

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Event 1 Women 100 LC Meter Backstroke**Odd Heats begin at Warm-Up Pool End****Even Heats begin at Diving Board End****National: 1:02.73 7/27/2004 Tricia Weaner**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 15 Prelims Starts at 08:00 AM

3	Kelly Scott	18	Talbot County-MD	1:02.33 Y
4	Alison O'Connor	14	Wyckoff-NJ	1:02.14 Y
5	Teri Faller	15	Andover-MA	1:02.27 Y

Heat 2 of 15 Prelims Starts at 08:02 AM

2	Kerry Wanstreet	18	Harrison Co.-WV	1:02.03 Y
3	Michelle Corpuz	15	Ocean County-NJ	1:01.99 Y
4	Holly Hirsch	17	Rock Hill-SC	1:01.84 Y
5	Abbey McKenney	17	Brandywine-De	1:01.84 Y
6	Kate Durkan	16	UpperMainLine-PA	1:02.02 Y
7	Kristyn Wikoff	17	Red Bank - NJ	1:02.06 Y

Heat 3 of 15 Prelims Starts at 08:03 AM

1	Laura Alvarez	16	Harrison Co.-WV	1:01.82 Y
2	Marika Lapham	16	W.North Carolina	1:01.70 Y
3	Amy Needham	15	North Shore-MA	1:01.55 Y
4	Madeline Barlow	17	Tri-Hampton-PA	1:01.48 Y
5	Sidney Pahmer	15	Wilton-CT	1:01.50 Y
6	Hannah Egger	19	Marshfield - WI	1:01.65 Y
7	Bryn Crowder	15	Brandywine-De	1:01.78 Y
8	Lindsay Calimer	18	Anne Arundel-MD	1:01.83 Y

Heat 4 of 15 Prelims Starts at 08:04 AM

1	Gail Erickson	18	Allegheny Val-PA	1:01.34 Y
2	Michelle Fischl	14	Greensburg-PA	1:01.20 Y
3	Katie Sagaser	16	Talbot County-MD	1:01.13 Y
4	Brittany Meyer	18	Marinette-MI	1:01.10 Y
5	Melissa Kang	17	Brandywine-PA	1:01.13 Y
6	Jessica Frazelle	16	Winston-Salem-NC	1:01.19 Y
7	Mattie Riley	18	Catonsville-MD	1:01.25 Y
8	Elina Hu	16	Oshkosh-WI	1:01.38 Y

Heat 5 of 15 Prelims Starts at 08:05 AM

1	Heather Saule	16	Gr. Flint-MI	1:01.05 Y
2	Kendra Bierman	15	Powel Crosley-OH	1:01.02 Y
3	Ashley Conroy	16	Ocean County-NJ	1:01.01 Y
4	Sarah Wagner	16	West Morris-NJ	1:00.93 Y
5	Allison Alwan	18	Andover-MA	1:00.98 Y
6	Devin Spencer	16	Coffman - OH	1:01.01 Y
7	Kathryn Greskoff	16	UpperMainLine-PA	1:01.05 Y
8	Dani Klunk	15	Fox Cities-WI	1:01.07 Y

Heat 6 of 15 Prelims Starts at 08:06 AM

1	Meghan Lam	16	Brandywine-De	59.73 Y
2	Rebecca Ball	17	Gr. Flint-MI	1:12.48
3	Aubrey Miller	15	Boyertown-PA	1:12.43
4	Carissa McStay	18	West Morris-NJ	1:12.39
5	Hannah Huber	15	Anne Arundel-MD	1:12.41
6	Loren Phinney	17	South Shore-MA	1:12.44
7	Hilary Woldt	16	Oshkosh-WI	59.67 Y
8	Carlene Ostromecki	16	Boyertown-PA	1:00.44 Y

Heat 7 of 15 Prelims Starts at 08:07 AM

1	Kayla Douglas	14	Farmington-MI	1:12.35
2	Taryn Dooley	17	Gr Holyoke-MA	1:12.31
3	Katie Muha	18	Anne Arundel-MD	1:12.27
4	Joyce Kwok	14	Flushing-NY	1:12.22
5	Sara Nestrowitz	12	Ridgewood-NJ	1:12.23
6	Maggie Gavin-Hanner	16	UpperMainLine-PA	1:12.29
7	Emily Thomesen	15	East Hartford-CT	1:12.31
8	Kelly Miller	14	State College-PA	1:12.37

Heat 8 of 15 Prelims Starts at 08:08 AM

1	Morgan Brooks	15	Middle Tyger-SC	1:12.16
2	Emily Slabe	12	Coffman - OH	1:12.05
3	Stephanie Dill	18	Hampshire-MA	1:11.97
4	Lindsay Yarborough	17	Winston-Salem-NC	1:11.91
5	Tori Hall	16	Tri-Hampton-PA	1:11.96
6	Kendall Crawford	14	Middle Tyger-SC	1:11.99
7	Katie Steider	18	Franklin-PA	1:12.15
8	Brittany Krauth	19	Ridgewood-OH	1:12.20

Heat 9 of 15 Prelims Starts at 08:09 AM

1	Colleen Webb	16	B R Ryall-IL	1:11.78
2	Jackie Iglesias	15	Aurora Family-IL	1:11.56
3	Jakki Guenther	18	Gr Holyoke-MA	1:11.43
4	Hannah Messer	16	Rapid Area-MI	1:11.33
5	Sarah Weidner	16	South Family-OH	1:11.40
6	Rebecca Nelson	13	South Family-OH	1:11.45
7	Katie Orem	16	New Canaan-CT	1:11.65
8	Erica Halley	16	Fox Cities-WI	1:11.90

Heat 10 of 15 Prelims Starts at 08:10 AM

1	Jena Marrinucci	18	Boyertown-PA	1:11.22
2	Deirdre Leong	17	Flushing-NY	1:11.13
3	Enya Messersmith	17	West Shore-PA	1:11.08
4	Alexandria Brannick	18	Ocean County-NJ	1:11.02
5	Kelly Hamilton	13	Chambersburg-PA	1:11.06
6	Breanne Rieman	15	Defiance- OH	1:11.11
7	Natalie Cronk	14	Piedmont-VA	1:11.19
8	Maureen McKenna	15	Red Bank - NJ	1:11.32

Heat 11 of 15 Prelims Starts at 08:12 AM

1	Nicole Colucci	17	FanwoodScotch-NJ	1:10.89
2	Madison Allen	15	Middle Tyger-SC	1:10.64
3	Whitney Rhoades	17	Harrison Co.-WV	1:10.53
4	Madeline Hoch	13	West Shore-PA	1:10.41
5	Mary Flinn	14	Rappahannock-VA	1:10.50
6	Maria Kieft	16	Rapid Area-MI	1:10.61
7	Colleen O'Neil	13	South Shore-MA	1:10.68
8	Alexis Houser	17	Tri-Hampton-PA	1:10.95

Heat 12 of 15 Prelims Starts at 08:13 AM

1	Casey Ostrander	17	Cape Cod-MA	1:10.29
2	Lauren Raczkowski	16	Middle Tyger-SC	1:10.07
3	Emily Waller	17	Kishwaukee-IL	1:09.93
4	Molly Willingham	15	Middle Tyger-SC	1:09.66
5	Courtney Sepich	16	Burlington Co-NJ	1:09.79
6	Mara Valenzuela	15	SomersetValleyNJ	1:09.97
7	Megan Niermann	12	Jefferson Co-IL	1:10.23
8	Lisa Zhang	15	Red Bank - NJ	1:10.34

2008 YMCA National Long Course Championship

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Meet Program - Day 1 Prelims

Heat 13 Prelims (#1 Women 100 LC Meter Backstroke)

1	Caroline Burns	17	Anne Arundel-MD	1:09.37
2	Bridget Sauer	17	Brandywine-De	1:08.85
3	Emily Weaner	16	West Shore-PA	1:08.06
4	Megan Bender	18	Farmington-MI	1:05.80
5	Annie Gillig	13	Middle Tyger-SC	1:06.92
6	Celia Oberholzer	14	Powel Crosley-OH	1:08.50
7	Rachel Moore	14	Andover-MA	1:09.26
8	Shelby Fortin	16	Wilton-CT	1:09.49

Heat 14 of 15 Prelims Starts at 08:15 AM

1	Mary Henkels	18	FanwoodScotch-NJ	1:09.33
2	Katie Pheil	15	Marion County-FL	1:08.80
3	Ginny Glover	17	Catonsville-MD	1:07.40
4	Sarah Galvin	17	B R Ryall-IL	1:05.69
5	Stephanie Kinsey	17	West Shore-PA	1:06.28
6	Jamie Akenberger	17	South Toledo- OH	1:08.40
7	Courtney Raw	16	SomersetValleyNJ	1:09.18
8	Kelly O'Connor	17	North Shore-MA	1:09.41

Heat 15 of 15 Prelims Starts at 08:16 AM

1	Briana Connors	16	Blue Ash-OH	1:09.31
2	Adrienne Phillips	17	West Shore-PA	1:08.68
3	Anna Gibas	16	Greensburg-PA	1:07.17
4	Lauren Solernou	15	Cheshire-CT	1:04.40
5	Siri Smits	14	Oshkosh-WI	1:06.17
6	Meredith Foster	15	Hartford-MD	1:08.11
7	Anna Bersani	18	Countryside-OH	1:08.90
8	Courtney Bogue	17	East Hartford-CT	1:09.39

Event 2 Men 100 LC Meter Backstroke

Odd Heats begin at Warm-Up Pool End

Even Heats begin at Diving Board End

National: 56.63 7/26/2005 Patrick Schirk

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Prelims Starts at 08:17 AM

1	Andrew Blyskal	15	South Chester-PA	56.77 Y
2	Christian Jones	16	Winston-Salem-NC	56.63 Y
3	Evan Paulan	17	FanwoodScotch-NJ	56.31 Y
4	Daniel Fink	17	Ridgewood-OH	56.28 Y
5	Ben Morris	15	Andover-MA	56.30 Y
6	Stew Conard	17	Hatboro-PA	56.56 Y
7	Aaron Cubells	18	Hamden-N.Haven	56.76 Y

Heat 2 of 11 Prelims Starts at 08:18 AM

1	Tyler Rauth	15	UpperMainLine-PA	56.02 Y
2	James Haarsgaard	18	Middle Tyger-SC	55.86 Y
3	Mike Harmon	16	Chambersburg-PA	55.71 Y
4	Thomas Mershon	16	UpperMainLine-PA	55.20 Y
5	Ben Hitchcock	18	Western Br-DE	55.25 Y
6	Dylan Coggin	17	Brandywine-De	55.86 Y
7	Eric Forrester	15	Mon Valley-PA	56.02 Y
8	Ryan Walker	16	FanwoodScotch-NJ	56.27 Y

Heat 3 of 11 Prelims Starts at 08:19 AM

1	Charles Wu	16	Red Bank - NJ	54.72 Y
2	Jimmy Coleman	17	Burlington Co-NJ	53.62 Y
3	Nick Warner	16	SomersetValleyNJ	1:06.99
4	Nicholas Karadimas	15	Western-CT	1:06.95
5	Chase Frazelle	14	Winston-Salem-NC	1:06.95
6	Daniel Wendel	17	Winston-Salem-NC	1:06.99
7	Mitchell Smith	17	Gr. Johnstown-PA	54.13 Y
8	Andrew Smith	17	SomersetHills-NJ	55.10 Y

Heat 4 of 11 Prelims Starts at 08:20 AM

1	Philip Kang	13	Montclair-NJ	1:06.74
2	Jeffrey Mead	15	Columbia NW-SC	1:06.68
3	Jared Gentry	14	Middle Tyger-SC	1:06.64
4	Ben Orr	17	Newberry-SC	1:06.59
5	Chad Thompson	16	Kishwaukee-IL	1:06.62
6	Brendan Fischer	18	Blue Ash-OH	1:06.66
7	Drew Sullenbarger	15	South Family-OH	1:06.71
8	Jacob Kramb	17	Countryside-OH	1:06.76

Heat 5 of 11 Prelims Starts at 08:21 AM

1	Ross Battoclette	18	Powel Crosley-OH	1:06.57
2	Dennis Hall-App	15	Montclair-NJ	1:06.49
3	Dylan Cummings	15	Wyckoff-NJ	1:06.33
4	Daniel Zalkind	17	Brandywine-PA	1:06.28
5	Scott Haskins	17	Oshkosh-WI	1:06.32
6	Travis Hunter	16	Miami County-OH	1:06.45
7	Brian Posten	18	Gr. Flint-MI	1:06.49
8	John Belanger	14	Andover-MA	1:06.57

Heat 6 of 11 Prelims Starts at 08:22 AM

1	Gabe Baginski	16	Aurora Family-IL	1:06.21
2	Ian Wooley	13	Countryside-OH	1:06.03
3	Konner Scott	15	Leaning Tower-IL	1:05.94
4	Zach Fischer	16	Powel Crosley-OH	1:05.68
5	Alex Burzynski	14	FanwoodScotch-NJ	1:05.74
6	Alex Kron	16	Cheshire-CT	1:06.00
7	David Yao	17	SomersetValleyNJ	1:06.08
8	Bryan Walcker	14	Burbank-MA	1:06.23

Heat 7 of 11 Prelims Starts at 08:23 AM

1	Matthew Vanbiervliet	15	SomersetValleyNJ	1:05.56
2	Andrew Jung	14	Montclair-NJ	1:05.27
3	Ken Ryan	17	Chapel Hill-NC	1:05.10
4	Brendan Kerins	16	Catonsville-MD	1:04.79
5	Paul Bimmmler	17	Andover-MA	1:05.08
6	Mike Camper	15	Rappahannock-VA	1:05.12
7	Austin Taylor	15	Wyckoff-NJ	1:05.54
8	Scott Groel	17	West Morris-NJ	1:05.64

Heat 8 of 11 Prelims Starts at 08:24 AM

1	Konrad Opuszko	16	Middle Tyger-SC	1:04.50
2	Tom Brown	18	Wilton-CT	1:04.28
3	Jeremy Frey	18	Tri-Hampton-PA	1:04.11
4	Andrew Golankiewicz	16	Wilton-CT	1:03.98
5	Brad Harder	17	Wilton-CT	1:04.06
6	Matthew Collins	15	Flushing-NY	1:04.14
7	Ian Morales	16	Rappahannock-VA	1:04.38
8	Derrian Duryea	14	New Canaan-CT	1:04.74

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Meet Program - Day 1 Prelims

Heat 9 Prelims (#2 Men 100 LC Meter Backstroke)

1	Alec Francis	17	Boyertown-PA	1:03.73
2	Matt Stanton	18	Tri-Hampton-PA	1:03.39
3	Tyler Lareau	17	North Shore-MA	1:02.14
4	Christopher Gunnels	18	Chapel Hill-NC	1:00.93
5	Alex Smit	17	Countryside-OH	1:01.40
6	Michael Moore	17	Brandywine-De	1:02.79
7	Peter KO	16	Ridgewood-NJ	1:03.48
8	Alex Fitton	17	Red Bank - NJ	1:03.97

Heat 10 of 11 Prelims Starts at 08:26 AM

1	Matthew McKee	17	Coffman - OH	1:03.55
2	Nick Johnson	17	Tri-Hampton-PA	1:03.38
3	Eric Naylor	17	West Shore-PA	1:02.12
4	Kevin Marsteller	17	West Shore-PA	59.61
5	Kyle Trelka	18	Fox Cities-WI	1:01.36
6	Jack Pretto	16	Cheshire-CT	1:02.63
7	Grant Alef	15	Kishwaukee-IL	1:03.45
8	James Wells	16	Bath Area-ME	1:03.89

Heat 11 of 11 Prelims Starts at 08:27 AM

1	Jordan Guttrich	15	Gr. Flint-MI	1:03.48
2	Steven Zimmerman	15	Countryside-OH	1:02.86
3	Brian Sivak	17	B R Ryall-IL	1:01.59
4	Jim Barbieri	18	Countryside-OH	59.29
5	Josh Friedel	15	Rappahannock-VA	1:01.35
6	Adam Lebovitz	16	Wilton-CT	1:02.21
7	Paul Hunter	16	Andover-MA	1:03.45
8	Zach Peart	17	FanwoodScotch-NJ	1:03.78

Event 3 Women 400 LC Meter Freestyle

Odd heats warm-up pool end

Even Heats diving board end

Starts 8:28 AM

National: 4:19.91 7/31/2007 Caroline Smith

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims Starts at 08:28 AM

2	Aurelia O'Keefe	15	Laurel Highlands	5:14.87 Y
3	Kelsey Reid	17	Gr. Flint-MI	5:13.05 Y
4	Bridget Hilferty	17	Boyertown-PA	5:12.73 Y
5	Megan Foran	14	Red Bank - NJ	5:13.04 Y
6	Keegan Abar	15	Waynesboro-VA	5:13.59 Y
7	Lauren Schmittle	17	West Shore-PA	5:15.02 Y

Heat 2 of 8 Prelims Starts at 08:33 AM

1	Christine McGuire	15	Greenwich-CT	5:09.99 Y
2	Jennifer Beatty	18	Indiana-PA	5:08.82 Y
3	Meredith Ketchmark	16	Hamilton Area-NJ	4:45.93
4	Samantha Bonenclark	17	Marion County-FL	4:45.67
5	Chelsey Young	16	Defiance- OH	4:45.91
6	Sarah Kaneshiki	15	Gr. Johnstown-PA	5:06.44 Y
7	Christina Daquila	17	SomersetHills-NJ	5:09.00 Y
8	Carrie Chibe	17	B R Ryall-IL	5:11.91 Y

Heat 3 of 8 Prelims Starts at 08:37 AM

1	Madeline Froehlich	17	Cheshire-CT	4:45.25
2	Madeline Bowe	17	Piedmont-VA	4:44.84
3	Sarah Ford	17	Coffman - OH	4:44.79
4	Bernadette Byrne	16	South Shore-MA	4:44.72
5	Victoria Arel	14	Wilton-CT	4:44.78
6	Anna Strzempko	13	Gr Holyoke-MA	4:44.79
7	Katie Keefer	16	Waynesboro-VA	4:45.21
8	Natalie Bolin	15	Oshkosh-WI	4:45.43

Heat 4 of 8 Prelims Starts at 08:42 AM

1	Paige Baisden	14	UpperMainLine-PA	4:44.51
2	Anna Blair Bullock	15	Winston-Salem-NC	4:43.99
3	Ellie Roeing	17	B R Ryall-IL	4:43.62
4	Carrigan Eckels	13	West Shore-PA	4:43.18
5	Claire Keithly	16	UpperMainLine-PA	4:43.54
6	Colleen McCormack	16	North Shore-MA	4:43.97
7	Kara Keenan	17	UpperMainLine-PA	4:44.31
8	Stephie Fox	17	Rapid Area-MI	4:44.67

Heat 5 of 8 Prelims Starts at 08:47 AM

1	Kori Golden	17	Anne Arundel-MD	4:42.88
2	Valerie Jones	15	Kishwaukee-IL	4:42.37
3	Kristina Roop	16	UpperMainLine-PA	4:41.71
4	Rachel Wilson	17	Winston-Salem-NC	4:39.96
5	Autumn Jones	16	Winston-Salem-NC	4:41.47
6	Hilary Woldt	16	Oshkosh-WI	4:42.35
7	Paula Guzman	18	Flushing-NY	4:42.75
8	Audrey Tolbert	17	Hartford-MD	4:43.16

Heat 6 of 8 Prelims Starts at 08:51 AM

1	Rebecca Maher	17	Hamden-N.Haven	4:39.31
2	Lauren Nightingale	18	Marion County-FL	4:37.91
3	Carly Munchel	16	West Shore-PA	4:34.94
4	Courtney Beidler	16	Tri-Hampton-PA	4:20.07
5	Abby Galbreath	16	South Family-OH	4:31.15
6	Katherine Crain	17	Huntington-WV	4:36.42
7	Adrienne Phillips	17	West Shore-PA	4:38.81
8	Sophia Graesser	18	UpperMainLine-PA	4:39.81

Heat 7 of 8 Prelims Starts at 08:56 AM

1	Kate Taylor	17	Kishwaukee-IL	4:39.07
2	Tori Petry	16	Marion County-FL	4:36.78
3	Ally Stover	18	South Family-OH	4:33.78
4	Kelly Ann Baird	16	Winston-Salem-NC	4:19.57
5	Claire Loht	15	West Shore-PA	4:29.53
6	Kristen Dornstauder	18	Brandywine-De	4:35.80
7	Emily Lloyd	15	Anne Arundel-MD	4:38.00
8	Katherine Glenn	17	Catawba-NC	4:39.71

Heat 8 of 8 Prelims Starts at 09:01 AM

1	Steph Nagele	18	Middle Tyger-SC	4:38.99
2	Ashley Bolin	18	Oshkosh-WI	4:36.46
3	Breann McDowell	16	Countryside-OH	4:32.28
4	Caroline Smith	17	Winston-Salem-NC	4:18.78
5	Laura Simon	17	Middle Tyger-SC	4:28.09
6	Megan Happ	17	UpperMainLine-PA	4:35.60
7	India Boland	14	North Shore-MA	4:38.00
8	Emily Launer	14	Kishwaukee-IL	4:39.51

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Event 4 Men 400 LC Meter Freestyle

Odd Events warm-up pool end

Even heats diving board end

National: 3:59.19 1996 A. Messner

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Prelims Starts at 09:05 AM

2	Alan Nedley	17	Laurel Highlands	4:53.49 Y
3	Tim Healy	16	Ridgewood-NJ	4:51.72 Y
4	Evan Renn	16	Chapel Hill-NC	4:51.21 Y
5	Andrew Yunker	14	Gr. Flint-MI	4:51.59 Y
6	Tommy Peters	18	SomersetHills-NJ	4:52.73 Y

Heat 2 of 11 Prelims Starts at 09:09 AM

1	Ben Appleby	18	West Shore-PA	4:43.74 Y
2	Garrett Spake	14	Rowan-NC	4:32.47
3	Ryan Cahalane	16	Wilton-CT	4:32.25
4	Matthew Whitehurst	15	Countryside-OH	4:32.12
5	Nate Baker	16	Rapid Area-MI	4:32.25
6	Phil Fisher	16	Huntington-WV	4:32.34
7	Kuniyuki Ueda	18	Farmington-MI	4:32.49
8	Jay Margherio	17	New Canaan-CT	4:46.56 Y

Heat 3 of 11 Prelims Starts at 09:14 AM

1	Billy Hendershot	16	Flushing-NY	4:31.91
2	Cory Pooley	16	Winston-Salem-NC	4:31.84
3	Kevin Hom	15	Hamilton Area-NJ	4:31.33
4	Billy Draves	15	Boyertown-PA	4:30.85
5	Alex Naglich	14	Tri-Hampton-PA	4:30.98
6	Jonathan Keim	15	Mid-Delmarva-MD	4:31.63
7	Tyler Greene	16	Gr. Flint-MI	4:31.91
8	Matt Hughes	18	Countryside-OH	4:31.94

Heat 4 of 11 Prelims Starts at 09:18 AM

1	Alex Kron	16	Cheshire-CT	4:30.74
2	Ryan Turner	14	West Shore-PA	4:30.28
3	Parker Baisden	16	UpperMainLine-PA	4:29.84
4	Evan Walker	17	Huntington-WV	4:29.54
5	Eric Shuman	16	W.North Carolina	4:29.72
6	Patrick Larrow	16	Gr Holyoke-MA	4:29.98
7	Nick Iwanicki	17	B R Ryall-IL	4:30.61
8	Alex Fox	14	Winston-Salem-NC	4:30.76

Heat 5 of 11 Prelims Starts at 09:23 AM

1	Chase Frazelle	14	Winston-Salem-NC	4:29.49
2	Lowell Nickey	15	Long Island-NY	4:28.54
3	Kevin Morlock	17	Hartford-MD	4:28.09
4	Steve Miller	17	Lionville-PA	4:27.65
5	Ryan Pitcairn	18	North Shore-MA	4:27.98
6	Alexander Robinson	16	Goldsboro-NC	4:28.37
7	Justin Chambers	17	Suncoast-FL	4:28.82
8	Andrew Mazen	15	Wyckoff-NJ	4:29.53

Heat 6 of 11 Prelims Starts at 09:27 AM

1	Brian O'Donnell	18	FanwoodScotch-NJ	4:27.42
2	Andrew Salomon	15	Leaning Tower-IL	4:27.07
3	JR Creekmore	15	Brandywine-De	4:26.53
4	Graham Williams	15	Catawba-NC	4:26.29
5	Parker Moody	16	Cheshire-CT	4:26.50
6	Bobby Dietter	18	Hamden-N.Haven	4:26.60
7	Justin Reppy	17	Aurora Family-IL	4:27.25
8	Sava Turcanu	13	Catawba-NC	4:27.48

Heat 7 of 11 Prelims Starts at 09:32 AM

1	Phillip Hall	17	Marion County-FL	4:25.69
2	Matt Ramey	16	Laurel Highlands	4:25.28
3	Carlo Biedenbarn	16	Countryside-OH	4:24.84
4	Jonathan Burr	15	East Hartford-CT	4:24.53
5	Devin Dolan	16	Marion County-FL	4:24.81
6	Bill Bagdon	18	Tri-Hampton-PA	4:24.90
7	Garrett Snipes	17	Middle Tyger-SC	4:25.46
8	Mike Napolitano	15	FanwoodScotch-NJ	4:25.76

Heat 8 of 11 Prelims Starts at 09:36 AM

1	Evan Ciecimirski	16	New Canaan-CT	4:24.41
2	Daniel Schmitz	16	South Family-OH	4:24.25
3	Robby Harder	15	Wilton-CT	4:23.51
4	Jonny Kleinhenz	17	Powel Crosley-OH	4:22.98
5	Eric Spazzarini	17	East Hartford-CT	4:23.06
6	Patrick Haarsgaard	18	Middle Tyger-SC	4:23.91
7	Robert Lawley	15	Countryside-OH	4:24.40
8	Eric Hallman	16	West Cook-IL	4:24.47

Heat 9 of 11 Prelims Starts at 09:40 AM

1	Nathan Reed	16	UpperMainLine-PA	4:20.61
2	Patrick Shea	18	North Shore-MA	4:19.77
3	Jeffrey Shade	18	Gr. Flint-MI	4:16.51
4	Ty Perkins	17	South Family-OH	4:13.77
5	Mike Vernioia	17	SomersetValleyNJ	4:15.46
6	Brian Bouvier	18	North Shore-MA	4:18.44
7	Brian Molloy	17	Ocean County-NJ	4:20.24
8	Spencer Scarth	16	Wilton-CT	4:22.02

Heat 10 of 11 Prelims Starts at 09:45 AM

1	Kevin Jones	18	Winston-Salem-NC	4:20.32
2	Tim Bouvier	16	North Shore-MA	4:18.97
3	Gavin Spake	18	Rowan-NC	4:16.06
4	Travis Green	17	Huntington-WV	4:08.51
5	Josh Friedel	15	Rappahannock-VA	4:15.10
6	Eric Ahlden	16	Aurora Family-IL	4:17.93
7	Kyle Doxtater	14	Mid-Delmarva-MD	4:19.93
8	Sean Brown	17	B R Ryall-IL	4:20.67

Heat 11 of 11 Prelims Starts at 09:49 AM

1	Matt Nutter	15	Andover-MA	4:20.26
2	Matthew Collins	15	Flushing-NY	4:18.55
3	Alex Carr	18	Rock Hill-SC	4:15.61
4	Travis McNamara	18	Cheshire-CT	4:00.20
5	Kevin Mihic	17	B R Ryall-IL	4:14.80
6	Jordan Hartman	16	Boyertown-PA	4:17.40
7	Wesley Trumbauer	16	Boyertown-PA	4:19.89
8	David Gordon	17	Kishwaukee-IL	4:20.65

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Event 5 Women 50 LC Meter Breaststroke

All heats start on the diving board

National: 33.03 7/28/2003 Lauren Brick

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Prelims Starts at 09:55 AM

3	Amanda Garcia	18	Phoenixville-PA	32.82 Y
4	Rachel Holm	12	Jefferson Co-IL	32.78 Y
5	Taylor Ellis	13	South Shore-MA	32.80 Y
6	Sarah Weilein	15	Breeden-IN	32.83 Y

Heat 2 of 17 Prelims Starts at 09:56 AM

1	Mariah Akinbi	15	Powel Crosley-OH	32.76 Y
2	Caroline Bedesem	17	Tri-Hampton-PA	32.64 Y
3	Lauren Egan	13	Catonsville-MD	32.63 Y
4	Sarah Folk	14	Liberty Twp-OH	32.47 Y
5	Tamara Bystrak	14	Southington-CT	32.58 Y
6	Julia Messina	14	Canandaigua-NY	32.64 Y
7	Kate Wilt	17	Bellefonte-PA	32.70 Y
8	Marina Borri	14	Farmington-MI	32.77 Y

Heat 3 of 17 Prelims Starts at 09:56 AM

1	Renee Rosenkranz	17	Dutchess-NY	32.43 Y
2	Paula Bentley	15	Canandaigua-NY	32.13 Y
3	Jamie Manser	18	Morris Center-NJ	31.01 Y
4	Laura Stephens	15	Kennett-PA	36.78 S
5	Alie Zelenky	17	West Shore-PA	30.96 Y
6	Kelsey Hurley	17	SomersetValleyNJ	31.84 Y
7	Heidi Nichols	16	Columbia NW-SC	32.16 Y
8	Caitlin Nelson	17	Montclair-NJ	32.46 Y

Heat 4 of 17 Prelims Starts at 09:57 AM

1	Lauren Beck	18	Brandywine-PA	36.48 S
2	Deirdre Esposito	15	Morris Center-NJ	35.93 S
3	Sophie Mort	17	Powel Crosley-OH	38.37
4	Toireasa Rafferty-Millet	14	North Shore-MA	38.36
5	Audris Oh	12	MetuchenED-NJ	38.37
6	Ali Bauer	14	Rapid Area-MI	38.39
7	Allison Pavlik	14	B R Ryall-IL	36.44 S
8	Casey Stahl	16	SomersetValleyNJ	36.67 S

Heat 5 of 17 Prelims Starts at 09:57 AM

1	Nicole Muha	15	SomersetHills-NJ	38.34
2	Colleen Joorfetz	16	B R Ryall-IL	38.31
3	Kasey McCormick	17	R.C. Durr-KY	38.25
4	Catie Schmitz	15	Rappahannock-VA	38.24
5	Jackie Roeing	18	B R Ryall-IL	38.24
6	Jill Georgen	13	Fox Cities-WI	38.29
7	Stephanie Andrasek	17	Ridgewood-OH	38.33
8	Dana Yu	14	SomersetValleyNJ	38.36

Heat 6 of 17 Prelims Starts at 09:58 AM

1	Morgan Kandrac	15	Hamilton Area-NJ	38.15
2	Kelsey Boucher	17	East Hartford-CT	38.13
3	Amanda Brown	17	Coffman - OH	38.07
4	Kylie McKenzie	16	Tri-Hampton-PA	38.04
5	Abby Pires	14	Westfield-NJ	38.06
6	Emily Gwynn	13	Canandaigua-NY	38.12
7	Nicole Provenza	14	Anne Arundel-MD	38.14
8	Rebecca Dunn	16	FanwoodScotch-NJ	38.15

Heat 7 of 17 Prelims Starts at 09:58 AM

1	Kellianne Mullin	18	Piedmont-VA	38.03
2	Amanda Hirn	17	South Family-OH	37.98
3	Emily Hamilton	16	Mid-Delmarva-MD	37.97
4	Sara Shea	18	North Shore-MA	37.93
5	Kelly Caggainello	16	Wilton-CT	37.96
6	Jillian Kniffen	16	Greensburg-PA	37.97
7	Bianca Morales	14	Rappahannock-VA	37.99
8	Hanna Schenkman	16	West Morris-NJ	38.04

Heat 8 of 17 Prelims Starts at 09:59 AM

1	Seana Acker	14	Piedmont-VA	37.91
2	Priscilla Arana	17	Flushing-NY	37.91
3	Shannon Connors	17	Blue Ash-OH	37.89
4	Kaitlin Kunkle	13	Newberry-SC	37.85
5	Abby Zocco	17	East Hartford-CT	37.86
6	Melanie Craig	17	Tri-Hampton-PA	37.90
7	Chloe Pierre	18	Allegheny Val-PA	37.91
8	Carlyn Evans	14	Lionville-PA	37.92

Heat 9 of 17 Prelims Starts at 10:00 AM

1	Amanda Grant	15	Hamilton Area-NJ	37.79
2	Lulu Belak	15	New Canaan-CT	37.75
3	Perri Finnican	16	New Canaan-CT	37.73
4	Katie King	14	Northwest-CT	37.71
5	Kara Lacoste	14	Gr Holyoke-MA	37.73
6	Jenni Russell	16	Rock Hill-SC	37.73
7	Julie Shea	14	North Shore-MA	37.78
8	Racheal Weiland	14	Stevens Point-WI	37.82

Heat 10 of 17 Prelims Starts at 10:00 AM

1	Alex Zimmerman	16	Phoenixville-PA	37.70
2	Nysa Casha	15	Burbank-MA	37.66
3	Kristin Filby	13	South Toledo- OH	37.56
4	Hannah Warfel	14	Countryside-OH	37.50
5	Paige Agnello	15	SomersetValleyNJ	37.52
6	Erica Smrcina	16	Cape Cod-MA	37.61
7	Alena Regelski	17	South Family-OH	37.70
8	Elise Prayson	14	South Family-OH	37.71

Heat 11 of 17 Prelims Starts at 10:01 AM

1	Danielle Ferrera	17	West Morris-NJ	37.47
2	Ashley Tuchscherer	15	Oshkosh-WI	37.36
3	Basira Knight	12	Montclair-NJ	37.27
4	Morgan Johnston	14	Mid-Delmarva-MD	37.24
5	Alexandria Wilkinson	16	Lancaster-OH	37.26
6	Maddy Smart	13	Western-CT	37.35
7	Kaitlin McGeehan	18	FanwoodScotch-NJ	37.38
8	Jenelle Zee	15	SomersetHills-NJ	37.48

Heat 12 of 17 Prelims Starts at 10:01 AM

1	Jane Kim	17	Flushing-NY	37.18
2	Alex Ramdin	16	Rowan-NC	37.10
3	Maddie Hochwalt	15	South Family-OH	37.09
4	Maja Feenick	17	SomersetHills-NJ	37.04
5	Meghan McGuirk	14	Andover-MA	37.05
6	Kelsey Rouse	17	Anne Arundel-MD	37.10
7	Kayla Kircher	14	Countryside-OH	37.15
8	Jessica Brinkley	18	Twin Rivers-NC	37.23

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Heat 13 Prelims (#5 Women 50 LC Meter Breaststroke)

1	Katie Deysher	14	Coffman - OH	36.98
2	Cassie Matthys	15	Delta County MI	36.89
3	Jamie Kane	15	Pottstown-PA	36.75
4	Jennifer Trodden	17	North Shore-MA	36.70
5	Garrison Stevens	17	Rowan-NC	36.71
6	Brooke Lacey	16	New Canaan-CT	36.83
7	Dakota Fulton	17	Miami County-OH	36.91
8	Megan Harris	15	Brandywine-PA	37.00

Heat 14 of 17 Prelims Starts at 10:02 AM

1	Rachael Theiler	13	Powel Crosley-OH	36.62
2	Hannah Markey	15	FanwoodScotch-NJ	36.59
3	Price Kinney	17	Middle Tyger-SC	36.50
4	Julia Courtney	17	Cheshire-CT	36.44
5	Maeve O'Leary	16	Montclair-NJ	36.45
6	Karissa Gorman	17	Gr Holyoke-MA	36.55
7	Stephanie Baliko	16	FanwoodScotch-NJ	36.61
8	Rachael Whittemore	15	W.North Carolina	36.63

Heat 15 of 17 Prelims Starts at 10:03 AM

1	Brittany McNeil	18	South Chester-PA	36.13
2	Katie Johnson	18	B R Ryall-IL	35.81
3	Laura Nichols	16	Columbia NW-SC	35.22
4	Stephanie Conklin	18	Blue Ash-OH	34.12
5	Laura Gorinski	17	Greensburg-PA	34.57
6	Emily Schon	16	UpperMainLine-PA	35.62
7	Katie McCullough	17	Rapid Area-MI	35.97
8	Taylor Birsas	16	Aurora Family-IL	36.27

Heat 16 of 17 Prelims Starts at 10:03 AM

1	Salena Casha	17	Burbank-MA	36.07
2	Lizzy Visconti	17	Cheshire-CT	35.70
3	Brynn Marecki	17	Farmington-MI	35.11
4	Amanda Rom	19	Blue Ash-OH	33.94
5	KC Moss	13	Wilton-CT	34.16
6	Alexis Coon	15	Brandywine-De	35.58
7	Kate O'Leary	16	Western-CT	35.86
8	Brianna Huth	16	Fox Cities-WI	36.19

Heat 17 of 17 Prelims Starts at 10:04 AM

1	Katelyn Ishee	18	Countryside-OH	36.03
2	Rachael Ballard	17	Anne Arundel-MD	35.69
3	Monica Milici	14	Middle Tyger-SC	35.09
4	Kim Jerome	15	Cheshire-CT	33.32
5	Sara Hartman	18	Boyertown-PA	34.12
6	Emily Weir	16	Greenwich-CT	35.36
7	Brenna Broadus	17	Piedmont-VA	35.84
8	Kim Weyand	15	Anne Arundel-MD	36.19

Event 6 Men 50 LC Meter Breaststroke

All Heats start diving board end

Starts 9:43 AM

National: 29.56 1996 R. Henikman

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Prelims Starts at 10:08 AM

2	Randy Crooks	17	Mon Valley-PA	30.59 Y
3	Caleb Stair	17	Cumberland-MD	30.57 Y
4	Wade Boarman	16	Talbot County-MD	30.52 Y
5	Alexander Hart	16	Gr. Flint-MI	30.55 Y
6	Phil Fisher	16	Huntington-WV	30.58 Y
7	Peter Dolnicek	15	South Oakland-MI	30.66 Y

Heat 2 of 17 Prelims Starts at 10:09 AM

1	Eric Eaton	14	J.B. Chambers-WV	30.30 Y
2	Ian Zelaya	17	Mid-Delmarva-MD	30.05 Y
3	Ben Haines	18	Cumberland-MD	29.95 Y
4	Patrick Gilbreath	16	Tampa Metro-FL	29.42 Y
5	Drew Trifelos	18	Newark-OH	29.75 Y
6	Malachi Oyer	19	Lancaster-OH	29.98 Y
7	Felipe Munoz	18	Wilton-CT	30.16 Y
8	J Key	16	W.North Carolina	30.36 Y

Heat 3 of 17 Prelims Starts at 10:09 AM

1	Ryan Terracciano	17	SomersetHills-NJ	29.15 Y
2	Matthew Lollis	15	Rock Hill-SC	34.04 S
3	Nick Dello Buono	16	Kennett-PA	33.46 S
4	Caleb Goeckner	20	Newberry-SC	31.05 S
5	Matt McNamara	14	South Oakland-MI	31.85 S
6	Tyler Ziegler	17	Brandywine-PA	33.87 S
7	Dylan Heer	16	N.Middlesex-CT	28.95 Y
8	Kenny Kim	16	Flushing-NY	29.23 Y

Heat 4 of 17 Prelims Starts at 10:10 AM

1	Kyle Beideman	13	Lionville-PA	36.28
2	Zach Carfi	13	Western-CT	36.23
3	Owen Dunbar	15	Powel Crosley-OH	36.21
4	George Marks	17	SomersetValleyNJ	36.11
5	Kevin Silverman	14	Wyckoff-NJ	36.20
6	Abben Hung	15	Western-CT	36.22
7	Evan Renn	16	Chapel Hill-NC	36.27
8	John Baxter	16	Tri-Hampton-PA	36.28

Heat 5 of 17 Prelims Starts at 10:10 AM

1	Nathan Grider	16	Powel Crosley-OH	36.00
2	Stefan Guelly	16	Flushing-NY	35.95
3	Max Whitehead	14	UpperMainLine-PA	35.86
4	Ryan Fahey	15	South Shore-MA	35.75
5	Matthew Eng	16	Blue Ash-OH	35.84
6	Billy Cappuccio	14	Hartford-MD	35.90
7	Matt Lang	17	Rock Hill-SC	35.97
8	Brendan Woo	12	Wyckoff-NJ	36.05

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Heat 6 Prelims (#6 Men 50 LC Meter Breaststroke)

1	Alex Dropo	16	Cape Cod-MA	35.72
2	John Santoro	14	New Canaan-CT	35.71
3	Christian Josephson	14	Countryside-OH	35.67
4	Joseph Mann	14	Oshkosh-WI	35.66
5	Peter Belanger	16	Andover-MA	35.66
6	Oliver McCormick	17	Tri-Hampton-PA	35.70
7	Anthony Sabre	16	Cheshire-CT	35.71
8	Sean Murphy	16	Wyckoff-NJ	35.75

Heat 7 of 17 Prelims Starts at 10:12 AM

1	Robert Schwartz	19	Hatboro-PA	35.64
2	Matt Kendall	15	SomersetValleyNJ	35.60
3	Paul Hoffman	15	Powel Crosley-OH	35.53
4	Sebastian Mestril	18	West Cook-IL	35.48
5	Kelly Dullard	14	Waterbury-CT	35.53
6	Douglas Brandon	17	Greenwood-SC	35.56
7	Pat Dierker	14	Powel Crosley-OH	35.61
8	Colton Spark	15	Middle Tyger-SC	35.64

Heat 8 of 17 Prelims Starts at 10:12 AM

1	Joe-Joe Romano	15	Hunterdon-NJ	35.45
2	Matt Dukleth	16	B R Ryall-IL	35.43
3	Matthew Lagieski	15	Fox Cities-WI	35.41
4	Elliot Penson	16	South Shore-MA	35.35
5	Matt Harding	16	East Hartford-CT	35.38
6	Brian Sniffin	17	Western-CT	35.41
7	Andrew McCollister	15	Rowan-NC	35.45
8	Nolan Schneider	13	Hunterdon-NJ	35.47

Heat 9 of 17 Prelims Starts at 10:13 AM

1	Carl Roycroft	16	Hockomock-MA	35.31
2	Matt Morgan	17	Westfield-NJ	35.29
3	Nicholas Vandermolen	15	Red Bank - NJ	35.26
4	Josh Gassaway	17	Tampa Metro-FL	35.23
5	Connor Christiansen	15	Fox Cities-WI	35.25
6	Matt Altman	17	West Morris-NJ	35.27
7	Ben Halperin	18	West Essex-NJ	35.30
8	Matthew Jennings	16	Brandywine-De	35.32

Heat 10 of 17 Prelims Starts at 10:13 AM

1	Dylan Cummings	15	Wyckoff-NJ	35.20
2	Chris Zappile	16	West Morris-NJ	34.99
3	Robby Mix	16	Lionville-PA	34.91
4	Daniel Aberle	16	Catawba-NC	34.86
5	Victor Luo	13	SomersetValleyNJ	34.89
6	Vinny Romano	15	Hunterdon-NJ	34.95
7	Corey Beinhart	13	South Family-OH	35.06
8	Conner Sagness	17	Blue Ash-OH	35.23

Heat 11 of 17 Prelims Starts at 10:14 AM

1	Brandon Gauthier	16	Greensburg-PA	34.79
2	James Sturner	16	Tri-Hampton-PA	34.61
3	Joe Andrie	17	JuniataValley-PA	34.50
4	Eric Ronda	14	Greenwich-CT	34.46
5	Matt Scott	18	Blue Ash-OH	34.47
6	Seth Klair	14	Western Br-DE	34.52
7	Ben Foreman	18	Joliet - IL	34.78
8	Connor McColligan	15	Red Bank - NJ	34.86

Heat 12 of 17 Prelims Starts at 10:14 AM

1	Zachary Wilson	18	Brandywine-PA	34.42
2	Adam Van Huis	18	Oshkosh-WI	34.32
3	Sei Jean Gahng	15	MetuchenED-NJ	34.07
4	William Armington	18	Hamilton Area-NJ	33.99
5	Murphy Hebbard	16	Joliet - IL	34.00
6	Ryan Fortin	14	Andover-MA	34.23
7	Aaron Sears	15	Fox Cities-WI	34.41
8	Ben Smith	18	Cheshire-CT	34.45

Heat 13 of 17 Prelims Starts at 10:15 AM

1	Daniel Gallagher	15	Anne Arundel-MD	33.96
2	David White	17	Hunterdon-NJ	33.92
3	Ethan McNeil	17	Countryside-OH	33.84
4	Louie Seefeld	13	Phoenixville-PA	33.81
5	Edward Garrity	15	Waterbury-CT	33.84
6	Michael Chickene	17	Hunterdon-NJ	33.88
7	Brandon Burns	16	Countryside-OH	33.95
8	Shane Tonery	15	MetuchenED-NJ	33.97

Heat 14 of 17 Prelims Starts at 10:15 AM

1	Marshall Lambert	15	Boyertown-PA	33.70
2	Jeremy Chaudet	17	SomersetValleyNJ	33.39
3	Louis Gabriele	16	Wyckoff-NJ	33.28
4	Peter Schildknecht	18	Blue Ash-OH	33.21
5	Zach Hamer	18	North Shore-MA	33.25
6	Luke Nosbisch	16	East Suburban-PA	33.36
7	Evan Mahoney	13	Ocean County-NJ	33.49
8	Jake Iotte	13	Fox Cities-WI	33.77

Heat 15 of 17 Prelims Starts at 10:16 AM

1	Joseph Hines	18	North Shore-MA	32.96
2	Andrew Garrity	16	Waterbury-CT	32.66
3	Chris Reinke	18	Middle Tyger-SC	31.88
4	Ross Allen	18	Powel Crosley-OH	30.97
5	Austin Mizzell	18	Cheshire-CT	31.81
6	David Yazbeck	17	South Shore-MA	32.57
7	Devin Whear	17	North Shore-MA	32.91
8	Kristopher Soja	19	Wausau-WI	33.13

Heat 16 of 17 Prelims Starts at 10:16 AM

1	Erik Heijne	17	SomersetHills-NJ	32.95
2	Josh Kinney	16	Fox Cities-WI	32.62
3	Justin Addlesberger	18	Chambersburg-PA	31.88
4	Dak Stone	16	Fox Cities-WI	30.91
5	Graham Kauffman	16	Middle Tyger-SC	31.48
6	Justin Beegle	17	West Shore-PA	32.44
7	Chris Warfel	18	Countryside-OH	32.90
8	Jeff Sloan	16	Tri-Hampton-PA	32.98

Heat 17 of 17 Prelims Starts at 10:17 AM

1	Zach Auclair	16	East Hartford-CT	32.95
2	Tyler Szarko	17	Catonsville-MD	32.58
3	Ted Millett	16	North Shore-MA	31.85
4	Cory Schutz	18	Phoenixville-PA	30.73
5	Sean Johnson	15	SomersetValleyNJ	31.14
6	Harrison Cefalo	15	Red Bank - NJ	32.30
7	AJ Burt	15	Powel Crosley-OH	32.83
8	John Scott	16	Winston-Salem-NC	32.97

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Event 7 Women 200 LC Meter IM**Odd heats warm-up pool****Even heats diving board****National: 2:18.89 7/27/2004 Ashley Jones**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims Starts at 10:21 AM

1	Lauren Lo	16	Red Bank - NJ	2:14.75 Y
2	Meghan Lam	16	Brandywine-De	2:13.69 Y
3	Kaela Bjornberg	16	Cheshire-CT	2:13.27 Y
4	Katelyn Ishee	18	Countryside-OH	2:12.69 Y
5	Jennifer Trodden	17	North Shore-MA	2:13.18 Y
6	Lauren Betancourt	16	Flushing-NY	2:13.38 Y
7	Laura Ruscoe	18	W.North Carolina	2:14.36 Y

Heat 2 of 10 Prelims Starts at 10:23 AM

1	Carlene Ostromecki	16	Boyertown-PA	2:12.31 Y
2	Maddi Webb	15	B R Ryall-IL	2:11.66 Y
3	Anna Ratana	16	Winston-Salem-NC	2:36.70
4	Madeline Froehlich	17	Cheshire-CT	2:36.46
5	Julia Torabi	14	Andover-MA	2:36.57
6	Emily Thomesen	15	East Hartford-CT	2:36.85
7	Morgan Karetnick	13	Greenwich-CT	2:11.86 Y
8	Alexis Coon	15	Brandywine-De	2:12.39 Y

Heat 3 of 10 Prelims Starts at 10:26 AM

1	Colleen McCormack	16	North Shore-MA	2:36.27
2	Michelle Walcker	17	Burbank-MA	2:35.98
3	Audrey Tolbert	17	Hartford-MD	2:35.85
4	Natalie Cronk	14	Piedmont-VA	2:35.82
5	Jackie Iglesias	15	Aurora Family-IL	2:35.84
6	Emily Miles	16	West Morris-NJ	2:35.90
7	Kristen Ferriero	16	West Morris-NJ	2:36.22
8	Courtney Weaver	12	Gr. Flint-MI	2:36.32

Heat 4 of 10 Prelims Starts at 10:29 AM

1	Michelle Kim	12	Ridgewood-NJ	2:35.78
2	Rachael Ballard	17	Anne Arundel-MD	2:35.33
3	Caitlin Cole	14	Wilton-CT	2:35.20
4	Megan Niermann	12	Jefferson Co-IL	2:34.92
5	Katherine Foley	15	North Shore-MA	2:35.12
6	Colleen O'Neil	13	South Shore-MA	2:35.24
7	Sloane Hindman	15	Red Bank - NJ	2:35.46
8	Kathryn Bromback	16	Morris Center-NJ	2:35.81

Heat 5 of 10 Prelims Starts at 10:31 AM

1	Monica Milici	14	Middle Tyger-SC	2:34.89
2	Courtney Nichols	18	Columbia NW-SC	2:34.45
3	Theresa Gallagher	17	Anne Arundel-MD	2:34.06
4	Madeline Hoch	13	West Shore-PA	2:33.97
5	Emily Schon	16	UpperMainLine-PA	2:34.04
6	Sam Fulmer	17	Middle Tyger-SC	2:34.38
7	Caroline Fore	16	Middle Tyger-SC	2:34.86
8	Paige Baisden	14	UpperMainLine-PA	2:34.91

Heat 6 of 10 Prelims Starts at 10:34 AM

1	Rebecca Murray	16	Brandywine-De	2:33.63
2	Allie Beckenstein	18	Piedmont-VA	2:33.21
3	Rachel Revolinski	15	Oshkosh-WI	2:32.85
4	Katie Deysher	14	Coffman - OH	2:32.58
5	Marissa Murphy	16	Rapid Area-MI	2:32.70
6	Hannah Gonzalez	18	SomersetValleyNJ	2:33.17
7	Brenna Broadus	17	Piedmont-VA	2:33.23
8	Amanda Anderson	18	Suncoast-FL	2:33.77

Heat 7 of 10 Prelims Starts at 10:36 AM

1	Laura Krueger	17	Powel Crosley-OH	2:32.35
2	Shannon Ahearn	14	Wilton-CT	2:32.16
3	Kate Dillione	15	Tri-Hampton-PA	2:31.96
4	Sarah Galvin	17	B R Ryall-IL	2:31.77
5	Haley Lips	14	Middle Tyger-SC	2:31.82
6	Katherine O'Leary	17	Montclair-NJ	2:31.99
7	Salena Casha	17	Burbank-MA	2:32.30
8	Kendall Farnham	16	Anne Arundel-MD	2:32.37

Heat 8 of 10 Prelims Starts at 10:38 AM

1	Jenn Abbott	16	Wilton-CT	2:31.48
2	Kim Jerome	15	Cheshire-CT	2:29.83
3	Ashley Bolin	18	Oshkosh-WI	2:26.92
4	Addie Carne	17	Middle Tyger-SC	2:24.95
5	Stephanie Ferrell	15	Montclair-NJ	2:26.60
6	Stephanie Kinsey	17	West Shore-PA	2:28.45
7	Katie Johnson	18	B R Ryall-IL	2:31.09
8	Stephanie Conklin	18	Blue Ash-OH	2:31.70

Heat 9 of 10 Prelims Starts at 10:41 AM

1	KC Moss	13	Wilton-CT	2:31.37
2	Mary deMarrais	17	SomersetHills-NJ	2:29.53
3	Abby Galbreath	16	South Family-OH	2:26.74
4	Brittney Kuras	17	Canandaigua-NY	2:23.38
5	Shannon Draves	17	Boyertown-PA	2:26.26
6	Lauren Raczkowski	16	Middle Tyger-SC	2:27.32
7	Abbey Tuchscherer	16	Oshkosh-WI	2:30.97
8	Laura Gorinski	17	Greensburg-PA	2:31.69

Heat 10 of 10 Prelims Starts at 10:43 AM

1	Kelly Heyde	17	Wilton-CT	2:31.09
2	Lauren Baisden	17	UpperMainLine-PA	2:28.60
3	Sara Hartman	18	Boyertown-PA	2:26.72
4	Leah Gingrich	18	West Shore-PA	2:16.88
5	Brynn Marecki	17	Farmington-MI	2:25.24
6	Grace Waller	15	Kishwaukee-IL	2:27.28
7	Madeline Scarborough	17	B R Ryall-IL	2:30.46
8	Annie Gillig	13	Middle Tyger-SC	2:31.50

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Event 8 Men 200 LC Meter IM

Odd heats warm-up pool end

Even pool diving board end

National: 2:07.29 7/31/2007 Scott Marino

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims Starts at 10:46 AM

2	John Livingston	17	Gr. Johnstown-PA	2:03.27Y
3	Brandon Gauthier	16	Greensburg-PA	2:03.19Y
4	Erik Heijne	17	SomersetHills-NJ	2:02.98Y
5	Christian Jones	16	Winston-Salem-NC	2:03.08Y
6	David Yao	17	SomersetValleyNJ	2:03.21Y

Heat 2 of 12 Prelims Starts at 10:48 AM

1	Evan Ciecimirski	16	New Canaan-CT	2:02.81Y
2	Andrew Slater	17	Lancaster-OH	2:02.60Y
3	Larry Zhang	15	Westfield-NJ	2:01.96Y
4	Patrick Hagar	16	Catonsville-MD	2:01.06Y
5	Aaron Cubells	18	Hamden-N.Haven	2:01.88Y
6	Stew Conard	17	Hatboro-PA	2:02.16Y
7	Matthew Hargrove	18	Lancaster-OH	2:02.79Y
8	Charles Wu	16	Red Bank - NJ	2:02.98Y

Heat 3 of 12 Prelims Starts at 10:50 AM

1	Patrick Foos	16	Blue Ash-OH	2:26.17
2	Victor Luo	13	SomersetValleyNJ	2:26.10
3	Alex Corbett	15	Boyetown-PA	2:25.75
4	Louis Gabriele	16	Wyckoff-NJ	2:25.59
5	Shane Tonery	15	MetuchenED-NJ	2:25.71
6	John Bateman	14	North Shore-MA	2:25.86
7	Sean Darby	17	Marion County-FL	2:26.12
8	Matt Sorena	18	Western-CT	1:56.86Y

Heat 4 of 12 Prelims Starts at 10:53 AM

1	Harrison Cefalo	15	Red Bank - NJ	2:25.56
2	Alex Burzynski	14	FanwoodScotch-NJ	2:25.49
3	Dan Mangan	16	Wilton-CT	2:25.36
4	Evan Paulan	17	FanwoodScotch-NJ	2:25.17
5	Tim Early	15	Countryside-OH	2:25.22
6	Zachary Jones	17	Kishwaukee-IL	2:25.38
7	Neal Widdowson	13	Mid-Delmarva-MD	2:25.52
8	George Beatty	15	Chapel Hill-NC	2:25.58

Heat 5 of 12 Prelims Starts at 10:55 AM

1	Christian Sinchi	18	Cheshire-CT	2:25.04
2	Tyler Nuss	17	Gr. Miami Val-OH	2:24.85
3	Patrick Larrow	16	Gr Holyoke-MA	2:24.70
4	Alex Ziev	17	UpperMainLine-PA	2:24.69
5	Alex Dropo	16	Cape Cod-MA	2:24.70
6	Sean Johnson	15	SomersetValleyNJ	2:24.85
7	Thomas Mershon	16	UpperMainLine-PA	2:25.02
8	James Sturner	16	Tri-Hampton-PA	2:25.05

Heat 6 of 12 Prelims Starts at 10:57 AM

1	Ethan McNeil	17	Countryside-OH	2:24.39
2	Mitch Paczesniak	19	UpperMainLine-PA	2:24.23
3	Eric Traub	16	Northwest-CT	2:23.64
4	Chad Thompson	16	Kishwaukee-IL	2:23.42
5	Derek Mead	17	Rapid Area-MI	2:23.60
6	Danny Collins	17	Flushing-NY	2:24.22
7	Eric Chung	15	SomersetHills-NJ	2:24.30
8	Charlie Schindler	18	Anne Arundel-MD	2:24.61

Heat 7 of 12 Prelims Starts at 11:00 AM

1	Philip Kang	13	Montclair-NJ	2:23.08
2	Blake Freeman	16	Suncoast-FL	2:22.95
3	Greg Baliko	14	FanwoodScotch-NJ	2:22.47
4	AJ Yunker	17	Gr. Flint-MI	2:22.31
5	Daniel Wendel	17	Winston-Salem-NC	2:22.45
6	Keith Foos	16	Marion County-FL	2:22.53
7	AJ Burt	15	Powel Crosley-OH	2:23.04
8	Ben Morris	15	Andover-MA	2:23.41

Heat 8 of 12 Prelims Starts at 11:02 AM

1	Jordan Welbes	18	Marion County-FL	2:21.72
2	Konner Scott	15	Leaning Tower-IL	2:21.54
3	Daniel Kim	17	Flushing-NY	2:20.96
4	Alex Fitton	17	Red Bank - NJ	2:20.66
5	Andy Healy	15	Aurora Family-IL	2:20.93
6	Michael Gordon	15	Kishwaukee-IL	2:21.42
7	Jack Bremer	14	Anne Arundel-MD	2:21.70
8	Jordan Guttrich	15	Gr. Flint-MI	2:22.05

Heat 9 of 12 Prelims Starts at 11:04 AM

1	Zach Peart	17	FanwoodScotch-NJ	2:20.49
2	Conner Maher	15	Hamden-N.Haven	2:20.36
3	Steven Zimmerman	15	Countryside-OH	2:20.26
4	Peter KO	16	Ridgewood-NJ	2:20.12
5	Brian Batson	17	Down East-ME	2:20.26
6	Kurt VonEhr	17	Rapid Area-MI	2:20.27
7	Joseph Aburahma	16	Huntington-WV	2:20.46
8	Andrew Seiler	17	UpperMainLine-PA	2:20.62

Heat 10 of 12 Prelims Starts at 11:07 AM

1	Cameron Weaver	17	Gr. Flint-MI	2:19.04
2	Dak Stone	16	Fox Cities-WI	2:18.42
3	Nathan Hart	16	W.North Carolina	2:16.82
4	Matt Navata	16	Montclair-NJ	2:13.35
5	Kevin Mihic	17	B R Ryall-IL	2:14.94
6	Jeremy Frey	18	Tri-Hampton-PA	2:17.25
7	Jack Pretto	16	Cheshire-CT	2:18.70
8	Frank Cuzzola	17	SomersetValleyNJ	2:20.08

Heat 11 of 12 Prelims Starts at 11:09 AM

1	Andrew Golankiewicz	16	Wilton-CT	2:19.00
2	Joseph Bailey	18	Brandywine-De	2:18.28
3	Brendan Deveney	17	Wilton-CT	2:15.99
4	David Ingraham	15	Middle Tyger-SC	2:11.82
5	Tom Brown	18	Wilton-CT	2:14.80
6	Ted Millett	16	North Shore-MA	2:17.06
7	Jared Kauffman	15	Middle Tyger-SC	2:18.51
8	Daniel Schmitz	16	South Family-OH	2:19.90

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Heat 12 Prelims (#8 Men 200 LC Meter IM)

1	James Wilson	16	South Chester-PA	2:18.95
2	Domen Jemec	17	Middle Tyger-SC	2:17.42
3	Andrew Reid	18	North Shore-MA	2:15.77
4	Scott Marino	18	FanwoodScotch-NJ	2:07.29
5	Matt Salig	16	Lionville-PA	2:14.03
6	Riley Egger	19	Marshfield - WI	2:16.96
7	Spencer Scarth	16	Wilton-CT	2:18.48
8	Stephen Raynes	15	SomersetHills-NJ	2:19.14

Event 9 Women 50 LC Meter Freestyle

All heats begin at diving board end

National: 26.49 7/30/2002 Claire Woodall-Gainey

Lane	Name	Age	Team	Seed Time
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Heat 1 of 18 Prelims Starts at 11:15 AM

1	Payton Shirey	14	Talbot County-MD	25.48 Y
2	Beth Frazer	17	Delta County MI	25.46 Y
3	Samantha Schneider	16	Jefferson Co-IL	25.45 Y
4	Laura Askin	15	Central Delaware	25.36 Y
5	Alyssa Sanders	14	Central Delaware	25.45 Y
6	Maria Messina	14	Canandaigua-NY	25.46 Y
7	Laura Stephens	15	Kennett-PA	25.48 Y

Heat 2 of 18 Prelims Starts at 11:16 AM

1	Meredith Davis	17	Huntington-WV	25.31 Y
2	Michelle Fischl	14	Greensburg-PA	25.28 Y
3	Samantha Durham	18	Frederick-MD	25.25 Y
4	Cacky Keating	17	SomersetHills-NJ	25.23 Y
5	Maja Feenick	17	SomersetHills-NJ	25.25 Y
6	Izzy Brassfield	17	Greensboro-NC	25.26 Y
7	Jennifer Beatty	18	Indiana-PA	25.28 Y
8	Shaina Kretchmer	15	Sheboygan-WI	25.34 Y

Heat 3 of 18 Prelims Starts at 11:16 AM

1	Kelly Markwell	16	Red Bank - NJ	25.06 Y
2	Abbey McKenney	17	Brandywine-De	24.89 Y
3	Bryn Dunbar	17	Powel Crosley-OH	24.78 Y
4	Alexis Houser	17	Tri-Hampton-PA	28.42 S
5	Julia Messina	14	Canandaigua-NY	24.72 Y
6	Jenna Immormino	14	SomersetHills-NJ	24.86 Y
7	Katie Keefer	16	Waynesboro-VA	25.02 Y
8	Courtney Sepich	16	Burlington Co-NJ	25.14 Y

Heat 4 of 18 Prelims Starts at 11:17 AM

1	Christine Stern	18	Brandywine-PA	27.94 S
2	Riley LeBlanc	14	North Shore-MA	29.39
3	Shannon Burr	17	East Hartford-CT	29.39
4	Kendra Bierman	15	Powel Crosley-OH	29.37
5	Taylor McWilliams	17	Talbot County-MD	29.39
6	Jackie Ramdin	14	Rowan-NC	29.39
7	Meg Smith	18	Phoenixville-PA	29.39
8	Lauren Beck	18	Brandywine-PA	28.38 S

Heat 5 of 18 Prelims Starts at 11:17 AM

1	Kara Dubiel	17	SomersetValleyNJ	29.35
2	Molly Doody	17	Powel Crosley-OH	29.33
3	Kathryn Coniglio	15	Hunterdon-NJ	29.32
4	Samantha Bonenclark	17	Marion County-FL	29.31
5	Katie Shoemaker	15	Columbia NW-SC	29.32
6	Sara Tillie	16	Hartford-MD	29.33
7	Jane Tsivitse	17	Powel Crosley-OH	29.34
8	Anna Wujciak	13	Gr. Flint-MI	29.37

Heat 6 of 18 Prelims Starts at 11:17 AM

1	Elizabeth Hawkins	18	FanwoodScotch-NJ	29.29
2	Celia Oberholzer	14	Powel Crosley-OH	29.28
3	Sarah Finn	15	Red Bank - NJ	29.27
4	Maggie Dillione	16	Tri-Hampton-PA	29.25
5	Monica Nunez	14	Ridgewood-NJ	29.27
6	Allyson French	16	Tampa Metro-FL	29.28
7	Tommie Dillione	12	Tri-Hampton-PA	29.28
8	Ashley Kryger	18	B R Ryall-IL	29.31

Heat 7 of 18 Prelims Starts at 11:18 AM

1	Shannon Connors	17	Blue Ash-OH	29.23
2	Jessica Colucci	15	FanwoodScotch-NJ	29.22
3	Stephanie Kearns	18	Lionville-PA	29.21
4	Kerry Wanstreet	18	Harrison Co.-WV	29.21
5	Kayla Weisenbach	17	South Chester-PA	29.21
6	Erica Halley	16	Fox Cities-WI	29.22
7	Anna Wayne	18	Wilmington-NC	29.22
8	Kelsey Sipple	18	Marinette-MI	29.25

Heat 8 of 18 Prelims Starts at 11:18 AM

1	Samantha Heyman	17	Greenwich-CT	29.21
2	Carly Dvorak	16	B R Ryall-IL	29.20
3	Kristen Ferriero	16	West Morris-NJ	29.19
4	Rachel Cortright	14	Ridgewood-NJ	29.16
5	Whitney Adrian	15	Andover-MA	29.17
6	Hannah Gonzalez	18	SomersetValleyNJ	29.20
7	Rachel Gadzicki	17	Pottstown-PA	29.20
8	Kelly Boyd	17	Tampa Metro-FL	29.21

Heat 9 of 18 Prelims Starts at 11:19 AM

1	Colleen Webb	16	B R Ryall-IL	29.13
2	Taylor Byerly	14	Wilton-CT	29.12
3	Alyssa Kmet	17	Ridgewood-OH	29.11
4	Lauren Solernou	15	Cheshire-CT	29.10
5	Janene Senofonte	16	FanwoodScotch-NJ	29.11
6	Claire Leichty	18	Powel Crosley-OH	29.12
7	Allison Pavlik	14	B R Ryall-IL	29.12
8	Rebecca Maher	17	Hamden-N.Haven	29.16

Heat 10 of 18 Prelims Starts at 11:19 AM

1	Jena Marrinucci	18	Boyertown-PA	29.08
2	Kirsten Rissover	16	Blue Ash-OH	29.05
3	Sarah Button	18	SomersetHills-NJ	29.03
4	Catriona Coppler	16	Gr Holyoke-MA	29.02
5	Teresa Garrity	18	Waterbury-CT	29.03
6	Maureen McKenna	15	Red Bank - NJ	29.04
7	Danielle Ferrera	17	West Morris-NJ	29.08
8	Kathleen Wilkinson	17	Rappahannock-VA	29.09

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Heat 11 Prelims (#9 Women 50 LC Meter Freestyle)

1	Kaci McIlmoyle	14	South Chester-PA	29.02
2	Courtney Raw	16	SomersetValleyNJ	28.97
3	Natalie Neuwirth	13	Stevens Point-WI	28.96
4	Sam Hill	14	Greenwich-CT	28.89
5	Mary Henkels	18	FanwoodScotch-NJ	28.94
6	Melissa Cook	17	Pottstown-PA	28.97
7	Lauren Meyer	18	Hamden-N.Haven	28.98
8	Jenny Dalmonte	17	UpperMainLine-PA	29.02

Heat 12 of 18 Prelims Starts at 11:20 AM

1	Katie Steider	18	Franklin-PA	28.87
2	Jamie Puls	17	Ridgewood-OH	28.86
3	Sophie Mort	17	Powel Crosley-OH	28.83
4	Anna Gryglewska	17	New Canaan-CT	28.78
5	Madie Gaido	14	Middle Tyger-SC	28.80
6	Maddi Webb	15	B R Ryall-IL	28.84
7	Kori Golden	17	Anne Arundel-MD	28.86
8	Natasha Wahl	15	South Family-OH	28.87

Heat 13 of 18 Prelims Starts at 11:20 AM

1	Lauren Nightingale	18	Marion County-FL	28.78
2	Nicole Colucci	17	FanwoodScotch-NJ	28.76
3	Molly McSweeney	14	North Shore-MA	28.73
4	Molly Slattery	15	Rappahannock-VA	28.71
5	Marisa Immormino	16	SomersetHills-NJ	28.72
6	Alison Garbash	18	J.B. Chambers-WV	28.75
7	Sara Krueger	14	Powel Crosley-OH	28.77
8	Mara Valenzuela	15	SomersetValleyNJ	28.78

Heat 14 of 18 Prelims Starts at 11:21 AM

1	Kendra Wagner	14	Laurel Highlands	28.66
2	Caitlin Nelson	17	Montclair-NJ	28.61
3	Keara Leong	15	Flushing-NY	28.56
4	Libby Mayock	18	Chapel Hill-NC	28.55
5	Danielle Parowski	14	Gr. Johnstown-PA	28.55
6	Casey Ostrander	17	Cape Cod-MA	28.57
7	Ally Stover	18	South Family-OH	28.62
8	Alex Iwanicki	14	B R Ryall-IL	28.68

Heat 15 of 18 Prelims Starts at 11:21 AM

1	Emily Tysinger	16	Chapel Hill-NC	28.53
2	Renee Rosenkranz	17	Dutchess-NY	28.50
3	Mattie Riley	18	Catonsville-MD	28.42
4	Hollis Capuano	17	Cheshire-CT	28.34
5	Ariana Lyons	16	FanwoodScotch-NJ	28.38
6	Lulu Belak	15	New Canaan-CT	28.50
7	Elina Hu	16	Oshkosh-WI	28.52
8	Anna Gibas	16	Greensburg-PA	28.54

Heat 16 of 18 Prelims Starts at 11:22 AM

1	Shelby Fortin	16	Wilton-CT	28.23
2	Katey Brooks	17	Ridgewood-OH	28.14
3	Becca Weiland	15	Stevens Point-WI	28.02
4	Anna Munger	18	UpperMainLine-PA	27.33
5	Marissa Murphy	16	Rapid Area-MI	27.86
6	Suzanne Lemberg	16	Westfield-NJ	28.06
7	Danielle Albright	14	Tampa Metro-FL	28.17
8	Casey Stahl	16	SomersetValleyNJ	28.29

Heat 17 of 18 Prelims Starts at 11:22 AM

1	Kinsey Kowalski	17	Blue Ash-OH	28.22
2	Bekka Westrick	16	Gr. Miami Val-OH	28.14
3	Lauren Schmittle	17	West Shore-PA	28.00
4	Heather Savage	17	Canandaigua-NY	27.24
5	Emily Gniatczyk	17	B R Ryall-IL	27.84
6	Alie Zelenky	17	West Shore-PA	28.06
7	Amanda Fitzgerald	16	Marion County-FL	28.17
8	Hannah Messer	16	Rapid Area-MI	28.27

Heat 18 of 18 Prelims Starts at 11:22 AM

1	Natalie Rohr	14	South Family-OH	28.20
2	Breann McDowell	16	Countryside-OH	28.12
3	Dana Gnerre	17	Wilton-CT	27.93
4	Emily Lloyd	15	Anne Arundel-MD	26.56
5	Leah Gingrich	18	West Shore-PA	27.56
6	Amina Meho	17	Burbank-MA	28.05
7	Caroline Higgins	15	Wilton-CT	28.15
8	Katie McCullough	17	Rapid Area-MI	28.23

Event 10 Men 50 LC Meter Freestyle

All heats begin at the diving board

National: 23.52 7/27/2004 Jeffrey Sudbury

Lane	Name	Age	Team	Seed Time
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Heat 1 of 21 Prelims Starts at 11:29 AM

1	Mike Harmon	16	Chambersburg-PA	22.80 Y
2	Kevin Koul	17	Gr. Johnstown-PA	22.75 Y
3	Jimmy Coleman	17	Burlington Co-NJ	22.66 Y
4	Kelly Dorian	18	Gr. Johnstown-PA	22.50 Y
5	Derek Shirley	16	East Suburban-PA	22.54 Y
6	Ryan Brannan	17	Northwest-NY	22.69 Y
7	Peter Horton	16	N.Middlesex-CT	22.78 Y

Heat 2 of 21 Prelims Starts at 11:29 AM

1	Ray Boarman	19	Talbot County-MD	22.46 Y
2	Wade Boarman	16	Talbot County-MD	22.19 Y
3	Robert Schwartz	19	Hatboro-PA	25.09 S
4	Mike LaDelfa	14	Western-CT	26.98
5	Chris Pitler	16	Tri-Hampton-PA	26.99
6	David Paccapaniccia	17	Indiana-PA	21.69 Y
7	Mitchell Smith	17	Gr. Johnstown-PA	22.19 Y
8	Nic Null	18	Shelby-OH	22.47 Y

Heat 3 of 21 Prelims Starts at 11:29 AM

1	Tim Stradley	16	Brandywine-De	26.97
2	Dennis Hall-App	15	Montclair-NJ	26.96
3	Owen Dunbar	15	Powel Crosley-OH	26.96
4	Will Schlosser	16	UpperMainLine-PA	26.95
5	Steven Harvell	18	Central Delaware	26.96
6	Nicholas Kobani	16	Waterbury-CT	26.96
7	Benjamin Collins	16	North Shore-MA	26.97
8	Max Blum	17	Westfield-NJ	26.98

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Heat 4 Prelims (#10 Men 50 LC Meter Freestyle)

1	Jacob White	16	Gr. Flint-MI	26.94
2	Cole Hogg	13	Manchester-NH	26.92
3	Andrew Mazen	15	Wyckoff-NJ	26.91
4	Chris Greaves	17	Aurora Family-IL	26.91
5	James Walker	18	Brandywine-PA	26.91
6	Alex Huffman	15	Rock Hill-SC	26.91
7	Eric Lethander	14	Powel Crosley-OH	26.94
8	Lowell Nickey	15	Long Island-NY	26.95

Heat 5 of 21 Prelims Starts at 11:30 AM

1	Kyle Gifford	19	Rapid Area-MI	26.90
2	Connor Christiansen	15	Fox Cities-WI	26.88
3	Tyler Lueck	14	South Shore-MA	26.86
4	Stephen Baker	17	Countryside-OH	26.86
5	Josh Gassaway	17	Tampa Metro-FL	26.86
6	Austin Wolff	14	New Canaan-CT	26.87
7	Bryan Walcker	14	Burbank-MA	26.90
8	Brian Brennan	16	North Shore-MA	26.90

Heat 6 of 21 Prelims Starts at 11:31 AM

1	Jan Yburan	16	Montclair-NJ	26.82
2	Jake Irmiter	16	Rock Hill-SC	26.81
3	Matt Sorena	18	Western-CT	26.80
4	Brendan Lacey	15	Laurel Highlands	26.77
5	Tommy Peters	18	SomersetHills-NJ	26.78
6	Jr. Queiroz	16	Montclair-NJ	26.80
7	Daly Brower	17	Greensboro-NC	26.81
8	Jonathan Lollis	17	Rock Hill-SC	26.83

Heat 7 of 21 Prelims Starts at 11:31 AM

1	Pat Dierker	14	Powel Crosley-OH	26.75
2	Melvin Shipman	17	Goldsboro-NC	26.75
3	Paul Ianiro	18	Montclair-NJ	26.71
4	Nicholas Karadimas	15	Western-CT	26.69
5	Wesley Hood	18	Western-CT	26.69
6	Matthew Hargrove	18	Lancaster-OH	26.73
7	Paul Skousen	16	Countryside-OH	26.75
8	Eric Surkovich	17	Howard County-MD	26.77

Heat 8 of 21 Prelims Starts at 11:31 AM

1	Mitch Paczesniak	19	UpperMainLine-PA	26.66
2	JD Gillespie	17	Suncoast-FL	26.66
3	Alex Shin	16	Cumberland-MD	26.64
4	Anthony Sabre	16	Cheshire-CT	26.64
5	Will Brown	15	FanwoodScotch-NJ	26.64
6	Shane Smith	16	Powel Crosley-OH	26.65
7	Matt Hughes	18	Countryside-OH	26.66
8	Greg Hameister	14	Oshkosh-WI	26.69

Heat 9 of 21 Prelims Starts at 11:32 AM

1	Daniel Gallagher	15	Anne Arundel-MD	26.62
2	Jeff Arace	18	East Hartford-CT	26.61
3	Keegan Shepherd	16	Joliet - IL	26.60
4	Christian Sinchi	18	Cheshire-CT	26.60
5	Patrick Gilbreath	16	Tampa Metro-FL	26.60
6	James Black	16	North Shore-MA	26.60
7	Scott Taylor	16	Western Br-DE	26.62
8	PJ Maloney	18	Corning-NY	26.62

Heat 10 of 21 Prelims Starts at 11:32 AM

1	Nathan Dembowski	17	Western-CT	26.59
2	Cory Page	15	Kishwaukee-IL	26.56
3	Ryan Goggans	17	Fox Cities-WI	26.53
4	Luka Grujic	17	South Shore-MA	26.51
5	Jon Harre	16	Jefferson Co-IL	26.52
6	Ben Orr	17	Newberry-SC	26.53
7	Alex Bieber	15	Western-CT	26.58
8	Jack Forese	15	New Canaan-CT	26.60

Heat 11 of 21 Prelims Starts at 11:32 AM

1	Ben Foreman	18	Joliet - IL	26.51
2	Alex Corbett	15	Boyertown-PA	26.50
3	Andrew Slater	17	Lancaster-OH	26.48
4	Ryan Terracciano	17	SomersetHills-NJ	26.47
5	David Yazbeck	17	South Shore-MA	26.48
6	Andrew Burt	18	Countryside-OH	26.49
7	David Chung	13	SomersetValleyNJ	26.50
8	Braxten Judkins	15	Suburban W-OH	26.51

Heat 12 of 21 Prelims Starts at 11:33 AM

1	Alex Burgess	14	Powel Crosley-OH	26.42
2	Matt Scott	18	Blue Ash-OH	26.38
3	Dylan Coggin	17	Brandywine-De	26.35
4	Devin Dolan	16	Marion County-FL	26.33
5	Michael Murphy	17	Powel Crosley-OH	26.34
6	Jared Gentry	14	Middle Tyger-SC	26.38
7	Max Bierman	17	Powel Crosley-OH	26.41
8	Tyler Benmark	17	Gr. Flint-MI	26.46

Heat 13 of 21 Prelims Starts at 11:33 AM

1	Mike Oster	16	Westfield-NJ	26.31
2	Kenny Kim	16	Flushing-NY	26.27
3	Jordan Hartman	16	Boyertown-PA	26.25
4	Jay Margherio	17	New Canaan-CT	26.20
5	Jonathan Weeks	18	Mon Valley-PA	26.23
6	John Bateman	14	North Shore-MA	26.25
7	Luke Robbins	18	Piedmont-VA	26.31
8	William Armington	18	Hamilton Area-NJ	26.32

Heat 14 of 21 Prelims Starts at 11:33 AM

1	Brian Giacopelli	17	SomersetValleyNJ	26.19
2	Ben Appleby	18	West Shore-PA	26.13
3	Brian O'Donnell	18	FanwoodScotch-NJ	26.09
4	Brian Stirling	18	SomersetValleyNJ	26.06
5	Alex Maugle	18	UpperMainLine-PA	26.08
6	Brendan Kerins	16	Catonsville-MD	26.10
7	Jeffrey Stirling	18	SomersetValleyNJ	26.16
8	Derek Mead	17	Rapid Area-MI	26.20

Heat 15 of 21 Prelims Starts at 11:34 AM

1	Tyler Lareau	17	North Shore-MA	26.03
2	James Ross	14	SomersetHills-NJ	26.02
3	Andrew Salomon	15	Leaning Tower-IL	25.99
4	Tyler Szarko	17	Catonsville-MD	25.97
5	David White	17	Hunterdon-NJ	25.98
6	Alex Dropo	16	Cape Cod-MA	26.01
7	Ian Morales	16	Rappahannock-VA	26.03
8	Gus Bailey	16	Suburban W-OH	26.03

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Heat 16 Prelims (#10 Men 50 LC Meter Freestyle)

1	Brad Bielak	17	Ridgewood-OH	25.94
2	Garrett Snipes	17	Middle Tyger-SC	25.93
3	Joe Ward	17	Gr. Johnstown-PA	25.87
4	Keyton Kalakewich	18	Mon Valley-PA	25.86
5	Nick Spaniel	15	Gr Burlington-VT	25.87
6	Robert Parker	16	SomersetValleyNJ	25.92
7	Mike Camper	15	Rappahannock-VA	25.94
8	Zach Fischer	16	Powel Crosley-OH	25.95

Heat 17 of 21 Prelims Starts at 11:35 AM

1	Matthew Duffy	16	Boyertown-PA	25.81
2	Greg Daniele	17	Red Bank - NJ	25.80
3	Michael Krone	18	Blue Ash-OH	25.68
4	Gregory Kogut	15	Anne Arundel-MD	25.64
5	Evan Danz	18	Catonsville-MD	25.67
6	Jack Thomas	17	West Morris-NJ	25.77
7	Jordan McGrew	18	Hamilton Area-NJ	25.81
8	Harry Foster	18	West Shore-PA	25.81

Heat 18 of 21 Prelims Starts at 11:35 AM

1	David Wilson	17	SomersetValleyNJ	25.62
2	Ken Ryan	17	Chapel Hill-NC	25.58
3	Taylor Harris	17	Rapid Area-MI	25.49
4	Nick Johnson	17	Tri-Hampton-PA	25.49
5	Curtis Ramsey	17	Brandywine-De	25.49
6	Brad Harder	17	Wilton-CT	25.57
7	Tom McKee	15	Brandywine-De	25.61
8	Matt Green	18	FanwoodScotch-NJ	25.63

Heat 19 of 21 Prelims Starts at 11:35 AM

1	James Wells	16	Bath Area-ME	25.40
2	Caleb Goeckner	20	Newberry-SC	25.17
3	Nick Iwanicki	17	B R Ryall-IL	24.94
4	Chris Reinke	18	Middle Tyger-SC	24.42
5	Greg Morgan	18	Middle Tyger-SC	24.64
6	Scott Sommer	17	Marion County-FL	25.10
7	Brendan Murphy	17	Northwest-CT	25.28
8	Sasan Tehrani	17	New Canaan-CT	25.43

Heat 20 of 21 Prelims Starts at 11:36 AM

1	Trevor Carr	17	Rappahannock-VA	25.39
2	Thomas Delves	17	B R Ryall-IL	25.16
3	Lee Groseclose	18	Middle Tyger-SC	24.92
4	Evan Reed	18	UpperMainLine-PA	23.91
5	Graham Kauffman	16	Middle Tyger-SC	24.53
6	Frank Cuzzola	17	SomersetValleyNJ	25.03
7	Paul Bimmmler	17	Andover-MA	25.21
8	Raymond Cswerko	15	Northwest-CT	25.41

Heat 21 of 21 Prelims Starts at 11:36 AM

1	Ben Smith	18	Cheshire-CT	25.31
2	Brian Sivak	17	B R Ryall-IL	25.12
3	Travis McNamara	18	Cheshire-CT	24.67
4	Mason Chenier	17	Goldsboro-NC	23.87
5	Steven Springer	18	Powel Crosley-OH	24.47
6	Justin Addlesberger	18	Chambersburg-PA	25.01
7	Tim Squires	16	Harrison Co.-WV	25.20
8	Kyle Madley	15	SomersetHills-NJ	25.40

Event 11 Women 200 LC Meter Medley Relay

All heats start warm-up pool end

National: 2:01.17 7/31/2006 Boyertown Area YMCA

K Valentine, S Longacre, E Christy, A Allen

Lane	Team	Relay	Seed Time
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Heat 1 of 9 Prelims Starts at 11:43 AM

3	Aurora Family-IL	1:55.89 Y
4	Gr. Flint-MI	1:55.26 Y
5	Kennett-PA	1:55.62 Y
6	Lionville-PA	1:56.28 Y

Heat 2 of 9 Prelims Starts at 11:45 AM

1	Phoenixville-PA	1:54.59 Y
2	Mid-Delmarva-MD	1:54.05 Y
3	Hartford-MD	1:53.27 Y
4	Westfield-NJ	1:52.66 Y
5	Ridgewood-OH	1:53.21 Y
6	Stevens Point-WI	1:53.88 Y
7	Allegheny Val-PA	1:54.45 Y
8	Greensburg-PA	1:54.90 Y

Heat 3 of 9 Prelims Starts at 11:48 AM

1	Canandaigua-NY	1:51.49 Y
2	Morris Center-NJ	2:08.88 S
3	Rappahannock-VA	2:14.91
4	East Hartford-CT	2:14.76
5	Hunterdon-NJ	2:14.88
6	Winston-Salem-NC	2:14.92
7	Catonsville-MD	1:50.28 Y
8	West Morris-NJ	1:51.60 Y

Heat 4 of 9 Prelims Starts at 11:50 AM

1	Rowan-NC	2:14.12
2	MetuchenED-NJ	2:14.03
3	J.B. Chambers-WV	2:13.83
4	South Chester-PA	2:13.77
5	Harrison Co.-WV	2:13.79
6	Pottstown-PA	2:13.92
7	Wyckoff-NJ	2:14.05
8	Hamilton Area-NJ	2:14.59

Heat 5 of 9 Prelims Starts at 11:52 AM

1	Ocean County-NJ	2:13.65
2	Ridgewood-NJ	2:13.52
3	Columbia NW-SC	2:12.65
4	Coffman - OH	2:12.26
5	Burbank-MA	2:12.43
6	South Shore-MA	2:13.12
7	New Canaan-CT	2:13.59
8	Cape Cod-MA	2:13.74

Heat 6 of 9 Prelims Starts at 11:54 AM

1	Western-CT	2:11.71
2	Brandywine-PA	2:11.47
3	Red Bank - NJ	2:11.10
4	Flushing-NY	2:11.00
5	Kishwaukee-IL	2:11.10
6	Gr Holyoke-MA	2:11.38
7	Greenwich-CT	2:11.51
8	Piedmont-VA	2:11.90

2008 YMCA National Long Course Championship

July 29 - August 1, 2008

Meet Program - Day 1 Prelims

Heat 7 Prelims (#11 Women 200 LC Meter Medley Relay)

1	Tri-Hampton-PA	2:09.38
2	Fox Cities-WI	2:08.30
3	Powel Crosley-OH	2:06.87
4	Cheshire-CT	2:04.10
5	Oshkosh-WI	2:05.33
6	Countryside-OH	2:07.39
7	South Family-OH	2:08.74
8	North Shore-MA	2:10.67

Heat 8 of 9 Prelims Starts at 11:58 AM

1	Andover-MA	2:09.02
2	FanwoodScotch-NJ	2:08.06
3	West Shore-PA	2:06.57
4	Anne Arundel-MD	2:03.37
5	Blue Ash-OH	2:05.18
6	UpperMainLine-PA	2:07.33
7	SomersetValleyNJ	2:08.52
8	Montclair-NJ	2:10.55

Heat 9 of 9 Prelims Starts at 12:00 PM

1	B R Ryall-IL	2:08.89
2	Rapid Area-MI	2:07.81
3	Boyertown-PA	2:06.55
4	Middle Tyger-SC	2:02.34
5	Brandywine-De	2:04.47
6	Farmington-MI	2:07.23
7	Wilton-CT	2:08.44
8	SomersetHills-NJ	2:10.03

Event 12 Men 200 LC Meter Medley Relay

All heats begin warm-up pool end

National: 1:46.68 7/31/2001 M.E. Lyons-OH

J Cramer, R Kauscher, P Carothers, M Bertke

Lane	Team	Relay	Seed Time
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Heat 1 of 7 Prelims Starts at 12:04 PM

1	East Suburban-PA	1:44.52 Y
2	Kennett-PA	1:44.38 Y
3	Aurora Family-IL	1:44.01 Y
4	Lancaster-OH	1:42.84 Y
5	Ocean County-NJ	1:42.87 Y
6	West Cook-IL	1:44.15 Y
7	Mon Valley-PA	1:44.43 Y

Heat 2 of 7 Prelims Starts at 12:06 PM

1	Westfield-NJ	1:41.91 Y
2	Huntington-WV	1:41.54 Y
3	West Morris-NJ	1:37.37 Y
4	South Chester-PA	2:04.69
5	Brandywine-PA	1:54.74 S
6	Gr. Flint-MI	1:39.31 Y
7	Winston-Salem-NC	1:41.59 Y
8	Gr. Johnstown-PA	1:42.81 Y

Heat 3 of 7 Prelims Starts at 12:08 PM

1	Rock Hill-SC	2:04.18
2	Hamilton Area-NJ	2:03.89
3	Flushing-NY	2:03.17
4	Waterbury-CT	2:02.32
5	Anne Arundel-MD	2:02.58
6	Oshkosh-WI	2:03.47
7	South Shore-MA	2:04.15
8	Rowan-NC	2:04.47

Heat 4 of 7 Prelims Starts at 12:10 PM

1	Wyckoff-NJ	2:01.78
2	Hunterdon-NJ	2:01.35
3	Kishwaukee-IL	2:00.17
4	South Family-OH	1:59.08
5	Wilton-CT	1:59.29
6	Chapel Hill-NC	2:00.77
7	Lionville-PA	2:01.72
8	Western-CT	2:02.03

Heat 5 of 7 Prelims Starts at 12:12 PM

1	East Hartford-CT	1:58.42
2	B R Ryall-IL	1:57.23
3	Fox Cities-WI	1:55.48
4	West Shore-PA	1:52.78
5	North Shore-MA	1:54.05
6	Catonsville-MD	1:56.20
7	Boyertown-PA	1:57.51
8	New Canaan-CT	1:58.78

Heat 6 of 7 Prelims Starts at 12:14 PM

1	Andover-MA	1:58.29
2	Rappahannock-VA	1:56.95
3	FanwoodScotch-NJ	1:55.10
4	Powel Crosley-OH	1:52.11
5	Cheshire-CT	1:53.63
6	Montclair-NJ	1:56.15
7	Rapid Area-MI	1:57.36
8	UpperMainLine-PA	1:58.67

Heat 7 of 7 Prelims Starts at 12:16 PM

1	SomersetHills-NJ	1:57.80
2	Red Bank - NJ	1:56.62
3	SomersetValleyNJ	1:54.35
4	Middle Tyger-SC	1:51.81
5	Countryside-OH	1:53.42
6	Brandywine-De	1:55.59
7	Tri-Hampton-PA	1:57.34
8	Blue Ash-OH	1:58.59