

Day 4

Friday, July 29, 2005

Well, the last night of the meet has finally come, and we can hardly believe it. We have had a great week, with many exceptional swims. The points scored in both relays and individual events have contributed to our team's current 14th place standing. Tonight we have 5 individual swims and the girls 400 Medley relay. We are looking forward to their races and are anxious to see how they place. While tonight is the final session of the 2005 Long Course Summer nationals, it is also the final night we have Kevin Tyrrell as our head coach. We couldn't have asked for a better effort on our team's part to make this nationals one for him to remember. He has been an inspiration to all of us and will truly be missed. No matter what the outcome of this meet, Kevin will be proud regardless. He has always been one to look at the positive side of things as opposed to the negative. This week our team proved that we were capable of reaching a new potential that none of us thought possible. We admire our teammates for their perseverance, strength, and stamina throughout the week. Unfortunately it is time to say goodbye. But we have had a great nationals, one that we will always remember.

Alex Hurst and Samantha Gannon
YMCA of the Northshore Sharks
Beverly, MA