

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 4 Finals

Event 21 Women 800 LC Meter Freestyle

National: 8:56.48 7/28/2004 Leah Gingrich

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

1	Cempel, Laura	16	Joliet - IL	9:24.42
2	Miller, Ashley	18	ME Lyons-OH	9:18.93
3	Demrow, Shannon	17	Elgin-IL	9:17.52
4	Beidler, Courtney	15	Tri-Hampton-PA	9:02.08
5	Smith, Caroline	16	Winston-Salem-NC	9:04.18
6	Simon, Laura	16	Middle Tyger-SC	9:17.73
7	Zeller, Kayla	18	West Shore-PA	9:20.53
8	Nedley, Marie	17	Laurel Highlands	9:26.58

Event 44 Men 1500 LC Meter Freestyle

National: 15:57.55 7/30/2004 Kyle Young

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals

1	Carr, Alex	17	Rock Hill-SC	17:07.54
2	Jones, Kevin	17	Winston-Salem-NC	16:59.67
3	Perkins, TY	16	Coffman - OH	16:50.46
4	Green, Travis	16	Huntington-WV	16:31.10
5	McNamara, Travis	17	Cheshire-CT	16:40.68
6	Healy, Trevor	18	New Canaan-CT	16:58.91
7	Mihic, Kevin	16	B R Ryall-IL	17:03.36
8	Shea, Patrick	17	North Shore-MA	17:10.02

Event 33 Women 200 LC Meter Freestyle Relay

National: 1:48.91 7/31/2003 Plymouth Community YMCA

L Cole, M Kelly, J Merte, H Smith

Lane	Team	Relay	Prelims
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Heat 1 B - Final

1	SomersetValleyNJ		1:54.03
2	Wilton-CT		1:53.82
3	Farmington-MI		1:53.53
4	Greensburg-PA		1:53.40
5	New Canaan-CT		1:53.40
6	Winston-Salem-NC		1:53.81
7	Countryside-OH		1:53.98
8	Tri-Hampton-PA		1:54.05

Heat 2 A - Final

1	Anne Arundel-MD		1:53.23
2	South Family-OH		1:52.78
3	Boyertown-PA		1:52.47
4	Middle Tyger-SC		1:51.63
5	FanwoodScotch-NJ		1:52.14
6	Rapid Area-MI		1:52.69
7	UpperMainLine-PA		1:52.85
8	Oshkosh-WI		1:53.25

Alternates

1	Laurel Highlands		1:54.49
2	Cheshire YMCA		1:54.60

Event 34 Men 200 LC Meter Freestyle Relay

National: 1:36.24 7/30/2004 Darien Community YMCA

J Geissinger, P Baity, M Baity, M Donch

Lane	Team	Relay	Prelims
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Heat 1 B - Final

1	East Hartford-CT		1:42.09
2	FanwoodScotch-NJ		1:41.41
3	Boyertown-PA		1:41.30
4	SomersetValleyNJ		1:41.17
5	Tri-Hampton-PA		1:41.29
6	Hunterdon-NJ		1:41.40
7	West Morris-NJ		1:41.48
8	Wilton-CT		1:42.23

Heat 2 A - Final

1	Rappahannock-VA		1:40.95
2	Countryside-OH		1:40.58
3	UpperMainLine-PA		1:39.80
4	Middle Tyger-SC		1:38.35
5	Powel Crosley-OH		1:39.01
6	B R Ryall-IL		1:40.36
7	New Canaan-CT		1:40.65
8	Ridgewood-OH		1:41.12

Alternates

1	Red Bank Branch		1:42.56
2	Brandywine -DE		1:42.61

Event 35 Women 200 LC Meter Butterfly

National: 2:15.81 7/29/2005 Emily Christy

Lane	Name	Age	Team	Prelims
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Heat 1 B - Final

1	Farnham, Kendall	15	Anne Arundel-MD	2:29.08
2	Blazjewski, Nicole	17	ME Lyons-OH	2:28.45
3	Dornstauder, Kristen	17	Brandywine DE	2:27.42
4	Powers, MACKENZIE	15	Kishwaukee-IL	2:26.82
5	Mallon, Kelsey	17	B R Ryall-IL	2:27.37
6	Jemec, Vida	18	Middle Tyger-SC	2:27.80
7	O'Keefe, Aurelia	14	Laurel Highlands	2:29.00
8	Needham, Emily	16	North Shore-MA	2:29.86

Heat 2 A - Final

1	Weaner, Emily	15	West Shore-PA	2:24.37
2	Lips, Haley	13	Middle Tyger-SC	2:22.89
3	Bachrouche, Katya	17	Farmington-MI	2:21.68
4	Prim, Julianna	16	Winston-Salem-NC	2:19.62
5	Froehlich, Sarah	18	Cheshire-CT	2:21.66
6	Grushecky, Kelsey	18	Laurel Highlands	2:22.61
7	Moore, Rachel	13	Andover-MA	2:23.87
8	Krueger, Laura	16	Powel Crosley-OH	2:26.40

Alternates

1	Draves, Shannon	16	Boyertown-PA	2:29.89
2	Tuchscherer, Abbey	15	Oshkosh-WI	2:29.96

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Event 36 Men 200 LC Meter Butterfly

National: 2:04.25 8/3/2006 Todd McGraw

Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Friedel, Josh	14	Rappahannock-VA	2:14.70
2	Stoker, Andrew	18	UpperMainLine-PA	2:13.64
3	McCormick, Ian	19	Tri-Hampton-PA	2:13.43
4	Dukleth, Steve	18	B R Ryall-IL	2:12.82
5	Ahlden, Eric	15	Aurora Family-IL	2:13.09
6	Trumbauer, Wesley	15	Boyertown-PA	2:13.61
7	Smit, Alex	16	Countryside-OH	2:13.72
8	Bielak, Brad	16	Ridgewood-OH	2:14.81

Heat 2 A - Final

1	Francis, Jamie	18	East Hartford-CT	2:12.19
2	Hadjipateras, Costas	17	New Canaan-CT	2:11.49
3	Ingraham, David	14	Middle Tyger-SC	2:09.84
4	Bushman, Luke	16	Green Bay-WI	2:07.34
5	Navata, Matt	15	Montclair-NJ	2:09.18
6	Farr, Bo	18	Middle Tyger-SC	2:10.74
7	Hart, Nathan	15	W.North Carolina	2:11.88
8	Healy, Trevor	18	New Canaan-CT	2:12.74

Alternates

1	Fortin, Brendan	16	Andover-MA	2:14.82
2	McGee, Huston	17	Middle Tyger-SC	2:14.83

Event 37 Women 50 LC Meter Backstroke

National: 29.32 7/30/2004 Lauren English

Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Brannick, Alexandria	17	Ocean County-NJ	32.34
2	Crittenden, Tyler	16	Aurora Family-IL	32.27
3	Valentine, Katie	18	Boyertown-PA	32.26
4	Henkels, Mary	17	FanwoodScotch-NJ	32.17
5	Moore, Elizabeth	17	Middle Tyger-SC	32.20
6	Rohr, Brittny	17	South Family-OH	32.26
7	Sauer, Bridget	16	Brandywine DE	32.31
8	Burns, Caroline	16	Anne Arundel-MD	32.41

Heat 2 A - Final

1	Smits, Siri	13	Oshkosh-WI	31.75
2	Francis, Kylie	18	Boyertown-PA	31.63
3	Oberholzer, Celia	13	Powel Crosley-OH	31.51
4	Gibas, Anna	15	Greensburg-PA	31.15
5	Solernou, Lauren	14	Cheshire-CT	31.15
6	Bender, Megan	17	Farmington-MI	31.51
7	Kinsey, Stephanie	16	West Shore-PA	31.73
8	Rhoades, Whitney	16	Harrison Co.-WV	32.12

Alternates

1	Houston, Hannah	15	Countryside-OH	32.47
2	Bogue, Courtney	16	East Hartford-CT	32.52

Event 38 Men 50 LC Meter Backstroke

National: 26.29 8/3/2001 Jayme O Cramer

Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Francis, Alec	16	Boyertown-PA	29.42
2	Wright, Andrew	14	Burlington Co-NJ	29.36
3	Carr, Trevor	16	Rappahannock-VA	29.26
4	Wells, James	15	Bath Area-ME	29.24
5	Naylor, Eric	16	West Shore-PA	29.25
6	Lancki, Kevin	15	Ridgewood-OH	29.26
7	Kofmehl, Jon	18	Gr. Johnstown-PA	29.42
8	Howard, Kevin	18	North Shore-MA	29.43

Heat 2 A - Final

1	Goeckner, Caleb	19	Newberry-SC	28.97
2	Francis, Ryne	19	Boyertown-PA	28.88
3	Gunnels, Christopher	17	Chapel Hill-NC	28.81
4	Barbiere, Jim	17	Countryside-OH	28.35
5	Harris, Taylor	16	Rapid Area-MI	28.76
6	Trelka, Kyle	17	Fox Cities-WI	28.84
7	Lashway, Nick	17	Hampshire-MA	28.96
8	Loccisano, Steven	18	Rappahannock-VA	29.19

Alternates

1	Moyer, Kevin	18	Boyertown-PA	29.46
2	Janszen, Tommy	19	Powel Crosley-OH	29.59

Event 39 Women 100 LC Meter Breaststroke

National: 1:12.32 1996 K. Jones

Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Wardecke, Sarah	17	Fox Cities-WI	1:17.29
2	Ishee, Katelyn	17	Countryside-OH	1:15.89
3	Gorinski, Laura	16	Greensburg-PA	1:15.37
4	Moss, KC	12	Wilton-CT	1:15.01
5	Troyan, Paige	18	Countryside-OH	1:15.18
6	Hartman, Sara	17	Boyertown-PA	1:15.71
7	Harrison, Courtney	15	Middle Tyger-SC	1:17.17
8	Krebs, Catharine	18	Powel Crosley-OH	1:17.35

Heat 2 A - Final

1	Ferrell, Stephanie	14	Montclair-NJ	1:14.82
2	Weir, Emily	15	New Canaan-CT	1:14.63
3	Conklin, Stephanie	17	Blue Ash-OH	1:13.87
4	Rom, Amanda	18	Blue Ash-OH	1:13.05
5	Jerome, Kim	14	Cheshire-CT	1:13.48
6	Graessle, Lindsey	19	Countryside-OH	1:14.50
7	Marecki, Brynn	16	Farmington-MI	1:14.75
8	Murray, Rebecca	15	Brandywine DE	1:14.93

Alternates

1	Milici, Monica	13	Middle Tyger-SC	1:17.40
2	Pronschinske, Leah	12	Eau Claire-WI	1:17.52

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July 31 - August 3, 2007

Meet Program - Day 4 Finals

Event 40 Men 100 LC Meter Breaststroke

National: 1:03.98 1992 M. Hubbell

Lane	Name	Age	Team	Prelims
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Heat 1 B - Final

1	McKeown, Kevin	18	East Hartford-CT	1:10.22
2	Scaliatine, Matt	18	B R Ryall-IL	1:10.19
3	Schutz, Cory	17	Phoenixville-PA	1:09.78
4	Ikeda, Will	18	Leaning Tower-IL	1:09.33
5	Hiller, Cody	18	Countryside-OH	1:09.56
6	Backler, Daniel	17	North Shore-MA	1:10.07
7	Millett, Ted	15	North Shore-MA	1:10.20
8	Tully, PJ	18	Montclair-NJ	1:10.38

Heat 2 A - Final

1	Higgins, Christian	14	New Canaan-CT	1:08.66
2	Marino, Scott	17	FanwoodScotch-NJ	1:08.15
3	Ohning, Collin	18	Middle Tyger-SC	1:07.48
4	Kauffman, Jared	14	Middle Tyger-SC	1:06.41
5	Scherer, Mitchell	17	Pottstown-PA	1:07.38
6	Stone, Dak	15	Fox Cities-WI	1:07.51
7	Farra, Justin	18	Countryside-OH	1:08.35
8	Allen, Ross	17	Powel Crosley-OH	1:08.71

Alternates

1	Reinke, Chris	17	Middle Tyger-SC	1:10.51
2	Manning, Evan	18	Boyertown-PA	1:10.66

Event 41 Women 400 LC Meter Medley Relay

National: 4:24.11 8/3/2006 Boyertown Area YMCA

K Valentine, S Longacre, E Christy, A Allen

Lane	Team	Relay	Prelims
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Heat 1 B - Final

1	Winston-Salem-NC		4:38.02
2	UpperMainLine-PA		4:37.07
3	Blue Ash-OH		4:35.76
4	New Canaan-CT		4:35.21
5	Kishwaukee-IL		4:35.75
6	FanwoodScotch-NJ		4:36.36
7	Cheshire-CT		4:37.59
8	B R Ryall-IL		4:38.03

Heat 2 A - Final

1	Wilton-CT		4:34.05
2	Anne Arundel-MD		4:32.73
3	Brandywine DE		4:29.82
4	Boyertown-PA		4:28.51
5	Farmington-MI		4:29.59
6	Middle Tyger-SC		4:31.50
7	Countryside-OH		4:33.83
8	Oshkosh-WI		4:34.11

Alternates

1	West Shore YMCA		4:38.05
2	Greensburg YMCA		4:38.83

Event 42 Men 400 LC Meter Medley Relay

National: 3:56.41 8/3/2001 M.E. Lyons-OH

J Cramer, R Kauscher, P Carothers, K Nead

Lane	Team	Relay	Prelims
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Heat 1 B - Final

1	Gr. Flint-MI		4:12.20
2	UpperMainLine-PA		4:11.78
3	Ridgewood-OH		4:11.74
4	SomersetValleyNJ		4:11.18
5	FanwoodScotch-NJ		4:11.61
6	Rappahannock-VA		4:11.75
7	Powel Crosley-OH		4:11.79
8	Wilton-CT		4:12.23

Heat 2 A - Final

1	Tri-Hampton-PA		4:10.37
2	New Canaan-CT		4:06.33
3	B R Ryall-IL		4:05.59
4	Middle Tyger-SC		4:03.53
5	Countryside-OH		4:03.80
6	Boyertown-PA		4:05.81
7	West Shore-PA		4:07.29
8	North Shore-MA		4:10.47

Alternates

1	Laurel East Hartford		4:13.54
2	Fox Cities YMCA		4:13.70