

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Event 23 Women 400 LC Meter IM

Odd heats at warm-up pool end

Even heats at diving pool end

National: 4:53.41 7/29/2004 Ashley Jones

Meet Qualifying: 5:26.99

Lane	Name	Age	Team	Seed	Time
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Heat 1 of 8 Prelims Starts at 08:00 AM

3	Maddie Hochwalt	16	South Family-OH	4:44.50	Y
4	Clara Wynn	17	Greensboro-NC	4:44.06	Y
5	Megan Lattimer	16	Wilton-CT	4:44.29	Y
6	Heidi Nichols	17	Columbia NW-SC	4:45.29	Y

Heat 2 of 8 Prelims Starts at 08:06 AM

1	Kayla McAvoy	15	Wyckoff-NJ	4:43.01	Y
2	Sophie Hornby	16	Wilton-CT	4:42.32	Y
3	Kim Weyand	16	Anne Arundel-MD	4:42.03	Y
4	Nicole Provenza	15	Anne Arundel-MD	4:41.47	Y
5	Samantha Shelley	17	Brandywine-De	4:41.95	Y
6	Colleen O'Neil	14	S. Shore Mill-MA	4:42.16	Y
7	Marina Borri	15	Farmington-MI	4:42.52	Y
8	Wendy Liu	16	SomersetValleyNJ	4:43.47	Y

Heat 3 of 8 Prelims Starts at 08:11 AM

1	Erica Hasson	16	S. Shore Mill-MA	4:41.17	Y
2	Dana Rzewnicki	16	SomersetValleyNJ	4:40.70	Y
3	Jazzi Cooper	14	Wilton-CT	4:40.01	Y
4	Sara Craft	15	Wyckoff-NJ	4:39.31	Y
5	Catherine Patrell	17	Cheshire-CT	4:39.51	Y
6	Amanda Wachenfeld	16	SomersetHills-NJ	4:40.36	Y
7	Allie Dye	16	Middle Tyger-SC	4:40.73	Y
8	Madison Allen	16	Middle Tyger-SC	4:41.24	Y

Heat 4 of 8 Prelims Starts at 08:16 AM

1	Elizabeth Simon	17	Middle Tyger-SC	4:38.76	Y
2	Katy Munzenmaier	16	Glens Falls-NY	4:36.58	Y
3	Becca Murray	17	Brandywine-De	4:33.49	Y
4	Katherine O'Leary	18	Montclair-NJ	5:26.81	
5	Lauren Baisden	18	Phoenixville-PA	4:28.95	Y
6	Sloane Hindman	16	Red Bank - NJ	4:36.20	Y
7	Michelle Kim	13	Ridgewood-NJ	4:38.26	Y
8	Natalie Bolin	16	Oshkosh-WI	4:39.13	Y

Heat 5 of 8 Prelims Starts at 08:21 AM

1	Lauren Law	14	UpperMainLine-PA	5:26.44	
2	Katherine Foley	16	North Shore-MA	5:25.52	
3	Lauren Doerrman	15	Boyertown-PA	5:24.92	
4	Laura Krueger	18	Powel Crosley-OH	5:24.46	
5	Kendall Crawford	15	Middle Tyger-SC	5:24.65	
6	Jessica Burkett	14	West Shore-PA	5:25.36	
7	Alison Darby	14	Gr. Flint-MI	5:25.86	
8	Erin Seiler	15	UpperMainLine-PA	5:26.50	

Heat 6 of 8 Prelims Starts at 08:27 AM

1	Hilary Woldt	17	Oshkosh-WI	5:23.86	
2	Megan Alexander	15	North Shore-MA	5:19.44	
3	Mary deMarrais	18	SomersetHills-NJ	5:12.62	
4	Carly Munchel	17	West Shore-PA	5:05.71	
5	Madeline Hoch	14	West Shore-PA	5:11.39	
6	Morgan Pfaff	15	West Shore-PA	5:16.85	
7	Madeline Barlow	18	Tri-Hampton-PA	5:22.03	
8	Stephanie Nguyen	16	Cheshire-CT	5:24.37	

Heat 7 of 8 Prelims Starts at 08:32 AM

1	Caroline Fore	17	Middle Tyger-SC	5:23.28	
2	Megan Happ	18	UpperMainLine-PA	5:19.28	
3	Stephanie Ferrell	16	Montclair-NJ	5:12.44	
4	Courtney Beidler	17	Tri-Hampton-PA	5:03.46	
5	Courtney Weaver	13	Gr. Flint-MI	5:09.18	
6	Shannon Ahearn	15	Wilton-CT	5:16.67	
7	Kim Jerome	16	Cheshire-CT	5:21.73	
8	Colleen McCormack	17	North Shore-MA	5:24.14	

Heat 8 of 8 Prelims Starts at 08:37 AM

1	India Boland	15	North Shore-MA	5:23.07	
2	Natalie Cronk	15	Piedmont-VA	5:17.20	
3	Kelly O'Connor	18	North Shore-MA	5:12.08	
4	Laura Simon	18	Middle Tyger-SC	4:58.12	
5	Lauren Raczkowski	17	Middle Tyger-SC	5:09.13	
6	Victoria Oslund	16	W.North Carolina	5:16.13	
7	Adrienne Phillips	18	West Shore-PA	5:21.53	
8	Brodde Lamb	16	Piedmont-VA	5:23.99	

Event 24 Men 400 LC Meter IM

Odd heats start at warm-up pool end

Even heats start at diving pool end

National: 4:32.23 1997 J. Faltraco

Meet Qualifying: 5:08.39

Lane	Name	Age	Team	Seed	Time
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Heat 1 of 8 Prelims Starts at 08:42 AM

1	John King	17	DowntownYouth-CT	4:23.03	Y
2	Jonathan Ciriello	17	SomersetHills-NJ	4:21.62	Y
3	Mike Cooke	17	Anne Arundel-MD	4:20.84	Y
4	Timothy Lattimer	16	Wilton-CT	4:19.84	Y
5	Aaron DuCharme	18	Gr. Flint-MI	4:20.27	Y
6	Kevin Posten	16	Gr. Flint-MI	4:21.09	Y
7	Jordan Lingo	16	Central Delaware	4:21.91	Y

Heat 2 of 8 Prelims Starts at 08:47 AM

1	Christian Jones	17	Winston-Salem-NC	4:16.85	Y
2	Alexander Robinson	17	Goldsboro-NC	4:14.93	Y
3	Matt Kendall	16	SomersetValleyNJ	4:08.21	Y
4	Eric Kim	13	Ridgewood-NJ	5:08.08	
5	Brendan Fortin	18	Andover-MA	4:03.61	Y
6	Parker Baisden	17	Phoenixville-PA	4:14.40	Y
7	JR Creekmore	16	Brandywine-De	4:16.22	Y
8	Isaac Klinger	13	Greensboro-NC	4:18.30	Y

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Heat 3 Prelims (#24 Men 400 LC Meter IM)

1	Alex Naglich	15	Tri-Hampton-PA	5:07.05
2	Ian Delahunty	15	Middle Tyger-SC	5:06.96
3	Patrick Hagar	17	Catonsville-MD	5:05.47
4	Tommy Thach	12	West Seattle-WA	5:04.73
5	Ryan Cahalane	17	Wilton-CT	5:04.81
6	Tyler Nuss	18	Countryside-OH	5:05.70
7	Ryan Fahey	16	S. Shore Mill-MA	5:07.04
8	J Key	17	W.North Carolina	5:07.60

Heat 4 of 8 Prelims Starts at 08:57 AM

1	John Bateman	15	North Shore-MA	5:03.30
2	Evan Walker	17	Huntington-WV	5:03.15
3	Alexander Hart	17	Gr. Flint-MI	5:02.60
4	Tim Early	16	Countryside-OH	5:02.03
5	Alex Keller	14	Fayette-IL	5:02.56
6	Alex Fox	15	Winston-Salem-NC	5:02.96
7	Aaron Lawson	17	Countryside-OH	5:03.28
8	James Sturner	17	Tri-Hampton-PA	5:03.76

Heat 5 of 8 Prelims Starts at 09:02 AM

1	Sean Murphy	17	Wyckoff-NJ	5:00.33
2	Greg Baliko	15	FanwoodScotch-NJ	4:59.24
3	Jack Bremer	15	Anne Arundel-MD	4:58.54
4	Shane McKenzie	15	Tri-Hampton-PA	4:57.74
5	Christopher DePietro	15	Lancaster-OH	4:58.29
6	Jonathan Burr	16	East Hartford-CT	4:58.57
7	Kevin Kosciuk	16	Cheshire-CT	5:00.03
8	Joseph Aburahma	17	Huntington-WV	5:01.35

Heat 6 of 8 Prelims Starts at 09:07 AM

1	Colton Spark	16	Middle Tyger-SC	4:56.43
2	Blake Freeman	17	Suncoast-FL	4:55.01
3	Kyle Doxtater	15	Mid-Delmarva-MD	4:49.57
4	Ty Perkins	18	South Family-OH	4:45.90
5	Spencer Scarth	17	Wilton-CT	4:47.13
6	Zach Stephens	16	Sunbury-PA	4:51.54
7	Tyler Lareau	18	North Shore-MA	4:55.70
8	Michael Gordon	16	Kishwaukee-IL	4:57.25

Heat 7 of 8 Prelims Starts at 09:12 AM

1	Connor Beaulieu	17	East Hartford-CT	4:56.04
2	Thomas Mershon	17	UpperMainLine-PA	4:54.76
3	Bill Young	15	W.North Carolina	4:48.01
4	Nathan Hart	17	W.North Carolina	4:41.41
5	Tom McKee	16	Brandywine-De	4:46.80
6	Brian Batson	18	Brandywine-De	4:50.04
7	Daniel Schmitz	17	South Family-OH	4:55.14
8	Conor McAuliffe	17	Andover-MA	4:57.18

Heat 8 of 8 Prelims Starts at 09:16 AM

1	Danny Collins	18	Flushing-NY	4:56.02
2	Andrew Guinther	17	Glens Falls-NY	4:53.57
3	Stephen Raynes	16	SomersetHills-NJ	4:47.55
4	Matt Navata	17	Montclair-NJ	4:34.48
5	Cameron Weaver	18	Gr. Flint-MI	4:46.68
6	Leo Lim	15	Wyckoff-NJ	4:49.82
7	Connor Yoo	16	UpperMainLine-PA	4:55.02
8	Eric Traub	17	Northwest-CT	4:56.91

Event 25 Women 100 LC Meter Freestyle

Odd heats start at warm-up pool end

Even heats start at diving pool end

National: 57.07 7/31/2008 Emily Lloyd

Meet Qualifying: 1:03.99

Lane Name Age Team Seed Time

Heat 1 of 20 Prelims Starts at 09:21 AM

1	Kelsey Poole	18	Gr.Westfield-MA	55.19 Y
2	Alex Ramdin	17	Rowan-NC	55.13 Y
3	Carly Dvorak	17	B R Ryall-IL	54.95 Y
4	Payton Shirey	15	Talbot County-MD	54.88 Y
5	Lauren Pruett	18	Newberry-SC	54.92 Y
6	Casey Thomas	16	Talbot County-MD	55.06 Y
7	Arica Smith	13	Door County-WI	55.17 Y
8	Kimberly Hill	13	Greenwich-CT	55.21 Y

Heat 2 of 20 Prelims Starts at 09:22 AM

1	Allison Pavlik	15	B R Ryall-IL	54.73 Y
2	Meredith Smith	16	Westfield-NJ	54.68 Y
3	Patty Boyer	16	Wyckoff-NJ	54.58 Y
4	Carlene Ostromecki	17	Boyertown-PA	54.53 Y
5	Milon Crawford	15	Farmington-MI	54.53 Y
6	Jenn Abbott	17	Wilton-CT	54.63 Y
7	Bowie Reilly	18	West Monmouth-NJ	54.68 Y
8	Laura Stephens	16	Kennett-PA	54.73 Y

Heat 3 of 20 Prelims Starts at 09:23 AM

1	Julia Wisler	16	Phoenixville-PA	54.50 Y
2	Taylor Folkertsma	16	Rapid Area-MI	54.41 Y
3	Kelly Hamilton	14	Chambersburg-PA	54.24 Y
4	Alexandria Barry	16	Cheshire-CT	54.18 Y
5	Megan Foran	15	Red Bank - NJ	54.18 Y
6	Maureen McKenna	16	Red Bank - NJ	54.25 Y
7	Emily Eaton	16	Gr. Flint-MI	54.43 Y
8	Anna Marie McNurlen	16	Mon Valley-PA	54.51 Y

Heat 4 of 20 Prelims Starts at 09:24 AM

1	Jessica Colucci	16	FanwoodScotch-NJ	54.04 Y
2	Chelsea Unger	18	West Monmouth-NJ	54.01 Y
3	Savanna Townsend	14	Door County-WI	53.38 Y
4	Paige Baisden	15	Phoenixville-PA	53.37 Y
5	Victoria Moorhouse	18	Vineland-NJ	53.37 Y
6	Ashley Conroy	17	Ocean County-NJ	53.94 Y
7	Laura Askin	16	Central Delaware	54.01 Y
8	Sierra Townsend	16	Door County-WI	54.14 Y

Heat 5 of 20 Prelims Starts at 09:25 AM

1	Laura Poss	15	Hamilton Area-NJ	1:03.99
2	Caitlin Cole	15	Wilton-CT	1:03.92
3	Kaylyn Murphy	15	Coffman - OH	1:03.91
4	Danielle Alcorn	16	Rock Hill-SC	1:03.87
5	Maggie Dillione	17	Tri-Hampton-PA	1:03.87
6	Anna Gasparini	14	West Shore-PA	1:03.91
7	Sarah Metoxen	14	Fox Cities-WI	1:03.97
8	Jenna Immormino	15	SomersetHills-NJ	52.53 Y

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Heat 6 Prelims (#25 Women 100 LC Meter Freestyle)

1	Kayla Weisenbach	18	Jennersville-PA	1:03.85
2	Erica Fabbri	15	Tri-Hampton-PA	1:03.84
3	Lindsay Gorgen	16	Tampa Metro-FL	1:03.84
4	Taylor Ellis	14	S. Shore Mill-MA	1:03.82
5	Angie Healy	14	Twin Rivers-NC	1:03.83
6	Sarah Freeman	12	Suncoast-FL	1:03.84
7	Sarah Pucci	15	DowntownYouth-CT	1:03.84
8	Kelly Boyd	18	Tampa Metro-FL	1:03.86

Heat 7 of 20 Prelims Starts at 09:27 AM

1	Marisa Immormino	17	SomersetHills-NJ	1:03.81
2	Rachael Freeman	13	Suncoast-FL	1:03.78
3	Sam Hill	15	Greenwich-CT	1:03.78
4	Sarah Weeks	17	Mon Valley-PA	1:03.77
5	Sarah Finn	16	Red Bank - NJ	1:03.77
6	Meg Powers	17	S. Shore Mill-MA	1:03.78
7	Samantha Heyman	18	Greenwich-CT	1:03.80
8	Karen Novak	16	Cheshire-CT	1:03.82

Heat 8 of 20 Prelims Starts at 09:27 AM

1	Morgan Kandrac	16	Hamilton Area-NJ	1:03.72
2	Kathleen Wilkinson	18	Rappahannock-VA	1:03.70
3	Claire Oh	17	MetuchenED-NJ	1:03.68
4	Mandi Sosnowski	15	Countryside-OH	1:03.68
5	Katelyn Kidney	16	North Shore-MA	1:03.68
6	Hannah Connell	15	West Cook-IL	1:03.70
7	Eilish Devine	15	Ridgewood-NJ	1:03.70
8	Amanda Distler	16	Wyckoff-NJ	1:03.73

Heat 9 of 20 Prelims Starts at 09:28 AM

1	Alyssa LaFrenierre	15	Wilton-CT	1:03.66
2	Danielle Galyer	13	Middle Tyger-SC	1:03.59
3	Stephanie Norris	14	Catonsville-MD	1:03.59
4	Liz Mooney	16	Middle Tyger-SC	1:03.56
5	Corinne Capodanno	15	Brandywine-De	1:03.59
6	Kendra Wagner	15	Laurel Highlands	1:03.59
7	Maddy Smart	14	Western-CT	1:03.66
8	Katie Shoemaker	16	Columbia NW-SC	1:03.68

Heat 10 of 20 Prelims Starts at 09:29 AM

1	Maya Scheidl	14	SomersetHills-NJ	1:03.52
2	Casey Jepsen	16	Kishwaukee-IL	1:03.51
3	Bennett Anthony	15	Middle Tyger-SC	1:03.49
4	Meghan Claflin	14	North Shore-MA	1:03.46
5	Ryan Alexander	13	North Shore-MA	1:03.46
6	Kelly Dickerson	18	Tampa Metro-FL	1:03.50
7	Annie Carter	18	Brandywine-De	1:03.51
8	Shannon Rauth	13	UpperMainLine-PA	1:03.53

Heat 11 of 20 Prelims Starts at 09:30 AM

1	Jennifer Rothe	17	Oshkosh-WI	1:03.41
2	Jen Koide	13	West Morris-NJ	1:03.39
3	Katie Kuhl	13	Fayette-IL	1:03.35
4	Michelle Whitfield	15	Columbia NW-SC	1:03.26
5	Monica Nunez	15	Wyckoff-NJ	1:03.29
6	Alexa Sacerdote	16	Red Bank - NJ	1:03.37
7	Whitney Adrian	16	Andover-MA	1:03.40
8	Kaley Gregory	16	Tri-County-WV	1:03.44

Heat 12 of 20 Prelims Starts at 09:31 AM

1	Madalyn Wolf	12	Wyckoff-NJ	1:03.24
2	Sarah Cronin	13	FanwoodScotch-NJ	1:03.23
3	Sam Vandyke	18	Countryside-OH	1:03.19
4	Therese Stevens	17	Countryside-OH	1:03.13
5	Morgan Nuess	17	South Family-OH	1:03.17
6	Caitlin Nelson	18	Montclair-NJ	1:03.20
7	Molly Doody	18	Powel Crosley-OH	1:03.23
8	Kelly Gajdzisz	17	FanwoodScotch-NJ	1:03.25

Heat 13 of 20 Prelims Starts at 09:32 AM

1	Stephanie Bolin	18	Oshkosh-WI	1:03.00
2	Sarah Kaneshiki	16	Gr. Johnstown-PA	1:02.96
3	Caitlin English	15	FanwoodScotch-NJ	1:02.85
4	Kendall Kirsteier	15	Tri-Hampton-PA	1:02.83
5	Racheal Weiland	15	Stevens Point-WI	1:02.85
6	Loren Phinney	18	S. Shore Mill-MA	1:02.86
7	Amanda Grant	16	Hamilton Area-NJ	1:02.97
8	Alison O'Connor	15	Wyckoff-NJ	1:03.04

Heat 14 of 20 Prelims Starts at 09:33 AM

1	Jackie Finn	18	Hunterdon-NJ	1:02.81
2	Allyson French	17	Tampa Metro-FL	1:02.76
3	Mary Flinn	15	Rappahannock-VA	1:02.56
4	Sela Wang	14	Gr Holyoke-MA	1:02.55
5	Lynn Brotherton	17	Countryside-OH	1:02.56
6	Tommie Dillione	13	Tri-Hampton-PA	1:02.59
7	Kara Dubiel	18	SomersetValleyNJ	1:02.78
8	Mara Valenzuela	16	SomersetValleyNJ	1:02.83

Heat 15 of 20 Prelims Starts at 09:34 AM

1	Brennah Ross	16	UpperMainLine-PA	1:02.48
2	Jesse Evans	16	Greenwich-CT	1:02.42
3	Ann Sanchez	17	Brandywine-PA	1:02.39
4	Morgan Brooks	16	Middle Tyger-SC	1:02.28
5	Celia Frick	14	SomersetHills-NJ	1:02.33
6	Ariana Lyons	17	FanwoodScotch-NJ	1:02.41
7	Molly Slattery	16	Rappahannock-VA	1:02.46
8	Emily Waller	18	Kishwaukee-IL	1:02.51

Heat 16 of 20 Prelims Starts at 09:35 AM

1	Julia Kudryashova	16	SomersetHills-NJ	1:02.24
2	Bryn Dunbar	18	Powel Crosley-OH	1:02.21
3	Kendra Bierman	16	Powel Crosley-OH	1:02.10
4	Jane Tsivitse	18	Powel Crosley-OH	1:01.86
5	Bernadette Byrne	17	S. Shore Mill-MA	1:01.96
6	Madie Gaido	15	Middle Tyger-SC	1:02.15
7	Meredith Ketchmark	17	Hamilton Area-NJ	1:02.23
8	Keara Leong	16	Flushing-NY	1:02.25

Heat 17 of 20 Prelims Starts at 09:35 AM

1	Anna Strzempko	14	Gr Holyoke-MA	1:01.83
2	Jenny Dalmonte	18	UpperMainLine-PA	1:01.73
3	Alexis Houser	18	Tri-Hampton-PA	1:01.69
4	Suzanne Lemberg	17	Westfield-NJ	1:01.52
5	Meaghan Kwarcinski	15	Gr Holyoke-MA	1:01.53
6	Caroline Finkbeiner	15	West Shore-PA	1:01.72
7	Elina Hu	17	Oshkosh-WI	1:01.76
8	Ally Stover	19	South Family-OH	1:01.84

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Heat 18 Prelims (#25 Women 100 LC Meter Freestyle)

1	Catriona Coppler	17	East Hartford-CT	1:01.25
2	Katey Brooks	18	Ridgewood-OH	1:01.03
3	Alex Iwanicki	15	B R Ryall-IL	1:00.54
4	Breann McDowell	17	Countryside-OH	59.55
5	Lauren Schmittle	18	West Shore-PA	59.95
6	Abbey Tuchscherer	17	Oshkosh-WI	1:00.80
7	Anna Wujciak	14	Gr. Flint-MI	1:01.13
8	Rachel Revolinski	16	Oshkosh-WI	1:01.52

Heat 19 of 20 Prelims Starts at 09:37 AM

1	Sara Beth Drake	16	Middle Tyger-SC	1:01.18
2	Danielle Albright	15	Tampa Metro-FL	1:01.00
3	Rachel Moore	15	Andover-MA	1:00.38
4	Emily Gniatczyk	18	B R Ryall-IL	59.54
5	Becca Weiland	16	Stevens Point-WI	59.75
6	Natalie Rohr	15	South Family-OH	1:00.66
7	Chloe Conjares	16	Wyckoff-NJ	1:01.10
8	Nicole Colucci	18	FanwoodScotch-NJ	1:01.46

Heat 20 of 20 Prelims Starts at 09:38 AM

1	Madeline Scarborough	18	B R Ryall-IL	1:01.15
2	Sara Krueger	15	Powel Crosley-OH	1:00.97
3	Shelby Fortin	17	Wilton-CT	1:00.33
4	Emily Lloyd	16	Anne Arundel-MD	57.07
5	Stephanie Kinsey	18	West Shore-PA	59.70
6	Kelsey Buckley	15	Suncoast-FL	1:00.59
7	Stephanie Fox	18	Rapid Area-MI	1:01.06
8	Katie McCullough	18	Rapid Area-MI	1:01.41

Event 26 Men 100 LC Meter Freestyle

Odd heats start at warm-up pool end

Even heats start at diving pool end

National: 51.25 7/31/2008 Evan Reed

Meet Qualifying: 58.79

Lane	Name	Age	Team	Seed Time
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Heat 1 of 18 Prelims Starts at 09:39 AM

2	Joshua Nordike	14	Fayette-IL	49.54 Y
3	Bryan Brown	17	Central Delaware	49.52 Y
4	Christiansen Connor	16	Fox Cities-WI	49.40 Y
5	Matt Luminais	15	UpperMainLine-PA	49.51 Y
6	Andrew Blyskal	16	Kennett-PA	49.52 Y
7	Braxten Judkins	16	Suburban W-OH	49.64 Y

Heat 2 of 18 Prelims Starts at 09:40 AM

1	Ryan Keenan	17	Red Bank - NJ	49.37 Y
2	Jonathan Lollis	18	Rock Hill-SC	49.30 Y
3	JV Kracke	18	West Monmouth-NJ	49.04 Y
4	Ryan Kauth	17	West Monmouth-NJ	48.84 Y
5	Daly Brower	18	Greensboro-NC	48.95 Y
6	Martin Kendig	16	East Suburban-PA	49.09 Y
7	Timothy Healy	17	Wyckoff-NJ	49.34 Y
8	James Black	17	North Shore-MA	49.39 Y

Heat 3 of 18 Prelims Starts at 09:41 AM

1	Andrew Weber	16	Red Bank - NJ	48.54 Y
2	Joseph Ward	18	Gr. Johnstown-PA	48.24 Y
3	Andrew Miller	16	Lebanon-PA	47.83 Y
4	Brian Molloy	18	Ocean County-NJ	47.31 Y
5	Aaren Marecki	17	Farmington-MI	47.73 Y
6	Connor Murphy	17	West Monmouth-NJ	48.06 Y
7	Jack Lorentzen	16	Westfield-NJ	48.41 Y
8	Nick Spaniel	16	Gr Burlington-VT	48.68 Y

Heat 4 of 18 Prelims Starts at 09:41 AM

1	Andrew Slater	18	Lancaster-OH	46.99 Y
2	Ray Ward	16	Gr. Johnstown-PA	58.76
3	Jake Shafer	16	Rappahannock-VA	58.75
4	Joe Dunn	15	FanwoodScotch-NJ	58.73
5	Zachary Rogers	13	St. Charles-MO	58.74
6	Mitchell Cook	17	East Hartford-CT	58.76
7	Won Ho Chang	17	Bath Area-ME	46.57 Y
8	Alex Kosenski	19	Ocean County-NJ	47.09 Y

Heat 5 of 18 Prelims Starts at 09:42 AM

1	Luke Harrison	17	Oshkosh-WI	58.68
2	Tommy Hunt	16	Rappahannock-VA	58.66
3	Dylon Otto	16	Oshkosh-WI	58.63
4	Christopher LoTempio	18	Northwest-NY	58.60
5	Kevin McManus	15	Hockomock-MA	58.61
6	Doug Nymberg	17	Blue Ash-OH	58.65
7	Robby Husta	17	East Hartford-CT	58.68
8	Ryan DeBerry	15	W.North Carolina	58.72

Heat 6 of 18 Prelims Starts at 09:43 AM

1	Joseph Shepley	13	Cheshire-CT	58.60
2	Colin Foes	15	Blue Ash-OH	58.57
3	Justin Meyers	18	SomersetHills-NJ	58.56
4	Benjamin Creekmore	13	Brandywine-De	58.55
5	Adam Herzog	17	Huntington-NY	58.55
6	Jeffrey Donovan	15	SomersetValleyNJ	58.57
7	Tyler Lueck	15	S. Shore Mill-MA	58.59
8	Sean Brown	18	B R Ryall-IL	58.60

Heat 7 of 18 Prelims Starts at 09:44 AM

1	Alex Lin	14	Red Bank - NJ	58.54
2	Benjamin Collins	17	North Shore-MA	58.43
3	Ryan Bacci	17	Flushing-NY	58.35
4	Cody Pickel	17	Flushing-NY	58.33
5	Mike Oster	17	Westfield-NJ	58.34
6	David Yazbeck	18	S. Shore Mill-MA	58.40
7	Parker Moody	17	Cheshire-CT	58.51
8	Brandon Gauthier	17	Greensburg-PA	58.54

Heat 8 of 18 Prelims Starts at 09:45 AM

1	Max Blum	18	Westfield-NJ	58.29
2	Kevin Welsh	16	Hamilton Area-NJ	58.26
3	Peter Westcott	15	Ridgewood-NJ	58.14
4	MP Salinas	14	Phoenixville-PA	58.08
5	Jimmy Ryan	15	UpperMainLine-PA	58.11
6	Joey Duronio	15	Chapel Hill-NC	58.24
7	Jonathan Champagne	18	Brandywine-De	58.28
8	Kenton Shaw	17	Gr. Flint-MI	58.29

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Heat 9 Prelims (#26 Men 100 LC Meter Freestyle)

1	Zack Haney	16	Sunbury-PA	58.03
2	Sean Dunne	15	Red Bank - NJ	57.94
3	Brad Ranson	17	Hamilton Area-NJ	57.91
4	Vincent King	16	Columbia NW-SC	57.90
5	John Bateman	15	North Shore-MA	57.90
6	Brendan Lacey	16	Laurel Highlands	57.93
7	Alex Corbett	16	Boyertown-PA	58.02
8	Ricky Lessard	16	East Hartford-CT	58.06

Heat 10 of 18 Prelims Starts at 09:46 AM

1	Jason Williams	15	Suncoast-FL	57.81
2	Tim Stradley	17	Brandywine-De	57.80
3	Trevor Marshall Jr	15	Montclair-NJ	57.77
4	Nicholas Gutsche	14	Brandywine-De	57.76
5	Elliott Batchelder	16	B R Ryall-IL	57.77
6	David Chung	14	SomersetValleyNJ	57.79
7	John Thompson	15	Hunterdon-NJ	57.80
8	Nathan Baker	17	Rapid Area-MI	57.85

Heat 11 of 18 Prelims Starts at 09:47 AM

1	Kristoph Marcinkowski	15	Wyckoff-NJ	57.71
2	Wes Schmidt	17	Powel Crosley-OH	57.64
3	Paul Skousen	17	Countryside-OH	57.61
4	Jan Yburan	17	Montclair-NJ	57.57
5	Travis Bohn	16	West Shore-PA	57.61
6	Andy Lamb	17	South Family-OH	57.62
7	Jeffrey Cook	16	Burbank-MA	57.65
8	Austin Bohn	17	West Shore-PA	57.75

Heat 12 of 18 Prelims Starts at 09:48 AM

1	Scott Taylor	17	Western Br-DE	57.53
2	Evan Mahoney	14	Ocean County-NJ	57.40
3	Christian Sinchi	19	Cheshire-CT	57.30
4	Maruti Kolloru	17	UpperMainLine-PA	57.24
5	Philip Murphy	16	Gr Holyoke-MA	57.28
6	Patrick Hagar	17	Catonsville-MD	57.32
7	Ryan Turner	15	West Shore-PA	57.48
8	Brian Giacopelli	18	SomersetValleyNJ	57.54

Heat 13 of 18 Prelims Starts at 09:49 AM

1	Shane Smith	17	Powel Crosley-OH	57.11
2	David Paccapaniccia	18	Indiana-PA	57.07
3	Gregory Kogut	16	Anne Arundel-MD	57.02
4	Brian Brennan	17	North Shore-MA	56.93
5	Alex Burgess	15	Powel Crosley-OH	56.93
6	Will Schlosser	17	UpperMainLine-PA	57.06
7	Kevin Hom	16	Hamilton Area-NJ	57.10
8	Gus Bailey	17	Suburban W-OH	57.22

Heat 14 of 18 Prelims Starts at 09:49 AM

1	Tommy Wolinski	15	Montclair-NJ	56.82
2	Justin Stewart	16	West Shore-PA	56.58
3	Tanner Lowman	18	Rowan-NC	56.56
4	Alex Bieber	16	Western-CT	56.45
5	Owen Dunbar	16	Powel Crosley-OH	56.49
6	Jon Harre	17	Fayette-IL	56.56
7	Jeffrey Mead	16	Columbia NW-SC	56.62
8	Ryan Goggans	18	Fox Cities-WI	56.84

Heat 15 of 18 Prelims Starts at 09:50 AM

1	Pat Dierker	15	Powel Crosley-OH	56.28
2	Eric Hallman	17	West Cook-IL	56.21
3	James Ross	15	SomersetHills-NJ	56.06
4	Nathan Reed	17	UpperMainLine-PA	55.88
5	Cody Wei	16	Tampa Metro-FL	55.89
6	Luke Zalewski	15	Cheshire-CT	56.18
7	Justin Chambers	18	Suncoast-FL	56.26
8	Frank Cuzzola	18	SomersetValleyNJ	56.35

Heat 16 of 18 Prelims Starts at 09:51 AM

1	Matthew Salig	17	UpperMainLine-PA	55.75
2	Garrett Snipes	18	Middle Tyger-SC	55.12
3	John Hauser	17	Pottstown-PA	54.36
4	Greg Daniele	18	Red Bank - NJ	52.94
5	Curtis Ramsey	18	Brandywine-De	54.21
6	Graham Kauffman	17	Middle Tyger-SC	54.87
7	Andrew Seiler	18	UpperMainLine-PA	55.37
8	Paul Bimmler	18	Andover-MA	55.78

Heat 17 of 18 Prelims Starts at 09:52 AM

1	Jordan Hartman	17	Boyertown-PA	55.66
2	Konner Scott	16	Leaning Tower-IL	54.98
3	Kyle Madley	16	SomersetHills-NJ	54.27
4	Trevor Carr	18	Rappahannock-VA	52.81
5	Jack Pretto	17	Cheshire-CT	54.07
6	Paul Hunter	17	Andover-MA	54.69
7	Matt Duffy	17	Boyertown-PA	55.33
8	Raymond Cswerko	16	Northwest-CT	55.77

Heat 18 of 18 Prelims Starts at 09:52 AM

1	Alex Fitton	18	Red Bank - NJ	55.53
2	Josh Fleagle	15	AuglaizeMercerOH	54.89
3	TJ McCarthy	17	Red Bank - NJ	54.26
4	Tim Phillips	18	Marietta-OH	51.05
5	Nick Iwanicki	18	B R Ryall-IL	53.25
6	Rodrigo Gonzalez	16	SomersetValleyNJ	54.58
7	Will Brown	16	FanwoodScotch-NJ	55.14
8	Ben Tillar	17	South Family-OH	55.76

Event 27 Women 200 LC Meter Backstroke

Odd heats start at warm-up pool end

Even heats start at diving pool end

National: 2:15.38 7/29/2004 Tricia Weaner

Meet Qualifying: 2:37.59

Lane	Name	Age	Team	Seed Time
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Heat 1 of 16 Prelims Starts at 09:53 AM

3	Madeline Rastall	14	Marinette-MI	2:14.12 Y
4	Christine McGuire	16	Greenwich-CT	2:14.06 Y
5	Lindsay Temple	13	SomersetValleyNJ	2:14.12 Y

Heat 2 of 16 Prelims Starts at 09:56 AM

2	Angie Healy	14	Twin Rivers-NC	2:13.74 Y
3	Meghan Lam	17	Brandywine-De	2:13.58 Y
4	Hayley Price	16	Montclair-NJ	2:13.30 Y
5	Caroline Brennan	16	SomersetHills-NJ	2:13.38 Y
6	Michaela Rabas	16	Door County-WI	2:13.60 Y
7	Jacqueline White	16	Ridgewood-NJ	2:14.04 Y

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Heat 3 Prelims (#27 Women 200 LC Meter Backstroke)

1	Courtney Miller	15	Harrison Co.-WV	2:13.11 Y
2	Brittany Guinee	17	SomersetHills-NJ	2:11.88 Y
3	Melissa Kang	18	Brandywine-PA	2:10.72 Y
4	Lee Ingram	18	West Monmouth-NJ	2:04.53 Y
5	Hannah Lips	13	Middle Tyger-SC	2:07.30 Y
6	Emilee Letarte	17	Countryside-OH	2:11.48 Y
7	Claire Mesko	15	Western Br-DE	2:13.00 Y
8	Emily Buczkowski	16	Bath Area-ME	2:13.17 Y

Heat 4 of 16 Prelims Starts at 10:00 AM

1	Kelsey Williams	16	Sunbury-PA	2:03.01 Y
2	Megan Sandoe	17	Brandywine-PA	2:28.68 S
3	Nicole Salzano	13	Ridgewood-NJ	2:37.36
4	Katherine Kelloway	17	North Shore-MA	2:37.27
5	Amanda Wachenfeld	16	SomersetHills-NJ	2:37.33
6	Hannah Huber	16	Anne Arundel-MD	2:37.44
7	Courtney Sepich	17	Burlington Co-NJ	2:02.25 Y
8	Lauren Baisden	18	Phoenixville-PA	2:04.45 Y

Heat 5 of 16 Prelims Starts at 10:03 AM

1	Emily Thomesen	16	East Hartford-CT	2:37.24
2	Kimberly Hwang	15	Hunterdon-NJ	2:37.18
3	Hannah Kane	14	S. Shore Mill-MA	2:36.92
4	Jessica Burkett	14	West Shore-PA	2:36.87
5	Lauren Shea	16	Wilton-CT	2:36.89
6	Alice Treuth	12	Mid-Delmarva-MD	2:37.09
7	Alison Darby	14	Gr. Flint-MI	2:37.20
8	Hannah Connell	15	West Cook-IL	2:37.25

Heat 6 of 16 Prelims Starts at 10:05 AM

1	Jenna Zitkus	13	Leaning Tower-IL	2:36.65
2	Julia Torabi	15	Andover-MA	2:36.51
3	Edan Scott	13	Leaning Tower-IL	2:36.48
4	Courtney McKinnon	17	Montclair-NJ	2:36.36
5	Amanda Distler	16	Wyckoff-NJ	2:36.46
6	Sarah Wells	17	Tri-Hampton-PA	2:36.51
7	Sara Reidler	17	Suburban W-OH	2:36.61
8	Maggie Suhling	15	Rappahannock-VA	2:36.85

Heat 7 of 16 Prelims Starts at 10:08 AM

1	Kyoka Hosoi	13	Wyckoff-NJ	2:36.23
2	Samantha Regan	15	Montclair-NJ	2:36.02
3	Emily O'Neill	16	West Monmouth-NJ	2:35.88
4	Katy Munzenmaier	16	Glens Falls-NY	2:35.86
5	Alyssa LaFrenierre	15	Wilton-CT	2:35.88
6	Anna Blackburn	16	Winston-Salem-NC	2:36.00
7	Kathryn Greskoff	17	UpperMainLine-PA	2:36.06
8	Aubrey Miller	16	Boyertown-PA	2:36.32

Heat 8 of 16 Prelims Starts at 10:10 AM

1	Carlene Ostromecki	17	Boyertown-PA	2:35.56
2	Jackie Finn	18	Hunterdon-NJ	2:35.45
3	Joanna Williams	14	Greensboro-NC	2:35.19
4	Carolyn Carter	16	Countryside-OH	2:34.82
5	Bennett Anthony	15	Middle Tyger-SC	2:35.16
6	Alyssa Houser	18	Tri-Hampton-PA	2:35.35
7	Jessica Russell	14	Bath Area-ME	2:35.49
8	Kelly Miller	15	State College-PA	2:35.65

Heat 9 of 16 Prelims Starts at 10:13 AM

1	Jessica Cronin	14	FanwoodScotch-NJ	2:34.65
2	Loren Phinney	18	S. Shore Mill-MA	2:34.51
3	Emily Friedline	15	Greensburg-PA	2:34.36
4	Sara Daher	14	North Shore-MA	2:34.20
5	Austin Mateo	14	Wyckoff-NJ	2:34.35
6	Maureen McKenna	16	Red Bank - NJ	2:34.37
7	Tori Wood	15	Anne Arundel-MD	2:34.55
8	Kaylin Sylvester	16	Tampa Metro-FL	2:34.77

Heat 10 of 16 Prelims Starts at 10:15 AM

1	Rebecca Ball	18	Gr. Flint-MI	2:33.92
2	Katie Roddy	17	Piedmont-VA	2:33.64
3	Maria Kieft	17	Rapid Area-MI	2:33.40
4	Anna Strzempko	14	Gr Holyoke-MA	2:33.31
5	Colleen O'Neil	14	S. Shore Mill-MA	2:33.35
6	Natalie Rohr	15	South Family-OH	2:33.64
7	Amanda Steinfeld	16	Cheshire-CT	2:33.84
8	Kara Lacoste	15	Gr Holyoke-MA	2:33.98

Heat 11 of 16 Prelims Starts at 10:17 AM

1	Kelly McNulty	15	Middle Tyger-SC	2:33.20
2	Mary Flinn	15	Rappahannock-VA	2:32.98
3	Madison Allen	16	Middle Tyger-SC	2:32.56
4	Holly Hirsch	18	Rock Hill-SC	2:32.19
5	Kelly Dvoryak	16	West Shore-PA	2:32.21
6	Zoe Wuckovich	16	Rappahannock-VA	2:32.69
7	Ryan Alexander	13	North Shore-MA	2:33.00
8	Kaitlyn O'Connor	15	North Shore-MA	2:33.29

Heat 12 of 16 Prelims Starts at 10:20 AM

1	Briana Conners	16	Blue Ash-OH	2:32.06
2	Audrey McLean	14	Montclair-NJ	2:31.39
3	Sidney Pahmer	16	Wilton-CT	2:31.27
4	Sarah Weidner	17	South Family-OH	2:31.21
5	Danielle Galyer	13	Middle Tyger-SC	2:31.26
6	Catriona Coppler	17	East Hartford-CT	2:31.32
7	KC Moss	14	Wilton-CT	2:31.71
8	Sara Nestrowitz	13	Ridgewood-NJ	2:32.09

Heat 13 of 16 Prelims Starts at 10:22 AM

1	Kendall Crawford	15	Middle Tyger-SC	2:30.99
2	Chelsea Ross	18	UpperMainLine-PA	2:30.87
3	Morgan Brooks	16	Middle Tyger-SC	2:30.48
4	Megan Alexander	15	North Shore-MA	2:30.33
5	Alexis Houser	18	Tri-Hampton-PA	2:30.39
6	Noelle Klockner	14	West Monmouth-NJ	2:30.70
7	Heather Saule	17	Gr. Flint-MI	2:30.97
8	Tara Gidaszewski	15	Kishwaukee-IL	2:31.19

Heat 14 of 16 Prelims Starts at 10:25 AM

1	Rachel Wilson	18	Winston-Salem-NC	2:29.48
2	Maggie Gavin-Hanner	17	UpperMainLine-PA	2:28.32
3	Shelby Fortin	17	Wilton-CT	2:24.12
4	Annie Gillig	14	Middle Tyger-SC	2:21.80
5	Kelly Ann Baird	17	Winston-Salem-NC	2:23.27
6	Adrienne Phillips	18	West Shore-PA	2:27.53
7	Celia Oberholzer	15	Powel Crosley-OH	2:28.86
8	Ellie Roeing	18	B R Ryall-IL	2:29.79

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-**July 28 - July 31, 2009****Meet Program - Day 4 Prelims****Heat 15 Prelims (#27 Women 200 LC Meter Backstroke)**

1	Madeline Barlow	18	Tri-Hampton-PA	2:29.34
2	Sarah Boyle	16	Columbia NW-SC	2:28.08
3	Emily Slabe	13	Coffman - OH	2:23.48
4	Kelly O'Connor	18	North Shore-MA	2:20.73
5	Emily Launer	15	Kishwaukee-IL	2:23.14
6	Amanda Thach	16	West Seattle-WA	2:26.67
7	Ashley Martin	16	Rock Hill-SC	2:28.83
8	Ashley El Naggar	16	Wyckoff-NJ	2:29.75

Heat 16 of 16 Prelims Starts at 10:29 AM

1	Caroline Burns	18	Anne Arundel-MD	2:28.90
2	Bridget Sauer	18	Brandywine-De	2:27.76
3	Siri Smits	15	Oshkosh-WI	2:23.47
4	Sarah Galvin	18	B R Ryall-IL	2:19.61
5	Lauren Solernou	16	Cheshire-CT	2:22.12
6	Lauren Raczkowski	17	Middle Tyger-SC	2:25.90
7	Megan Niermann	13	Fayette-IL	2:28.61
8	Alison O'Connor	15	Wyckoff-NJ	2:29.65

Event 28 Men 200 LC Meter Backstroke

Odd heats start at warm-up pool end

Even heats start at diving pool end

National: 2:01.69 7/28/2005 Patrick Schirk

Meet Qualifying: 2:26.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims Starts at 10:32 AM

2	Sean Brant	16	Anne Arundel-MD	2:03.47 Y
3	Matthew Lollis	16	Rock Hill-SC	2:02.34 Y
4	Nick Spaniel	16	Gr Burlington-VT	2:01.49 Y
5	Matt Wingett	18	Lancaster-OH	2:01.64 Y
6	Jeremy Raisky	16	South Oakland-MI	2:02.72 Y

Heat 2 of 12 Prelims Starts at 10:34 AM

1	Kevin Hong	15	SomersetValleyNJ	1:59.54 Y
2	Alex Burzynski	15	FanwoodScotch-NJ	1:56.51 Y
3	Bradley Wachenfeld	14	SomersetHills-NJ	2:26.99
4	Ethan Louie	14	MetuchenED-NJ	2:26.94
5	Kevin Silverman	15	Wyckoff-NJ	2:26.98
6	Matt Nutter	16	Andover-MA	1:56.15 Y
7	Andrew Smith	18	SomersetHills-NJ	1:58.57 Y
8	Edward Griswold	17	Buehler-IL	1:59.62 Y

Heat 3 of 12 Prelims Starts at 10:36 AM

1	TJ McComish	17	West Seattle-WA	2:26.52
2	JD Chow	14	Montclair-NJ	2:26.37
3	Zack Haney	16	Sunbury-PA	2:26.20
4	Tyler Benner	16	Countryside-OH	2:25.96
5	Eric Chung	16	SomersetHills-NJ	2:26.13
6	Steven Geier	15	East Hartford-CT	2:26.24
7	Dylan Coggin	18	Brandywine-De	2:26.44
8	Charlie Fry	14	Blue Ash-OH	2:26.59

Heat 4 of 12 Prelims Starts at 10:38 AM

1	Caleb Camp	15	Chapel Hill-NC	2:25.92
2	Jacob Kramb	18	Countryside-OH	2:25.07
3	Christian Jones	17	Winston-Salem-NC	2:24.88
4	Kelly Dullard	15	Waterbury-CT	2:24.71
5	Eric Kim	13	Ridgewood-NJ	2:24.87
6	Ned Ramsay	13	S. Shore Mill-MA	2:24.98
7	Brian Kelly	13	Wyckoff-NJ	2:25.21
8	Tommy Thach	12	West Seattle-WA	2:25.92

Heat 5 of 12 Prelims Starts at 10:41 AM

1	Andy Lamb	17	South Family-OH	2:24.65
2	Drew Sullenbarger	16	South Family-OH	2:24.42
3	Zachary Goodman	15	Mid-Delmarva-MD	2:24.06
4	Mitch Colby	15	SomersetHills-NJ	2:23.65
5	Jin Roh	14	Ridgewood-NJ	2:23.99
6	Garrett Procnier	15	Gr. Flint-MI	2:24.39
7	Russell Stoll	14	Wyckoff-NJ	2:24.60
8	John Thompson	15	Hunterdon-NJ	2:24.69

Heat 6 of 12 Prelims Starts at 10:43 AM

1	Nick Purrington	15	East Hartford-CT	2:23.27
2	Eric Spazzarini	18	East Hartford-CT	2:23.00
3	Robert Breen	16	North Shore-MA	2:22.91
4	Ryan Fahey	16	S. Shore Mill-MA	2:22.53
5	Sam Lynch	14	Red Bank - NJ	2:22.65
6	Christopher DePietro	15	Lancaster-OH	2:22.95
7	Christopher Gardner	14	Central Delaware	2:23.19
8	Garrett Spake	15	Rowan-NC	2:23.37

Heat 7 of 12 Prelims Starts at 10:45 AM

1	Daniel Schmitz	17	South Family-OH	2:21.99
2	Nic Graesser	15	UpperMainLine-PA	2:21.58
3	Ryan Walker	17	FanwoodScotch-NJ	2:21.44
4	John King	17	DowntownYouth-CT	2:21.00
5	Dylan Cummings	16	Wyckoff-NJ	2:21.13
6	Colin Heil	16	Anne Arundel-MD	2:21.49
7	Aaron Athanas	15	North Shore-MA	2:21.88
8	Andrew Jackwin	18	East Hartford-CT	2:22.01

Heat 8 of 12 Prelims Starts at 10:47 AM

1	Ryan DeBerry	15	W.North Carolina	2:20.71
2	Sean Murphy	17	Wyckoff-NJ	2:20.31
3	Tyler Rauth	16	UpperMainLine-PA	2:20.23
4	Charles Wu	17	Red Bank - NJ	2:19.81
5	Chad Thompson	17	Kishwaukee-IL	2:19.82
6	Alec Francis	18	Boyertown-PA	2:20.31
7	Nathan Baker	17	Rapid Area-MI	2:20.56
8	Kenny Savage	17	SomersetHills-NJ	2:20.81

Heat 9 of 12 Prelims Starts at 10:49 AM

1	Daniel Zalkind	18	Brandywine-PA	2:19.39
2	Shane McKenzie	15	Tri-Hampton-PA	2:19.10
3	Conor Deveney	16	Wilton-CT	2:18.89
4	Zach Fischer	17	Powel Crosley-OH	2:18.33
5	Mike Harmon	17	Chambersburg-PA	2:18.70
6	Jared Gentry	15	Middle Tyger-SC	2:18.96
7	Chase Frazelle	15	Winston-Salem-NC	2:19.11
8	Tim Bouvier	17	North Shore-MA	2:19.70

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Heat 10 Prelims (#28 Men 200 LC Meter Backstroke)

1	Matthew Collins	16	Flushing-NY	2:17.20
2	Andrew Yunker	15	Gr. Flint-MI	2:15.79
3	Dustin Folio	18	Sunbury-PA	2:12.52
4	Connor Maher	16	DowntownYouth-CT	2:10.29
5	Grant Alef	16	Kishwaukee-IL	2:12.08
6	Victor Luo	14	SomersetValleyNJ	2:14.58
7	Danny Collins	18	Flushing-NY	2:16.89
8	Travis Bohn	16	West Shore-PA	2:17.87

Heat 11 of 12 Prelims Starts at 10:54 AM

1	Austin Taylor	16	Wyckoff-NJ	2:17.07
2	Mike Camper	16	Rappahannock-VA	2:15.32
3	Andrew Golankiewicz	17	Wilton-CT	2:12.49
4	Steven Zimmerman	16	Countryside-OH	2:07.24
5	Adam Lebovitz	17	Wilton-CT	2:11.75
6	Brian Sivak	18	B R Ryall-IL	2:14.03
7	Matthew Vanbiervliet	16	SomersetValleyNJ	2:16.78
8	Jake Irmiter	17	Rock Hill-SC	2:17.81

Heat 12 of 12 Prelims Starts at 10:56 AM

1	Robby Harder	16	Wilton-CT	2:17.07
2	Philip Kang	14	Montclair-NJ	2:15.20
3	Jordan Guttrich	16	Gr. Flint-MI	2:12.14
4	Josh Friedel	16	Rappahannock-VA	2:02.23
5	Peter KO	17	Ridgewood-NJ	2:10.54
6	Brendan Deveney	18	Wilton-CT	2:13.25
7	Andrew Blyskal	16	Kennett-PA	2:16.76
8	Dennis Hall-App	16	Montclair-NJ	2:17.58

Event 29 Women 50 LC Meter Butterfly

All heats start at the diving pool

National: 28.24 1994 B. Karaica

Meet Qualifying: 32.29

Lane	Name	Age	Team	Seed Time
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Heat 1 of 23 Prelims Starts at 11:01 AM

3	Lauren Keenan	16	UpperMainLine-PA	28.44 Y
4	Maureen Ryan	14	Phoenixville-PA	28.40 Y
5	Astrid Swensen	12	North Shore-MA	28.43 Y

Heat 2 of 23 Prelims Starts at 11:01 AM

1	Jessica Bunting	15	Mid-Delmarva-MD	28.39 Y
2	Kristina Roop	17	UpperMainLine-PA	28.36 Y
3	Abby Wiese	18	SomersetHills-NJ	28.33 Y
4	Susan Peinsipp	16	B R Ryall-IL	28.33 Y
5	Alyssa LaFrenierre	15	Wilton-CT	28.33 Y
6	Sharron Isola	15	Kishwaukee-IL	28.33 Y
7	Channing Nolan	14	East Suburban-PA	28.36 Y

Heat 3 of 23 Prelims Starts at 11:02 AM

1	Carly Lagerquist	16	Buehler-IL	28.32 Y
2	Anna Gasparini	14	West Shore-PA	28.31 Y
3	Melissa Hileman	16	Marshfield - WI	28.23 Y
4	Stephanie Bolin	18	Oshkosh-WI	28.10 Y
5	Brianna Archambeau	16	Jerry Garver-OH	28.20 Y
6	Dani Fletcher	17	Rappahannock-VA	28.24 Y
7	Jessica Weber	17	Gr. Flint-MI	28.32 Y
8	Ashley Miller	15	Suburban W-OH	28.32 Y

Heat 4 of 23 Prelims Starts at 11:02 AM

1	Katlyn Mutone	15	Boyertown-PA	28.06 Y
2	Kimberly Hill	13	Greenwich-CT	27.91 Y
3	Rebecka Sepela	16	Gr. Miami Val-OH	27.78 Y
4	Morgan Johnston	15	Mid-Delmarva-MD	27.76 Y
5	Sarah Robbins	16	Gr. Johnstown-PA	27.76 Y
6	Miranda Doecker	15	Farmington-MI	27.81 Y
7	McKenzie Trelka	15	Door County-WI	28.03 Y
8	Kaytee Postle	17	Licking-OH	28.10 Y

Heat 5 of 23 Prelims Starts at 11:03 AM

1	Elizabeth Grazio	13	Sunbury-PA	27.63 Y
2	Caroline Burns	18	Anne Arundel-MD	27.44 Y
3	Brooke Waugaman	16	Greensburg-PA	27.36 Y
4	Petra Janney	16	Bath Area-ME	27.34 Y
5	Emily Weaner	17	West Shore-PA	27.36 Y
6	Shannon Draves	18	Pottstown-PA	27.43 Y
7	Casey Stahl	17	SomersetValleyNJ	27.53 Y
8	Rachel Holm	13	Fayette-IL	27.64 Y

Heat 6 of 23 Prelims Starts at 11:03 AM

1	Katherine O'Leary	18	Montclair-NJ	27.09 Y
2	Dana Rzewnicki	16	SomersetValleyNJ	31.70 S
3	Alison Strickler	14	St. Charles-MO	31.56 S
4	Maria Ciaralli	17	Tri-Hampton-PA	30.75 S
5	Kelsey Poole	18	Gr. Westfield-MA	31.51 S
6	Jenna Tugaoen	14	Hilliker-OH	31.66 S
7	Madeline Zimmerman	13	Phoenixville-PA	26.30 Y
8	Savanna Townsend	14	Door County-WI	27.21 Y

Heat 7 of 23 Prelims Starts at 11:03 AM

1	Laura Harmon	18	Chambersburg-PA	32.27
2	Kala Misavage	19	Sunbury-PA	32.24
3	Sarah Truskot	15	R.C. Durr-KY	32.23
4	Heidi Klein	17	Oshkosh-WI	32.23
5	Ashley Martin	16	Rock Hill-SC	32.23
6	Isabelle Cecere	13	SomersetHills-NJ	32.24
7	Nicole DePaola	15	FanwoodScotch-NJ	32.27
8	Courtney Sepich	17	Burlington Co-NJ	30.56 S

Heat 8 of 23 Prelims Starts at 11:04 AM

1	Wyatt Wilt	13	Winston-Salem-NC	32.22
2	Madi Ralston	17	Rowan-NC	32.21
3	Regan Girten	17	Blue Ash-OH	32.21
4	Audrey Uchimoto	16	UpperMainLine-PA	32.19
5	Lexi Fabbri	12	Tri-Hampton-PA	32.20
6	Meg Kaveney	16	Westfield-NJ	32.21
7	Carley Drye	16	Rowan-NC	32.22
8	Michaela Pujals	16	Huntington-NY	32.22

Heat 9 of 23 Prelims Starts at 11:04 AM

1	Gillian Walsh	15	Burbank-MA	32.18
2	Eleanor Johnson	14	S. Shore Mill-MA	32.17
3	Megan Kovac	13	Suncoast-FL	32.17
4	Kristen O'Connor	13	North Shore-MA	32.16
5	Palmer Benson	14	Winston-Salem-NC	32.16
6	Julia Torabi	15	Andover-MA	32.17
7	Siobhan Goodman	15	Ridgewood-NJ	32.17
8	Jacquelynn Parker	14	SomersetValleyNJ	32.19

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Heat 10 Prelims (#29 Women 50 LC Meter Butterfly)

1	Katie Cullinan	14	Montclair-NJ	32.15
2	Eileen McGowan	17	Winston-Salem-NC	32.14
3	Sydney Bornstein	13	Hamilton Area-NJ	32.13
4	Lea Candelmo	15	Wyckoff-NJ	32.11
5	Jackie Finn	18	Hunterdon-NJ	32.12
6	Brianne Stepchuk	17	Kennett-PA	32.13
7	Lizzy Visconti	18	Cheshire-CT	32.14
8	Sarah Weeks	17	Mon Valley-PA	32.15

Heat 11 of 23 Prelims Starts at 11:05 AM

1	Sara Daher	14	North Shore-MA	32.11
2	Mary Samuels	16	Kennett-PA	32.11
3	Cristina Storin	13	Fox Cities-WI	32.05
4	Gen Spittler	18	B R Ryall-IL	32.05
5	Christina Provenza	17	Anne Arundel-MD	32.05
6	Sarah Thornton	14	East Suburban-PA	32.07
7	Christy Bianco	17	South Family-OH	32.11
8	Kelly Dickerson	18	Tampa Metro-FL	32.11

Heat 12 of 23 Prelims Starts at 11:05 AM

1	Erin Seiler	15	UpperMainLine-PA	32.03
2	Gabrielle Giambagno	17	Hamilton Area-NJ	32.00
3	Katie Murphm	14	Wyckoff-NJ	31.99
4	Madison Tulp	14	Wyckoff-NJ	31.97
5	Rebecca Hallenbeck	18	Kishwaukee-IL	31.98
6	Maddie Hochwalt	16	South Family-OH	32.00
7	Liv Gallugi	15	Andover-MA	32.02
8	Christina Santomauro	17	SomersetValleyNJ	32.04

Heat 13 of 23 Prelims Starts at 11:06 AM

1	Kendall Kirsteier	15	Tri-Hampton-PA	31.95
2	Courtney McKinnon	17	Montclair-NJ	31.95
3	Kara Millaci	17	Hunterdon-NJ	31.94
4	Alex Ramdin	17	Rowan-NC	31.93
5	Kelly Markwell	17	Red Bank - NJ	31.93
6	Lauren Lennartz	16	Miami County-OH	31.94
7	Krista Traub	15	Northwest-CT	31.95
8	Lina Zimmerman	15	Rappahannock-VA	31.96

Heat 14 of 23 Prelims Starts at 11:06 AM

1	Toireasa	15	North Shore-MA	31.92
2	Kelsey Rouse	18	Anne Arundel-MD	31.92
3	Nikki Buglino	14	West Morris-NJ	31.92
4	Leah Bolin	14	Oshkosh-WI	31.90
5	Sela Wang	14	Gr Holyoke-MA	31.91
6	Bridget Hasson	18	S. Shore Mill-MA	31.92
7	Katie Sayles	15	Winston-Salem-NC	31.92
8	Teri Faller	16	Andover-MA	31.93

Heat 15 of 23 Prelims Starts at 11:06 AM

1	Kaylyn Murphy	15	Coffman - OH	31.87
2	Caitlin Graham	16	Flushing-NY	31.86
3	Jillian Kniffen	17	Greensburg-PA	31.81
4	Taylor Myszka	14	South Family-OH	31.79
5	Catherine Patrell	17	Cheshire-CT	31.81
6	Melanie Yanar	14	Huntington-NY	31.85
7	Catie Schmitz	16	Rappahannock-VA	31.86
8	Jenna Zitkus	13	Leaning Tower-IL	31.88

Heat 16 of 23 Prelims Starts at 11:07 AM

1	Diana Borys	17	Northwest-CT	31.77
2	Cassie Matthys	16	Delta County MI	31.76
3	Lauren Pruett	18	Newberry-SC	31.74
4	Madalyn Wolf	12	Wyckoff-NJ	31.73
5	Kaylie Beech	13	Coffman - OH	31.74
6	Erica Fabbri	15	Tri-Hampton-PA	31.75
7	Morgan Nuess	17	South Family-OH	31.76
8	Ellen Tomljanovic	16	FanwoodScotch-NJ	31.77

Heat 17 of 23 Prelims Starts at 11:07 AM

1	Christel Murray	16	Red Bank - NJ	31.71
2	Nicole Chase	14	Hilliker-OH	31.61
3	Kelly Hamilton	14	Chambersburg-PA	31.60
4	Abby Rickles	14	Wyckoff-NJ	31.58
5	Kelly Verheyleweghen	15	Suncoast-FL	31.59
6	Sarah Cronin	13	FanwoodScotch-NJ	31.61
7	Jacqueline White	16	Ridgewood-NJ	31.62
8	Shannon Rauth	13	UpperMainLine-PA	31.72

Heat 18 of 23 Prelims Starts at 11:07 AM

1	Rachel Cortright	15	Ridgewood-NJ	31.50
2	Mazie Siddens	15	Suncoast-FL	31.41
3	Katie Buchser	15	SomersetHills-NJ	31.39
4	Sam Vandyke	18	Countryside-OH	31.35
5	Jaina Lumkong	16	West Morris-NJ	31.36
6	Elina Hu	17	Oshkosh-WI	31.41
7	Maggie Heaton	15	Western-CT	31.46
8	Kathleen Marrese	17	Western-CT	31.52

Heat 19 of 23 Prelims Starts at 11:08 AM

1	Jennifer Arana	12	Flushing-NY	31.33
2	Whitney Adrian	16	Andover-MA	31.29
3	Jackie Ramdin	15	Rowan-NC	31.23
4	Heather Lundstrom	14	West County-MO	31.17
5	Breann McDowell	17	Countryside-OH	31.19
6	Ashley Coon	16	AuglaizeMercerOH	31.29
7	Sarah Metoxen	14	Fox Cities-WI	31.33
8	Sarah Boyle	16	Columbia NW-SC	31.33

Heat 20 of 23 Prelims Starts at 11:08 AM

1	Katie Hommes	17	Wyckoff-NJ	31.13
2	Emily Marett	16	W.North Carolina	31.11
3	Molly Gaynor	14	FanwoodScotch-NJ	31.07
4	Emily Miles	17	West Morris-NJ	30.97
5	Nina Lisella	16	Boyertown-PA	31.04
6	Rachael Theiler	14	Powel Crosley-OH	31.11
7	Erica Smrcina	17	Cape Cod-MA	31.12
8	Jenna Immormino	15	SomersetHills-NJ	31.14

Heat 21 of 23 Prelims Starts at 11:09 AM

1	Holly Hirsch	18	Rock Hill-SC	30.86
2	Suzanne Lemberg	17	Westfield-NJ	30.54
3	Taylor Byerly	15	Wilton-CT	29.97
4	Kendall Farnham	17	Anne Arundel-MD	29.00
5	Molly Slattery	16	Rappahannock-VA	29.51
6	Brodde Lamb	16	Piedmont-VA	30.47
7	Kate Dillione	16	Tri-Hampton-PA	30.72
8	Marissa Doepker	18	Farmington-MI	30.95

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-**July 28 - July 31, 2009****Meet Program - Day 4 Prelims****Heat 22 Prelims (#29 Women 50 LC Meter Butterfly)**

1	Amy Needham	16	North Shore-MA	30.83
2	Gabriella Levine	15	FanwoodScotch-NJ	30.49
3	Brittney Rohr	19	South Family-OH	29.97
4	Sarah Lloyd	16	Anne Arundel-MD	28.66
5	Marissa Murphy	17	Rapid Area-MI	29.49
6	Lisa Zhang	16	Red Bank - NJ	30.10
7	Jane Tsvitse	18	Powel Crosley-OH	30.70
8	Sarah D'Antoni	17	Ridgewood-NJ	30.90

Heat 23 of 23 Prelims Starts at 11:09 AM

1	Katie Hallenbeck	16	Kishwaukee-IL	30.80
2	Anna Gibas	17	Greensburg-PA	30.48
3	Lynn Brotherton	17	Countryside-OH	29.79
4	Becca Weiland	16	Stevens Point-WI	27.82
5	Kirsten Guelly	17	Flushing-NY	29.18
6	Anna Ratana	17	Winston-Salem-NC	30.01
7	Dana Yu	15	SomersetValleyNJ	30.54
8	Kaela Bjornberg	17	Cheshire-CT	30.87

Event 30 Men 50 LC Meter Butterfly

All heats start at diving pool end

National: 25.30 8/2/2001 Jayme O Cramer

Meet Qualifying: 29.79

Lane	Name	Age	Team	Seed Time
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Heat 1 of 22 Prelims Starts at 11:15 AM

3	Ethan Sagin	18	Cumberland-MD	25.90 Y
4	Matt Wingett	18	Lancaster-OH	25.81 Y
5	Kevin Hong	15	SomersetValleyNJ	25.86 Y

Heat 2 of 22 Prelims Starts at 11:15 AM

2	Shayne Custodio	14	Mid-Delmarva-MD	25.74 Y
3	James Pressly	17	Frederick-MD	25.70 Y
4	Joshua Nordike	14	Fayette-IL	25.66 Y
5	Jesse Stottlemeyer	17	Hagerstown-MD	25.67 Y
6	Braxten Judkins	16	Suburban W-OH	25.71 Y
7	Zachary Yocum	18	Lebanon-PA	25.79 Y

Heat 3 of 22 Prelims Starts at 11:15 AM

1	Austin Bohn	17	West Shore-PA	25.59 Y
2	AJ Kontostathis	15	Pottstown-PA	25.36 Y
3	Evan Deakne	17	Phoenixville-PA	25.04 Y
4	Curtis Ramsey	18	Brandywine-De	24.22 Y
5	Jeremy Raisky	16	South Oakland-MI	24.88 Y
6	Brian Key	16	Oshkosh-WI	25.23 Y
7	Alexander Hart	17	Gr. Flint-MI	25.56 Y
8	John Keough	17	UpperMainLine-PA	25.64 Y

Heat 4 of 22 Prelims Starts at 11:16 AM

1	Seth Wenner	13	West Shore-PA	28.92 S
2	Steve Brown	15	Brandywine-PA	28.60 S
3	Ben Orr	18	Newberry-SC	28.20 S
4	Kevin Kosciuk	16	Cheshire-CT	29.79
5	Drew Krueger	13	South Family-OH	29.79
6	Owen Edwards	18	UpperMainLine-PA	28.53 S
7	Chris Hoops	15	Phoenixville-PA	28.77 S
8	TJ McCarthy	17	Red Bank - NJ	24.12 Y

Heat 5 of 22 Prelims Starts at 11:16 AM

1	Pong Liu	17	Tampa Metro-FL	29.78
2	Ryan Keenan	17	Red Bank - NJ	29.78
3	Taylor Hill	16	Winston-Salem-NC	29.76
4	Eric Wegner	16	Brandywine-De	29.74
5	Todd Goodall	14	Powel Crosley-OH	29.75
6	Paul Skousen	17	Countryside-OH	29.78
7	Garrick Givens	17	Farmington-MI	29.78
8	Austin Shupe	15	UpperMainLine-PA	29.78

Heat 6 of 22 Prelims Starts at 11:16 AM

1	Corey Beinhart	14	South Family-OH	29.72
2	Jason Williams	15	Suncoast-FL	29.71
3	Logan Amodio	14	Montclair-NJ	29.70
4	Mike Glaser	17	Blue Ash-OH	29.70
5	Seth Greene	17	Rock Hill-SC	29.70
6	Keanu Glisan	17	Uniontown-PA	29.71
7	Ian Delahunty	15	Middle Tyger-SC	29.72
8	Graysan Stoik	14	Hunterdon-NJ	29.74

Heat 7 of 22 Prelims Starts at 11:17 AM

1	Benjamin Collins	17	North Shore-MA	29.66
2	Daniel Hellman	16	Red Bank - NJ	29.65
3	James Votava	15	Oshkosh-WI	29.63
4	Stephen Barrosse	18	W.North Carolina	29.58
5	Eric Singer	18	Tampa Metro-FL	29.62
6	Chris Doherty	16	Tri-Hampton-PA	29.63
7	Chris Healy	14	Winston-Salem-NC	29.65
8	Joseph Ward	18	Gr. Johnstown-PA	29.68

Heat 8 of 22 Prelims Starts at 11:17 AM

1	Scott Haskins	18	Oshkosh-WI	29.57
2	Jake Shafer	16	Rappahannock-VA	29.54
3	Michael O'Brien	14	Hilliker-OH	29.53
4	Jonathan Ciriello	17	SomersetHills-NJ	29.52
5	Jonathan Proffitt	18	Powel Crosley-OH	29.52
6	Kevin McManus	15	Hockomock-MA	29.54
7	Jake Loschiavo	17	Waterbury-CT	29.54
8	Sam Boardman	14	Gr Burlington-VT	29.58

Heat 9 of 22 Prelims Starts at 11:17 AM

1	Timothy Foster	17	FanwoodScotch-NJ	29.45
2	Tommy Patterson	20	Rock Hill-SC	29.42
3	Nicholas Vandermolen	16	Red Bank - NJ	29.42
4	Jonathan Soto	16	Ridgewood-NJ	29.41
5	William Wendt	16	Huntington-NY	29.41
6	Alex Horner	15	W.North Carolina	29.42
7	Kristoph Marcinkowski	15	Wyckoff-NJ	29.43
8	Michael Chickene	18	Hunterdon-NJ	29.50

Heat 10 of 22 Prelims Starts at 11:18 AM

1	Joseph Shepley	13	Cheshire-CT	29.40
2	Lucas Bureau	15	Ligonier-PA	29.39
3	Zachary Conviser	18	W.North Carolina	29.36
4	Brendan Woo	13	Wyckoff-NJ	29.34
5	Timothy Ramos	18	Gr Holyoke-MA	29.35
6	Danny Graham	15	Flushing-NY	29.37
7	Kevin Welsh	16	Hamilton Area-NJ	29.40
8	Edward Garrity	16	Waterbury-CT	29.40

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Heat 11 Prelims (#30 Men 50 LC Meter Butterfly)

1	Jan Yburan	17	Montclair-NJ	29.29
2	Matthew Porretta	16	Hunterdon-NJ	29.27
3	Keith Chandler	15	Down East-ME	29.25
4	Max Blum	18	Westfield-NJ	29.23
5	Philip Dytko	14	North Shore-MA	29.25
6	Nathan Holm	17	Fayette-IL	29.26
7	John Livingston	18	Gr. Johnstown-PA	29.27
8	Joseph Lacus	17	East Hartford-CT	29.32

Heat 12 of 22 Prelims Starts at 11:18 AM

1	Tommy Healy	16	Winston-Salem-NC	29.21
2	Adam Herzog	17	Huntington-NY	29.19
3	Tyler Lueck	15	S. Shore Mill-MA	29.16
4	Ricky Lessard	16	East Hartford-CT	29.15
5	Brendan McCrossan	16	SomersetHills-NJ	29.16
6	Conner Sagness	18	Blue Ash-OH	29.19
7	Tim Stradley	17	Brandywine-De	29.20
8	David Chung	14	SomersetValleyNJ	29.22

Heat 13 of 22 Prelims Starts at 11:19 AM

1	Nolan Schneider	14	Hunterdon-NJ	29.15
2	Matt Duffy	17	Boyertown-PA	29.14
3	Jackson Salter	15	Montclair-NJ	29.12
4	John Thompson	15	Hunterdon-NJ	29.11
5	John Wieczorek	16	MetuchenED-NJ	29.12
6	Peter Zalewski	17	Cheshire-CT	29.12
7	Thomas Rinaldi	16	SomersetValleyNJ	29.14
8	Trevor Marshall Jr	15	Montclair-NJ	29.15

Heat 14 of 22 Prelims Starts at 11:19 AM

1	Andrew Jackwin	18	East Hartford-CT	29.10
2	Nick Purrington	15	East Hartford-CT	29.09
3	Cory Pooley	17	Winston-Salem-NC	29.05
4	Kyle Morrison	16	Gr. Miami Val-OH	29.03
5	Brian Giacopelli	18	SomersetValleyNJ	29.04
6	Tyler Ziegler	18	Brandywine-PA	29.07
7	Matthew Rochna	16	Indiana-PA	29.09
8	Sam Mullen	15	R.C. Durr-KY	29.11

Heat 15 of 22 Prelims Starts at 11:19 AM

1	Justin Chambers	18	Suncoast-FL	29.02
2	Ryan Fortin	15	Andover-MA	29.00
3	Matt Iassogna	17	Western-CT	28.97
4	Jack Bremer	15	Anne Arundel-MD	28.92
5	Jamey Lynch	16	Red Bank - NJ	28.95
6	Justin Kostelnik	14	Laurel Highlands	29.00
7	Brad Ranson	17	Hamilton Area-NJ	29.02
8	Derek Shirley	17	East Suburban-PA	29.03

Heat 16 of 22 Prelims Starts at 11:20 AM

1	Daniel Oliveira	17	Gr Holyoke-MA	28.87
2	Joseph Connors	16	Red Bank - NJ	28.82
3	Murphy Hebbard	17	Joliet - IL	28.78
4	Joe Polaco	18	Waterbury-CT	28.70
5	James Ross	15	SomersetHills-NJ	28.75
6	Zach Peart	18	FanwoodScotch-NJ	28.81
7	John Lawson	16	SomersetValleyNJ	28.84
8	Dylon Otto	16	Oshkosh-WI	28.88

Heat 17 of 22 Prelims Starts at 11:20 AM

1	Joe Dunn	15	FanwoodScotch-NJ	28.64
2	William Glaser	19	Blue Ash-OH	28.64
3	Max Whitehead	15	UpperMainLine-PA	28.62
4	Brandon Worley	16	Middletown-OH	28.56
5	Tom McElhaney	18	East Suburban-PA	28.60
6	Luke Harrison	17	Oshkosh-WI	28.64
7	Doug Nymberg	17	Blue Ash-OH	28.64
8	Peter Belanger	17	Andover-MA	28.70

Heat 18 of 22 Prelims Starts at 11:20 AM

1	Daly Brower	18	Greensboro-NC	28.53
2	Paul Hoffman	16	Powel Crosley-OH	28.50
3	Josh Fleagle	15	AuglaizeMercerOH	28.39
4	Sean Dunne	15	Red Bank - NJ	28.35
5	David White	18	Hunterdon-NJ	28.36
6	Jaime Ianiro	17	Montclair-NJ	28.46
7	Kenny Kim	17	Flushing-NY	28.51
8	Mitchell Smith	18	Gr. Johnstown-PA	28.55

Heat 19 of 22 Prelims Starts at 11:21 AM

1	Evan Paulan	18	FanwoodScotch-NJ	28.28
2	Robby Husta	17	East Hartford-CT	28.08
3	Nicholas Scarpitti	18	Liberty Twp-OH	28.02
4	Eric Lethander	15	Powel Crosley-OH	27.92
5	Ray Snyder	14	Waterbury-CT	27.94
6	Andrew Jung	15	Montclair-NJ	28.07
7	Wes Schmidt	17	Powel Crosley-OH	28.28
8	Devin McCaffrey	15	Suncoast-FL	28.34

Heat 20 of 22 Prelims Starts at 11:21 AM

1	Ian Wooley	14	Countryside-OH	27.79
2	Patrick Foos	17	Blue Ash-OH	27.50
3	David Ireland	17	South Family-OH	27.18
4	Greg Daniele	18	Red Bank - NJ	26.14
5	Kyle Jennings	18	SomersetValleyNJ	26.66
6	Wesley Trumbauer	17	Boyertown-PA	27.30
7	Elliott Batchelder	16	B R Ryall-IL	27.68
8	Ben Tillar	17	South Family-OH	27.90

Heat 21 of 22 Prelims Starts at 11:21 AM

1	Paul Bimmler	18	Andover-MA	27.78
2	Christian Josephson	15	Countryside-OH	27.48
3	Eric Forrester	16	Mon Valley-PA	27.17
4	Kevin Shivers	15	Chambersburg-PA	25.91
5	Brad Bielak	18	Ridgewood-OH	26.39
6	Trevor Carr	18	Rappahannock-VA	27.23
7	Brendan Kerins	17	Catonsville-MD	27.65
8	Daniel Simon	16	Greensburg-PA	27.87

Heat 22 of 22 Prelims Starts at 11:21 AM

1	Alan Nedley	18	Laurel Highlands	27.68
2	David Paccapaniccia	18	Indiana-PA	27.41
3	Kyle Madley	16	SomersetHills-NJ	26.86
4	Tim Phillips	18	Marietta-OH	24.38
5	James Wells	17	Bath Area-ME	26.18
6	Alex Fitton	18	Red Bank - NJ	27.22
7	Shane Smith	17	Powel Crosley-OH	27.64
8	Mitchell Cook	17	East Hartford-CT	27.86

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 4 Prelims

Event 31 Women 800 LC Meter Freestyle Relay

All heats start at warm-up pool end

National: 8:29.28 7/31/2008 West Shore YMCA

L Gingrich, L Schmittle, E Weaner, C Loht

Meet Qualifying: 9:14.99

Lane	Team	Relay	Seed Time
Heat 1 of 5 Finals - Swimming with Finals			
1	UpperMainLine-PA		8:56.48
2	B R Ryall-IL		8:52.05
3	Tri-Hampton-PA		8:44.11
4	Middle Tyger-SC		8:36.40
5	Winston-Salem-NC		8:40.85
6	West Shore-PA		8:50.92
7	Kishwaukee-IL		8:52.70
8	Oshkosh-WI		8:57.66

Heat 2 of 5 Finals - Swimming with Finals

1	Ridgewood-NJ		9:05.27
2	South Family-OH		9:04.93
3	Wyckoff-NJ		9:03.02
4	Countryside-OH		8:58.69
5	North Shore-MA		9:01.56
6	Powel Crosley-OH		9:04.85
7	SomersetValleyNJ		9:05.03
8	Cheshire-CT		9:06.00

Heat 3 of 5 Finals Starts at 11:30 AM

1	Piedmont-VA		9:12.23
2	Gr. Flint-MI		9:11.12
3	SomersetHills-NJ		9:07.36
4	S. Shore Mill-MA		9:06.28
5	FanwoodScotch-NJ		9:06.71
6	Suncoast-FL		9:10.51
7	Rapid Area-MI		9:11.51
8	Hamilton Area-NJ		9:13.35

Heat 4 of 5 Finals Starts at 11:39 AM

1	Phoenixville-PA		7:58.44Y
2	Gr Holyoke-MA		7:52.46Y
3	Montclair-NJ		7:51.17Y
4	Wilton-CT		9:14.17
5	Anne Arundel-MD		7:40.91Y
6	West Morris-NJ		7:51.18Y
7	Red Bank - NJ		7:56.08Y
8	Rappahannock-VA		8:00.05Y

Heat 5 of 5 Finals Starts at 11:48 AM

2	Boyertown-PA		8:02.92Y
3	East Hartford-CT		8:02.36Y
4	Brandywine-De		8:00.09Y
5	Andover-MA		8:00.15Y
6	Gr. Johnstown-PA		8:02.50Y

Event 32 Men 800 LC Meter Freestyle Relay

All heats start at warm-up pool end

National: 7:52.27 7/31/2008 Middle Tyger YMCA

G Morgan, D Ingraham, C Reinke, D Groseclose

Meet Qualifying: 8:45.99

Lane	Team	Relay	Seed Time
Heat 1 of 6 Finals - Swimming with Finals			
1	Wilton-CT		8:06.52
2	South Family-OH		8:05.02
3	Brandywine-De		8:03.72
4	B R Ryall-IL		7:57.34
5	UpperMainLine-PA		8:02.10
6	FanwoodScotch-NJ		8:04.68
7	Powel Crosley-OH		8:05.77
8	Rappahannock-VA		8:08.53

Heat 2 of 6 Finals - Swimming with Finals

1	Cheshire-CT		8:17.32
2	Boyertown-PA		8:13.32
3	Countryside-OH		8:12.72
4	Middle Tyger-SC		8:09.42
5	SomersetValleyNJ		8:11.25
6	Kishwaukee-IL		8:13.28
7	Andover-MA	B	8:13.43
8	Leaning Tower-IL		8:17.84

Heat 3 of 6 Finals Starts at 11:57 AM

1	Winston-Salem-NC		8:33.71
2	Gr. Flint-MI		8:28.22
3	North Shore-MA		8:25.68
4	SomersetHills-NJ		8:21.16
5	Laurel Highlands		8:22.55
6	Tri-Hampton-PA		8:26.36
7	Montclair-NJ		8:28.44
8	East Hartford-CT		8:34.03

Heat 4 of 6 Finals Starts at 12:05 PM

1	Mid-Delmarva-MD		8:43.24
2	Red Bank - NJ		8:40.06
3	Hamilton Area-NJ		8:39.73
4	W.North Carolina		8:34.87
5	Wyckoff-NJ		8:35.38
6	Flushing-NY		8:39.82
7	Rowan-NC		8:42.76
8	Anne Arundel-MD		8:44.21

Heat 5 of 6 Finals Starts at 12:14 PM

2	Pottstown-PA		7:18.29Y
3	Westfield-NJ		7:15.79Y
4	Ridgewood-NJ		8:44.52
5	West Shore-PA		7:08.79Y
6	Catonsville-MD		7:16.97Y
7	Gr Holyoke-MA		7:20.03Y

Heat 6 of 6 Finals Starts at 12:22 PM

3	Lancaster-OH		7:24.61Y
4	Oshkosh-WI		7:21.82Y
5	Rock Hill-SC		7:22.55Y