

Fun Facts

YMCA At a Glance

Mission

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

YMCA's Commitment to America

America's YMCAs commit to extend our charitable heritage by directly engaging 25 million children and adults from all segments of our communities in achieving health of spirit, mind and body by 2012.

- » Every child and youth will deepen positive values, their commitment to service and their motivation to learn.
- » Every family will build stronger bonds, achieve greater work/life balance and become more engaged with their communities.
- » Every individual will strengthen their spiritual, mental and physical well-being.

Today's YMCA

America's 2,663 YMCAs are collectively the largest not-for-profit community service organizations in the United States, uniting men, women and children of all ages, faiths, backgrounds, abilities and income. At the heart of community life across America, mission-driven YMCAs are a place to belong and to live the values that guide and unite our members: caring, honesty, respect and responsibility. From cities to suburbs to small towns, YMCAs serve America's children, families and communities by "building healthy spirit, mind and body for all." Across the country, 67.7 million households and 33.7 children 14 and under live within three miles of a YMCA

YMCA U.S. Statistics

2006 Statistics

People served 20,225,369

- 17 and under 9,406,473
- 18 and over 10,818,896
- Men 10,115,086
- Women 10,110,283
- Registered members 12,450,388
- Program members 7,774,981

Volunteers 563,282

- Program 510,282
- Policy/board 53,000

Total revenue \$5.62 billion

- Contributed income \$933 million
- Government grants/ \$601 million contracts

Number of Ys 2,663

- Member Associations 967
- Branches 1,696

The YMCA Mission in Action

- » 1,496 Ys serve communities where the median family income is below the U.S. average.
- » Ys give financial assistance to 20 percent of kids in their child care programs.
- » All are welcome at their neighborhood YMCA, regardless of age, race, faith, background, ability or income.
- » America's 2,663 YMCAs are collectively the largest not-for-profit community service organizations in the United States.
- » 1,525 Ys have committed to YMCA Activate America[®], our bold approach to directly address the nation's growing health crisis by engaging and supporting all health seekers and communities in their pursuit of well-being in spirit, mind and body.
- » YMCAs work abroad, serving more than 45 million people in more than 120 countries.
- » More than a half million volunteers across the country make it all happen

Today's YMCA

America's **2,663 YMCAs** serve more than **20.2 million people** each year, uniting men, women and children of all ages, faiths, backgrounds, abilities and income levels.

Across the country, **67.7 million households** and **33.7 children** 14 and under live within three miles of a YMCA. Fifty-eight percent of Ys (1,496) serve communities where the median family income is below the national average

Together, YMCAs are the nation's largest provider of child care, with nearly **10,000 child care sites** across the country that provide high-quality, affordable care to more than **500,000 children**

YMCAs are the **nation's largest providers of health and well-being programs.**

YMCAs are working to **combat rising levels of obesity and promote healthy living** for millions of Americans through YMCA Activate America

Child obesity programming grew almost 50 percent during 2005 and 2006 and adult obesity programming by almost 70 percent. Nutrition programs increased almost 30 percent and weight management increased 165 percent

Nearly 900 YMCAs offer family-specific programs