



YMCA National Long Course Meet Headquarters & Host Hotel

Sheraton Washington North Hotel
4095 Powder Mill Road, Beltsville MD 20705
Phone: (301) 937-4422

SPECIAL RATES FOR TEAMS AND PARENTS

July 26 - August 01, 2008 **\$119.00** per room, per night, plus 11%tax
(King or Double Bedded Room Type) Sorry, no rollways available complimentary refrigerator & microwave based on available & upon request. ***PETS ARE WELCOME 70 lbs and under***

INDIVIDUAL CALL-IN

Reservations for the event will be made by individual attendees directly with the Sheraton Reservations at 800-325-3535. Reservation must be made prior to the established cut off date of **June 24, 2008**. All reservations must be guaranteed with a major credit card. Please reference block name **YMCA National Long Course Swim Teams** when confirming.

HOTEL AMENITIES

Deluxe newly renovated guestrooms with Plasma TV, Two phone lines
Self-Serve Starbucks Coffee Shop
Full Service Restaurant & Lounge
Complimentary Internet Café in lobby, Newspaper, Fitness Center
In-Room Iron & Iron Board, Hair Dryers, Safes, Coffee Makers and much more...

Places To Dine Across the Street From the Host Hotel

KFC – McDonalds – Wendy's – Taco Bell – CVS Pharmacy – Giant Food
Danny's Subs Shop – Perking Delight Chinese Food – Sierra's Grill Mexican Food
TJ Restaurant & Baskin 31 Robbins Ice Cream

Directions to The University of Maryland Front Entrance

Start out going LEFT on POWDER MILL RD / MD-212 toward BELTSVILLE DR.
Turn LEFT onto CHERRY HILL RD.
Turn RIGHT onto BALTIMORE AVE / US-1.
Turn RIGHT onto CAMPUS DR.
End at **University of Maryland**