

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 3 Prelims

Event 13 Women 100 LC Meter Butterfly

National: 1:00.49 7/30/2008 Leah Gingrich

Meet Qualifying: 1:10.19

Lane	Name	Age	Team	Seed Time
Heat 1 of 15 Prelims Starts at 08:00 AM				
3	Sarah Cronin	13	FanwoodScotch-NJ	1:01.14 Y
4	Maggie Dillione	17	Tri-Hampton-PA	1:01.11 Y
5	Melissa Hileman	16	Marshfield - WI	1:01.14 Y
6	Gen Spittler	18	B R Ryall-IL	1:01.15 Y
Heat 2 of 15 Prelims Starts at 08:01 AM				
1	Elizabeth Clements	17	GrScranton-PA	1:00.92 Y
2	Wendy Liu	16	SomersetValleyNJ	1:00.89 Y
3	Jacqueline White	16	Ridgewood-NJ	1:00.83 Y
4	Madi Ralston	17	Rowan-NC	1:00.54 Y
5	Maggie Suhling	15	Rappahannock-VA	1:00.73 Y
6	Kathleen Marrese	17	Western-CT	1:00.86 Y
7	Alison Simon	18	Greensboro-NC	1:00.92 Y
8	Corinne Capodanno	15	Brandywine-De	1:01.00 Y
Heat 3 of 15 Prelims Starts at 08:02 AM				
1	Erica Hasson	16	S. Shore Mill-MA	1:00.47 Y
2	Kelsey Poole	18	Gr.Westfield-MA	1:00.31 Y
3	Miranda Doepker	15	Farmington-MI	1:00.25 Y
4	Petra Janney	16	Bath Area-ME	1:00.20 Y
5	Christel Murray	16	Red Bank - NJ	1:00.21 Y
6	Jessica Colucci	16	FanwoodScotch-NJ	1:00.31 Y
7	Madeline Zimmerman	13	Phoenixville-PA	1:00.45 Y
8	Laura Askin	16	Central Delaware	1:00.54 Y
Heat 4 of 15 Prelims Starts at 08:03 AM				
1	Kathryn Greskoff	17	UpperMainLine-PA	1:00.11 Y
2	Isabelle Cecere	13	SomersetHills-NJ	1:00.03 Y
3	Rachel Cortright	15	Ridgewood-NJ	59.95 Y
4	Lauren Keenan	16	UpperMainLine-PA	59.81 Y
5	Dana Rzewnicki	16	SomersetValleyNJ	59.83 Y
6	Kendra Wagner	15	Laurel Highlands	59.99 Y
7	Jessica Weber	17	Gr. Flint-MI	1:00.10 Y
8	Morgan Nuess	17	South Family-OH	1:00.19 Y
Heat 5 of 15 Prelims Starts at 08:04 AM				
1	Katie Buchser	15	SomersetHills-NJ	59.74 Y
2	Kelly Hamilton	14	Chambersburg-PA	59.56 Y
3	Abby Wiese	18	SomersetHills-NJ	59.36 Y
4	Jenna Immormino	15	SomersetHills-NJ	1:10.19
5	Allie Dye	16	Middle Tyger-SC	58.85 Y
6	Paige Baisden	15	Phoenixville-PA	59.54 Y
7	Kendall Kirsteier	15	Tri-Hampton-PA	59.74 Y
8	Heather Lundstrom	14	West County-MO	59.78 Y
Heat 6 of 15 Prelims Starts at 08:05 AM				
1	Susan Peinsipp	16	B R Ryall-IL	1:10.08
2	Anna Blair Bullock	16	Winston-Salem-NC	1:10.05
3	Sydney Bornstein	13	Hamilton Area-NJ	1:09.97
4	Christina Provenza	17	Anne Arundel-MD	1:09.81
5	Alex Iwanicki	15	B R Ryall-IL	1:09.81
6	Jennifer Arana	12	Flushing-NY	1:09.99
7	Kelly Dvoryak	16	West Shore-PA	1:10.06
8	Alyssa LaFrenierre	15	Wilton-CT	1:10.09

Heat 7 of 15 Prelims Starts at 08:06 AM

1	Katie Kuhl	13	Fayette-IL	1:09.65
2	Jazzi Cooper	14	Wilton-CT	1:09.56
3	Kelly Markwell	17	Red Bank - NJ	1:09.51
4	Amanda Distler	16	Wyckoff-NJ	1:09.47
5	Emily Thomesen	16	East Hartford-CT	1:09.51
6	Amanda Thach	16	West Seattle-WA	1:09.54
7	Brennah Ross	16	UpperMainLine-PA	1:09.61
8	Mary Samuels	16	Kennett-PA	1:09.67

Heat 8 of 15 Prelims Starts at 08:07 AM

1	Christina Santomauro	17	SomersetValleyNJ	1:09.40
2	Kala Misavage	19	Sunbury-PA	1:09.17
3	Hannah Lips	13	Middle Tyger-SC	1:09.10
4	Katie Torres	17	Suncoast-FL	1:08.99
5	Elizabeth Simon	17	Middle Tyger-SC	1:09.09
6	Nina Lisella	16	Boyertown-PA	1:09.14
7	Kaitlyn O'Connor	15	North Shore-MA	1:09.18
8	Katherine O'Leary	18	Montclair-NJ	1:09.46

Heat 9 of 15 Prelims Starts at 08:08 AM

1	Madeline Barlow	18	Tri-Hampton-PA	1:08.93
2	Kara Millaci	17	Hunterdon-NJ	1:08.88
3	Siobhan Goodman	15	Ridgewood-NJ	1:08.70
4	Victoria Oslund	16	W.North Carolina	1:08.56
5	Katie Shoemaker	16	Columbia NW-SC	1:08.59
6	Emily Friedline	15	Greensburg-PA	1:08.76
7	Emily Gniatczyk	18	B R Ryall-IL	1:08.91
8	Erin Seiler	15	UpperMainLine-PA	1:08.95

Heat 10 of 15 Prelims Starts at 08:09 AM

1	Catherine Patrell	17	Cheshire-CT	1:08.50
2	Emily Miles	17	West Morris-NJ	1:08.37
3	Brodde Lamb	16	Piedmont-VA	1:08.27
4	Mazie Siddens	15	Suncoast-FL	1:08.18
5	Michelle Kim	13	Ridgewood-NJ	1:08.23
6	Lisa Zhang	16	Red Bank - NJ	1:08.35
7	Megan Niermann	13	Fayette-IL	1:08.47
8	Stephanie Bolin	18	Oshkosh-WI	1:08.50

Heat 11 of 15 Prelims Starts at 08:10 AM

1	Dana Yu	15	SomersetValleyNJ	1:08.10
2	Erica Smrcina	17	Cape Cod-MA	1:08.07
3	Taylor Byerly	15	Wilton-CT	1:08.05
4	Danielle Albright	15	Tampa Metro-FL	1:08.03
5	Kristina Roop	17	UpperMainLine-PA	1:08.05
6	Shannon Rauth	13	UpperMainLine-PA	1:08.07
7	Katie Hallenbeck	16	Kishwaukee-IL	1:08.07
8	Sam Vandyke	18	Countryside-OH	1:08.13

Heat 12 of 15 Prelims Starts at 08:11 AM

1	Gabriella Levine	15	FanwoodScotch-NJ	1:07.98
2	Sara Beth Drake	16	Middle Tyger-SC	1:07.95
3	Toireasa	15	North Shore-MA	1:07.61
4	Meg Powers	17	S. Shore Mill-MA	1:07.49
5	Molly Slattery	16	Rappahannock-VA	1:07.61
6	Katie Hommes	17	Wyckoff-NJ	1:07.93
7	Amy Needham	16	North Shore-MA	1:07.98
8	Jaina Lumkong	16	West Morris-NJ	1:08.01

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Heat 13 Prelims (#13 Women 100 LC Meter Butterfly)

1	Brittney Rohr	19	South Family-OH	1:07.05
2	Marissa Murphy	17	Rapid Area-MI	1:06.57
3	Becca Weiland	16	Stevens Point-WI	1:05.35
4	Addie Carne	18	Middle Tyger-SC	1:03.69
5	Kendall Farnham	17	Anne Arundel-MD	1:05.00
6	Kirsten Guelly	17	Flushing-NY	1:05.63
7	Chloe Conjares	16	Wyckoff-NJ	1:06.78
8	Marissa Doepker	18	Farmington-MI	1:07.28

Heat 14 of 15 Prelims Starts at 08:13 AM

1	Anna Ratana	17	Winston-Salem-NC	1:06.92
2	Kelly Verheyleweghen	15	Suncoast-FL	1:06.54
3	Siri Smits	15	Oshkosh-WI	1:05.34
4	Sarah Lloyd	16	Anne Arundel-MD	1:03.66
5	Emily Weaner	17	West Shore-PA	1:04.12
6	Rachel Moore	15	Andover-MA	1:05.47
7	Lynn Brotherton	17	Countryside-OH	1:06.67
8	Meredith Ketchmark	17	Hamilton Area-NJ	1:07.28

Heat 15 of 15 Prelims Starts at 08:14 AM

1	Jane Tsivitse	18	Powel Crosley-OH	1:06.79
2	Annie Gillig	14	Middle Tyger-SC	1:06.48
3	Abbey Tuchscherer	17	Oshkosh-WI	1:05.26
4	Haley Lips	15	Middle Tyger-SC	1:00.53
5	Shannon Draves	18	Pottstown-PA	1:03.86
6	Sarah D'Antoni	17	Ridgewood-NJ	1:05.39
7	Laura Krueger	18	Powel Crosley-OH	1:06.58
8	Kate Dillione	16	Tri-Hampton-PA	1:07.16

Event 14 Men 100 LC Meter Butterfly

National: 55.43 7/28/2005 Pat Reams

Meet Qualifying: 1:04.19

Lane	Name	Age	Team	Seed	Time
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Heat 1 of 13 Prelims Starts at 08:15 AM

1	Jordan Grossman	17	Wilton-CT	55.00 Y
2	AJ Kontostathis	15	Pottstown-PA	54.98 Y
3	Patrick Gilbreath	17	Tampa Metro-FL	54.97 Y
4	Evan Deakyne	17	Phoenixville-PA	54.82 Y
5	Alexander Hart	17	Gr. Flint-MI	54.90 Y
6	Bryan Brown	17	Central Delaware	54.97 Y
7	Robby Husta	17	East Hartford-CT	54.99 Y

Heat 2 of 13 Prelims Starts at 08:16 AM

1	Ethan Sagin	18	Cumberland-MD	54.61 Y
2	Nick Keenan	17	Glens Falls-NY	53.99 Y
3	Joshua Nordike	14	Fayette-IL	53.95 Y
4	Kenny Kim	17	Flushing-NY	53.53 Y
5	Brandon Worley	16	Middletown-OH	53.85 Y
6	John Keough	17	UpperMainLine-PA	53.95 Y
7	Peter Zalewski	17	Cheshire-CT	54.50 Y
8	Jonathan Champagne	18	Brandywine-De	54.76 Y

Heat 3 of 13 Prelims Starts at 08:17 AM

1	David Paccapaniccia	18	Indiana-PA	52.95 Y
2	Connor Murphy	18	Cheshire-CT	52.02 Y
3	Thomas Rinaldi	16	SomersetValleyNJ	1:01.43 S
4	Justin Chambers	18	Suncoast-FL	1:04.08
5	Jake Shafer	16	Rappahannock-VA	1:04.11
6	Won Ho Chang	17	Bath Area-ME	49.52 Y
7	TJ McCarthy	17	Red Bank - NJ	52.27 Y
8	Joseph Connors	16	Red Bank - NJ	53.50 Y

Heat 4 of 13 Prelims Starts at 08:18 AM

1	Matthew Rochna	16	Indiana-PA	1:04.07
2	Matthew Porretta	16	Hunterdon-NJ	1:04.06
3	Kevin Posten	16	Greenwich-CT	1:04.00
4	Daniel Oliveira	17	Gr Holyoke-MA	1:03.82
5	Richard Gomez	15	Leaning Tower-IL	1:03.98
6	Jonathan Soto	16	Ridgewood-NJ	1:04.04
7	Brian Key	16	Oshkosh-WI	1:04.06
8	Justin Kostelnik	14	Laurel Highlands	1:04.08

Heat 5 of 13 Prelims Starts at 08:19 AM

1	Chris Hoops	15	Phoenixville-PA	1:03.74
2	Isaac Klinger	13	Greensboro-NC	1:03.68
3	Kurt VonEhr	18	Rapid Area-MI	1:03.60
4	William Glaser	19	Blue Ash-OH	1:03.54
5	Kei Ishimaru	14	Kishwaukee-IL	1:03.59
6	Paul Hoffman	16	Powel Crosley-OH	1:03.66
7	Kevin Kosciuk	16	Cheshire-CT	1:03.73
8	Jaime Ianiro	17	Montclair-NJ	1:03.76

Heat 6 of 13 Prelims Starts at 08:20 AM

1	Ian Delahunty	15	Middle Tyger-SC	1:03.49
2	Tim Early	16	Countryside-OH	1:03.41
3	Jamey Lynch	16	Red Bank - NJ	1:03.23
4	Ryan Goggans	18	Fox Cities-WI	1:02.94
5	Paul Skousen	17	Countryside-OH	1:03.16
6	Joe Dunn	15	FanwoodScotch-NJ	1:03.34
7	Daly Brower	18	Greensboro-NC	1:03.45
8	Mike Napolitano	16	FanwoodScotch-NJ	1:03.53

Heat 7 of 13 Prelims Starts at 08:21 AM

1	Sean Dunne	15	Red Bank - NJ	1:02.87
2	Eric Spazzarini	18	East Hartford-CT	1:02.78
3	Jared Gentry	15	Middle Tyger-SC	1:02.70
4	Jeremy Raisky	16	South Oakland-MI	1:02.48
5	Ben Tillar	17	South Family-OH	1:02.53
6	Evan Paulan	18	FanwoodScotch-NJ	1:02.77
7	Blake Freeman	17	Suncoast-FL	1:02.81
8	Thomas Moore	16	Huntington-WV	1:02.87

Heat 8 of 13 Prelims Starts at 08:22 AM

1	Elliott Batchelder	16	B R Ryall-IL	1:02.39
2	Eric Hallman	17	West Cook-IL	1:02.36
3	Dan Napolitano	16	FanwoodScotch-NJ	1:02.28
4	Dan Mangan	17	Wilton-CT	1:02.11
5	Andrew Jackwin	18	East Hartford-CT	1:02.13
6	Luke Harrison	17	Oshkosh-WI	1:02.35
7	Timothy Ramos	18	Gr Holyoke-MA	1:02.38
8	Joseph Shepley	13	Cheshire-CT	1:02.45

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Heat 9 Prelims (#14 Men 100 LC Meter Butterfly)

1	Will Brown	16	FanwoodScotch-NJ	1:01.92
2	Max Whitehead	15	UpperMainLine-PA	1:01.85
3	Eric Forrester	16	Mon Valley-PA	1:01.79
4	Philip Kang	14	Montclair-NJ	1:01.74
5	Garrett Snipes	18	Middle Tyger-SC	1:01.74
6	Raymond Cswerko	16	Northwest-CT	1:01.81
7	Cody Wei	16	Tampa Metro-FL	1:01.90
8	Devin McCaffrey	15	Suncoast-FL	1:02.09

Heat 10 of 13 Prelims Starts at 08:23 AM

1	Tyler Lareau	18	North Shore-MA	1:01.58
2	Joseph Aburama	17	Huntington-WV	1:01.46
3	Gregory Kogut	16	Anne Arundel-MD	1:01.39
4	Alex Keller	14	Fayette-IL	1:01.17
5	Connor Yoo	16	UpperMainLine-PA	1:01.19
6	Eric Lethander	15	Powel Crosley-OH	1:01.45
7	Ian Wooley	14	Countryside-OH	1:01.52
8	David White	18	Hunterdon-NJ	1:01.59

Heat 11 of 13 Prelims Starts at 08:24 AM

1	Thomas Mershon	17	UpperMainLine-PA	1:00.85
2	Alex Fitton	18	Red Bank - NJ	1:00.02
3	Scott Haskins	18	Oshkosh-WI	59.58
4	Brad Bielak	18	Ridgewood-OH	58.07
5	Wesley Trumbauer	17	Boyertown-PA	58.79
6	Matthew Salig	17	UpperMainLine-PA	59.80
7	Jack Bremer	15	Anne Arundel-MD	1:00.47
8	Jonathan Burr	16	East Hartford-CT	1:01.10

Heat 12 of 13 Prelims Starts at 08:25 AM

1	Christian Josephson	15	Countryside-OH	1:00.73
2	Alan Nedley	18	Laurel Highlands	59.99
3	Nathan Hart	17	W.North Carolina	59.08
4	Greg Daniele	18	Red Bank - NJ	57.59
5	David Ireland	17	South Family-OH	58.50
6	Curtis Ramsey	18	Brandywine-De	59.73
7	Billy Draves	16	Pottstown-PA	1:00.23
8	Austin Taylor	16	Wyckoff-NJ	1:01.02

Heat 13 of 13 Prelims Starts at 08:26 AM

1	Aaron Lawson	17	Countryside-OH	1:00.61
2	Brendan Deveney	18	Wilton-CT	59.81
3	Kyle Madley	16	SomersetHills-NJ	58.84
4	Tim Phillips	18	Marietta-OH	52.87
5	Kyle Jennings	18	SomersetValleyNJ	58.34
6	Andrew Yunker	15	Gr. Flint-MI	59.72
7	Andrew Jung	15	Montclair-NJ	1:00.21
8	Brian Barr	16	SomersetValleyNJ	1:00.95

Event 15 Women 200 LC Meter Breaststroke

National: 2:34.61 7/28/2004 Jessica Botzum

Meet Qualifying: 2:58.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Prelims Starts at 08:27 AM

1	Shannon Slate	15	Red Bank - NJ	2:32.23 Y
2	Brielle Caucino	17	Red Bank - NJ	2:31.83 Y
3	Meredith Cinciripino	16	Boyertown-PA	2:31.60 Y
4	Celia Frick	14	SomersetHills-NJ	2:31.32 Y
5	Kate Bradley	14	SomersetHills-NJ	2:31.58 Y
6	Nora O'Leary	13	Montclair-NJ	2:31.71 Y
7	Kaitlin Kunkle	14	Newberry-SC	2:32.06 Y

Heat 2 of 14 Prelims Starts at 08:30 AM

1	Ashley Collier	19	Norwich-NY	2:29.75 Y
2	Kelsey Rouse	18	Anne Arundel-MD	2:29.41 Y
3	Hannah Larson	17	W.North Carolina	2:28.90 Y
4	Devonne Moore	14	Phoenixville-PA	2:28.67 Y
5	Eileen Goralski	15	Glens Falls-NY	2:28.69 Y
6	Lauren Brundage	17	SomersetHills-NJ	2:28.93 Y
7	Liz Mooney	16	Middle Tyger-SC	2:29.51 Y
8	Jen Koide	13	West Morris-NJ	2:30.83 Y

Heat 3 of 14 Prelims Starts at 08:32 AM

1	Samantha Shelley	17	Brandywine-De	2:25.94 Y
2	Kaitlin Jones	13	Chapel Hill-NC	2:58.93
3	Katie Cullinan	14	Montclair-NJ	2:58.91
4	Greta Leberfinger	15	SomersetHills-NJ	2:58.76
5	Safiyah Abdullah	12	Greensboro-NC	2:58.89
6	Alexis Walsh	16	Red Bank - NJ	2:58.93
7	Amelia Buckley	16	West Monmouth-NJ	2:21.67 Y
8	Amanda Steinfeld	16	Cheshire-CT	2:28.09 Y

Heat 4 of 14 Prelims Starts at 08:35 AM

1	Kelsey Boucher	18	East Hartford-CT	2:58.71
2	Michelle Witt	14	Oshkosh-WI	2:58.66
3	Eleanor Johnson	14	S. Shore Mill-MA	2:58.63
4	Megan VanKirk	15	Hunterdon-NJ	2:58.45
5	Chloe Meyer	16	Blue Ash-OH	2:58.47
6	Julie Shea	15	Burbank-MA	2:58.65
7	Abby Pires	15	Westfield-NJ	2:58.70
8	Claire Gilbert	16	Powel Crosley-OH	2:58.72

Heat 5 of 14 Prelims Starts at 08:38 AM

1	Alison Darby	14	Gr. Flint-MI	2:58.24
2	Kelsie Pike	17	Western Br-DE	2:58.10
3	Shannon Burr	18	East Hartford-CT	2:57.94
4	Maddy Irwin	16	Wilton-CT	2:57.85
5	Sloane Hindman	16	Red Bank - NJ	2:57.92
6	Erin Lewis	13	Gr.Westfield-MA	2:57.95
7	Gina Sancricca	14	Gr. Flint-MI	2:58.17
8	Emily Gwynn	14	Canandaigua-NY	2:58.30

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Heat 6 Prelims (#15 Women 200 LC Meter Breaststroke)

1	Kelly McNulty	15	Middle Tyger-SC	2:57.74
2	Lauren Betancourt	17	Flushing-NY	2:57.55
3	Hailey Martel	15	Cheshire-CT	2:57.43
4	Basira Knight	13	Montclair-NJ	2:57.14
5	Ali Follman	15	Wyckoff-NJ	2:57.29
6	Megan Gillespie	15	Leaning Tower-IL	2:57.45
7	Gabby Hanna	16	West Seattle-WA	2:57.71
8	Kristin Filby	14	South Toledo- OH	2:57.85

Heat 7 of 14 Prelims Starts at 08:43 AM

1	Jamie Kane	16	Pottstown-PA	2:56.86
2	Paige Agnello	16	SomersetValleyNJ	2:56.69
3	Morgan Pfaff	15	West Shore-PA	2:56.39
4	Danielle Bukowski	17	Tri-Hampton-PA	2:56.35
5	Melissa Merwin	16	DowntownYouth-CT	2:56.39
6	Maeve O'Leary	17	Montclair-NJ	2:56.40
7	Izzi Woodard	13	Rock Hill-SC	2:56.85
8	Palmer Benson	14	Winston-Salem-NC	2:57.11

Heat 8 of 14 Prelims Starts at 08:46 AM

1	Audris Oh	13	MetuchenED-NJ	2:56.18
2	Becca Citti	18	Ridgewood-NJ	2:56.07
3	Julie Takagi	17	Montclair-NJ	2:55.98
4	Colleen Joorfetz	17	B R Ryall-IL	2:55.83
5	Maya Scheidl	14	SomersetHills-NJ	2:55.92
6	Jane Kim	18	Flushing-NY	2:55.98
7	Rikki Berk	15	Wyckoff-NJ	2:56.13
8	Julia Torabi	15	Andover-MA	2:56.25

Heat 9 of 14 Prelims Starts at 08:49 AM

1	Laura Nichols	17	Columbia NW-SC	2:55.55
2	Meredith Gibbon	17	Greensburg-PA	2:55.48
3	Jordy Hanna	17	West Seattle-WA	2:55.33
4	Elise Prayson	15	South Family-OH	2:55.05
5	Morgan Kandrac	16	Hamilton Area-NJ	2:55.32
6	Stephanie Baliko	17	FanwoodScotch-NJ	2:55.45
7	Katie Sayles	15	Winston-Salem-NC	2:55.48
8	Rachel Holm	13	Fayette-IL	2:55.73

Heat 10 of 14 Prelims Starts at 08:52 AM

1	Garrison Stevens	18	Rowan-NC	2:54.97
2	Jenelle Zee	16	SomersetHills-NJ	2:54.66
3	Charlotte Harris	15	Blue Ash-OH	2:54.47
4	Megan Harris	16	UpperMainLine-PA	2:54.37
5	Marina Borri	15	Farmington-MI	2:54.46
6	Jessica Burkett	14	West Shore-PA	2:54.54
7	Ali Bauer	15	Rapid Area-MI	2:54.71
8	Nicole Provenza	15	Anne Arundel-MD	2:54.99

Heat 11 of 14 Prelims Starts at 08:55 AM

1	Lizzy Visconti	18	Cheshire-CT	2:54.29
2	Natalie Cronk	15	Piedmont-VA	2:54.19
3	Sophie Hornby	16	Wilton-CT	2:54.04
4	Amanda Grant	16	Hamilton Area-NJ	2:53.37
5	Morgan Johnston	15	Mid-Delmarva-MD	2:53.90
6	Carlyn Evans	15	UpperMainLine-PA	2:54.15
7	Jenn Abbott	17	Wilton-CT	2:54.29
8	Monica Milici	15	Middle Tyger-SC	2:54.30

Heat 12 of 14 Prelims Starts at 08:57 AM

1	Hannah Markey	16	FanwoodScotch-NJ	2:52.41
2	Karissa Gorman	18	Gr Holyoke-MA	2:50.92
3	Kaela Bjornberg	17	Cheshire-CT	2:48.83
4	Caroline Fore	17	Middle Tyger-SC	2:38.99
5	Emily Maret	16	W.North Carolina	2:46.02
6	Seana Acker	15	Piedmont-VA	2:50.24
7	Jenni Russell	17	Rock Hill-SC	2:51.47
8	Heidi Nichols	17	Columbia NW-SC	2:52.93

Heat 13 of 14 Prelims Starts at 09:00 AM

1	Price Kinney	18	Middle Tyger-SC	2:52.22
2	Madeline Scarborough	18	B R Ryall-IL	2:50.91
3	Shannon Ahearn	15	Wilton-CT	2:48.37
4	KC Moss	14	Wilton-CT	2:37.57
5	Becca Murray	17	Brandywine-De	2:45.73
6	Rachel Stoddard	14	SomersetValleyNJ	2:50.12
7	Katie Torres	17	Suncoast-FL	2:51.27
8	Kayla McAvoy	15	Wyckoff-NJ	2:52.66

Heat 14 of 14 Prelims Starts at 09:03 AM

1	Kim Weyand	16	Anne Arundel-MD	2:52.12
2	Rachel Revolinski	16	Oshkosh-WI	2:50.39
3	Kylie McKenzie	17	Tri-Hampton-PA	2:47.52
4	Emily Schon	17	UpperMainLine-PA	2:37.07
5	Stephanie Ferrell	16	Montclair-NJ	2:42.02
6	Megan Lattimer	16	Wilton-CT	2:49.68
7	Julia Courtney	18	Cheshire-CT	2:51.23
8	Lauren Law	14	UpperMainLine-PA	2:52.54

Event 16 Men 200 LC Meter Breaststroke

National: 2:19.22 1992 M. Hubbell

Meet Qualifying: 2:47.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims Starts at 09:05 AM

3	Hajime Ichikawa	18	White PlainsC-NY	2:20.00 Y
4	Mike Cooke	17	Anne Arundel-MD	2:18.76 Y
5	Kyle Beideman	14	Lionville-PA	2:19.46 Y

Heat 2 of 12 Prelims Starts at 09:08 AM

1	Tyler Gross	15	Pottstown-PA	2:17.89 Y
2	Carl Roycroft	17	Hockomock-MA	2:17.04 Y
3	Conner McHugh	13	Door County-WI	2:16.48 Y
4	Matt Morgan	18	Westfield-NJ	2:15.15 Y
5	Adam Shaw	15	Cheshire-CT	2:16.32 Y
6	Larry Zhang	16	Westfield-NJ	2:16.58 Y
7	Michael Chickene	18	Hunterdon-NJ	2:17.73 Y

Heat 3 of 12 Prelims Starts at 09:10 AM

1	Connor McColligan	16	Red Bank - NJ	2:15.08 Y
2	William LaCosta	14	SomersetHills-NJ	2:47.47
3	Matthew Hooper	14	Rapid Area-MI	2:47.38
4	Cameron Ward	14	Hamilton Area-NJ	2:47.05
5	Dylan Cummings	16	Wyckoff-NJ	2:47.25
6	William Moore	17	Columbia NW-SC	2:47.46
7	Brendan Fortin	18	Andover-MA	2:13.35 Y
8	Nicholas Grippo	17	Red Bank - NJ	2:15.09 Y

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 3 Prelims

Heat 4 Prelims (#16 Men 200 LC Meter Breaststroke)

1	Nick Dello Buono	17	Kennett-PA	2:46.93
2	Nicholas Vandermolen	16	Red Bank - NJ	2:46.91
3	Murphy Hebbard	17	Joliet - IL	2:46.79
4	Matthew Glockenmeier	13	SomersetHills-NJ	2:46.59
5	Jonathan Rutter	13	Powel Crosley-OH	2:46.61
6	Joshua Bjornberg	15	Cheshire-CT	2:46.80
7	Connor Daly	15	Burbank-MA	2:46.92
8	Eamon Trebilcock	15	Cheshire-CT	2:46.94

Heat 5 of 12 Prelims Starts at 09:16 AM

1	Ian Zelaya	18	Mid-Delmarva-MD	2:45.91
2	Graham Beck	16	North Shore-MA	2:45.68
3	Matt Lang	18	Rock Hill-SC	2:45.35
4	William Laporta	16	MetuchenED-NJ	2:44.37
5	Billy Drennen	16	UpperMainLine-PA	2:44.76
6	Elliot Penson	17	S. Shore Mill-MA	2:45.58
7	Billy Hendershot	17	Flushing-NY	2:45.91
8	Thomas DiGuglielmo	17	Wilton-CT	2:46.46

Heat 6 of 12 Prelims Starts at 09:18 AM

1	Steven McKee	14	East Hartford-CT	2:43.86
2	Matthew Jennings	17	Brandywine-De	2:43.65
3	Niko Fantakis	15	Gr.Westfield-MA	2:43.20
4	Matt McNamara	15	South Oakland-MI	2:42.79
5	Patrick Foos	17	Blue Ash-OH	2:43.08
6	Dan Mangan	17	Wilton-CT	2:43.20
7	Louie Seefeld	14	Phoenixville-PA	2:43.78
8	Brendan Woo	13	Wyckoff-NJ	2:43.89

Heat 7 of 12 Prelims Starts at 09:21 AM

1	Jeff Sloan	17	Tri-Hampton-PA	2:42.52
2	Kurt VonEhr	18	Rapid Area-MI	2:42.06
3	Christian Sinchi	19	Cheshire-CT	2:42.02
4	Danny Collins	18	Flushing-NY	2:41.72
5	Matt Kendall	16	SomersetValleyNJ	2:41.78
6	Sam VanBuskirk	15	Rock Hill-SC	2:42.02
7	Marshall Lambert	16	Boyertown-PA	2:42.20
8	Sean Anthony	17	AuglaizeMercerOH	2:42.61

Heat 8 of 12 Prelims Starts at 09:23 AM

1	Jake Iotte	14	Fox Cities-WI	2:40.73
2	Shane Tonery	16	MetuchenED-NJ	2:40.28
3	Victor Luo	14	SomersetValleyNJ	2:39.96
4	Jonathan Profit	18	Powel Crosley-OH	2:39.48
5	Jeremy Chaudet	18	SomersetValleyNJ	2:39.87
6	Timothy Lattimer	16	Wilton-CT	2:40.20
7	Harold Choo	13	Ridgewood-NJ	2:40.61
8	J Key	17	W.North Carolina	2:41.56

Heat 9 of 12 Prelims Starts at 09:26 AM

1	Jackson Salter	15	Montclair-NJ	2:39.19
2	Matt Harding	17	East Hartford-CT	2:39.04
3	Michael Gordon	16	Kishwaukee-IL	2:38.52
4	AJ Burt	16	Powel Crosley-OH	2:37.82
5	Thomas Moore	16	Huntington-WV	2:38.36
6	Robbie Mix	17	UpperMainLine-PA	2:38.65
7	Zachary Mabin	13	Hamilton Area-NJ	2:39.08
8	Connor Beaulieu	17	East Hartford-CT	2:39.36

Heat 10 of 12 Prelims Starts at 09:28 AM

1	Ethan McNeil	18	Countryside-OH	2:36.93
2	Greg Baliko	15	FanwoodScotch-NJ	2:34.50
3	Cameron Weaver	18	Gr. Flint-MI	2:29.93
4	Matt Navata	17	Montclair-NJ	2:27.79
5	Luke Nosbisch	17	East Suburban-PA	2:28.78
6	Leo Lim	15	Wyckoff-NJ	2:32.33
7	Andrew McCollister	16	Rowan-NC	2:35.50
8	Colton Spark	16	Middle Tyger-SC	2:37.77

Heat 11 of 12 Prelims Starts at 09:31 AM

1	Sean Murphy	17	Wyckoff-NJ	2:36.27
2	Eric Traub	17	Northwest-CT	2:34.14
3	Andrew Guinther	17	Glens Falls-NY	2:29.35
4	Ted Millett	17	North Shore-MA	2:27.71
5	Tanner Lowman	18	Rowan-NC	2:28.29
6	Zach Stephens	16	Sunbury-PA	2:31.23
7	Zach Auclair	17	East Hartford-CT	2:35.31
8	Tyler Szarko	18	Catonsville-MD	2:37.58

Heat 12 of 12 Prelims Starts at 09:33 AM

1	James Sturmer	17	Tri-Hampton-PA	2:35.56
2	David Ireland	17	South Family-OH	2:33.97
3	Harrison Cefalo	16	Red Bank - NJ	2:29.02
4	Jared Kauffman	16	Middle Tyger-SC	2:24.29
5	Bill Young	15	W.North Carolina	2:28.02
6	Sean Johnson	16	SomersetValleyNJ	2:30.79
7	Stephen Raynes	16	SomersetHills-NJ	2:35.10
8	Ryan Fortin	15	Andover-MA	2:37.15

Event 17 Women 200 LC Meter Freestyle

National: 2:03.90 7/29/2003 Lindsey Smith

Meet Qualifying: 2:17.29

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Prelims Starts at 09:36 AM

1	Julia Kudryashova	16	SomersetHills-NJ	1:58.61 Y
2	Jenny Dalmonte	18	UpperMainLine-PA	1:58.27 Y
3	Madie Gaido	15	Middle Tyger-SC	1:58.12 Y
4	Caitlin Nelson	18	Montclair-NJ	1:57.83 Y
5	Caitlin Cole	15	Wilton-CT	1:57.96 Y
6	Kaley Gregory	16	Tri-County-WV	1:58.18 Y
7	Marissa Reeve	17	Buehler-IL	1:58.49 Y
8	Julia Harris	18	East Hartford-CT	1:58.65 Y

Heat 2 of 13 Prelims Starts at 09:38 AM

1	Lauren Doerrman	15	Boyertown-PA	1:57.76 Y
2	Kimberly Kaller	17	SomersetHills-NJ	1:57.59 Y
3	Katey Brooks	18	Ridgewood-OH	1:57.54 Y
4	Lee Ingram	18	West Monmouth-NJ	1:57.40 Y
5	Mary Flinn	15	Rappahannock-VA	1:57.47 Y
6	Jamie Osborn	16	Middle Tyger-SC	1:57.56 Y
7	Lauren Solernou	16	Cheshire-CT	1:57.68 Y
8	Brittany Guinee	17	SomersetHills-NJ	1:57.82 Y

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 3 Prelims

Heat 3 Prelims (#17 Women 200 LC Meter Freestyle)

1	Jessica Colucci	16	FanwoodScotch-NJ	1:57.30Y
2	Kelsey Reid	18	Gr. Flint-MI	1:57.10Y
3	Meredith Smith	16	Westfield-NJ	1:56.74Y
4	Casey Jepsen	16	Kishwaukee-IL	1:56.08Y
5	Christina Daquila	18	SomersetHills-NJ	1:56.18Y
6	Angie Healy	14	Twin Rivers-NC	1:56.96Y
7	Annie Carter	18	Brandywine-De	1:57.10Y
8	Noelle Klockner	14	West Monmouth-NJ	1:57.34Y

Heat 4 of 13 Prelims Starts at 09:42 AM

1	Courtney Sepich	17	Burlington Co-NJ	1:55.64Y
2	Paige Baisden	15	Phoenixville-PA	1:54.86Y
3	Maddy Smart	14	Western-CT	2:17.06
4	Riley LeBlanc	15	North Shore-MA	2:16.97
5	Sara Pardue	16	B R Ryall-IL	2:17.00
6	Katie Kuhl	13	Fayette-IL	2:17.26
7	Victoria Moorhouse	18	Vineland-NJ	1:55.34Y
8	Katherine Foley	16	North Shore-MA	1:55.73Y

Heat 5 of 13 Prelims Starts at 09:44 AM

1	Therese Stevens	17	Countryside-OH	2:16.96
2	Caitlin English	15	FanwoodScotch-NJ	2:16.88
3	Sarah Ford	18	Coffman - OH	2:16.81
4	Lea Candelmo	15	Wyckoff-NJ	2:16.75
5	Katelyn Kidney	16	North Shore-MA	2:16.77
6	Danielle Hellstern	15	Cheshire-CT	2:16.86
7	Chelsea Ross	18	UpperMainLine-PA	2:16.91
8	Christine McGuire	16	Greenwich-CT	2:16.96

Heat 6 of 13 Prelims Starts at 09:46 AM

1	Kelly Dickerson	18	Tampa Metro-FL	2:16.72
2	Kendra Wagner	15	Laurel Highlands	2:16.38
3	Valerie Jones	16	Kishwaukee-IL	2:16.24
4	Brennah Ross	16	UpperMainLine-PA	2:16.11
5	Mara Valenzuela	16	SomersetValleyNJ	2:16.22
6	Sarah Weidner	17	South Family-OH	2:16.37
7	Tommie Dillione	13	Tri-Hampton-PA	2:16.39
8	Danielle Galyer	13	Middle Tyger-SC	2:16.73

Heat 7 of 13 Prelims Starts at 09:48 AM

1	Lynn Brotherton	17	Countryside-OH	2:16.04
2	Morgan Brooks	16	Middle Tyger-SC	2:15.94
3	Alex Iwanicki	15	B R Ryall-IL	2:15.88
4	Eilish Devine	15	Ridgewood-NJ	2:15.61
5	Emily Pedrick	17	Wyckoff-NJ	2:15.69
6	Sara Krueger	15	Powel Crosley-OH	2:15.93
7	Carrigan Eckels	14	West Shore-PA	2:15.94
8	Bernadette Byrne	17	S. Shore Mill-MA	2:16.08

Heat 8 of 13 Prelims Starts at 09:50 AM

1	Kathleen Wilkinson	18	Rappahannock-VA	2:15.34
2	Meredith Ketchmark	17	Hamilton Area-NJ	2:14.93
3	Karen Novak	16	Cheshire-CT	2:14.77
4	Jesse Evans	16	Greenwich-CT	2:14.69
5	Catriona Coppler	17	East Hartford-CT	2:14.74
6	Madi Ralston	17	Rowan-NC	2:14.91
7	Anna Wujciak	14	Gr. Flint-MI	2:14.97
8	Molly McSweeney	15	North Shore-MA	2:15.38

Heat 9 of 13 Prelims Starts at 09:53 AM

1	Megan Foran	15	Red Bank - NJ	2:14.50
2	Kara Dubiel	18	SomersetValleyNJ	2:14.46
3	Alexandria Koukos	15	Cheshire-CT	2:14.33
4	Hilary Woldt	17	Oshkosh-WI	2:14.10
5	Taylor Ellis	14	S. Shore Mill-MA	2:14.27
6	Sarah Kaneshiki	16	Gr. Johnstown-PA	2:14.33
7	Rebecca Maher	18	DowntownYouth-CT	2:14.46
8	Katy Munzenmaier	16	Glens Falls-NY	2:14.65

Heat 10 of 13 Prelims Starts at 09:55 AM

1	Sara Beth Drake	16	Middle Tyger-SC	2:13.96
2	Ellie Roeing	18	B R Ryall-IL	2:13.70
3	Alexis Houser	18	Tri-Hampton-PA	2:13.48
4	Caroline Finkbeiner	15	West Shore-PA	2:13.40
5	Natalie Bolin	16	Oshkosh-WI	2:13.40
6	Megan Happ	18	UpperMainLine-PA	2:13.68
7	Carrie Chibe	18	B R Ryall-IL	2:13.81
8	Claire Keithly	17	UpperMainLine-PA	2:13.98

Heat 11 of 13 Prelims Starts at 09:57 AM

1	Shelby Fortin	17	Wilton-CT	2:12.79
2	Emily Gniatczyk	18	B R Ryall-IL	2:12.28
3	Anna Strzempko	14	Gr Holyoke-MA	2:10.99
4	Emily Lloyd	16	Anne Arundel-MD	2:06.48
5	Breann McDowell	17	Countryside-OH	2:09.19
6	Grace Counts	15	Powel Crosley-OH	2:12.09
7	Mary deMarrais	18	SomersetHills-NJ	2:12.52
8	Sara Nestrowitz	13	Ridgewood-NJ	2:13.06

Heat 12 of 13 Prelims Starts at 09:59 AM

1	Abbey Tuchscherer	17	Oshkosh-WI	2:12.78
2	Danielle Albright	15	Tampa Metro-FL	2:12.11
3	Stephanie Fox	18	Rapid Area-MI	2:10.87
4	Addie Carne	18	Middle Tyger-SC	2:06.33
5	Emily Weaner	17	West Shore-PA	2:09.02
6	Sara Craft	15	Wyckoff-NJ	2:11.89
7	Kate Taylor	18	Kishwaukee-IL	2:12.38
8	Emily Waller	18	Kishwaukee-IL	2:12.93

Heat 13 of 13 Prelims Starts at 10:01 AM

1	Kelsey Buckley	15	Suncoast-FL	2:12.61
2	Anna Blair Bullock	16	Winston-Salem-NC	2:12.11
3	Lauren Schmittle	18	West Shore-PA	2:10.08
4	Haley Lips	15	Middle Tyger-SC	2:05.30
5	Kate Dillione	16	Tri-Hampton-PA	2:08.77
6	Madeline Hoch	14	West Shore-PA	2:11.20
7	Ally Stover	19	South Family-OH	2:12.37
8	Madeline Bowe	18	Piedmont-VA	2:12.88

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 3 Prelims

Event 18 Men 200 LC Meter Freestyle

National: 1:52.25 7/28/2004 Bobby Savulich

Meet Qualifying: 2:08.99

Lane	Name	Age	Team	Seed	Time
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Heat 1 of 16 Prelims Starts at 10:03 AM

1	Vincent King	16	Columbia NW-SC	1:49.02	Y
2	Andrew Smith	18	SomersetHills-NJ	1:48.74	Y
3	Edward Griswold	17	Buehler-IL	1:48.46	Y
4	Daniel Hellman	16	Red Bank - NJ	1:48.07	Y
5	Andrew Weber	16	Red Bank - NJ	1:48.30	Y
6	Timothy Foster	17	FanwoodScotch-NJ	1:48.52	Y
7	Sam Wilson	17	Twin Rivers-NC	1:48.90	Y
8	Conor Collins	17	Western-CT	1:49.06	Y

Heat 2 of 16 Prelims Starts at 10:05 AM

1	Brendan Lacey	16	Laurel Highlands	1:47.76	Y
2	Nick Spaniel	16	Gr Burlington-VT	1:47.65	Y
3	Nick Keenan	17	Glens Falls-NY	1:47.12	Y
4	Matt Luminais	15	UpperMainLine-PA	1:46.23	Y
5	Will Schlosser	17	UpperMainLine-PA	1:46.27	Y
6	Tim Stradley	17	Brandywine-De	1:47.50	Y
7	Aaren Marecki	17	Farmington-MI	1:47.66	Y
8	JV Kracke	18	West Monmouth-NJ	1:47.81	Y

Heat 3 of 16 Prelims Starts at 10:07 AM

1	Timothy Healy	17	Wyckoff-NJ	1:45.04	Y
2	Connor Murphy	18	Cheshire-CT	1:44.14	Y
3	John Hauser	17	Pottstown-PA	1:41.57	Y
4	Kenny Savage	17	SomersetHills-NJ	2:08.86	
5	Alexander Liulakis	15	Wyckoff-NJ	2:08.92	
6	Andrew Slater	18	Lancaster-OH	1:42.58	Y
7	Andrew Miller	16	Lebanon-PA	1:45.02	Y
8	Won Ho Chang	17	Bath Area-ME	1:46.08	Y

Heat 4 of 16 Prelims Starts at 10:09 AM

1	Alex Bieber	16	Western-CT	2:08.71	
2	Shane Toney	16	MetuchenED-NJ	2:08.51	
3	Kenton Shaw	17	Greenwich-CT	2:08.42	
4	Zachary Rogers	13	St. Charles-MO	2:08.40	
5	Tyler Rauth	16	UpperMainLine-PA	2:08.40	
6	Ethan Louie	14	MetuchenED-NJ	2:08.44	
7	Taylor Adams	16	Winston-Salem-NC	2:08.54	
8	Nic Graesser	15	UpperMainLine-PA	2:08.72	

Heat 5 of 16 Prelims Starts at 10:11 AM

1	Joey Duronio	15	Chapel Hill-NC	2:08.16	
2	Tyler Blackburn	15	Hamilton Area-NJ	2:08.04	
3	Ryan Kauth	17	West Monmouth-NJ	2:07.94	
4	Jonathan Keim	16	Mid-Delmarva-MD	2:07.73	
5	Kevin Diefenbach	15	Hamilton Area-NJ	2:07.80	
6	Dennis Hall-App	16	Montclair-NJ	2:07.95	
7	Tommy Wolinski	15	Montclair-NJ	2:08.05	
8	Ryan Henrici	16	UpperMainLine-PA	2:08.19	

Heat 6 of 16 Prelims Starts at 10:13 AM

1	John King	17	DowntownYouth-CT	2:07.66	
2	Alex Kosenski	19	Ocean County-NJ	2:07.58	
3	Zack Haney	16	Sunbury-PA	2:07.49	
4	Jimmy Ryan	15	UpperMainLine-PA	2:07.38	
5	Andrew Blyskal	16	Kennett-PA	2:07.41	
6	Jake Shafer	16	Rappahannock-VA	2:07.57	
7	Cody Pickel	17	Flushing-NY	2:07.64	
8	Alex Corbett	16	Boyertown-PA	2:07.73	

Heat 7 of 16 Prelims Starts at 10:15 AM

1	Jeffrey Donovan	15	SomersetValleyNJ	2:07.22	
2	Jacob Kramb	18	Countryside-OH	2:07.17	
3	Jeffrey Cook	16	Burbank-MA	2:07.11	
4	Isaac Breen-Franklin	16	Anne Arundel-MD	2:07.04	
5	Alex Burgess	15	Powel Crosley-OH	2:07.06	
6	John Livingston	18	Gr. Johnstown-PA	2:07.16	
7	Richard Gomez	15	Leaning Tower-IL	2:07.21	
8	Chase Frazelle	15	Winston-Salem-NC	2:07.32	

Heat 8 of 16 Prelims Starts at 10:17 AM

1	MP Salinas	14	Phoenixville-PA	2:06.88	
2	Cole Hogg	14	Gr Manchester-NH	2:06.78	
3	Maruti Kolloru	17	UpperMainLine-PA	2:06.70	
4	Owen Dunbar	16	Powel Crosley-OH	2:06.67	
5	Billy Draves	16	Pottstown-PA	2:06.69	
6	Eric Chung	16	SomersetHills-NJ	2:06.72	
7	Ryan Miller	14	Leaning Tower-IL	2:06.84	
8	Tommy Hunt	16	Rappahannock-VA	2:06.92	

Heat 9 of 16 Prelims Starts at 10:19 AM

1	Eric Kim	13	Ridgewood-NJ	2:06.43	
2	Andy Lamb	17	South Family-OH	2:06.30	
3	Andrew Salomon	16	Leaning Tower-IL	2:06.16	
4	James Ross	15	SomersetHills-NJ	2:06.12	
5	Kevin Hom	16	Hamilton Area-NJ	2:06.16	
6	Alec Francis	18	Boyertown-PA	2:06.30	
7	Luke Zalewski	15	Cheshire-CT	2:06.31	
8	Jake Irmiter	17	Rock Hill-SC	2:06.64	

Heat 10 of 16 Prelims Starts at 10:20 AM

1	Jeffrey Mead	16	Columbia NW-SC	2:05.94	
2	Nick Iwanicki	18	B R Ryall-IL	2:05.70	
3	Nathan Baker	17	Rapid Area-MI	2:05.61	
4	Brian Barr	16	SomersetValleyNJ	2:05.47	
5	Dylan Ludwick	16	Tri-Hampton-PA	2:05.56	
6	Scott Taylor	17	Western Br-DE	2:05.61	
7	Philip Murphy	16	Gr Holyoke-MA	2:05.71	
8	Benjamin Creekmore	13	Brandywine-De	2:06.01	

Heat 11 of 16 Prelims Starts at 10:22 AM

1	Zach Benoit	18	Gr. Westfield-MA	2:05.33	
2	Parker Moody	17	Cheshire-CT	2:04.90	
3	Ryan Goggans	18	Fox Cities-WI	2:04.67	
4	Tyler Nuss	18	Countryside-OH	2:04.54	
5	Brian Brennan	17	North Shore-MA	2:04.66	
6	Luke Trimmer	17	West Shore-PA	2:04.86	
7	Pat Dierker	15	Powel Crosley-OH	2:05.08	
8	Matthew Vanbiervliet	16	SomersetValleyNJ	2:05.43	

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-**July 28 - July 31, 2009****Meet Program - Day 3 Prelims****Heat 12 Prelims (#18 Men 200 LC Meter Freestyle)**

1	Jon Harre	17	Fayette-IL	2:04.12
2	Kyle Jennings	18	SomersetValleyNJ	2:03.30
3	Matthew Collins	16	Flushing-NY	2:03.06
4	David Gordon	18	Kishwaukee-IL	2:02.69
5	Garrett Snipes	18	Middle Tyger-SC	2:02.89
6	Patrick Hagar	17	Catonsville-MD	2:03.13
7	Tyler Greene	17	Gr. Flint-MI	2:03.36
8	Frank Cuzzola	18	SomersetValleyNJ	2:04.49

Heat 13 of 16 Prelims Starts at 10:26 AM

1	Steven Zimmerman	16	Countryside-OH	2:02.15
2	Carlo Biedenarn	17	Countryside-OH	2:01.86
3	Mike Napolitano	16	FanwoodScotch-NJ	2:01.75
4	Konner Scott	16	Leaning Tower-IL	2:01.61
5	Andrew Golankiewicz	17	Wilton-CT	2:01.66
6	Jack Pretto	17	Cheshire-CT	2:01.85
7	Adam Lebovitz	17	Wilton-CT	2:02.14
8	Matt Nutter	16	Andover-MA	2:02.59

Heat 14 of 16 Prelims Starts at 10:28 AM

1	Sean Brown	18	B R Ryall-IL	2:00.91
2	Tom McKee	16	Brandywine-De	2:00.40
3	Mike Camper	16	Rappahannock-VA	1:59.19
4	Kevin Mihic	18	B R Ryall-IL	1:57.20
5	Nathan Reed	17	UpperMainLine-PA	1:58.67
6	Josh Friedel	16	Rappahannock-VA	1:59.82
7	Brian Molloy	18	Ocean County-NJ	2:00.50
8	Eric Hallman	17	West Cook-IL	2:01.58

Heat 15 of 16 Prelims Starts at 10:30 AM

1	Matt Ramey	17	Laurel Highlands	2:00.59
2	Jonny Kleinhenz	17	Powel Crosley-OH	2:00.38
3	Paul Hunter	17	Andover-MA	1:59.10
4	Matthew Salig	17	UpperMainLine-PA	1:55.91
5	Brian Sivak	18	B R Ryall-IL	1:58.65
6	Daniel Schmitz	17	South Family-OH	1:59.71
7	Connor Maher	16	DowntownYouth-CT	2:00.44
8	Dan Napolitano	16	FanwoodScotch-NJ	2:01.12

Heat 16 of 16 Prelims Starts at 10:32 AM

1	Will Brown	16	FanwoodScotch-NJ	2:00.57
2	Brian Batson	18	Brandywine-De	2:00.23
3	Dustin Folio	18	Sunbury-PA	1:58.99
4	Tim Phillips	18	Marietta-OH	1:54.30
5	Rodrigo Gonzalez	16	SomersetValleyNJ	1:58.61
6	Jordan Hartman	17	Boyertown-PA	1:59.65
7	Brendan Deveney	18	Wilton-CT	2:00.42
8	Justin Chambers	18	Suncoast-FL	2:00.93

Event 19 Women 400 LC Meter Freestyle Relay**National: 3:55.59 7/30/2008 West Shore YMCA****L Schmittle, C Loht, S Kinsey, L Gingrich****Meet Qualifying: 4:22.29**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Heat 1 of 7 Prelims Starts at 10:34 AM			
1	Boyertown-PA		3:44.75 Y
2	Gr. Johnstown-PA		3:43.27 Y
3	Greensburg-PA		3:42.74 Y
4	West Morris-NJ		3:40.16 Y
5	Phoenixville-PA		3:40.34 Y
6	Pottstown-PA		3:43.11 Y
7	Bath Area-ME		3:44.09 Y
8	Rock Hill-SC		3:45.11 Y
Heat 2 of 7 Prelims Starts at 10:38 AM			
1	Westfield-NJ		3:39.48 Y
2	Greenwich-CT		3:36.43 Y
3	Brandywine-De		4:21.98
4	Ocean County-NJ		4:20.99
5	Fox Cities-WI		4:21.59
6	West Monmouth-NJ		3:35.68 Y
7	Door County-WI		3:36.73 Y
8	Farmington-MI		3:39.57 Y
Heat 3 of 7 Prelims Starts at 10:42 AM			
1	Hamilton Area-NJ		4:20.82
2	Coffman - OH		4:20.27
3	Flushing-NY		4:19.73
4	Rowan-NC		4:18.96
5	Blue Ash-OH		4:19.62
6	W.North Carolina		4:20.26
7	Fayette-IL		4:20.62
8	Columbia NW-SC		4:20.88
Heat 4 of 7 Prelims Starts at 10:46 AM			
1	Piedmont-VA		4:17.78
2	East Hartford-CT		4:15.61
3	Gr. Flint-MI		4:14.55
4	Andover-MA	B	4:13.53
5	Ridgewood-NJ		4:14.19
6	Montclair-NJ		4:14.93
7	Red Bank - NJ		4:17.42
8	Cheshire-CT		4:18.88
Heat 5 of 7 Prelims Starts at 10:50 AM			
1	S. Shore Mill-MA		4:12.11
2	Gr Holyoke-MA		4:10.11
3	South Family-OH		4:08.27
4	B R Ryall-IL		4:04.07
5	Tri-Hampton-PA		4:05.90
6	Wyckoff-NJ		4:08.75
7	SomersetValleyNJ		4:11.46
8	Suncoast-FL		4:13.25

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-

July 28 - July 31, 2009

Meet Program - Day 3 Prelims

Heat 6 Prelims (#19 Women 400 LC Meter Freestyle Relay)

1	North Shore-MA	4:11.73
2	FanwoodScotch-NJ	4:09.95
3	Anne Arundel-MD	4:07.52
4	West Shore-PA	4:03.78
5	Powel Crosley-OH	4:05.87
6	Countryside-OH	4:08.43
7	Kishwaukee-IL	4:11.24
8	Rappahannock-VA	4:13.07

Heat 7 of 7 Prelims Starts at 10:58 AM

1	Tampa Metro-FL	4:11.46
2	Rapid Area-MI	4:09.34
3	Oshkosh-WI	4:05.90
4	Middle Tyger-SC	4:00.52
5	Winston-Salem-NC	4:05.19
6	UpperMainLine-PA	4:08.41
7	SomersetHills-NJ	4:10.43
8	Wilton-CT	4:12.47

Event 20 Men 400 LC Meter Freestyle Relay

National: 3:33.66 7/30/2008 Middle Tyger YMCA

G Morgan, D Groseclose, G Kauffman, C Reinke

Meet Qualifying: 3:58.99

Lane	Team	Relay	Seed Time
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Heat 1 of 7 Prelims Starts at 11:05 AM

1	East Suburban-PA	3:22.22Y
2	Winston-Salem-NC	3:21.73Y
3	Gr Holyoke-MA	3:19.58Y
4	Catonsville-MD	3:16.18Y
5	Pottstown-PA	3:16.54Y
6	Lancaster-OH	3:21.38Y
7	Lebanon-PA	3:22.21Y
8	Fayette-IL	3:22.27Y

Heat 2 of 7 Prelims Starts at 11:08 AM

1	Northwest-CT	3:58.82
2	Ridgewood-NJ	3:58.43
3	Suburban W-OH	3:57.25
4	Rock Hill-SC	3:57.14
5	Oshkosh-WI	3:57.19
6	MetuchenED-NJ	3:58.40
7	Gr. Flint-MI	3:58.50
8	Westfield-NJ	3:15.40Y

Heat 3 of 7 Prelims Starts at 11:12 AM

1	Rapid Area-MI	3:57.06
2	Gr. Johnstown-PA	3:56.59
3	Fox Cities-WI	3:55.99
4	Hamilton Area-NJ	3:55.84
5	Harrison Co.-WV	3:55.99
6	Tri-Hampton-PA	3:56.34
7	Western-CT	3:56.65
8	Mid-Delmarva-MD	3:57.09

Heat 4 of 7 Prelims Starts at 11:16 AM

1	Blue Ash-OH	3:55.46
2	Anne Arundel-MD	3:55.14
3	Columbia NW-SC	3:54.22
4	Ocean County-NJ	3:52.89
5	Suncoast-FL	3:53.51
6	Tampa Metro-FL	3:54.48
7	W.North Carolina	3:55.22
8	Flushing-NY	3:55.73

Heat 5 of 7 Prelims Starts at 11:20 AM

1	Wilton-CT	3:49.84
2	FanwoodScotch-NJ	3:49.04
3	Brandywine-De	3:44.04
4	Andover-MA	3:41.28
5	Boyertown-PA	3:43.33
6	SomersetHills-NJ	3:46.70
7	Kishwaukee-IL	3:49.29
8	Laurel Highlands	3:51.72

Heat 6 of 7 Prelims Starts at 11:23 AM

1	North Shore-MA	3:49.39
2	South Family-OH	3:47.92
3	Rappahannock-VA	3:43.98
4	Red Bank - NJ	3:40.67
5	UpperMainLine-PA	3:42.71
6	Cheshire-CT	3:46.15
7	West Shore-PA	3:49.23
8	East Hartford-CT	3:51.18

Heat 7 of 7 Prelims Starts at 11:27 AM

1	Countryside-OH	3:49.37
2	Montclair-NJ	3:47.52
3	SomersetValleyNJ	3:43.83
4	B R Ryall-IL	3:36.13
5	Middle Tyger-SC	3:42.50
6	Powel Crosley-OH	3:44.99
7	Leaning Tower-IL	3:49.14
8	Wyckoff-NJ	3:51.09

Event 22 Men 800 LC Meter Freestyle

National: 8:25.64 7/28/2004 Chris Schenck

Meet Qualifying: 9:12.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals - Swimming with Finals

1	Spencer Scarth	17	Wilton-CT	8:51.67
2	Tim Bouvier	17	North Shore-MA	8:48.07
3	Grant Alef	16	Kishwaukee-IL	8:46.08
4	Ty Perkins	18	South Family-OH	8:31.40
5	Kevin Mihic	18	B R Ryall-IL	8:35.22
6	David Gordon	18	Kishwaukee-IL	8:47.20
7	Matt Ramey	17	Laurel Highlands	8:51.21
8	JR Creekmore	16	Brandywine-De	8:52.62

2009 YMCA National Long Course Championship, Sanction #: USAS PVA-09-**July 28 - July 31, 2009****Meet Program - Day 3 Prelims****Heat 2 Finals (#22 Men 800 LC Meter Freestyle)**

1	Carlo Biedenbarn	17	Countryside-OH	8:58.08
2	Conor McAuliffe	17	Andover-MA	8:55.91
3	Matthew Collins	16	Flushing-NY	8:54.16
4	Ryan Turner	15	West Shore-PA	8:52.94
5	Sean Brown	18	B R Ryall-IL	8:53.27
6	Luke Trimmer	17	West Shore-PA	8:54.93
7	Matt Nutter	16	Andover-MA	8:57.26
8	Sean Tento	16	West Seattle-WA	8:58.81

Heat 3 of 4 Finals Starts at 11:42 AM

1	Zach Benoit	18	Gr.Westfield-MA	9:06.37
2	Alex Fox	15	Winston-Salem-NC	9:05.90
3	Tyler Greene	17	Gr. Flint-MI	9:02.54
4	Jonny Kleinhenz	17	Powel Crosley-OH	9:02.43
5	Mitch Colby	15	SomersetHills-NJ	9:02.50
6	Alex Naglich	15	Tri-Hampton-PA	9:03.23
7	Dylan Ludwick	16	Tri-Hampton-PA	9:05.96
8	Robby Harder	16	Wilton-CT	9:07.63

Heat 4 of 4 Finals Starts at 11:50 AM

2	Isaac Breen-Franklin	16	Anne Arundel-MD	10:05.77 Y
3	Garrett Spake	15	Rowan-NC	9:55.76 Y
4	Parker Baisden	17	Phoenixville-PA	9:34.08 Y
5	Alexander Robinson	17	Goldsboro-NC	9:47.02 Y
6	Austin Kelly	18	N.Middlesex-CT	10:02.73 Y