

Day One: Tuesday July 26, 2005

Scott Mc Inerney, West Morris Y-NJ

~Hey Swimmers

Wow, what a great first day. Everyone looked really good and had really fast swims, and whether they think so or not, everyone did great. If this is only the first day, I can't wait to see what's to come the rest of the week.

One swimmer never ceases to amaze me and that is Patrick Shirk from Pottstown, Pennsylvania. Barely even a couple minutes into the first day and he already breaks the 100-meter backstroke record in the prelims of the event. His stroke is so graceful, I wish I could swim like that. We'll be sure to see him in the Olympics one day.

Other great and noteworthy swims from today were the from the amazing Felicia Lee. What a swimmer! Only thirteen years of age and she's already proving to be a major threat in the sport of swimming. Look out Katie Hoff, here comes Felicia Lee!

In closing, the 2005 YMCA Long Course nationals have got off to a great start. I can only hope to see more records smashed and more amazing times.

~Scott Mc Inerney, West Morris National Team