

Wednesday, April 06, 2005

I would like to tell everyone about my twin sister, Elizabeth. Two years ago my sister had to have serious knee surgery. The doctor told her the recovery would be long. She spent an entire summer in a wheelchair. The week school started our sophomore year, she was finally able to put weight on it.

She began swimming for short course, but had to stop because her knee wasn't fully recovered. She spent another 2 months out of the pool. When she got the OK to swim again, the high school season was almost over. Still, she was able to make districts that year.

This year she finally started beating her times and made her first Southwest Cluster AA cut since the surgery. Her determination to return to swimming has made me a better swimmer, knowing that she tried so hard to compete again.

Thank you to the YMCA for giving us the opportunity to compete. I would like to congratulate all the swimmers, coaches, family members and friends who helped stage the meet, for having the dedication to the sport and I hope everyone has a great meet!

Please bow your head in prayer:

Dear God,

I know most people ask for strength and courage before they swim, but let us not forget to give thanks for the opportunity.

Please help us to recognize the miracles you present daily and watch over us as we go through life's journey.

In Jesus' name we pray

AMEN