

Friday, April 07, 2006

Today went well. We both had fairly good swims, in the 200 fly and 100 breaststroke. The final day has been extremely sorrowful☹, but we did get to go to the beach!!☺ We have learned many things this meet that will affect the rest of our national swimming career. This being our first nationals we came into this not knowing what to expect, but now we will have the experience of being here and we can tell our other teammates about our wonderful experience here.

Today the mile is being swam along with the 200 fly and the 100 breaststroke. These all are very difficult events to swim. Not because of their distance but because of the strategy that the swimmers must use. Last night was very tiring but exciting. The same guy that won the 1000 free from YOTA also won the 400 IM, in an extremely close race.

Overall we have enjoyed ourselves. We have made so many new friends and got to enjoy the great city of Fort Lauderdale. Today Katy got to visit the International Swimming Hall Fame. It was amazing to see all the history and influence of the great swimmers of the past. We hope you enjoyed reading from the point of view of two national rookies!☺

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