

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Event 1 Women 100 LC Meter Backstroke

Odd Heats begin at Warm-Up Pool End

Even Heats begin at Diving Board End

Starts 8:00 AM

National: 1:02.73 7/27/2004 Tricia Weaner

Meet Qualifying: 1:12.49

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Prelims				
2	Webb, Colleen	15	B R Ryall-IL	1:01.88 Y
3	Warfel, McKenna	15	Countryside-OH	1:01.80 Y
4	Lancki, Amanda	17	Ridgewood-OH	1:01.61 Y
5	Fisher, Katey	14	Jerry Garver-OH	1:01.76 Y
6	Ball, Rebecca	16	Gr. Flint-MI	1:01.83 Y
Heat 2 of 13 Prelims				
1	Caldwell, Aubrey	17	Pottstown-PA	1:01.54 Y
2	Egger, Hannah	18	Stevens Point-WI	1:01.41 Y
3	Raczkowski, Lauren	15	Middle Tyger-SC	1:01.31 Y
4	Riley, Mattie	17	Western Fam-MD	1:01.22 Y
5	Ostrander, Casey	16	Cape Cod-MA	1:01.30 Y
6	Bayag, Stephanie	14	Rock Hill-SC	1:01.33 Y
7	Waugaman, Brooke	14	Greensburg-PA	1:01.49 Y
8	Allen, Madison	14	Middle Tyger-SC	1:01.59 Y
Heat 3 of 13 Prelims				
1	Thach, Amanda	14	West Seattle-WA	1:00.99 Y
2	Meho, Amina	16	Burbank-MA	1:00.79 Y
3	Iglesias, Jackie	14	Aurora Family-IL	1:00.64 Y
4	Orem, Katie	15	New Canaan-CT	1:00.07 Y
5	Suhling, Sandy	17	Rappahannock-VA	1:00.32 Y
6	Healy, Jess	16	Hatboro-PA	1:00.67 Y
7	Ostromecki, Carlene	15	Boyertown-PA	1:00.98 Y
8	Alwan, Allison	17	Andover-MA	1:01.14 Y
Heat 4 of 13 Prelims				
1	Brassfield, Izzy	16	Greensboro-NC	1:11.59 S
2	Gardner, Ashley	18	Central Delaware	1:11.58 S
3	Rauch, Megan	17	FanwoodScotch-NJ	1:11.48 S
4	Conjares, Chloe	14	Ridgewood-NJ	1:11.47 S
5	Engen, Kimberly A	17	Aurora Family-IL	1:11.47 S
6	Dela Cruz, Kathleen	16	MetuchenEd-NJ	1:11.50 S
7	Bryson, Jennifer	18	Fox Cities-WI	1:11.58 S
8	Zsigray, Alison	17	South Toledo- OH	59.98 Y
Heat 5 of 13 Prelims				
1	Kang, Melissa	16	Brandywine-PA	1:11.45 S
2	Lawson, Kimberly	16	Morris Center-NJ	1:11.11 S
3	Leberfinger, Ali	16	SomersetHills-NJ	1:10.94 S
4	Conroy, Ashley	15	Ocean County-NJ	1:10.91 S
5	Markey, Hannah	14	FanwoodScotch-NJ	1:10.92 S
6	Houser, Alexis	16	Tri-Hampton-PA	1:10.96 S
7	Dooley, Taryn	16	Gr Holyoke-MA	1:11.32 S
8	Blackburn, Anna	14	Winston-Salem-NC	1:11.47 S

Heat 6 of 13 Prelims

1	Arnold, Kaitie	17	Aurora Family-IL	1:10.77 S
2	Guenther, Jakki	17	Gr Holyoke-MA	1:10.08 S
3	Messer, Hannah	15	Rapid Area-MI	1:12.46
4	Dill, Stephanie	17	Hampshire-MA	1:12.29
5	Moll, Kristen	16	SomersetValleyNJ	1:12.38
6	Halley, Erica	15	Fox Cities-WI	1:09.75 S
7	Finn, Alyssa	14	Hunterdon-NJ	1:10.68 S
8	Frazelle, Jessica	15	Winston-Salem-NC	1:10.83 S

Heat 7 of 13 Prelims

1	O'Connor, Kelly	16	North Shore-MA	1:12.25
2	Houston, Hannah	15	Countryside-OH	1:12.12
3	Nockengost, Sarah	17	Brandywine DE	1:11.98
4	Crittenden, Tyler	16	Aurora Family-IL	1:11.82
5	Bogue, Courtney	16	East Hartford-CT	1:11.87
6	Osterhage, Molly	15	South Family-OH	1:12.09
7	Zhang, Lisa	14	Red Bank - NJ	1:12.14
8	Hunter, Alexandra	16	Burbank-MA	1:12.27

Heat 8 of 13 Prelims

1	McKinnon, Courtney	15	Madison Area-NJ	1:11.79
2	Marrinucci, Jena	17	Boyertown-PA	1:11.67
3	Rhoades, Whitney	16	Harrison Co.-WV	1:11.43
4	Weidner, Sarah	15	South Family-OH	1:11.40
5	Colucci, Nicole	16	FanwoodScotch-NJ	1:11.41
6	Leong, Deirdre	16	Flushing-NY	1:11.56
7	Wiese, Kelsey	14	Gr. Flint-MI	1:11.74
8	Brannick, Alexandria	17	Ocean County-NJ	1:11.79

Heat 9 of 13 Prelims

1	Sayles, Megan	18	Winston-Salem-NC	1:11.29
2	Pheil, Katie	15	Marion County-FL	1:11.21
3	Madden, Cara	18	North Shore-MA	1:11.13
4	Henkels, Mary	17	FanwoodScotch-NJ	1:10.94
5	Wilson, Rachel	16	Winston-Salem-NC	1:11.05
6	Hardewig, Amanda	15	ME Lyons-OH	1:11.18
7	Shapiro, Jordan	16	Hamilton Area-NJ	1:11.26
8	Foster, Meredith	14	Hartford-MD	1:11.34

Heat 10 of 13 Prelims

1	Powers, MACKENZIE	15	Kishwaukee-IL	1:10.79
2	Tomkowski, Allison	19	Gr. Johnstown-PA	1:10.58
3	Smits, Siri	13	Oshkosh-WI	1:10.56
4	Burns, Caroline	16	Anne Arundel-MD	1:10.50
5	Willingham, Molly	14	Middle Tyger-SC	1:10.50
6	Steider, Katie	17	Meadville-PA	1:10.56
7	Sepich, Courtney	15	Burlington Co-NJ	1:10.78
8	Pavolko, Brittany	17	Hampshire-MA	1:10.90

Heat 11 of 13 Prelims

1	Valenzuela, Mara	14	SomersetValleyNJ	1:10.23
2	Connors, Briana	15	Blue Ash-OH	1:09.31
3	Moore, Elizabeth	17	Middle Tyger-SC	1:08.30
4	Valentine, Katie	18	Boyertown-PA	1:07.21
5	Akenberger, Jamie	16	South Toledo- OH	1:07.87
6	Bersani, Anna	17	Countryside-OH	1:08.52
7	Gibas, Anna	15	Greensburg-PA	1:09.88
8	Oberholzer, Celia	13	Powel Crosley-OH	1:10.49

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 12 Prelims (#1 Women 100 LC Meter Backstroke)

1	Phillips, Adrienne	16	West Shore-PA	1:10.07
2	Kinsey, Stephanie	16	West Shore-PA	1:09.09
3	Glover, Ginny	16	Western Fam-MD	1:08.12
4	Solernou, Lauren	14	Cheshire-CT	1:06.15
5	Francis, Kylie	18	Boyertown-PA	1:07.78
6	VanOost, Alexandra	16	Elgin-IL	1:08.47
7	Sauer, Bridget	16	Brandywine DE	1:09.72
8	Thomas, Erin	17	Bangor-ME	1:10.41

Heat 13 of 13 Prelims

1	Conlon, Mari	18	Wilton-CT	1:09.98
2	Gillig, Annie	12	Middle Tyger-SC	1:08.81
3	Bender, Megan	17	Farmington-MI	1:08.11
4	Galvin, Sarah	16	B R Ryall-IL	1:06.04
5	Capuano, Hollis	16	Cheshire-CT	1:07.73
6	Weaner, Emily	15	West Shore-PA	1:08.44
7	Moore, Rachel	13	Andover-MA	1:09.62
8	Rohr, Brittney	17	South Family-OH	1:10.30

Event 2 Men 100 LC Meter Backstroke

Odd Heats begin at Warm-Up Pool End

Even Heats begin at Diving Board End

Starts 8:05 AM

National: 56.63 7/26/2005 Patrick Schirk

Meet Qualifying: 1:06.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	Black, Michael	17	Easton-PA	56.82Y
2	Coppelli, Camden	17	Laurel Highlands	56.78Y
3	Flanders, Matthew	18	Brandywine-PA	56.70Y
4	Orr, Ben	16	Newberry-SC	56.58Y
5	Scott, Konner	14	Leaning Tower-IL	56.66Y
6	Wolhart, Dylan	17	W.North Carolina	56.71Y
7	Williams, Kyle	17	West Morris-NJ	56.80Y
8	Kyff, Russ	17	Ocean County-NJ	56.97Y

Heat 2 of 10 Prelims

1	Wendel, Daniel	16	Winston-Salem-NC	56.55Y
2	Peart, Zach	16	FanwoodScotch-NJ	56.11Y
3	Niggel, Max	18	Corry -PA	55.68Y
4	Moyer, Kevin	18	Boyertown-PA	55.23Y
5	Kerins, Brendan	15	Western Fam-MD	55.63Y
6	Coleman, Jimmy	16	Burlington Co-NJ	55.98Y
7	Lempke, Kevin	16	Middle Tyger-SC	56.34Y
8	Camper, Mike	14	Rappahannock-VA	56.56Y

Heat 3 of 10 Prelims

1	Galt, Kyle	16	Middle Tyger-SC	55.08Y
2	Mershon, Thomas	15	UpperMainLine-PA	54.69Y
3	Vanbiervliet, Matthew	14	SomersetValleyNJ	1:04.84S
4	Landry, Jamie	15	Hastings Lake-IL	1:04.07S
5	Avendano, Jovany	14	Montclair-NJ	1:04.76S
6	Kennedy, Seamus	17	Burlington Co-NJ	53.94Y
7	Gruner, Jon	18	Gr. Flint-MI	55.05Y
8	Talarick, Drew	18	SomersetValleyNJ	55.12Y

Heat 4 of 10 Prelims

1	Luciano, Patrick	18	SomersetValleyNJ	1:03.76S
2	Baginski, Gabe	15	Aurora Family-IL	1:03.30S
3	Leavitt, Stephen	18	North Shore-MA	1:06.85
4	Yao, David	16	SomersetValleyNJ	1:06.49
5	Moore, Michael	16	Brandywine DE	1:06.67
6	McCurdy, Matthew	15	Wilton-CT	1:06.91
7	Fitton, Alex	16	Red Bank - NJ	1:03.72S
8	Wu, Charles	15	Red Bank - NJ	1:03.80S

Heat 5 of 10 Prelims

1	Opuszeko, Konrad	15	Middle Tyger-SC	1:06.42
2	Schmitz, Daniel	15	South Family-OH	1:06.39
3	Walcker, Bryan	13	Burbank-MA	1:06.36
4	Alef, Grant	14	Kishwaukee-IL	1:06.00
5	Ryan, Ken	16	Chapel Hill-NC	1:06.13
6	Golankiewicz, Andrew	15	Wilton-CT	1:06.36
7	Collins, Matthew	14	Flushing-NY	1:06.41
8	Francis, Alec	16	Boyertown-PA	1:06.47

Heat 6 of 10 Prelims

1	Guttrich, Jordan	14	Gr. Flint-MI	1:05.95
2	Harder, Brad	16	Wilton-CT	1:05.80
3	Frey, Jeremy	17	Tri-Hampton-PA	1:05.68
4	Luehrmann, Danny	17	ME Lyons-OH	1:05.66
5	Duryea, Derrian	13	New Canaan-CT	1:05.68
6	Hunter, Paul	15	Andover-MA	1:05.73
7	Posten, Brian	17	Gr. Flint-MI	1:05.93
8	Beckner, Clay	17	Chambersburg-PA	1:05.96

Heat 7 of 10 Prelims

1	Royer, Mark	18	Anne Arundel-MD	1:05.48
2	Miller, Casey	16	South Family-OH	1:05.36
3	Lareau, Tyler	16	North Shore-MA	1:05.19
4	Bailey, Joseph	17	Brandywine DE	1:05.06
5	Bimmler, Paul	16	Andover-MA	1:05.09
6	Logan, Matt	16	Marietta-OH	1:05.27
7	Trelka, Kyle	17	Fox Cities-WI	1:05.43
8	Wright, Andrew	14	Burlington Co-NJ	1:05.66

Heat 8 of 10 Prelims

1	McClure, Ryan	18	Oshkosh-WI	1:04.43
2	Kofmehl, Jon	18	Gr. Johnstown-PA	1:03.60
3	Lancki, Kevin	15	Ridgewood-OH	1:02.93
4	Basler, Daniel	18	Winston-Salem-NC	1:01.72
5	Gunnels, Christopher	17	Chapel Hill-NC	1:02.52
6	Carr, Trevor	16	Rappahannock-VA	1:03.33
7	McKee, Matthew	16	Coffman - OH	1:03.73
8	Fellers, Sean	17	Miami County-OH	1:04.91

Heat 9 of 10 Prelims

1	Stanton, Matt	17	Tri-Hampton-PA	1:04.19
2	Pretto, Jack	15	Cheshire-CT	1:03.53
3	Lashway, Nick	17	Hampshire-MA	1:02.85
4	Francis, Ryne	19	Boyertown-PA	1:00.33
5	Blickle, Broderick	17	Farmington-MI	1:02.45
6	Goeckner, Caleb	19	Newberry-SC	1:03.17
7	Lebovitz, Adam	15	Wilton-CT	1:03.72
8	DiGiacinto, Angelo	17	West Morris-NJ	1:04.73

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 10 Prelims (#2 Men 100 LC Meter Backstroke)

1	Sivak, Brian	16	B R Ryall-IL	1:03.94
2	Naylor, Eric	16	West Shore-PA	1:03.51
3	Smit, Alex	16	Countryside-OH	1:02.62
4	Barbiere, Jim	17	Countryside-OH	59.02
5	Howard, Kevin	18	North Shore-MA	1:02.16
6	Janszen, Tommy	19	Powel Crosley-OH	1:03.12
7	Harris, Taylor	16	Rapid Area-MI	1:03.64
8	Friedel, Josh	14	Rappahannock-VA	1:04.48

Event 3 Women 400 LC Meter Freestyle

Odd heats warm-up pool end

Even Heats diving board end

Starts 8:16 AM

National: 4:20.60 7/27/2004 Emily Brunemann

Meet Qualifying: 4:45.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims

2	Niespodzany, Heidi	17	Green Bay-WI	5:16.60 Y
3	Reid, Kelsey	16	Gr. Flint-MI	5:15.50 Y
4	Loubris, Katy	18	North Shore-MA	5:15.21 Y
5	Golden, Kori	16	Anne Arundel-MD	5:15.34 Y
6	Froehlich, Madeline	16	Cheshire-CT	5:16.49 Y

Heat 2 of 8 Prelims

1	Villarreal, Ana	17	New Canaan-CT	5:14.49 Y
2	Thomas, Kate	17	Winston-Salem-NC	5:13.77 Y
3	Dugan, Tara	16	Wilton-CT	5:12.81 Y
4	Heneghan, Chelsea	18	East Hartford-CT	5:12.52 Y
5	Webb, Colleen	15	B R Ryall-IL	5:12.77 Y
6	Roop, Kristina	15	UpperMainLine-PA	5:13.05 Y
7	Blazjewski, Nicole	17	ME Lyons-OH	5:14.04 Y
8	Kaneshiki, Sarah	14	Gr. Johnstown-PA	5:14.69 Y

Heat 3 of 8 Prelims

1	Fox, Stephanie	16	Rapid Area-MI	5:11.31 Y
2	deMarrais, Mary	16	SomersetHills-NJ	5:07.42 Y
3	Zeller, Kayla	18	West Shore-PA	5:02.84 Y
4	Graesser, Sophia	17	UpperMainLine-PA	4:45.22
5	Perazella, Brianna	16	Cheshire-CT	4:45.31
6	Foley, Erin	14	Hockomock-MA	5:05.75 Y
7	Hardewig, Amanda	15	ME Lyons-OH	5:10.25 Y
8	Bullock, Anna Blair	14	Winston-Salem-NC	5:12.00 Y

Heat 4 of 8 Prelims

1	Gavin-Hanner, Margaret	15	UpperMainLine-PA	4:45.06
2	Launer, Emily	13	Kishwaukee-IL	4:44.45
3	Prentice, Jillian	15	SomersetValleyNJ	4:44.27
4	Willingham, Molly	14	Middle Tyger-SC	4:43.49
5	Roeing, Ellie	16	B R Ryall-IL	4:43.62
6	Glenn, Katherine	16	Catawba-NC	4:44.36
7	Woldt, Hilary	15	Oshkosh-WI	4:44.94
8	Eberly, Sydnee	14	Countryside-OH	4:45.15

Heat 5 of 8 Prelims

1	Lanzendoen, Bethany	17	Ridgewood-NJ	4:43.34
2	Jones, Autumn	15	Winston-Salem-NC	4:43.12
3	Ketchmark, Meredith	15	Hamilton Area-NJ	4:41.28
4	Nagele, Stephanie	17	Middle Tyger-SC	4:40.90
5	Crain, Katherine	16	Huntington-WV	4:41.00
6	Guzman, Paula	17	Flushing-NY	4:42.75
7	Taylor, Kate	16	Kishwaukee-IL	4:43.33
8	Maher, Rebecca	16	Hamden-N.Haven	4:43.49

Heat 6 of 8 Prelims

1	Harvey, Megan	18	UpperMainLine-PA	4:39.94
2	Nedley, Marie	17	Laurel Highlands	4:37.24
3	Froehlich, Sarah	18	Cheshire-CT	4:32.25
4	Smith, Caroline	16	Winston-Salem-NC	4:25.26
5	Simon, Laura	16	Middle Tyger-SC	4:31.24
6	Nightingale, Lauren	17	Marion County-FL	4:35.28
7	Marlow, Hannah	18	New Canaan-CT	4:39.09
8	Bowling, Meghan	17	ME Lyons-OH	4:40.55

Heat 7 of 8 Prelims

1	McDowell, Breann	15	Countryside-OH	4:39.77
2	Konieczny, Emily	17	Gr Holyoke-MA	4:37.06
3	Greenway, Liz	16	Middle Tyger-SC	4:31.71
4	Beidler, Courtney	15	Tri-Hampton-PA	4:24.72
5	Miller, Ashley	18	ME Lyons-OH	4:30.88
6	Dornstauder, Kristen	17	Brandywine DE	4:33.22
7	Happ, Megan	16	UpperMainLine-PA	4:38.73
8	Stover, Ally	17	South Family-OH	4:40.34

Heat 8 of 8 Prelims

1	Timson, Laura	16	Farmington-MI	4:39.43
2	Helock, Melissa	17	FanwoodScotch-NJ	4:36.02
3	Galbreath, Abby	15	South Family-OH	4:31.26
4	Bachrouche, Katya	17	Farmington-MI	4:24.42
5	Demrow, Shannon	17	Elgin-IL	4:30.43
6	Lips, Haley	13	Middle Tyger-SC	4:32.68
7	Comodeca, Julia	15	ME Lyons-OH	4:37.81
8	Petry, Tori	15	Marion County-FL	4:40.30

Event 4 Men 400 LC Meter Freestyle

Odd Events warm-up pool end

Even heats diving board end

Start time 8:50 AM

National: 3:59.19 1996 A. Messner

Meet Qualifying: 4:32.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Prelims

3	Danz, Evan	17	Western Fam-MD	4:50.25 Y
4	O'Donnell, Brian	17	FanwoodScotch-NJ	4:19.88 S
5	Vernoia, Mike	16	SomersetValleyNJ	4:47.38 Y

Heat 2 of 9 Prelims

1	Bouvier, Tim	15	North Shore-MA	4:32.93
2	Wilson, James	15	South Chester-PA	4:32.45
3	Hom, Kevin	14	Hamilton Area-NJ	4:31.76
4	Walker, Evan	16	Huntington-WV	4:31.21
5	Burr, Jonathan	14	East Hartford-CT	4:31.66
6	Mathews, Josh	17	Hartford-MD	4:32.34
7	Biedenharn, Carlo	15	Countryside-OH	4:32.83

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 3 Prelims (#4 Men 400 LC Meter Freestyle)

1	Pooley, Cory	15	Winston-Salem-NC	4:30.59
2	Kramb, Jacob	16	Countryside-OH	4:30.51
3	Morlock, Kevin	16	Hartford-MD	4:30.37
4	Hall, Phillip	16	Marion County-FL	4:29.00
5	Bagdon, Bill	17	Tri-Hampton-PA	4:29.48
6	Maloney, PJ	17	Corning-NY	4:30.42
7	Healy, Ben	18	Aurora Family-IL	4:30.51
8	Drake, Sean	14	ME Lyons-OH	4:30.64

Heat 4 of 9 Prelims

1	Hurst, Christian	18	North Shore-MA	4:28.95
2	Trumbauer, Wesley	15	Boyertown-PA	4:28.70
3	Scymanski, Eliot	16	Hamden-N.Haven	4:28.04
4	Kleinhenz, Jonny	16	Powel Crosley-OH	4:27.23
5	Brown, Sean	16	B R Ryall-IL	4:27.26
6	Reppy, Justin	16	Aurora Family-IL	4:28.13
7	Bowling, Garrett	17	ME Lyons-OH	4:28.82
8	Gordon, David	16	Kishwaukee-IL	4:28.96

Heat 5 of 9 Prelims

1	Gordon, Billy	18	UpperMainLine-PA	4:26.86
2	Reed, Nathan	15	UpperMainLine-PA	4:26.82
3	Backler, Daniel	17	North Shore-MA	4:26.10
4	Lewing, Jake	18	Tri-Hampton-PA	4:25.64
5	Watson, Matt	16	New Canaan-CT	4:25.83
6	Hallman, Eric	15	West Cook-IL	4:26.29
7	Luehrmann, Matt	15	ME Lyons-OH	4:26.83
8	Bouvier, Brian	17	North Shore-MA	4:26.91

Heat 6 of 9 Prelims

1	Bruso, Shaun	18	Gr Holyoke-MA	4:25.18
2	White, Patrick	16	New Canaan-CT	4:24.78
3	Haarsgaard, Patrick	17	Middle Tyger-SC	4:24.18
4	Jones, Kevin	17	Winston-Salem-NC	4:23.97
5	Brennan, Michael	17	Ridgewood-NJ	4:24.00
6	Miller, Alex	16	ME Lyons-OH	4:24.76
7	Friedel, Josh	14	Rappahannock-VA	4:25.06
8	Dolan, Devin	15	Marion County-FL	4:25.46

Heat 7 of 9 Prelims

1	Ramey, Matt	15	Laurel Highlands	4:22.94
2	Spake, Gavin	17	J.F. Hurley-NC	4:21.04
3	Bushman, Luke	16	Green Bay-WI	4:17.86
4	Francis, Jamie	18	East Hartford-CT	4:11.55
5	Navata, Matt	15	Montclair-NJ	4:12.71
6	Ahlden, Eric	15	Aurora Family-IL	4:19.92
7	Carr, Alex	17	Rock Hill-SC	4:21.37
8	Heraly, Daniel	18	Green Bay-WI	4:23.36

Heat 8 of 9 Prelims

1	Nutter, Matthew	14	North Shore-MA	4:22.65
2	Wollenschlaeger, Matt	17	Marion County-FL	4:20.54
3	Perkins, TY	16	Coffman - OH	4:15.36
4	Farr, Bo	18	Middle Tyger-SC	4:11.20
5	Green, Travis	16	Huntington-WV	4:12.38
6	Kramer, Nate	18	ME Lyons-OH	4:18.40
7	Shade, Jeffrey	17	Gr. Flint-MI	4:21.36
8	Rauch, Timothy	18	SomersetValleyNJ	4:23.22

Heat 9 of 9 Prelims

1	Fischer, Ryan	16	Ridgewood-NJ	4:22.48
2	Jackwin, Eric	18	East Hartford-CT	4:20.10
3	Groseclose, Lee	17	Middle Tyger-SC	4:12.95
4	McNamara, Travis	17	Cheshire-CT	4:09.70
5	Stefl, David	18	Farmington-MI	4:11.70
6	Reid, Andrew	17	North Shore-MA	4:17.90
7	Shea, Patrick	17	North Shore-MA	4:21.30
8	Mihic, Kevin	16	B R Ryall-IL	4:23.22

Event 5 Women 50 LC Meter Breaststroke

All heats start on the diving board

Starts 9:31 AM

National: 33.03 7/28/2003 Lauren Brick

Meet Qualifying: 38.39

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Prelims

3	Turner, Katy	18	Mid-Delmarva-MD	32.99 Y
4	Stephens, Laura	14	Kennett-PA	32.98 Y
5	Beck, Lauren	17	Brandywine-PA	32.99 Y

Heat 2 of 17 Prelims

2	Bjornberg, Kaela	16	Cheshire-CT	32.92 Y
3	Filby, Kristin	12	South Toledo- OH	32.87 Y
4	Regnier, Emma	16	Hastings Lake-IL	32.78 Y
5	Leberfinger, Greta	13	SomersetHills-NJ	32.86 Y
6	Gildea, Meg	17	New Canaan-CT	32.91 Y
7	Andrasek, Stephanie	16	Ridgewood-OH	32.97 Y

Heat 3 of 17 Prelims

1	Harris, Megan	14	Brandywine-PA	32.67 Y
2	Clark, Alison	17	Cecil County-MD	32.64 Y
3	Brooks, Katey	16	Ridgewood-OH	32.57 Y
4	Caggainello, Kelly	15	Wilton-CT	32.49 Y
5	Helfrich, Katie	16	Hilliker-OH	32.50 Y
6	Weyand, Kim	14	Anne Arundel-MD	32.62 Y
7	Rusch, Heather	16	Delta County MI	32.66 Y
8	Bock, Megan	16	Red Bank - NJ	32.74 Y

Heat 4 of 17 Prelims

1	Doster, Kristen	16	Green Bay-WI	32.38 Y
2	Rehrig, Brittany	16	Western Br-DE	32.13 Y
3	Starosielec, Jessica	18	FanwoodScotch-NJ	31.51 Y
4	Lacoste, Kara	13	Gr Holyoke-MA	37.25 S
5	Wardecke, Sarah	17	Fox Cities-WI	30.99 Y
6	Hamilton, Emily	15	Mid-Delmarva-MD	32.09 Y
7	Craig, Melanie	16	Tri-Hampton-PA	32.26 Y
8	Matthys, Cassie	14	Delta County MI	32.39 Y

Heat 5 of 17 Prelims

1	Esposito, Deirdre	14	Morris Center-NJ	37.17 S
2	Schenkman, Hanna	15	West Morris-NJ	37.08 S
3	Ferrera, Danielle	17	West Morris-NJ	37.04 S
4	Arana, Priscilla	16	Flushing-NY	37.01 S
5	Manser, Jamie	17	Morris Center-NJ	37.03 S
6	Brundage, Lauren	15	Madison Area-NJ	37.07 S
7	Feenick, Maja	16	SomersetHills-NJ	37.09 S
8	Lo, Lauren	15	Red Bank - NJ	37.18 S

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 6 Prelims (#5 Women 50 LC Meter Breaststroke)

1	Kandrac, Morgan	14	Hamilton Area-NJ	36.90S
2	Stevens, Garrison	16	J.F. Hurley-NC	36.62S
3	Evans, Carlyn	13	Lionville-PA	36.18S
4	Johnston, Morgan	13	Chambersburg-PA	35.97S
5	McNeil, Brittany	17	South Chester-PA	36.07S
6	Markey, Hannah	14	FanwoodScotch-NJ	36.53S
7	Zimmerman, Alex	15	Phoenixville-PA	36.78S
8	Jacobi, Samantha	17	Aurora Family-IL	36.98S

Heat 7 of 17 Prelims

1	Rafferty-Millett,	17	North Shore-MA	38.38
2	Ivey, Ashley	18	Rock Hill-SC	38.33
3	Widawsky, Alexa	15	Ridgewood-NJ	38.32
4	Whittemore, Rachael	14	W.North Carolina	38.28
5	Fleming, Johanna	14	Hampshire-MA	38.32
6	Dunn, Rebecca	15	FanwoodScotch-NJ	38.32
7	Rafferty-Millett,	13	North Shore-MA	38.36
8	Boucher, Allison	18	SomersetValleyNJ	35.84S

Heat 8 of 17 Prelims

1	Gennusa, Jessica	16	Brandywine DE	38.25
2	Mort, Sophie	16	Powel Crosley-OH	38.21
3	Regelski, Alena	16	South Family-OH	38.18
4	Tuchscherer, Ashley	14	Oshkosh-WI	38.17
5	Motsenbocker, Paula	12	Rappahannock-VA	38.18
6	Lim, Sally	13	Flushing-NY	38.19
7	McCormick, Kasey	16	R.C. Durr-KY	38.25
8	Mullin, Kellianne	17	Piedmont-VA	38.27

Heat 9 of 17 Prelims

1	Casha, Nysa	14	Burbank-MA	38.15
2	Revolinski, Rachel	14	Oshkosh-WI	38.09
3	Hardewig, Sam	13	ME Lyons-OH	38.07
4	Kim, Jane	16	Flushing-NY	38.01
5	Camp, Kaitlyn	14	Suburban W-OH	38.02
6	Josephson, Anna	18	North Shore-MA	38.09
7	Ramdin, Alex	15	J.F. Hurley-NC	38.13
8	Belak, Lulu	14	Wilton-CT	38.16

Heat 10 of 17 Prelims

1	Hirn, Amanda	16	South Family-OH	37.98
2	Scott, Kate	15	Rapid Area-MI	37.84
3	Shea, Julie	13	North Shore-MA	37.78
4	Morgan, Maddy	15	West Seattle-WA	37.74
5	Warfel, Hannah	13	Countryside-OH	37.75
6	Boucher, Kelsey	16	East Hartford-CT	37.80
7	Brown, Bethny	18	Gr Holyoke-MA	37.97
8	Newman, Ariel	18	SomersetValleyNJ	37.99

Heat 11 of 17 Prelims

1	Kinney, Price	16	Middle Tyger-SC	37.72
2	Lincoln, Teresa	16	Westchester-CA	37.64
3	O'Leary, Maeve	15	Montclair-NJ	37.52
4	Zielinski, Stephanie	18	Gr. Flint-MI	37.48
5	Staley, Kaitlin	15	Hastings Lake-IL	37.50
6	De los Santos, Diana	15	Flushing-NY	37.57
7	Gorman, Karissa	16	Gr Holyoke-MA	37.68
8	Sullivan, Elizabeth	17	Melrose-MA	37.72

Heat 12 of 17 Prelims

1	Waugaman, Brooke	14	Greensburg-PA	37.35
2	Oishi, Melissa	16	West Seattle-WA	37.13
3	Bollinger, Anne	17	Wilton-CT	37.08
4	Weir, Emily	15	New Canaan-CT	36.99
5	McCullough, Katie	16	Rapid Area-MI	37.04
6	Hochwalt, Maddie	14	South Family-OH	37.09
7	Sullivan, Monica	15	New Canaan-CT	37.31
8	Trodden, Jennifer	16	North Shore-MA	37.40

Heat 13 of 17 Prelims

1	Rouse, Kelsey	16	Anne Arundel-MD	36.95
2	Wilkinson, Alexandria	15	Lancaster-OH	36.93
3	Lacey, Brooke	15	New Canaan-CT	36.83
4	Huth, Brianna	15	Fox Cities-WI	36.77
5	Klinzing, Morgan	17	Middle Tyger-SC	36.82
6	Baliko, Stephanie	15	FanwoodScotch-NJ	36.90
7	Morgan, Katie	18	Westfield-NJ	36.94
8	Pearson, Ashley	16	Lionville-PA	36.97

Heat 14 of 17 Prelims

1	O'Leary, Kate	15	Western-CT	36.67
2	McGeehan, Kaitlin	17	FanwoodScotch-NJ	36.60
3	Birsa, Taylor	15	Aurora Family-IL	36.51
4	Walsh, Sarah	17	Leaning Tower-IL	36.48
5	Schon, Emily	15	UpperMainLine-PA	36.51
6	Nichols, Laura	15	Columbia NW-SC	36.59
7	Matula, Bethany	17	Fox Cities-WI	36.64
8	Visconti, Lizzy	16	Cheshire-CT	36.73

Heat 15 of 17 Prelims

1	McDonald, Miriam	17	Catawba-NC	36.15
2	Milici, Monica	13	Middle Tyger-SC	35.53
3	Pronschinske, Leah	12	Eau Claire-WI	34.93
4	Moss, KC	12	Wilton-CT	34.21
5	Rom, Amanda	18	Blue Ash-OH	34.51
6	Gorinski, Laura	16	Greensburg-PA	35.25
7	Statz, Alexa	15	Fox Cities-WI	35.94
8	Broadus, Brenna	16	Piedmont-VA	36.47

Heat 16 of 17 Prelims

1	Ishee, Katelyn	17	Countryside-OH	36.08
2	Ballard, Rachael	16	Anne Arundel-MD	35.49
3	Harrison, Courtney	15	Middle Tyger-SC	34.56
4	Ferrell, Stephanie	14	Montclair-NJ	34.17
5	Conklin, Stephanie	17	Blue Ash-OH	34.51
6	Krebs, Catharine	18	Powel Crosley-OH	35.14
7	Kasten, Corey	18	Leaning Tower-IL	35.65
8	Engen, Kimberly A	17	Aurora Family-IL	36.25

Heat 17 of 17 Prelims

1	Heebner, Hannah Rose	15	Farmington-MI	36.04
2	Reynolds, Julie	18	Powel Crosley-OH	35.35
3	Marecki, Brynn	16	Farmington-MI	34.53
4	Graessle, Lindsey	19	Countryside-OH	33.72
5	Hartman, Sara	17	Boyertown-PA	34.48
6	Jerome, Kim	14	Cheshire-CT	34.99
7	Winn, Bridget	17	Kennett-PA	35.62
8	Coon, Alexis	14	Central Delaware	36.18

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Event 6 Men 50 LC Meter Breaststroke

All Heats start diving board end

Starts 9:43 AM

National: 29.56 1996 R. Henikman

Meet Qualifying: 36.29

Lane	Name	Age	Team	Seed	Time
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Heat 1 of 18 Prelims

3	Gauthier, Brandon	15	Greensburg-PA	30.66	Y
4	Klair, Seth	13	Western Br-DE	30.45	Y
5	Adams, Kyle	17	Gr. Flint-MI	30.49	Y

Heat 2 of 18 Prelims

1	Klitenick, Joshua	18	SomersetValleyNJ	30.35	Y
2	Brandon, Douglas	16	Greenwood-SC	30.30	Y
3	DeHart, Morgan	18	Mid-Delmarva-MD	30.15	Y
4	Hagar, Patrick	15	Western Fam-MD	29.92	Y
5	Schindler, Charlie	17	Anne Arundel-MD	30.05	Y
6	Mix, Robby	15	Lionville-PA	30.28	Y
7	Gallagher, Daniel	14	Anne Arundel-MD	30.34	Y

Heat 3 of 18 Prelims

1	VonEhr, Kurt	16	Rapid Area-MI	29.84	Y
2	Rubenstein, Eddie	17	Up Montgomery-MD	29.76	Y
3	Minka, Luke	14	Western Br-DE	29.68	Y
4	Schwartz, Robert	18	Hatboro-PA	29.42	Y
5	Healy, Cary	18	Aurora Family-IL	29.53	Y
6	Desy, Zack	17	Delta County MI	29.70	Y
7	Karloovich, Zach	16	Rappahannock-VA	29.80	Y
8	Fortin, Brendan	16	Andover-MA	29.88	Y

Heat 4 of 18 Prelims

1	Power, Matthew	16	Burlington Co-NJ	29.13	Y
2	Rinaldi, Thomas	14	SomersetValleyNJ	35.03	S
3	Hebbard, Murphy	15	Joliet - IL	34.96	S
4	Wagner, Jordan	16	Waynesboro-PA	34.90	S
5	Burzynski, Alex	13	FanwoodScotch-NJ	34.90	S
6	Baliko, Greg	13	FanwoodScotch-NJ	35.00	S
7	Mendenhall, John	17	Camden County-NJ	28.19	Y
8	Tully, PJ	18	Montclair-NJ	29.33	Y

Heat 5 of 18 Prelims

1	Halperin, Ben	17	West Essex-NJ	34.72	S
2	Gordon, Michael	14	Kishwaukee-IL	34.06	S
3	Wright, Andrew	14	Burlington Co-NJ	33.84	S
4	Romano, Vinny	14	Hunterdon-NJ	36.25	S
5	White, David	16	Hunterdon-NJ	33.27	S
6	Petermann, Jon	16	West Morris-NJ	33.94	S
7	Andrie, Joe	16	JuniataValley-PA	34.19	S
8	Morgan, Matt	16	Westfield-NJ	34.88	S

Heat 6 of 18 Prelims

1	Duncan, Ian	16	Lancaster-OH	36.20	S
2	Sears, Aaron	14	Fox Cities-WI	36.09	S
3	Craven, Erle	14	Winston-Salem-NC	36.07	S
4	Lagieski, Matthew	14	Fox Cities-WI	36.02	S
5	Kimutis, Patrick	15	ME Lyons-OH	36.04	S
6	Tonery, Shane	14	MetuchenEd-NJ	36.09	S
7	Foos, Patrick	15	Blue Ash-OH	36.15	S
8	Iotte, Jake	12	Fox Cities-WI	36.25	S

Heat 7 of 18 Prelims

1	Christiansen, Connor	14	Fox Cities-WI	36.00	S
2	Josephson, Christian	13	Countryside-OH	35.92	S
3	Wei, Cody	14	Tampa Metro-FL	35.89	S
4	Aberle, Daniel	15	Catawba-NC	35.79	S
5	Gray, Burke	17	Rappahannock-VA	35.86	S
6	Foreman, Ben	17	Joliet - IL	35.91	S
7	Beaulieu-Jones, Brett	18	East Hartford-CT	36.00	S
8	Gassaway, Josh	16	Tampa Metro-FL	36.01	S

Heat 8 of 18 Prelims

1	Beeson, Tyler	14	Brandywine DE	35.69	S
2	Hoskins, Jack	17	Winston-Salem-NC	35.65	S
3	Widdowson, Neal	12	Mid-Delmarva-MD	35.61	S
4	Harmon, Michael	15	Cumberland-MD	35.50	S
5	Wilson, Zachary	17	Brandywine-PA	35.60	S
6	Cefalo, Harrison	14	Red Bank - NJ	35.64	S
7	Turner, Brent	16	South Family-OH	35.67	S
8	Fortin, Ryan	13	Andover-MA	35.74	S

Heat 9 of 18 Prelims

1	Miller, Luke	18	State College-PA	35.47	S
2	Castorina, Mark	17	New Canaan-CT	35.34	S
3	Schoenling, Brett	16	Powel Crosley-OH	35.33	S
4	Gioia, Chris	17	Mon Valley-PA	35.25	S
5	Berry, Philip	17	Huntington-WV	35.26	S
6	Hawkins, Trevor	17	Greensboro-NC	35.33	S
7	Rodgers, Louis	13	R.C. Durr-KY	35.38	S
8	Blutfield, Matthew	17	Westfield-NJ	35.49	S

Heat 10 of 18 Prelims

1	Spruill, Nathan	15	Coffman - OH	35.15	S
2	Zhang, Larry	14	Westfield-NJ	35.09	S
3	Lambert, Marshall	14	Boyertown-PA	34.96	S
4	McManis, Jeffrey	14	Ridgewood-OH	34.89	S
5	Hamer, Zach	17	North Shore-MA	34.92	S
6	Krone, Michael	17	Blue Ash-OH	35.04	S
7	Chen, Justin	16	SomersetValleyNJ	35.13	S
8	Scott, Matt	17	Blue Ash-OH	35.23	S

Heat 11 of 18 Prelims

1	Hargrove, Matthew	17	Lancaster-OH	34.74	S
2	Van Huis, Adam	17	Oshkosh-WI	34.63	S
3	Sexton, Brett	18	Winston-Salem-NC	34.44	S
4	Seiler, Andrew	16	UpperMainLine-PA	34.25	S
5	Profitt, Jonathan	16	Powel Crosley-OH	34.29	S
6	Warfel, Chris	17	Countryside-OH	34.59	S
7	Gabriele, Louis	15	Wyckoff-NJ	34.67	S
8	Armington, William	17	Hamilton Area-NJ	34.74	S

Heat 12 of 18 Prelims

1	Scott, John	15	Winston-Salem-NC	34.12	S
2	Burt, AJ	14	Powel Crosley-OH	34.05	S
3	Todd, Charles	17	Stevens Point-WI	33.99	S
4	Ernst, Matt	17	Tri-Hampton-PA	33.96	S
5	Anton, Phil	17	Westfield-NJ	33.97	S
6	Heijne, Erik	16	SomersetHills-NJ	34.01	S
7	Roberts, Steven	18	Coffman - OH	34.11	S
8	Chaudet, Jeremy	16	SomersetValleyNJ	34.13	S

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 13 Prelims (#6 Men 50 LC Meter Breaststroke)

1	Millaci, Johnny	16	Hunterdon-NJ	33.93
2	Auclair, Zach	15	East Hartford-CT	33.89
3	Garrity, Andrew	15	Waterbury-CT	33.89
4	McNeil, Ethan	16	Countryside-OH	33.84
5	Szarko, Tyler	16	Western Fam-MD	33.88
6	Sloan, Jeff	15	Tri-Hampton-PA	33.89
7	Rogers, Corey	18	Middle Tyger-SC	33.91
8	McKeown, Sean	16	East Hartford-CT	33.94

Heat 14 of 18 Prelims

1	Fulker, Sam	18	Miami County-OH	33.73
2	Whear, Devin	16	North Shore-MA	33.72
3	Soja, Kristopher	18	Wausau-WI	33.67
4	Kinney, Josh	15	Fox Cities-WI	33.61
5	Kauffman, Jared	14	Middle Tyger-SC	33.62
6	Ziev, Alex	16	UpperMainLine-PA	33.71
7	Webb, Robert	18	SomersetValleyNJ	33.72
8	Kincaid, Blaine	16	Coffman - OH	33.81

Heat 15 of 18 Prelims

1	Davy, Sam	17	Stevens Point-WI	33.51
2	Schildknecht, Peter	17	Blue Ash-OH	33.38
3	Millett, Ted	15	North Shore-MA	33.29
4	Yazbeck, David	16	South Shore-MA	33.21
5	Beckner, Clay	17	Chambersburg-PA	33.25
6	Shelton, Brian	18	Hunterdon-NJ	33.37
7	Congdon, Andrew	19	Marinette-MI	33.41
8	Kirbitz, Michael	17	Gr. Flint-MI	33.58

Heat 16 of 18 Prelims

1	Beegle, Justin	16	West Shore-PA	32.97
2	Hines, Joseph	17	North Shore-MA	32.69
3	Manning, Evan	18	Boyertown-PA	31.96
4	Symons, Phil	18	Ridgewood-OH	31.35
5	Marino, Scott	17	FanwoodScotch-NJ	31.60
6	McKeown, Kevin	18	East Hartford-CT	32.47
7	Lim, Leo	13	Ridgewood-NJ	32.92
8	Tayouga, Alex	16	Chapel Hill-NC	33.15

Heat 17 of 18 Prelims

1	Addlesberger, Justin	17	Chambersburg-PA	32.96
2	Kauffman, Graham	15	Middle Tyger-SC	32.64
3	Stone, Dak	15	Fox Cities-WI	31.94
4	Ohning, Collin	18	Middle Tyger-SC	31.27
5	Ikeda, Will	18	Leaning Tower-IL	31.58
6	Allen, Ross	17	Powel Crosley-OH	32.44
7	Randall, Mike	18	SomersetValleyNJ	32.83
8	Backler, Daniel	17	North Shore-MA	33.11

Heat 18 of 18 Prelims

1	Moran, Kevin	18	Chambersburg-PA	32.96
2	Reinke, Chris	17	Middle Tyger-SC	32.50
3	Miller, Louis	19	Countryside-OH	31.86
4	Scherer, Mitchell	17	Pottstown-PA	30.98
5	Schutz, Cory	17	Phoenixville-PA	31.38
6	Hiller, Cody	18	Countryside-OH	32.33
7	Johnson, Sean	14	SomersetValleyNJ	32.73
8	Givens, Garrick	15	Farmington-MI	33.00

Event 7 Women 200 LC Meter IM

Odd heats warm-up pool

Even heats diving board

Starts 9:54 AM

National: 2:18.89 7/27/2004 Ashley Jones

Meet Qualifying: 2:36.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Prelims

3	Hardewig, Sam	13	ME Lyons-OH	2:15.45 Y
4	Munzenmaier, Katy	14	Glens Falls-NY	2:15.35 Y
5	Bullock, Anna Blair	14	Winston-Salem-NC	2:15.39 Y

Heat 2 of 13 Prelims

2	Herold, Silke	14	SomersetValleyNJ	2:15.33 Y
3	Loek, Hannah	16	B R Ryall-IL	2:15.00 Y
4	Orem, Katie	15	New Canaan-CT	2:14.88 Y
5	Schon, Emily	15	UpperMainLine-PA	2:14.90 Y
6	Bromback, Kathryn	15	Morris Center-NJ	2:15.13 Y
7	Zhang, Lisa	14	Red Bank - NJ	2:15.34 Y

Heat 3 of 13 Prelims

1	Walcker, Michelle	16	Burbank-MA	2:14.74 Y
2	Ahrens, Lauren	14	Hatboro-PA	2:14.53 Y
3	Gonzalez, Hannah	17	SomersetValleyNJ	2:14.44 Y
4	Murray, Rebecca	15	Brandywine DE	2:13.90 Y
5	Lloyd, Sarah	14	Anne Arundel-MD	2:14.03 Y
6	Mullen, Ashley	16	Anne Arundel-MD	2:14.52 Y
7	Weir, Emily	15	New Canaan-CT	2:14.72 Y
8	Milici, Monica	13	Middle Tyger-SC	2:14.82 Y

Heat 4 of 13 Prelims

1	Thomas, Kate	17	Winston-Salem-NC	2:13.10 Y
2	Peitz, Chelsea	17	Gr. Flint-MI	2:10.86 Y
3	Kuras, Brittney	16	Canandaigua-NY	2:07.07 Y
4	Santomauro, Christina	15	SomersetValleyNJ	2:33.67 S
5	Houser, Alexis	16	Tri-Hampton-PA	2:33.70 S
6	Ward, Jacquelyn	17	Camden County-NJ	2:08.24 Y
7	Hurley, Kelsey	16	SomersetValleyNJ	2:12.55 Y
8	Oishi, Melissa	16	West Seattle-WA	2:13.42 Y

Heat 5 of 13 Prelims

1	Huelbig, Ellen	15	Montclair-NJ	2:32.16 S
2	Tumpane, Kelsey	17	Aurora Family-IL	2:31.96 S
3	Liu, Wendy	14	SomersetValleyNJ	2:31.54 S
4	Blohm, Emily	16	Green Bay-WI	2:29.56 S
5	Lee, Jasmine	15	Green Bay-WI	2:31.24 S
6	Daquila, Christina	16	SomersetHills-NJ	2:31.92 S
7	Scarborough, Madeline	16	B R Ryall-IL	2:32.14 S
8	Dillione, Kate	14	Tri-Hampton-PA	2:32.47 S

Heat 6 of 13 Prelims

1	Cole, Caitlin	13	Wilton-CT	2:36.93
2	Froehlich, Madeline	16	Cheshire-CT	2:36.46
3	Ahearn, Shannon	13	Wilton-CT	2:36.19
4	Casha, Salena	16	Burbank-MA	2:35.82
5	Ballard, Rachael	16	Anne Arundel-MD	2:36.11
6	Morris, Hannah	14	Marietta-OH	2:36.34
7	deMarras, Mary	16	SomersetHills-NJ	2:36.86
8	Betancourt, Lauren	15	Flushing-NY	2:36.94

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 7 Prelims (#7 Women 200 LC Meter IM)

1	Trodden, Jennifer	16	North Shore-MA	2:35.69
2	Jarvis, Ariel	16	Gr Burlington-VT	2:35.46
3	Loubris, Katy	18	North Shore-MA	2:35.43
4	Sullivan, Elizabeth	17	Melrose-MA	2:35.35
5	Conlon, Mari	18	Wilton-CT	2:35.40
6	Rackowski, Lauren	15	Middle Tyger-SC	2:35.45
7	Foley, Katherine	14	North Shore-MA	2:35.58
8	Cheng, Kendra	15	Hockomock-MA	2:35.73

Heat 8 of 13 Prelims

1	Swartz, Jackie	15	Coffman - OH	2:35.28
2	Phillips, Adrienne	16	West Shore-PA	2:35.19
3	Wain, Nicole	16	SomersetHills-NJ	2:35.04
4	Gorinski, Laura	16	Greensburg-PA	2:34.84
5	Champa, Colleen	13	Elgin-IL	2:35.03
6	Jemec, Vida	18	Middle Tyger-SC	2:35.06
7	Nichols, Courtney	17	Columbia NW-SC	2:35.22
8	Reynolds, Julie	18	Powel Crosley-OH	2:35.30

Heat 9 of 13 Prelims

1	Nitardy, Tara	16	Bangor-ME	2:34.59
2	Suhling, Sandy	17	Rappahannock-VA	2:34.27
3	Beckenstein, Allie	17	Piedmont-VA	2:33.88
4	Birsa, Taylor	15	Aurora Family-IL	2:33.80
5	Forrest, Danielle	16	Cheshire-CT	2:33.83
6	Waller, Emily	16	Kishwaukee-IL	2:33.88
7	Gillig, Annie	12	Middle Tyger-SC	2:34.56
8	Starosielec, Jessica	18	FanwoodScotch-NJ	2:34.62

Heat 10 of 13 Prelims

1	Graessle, Lindsey	19	Countryside-OH	2:33.53
2	Krueger, Laura	16	Powel Crosley-OH	2:33.33
3	McStay, Carissa	17	West Morris-NJ	2:33.20
4	Conklin, Stephanie	17	Blue Ash-OH	2:33.01
5	Kinsey, Stephanie	16	West Shore-PA	2:33.16
6	Kiplinger, Mallory	18	New Canaan-CT	2:33.24
7	Abbott, Jenn	15	Wilton-CT	2:33.38
8	Smits, Siri	13	Oshkosh-WI	2:33.58

Heat 11 of 13 Prelims

1	Dennis, Courtney	18	Middle Tyger-SC	2:32.71
2	Wardecke, Sarah	17	Fox Cities-WI	2:31.59
3	Jerome, Kim	14	Cheshire-CT	2:30.41
4	Draves, Shannon	16	Boyertown-PA	2:27.05
5	Troyan, Paige	18	Countryside-OH	2:29.21
6	Marecki, Brynn	16	Farmington-MI	2:30.92
7	Ratana, Anna	15	Winston-Salem-NC	2:32.46
8	Carnes, Amanda	18	Gr. Flint-MI	2:32.89

Heat 12 of 13 Prelims

1	Gallagher, Theresa	16	Anne Arundel-MD	2:32.64
2	Heyde, Kelly	16	Wilton-CT	2:31.12
3	Galbreath, Abby	15	South Family-OH	2:30.41
4	Carne, Addie	16	Middle Tyger-SC	2:26.03
5	Lambert, Caitlyn	18	Marion County-FL	2:27.87
6	Timson, Laura	16	Farmington-MI	2:30.70
7	O'Leary, Katherine	16	Montclair-NJ	2:31.63
8	Cempel, Laura	16	Joliet - IL	2:32.89

Heat 13 of 13 Prelims

1	Wolfgruber, Heidi	17	Wilton-CT	2:32.61
2	Weaner, Emily	15	West Shore-PA	2:30.95
3	Jones, Autumn	15	Winston-Salem-NC	2:30.16
4	Bachrouche, Katya	17	Farmington-MI	2:23.00
5	Hartman, Sara	17	Boyertown-PA	2:27.84
6	Bolin, Ashley	17	Oshkosh-WI	2:30.61
7	Waller, Grace	14	Kishwaukee-IL	2:31.60
8	Morr, Mikki	17	Cheshire-CT	2:32.85

Event 8 Men 200 LC Meter IM

Odd heats warm-up pool end

Even pool diving board end

Starts 10:25 AM

National: 2:08.46 1992 B. Wynn

Meet Qualifying: 2:27.59

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Prelims

3	Sheppard, Gregory	17	Farmington-MI	2:03.78 Y
4	Klitenick, Joshua	18	SomersetValleyNJ	2:03.40 Y
5	Mershon, Thomas	15	UpperMainLine-PA	2:03.44 Y

Heat 2 of 14 Prelims

1	Cefalo, Harrison	14	Red Bank - NJ	2:03.12 Y
2	Kyff, Russ	17	Ocean County-NJ	2:02.78 Y
3	Stanton, Matt	17	Tri-Hampton-PA	2:01.96 Y
4	Mendenhall, John	17	Camden County-NJ	2:00.96 Y
5	Bohanan, Tyler	15	Cecil County-MD	2:01.92 Y
6	Gruner, Jon	18	Gr. Flint-MI	2:02.64 Y
7	Wey, Matt	17	Ridgewood-NJ	2:02.97 Y

Heat 3 of 14 Prelims

1	Sumnicht, Andrew	15	Green Bay-WI	2:22.43 S
2	Lang, Jared	15	Hunterdon-NJ	2:19.72 S
3	Kinross, Michael	16	Elgin-IL	2:19.08 S
4	Keough, John	15	UpperMainLine-PA	2:27.46
5	Cahalane, Ryan	15	Wilton-CT	2:27.59
6	Fitton, Alex	16	Red Bank - NJ	2:19.36 S
7	Chen, Justin	16	SomersetValleyNJ	2:22.21 S
8	Heine, Jared	17	Corry -PA	1:59.57 Y

Heat 4 of 14 Prelims

1	Kofmehl, Jon	18	Gr. Johnstown-PA	2:27.30
2	Scott, Konner	14	Leaning Tower-IL	2:27.20
3	Hagar, Patrick	15	Western Fam-MD	2:26.93
4	Collins, Danny	16	Flushing-NY	2:26.85
5	Gabriele, Louis	15	Wyckoff-NJ	2:26.90
6	Kincaid, Blaine	16	Coffman - OH	2:27.03
7	Seiler, Andrew	16	UpperMainLine-PA	2:27.22
8	Morales, Ian	15	Rappahannock-VA	2:27.32

Heat 5 of 14 Prelims

1	Blackwood, Jack	16	Wilton-CT	2:26.76
2	Peart, Zach	16	FanwoodScotch-NJ	2:26.50
3	Yoo, Connor	14	UpperMainLine-PA	2:26.39
4	Gschweng, Andrew	17	Brandywine DE	2:26.30
5	Cubells, Aaron	17	Hamden-N.Haven	2:26.31
6	Friedlander, Brian	17	Ridgewood-NJ	2:26.48
7	Gray, Burke	17	Rappahannock-VA	2:26.67
8	Dinger, Samuel	18	Gr. Johnstown-PA	2:26.84

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 6 Prelims (#8 Men 200 LC Meter IM)

1	Foos, Keith	15	Marion County-FL	2:26.14
2	McKee, Tom	14	Brandywine DE	2:25.99
3	Givens, Garrick	15	Farmington-MI	2:25.82
4	Golankiewicz, Andrew	15	Wilton-CT	2:25.77
5	Gormley, Ross	16	New Canaan-CT	2:25.77
6	VonEhr, Kurt	16	Rapid Area-MI	2:25.94
7	Millett, Ted	15	North Shore-MA	2:26.09
8	Burr, Jonathan	14	East Hartford-CT	2:26.28

Heat 7 of 14 Prelims

1	Fortin, Brendan	16	Andover-MA	2:25.66
2	KO, Peter	15	Ridgewood-NJ	2:25.57
3	Healy, Andy	14	Aurora Family-IL	2:25.49
4	Lim, Leo	13	Ridgewood-NJ	2:25.33
5	Dropo, Alexander	15	Cape Cod-MA	2:25.42
6	Aburahma, Joseph	15	Huntington-WV	2:25.49
7	Morris, Ben	14	Andover-MA	2:25.62
8	Opuszek, Konrad	15	Middle Tyger-SC	2:25.68

Heat 8 of 14 Prelims

1	Mead, Derek	16	Rapid Area-MI	2:25.24
2	Zimmerman, Steven	14	Countryside-OH	2:25.18
3	Sullivan, Sean	14	Huntington-NY	2:24.94
4	Welbes, Jordan	17	Marion County-FL	2:24.91
5	Esposito, Drew	18	Winston-Salem-NC	2:24.92
6	Batson, Brian	16	Down East-ME	2:25.10
7	Hallman, Eric	15	West Cook-IL	2:25.21
8	Stone, Dak	15	Fox Cities-WI	2:25.27

Heat 9 of 14 Prelims

1	Hartman, Jordan	15	Boyertown-PA	2:24.27
2	Monahan, Sean	14	ME Lyons-OH	2:23.89
3	Wendel, Daniel	16	Winston-Salem-NC	2:23.70
4	Kim, Daniel	16	Flushing-NY	2:23.50
5	Church, Zachary	17	Gr. Flint-MI	2:23.65
6	Frey, Jeremy	17	Tri-Hampton-PA	2:23.86
7	Feeney, Danny	16	Brandywine DE	2:24.16
8	McNeil, Ethan	16	Countryside-OH	2:24.39

Heat 10 of 14 Prelims

1	Yunker, AJ	16	Gr. Flint-MI	2:23.36
2	Groel, Scott	16	West Morris-NJ	2:23.21
3	Scherer, Mitchell	17	Pottstown-PA	2:22.64
4	Mead, Ryan	18	Columbia NW-SC	2:22.35
5	Logan, Matt	16	Marietta-OH	2:22.63
6	Cobb, Michael	18	South Family-OH	2:22.66
7	Maher, Connor	14	Hamden-N.Haven	2:23.23
8	Raynes, Stephen	14	SomersetHills-NJ	2:23.41

Heat 11 of 14 Prelims

1	Guttrich, Jordan	14	Gr. Flint-MI	2:22.05
2	Lewing, Jake	18	Tri-Hampton-PA	2:21.91
3	Salig, Matt	15	Lionville-PA	2:21.80
4	Kramb, John	18	Countryside-OH	2:21.41
5	Scarsh, Spencer	15	Wilton-CT	2:21.72
6	Pacziesniak, Mitch	18	UpperMainLine-PA	2:21.91
7	Pretto, Jack	15	Cheshire-CT	2:21.96
8	Weaver, Cameron	16	Gr. Flint-MI	2:22.23

Heat 12 of 14 Prelims

1	Ireland, David	15	South Family-OH	2:21.24
2	Hart, Nathan	15	W.North Carolina	2:19.88
3	Egger, Riley	18	Stevens Point-WI	2:17.92
4	McNamara, Travis	17	Cheshire-CT	2:12.84
5	Allen, Ross	17	Powel Crosley-OH	2:15.43
6	Healy, Devon	18	New Canaan-CT	2:19.43
7	Harder, Brad	16	Wilton-CT	2:20.64
8	Castaldo, Jon	17	North Shore-MA	2:21.40

Heat 13 of 14 Prelims

1	Jemec, Domen	16	Middle Tyger-SC	2:21.21
2	Deveney, Brendan	16	Wilton-CT	2:19.55
3	Dukleth, Steve	18	B R Ryall-IL	2:16.37
4	Marino, Scott	17	FanwoodScotch-NJ	2:11.98
5	Francis, Ryne	19	Boyertown-PA	2:14.22
6	Rogers, Corey	18	Middle Tyger-SC	2:18.78
7	Scaliatine, Matt	18	B R Ryall-IL	2:20.43
8	Miller, Casey	16	South Family-OH	2:21.33

Heat 14 of 14 Prelims

1	Higgins, Christian	14	New Canaan-CT	2:21.17
2	McKeown, Kevin	18	East Hartford-CT	2:19.44
3	Pattermann, Justin	18	Kishwaukee-IL	2:15.73
4	Farra, Justin	18	Countryside-OH	2:11.01
5	Ingraham, David	14	Middle Tyger-SC	2:13.67
6	Brown, Tom	17	Wilton-CT	2:18.20
7	Harris, Alphonse	18	Blue Ash-OH	2:20.35
8	Ikeda, Will	18	Leaning Tower-IL	2:21.25

Event 9 Women 50 LC Meter Freestyle

All heats begin at diving board end

Starts 10:59 AM

National: 26.49 7/30/2002 Claire Woodall-Gainey

Meet Qualifying: 29.59

Lane	Name	Age	Team	Seed Time
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Heat 1 of 24 Prelims

3	Ketchmark, Jenna	17	Hamilton Area-NJ	25.59 Y
4	Dombrosky, Brianna	15	Greensburg-PA	25.57 Y
5	Duffy, Lake	12	Easton-PA	25.57 Y
6	Moll, Kristen	16	SomersetValleyNJ	25.60 Y

Heat 2 of 24 Prelims

1	Bornman, Alex	14	West Shore-PA	25.53 Y
2	Ferrera, Danielle	17	West Morris-NJ	25.49 Y
3	Mayock, Libby	17	Chapel Hill-NC	25.43 Y
4	Rowland, Amy	18	Hatboro-PA	25.40 Y
5	Rehrig, Brittany	16	Western Br-DE	25.42 Y
6	Olson, Anna	16	Winston-Salem-NC	25.46 Y
7	Metcalfe, Jessica	16	Cheshire-CT	25.51 Y
8	Rusch, Heather	16	Delta County MI	25.55 Y

Heat 3 of 24 Prelims

1	Rhoades, Whitney	16	Harrison Co.-WV	25.37 Y
2	Burt, Lauren	16	North Oakland-MI	25.29 Y
3	Lo, Lauren	15	Red Bank - NJ	25.28 Y
4	Palumbo, Angela	16	Mon Valley-PA	25.22 Y
5	Iwanicki, Alex	13	B R Ryall-IL	25.26 Y
6	Statz, Alexa	15	Fox Cities-WI	25.29 Y
7	Gonzalez, Hannah	17	SomersetValleyNJ	25.33 Y
8	Kramer, Kalyn	16	Gr. Johnstown-PA	25.38 Y

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 4 Prelims (#9 Women 50 LC Meter Freestyle)

1	LeGro, Kristen	17	Skagit Valley-WA	24.91	Y
2	Wanstreet, Kerry	17	Harrison Co.-WV	24.66	Y
3	Colucci, Jessica	14	FanwoodScotch-NJ	29.04	S
4	Widawsky, Alexa	15	Ridgewood-NJ	29.03	S
5	Podhayny, Ashleigh	13	Ridgewood-NJ	29.03	S
6	Klein, Heidi	15	Oshkosh-WI	29.06	S
7	Shelly, Kaitlyn	14	Easton-PA	24.68	Y
8	Halley, Erica	15	Fox Cities-WI	25.17	Y

Heat 5 of 24 Prelims

1	Dillione, Maggie	15	Tri-Hampton-PA	28.98	S
2	Dvorak, Carly	15	B R Ryall-IL	28.98	S
3	Huth, Brianna	15	Fox Cities-WI	28.96	S
4	Manser, Jamie	17	Morris Center-NJ	28.93	S
5	Gajdzisz, Kelly	15	FanwoodScotch-NJ	28.96	S
6	Brannick, Alexandria	17	Ocean County-NJ	28.97	S
7	Oh, Claire	15	MetuchenEd-NJ	28.98	S
8	Miller, Haley	17	West Shore-PA	29.01	S

Heat 6 of 24 Prelims

1	Markus, Christine	17	Ridgewood-NJ	28.87	S
2	Houser, Alexis	16	Tri-Hampton-PA	28.87	S
3	Brassfield, Izzy	16	Greensboro-NC	28.79	S
4	Keating, Cacky	16	SomersetHills-NJ	28.73	S
5	Lawson, Kimberly	16	Morris Center-NJ	28.73	S
6	Barletta, Priscilla	17	SomersetHills-NJ	28.85	S
7	Zsigray, Kirsten	15	South Toledo- OH	28.87	S
8	Schlosser, Megan	16	Hamilton Area-NJ	28.90	S

Heat 7 of 24 Prelims

1	Coppler, Catriona	15	Gr Holyoke-MA	28.62	S
2	Oberholzer, Celia	13	Powel Crosley-OH	29.58	
3	Tillie, Sara	15	Hartford-MD	29.57	
4	Carter, Annie	16	Brandywine DE	29.57	
5	McCarthy, Robyn	16	North Shore-MA	29.57	
6	Boyd, Kelly	16	Tampa Metro-FL	29.58	
7	Buczowski, Emily	14	Bath Area-ME	29.59	
8	Harney, Kate	16	Hunterdon-NJ	28.62	S

Heat 8 of 24 Prelims

1	Gadzicki, Rachel	16	Pottstown-PA	29.57	
2	Weisenbach, Kayla	16	South Chester-PA	29.55	
3	Dickerson, Kelly	16	Tampa Metro-FL	29.53	
4	Ferriero, Kristen	15	West Morris-NJ	29.52	
5	Hardewig, Sam	13	ME Lyons-OH	29.53	
6	Campbell, Maryellen	13	Huntington-NY	29.55	
7	Mesko, Claire	13	Western Br-DE	29.57	
8	Hamel, Kathleen	16	Blue Ash-OH	29.57	

Heat 9 of 24 Prelims

1	Savarino, Alyssa	15	Melrose-MA	29.50	
2	Simon, Paola	16	Hamilton Area-NJ	29.50	
3	Conners, Shannon	16	Blue Ash-OH	29.48	
4	McKinnon, Courtney	15	Madison Area-NJ	29.47	
5	Henkels, Mary	17	FanwoodScotch-NJ	29.48	
6	Scarborough, Madeline	16	B R Ryall-IL	29.49	
7	Stahl, Casey Anne	15	SomersetValleyNJ	29.50	
8	Foster, Brenda	18	West Seattle-WA	29.51	

Heat 10 of 24 Prelims

1	Sipple, Kelsey	17	Marinette-MI	29.46	
2	Berizzi, Sam	15	New Canaan-CT	29.43	
3	Cichewicz, Morgan	17	Brandywine-PA	29.42	
4	Doody, Molly	16	Powel Crosley-OH	29.40	
5	Stranc, Kelsey	17	Leaning Tower-IL	29.41	
6	Morgan, Katie	18	Westfield-NJ	29.42	
7	Chang, Linda	14	Flushing-NY	29.44	
8	Tuchscherer, Abbey	15	Oshkosh-WI	29.46	

Heat 11 of 24 Prelims

1	Heneghan, Chelsea	18	East Hartford-CT	29.40	
2	Bowe, Madeline	16	Piedmont-VA	29.38	
3	Leichty, Claire	17	Powel Crosley-OH	29.37	
4	Byerly, Taylor	13	Wilton-CT	29.35	
5	De los Santos, Diana	15	Flushing-NY	29.36	
6	Bierman, Kendra	14	Powel Crosley-OH	29.37	
7	Tolbert, Audrey	16	Hartford-MD	29.40	
8	Coniglio, Kathryn	14	Hunterdon-NJ	29.40	

Heat 12 of 24 Prelims

1	Fleming, Johanna	14	Hampshire-MA	29.34	
2	Garrity, Teresa	17	Waterbury-CT	29.33	
3	Pronschinske, Leah	12	Eau Claire-WI	29.32	
4	Tomkowski, Allison	19	Gr. Johnstown-PA	29.31	
5	Kryger, Ashley	17	B R Ryall-IL	29.31	
6	Magin, Beth	16	Western-CT	29.33	
7	Phinney, Loren	16	South Shore-MA	29.34	
8	Heintz, Melissa	18	Boyertown-PA	29.34	

Heat 13 of 24 Prelims

1	Smith, Meg	17	Phoenixville-PA	29.29	
2	Kearns, Stephanie	17	Lionville-PA	29.27	
3	O'Leary, Kate	15	Western-CT	29.27	
4	Stern, Christine	17	Brandywine-PA	29.26	
5	Thompson, Alicia	17	Tampa Metro-FL	29.27	
6	Foster, Meredith	14	Hartford-MD	29.27	
7	Sawyer, Kristin	17	Countryside-OH	29.28	
8	Sepich, Courtney	15	Burlington Co-NJ	29.30	

Heat 14 of 24 Prelims

1	Sander, Kristin	18	ME Lyons-OH	29.26	
2	Alcorn, Danielle	14	Rock Hill-SC	29.24	
3	Parowski, Danielle	13	Gr. Johnstown-PA	29.22	
4	Kanegawa, Elise	16	Boyertown-PA	29.22	
5	Lewis, Rachael	14	Countryside-OH	29.22	
6	Higgins, Caroline	15	Wilton-CT	29.23	
7	Senofonte, Janene	15	FanwoodScotch-NJ	29.25	
8	Glenn, Rachel	18	Catawba-NC	29.26	

Heat 15 of 24 Prelims

1	Matula, Bethany	17	Fox Cities-WI	29.19	
2	Wahl, Natasha	14	South Family-OH	29.18	
3	Garbash, Alison	17	J.B. Chambers-WV	29.17	
4	Slattery, Molly	14	Rappahannock-VA	29.16	
5	Kmet, Alyssa	16	Ridgewood-OH	29.16	
6	Dalmonte, Jenny	16	UpperMainLine-PA	29.17	
7	Immormino, Marisa	15	SomersetHills-NJ	29.19	
8	Hawkins, Elizabeth	17	FanwoodScotch-NJ	29.19	

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 16 Prelims (#9 Women 50 LC Meter Freestyle)

1	Crittenden, Tyler	16	Aurora Family-IL	29.14
2	McIlmoyle, Kaci	13	South Chester-PA	29.13
3	Conjares, Chloe	14	Ridgewood-NJ	29.11
4	Wilkinson, Kathleen	16	Rappahannock-VA	29.09
5	Ostrander, Casey	16	Cape Cod-MA	29.10
6	Cook, Melissa	16	Pottstown-PA	29.12
7	Feenick, Maja	16	SomersetHills-NJ	29.13
8	Moore, Elizabeth	17	Middle Tyger-SC	29.16

Heat 17 of 24 Prelims

1	Walcker, Michelle	16	Burbank-MA	29.07
2	Davis, Kim	16	Greensburg-PA	29.05
3	Halfhill, Heidi	19	Laurel Highlands	29.05
4	DeCrescente, Stephanie	18	UpperMainLine-PA	28.98
5	Bowlin, Kate	18	Countryside-OH	29.00
6	Risover, Kirsten	15	Blue Ash-OH	29.05
7	Houston, Hannah	15	Countryside-OH	29.06
8	Jarvis, Ariel	16	Gr Burlington-VT	29.09

Heat 18 of 24 Prelims

1	Mort, Sophie	16	Powel Crosley-OH	28.92
2	Meyer, Lauren	17	Hamden-N.Haven	28.91
3	Harrison, Courtney	15	Middle Tyger-SC	28.89
4	Brady, Heather	18	Coffman - OH	28.84
5	Sides, Samantha	14	Burlington Co-NJ	28.88
6	Sullivan, Monica	15	New Canaan-CT	28.90
7	Klinzing, Morgan	17	Middle Tyger-SC	28.91
8	Nelson, Caitlin	16	Madison Area-NJ	28.96

Heat 19 of 24 Prelims

1	McCullough, Katie	16	Rapid Area-MI	28.79
2	Krueger, Sara	13	Powel Crosley-OH	28.77
3	Osterhage, Molly	15	South Family-OH	28.75
4	Messer, Hannah	15	Rapid Area-MI	28.73
5	Petry, Tori	15	Marion County-FL	28.74
6	Munzenmaier, Katy	14	Glens Falls-NY	28.76
7	Belak, Lulu	14	Wilton-CT	28.78
8	Kaneshiki, Sarah	14	Gr. Johnstown-PA	28.81

Heat 20 of 24 Prelims

1	Wagner, Kendra	13	Laurel Highlands	28.66
2	Hu, Elina	15	Oshkosh-WI	28.65
3	Maloney, Angela	17	Boyertown-PA	28.64
4	Steider, Katie	17	Meadville-PA	28.64
5	Kowalski, Kinsey	16	Blue Ash-OH	28.64
6	Comodeca, Julia	15	ME Lyons-OH	28.64
7	McMullan, Kristen	18	Kennett-PA	28.66
8	Saurborn, Kathryn	16	Harrison Co.-WV	28.68

Heat 21 of 24 Prelims

1	Lemberg, Suzanne	15	Westfield-NJ	28.58
2	Fitzgerald, Amanda	15	Marion County-FL	28.57
3	Gibas, Anna	15	Greensburg-PA	28.56
4	Sullivan, Patty	16	New Canaan-CT	28.49
5	Fairbanks, Lauren	18	Middle Tyger-SC	28.54
6	Morgan, Maddy	15	West Seattle-WA	28.56
7	Rohr, Natalie	13	South Family-OH	28.57
8	Marrinucci, Jena	17	Boyertown-PA	28.62

Heat 22 of 24 Prelims

1	Waters, Erica	17	Winston-Salem-NC	28.43
2	Meho, Amina	16	Burbank-MA	28.13
3	Brooks, Katey	16	Ridgewood-OH	27.72
4	Albright, Danielle	13	Tampa Metro-FL	27.63
5	Riley, Mattie	17	Western Fam-MD	27.66
6	Gnerre, Dana	16	Wilton-CT	28.05
7	Keenan, Kristen	18	UpperMainLine-PA	28.33
8	Button, Sarah	17	SomersetHills-NJ	28.48

Heat 23 of 24 Prelims

1	Nightingale, Lauren	17	Marion County-FL	28.41
2	Sullivan, Megan	18	New Canaan-CT	28.12
3	Kuras, Brittney	16	Canandaigua-NY	27.71
4	Lyons, Ariana	15	FanwoodScotch-NJ	27.57
5	Goebel, Molly	17	New Canaan-CT	27.64
6	Schmittle, Lauren	16	West Shore-PA	28.01
7	Francis, Kylie	18	Boyertown-PA	28.30
8	Colucci, Nicole	16	FanwoodScotch-NJ	28.48

Heat 24 of 24 Prelims

1	McDowell, Breann	15	Countryside-OH	28.33
2	Hennessy, Molly	17	New Canaan-CT	28.11
3	Murphy, Marissa	15	Rapid Area-MI	27.68
4	Lloyd, Emily	14	Anne Arundel-MD	26.87
5	Munger, Anna	17	UpperMainLine-PA	27.63
6	Smith, Haley	18	Wilton-CT	27.79
7	Gaynor, Meaghan	17	FanwoodScotch-NJ	28.20
8	Gniatczyk, Emily	16	B R Ryall-IL	28.44

Event 10 Men 50 LC Meter Freestyle

All heats begin at the diving board

Starts 11:13 AM

National: 23.52 7/27/2004 Jeffrey Sudbury

Meet Qualifying: 26.99

Lane	Name	Age	Team	Seed Time
Heat 1 of 18 Prelims				
2	Desy, Zack	17	Delta County MI	22.92 Y
3	Koul, Kevin	16	Gr. Johnstown-PA	22.74 Y
4	Kyff, Russ	17	Ocean County-NJ	22.69 Y
5	Mullen, Shaun	17	SomersetHills-NJ	22.71 Y
6	Petermann, Jon	16	West Morris-NJ	22.86 Y
Heat 2 of 18 Prelims				
1	Black, Michael	17	Easton-PA	22.57 Y
2	McCarthy, TJ	15	Red Bank - NJ	22.24 Y
3	Gibb, Dustin	18	Brandywine-PA	22.11 Y
4	Heine, Jared	17	Corry -PA	21.85 Y
5	Wells, James	15	Bath Area-ME	22.00 Y
6	Schwartz, Robert	18	Hatboro-PA	22.22 Y
7	Slater, Andrew	16	Lancaster-OH	22.55 Y
8	Schneider, Adam	16	Camden County-NJ	22.66 Y

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 3 Prelims (#10 Men 50 LC Meter Freestyle)

1	Dierker, Pat	13	Powel Crosley-OH	26.16S
2	Moran, Kevin	18	Chambersburg-PA	26.02S
3	Kanegawa, Ian	15	Boyertown-PA	26.99
4	Cahalane, Kevin	18	Wilton-CT	26.97
5	Orr, Ben	16	Newberry-SC	26.98
6	Robbins, Shawn	17	Holidaysburg-PA	25.67S
7	Flanders, Matthew	18	Brandywine-PA	26.14S
8	Harm, Martin	17	Red Bank - NJ	21.48Y

Heat 4 of 18 Prelims

1	Scott, Matt	17	Blue Ash-OH	26.96
2	Tillar, Ben	15	South Family-OH	26.95
3	Baginski, Andrew	19	Aurora Family-IL	26.94
4	Kaminski, Matthew	17	East Hartford-CT	26.92
5	Hartman, Jordan	15	Boyertown-PA	26.93
6	Wei, Cody	14	Tampa Metro-FL	26.94
7	Harvell, Steven	17	Central Delaware	26.96
8	Yazbeck, David	16	South Shore-MA	26.97

Heat 5 of 18 Prelims

1	Brennan, Brian	15	North Shore-MA	26.90
2	Meier, Bennett	17	Stevens Point-WI	26.90
3	Stoker, Andrew	18	UpperMainLine-PA	26.88
4	Taylor, Scott	15	Western Br-DE	26.87
5	Foreman, Ben	17	Joliet - IL	26.87
6	Gassaway, Josh	16	Tampa Metro-FL	26.89
7	Safran, Ben	18	Tri-Hampton-PA	26.90
8	McKeown, Sean	16	East Hartford-CT	26.91

Heat 6 of 18 Prelims

1	Ianiro, Paul	17	Montclair-NJ	26.86
2	Skousen, Paul	15	Countryside-OH	26.83
3	Gifford, Kyle	18	Rapid Area-MI	26.81
4	McManis, Jeffrey	14	Ridgewood-OH	26.80
5	Lumkong, Nik	16	West Morris-NJ	26.81
6	Scott, John	15	Winston-Salem-NC	26.83
7	Falis, James	18	Mon Valley-PA	26.84
8	Sliva, Allan	18	Rapid Area-MI	26.87

Heat 7 of 18 Prelims

1	Barr, Brian	14	SomersetValleyNJ	26.79
2	Armington, William	17	Hamilton Area-NJ	26.78
3	Burt, Andrew	17	Countryside-OH	26.77
4	O'Donnell, Brian	17	FanwoodScotch-NJ	26.73
5	Miller, Louis	19	Countryside-OH	26.77
6	Wiesenberg, Mike	18	Blue Ash-OH	26.77
7	Maugle, Alex	17	UpperMainLine-PA	26.79
8	Queiroz, Jr.	15	Montclair-NJ	26.80

Heat 8 of 18 Prelims

1	Demitrieff, Mike	18	Ridgewood-OH	26.72
2	Thomas, Jack	16	West Morris-NJ	26.71
3	Ballard, Ryan	17	Anne Arundel-MD	26.68
4	Husta, Robby	15	East Hartford-CT	26.66
5	Szarko, Tyler	16	Western Fam-MD	26.67
6	Battoclette, Ross	17	Powel Crosley-OH	26.68
7	Ross, James	13	SomersetHills-NJ	26.72
8	Hargrove, Matthew	17	Lancaster-OH	26.73

Heat 9 of 18 Prelims

1	Stirling, Brian	17	SomersetValleyNJ	26.66
2	Kirbitz, Michael	17	Gr. Flint-MI	26.64
3	Corbett, Alex	14	Boyertown-PA	26.63
4	Kalakewich, Keyton	17	Mon Valley-PA	26.58
5	Murphy, Michael	16	Powel Crosley-OH	26.60
6	Weeks, Jonathan	17	Mon Valley-PA	26.64
7	Tehrani, Sasan	16	New Canaan-CT	26.64
8	Dorian, Kelly	17	Gr. Johnstown-PA	26.66

Heat 10 of 18 Prelims

1	Salomon, Andrew	14	Leaning Tower-IL	26.55
2	Heumann, Matt	17	W.Suburban-WI	26.53
3	Fellers, Sean	17	Miami County-OH	26.52
4	Miller, Josh	21	Jerry Garver-OH	26.49
5	Reed, Nathan	15	UpperMainLine-PA	26.50
6	Mead, Derek	16	Rapid Area-MI	26.53
7	White, David	16	Hunterdon-NJ	26.55
8	Witter, Lysle	18	Boyertown-PA	26.56

Heat 11 of 18 Prelims

1	Randall, Mike	18	SomersetValleyNJ	26.45
2	Duffy, Matthew	15	Boyertown-PA	26.44
3	Dropo, Alexander	15	Cape Cod-MA	26.40
4	Ramsey, Curtis	16	Brandywine DE	26.35
5	Beaulieu-Jones, Brett	18	East Hartford-CT	26.40
6	Mathews, Josh	17	Hartford-MD	26.41
7	Rauch, Timothy	18	SomersetValleyNJ	26.44
8	Rhodes, Louis	17	Tampa Metro-FL	26.47

Heat 12 of 18 Prelims

1	Daniele, Greg	16	Red Bank - NJ	26.34
2	Cotugno, Josh	16	Hampshire-MA	26.24
3	Schoenling, Brett	16	Powel Crosley-OH	26.20
4	Danz, Evan	17	Western Fam-MD	26.18
5	Schmitz, Daniel	15	South Family-OH	26.18
6	Szabunio, Matthew	18	Tampa Metro-FL	26.22
7	Morales, Ian	15	Rappahannock-VA	26.29
8	Gray, Burke	17	Rappahannock-VA	26.34

Heat 13 of 18 Prelims

1	Hiller, Cody	18	Countryside-OH	26.16
2	McGee, Huston	17	Middle Tyger-SC	26.12
3	Daly, Christopher	17	Boise-ID	26.05
4	McKee, Matthew	16	Coffman - OH	26.04
5	Sexton, Brett	18	Winston-Salem-NC	26.04
6	Ryan, Ken	16	Chapel Hill-NC	26.07
7	Stirling, Jeffrey	17	SomersetValleyNJ	26.15
8	Galt, Kyle	16	Middle Tyger-SC	26.17

Heat 14 of 18 Prelims

1	Dolan, Devin	15	Marion County-FL	26.02
2	Batson, Brian	16	Down East-ME	25.93
3	Green, Matt	17	FanwoodScotch-NJ	25.91
4	McGrew, Jordan	17	Hamilton Area-NJ	25.85
5	Collins, Dennis	19	Boyertown-PA	25.88
6	Trifelos, Adam	19	Newark-OH	25.93
7	Addlesberger, Justin	17	Chambersburg-PA	25.94
8	Bimmler, Paul	16	Andover-MA	26.03

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 15 Prelims (#10 Men 50 LC Meter Freestyle)

1	Cuzzola, Frank	16	SomersetValleyNJ	25.85
2	Kauffman, Jared	14	Middle Tyger-SC	25.82
3	Delves, Thomas	16	B R Ryall-IL	25.81
4	Chao, David	18	UpperMainLine-PA	25.77
5	Reinke, Chris	17	Middle Tyger-SC	25.78
6	Sweeney, Dan	16	New Canaan-CT	25.82
7	Zimmer, Shane	19	South Family-OH	25.84
8	Symons, Phil	18	Ridgewood-OH	25.85

Heat 16 of 18 Prelims

1	Olson, Tim	18	Tampa Metro-FL	25.55
2	Coppelli, Camden	17	Laurel Highlands	25.47
3	Walulik, Nick	18	Hunterdon-NJ	25.25
4	Uding, Grant	17	Leaning Tower-IL	25.11
5	Springer, Steven	17	Powel Crosley-OH	25.22
6	Fulker, Sam	18	Miami County-OH	25.39
7	Bielak, Brad	16	Ridgewood-OH	25.52
8	Madley, Kyle	14	Madison Area-NJ	25.74

Heat 17 of 18 Prelims

1	Silver, Miki	17	New Canaan-CT	25.55
2	Hadjipateras, Costas	17	New Canaan-CT	25.44
3	Keady, James	17	New Canaan-CT	25.25
4	Ohning, Collin	18	Middle Tyger-SC	24.61
5	Sommer, Scott	16	Marion County-FL	25.20
6	Christian, Andrew	19	UpperMainLine-PA	25.38
7	Bierman, Ben	18	Powel Crosley-OH	25.49
8	Johnson, Nick	16	Tri-Hampton-PA	25.72

Heat 18 of 18 Prelims

1	Davy, Sam	17	Stevens Point-WI	25.53
2	Sivak, Brian	16	B R Ryall-IL	25.40
3	Kauffman, Graham	15	Middle Tyger-SC	25.23
4	Loccisano, Steven	18	Rappahannock-VA	24.18
5	Goeckner, Caleb	19	Newberry-SC	25.15
6	Carr, Trevor	16	Rappahannock-VA	25.37
7	Iwanicki, Nick	16	B R Ryall-IL	25.48
8	Lancki, Kevin	15	Ridgewood-OH	25.65

Event 11 Women 200 LC Meter Medley Relay

All heats start warm-up pool end

Starts 11:27 PM

National: 2:01.17 7/31/2006 Boyertown Area YMCA

K Valentine, S Longacre, E Christy, A Allen

Meet Qualifying: 2:15.79

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
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Heat 1 of 9 Prelims

1	W.North Carolina	1:56.90 Y
2	J.B. Chambers-WV	1:56.12 Y
3	Western Fam-MD	1:55.97 Y
4	South Toledo- OH	1:55.55 Y
5	Kennett-PA	1:55.60 Y
6	Mid-Delmarva-MD	1:56.02 Y
7	Red Bank - NJ	1:56.25 Y

Heat 2 of 9 Prelims

1	Aurora Family-IL	1:55.15 Y
2	West Morris-NJ	1:53.65 Y
3	Harrison Co.-WV	1:53.23 Y
4	UpperMainLine-PA	1:51.05 Y
5	SomersetHills-NJ	1:52.05 Y
6	Gr. Flint-MI	1:53.24 Y
7	Melrose-MA	1:53.94 Y
8	Flushing-NY	1:55.18 Y

Heat 3 of 9 Prelims

1	Greensburg-PA	1:50.68 Y
2	Farmington-MI	1:49.68 Y
3	Hunterdon-NJ	2:12.32 S
4	Pottstown-PA	2:11.48 S
5	J.F. Hurley-NC	2:11.78 S
6	Elgin-IL	1:49.47 Y
7	Fox Cities-WI	1:49.81 Y
8	B R Ryall-IL	1:50.93 Y

Heat 4 of 9 Prelims

1	Phoenixville-PA	2:10.55 S
2	Hartford-MD	2:15.61
3	West Shore-PA	2:15.02
4	Ridgewood-NJ	2:14.84
5	East Hartford-CT	2:14.87
6	Tampa Metro-FL	2:15.28
7	Morris Center-NJ	2:10.22 S
8	South Chester-PA	2:10.84 S

Heat 5 of 9 Prelims

1	Andover-MA	2:14.48
2	Rock Hill-SC	2:14.35
3	Catawba-NC	2:13.57
4	Montclair-NJ	2:13.39
5	Rappahannock-VA	2:13.56
6	Brandywine-PA	2:14.10
7	Hamilton Area-NJ	2:14.47
8	Green Bay-WI	2:14.56

Heat 6 of 9 Prelims

1	ME Lyons-OH	2:13.10
2	Burbank-MA	2:12.58
3	West Seattle-WA	2:12.05
4	Western-CT	2:11.54
5	Hampshire-MA	2:11.85
6	Piedmont-VA	2:12.58
7	Westfield-NJ	2:12.98
8	Gr Holyoke-MA	2:13.19

Heat 7 of 9 Prelims

1	Laurel Highlands	2:11.21
2	Rapid Area-MI	2:08.92
3	South Family-OH	2:08.29
4	Anne Arundel-MD	2:04.47
5	Countryside-OH	2:05.91
6	Winston-Salem-NC	2:08.55
7	Oshkosh-WI	2:09.41
8	Ridgewood-OH	2:11.50

2007 YMCA National Long Course Championship

July 31 - August 3, 2007

Meet Program - Day 1 Prelims

Heat 8 Prelims (#11 Women 200 LC Meter Medley Relay)

1	North Shore-MA	2:10.50
2	Brandywine DE	2:08.90
3	FanwoodScotch-NJ	2:06.97
4	Middle Tyger-SC	2:02.71
5	Boyertown-PA	2:05.67
6	Kishwaukee-IL	2:08.52
7	Wilton-CT	2:09.33
8	SomersetValleyNJ	2:11.24

Heat 9 of 9 Prelims

1	Coffman - OH	2:09.65
2	Leaning Tower-IL	2:08.90
3	Powel Crosley-OH	2:06.55
4	Madison Area-NJ	1:55.13
5	Cheshire-CT	2:04.80
6	New Canaan-CT	2:08.51
7	Blue Ash-OH	2:09.21
8	Tri-Hampton-PA	2:11.24

Event 12 Men 200 LC Meter Medley Relay

All heats begin warm-up pool end

Starts 11:48 PM

National: 1:46.68 7/31/2001 M.E. Lyons-OH

J Cramer, R Kauscher, P Carothers, M Bertke

Meet Qualifying: 2:04.79

Lane	Team	Relay	Seed Time
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Heat 1 of 7 Prelims

1	Farmington-MI	1:44.99Y
2	Cumberland-MD	1:43.69Y
3	Leaning Tower-IL	1:42.53Y
4	Western Fam-MD	1:42.35Y
5	Gr. Johnstown-PA	1:42.36Y
6	Chambersburg-PA	1:43.49Y
7	Lionville-PA	1:43.80Y

Heat 2 of 7 Prelims

1	Burlington Co-NJ	1:41.65Y
2	Brandywine DE	1:41.43Y
3	Fox Cities-WI	1:40.34Y
4	Rappahannock-VA	1:39.45Y
5	Red Bank - NJ	1:40.17Y
6	Aurora Family-IL	1:41.27Y
7	B R Ryall-IL	1:41.52Y
8	West Morris-NJ	1:42.00Y

Heat 3 of 7 Prelims

1	Kishwaukee-IL	1:57.90S
2	Wyckoff-NJ	2:04.49
3	Ridgewood-NJ	2:03.62
4	Oshkosh-WI	2:02.53
5	Mon Valley-PA	2:03.49
6	Westfield-NJ	2:03.62
7	SomersetHills-NJ	2:04.62
8	Newark-OH	2:01.10S

Heat 4 of 7 Prelims

1	Lancaster-OH	2:02.36
2	Rapid Area-MI	2:01.81
3	Andover-MA	2:01.58
4	Tampa Metro-FL	2:01.19
5	Brandywine-PA	2:01.53
6	Laurel Highlands	2:01.67
7	Hamilton Area-NJ	2:02.21
8	ME Lyons-OH	2:02.38

Heat 5 of 7 Prelims

1	Chapel Hill-NC	2:00.09
2	Tri-Hampton-PA	1:58.05
3	New Canaan-CT	1:56.77
4	UpperMainLine-PA	1:54.49
5	Boyertown-PA	1:55.46
6	North Shore-MA	1:57.33
7	Coffman - OH	1:58.74
8	Blue Ash-OH	2:01.03

Heat 6 of 7 Prelims

1	Montclair-NJ	1:59.92
2	SomersetValleyNJ	1:57.69
3	East Hartford-CT	1:56.39
4	Wilton-CT	1:54.39
5	West Shore-PA	1:54.68
6	Stevens Point-WI	1:56.99
7	FanwoodScotch-NJ	1:58.36
8	Ridgewood-OH	2:00.51

Heat 7 of 7 Prelims

1	Gr. Flint-MI	1:59.75
2	Anne Arundel-MD	1:57.35
3	Winston-Salem-NC	1:55.49
4	Countryside-OH	1:52.08
5	Powel Crosley-OH	1:54.55
6	Middle Tyger-SC	1:56.89
7	Hunterdon-NJ	1:58.12
8	South Family-OH	2:00.37