

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Finals

Event 1 Women 100 LC Meter Backstroke**National: 1:02.73 7/27/2004 Tricia Weaner**

Lane	Name	Age	Team	Prelims
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Heat 1 B - Final

1	Phillips, Adrienne	16	West Shore-PA	1:08.68
2	Moore, Elizabeth	17	Middle Tyger-SC	1:08.57
3	Kinsey, Stephanie	16	West Shore-PA	1:07.88
4	Valentine, Katie	18	Boyertown-PA	1:07.71
5	VanOost, Alexandra	16	Elgin-IL	1:07.78
6	Akenberger, Jamie	16	South Toledo- OH	1:08.40
7	Weaner, Emily	15	West Shore-PA	1:08.57
8	Oberholzer, Celia	13	Powel Crosley-OH	1:08.69

Heat 2 A - Final

1	Smits, Siri	13	Oshkosh-WI	1:07.47
2	Gillig, Annie	12	Middle Tyger-SC	1:07.38
3	Francis, Kylie	18	Boyertown-PA	1:06.97
4	Galvin, Sarah	16	B R Ryall-IL	1:05.87
5	Bender, Megan	17	Farmington-MI	1:06.93
6	Gibas, Anna	15	Greensburg-PA	1:07.17
7	Glover, Ginny	16	Western Fam-MD	1:07.40
8	Solernou, Lauren	14	Cheshire-CT	1:07.52

Event 2 Men 100 LC Meter Backstroke**National: 56.63 7/26/2005 Patrick Schirk**

Lane	Name	Age	Team	Prelims
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Heat 1 B - Final

1	Naylor, Eric	16	West Shore-PA	1:02.55
2	Smit, Alex	16	Countryside-OH	1:02.44
3	DiGiacinto, Angelo	17	West Morris-NJ	1:02.38
4	Friedel, Josh	14	Rappahannock-VA	1:02.11
5	Lareau, Tyler	16	North Shore-MA	1:02.14
6	Goeckner, Caleb	19	Newberry-SC	1:02.41
7	Howard, Kevin	18	North Shore-MA	1:02.48
8	Lebovitz, Adam	15	Wilton-CT	1:02.60

Heat 2 A - Final

1	Sivak, Brian	16	B R Ryall-IL	1:01.85
2	Lashway, Nick	17	Hampshire-MA	1:01.62
3	Trelka, Kyle	17	Fox Cities-WI	1:01.36
4	Barbiere, Jim	17	Countryside-OH	59.29
5	Francis, Ryne	19	Boyertown-PA	1:01.03
6	Gunnels, Christopher	17	Chapel Hill-NC	1:01.55
7	Blickle, Broderick	17	Farmington-MI	1:01.77
8	Basler, Daniel	18	Winston-Salem-NC	1:02.09

Event 3 Women 400 LC Meter Freestyle**National: 4:20.60 7/27/2004 Emily Brunemann**

Lane	Name	Age	Team	Prelims
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Heat 1 B - Final

1	Greenway, Liz	16	Middle Tyger-SC	4:36.01
2	Happ, Megan	16	UpperMainLine-PA	4:35.60
3	Stover, Ally	17	South Family-OH	4:33.78
4	Zeller, Kayla	18	West Shore-PA	4:32.95
5	Galbreath, Abby	15	South Family-OH	4:33.59
6	McDowell, Breann	15	Countryside-OH	4:35.55
7	Dornstauder, Kristen	17	Brandywine DE	4:35.80
8	Harvey, Megan	18	UpperMainLine-PA	4:36.34

Heat 2 A - Final

1	Miller, Ashley	18	ME Lyons-OH	4:31.06
2	Smith, Caroline	16	Winston-Salem-NC	4:28.79
3	Froehlich, Sarah	18	Cheshire-CT	4:27.71
4	Lips, Haley	13	Middle Tyger-SC	4:23.55
5	Bachrouche, Katya	17	Farmington-MI	4:24.55
6	Simon, Laura	16	Middle Tyger-SC	4:28.21
7	Beidler, Courtney	15	Tri-Hampton-PA	4:28.87
8	Demrow, Shannon	17	Elgin-IL	4:32.80

Event 4 Men 400 LC Meter Freestyle**National: 3:59.19 1996 A. Messner**

Lane	Name	Age	Team	Prelims
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Heat 1 B - Final

1	Reid, Andrew	17	North Shore-MA	4:17.80
2	White, Patrick	16	New Canaan-CT	4:17.14
3	Heraly, Daniel	18	Green Bay-WI	4:16.85
4	Shade, Jeffrey	17	Gr. Flint-MI	4:16.51
5	Mihic, Kevin	16	B R Ryall-IL	4:16.56
6	Friedel, Josh	14	Rappahannock-VA	4:16.98
7	Navata, Matt	15	Montclair-NJ	4:17.20
8	Ahlden, Eric	15	Aurora Family-IL	4:17.93

Heat 2 A - Final

1	Lewing, Jake	18	Tri-Hampton-PA	4:14.88
2	Bushman, Luke	16	Green Bay-WI	4:11.03
3	Green, Travis	16	Huntington-WV	4:10.01
4	Groseclose, Lee	17	Middle Tyger-SC	4:09.52
5	McNamara, Travis	17	Cheshire-CT	4:09.82
6	Farr, Bo	18	Middle Tyger-SC	4:10.10
7	Kramer, Nate	18	ME Lyons-OH	4:12.73
8	Spake, Gavin	17	J.F. Hurley-NC	4:16.06

Event 5 Women 50 LC Meter Breaststroke**National: 33.03 7/28/2003 Lauren Brick**

Lane	Name	Age	Team	Prelims
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Heat 1 B - Final

1	Marecki, Brynn	16	Farmington-MI	35.11
2	Morgan, Maddy	15	West Seattle-WA	34.80
3	Gorinski, Laura	16	Greensburg-PA	34.57
4	Wardecke, Sarah	17	Fox Cities-WI	34.56
5	Kasten, Corey	18	Leaning Tower-IL	34.57
6	Krebs, Catharine	18	Powel Crosley-OH	34.79
7	Milici, Monica	13	Middle Tyger-SC	35.09
8	Winn, Bridget	17	Kennett-PA	35.11

Heat 2 A - Final

1	Pronschinske, Leah	12	Eau Claire-WI	34.50
2	Jerome, Kim	14	Cheshire-CT	34.16
3	Hartman, Sara	17	Boyertown-PA	34.12
4	Rom, Amanda	18	Blue Ash-OH	33.94
5	Graessle, Lindsey	19	Countryside-OH	34.02
6	Conklin, Stephanie	17	Blue Ash-OH	34.12
7	Moss, KC	12	Wilton-CT	34.18
8	Ferrell, Stephanie	14	Montclair-NJ	34.53

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Finals

Event 6 Men 50 LC Meter Breaststroke

National: 29.56 1996		R. Henikman		
Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Addlesberger, Justin	17	Chambersburg-PA	31.88
2	Millett, Ted	15	North Shore-MA	31.85
3	Sexton, Brett	18	Winston-Salem-NC	31.65
4	Allen, Ross	17	Powel Crosley-OH	31.51
5	Symons, Phil	18	Ridgewood-OH	31.57
6	Rogers, Corey	18	Middle Tyger-SC	31.66
7	Reinke, Chris	17	Middle Tyger-SC	31.88
8	Miller, Louis	19	Countryside-OH	31.92

Heat 2 A - Final

1	Kauffman, Jared	14	Middle Tyger-SC	31.07
2	Marino, Scott	17	FanwoodScotch-NJ	30.92
3	Ohning, Collin	18	Middle Tyger-SC	30.77
4	Scherer, Mitchell	17	Pottstown-PA	29.99
5	Schutz, Cory	17	Phoenixville-PA	30.73
6	Stone, Dak	15	Fox Cities-WI	30.91
7	Ikeda, Will	18	Leaning Tower-IL	31.00
8	Kauffman, Graham	15	Middle Tyger-SC	31.48

Event 7 Women 200 LC Meter IM

National: 2:18.89 7/27/2004		Ashley Jones		
Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	deMarrais, Mary	16	SomersetHills-NJ	2:30.28
2	Ward, Jacquelyn	17	Camden County-NJ	2:29.93
3	Galbreath, Abby	15	South Family-OH	2:28.01
4	Draves, Shannon	16	Boyertown-PA	2:27.75
5	Lambert, Caitlyn	18	Marion County-FL	2:27.99
6	Waller, Grace	14	Kishwaukee-IL	2:28.33
7	Graessle, Lindsey	19	Countryside-OH	2:29.94
8	Timson, Laura	16	Farmington-MI	2:30.65

Heat 2 A - Final

1	Rackowski, Lauren	15	Middle Tyger-SC	2:27.44
2	Hartman, Sara	17	Boyertown-PA	2:26.72
3	Kuras, Brittney	16	Canandaigua-NY	2:25.53
4	Bachrouche, Katya	17	Farmington-MI	2:23.15
5	Carne, Addie	16	Middle Tyger-SC	2:25.52
6	Marecki, Brynn	16	Farmington-MI	2:26.59
7	Bolin, Ashley	17	Oshkosh-WI	2:26.92
8	Troyan, Paige	18	Countryside-OH	2:27.48

Event 8 Men 200 LC Meter IM

National: 2:08.46 1992		B. Wynn		
Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Keough, John	15	UpperMainLine-PA	2:17.12
2	Lewing, Jake	18	Tri-Hampton-PA	2:16.76
3	Allen, Ross	17	Powel Crosley-OH	2:16.28
4	Brown, Tom	17	Wilton-CT	2:15.97
5	Deveney, Brendan	16	Wilton-CT	2:16.07
6	Dukleth, Steve	18	B R Ryall-IL	2:16.38
7	Hart, Nathan	15	W.North Carolina	2:16.82
8	Egger, Riley	18	Stevens Point-WI	2:17.12

Heat 2 A - Final

1	Salig, Matt	15	Lionville-PA	2:14.03
2	Healy, Devon	18	New Canaan-CT	2:13.31
3	Marino, Scott	17	FanwoodScotch-NJ	2:12.77
4	Farra, Justin	18	Countryside-OH	2:11.31
5	Ingraham, David	14	Middle Tyger-SC	2:11.82
6	McNamara, Travis	17	Cheshire-CT	2:12.95
7	Pattermann, Justin	18	Kishwaukee-IL	2:13.59
8	Francis, Ryne	19	Boyertown-PA	2:15.01

Event 9 Women 50 LC Meter Freestyle

National: 26.49 7/30/2002		Claire Woodall-Gainey		
Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Lemberg, Suzanne	15	Westfield-NJ	28.31
2	Kuras, Brittney	16	Canandaigua-NY	28.29
3	Messer, Hannah	15	Rapid Area-MI	28.28
4	McDowell, Breann	15	Countryside-OH	28.24
5	Meho, Amina	16	Burbank-MA	28.25
6	Rohr, Natalie	13	South Family-OH	28.29
7	Klinzing, Morgan	17	Middle Tyger-SC	28.31
8				

Heat 2 A - Final

1	McMullan, Kristen	18	Kennett-PA	28.19
2	Murphy, Marissa	15	Rapid Area-MI	28.08
3	Goebel, Molly	17	New Canaan-CT	27.89
4	Lloyd, Emily	14	Anne Arundel-MD	26.82
5	Munger, Anna	17	UpperMainLine-PA	27.42
6	Gnerre, Dana	16	Wilton-CT	27.97
7	Smith, Haley	18	Wilton-CT	28.18
8	Hennessy, Molly	17	New Canaan-CT	28.23

Event 10 Men 50 LC Meter Freestyle

National: 23.52 7/27/2004		Jeffrey Sudbury		
Lane	Name	Age	Team	Prelims
Heat 1 B - Final				
1	Lumkong, Nik	16	West Morris-NJ	25.28
2	Galt, Kyle	16	Middle Tyger-SC	25.23
3	Reinke, Chris	17	Middle Tyger-SC	25.20
4	Kauffman, Graham	15	Middle Tyger-SC	25.14
5	Goeckner, Caleb	19	Newberry-SC	25.19
6	Bimmler, Paul	16	Andover-MA	25.23
7	Fulker, Sam	18	Miami County-OH	25.26
8	Sommer, Scott	16	Marion County-FL	25.29

Heat 2 A - Final

1	Christian, Andrew	19	UpperMainLine-PA	25.09
2	Loccisano, Steven	18	Rappahannock-VA	25.04
3	Chao, David	18	UpperMainLine-PA	24.98
4	Springer, Steven	17	Powel Crosley-OH	24.93
5	Bierman, Ben	18	Powel Crosley-OH	24.94
6	Ohning, Collin	18	Middle Tyger-SC	25.03
7	Addlesberger, Justin	17	Chambersburg-PA	25.05
8	Stoker, Andrew	18	UpperMainLine-PA	25.11

2007 YMCA National Long Course Championship**July 31 - August 3, 2007****Meet Program - Day 1 Finals****Event 11 Women 200 LC Meter Medley Relay****National: 2:01.17 7/31/2006 Boyertown Area YMCA****K Valentine, S Longacre, E Christy, A Allen****Lane Team Relay Prelims****Heat 1 B - Final**

1	Blue Ash-OH	2:05.93
2	Brandywine DE	2:05.62
3	Wilton-CT	2:05.31
4	Countryside-OH	2:04.86
5	West Shore-PA	2:05.28
6	Oshkosh-WI	2:05.37
7	UpperMainLine-PA	2:05.65
8	FanwoodScotch-NJ	2:06.02

Heat 2 A - Final

1	Powel Crosley-OH	2:04.56
2	New Canaan-CT	2:04.16
3	Greensburg-PA	2:03.60
4	Anne Arundel-MD	2:02.87
5	Boyertown-PA	2:03.21
6	Farmington-MI	2:03.89
7	Middle Tyger-SC	2:04.42
8	Cheshire-CT	2:04.58

Event 12 Men 200 LC Meter Medley Relay**National: 1:46.68 7/31/2001 M.E. Lyons-OH****J Cramer, R Kauscher, P Carothers, M Bertke****Lane Team Relay Prelims****Heat 1 B - Final**

1	Gr. Flint-MI	1:54.91
2	Rappahannock-VA	1:54.73
3	North Shore-MA	1:53.99
4	B R Ryall-IL	1:52.99
5	SomersetValleyNJ	1:53.07
6	Wilton-CT	1:54.26
7	Stevens Point-WI	1:54.87
8	Red Bank - NJ	1:55.00

Heat 2 A - Final

1	Boyertown-PA	1:52.45
2	UpperMainLine-PA	1:52.07
3	Powel Crosley-OH	1:51.39
4	Middle Tyger-SC	1:49.39
5	Countryside-OH	1:49.59
6	West Shore-PA	1:51.95
7	New Canaan-CT	1:52.40
8	Ridgewood-OH	1:52.70