinkston, Chris	18	Ashland Area YMCA	28.99	29.13	
11 Irgens, Thomas	19	Schroeder YMCA	29.49	29.16	
12 Ohlhaver, John	17	Western Family Branch YMCA	26.96 Y	29.27	
13 Germain, Alexander	16	Cheshire Branch YMCA	30.51	29.34	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
14	Gallagher, Liam	18	Somerset Valley YMCA	29.61	29.39
15	Leix, Matthew	18	Flint YMCA	25.24 Y	29.40
16	Hagan, John	17	Flint YMCA	29.33	29.41
17	Fisher, Zack	18	Jerry L Garver YMCA	25.58 Y	29.44
18	Ricketts, Daniel	17	Western Family Branch YMCA	25.52 Y	29.49
19	Hug, Kevin	18	Tampa Metro YMCA	30.80	29.62
20	Shupe, Denny	18	Upper Main Line YMCA	30.02	29.68
21	Dockins, Greg	17	J.F. Hurley YMCA	30.78	29.73
22	Pelton, Greg	13	Wilton Family YMCA	31.78	29.75
22	Recko, Tom	16	N Shore/Lester Sterling BR Y	29.70	29.75
24	Young, Brian	16	Boyertown Area YMCA	30.08	29.90
24	Hauptman, Ryan	19	Fanwood-Scotch Plains YMCA	30.82	29.90
26	Bassolino, Nick	17	Montclair YMCA	31.31	29.92
27	Collins, Adam	16	Greensburg YMCA	30.34	29.95
28	Rogers, Andrew	16	Winston-Salem Central YMCA	30.04	30.01
29	Keca, Rick	17	Northwestern Dupage YMCA	30.08	30.02
29	Gantzer, Andy	17	Gamble Nippert YMCA	30.49	30.02
31	Fletcher, Daniel	15	Montclair YMCA	30.89	30.10
32	Amato, Gordon	18	Western Family Branch YMCA	26.88 Y	30.20
33	Barbieri, Jimmy	14	Countryside-Warren County YMC	30.22	30.25
34	Bruzda, Joey	18	Reg Fam YMCA Laurel Highland	30.44	30.36
35	Harmon, Matthew	16	Cumberland YMCA	25.47 Y	30.40
36	Rogers, Scott	17	Somerset Hills YMCA	26.46 Y	30.46
36	Heraly, Matthew	18	Green Bay Metro YMCA	30.37	30.46
38	Dunn, JJ	17	Harrison County YMCA	31.46	30.48
39	Doyle, Daniel	15	McKeesport YMCA	26.51 Y	30.56
40	Lewing, Jake	15	Tri-Hampton YMCA	31.92	30.57
41	Miller, Chris	16	Lebanon Valley Family YMCA	30.74 S	30.62
41	Janszen, Tommy	16	Powel Crosley Branch YMCA	30.71	30.62
43	Sauter, Trace	15	Upper Main Line YMCA	29.49 S	30.63
44	Priestley, Morgan	14	Birmingham Family YMCA	27.23 Y	30.66
45	Hanson, Joe	17	Appleton Family YMCA	32.14	30.67
46	Gibb, Dustin	15	Brandywine YMCA	29.79 S	30.73
47	Howard, Kevin	15	N Shore/Lester Sterling BR Y	32.57	30.82
48	Schwartz, St John	15	West Shore-Harrisburg YMCA	31.32 S	30.84
49	Boman, Mark	15	Gr.Rapids/Southeast Br. YMCA	30.65	30.85
50	Livolsi, James	16	Fanwood-Scotch Plains YMCA	31.87	30.90
51	Sturm, Derek	15	Montclair YMCA	32.50	30.98
51	Elkins, Alex	16	Countryside-Warren County YMC	31.65	30.98
51	Richey, Francis	18	Brandywine YMCA	30.88	30.98
54	Bromann, Brett	15	Aurora Family YMCA	30.62	31.01
55	Hershey, Matthew	15	West Shore-Harrisburg YMCA	30.54 S	31.11
56	Cobb, Michael	15	South Community Family BR YM	30.79	31.12
57	Cotugno, Josh	13	Westfield YMCA - Massachusetts	27.67 Y	31.15
58	Weston, Gareth	15	Indiana County YMCA	26.76 Y	31.17
59	Knipfer, Dennis	17	Door County YMCA	26.57 Y	31.19
60	Hoppe, Scott	18	Schroeder YMCA	30.93	31.20
61	Thomas, Scott	17	Reading & Berks YMCA	26.85 Y	31.22
62	Kolakowski, Dan	17	Kennett Area YMCA	27.38 Y	31.24

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
63 Kunzman, Eric	16	Lionville Community YMCA	30.98 S	31.26
64 Young, Matt	17	Wilton Family YMCA	31.19	31.29
64 Reed, Evan	14	Upper Main Line YMCA	27.79 Y	31.29
66 Walulik, Nick	15	Deerpath YMCA	31.74	31.37
67 Trudeau, Zack	17	Southern Chester County YMCA	30.80 S	31.38
68 Collins, Allan	18	South Community Family BR YM	32.19	31.40
69 Pale, Andrew	17	Tri-Hampton YMCA	31.04	31.41
69 Appleby, Matt	16	York & York County YMCA	27.07 Y	31.41
71 Kurniawan, Arie	17	East Hartford YMCA	32.56	31.56
72 Griffey, Andrew	13	Racine Family YMCA	27.58 Y	31.58
73 Bentz, Joe	16	York & York County YMCA	30.33	31.60
74 Scarpati, Mike	17	Lima Family YMCA	32.53	31.67
75 Collins, TJ	16	South Community Family BR YM	31.76	31.68
76 Vanbiervliet, James	16	Somerset Valley YMCA	31.10 S	31.72
76 Trifelos, Adam	16	Licking County Family YMCA	31.15 S	31.72
76 Dzieniszewski, Phillip	16	Flushing Branch YMCA	27.60 Y	31.72
79 Dunne, Billy	15	Hamilton Area YMCA	31.82	31.77
80 Kosier, Austin	16	Toledo YMCA	32.40	31.80
80 Kofmehl, Jon	15	Greater Johnstown Comm. YMCA	27.33 Y	31.80
82 Fellers, Sean	14	Miami County YMCA	31.94	31.82
83 Krejdovsky, Zack	15	McKeesport YMCA	32.45	31.83
83 Jeffords, Kris	15	Glens Falls YMCA	31.31	31.83
85 Ryan, Nate	16	Hatboro Area YMCA	26.90 Y	31.84
86 Bialko, Matthew	16	Montclair YMCA	31.22	31.86
87 Neack, Ian	14	Countryside-Warren County YMC	31.39	31.87
88 Dart, Chris	13	Madison Area YMCA	30.88 S	31.91
89 Coppelli, Camden	14	Meadville YMCA	26.98 Y	31.94
90 Ranta, Brian	17	N Shore/Lester Sterling BR Y	31.33	31.96
91 Clatos, Stephen	16	Frankfort YMCA	31.47	31.98
92 Fox, Josh	19	Gr.Rapids/Southeast Br. YMCA	32.20	32.01
92 Webeler, Andrew	15	Gamble Nippert YMCA	32.04	32.01
94 Leavitt, Stephen	15	N Shore/Lester Sterling BR Y	32.04	32.04
95 Doran, Dan	14	Northwestern Dupage YMCA	27.77 Y	32.07
95 Gonzalez, Joshua	16	Somerset Valley YMCA	30.80	32.07
97 Flanders, Matt	15	Brandywine YMCA	31.07 S	32.09
98 Coppelli, Pierce	17	Meadville YMCA	32.04	32.10
98 Sullivan, Brendan	16	Greater Holyoke YMCA	30.71 S	32.10
100 Harris, Taylor	13	Gr.Rapids/Southeast Br. YMCA	32.45	32.13
101 Frenchek, Zach	17	Greensburg YMCA	27.66 Y	32.18
101 Heyman, Brad	16	Wilton Family YMCA	27.64 Y	32.18
103 Fragna, Mike	15	Westfield YMCA - New Jersey	27.21 Y	32.22
104 Creech, John	15	Coffman Family YMCA	31.90	32.23
105 Park, Michael	16	Flushing Branch YMCA	32.49	32.25
106 Goodman, Jared	17	Cheshire Branch YMCA	30.84	32.28
107 Gallagher, Kevin	16	Somerset Valley YMCA	30.55 S	32.29
108 Matuszewski, Greg	15	Western Area Branch YMCA	27.75 Y	32.33
109 Matzke, Eric	16	Green Bay Metro YMCA	31.88	32.35
110 Walker, Andrew	16	N Shore/Lester Sterling BR Y	32.32	32.37
111 Levin, Peter	18	Somerset Valley YMCA	32.48	32.48
112 Zhang, Tony	17	Flushing Branch YMCA	30.83	32.49

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
113 Gunnels, Christopher	14	Chapel Hill-Carrboro YMCA	31.47 S	32.52
114 Zimmer, Shane	16	South Community Family BR YM	31.83	32.63
115 Dockins, Curt	15	J.F. Hurley YMCA	32.46	32.70
115 Grubbs, Alex	16	York & York County YMCA	31.55 S	32.70
117 Bartman, Tommy	17	York & York County YMCA	27.56 Y	32.76
118 McClure, Ryan	15	Oshkosh Community YMCA	31.14 S	32.80
119 Bimmler, Paul	13	Andover-North Andover YMCA	30.56 S	32.95
120 Parker, Courtland	13	N Shore/Lester Sterling BR Y	32.43	33.16
121 Holmes, Martin	17	Blue Ash Branch YMCA	32.51	33.98
122 Buck, Carson	17	York & York County YMCA	31.23 S	34.28
--- Goeckner, Caleb	16	Newberry YMCA	30.23	DQ
--- Federak, Bartosz	14	Montclair YMCA	31.99	DQ
--- Prow, Scott	17	Somerset Valley YMCA	31.41 S	DQ
--- Schoor, Dan	17	Hatboro Area YMCA	27.79 Y	DQ

Men 100 LC Meter Backstroke

National: 57.42 * 7/31/2001 Jayme Cramer		Boise Family-ID-		
Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Schirk, Patrick	17	Pottstown Family YMCA	57.52	57.70
	28.27	57.70 (29.43)		
2 French, Kit	17	Countryside-Warren County YMC	58.74	58.16
	28.18	58.16 (29.98)		
3 Baity, Phil	16	Darien Community YMCA	59.63	58.78
	28.62	58.78 (30.16)		
4 Lloyd, Nick	16	Rappahannock Area YMCA	1:00.51	59.68
	28.93	59.68 (30.75)		
5 Harper, Evan	18	Joliet YMCA	1:01.16	1:00.29
	28.91	1:00.29 (31.38)		
6 Recko, Tom	16	N Shore/Lester Sterling BR Y	1:01.66	1:00.87
	29.58	1:00.87 (31.29)		
7 Pinkston, Chris	18	Ashland Area YMCA	1:01.94	1:01.12
	29.62	1:01.12 (31.50)		
8 Prue, Ben	17	Wilton Family YMCA	1:00.84	1:01.20
	29.24	1:01.20 (31.96)		
B - Final				
9 Barr, Stuart	17	Sussex Family YMCA	1:02.14	1:01.34
	29.92	1:01.34 (31.42)		
10 Smith, Cory	17	North Central Florida YMCA	1:02.30	1:01.70
	30.21	1:01.70 (31.49)		
11 Starr, Peter	18	Boyertown Area YMCA	1:02.23	1:01.97
	30.81	1:01.97 (31.16)		
12 Irgens, Thomas	19	Schroeder YMCA	1:02.30	1:02.18
	29.77	1:02.18 (32.41)		
13 Griffey, Joshua	17	Racine Family YMCA	1:02.52	1:02.40
	30.01	1:02.40 (32.39)		
14 Schubiner, Gabe	16	Birmingham Family YMCA	1:02.26	1:02.51
	30.19	1:02.51 (32.32)		
15 Rogers, Andrew	16	Winston-Salem Central YMCA	1:02.52	1:02.84
	30.49	1:02.84 (32.35)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Men 100 LC Meter Backstroke)**

Name	Age	Team	Prelim Time	Finals Time
--- Walker, Michael	17	Harrison County YMCA	1:02.73	DQ
30.97	DQ (32.17)			

Men 100 LC Meter Backstroke

National:	57.42 *	7/31/2001	Jayme Cramer	Boise Family-ID-
Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Schirk, Patrick	17	Pottstown Family YMCA	56.85	57.52
2 French, Kit	17	Countryside-Warren County YMC	58.65	58.74
3 Baity, Phil	16	Darien Community YMCA	59.49	59.63
4 Lloyd, Nick	16	Rappahannock Area YMCA	58.81	1:00.51
5 Prue, Ben	17	Wilton Family YMCA	1:05.26	1:00.84
6 Harper, Evan	18	Joliet YMCA	1:01.33	1:01.16
7 Recko, Tom	16	N Shore/Lester Sterling BR Y	1:02.54	1:01.66
8 Pinkston, Chris	18	Ashland Area YMCA	1:01.64	1:01.94
9 Barr, Stuart	17	Sussex Family YMCA	1:01.24	1:02.14
10 Starr, Peter	18	Boyertown Area YMCA	1:02.57	1:02.23
11 Schubiner, Gabe	16	Birmingham Family YMCA	1:04.00	1:02.26
12 Irgens, Thomas	19	Schroeder YMCA	1:03.14	1:02.30
12 Smith, Cory	17	North Central Florida YMCA	1:03.82	1:02.30
14 Rogers, Andrew	16	Winston-Salem Central YMCA	1:04.64	1:02.52
14 Griffey, Joshua	17	Racine Family YMCA	1:02.94	1:02.52
16 Walker, Michael	17	Harrison County YMCA	1:06.71	1:02.73
17 Taylor, Derrick	15	Marion County Branch YMCA	55.81 Y	1:02.78
18 Germain, Alexander	16	Cheshire Branch YMCA	1:03.15	1:02.81
19 Hug, Kevin	18	Tampa Metro YMCA	1:03.42	1:02.82
20 Smith, Sean	17	Flint YMCA	1:03.75	1:02.84
21 Ricketts, Daniel	17	Western Family Branch YMCA	52.30 Y	1:02.88
22 Poster, Myles	15	Glens Falls YMCA	1:05.38	1:03.14
23 Gallagher, Liam	18	Somerset Valley YMCA	1:03.08	1:03.16
24 Ohlhaber, John	17	Western Family Branch YMCA	56.39 Y	1:03.46
25 Leix, Matthew	18	Flint YMCA	1:07.38	1:03.54
26 Palmieri, Drew	18	South Shore YMCA	1:03.40	1:03.56
27 Gornitzky, Alex	15	Ocean County YMCA	1:06.91	1:03.79
28 Shupe, Denny	18	Upper Main Line YMCA	1:04.98	1:03.81
29 Fletcher, Daniel	15	Montclair YMCA	1:04.76	1:03.91
30 Hauptman, Ryan	19	Fanwood-Scotch Plains YMCA	1:06.42	1:03.95
31 Hagan, John	17	Flint YMCA	1:05.35	1:03.97
32 Dyer, Mitchell	18	Green Bay Metro YMCA	57.92 Y	1:04.03
33 Ainsworth, Stuart	14	Wilton Family YMCA	1:05.80	1:04.11
33 Young, Brian	16	Boyertown Area YMCA	1:04.79	1:04.11
35 Lewing, Jake	15	Tri-Hampton YMCA	54.99 Y	1:04.13
36 Whiteman, Andrew	17	YMCA of Triangle Area	1:06.67	1:04.16
37 Bruzda, Joey	18	Reg Fam YMCA Laurel Highland	1:05.16	1:04.29
38 Kalata, Glenn	16	Wilton Family YMCA	1:04.89	1:04.34
39 Knipfer, Dennis	17	Door County YMCA	57.17 Y	1:04.44
39 Young, Matt	17	Wilton Family YMCA	1:06.35	1:04.44
41 Drost, Dana	15	Northwest CT Fam. YMCA	1:05.35	1:04.55
41 Livolsi, James	16	Fanwood-Scotch Plains YMCA	1:04.71 S	1:04.55

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
43 Barbieri, Jimmy	14	Countryside-Warren County YMC	1:03.84	1:04.68
44 Froehlich, Fritz	17	Hamden/North Haven YMCA	1:05.15	1:04.71
45 Miller, Chris	16	Lebanon Valley Family YMCA	54.13 Y	1:04.78
46 McGregor, Pete	17	Reading & Berks YMCA	54.78 Y	1:04.84
47 Bromann, Brett	15	Aurora Family YMCA	1:06.91	1:05.04
48 Collins, Adam	16	Greensburg YMCA	1:05.80	1:05.05
49 Janszen, Tommy	16	Powel Crosley Branch YMCA	1:06.28	1:05.15
50 Doran, Dan	14	Northwestern Dupage YMCA	1:04.24 S	1:05.21
51 Straughn, Kevin	16	Chapel Hill-Carrboro YMCA	1:06.76	1:05.23
52 Howard, Kevin	15	N Shore/Lester Sterling BR Y	1:06.90	1:05.25
53 Hagaman, Johnny	16	YMCA Of Western North Carolin	1:06.99	1:05.40
54 Lebovitz, David	17	Wilton Family YMCA	1:04.68	1:05.44
54 Schauer, Nick	16	YMCA of Triangle Area	1:07.93	1:05.44
56 Amato, Gordon	18	Western Family Branch YMCA	1:06.71	1:05.63
57 Bassolino, Nick	17	Montclair YMCA	1:07.60	1:05.70
58 Ranta, Brian	17	N Shore/Lester Sterling BR Y	1:06.09	1:05.75
59 Taft, Adam	15	Wilton Family YMCA	1:04.99	1:05.78
60 Fellers, Sean	14	Miami County YMCA	1:06.95	1:05.83
61 Gibb, Dustin	15	Brandywine YMCA	57.14 Y	1:05.84
62 Sturm, Derek	15	Montclair YMCA	1:05.91	1:05.86
63 Richey, Francis	18	Brandywine YMCA	1:07.05	1:05.97
64 Johnson, Brian	16	Palisades-Malibu YMCA	1:07.61	1:06.00
65 Elkins, Alex	16	Countryside-Warren County YMC	1:06.43	1:06.06
66 Priestley, Morgan	14	Birmingham Family YMCA	57.29 Y	1:06.44
67 Brooks, Payton	18	Huntington YMCA	56.20 Y	1:06.64
68 Coppelli, Camden	14	Meadville YMCA	57.82 Y	1:06.80
69 Hershey, Matthew	15	West Shore-Harrisburg YMCA	1:04.29 S	1:06.81
70 Appleby, Matt	16	York & York County YMCA	57.04 Y	1:06.82
71 Boman, Mark	15	Gr.Rapids/Southeast Br. YMCA	56.49 Y	1:06.85
71 Henkel, David	16	Powel Crosley Branch YMCA	57.21 Y	1:06.85
71 Werner, Eddie	17	Anne Arundel YMCA	57.28 Y	1:06.85
74 Swenson, Billy	17	Fanwood-Scotch Plains YMCA	57.78 Y	1:06.96
75 Pale, Andrew	17	Tri-Hampton YMCA	1:07.30	1:07.18
76 Cobb, Michael	15	South Community Family BR YM	56.65 Y	1:07.26
77 Maximini, Miles	14	Northern Neck Branch YMCA	1:07.55	1:07.28
78 Kluczinske, Matt	15	Schroeder YMCA	57.12 Y	1:07.38
79 Dunne, Billy	15	Hamilton Area YMCA	57.91 Y	1:07.41
80 Hoppe, Scott	18	Schroeder YMCA	56.01 Y	1:07.65
81 Ozimek, Mark	18	Kennett Area YMCA	56.32 Y	1:07.77
82 Jeffords, Kris	15	Glens Falls YMCA	1:07.22	1:07.80
83 Weston, Garet	15	Indiana County YMCA	56.89 Y	1:08.18
84 Kofmehl, Jon	15	Greater Johnstown Comm. YMCA	57.10 Y	1:08.27
85 Leavitt, Stephen	15	N Shore/Lester Sterling BR Y	1:07.85	1:08.28
86 Zhang, Tony	17	Flushing Branch YMCA	1:07.71	1:08.69
87 Lada, Bret	15	Ocean County YMCA	57.65 Y	1:08.74
88 Heyman, Brad	16	Wilton Family YMCA	57.50 Y	1:08.81
89 Schwartz, St John	15	West Shore-Harrisburg YMCA	1:05.15 S	1:08.94
90 Green, Mark	18	Somerset Valley YMCA	1:03.12 S	1:09.04
91 Gonzalez, Joshua	16	Somerset Valley YMCA	56.60 Y	1:09.11
92 Kosier, Austin	16	Toledo YMCA	57.89 Y	1:10.84

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Men 200 LC Meter Backstroke**

National: 2:03.58 * 1999		J. Faltraco		Spartanburg, SC	
Name	Age	Team	Prelim Time	Finals Time	
A - Final					
1 Schirk, Patrick	17	Pottstown Family YMCA	2:06.09	2:04.91	
29.03	1:00.25 (31.22)	1:32.68 (32.43)	2:04.91 (32.23)		
2 Baity, Phil	16	Darien Community YMCA	2:11.62	2:07.33	
29.98	1:01.92 (31.94)	1:34.84 (32.92)	2:07.33 (32.49)		
3 Reams, Pat	17	South Shore YMCA	2:08.99	2:08.58	
31.08	1:03.76 (32.68)	1:36.14 (32.38)	2:08.58 (32.44)		
4 Recko, Tom	16	N Shore/Lester Sterling BR Y	2:11.07	2:10.93	
30.31	1:00.25 (29.94)	1:37.55 (37.30)	2:10.93 (33.38)		
5 Barr, Stuart	17	Sussex Family YMCA	2:13.48	2:12.59	
30.93	1:05.08 (34.15)	1:39.08 (34.00)	2:12.59 (33.51)		
6 Prue, Ben	17	Wilton Family YMCA	2:13.08	2:12.73	
30.77	1:04.21 (33.44)	1:39.00 (34.79)	2:12.73 (33.73)		
7 Pinkston, Chris	18	Ashland Area YMCA	2:12.94	2:13.96	
1:39.18	2:13.96 (34.78)				
8 Lloyd, Nick	16	Rappahannock Area YMCA	2:13.78	2:14.39	
30.35	1:04.24 (33.89)	1:39.58 (35.34)	2:14.39 (34.81)		
B - Final					
9 Calloway, Adam	16	Rappahannock Area YMCA	2:13.92	2:12.83	
31.45	1:05.12 (33.67)	1:39.18 (34.06)	2:12.83 (33.65)		
10 Ryan, Jamie	15	TriValley Branch YMCA	2:15.45	2:14.40	
31.61	1:05.12 (33.51)	1:40.50 (35.38)	2:14.40 (33.90)		
11 Hug, Kevin	18	Tampa Metro YMCA	2:16.35	2:14.72	
32.12	1:06.20 (34.08)	1:41.30 (35.10)	2:14.72 (33.42)		
12 Taylor, Derrick	15	Marion County Branch YMCA	2:15.90	2:14.84	
30.93	1:04.88 (33.95)	1:40.10 (35.22)	2:14.84 (34.74)		
13 Irgens, Thomas	19	Schroeder YMCA	2:15.65	2:15.36	
32.65	1:07.22 (34.57)	1:41.89 (34.67)	2:15.36 (33.47)		
14 Hurst, Alex	17	N Shore/Lester Sterling BR Y	2:14.79	2:15.70	
31.17	1:04.68 (33.51)	1:40.04 (35.36)	2:15.70 (35.66)		
15 Lebovitz, David	17	Wilton Family YMCA	2:16.16	2:16.02	
32.48	1:07.02 (34.54)	1:41.99 (34.97)	2:16.02 (34.03)		
16 Ricketts, Daniel	17	Western Family Branch YMCA	2:16.30	2:16.43	
31.64	1:06.13 (34.49)	1:40.66 (34.53)	2:16.43 (35.77)		

Men 200 LC Meter Backstroke

National: 2:03.58 * 1999		J. Faltraco		Spartanburg, SC	
Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Schirk, Patrick	17	Pottstown Family YMCA	2:04.07	2:06.09	
1:00.95	2:06.09 (1:05.14)				
2 Reams, Pat	17	South Shore YMCA	2:14.33	2:08.99	
1:04.41	2:08.99 (1:04.58)				
3 Recko, Tom	16	N Shore/Lester Sterling BR Y	2:13.42	2:11.07	
1:02.63	2:11.07 (1:08.44)				
4 Baity, Phil	16	Darien Community YMCA	2:08.88	2:11.62	
1:03.33	2:11.62 (1:08.29)				
5 Pinkston, Chris	18	Ashland Area YMCA	2:13.17	2:12.94	
1:03.95	2:12.94 (1:08.99)				

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
6 Prue, Ben	17	Wilton Family YMCA	2:15.04	2:13.08
			1:04.54	2:13.08 (1:08.54)
7 Barr, Stuart	17	Sussex Family YMCA	1:54.74 Y	2:13.48
			1:04.94	2:13.48 (1:08.54)
8 Lloyd, Nick	16	Rappahannock Area YMCA	2:07.68	2:13.78
			1:04.11	2:13.78 (1:09.67)
9 Calloway, Adam	16	Rappahannock Area YMCA	2:16.62	2:13.92
			1:05.45	2:13.92 (1:08.47)
10 Hurst, Alex	17	N Shore/Lester Sterling BR Y	2:16.39	2:14.79
			1:04.56	2:14.79 (1:10.23)
11 Ryan, Jamie	15	TriValley Branch YMCA	2:19.89	2:15.45
			1:06.07	2:15.45 (1:09.38)
12 Irgens, Thomas	19	Schroeder YMCA	2:16.16	2:15.65
			1:05.69	2:15.65 (1:09.96)
13 Taylor, Derrick	15	Marion County Branch YMCA	1:59.49 Y	2:15.90
			1:06.06	2:15.90 (1:09.84)
14 Lebovitz, David	17	Wilton Family YMCA	2:16.32	2:16.16
			1:06.10	2:16.16 (1:10.06)
15 Ricketts, Daniel	17	Western Family Branch YMCA	1:56.31 Y	2:16.30
			1:07.83	2:16.30 (1:08.47)
16 Hug, Kevin	18	Tampa Metro YMCA	2:18.98	2:16.35
			1:05.25	2:16.35 (1:11.10)
17 Schubiner, Gabe	16	Birmingham Family YMCA	2:21.57	2:16.45
			1:07.60	2:16.45 (1:08.85)
18 Griffey, Joshua	17	Racine Family YMCA	2:19.53	2:16.59
			1:06.00	2:16.59 (1:10.59)
19 Smith, Cory	17	North Central Florida YMCA	2:19.15	2:16.63
			1:07.03	2:16.63 (1:09.60)
20 Farra, Justin	15	Countryside-Warren County YMC	2:18.01	2:16.79
			1:06.64	2:16.79 (1:10.15)
21 Russell, Gordon	18	Northwestern Dupage YMCA	2:20.16	2:17.22
			1:06.03	2:17.22 (1:11.19)
22 Kalata, Glenn	16	Wilton Family YMCA	2:18.18	2:17.30
			1:05.82	2:17.30 (1:11.48)
23 Livolsi, James	16	Fanwood-Scotch Plains YMCA	2:00.44 Y	2:17.33
			1:06.50	2:17.33 (1:10.83)
24 Palmieri, Drew	18	South Shore YMCA	2:23.16	2:17.57
			1:06.92	2:17.57 (1:10.65)
25 Froehlich, Fritz	17	Hamden/North Haven YMCA	2:19.88	2:17.61
			1:06.37	2:17.61 (1:11.24)
26 Young, Matt	17	Wilton Family YMCA	2:23.25	2:17.66
			1:07.53	2:17.66 (1:10.13)
27 Ainsworth, Stuart	14	Wilton Family YMCA	2:22.59	2:17.84
			1:06.93	2:17.84 (1:10.91)
28 Whiteman, Andrew	17	YMCA of Triangle Area	2:20.27	2:18.01
			1:07.50	2:18.01 (1:10.51)
29 Dyer, Mitchell	18	Green Bay Metro YMCA	2:00.35 Y	2:18.04
			1:08.34	2:18.04 (1:09.70)
30 Starr, Peter	18	Boyertown Area YMCA	2:19.43	2:18.16
			1:06.48	2:18.16 (1:11.68)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
31	Rogers, Andrew 1:07.37	16	Winston-Salem Central YMCA	2:26.89	2:18.47
				2:18.47 (1:11.10)	
32	Leix, Matthew 1:07.06	18	Flint YMCA	2:23.70	2:18.67
				2:18.67 (1:11.61)	
33	Doran, Dan 1:08.73	14	Northwestern Dupage YMCA	2:05.40 Y	2:18.72
				2:18.72 (1:09.99)	
34	Francis, Ryne 1:07.15	16	Boyertown Area YMCA	2:24.11	2:18.91
				2:18.91 (1:11.76)	
35	Bruzda, Joey 1:07.36	18	Reg Fam YMCA Laurel Highland	2:21.21	2:19.01
				2:19.01 (1:11.65)	
36	Bromann, Brett 1:07.19	15	Aurora Family YMCA	2:21.21	2:19.25
				2:19.25 (1:12.06)	
37	Poster, Myles 1:08.63	15	Glens Falls YMCA	2:29.62	2:19.28
				2:19.28 (1:10.65)	
37	Royster, Andrew 1:08.38	16	Hamden/North Haven YMCA	2:23.51	2:19.28
				2:19.28 (1:10.90)	
39	Benigno, John 1:06.88	16	Somerset Valley YMCA	2:19.05	2:19.49
				2:19.49 (1:12.61)	
40	Soisson, Drew 1:06.24	16	West Shore-Harrisburg YMCA	2:24.34	2:19.69
				2:19.69 (1:13.45)	
41	Healy, Trevor 1:08.16	15	New Canaan Community YMCA	2:22.58	2:19.74
				2:19.74 (1:11.58)	
42	Wilder, Russell 1:09.46	18	North Central Florida YMCA	2:24.51	2:19.88
				2:19.88 (1:10.42)	
43	Mannion, Jamie 1:07.75	15	N Shore/Lester Sterling BR Y	2:20.76	2:19.89
				2:19.89 (1:12.14)	
44	Jones, Kyle 1:08.33	15	Winston-Salem Central YMCA	2:22.12	2:19.93
				2:19.93 (1:11.60)	
45	Lewing, Jake 1:09.29	15	Tri-Hampton YMCA	2:27.86	2:20.11
				2:20.11 (1:10.82)	
46	Janszen, Tommy 1:09.47	16	Powel Crosley Branch YMCA	2:23.14	2:20.14
				2:20.14 (1:10.67)	
47	Collins, Adam 1:08.38	16	Greensburg YMCA	2:21.34	2:20.32
				2:20.32 (1:11.94)	
48	Schauer, Nick 1:09.22	16	YMCA of Triangle Area	2:22.47	2:20.82
				2:20.82 (1:11.60)	
49	Knipfer, Dennis 1:07.51	17	Door County YMCA	2:01.52 Y	2:21.03
				2:21.03 (1:13.52)	
50	Young, Brian 1:07.65	16	Boyertown Area YMCA	2:22.70	2:21.25
				2:21.25 (1:13.60)	
51	Thomas, Scott 1:07.68	17	Reading & Berks YMCA	2:29.78	2:21.42
				2:21.42 (1:13.74)	
52	Swenson, Billy 1:09.92	17	Fanwood-Scotch Plains YMCA	2:03.38 Y	2:21.44
				2:21.44 (1:11.52)	
53	Epstein, Adam 1:08.80	17	YMCA Aquatic Center	2:29.66	2:21.48
				2:21.48 (1:12.68)	
54	Bentz, Joe 1:08.81	16	York & York County YMCA	2:00.89 Y	2:21.64
				2:21.64 (1:12.83)	
55	Reed, Evan 1:09.44	14	Upper Main Line YMCA	2:27.34	2:21.66
				2:21.66 (1:12.22)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
56 Ranta, Brian	17	N Shore/Lester Sterling BR Y	2:21.16	2:21.77
	1:08.31	2:21.77 (1:13.46)		
57 Elkins, Alex	16	Countryside-Warren County YMC	2:21.40	2:22.14
	1:07.88	2:22.14 (1:14.26)		
58 Wright, Steven	14	YMCA Aquatic Center	1:57.36 Y	2:22.25
	1:08.39	2:22.25 (1:13.86)		
59 Fletcher, Daniel	15	Montclair YMCA	2:23.87	2:22.45
	1:07.89	2:22.45 (1:14.56)		
60 Gornitzky, Alex	15	Ocean County YMCA	2:26.05	2:22.52
	1:09.02	2:22.52 (1:13.50)		
61 Gibb, Dustin	15	Brandywine YMCA	2:25.80	2:22.56
	1:08.75	2:22.56 (1:13.81)		
62 Williams, Matt	17	Huntington YMCA	2:05.99 Y	2:22.65
	1:08.24	2:22.65 (1:14.41)		
63 Taft, Adam	15	Wilton Family YMCA	2:20.41	2:22.72
	1:08.18	2:22.72 (1:14.54)		
64 Kowal, Ed	16	Huntington YMCA	2:28.48	2:22.85
	1:08.89	2:22.85 (1:13.96)		
65 Stefl, David	15	Farmington Family YMCA	2:24.62	2:22.88
	1:11.14	2:22.88 (1:11.74)		
66 Johnson, Brian	16	Palisades-Malibu YMCA	2:21.90	2:23.01
	1:08.84	2:23.01 (1:14.17)		
67 Bassolino, Nick	17	Montclair YMCA	2:27.68	2:23.11
	1:07.85	2:23.11 (1:15.26)		
68 Dunne, Billy	15	Hamilton Area YMCA	2:24.30	2:23.53
	1:09.94	2:23.53 (1:13.59)		
69 Enge, Jeffrey	15	Kishwaukee Family YMCA	2:28.88	2:23.89
	1:08.36	2:23.89 (1:15.53)		
70 Straughn, Kevin	16	Chapel Hill-Carrboro YMCA	2:22.55	2:24.11
	1:09.16	2:24.11 (1:14.95)		
71 Kluczinske, Matt	15	Schroeder YMCA	2:22.63	2:24.29
	1:09.81	2:24.29 (1:14.48)		
72 Howard, Kevin	15	N Shore/Lester Sterling BR Y	2:26.80	2:24.70
	1:10.36	2:24.70 (1:14.34)		
73 Olson, Tim	15	Tampa Metro YMCA	2:27.38	2:24.74
	1:10.22	2:24.74 (1:14.52)		
74 Flanders, Matt	15	Brandywine YMCA	2:29.44	2:24.94
	1:09.49	2:24.94 (1:15.45)		
75 Amato, Gordon	18	Western Family Branch YMCA	2:26.53	2:25.24
	1:10.52	2:25.24 (1:14.72)		
76 Richey, Francis	18	Brandywine YMCA	2:28.19	2:25.41
	1:09.58	2:25.41 (1:15.83)		
77 Thai, Kevin	15	Wilton Family YMCA	2:28.92	2:25.46
	1:10.33	2:25.46 (1:15.13)		
78 Wiener, Ben	16	Chapel Hill-Carrboro YMCA	2:25.77	2:25.75
	1:09.58	2:25.75 (1:16.17)		
79 Jeffords, Kris	15	Glens Falls YMCA	2:26.31	2:26.04
	1:11.42	2:26.04 (1:14.62)		
80 Creech, John	15	Coffman Family YMCA	2:27.61	2:26.31
	1:11.15	2:26.31 (1:15.16)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Prelim Time
81 Hiller, Cody	15	Countryside-Warren County YMC	2:27.49	2:26.39
				1:10.80 2:26.39 (1:15.59)
82 Kuhar, Brian	17	Northwestern Dupage YMCA	2:28.31	2:27.02
				1:11.02 2:27.02 (1:16.00)
83 Hoppe, Scott	18	Schroeder YMCA	2:27.44	2:27.16
				1:09.75 2:27.16 (1:17.41)
84 Raatz, Michael	17	Schroeder YMCA	2:25.54	2:27.22
				1:09.56 2:27.22 (1:17.66)
85 Priestley, Morgan	14	Birmingham Family YMCA	2:04.81 Y	2:27.25
				1:12.36 2:27.25 (1:14.89)
86 Griffey, Andrew	13	Racine Family YMCA	2:28.24	2:27.35
				1:10.36 2:27.35 (1:16.99)
87 Werner, Eddie	17	Anne Arundel YMCA	2:06.21 Y	2:27.36
				1:12.80 2:27.36 (1:14.56)
88 Kosier, Austin	16	Toledo YMCA	2:06.31 Y	2:27.44
				1:10.43 2:27.44 (1:17.01)
89 Molloy, Michael	16	Ocean County YMCA	2:22.34 S	2:27.58
				1:11.66 2:27.58 (1:15.92)
90 Walker, Andrew	16	N Shore/Lester Sterling BR Y	2:28.53	2:27.68
				1:10.56 2:27.68 (1:17.12)
91 Maximini, Miles	14	Northern Neck Branch YMCA	2:27.59	2:27.70
				1:11.46 2:27.70 (1:16.24)
92 Webeler, Andrew	15	Gamble Nippert YMCA	2:29.37	2:27.73
				1:11.43 2:27.73 (1:16.30)
93 Lada, Bret	15	Ocean County YMCA	2:29.62	2:27.99
				1:10.81 2:27.99 (1:17.18)
94 Zuerlein, Nick	15	Tampa Metro YMCA	2:27.58	2:29.11
				1:10.95 2:29.11 (1:18.16)
95 Kofmehl, Jon	15	Greater Johnstown Comm. YMCA	2:05.85 Y	2:29.20
				1:11.35 2:29.20 (1:17.85)
96 Coppelli, Camden	14	Meadville YMCA	2:26.55	2:29.24
				1:13.38 2:29.24 (1:15.86)
97 Hagaman, Johnny	16	YMCA Of Western North Carolin	2:05.26 Y	2:29.25
				1:12.30 2:29.25 (1:16.95)
98 Neack, Ian	14	Countryside-Warren County YMC	2:28.71	2:29.31
				1:13.71 2:29.31 (1:15.60)
99 Leavitt, Stephen	15	N Shore/Lester Sterling BR Y	2:28.63	2:29.83
				1:11.23 2:29.83 (1:18.60)
100 Heyman, Brad	16	Wilton Family YMCA	2:03.63 Y	2:30.15
				1:11.50 2:30.15 (1:18.65)
101 Meleg, Alex	17	Wilton Family YMCA	2:29.09	2:30.43
				1:12.71 2:30.43 (1:17.72)
102 Dart, Chris	13	Madison Area YMCA	2:24.07 S	2:31.02
				1:11.68 2:31.02 (1:19.34)
103 Park, Michael	16	Flushing Branch YMCA	2:28.57	2:31.06
				1:11.19 2:31.06 (1:19.87)
104 Heyde, Keith	15	Wilton Family YMCA	2:28.84	2:31.24
				1:12.46 2:31.24 (1:18.78)
105 Gunnels, Christopher	14	Chapel Hill-Carrboro YMCA	2:29.77	2:31.29
				1:12.29 2:31.29 (1:19.00)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Men 50 LC Meter Breaststroke**

National: 29.56 * 1996		R. Henikman		Mansfield, OH	
Name	Age	Team	Prelim Time	Finals Time	
A - Final					
1	Swenson, Eric	18	Fanwood-Scotch Plains YMCA	29.94	29.96
2	Silva, Michael	16	Tampa Metro YMCA	30.41	30.06
3	LaMonaca, John	17	Cheshire Branch YMCA	30.69	30.31
4	Kreider, Brian	16	Lebanon Valley Family YMCA	30.62	30.69
5	Cullen, Eric	17	Western Family Branch YMCA	30.89	30.90
6	Sweitzer, Matt	17	New Canaan Community YMCA	31.31	31.16
7	Nicolino, Matthew	18	Upper Main Line YMCA	31.26	31.31
8	Lane, Eric	17	New Canaan Community YMCA	31.02	31.39
B - Final					
9	Sunde, Andrew	18	Flint YMCA	31.79	31.56
10	Daurio, Patrick	16	Fanwood-Scotch Plains YMCA	31.65	31.80
11	Adelmeyer, Colin	18	Green Bay Metro YMCA	31.40	31.82
12	Barr, Josh	18	West Shore-Harrisburg YMCA	31.91	31.85
13	Rambo, Jake	17	Pottstown Family YMCA	31.70	31.86
14	Snook, Garrett	17	Saginaw YMCA	31.82	32.05
15	Marino, Scott	14	Fanwood-Scotch Plains YMCA	31.37	32.20
16	Dockins, Jeff	18	J.F. Hurley YMCA	31.87	32.31

Men 50 LC Meter Breaststroke

National: 29.56 * 1996		R. Henikman		Mansfield, OH	
Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Swenson, Eric	18	Fanwood-Scotch Plains YMCA	30.50	29.94
2	Silva, Michael	16	Tampa Metro YMCA	30.69	30.41
3	Kreider, Brian	16	Lebanon Valley Family YMCA	31.74	30.62
4	LaMonaca, John	17	Cheshire Branch YMCA	30.79	30.69
5	Cullen, Eric	17	Western Family Branch YMCA	31.66	30.89
6	Lane, Eric	17	New Canaan Community YMCA	33.51	31.02
7	Nicolino, Matthew	18	Upper Main Line YMCA	31.93	31.26
8	Sweitzer, Matt	17	New Canaan Community YMCA	33.12	31.31
9	Marino, Scott	14	Fanwood-Scotch Plains YMCA	32.78	31.37
10	Adelmeyer, Colin	18	Green Bay Metro YMCA	33.41	31.40
11	Daurio, Patrick	16	Fanwood-Scotch Plains YMCA	33.72	31.65
12	Rambo, Jake	17	Pottstown Family YMCA	31.48 S	31.70
13	Sunde, Andrew	18	Flint YMCA	32.25	31.79
14	Snook, Garrett	17	Saginaw YMCA	31.76	31.82
15	Dockins, Jeff	18	J.F. Hurley YMCA	33.39	31.87
16	Barr, Josh	18	West Shore-Harrisburg YMCA	32.45 S	31.91
17	Dudzinski, Jon	16	Oshkosh Community YMCA	33.53	31.97
18	Conklyn, BJ	17	Pocono Family YMCA	32.92	32.13
19	Smith, Brad	16	Farmington Family YMCA	33.75	32.17
20	Niconovich, Alex	18	Boyertown Area YMCA	33.48	32.22
21	Syrett, David	17	YMCA Aquatic Center	28.95 Y	32.29
22	Polino, Mike	15	Anne Arundel YMCA	33.03	32.44
23	Spaulding, George	17	Flint YMCA	33.35	32.45
24	Rico, Ryan	19	J.B. Chambers Mem. Branch YMCA	29.18 Y	32.48

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
25	Noone, Gene	17	West Shore-Harrisburg YMCA	33.70	32.50
26	Conrad, Keith	17	Northwestern Dupage YMCA	29.41 Y	32.67
27	Kuehne, Patrick	15	Somerset Valley YMCA	34.15	32.69
27	Heraly, Matthew	18	Green Bay Metro YMCA	33.79	32.69
29	McKeown, Kevin	15	East Hartford YMCA	33.67	32.80
30	Roberts, Eric	17	Wilton Family YMCA	34.14	32.83
30	Harmon, Matthew	16	Cumberland YMCA	33.10	32.83
32	Nemeth, John	16	Western Area Branch YMCA	28.29 Y	32.86
32	Voss, Danny	16	YMCA Aquatic Center	28.93 Y	32.86
34	Mattson, James	16	YMCA of Greater Seattle	29.02 Y	32.90
35	Scarpati, Mike	17	Lima Family YMCA	34.93	33.06
36	Eckert, Rich	17	McKeesport YMCA	30.04 Y	33.09
37	Hay, Michael	19	Upper Main Line YMCA	32.80	33.13
38	Farra, Justin	15	Countryside-Warren County YMC	33.10	33.15
39	Piasecki, Andrew	17	Pottstown Family YMCA	34.48	33.17
40	Beidel, Brandon	17	Chambersburg Memorial YMCA	34.03	33.19
41	Dodge, Neal	18	Andover-North Andover YMCA	34.18	33.24
42	Gillette, Ben	16	Rappahannock Area YMCA	33.84	33.25
43	Thiel, Ryan	16	Greater Johnstown Comm. YMCA	33.98	33.28
44	Akiyama, Chris	19	Leaning Tower YMCA	33.22	33.33
45	Nemeth, Joseph	16	Western Area Branch YMCA	29.44 Y	33.41
46	Toolan-Miller, Mike	18	Anne Arundel YMCA	34.30	33.42
47	Gallagher, Gerald	15	Western Family Branch YMCA	30.32 Y	33.43
48	Fishman, Alex	16	Montclair YMCA	33.79	33.47
49	Herzog, Tony	17	Lima Family YMCA	34.36	33.48
50	Bryant, Patrick	15	Aurora Family YMCA	30.70 Y	33.58
51	Clarke, Bryan	18	YMCA of Greater Seattle	28.73 Y	33.62
52	Raynes, Michael	17	Somerset Hills YMCA	30.96 Y	33.64
52	Enany, Chris	19	Reg Fam YMCA Laurel Highland	34.11	33.64
54	Kunzman, Eric	16	Lionville Community YMCA	33.49 S	33.65
55	Bifulco, Derek	17	Lima Family YMCA	29.20 Y	33.67
56	Spaulding, James	17	Flint YMCA	29.61 Y	33.69
57	Ray, Chris	17	Somerset Hills YMCA	28.79	33.75
58	Lee, Travis	14	Montclair YMCA	34.87 S	33.81
59	Klipa, Mitchell	14	Gr.Rapids/Southeast Br. YMCA	35.02	33.90
60	Goldsmith, Sam	15	West Shore-Harrisburg YMCA	33.80	33.95
60	Moran, Mike	18	Anne Arundel YMCA	34.74	33.95
62	Ahn, Vincent	16	Countryside-Warren County YMC	33.98	33.98
63	Ippolito, Frank	17	Somerset Valley YMCA	33.56 S	34.07
64	Green, Brian	17	Metuchen-Edison YMCA	34.58	34.11
65	Fellers, Elijah	16	Miami County YMCA	35.05	34.18
65	Powanda, Rick	15	Chambersburg Memorial YMCA	35.32 S	34.18
67	Hammerich, Zach	17	Illinois Valley YMCA	29.94 Y	34.32
68	Cummings, Luke	16	Door County YMCA	34.44 S	34.35
68	Lawson, Brendan	14	Somerset Hills YMCA	30.31 Y	34.35
68	Federak, Bartosz	14	Montclair YMCA	35.05	34.35
71	Weir, Graham	15	Darien Community YMCA	35.98	34.40
72	Henze, Willy	14	McKeesport YMCA	35.45	34.43
72	Harris, Alphonse	15	Blue Ash Branch YMCA	34.55	34.43
74	Mauermann, Jacob	17	Green Bay Metro YMCA	30.25 Y	34.51

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
75 Harbaugh, Kirk	14	Tampa Metro YMCA	36.01	34.56
76 Virack, John	16	Somerset Hills YMCA	34.08 S	34.61
77 Boswick, Aidan	17	Wyckoff YMCA	34.76	34.62
78 Makovy, Igor	17	Indiana County YMCA	35.04	34.63
79 Schiavoni, Vincent	14	Upper Main Line YMCA	35.88	34.64
80 Wilson, Zach	14	Southern Chester County YMCA	34.88 S	34.65
81 McFadden, Joshua	16	Upper Main Line YMCA	34.86 S	34.69
81 Stanton, Francis	16	Tri-Hampton YMCA	35.23 S	34.69
83 Lilley, Kyle	19	Reg Fam YMCA Laurel Highland	36.42	34.70
84 Hoffman, Michael	17	Rochester Northwest FamilyYMC	30.76 Y	34.82
85 Linklater, Bill	16	South Community Family BR YM	36.25	34.84
86 Farley, TJ	16	Carroll County Family YMCA	35.40 S	34.85
86 Addlesberger, Justin	14	Chambersburg Memorial YMCA	35.30 S	34.85
86 Scaliatine, Matt	15	Northwestern Dupage YMCA	34.32 S	34.85
86 Guldin, Gregory	17	Somerset Valley YMCA	34.56 S	34.85
90 O'Donnell, Connor	17	Tri-Hampton YMCA	35.22 S	34.86
91 Beck, Mark	18	J.F. Hurley YMCA	34.50	34.91
92 Fisher III, John	17	Chambersburg Memorial YMCA	35.08 S	34.95
93 Webeler, Andrew	15	Gamble Nippert YMCA	36.14	34.96
94 Vandervest, Christophe	13	Green Bay Metro YMCA	30.79 Y	34.97
95 Dougherty, Andrew	17	Montclair YMCA	34.94	34.99
96 Smith, Andy	19	Jerry L Garver YMCA	36.58	35.00
97 Shea, Patrick	14	N Shore/Lester Sterling BR Y	36.00	35.05
98 Metz, David	16	Powel Crosley Branch YMCA	35.35	35.07
99 Conners, Rob	15	Countryside-Warren County YMC	35.51	35.08
100 Jackwin, Eric	15	East Hartford YMCA	35.99	35.10
101 Begley, Phil	17	Hatboro Area YMCA	29.68 Y	35.11
101 Styckiewicz, Matthew	16	Greater Holyoke YMCA	36.06	35.11
103 Chambers, Chris	17	Westfield YMCA - Massachusetts	30.28 Y	35.18
104 Tully, PJ	15	Montclair YMCA	35.40 S	35.21
105 Pyrek, Sebastian	14	Wilderness Trace Family YMCA	35.69	35.27
106 Hein, Chris	16	Carroll County Family YMCA	30.73 Y	35.28
107 Moran, Kevin	15	Chambersburg Memorial YMCA	35.31 S	35.29
108 Butler, Kevin M	17	Aurora Family YMCA	34.39	35.39
109 Albanese, Kevin	17	Tri-Hampton YMCA	36.44	35.40
110 Harris, Taylor	13	Gr.Rapids/Southeast Br. YMCA	35.81	35.42
111 Delves, Ryan	15	Northwestern Dupage YMCA	34.40 S	35.43
111 Barry, Jordan	16	Rochester Northwest FamilyYMC	30.52 Y	35.43
113 Elmendorf, Ryan	14	Dixon Family YMCA	30.78 Y	35.44
113 Reyes, Jeff	15	Somerset Valley YMCA	36.10	35.44
115 Clapp, Wesley	17	Wilton Family YMCA	34.77	35.47
116 Dzieniszewski, Phillip	16	Flushing Branch YMCA	35.96	35.52
117 Schwartz, St John	15	West Shore-Harrisburg YMCA	34.87 S	35.58
118 Millaci, Johnny	13	Deerpath YMCA	36.43	35.61
119 Shears, Chris	15	Chapel Hill-Carrboro YMCA	36.56	35.63
120 Chau, Perry	16	N Shore/Lester Sterling BR Y	36.10	35.72
121 Heyde, Keith	15	Wilton Family YMCA	36.51	35.93
122 Frey, Jeremy	14	Tri-Hampton YMCA	36.68	35.95
123 Lyu, Peter	14	Chapel Hill-Carrboro YMCA	35.41	35.98
124 Amini-Hajibashi, Stratos	15	Schroeder YMCA	35.77	36.03

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
125 Ollila, Alex	16	Countryside-Warren County YMC	35.62	36.09
126 Marsteller, Daniel	15	York & York County YMCA	34.72 S	36.11
127 Proctor, Andrew	15	Countryside-Warren County YMC	35.80	36.28
128 Rauch, Timothy	15	Somerset Valley YMCA	36.61	36.31
128 Kosier, Austin	16	Toledo YMCA	30.89 Y	36.31
130 Fink, Marc	13	Wilton Family YMCA	36.32	36.41
131 Krueger, Justin	16	Pulaski-Hensel Ekman YMCA	35.22 S	36.44
132 Duwell, Andrew	17	Oshkosh Community YMCA	30.15 Y	36.52
133 Crerand, John	16	Somerset Hills YMCA	35.40 S	36.62
134 Matt, Dan	13	Western Area Branch YMCA	36.65	36.78
135 Childers, Ian	16	Reg Fam YMCA Laurel Highland	36.47	36.90
136 Buck, Carson	17	York & York County YMCA	34.51 S	37.36
137 Albert, Michael	17	Countryside-Warren County YMC	36.31	37.49
138 Ljubi, Nicholas	17	Liberty T Powell YMCA	36.02	37.58
139 Van Huis, Adam	14	Oshkosh Community YMCA	35.34 S	37.63
140 Trojanowski, Nick	16	Madison Area YMCA	35.36 S	37.92

Men 100 LC Meter Breaststroke**National: 1:03.98 * 1992****M. Hubbell****Countryside, OH**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Swenson, Eric	18	Fanwood-Scotch Plains YMCA	1:07.17	1:06.37
30.93		1:06.37 (35.44)		
2 Cullen, Eric	17	Western Family Branch YMCA	1:09.20	1:06.93
31.77		1:06.93 (35.16)		
3 Silva, Michael	16	Tampa Metro YMCA	1:07.52	1:06.94
31.00		1:06.94 (35.94)		
4 Lewno, Adam	18	Racine Family YMCA	1:07.98	1:07.32
31.45		1:07.32 (35.87)		
5 Daurio, Patrick	16	Fanwood-Scotch Plains YMCA	1:09.43	1:08.22
31.79		1:08.22 (36.43)		
6 Sweitzer, Matt	17	New Canaan Community YMCA	1:09.56	1:08.33
32.49		1:08.33 (35.84)		
7 Dilz, Andy	17	Blue Ash Branch YMCA	1:09.22	1:08.43
31.82		1:08.43 (36.61)		
8 Adelmeyer, Colin	18	Green Bay Metro YMCA	1:09.17	1:08.73
32.06		1:08.73 (36.67)		
B - Final				
9 Lane, Eric	17	New Canaan Community YMCA	1:09.68	1:08.34
31.85		1:08.34 (36.49)		
10 Sudbury, Jeffrey	17	Wilton Family YMCA	1:10.00	1:08.50
32.30		1:08.50 (36.20)		
11 Syrett, David	17	YMCA Aquatic Center	1:09.60	1:09.10
32.78		1:09.10 (36.32)		
12 Snook, Garrett	17	Saginaw YMCA	1:10.24	1:09.68
32.43		1:09.68 (37.25)		
13 Niconovich, Alex	18	Boyertown Area YMCA	1:10.14	1:10.00
33.01		1:10.00 (36.99)		
14 Redcay, Ross	17	Reading & Berks YMCA	1:10.40	1:10.12
32.74		1:10.12 (37.38)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Men 100 LC Meter Breaststroke)**

Name	Age	Team	Prelim Time	Finals Time
15 Voss, Danny	33.56	16 YMCA Aquatic Center	1:10.15	1:10.64
	1:10.64 (37.08)			
16 Barr, Josh	32.53	18 West Shore-Harrisburg YMCA	1:10.26	1:10.91
	1:10.91 (38.38)			

Men 100 LC Meter Breaststroke

National: 1:03.98 * 1992		M. Hubbell	Countryside, OH	
Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Swenson, Eric	18	Fanwood-Scotch Plains YMCA	1:06.87	1:07.17
2 Silva, Michael	16	Tampa Metro YMCA	1:09.15	1:07.52
3 Lewno, Adam	18	Racine Family YMCA	1:09.50	1:07.98
4 Adelmeyer, Colin	18	Green Bay Metro YMCA	1:00.34 Y	1:09.17
5 Cullen, Eric	17	Western Family Branch YMCA	1:08.26	1:09.20
6 Dilz, Andy	17	Blue Ash Branch YMCA	1:10.07	1:09.22
7 Daurio, Patrick	16	Fanwood-Scotch Plains YMCA	1:12.69	1:09.43
8 Sweitzer, Matt	17	New Canaan Community YMCA	1:09.96	1:09.56
9 Syrett, David	17	YMCA Aquatic Center	1:00.74 Y	1:09.60
10 Lane, Eric	17	New Canaan Community YMCA	1:11.72	1:09.68
11 Sudbury, Jeffrey	17	Wilton Family YMCA	1:09.22	1:10.00
12 Nikonovich, Alex	18	Boyertown Area YMCA	1:12.94	1:10.14
13 Voss, Danny	16	YMCA Aquatic Center	1:00.70 Y	1:10.15
14 Snook, Garrett	17	Saginaw YMCA	1:09.45	1:10.24
15 Barr, Josh	18	West Shore-Harrisburg YMCA	1:09.94	1:10.26
16 LaMonaca, John	17	Cheshire Branch YMCA	1:09.80	1:10.27
17 Redcay, Ross	17	Reading & Berks YMCA	1:12.52	1:10.40
18 Nicolino, Matthew	18	Upper Main Line YMCA	1:11.09	1:10.48
19 Kreider, Brian	16	Lebanon Valley Family YMCA	59.92 Y	1:10.77
20 Polino, Mike	15	Anne Arundel YMCA	1:02.37 Y	1:10.82
21 Smith, Brad	16	Farmington Family YMCA	1:14.76	1:10.86
22 Bennett, George	17	Upper Main Line YMCA	1:15.85	1:10.89
23 Farra, Justin	15	Countryside-Warren County YMC	1:11.00	1:11.41
24 Rambo, Jake	17	Pottstown Family YMCA	1:12.50	1:11.48
25 Roberts, Eric	17	Wilton Family YMCA	1:14.36	1:11.55
26 Dudzinski, Jon	16	Oshkosh Community YMCA	1:16.23	1:11.58
27 Noone, Gene	17	West Shore-Harrisburg YMCA	1:03.89 Y	1:11.63
28 Jankowski, Jeff	16	Middle Tyger YMCA	1:11.52	1:12.23
29 Marino, Scott	14	Fanwood-Scotch Plains YMCA	1:12.91	1:12.27
30 Eckert, Rich	17	McKeesport YMCA	1:03.94 Y	1:12.63
31 Brody, Matthew	18	Tampa Metro YMCA	1:12.20	1:12.69
32 McGregor, Pete	17	Reading & Berks YMCA	1:14.34	1:12.74
33 McGrath, Kevin	16	N Shore/Lester Sterling BR Y	1:02.85 Y	1:12.92
34 Beidel, Brandon	17	Chambersburg Memorial YMCA	1:14.43	1:13.05
35 Larocque, Jon	16	Flint YMCA	1:16.18	1:13.07
36 Dockins, Jeff	18	J.F. Hurley YMCA	1:13.98	1:13.13
37 Conrad, Keith	17	Northwestern Dupage YMCA	1:03.55 Y	1:13.16
38 Goldsmith, Sam	15	West Shore-Harrisburg YMCA	1:14.21	1:13.17
39 Bifulco, Derek	17	Lima Family YMCA	1:01.85 Y	1:13.19
40 Fishman, Alex	16	Montclair YMCA	1:16.43	1:13.49

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
41 Byler, Daniel	17	Parkersburg YMCA	1:15.66	1:13.55
42 Slagh, Jimmy	16	Middle Tyger YMCA	1:12.78	1:13.61
43 Herzog, Tony	17	Lima Family YMCA	1:00.97 Y	1:13.93
44 Bryant, Patrick	15	Aurora Family YMCA	1:16.27	1:13.99
44 Toolan-Miller, Mike	18	Anne Arundel YMCA	1:13.92	1:13.99
46 Spaulding, George	17	Flint YMCA	1:14.50	1:14.03
47 McKeown, Kevin	15	East Hartford YMCA	1:13.07	1:14.08
48 Conklyn, BJ	17	Pocono Family YMCA	1:03.07 Y	1:14.12
49 Mattson, James	16	YMCA of Greater Seattle	1:04.22 Y	1:14.14
50 Kuehne, Patrick	15	Somerset Valley YMCA	1:12.80 S	1:14.18
51 Harbaugh, Kirk	14	Tampa Metro YMCA	1:16.52	1:14.29
52 Dodge, Neal	18	Andover-North Andover YMCA	1:03.21 Y	1:14.38
53 Piasecki, Andrew	17	Pottstown Family YMCA	1:16.60	1:14.46
53 Lyu, Peter	14	Chapel Hill-Carrboro YMCA	1:16.69	1:14.46
55 Moran, Mike	18	Anne Arundel YMCA	1:03.64 Y	1:14.48
56 Gillette, Ben	16	Rappahannock Area YMCA	1:14.74	1:14.55
57 Potvin, Doug	17	YMCA Aquatic Center	1:04.04 Y	1:14.67
58 Clarke, Bryan	18	YMCA of Greater Seattle	1:02.48 Y	1:14.76
59 Clapp, Wesley	17	Wilton Family YMCA	1:15.17	1:14.78
60 Enany, Chris	19	Reg Fam YMCA Laurel Highland	1:16.37	1:14.81
61 Hiller, Cody	15	Countryside-Warren County YMC	1:15.41	1:14.84
62 Van Huis, Alex	16	Oshkosh Community YMCA	1:14.41	1:14.86
63 Ahn, Vincent	16	Countryside-Warren County YMC	1:14.89	1:14.98
64 Royster, Andrew	16	Hamden/North Haven YMCA	1:03.53 Y	1:15.13
65 Rico, Ryan	19	J.B. Chambers Mem. Branch YMC	1:03.07 Y	1:15.48
66 Thai, Bensen	14	Wilton Family YMCA	1:16.45	1:15.52
67 Schramm, Ryan	18	Powel Crosley Branch YMCA	1:03.96 Y	1:15.76
68 Guldin, Gregory	17	Somerset Valley YMCA	1:13.63 S	1:15.93
69 Ray, Chris	17	Somerset Hills YMCA	1:02.87 Y	1:16.25
70 Virack, John	16	Somerset Hills YMCA	1:04.39 Y	1:16.31
71 Ippolito, Frank	17	Somerset Valley YMCA	1:10.80 S	1:16.38
72 Beck, Mark	18	J.F. Hurley YMCA	1:04.86 Y	1:16.52
73 Boswick, Aidan	17	Wyckoff YMCA	1:04.66 Y	1:16.66
74 Mauermann, Jacob	17	Green Bay Metro YMCA	1:04.66 Y	1:17.48
74 Weir, Graham	15	Darien Community YMCA	1:04.57 Y	1:17.48
76 Hammerich, Zach	17	Illinois Valley YMCA	1:03.58 Y	1:18.26
77 Fellers, Elijah	16	Miami County YMCA	1:16.66	1:18.34
78 Duwell, Andrew	17	Oshkosh Community YMCA	1:04.44 Y	1:22.45
--- Akiyama, Chris	19	Leaning Tower YMCA	1:15.76	DQ

Men 200 LC Meter Breaststroke

National: 2:19.22 * 1992

M. Hubbell

Countryside, OH

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Lewno, Adam	18	Racine Family YMCA	2:27.25	2:26.72
	32.10	1:08.23 (36.13)	1:46.63 (38.40)	2:26.72 (40.09)
2 Dilz, Andy	17	Blue Ash Branch YMCA	2:28.95	2:27.55
	32.25	1:09.08 (36.83)	1:47.86 (38.78)	2:27.55 (39.69)
3 Voss, Danny	16	YMCA Aquatic Center	2:29.96	2:30.50
	33.72	1:11.48 (37.76)	1:50.73 (39.25)	2:30.50 (39.77)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Men 200 LC Meter Breaststroke)**

Name	Age	Team	Prelim Time	Finals Time
4 Sweitzer, Matt	17	New Canaan Community YMCA	2:32.46	2:30.85
33.73	1:12.25 (38.52)	1:51.21 (38.96)	2:30.85 (39.64)	
5 Snook, Garrett	17	Saginaw YMCA	2:32.14	2:31.09
33.56	1:11.47 (37.91)	1:50.27 (38.80)	2:31.09 (40.82)	
6 Cullen, Eric	17	Western Family Branch YMCA	2:29.93	2:31.18
33.17	1:11.20 (38.03)	1:51.18 (39.98)	2:31.18 (40.00)	
7 Daurio, Patrick	16	Fanwood-Scotch Plains YMCA	2:32.49	2:32.14
34.13	1:13.10 (38.97)	1:52.28 (39.18)	2:32.14 (39.86)	
8 Swenson, Eric	18	Fanwood-Scotch Plains YMCA	2:31.99	2:32.36
33.76	1:12.42 (38.66)	1:52.29 (39.87)	2:32.36 (40.07)	

B - Final

9 Farra, Justin	15	Countryside-Warren County YMC	2:35.80	2:35.29
34.64	1:14.39 (39.75)	1:54.98 (40.59)	2:35.29 (40.31)	
10 Smith, Brad	16	Farmington Family YMCA	2:35.28	2:34.29
34.07	1:13.08 (39.01)	1:53.70 (40.62)	2:34.29 (40.59)	
11 Slagh, Jimmy	16	Middle Tyger YMCA	2:34.89	2:33.97
35.31	1:13.78 (38.47)	1:53.38 (39.60)	2:33.97 (40.59)	
12 Walker, Michael	17	Harrison County YMCA	2:33.06	2:34.51
33.01	1:11.51 (38.50)	1:53.03 (41.52)	2:34.51 (41.48)	
13 Syrett, David	17	YMCA Aquatic Center	2:34.38	2:33.67
34.83	1:14.39 (39.56)	1:53.83 (39.44)	2:33.67 (39.84)	
14 Barr, Josh	18	West Shore-Harrisburg YMCA	2:35.06	2:34.97
34.01	1:12.34 (38.33)	1:53.19 (40.85)	2:34.97 (41.78)	
15 Lane, Eric	17	New Canaan Community YMCA	2:35.56	2:35.87
33.65	1:11.98 (38.33)	1:53.48 (41.50)	2:35.87 (42.39)	
16 Conrad, Keith	17	Northwestern Dupage YMCA	2:36.69	2:37.81
34.78	1:14.84 (40.06)	1:56.09 (41.25)	2:37.81 (41.72)	

Men 200 LC Meter Breaststroke**National: 2:19.22 * 1992****M. Hubbell****Countryside, OH**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Lewno, Adam	18	Racine Family YMCA	2:34.02	2:27.25
1:10.25	2:27.25 (1:17.00)			
2 Dilz, Andy	17	Blue Ash Branch YMCA	2:32.20	2:28.95
1:10.31	2:28.95 (1:18.64)			
3 Cullen, Eric	17	Western Family Branch YMCA	2:06.43 Y	2:29.93
	1:12.07 ()	2:29.93 (1:17.86)		
4 Voss, Danny	16	YMCA Aquatic Center	2:09.24 Y	2:29.96
	1:11.49 ()	2:29.96 (1:18.47)		
5 Swenson, Eric	18	Fanwood-Scotch Plains YMCA	2:33.16	2:31.99
1:12.12	2:31.99 (1:19.87)			
6 Snook, Garrett	17	Saginaw YMCA	2:31.12	2:32.14
	1:12.03 ()	2:32.14 (1:20.11)		
7 Sweitzer, Matt	17	New Canaan Community YMCA	2:34.93	2:32.46
1:12.44	2:32.46 (1:20.02)			
8 Daurio, Patrick	16	Fanwood-Scotch Plains YMCA	2:41.49	2:32.49
1:12.54	2:32.49 (1:19.95)			
9 Walker, Michael	17	Harrison County YMCA	2:29.62	2:33.06
1:13.58	2:33.06 (1:19.48)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
10	Syrett, David	17	YMCA Aquatic Center	2:45.93	2:34.38
	1:14.58	2:34.38	(1:19.80)		
11	Slagh, Jimmy	16	Middle Tyger YMCA	2:36.45	2:34.89
	1:14.13 ()	2:34.89	(1:20.76)		
12	Barr, Josh	18	West Shore-Harrisburg YMCA	2:34.00	2:35.06
	1:13.77 ()	2:35.06	(1:21.29)		
13	Smith, Brad	16	Farmington Family YMCA	2:44.05	2:35.28
	1:12.89 ()	2:35.28	(1:22.39)		
14	Lane, Eric	17	New Canaan Community YMCA	2:41.97	2:35.56
	1:11.78 ()	2:35.56	(1:23.78)		
15	Farra, Justin	15	Countryside-Warren County YMC	2:37.56	2:35.80
	1:14.07	2:35.80	(1:21.73)		
16	Conrad, Keith	17	Northwestern Dupage YMCA	2:46.01	2:36.69
	1:14.70	2:36.69	(1:21.99)		
17	Nicolino, Matthew	18	Upper Main Line YMCA	2:10.30 Y	2:36.83
	1:14.77	2:36.83	(1:22.06)		
18	Redcay, Ross	17	Reading & Berks YMCA	2:42.29	2:36.96
	1:14.02	2:36.96	(1:22.94)		
19	Jankowski, Jeff	16	Middle Tyger YMCA	2:37.16	2:37.48
	1:13.80	2:37.48	(1:23.68)		
20	Noone, Gene	17	West Shore-Harrisburg YMCA	2:40.16	2:37.51
	1:14.82	2:37.51	(1:22.69)		
21	Polino, Mike	15	Anne Arundel YMCA	2:43.69	2:37.63
	1:15.46	2:37.63	(1:22.17)		
22	LaMonaca, John	17	Cheshire Branch YMCA	2:38.71	2:37.88
	1:14.47 ()	2:37.88	(1:23.41)		
23	Dudzinski, Jon	16	Oshkosh Community YMCA	2:48.68	2:38.26
	1:13.22 ()	2:38.26	(1:25.04)		
24	Dockins, Jeff	18	J.F. Hurley YMCA	2:44.92	2:38.38
	1:15.15 ()	2:38.38	(1:23.23)		
25	McGrath, Kevin	16	N Shore/Lester Sterling BR Y	2:41.54	2:38.49
	1:14.92	2:38.49	(1:23.57)		
26	Harbaugh, Kirk	14	Tampa Metro YMCA	2:44.90	2:38.51
	1:15.48 ()	2:38.51	(1:23.03)		
27	Niconovich, Alex	18	Boyertown Area YMCA	2:43.37	2:38.93
	1:15.21	2:38.93	(1:23.72)		
28	Marino, Scott	14	Fanwood-Scotch Plains YMCA	2:40.37	2:39.34
	1:13.96	2:39.34	(1:25.38)		
29	Piasecki, Andrew	17	Pottstown Family YMCA	2:45.30	2:39.84
	1:16.54	2:39.84	(1:23.30)		
30	Amato, Gordon	18	Western Family Branch YMCA	2:49.03	2:40.35
	1:16.58	2:40.35	(1:23.77)		
31	Byler, Daniel	17	Parkersburg YMCA	2:47.34	2:40.42
	1:16.71	2:40.42	(1:23.71)		
32	Goldsmith, Sam	15	West Shore-Harrisburg YMCA	2:40.73	2:40.45
	1:16.87 ()	2:40.45	(1:23.58)		
33	Kuehne, Patrick	15	Somerset Valley YMCA	2:49.83	2:40.83
	1:16.27	2:40.83	(1:24.56)		
34	Klipa, Mitchell	14	Gr.Rapids/Southeast Br. YMCA	2:19.12 Y	2:40.91
	1:15.59	2:40.91	(1:25.32)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
35 Scaliatine, Matt	15	Northwestern Dupage YMCA	2:44.84	2:41.48
		1:17.36 () 2:41.48 (1:24.12)		
36 Van Huis, Alex	16	Oshkosh Community YMCA	2:43.39	2:41.64
		1:16.67 2:41.64 (1:24.97)		
37 McKeown, Kevin	15	East Hartford YMCA	2:42.64	2:41.67
		1:15.05 2:41.67 (1:26.62)		
38 Schramm, Ryan	18	Powel Crosley Branch YMCA	2:45.22	2:42.83
		1:20.48 () 2:42.83 (1:22.35)		
39 Clapp, Wesley	17	Wilton Family YMCA	2:43.54	2:43.17
		1:17.11 () 2:43.17 (1:26.06)		
39 Roberts, Eric	17	Wilton Family YMCA	2:47.43	2:43.17
		1:15.21 2:43.17 (1:27.96)		
41 Eckert, Rich	17	McKeesport YMCA	2:22.76 Y	2:43.44
		1:16.95 () 2:43.44 (1:26.49)		
42 Moran, Mike	18	Anne Arundel YMCA	2:45.07	2:43.77
		1:18.60 () 2:43.77 (1:25.17)		
43 Toolan-Miller, Mike	18	Anne Arundel YMCA	2:18.63 Y	2:44.88
		1:15.94 2:44.88 (1:28.94)		
44 Conners, Rob	15	Countryside-Warren County YMC	2:50.38	2:45.06
		1:19.31 () 2:45.06 (1:25.75)		
45 Linklater, Bill	16	South Community Family BR YM	2:44.85	2:45.46
		1:17.84 () 2:45.46 (1:27.62)		
46 Dodge, Neal	18	Andover-North Andover YMCA	2:21.83 Y	2:45.57
		1:19.30 () 2:45.57 (1:26.27)		
47 Bryant, Patrick	15	Aurora Family YMCA	2:48.65	2:45.59
		1:17.31 () 2:45.59 (1:28.28)		
48 Shea, Patrick	14	N Shore/Lester Sterling BR Y	2:48.87	2:45.66
		1:19.96 () 2:45.66 (1:25.70)		
49 Healy, Devon	15	New Canaan Community YMCA	2:46.36	2:45.87
		1:19.17 2:45.87 (1:26.70)		
50 Chau, Perry	16	N Shore/Lester Sterling BR Y	2:48.88	2:45.89
		1:17.64 2:45.89 (1:28.25)		
51 Fellers, Elijah	16	Miami County YMCA	2:48.46	2:46.15
		1:18.96 () 2:46.15 (1:27.19)		
52 Fink, Marc	13	Wilton Family YMCA	2:47.10	2:46.27
		1:18.48 2:46.27 (1:27.79)		
53 Boswick, Aidan	17	Wyckoff YMCA	2:21.14 Y	2:46.53
		1:16.52 () 2:46.53 (1:30.01)		
54 Thai, Bensen	14	Wilton Family YMCA	2:47.87	2:47.19
		1:19.19 () 2:47.19 (1:28.00)		
55 Guldin, Gregory	17	Somerset Valley YMCA	2:42.45 S	2:47.31
		1:18.53 () 2:47.31 (1:28.78)		
56 Federak, Bartosz	14	Montclair YMCA	2:50.33	2:47.45
		1:19.29 2:47.45 (1:28.16)		
57 Ippolito, Frank	17	Somerset Valley YMCA	2:17.63 Y	2:47.59
		1:19.24 2:47.59 (1:28.35)		
58 Reid, Andrew	14	N Shore/Lester Sterling BR Y	2:49.16	2:47.65
		1:19.92 2:47.65 (1:27.73)		
59 Virack, John	16	Somerset Hills YMCA	2:17.66 Y	2:48.26
		1:18.94 2:48.26 (1:29.32)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
60 Lee, Travis	14	Montclair YMCA	2:47.63	2:48.34
		1:18.52 () 2:48.34 (1:29.82)		
61 Ahn, Vincent	16	Countryside-Warren County YMC	2:46.54	2:48.71
		1:17.85 2:48.71 (1:30.86)		
62 Clarke, Bryan	18	YMCA of Greater Seattle	2:15.39 Y	2:48.72
		1:18.32 2:48.72 (1:30.40)		
63 Harris, Taylor	13	Gr.Rapids/Southeast Br. YMCA	2:50.72	2:48.89
		1:22.85 () 2:48.89 (1:26.04)		
64 Schiavoni, Vincent	14	Upper Main Line YMCA	2:48.08	2:48.95
		1:20.93 () 2:48.95 (1:28.02)		
65 Thai, Jonathan	17	Wilton Family YMCA	2:50.38	2:49.23
		1:21.13 2:49.23 (1:28.10)		
66 Gallagher, Gerald	15	Western Family Branch YMCA	2:50.80	2:49.24
		1:19.08 () 2:49.24 (1:30.16)		
67 Heyde, Keith	15	Wilton Family YMCA	2:49.96	2:49.91
		1:20.99 2:49.91 (1:28.92)		
68 Vandervest, Christophe	13	Green Bay Metro YMCA	2:22.39 Y	2:50.71
		1:21.76 () 2:50.71 (1:28.95)		
69 Raymar, Aaron	18	Somerset Hills YMCA	2:39.56 S	2:50.99
		1:20.78 () 2:50.99 (1:30.21)		
70 Metz, David	16	Powel Crosley Branch YMCA	2:51.03	2:51.34
		1:23.56 () 2:51.34 (1:27.78)		
71 Hammerich, Zach	17	Illinois Valley YMCA	2:18.68 Y	2:52.38
		1:22.24 2:52.38 (1:30.14)		
72 Bifulco, Derek	17	Lima Family YMCA	2:23.23 Y	2:52.80
		1:19.14 () 2:52.80 (1:33.66)		
73 Shears, Chris	15	Chapel Hill-Carrboro YMCA	2:48.46	2:53.25
		1:23.31 () 2:53.25 (1:29.94)		
--- Beidel, Brandon	17	Chambersburg Memorial YMCA	2:49.34	DQ
		1:20.69		
--- Gillette, Ben	16	Rappahannock Area YMCA	2:42.97	DQ
--- Lyu, Peter	14	Chapel Hill-Carrboro YMCA	2:45.12	DQ

Men 50 LC Meter Butterfly

National: 25.30 * 8/2/2001		Jayme O Cramer		M.E. Lyons-OH-	
Name	Age	Team	Prelim Time	Finals Time	
A - Final					
1 Langenfeld, Andrew	17	Mount Vernon YMCA	26.13	25.62	
2 Donch, Matthew	16	Darien Community YMCA	26.95	25.99	
3 Fisher, Zack	18	Jerry L Garver YMCA	26.60	26.28	
4 Baity, Mike	18	Darien Community YMCA	26.97	26.41	
5 Graessle, Sam	17	Countryside-Warren County YMC	26.74	26.46	
6 Bromage, Nathan	17	Greater Holyoke YMCA	27.12	26.71	
7 Carson, Kevin	18	Pottstown Family YMCA	26.97	26.72	
8 Keca, Rick	17	Northwestern Dupage YMCA	27.12	27.06	
B - Final					
9 Roth, Brad	18	Reading & Berks YMCA	27.15	26.34	
10 Harper, Evan	18	Joliet YMCA	27.24	26.86	
11 Rogers, Scott	17	Somerset Hills YMCA	27.43	26.92	
12 Schuster, Kevin	16	Rochester Northwest Family YMC	27.51	26.94	
13 Moran, Brian	18	Chambersburg Memorial YMCA	27.13	27.01	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Men 50 LC Meter Butterfly)**

Name	Age	Team	Prelim Time	Finals Time
14 Dockins, Greg	17	J.F. Hurley YMCA	27.33	27.02
15 Richard, Chris	16	Door County YMCA	27.33	27.03
16 Aburahma, Zach	18	Huntington YMCA	27.41	27.11

Men 50 LC Meter Butterfly

National: 25.30 * 8/2/2001		Jayme O Cramer	M.E. Lyons-OH-	
Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1	Langenfeld, Andrew	17 Mount Vernon YMCA	26.99	26.13
2	Fisher, Zack	18 Jerry L Garver YMCA	24.15 Y	26.60
3	Graessle, Sam	17 Countryside-Warren County YMC	27.38	26.74
4	Donch, Matthew	16 Darien Community YMCA	26.52	26.95
5	Baity, Mike	18 Darien Community YMCA	26.62	26.97
5	Carson, Kevin	18 Pottstown Family YMCA	27.25	26.97
7	Keca, Rick	17 Northwestern Dupage YMCA	27.24	27.12
7	Bromage, Nathan	17 Greater Holyoke YMCA	27.92	27.12
9	Moran, Brian	18 Chambersburg Memorial YMCA	28.81	27.13
10	Roth, Brad	18 Reading & Berks YMCA	27.29	27.15
11	Harper, Evan	18 Joliet YMCA	26.92	27.24
12	Dockins, Greg	17 J.F. Hurley YMCA	27.78	27.33
12	Richard, Chris	16 Door County YMCA	28.63	27.33
14	Aburahma, Zach	18 Huntington YMCA	27.29	27.41
15	Rogers, Scott	17 Somerset Hills YMCA	27.60 S	27.43
16	Schuster, Kevin	16 Rochester Northwest FamilyYMC	29.56	27.51
17	Bartro, Kyle	18 N Shore/Lester Sterling BR Y	27.70	27.52
18	Adelmeyer, Colin	18 Green Bay Metro YMCA	25.83 Y	27.57
19	Hauptman, Ryan	19 Fanwood-Scotch Plains YMCA	29.35	27.58
20	Hagan, John	17 Flint YMCA	28.16	27.69
21	Begley, Phil	17 Hatboro Area YMCA	25.38 Y	27.74
22	Sunde, Andrew	18 Flint YMCA	28.30	27.75
22	Jung, Kevin	14 Montclair YMCA	27.52	27.75
22	Spaulding, James	17 Flint YMCA	24.99 Y	27.75
25	Goeckner, Caleb	16 Newberry YMCA	27.99	27.85
26	Pelton, Greg	13 Wilton Family YMCA	29.88	27.96
27	Scarpati, Mike	17 Lima Family YMCA	28.19 S	28.00
28	Conklyn, BJ	17 Pocono Family YMCA	29.90	28.01
29	Sheffield, Jonathan	18 Fanwood-Scotch Plains YMCA	25.66 Y	28.03
30	Berger, Matt	18 ME Lyons YMCA	28.09	28.08
31	Forni, Nicholas	17 Greater Holyoke YMCA	28.22	28.11
31	Collins, Allan	18 South Community Family BR YM	28.40	28.11
33	Hanson, Joe	17 Appleton Family YMCA	28.20	28.15
34	Forsman, Josh	18 Ocean County YMCA	28.15	28.17
35	Lobaugh, Matt	17 Gamble Nippert YMCA	28.72	28.19
36	Scott, Rory	17 Harford County Family YMCA	27.73	28.20
37	Mayock, Steve	17 Chapel Hill-Carrboro YMCA	28.98	28.25
38	Heller, Andy	17 Wilton Family YMCA	29.00	28.29
39	Betz, Danny	17 Kishwaukee Family YMCA	25.72 Y	28.34
40	Dzieniszewski, Phillip	16 Flushing Branch YMCA	25.41 Y	28.35
40	Schluederberg, Bret	16 Chapel Hill-Carrboro YMCA	28.63 S	28.35

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
42 Kim, Kevin	15	Flushing Branch YMCA	29.07	28.39
43 Wright, Ryan	17	Boyertown Area YMCA	29.48	28.44
44 Creasy, Ben	16	Middle Tyger YMCA	28.59	28.47
45 Gallagher, Liam	18	Somerset Valley YMCA	28.39	28.48
46 McHugh, Dustin	18	Gamble Nippert YMCA	28.16	28.52
47 Coppelli, Pierce	17	Meadville YMCA	28.66	28.55
47 McInerney, Scott	17	West Morris Area YMCA	25.29 Y	28.55
49 Rubritz, Jonathan	15	York & York County YMCA	25.65 Y	28.58
50 Carey, James	17	Powel Crosley Branch YMCA	28.86	28.59
51 Goz, Vadim	17	Hamilton Area YMCA	29.53	28.61
52 Walulik, Nick	15	Deerpath YMCA	28.70	28.64
53 Hewitt, Alex	17	Countryside-Warren County YMC	28.91	28.67
53 Bartolone, Vincent	16	Hamilton Area YMCA	29.63	28.67
55 Barr, Josh	18	West Shore-Harrisburg YMCA	28.90 S	28.68
56 Dunn, JJ	17	Harrison County YMCA	29.23	28.71
56 Doyle, Daniel	15	McKeesport YMCA	24.91 Y	28.71
58 Stone, Ben	16	Powel Crosley Branch YMCA	29.03	28.72
59 Gallagher, Kevin	16	Somerset Valley YMCA	28.85 S	28.73
60 Worhatch, Brian	15	YMCA of Youngstown, Ohio Inc.	25.25 Y	28.76
60 Mullen, Ben	17	RC Durr Family YMCA	25.19 Y	28.76
62 Bartman, Tommy	17	York & York County YMCA	26.03 Y	28.79
63 Woo, Brendan	18	N Shore/Lester Sterling BR Y	25.99 Y	28.80
64 Harmon, Matthew	16	Cumberland YMCA	25.47 Y	28.82
65 Barbieri, Jimmy	14	Countryside-Warren County YMC	28.63	28.83
66 McCormick, Ian	16	Tri-Hampton YMCA	29.05	28.86
67 Collins, Adam	16	Greensburg YMCA	29.87	28.90
68 Fox, Alex	17	Boyertown Area YMCA	29.39	28.93
69 Hauptman, David	17	Fanwood-Scotch Plains YMCA	29.35 S	28.96
70 Zupke, Greg	15	Schroeder YMCA	26.13 Y	28.98
70 Pruett, Justin	16	Newberry YMCA	28.16	28.98
72 Pfeifer, Gregory	15	Flushing Branch YMCA	29.15 S	29.02
73 Bax, Andy	17	Aurora Family YMCA	28.59 S	29.03
73 Moryan, Grant	16	Somerset Hills YMCA	25.84 Y	29.03
75 Potter, Phillip	16	Stevens Point YMCA	28.86	29.04
76 Beck, Mark	18	J.F. Hurley YMCA	29.10	29.07
76 Stanton, Francis	16	Tri-Hampton YMCA	30.09	29.07
78 Wolbert, Ben	14	Carroll County Family YMCA	29.38	29.09
79 Gibb, Dustin	15	Brandywine YMCA	29.18 S	29.10
79 Francis, James	15	East Hartford YMCA	28.98	29.10
81 Matthews, Zach	16	Southern Chester County YMCA	28.65 S	29.11
82 Rico, Ryan	19	J.B. Chambers Mem. Branch YMC	25.94 Y	29.14
83 Lydy, Brian	17	Saginaw YMCA	26.01 Y	29.15
84 Virack, John	16	Somerset Hills YMCA	29.34 S	29.16
84 Barnett, Tyler	17	Cheshire Branch YMCA	29.90	29.16
86 Miller, John	18	Countryside-Warren County YMC	29.83	29.17
87 Snell, Patrick	18	Harrison County YMCA	25.24 Y	29.25
88 Trifelos, Adam	16	Licking County Family YMCA	28.98 S	29.31
89 Thaden, Michael	14	Chapel Hill-Carrboro YMCA	29.87	29.32
90 Howard, Kevin	15	N Shore/Lester Sterling BR Y	29.19	29.39
90 Husnick, Kris	16	Oshkosh Community YMCA	29.68	29.39

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
92 Huynh, Thomas	14	Melrose YMCA	30.01	29.41
93 Marchewka, Timmy	15	Kishwaukee Family YMCA	28.87 S	29.42
93 Lilley, Kyle	19	Reg Fam YMCA Laurel Highland	25.93 Y	29.42
95 Cobb, Michael	15	South Community Family BR YM	29.65	29.46
96 Ryan, Nate	16	Hatboro Area YMCA	25.92 Y	29.52
97 Parisi, Matt	15	Deerpath YMCA	30.05	29.56
98 Collins, Patrick	14	East Hartford YMCA	30.07	29.60
99 Schwartz, St John	15	West Shore-Harrisburg YMCA	29.57 S	29.64
99 Kyff, Russ	14	Ocean County YMCA	29.78	29.64
101 Natali, Andrew	16	Appleton Family YMCA	29.75	29.65
102 Kiely, John	19	Pottstown Family YMCA	29.72	29.68
102 Spaeth, Alex	16	Schroeder YMCA	29.79	29.68
104 Kramb, John	15	Countryside-Warren County YMC	29.45	29.71
105 Flanders, Matt	15	Brandywine YMCA	29.47 S	29.76
106 Matzke, Eric	16	Green Bay Metro YMCA	29.57	29.84
107 Schramm, Corey	18	Powel Crosley Branch YMCA	29.40	29.93
108 Rhodenbaugh, Luke	14	Gamble Nippert YMCA	29.03	29.94
109 Krueger, Justin	16	Pulaski-Hensel Ekman YMCA	29.36	29.99
110 Hoppe, Scott	18	Schroeder YMCA	25.70 Y	30.00
110 Leung, ON	15	YMCA of Greater Seattle	25.70 Y	30.00
112 McKeown, Kevin	15	East Hartford YMCA	29.90	30.09
113 Ryan, Kevin	16	Powel Crosley Branch YMCA	30.03	30.10
114 Silver, Miki	14	New Canaan Community YMCA	29.32	30.11
114 McDonald, Matthew	17	YMCA OF Catawba Valley	29.92	30.11
116 Makovy, Igor	17	Indiana County YMCA	25.39 Y	30.12
117 Holmes, Martin	17	Blue Ash Branch YMCA	29.97	30.18
117 Heerhartz, Gilbert	17	YMCA of Greater Seattle	26.16 Y	30.18
119 Amerson, Matt	15	Newberry YMCA	30.01	30.19
120 Jenkins, Matthew	15	Brandywine YMCA	29.35 S	30.31
121 Smith, Pieter	16	Winston-Salem Central YMCA	30.04	30.32
122 McShane, Joe	16	Madison Area YMCA	29.52 S	30.40
122 Hueber, Joel	14	Kishwaukee Family YMCA	29.69 S	30.40
124 Foreman, Ben	14	Joliet YMCA	29.61 S	30.41
125 Kreider, Brian	16	Lebanon Valley Family YMCA	26.03 Y	30.52
126 Keyser, Alex	18	Mount Vernon YMCA	29.38 S	30.58
127 Neack, Ian	14	Countryside-Warren County YMC	30.04	30.61
128 Smit, Alex	13	Countryside-Warren County YMC	29.89	30.71
129 Harlin, Ky	18	South Shore YMCA	29.96	31.03

Men 100 LC Meter Butterfly

National: 56.20 * 8/1/2001 Marty E Tomes M.E. Lyons-OH-
 Broken Rec: 55.57 # 2004 Langenfeld, Andrew

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Langenfeld, Andrew	17	Mount Vernon YMCA	55.96	55.57#
	25.95	55.57 (29.62)		
2 Reams, Pat	17	South Shore YMCA	55.94	55.87*
	26.54	55.87 (29.33)		
3 Donch, Matthew	16	Darien Community YMCA	55.91	56.12*
	26.40	56.12 (29.72)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Men 100 LC Meter Butterfly)**

Name	Age	Team	Prelim Time	Finals Time
4 Schenck, Chris 26.97	18	Northwestern Dupage YMCA	56.26	56.44
5 Schaffer, Will 26.52	17	Northwestern Dupage YMCA	57.84	57.02
6 Graessle, Sam 27.02	17	Countryside-Warren County YMC	57.59	57.91
7 Roth, Brad 27.19	18	Reading & Berks YMCA	58.78	58.53
8 Aburahma, Zach 27.51	18	Huntington YMCA	58.80	59.53

B - Final

9 Harper, Evan 27.10	18	Joliet YMCA	58.85	58.58
10 Carson, Kevin 27.68	18	Pottstown Family YMCA	59.59	59.11
11 Taylor, Derrick 28.08	15	Marion County Branch YMCA	59.55	59.14
12 Baseheart, Kevin 28.43	15	Schroeder YMCA	59.53	59.27
13 Fisher, Zack 27.17	18	Jerry L Garver YMCA	1:00.23	1:00.03
14 Smoker, David 28.23	16	Upper Main Line YMCA	1:00.05	1:00.18
15 Russell, Matthew 27.87	17	Aurora Family YMCA	59.91	1:00.20
16 Schuster, Kevin 27.48	16	Rochester Northwest FamilyYMC	1:00.26	1:00.55

Men 100 LC Meter Butterfly

National: 56.20 * 8/1/2001 **Marty E Tomes** **M.E. Lyons-OH-**
Broken Rec: 55.57 # 2004 **Langenfeld, Andrew**

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Donch, Matthew	16	Darien Community YMCA	56.25	55.91 *
2 Reams, Pat	17	South Shore YMCA	56.54	55.94 *
3 Langenfeld, Andrew	17	Mount Vernon YMCA	56.39	55.96 *
4 Schenck, Chris	18	Northwestern Dupage YMCA	57.09	56.26
5 Graessle, Sam	17	Countryside-Warren County YMC	58.76	57.59
6 Schaffer, Will	17	Northwestern Dupage YMCA	1:00.26	57.84
7 Roth, Brad	18	Reading & Berks YMCA	58.65	58.78
8 Aburahma, Zach	18	Huntington YMCA	59.49	58.80
9 Harper, Evan	18	Joliet YMCA	59.32	58.85
10 Baseheart, Kevin	15	Schroeder YMCA	58.99	59.53
11 Taylor, Derrick	15	Marion County Branch YMCA	53.66 Y	59.55
12 Carson, Kevin	18	Pottstown Family YMCA	1:00.10	59.59
13 Russell, Matthew	17	Aurora Family YMCA	1:00.17	59.91
14 Smoker, David	16	Upper Main Line YMCA	1:00.82	1:00.05
15 Fisher, Zack	18	Jerry L Garver YMCA	51.72 Y	1:00.23
16 Schuster, Kevin	16	Rochester Northwest FamilyYMC	53.13 Y	1:00.26
17 Palmieri, Drew	18	South Shore YMCA	59.36	1:00.38

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 100 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
18	Keca, Rick	17	Northwestern Dupage YMCA	1:01.17	1:00.49
19	Noble, Jesse	18	Flint YMCA	1:01.87	1:00.58
20	Silva, Michael	16	Tampa Metro YMCA	1:02.75	1:00.66
21	Wright, Matt	16	ME Lyons YMCA	1:02.25	1:00.74
22	Kearney, Jonathan	18	Upper Main Line YMCA	1:04.04	1:00.96
23	Bartro, Kyle	18	N Shore/Lester Sterling BR Y	1:01.26	1:01.00
24	McGraw, Todd	14	Huntington YMCA	1:04.11	1:01.07
25	Smith, Sean	17	Flint YMCA	1:01.20	1:01.10
26	Geissinger, Peter	15	Darien Community YMCA	1:02.56	1:01.20
27	Pikula, Edmund	17	YMCA Aquatic Center	1:04.67	1:01.28
28	Collins, Allan	18	South Community Family BR YM	1:04.88	1:01.39
29	Forni, Nicholas	17	Greater Holyoke YMCA	1:03.49	1:01.41
30	Drost, Dana	15	Northwest CT Fam. YMCA	1:02.24	1:01.42
31	Grove, Stephen	16	Countryside-Warren County YMC	1:02.70	1:01.45
32	Whiteman, Andrew	17	YMCA of Triangle Area	1:03.21	1:01.66
33	Lee, Mike	18	Joliet YMCA	1:03.10	1:01.82
34	Jung, Kevin	14	Montclair YMCA	1:01.56	1:01.94
35	Moran, Brian	18	Chambersburg Memorial YMCA	1:03.12 S	1:01.97
36	Sheffield, Jonathan	18	Fanwood-Scotch Plains YMCA	54.67 Y	1:01.99
37	Scarpati, Mike	17	Lima Family YMCA	1:01.08 S	1:02.03
38	McCormick, Ian	16	Tri-Hampton YMCA	1:04.36	1:02.10
39	Wright, Ryan	17	Boyertown Area YMCA	1:02.67	1:02.12
40	Heller, Andy	17	Wilton Family YMCA	55.32 Y	1:02.36
41	Gornitzky, Alex	15	Ocean County YMCA	55.50 Y	1:02.37
42	Priestley, Dan	17	Birmingham Family YMCA	50.76 Y	1:02.38
43	Bromage, Nathan	17	Greater Holyoke YMCA	1:02.20	1:02.39
44	Janszen, Tommy	16	Powel Crosley Branch YMCA	55.84 Y	1:02.41
45	Scott, Rory	17	Harford County Family YMCA	54.47 Y	1:02.51
46	Hauptman, Ryan	19	Fanwood-Scotch Plains YMCA	55.43 Y	1:02.55
47	Hewitt, Alex	17	Countryside-Warren County YMC	1:03.59	1:02.57
48	Sauter, Trace	15	Upper Main Line YMCA	1:03.79	1:02.64
49	Stone, Ben	16	Powel Crosley Branch YMCA	1:04.25	1:02.73
49	Brumbaugh, Bryan	17	Upper Main Line YMCA	1:04.89	1:02.73
51	Francis, James	15	East Hartford YMCA	1:02.34	1:02.74
52	Bax, Andy	17	Aurora Family YMCA	1:01.95 S	1:02.86
53	Hagan, John	17	Flint YMCA	54.13 Y	1:02.89
54	Henkel, David	16	Powel Crosley Branch YMCA	1:02.86	1:03.01
55	Taft, Adam	15	Wilton Family YMCA	1:04.37	1:03.03
56	McHugh, Dustin	18	Gamble Nippert YMCA	1:03.88	1:03.11
57	Doyle, Daniel	15	McKeesport YMCA	54.28 Y	1:03.18
58	Wallace, Lawson	15	Rappahannock Area YMCA	55.38 Y	1:03.21
59	McGregor, Pete	17	Reading & Berks YMCA	54.26 Y	1:03.22
60	Forsman, Josh	18	Ocean County YMCA	1:02.97	1:03.29
61	Dukleth, Steven	15	Northwestern Dupage YMCA	1:04.54	1:03.40
62	Lobaugh, Matt	17	Gamble Nippert YMCA	1:04.61	1:03.44
63	Schubiner, Gabe	16	Birmingham Family YMCA	55.31 Y	1:03.47
64	Moran, Mike	18	Anne Arundel YMCA	1:04.82	1:03.48
65	McInerney, Scott	17	West Morris Area YMCA	1:02.37	1:03.49
66	Bartolone, Vincent	16	Hamilton Area YMCA	1:01.70 S	1:03.51

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 100 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
67 Betz, Danny	17	Kishwaukee Family YMCA	55.78 Y	1:03.94
68 Thaden, Michael	14	Chapel Hill-Carrboro YMCA	1:03.97 S	1:03.98
69 Romanini, Dominick	16	State College Area YMCA	55.60 Y	1:04.06
70 Bartman, Tommy	17	York & York County YMCA	55.69 Y	1:04.10
71 Worhatch, Brian	15	YMCA of Youngstown, Ohio Inc.	56.01 Y	1:04.18
72 Mullen, Ben	17	RC Durr Family YMCA	54.48 Y	1:04.19
73 Krueger, Justin	16	Pulaski-Hensel Ekman YMCA	1:03.89 S	1:04.29
74 Schauer, Nick	16	YMCA of Triangle Area	56.21 Y	1:04.30
75 Goz, Vadim	17	Hamilton Area YMCA	1:03.14 S	1:04.46
76 Lada, Bret	15	Ocean County YMCA	56.21 Y	1:04.74
77 Kluczinske, Matt	15	Schroeder YMCA	1:04.89	1:04.82
78 Fox, Alex	17	Boyertown Area YMCA	55.60 Y	1:05.01
79 Barbieri, Jimmy	14	Countryside-Warren County YMC	1:03.10	1:05.04
80 Carey, James	17	Powel Crosley Branch YMCA	55.67 Y	1:05.07
81 Barnett, Tyler	17	Cheshire Branch YMCA	55.44 Y	1:05.42
82 Wolbert, Ben	14	Carroll County Family YMCA	55.70 Y	1:05.46
83 Hauptman, David	17	Fanwood-Scotch Plains YMCA	55.19 Y	1:05.51
84 Natali, Andrew	16	Appleton Family YMCA	1:03.34 S	1:05.66
85 Kolenut, Tim	18	Westfield YMCA - New Jersey	55.99 Y	1:06.14
86 Olson, Tim	15	Tampa Metro YMCA	1:04.65	1:07.76
87 Begley, Phil	17	Hatboro Area YMCA	54.43 Y	1:08.40
88 Coppelli, Pierce	17	Meadville YMCA	55.76 Y	1:09.91

Men 200 LC Meter Butterfly**National: 2:04.43 * 7/31/2003 Gustavo Calado****Roanoke Central-**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Reams, Pat	17	South Shore YMCA	2:07.19	2:05.98
28.08	1:00.21 (32.13)	1:32.97 (32.76)	2:05.98 (33.01)	
2 Donch, Matthew	16	Darien Community YMCA	2:10.06	2:07.06
27.62	59.52 (31.90)	1:31.97 (32.45)	2:07.06 (35.09)	
3 Schaffer, Will	17	Northwestern Dupage YMCA	2:11.99	2:10.61
27.90	1:00.51 (32.61)	1:35.18 (34.67)	2:10.61 (35.43)	
4 Northcutt, Michael	18	Huntington YMCA	2:10.61	2:10.73
29.35	1:02.52 (33.17)	1:36.74 (34.22)	2:10.73 (33.99)	
5 Wright, Matt	16	ME Lyons YMCA	2:11.83	2:11.26
29.18	1:02.12 (32.94)	1:36.50 (34.38)	2:11.26 (34.76)	
6 Roth, Brad	18	Reading & Berks YMCA	2:11.87	2:11.39
27.91	1:00.74 (32.83)	1:35.82 (35.08)	2:11.39 (35.57)	
7 Cunningham, Andrew	16	North Central Florida YMCA	2:11.93	2:11.56
29.39	1:02.64 (33.25)	1:36.96 (34.32)	2:11.56 (34.60)	
8 Dunn, Eric	16	Brandywine-De YMCA	2:12.56	2:12.91
28.68	1:01.94 (33.26)	1:36.90 (34.96)	2:12.91 (36.01)	
B - Final				
9 Smoker, David	16	Upper Main Line YMCA	2:13.97	2:11.71
29.68	1:04.10 (34.42)	1:38.44 (34.34)	2:11.71 (33.27)	
10 Graessle, Sam	17	Countryside-Warren County YMC	2:12.74	2:11.79
28.30	1:01.44 (33.14)	1:36.99 (35.55)	2:11.79 (34.80)	
11 Prue, Ben	17	Wilton Family YMCA	2:13.53	2:12.02
29.53	1:03.40 (33.87)	1:38.13 (34.73)	2:12.02 (33.89)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Men 200 LC Meter Butterfly)**

Name	Age	Team	Prelim Time	Finals Time
12 Pinkston, Chris	18	Ashland Area YMCA	2:16.33	2:13.33
30.08	1:03.66 (33.58)	1:38.24 (34.58)	2:13.33 (35.09)	
13 McGraw, Todd	14	Huntington YMCA	2:14.51	2:13.35
29.66	1:03.62 (33.96)	1:38.00 (34.38)	2:13.35 (35.35)	
14 Pikula, Edmund	17	YMCA Aquatic Center	2:14.79	2:13.42
30.18	1:04.28 (34.10)	1:38.58 (34.30)	2:13.42 (34.84)	
15 Noble, Jesse	18	Flint YMCA	2:15.43	2:14.17
29.82	1:03.57 (33.75)	1:38.36 (34.79)	2:14.17 (35.81)	
16 Russell, Matthew	17	Aurora Family YMCA	2:16.38	2:15.79
29.12	1:03.65 (34.53)	1:39.79 (36.14)	2:15.79 (36.00)	

Men 200 LC Meter Butterfly

National: 2:04.43 * 7/31/2003 Gustavo Calado		Roanoke Central-		
Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Reams, Pat	17	South Shore YMCA	2:08.97	2:07.19
59.36	2:07.19 (1:07.83)			
2 Donch, Matthew	16	Darien Community YMCA	2:06.90	2:10.06
	1:00.55 ()	2:10.06 (1:09.51)		
3 Northcutt, Michael	18	Huntington YMCA	2:09.40	2:10.61
	1:01.97 ()	2:10.61 (1:08.64)		
4 Wright, Matt	16	ME Lyons YMCA	2:14.16	2:11.83
	1:02.40 ()	2:11.83 (1:09.43)		
5 Roth, Brad	18	Reading & Berks YMCA	2:15.78	2:11.87
	1:01.10 ()	2:11.87 (1:10.77)		
6 Cunningham, Andrew	16	North Central Florida YMCA	2:11.03	2:11.93
	1:03.23 ()	2:11.93 (1:08.70)		
7 Schaffer, Will	17	Northwestern Dupage YMCA	2:19.83	2:11.99
	1:02.27 ()	2:11.99 (1:09.72)		
8 Dunn, Eric	16	Brandywine-De YMCA	2:12.24	2:12.56
1:03.01	2:12.56 (1:09.55)			
9 Graessle, Sam	17	Countryside-Warren County YMC	2:14.25	2:12.74
1:01.67	2:12.74 (1:11.07)			
10 Prue, Ben	17	Wilton Family YMCA	2:12.76	2:13.53
	1:03.28 ()	2:13.53 (1:10.25)		
11 Smoker, David	16	Upper Main Line YMCA	2:17.63	2:13.97
	1:03.19 ()	2:13.97 (1:10.78)		
12 McGraw, Todd	14	Huntington YMCA	2:19.15	2:14.51
1:04.70	2:14.51 (1:09.81)			
13 Pikula, Edmund	17	YMCA Aquatic Center	2:21.57	2:14.79
1:05.03	2:14.79 (1:09.76)			
14 Noble, Jesse	18	Flint YMCA	2:17.02	2:15.43
	1:04.48 ()	2:15.43 (1:10.95)		
15 Pinkston, Chris	18	Ashland Area YMCA	2:19.26	2:16.33
	1:04.63 ()	2:16.33 (1:11.70)		
16 Russell, Matthew	17	Aurora Family YMCA	2:17.03	2:16.38
	1:04.14 ()	2:16.38 (1:12.24)		
17 Bartro, Kyle	18	N Shore/Lester Sterling BR Y	2:15.64	2:16.83
	1:04.07 ()	2:16.83 (1:12.76)		
18 Leibold, Robby	17	Appleton Family YMCA	2:20.92	2:17.21
1:04.18	2:17.21 (1:13.03)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
19	Rienzo, Matthew 1:05.41	16	Hamden/North Haven YMCA	2:16.86	2:18.20
					2:18.20 (1:12.79)
20	Geissinger, Peter	15	Darien Community YMCA	2:25.01	2:18.22
					1:05.23 () 2:18.22 (1:12.99)
21	Lee, Mike	18	Joliet YMCA	2:19.12	2:18.76
					1:05.34 () 2:18.76 (1:13.42)
22	Drost, Dana 1:04.55	15	Northwest CT Fam. YMCA	2:19.58	2:18.99
					2:18.99 (1:14.44)
23	Pelka, Bryan	17	YMCA OF Gr. Elgin Taylor Fami	2:24.29	2:19.71
					1:07.28 () 2:19.71 (1:12.43)
24	Pelton, Shane	18	Upper Main Line YMCA	2:25.78	2:20.18
					1:06.25 () 2:20.18 (1:13.93)
25	Dukleth, Steven 1:05.77	15	Northwestern Dupage YMCA	2:21.26	2:20.30
					2:20.30 (1:14.53)
26	Whiteman, Andrew 1:05.47	17	YMCA of Triangle Area	2:32.29	2:20.92
					2:20.92 (1:15.45)
27	Smith, Sean 1:06.66	17	Flint YMCA	2:17.07	2:21.11
					2:21.11 (1:14.45)
28	Derwin, Christopher 1:07.31	17	Cheshire Branch YMCA	2:23.71	2:21.40
					2:21.40 (1:14.09)
29	Froehlich, Fritz 1:06.78	17	Hamden/North Haven YMCA	2:23.76	2:21.50
					2:21.50 (1:14.72)
30	Bartolone, Vincent	16	Hamilton Area YMCA	2:24.35	2:21.83
					1:04.57 () 2:21.83 (1:17.26)
31	Henkel, David	16	Powel Crosley Branch YMCA	2:20.44	2:21.93
					1:09.38 () 2:21.93 (1:12.55)
32	Collins, Patrick 1:06.04	14	East Hartford YMCA	2:27.17	2:22.07
					2:22.07 (1:16.03)
33	McCormick, Ian 1:05.80	16	Tri-Hampton YMCA	2:26.20	2:22.46
					2:22.46 (1:16.66)
34	Wright, Ryan	17	Boyertown Area YMCA	2:20.89	2:23.18
					1:06.60 () 2:23.18 (1:16.58)
35	Van Huis, Alex 1:07.98	16	Oshkosh Community YMCA	2:29.07	2:23.35
					2:23.35 (1:15.37)
36	Hewitt, Alex 1:04.72	17	Countryside-Warren County YMC	2:23.63	2:23.66
					2:23.66 (1:18.94)
37	Johnson, Peter 1:08.14	16	Racine Family YMCA	2:29.73	2:24.05
					2:24.05 (1:15.91)
38	Werner, Eddie	17	Anne Arundel YMCA	2:30.95	2:24.27
					1:08.13 () 2:24.27 (1:16.14)
39	Hurst, Alex 1:06.32	17	N Shore/Lester Sterling BR Y	2:20.49	2:24.68
					2:24.68 (1:18.36)
40	DeVries, Calvin 1:06.63	16	Fanwood-Scotch Plains YMCA	2:02.53 Y	2:24.75
					2:24.75 (1:18.12)
41	Buckles, Nick	16	Northwestern Dupage YMCA	2:24.38	2:24.96
					1:08.60 () 2:24.96 (1:16.36)
42	Francis, James	15	East Hartford YMCA	2:19.32	2:25.14
					1:04.99 () 2:25.14 (1:20.15)
43	Mullen, Ben 1:08.62	17	RC Durr Family YMCA	2:02.60 Y	2:25.19
					2:25.19 (1:16.57)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Butterfly)**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Prelim Time</u>
44 Heller, Andy	17	Wilton Family YMCA	2:30.09	2:25.81
		1:06.10 () 2:25.81 (1:19.71)		
45 Lobaugh, Matt	17	Gamble Nippert YMCA	2:32.51	2:26.09
		1:08.17 2:26.09 (1:17.92)		
46 Poster, Myles	15	Glens Falls YMCA	2:28.07	2:26.35
		1:08.04 2:26.35 (1:18.31)		
47 Shears, Chris	15	Chapel Hill-Carrboro YMCA	2:26.09	2:26.38
		1:09.93 () 2:26.38 (1:16.45)		
48 Singer, Jeff	14	Glens Falls YMCA	2:31.82	2:26.92
		1:09.06 () 2:26.92 (1:17.86)		
49 Marchewka, Timmy	15	Kishwaukee Family YMCA	2:07.58 Y	2:27.09
		1:09.91 () 2:27.09 (1:17.18)		
50 Moeller, Joseph	15	Glens Falls YMCA	2:31.62	2:27.31
		1:09.58 () 2:27.31 (1:17.73)		
51 Smith, Pieter	16	Winston-Salem Central YMCA	2:31.28	2:27.35
		1:07.19 () 2:27.35 (1:20.16)		
52 Mowen, Jacob	15	Waynesboro YMCA Virginia	2:32.52	2:28.15
		1:07.81 2:28.15 (1:20.34)		
52 Taft, Adam	15	Wilton Family YMCA	2:23.47	2:28.15
		1:07.33 2:28.15 (1:20.82)		
54 Heerhartz, Gilbert	17	YMCA of Greater Seattle	2:06.10 Y	2:28.52
		1:07.88 () 2:28.52 (1:20.64)		
55 Creech, John	15	Coffman Family YMCA	2:24.85	2:28.61
		1:09.10 () 2:28.61 (1:19.51)		
56 Coyle, Ryan	16	Huntington YMCA	2:29.82	2:28.88
		1:08.97 2:28.88 (1:19.91)		
57 Walker, Andrew	16	N Shore/Lester Sterling BR Y	2:32.20	2:29.43
		1:09.94 () 2:29.43 (1:19.49)		
58 McHugh, Dustin	18	Gamble Nippert YMCA	2:08.56 Y	2:29.57
		1:07.88 () 2:29.57 (1:21.69)		
59 Wallace, Lawson	15	Rappahannock Area YMCA	2:05.59 Y	2:29.82
		1:09.18 () 2:29.82 (1:20.64)		
60 Buist, Chad	17	Mid-Delmarva Family YMCA	2:04.62 Y	2:29.89
		1:06.07 () 2:29.89 (1:23.82)		
61 Schramm, Corey	18	Powel Crosley Branch YMCA	2:06.40 Y	2:30.37
		1:09.99 () 2:30.37 (1:20.38)		
62 Sauter, Trace	15	Upper Main Line YMCA	2:26.05	2:31.48
		1:11.76 () 2:31.48 (1:19.72)		
63 Small, Will	15	Schroeder YMCA	2:30.75	2:31.49
		1:07.96 () 2:31.49 (1:23.53)		
64 Lyu, Peter	14	Chapel Hill-Carrboro YMCA	2:30.77	2:31.68
		1:09.55 () 2:31.68 (1:22.13)		
65 Smit, Alex	13	Countryside-Warren County YMC	2:32.44	2:32.05
		1:11.62 2:32.05 (1:20.43)		
66 Foreman, Ben	14	Joliet YMCA	2:28.02 S	2:32.82
		1:10.58 2:32.82 (1:22.24)		
67 Schuster, Kevin	16	Rochester Northwest Family YMC	2:07.40 Y	2:32.99
		1:10.58 () 2:32.99 (1:22.41)		
68 Vogele, Chewy	15	Countryside-Warren County YMC	2:32.36	2:33.22
		1:10.21 2:33.22 (1:23.01)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time
69 Fishler, Peter	16	Palisades-Malibu YMCA	2:27.89	2:34.31
				1:10.70 2:34.31 (1:23.61)
--- Raymar, Aaron	18	Somerset Hills YMCA	2:22.87	DQ
				1:07.11 DQ (1:07.27)
--- Lada, Bret	15	Ocean County YMCA	2:07.87Y	DQ
				1:11.80 () DQ (1:29.37)
--- Krueger, Justin	16	Pulaski-Hensel Ekman YMCA	2:27.34	DQ
				1:07.40

Men 200 LC Meter IM**National: 2:08.46***** 1992****B. Wynn****Spartanburg, SC**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Schaffer, Will	17	Northwestern Dupage YMCA	2:11.74	2:09.61
				26.69 1:00.64 (33.95) 1:39.44 (38.80) 2:09.61 (30.17)
2 Reams, Pat	17	South Shore YMCA	2:10.88	2:09.72
				26.82 1:00.52 (33.70) 1:40.37 (39.85) 2:09.72 (29.35)
3 Sudbury, Jeffrey	17	Wilton Family YMCA	2:11.95	2:09.78
				26.78 1:00.68 (33.90) 1:39.39 (38.71) 2:09.78 (30.39)
4 Schirk, Patrick	17	Pottstown Family YMCA	2:12.34	2:11.11
				28.51 1:00.72 (32.21) 1:41.08 (40.36) 2:11.11 (30.03)
5 Bowling, Steven	18	Flint YMCA	2:13.07	2:12.78
				28.11 1:01.90 (33.79) 1:42.95 (41.05) 2:12.78 (29.83)
6 Greene, Kyle	16	ME Lyons YMCA	2:14.33	2:15.07
				29.10 1:03.08 (33.98) 1:45.47 (42.39) 2:15.07 (29.60)
7 Jankowski, Jeff	16	Middle Tyger YMCA	2:14.81	2:15.14
				28.73 1:03.54 (34.81) 1:44.33 (40.79) 2:15.14 (30.81)
8 Silva, Michael	16	Tampa Metro YMCA	2:14.76	2:15.20
				27.93 1:02.82 (34.89) 1:42.79 (39.97) 2:15.20 (32.41)
B - Final				
9 Priestley, Dan	17	Birmingham Family YMCA	2:14.82	2:14.07
				28.72 1:03.09 (34.37) 1:43.73 (40.64) 2:14.07 (30.34)
10 Walker, Michael	17	Harrison County YMCA	2:15.02	2:14.11
				29.91 1:04.75 (34.84) 1:43.09 (38.34) 2:14.11 (31.02)
11 Lewno, Adam	18	Racine Family YMCA	2:15.60	2:14.13
				28.73 1:05.51 (36.78) 1:43.25 (37.74) 2:14.13 (30.88)
12 Smith, Cory	17	North Central Florida YMCA	2:16.41	2:14.83
				29.15 1:04.05 (34.90) 1:44.07 (40.02) 2:14.83 (30.76)
13 Griffey, Joshua	17	Racine Family YMCA	2:16.86	2:17.12
				29.27 1:03.65 (34.38) 1:44.92 (41.27) 2:17.12 (32.20)
14 Larocque, Jon	16	Flint YMCA	2:16.22	2:17.14
				28.63 1:03.06 (34.43) 1:44.81 (41.75) 2:17.14 (32.33)
15 Russell, Gordon	18	Northwestern Dupage YMCA	2:16.54	2:17.59
				29.41 1:04.20 (34.79) 1:45.11 (40.91) 2:17.59 (32.48)
--- Russell, Matthew	17	Aurora Family YMCA	2:16.48	DQ
				28.11 1:03.67 (35.56) 1:44.91 (41.24) DQ (30.43)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Men 200 LC Meter IM**

National: 2:08.46 * 1992		B. Wynn		Spartanburg, SC	
Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1	Reams, Pat	17	South Shore YMCA	2:17.07	2:10.88
	1:00.66	2:10.88 (1:10.22)			
2	Schaffer, Will	17	Northwestern Dupage YMCA	2:15.82	2:11.74
	1:00.74	2:11.74 (1:11.00)			
3	Sudbury, Jeffrey	17	Wilton Family YMCA	2:11.55	2:11.95
	1:01.40	2:11.95 (1:10.55)			
4	Schirk, Patrick	17	Pottstown Family YMCA	2:16.78	2:12.34
	1:00.74	2:12.34 (1:11.60)			
5	Bowling, Steven	18	Flint YMCA	2:17.73	2:13.07
	1:01.76	2:13.07 (1:11.31)			
6	Greene, Kyle	16	ME Lyons YMCA	2:17.32	2:14.33
	1:02.57	2:14.33 (1:11.76)			
7	Silva, Michael	16	Tampa Metro YMCA	2:17.12	2:14.76
	1:03.31	2:14.76 (1:11.45)			
8	Jankowski, Jeff	16	Middle Tyger YMCA	2:19.23	2:14.81
	1:03.21	2:14.81 (1:11.60)			
9	Priestley, Dan	17	Birmingham Family YMCA	2:14.05	2:14.82
	1:02.96	2:14.82 (1:11.86)			
10	Walker, Michael	17	Harrison County YMCA	2:15.40	2:15.02
	1:03.97	2:15.02 (1:11.05)			
11	Lewno, Adam	18	Racine Family YMCA	2:22.34	2:15.60
	1:05.42	2:15.60 (1:10.18)			
12	Larocque, Jon	16	Flint YMCA	1:57.26 Y	2:16.22
	1:02.19	2:16.22 (1:14.03)			
13	Smith, Cory	17	North Central Florida YMCA	2:19.38	2:16.41
	1:05.30	2:16.41 (1:11.11)			
14	Russell, Matthew	17	Aurora Family YMCA	2:17.21	2:16.48
	1:03.46	2:16.48 (1:13.02)			
15	Russell, Gordon	18	Northwestern Dupage YMCA	2:20.15	2:16.54
	1:02.80	2:16.54 (1:13.74)			
16	Griffey, Joshua	17	Racine Family YMCA	2:19.54	2:16.86
	1:04.34	2:16.86 (1:12.52)			
17	Barr, Stuart	17	Sussex Family YMCA	2:18.11	2:17.18
	1:02.95	2:17.18 (1:14.23)			
18	Lloyd, Nick	16	Rappahannock Area YMCA	2:16.18	2:17.35
	1:03.01	2:17.35 (1:14.34)			
19	Lee, Mike	18	Joliet YMCA	2:20.47	2:17.37
	1:05.43	2:17.37 (1:11.94)			
20	Noble, Jesse	18	Flint YMCA	2:19.60	2:17.61
	1:04.23	2:17.61 (1:13.38)			
21	Daurio, Patrick	16	Fanwood-Scotch Plains YMCA	2:00.82 Y	2:17.73
	1:06.39	2:17.73 (1:11.34)			
22	Aburahma, Zach	18	Huntington YMCA	2:00.22 Y	2:17.81
	1:06.73	2:17.81 (1:11.08)			
23	Bartro, Kyle	18	N Shore/Lester Sterling BR Y	2:17.56	2:18.19
	1:03.65	2:18.19 (1:14.54)			
24	Redcay, Ross	17	Reading & Berks YMCA	2:22.56	2:18.35
	1:06.36	2:18.35 (1:11.99)			

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
25 Pikula, Edmund 1:05.65	17	YMCA Aquatic Center	2:27.70	2:18.81 2:18.81 (1:13.16)
26 Cullen, Eric 1:06.01	17	Western Family Branch YMCA	1:58.10 Y	2:19.04 2:19.04 (1:13.03)
27 Palmieri, Drew 1:03.30	18	South Shore YMCA	2:17.40	2:19.38 2:19.38 (1:16.08)
28 Brody, Matthew 1:03.37	18	Tampa Metro YMCA	2:20.90	2:19.45 2:19.45 (1:16.08)
29 Swenson, Eric 1:08.47	18	Fanwood-Scotch Plains YMCA	2:22.26	2:19.69 2:19.69 (1:11.22)
30 Shupe, Denny 1:05.14	18	Upper Main Line YMCA	2:20.12	2:19.70 2:19.70 (1:14.56)
31 Ainsworth, Stuart 1:03.87	14	Wilton Family YMCA	2:20.38	2:19.73 2:19.73 (1:15.86)
32 Drost, Dana 1:04.46	15	Northwest CT Fam. YMCA	2:24.94	2:19.88 2:19.88 (1:15.42)
33 Dyer, Mitchell 1:05.26	18	Green Bay Metro YMCA	2:00.14 Y	2:20.04 2:20.04 (1:14.78)
34 Slagh, Jimmy 1:08.21	16	Middle Tyger YMCA	2:20.59	2:20.36 2:20.36 (1:12.15)
35 Kuntz, Brendan 1:07.89	16	Greater Holyoke YMCA	2:25.38	2:20.46 2:20.46 (1:12.57)
35 Francis, Ryne 1:05.61	16	Boyertown Area YMCA	2:23.55	2:20.46 2:20.46 (1:14.85)
37 Byler, Daniel 1:06.42	17	Parkersburg YMCA	2:21.11	2:20.52 2:20.52 (1:14.10)
38 Sweitzer, Matt 1:08.32	17	New Canaan Community YMCA	2:23.82	2:20.60 2:20.60 (1:12.28)
39 Dukleth, Steven 1:04.62	15	Northwestern Dupage YMCA	2:23.94	2:20.85 2:20.85 (1:16.23)
40 Pelton, Shane 1:04.54	18	Upper Main Line YMCA	2:27.32	2:21.15 2:21.15 (1:16.61)
41 Royster, Andrew 1:04.97	16	Hamden/North Haven YMCA	2:22.39	2:21.37 2:21.37 (1:16.40)
42 Geissinger, John 1:06.86	17	Darien Community YMCA	2:27.09	2:21.49 2:21.49 (1:14.63)
43 Buckles, Nick 1:07.34	16	Northwestern Dupage YMCA	2:20.45	2:21.58 2:21.58 (1:14.24)
44 Charles, Jordan 1:06.13	18	Lebanon Valley Family YMCA	1:56.76 Y	2:21.65 2:21.65 (1:15.52)
45 Kalata, Glenn 1:05.65	16	Wilton Family YMCA	2:22.45	2:21.79 2:21.79 (1:16.14)
46 Tseng, Joseph 1:06.71	15	Montclair YMCA	2:23.61	2:21.81 2:21.81 (1:15.10)
47 Aiken, Aaron 1:07.40	15	Marion County Branch YMCA	1:59.47 Y	2:22.18 2:22.18 (1:14.78)
48 McGrath, Kevin 1:06.94	16	N Shore/Lester Sterling BR Y	2:22.84	2:22.23 2:22.23 (1:15.29)
49 Geissinger, Peter 1:05.06	15	Darien Community YMCA	2:25.23	2:22.34 2:22.34 (1:17.28)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter IM)**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Prelim Time</u>
50 Smith, Brad	16	Farmington Family YMCA	2:03.37 Y	2:23.34
1:10.65	2:23.34	(1:12.69)		
51 Kluczinske, Matt	15	Schroeder YMCA	2:25.87	2:23.38
1:07.66	2:23.38	(1:15.72)		
52 Knipfer, Dennis	17	Door County YMCA	2:03.81 Y	2:23.44
1:06.46	2:23.44	(1:16.98)		
53 Roberts, Eric	17	Wilton Family YMCA	2:26.05	2:23.87
1:09.78	2:23.87	(1:14.09)		
54 Fredericks, Kyle	13	Northwestern Dupage YMCA	2:25.48	2:23.90
1:10.41	2:23.90	(1:13.49)		
55 Collins, Patrick	14	East Hartford YMCA	2:25.28	2:24.09
1:08.03	2:24.09	(1:16.06)		
56 Johnson, Brian	16	Palisades-Malibu YMCA	2:26.29	2:24.25
1:06.30	2:24.25	(1:17.95)		
57 Buist, Chad	17	Mid-Delmarva Family YMCA	2:25.37	2:24.62
1:07.71	2:24.62	(1:16.91)		
58 Bentz, Joe	16	York & York County YMCA	2:00.57 Y	2:24.95
1:06.32	2:24.95	(1:18.63)		
59 Piasecki, Andrew	17	Pottstown Family YMCA	2:04.91 Y	2:25.48
1:09.26	2:25.48	(1:16.22)		
60 Romanini, Dominick	16	State College Area YMCA	2:05.08 Y	2:25.77
1:09.18	2:25.77	(1:16.59)		
61 Zuerlein, Nick	15	Tampa Metro YMCA	2:26.53	2:25.86
1:08.77	2:25.86	(1:17.09)		
62 McGregor, Pete	17	Reading & Berks YMCA	2:24.28	2:26.18
1:08.48	2:26.18	(1:17.70)		
63 Hiller, Cody	15	Countryside-Warren County YMC	2:24.93	2:26.20
1:07.43	2:26.20	(1:18.77)		
64 Bryant, Patrick	15	Aurora Family YMCA	2:27.21	2:26.24
1:09.22	2:26.24	(1:17.02)		
65 Harbaugh, Kirk	14	Tampa Metro YMCA	2:27.38	2:26.75
1:08.77	2:26.75	(1:17.98)		
66 Boman, Mark	15	Gr.Rapids/Southeast Br. YMCA	2:03.12 Y	2:27.01
1:09.81	2:27.01	(1:17.20)		
67 Olson, Tim	15	Tampa Metro YMCA	2:26.57	2:27.22
1:07.40	2:27.22	(1:19.82)		
68 Harris, Alphonse	15	Blue Ash Branch YMCA	2:27.98	2:28.11
1:09.07	2:28.11	(1:19.04)		
69 Schramm, Corey	18	Powel Crosley Branch YMCA	2:27.34	2:29.12
1:08.99	2:29.12	(1:20.13)		
70 Webeler, Andrew	15	Gamble Nippert YMCA	2:27.74	2:29.14
1:10.03	2:29.14	(1:19.11)		
71 Wiener, Ben	16	Chapel Hill-Carrboro YMCA	2:27.22	2:29.31
1:08.92	2:29.31	(1:20.39)		
72 Jeffords, Kris	15	Glens Falls YMCA	2:27.43	2:29.40
1:09.51	2:29.40	(1:19.89)		
73 Levin, Peter	18	Somerset Valley YMCA	2:26.07	2:29.45
1:10.62	2:29.45	(1:18.83)		
74 Fellers, Elijah	16	Miami County YMCA	2:25.95	2:29.54
1:13.68	2:29.54	(1:15.86)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
75 Clarke, Bryan	18	YMCA of Greater Seattle	2:02.55 Y	2:29.56
	1:10.53	2:29.56 (1:19.03)		
76 Appleby, Matt	16	York & York County YMCA	2:04.87 Y	2:29.58
	1:09.53	2:29.58 (1:20.05)		
77 Mullen, Ben	17	RC Durr Family YMCA	2:04.62 Y	2:30.34
	1:08.74	2:30.34 (1:21.60)		
--- LaMonaca, John	17	Cheshire Branch YMCA	2:05.21 Y	DQ
	1:07.69	DQ (1:17.01)		
--- McGraw, Todd	14	Huntington YMCA	2:26.79	DQ
--- Moeller, Joseph	15	Glens Falls YMCA	2:27.22	DQ
	1:11.07	DQ (1:18.96)		

Men 400 LC Meter IM**National: 4:32.23***** 1997****J. Faltraco****Spartanburg, SC**

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Trepp, Andrew	17	Wilton Family YMCA	4:43.98	4:34.11
	28.27	1:00.98 (32.71)	1:36.86 (35.88)	2:12.86 (36.00)
	2:53.30 (40.44)	3:32.98 (39.68)	4:04.39 (31.41)	4:34.11 (29.72)
2 Dunn, Eric	16	Brandywine-De YMCA	4:44.53	4:42.71
	28.79	1:01.56 (32.77)	1:38.93 (37.37)	2:15.10 (36.17)
	2:56.83 (41.73)	3:39.54 (42.71)	4:11.89 (32.35)	4:42.71 (30.82)
3 Schaffer, Will	17	Northwestern Dupage YMCA	4:45.53	4:43.34
	28.16	1:02.64 (34.48)	1:40.39 (37.75)	2:17.21 (36.82)
	2:58.09 (40.88)	3:40.44 (42.35)	4:12.63 (32.19)	4:43.34 (30.71)
4 Bowling, Steven	18	Flint YMCA	4:46.68	4:44.04
	29.16	1:02.49 (33.33)	1:38.79 (36.30)	2:15.24 (36.45)
	2:58.33 (43.09)	3:42.35 (44.02)	4:13.63 (31.28)	4:44.04 (30.41)
5 Lewno, Adam	18	Racine Family YMCA	4:48.38	4:44.62
	29.33	1:04.14 (34.81)	1:43.18 (39.04)	2:22.16 (38.98)
	3:00.81 (38.65)	3:40.61 (39.80)	4:13.37 (32.76)	4:44.62 (31.25)
6 Walker, Michael	17	Harrison County YMCA	4:47.87	4:45.96
	30.03	1:05.64 (35.61)	1:42.75 (37.11)	2:18.88 (36.13)
	3:00.06 (41.18)	3:41.13 (41.07)	4:14.82 (33.69)	4:45.96 (31.14)
7 Galbreath, Justin	16	South Community Family BR YM	4:49.29	4:46.91
	30.90	1:06.83 (35.93)	1:44.91 (38.08)	2:22.54 (37.63)
	3:03.91 (41.37)	3:45.38 (41.47)	4:16.68 (31.30)	4:46.91 (30.23)
8 Yarborough, Cole	16	Winston-Salem Central YMCA	4:49.68	4:48.45
	31.37	1:06.88 (35.51)	1:44.67 (37.79)	2:22.01 (37.34)
	3:04.47 (42.46)	3:46.18 (41.71)	4:17.75 (31.57)	4:48.45 (30.70)
B - Final				
9 Long, Andy	17	Aurora Family YMCA	4:53.18	4:47.04
	28.37	1:00.74 (32.37)	1:38.00 (37.26)	2:14.37 (36.37)
	2:58.41 (44.04)	3:43.05 (44.64)	4:15.60 (32.55)	4:47.04 (31.44)
10 Russell, Matthew	17	Aurora Family YMCA	4:53.38	4:48.93
	28.89	1:02.87 (33.98)	1:41.06 (38.19)	2:18.93 (37.87)
	3:02.20 (43.27)	3:45.79 (43.59)	4:18.29 (32.50)	4:48.93 (30.64)
11 McGraw, Todd	14	Huntington YMCA	4:53.16	4:49.49
	29.28	1:02.92 (33.64)	1:40.75 (37.83)	2:18.24 (37.49)
	3:00.88 (42.64)	3:42.93 (42.05)	4:16.72 (33.79)	4:49.49 (32.77)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Men 400 LC Meter IM)**

Name	Age	Team	Prelim Time	Finals Time
12 Griffey, Joshua	17	Racine Family YMCA	4:50.86	4:50.37
29.94	1:04.43 (34.49)	1:41.78 (37.35)	2:18.34 (36.56)	
3:00.67 (42.33)	3:43.39 (42.72)	4:17.21 (33.82)	4:50.37 (33.16)	
13 Graessle, Sam	17	Countryside-Warren County YMC	4:50.27	4:50.52
28.11	1:00.56 (32.45)	1:39.51 (38.95)	2:17.85 (38.34)	
3:00.55 (42.70)	3:44.72 (44.17)	4:18.09 (33.37)	4:50.52 (32.43)	
14 Greytak, Graham	17	Wilton Family YMCA	4:54.24	4:51.10
30.39	1:05.94 (35.55)	1:44.36 (38.42)	2:21.46 (37.10)	
3:04.54 (43.08)	3:46.50 (41.96)	4:19.64 (33.14)	4:51.10 (31.46)	
15 Jankowski, Jeff	16	Middle Tyger YMCA	4:54.68	4:53.16
29.29	1:04.70 (35.41)	1:42.55 (37.85)	2:20.52 (37.97)	
3:01.73 (41.21)	3:44.40 (42.67)	4:19.37 (34.97)	4:53.16 (33.79)	
16 Healy, Trevor	15	New Canaan Community YMCA	4:55.69	4:54.41
31.51	1:07.25 (35.74)	1:44.69 (37.44)	2:21.23 (36.54)	
3:04.88 (43.65)	3:47.60 (42.72)	4:21.59 (33.99)	4:54.41 (32.82)	

Men 400 LC Meter IM

National: 4:32.23 * 1997		J. Faltraco		Spartanburg, SC	
Name	Age	Team	Seed Time	Prelim Time	
Preliminaries					
1 Trepp, Andrew	17	Wilton Family YMCA	4:36.34	4:43.98	4:43.98
1:02.65	2:16.63 (1:13.98)	3:39.54 (1:22.91)	4:43.98 (1:04.44)		
2 Dunn, Eric	16	Brandywine-De YMCA	4:46.16	4:44.53	4:44.53
1:01.72	2:15.95 (1:14.23)	3:40.44 (1:24.49)	4:44.53 (1:04.09)		
3 Schaffer, Will	17	Northwestern Dupage YMCA	4:58.64	4:45.53	4:45.53
1:01.43	2:16.11 (1:14.68)	3:40.69 (1:24.58)	4:45.53 (1:04.84)		
4 Bowling, Steven	18	Flint YMCA	4:48.54	4:46.68	4:46.68
1:03.51	2:16.13 (1:12.62)	3:42.64 (1:26.51)	4:46.68 (1:04.04)		
5 Walker, Michael	17	Harrison County YMCA	4:48.45	4:47.87	4:47.87
1:06.34	2:20.26 (1:13.92)	3:42.59 (1:22.33)	4:47.87 (1:05.28)		
6 Lewno, Adam	18	Racine Family YMCA	5:00.98	4:48.38	4:48.38
1:03.69	2:20.71 (1:17.02)	3:41.23 (1:20.52)	4:48.38 (1:07.15)		
7 Galbreath, Justin	16	South Community Family BR YM	4:57.80	4:49.29	4:49.29
1:06.72	2:22.75 (1:16.03)	3:47.56 (1:24.81)	4:49.29 (1:01.73)		
8 Yarborough, Cole	16	Winston-Salem Central YMCA	4:55.91	4:49.68	4:49.68
1:07.07	2:22.30 (1:15.23)	3:46.61 (1:24.31)	4:49.68 (1:03.07)		
9 Graessle, Sam	17	Countryside-Warren County YMC	4:51.62	4:50.27	4:50.27
1:02.16	2:18.09 (1:15.93)	3:43.66 (1:25.57)	4:50.27 (1:06.61)		
10 Griffey, Joshua	17	Racine Family YMCA	4:53.31	4:50.86	4:50.86
1:03.90	2:16.74 (1:12.84)	3:41.83 (1:25.09)	4:50.86 (1:09.03)		
11 McGraw, Todd	14	Huntington YMCA	5:04.39	4:53.16	4:53.16
1:03.99	2:19.27 (1:15.28)	3:44.97 (1:25.70)	4:53.16 (1:08.19)		
12 Long, Andy	17	Aurora Family YMCA	4:53.01	4:53.18	4:53.18
1:01.30	2:15.63 (1:14.33)	3:45.63 (1:30.00)	4:53.18 (1:07.55)		
13 Russell, Matthew	17	Aurora Family YMCA	5:08.77	4:53.38	4:53.38
1:02.89	2:19.84 (1:16.95)	3:47.46 (1:27.62)	4:53.38 (1:05.92)		
14 Greytak, Graham	17	Wilton Family YMCA	5:02.15	4:54.24	4:54.24
1:06.43	2:21.45 (1:15.02)	3:48.65 (1:27.20)	4:54.24 (1:05.59)		
15 Jankowski, Jeff	16	Middle Tyger YMCA	5:06.73	4:54.68	4:54.68
1:04.55	2:20.58 (1:16.03)	3:46.68 (1:26.10)	4:54.68 (1:08.00)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 400 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
16 Healy, Trevor	15	New Canaan Community YMCA	4:59.50	4:55.69
			1:07.69 2:21.73 (1:14.04) 3:48.24 (1:26.51) 4:55.69 (1:07.45)	
17 Voss, Danny	16	YMCA Aquatic Center	4:17.81 Y	4:56.09
			1:08.27 2:28.28 (1:20.01) 3:48.42 (1:20.14) 4:56.09 (1:07.67)	
18 Lee, Mike	18	Joliet YMCA	4:58.47	4:56.60
			1:03.78 2:20.30 (1:16.52) 3:45.97 (1:25.67) 4:56.60 (1:10.63)	
19 Pikula, Edmund	17	YMCA Aquatic Center	5:09.56	4:57.09
			1:04.05 2:20.96 (1:16.91) 3:51.26 (1:30.30) 4:57.09 (1:05.83)	
20 Redcay, Ross	17	Reading & Berks YMCA	5:10.85	4:57.50
			1:07.10 2:24.68 (1:17.58) 3:50.55 (1:25.87) 4:57.50 (1:06.95)	
21 Leibold, Robby	17	Appleton Family YMCA	4:58.40	4:58.04
			1:04.11 2:21.35 (1:17.24) 3:50.59 (1:29.24) 4:58.04 (1:07.45)	
22 Jones, Kyle	15	Winston-Salem Central YMCA	5:09.15	4:58.07
			1:06.88 2:22.28 (1:15.40) 3:50.61 (1:28.33) 4:58.07 (1:07.46)	
23 Smith, Cory	17	North Central Florida YMCA	4:57.34	4:58.61
			1:05.17 2:20.84 (1:15.67) 3:48.50 (1:27.66) 4:58.61 (1:10.11)	
24 Buckles, Nick	16	Northwestern Dupage YMCA	4:59.65	4:58.68
			1:07.25 2:22.93 (1:15.68) 3:53.03 (1:30.10) 4:58.68 (1:05.65)	
25 Schauer, Nick	16	YMCA of Triangle Area	5:07.67	4:59.15
			1:08.07 2:23.62 (1:15.55) 3:53.61 (1:29.99) 4:59.15 (1:05.54)	
26 Schramm, Ryan	18	Powel Crosley Branch YMCA	5:05.96	4:59.41
			1:06.90 2:23.89 (1:16.99) 3:50.05 (1:26.16) 4:59.41 (1:09.36)	
27 Froehlich, Fritz	17	Hamden/North Haven YMCA	5:03.20	4:59.52
			1:04.58 2:19.38 (1:14.80) 3:53.37 (1:33.99) 4:59.52 (1:06.15)	
28 McGrath, Kevin	16	N Shore/Lester Sterling BR Y	5:01.89	5:00.01
			1:07.25 2:24.45 (1:17.20) 3:50.03 (1:25.58) 5:00.01 (1:09.98)	
29 Tseng, Joseph	15	Montclair YMCA	5:00.41	5:00.45
			1:04.80 2:21.67 (1:16.87) 3:52.28 (1:30.61) 5:00.45 (1:08.17)	
30 Noble, Jesse	18	Flint YMCA	4:55.85	5:00.72
			1:01.72 3:48.78 () 5:00.72 (1:11.94)	
31 Bruzda, Joey	18	Reg Fam YMCA Laurel Highland	5:11.49	5:00.91
			1:08.23 2:23.68 (1:15.45) 3:51.71 (1:28.03) 5:00.91 (1:09.20)	
32 Slagh, Jimmy	16	Middle Tyger YMCA	5:04.01	5:01.03
			1:09.52 2:29.36 (1:19.84) 3:53.62 (1:24.26) 5:01.03 (1:07.41)	
33 Elsworth, Kit	17	Hamden/North Haven YMCA	5:08.71	5:01.38
			1:08.07 2:23.62 (1:15.55) 5:01.38 (2:37.76)	
34 Hurst, Alex	17	N Shore/Lester Sterling BR Y	5:04.35	5:01.56
			1:04.37 2:17.53 (1:13.16) 3:50.14 (1:32.61) 5:01.56 (1:11.42)	
35 Royster, Andrew	16	Hamden/North Haven YMCA	5:08.86	5:01.69
			1:07.01 2:23.17 (1:16.16) 3:53.47 (1:30.30) 5:01.69 (1:08.22)	
36 Kuntz, Brendan	16	Greater Holyoke YMCA	5:11.53	5:01.75
			1:08.16 2:26.84 (1:18.68) 3:56.33 (1:29.49) 5:01.75 (1:05.42)	
37 Russell, Gordon	18	Northwestern Dupage YMCA	5:00.40	5:02.01
			1:06.53 2:23.00 (1:16.47) 3:52.26 (1:29.26) 5:02.01 (1:09.75)	
38 Byler, Daniel	17	Parkersburg YMCA	5:03.79	5:02.21
			1:07.47 2:28.52 (1:21.05) 3:53.52 (1:25.00) 5:02.21 (1:08.69)	
39 Dukleth, Steven	15	Northwestern Dupage YMCA	5:09.46	5:02.36
			1:06.26 2:21.31 (1:15.05) 3:55.70 (1:34.39) 5:02.36 (1:06.66)	
40 Straughn, Kevin	16	Chapel Hill-Carrboro YMCA	5:09.76	5:02.99
			1:08.61 2:22.46 (1:13.85) 3:54.53 (1:32.07) 5:02.99 (1:08.46)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 400 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
41 Ainsworth, Stuart	14	Wilton Family YMCA	5:04.56	5:04.47
			1:05.15 2:21.54 (1:16.39) 3:51.45 (1:29.91) 5:04.47 (1:13.02)	
42 Kalata, Glenn	16	Wilton Family YMCA	5:02.11	5:04.70
			1:07.64 2:22.41 (1:14.77) 3:51.63 (1:29.22) 5:04.70 (1:13.07)	
43 Krone, Paul	17	Blue Ash Branch YMCA	4:22.49 Y	5:04.73
			1:08.34 2:31.34 (1:23.00) 3:55.76 (1:24.42) 5:04.73 (1:08.97)	
44 Pelton, Shane	18	Upper Main Line YMCA	5:11.78	5:05.43
			1:04.64 2:21.89 (1:17.25) 3:54.72 (1:32.83) 5:05.43 (1:10.71)	
45 Raymar, Aaron	18	Somerset Hills YMCA	4:21.75 Y	5:06.58
			1:07.06 2:26.44 (1:19.38) 3:57.38 (1:30.94) 5:06.58 (1:09.20)	
46 Long, Chris	15	Aurora Family YMCA	4:24.10 Y	5:08.12
			1:06.17 2:26.02 (1:19.85) 3:59.75 (1:33.73) 5:08.12 (1:08.37)	
47 Henkel, David	16	Powel Crosley Branch YMCA	4:23.41 Y	5:10.75
			1:08.37 2:26.39 (1:18.02) 4:00.38 (1:33.99) 5:10.75 (1:10.37)	
48 Fredericks, Kyle	13	Northwestern Dupage YMCA	5:08.25	5:11.17
			1:06.67 2:29.77 (1:23.10) 4:00.61 (1:30.84) 5:11.17 (1:10.56)	
49 Healy, Devon	15	New Canaan Community YMCA	5:07.33	5:14.36
			1:10.00 2:32.07 (1:22.07) 4:03.41 (1:31.34) 5:14.36 (1:10.95)	
50 Van Huis, Alex	16	Oshkosh Community YMCA	5:01.87 S	5:14.61
			1:07.58 2:32.43 (1:24.85) 4:00.06 (1:27.63) 5:14.61 (1:14.55)	
51 Hiller, Cody	15	Countryside-Warren County YMC	5:10.60	5:20.16
			1:09.98 2:29.08 (1:19.10) 4:04.98 (1:35.90) 5:20.16 (1:15.18)	
--- Asseff, Ben	18	Huntington YMCA	4:35.98	DQ

Men 200 LC Meter Freestyle Relay**National: 1:37.02 * 1996****Ann Arbor, MI****Broken Rec: 1:36.24 # 2004****Darien Community**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Darien Community YMCA		1:38.11	1:36.24#
1) Geissinger, John 17	2) Baity, Phil 16	3) Baity, Mike 18	4) Donch, Matthew 16
24.70	49.05 (24.35)	1:12.57 (23.52)	1:36.24 (23.67)
2 Wilton Family YMCA		1:39.29	1:37.77
1) Pelton, Greg 13	2) Prue, Ben 17	3) Trepp, Andrew 17	4) Sudbury, Jeffrey 17
25.17	50.64 (25.47)	1:14.72 (24.08)	1:37.77 (23.05)
3 Flint YMCA		1:39.78	1:37.99
1) Spaulding, James 17	2) Sunde, Andrew 18	3) Larocque, Jon 16	4) Bowling, Steven 18
25.20	49.40 (24.20)	1:13.70 (24.30)	1:37.99 (24.29)
4 Northwestern Dupage YMCA		1:39.50	1:39.29
1) Keca, Rick 17	2) Russell, Gordon 18	3) Schenck, Chris 18	4) Schaffer, Will 17
25.72	50.88 (25.16)	1:15.06 (24.18)	1:39.29 (24.23)
5 Tampa Metro YMCA		1:41.19	1:40.10
1) Brody, Matthew 18	2) Silva, Michael 16	3) Olson, Tim 15	4) Hug, Kevin 18
25.01	49.25 (24.24)	1:15.76 (26.51)	1:40.10 (24.34)
6 Schroeder YMCA		1:41.18	1:40.24
1) Baseheart, Kevin 15	2) Irgens, Thomas 19	3) Gottinger, Caleb 16	4) Zuppek, Greg 15
25.23	49.81 (24.58)	1:14.97 (25.16)	1:40.24 (25.27)
7 Upper Main Line YMCA		1:41.54	1:40.44
1) Brumbaugh, Bryan 17	2) Bennett, George 17	3) Nicolino, Matthew 18	4) Kearney, Jonathan 18
25.52	50.28 (24.76)	1:15.06 (24.78)	1:40.44 (25.38)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Men 200 LC Meter Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
8 Chapel Hill-Carrboro YMCA		1:41.42	1:41.27
1) Wiener, Ben 16	2) Straughn, Kevin 16	3) Mayock, Steve 17	4) Schluederberg, Bret 16
25.59	50.37 (24.78)	1:16.50 (26.13)	1:41.27 (24.77)

B - Final

9 Aurora Family YMCA		1:41.78	1:40.49
1) Reppy, Jon 17	2) Russell, Matthew 17	3) Bax, Andy 17	4) Long, Andy 17
26.13	50.72 (24.59)	1:36.62 (45.90)	1:40.49 (3.87)
10 Countryside-Warren County Y		1:42.54	1:40.59
1) French, Kit 17	2) Graessle, Sam 17	3) Grove, Stephen 16	4) Miller, John 18
24.51	49.87 (25.36)	1:15.42 (25.55)	1:40.59 (25.17)
11 Gamble Nippert YMCA		1:42.63	1:41.45
1) Lobaugh, Matt 17	2) Gantzer, Andy 17	3) Rhodenbaugh, Luke 14	4) McHugh, Dustin 18
26.44	50.35 (23.91)	1:16.12 (25.77)	1:41.45 (25.33)
12 Jerry L Garver YMCA		1:42.74	1:41.46
1) Kasberg, Tim 16	2) Smith, Andy 19	3) Miller, Josh 18	4) Fisher, Zack 18
25.83	51.89 (26.06)	1:17.55 (25.66)	1:41.46 (23.91)
13 South Shore YMCA		1:42.77	1:41.54
1) Palmieri, Drew 18	2) Harlin, Ky 18	3) Palmer, Jonathan 14	4) Reams, Pat 17
26.17	51.15 (24.98)	1:17.51 (26.36)	1:41.54 (24.03)
14 Cheshire Branch YMCA		1:42.53	1:41.97
1) Germain, Alexander 16	2) Goodman, Jared 17	3) LaMonaca, John 17	4) Ebert, Isaac 18
24.49	50.03 (25.54)	1:15.95 (25.92)	1:41.97 (26.02)
15 Somerset Valley YMCA		1:42.06	1:42.15
1) Benigno, John 16	2) Kuehne, Patrick 15	3) Gonzalez, Joshua 16	4) Gallagher, Liam 18
26.39	52.20 (25.81)	1:17.72 (25.52)	1:42.15 (24.43)
16 Western Family Branch YMC		1:42.78	1:42.70
1) Fox, Matt 17	2) Kerins, Michael 18	3) Ricketts, Daniel 17	4) Ohlhaber, John 17
25.85	52.25 (26.40)	1:17.69 (25.44)	1:42.70 (25.01)

Men 200 LC Meter Freestyle Relay**National: 1:37.02 * 1996 Ann Arbor, MI****Broken Rec: 1:36.24 # 2004 Darien Community**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Darien Community YMCA		1:38.32	1:38.11
1) Baity, Mike 18	2) Geissinger, John 17	3) Baity, Phil 16	4) Donch, Matthew 16
24.69	49.04 (24.35)	1:13.50 (24.46)	1:38.11 (24.61)
2 Wilton Family YMCA		1:42.21	1:39.29
1) Pelton, Greg 13	2) Prue, Ben 17	3) Trepp, Andrew 17	4) Sudbury, Jeffrey 17
25.55	51.34 (25.79)	1:15.65 (24.31)	1:39.29 (23.64)
3 Northwestern Dupage YMCA		1:39.44	1:39.50
1) Keca, Rick 17	2) Russell, Gordon 18	3) Schenck, Chris 18	4) Schaffer, Will 17
25.69	50.94 (25.25)	1:15.07 (24.13)	1:39.50 (24.43)
4 Flint YMCA		1:25.62 Y	1:39.78
1) Spaulding, James 17	2) Larocque, Jon 16	3) Sunde, Andrew 18	4) Bowling, Steven 18
25.35	50.15 (24.80)	1:14.81 (24.66)	1:39.78 (24.97)
5 Schroeder YMCA		1:43.90	1:41.18
1) Baseheart, Kevin 15	2) Irgens, Thomas 19	3) Zuppek, Greg 15	4) Gottinger, Caleb 16
25.30	50.31 (25.01)	1:15.98 (25.67)	1:41.18 (25.20)
6 Tampa Metro YMCA		1:48.35	1:41.19
1) Brody, Matthew 18	2) Silva, Michael 16	3) Olson, Tim 15	4) Hug, Kevin 18
24.93	49.65 (24.72)	1:15.98 (26.33)	1:41.19 (25.21)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
7 Chapel Hill-Carrboro YMCA		1:45.21	1:41.42
1) Wiener, Ben 16	2) Straughn, Kevin 16	3) Mayock, Steve 17	4) Schluederberg, Bret 16
25.51	50.37 (24.86)	1:16.39 (26.02)	1:41.42 (25.03)
8 Upper Main Line YMCA		1:26.93 Y	1:41.54
1) Brumbaugh, Bryan 17	2) Bennitt, George 17	3) Nicolino, Matthew 18	4) Shupe, Denny 18
25.58	50.60 (25.02)	1:15.48 (24.88)	1:41.54 (26.06)
9 Aurora Family YMCA		1:31.68 Y	1:41.78
1) Reppy, Jon 17	2) Russell, Matthew 17	3) Bax, Andy 17	4) Long, Andy 17
26.27	51.28 (25.01)	1:16.28 (25.00)	1:41.78 (25.50)
10 Somerset Valley YMCA		1:44.09	1:42.06
1) Benigno, John 16	2) Kuehne, Patrick 15	3) Gonzalez, Joshua 16	4) Gallagher, Liam 18
26.46	51.99 (25.53)	1:17.58 (25.59)	1:42.06 (24.48)
11 Cheshire Branch YMCA		1:40.45	1:42.53
1) Germain, Alexander 16	2) Goodman, Jared 17	3) LaMonaca, John 17	4) Ebert, Isaac 18
25.02	50.40 (25.38)	1:16.56 (26.16)	1:42.53 (25.97)
12 Countryside-Warren County Y		1:42.38	1:42.54
1) French, Kit 17	2) Graessle, Sam 17	3) Grove, Stephen 16	4) Miller, John 18
25.05	50.45 (25.40)	1:16.53 (26.08)	1:42.54 (26.01)
13 Gamble Nippert YMCA		1:44.68	1:42.63
1) Lobaugh, Matt 17	2) Gantzer, Andy 17	3) Rhodenbaugh, Luke 14	4) McHugh, Dustin 18
26.46	50.66 (24.20)	1:16.57 (25.91)	1:42.63 (26.06)
14 Jerry L Garver YMCA		1:32.27 Y	1:42.74
1) Kasberg, Tim 16	2) Smith, Andy 19	3) Miller, Josh 18	4) Fisher, Zack 18
26.22	52.81 (26.59)	1:18.45 (25.64)	1:42.74 (24.29)
15 South Shore YMCA		1:46.34	1:42.77
1) Palmieri, Drew 18	2) Harlin, Ky 18	3) Palmer, Jonathan 14	4) Reams, Pat 17
26.20	51.41 (25.21)	1:17.89 (26.48)	1:42.77 (24.88)
16 Western Family Branch YMC		1:30.23 Y	1:42.78
1) Cullen, Eric 17	2) Ricketts, Daniel 17	3) Fox, Matt 17	4) Ohlhaver, John 17
26.06	51.79 (25.73)	1:17.40 (25.61)	1:42.78 (25.38)
17 Pottstown Family YMCA		1:31.20 Y	1:42.83
1) Carson, Kevin 18	2) Kiely, John 19	3) Rambo, Jake 17	4) Schirk, Patrick 17
26.29	52.16 (25.87)	1:18.14 (25.98)	1:42.83 (24.69)
18 ME Lyons YMCA		1:39.91	1:43.00
1) Berger, Matt 18	2) Sparks, Charlie 17	3) Wright, Matt 16	4) Greene, Kyle 16
25.47	52.07 (26.60)	1:18.25 (26.18)	1:43.00 (24.75)
19 South Community Family BR		1:45.98	1:43.10
1) Collins, TJ 16	2) Galbreath, Justin 16	3) Collins, Allan 18	4) Zimmer, Shane 16
25.94	51.40 (25.46)	1:17.80 (26.40)	1:43.10 (25.30)
20 Greater Holyoke YMCA		1:46.50	1:43.26
1) Bromage, Nathan 17	2) Pepin, Matthew 16	3) Kuntz, Brendan 16	4) Forni, Nicholas 17
25.98	51.84 (25.86)	1:17.90 (26.06)	1:43.26 (25.36)
21 Green Bay Metro YMCA		1:30.45 Y	1:43.29
1) Dyer, Mitchell 18	2) Heraly, Matthew 18	3) Adelmeyer, Colin 18	4) Vandervest, Christophe 13
25.88	51.06 (25.18)	1:16.72 (25.66)	1:43.29 (26.57)
22 Harrison County YMCA		1:32.19 Y	1:43.31
1) Dunn, JJ 17	2) Walker, Michael 17	3) Snell, Patrick 18	4) Cooper, Adam 16
25.82	51.52 (25.70)	1:17.96 (26.44)	1:43.31 (25.35)
23 Middle Tyger YMCA		1:44.77	1:43.67
1) Creasy, Ben 16	2) Hughes, Chip 16	3) Jankowski, Jeff 16	4) Slagh, Jimmy 16
25.58	50.84 (25.26)	1:16.39 (25.55)	1:43.67 (27.28)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
23 Reading & Berks YMCA		1:35.27 Y	1:43.67
1) Roth, Brad 18	2) Redcay, Ross 17	3) Thomas, Scott 17	4) McGregor, Pete 17
25.77	50.74 (24.97)	1:18.23 (27.49)	1:43.67 (25.44)
25 Montclair YMCA		1:45.47	1:43.91
1) Fletcher, Daniel 15	2) Jung, Kevin 14	3) Sturm, Derek 15	4) Bialko, Matthew 16
26.19	51.44 (25.25)	1:17.67 (26.23)	1:43.91 (26.24)
26 Birmingham Family YMCA		1:27.00 Y	1:44.09
1) Priestley, Dan 17	2) Schubiner, Gabe 16	3) Tyler, Alex 15	4) Priestley, Morgan 14
24.30	49.92 (25.62)	1:18.43 (28.51)	1:44.09 (25.66)
27 YMCA Aquatic Center		1:34.30 Y	1:44.15
1) Syrett, David 17	2) Wright, Steven 14	3) Young, Kyle 18	4) Potvin, Doug 17
25.74	52.58 (26.84)	1:18.95 (26.37)	1:44.15 (25.20)
28 Tri-Hampton YMCA		1:49.16	1:44.21
1) Lewing, Jake 15	2) O'Donnell, Connor 17	3) Stanton, Francis 16	4) Albanese, Kevin 17
26.50	52.49 (25.99)	1:18.91 (26.42)	1:44.21 (25.30)
29 Ocean County YMCA		1:44.34	1:44.24
1) Forsman, Josh 18	2) Coronato, Joe 18	3) Gornitzky, Alex 15	4) Lada, Bret 15
26.03	51.18 (25.15)	1:17.40 (26.22)	1:44.24 (26.84)
30 Huntington YMCA		1:47.68	1:44.26
1) Aburahma, Zach 18	2) Brooks, Payton 18	3) Northcutt, Michael 18	4) Coyle, Ryan 16
25.94	51.25 (25.31)	1:17.56 (26.31)	1:44.26 (26.70)
31 Joliet YMCA		1:50.14	1:44.55
1) Harper, Evan 18	2) Travnik, Matt 16	3) Lee, Mike 18	4) Foreman, Ben 14
25.05	51.81 (26.76)	1:18.02 (26.21)	1:44.55 (26.53)
32 Boyertown Area YMCA		1:29.13 Y	1:44.59
1) Starr, Peter 18	2) Young, Brian 16	3) Niconovich, Alex 18	4) Francis, Ryne 16
24.95	51.47 (26.52)	1:18.06 (26.59)	1:44.59 (26.53)
33 Door County YMCA		1:34.44 Y	1:44.71
1) Cummings, Luke 16	2) Knipfer, Dennis 17	3) Trelka, Kyle 14	4) Richard, Chris 16
25.84	52.16 (26.32)	1:20.65 (28.49)	1:44.71 (24.06)
34 Somerset Hills YMCA		1:32.65 Y	1:44.98
1) Rogers, Scott 17	2) Ray, Chris 17	3) Virack, John 16	4) Moryan, Grant 16
25.65	52.78 (27.13)	1:19.93 (27.15)	1:44.98 (25.05)
35 N Shore/Lester Sterling BR Y		1:47.14	1:45.20
1) Bartro, Kyle 18	2) Reid, Andrew 14	3) Ranta, Brian 17	4) Recko, Tom 16
25.48	52.73 (27.25)	1:19.71 (26.98)	1:45.20 (25.49)
36 Anne Arundel YMCA		1:49.80	1:45.32
1) Werner, Eddie 17	2) Polino, Mike 15	3) Toolan-Miller, Mike 18	4) Moran, Mike 18
26.30	53.35 (27.05)	1:19.28 (25.93)	1:45.32 (26.04)
37 Flushing Branch YMCA		1:48.30	1:45.35
1) Kim, Kevin 15	2) Chung, Sung-Moon 15	3) Zhang, Tony 17	4) Pfeifer, Gregory 15
26.33	52.62 (26.29)	1:19.24 (26.62)	1:45.35 (26.11)
38 New Canaan Community YM		1:46.65	1:45.38
1) Lane, Eric 17	2) Sweitzer, Matt 17	3) Silver, Miki 14	4) Healy, Trevor 15
25.54	51.22 (25.68)	1:17.52 (26.30)	1:45.38 (27.86)
39 Deerpath YMCA		1:48.48	1:45.48
1) Hofler, Ryan 17	2) White, David 13	3) Parisi, Matt 15	4) Walulik, Nick 15
26.51	53.29 (26.78)	1:19.94 (26.65)	1:45.48 (25.54)
40 Winston-Salem Central YMC		1:49.24	1:45.75
1) Phelps, Charlie 15	2) Yarborough, Cole 16	3) Jones, Kyle 15	4) Rogers, Andrew 16
26.69	53.28 (26.59)	1:19.99 (26.71)	1:45.75 (25.76)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
41 West Shore-Harrisburg YMC		1:34.56 Y	1:45.88
1) Hershey, Matthew 15	2) Schwartz, St John 15	3) Soisson, Drew 16	4) Noone, Gene 17
26.54	52.69 (26.15)	1:19.98 (27.29)	1:45.88 (25.90)
42 Powel Crosley Branch YMCA		1:49.23	1:45.92
1) Carey, James 17	2) Ryan, Kevin 16	3) Schramm, Ryan 18	4) Stone, Ben 16
26.70	53.31 (26.61)	1:20.36 (27.05)	1:45.92 (25.56)
43 Rappahannock Area YMCA		1:50.80	1:46.21
1) Wallace, Lawson 15	2) Gillette, Ben 16	3) Lloyd, Nick 16	4) Calloway, Adam 16
27.16	53.95 (26.79)	1:19.89 (25.94)	1:46.21 (26.32)
44 Hamden/North Haven YMCA		1:47.81	1:46.25
1) Elsworth, Kit 17	2) Froehlich, Fritz 17	3) Rienzo, Matthew 16	4) Royster, Andrew 16
27.21	53.05 (25.84)	1:19.75 (26.70)	1:46.25 (26.50)
45 Saginaw YMCA		1:34.10 Y	1:46.53
1) Lydy, Brian 17	2) Snook, Garrett 17	3) Morse, Ryan 16	4) Matter, Josh 17
25.50	51.57 (26.07)	1:18.92 (27.35)	1:46.53 (27.61)
46 Blue Ash Branch YMCA		1:48.34	1:46.57
1) Harris, Alphonse 15	2) Dilz, Andy 17	3) Holmes, Martin 17	4) Krone, Paul 17
27.21	51.71 (24.50)	1:18.86 (27.15)	1:46.57 (27.71)
47 East Hartford YMCA		1:49.07	1:46.60
1) McKeown, Kevin 15	2) Francis, James 15	3) Jackwin, Eric 15	4) Collins, Patrick 14
26.42	53.26 (26.84)	1:19.68 (26.42)	1:46.60 (26.92)
48 Rochester Northwest FamilyY		1:33.99 Y	1:46.90
1) Hoffman, Michael 17	2) Barry, Jordan 16	3) Schuster, Kevin 16	4) Page, Brian 18
27.05	53.71 (26.66)	1:19.80 (26.09)	1:46.90 (27.10)
49 York & York County YMCA		1:34.05 Y	1:47.00
1) Grubbs, Alex 16	2) Bentz, Joe 16	3) Bartman, Tommy 17	4) Rubritz, Jonathan 15
27.08	54.07 (26.99)	1:20.75 (26.68)	1:47.00 (26.25)
50 Southern Chester County YM		1:33.42 Y	1:47.27
1) Trudeau, Zack 17	2) Wilson, Zach 14	3) Manocchio, Nicholas 14	4) Matthews, Zach 16
26.56	53.78 (27.22)	1:20.89 (27.11)	1:47.27 (26.38)
51 McKeesport YMCA		1:34.52 Y	1:47.48
1) Davies, Ryan 17	2) Resnik, Charlie 16	3) Eckert, Rich 17	4) Doyle, Daniel 15
27.43	55.31 (27.88)	1:21.66 (26.35)	1:47.48 (25.82)
52 Kishwaukee Family YMCA		1:53.89	1:47.55
1) Enge, Jeffrey 15	2) Johnson, Cole 16	3) Betz, Danny 17	4) Bubb, Wesley 17
27.81	55.10 (27.29)	1:21.02 (25.92)	1:47.55 (26.53)
53 Chambersburg Memorial YM		1:49.84 S	1:47.63
1) Addlesberger, Justin 14	2) Powanda, Josh 15	3) Beidel, Brandon 17	4) Moran, Brian 18
27.46	55.19 (27.73)	1:22.02 (26.83)	1:47.63 (25.61)
54 Brandywine YMCA		1:51.71	1:47.77
1) Hargraves, Brandon 16	2) Flanders, Matt 15	3) Richey, Francis 18	4) Gibb, Dustin 15
27.41	53.89 (26.48)	1:20.96 (27.07)	1:47.77 (26.81)
55 Reg Fam YMCA Laurel High		1:35.23 Y	1:47.91
1) Lilley, Kyle 19	2) Whoric, Nathan 19	3) Yelinek, Jimmy 15	4) Bruzda, Joey 18
26.88	54.00 (27.12)	1:21.49 (27.49)	1:47.91 (26.42)
56 Racine Family YMCA		1:30.33 Y	1:47.92
1) Lewno, Adam 18	2) Griffey, Joshua 17	3) Griffey, Andrew 13	4) Johnson, Peter 16
26.19	52.17 (25.98)	1:20.06 (27.89)	1:47.92 (27.86)
57 Oshkosh Community YMCA		1:52.20	1:48.98
1) Wagner, CJ 16	2) Dudzinski, Jon 16	3) Duwell, Andrew 17	4) Van Huis, Alex 16
27.14	53.65 (26.51)	1:21.82 (28.17)	1:48.98 (27.16)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
58 Lionville Community YMCA		1:48.65 S	1:49.27
1) LaRosa, Steve 16	2) Fenn, Matt 17	3) Kunzman, Eric 16	4) Christian, Andrew 16
28.01	56.39 (28.38)	1:23.26 (26.87)	1:49.27 (26.01)
59 Greater Johnstown Comm. YM		1:35.43 Y	1:49.41
1) Clark, Billy 16	2) Koul, Kevin 13	3) Kofmehl, Jon 15	4) Thiel, Ryan 16
27.30	55.91 (28.61)	1:23.89 (27.98)	1:49.41 (25.52)
60 Gr.Rapids/Southeast Br. YMC		1:52.47	1:49.90
1) Fox, Josh 19	2) Harris, Taylor 13	3) Klipa, Mitchell 14	4) Boman, Mark 15
27.87	55.82 (27.95)	1:23.26 (27.44)	1:49.90 (26.64)
61 Andover-North Andover YMCA		1:35.39 Y	1:50.13
1) Medaglio, Robert 16	2) Snow, Chris 18	3) Bimmler, Paul 13	4) Dodge, Neal 18
27.70	56.07 (28.37)	1:23.97 (27.90)	1:50.13 (26.16)
62 Indiana County YMCA		1:34.35 Y	1:50.23
1) Makovy, Igor 17	2) Cremar, Brad 17	3) Sweithelm, Ryan 15	4) Weston, Garet 15
26.79	55.11 (28.32)	1:23.63 (28.52)	1:50.23 (26.60)
63 YMCA of Youngstown, Ohio		1:35.34 Y	1:50.58
1) Worhatch, Brian 15	2) Kuntzman, Mark 15	3) Mellish, Chris 17	4) Bable, Eric 16
27.51	55.57 (28.06)	1:23.23 (27.66)	1:50.58 (27.35)
64 Newberry YMCA		1:53.27	1:50.68
1) Amerson, Matt 15	2) Baker, Richard 14	3) Pruet, Justin 16	4) Goeckner, Caleb 16
28.91	58.31 (29.40)	1:25.18 (26.87)	1:50.68 (25.50)
65 Metuchen-Edison YMCA		1:50.12	1:51.82
1) Clarkin, Jimmy 16	2) Green, Brian 17	3) Volski, Michail 13	4) Dosch, Timmy 15
27.39	55.27 (27.88)	1:23.50 (28.23)	1:51.82 (28.32)
--- YMCA of Greater Seattle		1:33.73 Y	DQ
1) Clarke, Bryan 18	2) Heerhartz, Gilbert 17	3) Leung, ON 15	4) Mattson, James 16
27.22	53.94 (26.72)	1:20.98 (27.04)	DQ (25.86)
--- J.F. Hurley YMCA		1:31.21 Y	DQ
1) Beck, Mark 18	2) Dockins, Curt 15	3) Dockins, Greg 17	4) Dockins, Jeff 18

Men 400 LC Meter Freestyle Relay**National: 3:34.54 * 1996****Ann Arbor, MI**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Darien Community YMCA		3:38.22	3:34.92
1) Geissinger, John 17	2) Baity, Phil 16	3) Baity, Mike 18	4) Donch, Matthew 16
26.42	54.68 (54.68)	1:20.13 (25.45)	1:49.58 (54.90)
2:14.49 (24.91)	2:42.84 (53.26)	3:07.71 (24.87)	3:34.92 (52.08)
2 Wilton Family YMCA		3:38.06	3:35.98
1) Trepp, Andrew 17	2) Prue, Ben 17	3) Lebovitz, David 17	4) Sudbury, Jeffrey 17
26.00	52.94 (52.94)	1:20.00 (27.06)	1:49.06 (56.12)
2:15.54 (26.48)	2:44.54 (55.48)	3:08.66 (24.12)	3:35.98 (51.44)
3 Flint YMCA		3:41.05	3:39.20
1) Larocque, Jon 16	2) Sunde, Andrew 18	3) Spaulding, James 17	4) Bowling, Steven 18
26.17	54.33 (54.33)	1:20.41 (26.08)	1:48.90 (54.57)
2:15.28 (26.38)	2:45.32 (56.42)	3:10.93 (25.61)	3:39.20 (53.88)
4 Northwestern Dupage YMCA		3:39.25	3:39.84
1) Schenck, Chris 18	2) Russell, Gordon 18	3) Keca, Rick 17	4) Schaffer, Will 17
26.59	53.87 (53.87)	1:20.28 (26.41)	1:49.77 (55.90)
2:17.02 (27.25)	2:46.81 (57.04)	3:11.60 (24.79)	3:39.84 (53.03)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Men 400 LC Meter Freestyle Relay)**

Team	Relay		Prelim Time	Finals Time
5 Schroeder YMCA			3:41.32	3:41.84
1) Baseheart, Kevin 15	2) Irgens, Thomas 19	3) Gottinger, Caleb 16	4) Zuppek, Greg 15	
27.17	54.81 (54.81)	1:20.72 (25.91)	1:50.07 (55.26)	
2:16.51 (26.44)	2:45.22 (55.15)	3:11.74 (26.52)	3:41.84 (56.62)	
6 Upper Main Line YMCA			3:43.11	3:42.02
1) Reed, Evan 14	2) Bennitt, George 17	3) Brumbaugh, Bryan 17	4) Nicolino, Matthew 18	
27.11	56.14 (56.14)	1:22.57 (26.43)	1:51.69 (55.55)	
2:18.03 (26.34)	2:47.69 (56.00)	3:13.66 (25.97)	3:42.02 (54.33)	
7 Aurora Family YMCA			3:43.96	3:42.05
1) Reppy, Jon 17	2) Russell, Matthew 17	3) Long, Chris 15	4) Long, Andy 17	
26.68	55.44 (55.44)	1:21.46 (26.02)	1:50.55 (55.11)	
2:17.31 (26.76)	2:47.35 (56.80)	3:13.29 (25.94)	3:42.05 (54.70)	
8 ME Lyons YMCA			3:42.56	3:43.81
1) Berger, Matt 18	2) Sparks, Charlie 17	3) Wright, Matt 16	4) Greene, Kyle 16	
26.89	56.01 (56.01)	1:23.24 (27.23)	1:52.96 (56.95)	
2:19.85 (26.89)	2:49.50 (56.54)	3:15.10 (25.60)	3:43.81 (54.31)	
B - Final				
9 Countryside-Warren County Y			3:44.57	3:43.07
1) Graessle, Sam 17	2) Grove, Stephen 16	3) Ollila, Alex 16	4) French, Kit 17	
26.98	56.25 (56.25)	1:22.85 (26.60)	1:52.87 (56.62)	
2:20.33 (27.46)	2:50.67 (57.80)	3:15.32 (24.65)	3:43.07 (52.40)	
10 Tampa Metro YMCA			3:46.15	3:43.83
1) Hug, Kevin 18	2) Silva, Michael 16	3) Zuerlein, Nick 15	4) Brody, Matthew 18	
27.31	56.71 (56.71)	1:21.86 (25.15)	1:50.87 (54.16)	
2:19.03 (28.16)	2:50.41 (59.54)	3:16.18 (25.77)	3:43.83 (53.42)	
11 Pottstown Family YMCA			3:45.53	3:45.11
1) Prendergast, Eric 16	2) Kiely, John 19	3) Rambo, Jake 17	4) Schirk, Patrick 17	
27.94	58.00 (58.00)	1:24.85 (26.85)	1:55.52 (57.52)	
2:21.82 (26.30)	2:51.79 (56.27)	3:17.08 (25.29)	3:45.11 (53.32)	
12 Somerset Valley YMCA			3:46.47	3:45.39
1) Benigno, John 16	2) Green, Mark 18	3) Gonzalez, Joshua 16	4) Gallagher, Liam 18	
27.42	57.22 (57.22)	1:23.84 (26.62)	1:54.13 (56.91)	
2:21.16 (27.03)	2:50.91 (56.78)	3:16.38 (25.47)	3:45.39 (54.48)	
13 Middle Tyger YMCA			3:45.32	3:46.23
1) Creasy, Ben 16	2) Hughes, Chip 16	3) Jankowski, Jeff 16	4) Slagh, Jimmy 16	
26.66	55.30 (55.30)	1:21.09 (25.79)	1:50.48 (55.18)	
2:17.06 (26.58)	2:48.27 (57.79)	3:15.54 (27.27)	3:46.23 (57.96)	
14 South Community Family BR			3:46.80	3:46.36
1) Collins, TJ 16	2) Collins, Allan 18	3) Zimmer, Shane 16	4) Galbreath, Justin 16	
27.10	56.76 (56.76)	1:24.25 (27.49)	1:54.21 (57.45)	
2:21.02 (26.81)	2:51.49 (57.28)	3:17.67 (26.18)	3:46.36 (54.87)	
15 Huntington YMCA			3:45.42	3:47.37
1) Asseff, Ben 18	2) Northcutt, Michael 18	3) Aburahma, Zach 18	4) McGraw, Todd 14	
27.61	57.62 (57.62)	1:24.50 (26.88)	1:53.29 (55.67)	
2:20.12 (26.83)	2:49.18 (55.89)	3:17.26 (28.08)	3:47.37 (58.19)	
16 Winston-Salem Central YMC.			3:46.39	3:47.56
1) Yarborough, Cole 16	2) Rogers, Andrew 16	3) Phelps, Charlie 15	4) Jones, Kyle 15	
27.46	56.47 (56.47)	1:23.41 (26.94)	1:52.77 (56.30)	
2:19.97 (27.20)	2:50.51 (57.74)	3:17.41 (26.90)	3:47.56 (57.05)	

2004 YMCA National Long Course Championship

July 27-30, 2004

Results

Men 400 LC Meter Freestyle Relay

National: 3:34.54 * 1996

Ann Arbor, MI

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1	Wilton Family YMCA	3:45.66	3:38.06
	1) Sudbury, Jeffrey 17 2) Prue, Ben 17	3) Lebovitz, David 17	4) Trepp, Andrew 17
	53.94 1:50.19 (56.25) 2:45.46 (55.27)	3:38.06 (52.60)	
2	Darien Community YMCA	3:38.69	3:38.22
	1) Geissinger, John 17 2) Baity, Mike 18	3) Donch, Matthew 16	4) Baity, Phil 16
	54.61 1:48.60 (53.99) 2:42.99 (54.39)	3:38.22 (55.23)	
3	Northwestern Dupage YMCA	3:41.92	3:39.25
	1) Schenck, Chris 18 2) Russell, Gordon 18	3) Keca, Rick 17	4) Schaffer, Will 17
	54.04 1:49.26 (55.22) 2:46.23 (56.97)	3:39.25 (53.02)	
4	Flint YMCA	3:10.96 Y	3:41.05
	1) Larocque, Jon 16 2) Bowling, Steven 18	3) Sunde, Andrew 18	4) Spaulding, James 17
	54.63 1:48.73 (54.10) 2:44.17 (55.44)	3:41.05 (56.88)	
5	Schroeder YMCA	3:44.71	3:41.32
	1) Baseheart, Kevin 15 2) Irgens, Thomas 19	3) Zuppek, Greg 15	4) Gottinger, Caleb 16
	54.36 1:49.44 (55.08) 2:45.61 (56.17)	3:41.32 (55.71)	
6	ME Lyons YMCA	3:46.64	3:42.56
	1) Berger, Matt 18 2) Sparks, Charlie 17	3) Wright, Matt 16	4) Greene, Kyle 16
	55.67 1:52.39 (56.72) 2:48.58 (56.19)	3:42.56 (53.98)	
7	Upper Main Line YMCA	3:12.20 Y	3:43.11
	1) Reed, Evan 14 2) Bennett, George 17	3) Brumbaugh, Bryan 17	4) Nicolino, Matthew 18
	56.27 1:52.40 (56.13) 2:48.38 (55.98)	3:43.11 (54.73)	
8	Aurora Family YMCA	3:18.20 Y	3:43.96
	1) Reppy, Jon 17 2) Long, Andy 17	3) Long, Chris 15	4) Russell, Matthew 17
	56.94 1:52.18 (55.24) 2:49.52 (57.34)	3:43.96 (54.44)	
9	Countryside-Warren County Y	3:49.61	3:44.57
	1) Graessle, Sam 17 2) Grove, Stephen 16	3) Miller, John 18	4) French, Kit 17
	55.60 1:52.77 (57.17) 2:50.82 (58.05)	3:44.57 (53.75)	
10	Middle Tyger YMCA	3:51.08	3:45.32
	1) Creasy, Ben 16 2) Hughes, Chip 16	3) Jankowski, Jeff 16	4) Slagh, Jimmy 16
	55.76 1:50.79 (55.03) 2:47.51 (56.72)	3:45.32 (57.81)	
11	Huntington YMCA	3:50.04	3:45.42
	1) Asseff, Ben 18 2) Northcutt, Michael 18	3) Aburama, Zach 18	4) McGraw, Todd 14
	56.45 1:52.59 (56.14) 2:47.69 (55.10)	3:45.42 (57.73)	
12	Pottstown Family YMCA	3:55.28	3:45.53
	1) Prendergast, Eric 16 2) Carson, Kevin 18	3) Rambo, Jake 17	4) Schirk, Patrick 17
	57.82 1:54.82 (57.00) 2:51.74 (56.92)	3:45.53 (53.79)	
13	Tampa Metro YMCA	3:47.98	3:46.15
	1) Hug, Kevin 18 2) Silva, Michael 16	3) Olson, Tim 15	4) Brody, Matthew 18
	56.63 1:52.66 (56.03) 2:52.40 (59.74)	3:46.15 (53.75)	
14	Winston-Salem Central YMC.	3:55.70	3:46.39
	1) Phelps, Charlie 15 2) Rogers, Andrew 16	3) Jones, Kyle 15	4) Yarborough, Cole 16
	57.58 1:53.70 (56.12) 2:50.47 (56.77)	3:46.39 (55.92)	
15	Somerset Valley YMCA	3:51.88	3:46.47
	1) Green, Mark 18 2) Benigno, John 16	3) Gonzalez, Joshua 16	4) Gallagher, Liam 18
	58.10 1:54.26 (56.16) 2:51.98 (57.72)	3:46.47 (54.49)	
16	South Community Family BR	3:57.23	3:46.80
	1) Collins, TJ 16 2) Collins, Allan 18	3) Zimmer, Shane 16	4) Galbreath, Justin 16
	57.35 1:54.57 (57.22) 2:51.76 (57.19)	3:46.80 (55.04)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 400 LC Meter Freestyle Relay)**

Team	Relay		Seed Time	Prelim Time
17 YMCA Aquatic Center			3:20.86 Y	3:47.47
1) Wright, Steven 14	2) Potvin, Doug 17	3) Epstein, Adam 17	4) Young, Kyle 18	
57.70	1:53.64 (55.94)	2:51.65 (58.01)	3:47.47 (55.82)	
18 Chapel Hill-Carrboro YMCA			3:51.83	3:47.62
1) Straughn, Kevin 16	2) Wiener, Ben 16	3) Mayock, Steve 17	4) Schluederberg, Bret 16	
57.74	1:55.26 (57.52)	2:51.71 (56.45)	3:47.62 (55.91)	
19 South Shore YMCA			3:53.65	3:47.71
1) Palmieri, Drew 18	2) Harlin, Ky 18	3) Palmer, Jonathan 14	4) Reams, Pat 17	
56.32	1:53.97 (57.65)	2:54.59 (1:00.62)	3:47.71 (53.12)	
20 Greater Holyoke YMCA			3:54.33	3:48.37
1) Bromage, Nathan 17	2) Pepin, Matthew 16	3) Kuntz, Brendan 16	4) Forni, Nicholas 17	
57.25	1:55.14 (57.89)	2:52.03 (56.89)	3:48.37 (56.34)	
21 Reading & Berks YMCA			3:55.95	3:48.94
1) Roth, Brad 18	2) Redcay, Ross 17	3) Thomas, Scott 17	4) McGregor, Pete 17	
55.76	1:52.64 (56.88)	2:52.00 (59.36)	3:48.94 (56.94)	
22 Somerset Hills YMCA			3:25.11 Y	3:50.60
1) Rogers, Scott 17	2) Lawson, Brendan 14	3) Raymar, Aaron 18	4) Moryan, Grant 16	
55.81	1:55.01 (59.20)	2:54.42 (59.41)	3:50.60 (56.18)	
23 Birmingham Family YMCA			3:11.03 Y	3:50.96
1) Priestley, Dan 17	2) Tyler, Alex 15	3) Schubiner, Gabe 16	4) Priestley, Morgan 14	
54.17	1:54.59 (1:00.42)	2:52.88 (58.29)	3:50.96 (58.08)	
24 Boyertown Area YMCA			3:15.94 Y	3:51.20
1) Starr, Peter 18	2) Young, Brian 16	3) Francis, Ryne 16	4) Wright, Ryan 17	
55.83	1:54.48 (58.65)	2:52.06 (57.58)	3:51.20 (59.14)	
25 Blue Ash Branch YMCA			3:56.51	3:51.43
1) Krone, Paul 17	2) Harris, Alphonse 15	3) Holmes, Martin 17	4) Dilz, Andy 17	
58.19	1:56.49 (58.30)	2:58.02 (1:01.53)	3:51.43 (53.41)	
26 N Shore/Lester Sterling BR Y			3:57.23	3:51.44
1) Bartro, Kyle 18	2) Reid, Andrew 14	3) McGrath, Kevin 16	4) Recko, Tom 16	
56.92	1:56.24 (59.32)	2:54.79 (58.55)	3:51.44 (56.65)	
27 Montclair YMCA			3:54.05	3:51.52
1) Sturm, Derek 15	2) Tseng, Joseph 15	3) Jung, Kevin 14	4) Fletcher, Daniel 15	
57.83	1:56.24 (58.41)	2:54.25 (58.01)	3:51.52 (57.27)	
28 Western Family Branch YMC			3:18.82 Y	3:51.60
1) Fox, Matt 17	2) Amato, Gordon 18	3) Ricketts, Daniel 17	4) Ohlhaver, John 17	
57.78	1:57.93 (1:00.15)	2:55.33 (57.40)	3:51.60 (56.27)	
29 Ocean County YMCA			3:56.88	3:51.69
1) Coronato, Joe 18	2) Gornitzky, Alex 15	3) Molloy, Michael 16	4) Forsman, Josh 18	
56.46	1:54.61 (58.15)	2:53.64 (59.03)	3:51.69 (58.05)	
30 Rappahannock Area YMCA			3:59.20	3:52.17
1) Lloyd, Nick 16	2) Calloway, Adam 16	3) Gillette, Ben 16	4) Wallace, Lawson 15	
57.93	1:55.20 (57.27)	2:54.15 (58.95)	3:52.17 (58.02)	
31 New Canaan Community YM			3:55.84	3:52.20
1) Silver, Miki 14	2) Lane, Eric 17	3) Healy, Trevor 15	4) Sweitzer, Matt 17	
59.45	1:54.32 (54.87)	2:54.02 (59.70)	3:52.20 (58.18)	
32 Jerry L Garver YMCA			3:24.02 Y	3:52.42
1) Miller, Josh 18	2) Smith, Andy 19	3) Kasberg, Tim 16	4) Fisher, Zack 18	
1:00.05	1:59.35 (59.30)	2:56.41 (57.06)	3:52.42 (56.01)	
33 York & York County YMCA			3:23.36 Y	3:52.55
1) Bentz, Joe 16	2) Grubbs, Alex 16	3) Bartman, Tommy 17	4) Rubritz, Jonathan 15	
58.45	1:57.04 (58.59)	2:56.71 (59.67)	3:52.55 (55.84)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 400 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
34 Door County YMCA		3:58.24	3:52.80
1) Richard, Chris 16	2) Cummings, Luke 16	3) Knipfer, Dennis 17	4) Trelka, Kyle 14
55.63	1:51.90 (56.27) 2:49.78 (57.88)	3:52.80 (1:03.02)	
35 Tri-Hampton YMCA		3:58.98	3:52.88
1) Albanese, Kevin 17	2) Stanton, Francis 16	3) Lewing, Jake 15	4) McCormick, Ian 16
59.66	1:59.44 (59.78) 2:56.89 (57.45)	3:52.88 (55.99)	
36 Gamble Nippert YMCA		4:00.11	3:53.78
1) McHugh, Dustin 18	2) Rhodenbaugh, Luke 14	3) Lobaugh, Matt 17	4) Gantzer, Andy 17
59.24	2:00.37 (1:01.13) 2:59.74 (59.37)	3:53.78 (54.04)	
37 West Shore-Harrisburg YMC.		3:25.02 Y	3:54.14
1) Hershey, Matthew 15	2) Schwartz, St John 15	3) Noone, Gene 17	4) Soisson, Drew 16
58.13	1:56.19 (58.06) 2:55.06 (58.87)	3:54.14 (59.08)	
38 Powel Crosley Branch YMCA		3:57.79	3:54.50
1) Ryan, Kevin 16	2) Carey, James 17	3) Janszen, Tommy 16	4) Stone, Ben 16
58.63	1:56.87 (58.24) 2:57.10 (1:00.23)	3:54.50 (57.40)	
39 Lebanon Valley Family YMC		3:22.54 Y	3:54.64
1) Charles, Jordan 18	2) Dietrich, Matt 15	3) Miller, Chris 16	4) Kreider, Brian 16
55.54	1:55.37 (59.83) 2:53.23 (57.86)	3:54.64 (1:01.41)	
40 Saginaw YMCA		3:24.89 Y	3:54.89
1) Morse, Ryan 16	2) Snook, Garrett 17	3) Matter, Josh 17	4) Lydy, Brian 17
1:00.38	1:57.14 (56.76) 2:59.79 (1:02.65)	3:54.89 (55.10)	
41 Flushing Branch YMCA		3:58.50	3:55.01
1) Pfeifer, Gregory 15	2) Kim, Kevin 15	3) Chung, Sung-Moon 15	4) Zhang, Tony 17
58.73	1:57.15 (58.42) 2:55.38 (58.23)	3:55.01 (59.63)	
42 Racine Family YMCA		3:18.66 Y	3:55.73
1) Griffey, Joshua 17	2) Lewno, Adam 18	3) Griffey, Andrew 13	4) Johnson, Peter 16
56.90	1:53.73 (56.83) 2:55.11 (1:01.38)	3:55.73 (1:00.62)	
43 East Hartford YMCA		3:59.91	3:55.86
1) McKeown, Kevin 15	2) Francis, James 15	3) Collins, Patrick 14	4) Jackwin, Eric 15
59.52	1:59.55 (1:00.03) 2:57.49 (57.94)	3:55.86 (58.37)	
44 J.F. Hurley YMCA		3:23.10 Y	3:56.45
1) Dockins, Jeff 18	2) Dockins, Curt 15	3) Beck, Mark 18	4) Dockins, Greg 17
56.69	1:57.92 (1:01.23) 2:59.77 (1:01.85)	3:56.45 (56.68)	
45 Hamilton Area YMCA		4:01.09	3:57.42
1) Farreny, Kristopher 18	2) Bartolone, Vincent 16	3) Goz, Vadim 17	4) McNees, Will 17
57.01	1:55.79 (58.78) 2:56.65 (1:00.86)	3:57.42 (1:00.77)	
46 Rochester Northwest FamilyY		3:25.43 Y	3:57.93
1) Stack, Shamus 18	2) Hoffman, Michael 17	3) Page, Brian 18	4) Schuster, Kevin 16
1:00.88	2:01.36 (1:00.48) 3:01.85 (1:00.49)	3:57.93 (56.08)	
47 YMCA of Greater Seattle		3:25.92 Y	3:59.98
1) Clarke, Bryan 18	2) Heerhartz, Gilbert 17	3) Leung, ON 15	4) Mattson, James 16
59.96	1:59.33 (59.37) 3:01.86 (1:02.53)	3:59.98 (58.12)	
48 Reg Fam YMCA Laurel High		3:25.82 Y	4:00.21
1) Lilley, Kyle 19	2) Bruzda, Joey 18	3) Yelinek, Jimmy 15	4) Whoric, Nathan 19
58.76	1:56.63 (57.87) 2:59.15 (1:02.52)	4:00.21 (1:01.06)	
49 Fanwood-Scotch Plains YMC		3:25.60 Y	4:03.22
1) DeVries, Calvin 16	2) Livolsi, James 16	3) Swenson, Billy 17	4) Hauptman, David 17
1:02.32	2:01.95 (59.63) 3:02.45 (1:00.50)	4:03.22 (1:00.77)	
50 Metuchen-Edison YMCA		3:59.32	4:05.52
1) Clarkin, Jimmy 16	2) Green, Brian 17	3) Dosch, Timmy 15	4) Volski, Michail 13
58.96	2:00.95 (1:01.99) 3:03.69 (1:02.74)	4:05.52 (1:01.83)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 400 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
51 Andover-North Andover YMCA		3:24.22 Y	4:05.65
1) Medaglio, Robert 16	2) Snow, Chris 18	3) Bimmler, Paul 13	4) Dodge, Neal 18
1:00.20	2:03.86 (1:03.66)	3:06.39 (1:02.53)	4:05.65 (59.26)
--- Joliet YMCA		3:26.91 Y	DQ
1) Travnik, Matt 16	2) Foreman, Ben 14	3) Lee, Mike 18	4) Harper, Evan 18
59.28	1:59.41 (1:00.13)	2:57.14 (57.73)	DQ (54.95)
--- Cheshire Branch YMCA		3:42.94	DQ
1) Germain, Alexander 16	2) Goodman, Jared 17	3) Ebert, Isaac 18	4) LaMonaca, John 17
55.67	1:51.56 (55.89)	2:49.31 (57.75)	DQ (58.55)
--- Green Bay Metro YMCA		3:19.96 Y	DQ
1) Dyer, Mitchell 18	2) Vandervest, Christophe 13	3) Adelmeyer, Colin 18	4) Heraly, Matthew 18
56.70	1:56.73 (1:00.03)	2:56.61 (59.88)	DQ (55.86)

Men 800 LC Meter Freestyle Relay**National: 7:54.20 * 1996****Ann Arbor, MI**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Wilton Family YMCA		8:07.41	7:57.04
1) Lebovitz, David 17	2) Prue, Ben 17	3) Sudbury, Jeffrey 17	4) Trepp, Andrew 17
28.67	59.95 (59.95)	1:32.22 (1:32.22)	2:04.04 (2:04.04)
2:31.74 (27.70)	3:02.88 (58.84)	3:33.71 (1:29.67)	4:04.10 (2:00.06)
4:30.35 (26.25)	4:59.96 (55.86)	5:31.18 (1:27.08)	6:02.69 (1:58.59)
6:28.73 (26.04)	6:58.24 (55.55)	7:27.84 (1:25.15)	7:57.04 (1:54.35)
2 Northwestern Dupage YMCA		8:09.40	7:58.84
1) Schenck, Chris 18	2) Russell, Gordon 18	3) Buckles, Nick 16	4) Schaffer, Will 17
27.09	56.28 (56.28)	1:26.23 (1:26.23)	1:55.56 (1:55.56)
2:22.28 (26.72)	2:52.93 (57.37)	3:25.37 (1:29.81)	3:57.83 (2:02.27)
4:25.91 (28.08)	4:58.10 (1:00.27)	5:30.02 (1:32.19)	6:01.15 (2:03.32)
6:27.35 (26.20)	6:57.00 (55.85)	7:28.02 (1:26.87)	7:58.84 (1:57.69)
3 Flint YMCA		8:13.12	8:02.94
1) Larocque, Jon 16	2) Leix, Matthew 18	3) Smith, Sean 17	4) Bowling, Steven 18
28.21	58.72 (58.72)	1:30.32 (1:30.32)	2:01.91 (2:01.91)
2:29.85 (27.94)	3:00.45 (58.54)	3:31.75 (1:29.84)	4:02.24 (2:00.33)
4:29.52 (27.28)	5:00.51 (58.27)	5:32.89 (1:30.65)	6:05.04 (2:02.80)
6:32.46 (27.42)	7:02.07 (57.03)	7:32.52 (1:27.48)	8:02.94 (1:57.90)
4 ME Lyons YMCA		8:11.38	8:03.04
1) Berger, Matt 18	2) Sparks, Charlie 17	3) Wright, Matt 16	4) Greene, Kyle 16
29.30	1:00.45 (1:00.45)	1:32.46 (1:32.46)	2:02.54 (2:02.54)
2:30.65 (28.11)	3:00.87 (58.33)	3:31.56 (1:29.02)	4:01.94 (1:59.40)
4:30.05 (28.11)	5:00.49 (58.55)	5:32.12 (1:30.18)	6:04.34 (2:02.40)
6:31.16 (26.82)	7:01.25 (56.91)	7:32.72 (1:28.38)	8:03.04 (1:58.70)
5 Darien Community YMCA		8:11.77	8:09.60
1) Geissinger, John 17	2) Geissinger, Peter 15	3) Baity, Mike 18	4) Donch, Matthew 16
27.62	58.47 (58.47)	1:30.24 (1:30.24)	2:01.74 (2:01.74)
2:30.02 (28.28)	3:01.47 (59.73)	3:34.07 (1:32.33)	4:06.40 (2:04.66)
4:33.00 (26.60)	5:04.41 (58.01)	5:37.24 (1:30.84)	6:09.94 (2:03.54)
6:36.19 (26.25)	7:06.56 (56.62)	7:37.86 (1:27.92)	8:09.60 (1:59.66)
6 Aurora Family YMCA		8:13.26	8:12.87
1) Reppy, Jon 17	2) Russell, Matthew 17	3) Long, Chris 15	4) Long, Andy 17
27.07	57.49 (57.49)	1:30.09 (1:30.09)	2:03.20 (2:03.20)
2:30.07 (26.87)	3:00.28 (57.08)	3:32.51 (1:29.31)	4:04.49 (2:01.29)
4:31.74 (27.25)	5:03.20 (58.71)	5:37.50 (1:33.01)	6:12.07 (2:07.58)
6:39.02 (26.95)	7:09.40 (57.33)	7:40.97 (1:28.90)	8:12.87 (2:00.80)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****A - Final ... (Men 800 LC Meter Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
7 Upper Main Line YMCA		8:13.66	8:13.55
1) Reed, Evan 14	2) Kearney, Jonathan 18	3) Shupe, Denny 18	4) Nicolino, Matthew 18
28.49	59.55 (59.55)	1:32.13 (1:32.13)	
2:32.03 (27.32)	3:03.23 (58.52)	3:35.39 (1:30.68)	
4:35.05 (28.02)	5:06.59 (59.56)	5:38.49 (1:31.46)	
6:37.52 (27.47)	7:09.22 (59.17)	7:41.59 (1:31.54)	
8 Countryside-Warren County Y		8:11.51	8:16.48
1) Graessle, Sam 17	2) Grove, Stephen 16	3) Ollila, Alex 16	4) French, Kit 17
27.74	58.82 (58.82)	1:31.55 (1:31.55)	
2:32.79 (27.99)	3:04.36 (59.56)	3:37.50 (1:32.70)	
4:38.69 (29.12)	5:10.70 (1:01.13)	5:42.83 (1:33.26)	
6:40.73 (26.43)	7:11.66 (57.36)	7:43.93 (1:29.63)	
8:16.48 (2:02.18)			
B - Final			
9 YMCA Aquatic Center		8:22.20	8:10.40
1) Young, Kyle 18	2) Wright, Steven 14	3) Epstein, Adam 17	4) Pikula, Edmund 17
27.44	57.84 (57.84)	1:28.99 (1:28.99)	
2:27.27 (27.89)	2:58.32 (58.94)	3:30.96 (1:31.58)	
4:30.85 (27.85)	5:02.33 (59.33)	5:34.73 (1:31.73)	
6:34.13 (27.93)	7:05.66 (59.46)	7:37.92 (1:31.72)	
8:10.40 (2:04.20)			
10 Schroeder YMCA		8:13.99	8:11.73
1) Baseheart, Kevin 15	2) Gottinger, Caleb 16	3) Irgens, Thomas 19	4) Zuppek, Greg 15
28.73	1:00.59 (1:00.59)	1:31.78 (1:31.78)	
2:27.82 (27.19)	2:58.31 (57.68)	3:30.18 (1:29.55)	
4:30.59 (28.93)	5:02.54 (1:00.88)	5:33.99 (1:32.33)	
6:34.84 (28.15)	7:06.78 (1:00.09)	7:40.14 (1:33.45)	
8:11.73 (2:05.04)			
11 Reading & Berks YMCA		8:18.78	8:12.12
1) Roth, Brad 18	2) Redcay, Ross 17	3) Thomas, Scott 17	4) McGregor, Pete 17
27.94	58.90 (58.90)	1:28.78 (1:28.78)	
2:25.82 (27.42)	2:58.03 (59.63)	3:30.92 (1:32.52)	
4:31.07 (28.45)	5:02.76 (1:00.14)	5:35.53 (1:32.91)	
6:35.78 (27.85)	7:07.32 (59.39)	7:40.30 (1:32.37)	
8:12.12 (2:04.19)			
12 Winston-Salem Central YMC		8:15.40	8:15.43
1) Yarborough, Cole 16	2) Phelps, Charlie 15	3) Jones, Kyle 15	4) Rogers, Andrew 16
28.46	59.41 (59.41)	1:30.26 (1:30.26)	
2:29.56 (28.74)	3:02.43 (1:01.61)	3:36.28 (1:35.46)	
4:38.56 (28.48)	5:09.54 (59.46)	5:41.56 (1:31.48)	
6:41.53 (27.72)	7:12.30 (58.49)	7:44.18 (1:30.37)	
8:15.43 (2:01.62)			
13 Tampa Metro YMCA		8:22.44	8:15.89
1) Silva, Michael 16	2) Hug, Kevin 18	3) Olson, Tim 15	4) Brody, Matthew 18
27.39	57.84 (57.84)	1:29.70 (1:29.70)	
2:28.92 (27.23)	3:00.11 (58.42)	3:33.01 (1:31.32)	
4:33.96 (28.89)	5:06.81 (1:01.74)	5:40.48 (1:35.41)	
6:40.54 (26.92)	7:11.66 (58.04)	7:44.03 (1:30.41)	
8:15.89 (2:02.27)			
14 Huntington YMCA		8:19.41	8:16.41
1) Northcutt, Michael 18	2) Kowal, Ed 16	3) McGraw, Todd 14	4) Aburahma, Zach 18
28.01	58.24 (58.24)	1:28.67 (1:28.67)	
2:28.18 (29.13)	3:00.33 (1:01.28)	3:32.89 (1:33.84)	
4:33.05 (29.41)	5:06.69 (1:03.05)	5:40.65 (1:37.01)	
6:37.59 (25.12)	7:44.95 (1:32.48)	8:16.41 (2:03.94)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Men 800 LC Meter Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
15 Joliet YMCA		8:22.37	8:19.55
1) Lee, Mike 18	2) Travnik, Jim 17	3) Harper, Evan 18	4) Travnik, Matt 16
29.43	1:00.78 (1:00.78)	1:33.40 (1:33.40)	2:05.43 (2:05.43)
2:34.54 (29.11)	3:07.05 (1:01.62)	3:40.15 (1:34.72)	4:13.22 (2:07.79)
4:41.07 (27.85)	5:12.72 (59.50)	5:45.29 (1:32.07)	6:16.78 (2:03.56)
6:45.09 (28.31)	7:15.73 (58.95)	7:47.63 (1:30.85)	8:19.55 (2:02.77)
16 Hamden/North Haven YMCA		8:22.03	8:23.37
1) Elsworth, Kit 17	2) Froehlich, Fritz 17	3) Rienzo, Matthew 16	4) Royster, Andrew 16
28.10	58.65 (58.65)	1:30.39 (1:30.39)	2:02.24 (2:02.24)
2:30.63 (28.39)	3:03.19 (1:00.95)	3:36.92 (1:34.68)	4:10.17 (2:07.93)
4:38.63 (28.46)	5:10.71 (1:00.54)	5:43.45 (1:33.28)	6:14.71 (2:04.54)
6:43.10 (28.39)	7:16.45 (1:01.74)	7:49.95 (1:35.24)	8:23.37 (2:08.66)

Men 800 LC Meter Freestyle Relay**National: 7:54.20 * 1996****Ann Arbor, MI**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Wilton Family YMCA		8:24.03	8:07.41
1) Lebovitz, David 17	2) Prue, Ben 17	3) Sudbury, Jeffrey 17	4) Trepp, Andrew 17
29.84	1:01.79 (1:01.79)	1:33.51 (1:33.51)	2:04.87 (2:04.87)
2:32.91 (28.04)	3:04.84 (59.97)	3:37.38 (1:32.51)	4:09.10 (2:04.23)
4:36.20 (27.10)	5:06.88 (57.78)	5:38.94 (1:29.84)	6:10.35 (2:01.25)
6:37.61 (27.26)	7:08.00 (57.65)	7:37.60 (1:27.25)	8:07.41 (1:57.06)
2 Northwestern Dupage YMCA		8:05.80	8:09.40
1) Schenck, Chris 18	2) Russell, Gordon 18	3) Buckles, Nick 16	4) Schaffer, Will 17
27.17	56.60 (56.60)	1:26.73 (1:26.73)	1:56.39 (1:56.39)
2:24.82 (28.43)	2:56.80 (1:00.41)	3:29.70 (1:33.31)	4:01.91 (2:05.52)
4:30.54 (28.63)	5:02.92 (1:01.01)	5:35.99 (1:34.08)	6:08.28 (2:06.37)
6:34.91 (26.63)	7:05.53 (57.25)	7:38.27 (1:29.99)	8:09.40 (2:01.12)
3 ME Lyons YMCA		8:27.11	8:11.38
1) Berger, Matt 18	2) Sparks, Charlie 17	3) Wright, Matt 16	4) Greene, Kyle 16
28.83	59.91 (59.91)	1:32.32 (1:32.32)	2:04.28 (2:04.28)
2:32.62 (28.34)	3:03.11 (58.83)	3:33.84 (1:29.56)	4:03.83 (1:59.55)
4:32.94 (29.11)	5:04.56 (1:00.73)	5:37.28 (1:33.45)	6:09.46 (2:05.63)
6:37.22 (27.76)	7:08.34 (58.88)	7:39.84 (1:30.38)	8:11.38 (2:01.92)
4 Countryside-Warren County Y		8:27.71	8:11.51
1) Graessle, Sam 17	2) Grove, Stephen 16	3) Ollila, Alex 16	4) French, Kit 17
27.88	58.61 (58.61)	1:30.91 (1:30.91)	2:02.59 (2:02.59)
2:30.62 (28.03)	3:01.61 (59.02)	3:34.16 (1:31.57)	4:05.84 (2:03.25)
4:34.46 (28.62)	5:06.37 (1:00.53)	5:39.44 (1:33.60)	6:12.08 (2:06.24)
6:38.69 (26.61)	7:08.79 (56.71)	7:40.09 (1:28.01)	8:11.51 (1:59.43)
5 Darien Community YMCA		8:21.07	8:11.77
1) Geissinger, John 17	2) Donch, Matthew 16	3) Geissinger, Peter 15	4) Baity, Mike 18
28.45	59.76 (59.76)	1:31.73 (1:31.73)	2:03.12 (2:03.12)
2:30.75 (27.63)	3:01.07 (57.95)	3:31.89 (1:28.77)	4:02.50 (1:59.38)
4:30.73 (28.23)	5:02.51 (1:00.01)	5:35.74 (1:33.24)	6:07.71 (2:05.21)
6:34.18 (26.47)	7:05.41 (57.70)	7:38.70 (1:30.99)	8:11.77 (2:04.06)
6 Flint YMCA		6:56.40Y	8:13.12
1) Leix, Matthew 18	2) Bowling, Steven 18	3) Larocque, Jon 16	4) Smith, Sean 17
29.47	1:00.67 (1:00.67)	1:32.64 (1:32.64)	2:02.99 (2:02.99)
2:30.29 (27.30)	3:00.23 (57.24)	3:31.17 (1:28.18)	4:02.14 (1:59.15)
4:30.84 (28.70)	5:02.20 (1:00.06)	5:33.96 (1:31.82)	6:05.39 (2:03.25)
6:34.92 (29.53)	7:07.62 (1:02.23)	7:40.49 (1:35.10)	8:13.12 (2:07.73)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 800 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
7 Aurora Family YMCA		8:26.92	8:13.26
1) Reppy, Jon 17	2) Russell, Matthew 17	3) Long, Chris 15	4) Long, Andy 17
28.63	1:00.38 (1:00.38)	1:32.48 (1:32.48)	2:04.88 (2:04.88)
2:32.57 (27.69)	3:04.11 (59.23)	3:36.22 (1:31.34)	4:07.73 (2:02.85)
4:35.35 (27.62)	5:06.76 (59.03)	5:40.02 (1:32.29)	6:13.08 (2:05.35)
6:39.73 (26.65)	7:09.73 (56.65)	7:41.10 (1:28.02)	8:13.26 (2:00.18)
8 Upper Main Line YMCA		7:03.94 Y	8:13.66
1) Shupe, Denny 18	2) Bennett, George 17	3) Nicolino, Matthew 18	4) Kearney, Jonathan 18
28.58	59.80 (59.80)	1:31.38 (1:31.38)	2:02.97 (2:02.97)
2:31.10 (28.13)	3:02.67 (59.70)	3:35.30 (1:32.33)	4:07.97 (2:05.00)
4:36.61 (28.64)	5:08.19 (1:00.22)	5:40.18 (1:32.21)	6:11.70 (2:03.73)
6:39.60 (27.90)	7:10.47 (58.77)	7:42.33 (1:30.63)	8:13.66 (2:01.96)
9 Schroeder YMCA		8:16.12	8:13.99
1) Gottinger, Caleb 16	2) Baseheart, Kevin 15	3) Irgens, Thomas 19	4) Zupke, Greg 15
28.00	59.03 (59.03)	1:31.11 (1:31.11)	2:02.30 (2:02.30)
2:31.08 (28.78)	3:02.52 (1:00.22)	3:34.12 (1:31.82)	4:03.30 (2:01.00)
4:31.09 (27.79)	5:03.29 (59.99)	5:35.29 (1:31.99)	6:08.15 (2:04.85)
6:36.66 (28.51)	7:09.01 (1:00.86)	7:42.02 (1:33.87)	8:13.99 (2:05.84)
10 Winston-Salem Central YMC		8:29.35	8:15.40
1) Rogers, Andrew 16	2) Phelps, Charlie 15	3) Jones, Kyle 15	4) Yarborough, Cole 16
28.93	59.70 (59.70)	1:31.58 (1:31.58)	2:03.53 (2:03.53)
2:31.99 (28.46)	3:03.80 (1:00.27)	3:37.13 (1:33.60)	4:10.42 (2:06.89)
4:38.84 (28.42)	5:10.60 (1:00.18)	5:42.74 (1:32.32)	6:14.27 (2:03.85)
6:42.40 (28.13)	7:13.48 (59.21)	7:44.67 (1:30.40)	8:15.40 (2:01.13)
11 Reading & Berks YMCA		7:14.76 Y	8:18.78
1) Roth, Brad 18	2) Redcay, Ross 17	3) Thomas, Scott 17	4) McGregor, Pete 17
28.18	59.27 (59.27)	1:30.49 (1:30.49)	1:59.88 (1:59.88)
2:27.26 (27.38)	3:00.16 (1:00.28)	3:33.82 (1:33.94)	4:05.64 (2:05.76)
4:34.12 (28.48)	5:05.84 (1:00.20)	5:39.32 (1:33.68)	6:12.32 (2:06.68)
6:40.47 (28.15)	7:12.42 (1:00.10)	7:45.87 (1:33.55)	8:18.78 (2:06.46)
12 Huntington YMCA		8:11.61	8:19.41
1) Northcutt, Michael 18	2) Aburahma, Zach 18	3) McGraw, Todd 14	4) Kowal, Ed 16
28.04	58.35 (58.35)	1:29.16 (1:29.16)	1:59.71 (1:59.71)
2:27.51 (27.80)	2:59.16 (59.45)	3:31.88 (1:32.17)	4:05.24 (2:05.53)
4:35.60 (30.36)	5:08.51 (1:03.27)	5:42.05 (1:36.81)	6:13.96 (2:08.72)
6:43.07 (29.11)	7:15.16 (1:01.20)	7:47.72 (1:33.76)	8:19.41 (2:05.45)
13 Hamden/North Haven YMCA		8:36.44	8:22.03
1) Elsworth, Kit 17	2) Froehlich, Fritz 17	3) Rienzo, Matthew 16	4) Royster, Andrew 16
28.76	1:00.31 (1:00.31)	1:31.43 (1:31.43)	2:03.00 (2:03.00)
2:31.16 (28.16)	3:02.93 (59.93)	3:35.82 (1:32.82)	4:08.31 (2:05.31)
4:36.53 (28.22)	5:08.44 (1:00.13)	5:41.51 (1:33.20)	6:13.69 (2:05.38)
6:42.63 (28.94)	7:15.30 (1:01.61)	7:48.96 (1:35.27)	8:22.03 (2:08.34)
14 YMCA Aquatic Center		7:15.71 Y	8:22.20
1) Potvin, Doug 17	2) Epstein, Adam 17	3) Wright, Steven 14	4) Young, Kyle 18
30.11	1:02.36 (1:02.36)	1:34.77 (1:34.77)	2:07.22 (2:07.22)
2:35.97 (28.75)	3:08.19 (1:00.97)	3:41.36 (1:34.14)	4:13.48 (2:06.26)
4:42.33 (28.85)	5:14.17 (1:00.69)	5:47.43 (1:33.95)	6:20.01 (2:06.53)
6:47.73 (27.72)	7:18.55 (58.54)	7:50.49 (1:30.48)	8:22.20 (2:02.19)

2004 YMCA National Long Course Championship

July 27-30, 2004

Results

Preliminaries ... (Men 800 LC Meter Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
15 Joliet YMCA				8:46.33	8:22.37
1) Travnik, Jim 17	2) Lee, Mike 18	3) Travnik, Matt 16	4) Harper, Evan 18		
29.24	1:00.05 (1:00.05)	1:31.54 (1:31.54)	2:03.12 (2:03.12)		
2:30.96 (27.84)	3:02.89 (59.77)	3:35.58 (1:32.46)	4:08.73 (2:05.61)		
4:37.63 (28.90)	5:10.77 (1:02.04)	5:44.33 (1:35.60)	6:17.77 (2:09.04)		
6:44.84 (27.07)	7:15.66 (57.89)	7:49.01 (1:31.24)	8:22.37 (2:04.60)		
16 Tampa Metro YMCA				8:24.56	8:22.44
1) Hug, Kevin 18	2) Brody, Matthew 18	3) Olson, Tim 15	4) Silva, Michael 16		
28.66	1:00.63 (1:00.63)	1:34.20 (1:34.20)	2:06.20 (2:06.20)		
2:34.21 (28.01)	3:05.34 (59.14)	3:37.03 (1:30.83)	4:09.53 (2:03.33)		
4:38.45 (28.92)	5:11.54 (1:02.01)	5:46.36 (1:36.83)	6:20.19 (2:10.66)		
6:46.99 (26.80)	7:17.51 (57.32)	7:49.89 (1:29.70)	8:22.44 (2:02.25)		
17 N Shore/Lester Sterling BR Y				8:31.21	8:24.44
1) Reid, Andrew 14	2) Mannion, Jamie 15	3) Recko, Tom 16	4) Bartro, Kyle 18		
30.37	1:03.26 (1:03.26)	1:37.14 (1:37.14)	2:09.33 (2:09.33)		
2:37.97 (28.64)	3:09.51 (1:00.18)	3:42.32 (1:32.99)	4:14.63 (2:05.30)		
4:42.22 (27.59)	5:13.69 (59.06)	5:47.51 (1:32.88)	6:19.65 (2:05.02)		
6:48.06 (28.41)	7:20.12 (1:00.47)	7:52.55 (1:32.90)	8:24.44 (2:04.79)		
18 York & York County YMCA				7:24.28 Y	8:26.46
1) Grubbs, Alex 16	2) Bartman, Tommy 17	3) Rubritz, Jonathan 15	4) Bentz, Joe 16		
28.78	1:01.61 (1:01.61)	1:35.37 (1:35.37)	2:08.18 (2:08.18)		
2:36.58 (28.40)	3:09.86 (1:01.68)	3:44.37 (1:36.19)	4:19.32 (2:11.14)		
4:46.74 (27.42)	5:18.07 (58.75)	5:51.18 (1:31.86)	6:23.68 (2:04.36)		
6:52.18 (28.50)	7:23.78 (1:00.10)	7:55.62 (1:31.94)	8:26.46 (2:02.78)		
19 Pottstown Family YMCA				7:20.17 Y	8:26.62
1) Prendergast, Eric 16	2) Piasecki, Andrew 17	3) Rambo, Jake 17	4) Schirk, Patrick 17		
29.18	1:01.61 (1:01.61)	1:35.26 (1:35.26)	2:08.53 (2:08.53)		
2:36.96 (28.43)	3:09.75 (1:01.22)	3:45.32 (1:36.79)	4:20.60 (2:12.07)		
4:48.58 (27.98)	5:20.34 (59.74)	5:53.45 (1:32.85)	6:26.83 (2:06.23)		
6:53.33 (26.50)	7:24.55 (57.72)	7:56.40 (1:29.57)	8:26.62 (1:59.79)		
20 Greater Holyoke YMCA				8:36.44	8:29.55
1) Kuntz, Brendan 16	2) Forni, Nicholas 17	3) Bromage, Nathan 17	4) Pepin, Matthew 16		
28.57	59.58 (59.58)	1:31.65 (1:31.65)	2:03.40 (2:03.40)		
2:31.47 (28.07)	3:03.64 (1:00.24)	3:38.52 (1:35.12)	4:13.94 (2:10.54)		
4:41.58 (27.64)	5:13.36 (59.42)	5:46.60 (1:32.66)	6:19.54 (2:05.60)		
6:48.91 (29.37)	7:21.63 (1:02.09)	7:55.77 (1:36.23)	8:29.55 (2:10.01)		
21 Cheshire Branch YMCA				8:35.78	8:30.50
1) Germain, Alexander 16	2) Derwin, Christopher 17	3) Ebert, Isaac 18	4) Goodman, Jared 17		
28.81	1:01.09 (1:01.09)	1:34.55 (1:34.55)	2:05.48 (2:05.48)		
2:34.52 (29.04)	3:06.87 (1:01.39)	3:40.60 (1:35.12)	4:14.52 (2:09.04)		
4:43.43 (28.91)	5:16.79 (1:02.27)	5:50.94 (1:36.42)	6:24.34 (2:09.82)		
6:52.06 (27.72)	7:24.24 (59.90)	7:57.81 (1:33.47)	8:30.50 (2:06.16)		
22 Birmingham Family YMCA				7:05.00 Y	8:30.86
1) Priestley, Dan 17	2) Priestley, Morgan 14	3) Tyler, Alex 15	4) Schubiner, Gabe 16		
30.30	1:01.51 (1:01.51)	1:32.22 (1:32.22)	2:01.70 (2:01.70)		
2:29.81 (28.11)	3:01.91 (1:00.21)	3:35.99 (1:34.29)	4:09.57 (2:07.87)		
4:39.35 (29.78)	5:12.97 (1:03.40)	5:47.07 (1:37.50)	6:21.49 (2:11.92)		
6:49.64 (28.15)	7:22.08 (1:00.59)	7:56.35 (1:34.86)	8:30.86 (2:09.37)		

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 800 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
23 Hamilton Area YMCA		8:51.09	8:33.04
1) Farreny, Kristopher 18	2) Bartolone, Vincent 16	3) McNees, Will 17	4) Honore, Brian 16
28.26	59.35 (59.35)	1:31.96 (1:31.96)	
2:32.17 (28.55)	3:04.13 (1:00.51)	3:37.60 (1:33.98)	
4:41.94 (30.04)	5:15.16 (1:03.26)	5:49.83 (1:37.93)	
6:53.52 (29.67)	7:26.44 (1:02.59)	8:00.18 (1:36.33)	
24 East Hartford YMCA		8:51.33	8:37.08
1) Jackwin, Eric 15	2) Francis, James 15	3) McKeown, Kevin 15	4) Collins, Patrick 14
29.44	1:01.82 (1:01.82)	1:35.00 (1:35.00)	
2:35.72 (28.38)	3:08.41 (1:01.07)	3:43.94 (1:36.60)	
4:48.32 (28.77)	5:22.62 (1:03.07)	5:57.61 (1:38.06)	
6:59.83 (28.02)	7:31.99 (1:00.18)	8:05.27 (1:33.46)	
25 New Canaan Community YM		8:53.86	8:37.36
1) Sweitzer, Matt 17	2) Lane, Eric 17	3) Healy, Devon 15	4) Healy, Trevor 15
28.79	1:01.36 (1:01.36)	1:35.39 (1:35.39)	
2:36.60 (27.13)	3:08.17 (58.70)	3:42.05 (1:32.58)	
4:46.58 (30.16)	5:20.29 (1:03.87)	5:54.87 (1:38.45)	
6:58.50 (29.92)	7:31.26 (1:02.68)	8:04.79 (1:36.21)	
26 South Community Family BR		8:47.67	8:37.39
1) Collins, TJ 16	2) Collins, Allan 18	3) Zimmer, Shane 16	4) Galbreath, Justin 16
30.48	1:03.24 (1:03.24)	1:36.93 (1:36.93)	
2:38.99 (29.62)	3:11.64 (1:02.27)	3:45.47 (1:36.10)	
4:48.41 (28.97)	5:22.51 (1:03.07)	5:58.08 (1:38.64)	
7:01.57 (28.39)	7:32.92 (59.74)	8:05.50 (1:32.32)	
27 Racine Family YMCA		7:17.10 Y	8:38.26
1) Lewno, Adam 18	2) Griffey, Joshua 17	3) Johnson, Peter 16	4) Griffey, Andrew 13
28.24	58.93 (58.93)	1:31.07 (1:31.07)	
2:31.66 (28.68)	3:03.63 (1:00.65)	3:37.41 (1:34.43)	
4:41.08 (30.79)	5:14.91 (1:04.62)	5:49.49 (1:39.20)	
6:52.61 (29.23)	7:26.23 (1:02.85)	8:01.95 (1:38.57)	
28 Tri-Hampton YMCA		7:34.30 Y	8:38.39
1) McCormick, Ian 16	2) O'Donnell, Connor 17	3) Stanton, Francis 16	4) Lewing, Jake 15
29.03	1:01.24 (1:01.24)	1:33.85 (1:33.85)	
2:33.17 (27.95)	3:05.68 (1:00.46)	3:40.73 (1:35.51)	
4:47.39 (30.41)	5:21.69 (1:04.71)	5:57.55 (1:40.57)	
7:01.49 (28.50)	7:33.79 (1:00.80)	8:06.94 (1:33.95)	
29 Rappahannock Area YMCA		8:39.50	8:38.63
1) Calloway, Adam 16	2) Lloyd, Nick 16	3) Gillette, Ben 16	4) Wallace, Lawson 15
28.25	59.30 (59.30)	1:32.40 (1:32.40)	
2:33.21 (28.15)	3:06.29 (1:01.23)	3:40.29 (1:35.23)	
4:42.81 (28.78)	5:16.68 (1:02.65)	5:52.34 (1:38.31)	
6:55.80 (28.58)	7:29.10 (1:01.88)	8:03.85 (1:36.63)	
30 Ocean County YMCA		8:45.94	8:39.58
1) Molloy, Michael 16	2) Gornitzky, Alex 15	3) Forsman, Josh 18	4) Coronato, Joe 18
30.58	1:04.10 (1:04.10)	1:36.44 (1:36.44)	
2:38.99 (29.91)	3:12.17 (1:03.09)	3:46.89 (1:37.81)	
4:50.20 (29.32)	5:23.03 (1:02.15)	5:57.34 (1:36.46)	
7:01.51 (29.45)	7:33.27 (1:01.21)	8:06.46 (1:34.40)	

2004 YMCA National Long Course Championship

July 27-30, 2004

Results

Preliminaries ... (Men 800 LC Meter Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
31 Chapel Hill-Carrboro YMCA		8:42.60	8:40.67
1) Schluederberg, Bret 16	2) Mayock, Steve 17	3) Shears, Chris 15	4) Straughn, Kevin 16
29.32	1:02.04 (1:02.04)	1:36.29 (1:36.29)	
2:39.29 (29.22)	3:12.80 (1:02.73)	3:46.98 (1:36.91)	
4:50.30 (29.66)	5:24.58 (1:03.94)	5:59.89 (1:39.25)	
7:01.80 (28.50)	7:34.55 (1:01.25)	8:07.66 (1:34.36)	
32 Kishwaukee Family YMCA		7:33.24 Y	8:42.39
1) Enge, Jeffrey 15	2) Betz, Danny 17	3) Marchewka, Timmy 15	4) Bubb, Wesley 17
29.42	1:01.99 (1:01.99)	1:36.11 (1:36.11)	
2:38.10 (28.38)	3:11.14 (1:01.42)	3:47.19 (1:37.47)	
4:54.46 (28.74)	5:28.97 (1:03.25)	6:03.96 (1:38.24)	
7:06.01 (28.80)	7:38.03 (1:00.82)	8:10.98 (1:33.77)	
33 Glens Falls YMCA		7:35.21 Y	8:43.29
1) Poster, Myles 15	2) Jeffords, Kris 15	3) Moeller, Joseph 15	4) Singer, Jeff 14
29.22	1:00.80 (1:00.80)	1:33.85 (1:33.85)	
2:37.23 (29.91)	3:11.33 (1:04.01)	3:45.00 (1:37.68)	
4:48.08 (29.53)	5:20.70 (1:02.15)	5:54.50 (1:35.95)	
6:58.23 (30.42)	7:32.69 (1:04.88)	8:08.02 (1:40.21)	
34 Powel Crosley Branch YMCA		8:42.69	8:45.48
1) Janszen, Tommy 16	2) Ryan, Kevin 16	3) Stone, Ben 16	4) Schramm, Ryan 18
30.15	1:04.03 (1:04.03)	1:38.95 (1:38.95)	
2:43.50 (30.60)	3:17.18 (1:04.28)	3:52.16 (1:39.26)	
4:55.96 (28.78)	5:29.64 (1:02.46)	6:03.38 (1:36.20)	
7:07.69 (30.06)	7:40.74 (1:03.11)	8:12.80 (1:35.17)	
35 Green Bay Metro YMCA		7:26.68 Y	8:46.82
1) Dyer, Mitchell 18	2) Vandervest, Christophe 13	3) Matzke, Eric 16	4) Heraly, Matthew 18
29.23	1:00.45 (1:00.45)	1:32.13 (1:32.13)	
2:33.47 (29.46)	3:07.52 (1:03.51)	3:45.05 (1:41.04)	
4:54.22 (29.49)	5:29.61 (1:04.88)	6:05.86 (1:41.13)	
7:08.76 (28.63)	7:40.82 (1:00.69)	8:13.61 (1:33.48)	
36 Somerset Valley YMCA		8:49.88	8:47.58
1) Guldin, Gregory 17	2) Ippolito, Frank 17	3) Gallagher, Liam 18	4) Prow, Scott 17
29.17	1:01.95 (1:01.95)	1:36.36 (1:36.36)	
2:40.53 (30.05)	3:15.05 (1:04.57)	3:51.17 (1:40.69)	
4:52.62 (27.94)	5:24.79 (1:00.11)	5:59.75 (1:35.07)	
7:02.63 (28.74)	7:34.92 (1:01.03)	8:06.82 (1:32.93)	
37 Flushing Branch YMCA		7:36.00 Y	8:57.96
1) Pfeifer, Gregory 15	2) Zhang, Tony 17	3) Kim, Kevin 15	4) Chung, Sung-Moon 15
28.23	1:02.07 (1:02.07)	1:38.94 (1:38.94)	
2:43.17 (29.10)	3:17.11 (1:03.04)	3:51.90 (1:37.83)	
	4:53.33 (26.52)	4:56.09 (29.28)	
6:05.96 (35.52)	6:40.39 (1:09.95)	8:20.52 (2:50.08)	
38 Metuchen-Edison YMCA		8:45.52	9:02.04
1) Clarkin, Jimmy 16	2) Volski, Michail 13	3) Dosch, Timmy 15	4) Green, Brian 17
29.31	1:01.89 (1:01.89)	1:36.96 (1:36.96)	
2:41.47 (29.63)	3:15.51 (1:03.67)	3:52.68 (1:40.84)	
4:59.56 (30.47)	5:34.07 (1:04.98)	6:10.34 (1:41.25)	
7:16.45 (30.20)	7:51.23 (1:04.98)	8:27.09 (1:40.84)	
--- Middle Tyger YMCA		8:36.51	DQ

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Men 200 LC Meter Medley Relay****National: 1:46.68 * 7/31/2001****M.E. Lyons-OH****M.E. Lyons-OH-****J Cramer, R Kauscher, P Carothers, M Bertke**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Wilton Family YMCA		1:51.04	1:49.91
1) Prue, Ben 17	2) Roberts, Eric 17	3) Sudbury, Jeffrey 17	4) Trepp, Andrew 17
28.45	1:00.43 (31.98)	1:26.32 (25.89)	1:49.91 (23.59)
2 Northwestern Dupage YMCA		1:51.62	1:50.37
1) Keca, Rick 17	2) Conrad, Keith 17	3) Schenck, Chris 18	4) Schaffer, Will 17
29.50	1:01.46 (31.96)	1:26.40 (24.94)	1:50.37 (23.97)
3 Pottstown Family YMCA		1:52.28	1:50.49
1) Schirk, Patrick 17	2) Rambo, Jake 17	3) Carson, Kevin 18	4) Kiely, John 19
27.22	58.58 (31.36)	1:24.89 (26.31)	1:50.49 (25.60)
4 Darien Community YMCA		1:51.71	1:50.62
1) Baity, Phil 16	2) Weir, Graham 15	3) Donch, Matthew 16	4) Baity, Mike 18
28.02	1:01.65 (33.63)	1:26.97 (25.32)	1:50.62 (23.65)
5 Flint YMCA		1:52.73	1:51.01
1) Smith, Sean 17	2) Sunde, Andrew 18	3) Bowling, Steven 18	4) Larocque, Jon 16
28.91	1:00.12 (31.21)	1:27.21 (27.09)	1:51.01 (23.80)
6 Countryside-Warren County Y		1:52.39	1:51.66
1) French, Kit 17	2) Farra, Justin 15	3) Graessle, Sam 17	4) Grove, Stephen 16
27.51	59.77 (32.26)	1:26.02 (26.25)	1:51.66 (25.64)
7 Fanwood-Scotch Plains YMC		1:53.26	1:52.23
1) Hauptman, Ryan 19	2) Swenson, Eric 18	3) Sheffield, Jonathan 18	4) Hauptman, David 17
29.64	59.19 (29.55)	1:26.77 (27.58)	1:52.23 (25.46)
8 Cheshire Branch YMCA		1:53.32	1:53.78
1) Germain, Alexander 16	2) LaMonaca, John 17	3) Barnett, Tyler 17	4) Goodman, Jared 17
29.26	1:00.03 (30.77)	1:28.36 (28.33)	1:53.78 (25.42)
B - Final			
9 Tampa Metro YMCA		1:54.60	1:53.05
1) Hug, Kevin 18	2) Silva, Michael 16	3) Olson, Tim 15	4) Brody, Matthew 18
29.65	1:00.07 (30.42)	1:28.68 (28.61)	1:53.05 (24.37)
10 Upper Main Line YMCA		1:53.82	1:53.13
1) Shupe, Denny 18	2) Nicolino, Matthew 18	3) Smoker, David 16	4) Bennett, George 17
29.78	1:01.09 (31.31)	1:28.24 (27.15)	1:53.13 (24.89)
11 Huntington YMCA		1:54.17	1:53.35
1) Brooks, Payton 18	2) Asseff, Ben 18	3) Aburama, Zach 18	4) Northcutt, Michael 18
30.11	1:00.85 (30.74)	1:27.46 (26.61)	1:53.35 (25.89)
12 Western Family Branch YMC		1:54.14	1:53.36
1) Ricketts, Daniel 17	2) Cullen, Eric 17	3) Kerins, Michael 18	4) Ohlhaber, John 17
28.93	59.64 (30.71)	1:28.27 (28.63)	1:53.36 (25.09)
13 Lebanon Valley Family YMC		1:53.37	1:53.74
1) Miller, Chris 16	2) Kreider, Brian 16	3) Dietrich, Matt 15	4) Charles, Jordan 18
29.72	1:00.39 (30.67)	1:29.10 (28.71)	1:53.74 (24.64)
14 Green Bay Metro YMCA		1:54.17	1:53.94
1) Dyer, Mitchell 18	2) Adelmeyer, Colin 18	3) Mauermann, Jacob 17	4) Heraly, Matthew 18
29.58	1:00.63 (31.05)	1:29.17 (28.54)	1:53.94 (24.77)
15 Reading & Berks YMCA		1:54.29	1:54.56
1) McGregor, Pete 17	2) Redcay, Ross 17	3) Roth, Brad 18	4) Thomas, Scott 17
30.28	1:01.40 (31.12)	1:27.82 (26.42)	1:54.56 (26.74)
16 Middle Tyger YMCA		1:54.20	1:55.17
1) Jankowski, Jeff 16	2) Slagh, Jimmy 16	3) Creasy, Ben 16	4) Hughes, Chip 16
29.22	1:02.81 (33.59)	1:30.05 (27.24)	1:55.17 (25.12)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Men 200 LC Meter Medley Relay****National: 1:46.68 * 7/31/2001****M.E. Lyons-OH****M.E. Lyons-OH-****J Cramer, R Kauscher, P Carothers, M Bertke**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Wilton Family YMCA		1:57.89	1:51.04
1) Prue, Ben 17	2) Roberts, Eric 17	3) Sudbury, Jeffrey 17	4) Trepp, Andrew 17
29.10	1:00.93 (31.83)	1:27.22 (26.29)	1:51.04 (23.82)
2 Northwestern Dupage YMCA		1:53.41	1:51.62
1) Keca, Rick 17	2) Conrad, Keith 17	3) Schenck, Chris 18	4) Schaffer, Will 17
29.63	1:02.06 (32.43)	1:27.42 (25.36)	1:51.62 (24.20)
3 Darien Community YMCA		1:53.69	1:51.71
1) Baity, Phil 16	2) Weir, Graham 15	3) Donch, Matthew 16	4) Baity, Mike 18
28.20	1:02.36 (34.16)	1:28.12 (25.76)	1:51.71 (23.59)
4 Pottstown Family YMCA		1:55.16	1:52.28
1) Schirk, Patrick 17	2) Piasecki, Andrew 17	3) Carson, Kevin 18	4) Kiely, John 19
27.12	1:00.14 (33.02)	1:26.70 (26.56)	1:52.28 (25.58)
5 Countryside-Warren County Y		1:55.07	1:52.39
1) French, Kit 17	2) Farra, Justin 15	3) Graessle, Sam 17	4) Grove, Stephen 16
27.93	1:00.47 (32.54)	1:27.04 (26.57)	1:52.39 (25.35)
6 Flint YMCA		1:36.59 Y	1:52.73
1) Smith, Sean 17	2) Sunde, Andrew 18	3) Bowling, Steven 18	4) Larocque, Jon 16
29.54	1:01.31 (31.77)	1:28.37 (27.06)	1:52.73 (24.36)
7 Fanwood-Scotch Plains YMC		1:41.69 Y	1:53.26
1) Hauptman, Ryan 19	2) Swenson, Eric 18	3) Sheffield, Jonathan 18	4) Hauptman, David 17
29.59	59.86 (30.27)	1:27.57 (27.71)	1:53.26 (25.69)
8 Cheshire Branch YMCA		1:53.71	1:53.32
1) Germain, Alexander 16	2) LaMonaca, John 17	3) Barnett, Tyler 17	4) Goodman, Jared 17
29.23	1:00.35 (31.12)	1:28.22 (27.87)	1:53.32 (25.10)
9 Lebanon Valley Family YMC		1:42.38 Y	1:53.37
1) Miller, Chris 16	2) Kreider, Brian 16	3) Dietrich, Matt 15	4) Charles, Jordan 18
29.75	1:00.21 (30.46)	1:28.70 (28.49)	1:53.37 (24.67)
10 Upper Main Line YMCA		1:38.40 Y	1:53.82
1) Shupe, Denny 18	2) Nicolino, Matthew 18	3) Smoker, David 16	4) Bennitt, George 17
29.75	1:01.76 (32.01)	1:28.79 (27.03)	1:53.82 (25.03)
11 Western Family Branch YMC		1:40.97 Y	1:54.14
1) Ricketts, Daniel 17	2) Cullen, Eric 17	3) Kerins, Michael 18	4) Ohlhaver, John 17
29.51	1:00.40 (30.89)	1:29.02 (28.62)	1:54.14 (25.12)
12 Huntington YMCA		1:56.47	1:54.17
1) Brooks, Payton 18	2) Asseff, Ben 18	3) Aburama, Zach 18	4) Northcutt, Michael 18
30.71	1:01.88 (31.17)	1:28.37 (26.49)	1:54.17 (25.80)
12 Green Bay Metro YMCA		1:41.09 Y	1:54.17
1) Dyer, Mitchell 18	2) Adelmeyer, Colin 18	3) Mauermann, Jacob 17	4) Heraly, Matthew 18
30.02	1:00.97 (30.95)	1:29.26 (28.29)	1:54.17 (24.91)
14 Middle Tyger YMCA		1:55.83	1:54.20
1) Jankowski, Jeff 16	2) Slagh, Jimmy 16	3) Creasy, Ben 16	4) Hughes, Chip 16
29.09	1:01.91 (32.82)	1:29.48 (27.57)	1:54.20 (24.72)
15 Reading & Berks YMCA		1:42.65 Y	1:54.29
1) McGregor, Pete 17	2) Redcay, Ross 17	3) Roth, Brad 18	4) Thomas, Scott 17
29.83	1:00.77 (30.94)	1:27.47 (26.70)	1:54.29 (26.82)
16 Tampa Metro YMCA		1:59.96	1:54.60
1) Hug, Kevin 18	2) Silva, Michael 16	3) Olson, Tim 15	4) Brody, Matthew 18
30.00	1:01.15 (31.15)	1:29.95 (28.80)	1:54.60 (24.65)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Medley Relay)**

Team	Relay		Seed Time	Prelim Time
17 Boyertown Area YMCA			1:40.94 Y	1:54.63
1) Young, Brian 16	2) Niconovich, Alex 18	3) Starr, Peter 18	4) Francis, Ryne 16	
29.79	1:01.39 (31.60)	1:28.57 (27.18)	1:54.63 (26.06)	
18 Schroeder YMCA			2:00.18	1:55.27
1) Irgens, Thomas 19	2) Kluczinske, Matt 15	3) Baseheart, Kevin 15	4) Zupек, Greg 15	
28.94	1:03.12 (34.18)	1:29.90 (26.78)	1:55.27 (25.37)	
19 N Shore/Lester Sterling BR Y			1:57.56	1:55.51
1) Recko, Tom 16	2) McGrath, Kevin 16	3) Bartro, Kyle 18	4) Reid, Andrew 14	
29.38	1:01.84 (32.46)	1:28.58 (26.74)	1:55.51 (26.93)	
20 Montclair YMCA			1:58.14	1:55.58
1) Bassolino, Nick 17	2) Fishman, Alex 16	3) Jung, Kevin 14	4) Fletcher, Daniel 15	
30.17	1:03.46 (33.29)	1:30.74 (27.28)	1:55.58 (24.84)	
21 Joliet YMCA			1:58.51	1:56.33
1) Harper, Evan 18	2) Lee, Mike 18	3) Foreman, Ben 14	4) Travnik, Matt 16	
27.93	1:00.65 (32.72)	1:30.11 (29.46)	1:56.33 (26.22)	
22 New Canaan Community YM			1:59.32	1:56.36
1) Healy, Trevor 15	2) Sweitzer, Matt 17	3) Lane, Eric 17	4) Silver, Miki 14	
30.99	1:02.12 (31.13)	1:29.92 (27.80)	1:56.36 (26.44)	
23 Aurora Family YMCA			1:44.01 Y	1:56.37
1) Bromann, Brett 15	2) Bryant, Patrick 15	3) Russell, Matthew 17	4) Long, Andy 17	
31.00	1:04.23 (33.23)	1:30.77 (26.54)	1:56.37 (25.60)	
24 Harrison County YMCA			1:42.63 Y	1:56.70
1) Dunn, JJ 17	2) Walker, Michael 17	3) Snell, Patrick 18	4) Cooper, Adam 16	
30.49	1:02.54 (32.05)	1:31.03 (28.49)	1:56.70 (25.67)	
25 Racine Family YMCA			1:39.36 Y	1:56.99
1) Griffey, Andrew 13	2) Lewno, Adam 18	3) Johnson, Peter 16	4) Griffey, Joshua 17	
29.50	1:00.54 (31.04)	1:29.59 (29.05)	1:56.99 (27.40)	
26 West Shore-Harrisburg YMC			1:58.53 S	1:57.13
1) Hershey, Matthew 15	2) Barr, Josh 18	3) Soisson, Drew 16	4) Noone, Gene 17	
31.20	1:02.66 (31.46)	1:31.55 (28.89)	1:57.13 (25.58)	
27 South Community Family BR			2:02.50	1:57.33
1) Cobb, Michael 15	2) Galbreath, Justin 16	3) Collins, Allan 18	4) Zimmer, Shane 16	
30.44	1:04.23 (33.79)	1:31.80 (27.57)	1:57.33 (25.53)	
28 Ocean County YMCA			1:59.63	1:57.45
1) Gornitzky, Alex 15	2) Lada, Bret 15	3) Forsman, Josh 18	4) Coronato, Joe 18	
29.23	1:04.07 (34.84)	1:31.84 (27.77)	1:57.45 (25.61)	
29 Birmingham Family YMCA			1:39.60 Y	1:57.50
1) Schubiner, Gabe 16	2) Priestley, Dan 17	3) Priestley, Morgan 14	4) Tyler, Alex 15	
29.49	1:01.27 (31.78)	1:29.96 (28.69)	1:57.50 (27.54)	
30 Rappahannock Area YMCA			2:00.52	1:57.54
1) Lloyd, Nick 16	2) Gillette, Ben 16	3) Wallace, Lawson 15	4) Calloway, Adam 16	
28.80	1:03.20 (34.40)	1:31.35 (28.15)	1:57.54 (26.19)	
31 Saginaw YMCA			2:08.83 Y	1:57.59
1) Matter, Josh 17	2) Snook, Garrett 17	3) Morse, Ryan 16	4) Lydy, Brian 17	
32.72	1:04.39 (31.67)	1:32.87 (28.48)	1:57.59 (24.72)	
32 Somerset Hills YMCA			1:43.83 Y	1:58.02
1) Rogers, Scott 17	2) Raynes, Michael 17	3) Raymar, Aaron 18	4) Moryan, Grant 16	
30.70	1:04.71 (34.01)	1:33.06 (28.35)	1:58.02 (24.96)	
33 YMCA Aquatic Center			1:46.16 Y	1:58.17
1) Wright, Steven 14	2) Syrett, David 17	3) Young, Kyle 18	4) Potvin, Doug 17	
32.36	1:05.69 (33.33)	1:32.72 (27.03)	1:58.17 (25.45)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Medley Relay)**

Team	Relay		Seed Time	Prelim Time
34 J.F. Hurley YMCA			1:44.45 Y	1:58.30
1) Dockins, Curt 15	2) Dockins, Jeff 18	3) Dockins, Greg 17	4) Beck, Mark 18	
31.92	1:04.05 (32.13)	1:31.49 (27.44)	1:58.30 (26.81)	
35 Anne Arundel YMCA			1:41.98 Y	1:58.32
1) Werner, Eddie 17	2) Polino, Mike 15	3) Moran, Mike 18	4) Toolan-Miller, Mike 18	
30.98	1:03.94 (32.96)	1:32.21 (28.27)	1:58.32 (26.11)	
36 Hamden/North Haven YMCA			2:01.81	1:58.43
1) Froehlich, Fritz 17	2) Royster, Andrew 16	3) Rienzo, Matthew 16	4) Elsworth, Kit 17	
30.72	1:03.69 (32.97)	1:32.23 (28.54)	1:58.43 (26.20)	
37 Powel Crosley Branch YMCA			2:01.32	1:58.63
1) Janszen, Tommy 16	2) Metz, David 16	3) Carey, James 17	4) Stone, Ben 16	
	1:04.40 ()	1:37.27 (32.87)	1:58.63 (21.36)	
38 ME Lyons YMCA			1:57.61	1:58.65
1) Greene, Kyle 16	2) Berger, Matt 18	3) Wright, Matt 16	4) Sparks, Charlie 17	
29.49	1:04.44 (34.95)	1:32.15 (27.71)	1:58.65 (26.50)	
39 Tri-Hampton YMCA			2:03.76	1:58.67
1) Pale, Andrew 17	2) Frey, Jeremy 14	3) McCormick, Ian 16	4) Albanese, Kevin 17	
30.97	1:05.91 (34.94)	1:33.71 (27.80)	1:58.67 (24.96)	
40 Chambersburg Memorial YM			2:02.89 S	1:58.93
1) Fisher III, John 17	2) Beidel, Brandon 17	3) Moran, Brian 18	4) Addlesberger, Justin 14	
32.89	1:05.86 (32.97)	1:32.32 (26.46)	1:58.93 (26.61)	
41 South Shore YMCA			2:04.29	1:58.96
1) Palmieri, Drew 18	2) Palmer, Jonathan 14	3) Reams, Pat 17	4) Harlin, Ky 18	
31.10	1:07.38 (36.28)	1:33.28 (25.90)	1:58.96 (25.68)	
42 Greater Holyoke YMCA			2:03.20	1:59.08
1) Sullivan, Brendan 16	2) Styckiewicz, Matthew 16	3) Bromage, Nathan 17	4) Forni, Nicholas 17	
31.99	1:07.57 (35.58)	1:33.73 (26.16)	1:59.08 (25.35)	
43 Chapel Hill-Carrboro YMCA			2:01.70	1:59.26
1) Straughn, Kevin 16	2) Shears, Chris 15	3) Mayock, Steve 17	4) Schluederberg, Bret 16	
30.60	1:06.61 (36.01)	1:34.40 (27.79)	1:59.26 (24.86)	
44 Reg Fam YMCA Laurel High			1:47.63 Y	1:59.32
1) Bruzda, Joey 18	2) Enany, Chris 19	3) Lilley, Kyle 19	4) Yelinek, Jimmy 15	
30.52	1:03.85 (33.33)	1:31.99 (28.14)	1:59.32 (27.33)	
45 McKeesport YMCA			1:46.72 Y	1:59.69
1) Krejdovsky, Zack 15	2) Eckert, Rich 17	3) Doyle, Daniel 15	4) Davies, Ryan 17	
31.56	1:04.95 (33.39)	1:32.78 (27.83)	1:59.69 (26.91)	
46 Rochester Northwest FamilyY			1:47.10 Y	1:59.78
1) Stack, Shamus 18	2) Hoffman, Michael 17	3) Schuster, Kevin 16	4) Page, Brian 18	
32.20	1:06.38 (34.18)	1:32.89 (26.51)	1:59.78 (26.89)	
47 Door County YMCA			1:45.79 Y	1:59.79
1) Trelka, Kyle 14	2) Cummings, Luke 16	3) Richard, Chris 16	4) Knipfer, Dennis 17	
31.15	1:04.73 (33.58)	1:31.46 (26.73)	1:59.79 (28.33)	
48 East Hartford YMCA			2:03.95	2:00.03
1) Kurniawan, Arie 17	2) McKeown, Kevin 15	3) Francis, James 15	4) Jackwin, Eric 15	
31.48	1:04.30 (32.82)	1:32.85 (28.55)	2:00.03 (27.18)	
49 Gamble Nippert YMCA			2:00.93	2:00.24
1) Gantzer, Andy 17	2) Webeler, Andrew 15	3) Lobaugh, Matt 17	4) McHugh, Dustin 18	
30.21	1:05.84 (35.63)	1:34.10 (28.26)	2:00.24 (26.14)	
50 Oshkosh Community YMCA			2:05.60	2:00.48
1) Husnick, Kris 16	2) Dudzinski, Jon 16	3) Van Huis, Alex 16	4) Wagner, CJ 16	
32.11	1:04.76 (32.65)	1:33.93 (29.17)	2:00.48 (26.55)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Medley Relay)**

Team	Relay		Seed Time	Prelim Time
51 Jerry L Garver YMCA			1:44.60 Y	2:00.59
1) Fisher, Zack 18	2) Smith, Andy 19	3) Histed, Tom 18	4) Kasberg, Tim 16	
29.59	1:05.01 (35.42)	1:34.59 (29.58)	2:00.59 (26.00)	
52 Lionville Community YMCA			1:59.89 S	2:01.01
1) Fenn, Matt 17	2) Kunzman, Eric 16	3) LaRosa, Steve 16	4) Christian, Andrew 16	
32.20	1:06.12 (33.92)	1:34.96 (28.84)	2:01.01 (26.05)	
53 Southern Chester County YM			1:45.40 Y	2:01.08
1) Trudeau, Zack 17	2) Wilson, Zach 14	3) Matthews, Zach 16	4) Manocchio, Nicholas 14	
31.46	1:06.46 (35.00)	1:34.44 (27.98)	2:01.08 (26.64)	
54 Brandywine YMCA			2:00.00 S	2:01.12
1) Richey, Francis 18	2) Flanders, Matt 15	3) Gibb, Dustin 15	4) Hargraves, Brandon 16	
30.60	1:06.90 (36.30)	1:34.78 (27.88)	2:01.12 (26.34)	
55 YMCA of Greater Seattle			1:46.10 Y	2:01.13
1) Heerhartz, Gilbert 17	2) Clarke, Bryan 18	3) Leung, ON 15	4) Mattson, James 16	
32.87	1:06.69 (33.82)	1:35.63 (28.94)	2:01.13 (25.50)	
56 Blue Ash Branch YMCA			2:02.58	2:01.35
1) Holmes, Martin 17	2) Harris, Alphonse 15	3) Dilz, Andy 17	4) Krone, Paul 17	
32.18	1:06.65 (34.47)	1:33.18 (26.53)	2:01.35 (28.17)	
57 Gr.Rapids/Southeast Br. YMC			2:04.42	2:01.49
1) Boman, Mark 15	2) Klipa, Mitchell 14	3) Harris, Taylor 13	4) Fox, Josh 19	
30.74	1:05.58 (34.84)	1:34.63 (29.05)	2:01.49 (26.86)	
58 Winston-Salem Central YMC			2:06.53	2:01.78
1) Rogers, Andrew 16	2) Yarborough, Cole 16	3) Smith, Pieter 16	4) Phelps, Charlie 15	
29.95	1:04.97 (35.02)	1:34.83 (29.86)	2:01.78 (26.95)	
59 Deerpath YMCA			2:05.22	2:02.36
1) Walulik, Nick 15	2) Millaci, Johnny 13	3) Parisi, Matt 15	4) Hofler, Ryan 17	
31.51	1:06.89 (35.38)	1:35.60 (28.71)	2:02.36 (26.76)	
60 York & York County YMCA			1:59.59 S	2:02.81
1) Appleby, Matt 16	2) Marsteller, Daniel 15	3) Rubritz, Jonathan 15	4) Grubbs, Alex 16	
31.59	1:08.05 (36.46)	1:36.07 (28.02)	2:02.81 (26.74)	
61 Andover-North Andover YMC			1:46.13 Y	2:03.33
1) Bimmler, Paul 13	2) Dodge, Neal 18	3) Stanley, John 15	4) Medaglio, Robert 16	
33.33	1:06.36 (33.03)	1:36.49 (30.13)	2:03.33 (26.84)	
62 Metuchen-Edison YMCA			2:03.39	2:03.70
1) Volski, Michail 13	2) Green, Brian 17	3) Dosch, Timmy 15	4) Clarkin, Jimmy 16	
32.91	1:06.90 (33.99)	1:37.01 (30.11)	2:03.70 (26.69)	
63 Palisades-Malibu YMCA			1:47.78 Y	2:03.76
1) Johnson, Brian 16	2) Hays, Paris 16	3) Fox, Daniel 18	4) Fishler, Peter 16	
31.34	1:07.03 (35.69)	1:36.33 (29.30)	2:03.76 (27.43)	
64 Indiana County YMCA			1:46.83 Y	2:04.91
1) Weston, Garet 15	2) Makovy, Igor 17	3) Cremar, Brad 17	4) Sweithelm, Ryan 15	
31.60	1:06.46 (34.86)	1:36.92 (30.46)	2:04.91 (27.99)	
65 YMCA of Youngstown, Ohio			1:47.30 Y	2:05.08
1) Merdich, Alex 17	2) Mellish, Chris 17	3) Worhatch, Brian 15	4) Bable, Eric 16	
33.03	1:10.37 (37.34)	1:37.96 (27.59)	2:05.08 (27.12)	
66 Newberry YMCA			2:07.03	2:05.18
1) Goeckner, Caleb 16	2) Longshore, Austin 15	3) Pruett, Justin 16	4) Amerson, Matt 15	
30.16	1:08.70 (38.54)	1:37.36 (28.66)	2:05.18 (27.82)	
67 Leaning Tower YMCA			1:44.64 Y	2:06.80
1) Sarran, Marc 16	2) Akiyama, Chris 19	3) Corrales, Mauricio 16	4) Uding, Grant 14	
35.68	1:08.61 (32.93)	1:39.95 (31.34)	2:06.80 (26.85)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 200 LC Meter Medley Relay)**

Team	Relay	Seed Time	Prelim Time
68 Madison Area YMCA		2:02.20 S	2:07.25
1) Dart, Chris 13	2) Trojanowski, Nick 16	3) McShane, Joe 16	4) Meszaros, Austin 15
31.80	1:09.92 (38.12)	1:40.43 (30.51)	2:07.25 (26.82)
69 Western Area Branch YMCA		1:46.63 Y	2:07.63
1) Barie, Nathan 18	2) Nemeth, John 16	3) Matuszewski, Greg 15	4) Nemeth, Joseph 16
34.59	1:08.98 (34.39)	1:39.18 (30.20)	2:07.63 (28.45)
--- Flushing Branch YMCA		2:03.00	DQ
1) Zhang, Tony 17	2) Dzieniszewski, Phillip 16	3) Kim, Kevin 15	4) Pfeifer, Gregory 15
31.53	1:06.16 (34.63)	1:33.74 (27.58)	DQ (26.04)
--- Somerset Valley YMCA		1:59.18	DQ
1) Benigno, John 16	2) Kuehne, Patrick 15	3) Gallagher, Liam 18	4) Gonzalez, Joshua 16
29.99	1:01.48 (31.49)	1:29.24 (27.76)	DQ (25.60)

Men 400 LC Meter Medley Relay

National: 3:56.41 * 8/3/2001

M.E. Lyons-OH

M.E. Lyons-OH-

J Cramer, R Kauscher, P Carothers, K Nead

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Countryside-Warren County Y		4:07.51	4:03.04
1) French, Kit 17	2) Farra, Justin 15	3) Graessle, Sam 17	4) Grove, Stephen 16
28.28	58.70 (58.70)	1:31.81 (33.11)	2:09.12 (1:10.42)
2:35.79 (26.67)	3:07.07 (57.95)	3:33.22 (26.15)	4:03.04 (55.97)
2 Wilton Family YMCA		4:08.07	4:03.35
1) Prue, Ben 17	2) Roberts, Eric 17	3) Sudbury, Jeffrey 17	4) Trepp, Andrew 17
29.52	1:01.49 (1:01.49)	1:34.38 (32.89)	2:12.75 (1:11.26)
2:39.48 (26.73)	3:11.06 (58.31)	3:36.24 (25.18)	4:03.35 (52.29)
3 Darien Community YMCA		4:09.93	4:04.47
1) Baity, Phil 16	2) Weir, Graham 15	3) Donch, Matthew 16	4) Baity, Mike 18
29.21	59.94 (59.94)	1:34.36 (34.42)	2:14.55 (1:14.61)
2:40.83 (26.28)	3:10.62 (56.07)	3:35.90 (25.28)	4:04.47 (53.85)
4 Pottstown Family YMCA		4:09.00	4:04.48
1) Schirk, Patrick 17	2) Rambo, Jake 17	3) Carson, Kevin 18	4) Kiely, John 19
28.05	57.73 (57.73)	1:30.19 (32.46)	2:07.97 (1:10.24)
2:34.70 (26.73)	3:06.94 (58.97)	3:33.60 (26.66)	4:04.48 (57.54)
5 Northwestern Dupage YMCA		4:08.59	4:05.97
1) Keca, Rick 17	2) Conrad, Keith 17	3) Schenck, Chris 18	4) Schaffer, Will 17
30.95	1:04.08 (1:04.08)	1:37.06 (32.98)	2:16.27 (1:12.19)
2:42.54 (26.27)	3:12.75 (56.48)	3:37.97 (25.22)	4:05.97 (53.22)
6 YMCA Aquatic Center		4:12.34	4:08.64
1) Epstein, Adam 17	2) Syrett, David 17	3) Young, Kyle 18	4) Potvin, Doug 17
31.74	1:05.67 (1:05.67)	1:38.29 (32.62)	2:14.85 (1:09.18)
2:41.81 (26.96)	3:13.31 (58.46)	3:39.38 (26.07)	4:08.64 (55.33)
7 Fanwood-Scotch Plains YMC		4:11.79	4:09.99
1) Hauptman, Ryan 19	2) Swenson, Eric 18	3) Sheffield, Jonathan 18	4) Hauptman, David 17
31.00	1:04.71 (1:04.71)	1:35.46 (30.75)	2:11.43 (1:06.72)
2:39.48 (28.05)	3:13.53 (1:02.10)	3:39.93 (26.40)	4:09.99 (56.46)
8 Boyertown Area YMCA		4:11.65	4:10.86
1) Starr, Peter 18	2) Niconovich, Alex 18	3) Wright, Ryan 17	4) Francis, Ryne 16
30.07	1:02.04 (1:02.04)	1:33.84 (31.80)	2:11.33 (1:09.29)
2:39.98 (28.65)	3:14.17 (1:02.84)	3:40.72 (26.55)	4:10.86 (56.69)

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****B - Final ... (Men 400 LC Meter Medley Relay)**

Team	Relay	Prelim Time	Finals Time
B - Final			
9 Flint YMCA		4:14.15	4:08.48
1) Leix, Matthew 18	2) Sunde, Andrew 18	3) Bowling, Steven 18	4) Larocque, Jon 16
31.12 1:03.41 (1:03.41)	1:35.87 (32.46)	2:14.94 (1:11.53)	
2:42.90 (27.96)	3:14.64 (59.70)	3:40.02 (25.38)	4:08.48 (53.84)
10 Reading & Berks YMCA		4:12.82	4:08.49
1) Thomas, Scott 17	2) Redcay, Ross 17	3) Roth, Brad 18	4) McGregor, Pete 17
31.46 1:05.08 (1:05.08)	1:37.16 (32.08)	2:14.49 (1:09.41)	
2:41.02 (26.53)	3:12.05 (57.56)	3:38.87 (26.82)	4:08.49 (56.44)
11 Middle Tyger YMCA		4:13.41	4:09.87
1) Jankowski, Jeff 16	2) Slagh, Jimmy 16	3) Creasy, Ben 16	4) Hughes, Chip 16
30.12 1:02.90 (1:02.90)	1:36.39 (33.49)	2:13.76 (1:10.86)	
2:41.96 (28.20)	3:15.65 (1:01.89)	3:41.41 (25.76)	4:09.87 (54.22)
12 Upper Main Line YMCA		4:14.41	4:09.98
1) Shupe, Denny 18	2) Bennett, George 17	3) Smoker, David 16	4) Nicolino, Matthew 18
31.23 1:04.48 (1:04.48)	1:37.82 (33.34)	2:15.84 (1:11.36)	
2:43.93 (28.09)	3:15.36 (59.52)	3:41.73 (26.37)	4:09.98 (54.62)
13 Western Family Branch YMC		4:15.04	4:10.23
1) Ricketts, Daniel 17	2) Cullen, Eric 17	3) Kerins, Michael 18	4) Ohlhaver, John 17
31.05 1:02.67 (1:02.67)	1:34.16 (31.49)	2:09.38 (1:06.71)	
2:39.72 (30.34)	3:14.66 (1:05.28)	3:41.02 (26.36)	4:10.23 (55.57)
14 Tampa Metro YMCA		4:13.57	4:10.95
1) Hug, Kevin 18	2) Silva, Michael 16	3) Olson, Tim 15	4) Brody, Matthew 18
30.43 1:02.78 (1:02.78)	1:35.02 (32.24)	2:13.69 (1:10.91)	
2:42.93 (29.24)	3:17.35 (1:03.66)	3:42.97 (25.62)	4:10.95 (53.60)
15 N Shore/Lester Sterling BR Y		4:13.66	4:11.70
1) Hurst, Alex 17	2) McGrath, Kevin 16	3) Bartro, Kyle 18	4) Recko, Tom 16
30.94 1:03.56 (1:03.56)	1:36.70 (33.14)	2:15.33 (1:11.77)	
2:42.84 (27.51)	3:14.97 (59.64)	3:41.71 (26.74)	4:11.70 (56.73)
16 Aurora Family YMCA		4:14.78	4:14.41
1) Bromann, Brett 15	2) Bryant, Patrick 15	3) Long, Andy 17	4) Russell, Matthew 17
31.39 1:05.95 (1:05.95)	1:39.68 (33.73)	2:19.15 (1:13.20)	
2:46.68 (27.53)	3:19.15 (1:00.00)	3:45.41 (26.26)	4:14.41 (55.26)

Men 400 LC Meter Medley Relay**National: 3:56.41 * 8/3/2001****M.E. Lyons-OH****M.E. Lyons-OH-****J Cramer, R Kauscher, P Carothers, K Nead**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Countryside-Warren County Y		4:12.97	4:07.51
1) French, Kit 17	2) Farra, Justin 15	3) Graessle, Sam 17	4) Grove, Stephen 16
1:00.25 2:11.54 (1:11.29)	3:10.77 (59.23)	4:07.51 (56.74)	
2 Wilton Family YMCA		4:09.37	4:08.07
1) Prue, Ben 17	2) Roberts, Eric 17	3) Sudbury, Jeffrey 17	4) Trepp, Andrew 17
1:03.28 2:15.96 (1:12.68)	3:15.78 (59.82)	4:08.07 (52.29)	
3 Northwestern Dupage YMCA		4:14.95	4:08.59
1) Keca, Rick 17	2) Conrad, Keith 17	3) Schenck, Chris 18	4) Schaffer, Will 17
1:04.77 2:17.66 (1:12.89)	3:14.86 (57.20)	4:08.59 (53.73)	
4 Pottstown Family YMCA		4:10.57	4:09.00
1) Schirk, Patrick 17	2) Rambo, Jake 17	3) Carson, Kevin 18	4) Kiely, John 19
59.13 2:11.50 (1:12.37)	3:11.14 (59.64)	4:09.00 (57.86)	

2004 YMCA National Long Course Championship**July 27-30, 2004****Results****Preliminaries ... (Men 400 LC Meter Medley Relay)**

Team	Relay	Seed Time	Prelim Time
5 Darien Community YMCA		4:07.86	4:09.93
1) Baity, Phil 16	2) Weir, Graham 15	3) Donch, Matthew 16	4) Baity, Mike 18
1:00.83	2:18.39 (1:17.56)	3:15.94 (57.55)	4:09.93 (53.99)
6 Boyertown Area YMCA		3:34.86 Y	4:11.65
1) Starr, Peter 18	2) Niconovich, Alex 18	3) Wright, Ryan 17	4) Francis, Ryne 16
1:03.37	2:13.13 (1:09.76)	3:15.04 (1:01.91)	4:11.65 (56.61)
7 Fanwood-Scotch Plains YMC		3:36.61 Y	4:11.79
1) Hauptman, Ryan 19	2) Swenson, Eric 18	3) Sheffield, Jonathan 18	4) Hauptman, David 17
1:05.10	2:12.02 (1:06.92)	3:15.10 (1:03.08)	4:11.79 (56.69)
8 YMCA Aquatic Center		3:46.05 Y	4:12.34
1) Epstein, Adam 17	2) Syrett, David 17	3) Young, Kyle 18	4) Potvin, Doug 17
1:06.66	2:16.76 (1:10.10)	3:15.93 (59.17)	4:12.34 (56.41)
9 Reading & Berks YMCA		4:18.72	4:12.82
1) Thomas, Scott 17	2) Redcay, Ross 17	3) Roth, Brad 18	4) McGregor, Pete 17
1:06.43	2:18.15 (1:11.72)	3:16.36 (58.21)	4:12.82 (56.46)
10 Middle Tyger YMCA		4:16.29	4:13.41
1) Jankowski, Jeff 16	2) Slagh, Jimmy 16	3) Creasy, Ben 16	4) Hughes, Chip 16
1:02.87	2:14.91 (1:12.04)	3:18.44 (1:03.53)	4:13.41 (54.97)
11 Tampa Metro YMCA		4:12.62	4:13.57
1) Hug, Kevin 18	2) Silva, Michael 16	3) Olson, Tim 15	4) Brody, Matthew 18
1:03.15	2:13.95 (1:10.80)	3:19.33 (1:05.38)	4:13.57 (54.24)
12 N Shore/Lester Sterling BR Y		4:19.81	4:13.66
1) Hurst, Alex 17	2) McGrath, Kevin 16	3) Bartro, Kyle 18	4) Recko, Tom 16
1:04.32	2:16.48 (1:12.16)	3:17.14 (1:00.66)	4:13.66 (56.52)
13 Flint YMCA		3:33.54 Y	4:14.15
1) Smith, Sean 17	2) Sunde, Andrew 18	3) Bowling, Steven 18	4) Larocque, Jon 16
1:05.15	2:19.00 (1:13.85)	3:19.84 (1:00.84)	4:14.15 (54.31)
14 Upper Main Line YMCA		3:35.73 Y	4:14.41
1) Shupe, Denny 18	2) Nicolino, Matthew 18	3) Smoker, David 16	4) Brumbaugh, Bryan 17
1:05.89	2:17.53 (1:11.64)	3:17.56 (1:00.03)	4:14.41 (56.85)
15 Aurora Family YMCA		3:47.38 Y	4:14.78
1) Bromann, Brett 15	2) Bryant, Patrick 15	3) Long, Andy 17	4) Russell, Matthew 17
1:05.82	2:19.22 (1:13.40)	3:19.52 (1:00.30)	4:14.78 (55.26)
16 Western Family Branch YMC		3:39.29 Y	4:15.04
1) Ricketts, Daniel 17	2) Cullen, Eric 17	3) Kerins, Michael 18	4) Ohlhaver, John 17
1:02.84	2:12.89 (1:10.05)	3:18.57 (1:05.68)	4:15.04 (56.47)
17 Racine Family YMCA		3:34.68 Y	4:15.33
1) Griffey, Joshua 17	2) Lewno, Adam 18	3) Johnson, Peter 16	4) Griffey, Andrew 13
1:02.81	2:11.01 (1:08.20)	3:14.62 (1:03.61)	4:15.33 (1:00.71)
18 Green Bay Metro YMCA		3:42.20 Y	4:15.52
1) Dyer, Mitchell 18	2) Adelmeyer, Colin 18	3) Heraly, Matthew 18	4) Vandervest, Christophe 13
1:03.60	2:13.45 (1:09.85)	3:14.16 (1:00.71)	4:15.52 (1:01.36)
19 Schroeder YMCA		4:14.65	4:15.77
1) Irgens, Thomas 19	2) Kluczinske, Matt 15	3) Baseheart, Kevin 15	4) Gottinger, Caleb 16
1:04.42	2:20.47 (1:16.05)	3:19.68 (59.21)	4:15.77 (56.09)
20 Cheshire Branch YMCA		4:16.06	4:15.81
1) Germain, Alexander 16	2) LaMonaca, John 17	3) Derwin, Christopher 17	4) Goodman, Jared 17
1:02.83	2:15.83 (1:13.00)	3:19.79 (1:03.96)	4:15.81 (56.02)
21 Montclair YMCA		4:21.27	4:16.77
1) Fletcher, Daniel 15	2) Fishman, Alex 16	3) Jung, Kevin 14	4) Sturm, Derek 15
1:04.90	2:17.34 (1:12.44)	3:19.92 (1:02.58)	4:16.77 (56.85)

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Team	Relay	Seed Time	Prelim Time
22 Somerset Valley YMCA		4:30.81	4:17.67
1) Benigno, John 16	2) Kuehne, Patrick 15	3) Gonzalez, Joshua 16	4) Gallagher, Liam 18
	1:05.16 2:18.37 (1:13.21) 3:22.59 (1:04.22)	4:17.67 (55.08)	
23 Joliet YMCA		4:25.06	4:18.33
1) Harper, Evan 18	2) Lee, Mike 18	3) Foreman, Ben 14	4) Travnik, Matt 16
	1:01.80 2:13.77 (1:11.97) 3:20.71 (1:06.94)	4:18.33 (57.62)	
24 Ocean County YMCA		4:23.84	4:19.68
1) Gornitzky, Alex 15	2) Lada, Bret 15	3) Forsman, Josh 18	4) Coronato, Joe 18
	1:04.14 2:20.16 (1:16.02) 3:23.41 (1:03.25)	4:19.68 (56.27)	
25 New Canaan Community YM		4:22.72	4:19.85
1) Healy, Trevor 15	2) Sweitzer, Matt 17	3) Healy, Devon 15	4) Lane, Eric 17
	1:06.78 2:16.98 (1:10.20) 3:24.62 (1:07.64)	4:19.85 (55.23)	
26 Rappahannock Area YMCA		4:17.78	4:19.92
1) Lloyd, Nick 16	2) Gillette, Ben 16	3) Wallace, Lawson 15	4) Calloway, Adam 16
	1:02.80 2:18.97 (1:16.17) 3:23.30 (1:04.33)	4:19.92 (56.62)	
27 Huntington YMCA		4:17.83	4:20.08
1) Brooks, Payton 18	2) Aburahma, Zach 18	3) McGraw, Todd 14	4) Northcutt, Michael 18
	1:06.47 2:20.86 (1:14.39) 3:23.63 (1:02.77)	4:20.08 (56.45)	
28 Anne Arundel YMCA		4:31.94	4:20.75
1) Werner, Eddie 17	2) Polino, Mike 15	3) Moran, Mike 18	4) Toolan-Miller, Mike 18
	1:06.36 2:18.96 (1:12.60) 3:21.67 (1:02.71)	4:20.75 (59.08)	
29 Lebanon Valley Family YMC		3:45.56 Y	4:20.88
1) Miller, Chris 16	2) Kreider, Brian 16	3) Dietrich, Matt 15	4) Charles, Jordan 18
	1:07.25 2:18.64 (1:11.39) 3:24.37 (1:05.73)	4:20.88 (56.51)	
30 Birmingham Family YMCA		3:35.00 Y	4:20.96
1) Priestley, Morgan 14	2) Priestley, Dan 17	3) Schubiner, Gabe 16	4) Tyler, Alex 15
	1:07.09 2:17.79 (1:10.70) 3:19.98 (1:02.19)	4:20.96 (1:00.98)	
31 Chapel Hill-Carrboro YMCA		4:27.68	4:21.05
1) Straughn, Kevin 16	2) Lyu, Peter 14	3) Mayoock, Steve 17	4) Schluederberg, Bret 16
	1:05.19 2:21.18 (1:15.99) 3:24.97 (1:03.79)	4:21.05 (56.08)	
32 Harrison County YMCA		3:49.27 Y	4:21.07
1) Dunn, JJ 17	2) Walker, Michael 17	3) Snell, Patrick 18	4) Cooper, Adam 16
	1:06.52 2:16.25 (1:09.73) 3:22.08 (1:05.83)	4:21.07 (58.99)	
33 Powel Crosley Branch YMCA		4:24.46	4:22.22
1) Janszen, Tommy 16	2) Schramm, Ryan 18	3) Henkel, David 16	4) Stone, Ben 16
	1:05.39 2:21.37 (1:15.98) 3:24.97 (1:03.60)	4:22.22 (57.25)	
34 Gamble Nippert YMCA		4:33.12	4:23.30
1) Gantzer, Andy 17	2) Webeler, Andrew 15	3) Lobaugh, Matt 17	4) McHugh, Dustin 18
	1:04.81 2:22.51 (1:17.70) 3:25.79 (1:03.28)	4:23.30 (57.51)	
35 West Shore-Harrisburg YMC		3:51.56 Y	4:23.54
1) Hershey, Matthew 15	2) Barr, Josh 18	3) Schwartz, St John 15	4) Noone, Gene 17
	1:06.65 2:18.80 (1:12.15) 3:24.96 (1:06.16)	4:23.54 (58.58)	
36 ME Lyons YMCA		4:22.13	4:23.78
1) Sparks, Charlie 17	2) Greene, Kyle 16	3) Wright, Matt 16	4) Berger, Matt 18
	1:08.87 2:27.23 (1:18.36) 3:27.78 (1:00.55)	4:23.78 (56.00)	
37 Blue Ash Branch YMCA		4:30.83	4:24.13
1) Holmes, Martin 17	2) Dilz, Andy 17	3) Harris, Alphonse 15	4) Krone, Paul 17
	1:10.79 2:18.48 (1:07.69) 3:25.64 (1:07.16)	4:24.13 (58.49)	
38 Tri-Hampton YMCA		4:32.32	4:24.88
1) Lewing, Jake 15	2) Frey, Jeremy 14	3) McCormick, Ian 16	4) Albanese, Kevin 17
	1:04.82 2:22.75 (1:17.93) 3:26.26 (1:03.51)	4:24.88 (58.62)	

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Preliminaries ... (Men 400 LC Meter Medley Relay)

Team	Relay	Seed Time	Prelim Time
39 Greater Holyoke YMCA		4:32.26	4:25.13
1) Sullivan, Brendan 16	2) Forni, Nicholas 17	3) Bromage, Nathan 17	4) Kuntz, Brendan 16
1:10.26	2:28.12 (1:17.86)	3:28.36 (1:00.24)	4:25.13 (56.77)
40 South Community Family BR		4:28.58	4:25.33
1) Cobb, Michael 15	2) Linklater, Bill 16	3) Collins, Allan 18	4) Collins, TJ 16
1:09.61	2:27.49 (1:17.88)	3:28.69 (1:01.20)	4:25.33 (56.64)
41 Oshkosh Community YMCA		4:26.07 S	4:25.84
1) McClure, Ryan 15	2) Dudzinski, Jon 16	3) Van Huis, Alex 16	4) Wagner, CJ 16
1:11.29	2:21.99 (1:10.70)	3:27.13 (1:05.14)	4:25.84 (58.71)
42 East Hartford YMCA		4:30.81	4:25.96
1) Kurniawan, Arie 17	2) McKeown, Kevin 15	3) Francis, James 15	4) Jackwin, Eric 15
1:09.20	2:22.70 (1:13.50)	3:26.87 (1:04.17)	4:25.96 (59.09)
43 Winston-Salem Central YMC		4:28.25	4:26.10
1) Rogers, Andrew 16	2) Yarborough, Cole 16	3) Smith, Pieter 16	4) Phelps, Charlie 15
1:05.19	2:20.65 (1:15.46)	3:27.33 (1:06.68)	4:26.10 (58.77)
44 Gr.Rapids/Southeast Br. YMC		3:53.04 Y	4:27.71
1) Boman, Mark 15	2) Klipa, Mitchell 14	3) Harris, Taylor 13	4) Fox, Josh 19
1:08.70	2:22.00 (1:13.30)	3:29.65 (1:07.65)	4:27.71 (58.06)
45 McKeesport YMCA		3:52.42 Y	4:28.21
1) Resnik, Charlie 16	2) Eckert, Rich 17	3) Doyle, Daniel 15	4) Davies, Ryan 17
1:13.07	2:25.66 (1:12.59)	3:27.69 (1:02.03)	4:28.21 (1:00.52)
46 Saginaw YMCA		3:52.63 Y	4:28.60
1) Matter, Josh 17	2) Snook, Garrett 17	3) Lydy, Brian 17	4) Morse, Ryan 16
1:12.49	2:22.70 (1:10.21)	3:28.39 (1:05.69)	4:28.60 (1:00.21)
47 Door County YMCA		4:33.33	4:29.05
1) Knipfer, Dennis 17	2) Cummings, Luke 16	3) Richard, Chris 16	4) Trelka, Kyle 14
1:05.86	2:23.52 (1:17.66)	3:25.53 (1:02.01)	4:29.05 (1:03.52)
48 YMCA of Greater Seattle		3:53.05 Y	4:29.98
1) Clarke, Bryan 18	2) Mattson, James 16	3) Heerhartz, Gilbert 17	4) Leung, ON 15
1:09.88	2:23.49 (1:13.61)	3:28.16 (1:04.67)	4:29.98 (1:01.82)
49 Palisades-Malibu YMCA		3:53.09 Y	4:31.06
1) Johnson, Brian 16	2) Hays, Paris 16	3) Fox, Daniel 18	4) Fishler, Peter 16
1:07.27	2:24.33 (1:17.06)	3:30.29 (1:05.96)	4:31.06 (1:00.77)
50 Rochester Northwest Family Y		3:52.92 Y	4:31.55
1) Stack, Shamus 18	2) Hoffman, Michael 17	3) Schuster, Kevin 16	4) Page, Brian 18
1:10.34	2:28.99 (1:18.65)	3:31.54 (1:02.55)	4:31.55 (1:00.01)
51 Flushing Branch YMCA		3:53.00 Y	4:31.59
1) Park, Michael 16	2) Dzieniszewski, Phillip 16	3) Kim, Kevin 15	4) Pfeifer, Gregory 15
1:10.24	2:27.43 (1:17.19)	3:32.28 (1:04.85)	4:31.59 (59.31)
52 Andover-North Andover YMCA		3:52.27 Y	4:32.44
1) Bimmler, Paul 13	2) Dodge, Neal 18	3) Stanley, John 15	4) Medaglio, Robert 16
1:10.56	2:25.43 (1:14.87)	3:33.13 (1:07.70)	4:32.44 (59.31)
53 Jerry L Garver YMCA		3:52.44 Y	4:45.67
1) Histed, Tom 18	2) Smith, Andy 19	3) Fisher, Zack 18	4) Miller, Josh 18
1:17.23	2:37.76 (1:20.53)	3:45.77 (1:08.01)	4:45.67 (59.90)
--- J.F. Hurley YMCA		3:49.23 Y	DQ
1) Beck, Mark 18	2) Dockins, Curt 15	3) Dockins, Greg 17	4) Dockins, Jeff 18
--- South Shore YMCA		4:24.56	DQ
1) Palmieri, Drew 18	2) Palmer, Jonathan 14	3) Reams, Pat 17	4) Harlin, Ky 18
1:04.28	2:27.97 (1:23.69)	3:25.90 (57.93)	DQ (58.00)
--- Somerset Hills YMCA		3:45.24 Y	DQ
1) Rogers, Scott 17	2) Ray, Chris 17	3) Raymar, Aaron 18	4) Moryan, Grant 16
1:07.14	2:18.64 (1:11.50)	3:29.11 (1:10.47)	DQ (56.15)

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Team	Relay	Seed Time	Prelim Time
--- Reg Fam YMCA Laurel High		3:52.57 Y	DQ
1) Bruzda, Joey 18	2) Enany, Chris 19	3) Lilley, Kyle 19	4) Yelinek, Jimmy 15
1:04.72	2:19.80 (1:15.08)	3:26.86 (1:07.06)	DQ (1:00.46)