

Thursday, April 07, 2005- Day 3 of the Competition

Today the coaches tried out something new. The whole team had to get in the water and do a wake-up swim at 6 o'clock in the morning. The people that were seat savers for that day had to get in, even though no one told them to bring their suits. For UMLY the meet started out with my 400 IM, which was then followed by the 100 Free where we had Steph Shupe and Evan Reed both qualified for consuls at night. We had a couple of people swim best times in the 200 Back. Also the girls 800 Free Relay (Steph Shupe, Lindsay Vickroy, Sarah Begley, Steph Roop) also qualified for consuls at night. Good job everyone!

Finals were really exciting today. Ashley Jones won the 400 IM and almost broke the record. She also won the 200 Back and just missed Trisha Weaner's record. Patrick Schirk won the 200 Back and broke the 200 Back record set a couple years back.

Laura Graesser
Upper Main Line YMCA
Berwyn, Pa