

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 18-24 50 Yard Freestyle Time Trial**

NAT YMCA: 24.53 *

USMS: 23.89 ! 4/19/1998 Janet Mayville

Name	Age	Team	Seed Time	Finals Time
- Time Trial				
1 Miller, Ginny	24	Beavercreek	NT	26.27

Women 18-24 50 Yard Freestyle

NAT YMCA: 24.53 * 1991

Sue Brennan

Severna Park, M

USMS: 23.89 ! 4/19/1998 Janet Mayville

1 Hanzl, Brittany L	24	YMCA of Central Texas	25.80	25.41
2 Sobecki, Megan	23	YMCA Indy Swimfit	28.34	27.25
3 Murphy, Siobhan C	22	YMCA of Central Texas	29.54	27.90
4 Crickmore, Nicole	24	YMCA Indy Swimfit	28.00	28.40
5 Karish, Cassi A	23	Sarasota Family	31.98	28.74
6 Whithead, Monique L	20	Beavercreek	31.00	29.41
7 Springer, Sarah G	19	Mid-Delmarva YMCA	31.00	29.89
--- Cox, Megan	21	Tampa Metro Masters	35.00	NS

Women 18-24 100 Yard Freestyle

NAT YMCA: 53.81 * 1994

Trish Klasmeier

Blue Ash, OH

USMS: 50.67 ! 11/20/2003 Jessica Foschi

1 Kenney, Lindsay	22	YMCA of Central Texas	55.43	55.10
27.00	55.10 (28.10)			
2 Hudak, Courtney	22	Sarasota Family	1:01.50	55.21
26.83	55.21 (28.38)			
3 Miller, Ginny	24	Beavercreek	56.20	55.96
27.14	55.96 (28.82)			
4 Hanzl, Brittany L	24	YMCA of Central Texas	57.77	55.99
26.91	55.99 (29.08)			
5 Adams, Valerie	23	Schroeder	59.00	59.30
28.73	59.30 (30.57)			
6 Zaley, Stacy	24	Sarasota Family	57.03	1:00.07
28.91	1:00.07 (31.16)			
7 Murphy, Siobhan C	22	YMCA of Central Texas	1:05.64	1:01.49
30.28	1:01.49 (31.21)			
8 Karish, Cassi A	23	Sarasota Family	1:03.42	1:02.40
29.81	1:02.40 (32.59)			
9 Crickmore, Nicole	24	YMCA Indy Swimfit	1:04.00	1:02.63
30.12	1:02.63 (32.51)			
10 Whithead, Monique L	20	Beavercreek	1:05.00	1:05.44
31.62	1:05.44 (33.82)			
--- Cox, Megan	21	Tampa Metro Masters	1:20.00	NS

Women 18-24 200 Yard Freestyle

NAT YMCA: 1:57.28 * 1991

Sue Brennan

Severna Park, MD

USMS: 1:50.98 ! 3/4/2001 Rachel Komisarz

1 Hudak, Courtney	22	Sarasota Family	2:06.50	1:58.27
27.73	57.41 (29.68)	1:27.96 (30.55)	1:58.27 (30.31)	
2 Miller, Ginny	24	Beavercreek	2:00.00	2:00.62
28.48	59.30 (30.82)	1:30.02 (30.72)	2:00.62 (30.60)	
3 Zaley, Stacy	24	Sarasota Family	2:03.93	2:13.36
30.33	1:03.50 (33.17)	1:38.22 (34.72)	2:13.36 (35.14)	
4 Murphy, Siobhan C	22	YMCA of Central Texas	2:22.22	2:19.26
31.68	1:06.34 (34.66)	1:42.77 (36.43)	2:19.26 (36.49)	

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5	Whithead, Monique L	20	Beavercreek	2:26.00	2:26.19
	32.66	1:09.48 (36.82)	1:48.00 (38.52)	2:26.19 (38.19)	
---	Cox, Megan	21	Tampa Metro Masters	3:05.00	NS

Women 18-24 500 Yard Freestyle

NAT YMCA: 5:17.06 * 5/17/2008			Ginny Miller	Beavercreek OH-O	
USMS: 4:49.97 ! 10/25/2003			Jessica Foschi		
1	Hudak, Courtney	22	Sarasota Family	5:30.29	5:14.44 *
	28.58	59.61 (31.03)	1:31.58 (31.97)	2:03.68 (32.10)	
	2:35.48 (31.80)	3:07.65 (32.17)	3:39.67 (32.02)	4:11.86 (32.19)	
	4:43.64 (31.78)	5:14.44 (30.80)			
2	Miller, Ginny	24	Beavercreek	5:14.00	5:15.54 *
	28.67	59.93 (31.26)	1:31.92 (31.99)	2:04.18 (32.26)	
	2:36.51 (32.33)	3:08.72 (32.21)	3:40.56 (31.84)	4:13.09 (32.53)	
	4:44.91 (31.82)	5:15.54 (30.63)			
3	Kenney, Lindsay	22	YMCA of Central Texas	5:30.00	5:28.70
	29.33	1:01.20 (31.87)	1:33.75 (32.55)	2:06.66 (32.91)	
	2:39.99 (33.33)	3:13.77 (33.78)	3:47.18 (33.41)	4:21.04 (33.86)	
	4:55.23 (34.19)	5:28.70 (33.47)			
4	Ripley, Rachel	24	YMCA Indy Swimfit	5:25.00	5:34.24
	29.75	1:02.16 (32.41)	1:35.36 (33.20)	2:09.56 (34.20)	
	2:43.62 (34.06)	3:17.72 (34.10)	3:52.14 (34.42)	4:26.40 (34.26)	
	5:00.52 (34.12)	5:34.24 (33.72)			
5	Adams, Valerie	23	Schroeder	5:47.26	5:40.07
	31.44	1:04.75 (33.31)	1:38.33 (33.58)	2:12.81 (34.48)	
	2:47.18 (34.37)	3:21.71 (34.53)	3:57.11 (35.40)	4:32.07 (34.96)	
	5:07.14 (35.07)	5:40.07 (32.93)			
6	Zaley, Stacy	24	Sarasota Family	5:21.75	5:42.58
	29.99	1:02.74 (32.75)	1:36.93 (34.19)	2:11.57 (34.64)	
	2:46.23 (34.66)	3:21.81 (35.58)	3:57.30 (35.49)	4:33.37 (36.07)	
	5:08.80 (35.43)	5:42.58 (33.78)			
7	Murphy, Siobhan C	22	YMCA of Central Texas	6:35.75	5:54.70
	31.47	1:06.23 (34.76)	1:41.93 (35.70)	2:18.67 (36.74)	
	2:55.43 (36.76)	3:31.93 (36.50)	4:08.32 (36.39)	4:44.99 (36.67)	
	5:20.21 (35.22)	5:54.70 (34.49)			
8	Karish, Cassi A	23	Sarasota Family	6:30.28	6:29.82
	31.29	1:07.42 (36.13)	1:45.49 (38.07)	2:25.03 (39.54)	
	3:04.56 (39.53)	3:44.91 (40.35)	4:26.02 (41.11)	5:07.73 (41.71)	
	5:49.25 (41.52)	6:29.82 (40.57)			
9	Whithead, Monique L	20	Beavercreek	6:50.00	6:34.79
	33.52	1:10.77 (37.25)	1:50.07 (39.30)	2:30.14 (40.07)	
	3:10.45 (40.31)	3:51.46 (41.01)	4:32.65 (41.19)	5:13.90 (41.25)	
	5:54.66 (40.76)	6:34.79 (40.13)			

Women 18-24 1000 Yard Freestyle Time Trial**USMS: 10:29.13 ! 3/11/2000 Sara Schweitzer****- Time Trial**

1	Miller, Ginny	24	Beavercreek	NT	11:02.64
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YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

Women 18-24 1650 Yard Freestyle

NAT YMCA: 18:17.48 * 5/15/2008		Ginny Miller		Beavercreek OH-O	
USMS: 17:31.70 ! 1987		Karen Burton			
1	Miller, Ginny	24	Beavercreek	17:50.00	18:24.06
	29.47	1:01.50 (32.03)	1:34.07 (32.57)	2:06.91 (32.84)	
	2:39.95 (33.04)	3:12.80 (32.85)	3:46.10 (33.30)	4:19.15 (33.05)	
	4:52.51 (33.36)	5:26.00 (33.49)	5:59.05 (33.05)	6:32.40 (33.35)	
	7:05.97 (33.57)	7:39.43 (33.46)	8:12.91 (33.48)	8:46.43 (33.52)	
	9:20.20 (33.77)	9:54.29 (34.09)	10:28.22 (33.93)	11:02.64 (34.42)	
	11:36.92 (34.28)	12:11.15 (34.23)	12:45.42 (34.27)	13:19.72 (34.30)	
	13:54.10 (34.38)	14:27.91 (33.81)	15:01.87 (33.96)	15:36.31 (34.44)	
	16:10.44 (34.13)	16:44.83 (34.39)	17:18.72 (33.89)	17:52.10 (33.38)	18:24.06 (31.96)
2	Murphy, Siobhan C	22	YMCA of Central Texas	22:35.51	21:10.41
	33.59	1:10.40 (36.81)	1:48.50 (38.10)	2:27.43 (38.93)	
	3:06.57 (39.14)	3:45.54 (38.97)	4:25.19 (39.65)	5:03.47 (38.28)	
	5:40.27 (36.80)	6:18.71 (38.44)	6:57.70 (38.99)	7:36.11 (38.41)	
	8:15.25 (39.14)	8:54.77 (39.52)	9:33.94 (39.17)	10:13.10 (39.16)	
	10:52.72 (39.62)	11:32.10 (39.38)	12:11.09 (38.99)	12:49.98 (38.89)	
	13:28.60 (38.62)	14:06.81 (38.21)	14:46.02 (39.21)	15:25.81 (39.79)	
	16:05.64 (39.83)	16:45.29 (39.65)	17:24.35 (39.06)	18:02.06 (37.71)	
	18:40.13 (38.07)	19:18.95 (38.82)	19:57.21 (38.26)	20:35.21 (38.00)	21:10.41 (35.20)

Women 18-24 50 Yard Backstroke

NAT YMCA: 27.49 * 1999		Nicole Paplham		Serversna Park, M	
USMS: 26.47 ! 4/19/1998		Jessica Tong			
1	Connors, Jessica A	23	Schroeder	29.00	29.32
2	Adams, Valerie	23	Schroeder	31.65	31.09
3	Frank, Wendy R	19	Schroeder	31.97	32.04
4	Sobecki, Megan	23	YMCA Indy Swimfit	34.20	32.28
5	Springer, Sarah G	19	Mid-Delmarva YMCA	35.00	33.91
6	Whithead, Monique L	20	Beavercreek	36.00	35.72

Women 18-24 100 Yard Backstroke

NAT YMCA: 59.74 * 1999		Nicole Paplham		Stevens Pt. WI	
USMS: 55.98 ! 4/30/2000		Sara Schweitzer			
1	Hudak, Courtney	22	Sarasota Family	1:07.31	1:01.99
	30.86	1:01.99 (31.13)			
2	Ripley, Rachel	24	YMCA Indy Swimfit	1:03.00	1:03.69
	30.72	1:03.69 (32.97)			
3	Adams, Valerie	23	Schroeder	1:07.45	1:05.62
	32.38	1:05.62 (33.24)			
4	Zaley, Stacy	24	Sarasota Family	1:03.73	1:06.89
	32.31	1:06.89 (34.58)			
5	Frank, Wendy R	19	Schroeder	1:06.38	1:06.98
	32.66	1:06.98 (34.32)			
6	Springer, Sarah G	19	Mid-Delmarva YMCA	1:15.00	1:14.38
	37.12	1:14.38 (37.26)			
7	Whithead, Monique L	20	Beavercreek	1:15.00	1:15.38
	36.76	1:15.38 (38.62)			

Women 18-24 200 Yard Backstroke

NAT YMCA: 2:13.37 * 1999		Nicole Paplham		Stevens Pt., WI	
USMS: 1:59.22 ! 4/30/2000		Sara Schweitzer			
1	Hudak, Courtney	22	Sarasota Family	2:24.67	2:11.27*
	30.97	1:04.03 (33.06)	1:37.53 (33.50)	2:11.27 (33.74)	

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2	Zaley, Stacy	24	Sarasota Family	2:12.12	2:18.16
	32.37	1:07.47 (35.10)	1:43.24 (35.77)	2:18.16 (34.92)	
3	Adams, Valerie	23	Schroeder	2:24.47	2:19.66
	33.47	1:09.17 (35.70)	1:44.76 (35.59)	2:19.66 (34.90)	
4	Miller, Ginny	24	Beavercreek	2:20.00	2:21.25
	33.20	1:10.11 (36.91)	1:46.65 (36.54)	2:21.25 (34.60)	
5	Sobecki, Megan	23	YMCA Indy Swimfit	2:22.50	2:23.97
	33.92	1:10.23 (36.31)	1:47.15 (36.92)	2:23.97 (36.82)	
6	Frank, Wendy R	19	Schroeder	2:22.93	2:25.78
	33.10	1:09.21 (36.11)	1:47.22 (38.01)	2:25.78 (38.56)	
7	Whithead, Monique L	20	Beavercreek	2:40.00	2:41.72
	38.29	1:18.41 (40.12)	1:59.67 (41.26)	2:41.72 (42.05)	

Women 18-24 50 Yard Breaststroke

NAT YMCA:	31.13	*	5/18/2008	Jessica A Connors	Schroeder WI-WI
USMS:	29.69	!	4/25/2004	Alissa Davies	
1	Connors, Jessica A	23	Schroeder	32.00	31.21
2	Alyabyeva, Kate	20	YMCA of Central Texas	32.44	33.01
3	Murphy, Siobhan C	22	YMCA of Central Texas	39.54	36.18
4	Karish, Cassi A	23	Sarasota Family	40.65	36.86
5	Frank, Wendy R	19	Schroeder	37.74	37.22

Women 18-24 100 Yard Breaststroke

NAT YMCA:	1:06.47	*	5/17/2008	Jessica A Connors	Schroeder WI-WI
USMS:	1:02.86	!	5/18/2003	Riley Mants	
1	Alyabyeva, Kate	20	YMCA of Central Texas	1:08.10	1:07.94
	32.47	1:07.94 (35.47)			
2	Connors, Jessica A	23	Schroeder	1:07.00	1:08.35
	32.90	1:08.35 (35.45)			
3	Murphy, Siobhan C	22	YMCA of Central Texas	1:25.52	1:16.64
	36.29	1:16.64 (40.35)			
4	Karish, Cassi A	23	Sarasota Family	1:21.52	1:20.45
	38.06	1:20.45 (42.39)			

Women 18-24 200 Yard Breaststroke

NAT YMCA:	2:24.14	*	5/16/2008	Jessica A Connors	Schroeder WI-WI
USMS:	2:14.90	!	5/18/2003	Riley Mants	
1	Connors, Jessica A	23	Schroeder	2:23.00	2:25.62
	34.17	1:11.32 (37.15)	1:48.44 (37.12)	2:25.62 (37.18)	
2	Alyabyeva, Kate	20	YMCA of Central Texas	2:21.22	2:29.22
	34.59	1:12.25 (37.66)	1:50.90 (38.65)	2:29.22 (38.32)	
3	Murphy, Siobhan C	22	YMCA of Central Texas	3:15.98	2:50.44
	38.37	1:21.81 (43.44)	2:06.03 (44.22)	2:50.44 (44.41)	
4	Karish, Cassi A	23	Sarasota Family	2:52.52	2:56.18
	38.79	1:22.23 (43.44)	2:08.22 (45.99)	2:56.18 (47.96)	

Women 18-24 50 Yard Butterfly

NAT YMCA:	27.19	*	2004	Joni Davidson	Jordan, IN
USMS:	25.46	!	4/30/2000	Jennifer Brooks	
1	Alyabyeva, Kate	20	YMCA of Central Texas	26.96	26.52*
2	Kenney, Lindsay	22	YMCA of Central Texas	27.40	26.90*
3	Connors, Jessica A	23	Schroeder	29.00	27.17*
4	Sobecki, Megan	23	YMCA Indy Swimfit	29.25	31.65

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5	Crickmore, Nicole	24	YMCA Indy Swimfit	32.27	32.17
6	Springer, Sarah G	19	Mid-Delmarva YMCA	35.00	32.81

Women 18-24 100 Yard Butterfly

NAT YMCA: 59.03 * 4/18/2004		Joni Davidson		Jordan, IN	
USMS: 55.63 ! 4/13/2008		Laura Davis			
1	Kenney, Lindsay	22	YMCA of Central Texas	1:00.41	59.81
	28.60		59.81 (31.21)		
2	Alyabyeva, Kate	20	YMCA of Central Texas	58.44	1:00.55
	27.83		1:00.55 (32.72)		
3	Hudak, Courtney	22	Sarasota Family	1:06.35	1:02.24
	29.22		1:02.24 (33.02)		
4	Miller, Ginny	24	Beavercreek	1:03.00	1:03.09
	29.79		1:03.09 (33.30)		
5	Crickmore, Nicole	24	YMCA Indy Swimfit	1:14.00	1:13.37
	33.79		1:13.37 (39.58)		
---	Hanzl, Brittany L	24	YMCA of Central Texas	1:05.77	NS
---	Sobecki, Megan	23	YMCA Indy Swimfit	1:03.50	NS

Women 18-24 200 Yard Butterfly

NAT YMCA: 2:11.81 * 2004		Joni Davidson		Jordan, IN	
USMS: 2:02.28 ! 3/4/2001		Rachel Komisarz			
1	Kenney, Lindsay	22	YMCA of Central Texas	2:13.77	2:14.17
	29.74		1:02.90 (33.16) 1:37.35 (34.45)	2:14.17 (36.82)	
2	Miller, Ginny	24	Beavercreek	2:19.00	2:18.61
	31.29		1:06.88 (35.59) 1:42.82 (35.94)	2:18.61 (35.79)	

Women 18-24 100 Yard IM

NAT YMCA: 1:00.41 * 5/17/2008		Jessica A Connors		Schroeder WI-WI	
USMS: 58.34 ! 4/13/2008		Laura Davis			
1	Alyabyeva, Kate	20	YMCA of Central Texas	1:02.22	59.66*
	27.48		59.66 (32.18)		
2	Connors, Jessica A	23	Schroeder	1:02.00	1:01.41
	28.39		1:01.41 (33.02)		
3	Kenney, Lindsay	22	YMCA of Central Texas	1:04.05	1:02.31
	28.44		1:02.31 (33.87)		
4	Ripley, Rachel	24	YMCA Indy Swimfit	1:04.00	1:05.92
	30.13		1:05.92 (35.79)		
5	Zaley, Stacy	24	Sarasota Family	1:04.04	1:07.18
	31.03		1:07.18 (36.15)		
6	Adams, Valerie	23	Schroeder	1:10.52	1:08.51
	31.07		1:08.51 (37.44)		
7	Sobecki, Megan	23	YMCA Indy Swimfit	1:12.24	1:08.61
	31.71		1:08.61 (36.90)		
8	Karish, Cassi A	23	Sarasota Family	1:15.72	1:13.13
	36.06		1:13.13 (37.07)		
9	Whithead, Monique L	20	Beavercreek	1:20.00	1:17.01
	35.37		1:17.01 (41.64)		
10	Springer, Sarah G	19	Mid-Delmarva YMCA	1:15.00	1:17.18
	34.99		1:17.18 (42.19)		

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NAT YMCA: 2:12.38 * 4/15/2007		Maegen Himes		AJY-	
USMS: 2:05.30 ! 4/30/2000		Sara Schweitzer			
1	Alyabyeva, Kate	20	YMCA of Central Texas	2:08.10	2:16.20
	28.60	1:03.69 (35.09)	1:44.01 (40.32)	2:16.20 (32.19)	
2	Ripley, Rachel	24	YMCA Indy Swimfit	2:20.00	2:21.95
	30.40	1:05.81 (35.41)	1:49.18 (43.37)	2:21.95 (32.77)	
3	Adams, Valerie	23	Schroeder	2:20.00	2:25.19
	31.56	1:08.52 (36.96)	1:52.38 (43.86)	2:25.19 (32.81)	
4	Zaley, Stacy	24	Sarasota Family	2:14.43	2:26.65
	31.48	1:09.07 (37.59)	1:52.47 (43.40)	2:26.65 (34.18)	
---	Karish, Cassi A	23	Sarasota Family	2:50.72	NS

Women 18-24 400 Yard IM

NAT YMCA: 4:46.36 * 1988		Corrin Convis		Corry, PA	
USMS: 4:18.37 ! 4/30/2000		Sara Schweitzer			
1	Alyabyeva, Kate	20	YMCA of Central Texas	4:25.55	4:38.73*
	29.56	1:04.60 (35.04)	1:39.19 (34.59)	2:13.66 (34.47)	
	2:54.06 (40.40)	3:33.85 (39.79)	4:06.77 (32.92)	4:38.73 (31.96)	
2	Hudak, Courtney	22	Sarasota Family	5:02.20	4:48.51
	30.72	1:06.53 (35.81)	1:42.92 (36.39)	2:18.64 (35.72)	
	3:02.07 (43.43)	3:45.23 (43.16)	4:17.38 (32.15)	4:48.51 (31.13)	
3	Miller, Ginny	24	Beavercreek	4:49.50	4:51.22
	31.31	1:07.07 (35.76)	1:46.74 (39.67)	2:23.41 (36.67)	
	3:06.35 (42.94)	3:49.07 (42.72)	4:20.87 (31.80)	4:51.22 (30.35)	
4	Ripley, Rachel	24	YMCA Indy Swimfit	4:50.00	4:58.90
	31.38	1:06.89 (35.51)	1:43.82 (36.93)	2:20.92 (37.10)	
	3:05.79 (44.87)	3:50.67 (44.88)	4:25.03 (34.36)	4:58.90 (33.87)	
5	Adams, Valerie	23	Schroeder	5:08.32	5:06.95
	31.05	1:06.76 (35.71)	1:44.49 (37.73)	2:21.44 (36.95)	
	3:07.16 (45.72)	3:54.83 (47.67)	4:31.12 (36.29)	5:06.95 (35.83)	
6	Sobecki, Megan	23	YMCA Indy Swimfit	5:00.25	5:13.92
	31.63	1:09.34 (37.71)	1:50.20 (40.86)	2:29.68 (39.48)	
	3:15.86 (46.18)	4:02.21 (46.35)	4:38.68 (36.47)	5:13.92 (35.24)	
7	Frank, Wendy R	19	Schroeder	5:15.94	5:16.67
	33.89	1:15.33 (41.44)	1:54.29 (38.96)	2:31.97 (37.68)	
	3:19.23 (47.26)	4:06.73 (47.50)	4:41.94 (35.21)	5:16.67 (34.73)	

Women 25-29 50 Yard Freestyle

NAT YMCA: 23.62 * 1998		Peggy Gross		South Hills, PA	
USMS: 23.16 ! 4/24/2005		Petra Martin			
1	Groselle, Elizabeth D	25	Sarasota Family	24.50	24.64
2	Gray, Audrey L	29	Sarasota Family	26.00	25.61
3	Martin, Jennifer	28	YMCA of Central Texas	25.20	25.76
4	Trefelner, Jennifer M	28	Broward County YMCA Masters	27.00	27.05
5	Faith, Jennifer	27	Tampa Metro Masters	28.50	27.24
6	Byrnes, Katie	27	YMCA of Central Texas	28.50	27.93
7	Wenzel, Katharine T	25	YMCA of Central Texas	28.35	28.40
8	Aron, Vanessa	28	YMCA of Central Texas	29.28	28.55
9	Johasky, Bethany A	26	YMCA of Central Texas	31.77	29.42
10	Marechal, Severine M	25	YMCA of Central Texas	30.77	29.76
11	Spence, Jackie K	27	Downtown Orlando	29.00	29.80
12	Bassetti, Luce	29	Tampa Metro Masters	30.52	30.08
13	Haire, Crystal A	26	YMCA of Central Texas	34.77	31.75

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Odd Heats East Pool Even Heats West Pool

Results

(Women 25-29 50 Yard Freestyle)

14	Heller, Elizabeth A	28	YMCA of Central Texas	33.57	33.40
---	Martinez, Vanessa	25	Downtown Orlando	24.04	NS

Women 25-29 100 Yard Freestyle

NAT YMCA: 52.61 * 1998		Peggy Gross		South Hills, PA	
USMS: 50.80 ! 3/16/2003		Louise Johncke			
1	Groselle, Elizabeth D	25	Sarasota Family	53.00	53.07
	25.45		53.07 (27.62)		
2	Grover, Mollie	28	Mid-Delmarva YMCA	54.27	55.61
	27.20		55.61 (28.41)		
3	Gray, Audrey L	29	Sarasota Family	56.00	56.08
	27.01		56.08 (29.07)		
4	Szakos, Teresa M	25	Downtown Orlando	58.48	57.45
	28.28		57.45 (29.17)		
5	Martin, Jennifer	28	YMCA of Central Texas	58.20	57.96
	27.27		57.96 (30.69)		
6	Trefelner, Jennifer M	28	Broward County YMCA Masters	1:00.00	59.40
	28.09		59.40 (31.31)		
7	Aron, Vanessa	28	YMCA of Central Texas	1:04.28	1:02.02
	30.10		1:02.02 (31.92)		
8	Byrnes, Katie	27	YMCA of Central Texas	1:02.00	1:03.80
	29.86		1:03.80 (33.94)		
9	Crabtree, Erin L	28	Downtown Orlando	1:09.84	1:08.27
	32.32		1:08.27 (35.95)		
10	Heller, Elizabeth A	28	YMCA of Central Texas	1:19.39	1:17.90
	36.48		1:17.90 (41.42)		
---	Martinez, Vanessa	25	Downtown Orlando	55.30	NS
---	Johasky, Bethany A	26	YMCA of Central Texas	1:09.77	NS

Women 25-29 200 Yard Freestyle

NAT YMCA: 1:56.51 * 2002		Lee Nessel		South Hills, PA	
USMS: 1:48.80 ! 5/20/2001		Limin Liu			
1	Grover, Mollie	28	Mid-Delmarva YMCA	1:57.53	1:58.77
	28.14		58.36 (30.22) 1:28.77 (30.41) 1:58.77 (30.00)		
2	Hester, Heidi R	28	Broward County YMCA Masters	2:01.54	1:59.02
	27.92		57.74 (29.82) 1:28.23 (30.49) 1:59.02 (30.79)		
3	Butler, Agnese	29	Sarasota Family	2:00.00	2:00.80
	28.60		59.70 (31.10) 1:30.38 (30.68) 2:00.80 (30.42)		
4	Gray, Audrey L	29	Sarasota Family	2:04.00	2:01.78
	28.30		59.27 (30.97) 1:31.07 (31.80) 2:01.78 (30.71)		
5	Dwors, Elizabeth C	28	YMCA of Central Texas	2:02.39	2:02.12
	28.39		59.30 (30.91) 1:30.87 (31.57) 2:02.12 (31.25)		
6	Szakos, Teresa M	25	Downtown Orlando	2:15.41	2:04.93
	28.26		59.59 (31.33) 1:32.78 (33.19) 2:04.93 (32.15)		
7	Wenzel, Katharine T	25	YMCA of Central Texas	2:13.39	2:11.57
	31.35		1:04.78 (33.43) 1:38.52 (33.74) 2:11.57 (33.05)		
8	Hall, Ryan N	29	Downtown Orlando	2:13.29	2:14.30
	30.40		1:03.86 (33.46) 1:38.97 (35.11) 2:14.30 (35.33)		
9	Aron, Vanessa	28	YMCA of Central Texas	2:14.77	2:14.36
	29.85		1:02.69 (32.84) 1:38.28 (35.59) 2:14.36 (36.08)		
10	Trefelner, Jennifer M	28	Broward County YMCA Masters	2:15.00	2:17.02
	28.88		1:01.09 (32.21) 1:36.43 (35.34) 2:17.02 (40.59)		

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11	Marechal, Severine M	25	YMCA of Central Texas	2:23.50	2:25.82
	32.35	1:08.71 (36.36)	1:47.63 (38.92)	2:25.82 (38.19)	
12	Crabtree, Erin L	28	Downtown Orlando	2:32.60	2:32.14
	34.99	1:14.07 (39.08)	1:53.10 (39.03)	2:32.14 (39.04)	
13	Haire, Crystal A	26	YMCA of Central Texas	2:57.77	2:42.94
	35.84	2:42.94 (2:07.10)			
---	Cefalo, Laura	27	YMCA of Central Texas	2:12.00	NS
---	Byrnes, Katie	27	YMCA of Central Texas	2:15.00	NS

Women 25-29 500 Yard Freestyle**NAT YMCA: 5:16.59 * 2000****Magdelana Strovickova****Ocean Co, NJ****USMS: 4:49.88 ! 1/3/1996****Sheila Taormina**

1	Hester, Heidi R	28	Broward County YMCA Masters	5:32.68	5:18.23
	29.41	1:00.99 (31.58)	1:32.96 (31.97)	2:05.09 (32.13)	
	2:37.32 (32.23)	3:09.68 (32.36)	3:41.90 (32.22)	4:14.14 (32.24)	
	4:46.42 (32.28)	5:18.23 (31.81)			
2	Dwors, Elizabeth C	28	YMCA of Central Texas	5:26.49	5:36.91
	30.23	1:02.84 (32.61)	1:36.65 (33.81)	2:10.30 (33.65)	
	2:44.27 (33.97)	3:18.71 (34.44)	3:53.32 (34.61)	4:27.85 (34.53)	
	5:02.77 (34.92)	5:36.91 (34.14)			
3	Szakos, Teresa M	25	Downtown Orlando	5:49.20	5:40.12
	30.23	1:03.37 (33.14)	1:37.38 (34.01)	2:11.86 (34.48)	
	2:47.24 (35.38)	3:22.59 (35.35)	3:58.12 (35.53)	4:32.96 (34.84)	
	5:07.58 (34.62)	5:40.12 (32.54)			
4	Wenzel, Katharine T	25	YMCA of Central Texas	5:47.94	5:43.69
	32.70	1:07.29 (34.59)	1:42.49 (35.20)	2:17.45 (34.96)	
	2:52.41 (34.96)	3:27.43 (35.02)	4:02.02 (34.59)	4:36.57 (34.55)	
	5:10.91 (34.34)	5:43.69 (32.78)			
5	Aron, Vanessa	28	YMCA of Central Texas	6:05.00	6:07.07
	31.26	1:05.37 (34.11)	1:41.28 (35.91)	2:17.79 (36.51)	
	2:55.42 (37.63)	3:32.88 (37.46)	4:11.33 (38.45)	4:50.37 (39.04)	
	5:30.08 (39.71)	6:07.07 (36.99)			
6	Phillips, Stephanie	28	YMCA Indy Swimfit	6:45.00	6:17.61
	32.67	1:09.78 (37.11)	1:48.74 (38.96)	2:28.16 (39.42)	
	3:07.16 (39.00)	3:45.83 (38.67)	4:24.84 (39.01)	5:03.39 (38.55)	
	5:41.58 (38.19)	6:17.61 (36.03)			
7	Marechal, Severine M	25	YMCA of Central Texas	6:40.50	6:18.84
	33.82	1:11.26 (37.44)	1:49.46 (38.20)	2:28.02 (38.56)	
	3:06.52 (38.50)	3:45.70 (39.18)	4:24.97 (39.27)	5:03.81 (38.84)	
	5:42.58 (38.77)	6:18.84 (36.26)			
8	Bassetti, Luce	29	Tampa Metro Masters	6:42.27	6:30.53
	34.44	1:11.41 (36.97)	1:49.53 (38.12)	2:28.23 (38.70)	
	3:07.85 (39.62)	3:48.29 (40.44)	4:28.68 (40.39)	5:09.90 (41.22)	
	5:51.77 (41.87)	6:30.53 (38.76)			
9	Haire, Crystal A	26	YMCA of Central Texas	8:30.77	7:09.10
	38.00	1:20.22 (42.22)	7:09.10 (5:48.88)		
---	Cefalo, Laura	27	YMCA of Central Texas	10:00.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 25-29 1000 Yard Freestyle**

NAT YMCA: 10:53.61 * 1994		Shelly Schafer		Plymouth, MI	
USMS: 10:12.34 ! 3/19/1994		Lisa Hazen			
1	Dwors, Elizabeth C	28	YMCA of Central Texas	11:22.00	11:38.66
	31.18	1:04.63 (33.45)	1:38.87 (34.24)	2:13.26 (34.39)	
	2:48.03 (34.77)	3:22.96 (34.93)	3:58.35 (35.39)	4:33.71 (35.36)	
	5:08.95 (35.24)	5:46.80 (37.85)	6:22.15 (35.35)	6:57.67 (35.52)	
	7:33.18 (35.51)	8:08.82 (35.64)	8:44.17 (35.35)	9:19.68 (35.51)	
	9:54.63 (34.95)	10:29.63 (35.00)	11:04.63 (35.00)	11:38.66 (34.03)	
2	Aron, Vanessa	28	YMCA of Central Texas	12:42.56	12:51.92
	32.91	1:08.69 (35.78)	1:45.88 (37.19)	2:24.35 (38.47)	
	3:03.50 (39.15)	3:42.69 (39.19)	4:22.29 (39.60)	5:01.45 (39.16)	
	5:40.81 (39.36)	6:20.76 (39.95)	7:00.24 (39.48)	7:39.83 (39.59)	
	8:19.07 (39.24)	8:59.13 (40.06)	9:38.30 (39.17)	10:18.72 (40.42)	
	10:57.85 (39.13)	11:37.04 (39.19)	12:16.20 (39.16)	12:51.92 (35.72)	

Women 25-29 1650 Yard Freestyle

NAT YMCA: 17:58.19 * 1994		Shelly Schafer		Plymouth, MI	
USMS: 16:50.17 ! 5/19/1991		Karen Burton			
1	Saunders, Pia W	29	West Side YMCA New York	23:30.00	22:37.86
	35.87	1:15.16 (39.29)	1:55.72 (40.56)	2:37.09 (41.37)	
	3:18.90 (41.81)	4:00.34 (41.44)	4:41.45 (41.11)	5:22.85 (41.40)	
	6:04.28 (41.43)	6:45.92 (41.64)	7:27.77 (41.85)	8:09.80 (42.03)	
	8:51.74 (41.94)	9:33.47 (41.73)	10:15.54 (42.07)	10:57.09 (41.55)	
	11:38.92 (41.83)	12:20.57 (41.65)	13:02.77 (42.20)	13:44.46 (41.69)	
	14:26.40 (41.94)	15:06.66 (40.26)	15:47.96 (41.30)	16:29.64 (41.68)	
	17:11.03 (41.39)	17:52.75 (41.72)	18:33.81 (41.06)	19:14.64 (40.83)	
	19:55.86 (41.22)	20:36.94 (41.08)	21:18.03 (41.09)	21:58.64 (40.61)	22:37.86 (39.22)

Women 25-29 50 Yard Backstroke

NAT YMCA: 28.53 * 1996		Elizabeth MacDonald		Jordan, IN	
USMS: 25.98 ! 5/16/1999		Mary Edwards			
1	Groselle, Elizabeth D	25	Sarasota Family	28.50	28.36*
2	Gray, Audrey L	29	Sarasota Family	28.89	28.77
3	Butler, Agnese	29	Sarasota Family	29.50	28.84
4	Grover, Mollie	28	Mid-Delmarva YMCA	29.67	30.25
5	Byrnes, Katie	27	YMCA of Central Texas	30.00	30.49
6	Martin, Jennifer	28	YMCA of Central Texas	30.50	30.58
7	Dwors, Elizabeth C	28	YMCA of Central Texas	32.19	32.24
8	Hatcher, Abigail M	26	Schroeder	33.00	32.35
9	Trefelner, Jennifer M	28	Broward County YMCA Masters	34.00	34.72
10	Haire, Crystal A	26	YMCA of Central Texas	43.77	39.04
---	Johasky, Bethany A	26	YMCA of Central Texas	39.77	NS
---	Cefalo, Laura	27	YMCA of Central Texas	32.00	NS

Women 25-29 100 Yard Backstroke

NAT YMCA: 1:01.25 * 1992		Sue Brennan		Severna Park, MD	
USMS: 56.28 ! 5/16/1999		Mary Edwards			
1	Grover, Mollie	28	Mid-Delmarva YMCA	1:02.40	1:02.82
	31.33	1:02.82 (31.49)			
2	Gray, Audrey L	29	Sarasota Family	1:04.00	1:03.42
	30.64	1:03.42 (32.78)			
3	Szakos, Teresa M	25	Downtown Orlando	1:06.84	1:03.97
	31.74	1:03.97 (32.23)			

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4	Byrnes, Katie	27	YMCA of Central Texas	1:04.50	1:05.01
	31.49			1:05.01 (33.52)	
5	Hatcher, Abigail M	26	Schroeder	1:07.00	1:08.84
	33.55			1:08.84 (35.29)	
6	Trefelner, Jennifer M	28	Broward County YMCA Masters	1:17.00	1:14.46
	34.91			1:14.46 (39.55)	
7	Bassetti, Luce	29	Tampa Metro Masters	1:28.00	1:17.42
	37.95			1:17.42 (39.47)	

Women 25-29 200 Yard BackstrokeNAT YMCA: **2:10.28** * **1999**

Jie Li

Hastings Lake,IL

USMS: **2:00.57** ! **5/22/2005**

Pamela Hanson

1	Grover, Mollie	28	Mid-Delmarva YMCA	2:11.08	2:13.44
	32.14			1:06.25 (34.11)	1:39.98 (33.73)
				2:13.44 (33.46)	
2	Gray, Audrey L	29	Sarasota Family	2:15.00	2:17.37
	31.93			1:06.75 (34.82)	1:42.09 (35.34)
				2:17.37 (35.28)	
3	Byrnes, Katie	27	YMCA of Central Texas	2:20.00	2:18.76
	32.40			1:06.40 (34.00)	1:41.96 (35.56)
				2:18.76 (36.80)	
4	Szakos, Teresa M	25	Downtown Orlando	2:25.06	2:19.74
	33.23			1:08.72 (35.49)	1:44.83 (36.11)
				2:19.74 (34.91)	
5	Hester, Heidi R	28	Broward County YMCA Masters	2:28.97	2:21.60
	33.74			1:09.60 (35.86)	1:45.62 (36.02)
				2:21.60 (35.98)	
6	Hatcher, Abigail M	26	Schroeder	2:20.00	2:25.98
	34.94			1:11.79 (36.85)	1:49.15 (37.36)
				2:25.98 (36.83)	
7	Crabtree, Erin L	28	Downtown Orlando	2:52.80	2:46.36
	39.17			1:21.47 (42.30)	2:04.21 (42.74)
				2:46.36 (42.15)	

Women 25-29 50 Yard BreaststrokeNAT YMCA: **29.81** * **2002**

Andrea Packard

Andover, MA

USMS: **29.46** ! **5/4/2008**

Laura Holt

1	Groselle, Elizabeth D	25	Sarasota Family	31.10	30.26
2	Faith, Jennifer	27	Tampa Metro Masters	33.00	33.02
3	Martin, Jennifer	28	YMCA of Central Texas	33.42	33.05
4	Phillips, Stephanie	28	YMCA Indy Swimfit	38.00	36.55
5	Wenzel, Katharine T	25	YMCA of Central Texas	38.77	37.51
6	Saunders, Pia W	29	West Side YMCA New York	38.38	38.15
7	Trefelner, Jennifer M	28	Broward County YMCA Masters	38.00	39.30
8	Bassetti, Luce	29	Tampa Metro Masters	40.76	39.90
---	Arel, Brigid R	26	YMCA of Central Texas	38.77	NS
---	Johasky, Bethany A	26	YMCA of Central Texas	45.77	NS

Women 25-29 100 Yard BreaststrokeNAT YMCA: **1:04.17** * **2002**

Andrea Packard

Andover, MA

USMS: **1:04.17** ! **4/21/2002**

Andrea Packard

1	Groselle, Elizabeth D	25	Sarasota Family	1:11.00	1:06.87
	31.84			1:06.87 (35.03)	
2	Butler, Agnese	29	Sarasota Family	1:09.00	1:09.29
	32.99			1:09.29 (36.30)	
3	Faith, Jennifer	27	Tampa Metro Masters	1:12.50	1:11.75
	33.66			1:11.75 (38.09)	
4	Martin, Jennifer	28	YMCA of Central Texas	1:13.90	1:15.74
	35.21			1:15.74 (40.53)	

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5	Wenzel, Katharine T	25	YMCA of Central Texas	1:20.77	1:18.04
	36.49		1:18.04 (41.55)		
6	Phillips, Stephanie	28	YMCA Indy Swimfit	1:19.20	1:18.13
	37.34		1:18.13 (40.79)		
7	Hall, Ryan N	29	Downtown Orlando	1:16.00	1:18.18
	37.31		1:18.18 (40.87)		
8	Marechal, Severine M	25	YMCA of Central Texas	1:20.50	1:21.52
	38.28		1:21.52 (43.24)		
9	Saunders, Pia W	29	West Side YMCA New York	1:16.59	1:22.48
	39.13		1:22.48 (43.35)		
---	Arel, Brigid R	26	YMCA of Central Texas	1:35.77	NS

Women 25-29 200 Yard Breaststroke

NAT YMCA: 2:17.94 * 2002 Andrea Packard Andover, MA

USMS: 2:17.94 ! 4/21/2002 Andrea Packard

1	Faith, Jennifer	27	Tampa Metro Masters	2:42.00	2:40.47
	35.46		:28001 (39.82001) 1:57.20 (41.91999)	2:40.47 (43.27)	
2	Phillips, Stephanie	28	YMCA Indy Swimfit	2:55.00	2:47.11
	37.57		1:20.26 (42.69) 2:03.44 (43.18)	2:47.11 (43.67)	
3	Hall, Ryan N	29	Downtown Orlando	2:45.92	2:50.01
	38.53		1:20.97 (42.44) 2:05.57 (44.60)	2:50.01 (44.44)	
4	Saunders, Pia W	29	West Side YMCA New York	2:44.42	2:58.19
	40.04		1:24.98 (44.94) 2:11.87 (46.89)	2:58.19 (46.32)	
5	Marechal, Severine M	25	YMCA of Central Texas	2:58.13	2:58.65
	39.58		1:24.80 (45.22) 2:12.22 (47.42)	2:58.65 (46.43)	

Women 25-29 50 Yard Butterfly

NAT YMCA: 26.50 * 1994 Peggy Gross South Hills, PA

USMS: 24.46 ! 4/25/2004 Nadine Rolland

1	Groselle, Elizabeth D	25	Sarasota Family	28.30	26.44*
*2	Martin, Jennifer	28	YMCA of Central Texas	29.50	28.45
*2	Gray, Audrey L	29	Sarasota Family	29.00	28.45
4	Trefelner, Jennifer M	28	Broward County YMCA Masters	31.00	30.72
5	Hatcher, Abigail M	26	Schroeder	31.00	31.24
6	Phillips, Stephanie	28	YMCA Indy Swimfit	34.00	31.99
7	Crabtree, Erin L	28	Downtown Orlando	35.09	35.05
---	Johasky, Bethany A	26	YMCA of Central Texas	33.77	NS
---	Martinez, Vanessa	25	Downtown Orlando	27.00	NS

Women 25-29 100 Yard Butterfly

NAT YMCA: 58.75 * 5/18/2008 Jenny W Weaver Indianapolis IN-

USMS: 54.03 ! 5/20/2001 Limin Liu

1	Martin, Jennifer	28	YMCA of Central Texas	1:07.30	1:04.59
	29.26		1:04.59 (35.33)		
---	Martinez, Vanessa	25	Downtown Orlando	58.70	NS
---	Arel, Brigid R	26	YMCA of Central Texas	1:15.77	NS

Women 25-29 200 Yard Butterfly

NAT YMCA: 2:09.66 * 1988 Patricia Huey Central, NC

USMS: 1:57.84 ! 5/20/2001 Limin Liu

1	Saunders, Pia W	29	West Side YMCA New York	2:29.21	2:50.02
	36.84		1:18.32 (41.48) 2:04.89 (46.57)	2:50.02 (45.13)	

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NAT YMCA: 1:01.20 *		5/17/2008	Agnese Ozolina	Sarasota FL-FL	
USMS: 56.76 !		5/20/2001	Limin Liu		
1	Groselle, Elizabeth D	25	Sarasota Family	1:02.00	1:00.26*
	27.93	1:00.26 (32.33)			
2	Butler, Agnese	29	Sarasota Family	1:03.00	1:01.76
	28.86	1:01.76 (32.90)			
3	Gray, Audrey L	29	Sarasota Family	1:05.00	1:04.27
	28.96	1:04.27 (35.31)			
4	Martin, Jennifer	28	YMCA of Central Texas	1:06.20	1:07.14
	30.90	1:07.14 (36.24)			
5	Szakos, Teresa M	25	Downtown Orlando	1:09.78	1:07.61
	31.24	1:07.61 (36.37)			
6	Byrnes, Katie	27	YMCA of Central Texas	1:05.00	1:08.99
	30.62	1:08.99 (38.37)			
7	Faith, Jennifer	27	Tampa Metro Masters	1:09.50	1:09.81
	33.75	1:09.81 (36.06)			
8	Wenzel, Katharine T	25	YMCA of Central Texas	1:12.79	1:10.60
	34.25	1:10.60 (36.35)			
9	Hatcher, Abigail M	26	Schroeder	1:08.00	1:10.69
	32.18	1:10.69 (38.51)			
10	Hall, Ryan N	29	Downtown Orlando	1:08.78	1:10.84
	33.63	1:10.84 (37.21)			
11	Phillips, Stephanie	28	YMCA Indy Swimfit	1:15.00	1:12.77
	33.38	1:12.77 (39.39)			
12	Aron, Vanessa	28	YMCA of Central Texas	1:14.35	1:13.40
	34.25	1:13.40 (39.15)			
13	Saunders, Pia W	29	West Side YMCA New York	1:14.58	1:13.90
	35.00	1:13.90 (38.90)			
14	Trefelner, Jennifer M	28	Broward County YMCA Masters	1:14.00	1:14.37
	33.39	1:14.37 (40.98)			
15	Marechal, Severine M	25	YMCA of Central Texas	1:14.50	1:14.93
	35.79	1:14.93 (39.14)			
16	Crabtree, Erin L	28	Downtown Orlando	1:18.50	1:16.62
	35.85	1:16.62 (40.77)			
*17	Spence, Jackie K	27	Downtown Orlando	1:55.00	1:17.34
	36.00	1:17.34 (41.34)			
*17	Bassetti, Luce	29	Tampa Metro Masters	1:18.21	1:17.34
	37.05	1:17.34 (40.29)			
---	Martinez, Vanessa	25	Downtown Orlando	1:06.00	NS
---	Johasky, Bethany A	26	YMCA of Central Texas	1:12.77	NS
---	Arel, Brigid R	26	YMCA of Central Texas	1:15.77	NS

Women 25-29 200 Yard IM

NAT YMCA: 2:13.63 *		2002	Andrea Packard	Andover, MA	
USMS: 2:03.94 !		2/11/2006	Allison Wagner		
1	Hatcher, Abigail M	26	Schroeder	2:30.00	2:28.64
	32.19	1:09.89 (37.70)	1:54.32 (44.43)	2:28.64 (34.32)	
2	Faith, Jennifer	27	Tampa Metro Masters	2:40.00	2:29.51
	33.83	1:13.22 (39.39)	1:55.42 (42.20)	2:29.51 (34.09)	
3	Hall, Ryan N	29	Downtown Orlando	2:30.52	2:30.50
	32.87	1:12.14 (39.27)	1:55.82 (43.68)	2:30.50 (34.68)	
4	Phillips, Stephanie	28	YMCA Indy Swimfit	2:41.00	2:36.08
	33.58	1:15.14 (41.56)	1:59.03 (43.89)	2:36.08 (37.05)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 25-29 200 Yard IM)**

5	Saunders, Pia W	29	West Side YMCA New York	2:28.13	2:40.92
	33.91	1:16.60 (42.69)	2:01.92 (45.32)	2:40.92 (39.00)	
6	Marechal, Severine M	25	YMCA of Central Texas	2:50.50	2:41.98
	35.39	1:18.19 (42.80)	2:05.06 (46.87)	2:41.98 (36.92)	
7	Bassetti, Luce	29	Tampa Metro Masters	2:52.12	2:48.75
	36.82	1:22.21 (45.39)	2:10.67 (48.46)	2:48.75 (38.08)	
8	Crabtree, Erin L	28	Downtown Orlando	2:52.82	2:48.84
	37.07	1:19.48 (42.41)	2:08.22 (48.74)	2:48.84 (40.62)	
---	Martinez, Vanessa	25	Downtown Orlando	2:17.00	NS

Women 25-29 400 Yard IM

NAT YMCA: 4:40.99 * 2002		Andrea Packard		Andover, MA	
USMS: 4:21.52 ! 5/22/2005		Kasey Harris			
1	Hall, Ryan N	29	Downtown Orlando	5:15.00	5:24.09
	32.28	1:11.18 (38.90)	1:52.89 (41.71)	2:34.96 (42.07)	
	3:20.83 (45.87)	4:08.58 (47.75)	4:46.55 (37.97)	5:24.09 (37.54)	
2	Phillips, Stephanie	28	YMCA Indy Swimfit	5:50.00	5:25.39
	35.11	1:16.66 (41.55)	2:00.27 (43.61)	2:42.35 (42.08)	
	3:27.12 (44.77)	4:11.68 (44.56)	4:49.45 (37.77)	5:25.39 (35.94)	
3	Saunders, Pia W	29	West Side YMCA New York	5:05.00	5:45.64
	35.57	1:16.81 (41.24)	2:03.45 (46.64)	2:48.32 (44.87)	
	3:36.69 (48.37)	4:25.13 (48.44)	5:45.64 (1:20.51)		
4	Marechal, Severine M	25	YMCA of Central Texas	5:50.84	5:51.71
	35.96	1:21.91 (45.95)	2:08.47 (46.56)	2:54.96 (46.49)	
	3:43.55 (48.59)	4:32.38 (48.83)	5:13.32 (40.94)	5:51.71 (38.39)	

Women 30-34 50 Yard Freestyle

NAT YMCA: 23.65 * 1986		Sandy Neilson		Palisades, CA	
USMS: 22.86 ! 4/15/2000		Angel Martino			
1	McLuckie, Lisa	30	YMCA of Central Texas	25.87	25.80
2	Hafner, Christine M	31	Plymouth Community Family	25.89	26.00
3	Besco, Stephanie	33	Beavercreek	27.12	26.03
4	Peterson, Laurie	32	YMCA Indy Swimfit	28.01	27.59
5	Deering, Tara	31	Tampa Metro Masters	30.01	29.91
6	Paz, Sohely C	33	YMCA of Central Texas	32.31	30.22
7	Girard, Brooke	32	Broward County YMCA Masters	32.32	30.42
8	Moran, Danielle	31	YMCA of Central Texas	30.00	31.44

Women 30-34 100 Yard Freestyle

NAT YMCA: 51.70 * 1986		Sandy Neilson		Palisades, CA	
USMS: 50.73 ! 5/16/1999		Angel Martino			
1	McLuckie, Lisa	30	YMCA of Central Texas	56.34	55.52
	26.90	55.52 (28.62)			
2	Hafner, Christine M	31	Plymouth Community Family	57.70	56.22
	26.87	56.22 (29.35)			
3	Peterson, Laurie	32	YMCA Indy Swimfit	1:03.79	1:02.78
	29.68	1:02.78 (33.10)			
4	Deering, Tara	31	Tampa Metro Masters	1:07.43	1:05.72
	31.37	1:05.72 (34.35)			
5	Paz, Sohely C	33	YMCA of Central Texas	1:13.77	1:08.66
	32.30	1:08.66 (36.36)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 30-34 200 Yard Freestyle**

NAT YMCA: 1:54.12 * 1986		Sandy Neilson		Palisades, CA	
USMS: 1:51.40 ! 5/18/2003		Katrina Radke			
1	McLuckie, Lisa	30	YMCA of Central Texas	2:10.00	2:09.74
	28.95	1:00.50 (31.55)	1:34.86 (34.36)	2:09.74 (34.88)	
2	Deering, Tara	31	Tampa Metro Masters	2:24.71	2:21.96
	32.62	1:08.56 (35.94)	1:45.77 (37.21)	2:21.96 (36.19)	
3	Moran, Danielle	31	YMCA of Central Texas	2:20.00	2:30.61
	34.11	1:11.84 (37.73)	1:51.15 (39.31)	2:30.61 (39.46)	

Women 30-34 500 Yard Freestyle

NAT YMCA: 5:07.60 * 1986		Susan Pamela		Westshore, OH	
USMS: 4:59.08 ! 5/12/1996		K Pipes-Neilsen			
1	Hafner, Christine M	31	Plymouth Community Family	5:40.00	5:32.35
	30.39	1:02.56 (32.17)	1:35.47 (32.91)	2:08.17 (32.70)	
	2:41.50 (33.33)	3:15.25 (33.75)	3:49.05 (33.80)	4:23.66 (34.61)	
	4:57.95 (34.29)	5:32.35 (34.40)			
2	Deering, Tara	31	Tampa Metro Masters	6:18.52	6:12.73
	34.28	1:11.22 (36.94)	1:49.56 (38.34)	2:27.35 (37.79)	
	3:04.74 (37.39)	3:41.18 (36.44)	4:18.38 (37.20)	4:56.56 (38.18)	
	5:35.11 (38.55)	6:12.73 (37.62)			
3	Moran, Danielle	31	YMCA of Central Texas	6:20.00	6:33.06
	35.54	1:13.93 (38.39)	1:53.68 (39.75)	2:33.43 (39.75)	
	3:12.92 (39.49)	3:52.85 (39.93)	4:33.20 (40.35)	5:13.50 (40.30)	
	5:53.84 (40.34)	6:33.06 (39.22)			

Women 30-34 1000 Yard Freestyle

NAT YMCA: 10:46.78 * 2003		Nadine Day		Schroeder, WI	
USMS: 10:16.36 ! 3/13/1999		Lisa Hazen			
1	Moran, Danielle	31	YMCA of Central Texas	13:42.92	13:39.50
	36.80	1:16.80 (40.00)	1:56.57 (39.77)	2:37.06 (40.49)	
	3:18.09 (41.03)	3:59.39 (41.30)	4:40.56 (41.17)	5:22.12 (41.56)	
	6:03.67 (41.55)	6:45.71 (42.04)	7:27.33 (41.62)	8:09.50 (42.17)	
	8:51.63 (42.13)	9:33.12 (41.49)	10:14.10 (40.98)	10:55.49 (41.39)	
	11:37.32 (41.83)	12:19.56 (42.24)	13:00.61 (41.05)	13:39.50 (38.89)	

Women 30-34 1650 Yard Freestyle

NAT YMCA: 17:41.63 * 1986		Susan Pamela		Westshore, OH	
USMS: 17:07.52 ! 5/23/1993		Karen Burton			
1	Moran, Danielle	31	YMCA of Central Texas	24:00.00	22:21.03
	37.18	1:17.60 (40.42)	1:57.45 (39.85)	2:38.14 (40.69)	
	3:18.84 (40.70)	3:59.08 (40.24)	4:40.13 (41.05)	5:21.30 (41.17)	
	6:01.63 (40.33)	6:42.68 (41.05)	7:24.04 (41.36)	8:05.18 (41.14)	
	8:45.82 (40.64)	9:27.03 (41.21)	10:08.16 (41.13)	10:49.36 (41.20)	
	11:30.46 (41.10)	12:11.56 (41.10)	12:52.76 (41.20)	13:33.88 (41.12)	
	14:15.27 (41.39)	14:56.44 (41.17)	15:37.67 (41.23)	16:18.39 (40.72)	
	16:59.43 (41.04)	17:40.07 (40.64)	18:20.97 (40.90)	19:01.57 (40.60)	
	19:41.89 (40.32)	20:22.16 (40.27)	21:02.43 (40.27)	21:42.38 (39.95)	22:21.03 (38.65)

Women 30-34 50 Yard Backstroke

NAT YMCA: 28.35 * 1993		Chris Breedy		Broward Co, FL	
USMS: 25.73 ! 4/15/2000		Angel Martino			
1	Besco, Stephanie	33	Beavercreek	31.09	29.57
2	Peterson, Laurie	32	YMCA Indy Swimfit	32.88	32.00
3	Girard, Brooke	32	Broward County YMCA Masters	36.99	33.76

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4	Moran, Danielle	31	YMCA of Central Texas	40.00	37.71
5	Bottenus, Anne	30	Mid-Delmarva YMCA	45.20	46.57

Women 30-34 100 Yard Backstroke

NAT YMCA: 59.59 * 1993		Sheila Mortell		Westport, CT	
USMS: 57.13 ! 5/4/1996		K Pipes-Neilsen			
1	Paz, Sohely C	33	YMCA of Central Texas	1:15.77	1:17.59
	37.63		1:17.59 (39.96)		
2	Bottenus, Anne	30	Mid-Delmarva YMCA	1:43.80	1:43.60
	48.15		1:43.60 (55.45)		

Women 30-34 200 Yard Backstroke

NAT YMCA: 2:10.10 * 1993		Sheila Mortell		Westport, CT	
USMS: 1:59.93 ! 2/19/1996		K Pipes-Neilsen			
1	Bottenus, Anne	30	Mid-Delmarva YMCA	3:40.09	3:54.54
	50.39		1:48.37 (57.98)		3:54.54 (2:06.17)

Women 30-34 50 Yard Breaststroke

NAT YMCA: 31.60 * 2002		Nadine Day		Danville, IL	
USMS: 28.48 ! 5/4/2008		Katie McClelland			
1	Besco, Stephanie	33	Beavercreek	32.06	30.56*
2	McLuckie, Lisa	30	YMCA of Central Texas	34.19	34.27
3	Girard, Brooke	32	Broward County YMCA Masters	36.29	35.05
4	Ellis, Nichole	30	YMCA Indy Swimfit	34.16	35.14
5	Peterson, Laurie	32	YMCA Indy Swimfit	36.85	36.01
6	Bottenus, Anne	30	Mid-Delmarva YMCA	45.97	48.49

Women 30-34 100 Yard Breaststroke

NAT YMCA: 1:07.09 * 2003		Nadine Day		Schroeder, WI	
USMS: 1:02.08 ! 5/4/2008		Katie McClelland			
1	Besco, Stephanie	33	Beavercreek	1:10.52	1:07.30
	31.60		1:07.30 (35.70)		
2	McLuckie, Lisa	30	YMCA of Central Texas	1:13.03	1:11.55
	33.50		1:11.55 (38.05)		
3	Hafner, Christine M	31	Plymouth Community Family	1:14.50	1:11.87
	34.22		1:11.87 (37.65)		
4	Ellis, Nichole	30	YMCA Indy Swimfit	1:22.10	1:15.76
	36.19		1:15.76 (39.57)		
5	Girard, Brooke	32	Broward County YMCA Masters	1:19.63	1:17.95
	36.17		1:17.95 (41.78)		
6	Bottenus, Anne	30	Mid-Delmarva YMCA	1:44.78	1:46.13
	48.53		1:46.13 (57.60)		

Women 30-34 200 Yard Breaststroke

NAT YMCA: 2:26.11 * 2003		Nadine Day		Schroeder, WI	
USMS: 2:17.34 ! 4/30/2000		Wenke Hansen			
1	Besco, Stephanie	33	Beavercreek	2:36.17	2:30.84
	33.65		1:11.68 (38.03)	1:51.07 (39.39)	2:30.84 (39.77)
2	McLuckie, Lisa	30	YMCA of Central Texas	2:38.83	2:33.90
	35.06		1:13.78 (38.72)	1:53.38 (39.60)	2:33.90 (40.52)
3	Girard, Brooke	32	Broward County YMCA Masters	2:53.17	2:53.00
	37.96		1:21.16 (43.20)	2:06.56 (45.40)	2:53.00 (46.44)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 30-34 200 Yard Breaststroke)**

4	Bottenus, Anne	30	Mid-Delmarva YMCA	3:42.00	3:49.26
	49.15	1:47.72 (58.57)	2:48.74 (1:01.02)	3:49.26 (1:00.52)	

Women 30-34 50 Yard Butterfly

NAT YMCA:	26.20	*	1998	Tracie Moll	Boca Raton, FL
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USMS:	24.18	!	4/15/2000	Angel Martino	
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1	Hafner, Christine M	31	Plymouth Community Family	30.01	29.23
2	Peterson, Laurie	32	YMCA Indy Swimfit	30.81	30.13
3	Girard, Brooke	32	Broward County YMCA Masters	34.48	32.31
4	Paz, Sohely C	33	YMCA of Central Texas	34.77	32.73
5	Deering, Tara	31	Tampa Metro Masters	35.28	35.48

Women 30-34 100 Yard Butterfly

NAT YMCA:	57.90	*	1998	Tracie Moll	Boca Raton, FL
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USMS:	55.01	!	5/16/1999	Angel Martino	
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1	Ellis, Nichole	30	YMCA Indy Swimfit	1:10.25	1:06.12
	31.15	1:06.12 (34.97)			

Women 30-34 100 Yard IM

NAT YMCA:	1:00.51	*	2002	Nadine Day	Danville, IL
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USMS:	57.01	!	4/15/2000	Angel Martino	
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1	Besco, Stephanie	33	Beavercreek	1:04.32	1:01.37
	29.26	1:01.37 (32.11)			
2	Hafner, Christine M	31	Plymouth Community Family	1:05.75	1:03.95
	30.19	1:03.95 (33.76)			
3	Ellis, Nichole	30	YMCA Indy Swimfit	1:15.70	1:07.92
	31.58	1:07.92 (36.34)			
4	Peterson, Laurie	32	YMCA Indy Swimfit	1:11.50	1:08.00
	31.55	1:08.00 (36.45)			
5	Girard, Brooke	32	Broward County YMCA Masters	1:16.99	1:14.20
	34.85	1:14.20 (39.35)			
6	Paz, Sohely C	33	YMCA of Central Texas	1:16.77	1:16.96
	33.15	1:16.96 (43.81)			
7	Deering, Tara	31	Tampa Metro Masters	1:20.09	1:18.52
	35.76	1:18.52 (42.76)			
8	Moran, Danielle	31	YMCA of Central Texas	1:40.00	1:26.01
	39.39	1:26.01 (46.62)			
9	Bottenus, Anne	30	Mid-Delmarva YMCA	1:43.20	1:41.43
	46.56	1:41.43 (54.87)			

Women 30-34 200 Yard IM

NAT YMCA:	2:10.73	*	2002	Nadine Day	Danville, IL
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USMS:	2:04.30	!	5/12/1996	K Pipes-Neilsen	
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1	Besco, Stephanie	33	Beavercreek	2:19.91	2:15.11
	30.29	1:06.12 (35.83)	1:43.85 (37.73)	2:15.11 (31.26)	
2	Hafner, Christine M	31	Plymouth Community Family	2:18.89	2:15.17
	30.44	1:05.27 (34.83)	1:44.01 (38.74)	2:15.17 (31.16)	
3	Ellis, Nichole	30	YMCA Indy Swimfit	2:45.90	2:30.15
	31.82	1:11.90 (40.08)	1:54.13 (42.23)	2:30.15 (36.02)	
4	Girard, Brooke	32	Broward County YMCA Masters	2:53.44	2:43.01
	33.72	1:16.76 (43.04)	2:01.86 (45.10)	2:43.01 (41.15)	
5	Bottenus, Anne	30	Mid-Delmarva YMCA	3:40.20	3:47.24
	49.29	1:46.71 (57.42)	2:50.51 (1:03.80)	3:47.24 (56.73)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 30-34 400 Yard IM**

NAT YMCA:	4:32.49	*	2003	Nadine Day	Schroeder, WI
USMS:	4:25.68	!	5/21/1995	Karlyn Pipes	
1	Besco, Stephanie		33	Beavercreek	4:58.50 4:52.97
	32.14		1:09.82 (37.68)	1:48.72 (38.90)	2:27.98 (39.26)
	3:07.20 (39.22)		3:47.17 (39.97)	4:20.63 (33.46)	4:52.97 (32.34)
---	Hafner, Christine M		31	Plymouth Community Family	5:09.90 DQ
	Arms not in same horizontal plane - breast				

Women 35-39 50 Yard Freestyle

NAT YMCA:	24.63	*	5/17/2008	Jennifer Willis	South Hills Area
USMS:	22.34	!	2/25/2007	Dara Torres	
1	Holmes, Jessica A		38	Wilton Family YMCA	27.50 25.54
2	McCrary, Christine		36	YMCA of Central Texas	27.04 26.41
3	Stewart, Ann K		38	Broward County YMCA Masters	28.26 27.03
4	Ellis, Susan E		38	Wilton Family YMCA	31.50 27.85
5	Fox, Michele K		39	Andover North Andover	27.72 28.21
6	Tucker, Mary G		39	Sarasota Family	30.52 28.49
7	Marvin, Linda		35	YMCA Indy Swimfit	28.45 28.84
8	Farnan, Katherine		37	Baierl Family	30.10 29.61
9	Bradshaw, Kathy T		36	West Side YMCA New York	31.43 29.85
10	Sands, Brenna		35	Tampa Metro Masters	30.00 30.73
11	Gnerre, Beverly		38	Sarasota Family	32.64 33.08
12	Frank, Stefanie L		38	YMCA of Central Texas	40.18 37.13
13	Volz, Kristin		35	YMCA of Central Texas	39.77 37.37
---	Orringer, Debra		37	South Hills YMCA	32.89 NS

Women 35-39 50 Yard Freestyle Time Trial

NAT YMCA:	24.63	*
USMS:	22.34	!
	2/25/2007	Dara Torres

- Time Trial

1	Holmes, Jessica A		38	Wilton Family YMCA	NT 25.62
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Women 35-39 100 Yard Freestyle

NAT YMCA:	53.69	*	2002	Charlotte Peterson	Orlando AC, FL
USMS:	49.72	!	2/25/2007	Dara Torres	
1	Holmes, Jessica A		38	Wilton Family YMCA	59.00 55.52
	26.90		55.52 (28.62)		
2	McCrary, Christine		36	YMCA of Central Texas	1:00.81 59.53
	28.24		59.53 (31.29)		
3	Stewart, Ann K		38	Broward County YMCA Masters	1:03.55 1:00.21
	28.22		1:00.21 (31.99)		
4	Marvin, Linda		35	YMCA Indy Swimfit	1:03.01 1:00.84
	29.21		1:00.84 (31.63)		
5	Fox, Michele K		39	Andover North Andover	1:00.19 1:01.63
	28.69		1:01.63 (32.94)		
6	Tucker, Mary G		39	Sarasota Family	1:15.32 1:03.92
	31.46		1:03.92 (32.46)		
7	Farnan, Katherine		37	Baierl Family	1:07.00 1:04.60
	30.60		1:04.60 (34.00)		
8	Bradshaw, Kathy T		36	West Side YMCA New York	1:06.00 1:05.89
	31.57		1:05.89 (34.32)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 35-39 100 Yard Freestyle)**

9	Sands, Brenna	35	Tampa Metro Masters	1:10.00	1:06.20
	31.83		1:06.20 (34.37)		
10	Frank, Stefanie L	38	YMCA of Central Texas	1:32.78	1:27.18
	42.25		1:27.18 (44.93)		
---	Orringer, Debra	37	South Hills YMCA	1:12.25	NS

Women 35-39 200 Yard Freestyle

NAT YMCA: 1:54.88 * 2002		Charlotte Peterson		Orlando AC, FL	
USMS: 1:51.55 ! 5/3/1997		K Pipes-Neilsen			
1	Day, Nadine K	38	Danville Family	2:04.00	2:01.20
	28.33		58.81 (30.48) 1:30.06 (31.25)	2:01.20 (31.14)	
2	Fox, Michele K	39	Andover North Andover	2:12.10	2:10.70
	31.08		1:05.24 (34.16) 1:38.23 (32.99)	2:10.70 (32.47)	
3	Stewart, Ann K	38	Broward County YMCA Masters	2:19.00	2:15.00
	30.25		1:03.16 (32.91) 1:38.11 (34.95)	2:15.00 (36.89)	
4	Marvin, Linda	35	YMCA Indy Swimfit	2:19.35	2:22.04
	32.20		1:08.19 (35.99) 1:45.79 (37.60)	2:22.04 (36.25)	
5	Bailie, Bridget	39	YMCA Indy Swimfit	2:25.98	2:27.47
	32.57		1:09.25 (36.68) 1:48.68 (39.43)	2:27.47 (38.79)	
6	Tucker, Mary G	39	Sarasota Family	2:38.83	2:28.13
	34.59		1:11.73 (37.14) 1:50.20 (38.47)	2:28.13 (37.93)	
7	Volz, Kristin	35	YMCA of Central Texas	3:10.77	3:04.56
	40.56		1:26.47 (45.91) 2:15.78 (49.31)	3:04.56 (48.78)	
---	Orringer, Debra	37	South Hills YMCA	2:43.77	NS

Women 35-39 500 Yard Freestyle

NAT YMCA: 5:05.76 * 1988		Susan Halfacre		Cleveland WS, OH	
USMS: 4:56.09 ! 5/3/1997		K Pipes-Neilsen			
1	Fox, Michele K	39	Andover North Andover	5:45.40	5:43.32
	31.45		1:06.27 (34.82) 1:42.04 (35.77)	2:17.35 (35.31)	
	2:52.31 (34.96)		3:26.96 (34.65) 4:01.38 (34.42)	4:35.71 (34.33)	
	5:10.05 (34.34)		5:43.32 (33.27)		
2	Fisher, Heather T	35	Baierl Family	5:55.10	5:44.09
	30.31		1:03.14 (32.83) 1:37.18 (34.04)	2:12.01 (34.83)	
	2:47.35 (35.34)		3:22.50 (35.15) 3:57.77 (35.27)	4:33.37 (35.60)	
	5:09.02 (35.65)		5:44.09 (35.07)		
3	Joggerst, Elaine C	37	Broward County YMCA Masters	6:30.00	6:19.75
	32.94		1:10.21 (37.27) 1:49.45 (39.24)	2:28.44 (38.99)	
	3:07.00 (38.56)		3:46.03 (39.03) 4:25.17 (39.14)	5:03.66 (38.49)	
	5:42.98 (39.32)		6:19.75 (36.77)		
4	Marvin, Linda	35	YMCA Indy Swimfit	6:29.81	6:28.10
	33.50		1:11.26 (37.76) 1:50.97 (39.71)	2:31.88 (40.91)	
	3:12.87 (40.99)		3:52.12 (39.25) 4:31.62 (39.50)	5:10.98 (39.36)	
	5:50.14 (39.16)		6:28.10 (37.96)		
5	Bailie, Bridget	39	YMCA Indy Swimfit	6:25.37	6:30.39
	34.59		1:12.05 (37.46) 1:50.87 (38.82)	2:30.55 (39.68)	
	3:10.47 (39.92)		3:50.50 (40.03) 4:31.02 (40.52)	5:11.23 (40.21)	
	5:51.23 (40.00)		6:30.39 (39.16)		
6	Farnan, Katherine	37	Baierl Family	6:55.00	6:46.22
	35.36		1:15.63 (40.27) 1:57.09 (41.46)	2:37.51 (40.42)	
	3:19.10 (41.59)		4:00.72 (41.62) 4:42.49 (41.77)	5:24.91 (42.42)	
	6:06.94 (42.03)		6:46.22 (39.28)		

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 35-39 500 Yard Freestyle)

7	Latell, Andrea T	35	Northern Neck Family	6:54.00	7:18.74
	36.05	1:17.15 (41.10)	2:00.36 (43.21)	2:44.34 (43.98)	
	3:29.65 (45.31)	4:15.70 (46.05)	5:02.71 (47.01)	5:49.33 (46.62)	
	6:35.30 (45.97)	7:18.74 (43.44)			
8	Volz, Kristin	35	YMCA of Central Texas	9:30.77	8:13.43
	41.02	1:27.34 (46.32)	2:16.44 (49.10)	3:07.71 (51.27)	
	3:59.85 (52.14)	4:51.57 (51.72)	5:43.41 (51.84)	6:34.82 (51.41)	
	7:26.97 (52.15)	8:13.43 (46.46)			

Women 35-39 1000 Yard Freestyle

NAT YMCA: 10:33.29 * 2002		Charlotte Peterson		Orlando AC, FL	
USMS: 10:22.60 ! 2/16/1999		K Pipes-Neilsen			
1	Visser, Linda	38	Downtown Orlando	11:45.00	11:20.67
	31.21	1:04.91 (33.70)	1:39.02 (34.11)	2:13.25 (34.23)	
	2:47.16 (33.91)	3:21.67 (34.51)	3:56.17 (34.50)	4:30.42 (34.25)	
	5:04.59 (34.17)	5:38.96 (34.37)	6:13.35 (34.39)	6:47.27 (33.92)	
	7:21.65 (34.38)	7:55.74 (34.09)	8:30.24 (34.50)	9:04.59 (34.35)	
	9:38.93 (34.34)	10:13.48 (34.55)	10:47.94 (34.46)	11:20.67 (32.73)	
2	Fox, Michele K	39	Andover North Andover	11:48.20	11:44.29
	32.04	1:06.61 (34.57)	1:42.25 (35.64)	2:17.52 (35.27)	
	2:53.57 (36.05)	3:29.21 (35.64)	4:04.90 (35.69)	4:40.32 (35.42)	
	5:15.84 (35.52)	5:51.20 (35.36)	6:26.32 (35.12)	7:01.68 (35.36)	
	7:37.46 (35.78)	8:13.47 (36.01)	8:48.66 (35.19)	9:24.11 (35.45)	
	9:59.25 (35.14)	10:34.15 (34.90)	11:09.73 (35.58)	11:44.29 (34.56)	
3	Bradshaw, Kathy T	36	West Side YMCA New York	14:00.00	12:54.56
	34.22	1:12.48 (38.26)	1:51.66 (39.18)	2:31.04 (39.38)	
	3:09.91 (38.87)	3:49.26 (39.35)	4:29.11 (39.85)	5:09.07 (39.96)	
	5:48.16 (39.09)	6:27.41 (39.25)	7:06.51 (39.10)	7:46.28 (39.77)	
	8:25.68 (39.40)	9:04.75 (39.07)	9:43.62 (38.87)	10:22.56 (38.94)	
	11:01.50 (38.94)	11:40.02 (38.52)	12:18.00 (37.98)	12:54.56 (36.56)	
4	Marvin, Linda	35	YMCA Indy Swimfit	13:46.67	13:06.08
	34.09	1:12.43 (38.34)	1:52.10 (39.67)	2:32.03 (39.93)	
	3:11.58 (39.55)	3:51.53 (39.95)	4:31.44 (39.91)	5:10.50 (39.06)	
	5:49.66 (39.16)	6:28.85 (39.19)	7:09.62 (40.77)	7:50.06 (40.44)	
	8:29.45 (39.39)	9:09.91 (40.46)	9:50.31 (40.40)	10:30.09 (39.78)	
	11:09.82 (39.73)	11:49.58 (39.76)	12:28.51 (38.93)	13:06.08 (37.57)	
5	Stewart, Ann K	38	Broward County YMCA Masters	13:18.75	13:07.70
	32.41	1:07.48 (35.07)	1:43.75 (36.27)	2:21.32 (37.57)	
	3:00.03 (38.71)	3:39.22 (39.19)	4:19.02 (39.80)	4:59.02 (40.00)	
	5:39.29 (40.27)	6:20.00 (40.71)	7:00.20 (40.20)	7:40.64 (40.44)	
	8:21.56 (40.92)	9:02.56 (41.00)	9:43.51 (40.95)	10:24.30 (40.79)	
	11:05.28 (40.98)	11:46.20 (40.92)	12:27.08 (40.88)	13:07.70 (40.62)	
6	Bailie, Bridget	39	YMCA Indy Swimfit	13:15.78	13:21.05
	34.86	1:13.05 (38.19)	1:52.84 (39.79)	2:32.86 (40.02)	
	3:13.34 (40.48)	3:54.18 (40.84)	4:34.74 (40.56)	5:15.26 (40.52)	
	5:55.77 (40.51)	6:36.46 (40.69)	7:16.96 (40.50)	7:57.72 (40.76)	
	8:38.26 (40.54)	9:18.90 (40.64)	9:59.81 (40.91)	10:40.75 (40.94)	
	11:20.91 (40.16)	12:01.35 (40.44)	12:41.41 (40.06)	13:21.05 (39.64)	
7	Tucker, Mary G	39	Sarasota Family	15:00.00	14:35.92
	40.40	1:24.43 (44.03)	2:10.21 (45.78)	2:55.23 (45.02)	
	3:40.54 (45.31)	4:25.97 (45.43)	5:10.92 (44.95)	5:56.04 (45.12)	
	6:41.02 (44.98)	7:25.40 (44.38)	8:10.31 (44.91)	8:55.00 (44.69)	
	9:38.90 (43.90)	10:22.96 (44.06)	11:06.32 (43.36)	11:49.47 (43.15)	
	12:32.69 (43.22)	13:15.65 (42.96)	13:57.47 (41.82)	14:35.92 (38.45)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 35-39 1000 Yard Freestyle)**

8	Latell, Andrea T	35	Northern Neck Family	15:54.00	15:07.73
	38.43	1:20.55 (42.12)	2:05.47 (44.92)	2:51.19 (45.72)	
	3:36.95 (45.76)	4:22.48 (45.53)	5:08.61 (46.13)	5:54.91 (46.30)	
	6:41.64 (46.73)	7:28.37 (46.73)	8:14.71 (46.34)	9:00.90 (46.19)	
	9:46.81 (45.91)	10:33.09 (46.28)	11:19.38 (46.29)	12:05.65 (46.27)	
	12:52.21 (46.56)	13:38.41 (46.20)	14:24.52 (46.11)	15:07.73 (43.21)	

Women 35-39 1650 Yard Freestyle

NAT YMCA: 17:46.17 * 2002		Charlotte Peterson		Orlando AC, FL	
USMS: 17:13.99 ! 5/4/1997		K Pipes-Neilsen			
1	Joggerst, Elaine C	37	Broward County YMCA Masters	23:00.00	21:29.81
	33.44	1:11.10 (37.66)	1:49.61 (38.51)	2:28.46 (38.85)	
	3:06.95 (38.49)	3:45.69 (38.74)	4:24.56 (38.87)	5:03.99 (39.43)	
	5:42.98 (38.99)	6:22.66 (39.68)	7:01.90 (39.24)	7:41.62 (39.72)	
	8:20.96 (39.34)	9:00.49 (39.53)	9:39.73 (39.24)	10:19.69 (39.96)	
	10:58.70 (39.01)	11:38.02 (39.32)	12:17.07 (39.05)	12:56.66 (39.59)	
	13:35.91 (39.25)	14:15.39 (39.48)	14:54.99 (39.60)	15:34.28 (39.29)	
	16:14.65 (40.37)	16:54.27 (39.62)	17:34.02 (39.75)	18:13.71 (39.69)	
	18:53.81 (40.10)	19:33.86 (40.05)	20:13.48 (39.62)	20:53.40 (39.92)	21:29.81 (36.41)
2	Bailie, Bridget	39	YMCA Indy Swimfit	23:00.00	22:28.09
	35.30	1:14.09 (38.79)	1:53.67 (39.58)	2:33.57 (39.90)	
	3:14.02 (40.45)	3:54.54 (40.52)	4:35.09 (40.55)	5:15.79 (40.70)	
	5:56.37 (40.58)	6:36.98 (40.61)	7:18.25 (41.27)	7:59.27 (41.02)	
	8:40.65 (41.38)	9:21.88 (41.23)	10:02.85 (40.97)	10:44.06 (41.21)	
	11:25.39 (41.33)	12:06.48 (41.09)	12:47.48 (41.00)	13:28.96 (41.48)	
	14:10.10 (41.14)	14:51.63 (41.53)	15:33.04 (41.41)	16:14.95 (41.91)	
	16:56.46 (41.51)	17:38.07 (41.61)	18:19.74 (41.67)	19:01.67 (41.93)	
	19:43.07 (41.40)	20:24.69 (41.62)	21:06.10 (41.41)	21:47.71 (41.61)	22:28.09 (40.38)
3	Bradshaw, Kathy T	36	West Side YMCA New York	28:00.00	22:29.64
	35.48	1:14.96 (39.48)	1:56.35 (41.39)	2:37.65 (41.30)	
	3:18.95 (41.30)	4:00.34 (41.39)	4:42.02 (41.68)	5:23.52 (41.50)	
	6:04.93 (41.41)	6:46.71 (41.78)	7:27.99 (41.28)	8:09.97 (41.98)	
	8:51.66 (41.69)	9:33.64 (41.98)	10:16.00 (42.36)	10:58.55 (42.55)	
	11:40.05 (41.50)	12:21.18 (41.13)	13:02.56 (41.38)	13:44.01 (41.45)	
	14:25.55 (41.54)	15:06.95 (41.40)	15:48.03 (41.08)	16:29.62 (41.59)	
	17:10.83 (41.21)	17:51.87 (41.04)	18:32.21 (40.34)	19:12.84 (40.63)	
	19:53.33 (40.49)	20:33.38 (40.05)	21:12.93 (39.55)	21:52.39 (39.46)	22:29.64 (37.25)
4	Latell, Andrea T	35	Northern Neck Family	27:16.00	25:48.33
	39.02	1:22.89 (43.87)	2:08.37 (45.48)	2:54.25 (45.88)	
	3:40.23 (45.98)	4:27.11 (46.88)	5:14.24 (47.13)	6:01.06 (46.82)	
	6:48.18 (47.12)	7:35.33 (47.15)	8:23.37 (48.04)	9:10.87 (47.50)	
	9:58.49 (47.62)	10:45.96 (47.47)	11:33.41 (47.45)	12:20.59 (47.18)	
	13:07.57 (46.98)	13:54.76 (47.19)	14:42.30 (47.54)	15:30.76 (48.46)	
	16:18.30 (47.54)	17:05.69 (47.39)	17:53.69 (48.00)	18:41.33 (47.64)	
	19:28.72 (47.39)	20:15.59 (46.87)	21:03.26 (47.67)	21:50.87 (47.61)	
	22:39.11 (48.24)	23:26.66 (47.55)	24:14.74 (48.08)	25:02.21 (47.47)	25:48.33 (46.12)

Women 35-39 50 Yard Backstroke

NAT YMCA: 28.43 * 2000		Andrea Luallen		Ocean Co, NJ	
USMS: 26.94 ! 4/14/2007		Sheri Hart			
1	Kellachan, Jeanne C	37	Rye YMCA	29.50	28.72
2	Stewart, Ann K	38	Broward County YMCA Masters	32.86	31.46
3	Fox, Michele K	39	Andover North Andover	32.96	32.53
4	Ellis, Susan E	38	Wilton Family YMCA	32.50	32.90

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 35-39 50 Yard Backstroke)**

5	McCrary, Christine	36	YMCA of Central Texas	33.29	32.95
6	Joggerst, Elaine C	37	Broward County YMCA Masters	45.00	35.26
7	Gnerre, Beverly	38	Sarasota Family	41.32	41.28
8	Volz, Kristin	35	YMCA of Central Texas	44.77	48.07
---	Orringer, Debra	37	South Hills YMCA	42.63	NS

Women 35-39 100 Yard Backstroke

NAT YMCA: 1:00.13 * 2001		Andrea Luallen		Ridgewood, NJ	
USMS: 56.81 ! 12/20/1998		K Pipes-Neilsen			
1	Kellachan, Jeanne C	37	Rye YMCA	1:04.00	1:01.38
	29.52		1:01.38 (31.86)		
2	Holmes, Jessica A	38	Wilton Family YMCA	1:06.00	1:03.35
	31.77		1:03.35 (31.58)		
3	Visser, Linda	38	Downtown Orlando	1:06.00	1:04.39
	31.62		1:04.39 (32.77)		
4	Varlas-Clapperton, Melissa D	36	Sarasota Family	1:04.60	1:08.29
	32.89		1:08.29 (35.40)		
5	Stewart, Ann K	38	Broward County YMCA Masters	1:13.61	1:09.73
	33.57		1:09.73 (36.16)		
6	Fox, Michele K	39	Andover North Andover	1:10.69	1:09.96
	34.47		1:09.96 (35.49)		
7	Gnerre, Beverly	38	Sarasota Family	1:27.06	1:26.08
	41.92		1:26.08 (44.16)		

Women 35-39 200 Yard Backstroke

NAT YMCA: 2:11.12 * 2001		Andrea Luallen		Ridgewood, NJ	
USMS: 2:00.54 ! 3/14/1998		K Pipes-Neilsen			
1	Holmes, Jessica A	38	Wilton Family YMCA	2:22.00	2:16.33
	32.22		1:06.53 (34.31)	1:41.59 (35.06)	2:16.33 (34.74)
2	Visser, Linda	38	Downtown Orlando	2:22.00	2:19.78
	33.01		1:08.04 (35.03)	1:44.05 (36.01)	2:19.78 (35.73)
3	Fox, Michele K	39	Andover North Andover	2:32.80	2:28.63
	35.73		1:14.00 (38.27)	1:51.75 (37.75)	2:28.63 (36.88)
4	Stewart, Ann K	38	Broward County YMCA Masters	2:38.48	2:36.55
	35.14		1:12.41 (37.27)	1:54.38 (41.97)	2:36.55 (42.17)
5	Joggerst, Elaine C	37	Broward County YMCA Masters	2:40.00	2:41.80
	37.82		1:18.28 (40.46)	2:00.56 (42.28)	2:41.80 (41.24)
6	Gnerre, Beverly	38	Sarasota Family	3:09.39	3:03.79
	44.76		1:30.93 (46.17)	2:18.03 (47.10)	3:03.79 (45.76)
---	Varlas-Clapperton, Melissa D	36	Sarasota Family	2:22.30	NS

Women 35-39 50 Yard Breaststroke Time Trial

NAT YMCA: 31.13 *
USMS: 29.94 ! 5/22/2005 S Von Der Lippe

- Time Trial

1	Day, Nadine K	38	Danville Family	NT	33.00
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Women 35-39 50 Yard Breaststroke

NAT YMCA: 31.13 * 1989		Leslie Osborne		Plymouth, MI	
USMS: 29.94 ! 5/22/2005		S Von Der Lippe			
1	Legaspi, Kelly A	37	Broward County YMCA Masters	32.10	31.92
2	Fisher, Heather T	35	Baierl Family	35.35	33.99
3	Bailie, Bridget	39	YMCA Indy Swimfit	36.16	37.86

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 35-39 50 Yard Breaststroke)**

4	Farnan, Katherine	37	Baierl Family	40.00	42.77
5	Gnerre, Beverly	38	Sarasota Family	46.56	45.22
---	Orringer, Debra	37	South Hills YMCA	45.38	NS
---	Kellachan, Jeanne C	37	Rye YMCA	35.40	NS
---	Frank, Stefanie L	38	YMCA of Central Texas	56.77	NS

Women 35-39 100 Yard Breaststroke

NAT YMCA: 1:07.93 * 1989		Leslie Osborne		Plymouth, MI	
USMS: 1:04.25 ! 4/25/2004		S Von Der Lippe			
1	Legaspi, Kelly A	37	Broward County YMCA Masters	1:12.00	1:08.95
	32.68		1:08.95 (36.27)		
2	Day, Nadine K	38	Danville Family	1:20.00	1:10.87
	33.00		1:10.87 (37.87)		
3	Visser, Linda	38	Downtown Orlando	1:13.00	1:11.77
	34.25		1:11.77 (37.52)		
4	Fisher, Heather T	35	Baierl Family	1:17.30	1:14.63
	35.18		1:14.63 (39.45)		
5	Bailie, Bridget	39	YMCA Indy Swimfit	1:20.51	1:21.95
	39.31		1:21.95 (42.64)		
6	Joggerst, Elaine C	37	Broward County YMCA Masters	1:24.00	1:27.30
	41.48		1:27.30 (45.82)		
7	Volz, Kristin	35	YMCA of Central Texas	1:30.77	1:39.16
	46.50		1:39.16 (52.66)		
---	Farnan, Katherine	37	Baierl Family	1:22.00	DQ
	Downward butterfly kick				

Women 35-39 200 Yard Breaststroke

NAT YMCA: 2:25.01 * 5/20/2006		Nadine Day		Danville-	
USMS: 2:19.66 ! 1/27/2002		Caroline Krattli			
1	Legaspi, Kelly A	37	Broward County YMCA Masters	2:40.00	2:29.65
	33.45		1:10.71 (37.26)	1:49.81 (39.10)	2:29.65 (39.84)
2	Day, Nadine K	38	Danville Family	2:44.00	2:33.79
	35.53		1:13.89 (38.36)	1:53.30 (39.41)	2:33.79 (40.49)
3	Visser, Linda	38	Downtown Orlando	2:36.00	2:33.90
	35.45		1:14.25 (38.80)	1:54.70 (40.45)	2:33.90 (39.20)
4	Fisher, Heather T	35	Baierl Family	2:46.50	2:47.09
	36.59		1:20.06 (43.47)	2:03.08 (43.02)	2:47.09 (44.01)
5	Bailie, Bridget	39	YMCA Indy Swimfit	2:55.13	2:59.47
	39.79		1:25.09 (45.30)	2:12.49 (47.40)	2:59.47 (46.98)
6	Latell, Andrea T	35	Northern Neck Family	3:34.23	3:18.67
	44.14		1:34.81 (50.67)	2:27.80 (52.99)	3:18.67 (50.87)

Women 35-39 50 Yard Butterfly

NAT YMCA: 26.91 * 5/16/2008		Janel S Jorgensen		Wilton Family CT	
USMS: 25.54 ! 5/18/2003		S Von Der Lippe			
1	Visser, Linda	38	Downtown Orlando	29.00	28.45
2	Fisher, Heather T	35	Baierl Family	30.10	28.59
3	Holmes, Jessica A	38	Wilton Family YMCA	31.00	28.63
4	McCrary, Christine	36	YMCA of Central Texas	28.00	28.93
5	Kellachan, Jeanne C	37	Rye YMCA	31.00	29.41
6	Ellis, Susan E	38	Wilton Family YMCA	32.50	30.60
7	Marvin, Linda	35	YMCA Indy Swimfit	33.56	32.42

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 35-39 50 Yard Butterfly)

8	Bradshaw, Kathy T	36	West Side YMCA New York	33.20	32.98
9	Farnan, Katherine	37	Baierl Family	34.00	34.68
10	Gnerre, Beverly	38	Sarasota Family	39.32	42.94
---	Orringer, Debra	37	South Hills YMCA	39.94	NS

Women 35-39 100 Yard Butterfly

NAT YMCA: 58.64 * 1988		Susan Halfacre		Cleveland WS, OH	
USMS: 55.78 ! 5/18/2003		S Von Der Lippe			
1	Day, Nadine K	38	Danville Family	1:07.00	1:00.93
	28.81		1:00.93 (32.12)		
2	Holmes, Jessica A	38	Wilton Family YMCA	1:07.00	1:02.86
	29.41		1:02.86 (33.45)		
3	Kellachan, Jeanne C	37	Rye YMCA	1:05.00	1:04.25
	29.50		1:04.25 (34.75)		
4	Fisher, Heather T	35	Baierl Family	1:08.00	1:05.02
	30.30		1:05.02 (34.72)		
5	Latell, Andrea T	35	Northern Neck Family	1:30.48	1:22.59
	36.80		1:22.59 (45.79)		
6	Farnan, Katherine	37	Baierl Family	1:29.00	1:36.43
	37.22		1:36.43 (59.21)		
---	Marvin, Linda	35	YMCA Indy Swimfit	1:18.26	NS

Women 35-39 200 Yard Butterfly

NAT YMCA: 2:09.04 * 5/19/2006		Nadine Day		Danville-	
USMS: 2:03.48 ! 5/22/2005		S Von Der Lippe			
1	Day, Nadine K	38	Danville Family	3:00.00	2:22.66
	30.71		1:04.63 (33.92)	1:43.07 (38.44)	2:22.66 (39.59)
2	Bradshaw, Kathy T	36	West Side YMCA New York	2:56.00	2:50.24
	35.43		1:18.10 (42.67)	2:04.04 (45.94)	2:50.24 (46.20)
3	Marvin, Linda	35	YMCA Indy Swimfit	2:59.92	3:09.13
	36.70		1:19.91 (43.21)	2:13.19 (53.28)	3:09.13 (55.94)
4	Latell, Andrea T	35	Northern Neck Family	3:21.50	3:12.42
	39.24		1:27.54 (48.30)	2:19.18 (51.64)	3:12.42 (53.24)

Women 35-39 100 Yard IM

NAT YMCA: 59.93 * 5/20/2006		Nadine Day		Danville-	
USMS: 58.31 ! 4/25/2004		S Von Der Lippe			
1	Day, Nadine K	38	Danville Family	1:15.00	1:02.98
	29.60		1:02.98 (33.38)		
2	Holmes, Jessica A	38	Wilton Family YMCA	1:05.00	1:03.33
	29.20		1:03.33 (34.13)		
3	Visser, Linda	38	Downtown Orlando	1:04.50	1:04.29
	30.13		1:04.29 (34.16)		
4	Kellachan, Jeanne C	37	Rye YMCA	1:04.50	1:04.37
	28.66		1:04.37 (35.71)		
5	Fisher, Heather T	35	Baierl Family	1:09.40	1:07.02
	32.02		1:07.02 (35.00)		
6	Stewart, Ann K	38	Broward County YMCA Masters	1:11.99	1:10.33
	31.65		1:10.33 (38.68)		
7	Ellis, Susan E	38	Wilton Family YMCA	1:10.50	1:10.58
	32.64		1:10.58 (37.94)		
8	McCrary, Christine	36	YMCA of Central Texas	1:10.63	1:10.70
	32.18		1:10.70 (38.52)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 35-39 100 Yard IM)**

9	Joggerst, Elaine C	37	Broward County YMCA Masters	1:15.00	1:14.87
	35.69			1:14.87 (39.18)	
10	Bradshaw, Kathy T	36	West Side YMCA New York	1:18.00	1:16.71
	36.68			1:16.71 (40.03)	
11	Farnan, Katherine	37	Baierl Family	1:19.00	1:19.45
	36.55			1:19.45 (42.90)	
12	Bailie, Bridget	39	YMCA Indy Swimfit	1:19.40	1:20.44
	41.32			1:20.44 (39.12)	
13	Sands, Brenna	35	Tampa Metro Masters	1:31.00	1:25.51
	41.25			1:25.51 (44.26)	
14	Gnerre, Beverly	38	Sarasota Family	1:23.06	1:26.61
	40.66			1:26.61 (45.95)	
---	Orringer, Debra	37	South Hills YMCA	1:27.04	NS
---	Legaspi, Kelly A	37	Broward County YMCA Masters	1:05.00	NS

Women 35-39 200 Yard IM

NAT YMCA: 2:11.30 *		5/21/2006 Nadine Day		Danville, IL	
USMS: 2:05.24 !		3/14/1998 K Pipes-Neilsen			
1	Day, Nadine K	38	Danville Family	2:21.00	2:16.22
	28.50			1:04.22 (35.72)	1:43.43 (39.21)
				2:16.22 (32.79)	
2	Holmes, Jessica A	38	Wilton Family YMCA	2:25.00	2:19.05
	29.39			1:03.78 (34.39)	1:45.44 (41.66)
				2:19.05 (33.61)	
3	Latell, Andrea T	35	Northern Neck Family	3:16.38	3:01.25
	36.41			1:28.67 (52.26)	2:20.46 (51.79)
				3:01.25 (40.79)	
4	Gnerre, Beverly	38	Sarasota Family	3:02.09	3:05.42
	41.67			1:29.74 (48.07)	2:24.42 (54.68)
				3:05.42 (41.00)	
---	Ellis, Susan E	38	Wilton Family YMCA	2:36.50	DQ
Arms two strokes underwater - breast					

Women 35-39 400 Yard IM

NAT YMCA: 4:44.32 *		5/19/2006 Nadine Day		Danville-	
USMS: 4:24.18 !		3/14/1998 K Pipes-Neilsen			
1	Day, Nadine K	38	Danville Family	5:04.00	4:51.19
	29.94			1:03.67 (33.73)	1:42.66 (38.99)
				2:20.46 (37.80)	
	3:01.90 (41.44)			3:43.49 (41.59)	4:18.62 (35.13)
				4:51.19 (32.57)	
2	Varlas-Clapperton, Melissa D	36	Sarasota Family	5:02.23	5:02.52
	30.66			1:05.50 (34.84)	1:44.02 (38.52)
				2:21.99 (37.97)	
	3:07.93 (45.94)			3:54.27 (46.34)	4:28.79 (34.52)
				5:02.52 (33.73)	
3	Fisher, Heather T	35	Baierl Family	5:22.00	5:11.27
	32.07			1:11.20 (39.13)	1:52.10 (40.90)
				2:32.88 (40.78)	
	3:16.19 (43.31)			4:00.36 (44.17)	4:36.63 (36.27)
				5:11.27 (34.64)	
4	Latell, Andrea T	35	Northern Neck Family	6:58.19	6:39.80
	40.65			1:29.91 (49.26)	2:25.53 (55.62)
				3:22.66 (57.13)	
	4:17.16 (54.50)			5:13.29 (56.13)	5:56.79 (43.50)
				6:39.80 (43.01)	

Women 40-44 50 Yard Freestyle Time Trial

NAT YMCA: 24.54 *
USMS: 21.91 ! 4/15/2007 Dara Torres

- Time Trial

1	Buxton, Sylvia C	43	Sarasota Family	NT	26.43
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YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 40-44 50 Yard Freestyle**

NAT YMCA: 24.54 * 2003		Ruth Battle		Western, NC	
USMS: 21.91 ! 4/15/2007		Dara Torres			
1	Willis, Jennifer T	40	Broward County YMCA Masters	24.19	24.13 *
2	Gary, Kristin J	41	Wilton Family YMCA	25.00	24.90
3	Wager, Susan A	43	Wilton Family YMCA	25.55	25.18
4	Lang, Jacque J	42	Wilton Family YMCA	25.75	25.48
5	Hatfield, Angela	41	YMCA of Central Texas	26.50	25.95
6	Dissington, Laura J	44	Sarasota Family	25.21	26.45
7	Moore, Paige	42	Broward County YMCA Masters	26.85	26.71
8	Rian, Victoria	42	YMCA Indy Swimfit	28.63	27.26
9	Freeman, Brenda K	44	South Hills YMCA	28.50	27.46
10	Hulett, Jennifer A	40	YMCA of Central Texas	28.88	27.74
11	Houchens, Kris	41	YMCA Indy Swimfit	28.00	27.83
12	Johnson, Jill D	43	Broward County YMCA Masters	28.40	27.87
13	Ide, Carol	42	South Hills YMCA	27.30	27.89
14	Misgalski, Heike	44	Sarasota Family	28.50	28.38
15	Voet, Laura	41	YMCA of Central Texas	29.40	28.66
16	Marchetti, Susan M	44	Mid-Delmarva YMCA	29.00	28.82
17	Booth, Susan	40	YMCA Indy Swimfit	30.12	29.44
18	Overly, Lori L	43	Sarasota Family	31.00	29.64
19	Blankenship, Gerogia S	43	Sarasota Family	34.00	30.93
20	Heckendorf, Lori J	41	Danville Family	31.94	31.38
21	Baker, Susan M	41	Hinesville (Coastal Georgia	35.16	32.78
22	Burton, Laura	40	YMCA Indy Swimfit	34.00	34.13
23	Lent, Mary M	44	Central Florida	39.00	36.07
24	DeBord, Tina R	43	YMCA of Central Texas	40.14	38.69
25	Kinney, Cheryl	43	Mid-Delmarva YMCA	46.20	48.40
---	Baugh, Inge K	41	YMCA of Central Texas	29.02	NS

Women 40-44 100 Yard Freestyle

NAT YMCA: 51.51 * 4/23/2005		Liz Dillman		NAY-	
USMS: 48.34 ! 4/15/2007		Dara Torres			
1	Willis, Jennifer T	40	Broward County YMCA Masters	52.94	52.34
	25.71		52.34 (26.63)		
2	Gary, Kristin J	41	Wilton Family YMCA	54.00	53.85
	25.74		53.85 (28.11)		
3	Wager, Susan A	43	Wilton Family YMCA	55.60	54.53
	26.34		54.53 (28.19)		
4	Lang, Jacque J	42	Wilton Family YMCA	56.30	55.53
	26.77		55.53 (28.76)		
5	Buxton, Sylvia C	43	Sarasota Family	57.00	57.84
	27.45		57.84 (30.39)		
6	Moore, Paige	42	Broward County YMCA Masters	58.42	58.32
	27.69		58.32 (30.63)		
7	Rian, Victoria	42	YMCA Indy Swimfit	59.82	59.19
	28.67		59.19 (30.52)		
8	Houchens, Kris	41	YMCA Indy Swimfit	1:01.50	1:00.38
	29.11		1:00.38 (31.27)		
9	Freeman, Brenda K	44	South Hills YMCA	1:05.00	1:01.05
	29.32		1:01.05 (31.73)		
10	Johnson, Jill D	43	Broward County YMCA Masters	1:01.50	1:01.51
	28.99		1:01.51 (32.52)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 40-44 100 Yard Freestyle)**

11	Ide, Carol	42	South Hills YMCA	1:00.50	1:02.30
	29.20		1:02.30 (33.10)		
12	MacDonald, Deborah S	40	Plymouth Community Family	1:09.13	1:02.94
	29.85		1:02.94 (33.09)		
13	Voet, Laura	41	YMCA of Central Texas	1:05.20	1:04.14
	30.18		1:04.14 (33.96)		
14	Booth, Susan	40	YMCA Indy Swimfit	1:08.00	1:04.98
	30.83		1:04.98 (34.15)		
15	Overly, Lori L	43	Sarasota Family	1:08.00	1:07.27
	31.66		1:07.27 (35.61)		
16	Voke, Laurie A	42	Andover North Andover	1:08.86	1:07.31
	32.09		1:07.31 (35.22)		
17	Blankenship, Gerogia S	43	Sarasota Family	1:15.00	1:09.24
	32.64		1:09.24 (36.60)		
18	Burton, Laura	40	YMCA Indy Swimfit	1:30.00	1:19.44
	35.63		1:19.44 (43.81)		
19	Baker, Susan M	41	Hinesville (Coastal Georgia	1:20.00	1:20.94
	34.91		1:20.94 (46.03)		
20	Kinney, Cheryl	43	Mid-Delmarva YMCA	1:55.30	1:59.81
	53.71		1:59.81 (1:06.10)		
---	Lent, Mary M	44	Central Florida	1:31.00	NS
---	DeBord, Tina R	43	YMCA of Central Texas	1:37.91	NS

Women 40-44 200 Yard Freestyle

NAT YMCA: 1:52.34 * 4/22/2005 Liz Dillman				NAY-	
USMS: 1:51.06 ! 12/22/2002 K Pipes-Neilsen					
1	Lang, Jacque J	42	Wilton Family YMCA	2:02.45	2:01.38
	28.49		58.66 (30.17) 1:29.07 (30.41)	2:01.38 (32.31)	
2	Wager, Susan A	43	Wilton Family YMCA	2:04.00	2:03.28
	28.82		1:00.02 (31.20) 1:31.40 (31.38)	2:03.28 (31.88)	
3	Rian, Victoria	42	YMCA Indy Swimfit	2:07.63	2:05.76
	29.88		1:02.44 (32.56) 1:34.61 (32.17)	2:05.76 (31.15)	
4	Ramnath, Fernette P	43	Sarasota Family	2:18.40	2:09.88
	30.54		1:03.54 (33.00) 1:37.12 (33.58)	2:09.88 (32.76)	
5	Moore, Paige	42	Broward County YMCA Masters	2:11.51	2:10.32
	29.48		1:02.26 (32.78) 1:36.14 (33.88)	2:10.32 (34.18)	
6	Johnson, Jill D	43	Broward County YMCA Masters	2:14.00	2:13.96
	30.44		1:03.86 (33.42) 1:38.64 (34.78)	2:13.96 (35.32)	
7	Ascione, Lynn	41	Wyckoff FamilyY	2:35.00	2:16.40
	31.51		1:05.80 (34.29) 1:41.50 (35.70)	2:16.40 (34.90)	
8	Repassey, Lisa N	42	Sarasota Family	2:22.56	2:19.67
	32.23		1:07.58 (35.35) 1:44.20 (36.62)	2:19.67 (35.47)	
9	Ide, Carol	42	South Hills YMCA	2:15.00	2:20.88
	32.36		1:07.96 (35.60) 1:45.16 (37.20)	2:20.88 (35.72)	
10	Hulett, Jennifer A	40	YMCA of Central Texas	2:30.00	2:23.79
	31.86		1:07.79 (35.93) 1:46.19 (38.40)	2:23.79 (37.60)	
11	Ness, Karen	41	Tampa Metro Masters	2:49.15	2:51.60
	38.55		1:22.39 (43.84) 2:07.12 (44.73)	2:51.60 (44.48)	
12	Lent, Mary M	44	Central Florida	3:20.00	3:02.63
	40.56		1:27.40 (46.84) 2:16.41 (49.01)	3:02.63 (46.22)	
13	DeBord, Tina R	43	YMCA of Central Texas	3:41.38	3:23.74
	44.17		2:30.43 (1:46.26) 3:24.68 (54.25)	3:23.74 ()	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 40-44 200 Yard Freestyle)

14	Kinney, Cheryl	43	Mid-Delmarva YMCA	4:20.00	4:19.41
	57.47 2:06.58 (1:09.11)		3:17.30 (1:10.72)	4:19.41 (1:02.11)	
---	Burton, Laura	40	YMCA Indy Swimfit	3:30.00	NS

Women 40-44 500 Yard Freestyle

NAT YMCA: 5:15.81 * 5/17/2008			Charlotte Peterson		Sarasota FL-FL
USMS: 4:58.98 ! 10/5/2002			K Pipes-Neilsen		
1	Rian, Victoria	42	YMCA Indy Swimfit	5:40.98	5:35.26
	30.53 1:04.42 (33.89)		1:38.50 (34.08)	2:12.90 (34.40)	
	2:46.98 (34.08)		3:20.89 (33.91)	3:54.93 (34.04)	4:28.91 (33.98)
	5:02.87 (33.96)		5:35.26 (32.39)		
2	Spaun, Karen M	44	Sarasota Family	6:10.00	5:40.78
	31.83 1:06.25 (34.42)		1:41.14 (34.89)	2:15.95 (34.81)	
	2:50.83 (34.88)		3:25.56 (34.73)	4:00.02 (34.46)	4:34.49 (34.47)
	5:08.16 (33.67)		5:40.78 (32.62)		
3	Ramnath, Fernette P	43	Sarasota Family	6:12.40	5:48.38
	32.58 1:07.24 (34.66)		1:42.41 (35.17)	2:17.52 (35.11)	
	2:52.59 (35.07)		3:27.48 (34.89)	4:02.37 (34.89)	4:38.05 (35.68)
	5:13.70 (35.65)		5:48.38 (34.68)		
4	Johnson, Jill D	43	Broward County YMCA Masters	5:52.00	5:56.69
	30.81 1:05.33 (34.52)		1:40.87 (35.54)	2:16.62 (35.75)	
	2:52.83 (36.21)		3:29.33 (36.50)	4:05.97 (36.64)	4:42.76 (36.79)
	5:20.04 (37.28)		5:56.69 (36.65)		
5	Ascione, Lynn	41	Wyckoff FamilyY	6:13.00	6:08.53
	31.93 1:07.10 (35.17)		1:43.59 (36.49)	2:21.98 (38.39)	
	3:00.82 (38.84)		3:39.09 (38.27)	4:16.94 (37.85)	4:54.97 (38.03)
	5:32.60 (37.63)		6:08.53 (35.93)		
6	Overly, Lori L	43	Sarasota Family	6:30.00	6:20.95
	33.39 1:10.78 (37.39)		1:48.93 (38.15)	2:27.51 (38.58)	
	3:06.55 (39.04)		3:45.48 (38.93)	4:24.32 (38.84)	5:03.53 (39.21)
	5:42.69 (39.16)		6:20.95 (38.26)		
7	Paiva, Maria T	43	YMCA of Central Texas	6:32.33	6:26.74
	33.60 1:09.74 (36.14)		1:48.23 (38.49)	2:27.99 (39.76)	
	3:07.60 (39.61)		3:46.96 (39.36)	4:26.89 (39.93)	5:07.42 (40.53)
	5:47.91 (40.49)		6:26.74 (38.83)		
8	Ide, Carol	42	South Hills YMCA	6:12.00	6:28.03
	33.34 1:09.98 (36.64)		1:48.22 (38.24)	2:27.30 (39.08)	
	3:06.35 (39.05)		3:47.14 (40.79)	4:27.41 (40.27)	5:08.08 (40.67)
	5:49.19 (41.11)		6:28.03 (38.84)		
9	Booth, Susan	40	YMCA Indy Swimfit	7:10.00	6:53.84
	35.54 1:15.40 (39.86)		1:57.53 (42.13)	2:40.36 (42.83)	
	3:22.93 (42.57)		4:48.36 (1:25.43)	5:31.48 ()	
	6:13.79 (42.31)		6:53.84 (40.05)		
10	Bowman, Rachel H	43	Sarasota Family	6:30.00	7:21.09
	40.10 1:22.34 (42.24)		2:06.82 (44.48)	2:51.47 (44.65)	
	3:36.52 (45.05)		4:21.58 (45.06)	5:06.73 (45.15)	5:52.11 (45.38)
	6:37.21 (45.10)		7:21.09 (43.88)		
11	Ness, Karen	41	Tampa Metro Masters	7:12.29	7:25.82
	38.89 1:22.68 (43.79)		2:08.40 (45.72)	2:53.73 (45.33)	
	3:39.25 (45.52)		4:25.05 (45.80)	5:11.30 (46.25)	5:57.16 (45.86)
	6:42.68 (45.52)		7:25.82 (43.14)		
---	Guglielmi, Ann Marie	40	Sarasota Family	6:15.01	NS
---	DeBord, Tina R	43	YMCA of Central Texas	8:30.77	NS

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NAT YMCA: 10:44.55		* 4/21/2005 Liz Dillman		NAY-	
USMS: 10:20.45		! 12/21/2003 K Pipes-Neilsen			
1	Spaun, Karen M	44	Sarasota Family	12:30.00	11:36.52
	32.07	1:06.53 (34.46)	1:41.37 (34.84)	2:16.37 (35.00)	
	2:51.74 (35.37)	3:27.44 (35.70)	4:02.96 (35.52)	4:38.46 (35.50)	
	5:13.90 (35.44)	5:49.41 (35.51)	6:24.66 (35.25)	6:59.94 (35.28)	
	7:35.14 (35.20)	8:10.57 (35.43)	8:45.99 (35.42)	9:20.96 (34.97)	
	9:55.81 (34.85)	10:30.60 (34.79)	11:04.29 (33.69)	11:36.52 (32.23)	
2	Ramnath, Fernette P	43	Sarasota Family	13:19.50	11:50.01
	32.82	1:07.60 (34.78)	1:42.76 (35.16)	2:18.07 (35.31)	
	2:53.59 (35.52)	3:29.16 (35.57)	4:04.59 (35.43)	4:40.28 (35.69)	
	5:16.39 (36.11)	5:52.57 (36.18)	6:28.64 (36.07)	7:04.67 (36.03)	
	7:40.42 (35.75)	8:16.58 (36.16)	8:52.62 (36.04)	9:28.47 (35.85)	
	10:04.26 (35.79)	10:40.18 (35.92)	11:16.37 (36.19)	11:50.01 (33.64)	
3	Johnson, Jill D	43	Broward County YMCA Masters	12:00.00	11:59.43
	31.92	1:07.07 (35.15)	1:43.05 (35.98)	2:19.43 (36.38)	
	2:55.55 (36.12)	3:31.79 (36.24)	4:08.21 (36.42)	4:44.16 (35.95)	
	5:20.23 (36.07)	5:56.35 (36.12)	6:32.56 (36.21)	7:08.56 (36.00)	
	7:44.82 (36.26)	8:21.16 (36.34)	8:57.57 (36.41)	9:34.28 (36.71)	
	10:10.92 (36.64)	10:47.62 (36.70)	11:24.30 (36.68)	11:59.43 (35.13)	
4	Voke, Laurie A	42	Andover North Andover	12:36.86	12:55.56
	34.43	1:11.61 (37.18)	1:50.20 (38.59)	2:29.23 (39.03)	
	3:07.63 (38.40)	3:46.31 (38.68)	4:25.79 (39.48)	5:05.28 (39.49)	
	5:44.88 (39.60)	6:24.72 (39.84)	7:04.57 (39.85)	7:44.34 (39.77)	
	8:24.12 (39.78)	9:03.66 (39.54)	9:42.73 (39.07)	10:22.38 (39.65)	
	11:01.53 (39.15)	11:39.92 (38.39)	12:18.23 (38.31)	12:55.56 (37.33)	
5	Blankenship, Gerogia S	43	Sarasota Family	15:00.00	14:58.01
	40.23	1:24.68 (44.45)	2:12.32 (47.64)	2:57.84 (45.52)	
	3:43.58 (45.74)	4:29.21 (45.63)	5:14.43 (45.22)	6:00.68 (46.25)	
	6:46.83 (46.15)	7:32.31 (45.48)	8:18.18 (45.87)	9:04.62 (46.44)	
	9:50.44 (45.82)	10:38.19 (47.75)	11:22.89 (44.70)	12:07.22 (44.33)	
	12:51.75 (44.53)	13:35.68 (43.93)	14:19.03 (43.35)	14:58.01 (38.98)	
---	Howle, Stacey E	42	Sarasota Family	12:45.00	NS

Women 40-44 1650 Yard Freestyle

NAT YMCA: 18:20.05		* 5/15/2008 Charlotte Peterson		Sarasota FL-FL	
USMS: 17:15.20		! 12/7/2002 K Pipes-Neilsen			
1	Spaun, Karen M	44	Sarasota Family	22:00.00	19:17.61
	31.93	1:06.60 (34.67)	1:41.76 (35.16)	2:17.48 (35.72)	
	2:52.73 (35.25)	3:27.93 (35.20)	4:03.79 (35.86)	4:39.25 (35.46)	
	5:14.24 (34.99)	5:49.76 (35.52)	6:24.79 (35.03)	7:00.02 (35.23)	
	7:35.61 (35.59)	8:10.91 (35.30)	8:46.43 (35.52)	9:21.90 (35.47)	
	9:57.13 (35.23)	10:32.53 (35.40)	11:07.38 (34.85)	11:42.63 (35.25)	
	12:17.73 (35.10)	12:53.09 (35.36)	13:28.20 (35.11)	14:03.22 (35.02)	
	14:38.23 (35.01)	15:13.37 (35.14)	15:48.29 (34.92)	16:23.21 (34.92)	
	16:57.92 (34.71)	17:32.77 (34.85)	18:08.07 (35.30)	18:43.88 (35.81)	19:17.61 (33.73)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 40-44 1650 Yard Freestyle)

2	Ramnath, Fernette P	43	Sarasota Family	22:07.50	20:01.32
	33.12	1:08.57 (35.45)	1:44.46 (35.89)	2:20.48 (36.02)	
	2:56.59 (36.11)	3:32.92 (36.33)	4:09.26 (36.34)	4:45.30 (36.04)	
	5:21.45 (36.15)	5:57.90 (36.45)	6:34.17 (36.27)	7:10.41 (36.24)	
	7:46.93 (36.52)	8:23.31 (36.38)	8:59.68 (36.37)	9:36.34 (36.66)	
	10:13.00 (36.66)	10:49.57 (36.57)	11:26.11 (36.54)	12:02.71 (36.60)	
	12:39.54 (36.83)	13:16.16 (36.62)	13:53.02 (36.86)	14:29.97 (36.95)	
	15:06.87 (36.90)	15:43.95 (37.08)	16:21.15 (37.20)	16:58.25 (37.10)	
	17:34.88 (36.63)	18:11.93 (37.05)	18:49.25 (37.32)	19:26.24 (36.99)	20:01.32 (35.08)
3	Bowman, Rachel H	43	Sarasota Family	23:00.00	24:50.98
	41.86	1:24.98 (43.12)	2:10.26 (45.28)	2:55.97 (45.71)	
	3:42.02 (46.05)	4:28.21 (46.19)	5:14.34 (46.13)	6:00.70 (46.36)	
	6:47.04 (46.34)	7:32.54 (45.50)	8:18.14 (45.60)	9:03.56 (45.42)	
	9:48.76 (45.20)	10:34.33 (45.57)	11:22.07 (47.74)	12:07.73 (45.66)	
	12:52.83 (45.10)	13:37.91 (45.08)	14:23.20 (45.29)	15:08.29 (45.09)	
	15:52.65 (44.36)	16:36.99 (44.34)	17:21.98 (44.99)	18:06.84 (44.86)	
	18:51.79 (44.95)	19:36.42 (44.63)	20:22.01 (45.59)	21:07.15 (45.14)	
	21:52.20 (45.05)	22:37.38 (45.18)	23:22.52 (45.14)	24:07.38 (44.86)	24:50.98 (43.60)
---	Ide, Carol	42	South Hills YMCA	21:30.00	NS
---	Howle, Stacey E	42	Sarasota Family	21:30.00	NS

Women 40-44 50 Yard Backstroke Time Trial

NAT YMCA: 29.11 *

USMS: 27.12 ! 5/4/2008 Valerie Jenkins

- Time Trial

1	Gary, Kristin J	41	Wilton Family YMCA	NT	28.14 *
2	Ramnath, Fernette P	43	Sarasota Family	NT	32.21
3	Hulett, Jennifer A	40	YMCA of Central Texas	NT	32.85

Women 40-44 50 Yard Backstroke

NAT YMCA: 29.11 * 5/16/2008

USMS: 27.12 ! 5/4/2008

Ellen M Reynolds

Treasure Valley

Valerie Jenkins

1	Gary, Kristin J	41	Wilton Family YMCA	27.50	27.76 *
2	Willis, Jennifer T	40	Broward County YMCA Masters	29.20	28.33 *
3	Buxton, Sylvia C	43	Sarasota Family	30.50	30.12
4	Milton, Catherine	41	Wilton Family YMCA	31.22	30.18
5	Dissington, Laura J	44	Sarasota Family	29.54	30.33
6	Hatfield, Angela	41	YMCA of Central Texas	32.77	30.68
7	Moore, Paige	42	Broward County YMCA Masters	32.00	31.66
8	Hulett, Jennifer A	40	YMCA of Central Texas	32.22	32.04
9	Repassey, Lisa N	42	Sarasota Family	36.44	32.33
10	Misgalski, Heike	44	Sarasota Family	34.10	33.96
11	Dean, Paige E	44	Sarasota Family	33.90	34.77
12	Marchetti, Susan M	44	Mid-Delmarva YMCA	36.50	37.29
13	Blankenship, Gerogia S	43	Sarasota Family	40.00	37.98
14	Kinney, Cheryl	43	Mid-Delmarva YMCA	1:10.00	1:03.12
---	Houchens, Kris	41	YMCA Indy Swimfit	38.00	NS
---	Hamel, Laura M	44	Sarasota Family	38.00	NS
---	Baugh, Inge K	41	YMCA of Central Texas	36.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 40-44 100 Yard Backstroke**

NAT YMCA: 1:00.93 * 5/18/2008		Ellen M Reynolds		Treasure Valley	
USMS: 57.15 ! 5/18/2003		K Pipes-Neilsen			
1	Gary, Kristin J	41	Wilton Family YMCA	58.69	58.08*
	28.54				58.08 (29.54)
2	Willis, Jennifer T	40	Broward County YMCA Masters	1:03.00	59.77*
	29.73				59.77 (30.04)
3	Milton, Catherine	41	Wilton Family YMCA	1:05.52	1:04.17
	31.02				1:04.17 (33.15)
4	Buxton, Sylvia C	43	Sarasota Family	1:05.50	1:06.11
	32.08				1:06.11 (34.03)
5	Moore, Paige	42	Broward County YMCA Masters	1:08.67	1:07.68
	32.95				1:07.68 (34.73)
6	Repassey, Lisa N	42	Sarasota Family	1:14.44	1:10.35
	34.06				1:10.35 (36.29)
7	Hulett, Jennifer A	40	YMCA of Central Texas	1:10.76	1:12.22
	34.48				1:12.22 (37.74)
8	Spaun, Karen M	44	Sarasota Family	1:20.00	1:13.66
	36.78				1:13.66 (36.88)
9	Misgalski, Heike	44	Sarasota Family	1:14.20	1:14.98
	36.09				1:14.98 (38.89)
10	Dean, Paige E	44	Sarasota Family	1:16.50	1:16.09
	35.96				1:16.09 (40.13)
11	Blankenship, Gerogia S	43	Sarasota Family	1:25.00	1:25.47
	41.20				1:25.47 (44.27)
12	Bowman, Rachel H	43	Sarasota Family	1:18.00	1:28.15
	42.78				1:28.15 (45.37)
13	Ness, Karen	41	Tampa Metro Masters	1:31.55	1:31.26
	44.22				1:31.26 (47.04)
14	Baker, Susan M	41	Hinesville (Coastal Georgia	1:35.45	1:35.63
	45.67				1:35.63 (49.96)

Women 40-44 200 Yard Backstroke

NAT YMCA: 2:11.46 * 5/17/2008		Ellen M Reynolds		Treasure Valley	
USMS: 2:04.55 ! 5/18/2003		K Pipes-Neilsen			
1	Gary, Kristin J	41	Wilton Family YMCA	2:06.50	2:07.45*
	29.58				1:01.08 (31.50)
					1:33.99 (32.91)
					2:07.45 (33.46)
2	Milton, Catherine	41	Wilton Family YMCA	2:23.39	2:21.00
	32.66				1:07.08 (34.42)
					1:43.50 (36.42)
					2:21.00 (37.50)
3	Rian, Victoria	42	YMCA Indy Swimfit	2:30.37	2:28.50
	34.66				1:11.16 (36.50)
					1:50.03 (38.87)
					2:28.50 (38.47)
4	Buxton, Sylvia C	43	Sarasota Family	2:28.00	2:30.33
	35.80				1:13.74 (37.94)
					1:52.23 (38.49)
					2:30.33 (38.10)
5	Ramnath, Fernette P	43	Sarasota Family	2:50.60	2:32.99
	37.28				1:16.43 (39.15)
					1:55.61 (39.18)
					2:32.99 (37.38)
6	Spaun, Karen M	44	Sarasota Family	2:50.00	2:33.43
	37.61				1:15.95 (38.34)
					1:55.03 (39.08)
					2:33.43 (38.40)
7	Repassey, Lisa N	42	Sarasota Family	2:48.18	2:35.34
	36.69				1:16.14 (39.45)
					1:56.62 (40.48)
					2:35.34 (38.72)
8	Hulett, Jennifer A	40	YMCA of Central Texas	2:41.58	2:36.58
	36.40				1:14.93 (38.53)
					1:55.51 (40.58)
					2:36.58 (41.07)
9	Misgalski, Heike	44	Sarasota Family	2:41.30	2:43.70
	37.10				1:18.15 (41.05)
					2:01.63 (43.48)
					2:43.70 (42.07)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 40-44 200 Yard Backstroke)**

10	Dean, Paige E	44	Sarasota Family	2:53.00	2:53.50
	37.98	1:21.66 (43.68)	2:08.42 (46.76)	2:53.50 (45.08)	
11	Bowman, Rachel H	43	Sarasota Family	2:45.00	3:06.95
	42.66	1:29.42 (46.76)	2:18.55 (49.13)	3:06.95 (48.40)	
12	Ness, Karen	41	Tampa Metro Masters	3:14.62	3:15.67
	45.77	1:35.83 (50.06)	2:26.93 (51.10)	3:15.67 (48.74)	

Women 40-44 50 Yard Breaststroke

NAT YMCA:	30.64	*	4/22/2005	Caroline Krattli	YSC-
USMS:	29.55	!	5/14/2006	S Von Der Lippe	
1	Hatfield, Angela	41	YMCA of Central Texas	33.43	32.16
2	Dissington, Laura J	44	Sarasota Family	32.34	33.96
3	Kupan, Cheryl A	44	Wilton Family YMCA	34.40	34.08
4	MacDonald, Deborah S	40	Plymouth Community Family	38.32	35.18
5	Voet, Laura	41	YMCA of Central Texas	37.23	35.87
6	Ascione, Lynn	41	Wyckoff Family Y	36.52	36.64
7	Overly, Lori L	43	Sarasota Family	38.00	37.73
8	Freeman, Brenda K	44	South Hills YMCA	39.00	37.92
9	Houchens, Kris	41	YMCA Indy Swimfit	41.00	38.96
10	Heckendorf, Lori J	41	Danville Family	41.29	41.19
11	Blankenship, Gerogia S	43	Sarasota Family	50.00	44.27
12	Lent, Mary M	44	Central Florida	47.00	45.69
13	Kinney, Cheryl	43	Mid-Delmarva YMCA	1:20.00	1:15.86
---	Hamel, Laura M	44	Sarasota Family	36.58	NS
---	Baugh, Inge K	41	YMCA of Central Texas	38.70	NS
---	Booth, Susan	40	YMCA Indy Swimfit	44.00	NS

Women 40-44 100 Yard Breaststroke

NAT YMCA:	1:05.58	*	4/24/2005	Caroline Krattli	YSC
USMS:	1:03.00	!	5/4/2008	S Von Der Lippe	
1	Hatfield, Angela	41	YMCA of Central Texas	1:12.79	1:11.34
	33.10	1:11.34 (38.24)			
2	Kupan, Cheryl A	44	Wilton Family YMCA	1:14.00	1:13.92
	35.31	1:13.92 (38.61)			
3	Milton, Catherine	41	Wilton Family YMCA	1:23.50	1:16.26
	36.41	1:16.26 (39.85)			
4	MacDonald, Deborah S	40	Plymouth Community Family	1:24.01	1:17.49
	36.72	1:17.49 (40.77)			
5	Ascione, Lynn	41	Wyckoff Family Y	1:22.97	1:18.41
	37.51	1:18.41 (40.90)			
6	Rian, Victoria	42	YMCA Indy Swimfit	1:23.87	1:18.94
	37.98	1:18.94 (40.96)			
7	Guglielmi, Ann Marie	40	Sarasota Family	1:19.82	1:20.38
	38.43	1:20.38 (41.95)			
8	Voet, Laura	41	YMCA of Central Texas	1:21.44	1:21.99
	38.00	1:21.99 (43.99)			
9	Freeman, Brenda K	44	South Hills YMCA	1:27.00	1:23.93
	40.06	1:23.93 (43.87)			
10	Overly, Lori L	43	Sarasota Family	1:25.00	1:26.97
	40.72	1:26.97 (46.25)			
11	Heckendorf, Lori J	41	Danville Family	1:30.44	1:30.50
	42.70	1:30.50 (47.80)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 40-44 100 Yard Breaststroke)**

12	Baker, Susan M	41	Hinesville (Coastal Georgia)	1:35.16	1:41.82
	48.24			1:41.82 (53.58)	
13	Lent, Mary M	44	Central Florida	1:47.00	1:43.51
	47.64			1:43.51 (55.87)	
---	Hamel, Laura M	44	Sarasota Family	1:18.97	NS
---	Baugh, Inge K	41	YMCA of Central Texas	1:22.00	NS

Women 40-44 200 Yard Breaststroke

NAT YMCA: 2:26.81 * 4/23/2005 Caroline Krattli YSC-

USMS: 2:17.06 ! 5/14/2006 S Von Der Lippe

1	Kupan, Cheryl A	44	Wilton Family YMCA	2:48.00	2:44.55
	38.05			1:20.20 (42.15) 2:02.96 (42.76)	2:44.55 (41.59)
2	Ascione, Lynn	41	Wyckoff Family Y	2:47.86	2:46.98
	37.97			1:19.89 (41.92) 2:03.00 (43.11)	2:46.98 (43.98)
3	Hamel, Laura M	44	Sarasota Family	2:51.00	2:47.87
	38.64			1:21.88 (43.24) 2:04.84 (42.96)	2:47.87 (43.03)
4	Guglielmi, Ann Marie	40	Sarasota Family	3:00.54	2:53.48
	39.93			1:23.75 (43.82) 2:07.98 (44.23)	2:53.48 (45.50)
5	Heckendorf, Lori J	41	Danville Family	3:21.35	3:21.75
	42.83			1:31.51 (48.68) 2:25.66 (54.15)	3:21.75 (56.09)
---	Lent, Mary M	44	Central Florida	3:52.00	NS

Women 40-44 50 Yard Butterfly

NAT YMCA: 27.05 * 5/16/2008 Sylvia C Buxton Sarasota FL-FL

USMS: 25.18 ! 5/4/2008 S Von Der Lippe

1	Buxton, Sylvia C	43	Sarasota Family	27.50	27.97
2	Wager, Susan A	43	Wilton Family YMCA	29.50	28.11
3	Rian, Victoria	42	YMCA Indy Swimfit	30.72	29.21
4	Lang, Jacque J	42	Wilton Family YMCA	29.99	29.44
5	Kupan, Cheryl A	44	Wilton Family YMCA	30.01	29.78
6	Hamel, Laura M	44	Sarasota Family	32.22	30.87
7	Hulett, Jennifer A	40	YMCA of Central Texas	31.94	31.15
8	Houchens, Kris	41	YMCA Indy Swimfit	33.00	31.24
9	Misgalski, Heike	44	Sarasota Family	31.20	31.50
10	Guglielmi, Ann Marie	40	Sarasota Family	31.00	31.80
11	Johnson, Jill D	43	Broward County YMCA Masters	31.50	31.94
12	MacDonald, Deborah S	40	Plymouth Community Family	37.00	32.04
13	Marchetti, Susan M	44	Mid-Delmarva YMCA	34.70	32.93
14	Freeman, Brenda K	44	South Hills YMCA	34.00	33.45
15	Overly, Lori L	43	Sarasota Family	34.00	34.09
16	Booth, Susan	40	YMCA Indy Swimfit	36.80	34.72
17	Heckendorf, Lori J	41	Danville Family	37.41	36.51
---	Vokey, Laurie A	42	Andover North Andover	32.91	DQ
	Non-simultaneous arms				
---	Dissington, Laura J	44	Sarasota Family	28.56	NS
---	Ide, Carol	42	South Hills YMCA	32.00	NS
---	Lent, Mary M	44	Central Florida	53.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 40-44 100 Yard Butterfly**

NAT YMCA:	57.28	*	4/24/2005	Dillman		NAY
USMS:	55.64	!	5/14/2006	S Von Der Lippe		
1	Gary, Kristin J		41	Wilton Family YMCA	1:00.80	59.72
	27.80					59.72 (31.92)
2	Buxton, Sylvia C		43	Sarasota Family	1:02.50	1:01.64
	28.13					1:01.64 (33.51)
3	Kupan, Cheryl A		44	Wilton Family YMCA	1:05.00	1:05.32
	30.54					1:05.32 (34.78)
4	Spaun, Karen M		44	Sarasota Family	1:20.00	1:10.18
	33.92					1:10.18 (36.26)
5	Misgalski, Heike		44	Sarasota Family	1:12.60	1:11.03
	32.69					1:11.03 (38.34)
6	Voke, Laurie A		42	Andover North Andover	1:13.56	1:11.40
	33.59					1:11.40 (37.81)
7	Freeman, Brenda K		44	South Hills YMCA	1:26.00	1:19.13
	36.19					1:19.13 (42.94)
---	Guglielmi, Ann Marie		40	Sarasota Family	1:09.90	NS

Women 40-44 200 Yard Butterfly

NAT YMCA:	2:11.36	*	5/19/2006	Birgit Lohberg		Suncoast-
USMS:	2:03.13	!	5/4/2008	S Von Der Lippe		
1	Buxton, Sylvia C		43	Sarasota Family	2:30.00	2:27.80
	32.34					1:10.25 (37.91) 1:49.55 (39.30) 2:27.80 (38.25)
2	Kupan, Cheryl A		44	Wilton Family YMCA	2:29.00	2:28.70
	33.16					1:12.09 (38.93) 1:51.54 (39.45) 2:28.70 (37.16)
3	Spaun, Karen M		44	Sarasota Family	2:50.00	2:36.18
	35.44					1:16.26 (40.82) 1:56.14 (39.88) 2:36.18 (40.04)
4	Ramnath, Fernette P		43	Sarasota Family	3:08.70	2:41.21
	35.06					1:15.64 (40.58) 1:58.39 (42.75) 2:41.21 (42.82)
5	Voke, Laurie A		42	Andover North Andover	2:42.47	2:42.86
	34.97					1:15.69 (40.72) 1:59.10 (43.41) 2:42.86 (43.76)
6	Paiva, Maria T		43	YMCA of Central Texas	4:00.77	2:45.75
	36.58					1:18.44 (41.86) 2:02.72 (44.28) 2:45.75 (43.03)

Women 40-44 100 Yard IM

NAT YMCA:	1:01.17	*	4/23/2005	Caroline Krattli		YSC-
USMS:	58.20	!	5/14/2006	S Von Der Lippe		
1	Willis, Jennifer T		40	Broward County YMCA Masters	1:02.98	1:01.17*
	28.03					1:01.17 (33.14)
2	Gary, Kristin J		41	Wilton Family YMCA	1:00.92	1:02.58
	28.54					1:02.58 (34.04)
3	Hatfield, Angela		41	YMCA of Central Texas	1:05.63	1:03.53
	29.47					1:03.53 (34.06)
4	Lang, Jacque J		42	Wilton Family YMCA	1:05.47	1:04.51
	30.85					1:04.51 (33.66)
5	Buxton, Sylvia C		43	Sarasota Family	1:05.00	1:05.77
	29.49					1:05.77 (36.28)
6	Wager, Susan A		43	Wilton Family YMCA	1:09.00	1:07.06
	31.12					1:07.06 (35.94)
7	Dissington, Laura J		44	Sarasota Family	1:02.72	1:07.46
	30.21					1:07.46 (37.25)
8	Guglielmi, Ann Marie		40	Sarasota Family	1:12.44	1:11.15
	35.02					1:11.15 (36.13)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 40-44 100 Yard IM)**

9	Houchens, Kris	41	YMCA Indy Swimfit	1:16.00	1:11.30
	34.25				1:11.30 (37.05)
10	Johnson, Jill D	43	Broward County YMCA Masters	1:11.50	1:11.92
	33.46				1:11.92 (38.46)
11	Voke, Laurie A	42	Andover North Andover	1:13.24	1:12.57
	33.98				1:12.57 (38.59)
12	MacDonald, Deborah S	40	Plymouth Community Family	1:20.00	1:12.68
	34.60				1:12.68 (38.08)
13	Repassey, Lisa N	42	Sarasota Family	1:17.00	1:13.34
	32.89				1:13.34 (40.45)
14	Freeman, Brenda K	44	South Hills YMCA	1:15.00	1:13.69
	34.51				1:13.69 (39.18)
15	Overly, Lori L	43	Sarasota Family	1:17.50	1:14.87
	35.15				1:14.87 (39.72)
16	Voet, Laura	41	YMCA of Central Texas	1:15.35	1:15.74
	35.43				1:15.74 (40.31)
17	Booth, Susan	40	YMCA Indy Swimfit	1:19.50	1:18.72
	36.88				1:18.72 (41.84)
18	Heckendorf, Lori J	41	Danville Family	1:24.74	1:22.97
	38.47				1:22.97 (44.50)
19	Marchetti, Susan M	44	Mid-Delmarva YMCA	1:17.00	1:23.69
	38.09				1:23.69 (45.60)
20	Lent, Mary M	44	Central Florida	1:45.00	1:37.02
	48.70				1:37.02 (48.32)
---	Blankenship, Gerogia S	43	Sarasota Family	1:30.00	NS
---	Bowman, Rachel H	43	Sarasota Family	1:17.00	NS
---	Baker, Susan M	41	Hinesville (Coastal Georgia)	1:35.50	NS
---	Baugh, Inge K	41	YMCA of Central Texas	1:15.86	NS

Women 40-44 200 Yard IM

NAT YMCA: 2:13.86 * 4/24/2005		Caroline Kratti		YSC	
USMS: 2:04.85 ! 5/4/2008		S Von Der Lippe			
1	Willis, Jennifer T	40	Broward County YMCA Masters	2:16.86	2:14.96
	28.24				1:01.23 (32.99)
				1:42.94 (41.71)	2:14.96 (32.02)
2	Milton, Catherine	41	Wilton Family YMCA	2:27.50	2:24.67
	32.93				1:07.10 (34.17)
				1:50.74 (43.64)	2:24.67 (33.93)
3	Kupan, Cheryl A	44	Wilton Family YMCA	2:30.00	2:25.52
	30.52				1:07.59 (37.07)
				1:51.13 (43.54)	2:25.52 (34.39)
4	Ramnath, Fernette P	43	Sarasota Family	2:48.60	2:29.78
	32.00				1:11.18 (39.18)
				1:55.70 (44.52)	2:29.78 (34.08)
5	Voke, Laurie A	42	Andover North Andover	2:45.13	2:38.79
	32.78				1:13.88 (41.10)
				2:01.39 (47.51)	2:38.79 (37.40)
6	Houchens, Kris	41	YMCA Indy Swimfit	2:45.00	2:44.63
	33.80				1:17.67 (43.87)
				2:06.59 (48.92)	2:44.63 (38.04)
7	Overly, Lori L	43	Sarasota Family	3:10.00	2:45.96
	35.23				1:18.93 (43.70)
				2:07.28 (48.35)	2:45.96 (38.68)
---	Gary, Kristin J	41	Wilton Family YMCA	2:15.30	NS
---	Hamel, Laura M	44	Sarasota Family	2:38.09	NS
---	Guglielmi, Ann Marie	40	Sarasota Family	2:39.28	NS
---	Bowman, Rachel H	43	Sarasota Family	2:48.00	NS
---	Johnson, Jill D	43	Broward County YMCA Masters	2:37.00	NS
---	Repassey, Lisa N	42	Sarasota Family	2:49.24	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 40-44 400 Yard IM**

NAT YMCA: 4:50.73 *		5/16/2008		Ellen M Reynolds		Treasure Valley	
USMS: 4:28.43 !		5/4/2008		S Von Der Lippe			
1	Rian, Victoria	42	YMCA Indy Swimfit	5:20.75		5:05.78	
	32.21	1:10.07 (37.86)	1:50.38 (40.31)	2:29.13 (38.75)			
	3:14.31 (45.18)	3:59.37 (45.06)	4:32.82 (33.45)	5:05.78 (32.96)			
2	Kupan, Cheryl A	44	Wilton Family YMCA	5:21.00		5:16.71	
	33.03	1:09.88 (36.85)	1:50.56 (40.68)	2:31.11 (40.55)			
	3:18.47 (47.36)	4:05.56 (47.09)	4:41.66 (36.10)	5:16.71 (35.05)			
3	Guglielmi, Ann Marie	40	Sarasota Family	5:25.84		5:25.16	
	35.15	1:13.47 (38.32)	1:55.21 (41.74)	2:37.57 (42.36)			
	3:22.06 (44.49)	4:09.95 (47.89)	4:48.12 (38.17)	5:25.16 (37.04)			
4	Ramnath, Fernette P	43	Sarasota Family	5:59.50		5:27.94	
	33.41	1:13.84 (40.43)	1:58.12 (44.28)	2:41.09 (42.97)			
	3:29.51 (48.42)	4:17.22 (47.71)	4:54.14 (36.92)	5:27.94 (33.80)			
5	Spaun, Karen M	44	Sarasota Family	5:45.00		5:31.82	
	34.95	1:14.87 (39.92)	1:57.13 (42.26)	2:39.71 (42.58)			
	3:30.97 (51.26)	4:22.87 (51.90)	4:57.35 (34.48)	5:31.82 (34.47)			
6	Houchens, Kris	41	YMCA Indy Swimfit	7:00.00		5:49.49	
	38.01	1:23.04 (45.03)	2:08.76 (45.72)	2:54.06 (45.30)			
	3:42.02 (47.96)	4:32.10 (50.08)	5:11.63 (39.53)	5:49.49 (37.86)			
7	Repassey, Lisa N	42	Sarasota Family	6:15.08		5:49.60	
	36.46	1:17.44 (40.98)	2:01.77 (44.33)	2:43.54 (41.77)			
	3:36.41 (52.87)	4:29.66 (53.25)	5:12.42 (42.76)	5:49.60 (37.18)			
---	Bowman, Rachel H	43	Sarasota Family	5:54.00		NS	

Women 45-49 50 Yard Freestyle

NAT YMCA: 24.91 *		4/15/2007		Karlyn Pipes-Nielsen		Sarasota, FL	
USMS: 24.00 !		5/4/2008		Susan Walsh			
1	Jones, Elene	48	Sarasota Family	26.90		25.50	
2	Crouch, Kim H	47	Wilton Family YMCA	25.99		25.59	
3	DiTommaso, Laurie A	46	Wyckoff Family Y	26.60		25.65	
4	Kessler, Laura L	48	Sarasota Family	27.30		26.38	
5	Moss, Pamela H	47	Westport / Weston	27.60		26.44	
6	Roy, Michele M	45	Andover North Andover	28.19		27.65	
7	Schnieders, Ann	48	YMCA Indy Swimfit	28.00		27.81	
8	Childress-Brown, Tina	45	YMCA Indy Swimfit	28.70		27.90	
9	Fedako, Cathy A	47	Sarasota Family	28.00		28.13	
10	Thomas, Ann B	49	YMCA of Central Texas	28.51		28.45	
11	Smar, Susan M	45	Danville Family	29.95		29.17	
12	Zedonis, Lisa	47	YMCA Indy Swimfit	30.00		29.20	
13	DiBlasi, Julie	49	Mid-Delmarva YMCA	29.36		29.95	
14	Goodman, Terri A	49	Sarasota Family	36.50		31.31	
15	Polatin, Rita F	49	Metro West MA	30.68		31.87	
16	Sinclair, Lisa	48	Tampa Metro Masters	32.50		32.23	
17	Burns, Starlene C	47	Downtown Orlando	39.00		39.11	
18	Gruman, Leslie E	45	YMCA of South Palm Beach Cnty	53.50		51.66	
---	Stolarski, Sheila M	47	Westport / Weston	27.50		NS	
---	Moll, Tracie	45	YMCA of Central Texas	27.77		NS	
---	Brandon, Colleen	49	Westport / Weston	30.77		NS	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 45-49 50 Yard Freestyle Time Trial**

NAT YMCA: 24.91 *

USMS: 24.00 ! 5/4/2008 Susan Walsh

- Time Trial

1	Pipes-Neilsen, Karlyn	47	Mid-Delmarva YMCA	NT	25.01
2	Stolarski, Sheila M	47	Westport / Weston	NT	25.85
3	Bennett, Ellen K	46	Sarasota Family	NT	27.60

Women 45-49 100 Yard Freestyle Time Trial

NAT YMCA: 53.45 *

USMS: 52.23 ! 12/16/2007 K Pipes-Neilsen

- Time Trial

1	Block, Andrea J	47	Wilton Family YMCA	NT	57.57
2	Bennett, Ellen K	46	Sarasota Family	NT	59.02
3	Castro, Leticia	49	Broward County YMCA Masters	NT	1:02.27

Women 45-49 100 Yard Freestyle

NAT YMCA: 53.45 * 4/14/2007 Karlyn Pipes-Nielsen

Sarasota, FL

USMS: 52.23 ! 12/16/2007 K Pipes-Neilsen

1	Pipes-Neilsen, Karlyn	47	Mid-Delmarva YMCA	52.23	53.65
				25.94	53.65 (27.71)
2	Jones, Elene	48	Sarasota Family	56.20	55.22
				26.41	55.22 (28.81)
3	Kessler, Laura L	48	Sarasota Family	58.50	57.20
				27.59	57.20 (29.61)
4	Payne, Lori A	49	Plymouth Community Family	58.36	57.84
				27.92	57.84 (29.92)
5	Moss, Pamela H	47	Westport / Weston	1:00.20	59.33
				28.26	59.33 (31.07)
6	Childress-Brown, Tina	45	YMCA Indy Swimfit	1:01.00	1:00.85
				29.14	1:00.85 (31.71)
7	de Boer, Claire	48	Sarasota Family	1:01.00	1:01.22
				29.35	1:01.22 (31.87)
8	Fedako, Cathy A	47	Sarasota Family	1:05.00	1:02.45
				29.75	1:02.45 (32.70)
9	Zedonis, Lisa	47	YMCA Indy Swimfit	1:04.78	1:02.90
				30.15	1:02.90 (32.75)
10	Hooe, Donna L	46	Hinesville (Coastal Georgia	1:05.76	1:04.46
				30.45	1:04.46 (34.01)
11	Thomas, Ann B	49	YMCA of Central Texas	1:05.88	1:05.11
				30.86	1:05.11 (34.25)
12	DiBlasi, Julie	49	Mid-Delmarva YMCA	1:07.26	1:06.93
				32.01	1:06.93 (34.92)
13	Levi, Cherie A	45	Plymouth Community Family	1:13.00	1:08.70
				33.02	1:08.70 (35.68)
14	Sinclair, Lisa	48	Tampa Metro Masters	1:20.00	1:14.13
				35.31	1:14.13 (38.82)
---	Polatin, Rita F	49	Metro West MA	1:08.01	NS
---	Brandon, Colleen	49	Westport / Weston	1:07.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 45-49 200 Yard Freestyle**

NAT YMCA: 2:05.81 * 1999		Nancy Leig Fisher		Dane City, WI	
USMS: 1:53.28 ! 12/16/2007		K Pipes-Neilsen			
1	Pipes-Neilsen, Karlyn	47	Mid-Delmarva YMCA	1:53.28	1:55.35 *
	27.35	56.56 (29.21)	1:25.96 (29.40)	1:55.35 (29.39)	
2	Block, Andrea J	47	Wilton Family YMCA	2:04.33	2:02.71 *
	29.22	59.99 (30.77)	1:31.53 (31.54)	2:02.71 (31.18)	
3	Payne, Lori A	49	Plymouth Community Family	2:08.22	2:05.64 *
	28.85	1:00.25 (31.40)	1:32.51 (32.26)	2:05.64 (33.13)	
4	Kessler, Laura L	48	Sarasota Family	2:10.00	2:05.84
	30.08	1:02.09 (32.01)	1:33.96 (31.87)	2:05.84 (31.88)	
5	Bennett, Ellen K	46	Sarasota Family	2:08.75	2:08.15
	30.12	1:02.63 (32.51)	1:35.78 (33.15)	2:08.15 (32.37)	
6	Moss, Pamela H	47	Westport / Weston	2:18.00	2:11.96
	31.72	1:05.70 (33.98)	1:38.56 (32.86)	2:11.96 (33.40)	
7	Childress-Brown, Tina	45	YMCA Indy Swimfit	2:12.50	2:13.18
	30.23	1:03.17 (32.94)	1:37.51 (34.34)	2:13.18 (35.67)	
8	Zedonis, Lisa	47	YMCA Indy Swimfit	2:21.00	2:15.78
	30.97	1:05.39 (34.42)	1:40.59 (35.20)	2:15.78 (35.19)	
9	Thomas, Ann B	49	YMCA of Central Texas	2:29.86	2:27.20
	33.38	1:10.89 (37.51)	1:49.35 (38.46)	2:27.20 (37.85)	
10	DiBlasi, Julie	49	Mid-Delmarva YMCA	2:31.58	2:32.35
	34.08	1:11.95 (37.87)	1:51.54 (39.59)	2:32.35 (40.81)	
11	Sinclair, Lisa	48	Tampa Metro Masters	2:50.00	2:45.45
	36.92	1:18.05 (41.13)	2:01.42 (43.37)	2:45.45 (44.03)	
12	Mazyck, Carla	48	Mid-Delmarva YMCA	2:57.20	2:47.99
	38.26	1:21.16 (42.90)	2:06.80 (45.64)	2:47.99 (41.19)	
---	Fedako, Cathy A	47	Sarasota Family	2:30.00	NS
---	Stolarski, Sheila M	47	Westport / Weston	2:10.50	NS

Women 45-49 500 Yard Freestyle

NAT YMCA: 5:17.68 * 4/15/2007		Karlyn Pipes-Nielsen		Sarasota, FL	
USMS: 5:04.71 ! 10/20/2007		K Pipes-Neilsen			
1	Block, Andrea J	47	Wilton Family YMCA	5:30.33	5:22.61
	29.89	1:01.95 (32.06)	1:34.32 (32.37)	2:07.05 (32.73)	
	2:39.66 (32.61)	3:12.00 (32.34)	3:44.50 (32.50)	4:17.27 (32.77)	
	4:50.39 (33.12)	5:22.61 (32.22)			
2	Bennett, Ellen K	46	Sarasota Family	5:42.52	5:38.12
	30.32	1:03.50 (33.18)	1:37.53 (34.03)	2:11.81 (34.28)	
	2:46.30 (34.49)	3:20.26 (33.96)	3:54.17 (33.91)	4:28.71 (34.54)	
	5:03.55 (34.84)	5:38.12 (34.57)			
3	Payne, Lori A	49	Plymouth Community Family	5:49.00	5:40.58
	30.02	1:02.97 (32.95)	1:36.84 (33.87)	2:11.16 (34.32)	
	2:45.65 (34.49)	3:20.17 (34.52)	3:54.74 (34.57)	4:30.05 (35.31)	
	5:05.43 (35.38)	5:40.58 (35.15)			
4	Castro, Leticia	49	Broward County YMCA Masters	5:54.00	5:52.64
	31.78	1:06.41 (34.63)	1:42.52 (36.11)	2:18.60 (36.08)	
	2:54.96 (36.36)	3:30.56 (35.60)	4:07.15 (36.59)	4:43.77 (36.62)	
	5:19.43 (35.66)	5:52.64 (33.21)			
5	DiTommaso, Laurie A	46	Wyckoff Family Y	5:55.50	5:59.40
	29.86	1:03.38 (33.52)	1:38.47 (35.09)	2:14.93 (36.46)	
	2:52.36 (37.43)	3:30.73 (38.37)	4:08.26 (37.53)	4:45.76 (37.50)	
	5:23.35 (37.59)	5:59.40 (36.05)			

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 45-49 500 Yard Freestyle)

6	de Boer, Claire	48	Sarasota Family	6:10.00	6:06.51
	33.47	1:10.00 (36.53)	1:47.90 (37.90)	2:25.47 (37.57)	
	3:02.23 (36.76)	3:39.09 (36.86)	4:15.66 (36.57)	4:52.85 (37.19)	
	5:30.20 (37.35)	6:06.51 (36.31)			
7	Zedonis, Lisa	47	YMCA Indy Swimfit	6:15.00	6:10.00
	32.00	1:07.84 (35.84)	1:44.38 (36.54)	2:21.13 (36.75)	
	2:58.75 (37.62)	3:36.82 (38.07)	4:14.74 (37.92)	4:53.89 (39.15)	
	5:32.56 (38.67)	6:10.00 (37.44)			
8	Moss, Pamela H	47	Westport / Weston	6:30.00	6:11.41
	34.13	1:12.16 (38.03)	1:50.65 (38.49)	2:29.39 (38.74)	
	3:07.59 (38.20)	3:45.22 (37.63)	4:22.64 (37.42)	4:59.51 (36.87)	
	5:36.59 (37.08)	6:11.41 (34.82)			
9	Hall, Ali	47	Mid-Delmarva YMCA	6:30.00	6:17.57
	35.23	1:12.78 (37.55)	1:52.06 (39.28)	2:31.02 (38.96)	
	3:10.12 (39.10)	3:47.25 (37.13)	4:24.81 (37.56)	5:03.33 (38.52)	
	5:41.21 (37.88)	6:17.57 (36.36)			
10	Hooe, Donna L	46	Hinesville (Coastal Georgia	6:20.00	6:21.48
	33.69	1:11.02 (37.33)	1:49.39 (38.37)	2:27.64 (38.25)	
	3:06.37 (38.73)	3:45.23 (38.86)	4:24.50 (39.27)	5:03.62 (39.12)	
	5:42.96 (39.34)	6:21.48 (38.52)			
11	Spivey, Kelly	46	Tampa Metro Masters	6:45.10	6:42.14
	34.99	1:13.98 (38.99)	1:54.18 (40.20)	2:35.01 (40.83)	
	3:16.50 (41.49)	3:58.08 (41.58)	4:39.50 (41.42)	5:21.08 (41.58)	
	6:02.32 (41.24)	6:42.14 (39.82)			
12	DiBlasi, Julie	49	Mid-Delmarva YMCA	6:39.00	6:47.54
	34.39	1:12.31 (37.92)	1:52.78 (40.47)	2:34.56 (41.78)	
	3:16.45 (41.89)	3:58.39 (41.94)	4:40.48 (42.09)	5:22.89 (42.41)	
	6:06.04 (43.15)	6:47.54 (41.50)			
13	Rudie, Linda	47	Mid-Delmarva YMCA	6:46.24	7:05.91
	36.91	1:18.50 (41.59)	2:02.09 (43.59)	2:45.83 (43.74)	
	3:29.87 (44.04)	4:13.77 (43.90)	4:57.81 (44.04)	5:41.71 (43.90)	
	6:25.33 (43.62)	7:05.91 (40.58)			
14	Mazyck, Carla	48	Mid-Delmarva YMCA	7:42.94	7:39.58
	39.82	1:25.57 (45.75)	2:13.09 (47.52)	3:01.30 (48.21)	
	3:49.00 (47.70)	4:35.78 (46.78)	5:23.07 (47.29)	6:09.47 (46.40)	
	6:55.50 (46.03)	7:39.58 (44.08)			
15	Criscione, Janet R	47	South County	12:54.57	13:14.72
	1:08.92	3:46.61 (2:37.69)		5:09.09 ()	
	6:31.86 (1:22.77)	7:53.19 (1:21.33)	9:15.36 (1:22.17)	10:37.28 (1:21.92)	
	11:57.23 (1:19.95)	13:14.72 (1:17.49)			
---	Jones, Elene	48	Sarasota Family	5:15.60	NS
---	Woodburn, Andrea	45	Broward County YMCA Masters	6:08.00	NS

Women 45-49 1000 Yard Freestyle

NAT YMCA: 10:34.17 * 4/12/2007		Karlyn Pipes-Neilsen		Danville	
USMS: 10:34.17 ! 4/15/2007		K Pipes-Neilsen			
1	Pipes-Neilsen, Karlyn	47	Mid-Delmarva YMCA	10:34.17	10:32.91 *
	28.72	1:00.12 (31.40)	1:31.89 (31.77)	2:04.10 (32.21)	
	2:36.24 (32.14)	3:08.41 (32.17)	3:40.72 (32.31)	4:13.04 (32.32)	
	4:45.09 (32.05)	5:17.36 (32.27)	5:49.64 (32.28)	6:21.50 (31.86)	
	6:53.38 (31.88)	7:25.63 (32.25)	7:57.57 (31.94)	8:29.40 (31.83)	
	9:01.12 (31.72)	9:32.53 (31.41)	10:03.40 (30.87)	10:32.91 (29.51)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 45-49 1000 Yard Freestyle)**

2	Jones, Elene	48	Sarasota Family	11:15.60	10:54.62
	28.94		1:00.31 (31.37)	1:31.99 (31.68)	2:04.58 (32.59)
	2:36.97 (32.39)		3:10.90 (33.93)	3:45.07 (34.17)	4:18.01 (32.94)
	4:51.10 (33.09)		5:24.47 (33.37)	5:57.78 (33.31)	6:30.82 (33.04)
	7:04.13 (33.31)		7:37.52 (33.39)	8:11.02 (33.50)	8:44.20 (33.18)
	9:17.25 (33.05)		9:50.07 (32.82)	10:22.80 (32.73)	10:54.62 (31.82)
3	Payne, Lori A	49	Plymouth Community Family	11:50.00	11:42.98
	31.16		1:05.04 (33.88)	1:39.06 (34.02)	2:13.32 (34.26)
	2:47.46 (34.14)		3:22.41 (34.95)	3:57.27 (34.86)	4:32.47 (35.20)
	5:07.95 (35.48)		5:43.82 (35.87)	6:20.00 (36.18)	6:55.90 (35.90)
	7:31.89 (35.99)		8:08.20 (36.31)	8:44.14 (35.94)	9:20.16 (36.02)
	9:56.38 (36.22)		10:32.63 (36.25)	11:08.41 (35.78)	11:42.98 (34.57)
4	Castro, Leticia	49	Broward County YMCA Masters	12:25.00	12:16.65
	32.04		1:06.78 (34.74)	1:42.16 (35.38)	2:18.53 (36.37)
	2:55.71 (37.18)		3:33.63 (37.92)	4:11.31 (37.68)	4:48.49 (37.18)
	5:26.17 (37.68)		6:03.81 (37.64)	6:41.84 (38.03)	7:20.05 (38.21)
	7:57.56 (37.51)		8:35.73 (38.17)	9:12.94 (37.21)	9:50.58 (37.64)
	10:27.96 (37.38)		11:05.35 (37.39)	11:41.87 (36.52)	12:16.65 (34.78)
5	Zedonis, Lisa	47	YMCA Indy Swimfit	13:03.50	12:32.05
	32.63		1:09.35 (36.72)	1:46.61 (37.26)	2:24.35 (37.74)
	3:02.17 (37.82)		3:39.76 (37.59)	4:17.68 (37.92)	4:55.60 (37.92)
	5:33.54 (37.94)		6:12.18 (38.64)	6:50.44 (38.26)	7:28.41 (37.97)
	8:06.76 (38.35)		8:44.75 (37.99)	9:22.90 (38.15)	10:01.16 (38.26)
	10:39.24 (38.08)		11:17.85 (38.61)	11:55.42 (37.57)	12:32.05 (36.63)
6	Roy, Michele M	45	Andover North Andover	13:03.10	12:51.60
	33.77		1:11.00 (37.23)	1:49.76 (38.76)	2:28.63 (38.87)
	3:07.30 (38.67)		3:47.27 (39.97)	4:26.80 (39.53)	5:06.10 (39.30)
	5:45.86 (39.76)		6:25.46 (39.60)	7:04.68 (39.22)	7:44.10 (39.42)
	8:23.54 (39.44)		9:02.81 (39.27)	9:41.94 (39.13)	10:20.76 (38.82)
	10:59.52 (38.76)		11:37.99 (38.47)	12:16.07 (38.08)	12:51.60 (35.53)
7	Hall, Ali	47	Mid-Delmarva YMCA	13:30.00	12:53.82
	35.51		1:13.41 (37.90)	1:52.78 (39.37)	2:32.07 (39.29)
	3:10.98 (38.91)		3:51.11 (40.13)	4:30.54 (39.43)	5:10.66 (40.12)
	5:50.11 (39.45)		6:30.13 (40.02)	7:07.60 (37.47)	7:46.55 (38.95)
	8:25.82 (39.27)		9:04.35 (38.53)	9:43.10 (38.75)	10:22.05 (38.95)
	11:01.38 (39.33)		11:40.43 (39.05)	12:18.10 (37.67)	12:53.82 (35.72)
8	Hooe, Donna L	46	Hinesville (Coastal Georgia)	13:05.00	13:12.75
	34.57		1:12.68 (38.11)	1:51.55 (38.87)	2:30.56 (39.01)
	3:10.55 (39.99)		3:50.13 (39.58)	4:30.35 (40.22)	5:10.80 (40.45)
	5:51.36 (40.56)		6:32.02 (40.66)	7:12.51 (40.49)	7:52.49 (39.98)
	8:32.55 (40.06)		9:12.31 (39.76)	9:52.43 (40.12)	10:32.87 (40.44)
	11:13.37 (40.50)		11:53.64 (40.27)	12:34.02 (40.38)	13:12.75 (38.73)
9	Rudie, Linda	47	Mid-Delmarva YMCA	13:41.13	14:26.52
	37.78		1:20.44 (42.66)	2:04.04 (43.60)	2:48.33 (44.29)
	3:32.68 (44.35)		4:16.29 (43.61)	5:00.20 (43.91)	5:44.31 (44.11)
	6:28.40 (44.09)		7:12.42 (44.02)	7:56.06 (43.64)	8:40.95 (44.89)
	9:24.61 (43.66)		10:08.52 (43.91)	10:52.68 (44.16)	11:36.24 (43.56)
	12:19.79 (43.55)		13:03.76 (43.97)	13:46.68 (42.92)	14:26.52 (39.84)
10	Polatin, Rita F	49	Metro West MA	13:46.59	14:48.63
	38.34		1:21.80 (43.46)	2:06.45 (44.65)	2:51.32 (44.87)
	3:35.89 (44.57)		4:20.53 (44.64)	5:05.64 (45.11)	5:50.99 (45.35)
	6:35.81 (44.82)		7:20.83 (45.02)	8:06.17 (45.34)	8:51.20 (45.03)
	9:36.55 (45.35)		10:21.54 (44.99)	11:06.50 (44.96)	11:51.09 (44.59)
	12:36.21 (45.12)		13:21.43 (45.22)	14:06.87 (45.44)	14:48.63 (41.76)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

Women 45-49 1650 Yard Freestyle

NAT YMCA: 18:14.99		* 4/21/2005		Suzanne Heim-Bowen		YSC-	
USMS: 17:49.73		! 4/22/2007		K Pipes-Neilsen			
1	Jones, Elene	48	Sarasota Family	18:00.00	17:56.26*		
	29.42	1:01.11 (31.69)	1:33.16 (32.05)	2:05.51 (32.35)			
	2:37.99 (32.48)	3:10.61 (32.62)	3:43.15 (32.54)	4:15.77 (32.62)			
	4:48.63 (32.86)	5:22.07 (33.44)	5:55.03 (32.96)	6:27.77 (32.74)			
	7:00.60 (32.83)	7:33.14 (32.54)	8:05.80 (32.66)	8:38.95 (33.15)			
	9:11.91 (32.96)	9:44.84 (32.93)	10:17.57 (32.73)	10:50.38 (32.81)			
	11:23.19 (32.81)	11:56.20 (33.01)	12:29.09 (32.89)	13:01.78 (32.69)			
	13:34.51 (32.73)	14:07.32 (32.81)	14:40.37 (33.05)	15:13.24 (32.87)			
	15:46.56 (33.32)	16:19.24 (32.68)	16:52.08 (32.84)	17:24.76 (32.68)	17:56.26 (31.50)		
2	Bennett, Ellen K	46	Sarasota Family	19:29.99	19:21.14		
	30.88	1:04.75 (33.87)	1:39.10 (34.35)	2:13.42 (34.32)			
	2:47.97 (34.55)	3:22.53 (34.56)	3:57.21 (34.68)	4:31.61 (34.40)			
	5:06.07 (34.46)	5:40.85 (34.78)	6:15.41 (34.56)	6:50.10 (34.69)			
	7:24.84 (34.74)	7:59.89 (35.05)	8:35.05 (35.16)	9:10.27 (35.22)			
	9:45.33 (35.06)	10:20.62 (35.29)	10:55.97 (35.35)	11:31.55 (35.58)			
	12:07.07 (35.52)	12:42.60 (35.53)	13:18.34 (35.74)	13:54.48 (36.14)			
	14:30.73 (36.25)	15:06.89 (36.16)	15:43.58 (36.69)	16:20.27 (36.69)			
	16:57.29 (37.02)	17:33.71 (36.42)	18:10.21 (36.50)	18:46.67 (36.46)	19:21.14 (34.47)		
3	Zedonis, Lisa	47	YMCA Indy Swimfit	21:38.00	21:08.20		
	32.99	1:09.09 (36.10)	1:45.66 (36.57)	2:22.97 (37.31)			
	3:00.70 (37.73)	3:39.01 (38.31)	4:17.21 (38.20)	4:55.60 (38.39)			
	5:34.41 (38.81)	6:13.11 (38.70)	6:51.84 (38.73)	7:30.59 (38.75)			
	8:09.27 (38.68)	8:48.10 (38.83)	9:27.29 (39.19)	10:06.08 (38.79)			
	10:44.80 (38.72)	11:23.80 (39.00)	12:02.63 (38.83)	12:42.05 (39.42)			
	13:20.91 (38.86)	14:00.02 (39.11)	14:39.04 (39.02)	15:18.44 (39.40)			
	15:57.35 (38.91)	16:36.54 (39.19)	17:15.85 (39.31)	17:54.96 (39.11)			
	18:34.48 (39.52)	19:13.61 (39.13)	19:52.98 (39.37)	20:31.11 (38.13)	21:08.20 (37.09)		
4	Hall, Ali	47	Mid-Delmarva YMCA	22:30.00	21:39.73		
	36.00	1:13.59 (37.59)	1:52.28 (38.69)	2:31.83 (39.55)			
	3:10.90 (39.07)	3:50.13 (39.23)	4:29.63 (39.50)	5:09.12 (39.49)			
	5:48.70 (39.58)	6:28.44 (39.74)	7:08.40 (39.96)	7:47.85 (39.45)			
	8:27.37 (39.52)	9:07.31 (39.94)	9:47.43 (40.12)	10:26.61 (39.18)			
	11:05.74 (39.13)	11:44.78 (39.04)	12:24.32 (39.54)	13:04.16 (39.84)			
	13:44.25 (40.09)	14:23.96 (39.71)	15:04.08 (40.12)	15:44.98 (40.90)			
	16:24.58 (39.60)	17:04.23 (39.65)	17:44.66 (40.43)	18:24.48 (39.82)			
	19:04.64 (40.16)	19:44.43 (39.79)	20:23.93 (39.50)	21:02.92 (38.99)	21:39.73 (36.81)		
5	Hooe, Donna L	46	Hinesville (Coastal Georgia	21:46.37	22:06.88		
	34.76	1:12.98 (38.22)	1:52.63 (39.65)	2:32.19 (39.56)			
	3:12.23 (40.04)	3:52.29 (40.06)	4:32.58 (40.29)	5:12.64 (40.06)			
	5:52.69 (40.05)	6:32.62 (39.93)	7:12.81 (40.19)	7:53.32 (40.51)			
	8:33.69 (40.37)	9:13.68 (39.99)	9:54.50 (40.82)	10:34.83 (40.33)			
	11:15.24 (40.41)	11:55.55 (40.31)	12:35.60 (40.05)	13:16.25 (40.65)			
	13:57.04 (40.79)	14:37.90 (40.86)	15:19.03 (41.13)	15:59.83 (40.80)			
	16:40.66 (40.83)	17:21.64 (40.98)	18:03.08 (41.44)	18:44.16 (41.08)			
	19:25.00 (40.84)	20:05.93 (40.93)	20:46.61 (40.68)	21:27.78 (41.17)	22:06.88 (39.10)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 45-49 1650 Yard Freestyle)**

6	Rudie, Linda	47	Mid-Delmarva YMCA	22:30.32	23:38.19
	37.19	1:18.38 (41.19)	2:00.77 (42.39)	2:43.66 (42.89)	
	3:26.27 (42.61)	4:09.51 (43.24)	4:53.49 (43.98)	5:37.21 (43.72)	
	6:20.54 (43.33)	7:03.69 (43.15)	7:46.74 (43.05)	8:30.01 (43.27)	
	9:13.62 (43.61)	9:56.99 (43.37)	10:40.38 (43.39)	11:23.95 (43.57)	
	12:07.77 (43.82)	12:51.07 (43.30)	13:34.81 (43.74)	14:17.95 (43.14)	
	15:01.03 (43.08)	15:44.47 (43.44)	16:27.41 (42.94)	17:10.49 (43.08)	
	17:54.26 (43.77)	18:37.48 (43.22)	19:20.84 (43.36)	20:04.12 (43.28)	
	20:47.72 (43.60)	21:31.28 (43.56)	22:14.36 (43.08)	22:57.54 (43.18)	23:38.19 (40.65)
7	Polatin, Rita F	49	Metro West MA	22:51.26	23:44.87
	36.78	1:18.26 (41.48)	2:01.01 (42.75)	2:43.67 (42.66)	
	3:26.76 (43.09)	4:09.90 (43.14)	4:53.55 (43.65)	5:36.83 (43.28)	
	6:20.04 (43.21)	7:03.75 (43.71)	7:46.99 (43.24)	8:30.42 (43.43)	
	9:13.75 (43.33)	9:57.17 (43.42)	10:40.51 (43.34)	11:24.02 (43.51)	
	12:07.62 (43.60)	12:51.42 (43.80)	13:35.11 (43.69)	14:18.49 (43.38)	
	15:02.05 (43.56)	15:45.94 (43.89)	16:29.76 (43.82)	17:13.70 (43.94)	
	17:57.32 (43.62)	18:41.13 (43.81)	19:24.81 (43.68)	20:08.83 (44.02)	
	20:52.63 (43.80)	21:36.74 (44.11)	22:20.93 (44.19)	23:04.27 (43.34)	23:44.87 (40.60)
8	Winans, Colleen	48	Mid-Delmarva YMCA	23:58.18	24:41.14
	36.91	1:18.49 (41.58)	2:02.18 (43.69)	2:46.49 (44.31)	
	3:30.93 (44.44)	4:15.33 (44.40)	5:00.48 (45.15)	5:46.30 (45.82)	
	6:31.74 (45.44)	7:16.46 (44.72)	8:01.44 (44.98)	8:46.64 (45.20)	
	9:32.68 (46.04)	10:17.31 (44.63)	11:03.47 (46.16)	11:49.34 (45.87)	
	12:34.79 (45.45)	13:21.18 (46.39)	14:06.92 (45.74)	14:52.58 (45.66)	
	15:39.02 (46.44)	16:24.60 (45.58)	17:09.93 (45.33)	17:56.28 (46.35)	
	18:41.68 (45.40)	19:27.61 (45.93)	20:12.79 (45.18)	20:58.72 (45.93)	
	21:44.13 (45.41)	22:29.58 (45.45)	23:15.07 (45.49)	23:59.77 (44.70)	24:41.14 (41.37)
9	Swoboda, Sandy	45	Mid-Delmarva YMCA	24:09.50	25:06.27
	40.39	1:22.53 (42.14)	2:06.45 (43.92)	2:51.02 (44.57)	
	3:35.59 (44.57)	4:20.50 (44.91)	5:06.01 (45.51)	5:51.61 (45.60)	
	6:37.57 (45.96)	7:23.41 (45.84)	8:09.63 (46.22)	8:55.74 (46.11)	
	9:42.08 (46.34)	10:28.25 (46.17)	11:14.25 (46.00)	12:00.72 (46.47)	
	12:47.04 (46.32)	13:33.04 (46.00)	14:19.34 (46.30)	15:05.72 (46.38)	
	15:51.90 (46.18)	16:38.11 (46.21)	17:24.38 (46.27)	18:10.78 (46.40)	
	18:57.23 (46.45)	19:43.06 (45.83)	20:29.26 (46.20)	21:16.31 (47.05)	
	22:02.52 (46.21)	22:48.50 (45.98)	23:35.11 (46.61)	24:21.50 (46.39)	25:06.27 (44.77)
10	Criscione, Janet R	47	South County	48:41.62	46:27.61
	1:10.04	2:25.16 (1:15.12)	3:44.77 (1:19.61)	5:06.53 (1:21.76)	
	6:28.22 (1:21.69)	7:51.23 (1:23.01)	9:12.49 (1:21.26)	10:34.73 (1:22.24)	
	11:58.54 (1:23.81)	13:21.99 (1:23.45)	14:47.54 (1:25.55)	16:12.35 (1:24.81)	
	17:36.05 (1:23.70)	19:00.86 (1:24.81)	20:26.01 (1:25.15)	21:52.16 (1:26.15)	
	23:17.40 (1:25.24)	24:43.76 (1:26.36)	26:09.16 (1:25.40)	27:36.22 (1:27.06)	
	29:03.15 (1:26.93)	30:30.95 (1:27.80)	31:57.57 (1:26.62)	33:23.30 (1:25.73)	
	34:51.60 (1:28.30)	36:19.78 (1:28.18)	37:49.13 (1:29.35)	39:15.29 (1:26.16)	
	40:40.38 (1:25.09)	42:08.95 (1:28.57)	43:35.76 (1:26.81)	45:02.73 (1:26.97)	46:27.61 (1:24.88)
---	Recentwal, Laura J	46	Sarasota Family	29:00.00	DNF
	Did not finish				
	35.94	1:15.05 (39.11)	1:55.43 (40.38)	2:36.12 (40.69)	
	3:17.29 (41.17)	3:58.61 (41.32)	4:40.22 (41.61)	5:22.73 (42.51)	
	6:04.68 (41.95)	6:46.37 (41.69)	7:02.18 (15.81)		
---	Chin-Ogilvie, Adrienne	48	Sarasota Family	28:02.09	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 45-49 50 Yard Backstroke Time Trial**

NAT YMCA: 27.84 *

USMS: 28.00 ! 5/20/2007 K Pipes-Neilsen

- Time Trial

1 Pipes-Neilsen, Karlyn 47 Mid-Delmarva YMCA NT 27.84*

Women 45-49 50 Yard Backstroke

NAT YMCA: 27.84 * 4/18/2009 Karlyn Pipes-Nielsen

Mid-Delmarva

USMS: 28.00 ! 5/20/2007 K Pipes-Neilsen

1	Stolarski, Sheila M	47	Westport / Weston	31.00	29.03
2	DiTtommaso, Laurie A	46	Wyckoff FamilyY	31.30	30.20
3	Schnieders, Ann	48	YMCA Indy Swimfit	32.00	31.87
4	Smar, Susan M	45	Danville Family	34.21	34.89
5	Spivey, Kelly	46	Tampa Metro Masters	36.50	35.07
6	Fedako, Cathy A	47	Sarasota Family	40.00	35.80
7	Thomas, Ann B	49	YMCA of Central Texas	37.66	36.37
8	Goodman, Terri A	49	Sarasota Family	45.00	37.45
9	Winans, Colleen	48	Mid-Delmarva YMCA	38.50	39.21
10	Bennett, Sarah L	46	Broward County YMCA Masters	40.23	39.49
11	DiBlasi, Julie	49	Mid-Delmarva YMCA	42.14	42.83
12	Sinclair, Lisa	48	Tampa Metro Masters	44.00	43.49
---	Gruman, Leslie E	45	YMCA of South Palm Beach Cnty	1:00.30	NS
---	Crouch, Kim H	47	Wilton Family YMCA	33.33	NS
---	Brandon, Colleen	49	Westport / Weston	37.30	NS

Women 45-49 100 Yard Backstroke

NAT YMCA: 1:04.79 * 4/13/2007 Shelia Stolarski

WWFY-

USMS: 58.77 ! 12/16/2007 K Pipes-Neilsen

1	Stolarski, Sheila M	47	Westport / Weston	1:06.50	1:01.23*
	30.15				1:01.23 (31.08)
2	de Boer, Claire	48	Sarasota Family	1:15.00	1:11.91
	34.89				1:11.91 (37.02)
3	Woodburn, Andrea	45	Broward County YMCA Masters	1:20.00	1:13.50
	36.43				1:13.50 (37.07)
4	Smar, Susan M	45	Danville Family	1:15.02	1:15.42
	36.62				1:15.42 (38.80)
5	Spivey, Kelly	46	Tampa Metro Masters	1:18.00	1:16.55
	37.41				1:16.55 (39.14)
6	Childress-Brown, Tina	45	YMCA Indy Swimfit	1:13.00	1:17.08
	37.52				1:17.08 (39.56)
7	Hooe, Donna L	46	Hinesville (Coastal Georgia	1:19.78	1:17.74
	38.64				1:17.74 (39.10)
8	Hall, Ali	47	Mid-Delmarva YMCA	1:30.00	1:18.03
	38.65				1:18.03 (39.38)
9	Levi, Cherie A	45	Plymouth Community Family	1:50.00	1:23.90
	40.63				1:23.90 (43.27)
10	Rudie, Linda	47	Mid-Delmarva YMCA	1:24.04	1:27.26
	43.20				1:27.26 (44.06)
11	DiBlasi, Julie	49	Mid-Delmarva YMCA	1:27.24	1:28.82
	43.70				1:28.82 (45.12)
12	Bennett, Sarah L	46	Broward County YMCA Masters	1:26.93	1:28.89
	43.29				1:28.89 (45.60)
13	Mazyck, Carla	48	Mid-Delmarva YMCA	1:31.83	1:32.41
	44.98				1:32.41 (47.43)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 45-49 100 Yard Backstroke)**

14	Criscione, Janet R	47	South County	2:50.34	2:51.90
	1:21.25		2:51.90 (1:30.65)		
---	Jones, Elene	48	Sarasota Family	1:06.00	DQ
	Non-continuous turning action				

Women 45-49 200 Yard Backstroke

NAT YMCA: 2:09.13 * 4/14/2007		Karlyn Pipes-Neilsen		Danville	
USMS: 2:07.87 ! 5/18/2008		K Pipes-Neilsen			
1	Pipes-Neilsen, Karlyn	47	Mid-Delmarva YMCA	2:07.87	2:04.65 !
	30.28	1:01.74 (31.46)	1:33.39 (31.65)	2:04.65 (31.26)	
2	Stolarski, Sheila M	47	Westport / Weston	2:20.50	2:12.43
	30.87	1:03.12 (32.25)	1:37.38 (34.26)	2:12.43 (35.05)	
3	de Boer, Claire	48	Sarasota Family	2:39.00	2:37.58
	36.73	1:15.99 (39.26)	1:56.62 (40.63)	2:37.58 (40.96)	
4	Woodburn, Andrea	45	Broward County YMCA Masters	2:53.00	2:37.84
	38.36	1:17.77 (39.41)	1:58.39 (40.62)	2:37.84 (39.45)	
5	Hall, Ali	47	Mid-Delmarva YMCA	3:00.00	2:44.67
	40.72	1:23.47 (42.75)	2:04.99 (41.52)	2:44.67 (39.68)	
6	Hooe, Donna L	46	Hinesville (Coastal Georgia	2:47.83	2:44.75
	38.90	1:19.63 (40.73)	2:03.12 (43.49)	2:44.75 (41.63)	
7	Spivey, Kelly	46	Tampa Metro Masters	2:50.10	2:46.94
	38.79	1:21.09 (42.30)	2:04.28 (43.19)	2:46.94 (42.66)	
8	Rudie, Linda	47	Mid-Delmarva YMCA	2:54.54	3:08.54
	45.26	1:34.18 (48.92)	2:22.58 (48.40)	3:08.54 (45.96)	
9	Mazyck, Carla	48	Mid-Delmarva YMCA	3:16.02	3:11.51
	43.98	1:30.98 (47.00)	2:21.71 (50.73)	3:11.51 (49.80)	
10	Bennett, Sarah L	46	Broward County YMCA Masters	3:06.23	3:14.90
	45.60	1:35.26 (49.66)	2:26.32 (51.06)	3:14.90 (48.58)	
11	Swoboda, Sandy	45	Mid-Delmarva YMCA	3:15.88	3:17.66
		1:37.82 ()	2:28.63 (50.81)	3:17.66 (49.03)	
12	Criscione, Janet R	47	South County	6:09.60	5:54.68
	1:24.63	2:56.34 (1:31.71)	4:28.08 (1:31.74)	5:54.68 (1:26.60)	

Women 45-49 50 Yard Breaststroke

NAT YMCA: 31.27 * 4/13/2007		Karlyn Pipes-Neilsen		Danville	
USMS: 30.17 ! 5/20/2007		Caroline Krattli			
1	Pipes-Neilsen, Karlyn	47	Mid-Delmarva YMCA	31.27	30.91 *
2	Kessler, Laura L	48	Sarasota Family	35.50	32.91
3	Crouch, Kim H	47	Wilton Family YMCA	33.33	32.94
4	Vaughn, Holly A	47	Sarasota Family	33.50	33.42
5	Roy, Michele M	45	Andover North Andover	35.18	34.69
6	Nimkoff, Sian	45	Wilton Family YMCA	37.63	37.50
7	Winans, Colleen	48	Mid-Delmarva YMCA	40.43	39.62
8	Swoboda, Sandy	45	Mid-Delmarva YMCA	41.06	40.84
9	Chin-Ogilvie, Adrienne	48	Sarasota Family	40.90	41.58
10	Bennett, Sarah L	46	Broward County YMCA Masters	40.44	42.14
11	Burns, Starlene C	47	Downtown Orlando	55.00	48.04
---	DiTommaso, Laurie A	46	Wyckoff Family Y	34.70	NS
---	Brandon, Colleen	49	Westport / Weston	42.01	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 45-49 100 Yard Breaststroke**

NAT YMCA: 1:09.87 * 4/15/2007		Karlyn Pipes-Neilsen		Danville	
USMS: 1:06.01 ! 5/20/2007		Caroline Krattli			
1	Crouch, Kim H	47	Wilton Family YMCA	1:12.99	1:12.67
	34.20	1:12.67 (38.47)			
2	Vaughn, Holly A	47	Sarasota Family	1:11.60	1:13.05
	34.26	1:13.05 (38.79)			
3	DiTommaso, Laurie A	46	Wyckoff Family Y	1:17.10	1:13.20
	34.82	1:13.20 (38.38)			
4	Kessler, Laura L	48	Sarasota Family	1:18.00	1:13.46
	34.96	1:13.46 (38.50)			
5	Bennett, Ellen K	46	Sarasota Family	1:17.06	1:14.67
	35.22	1:14.67 (39.45)			
6	Roy, Michele M	45	Andover North Andover	1:18.28	1:18.35
	36.46	1:18.35 (41.89)			
7	Childress-Brown, Tina	45	YMCA Indy Swimfit	1:22.00	1:21.30
	38.76	1:21.30 (42.54)			
8	Woodburn, Andrea	45	Broward County YMCA Masters	1:25.00	1:22.57
	39.87	1:22.57 (42.70)			
9	Winans, Colleen	48	Mid-Delmarva YMCA	1:25.32	1:27.10
	41.62	1:27.10 (45.48)			
10	Smar, Susan M	45	Danville Family	1:29.77	1:29.74
	42.03	1:29.74 (47.71)			
11	Swoboda, Sandy	45	Mid-Delmarva YMCA	1:32.11	1:30.35
	42.91	1:30.35 (47.44)			
12	Hooe, Donna L	46	Hinesville (Coastal Georgia)	1:28.08	1:30.53
	43.53	1:30.53 (47.00)			
13	Chin-Ogilvie, Adrienne	48	Sarasota Family	1:31.07	1:31.94
	45.23	1:31.94 (46.71)			
14	Bennett, Sarah L	46	Broward County YMCA Masters	1:28.94	1:32.87
	45.09	1:32.87 (47.78)			
15	Polatin, Rita F	49	Metro West MA	1:28.01	1:35.21
	44.83	1:35.21 (50.38)			
16	Burns, Starlene C	47	Downtown Orlando	1:50.00	1:46.71
	52.44	1:46.71 (54.27)			
17	Criscione, Janet R	47	South County	2:30.26	2:25.50
	1:10.23	2:25.50 (1:15.27)			
---	Nimkoff, Sian	45	Wilton Family YMCA	1:20.39	NS

Women 45-49 200 Yard Breaststroke

NAT YMCA: 2:41.12 * 4/23/2005		Karen Mareb		ANA-	
USMS: 2:25.76 ! 5/20/2007		Caroline Krattli			
1	Crouch, Kim H	47	Wilton Family YMCA	2:38.99	2:39.80*
	36.63	1:17.41 (40.78)	1:58.85 (41.44)	2:39.80 (40.95)	
2	Bennett, Ellen K	46	Sarasota Family	2:46.57	2:43.58
	36.68	1:17.72 (41.04)	1:59.85 (42.13)	2:43.58 (43.73)	
3	Vaughn, Holly A	47	Sarasota Family	2:42.07	2:46.81
	36.67	1:17.49 (40.82)	2:01.48 (43.99)	2:46.81 (45.33)	
4	Roy, Michele M	45	Andover North Andover	2:51.29	2:52.07
	38.38	1:21.56 (43.18)	2:06.70 (45.14)	2:52.07 (45.37)	
5	Nimkoff, Sian	45	Wilton Family YMCA	2:52.22	2:54.72
	40.06	1:23.80 (43.74)	2:08.99 (45.19)	2:54.72 (45.73)	
6	Woodburn, Andrea	45	Broward County YMCA Masters	3:00.00	3:01.97
	39.39	1:24.46 (45.07)	2:13.16 (48.70)	3:01.97 (48.81)	

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Odd Heats East Pool Even Heats West Pool

Results

(Women 45-49 200 Yard Breaststroke)

7	Hannon, Lisa	45	Mid-Delmarva YMCA	2:55.00	3:11.10
	41.45	1:28.66 (47.21)	2:18.64 (49.98)	3:11.10 (52.46)	
8	Hooe, Donna L	46	Hinesville (Coastal Georgia	3:13.89	3:11.96
	44.15	1:32.81 (48.66)	2:21.58 (48.77)	3:11.96 (50.38)	
9	Winans, Colleen	48	Mid-Delmarva YMCA	3:11.93	3:14.92
	42.99	1:31.85 (48.86)	2:24.26 (52.41)	3:14.92 (50.66)	
10	Bennett, Sarah L	46	Broward County YMCA Masters	3:12.50	3:17.82
	45.24	1:35.11 (49.87)	2:26.25 (51.14)	3:17.82 (51.57)	
11	Swoboda, Sandy	45	Mid-Delmarva YMCA	3:35.25	3:19.94
	46.66	1:37.18 (50.52)	2:29.65 (52.47)	3:19.94 (50.29)	
12	Chin-Ogilvie, Adrienne	48	Sarasota Family	3:21.24	3:23.74
	47.72	1:40.71 (52.99)	2:36.49 (55.78)	3:23.74 (47.25)	
13	Polatin, Rita F	49	Metro West MA	3:13.08	3:24.26
	45.65	1:37.74 (52.09)	2:30.80 (53.06)	3:24.26 (53.46)	
14	Criscione, Janet R	47	South County	5:30.11	5:09.13
	1:11.11	2:31.33 (1:20.22)	3:50.76 (1:19.43)	5:09.13 (1:18.37)	

Women 45-49 50 Yard Butterfly

NAT YMCA:	27.78	*	5/16/2008	Laurie DiTommaso	South Hills Area
USMS:	26.24	!	5/4/2008	Barbara Scouler	
1	Pipes-Neilsen, Karlyn	47	Mid-Delmarva YMCA	26.24	26.24!
2	DiTommaso, Laurie A	46	Wyckoff FamilyY	27.70	27.07*
3	Block, Andrea J	47	Wilton Family YMCA	28.33	27.65*
4	Stolarski, Sheila M	47	Westport / Weston	30.50	28.11
5	Crouch, Kim H	47	Wilton Family YMCA	28.99	28.36
6	Kessler, Laura L	48	Sarasota Family	30.50	29.53
7	Roy, Michele M	45	Andover North Andover	30.71	29.71
8	Nimkoff, Sian	45	Wilton Family YMCA	31.34	30.78
9	Smar, Susan M	45	Danville Family	30.94	30.91
10	Spivey, Kelly	46	Tampa Metro Masters	32.50	32.74
11	Hannon, Lisa	45	Mid-Delmarva YMCA	31.50	33.14
12	Recentwal, Laura J	46	Sarasota Family	40.00	34.84
13	Thomas, Ann B	49	YMCA of Central Texas	34.94	35.15
14	Stewart, Sharon M	49	Broward County YMCA Masters	34.80	35.51
15	Rudie, Linda	47	Mid-Delmarva YMCA	36.98	37.81
16	DiBlasi, Julie	49	Mid-Delmarva YMCA	39.16	38.78
17	Sinclair, Lisa	48	Tampa Metro Masters	39.00	39.20
18	Mazyck, Carla	48	Mid-Delmarva YMCA	41.08	41.19
---	Moll, Tracie	45	YMCA of Central Texas	29.79	NS
---	Chin-Ogilvie, Adrienne	48	Sarasota Family	40.66	NS
---	Brandon, Colleen	49	Westport / Weston	35.60	NS

Women 45-49 100 Yard Butterfly

NAT YMCA:	58.39	*	4/15/2007	Karlyn Pipes-Neilsen	Danville
USMS:	57.42	!	12/16/2007	K Pipes-Neilsen	
1	Pipes-Neilsen, Karlyn	47	Mid-Delmarva YMCA	57.42	58.43
	27.48	58.43 (30.95)			
2	Block, Andrea J	47	Wilton Family YMCA	1:01.33	1:00.75
	28.95	1:00.75 (31.80)			
3	Roy, Michele M	45	Andover North Andover	1:09.70	1:07.52
	30.76	1:07.52 (36.76)			

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Results

(Women 45-49 100 Yard Butterfly)

4	de Boer, Claire	48	Sarasota Family	1:09.00	1:08.45
	32.36	1:08.45	(36.09)		
5	Nimkoff, Sian	45	Wilton Family YMCA	1:11.18	1:08.58
	31.96	1:08.58	(36.62)		
6	Castro, Leticia	49	Broward County YMCA Masters	1:10.09	1:12.05
	33.81	1:12.05	(38.24)		
7	Spivey, Kelly	46	Tampa Metro Masters	1:21.10	1:14.67
	34.45	1:14.67	(40.22)		
8	Goodman, Terri A	49	Sarasota Family	1:28.00	1:18.96
	37.32	1:18.96	(41.64)		
9	Recentwal, Laura J	46	Sarasota Family	1:26.00	1:23.77
	37.23	1:23.77	(46.54)		
10	Rudie, Linda	47	Mid-Delmarva YMCA	1:25.14	1:28.05
	40.86	1:28.05	(47.19)		
11	Swoboda, Sandy	45	Mid-Delmarva YMCA	1:28.90	1:31.84
	43.70	1:31.84	(48.14)		
12	Chin-Ogilvie, Adrienne	48	Sarasota Family	1:47.15	1:53.34
	51.38	1:53.34	(1:01.96)		
---	Stewart, Sharon M	49	Broward County YMCA Masters	1:16.00	NS
---	Criscione, Janet R	47	South County	4:10.51	NS

Women 45-49 200 Yard Butterfly

NAT YMCA: 2:09.76 * 4/13/2007		Karlyn Pipes-Neilsen		Danville	
USMS: 2:09.07 ! 11/3/2007		K Pipes-Neilsen			
1	Block, Andrea J	47	Wilton Family YMCA	2:20.33	2:16.09
	31.08	1:05.73	(34.65)	1:41.27	(35.54)
				2:16.09	(34.82)
2	Castro, Leticia	49	Broward County YMCA Masters	2:37.10	2:33.70
	33.29	1:11.73	(38.44)	1:53.35	(41.62)
				2:33.70	(40.35)
3	de Boer, Claire	48	Sarasota Family	2:35.00	2:35.55
	33.81	1:11.97	(38.16)	1:52.73	(40.76)
				2:35.55	(42.82)
4	Nimkoff, Sian	45	Wilton Family YMCA	2:47.95	2:38.60
	34.98	1:14.04	(39.06)	1:55.43	(41.39)
				2:38.60	(43.17)
5	Hall, Ali	47	Mid-Delmarva YMCA	3:30.00	3:00.05
	39.89	1:23.28	(43.39)	2:11.59	(48.31)
				3:00.05	(48.46)
6	Recentwal, Laura J	46	Sarasota Family	3:00.00	3:01.09
	38.14	1:23.58	(45.44)	2:11.63	(48.05)
				3:01.09	(49.46)
7	Rudie, Linda	47	Mid-Delmarva YMCA	3:04.72	3:16.33
	40.96	1:30.64	(49.68)	2:23.07	(52.43)
				3:16.33	(53.26)
8	Polatin, Rita F	49	Metro West MA	3:07.68	3:17.77
	41.26	1:31.76	(50.50)	2:24.55	(52.79)
				3:17.77	(53.22)
9	Swoboda, Sandy	45	Mid-Delmarva YMCA	3:35.10	3:30.01
	48.55	1:43.66	(55.11)	2:39.88	(56.22)
				3:30.01	(50.13)
---	Goodman, Terri A	49	Sarasota Family	3:40.00	NS
---	Chin-Ogilvie, Adrienne	48	Sarasota Family	4:19.50	NS

Women 45-49 100 Yard IM

NAT YMCA: 1:00.31 * 4/14/2007		Karlyn Pipes-Neilsen		Danville	
USMS: 1:00.10 ! 5/20/2007		K Pipes-Neilsen			
1	Pipes-Neilsen, Karlyn	47	Mid-Delmarva YMCA	1:00.10	59.48!
	27.54	59.48	(31.94)		
2	DiTommaso, Laurie A	46	Wyckoff Family Y	1:05.60	1:03.70
	29.21	1:03.70	(34.49)		

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Results

(Women 45-49 100 Yard IM)

3	Crouch, Kim H	47	Wilton Family YMCA	1:05.33	1:04.73
	30.61			1:04.73 (34.12)	
4	Kessler, Laura L	48	Sarasota Family	1:09.50	1:05.34
	30.87			1:05.34 (34.47)	
5	Block, Andrea J	47	Wilton Family YMCA	1:08.33	1:06.18
	30.68			1:06.18 (35.50)	
6	Vaughn, Holly A	47	Sarasota Family	1:06.00	1:06.53
	32.25			1:06.53 (34.28)	
7	Bennett, Ellen K	46	Sarasota Family	1:08.82	1:07.55
	31.84			1:07.55 (35.71)	
8	Roy, Michele M	45	Andover North Andover	1:10.89	1:09.46
	32.93			1:09.46 (36.53)	
9	Childress-Brown, Tina	45	YMCA Indy Swimfit	1:12.20	1:11.61
	34.41			1:11.61 (37.20)	
10	de Boer, Claire	48	Sarasota Family	1:16.00	1:13.86
	34.20			1:13.86 (39.66)	
11	Smar, Susan M	45	Danville Family	1:12.87	1:14.80
	33.25			1:14.80 (41.55)	
12	Thomas, Ann B	49	YMCA of Central Texas	1:17.65	1:16.59
	35.69			1:16.59 (40.90)	
13	Recentwal, Laura J	46	Sarasota Family	1:24.00	1:16.61
	36.32			1:16.61 (40.29)	
14	Schnieders, Ann	48	YMCA Indy Swimfit	1:14.00	1:18.40
	34.91			1:18.40 (43.49)	
15	Winans, Colleen	48	Mid-Delmarva YMCA	1:21.00	1:24.55
	39.64			1:24.55 (44.91)	
16	DiBlasi, Julie	49	Mid-Delmarva YMCA	1:23.79	1:24.76
	41.32			1:24.76 (43.44)	
17	Sinclair, Lisa	48	Tampa Metro Masters	1:28.00	1:26.71
	40.24			1:26.71 (46.47)	
18	Mazyck, Carla	48	Mid-Delmarva YMCA	1:30.10	1:31.03
	43.05			1:31.03 (47.98)	
19	Chin-Ogilvie, Adrienne	48	Sarasota Family	1:30.55	1:35.81
	50.42			1:35.81 (45.39)	
---	Gruman, Leslie E	45	YMCA of South Palm Beach Cnty	2:03.40	DQ
	Alternating Kick - breast				
---	Brandon, Colleen	49	Westport / Weston	1:19.01	NS

Women 45-49 200 Yard IM

NAT YMCA: 2:11.49 * 4/15/2007		Karlyn Pipes-Neilsen		Danville	
USMS: 2:07.26 ! 12/16/2007		K Pipes-Neilsen			
1	Crouch, Kim H	47	Wilton Family YMCA	2:24.33	2:20.71
	29.66			1:06.71 (37.05)	1:48.31 (41.60)
				2:20.71 (32.40)	
2	Kessler, Laura L	48	Sarasota Family	2:29.50	2:22.26
	31.27			1:08.29 (37.02)	1:49.65 (41.36)
				2:22.26 (32.61)	
3	Payne, Lori A	49	Plymouth Community Family	2:29.12	2:23.23
	30.51			1:08.27 (37.76)	1:51.65 (43.38)
				2:23.23 (31.58)	
4	Bennett, Ellen K	46	Sarasota Family	2:29.89	2:28.84
	32.61			1:12.20 (39.59)	1:54.79 (42.59)
				2:28.84 (34.05)	
5	Smar, Susan M	45	Danville Family	2:43.19	2:46.53
	34.85			1:17.12 (42.27)	2:07.21 (50.09)
				2:46.53 (39.32)	

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Results

(Women 45-49 200 Yard IM)

6	Hall, Ali	47	Mid-Delmarva YMCA	3:00.00	2:48.40
	38.38	1:22.52 (44.14)	2:11.20 (48.68)	2:48.40 (37.20)	
7	Stewart, Sharon M	49	Broward County YMCA Masters	2:49.00	2:51.40
	35.84	1:20.81 (44.97)	2:12.22 (51.41)	2:51.40 (39.18)	
8	Bennett, Sarah L	46	Broward County YMCA Masters	3:02.74	3:00.96
	44.21	1:32.38 (48.17)	2:23.62 (51.24)	3:00.96 (37.34)	
9	Winans, Colleen	48	Mid-Delmarva YMCA	3:03.24	3:05.99
	43.66	1:32.28 (48.62)	2:23.88 (51.60)	3:05.99 (42.11)	
10	Recentwal, Laura J	46	Sarasota Family	3:00.00	3:08.93
	38.23	1:27.77 (49.54)	2:23.58 (55.81)	3:08.93 (45.35)	
11	Swoboda, Sandy	45	Mid-Delmarva YMCA	3:10.73	3:10.09
	44.41	1:33.96 (49.55)	2:25.85 (51.89)	3:10.09 (44.24)	
12	Mazyck, Carla	48	Mid-Delmarva YMCA	3:25.40	3:25.13
	45.64	1:39.84 (54.20)	2:41.29 (1:01.45)	3:25.13 (43.84)	
13	Criscione, Janet R	47	South County	5:51.73	6:10.98
	1:59.42	3:33.73 (1:34.31)	4:52.84 (1:19.11)	6:10.98 (1:18.14)	
---	Nimkoff, Sian	45	Wilton Family YMCA	2:40.00	NS

Women 45-49 400 Yard IM

NAT YMCA: 5:11.14 * 2001		Danielle Ogier		Ocean Co, NJ	
USMS: 4:38.27 ! 11/3/2007		K Pipes-Neilsen			
1	Block, Andrea J	47	Wilton Family YMCA	5:15.33	4:59.41 *
	30.59	1:04.15 (33.56)	1:44.07 (39.92)	2:23.85 (39.78)	
	3:08.63 (44.78)	3:53.97 (45.34)	4:27.10 (33.13)	4:59.41 (32.31)	
2	Bennett, Ellen K	46	Sarasota Family	5:20.58	5:13.17
	32.76	1:10.32 (37.56)	1:52.29 (41.97)	2:34.28 (41.99)	
	3:18.64 (44.36)	4:03.64 (45.00)	4:39.03 (35.39)	5:13.17 (34.14)	
3	Payne, Lori A	49	Plymouth Community Family	5:15.00	5:15.11
	32.55	1:10.33 (37.78)	1:51.85 (41.52)	2:32.87 (41.02)	
	3:19.46 (46.59)	4:06.77 (47.31)	4:41.49 (34.72)	5:15.11 (33.62)	
4	Castro, Leticia	49	Broward County YMCA Masters	5:29.00	5:26.06
	33.49	1:12.27 (38.78)	1:54.67 (42.40)	2:35.11 (40.44)	
	3:24.74 (49.63)	4:14.64 (49.90)	4:51.27 (36.63)	5:26.06 (34.79)	
5	de Boer, Claire	48	Sarasota Family	5:45.00	5:36.69
	34.05	1:12.81 (38.76)	1:54.24 (41.43)	2:36.01 (41.77)	
	3:27.40 (51.39)	4:19.66 (52.26)	4:59.06 (39.40)	5:36.69 (37.63)	
6	Hall, Ali	47	Mid-Delmarva YMCA	6:30.00	6:00.94
	40.68	1:26.84 (46.16)	2:10.87 (44.03)	2:56.25 (45.38)	
	3:48.54 (52.29)	4:43.48 (54.94)	5:23.54 (40.06)	6:00.94 (37.40)	
7	Recentwal, Laura J	46	Sarasota Family	6:50.00	6:03.47
	38.18	1:22.59 (44.41)	2:10.25 (47.66)	2:59.83 (49.58)	
	3:51.35 (51.52)	4:44.40 (53.05)	5:24.60 (40.20)	6:03.47 (38.87)	
8	Spivey, Kelly	46	Tampa Metro Masters	6:10.10	6:05.71
	38.70	1:23.32 (44.62)	2:09.56 (46.24)	2:54.78 (45.22)	
	3:50.64 (55.86)	4:45.95 (55.31)	5:26.88 (40.93)	6:05.71 (38.83)	
9	Smar, Susan M	45	Danville Family	6:04.00	6:06.61
	37.03	1:21.23 (44.20)	2:09.31 (48.08)	2:58.05 (48.74)	
	3:48.52 (50.47)	4:40.97 (52.45)	5:24.41 (43.44)	6:06.61 (42.20)	
10	Stewart, Sharon M	49	Broward County YMCA Masters	5:55.00	6:09.34
	37.20	1:20.34 (43.14)	2:10.11 (49.77)	2:59.67 (49.56)	
	3:53.46 (53.79)	4:46.98 (53.52)	5:28.91 (41.93)	6:09.34 (40.43)	

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Odd Heats East Pool Even Heats West Pool

Results

(Women 45-49 400 Yard IM)

11	Polatin, Rita F	49	Metro West MA	6:03.32	6:27.06
	43.52	1:35.83 (52.31)	2:25.40 (49.57)	3:15.77 (50.37)	
	4:08.89 (53.12)	5:04.26 (55.37)	5:46.53 (42.27)	6:27.06 (40.53)	
12	Winans, Colleen	48	Mid-Delmarva YMCA	6:25.62	6:39.93
	41.04	1:34.96 (53.92)	2:28.41 (53.45)	3:22.18 (53.77)	
	4:18.19 (56.01)	5:13.10 (54.91)	5:58.82 (45.72)	6:39.93 (41.11)	
13	Mazyck, Carla	48	Mid-Delmarva YMCA	7:24.67	7:11.48
	47.34	1:47.96 (1:00.62)	2:42.99 (55.03)	3:35.39 (52.40)	
	4:36.78 (1:01.39)	5:39.48 (1:02.70)	6:26.32 (46.84)	7:11.48 (45.16)	
---	Bennett, Sarah L	46	Broward County YMCA Masters	6:29.69	NS

Women 50-54 50 Yard Freestyle

NAT YMCA:	25.94	*	5/17/2008	Pat A Sargeant	BrowardCounty FL
USMS:	24.92	!	5/4/2008	Traci Granger	
1	Mareb, Karen M	50	Andover North Andover	28.50	26.70
2	Early, Marilyn E	51	Northern Michigan	27.30	26.81
3	McDonnell, Peggy H	53	Broward County YMCA Masters	28.50	27.83
4	Carpenter, Kelley C	52	Sarasota Family	27.81	27.86
5	Doyle, Deanna	51	Sarasota Family	28.00	28.02
6	Springer, Jill C	50	Mid-Delmarva YMCA	28.25	28.53
7	Cipriano, Deborah R	52	Wyckoff Family Y	28.90	28.59
8	Rizzi, Markley B	50	Westport / Weston	27.90	28.99
9	Seier, Lydia S	52	Broward County YMCA Masters	31.20	29.20
10	Protzman, Barbara	54	Broward County YMCA Masters	31.00	29.92
11	Meyer, Paula	50	YMCA Indy Swimfit	30.00	31.48
12	Donoghue, Dawn A	50	Sarasota Family	36.00	31.66
13	Sweetapple, Mary L	52	Broward County YMCA Masters	35.00	35.43
14	Baker, Debbie A	51	Downtown Orlando	43.00	39.98
15	Showalter, Linda J	52	Sarasota Family	55.00	40.36
---	Lasher, Cyn H	52	Sarasota Family	30.00	NS
---	Sather, Jeanne	51	YMCA of Central Texas	36.77	NS
---	Mann, Melinda J	52	Oshkosh Community YMCA	27.93	NS
---	Dawson, Karleen E	51	Sarasota Family	28.00	NS

Women 50-54 100 Yard Freestyle Time Trial

NAT YMCA:	58.16	*	
USMS:	54.38	!	5/17/2002 Laura Val

- Time Trial

1	Carpenter, Kelley C	52	Sarasota Family	NT	1:02.32
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Women 50-54 100 Yard Freestyle

NAT YMCA:	58.16	*	2003	Danielle Ogier	Houston, TX
USMS:	54.38	!	5/17/2002	Laura Val	
1	Early, Marilyn E	51	Northern Michigan	58.90	58.41
	28.35	58.41 (30.06)			
2	Doyle, Deanna	51	Sarasota Family	1:01.00	1:01.65
	29.41	1:01.65 (32.24)			
3	Carpenter, Kelley C	52	Sarasota Family	1:03.09	1:01.81
	29.49	1:01.81 (32.32)			
4	Cipriano, Deborah R	52	Wyckoff Family Y	1:05.60	1:01.89
	29.59	1:01.89 (32.30)			
5	Devanney, Celia C	51	Broward County YMCA Masters	1:03.00	1:03.00
	30.25	1:03.00 (32.75)			

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Odd Heats East Pool Even Heats West Pool

Results

(Women 50-54 100 Yard Freestyle)

6	Protzman, Barbara	54	Broward County YMCA Masters	1:08.00	1:05.46
	30.97			1:05.46 (34.49)	
7	Seier, Lydia S	52	Broward County YMCA Masters	1:09.00	1:07.13
	32.10			1:07.13 (35.03)	
8	Sikora, Rosanna	53	South Hills YMCA	1:10.24	1:09.88
	33.58			1:09.88 (36.30)	
---	Itzler, Ellen R	50	YMCA of Central Texas	1:15.77	NS
---	Sather, Jeanne	51	YMCA of Central Texas	1:18.77	NS
---	Mareb, Karen M	50	Andover North Andover	1:01.00	NS
---	Showalter, Linda J	52	Sarasota Family	1:50.00	NS
---	Dawson, Karleen E	51	Sarasota Family	1:05.00	NS
---	Donoghue, Dawn A	50	Sarasota Family	1:23.00	NS

Women 50-54 200 Yard Freestyle

NAT YMCA: 2:06.62 * 2003		Danielle Ogier		Houston, TX	
USMS: 1:59.55 ! 5/17/2002		Laura Val			
1	Early, Marilyn E	51	Northern Michigan	2:12.00	2:09.33
	29.87			1:02.50 (32.63)	
				1:35.92 (33.42)	2:09.33 (33.41)
2	Mareb, Karen M	50	Andover North Andover	2:18.00	2:12.41
	31.12			1:05.01 (33.89)	
				1:39.13 (34.12)	2:12.41 (33.28)
3	Devanney, Celia C	51	Broward County YMCA Masters	2:17.00	2:13.45
	30.82			1:04.31 (33.49)	
				1:39.26 (34.95)	2:13.45 (34.19)
4	Cipriano, Deborah R	52	Wyckoff Family Y	2:21.00	2:15.01
	31.12			1:05.28 (34.16)	
				1:40.07 (34.79)	2:15.01 (34.94)
5	Springer, Jill C	50	Mid-Delmarva YMCA	2:21.00	2:22.81
	32.90			1:09.05 (36.15)	
				1:46.49 (37.44)	2:22.81 (36.32)
6	Protzman, Barbara	54	Broward County YMCA Masters	2:27.00	2:23.71
	32.16			1:08.73 (36.57)	
				1:46.51 (37.78)	2:23.71 (37.20)
7	Sikora, Rosanna	53	South Hills YMCA	2:37.86	2:33.28
	34.23			1:13.64 (39.41)	
				1:54.23 (40.59)	2:33.28 (39.05)
8	Donoghue, Dawn A	50	Sarasota Family	2:56.00	2:35.38
	33.85			1:12.06 (38.21)	
				1:53.44 (41.38)	2:35.38 (41.94)
---	Itzler, Ellen R	50	YMCA of Central Texas	2:52.54	NS
---	Showalter, Linda J	52	Sarasota Family	4:30.00	NS
---	Sather, Jeanne	51	YMCA of Central Texas	2:50.77	NS
	2:27.13				

Women 50-54 500 Yard Freestyle

NAT YMCA: 5:48.08 * 5/17/2008		Laurie J Allio		Dane County WI-W	
USMS: 5:27.07 ! 3/9/2002		Laura Val			
1	Early, Marilyn E	51	Northern Michigan	6:05.00	5:51.80
	31.91			1:06.83 (34.92)	
				1:42.28 (35.45)	2:18.19 (35.91)
	2:53.97 (35.78)			3:30.08 (36.11)	4:06.50 (36.42)
	5:17.51 (35.41)			5:51.80 (34.29)	4:42.10 (35.60)
2	Devanney, Celia C	51	Broward County YMCA Masters	6:04.00	5:55.94
	32.27			1:07.17 (34.90)	
				1:43.22 (36.05)	2:19.63 (36.41)
	2:56.40 (36.77)			3:32.89 (36.49)	4:09.63 (36.74)
	5:21.61 (35.73)			5:55.94 (34.33)	4:45.88 (36.25)
3	LaFountain, Darcy H	53	Broward County YMCA Masters	6:17.00	6:15.44
	34.13			1:10.94 (36.81)	
				1:49.00 (38.06)	2:27.80 (38.80)
	3:06.35 (38.55)			3:44.85 (38.50)	4:23.15 (38.30)
	5:39.16 (37.70)			6:15.44 (36.28)	5:01.46 (38.31)

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Odd Heats East Pool Even Heats West Pool

Results

(Women 50-54 500 Yard Freestyle)

4	Protzman, Barbara	54	Broward County YMCA Masters	6:36.00	6:29.61
	32.94	1:10.39 (37.45)	1:49.21 (38.82)	2:28.27 (39.06)	
	3:07.79 (39.52)	3:47.68 (39.89)	4:27.72 (40.04)	5:08.41 (40.69)	
	5:49.15 (40.74)	6:29.61 (40.46)			
5	Sikora, Rosanna	53	South Hills YMCA	6:55.04	6:39.57
	35.87	1:16.16 (40.29)	1:57.62 (41.46)	2:39.00 (41.38)	
	3:19.99 (40.99)	4:00.57 (40.58)	4:41.14 (40.57)	5:21.04 (39.90)	
	6:00.83 (39.79)	6:39.57 (38.74)			
6	Meyer, Paula	50	YMCA Indy Swimfit	7:00.00	6:57.62
	35.06	1:15.52 (40.46)	1:57.94 (42.42)	2:40.13 (42.19)	
	3:22.84 (42.71)	4:06.17 (43.33)	4:49.13 (42.96)	5:32.53 (43.40)	
	6:15.57 (43.04)	6:57.62 (42.05)			
7	Taylor, Susan	51	Mid-Delmarva YMCA	7:10.19	7:16.01
	36.76	1:18.69 (41.93)	2:02.61 (43.92)	2:46.96 (44.35)	
	3:31.24 (44.28)	4:16.54 (45.30)	5:01.87 (45.33)	5:46.86 (44.99)	
	6:32.40 (45.54)	7:16.01 (43.61)			
8	Delanois, Barbara	53	Danville Family	7:16.47	7:23.62
	38.62	1:21.82 (43.20)	2:07.53 (45.71)	2:53.62 (46.09)	
	3:39.52 (45.90)	4:25.50 (45.98)	5:11.25 (45.75)	5:56.79 (45.54)	
	6:41.33 (44.54)	7:23.62 (42.29)			
9	Showalter, Linda J	52	Sarasota Family	9:30.00	9:12.63
	48.08	1:41.84 (53.76)	2:38.27 (56.43)	3:35.05 (56.78)	
	4:33.02 (57.97)	5:30.35 (57.33)	6:27.73 (57.38)	7:24.58 (56.85)	
	8:20.59 (56.01)	9:12.63 (52.04)			
---	Sather, Jeanne	51	YMCA of Central Texas	7:48.08	NS
---	Itzler, Ellen R	50	YMCA of Central Texas	7:40.80	NS

Women 50-54 1000 Yard Freestyle

NAT YMCA: 11:45.60 * 5/15/2008 Laurie J Allio **Dane County WI-W**

USMS: 11:16.62 ! 4/14/2002 Laura Val

1	Devanney, Celia C	51	Broward County YMCA Masters	12:18.00	12:18.33
	32.46	1:08.43 (35.97)	1:46.05 (37.62)	2:23.79 (37.74)	
	3:01.24 (37.45)	3:38.35 (37.11)	4:15.63 (37.28)	4:52.90 (37.27)	
	5:30.04 (37.14)	6:07.06 (37.02)	6:43.86 (36.80)	7:20.82 (36.96)	
	7:58.38 (37.56)	8:35.89 (37.51)	9:13.18 (37.29)	9:50.48 (37.30)	
	10:28.02 (37.54)	11:05.58 (37.56)	11:42.83 (37.25)	12:18.33 (35.50)	
2	Meyer, Paula	50	YMCA Indy Swimfit	14:30.00	14:29.13
	35.89	1:16.71 (40.82)	1:59.62 (42.91)	2:43.36 (43.74)	
	3:27.52 (44.16)	4:11.78 (44.26)	4:56.46 (44.68)	5:40.70 (44.24)	
	6:24.23 (43.53)	7:08.31 (44.08)	7:52.92 (44.61)	8:37.11 (44.19)	
	9:21.39 (44.28)	10:05.90 (44.51)	10:49.33 (43.43)	11:32.95 (43.62)	
	12:16.99 (44.04)	13:00.84 (43.85)	13:44.76 (43.92)	14:29.13 (44.37)	
3	Delanois, Barbara	53	Danville Family	15:00.00	14:55.13
	38.35	1:20.63 (42.28)	2:05.40 (44.77)	2:50.87 (45.47)	
	3:37.50 (46.63)	4:23.34 (45.84)	5:09.15 (45.81)	5:54.39 (45.24)	
	6:39.84 (45.45)	7:24.90 (45.06)	8:10.57 (45.67)	8:55.34 (44.77)	
	9:40.22 (44.88)	10:25.35 (45.13)	11:10.57 (45.22)	11:56.65 (46.08)	
	12:42.23 (45.58)	13:28.01 (45.78)	14:12.35 (44.34)	14:55.13 (42.78)	
4	Sather, Jeanne	51	YMCA of Central Texas	16:02.11	15:38.96
	42.80	1:29.58 (46.78)	2:17.78 (48.20)	3:05.90 (48.12)	
	3:52.91 (47.01)	4:40.36 (47.45)	5:28.05 (47.69)	6:15.20 (47.15)	
	7:02.20 (47.00)	7:49.35 (47.15)	8:37.25 (47.90)	9:24.73 (47.48)	
	10:12.69 (47.96)	11:01.13 (48.44)	11:48.25 (47.12)	12:35.57 (47.32)	
	13:22.74 (47.17)	14:09.56 (46.82)	14:55.72 (46.16)	15:38.96 (43.24)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 50-54 1000 Yard Freestyle)**

5	Misiorski, Marcia	51	Andover North Andover	16:30.00	16:17.91
	44.89	1:31.98 (47.09)	2:19.98 (48.00)	3:08.42 (48.44)	
	3:57.66 (49.24)	4:46.27 (48.61)	5:35.40 (49.13)	6:24.50 (49.10)	
	7:14.20 (49.70)	8:04.21 (50.01)	8:53.88 (49.67)	9:43.68 (49.80)	
	10:33.72 (50.04)	11:23.41 (49.69)	12:13.08 (49.67)	13:02.12 (49.04)	
	13:51.57 (49.45)	14:41.32 (49.75)	15:30.52 (49.20)	16:17.91 (47.39)	
6	Konits, Cindy	54	Mid-Delmarva YMCA	16:33.68	16:18.97
	42.64	1:29.62 (46.98)	2:19.14 (49.52)	3:08.08 (48.94)	
	3:57.66 (49.58)	4:47.57 (49.91)	5:36.98 (49.41)	6:26.32 (49.34)	
	7:16.82 (50.50)	8:06.26 (49.44)	8:56.21 (49.95)	9:46.03 (49.82)	
	10:35.77 (49.74)	11:25.43 (49.66)	12:15.55 (50.12)	13:05.89 (50.34)	
	13:55.39 (49.50)	14:45.17 (49.78)	15:33.72 (48.55)	16:18.97 (45.25)	
7	Showalter, Linda J	52	Sarasota Family	20:00.10	18:02.59
	48.18	1:41.39 (53.21)	2:36.72 (55.33)	3:32.08 (55.36)	
	4:27.52 (55.44)	5:21.84 (54.32)		7:12.04 ()	
	8:06.95 (54.91)	9:02.47 (55.52)	9:57.81 (55.34)	10:52.88 (55.07)	
	11:47.35 (54.47)	12:42.08 (54.73)	13:36.60 (54.52)	14:31.04 (54.44)	
	15:25.36 (54.32)	16:19.34 (53.98)	17:12.43 (53.09)	18:02.59 (50.16)	

Women 50-54 1000 Yard Freestyle Time Trial**NAT YMCA: 11:45.60 *****USMS: 11:16.62 ! 4/14/2002 Laura Val****- Time Trial**

1	Taylor, Susan	51	Mid-Delmarva YMCA	NT	13:53.21
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Women 50-54 1650 Yard Freestyle**NAT YMCA: 19:51.83 * 5/15/2008 Laurie J Alliotto****Dane County WI-W****USMS: 18:42.24 ! 4/14/2002 Laura Val**

1	LaFountain, Darcy H	53	Broward County YMCA Masters	21:02.00	21:04.35
	34.28	1:10.67 (36.39)	1:48.52 (37.85)	2:27.01 (38.49)	
	3:05.55 (38.54)	3:44.03 (38.48)	4:22.19 (38.16)	5:00.72 (38.53)	
	5:38.80 (38.08)	6:17.66 (38.86)	6:56.55 (38.89)	7:35.48 (38.93)	
	8:14.51 (39.03)	8:53.08 (38.57)	9:31.68 (38.60)	10:10.38 (38.70)	
	10:49.39 (39.01)	11:28.17 (38.78)	12:06.77 (38.60)	12:45.38 (38.61)	
	13:23.79 (38.41)	14:02.53 (38.74)	14:41.20 (38.67)	15:19.51 (38.31)	
	15:58.17 (38.66)	16:37.16 (38.99)	17:15.77 (38.61)	17:54.14 (38.37)	
	18:32.85 (38.71)	19:11.16 (38.31)	19:49.72 (38.56)	20:27.87 (38.15)	21:04.35 (36.48)
2	Sikora, Rosanna	53	South Hills YMCA	23:16.77	23:06.99
	36.59	1:17.91 (41.32)	2:00.47 (42.56)	2:43.00 (42.53)	
	3:26.08 (43.08)	4:08.60 (42.52)	4:51.70 (43.10)	5:34.24 (42.54)	
	6:17.48 (43.24)	6:59.74 (42.26)	7:42.09 (42.35)	8:24.60 (42.51)	
	9:06.94 (42.34)	9:48.83 (41.89)	10:31.17 (42.34)	11:13.50 (42.33)	
	11:55.93 (42.43)	12:38.66 (42.73)	13:21.66 (43.00)	14:03.90 (42.24)	
	14:46.84 (42.94)	15:28.95 (42.11)	16:10.94 (41.99)	16:53.08 (42.14)	
	17:34.87 (41.79)	18:17.23 (42.36)	18:59.22 (41.99)	19:41.20 (41.98)	
	20:22.78 (41.58)	21:04.53 (41.75)	21:45.92 (41.39)	22:26.61 (40.69)	23:06.99 (40.38)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 50-54 1650 Yard Freestyle)**

3	Sather, Jeanne	51	YMCA of Central Texas	26:09.33	26:20.31
	42.53	1:29.35 (46.82)	2:16.89 (47.54)	3:04.39 (47.50)	
	3:52.49 (48.10)	4:40.97 (48.48)	5:28.96 (47.99)	6:17.90 (48.94)	
	7:06.68 (48.78)	7:55.68 (49.00)	8:43.91 (48.23)	9:32.94 (49.03)	
	10:21.47 (48.53)	11:10.01 (48.54)	11:58.23 (48.22)	12:46.24 (48.01)	
	13:35.21 (48.97)	14:23.15 (47.94)	15:11.15 (48.00)	15:58.96 (47.81)	
	16:48.17 (49.21)	17:36.81 (48.64)	18:25.77 (48.96)	19:13.51 (47.74)	
	20:01.12 (47.61)	20:49.22 (48.10)	21:37.45 (48.23)	22:25.01 (47.56)	
	23:12.37 (47.36)	24:00.41 (48.04)	24:47.86 (47.45)	25:35.78 (47.92)	26:20.31 (44.53)
4	Konits, Cindy	54	Mid-Delmarva YMCA	28:46.47	27:12.77
	43.41	1:31.69 (48.28)	2:20.90 (49.21)	3:10.18 (49.28)	
	3:59.45 (49.27)	4:48.72 (49.27)	5:38.72 (50.00)	6:28.21 (49.49)	
	7:17.26 (49.05)	8:06.64 (49.38)	8:56.90 (50.26)	9:46.60 (49.70)	
	10:36.17 (49.57)	11:26.28 (50.11)	12:15.56 (49.28)	13:05.20 (49.64)	
	13:55.44 (50.24)	14:45.28 (49.84)	15:34.82 (49.54)	16:25.09 (50.27)	
	17:15.07 (49.98)	18:04.61 (49.54)	18:54.59 (49.98)	19:43.88 (49.29)	
	20:33.70 (49.82)	21:23.39 (49.69)	22:12.90 (49.51)	23:01.97 (49.07)	
	23:52.24 (50.27)	24:42.13 (49.89)	25:31.56 (49.43)	26:20.99 (49.43)	27:12.77 (51.78)
5	Blubaugh, Diane	52	Mid-Delmarva YMCA	28:14.50	30:09.39
	50.39	1:43.45 (53.06)	2:37.28 (53.83)	3:32.86 (55.58)	
	4:27.87 (55.01)	5:23.67 (55.80)	6:19.22 (55.55)	7:14.07 (54.85)	
	8:09.16 (55.09)	9:05.05 (55.89)	10:00.43 (55.38)	10:56.08 (55.65)	
	11:52.31 (56.23)	12:47.77 (55.46)	13:43.41 (55.64)	14:39.09 (55.68)	
	15:33.87 (54.78)	16:28.86 (54.99)	17:24.58 (55.72)	18:21.07 (56.49)	
	19:16.83 (55.76)	20:12.67 (55.84)	21:07.69 (55.02)	22:02.81 (55.12)	
	22:58.00 (55.19)	23:53.01 (55.01)	24:48.54 (55.53)	25:42.90 (54.36)	
	26:37.12 (54.22)	27:31.32 (54.20)	28:25.72 (54.40)	29:19.47 (53.75)	30:09.39 (49.92)
6	Showalter, Linda J	52	Sarasota Family	33:15.80	30:44.95
	49.30	1:45.06 (55.76)	2:42.89 (57.83)	3:40.59 (57.70)	
	4:37.81 (57.22)	5:35.77 (57.96)	6:33.09 (57.32)	7:30.32 (57.23)	
	8:27.75 (57.43)	9:25.53 (57.78)	10:22.29 (56.76)	11:19.20 (56.91)	
	12:16.39 (57.19)	13:12.80 (56.41)	14:10.47 (57.67)	15:07.60 (57.13)	
	16:04.84 (57.24)	17:58.10 (1:53.26)	18:53.50 (55.40)	19:50.22 (56.72)	
	20:46.40 (56.18)	21:41.27 (54.87)	22:36.17 (54.90)		
	23:31.09 ()	24:25.70 (54.61)	25:19.94 (54.24)	26:15.02 (55.08)	
	27:09.98 (54.96)	28:04.90 (54.92)	28:59.50 (54.60)	29:53.32 (53.82)	30:44.95 (51.63)
---	Itzler, Ellen R	50	YMCA of Central Texas	28:00.77	NS

Women 50-54 50 Yard Backstroke

NAT YMCA: 30.94 * 5/19/2008		Debbie D Cavanaugh		Broward Co, FL	
USMS: 28.74 ! 6/23/2002		J Swagerty-Hill			
1	Fleury, Lindley A	50	Wilton Family YMCA	30.80	30.08*
2	Doyle, Deanna	51	Sarasota Family	32.00	30.98
3	Early, Marilyn E	51	Northern Michigan	33.30	32.62
4	Cavanaugh, Debbie D	51	Broward County YMCA Masters	35.00	32.87
5	McDonnell, Peggy H	53	Broward County YMCA Masters	33.96	33.02
6	Springer, Jill C	50	Mid-Delmarva YMCA	33.50	33.34
7	Mareb, Karen M	50	Andover North Andover	35.50	34.20
8	Cipriano, Deborah R	52	Wyckoff Family Y	37.50	35.31
9	Carpenter, Kelley C	52	Sarasota Family	38.50	37.34
10	LaFountain, Darcy H	53	Broward County YMCA Masters	36.90	37.55
11	Larson, Linda	53	YMCA of Central Texas	40.00	38.98
12	Delanois, Barbara	53	Danville Family	39.00	40.15

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13	Donoghue, Dawn A	50	Sarasota Family	50.00	41.49
14	Konits, Cindy	54	Mid-Delmarva YMCA	48.42	45.86
15	Blubaugh, Diane	52	Mid-Delmarva YMCA	48.90	48.44
16	Gonzales, Maria T	52	Downtown Orlando	1:00.00	49.98
---	Lasher, Cyn H	52	Sarasota Family	36.40	NS
---	Dawson, Karleen E	51	Sarasota Family	34.60	NS
---	Mann, Melinda J	52	Oshkosh Community YMCA	33.99	NS

Women 50-54 50 Yard Backstroke Time TrialNAT YMCA: **30.94** *USMS: **28.74** ! 6/23/2002 J Swagerty-Hill**- Time Trial**

1	Doyle, Deanna	51	Sarasota Family	NT	31.37
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Women 50-54 100 Yard BackstrokeNAT YMCA: **1:07.27** * 5/18/2008 **Debbie D Cavanaugh** **BrowardCounty FL**USMS: **1:02.67** ! 5/4/2008 **K Andrus-Hughes**

1	Fleury, Lindley A	50	Wilton Family YMCA	1:07.60	1:04.75 *
	31.34	1:04.75 (33.41)			
2	Doyle, Deanna	51	Sarasota Family	1:10.00	1:07.58
	33.31	1:07.58 (34.27)			
3	Early, Marilyn E	51	Northern Michigan	1:10.00	1:10.22
	34.02	1:10.22 (36.20)			
4	Cavanaugh, Debbie D	51	Broward County YMCA Masters	1:15.00	1:11.30
	35.29	1:11.30 (36.01)			
5	Springer, Jill C	50	Mid-Delmarva YMCA	1:12.50	1:12.44
	35.28	1:12.44 (37.16)			
6	Cipriano, Deborah R	52	Wyckoff Family Y	1:22.60	1:16.26
	36.96	1:16.26 (39.30)			
7	Meyer, Paula	50	YMCA Indy Swimfit	1:20.00	1:24.02
	40.82	1:24.02 (43.20)			
8	Larson, Linda	53	YMCA of Central Texas	1:30.00	1:24.74
	41.64	1:24.74 (43.10)			
9	Delanois, Barbara	53	Danville Family	1:22.00	1:26.37
	41.03	1:26.37 (45.34)			
10	Taylor, Susan	51	Mid-Delmarva YMCA	1:36.23	1:31.61
	44.14	1:31.61 (47.47)			
11	Konits, Cindy	54	Mid-Delmarva YMCA	1:42.83	1:33.28
	45.87	1:33.28 (47.41)			
12	Blubaugh, Diane	52	Mid-Delmarva YMCA	1:40.15	1:43.45
	50.54	1:43.45 (52.91)			
13	Gonzales, Maria T	52	Downtown Orlando	2:25.00	2:01.87
	59.30	2:01.87 (1:02.57)			
---	Lasher, Cyn H	52	Sarasota Family	1:20.81	NS
---	Donoghue, Dawn A	50	Sarasota Family	1:44.00	NS
	1:55.09				
---	Dawson, Karleen E	51	Sarasota Family	1:17.20	NS

Women 50-54 200 Yard BackstrokeNAT YMCA: **2:25.49** * 5/17/2008 **Debbie D Cavanaugh** **BrowardCounty FL**USMS: **2:19.01** ! 5/4/2008 **K Andrus-Hughes**

1	Fleury, Lindley A	50	Wilton Family YMCA	2:28.00	2:25.17 *
	33.00	1:08.94 (35.94)	1:46.96 (38.02)	2:25.17 (38.21)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 50-54 200 Yard Backstroke)**

2	Early, Marilyn E	51	Northern Michigan	2:33.00	2:32.26
	35.02	1:13.00 (37.98)	1:52.62 (39.62)	2:32.26 (39.64)	
3	Cavanaugh, Debbie D	51	Broward County YMCA Masters	2:45.00	2:38.02
	38.28	1:18.58 (40.30)	1:59.05 (40.47)	2:38.02 (38.97)	
4	Springer, Jill C	50	Mid-Delmarva YMCA	2:38.00	2:40.28
	37.77	1:18.26 (40.49)	1:59.51 (41.25)	2:40.28 (40.77)	
5	Larson, Linda	53	YMCA of Central Texas	3:20.00	3:03.83
	43.81	1:30.07 (46.26)	2:17.34 (47.27)	3:03.83 (46.49)	
6	Sikora, Rosanna	53	South Hills YMCA	3:09.21	3:06.40
	43.69	1:31.07 (47.38)	2:19.43 (48.36)	3:06.40 (46.97)	
7	Delanois, Barbara	53	Danville Family	3:00.00	3:06.76
	43.25	1:30.17 (46.92)	2:19.59 (49.42)	3:06.76 (47.17)	
8	Misiorski, Marcia	51	Andover North Andover	4:00.00	3:10.20
	44.14	1:31.27 (47.13)	2:20.96 (49.69)	3:10.20 (49.24)	
9	Konits, Cindy	54	Mid-Delmarva YMCA	3:34.25	3:16.74
	45.86	1:35.11 (49.25)	2:26.26 (51.15)	3:16.74 (50.48)	
10	Blubaugh, Diane	52	Mid-Delmarva YMCA	3:42.12	3:40.00
	52.30	1:48.26 (55.96)	2:44.94 (56.68)	3:40.00 (55.06)	
---	Lasher, Cyn H	52	Sarasota Family	2:59.72	NS
---	Gonzales, Maria T	52	Downtown Orlando	4:57.00	NS

Women 50-54 50 Yard Breaststroke

NAT YMCA: 33.21 * 4/13/2007 Melinda Mann OCY -
USMS: 33.21 ! 4/15/2007 Melinda Mann

1	Mareb, Karen M	50	Andover North Andover	34.50	33.93
2	Cavanaugh, Debbie D	51	Broward County YMCA Masters	38.00	35.78
3	McDonnell, Peggy H	53	Broward County YMCA Masters	37.20	36.48
4	Rizzi, Markley B	50	Westport / Weston	35.90	36.50
5	Doyle, Deanna	51	Sarasota Family	37.00	36.63
6	Carpenter, Kelley C	52	Sarasota Family	39.01	38.10
7	Taylor, Susan	51	Mid-Delmarva YMCA	44.54	42.32
8	Blubaugh, Diane	52	Mid-Delmarva YMCA	45.26	45.85
9	Baker, Debbie A	51	Downtown Orlando	55.00	50.54
10	Gonzales, Maria T	52	Downtown Orlando	55.00	51.32
---	Mann, Melinda J	52	Oshkosh Community YMCA	34.82	NS
---	Cipriano, Deborah R	52	Wyckoff Family Y	39.40	NS
---	Itzler, Ellen R	50	YMCA of Central Texas	45.77	NS

Women 50-54 100 Yard Breaststroke

NAT YMCA: 1:13.28 * 4/15/2007 Melinda Mann OCY -
USMS: 1:13.28 ! 4/15/2007 Melinda Mann

1	Mareb, Karen M	50	Andover North Andover	1:14.50	1:14.27
	34.78	1:14.27 (39.49)			
2	Rizzi, Markley B	50	Westport / Weston	1:17.50	1:19.31
	37.28	1:19.31 (42.03)			
3	McDonnell, Peggy H	53	Broward County YMCA Masters	1:23.00	1:20.29
	37.39	1:20.29 (42.90)			
4	Cavanaugh, Debbie D	51	Broward County YMCA Masters	1:30.00	1:20.87
	38.41	1:20.87 (42.46)			
5	Cipriano, Deborah R	52	Wyckoff Family Y	1:26.00	1:23.85
	39.87	1:23.85 (43.98)			

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6	Carpenter, Kelley C	52	Sarasota Family	1:24.90	1:25.43
	40.31			1:25.43 (45.12)	
7	Taylor, Susan	51	Mid-Delmarva YMCA	1:36.48	1:35.09
	44.98			1:35.09 (50.11)	
8	Blubaugh, Diane	52	Mid-Delmarva YMCA	1:41.90	1:43.13
	48.33			1:43.13 (54.80)	
9	Gonzales, Maria T	52	Downtown Orlando	2:03.00	1:46.84
	51.07			1:46.84 (55.77)	
10	Baker, Debbie A	51	Downtown Orlando	2:50.00	1:52.51
	52.00			1:52.51 (1:00.51)	
---	Mann, Melinda J	52	Oshkosh Community YMCA	1:14.34	NS

Women 50-54 200 Yard Breaststroke

NAT YMCA: 2:42.20 * 4/14/2007 Melinda Mann OCY -

USMS: 2:40.34 ! 5/20/2007 Karen Melick

1	Rizzi, Markley B	50	Westport / Weston	2:55.00	2:52.90
	38.34			1:21.29 (42.95)	2:06.94 (45.65)
				2:52.90 (45.96)	
2	Cavanaugh, Debbie D	51	Broward County YMCA Masters	3:00.00	2:59.53
	41.08			1:26.70 (45.62)	2:12.95 (46.25)
				2:59.53 (46.58)	
3	Taylor, Susan	51	Mid-Delmarva YMCA	3:28.10	3:28.47
	45.82			1:39.18 (53.36)	2:33.93 (54.75)
				3:28.47 (54.54)	
4	Misiorski, Marcia	51	Andover North Andover	4:00.00	3:38.61
	50.78			1:46.31 (55.53)	2:42.43 (56.12)
				3:38.61 (56.18)	
5	Blubaugh, Diane	52	Mid-Delmarva YMCA	3:39.96	3:46.19
	51.60			1:49.97 (58.37)	2:46.97 (57.00)
				3:46.19 (59.22)	
6	Gonzales, Maria T	52	Downtown Orlando	4:40.00	4:01.12
	52.80			1:52.60 (59.80)	2:57.85 (1:05.25)
				4:01.12 (1:03.27)	
---	Itzler, Ellen R	50	YMCA of Central Texas	3:28.77	DQ
	Downward butterfly kick				
---	Mann, Melinda J	52	Oshkosh Community YMCA	2:46.59	NS
---	Lasher, Cyn H	52	Sarasota Family	3:16.58	NS
---	Mareb, Karen M	50	Andover North Andover	2:45.00	NS

Women 50-54 50 Yard Butterfly

NAT YMCA: 28.64 * 1994 Dianna Todd Taft Palisades, CA

USMS: 27.19 ! 5/4/2008 Traci Granger

1	Fleury, Lindley A	50	Wilton Family YMCA	30.50	29.40
2	Springer, Jill C	50	Mid-Delmarva YMCA	29.65	29.44
3	Early, Marilyn E	51	Northern Michigan	30.80	29.59
4	McDonnell, Peggy H	53	Broward County YMCA Masters	31.00	30.66
5	Rizzi, Markley B	50	Westport / Weston	31.50	31.57
6	Doyle, Deanna	51	Sarasota Family	32.00	31.96
7	Carpenter, Kelley C	52	Sarasota Family	32.31	32.10
8	Protzman, Barbara	54	Broward County YMCA Masters	33.50	32.12
9	Forre, Lena	53	YMCA of Central Texas	34.58	33.84
10	Sikora, Rosanna	53	South Hills YMCA	35.68	35.67
11	Seier, Lydia S	52	Broward County YMCA Masters	38.50	37.45
12	Itzler, Ellen R	50	YMCA of Central Texas	43.77	43.05
13	Delanois, Barbara	53	Danville Family	40.90	44.84
14	Konits, Cindy	54	Mid-Delmarva YMCA	46.03	49.03
---	Donoghue, Dawn A	50	Sarasota Family	48.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 50-54 50 Yard Butterfly)**

--- Mann, Melinda J 52 Oshkosh Community YMCA 29.99 NS

Women 50-54 100 Yard Butterfly

NAT YMCA: **1:03.81** * 4/15/2007 **Melinda Mann** OCY -

USMS: **1:01.26** ! 5/17/2002 **Laura Val**

1 Fleury, Lindley A 50 Wilton Family YMCA 1:06.00 1:06.18
31.12 1:06.18 (35.06)

2 Springer, Jill C 50 Mid-Delmarva YMCA 1:08.50 1:09.68
32.43 1:09.68 (37.25)

3 Devanney, Celia C 51 Broward County YMCA Masters 1:10.10 1:10.42
32.94 1:10.42 (37.48)

4 Forre, Lena 53 YMCA of Central Texas 1:18.92 1:21.90
36.82 1:21.90 (45.08)

--- Mann, Melinda J 52 Oshkosh Community YMCA 1:06.82 NS

Women 50-54 200 Yard Butterfly

NAT YMCA: **2:24.32** * 5/17/2008 **Laurie J Allio** Dane County WI-W

USMS: **2:15.18** ! 5/17/2002 **Laura Val**

1 Devanney, Celia C 51 Broward County YMCA Masters 2:41.00 2:42.75
33.22 1:12.99 (39.77) 1:56.85 (43.86) 2:42.75 (45.90)

2 Forre, Lena 53 YMCA of Central Texas 3:02.06 3:21.41
37.47 1:24.34 (46.87) 2:21.58 (57.24) 3:21.41 (59.83)

3 Taylor, Susan 51 Mid-Delmarva YMCA 3:38.02 3:38.16
46.57 1:42.71 (56.14) 2:39.83 (57.12) 3:38.16 (58.33)

4 Misiorski, Marcia 51 Andover North Andover 4:00.00 3:44.05
46.99 1:45.01 (58.02) 2:44.87 (59.86) 3:44.05 (59.18)

Women 50-54 100 Yard IM

NAT YMCA: **1:06.06** * 2003 **Danielle Ogier** Houston-TX

USMS: **1:05.38** ! 5/18/2003 **Danielle Ogier**

*1 Mareb, Karen M 50 Andover North Andover 1:10.00 1:07.88
31.59 1:07.88 (36.29)

*1 Fleury, Lindley A 50 Wilton Family YMCA 1:09.50 1:07.88
30.57 1:07.88 (37.31)

3 McDonnell, Peggy H 53 Broward County YMCA Masters 1:12.00 1:09.49
32.09 1:09.49 (37.40)

4 Doyle, Deanna 51 Sarasota Family 1:11.00 1:09.82
31.50 1:09.82 (38.32)

5 Rizzi, Markley B 50 Westport / Weston 1:10.50 1:09.93
33.01 1:09.93 (36.92)

6 Springer, Jill C 50 Mid-Delmarva YMCA 1:11.50 1:12.88
32.78 1:12.88 (40.10)

7 Cipriano, Deborah R 52 Wyckoff FamilyY 1:15.70 1:14.20
35.24 1:14.20 (38.96)

8 Carpenter, Kelley C 52 Sarasota Family 1:15.04 1:14.80
35.82 1:14.80 (38.98)

9 Protzman, Barbara 54 Broward County YMCA Masters 1:19.00 1:16.31
35.42 1:16.31 (40.89)

10 Forre, Lena 53 YMCA of Central Texas 1:19.54 1:20.36
37.13 1:20.36 (43.23)

11 Sikora, Rosanna 53 South Hills YMCA 1:20.91 1:22.04
39.99 1:22.04 (42.05)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 50-54 100 Yard IM)**

12	Meyer, Paula	50	YMCA Indy Swimfit	1:23.00	1:22.45
	38.43	1:22.45	(44.02)		
13	Donoghue, Dawn A	50	Sarasota Family	1:40.00	1:29.43
	42.06	1:29.43	(47.37)		
14	Konits, Cindy	54	Mid-Delmarva YMCA	1:40.86	1:37.45
	43.79	1:37.45	(53.66)		
---	Seier, Lydia S	52	Broward County YMCA Masters	1:32.42	DQ
	Alternating Kick - breast				
---	Delanois, Barbara	53	Danville Family	1:27.00	NS
---	Mann, Melinda J	52	Oshkosh Community YMCA	1:08.96	NS
---	Dawson, Karleen E	51	Sarasota Family	1:15.00	NS
---	Lasher, Cyn H	52	Sarasota Family	1:19.18	NS

Women 50-54 200 Yard IM

NAT YMCA: 2:24.42 * 2003		Danielle Ogier		Houston, TX	
USMS: 2:20.64 ! 5/18/2003		Danielle Ogier			
1	McDonnell, Peggy H	53	Broward County YMCA Masters	2:38.00	2:33.38
	32.00	1:12.02	(40.02)	1:58.15	(46.13)
				2:33.38	(35.23)
2	Protzman, Barbara	54	Broward County YMCA Masters	2:53.00	2:46.64
	34.24	1:18.29	(44.05)	2:08.25	(49.96)
				2:46.64	(38.39)
3	Taylor, Susan	51	Mid-Delmarva YMCA	3:10.10	3:10.33
	45.13	1:33.43	(48.30)	2:25.04	(51.61)
				3:10.33	(45.29)
4	Misiorski, Marcia	51	Andover North Andover	3:50.00	3:14.07
	45.92	1:33.44	(47.52)	2:29.72	(56.28)
				3:14.07	(44.35)
5	Blubaugh, Diane	52	Mid-Delmarva YMCA	3:24.42	3:32.70
	50.71	1:46.58	(55.87)	2:44.36	(57.78)
				3:32.70	(48.34)
6	Konits, Cindy	54	Mid-Delmarva YMCA	3:40.43	3:37.30
	47.38	1:37.00	(49.62)	2:48.71	(1:11.71)
				3:37.30	(48.59)
---	Lasher, Cyn H	52	Sarasota Family	2:53.21	NS

Women 50-54 400 Yard IM

NAT YMCA: 5:05.33 * 2003		Danielle Ogier		Houston, TX	
USMS: 5:00.48 ! 3/9/2002		Laura Val			
1	McDonnell, Peggy H	53	Broward County YMCA Masters	5:40.00	5:34.61
	33.46	1:14.59	(41.13)	1:57.19	(42.60)
				2:38.75	(41.56)
	3:28.46	(49.71)	4:18.37	(49.91)	4:56.78
				4:56.78	(38.41)
				5:34.61	(37.83)
2	Protzman, Barbara	54	Broward County YMCA Masters	6:05.00	6:03.60
	36.37	1:22.27	(45.90)	2:09.03	(46.76)
				2:56.24	(47.21)
	3:49.10	(52.86)	4:42.54	(53.44)	5:23.30
				5:23.30	(40.76)
				6:03.60	(40.30)
3	Sikora, Rosanna	53	South Hills YMCA	6:15.44	6:15.97
	39.15	1:27.37	(48.22)	2:21.50	(54.13)
				3:11.08	(49.58)
	4:02.37	(51.29)	4:53.49	(51.12)	5:35.93
				5:35.93	(42.44)
				6:15.97	(40.04)
4	Taylor, Susan	51	Mid-Delmarva YMCA	6:39.75	6:41.07
	44.72	1:37.38	(52.66)	2:29.74	(52.36)
				3:22.17	(52.43)
	4:14.68	(52.51)	5:08.65	(53.97)	5:55.95
				5:55.95	(47.30)
				6:41.07	(45.12)
5	Misiorski, Marcia	51	Andover North Andover	8:00.00	6:52.03
	49.00	1:45.79	(56.79)	2:34.45	(48.66)
				3:23.87	(49.42)
	4:20.82	(56.95)	5:17.98	(57.16)	6:05.38
				6:05.38	(47.40)
				6:52.03	(46.65)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 55-59 50 Yard Freestyle Time Trial****NAT YMCA: 28.00 *****USMS: 25.30 ! 5/4/2008 Laura Val****- Time Trial**

1 Ogier, Danielle 56 Sarasota Family NT 29.37

Women 55-59 50 Yard Freestyle**NAT YMCA: 28.00 * 5/17/2008****Susan Francis****Indianapolis IN-****USMS: 25.30 ! 5/4/2008 Laura Val**

1	Sargeant, Pat A	55	Broward County YMCA Masters	27.20	26.67*
2	Denby, Karlene F	55	YMCA Indy Swimfit	28.69	27.84*
3	Ogier, Danielle	56	Sarasota Family	28.90	29.07
4	Guins, Ann H	55	Powel Crosley Jr. YMCA	29.00	29.27
5	Francis, Susan	56	YMCA Indy Swimfit	31.00	29.46
6	Remaley-Marinzal, Susan	56	Mid-Delmarva YMCA	29.61	29.98
7	Fitzgerald, Kathleen F	55	Downtown Orlando	30.10	30.57
8	Uible, Barbara L	57	Sarasota Family	31.70	30.65
9	Greb, Connie Y	57	Sarasota Family	33.00	30.85
10	Trainor, Suzette L	57	Sarasota Family	32.00	31.61
11	Willman, Becky	57	Broward County YMCA Masters	32.00	32.14
12	Campbell, Anne	56	YMCA Indy Swimfit	34.00	34.27
13	Tittle, Kathleen A	57	Sarasota Family	36.00	35.19
14	Schrager, Sara L	56	Wilton Family YMCA	39.52	38.76
15	Lamp, Alwynne J	58	YMCA of South Palm Beach Cnty	39.41	40.56
16	Bertram, Barbara R	57	YMCA of South Palm Beach Cnty	49.89	46.13
17	von Dohlen, Kathy	56	Downtown Orlando	55.00	48.37
18	Funkhouser, Donna L	59	Northern Neck Family	56.82	52.90
---	Maxbauer, Christine A	55	Plymouth Community Family	55.00	NS

Women 55-59 100 Yard Freestyle Time Trial**NAT YMCA: 1:01.64 *****USMS: 54.72 ! 5/4/2008 Laura Val****- Time Trial**

1 Ogier, Danielle 56 Sarasota Family NT 1:03.32

Women 55-59 100 Yard Freestyle**NAT YMCA: 1:01.64 * 4/23/2005****Francine Willaimson****WBY-****USMS: 54.72 ! 5/4/2008 Laura Val**

1	Sargeant, Pat A	55	Broward County YMCA Masters	59.90	58.55*
	28.17	58.55 (30.38)			
2	Ogier, Danielle	56	Sarasota Family	1:04.50	1:02.35
	30.17	1:02.35 (32.18)			
3	Francis, Susan	56	YMCA Indy Swimfit	1:10.00	1:06.55
	31.47	1:06.55 (35.08)			
4	Fitzgerald, Kathleen F	55	Downtown Orlando	1:06.90	1:07.37
	32.41	1:07.37 (34.96)			
5	Guthrie, Sally K	59	Plymouth Community Family	1:07.00	1:07.90
	32.36	1:07.90 (35.54)			
6	Remaley-Marinzal, Susan	56	Mid-Delmarva YMCA	1:09.78	1:10.18
	33.42	1:10.18 (36.76)			
7	Greb, Connie Y	57	Sarasota Family	1:14.00	1:13.82
	34.05	1:13.82 (39.77)			
8	Willman, Becky	57	Broward County YMCA Masters	1:15.00	1:13.93
	33.34	1:13.93 (40.59)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 55-59 100 Yard Freestyle)**

9	Campbell, Anne	56	YMCA Indy Swimfit	1:15.20	1:14.52
	35.47				1:14.52 (39.05)
10	Tittle, Kathleen A	57	Sarasota Family	1:20.00	1:21.17
	38.43				1:21.17 (42.74)
11	Saef, Karen B	55	Sarasota Family	1:38.00	1:22.92
	40.25				1:22.92 (42.67)
12	Schrager, Sara L	56	Wilton Family YMCA	1:27.92	1:26.41
	40.90				1:26.41 (45.51)
13	Jackson, Karen E	58	Northern Neck Family	1:33.80	1:32.53
	42.52				1:32.53 (50.01)
14	Funkhouser, Donna L	59	Northern Neck Family	2:14.08	1:59.29
	52.60				1:59.29 (1:06.69)
---	Maxbauer, Christine A	55	Plymouth Community Family	2:00.00	NS

Women 55-59 200 Yard Freestyle

NAT YMCA: 2:16.62 * 5/18/2008		Danielle Ogier		Sarasota FL-FL	
USMS: 2:00.50 ! 5/20/2007		Laura Val			
1	Sargeant, Pat A	55	Broward County YMCA Masters	2:13.10	2:09.67*
	30.77				1:04.46 (33.69)
					1:38.04 (33.58)
					2:09.67 (31.63)
2	Ogier, Danielle	56	Sarasota Family	2:19.90	2:15.40*
	31.74				1:06.41 (34.67)
					1:41.13 (34.72)
					2:15.40 (34.27)
3	Denby, Karlene F	55	YMCA Indy Swimfit	2:23.16	2:20.62
	33.31				1:08.84 (35.53)
					1:45.00 (36.16)
					2:20.62 (35.62)
4	Guthrie, Sally K	59	Plymouth Community Family	2:28.00	2:29.37
	33.48				1:11.15 (37.67)
					1:49.61 (38.46)
					2:29.37 (39.76)
5	Fitzgerald, Kathleen F	55	Downtown Orlando	2:25.18	2:33.69
	35.56				1:15.56 (40.00)
					1:55.72 (40.16)
					2:33.69 (37.97)
6	Quill, Catherine J	59	South Hills YMCA	2:44.00	2:37.91
	36.29				1:16.04 (39.75)
					1:57.39 (41.35)
					2:37.91 (40.52)
7	Willman, Becky	57	Broward County YMCA Masters	2:42.53	2:42.70
	36.86				1:17.92 (41.06)
					2:01.26 (43.34)
					2:42.70 (41.44)
8	Kaighin, Karen	56	South Hills YMCA	3:05.00	3:03.44
	41.50				1:26.12 (44.62)
					2:11.01 (44.89)
					3:03.44 (52.43)
9	Carpenter-VanDijk, Sheila	59	Tampa Metro Masters	3:45.00	3:18.18
	41.88				1:30.92 (49.04)
					2:25.80 (54.88)
					3:18.18 (52.38)
10	Jackson, Karen E	58	Northern Neck Family	3:28.84	3:31.81
	44.71				1:37.23 (52.52)
					2:35.19 (57.96)
					3:31.81 (56.62)
---	Greb, Connie Y	57	Sarasota Family	2:46.59	DQ
	Delay of meet				
---	Trainor, Suzette L	57	Sarasota Family	2:50.00	NS
---	Campbell, Anne	56	YMCA Indy Swimfit	2:40.40	NS
---	Francis, Susan	56	YMCA Indy Swimfit	3:10.00	NS

Women 55-59 500 Yard Freestyle

NAT YMCA: 5:59.57 * 5/17/2008		Danielle Ogier		Sarasota FL-FL	
USMS: 5:29.40 ! 3/25/2007		Laura Val			
1	Denby, Karlene F	55	YMCA Indy Swimfit	6:25.55	6:24.32
	33.89				1:11.20 (37.31)
					1:49.76 (38.56)
					2:28.71 (38.95)
	3:07.77 (39.06)				3:46.90 (39.13)
					4:26.38 (39.48)
					5:06.53 (40.15)
	5:46.42 (39.89)				6:24.32 (37.90)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 55-59 500 Yard Freestyle)**

2	Wingenroth, Kris	55	YMCA Indy Swimfit	6:46.58	6:26.36
	33.71	1:11.48 (37.77)	1:50.36 (38.88)	2:29.41 (39.05)	
	3:08.73 (39.32)	3:48.40 (39.67)	4:28.22 (39.82)	5:08.24 (40.02)	
	5:47.82 (39.58)	6:26.36 (38.54)			
3	Guthrie, Sally K	59	Plymouth Community Family	6:50.00	6:41.44
	34.16	1:12.76 (38.60)	1:52.58 (39.82)	2:32.87 (40.29)	
	3:13.18 (40.31)	3:54.09 (40.91)	4:35.74 (41.65)	5:18.58 (42.84)	
	6:00.85 (42.27)	6:41.44 (40.59)			
4	Campbell, Anne	56	YMCA Indy Swimfit	6:30.50	7:18.15
	39.25	1:22.29 (43.04)	2:06.62 (44.33)	2:51.12 (44.50)	
	3:35.47 (44.35)	4:19.80 (44.33)	5:04.62 (44.82)	5:49.42 (44.80)	
	6:34.15 (44.73)	7:18.15 (44.00)			
5	Willman, Becky	57	Broward County YMCA Masters	7:30.00	7:22.61
	36.79	1:18.78 (41.99)	2:03.99 (45.21)	2:49.97 (45.98)	
	3:37.20 (47.23)	4:24.41 (47.21)	5:10.10 (45.69)	5:55.74 (45.64)	
	6:41.29 (45.55)	7:22.61 (41.32)			
6	Saef, Karen B	55	Sarasota Family	7:54.00	7:45.04
	43.16	1:29.38 (46.22)	2:16.71 (47.33)	3:04.05 (47.34)	
	3:51.60 (47.55)	4:39.45 (47.85)	5:26.53 (47.08)	6:13.89 (47.36)	
	7:01.08 (47.19)	7:45.04 (43.96)			
7	Kaighin, Karen	56	South Hills YMCA	8:00.00	7:47.19
	42.16	1:28.12 (45.96)	2:14.57 (46.45)	3:01.59 (47.02)	
	3:49.07 (47.48)	4:36.19 (47.12)	5:24.25 (48.06)	6:11.65 (47.40)	
	6:57.43 (45.78)	7:47.19 (49.76)			
8	Linz, Ann W	56	Mid-Delmarva YMCA	7:45.01	7:49.96
	41.27	1:27.45 (46.18)	2:15.10 (47.65)	3:02.46 (47.36)	
	3:50.00 (47.54)	4:38.82 (48.82)	5:26.66 (47.84)	6:15.41 (48.75)	
	7:03.96 (48.55)	7:49.96 (46.00)			
9	Tittle, Kathleen A	57	Sarasota Family	8:14.00	8:27.44
	43.95	1:32.81 (48.86)	2:24.35 (51.54)	3:16.53 (52.18)	
	4:08.42 (51.89)	5:00.46 (52.04)		6:46.51 ()	
	7:37.42 (50.91)	8:27.44 (50.02)			
10	Lamp, Alwynne J	58	YMCA of South Palm Beach Cnty	9:42.64	9:30.51
	47.20	1:43.13 (55.93)		3:39.00 ()	
	4:37.51 (58.51)	5:36.97 (59.46)	7:35.15 (1:58.18)		
	8:34.42 ()	9:30.51 (56.09)			
11	Bertram, Barbara R	57	YMCA of South Palm Beach Cnty	12:35.80	10:08.39
	52.31	1:50.66 (58.35)	2:51.48 (1:00.82)	3:53.81 (1:02.33)	
	4:56.20 (1:02.39)	5:58.52 (1:02.32)	7:00.38 (1:01.86)	8:04.39 (1:04.01)	
	9:08.14 (1:03.75)	10:08.39 (1:00.25)			
12	Funkhouser, Donna L	59	Northern Neck Family	14:02.47	12:25.00
	57.15	2:10.31 (1:13.16)	3:27.48 (1:17.17)	4:44.05 (1:16.57)	
	6:02.57 (1:18.52)	7:20.11 (1:17.54)	8:39.26 (1:19.15)	9:57.26 (1:18.00)	
	11:14.82 (1:17.56)	12:25.00 (1:10.18)			
---	Maxbauer, Christine A	55	Plymouth Community Family	10:00.00	NS
---	Greb, Connie Y	57	Sarasota Family	7:40.55	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 55-59 1000 Yard Freestyle**

NAT YMCA: 12:17.01 * 5/15/2008		Danielle Ogier		Sarasota FL-FL	
USMS: 11:23.69 ! 3/17/2007		Laura Val			
1	Ogier, Danielle	56	Sarasota Family	12:29.90	12:18.70
	32.55	1:08.64 (36.09)	1:45.26 (36.62)	2:21.88 (36.62)	
	2:58.88 (37.00)	3:36.12 (37.24)	4:13.26 (37.14)	4:50.43 (37.17)	
	5:28.16 (37.73)	6:05.70 (37.54)	6:43.47 (37.77)	7:21.11 (37.64)	
	7:58.64 (37.53)	8:36.22 (37.58)	9:14.38 (38.16)	9:52.14 (37.76)	
	10:30.15 (38.01)	11:07.14 (36.99)	11:44.46 (37.32)	12:18.70 (34.24)	
2	Wingenroth, Kris	55	YMCA Indy Swimfit	13:35.00	13:18.41
	34.68	1:12.43 (37.75)	1:51.43 (39.00)	2:30.99 (39.56)	
	3:10.52 (39.53)	3:50.26 (39.74)	4:30.24 (39.98)	5:10.03 (39.79)	
	5:50.46 (40.43)	6:30.84 (40.38)	7:11.32 (40.48)	7:52.22 (40.90)	
	8:32.62 (40.40)	9:13.75 (41.13)	9:54.69 (40.94)	10:35.60 (40.91)	
	11:16.56 (40.96)	11:57.64 (41.08)	12:38.47 (40.83)	13:18.41 (39.94)	
3	Guthrie, Sally K	59	Plymouth Community Family	13:40.00	13:55.55
	35.15	1:15.14 (39.99)	1:56.31 (41.17)	2:37.83 (41.52)	
	3:19.81 (41.98)	4:02.16 (42.35)	4:44.31 (42.15)	5:26.62 (42.31)	
	6:08.64 (42.02)	6:50.83 (42.19)	7:33.43 (42.60)	8:16.46 (43.03)	
	8:59.69 (43.23)	9:42.30 (42.61)	10:25.28 (42.98)	11:08.05 (42.77)	
	11:50.67 (42.62)	12:33.62 (42.95)	13:15.74 (42.12)	13:55.55 (39.81)	
4	Fitzgerald, Kathleen F	55	Downtown Orlando	14:30.00	14:35.61
	38.84	1:20.08 (41.24)	2:04.08 (44.00)	2:46.73 (42.65)	
	3:30.35 (43.62)	4:14.13 (43.78)	4:57.96 (43.83)	5:42.28 (44.32)	
	6:27.03 (44.75)	7:11.37 (44.34)	14:29.13 (7:17.76)	8:41.46 ()	
	9:27.30 (45.84)	10:12.52 (45.22)	10:56.77 (44.25)	11:43.07 (46.30)	
	12:27.81 (44.74)	13:12.37 (44.56)	13:56.35 (43.98)	14:35.61 (39.26)	
5	Francis, Susan	56	YMCA Indy Swimfit	15:30.00	14:40.87
	36.27	1:17.85 (41.58)	2:01.74 (43.89)	2:46.83 (45.09)	
	3:31.02 (44.19)	4:15.24 (44.22)	4:59.54 (44.30)	5:44.48 (44.94)	
	6:29.29 (44.81)	7:15.14 (45.85)	8:00.07 (44.93)	8:45.72 (45.65)	
	9:30.67 (44.95)	10:16.40 (45.73)	11:01.51 (45.11)	11:45.64 (44.13)	
	12:30.73 (45.09)	13:15.08 (44.35)	13:57.99 (42.91)	14:40.87 (42.88)	
6	Kaighin, Karen	56	South Hills YMCA	16:30.00	15:52.34
	42.64	1:30.06 (47.42)	2:18.08 (48.02)	3:06.24 (48.16)	
	3:53.90 (47.66)	4:42.16 (48.26)	5:29.90 (47.74)	6:17.35 (47.45)	
	7:05.75 (48.40)	7:54.09 (48.34)	8:42.45 (48.36)	9:30.12 (47.67)	
	10:17.76 (47.64)	11:05.48 (47.72)	11:53.33 (47.85)	12:41.28 (47.95)	
	13:29.66 (48.38)	14:18.46 (48.80)	15:06.38 (47.92)	15:52.34 (45.96)	
7	Jackson, Karen E	58	Northern Neck Family	18:02.00	18:52.41
	47.69	1:41.83 (54.14)	2:39.29 (57.46)	3:34.63 (55.34)	
	4:33.37 (58.74)	5:29.49 (56.12)	6:28.28 (58.79)	7:26.22 (57.94)	
	8:24.81 (58.59)	9:20.05 (55.24)	10:18.54 (58.49)	11:15.37 (56.83)	
	12:11.76 (56.39)	13:10.75 (58.99)	14:07.71 (56.96)	15:06.93 (59.22)	
	16:03.32 (56.39)	17:01.42 (58.10)	17:58.99 (57.57)	18:52.41 (53.42)	
---	Maxbauer, Christine A	55	Plymouth Community Family	20:00.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 55-59 1650 Yard Freestyle**

NAT YMCA: 21:48.45 * 4/21/2005		Cynthia Jones		DANY-	
USMS: 19:32.61 ! 12/12/2004		Barbara Dunbar			
1	Linz, Ann W	56	Mid-Delmarva YMCA	26:20.00	26:41.29
	42.70	1:30.11 (47.41)	2:18.28 (48.17)	3:06.64 (48.36)	
	3:54.70 (48.06)	4:43.46 (48.76)	5:31.80 (48.34)	6:20.10 (48.30)	
	7:09.63 (49.53)	7:58.79 (49.16)	8:48.10 (49.31)	9:36.64 (48.54)	
	10:25.98 (49.34)	11:15.56 (49.58)	12:04.76 (49.20)	12:54.13 (49.37)	
	13:43.77 (49.64)	14:32.47 (48.70)	15:21.78 (49.31)	16:10.60 (48.82)	
	16:59.40 (48.80)	17:48.37 (48.97)	18:37.56 (49.19)	19:26.31 (48.75)	
	20:14.90 (48.59)	21:03.85 (48.95)	21:53.52 (49.67)	22:42.43 (48.91)	
	23:30.32 (47.89)	24:18.43 (48.11)	25:08.51 (50.08)	25:56.99 (48.48)	26:41.29 (44.30)
2	Kaighin, Karen	56	South Hills YMCA	26:50.50	27:23.32
	44.14	1:30.86 (46.72)	2:21.75 (50.89)	3:10.20 (48.45)	
	4:00.90 (50.70)	4:49.86 (48.96)	5:40.08 (50.22)	6:30.88 (50.80)	
	7:19.89 (49.01)	8:11.14 (51.25)	9:00.93 (49.79)	9:50.67 (49.74)	
	10:41.85 (51.18)	11:30.65 (48.80)	12:21.24 (50.59)	13:12.89 (51.65)	
	14:02.96 (50.07)	14:52.72 (49.76)	15:42.27 (49.55)	16:32.79 (50.52)	
	17:21.32 (48.53)	18:12.86 (51.54)	19:03.18 (50.32)	19:52.48 (49.30)	
	20:43.32 (50.84)	21:31.45 (48.13)	22:20.81 (49.36)	23:11.70 (50.89)	
	24:02.70 (51.00)	24:54.38 (51.68)	25:43.81 (49.43)	26:34.32 (50.51)	27:23.32 (49.00)
3	Funkhouser, Donna L	59	Northern Neck Family	49:30.00	42:31.30
	57.35	2:05.75 (1:08.40)	3:18.93 (1:13.18)	4:35.70 (1:16.77)	
	5:55.90 (1:20.20)	7:15.20 (1:19.30)	8:33.69 (1:18.49)	9:51.75 (1:18.06)	
	11:11.98 (1:20.23)	12:30.95 (1:18.97)	13:48.84 (1:17.89)	15:04.77 (1:15.93)	
	16:21.62 (1:16.85)	17:38.90 (1:17.28)	18:56.22 (1:17.32)	20:13.77 (1:17.55)	
	21:30.69 (1:16.92)	22:47.00 (1:16.31)	24:05.97 (1:18.97)	25:24.87 (1:18.90)	
	26:43.77 (1:18.90)	28:02.07 (1:18.30)	29:20.27 (1:18.20)	30:41.81 (1:21.54)	
	32:01.30 (1:19.49)	33:21.98 (1:20.68)	34:40.69 (1:18.71)	36:00.41 (1:19.72)	
	37:20.74 (1:20.33)	38:40.87 (1:20.13)	40:01.45 (1:20.58)	41:18.83 (1:17.38)	42:31.30 (1:12.47)

Women 55-59 50 Yard Backstroke Time Trial

NAT YMCA: 34.53 *
USMS: 29.09 ! 5/20/2007 **Laura Val**

- Time Trial

1	Hughes, Maureen C	55	Broward County YMCA Masters	NT	33.32 *
2	Ogier, Danielle	56	Sarasota Family	NT	36.02

Women 55-59 50 Yard Backstroke

NAT YMCA: 34.53 * 5/21/2006 **Anne Laborwit** **Suncoast, FL**
USMS: 29.09 ! 5/20/2007 **Laura Val**

1	Hughes, Maureen C	55	Broward County YMCA Masters	33.70	32.61 *
2	Guins, Ann H	55	Powel Crosley Jr. YMCA	33.00	32.68 *
3	Denby, Karlene F	55	YMCA Indy Swimfit	34.98	33.40 *
4	Fitzgerald, Kathleen F	55	Downtown Orlando	38.05	37.97
5	Francis, Susan	56	YMCA Indy Swimfit	39.00	37.99
6	Carpenter-VanDijk, Sheila	59	Tampa Metro Masters	48.50	44.90
7	Bertram, Barbara R	57	YMCA of South Palm Beach Cnty	57.78	54.56
8	Funkhouser, Donna L	59	Northern Neck Family	1:11.08	57.67
---	Kohn, Catherine K	56	Plymouth Community Family	36.50	NS
---	Hummel, Barbara R	57	Wilton Family YMCA	36.30	NS
---	Maxbauer, Christine A	55	Plymouth Community Family	1:00.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 55-59 100 Yard Backstroke**

NAT YMCA: 1:13.62 * 5/19/2006		Anne Laborwit		Suncoast-	
USMS: 1:04.80 ! 3/29/2008		Laura Val			
1	Sargeant, Pat A	55	Broward County YMCA Masters	1:13.00	1:10.71 *
	34.60	1:10.71 (36.11)			
2	Hughes, Maureen C	55	Broward County YMCA Masters	1:14.50	1:12.25 *
	35.10	1:12.25 (37.15)			
3	Guins, Ann H	55	Powel Crosley Jr. YMCA	1:17.00	1:16.10
	35.95	1:16.10 (40.15)			
4	Walker, Deb W	57	Sarasota Family	1:17.00	1:16.84
	37.74	1:16.84 (39.10)			
5	Fitzgerald, Kathleen F	55	Downtown Orlando	1:26.00	1:24.89
	42.56	1:24.89 (42.33)			
6	Campbell, Anne	56	YMCA Indy Swimfit	1:25.10	1:28.23
	43.05	1:28.23 (45.18)			
7	Linz, Ann W	56	Mid-Delmarva YMCA	1:39.70	1:37.20
	47.79	1:37.20 (49.41)			
8	Saef, Karen B	55	Sarasota Family	1:50.00	1:38.86
	49.76	1:38.86 (49.10)			
9	Lambert, Holly	55	YMCA Indy Swimfit	1:43.10	1:39.60
	46.68	1:39.60 (52.92)			
10	Carpenter-VanDijk, Sheila	59	Tampa Metro Masters	1:48.97	1:39.70
	47.50	1:39.70 (52.20)			
11	Funkhouser, Donna L	59	Northern Neck Family	2:28.20	2:10.09
	58.44	2:10.09 (1:11.65)			
---	Hummel, Barbara R	57	Wilton Family YMCA	1:21.31	NS
---	Kohn, Catherine K	56	Plymouth Community Family	1:15.00	NS

Women 55-59 200 Yard Backstroke

NAT YMCA: 2:37.17 * 5/20/2006		Anne Laborwit		Suncoast-	
USMS: 2:24.15 ! 2/10/2007		Laura Val			
1	Sargeant, Pat A	55	Broward County YMCA Masters	2:37.00	2:32.14 *
	37.02	1:16.04 (39.02)	1:54.64 (38.60)	2:32.14 (37.50)	
2	Walker, Deb W	57	Sarasota Family	2:50.00	2:39.92
	37.68	1:18.12 (40.44)	1:59.07 (40.95)	2:39.92 (40.85)	
3	Denby, Karlene F	55	YMCA Indy Swimfit	2:48.33	2:40.64
	38.06	1:19.49 (41.43)	2:00.90 (41.41)	2:40.64 (39.74)	
4	Hughes, Maureen C	55	Broward County YMCA Masters	2:44.50	2:43.74
	38.86	1:20.40 (41.54)	2:02.35 (41.95)	2:43.74 (41.39)	
5	Fitzgerald, Kathleen F	55	Downtown Orlando	3:10.28	3:12.25
	45.99	1:36.55 (50.56)	2:26.28 (49.73)	3:12.25 (45.97)	
6	Campbell, Anne	56	YMCA Indy Swimfit	3:05.50	3:14.22
	44.18	1:33.21 (49.03)	2:24.12 (50.91)	3:14.22 (50.10)	
7	Saef, Karen B	55	Sarasota Family	3:50.00	3:31.76
	50.74	1:42.06 (51.32)	2:33.83 (51.77)	3:31.76 (57.93)	
8	Carpenter-VanDijk, Sheila	59	Tampa Metro Masters	4:15.00	3:39.13
	50.34	1:46.09 (55.75)	2:43.35 (57.26)	3:39.13 (55.78)	
9	Linz, Ann W	56	Mid-Delmarva YMCA	3:30.00	3:39.59
	49.45	1:43.08 (53.63)	2:41.37 (58.29)	3:39.59 (58.22)	
---	Kohn, Catherine K	56	Plymouth Community Family	2:45.00	NS
---	Kaighin, Karen	56	South Hills YMCA	3:40.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 55-59 50 Yard Breaststroke**

NAT YMCA: 35.27 * 5/18/2008		Deb W Walker		Sarasota FL-FL	
USMS: 35.06 ! 5/17/2002		Ginger Pierson			
1	Guins, Ann H	55	Powel Crosley Jr. YMCA	40.50	39.94
2	Trainor, Suzette L	57	Sarasota Family	42.00	41.38
3	Smith, Mel J	56	Powel Crosley Jr. YMCA	41.00	41.62
4	Linz, Ann W	56	Mid-Delmarva YMCA	43.55	43.45
5	Remaley-Marinzal, Susan	56	Mid-Delmarva YMCA	43.77	43.54
6	Jackson, Karen E	58	Northern Neck Family	47.92	47.37
7	Lamp, Alwynne J	58	YMCA of South Palm Beach Cnty	52.85	56.60
8	von Dohlen, Kathy	56	Downtown Orlando	1:20.00	1:01.48
---	Funkhouser, Donna L	59	Northern Neck Family	1:12.00	DQ
Scissors kick					
---	Hummel, Barbara R	57	Wilton Family YMCA	36.50	NS
---	Kohn, Catherine K	56	Plymouth Community Family	38.00	NS

Women 55-59 100 Yard Breaststroke

NAT YMCA: 1:16.84 * 5/17/2008		Deb W Walker		Sarasota FL-FL	
USMS: 1:16.84 ! 5/18/2008		Deb Walker			
1	Walker, Deb W	57	Sarasota Family	1:20.00	1:16.47*
	36.86	1:16.47 (39.61)			
2	Smith, Mel J	56	Powel Crosley Jr. YMCA	1:31.00	1:31.42
	43.79	1:31.42 (47.63)			
3	Trainor, Suzette L	57	Sarasota Family	1:28.00	1:32.45
	43.24	1:32.45 (49.21)			
4	Linz, Ann W	56	Mid-Delmarva YMCA	1:35.30	1:37.56
	45.85	1:37.56 (51.71)			
5	Remaley-Marinzal, Susan	56	Mid-Delmarva YMCA	1:32.10	1:39.11
	46.33	1:39.11 (52.78)			
6	Kaighin, Karen	56	South Hills YMCA	1:40.00	1:41.63
	49.05	1:41.63 (52.58)			
7	Jackson, Karen E	58	Northern Neck Family	1:47.18	1:48.47
	53.86	1:48.47 (54.61)			
8	Schrager, Sara L	56	Wilton Family YMCA	1:51.07	1:51.33
	52.91	1:51.33 (58.42)			
9	Lamp, Alwynne J	58	YMCA of South Palm Beach Cnty	1:50.20	1:53.53
	55.44	1:53.53 (58.09)			
10	von Dohlen, Kathy	56	Downtown Orlando	2:45.00	2:28.02
	1:11.84	2:28.02 (1:16.18)			
---	Hummel, Barbara R	57	Wilton Family YMCA	1:19.00	NS
---	Kohn, Catherine K	56	Plymouth Community Family	1:20.00	NS

Women 55-59 200 Yard Breaststroke

NAT YMCA: 2:47.92 * 5/16/2008		Deb W Walker		Sarasota FL-FL	
USMS: 2:47.92 ! 5/18/2008		Deb Walker			
1	Walker, Deb W	57	Sarasota Family	2:50.00	2:48.20
	36.89	1:18.35 (41.46)	2:02.03 (43.68)	2:48.20 (46.17)	
2	Smith, Mel J	56	Powel Crosley Jr. YMCA	3:18.00	3:22.36
	44.28	1:35.11 (50.83)	2:28.11 (53.00)	3:22.36 (54.25)	
3	Uible, Barbara L	57	Sarasota Family	3:32.10	3:26.46
	43.88	1:33.70 (49.82)	2:28.85 (55.15)	3:26.46 (57.61)	
4	Kaighin, Karen	56	South Hills YMCA	3:50.00	3:40.10
	51.86	1:47.47 (55.61)	2:43.10 (55.63)	3:40.10 (57.00)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 55-59 200 Yard Breaststroke)**

5	Linz, Ann W	56	Mid-Delmarva YMCA	3:35.00	3:40.84
	47.35	1:43.27 (55.92)	2:41.47 (58.20)	3:40.84 (59.37)	
6	Jackson, Karen E	58	Northern Neck Family	3:56.56	3:56.47
	56.05	1:57.79 (1:01.74)	2:56.91 (59.12)	3:56.47 (59.56)	
---	Hummel, Barbara R	57	Wilton Family YMCA	2:57.00	NS

Women 55-59 50 Yard Butterfly

NAT YMCA: 32.66 * 1990		Jayne Bruner		South Hills, PA	
USMS: 28.35 ! 5/4/2008		Laura Val			
1	Sargeant, Pat A	55	Broward County YMCA Masters	30.40	29.95 *
2	Hughes, Maureen C	55	Broward County YMCA Masters	35.00	32.02 *
3	Wingenroth, Kris	55	YMCA Indy Swimfit	33.90	32.73
4	Francis, Susan	56	YMCA Indy Swimfit	31.00	35.33
5	Uible, Barbara L	57	Sarasota Family	36.00	35.35
6	Quill, Catherine J	59	South Hills YMCA	36.00	35.79
7	Remaley-Marinzell, Susan	56	Mid-Delmarva YMCA	36.47	36.91
*8	Smith, Mel J	56	Powel Crosley Jr. YMCA	39.00	38.39
*8	Campbell, Anne	56	YMCA Indy Swimfit	38.10	38.39
10	Willman, Becky	57	Broward County YMCA Masters	42.00	40.67
11	Tittle, Kathleen A	57	Sarasota Family	44.00	45.00
12	Jackson, Karen E	58	Northern Neck Family	47.50	48.42
---	Hummel, Barbara R	57	Wilton Family YMCA	34.00	NS
---	Ogier, Danielle	56	Sarasota Family	34.90	NS
---	Maxbauer, Christine A	55	Plymouth Community Family	55.00	NS

Women 55-59 100 Yard Butterfly

NAT YMCA: 1:16.18 * 1990		Jayne Bruner		South Hills, PA	
USMS: 1:02.43 ! 5/20/2007		Laura Val			
1	Sargeant, Pat A	55	Broward County YMCA Masters	1:08.70	1:06.74 *
	31.53	1:06.74 (35.21)			
2	Wingenroth, Kris	55	YMCA Indy Swimfit	1:19.47	1:12.55 *
	33.37	1:12.55 (39.18)			
3	Quill, Catherine J	59	South Hills YMCA	1:25.00	1:21.67
	37.62	1:21.67 (44.05)			
4	Campbell, Anne	56	YMCA Indy Swimfit	1:22.30	1:31.25
	41.05	1:31.25 (50.20)			
5	Fitzgerald, Kathleen F	55	Downtown Orlando	1:35.28	1:33.78
	45.71	1:33.78 (48.07)			
6	Tittle, Kathleen A	57	Sarasota Family	1:43.00	1:46.01
	48.73	1:46.01 (57.28)			

Women 55-59 200 Yard Butterfly

NAT YMCA: 2:57.38 * 1991		Nancy Brown		Severna Park, MD	
USMS: 2:20.35 ! 5/4/2008		Laura Val			
1	Wingenroth, Kris	55	YMCA Indy Swimfit	2:56.41	2:43.50 *
	34.85	1:15.91 (41.06)	1:59.45 (43.54)	2:43.50 (44.05)	
2	Quill, Catherine J	59	South Hills YMCA	3:04.00	3:09.77
	40.73	1:28.17 (47.44)	2:17.90 (49.73)	3:09.77 (51.87)	
3	Guthrie, Sally K	59	Plymouth Community Family	3:10.00	3:12.06
	38.51	1:26.83 (48.32)	2:18.48 (51.65)	3:12.06 (53.58)	
4	Lambert, Holly	55	YMCA Indy Swimfit	3:09.01	3:47.46
	49.78	1:47.03 (57.25)	2:47.82 (1:00.79)	3:47.46 (59.64)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 55-59 100 Yard IM**

NAT YMCA: 1:11.57 *		5/17/2008	Danielle Ogier	Sarasota FL-FL	
USMS: 1:05.21 !		5/20/2007	Laura Val		
1	Sargeant, Pat A	55	Broward County YMCA Masters	1:11.70	1:08.86*
	31.77	1:08.86 (37.09)			
2	Ogier, Danielle	56	Sarasota Family	1:12.90	1:11.01*
	33.40	1:11.01 (37.61)			
3	Hughes, Maureen C	55	Broward County YMCA Masters	1:14.50	1:13.73
	33.31	1:13.73 (40.42)			
4	Wingenroth, Kris	55	YMCA Indy Swimfit	1:22.00	1:15.36
	34.41	1:15.36 (40.95)			
5	Denby, Karlene F	55	YMCA Indy Swimfit	1:16.73	1:16.43
	34.41	1:16.43 (42.02)			
6	Guins, Ann H	55	Powel Crosley Jr. YMCA	1:22.00	1:19.79
	36.76	1:19.79 (43.03)			
7	Guthrie, Sally K	59	Plymouth Community Family	1:23.00	1:21.59
	37.20	1:21.59 (44.39)			
8	Uible, Barbara L	57	Sarasota Family	1:27.80	1:23.37
	37.77	1:23.37 (45.60)			
9	Greb, Connie Y	57	Sarasota Family	1:26.46	1:23.57
	36.91	1:23.57 (46.66)			
10	Trainor, Suzette L	57	Sarasota Family	1:25.00	1:23.70
	41.47	1:23.70 (42.23)			
11	Remaley-Marinzel, Susan	56	Mid-Delmarva YMCA	1:23.58	1:25.31
	42.25	1:25.31 (43.06)			
12	Quill, Catherine J	59	South Hills YMCA	1:26.00	1:27.90
	39.27	1:27.90 (48.63)			
13	Saef, Karen B	55	Sarasota Family	2:01.00	1:35.67
	48.52	1:35.67 (47.15)			
14	Jackson, Karen E	58	Northern Neck Family	1:49.90	1:43.21
	49.01	1:43.21 (54.20)			
15	Schrager, Sara L	56	Wilton Family YMCA	1:48.00	1:43.26
	49.36	1:43.26 (53.90)			
16	Lamp, Alwynne J	58	YMCA of South Palm Beach Cnty	1:47.73	1:48.87
	51.24	1:48.87 (57.63)			
17	Bertram, Barbara R	57	YMCA of South Palm Beach Cnty	2:01.30	2:02.73
	56.88	2:02.73 (1:05.85)			
---	Hummel, Barbara R	57	Wilton Family YMCA	1:17.94	NS
---	Maxbauer, Christine A	55	Plymouth Community Family	2:00.00	NS
---	Kohn, Catherine K	56	Plymouth Community Family	1:12.50	NS
	24.77				

Women 55-59 200 Yard IM

NAT YMCA: 2:34.53 *		5/18/2008	Danielle Ogier	Sarasota FL-FL	
USMS: 2:24.65 !		4/13/2008	Laura Val		
1	Ogier, Danielle	56	Sarasota Family	2:39.90	2:37.14
	33.36	1:12.79 (39.43)	1:59.88 (47.09)	2:37.14 (37.26)	
2	Wingenroth, Kris	55	YMCA Indy Swimfit	2:53.06	2:42.36
	33.66	1:15.05 (41.39)	2:05.16 (50.11)	2:42.36 (37.20)	
3	Smith, Mel J	56	Powel Crosley Jr. YMCA	3:13.00	3:12.41
	41.26	1:36.17 (54.91)	2:29.29 (53.12)	3:12.41 (43.12)	
4	Linz, Ann W	56	Mid-Delmarva YMCA	3:30.06	3:32.07
	51.37	1:46.85 (55.48)	2:47.05 (1:00.20)	3:32.07 (45.02)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 55-59 200 Yard IM)

5	Lamp, Alwynne J	58	YMCA of South Palm Beach Cnty	3:53.97	3:59.29
	56.67	2:00.24 (1:03.57)	3:06.09 (1:05.85)	3:59.29 (53.20)	
---	Kohn, Catherine K	56	Plymouth Community Family	2:40.00	NS

Women 55-59 400 Yard IM

NAT YMCA: 5:31.05 * 5/16/2008 Danielle Ogier				Sarasota FL-FL	
USMS: 5:04.26 ! 3/18/2007 Laura Val					
1	Wingenroth, Kris	55	YMCA Indy Swimfit	6:15.23	5:46.22
	35.57	1:16.87 (41.30)	2:01.58 (44.71)	2:44.60 (43.02)	
	3:36.35 (51.75)	4:27.93 (51.58)	5:07.41 (39.48)	5:46.22 (38.81)	
2	Guthrie, Sally K	59	Plymouth Community Family	6:15.00	6:26.87
	39.74	1:29.94 (50.20)	2:19.53 (49.59)	3:10.71 (51.18)	
	4:06.37 (55.66)	5:04.23 (57.86)	5:45.57 (41.34)	6:26.87 (41.30)	
3	Quill, Catherine J	59	South Hills YMCA	6:28.00	6:27.02
	41.98	1:29.76 (47.78)	2:20.61 (50.85)	3:11.06 (50.45)	
	4:08.70 (57.64)	5:05.26 (56.56)	5:46.17 (40.91)	6:27.02 (40.85)	
4	Kaighin, Karen	56	South Hills YMCA	7:30.00	7:03.67
	51.90	1:45.44 (53.54)			
	4:34.44 ()	5:31.60 (57.16)	6:18.34 (46.74)	7:03.67 (45.33)	
---	Ogier, Danielle	56	Sarasota Family	5:36.90	NS
---	Kohn, Catherine K	56	Plymouth Community Family	5:45.00	NS

Women 60-64 50 Yard Freestyle

NAT YMCA: 29.31 * 1997 Jayne Bruner				South Hills, PA	
USMS: 28.03 ! 5/4/2008 Carolyn Boak					
1	Webb, Linda	63	Sarasota Family	33.00	32.45
2	Wingerter, Pamela W	64	Mid-Delmarva YMCA	34.16	33.08
3	Buchel, Ann W	60	Schroeder	34.08	33.20
4	Mitchell, Jeannie R	62	Broward County YMCA Masters	34.30	33.69
5	Suttie, Rae E	64	Sarasota Family	39.04	38.34
6	Van Meeteren, Greta	62	Twin Rivers	40.35	40.68
7	Kuna, Marney E	64	Sarasota Family	40.82	41.42
8	Zareski, Lynne M	61	Wilton Family YMCA	44.00	41.71
9	Riley, Linda M	61	Sarasota Family	43.67	44.25
10	Cosper, Sue	60	YMCA Indy Swimfit	51.31	50.98
11	Seidler, Jeanne	62	Schroeder	1:06.09	1:06.71

Women 60-64 100 Yard Freestyle

NAT YMCA: 1:07.14 * 4/23/2005 Jackie Marr				TFY-	
USMS: 1:02.74 ! 5/4/2008 F.Williamson					
1	Mitchell, Jeannie R	62	Broward County YMCA Masters	1:16.39	1:15.83
	36.58	1:15.83 (39.25)			
2	Buchel, Ann W	60	Schroeder	1:18.00	1:16.93
	35.76	1:16.93 (41.17)			
3	Yunker, Carol M	62	Andover North Andover	1:21.00	1:22.19
	39.30	1:22.19 (42.89)			
4	Van Meeteren, Greta	62	Twin Rivers	1:29.20	1:27.52
	41.39	1:27.52 (46.13)			
5	Zareski, Lynne M	61	Wilton Family YMCA	1:30.00	1:30.45
	42.79	1:30.45 (47.66)			
6	Kuna, Marney E	64	Sarasota Family	1:30.40	1:32.68
	43.53	1:32.68 (49.15)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 60-64 100 Yard Freestyle)**

7	Gruber, Elizabeth	60	Mid-Delmarva YMCA	1:35.00	1:35.58
	43.39			1:35.58 (52.19)	
8	Bloomquist, Tess	64	Mid-Delmarva YMCA	1:39.80	1:41.60
	48.38			1:41.60 (53.22)	
9	Suttie, Rae E	64	Sarasota Family	1:39.08	1:44.55
	47.21			1:44.55 (57.34)	
10	Cosper, Sue	60	YMCA Indy Swimfit	1:41.93	2:00.46
	55.69			2:00.46 (1:04.77)	
11	Seidler, Jeanne	62	Schroeder	2:33.10	2:30.57
	1:14.71			2:30.57 (1:15.86)	
---	Riley, Linda M	61	Sarasota Family	1:42.00	NS

Women 60-64 200 Yard Freestyle

NAT YMCA: 2:28.14 * 5/18/2008		Linda R Shoenberger		Mid-Delmarva MD-	
USMS: 2:18.52 ! 5/4/2008		F. Williamson			
1	Webb, Linda	63	Sarasota Family	3:00.00	2:50.68
	38.62			1:23.02 (44.40)	2:07.80 (44.78)
				2:50.68 (42.88)	
2	Van Meeteren, Greta	62	Twin Rivers	3:10.00	3:09.31
	42.53			1:30.45 (47.92)	2:19.94 (49.49)
				3:09.31 (49.37)	
3	Cosper, Sue	60	YMCA Indy Swimfit	3:36.71	4:02.61
	55.67			2:01.11 (1:05.44)	3:03.28 (1:02.17)
				4:02.61 (59.33)	
4	Seidler, Jeanne	62	Schroeder	5:14.76	5:17.43
	1:15.13			2:36.96 (1:21.83)	3:57.28 (1:20.32)
				5:17.43 (1:20.15)	

Women 60-64 500 Yard Freestyle

NAT YMCA: 6:29.49 * 5/17/2008		Linda R Shoenberger		Mid-Delmarva MD-	
USMS: 6:19.07 ! 4/25/2004		Jackie Marr			
1	Pohlmann, Mary M	64	South Hills YMCA	7:17.81	7:16.93
	39.01			1:22.57 (43.56)	2:07.79 (45.22)
				2:53.11 (45.32)	
	3:37.49 (44.38)			4:21.97 (44.48)	5:06.35 (44.38)
				5:50.30 (43.95)	
	6:34.24 (43.94)			7:16.93 (42.69)	
2	Wingerter, Pamela W	64	Mid-Delmarva YMCA	7:47.90	7:31.72
	40.74			1:25.79 (45.05)	2:12.16 (46.37)
				2:59.38 (47.22)	
	3:45.91 (46.53)			4:32.21 (46.30)	5:18.92 (46.71)
				6:04.98 (46.06)	
	6:51.02 (46.04)			7:31.72 (40.70)	
3	Buchel, Ann W	60	Schroeder	7:45.00	7:36.80
	40.06			1:25.26 (45.20)	2:12.04 (46.78)
				2:59.00 (46.96)	
	3:45.89 (46.89)			4:32.96 (47.07)	5:20.06 (47.10)
				6:06.58 (46.52)	
	6:52.96 (46.38)			7:36.80 (43.84)	
4	Yunker, Carol M	62	Andover North Andover	8:01.00	8:08.59
	42.53			1:29.47 (46.94)	2:17.71 (48.24)
				3:06.76 (49.05)	
	3:57.12 (50.36)			4:47.58 (50.46)	5:38.89 (51.31)
				6:30.52 (51.63)	
	7:21.65 (51.13)			8:08.59 (46.94)	
5	Van Meeteren, Greta	62	Twin Rivers	8:10.75	8:09.84
	46.04			1:36.55 (50.51)	2:26.45 (49.90)
				3:16.36 (49.91)	
	4:05.28 (48.92)			4:54.60 (49.32)	5:43.49 (48.89)
				6:33.42 (49.93)	
	7:22.81 (49.39)			8:09.84 (47.03)	
6	Zareski, Lynne M	61	Wilton Family YMCA	9:00.00	8:43.76
	48.14			1:40.85 (52.71)	2:33.67 (52.82)
				3:27.06 (53.39)	
	4:20.88 (53.82)			5:14.63 (53.75)	6:08.15 (53.52)
				7:01.50 (53.35)	
	7:53.64 (52.14)			8:43.76 (50.12)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 60-64 500 Yard Freestyle)

7	Bloomquist, Tess	64	Mid-Delmarva YMCA	10:15.00	9:20.20
	51.37	1:46.11 (54.74)	2:42.22 (56.11)	3:39.27 (57.05)	
	4:35.60 (56.33)	5:32.87 (57.27)	6:29.70 (56.83)	7:27.02 (57.32)	
	8:24.41 (57.39)	9:20.20 (55.79)			
8	Riley, Linda M	61	Sarasota Family	8:30.50	9:56.14
	48.39	1:49.51 (1:01.12)	2:53.94 (1:04.43)	3:57.41 (1:03.47)	
	4:59.98 (1:02.57)	6:01.38 (1:01.40)	7:01.21 (59.83)	7:59.65 (58.44)	
	9:00.08 (1:00.43)	9:56.14 (56.06)			
9	Chambers, Betsy C	61	Northern Neck Family	10:05.04	10:27.99
	56.41	1:59.67 (1:03.26)	3:03.31 (1:03.64)	4:07.47 (1:04.16)	
	5:11.54 (1:04.07)	6:16.22 (1:04.68)	7:21.05 (1:04.83)	8:25.73 (1:04.68)	
	9:29.74 (1:04.01)	10:27.99 (58.25)			
10	Cosper, Sue	60	YMCA Indy Swimfit	9:38.56	10:31.14
	53.17	1:58.40 (1:05.23)	3:02.16 (1:03.76)	4:05.97 (1:03.81)	
	5:10.35 (1:04.38)	6:14.55 (1:04.20)	7:18.52 (1:03.97)	8:23.91 (1:05.39)	
	9:28.53 (1:04.62)	10:31.14 (1:02.61)			
11	Seidler, Jeanne	62	Schroeder	13:20.01	13:58.00
	1:16.81	2:40.77 (1:23.96)	4:07.01 (1:26.24)	5:29.32 (1:22.31)	
	6:55.27 (1:25.95)	8:20.45 (1:25.18)	9:44.14 (1:23.69)	11:09.16 (1:25.02)	
	12:33.46 (1:24.30)	13:58.00 (1:24.54)			

Women 60-64 1000 Yard Freestyle

NAT YMCA: 13:18.73 * 5/15/2008 Linda R Shoenberger Mid-Delmarva MD-
USMS: 12:53.81 ! 4/25/2004 Jackie Marr

1	Pohlmann, Mary M	64	South Hills YMCA	14:59.89	14:47.88
	38.67	1:22.06 (43.39)	2:06.78 (44.72)	2:51.77 (44.99)	
	3:36.59 (44.82)	4:21.37 (44.78)	5:06.04 (44.67)	5:50.89 (44.85)	
	6:35.86 (44.97)	7:20.82 (44.96)	8:05.57 (44.75)	8:50.23 (44.66)	
	9:34.81 (44.58)	10:19.54 (44.73)	11:04.04 (44.50)	11:48.85 (44.81)	
	12:34.00 (45.15)	13:18.55 (44.55)	14:03.98 (45.43)	14:47.88 (43.90)	
2	Buchel, Ann W	60	Schroeder	16:00.00	15:37.04
	40.29	1:25.29 (45.00)	2:11.96 (46.67)	2:59.84 (47.88)	
	3:48.05 (48.21)	4:36.13 (48.08)	5:23.99 (47.86)	6:11.49 (47.50)	
	6:58.73 (47.24)	7:46.20 (47.47)	8:33.39 (47.19)	9:20.27 (46.88)	
	10:06.96 (46.69)	10:54.07 (47.11)	11:41.69 (47.62)	12:29.18 (47.49)	
	13:17.26 (48.08)	14:04.95 (47.69)	14:52.54 (47.59)	15:37.04 (44.50)	
3	Van Meeteren, Greta	62	Twin Rivers	16:31.75	16:22.77
	45.78	1:34.88 (49.10)	2:24.50 (49.62)	3:14.80 (50.30)	
	4:03.99 (49.19)	4:53.57 (49.58)	5:42.43 (48.86)	6:31.61 (49.18)	
	7:21.08 (49.47)	8:10.71 (49.63)	8:59.63 (48.92)	9:48.69 (49.06)	
	10:37.40 (48.71)	11:25.74 (48.34)	12:14.67 (48.93)	13:03.62 (48.95)	
	13:53.45 (49.83)	14:43.03 (49.58)	15:32.86 (49.83)	16:22.77 (49.91)	
4	Zareski, Lynne M	61	Wilton Family YMCA	18:20.00	17:33.44
	44.86	1:36.67 (51.81)	2:29.84 (53.17)	3:23.32 (53.48)	
	4:16.99 (53.67)	5:11.34 (54.35)	6:05.59 (54.25)	6:59.71 (54.12)	
	7:54.07 (54.36)	8:48.98 (54.91)	9:42.03 (53.05)	10:35.04 (53.01)	
	11:27.70 (52.66)	12:21.24 (53.54)	13:13.83 (52.59)	14:06.70 (52.87)	
	14:58.54 (51.84)	15:51.16 (52.62)	16:43.19 (52.03)	17:33.44 (50.25)	
5	Bloomquist, Tess	64	Mid-Delmarva YMCA	19:59.00	18:46.54
	50.68	1:46.13 (55.45)	2:43.25 (57.12)	3:40.38 (57.13)	
	4:38.27 (57.89)	5:35.42 (57.15)	6:32.37 (56.95)	7:29.56 (57.19)	
	8:26.12 (56.56)	9:22.90 (56.78)	10:19.68 (56.78)	11:15.99 (56.31)	
	12:12.25 (56.26)	13:08.89 (56.64)	14:04.79 (55.90)	15:01.72 (56.93)	
	15:58.56 (56.84)	16:54.83 (56.27)	17:51.80 (56.97)	18:46.54 (54.74)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 60-64 1000 Yard Freestyle)**

6	Riley, Linda M	61	Sarasota Family	20:00.00	20:05.98
	51.18	1:51.40 (1:00.22)	2:54.68 (1:03.28)	3:56.45 (1:01.77)	
	4:57.34 (1:00.89)	5:57.63 (1:00.29)	6:59.22 (1:01.59)	7:59.87 (1:00.65)	
	9:01.16 (1:01.29)	10:02.78 (1:01.62)	11:02.60 (59.82)	12:03.71 (1:01.11)	
	13:04.75 (1:01.04)	14:04.97 (1:00.22)	15:07.30 (1:02.33)	16:07.95 (1:00.65)	
	17:09.75 (1:01.80)	18:12.32 (1:02.57)	19:12.00 (59.68)	20:05.98 (53.98)	
7	Chambers, Betsy C	61	Northern Neck Family	21:03.82	22:27.05
	1:02.22	2:09.24 (1:07.02)	3:18.64 (1:09.40)	4:28.27 (1:09.63)	
	5:36.25 (1:07.98)	6:44.31 (1:08.06)	7:53.02 (1:08.71)	9:01.49 (1:08.47)	
	10:09.86 (1:08.37)	11:19.84 (1:09.98)	12:28.37 (1:08.53)	13:36.73 (1:08.36)	
	14:44.01 (1:07.28)	15:51.65 (1:07.64)	16:59.43 (1:07.78)	18:07.11 (1:07.68)	
	19:14.73 (1:07.62)	20:22.08 (1:07.35)	21:26.01 (1:03.93)	22:27.05 (1:01.04)	
8	Hall, Carol A	61	YMCA Indy Swimfit	22:00.00	24:04.06
	1:06.36	2:17.88 (1:11.52)	3:32.28 (1:14.40)	4:44.17 (1:11.89)	
	5:56.81 (1:12.64)	7:09.09 (1:12.28)	8:19.86 (1:10.77)	9:33.15 (1:13.29)	
	10:45.74 (1:12.59)	11:57.97 (1:12.23)	13:11.27 (1:13.30)	14:24.55 (1:13.28)	
	15:39.17 (1:14.62)	16:52.37 (1:13.20)	18:07.17 (1:14.80)	19:19.20 (1:12.03)	
	20:32.76 (1:13.56)	21:44.17 (1:11.41)	22:54.89 (1:10.72)	24:04.06 (1:09.17)	
9	Seidler, Jeanne	62	Schroeder	26:40.01	28:03.18
	1:13.53	2:36.67 (1:23.14)	4:00.12 (1:23.45)	5:23.11 (1:22.99)	
	6:45.37 (1:22.26)	8:09.60 (1:24.23)	9:31.64 (1:22.04)	10:54.21 (1:22.57)	
	12:15.07 (1:20.86)	13:36.49 (1:21.42)	14:58.39 (1:21.90)	16:22.29 (1:23.90)	
	17:44.29 (1:22.00)	19:08.27 (1:23.98)	20:32.11 (1:23.84)	21:56.23 (1:24.12)	
	23:19.11 (1:22.88)	24:41.33 (1:22.22)	26:00.59 (1:19.26)	28:03.18 (2:02.59)	

Women 60-64 1650 Yard Freestyle

NAT YMCA: 21:40.63		*	4/21/2005	Jackie Marr	TFY-
USMS: 21:19.25		!	4/25/2004	Jackie Marr	
1	Yunker, Carol M	62	Andover North Andover	27:00.00	27:22.15
	43.07	1:30.39 (47.32)	2:20.90 (50.51)	3:12.02 (51.12)	
	4:02.12 (50.10)	4:52.99 (50.87)	5:44.42 (51.43)	6:36.14 (51.72)	
	7:27.58 (51.44)	8:16.65 (49.07)	9:06.64 (49.99)	9:57.14 (50.50)	
	10:47.74 (50.60)	11:38.98 (51.24)	12:28.99 (50.01)	13:19.33 (50.34)	
	14:08.42 (49.09)	14:58.08 (49.66)	15:47.71 (49.63)	16:36.75 (49.04)	
	17:27.55 (50.80)	18:16.90 (49.35)	19:06.92 (50.02)	19:56.88 (49.96)	
	20:47.18 (50.30)	21:38.00 (50.82)	22:28.23 (50.23)	23:17.79 (49.56)	
	24:07.85 (50.06)	24:57.79 (49.94)	25:47.32 (49.53)	26:36.30 (48.98)	27:22.15 (45.85)
2	Gregory, Kathryn S	63	Northern Neck Family	28:57.70	29:33.18
	45.45	1:36.41 (50.96)	2:29.53 (53.12)	3:23.02 (53.49)	
	4:16.41 (53.39)	5:09.06 (52.65)	6:02.65 (53.59)	6:56.18 (53.53)	
	7:49.58 (53.40)	8:43.09 (53.51)	9:37.13 (54.04)	10:30.86 (53.73)	
	11:26.34 (55.48)	12:20.32 (53.98)	13:16.20 (55.88)	14:12.78 (56.58)	
	15:06.71 (53.93)	16:02.48 (55.77)	16:55.50 (53.02)	17:50.14 (54.64)	
	18:44.27 (54.13)	19:37.63 (53.36)	20:31.12 (53.49)	21:24.51 (53.39)	
	22:18.72 (54.21)	23:12.64 (53.92)	24:07.53 (54.89)	25:02.51 (54.98)	
	25:57.49 (54.98)	26:53.03 (55.54)	27:47.69 (54.66)	28:41.70 (54.01)	29:33.18 (51.48)

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Odd Heats East Pool Even Heats West Pool

Results

(Women 60-64 1650 Yard Freestyle)

3	Gruber, Elizabeth	60	Mid-Delmarva YMCA	32:30.00	33:18.78
			1:50.88 ()	3:50.02 ()	
			5:47.47 ()	6:46.43 (58.96)	
			8:46.82 ()	10:47.73 ()	
			13:50.06 ()	15:50.07 ()	
			21:56.76 ()	22:58.96 (1:02.20)	23:59.08 (1:00.12)
			24:59.58 (1:00.50)	26:59.71 ()	28:01.32 (1:01.61)
			28:59.84 (58.52)	30:01.82 (1:01.98)	31:01.53 (59.71)
				32:00.65 (59.12)	33:18.78 (1:18.13)
4	Hall, Carol A	61	YMCA Indy Swimfit	38:00.00	39:12.68
			1:04.59	2:13.33 (1:08.74)	3:22.00 (1:08.67)
			5:42.52 (1:11.41)	6:52.49 (1:09.97)	8:02.53 (1:10.04)
			10:21.16 (1:09.75)	11:32.18 (1:11.02)	12:42.13 (1:09.95)
			15:03.39 (1:11.04)	16:12.94 (1:09.55)	17:23.48 (1:10.54)
			19:47.93 (1:13.35)	21:00.49 (1:12.56)	22:14.76 (1:14.27)
			24:38.92 (1:12.84)	25:51.60 (1:12.68)	27:03.84 (1:12.24)
			29:28.02 (1:11.45)	30:42.66 (1:14.64)	31:54.86 (1:12.20)
			34:22.81 (1:13.72)	35:34.84 (1:12.03)	36:47.58 (1:12.74)
				38:03.02 (1:15.44)	39:12.68 (1:09.66)

Women 60-64 50 Yard Backstroke

NAT YMCA:	36.14	*	2002	Barbara Frid	South Hills, PA
USMS:	33.95	!	5/4/2008	Ruth Shaps	
1	Mitchell, Jeannie R	62	Broward County YMCA Masters	37.68	37.86
2	Pohlmann, Mary M	64	South Hills YMCA	37.90	39.59
3	Gregory, Kathryn S	63	Northern Neck Family	42.92	43.14
4	Chambers, Betsy C	61	Northern Neck Family	49.34	51.82
5	Bloomquist, Tess	64	Mid-Delmarva YMCA	54.90	1:00.89
6	Seidler, Jeanne	62	Schroeder	1:10.68	1:13.88

Women 60-64 100 Yard Backstroke

NAT YMCA:	1:17.17	*	5/18/2008	Sherry L Puthoff	Muskegon MI-MI
USMS:	1:14.73	!	5/4/2008	Ruth Shaps	
1	Mitchell, Jeannie R	62	Broward County YMCA Masters	1:21.57	1:22.12
	40.38		1:22.12 (41.74)		
2	Pohlmann, Mary M	64	South Hills YMCA	1:23.26	1:24.26
	40.79		1:24.26 (43.47)		
3	Wingerter, Pamela W	64	Mid-Delmarva YMCA	1:34.54	1:28.99
	43.30		1:28.99 (45.69)		
4	Gregory, Kathryn S	63	Northern Neck Family	1:31.91	1:34.93
	46.47		1:34.93 (48.46)		
5	Chambers, Betsy C	61	Northern Neck Family	2:01.23	1:51.00
	52.47		1:51.00 (58.53)		
6	Bloomquist, Tess	64	Mid-Delmarva YMCA	2:03.50	2:09.52
7	Seidler, Jeanne	62	Schroeder	2:33.10	2:34.87
	1:15.70		2:34.87 (1:19.17)		

Women 60-64 200 Yard Backstroke

NAT YMCA:	2:49.38	*	4/23/2005	Mary Pohlmann	DANY-
USMS:	2:42.86	!	4/20/1997	Betsy Jordan	
1	Mitchell, Jeannie R	62	Broward County YMCA Masters	2:58.18	2:58.23
	42.24		1:27.22 (44.98)	2:13.07 (45.85)	2:58.23 (45.16)
2	Pohlmann, Mary M	64	South Hills YMCA	3:01.99	3:00.43
	42.58		1:27.98 (45.40)	2:14.02 (46.04)	3:00.43 (46.41)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 60-64 200 Yard Backstroke)**

3	Gregory, Kathryn S	63	Northern Neck Family	3:23.30	3:26.38
	47.11	1:39.87 (52.76)	2:34.26 (54.39)	3:26.38 (52.12)	
4	Yunker, Carol M	62	Andover North Andover	3:50.00	3:35.44
	49.32	1:44.21 (54.89)	2:41.72 (57.51)	3:35.44 (53.72)	
5	Chambers, Betsy C	61	Northern Neck Family	3:54.04	4:03.90
	53.38	1:55.11 (1:01.73)	2:59.31 (1:04.20)	4:03.90 (1:04.59)	
6	Bloomquist, Tess	64	Mid-Delmarva YMCA	4:19.00	4:29.92
		2:16.52 ()	4:29.92 (2:13.40)		
7	Seidler, Jeanne	62	Schroeder	5:14.76	5:30.04
	1:20.33	2:45.29 (1:24.96)	4:10.05 (1:24.76)	5:30.04 (1:19.99)	
8	Hall, Carol A	61	YMCA Indy Swimfit	5:15.00	5:38.54
	1:19.22	2:45.70 (1:26.48)	4:13.20 (1:27.50)	5:38.54 (1:25.34)	

Women 60-64 50 Yard Breaststroke

NAT YMCA: 37.27 * 2001 Joann Leilich South Hills, PA
USMS: 36.30 ! 5/14/2006 Ginger Pierson

1	Webb, Linda	63	Sarasota Family	42.00	41.25
2	Wingerter, Pamela W	64	Mid-Delmarva YMCA	43.10	41.71
3	Mitchell, Jeannie R	62	Broward County YMCA Masters	46.49	46.51
4	Van Meeteren, Greta	62	Twin Rivers	45.80	46.83
5	Suttie, Rae E	64	Sarasota Family	1:02.58	58.88
6	Chambers, Betsy C	61	Northern Neck Family	47.90	59.07
7	Cosper, Sue	60	YMCA Indy Swimfit	53.22	1:12.56

Women 60-64 100 Yard Breaststroke

NAT YMCA: 1:22.82 * 1999 Joann Leilich Montgomery C, MD
USMS: 1:19.98 ! 5/4/2008 Ginger Pierson

1	Webb, Linda	63	Sarasota Family	1:33.00	1:33.43
	43.88	1:33.43 (49.55)			
2	Wingerter, Pamela W	64	Mid-Delmarva YMCA	1:41.61	1:35.78
	45.32	1:35.78 (50.46)			
3	Van Meeteren, Greta	62	Twin Rivers	1:41.15	1:43.42
	48.27	1:43.42 (55.15)			
4	Chambers, Betsy C	61	Northern Neck Family	1:58.04	2:00.97
	57.70	2:00.97 (1:03.27)			
5	Cosper, Sue	60	YMCA Indy Swimfit	2:02.58	2:33.16
	1:12.32	2:33.16 (1:20.84)			

Women 60-64 200 Yard Breaststroke

NAT YMCA: 3:00.72 * 2003 Joann Leilich South Hills, PA
USMS: 2:56.39 ! 5/2/1999 Joann Leilich

1	Webb, Linda	63	Sarasota Family	3:25.00	3:27.99
	46.47	1:39.27 (52.80)	2:35.11 (55.84)	3:27.99 (52.88)	
2	Wingerter, Pamela W	64	Mid-Delmarva YMCA	3:40.19	3:28.12
	48.19	1:42.06 (53.87)	2:36.99 (54.93)	3:28.12 (51.13)	
3	Van Meeteren, Greta	62	Twin Rivers	3:41.00	3:43.16
	51.00	1:46.36 (55.36)	2:44.23 (57.87)	3:43.16 (58.93)	
4	Chambers, Betsy C	61	Northern Neck Family	4:05.87	4:27.13
	1:02.14	2:13.18 (1:11.04)	3:22.18 (1:09.00)	4:27.13 (1:04.95)	
5	Hall, Carol A	61	YMCA Indy Swimfit	5:00.00	4:47.21
	1:08.09	2:21.05 (1:12.96)	3:36.50 (1:15.45)	4:47.21 (1:10.71)	
6	Cosper, Sue	60	YMCA Indy Swimfit	4:28.09	5:41.73
	1:21.44	2:50.34 (1:28.90)	5:41.73 (2:51.39)		

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Odd Heats East Pool Even Heats West Pool

Results

Women 60-64 50 Yard Butterfly

NAT YMCA: 33.63 * 2002		Barbara Frid		South Hills, PA	
USMS: 31.95 ! 5/20/2007		Carolyn Boak			
1	Webb, Linda	63	Sarasota Family	39.00	39.40
2	Wingerter, Pamela W	64	Mid-Delmarva YMCA	43.42	39.86
3	Yunker, Carol M	62	Andover North Andover	40.00	40.47
4	Gregory, Kathryn S	63	Northern Neck Family	47.50	47.91
5	Suttie, Rae E	64	Sarasota Family	51.54	51.29
6	Gruber, Elizabeth	60	Mid-Delmarva YMCA	53.00	53.81
7	Bloomquist, Tess	64	Mid-Delmarva YMCA	59.50	1:01.27

Women 60-64 100 Yard Butterfly

NAT YMCA: 1:25.49 * 5/21/2006		Jackie Marr		Los Almos NV	
USMS: 1:13.06 ! 5/20/2007		Carolyn Boak			
1	Yunker, Carol M	62	Andover North Andover	1:40.00	1:37.60
	44.40				1:37.60 (53.20)
2	Suttie, Rae E	64	Sarasota Family	2:00.89	2:02.13
	56.68				2:02.13 (1:05.45)
3	Bloomquist, Tess	64	Mid-Delmarva YMCA	2:07.00	2:21.65
	1:04.52				2:21.65 (1:17.13)
---	Hall, Carol A	61	YMCA Indy Swimfit	2:30.00	NS
	2:23.51				

Women 60-64 200 Yard Butterfly

NAT YMCA: 3:06.99 * 1996		Nancy Brown		Anne Arundle, MD	
USMS: 2:51.58 ! 5/4/2008		Carolyn Boak			
1	Pohlmann, Mary M	64	South Hills YMCA	3:24.89	3:28.10
	45.26				1:39.15 (53.89) 2:33.50 (54.35) 3:28.10 (54.60)
2	Yunker, Carol M	62	Andover North Andover	3:55.00	3:51.40
	48.91				1:47.94 (59.03) 2:50.72 (1:02.78) 3:51.40 (1:00.68)
3	Hall, Carol A	61	YMCA Indy Swimfit	5:10.00	4:54.77
	1:12.74				2:26.21 (1:13.47) 3:43.33 (1:17.12) 4:54.77 (1:11.44)
---	Suttie, Rae E	64	Sarasota Family	4:49.75	DNF
	Did not finish				
	1:08.63				2:39.30 (1:30.67) 3:57.78 (1:18.48)

Women 60-64 100 Yard IM

NAT YMCA: 1:16.75 * 1997		Jayne Bruner		South Hills, PA	
USMS: 1:12.31 ! 5/20/2007		Carolyn Boak			
1	Webb, Linda	63	Sarasota Family	1:25.00	1:26.09
	40.28				1:26.09 (45.81)
2	Wingerter, Pamela W	64	Mid-Delmarva YMCA	1:31.36	1:26.56
	40.73				1:26.56 (45.83)
3	Mitchell, Jeannie R	62	Broward County YMCA Masters	1:26.66	1:30.55
	43.47				1:30.55 (47.08)
4	Buchel, Ann W	60	Schroeder	1:42.00	1:33.80
	45.17				1:33.80 (48.63)
5	Yunker, Carol M	62	Andover North Andover	1:34.00	1:35.25
	43.37				1:35.25 (51.88)
6	Gregory, Kathryn S	63	Northern Neck Family	1:34.90	1:36.66
	45.49				1:36.66 (51.17)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 60-64 200 Yard IM**

NAT YMCA: 2:50.41 *		4/24/2005	Jackie Marr	TFY	
USMS: 2:43.09 !		5/22/2005	Carolyn Boak		
1	Pohlmann, Mary M	64	South Hills YMCA	3:16.03	3:07.87
	41.46	1:27.66 (46.20)	2:23.72 (56.06)	3:07.87 (44.15)	
2	Webb, Linda	63	Sarasota Family	3:15.00	3:16.57
	43.87	1:38.39 (54.52)	2:32.21 (53.82)	3:16.57 (44.36)	
3	Gregory, Kathryn S	63	Northern Neck Family	3:27.81	3:29.44
	49.77	1:40.40 (50.63)	2:40.77 (1:00.37)	3:29.44 (48.67)	
---	Hall, Carol A	61	YMCA Indy Swimfit	5:30.00	NS

Women 60-64 400 Yard IM

NAT YMCA: 6:04.53 *		4/22/2005	Jackie Marr	TFY-	
USMS: 5:49.80 !		3/25/2007	Carolyn Boak		
1	Pohlmann, Mary M	64	South Hills YMCA	6:57.94	6:52.53
	45.32	1:36.94 (51.62)	2:26.23 (49.29)	3:14.10 (47.87)	
	4:15.50 (1:01.40)	5:18.62 (1:03.12)	6:05.92 (47.30)	6:52.53 (46.61)	
2	Gregory, Kathryn S	63	Northern Neck Family	7:37.41	7:36.66
	53.45	1:56.05 (1:02.60)	2:53.17 (57.12)	3:48.61 (55.44)	
	4:52.28 (1:03.67)	5:54.03 (1:01.75)	6:46.63 (52.60)	7:36.66 (50.03)	
3	Hall, Carol A	61	YMCA Indy Swimfit	11:00.00	10:13.23
	1:09.62	2:22.45 (1:12.83)	3:50.07 (1:27.62)	5:20.29 (1:30.22)	
	6:34.04 (1:13.75)	7:50.71 (1:16.67)	9:00.67 (1:09.96)	10:13.23 (1:12.56)	

Women 65-69 50 Yard Freestyle Time Trial

NAT YMCA: 31.44 *	
USMS: 30.42 !	5/20/2007 Beth Schreiner

- Time Trial

1	Hlavacek, Ida	66	South Hills YMCA	NT	37.57
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Women 65-69 50 Yard Freestyle

NAT YMCA: 31.44 *		2001	Jayne Bruner	South Hills, PA	
USMS: 30.42 !		5/20/2007	Beth Schreiner		
1	Marr, Jackie M	65	South Hills YMCA	31.44	32.02
2	Foley,Carolynn	65	Mid-Delmarva YMCA	41.17	38.68
3	Trevison, Ellie	66	YMCA of the Palms	47.00	46.36
4	Fisken, Kathleen	67	Mid-Delmarva YMCA	54.75	48.77
5	Carroll, Theo	65	Sarasota Family	55.00	49.32
6	Allen, Jean M	68	Sarasota Family	48.82	49.69
7	Sether, Judy A	65	Sarasota Family	1:00.00	55.62
8	Dumas-Coleman, Connie	66	YMCA Indy Swimfit	1:06.00	1:20.49
9	Strode, Mary	68	YMCA Indy Swimfit	1:50.40	1:20.93

Women 65-69 100 Yard Freestyle

NAT YMCA: 1:12.32 *		1987	Dorothy Donnelly	Westport, CT	
USMS: 1:07.80 !		5/28/2007	Ardeth Mueller		
1	Hlavacek, Ida	66	South Hills YMCA	1:25.94	1:24.36
	39.74	1:24.36 (44.62)			
2	Foley,Carolynn	65	Mid-Delmarva YMCA	1:31.93	1:29.62
	40.62	1:29.62 (49.00)			
3	Trevison, Ellie	66	YMCA of the Palms	1:49.00	1:48.26
	47.20	1:48.26 (1:01.06)			
4	Dumas-Coleman, Connie	66	YMCA Indy Swimfit	2:50.00	3:19.94
	1:38.55	3:19.94 (1:41.39)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 65-69 100 Yard Freestyle)**

--- Tucher, Betty Lou 69 Sarasota Family 1:50.00 NS

Women 65-69 200 Yard Freestyle

NAT YMCA: 2:45.23 * 4/18/2004 Nancy Brown Anne Arundel, MD

USMS: 2:25.65 ! 4/1/2007 Ardeth Mueller

1	Marr, Jackie M	65	South Hills YMCA	2:45.23	2:40.78*
	36.53	1:17.96 (41.43)	1:59.20 (41.24)	2:40.78 (41.58)	
2	Hlavacek, Ida	66	South Hills YMCA	3:05.87	3:11.50
	40.44	1:28.94 (48.50)	2:20.22 (51.28)	3:11.50 (51.28)	
3	Foley,Carolynn	65	Mid-Delmarva YMCA	3:22.73	3:18.03
	43.12	1:35.33 (52.21)	2:28.98 (53.65)	3:18.03 (49.05)	
4	Libby, Joan C	67	Mid-Delmarva YMCA	3:29.17	3:31.36
	45.58	1:41.48 (55.90)	2:37.37 (55.89)	3:31.36 (53.99)	
5	Weston, Frances E	69	Mid-Delmarva YMCA	4:00.00	3:41.51
	52.35	1:48.89 (56.54)	2:46.99 (58.10)	3:41.51 (54.52)	
6	Trevison, Ellie	66	YMCA of the Palms	4:13.00	4:17.31
	55.70	2:00.43 (1:04.73)	3:08.91 (1:08.48)	4:17.31 (1:08.40)	

Women 65-69 500 Yard Freestyle

NAT YMCA: 7:14.92 * 1992 June Krauser Broward Co, FL

USMS: 6:29.22 ! 4/1/2007 Ardeth Mueller

1	Marr, Jackie M	65	South Hills YMCA	7:14.92	6:43.82*
	36.21	1:15.70 (39.49)	1:56.74 (41.04)	2:38.14 (41.40)	
	3:19.84 (41.70)	4:01.11 (41.27)	4:42.48 (41.37)	5:23.91 (41.43)	
	6:04.25 (40.34)	6:43.82 (39.57)			
2	Hlavacek, Ida	66	South Hills YMCA	7:47.08	8:18.52
	42.50	1:29.61 (47.11)	2:18.27 (48.66)	3:09.39 (51.12)	
	4:00.33 (50.94)	4:51.39 (51.06)	5:43.49 (52.10)	6:36.03 (52.54)	
	7:28.21 (52.18)	8:18.52 (50.31)			
3	Foley,Carolynn	65	Mid-Delmarva YMCA	9:09.36	8:35.31
	45.62	1:38.49 (52.87)	2:32.12 (53.63)	3:24.79 (52.67)	
	4:18.03 (53.24)	5:10.80 (52.77)	6:03.33 (52.53)	6:56.27 (52.94)	
	7:49.34 (53.07)	8:35.31 (45.97)			
4	Libby, Joan C	67	Mid-Delmarva YMCA	9:12.52	9:09.45
	48.54	1:42.44 (53.90)	2:38.90 (56.46)	3:36.68 (57.78)	
	4:32.87 (56.19)	5:28.60 (55.73)	6:25.07 (56.47)	7:20.92 (55.85)	
	8:16.43 (55.51)	9:09.45 (53.02)			
5	Onton, Ann Louise	65	Westport / Weston	9:00.00	9:17.39
	44.52	1:37.13 (52.61)	2:32.36 (55.23)	3:28.78 (56.42)	
	4:27.33 (58.55)	5:26.09 (58.76)	6:24.88 (58.79)	7:23.65 (58.77)	
	8:22.75 (59.10)	9:17.39 (54.64)			
6	Weston, Frances E	69	Mid-Delmarva YMCA	10:00.00	9:37.68
	50.93	1:47.37 (56.44)	2:46.56 (59.19)	3:46.53 (59.97)	
	4:45.47 (58.94)	5:44.30 (58.83)	6:43.59 (59.29)	7:42.12 (58.53)	
	8:40.95 (58.83)	9:37.68 (56.73)			
7	Trevison, Ellie	66	YMCA of the Palms	11:20.00	11:25.95
	57.21	2:00.76 (1:03.55)	3:10.16 (1:09.40)	4:19.25 (1:09.09)	
	5:31.68 (1:12.43)	6:42.37 (1:10.69)	7:51.51 (1:09.14)	9:03.11 (1:11.60)	
	10:16.37 (1:13.26)	11:25.95 (1:09.58)			
8	Fisken, Kathleen	67	Mid-Delmarva YMCA	11:43.00	11:27.92
	57.91	2:03.97 (1:06.06)	3:12.57 (1:08.60)	4:23.08 (1:10.51)	
	5:34.00 (1:10.92)	6:44.78 (1:10.78)	7:55.01 (1:10.23)		
	10:19.88 ()	11:27.92 (1:08.04)			

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

Women 65-69 1000 Yard Freestyle Time Trial

NAT YMCA: 13:33.80 *

USMS: 13:27.12 ! 2/3/2008 Ardeth Mueller

- Time Trial

1 Marr, Jackie M 65 South Hills YMCA NT 13:33.80*

Women 65-69 1000 Yard Freestyle

NAT YMCA: 13:33.80 * 4/16/2008 Jackie Marr

South Hills PA

USMS: 13:27.12 ! 2/3/2008 Ardeth Mueller

1 Hlavacek, Ida 66 South Hills YMCA 15:50.60 17:01.56

43.31 1:30.23 (46.92) 2:19.76 (49.53) 3:10.01 (50.25)

4:01.19 (51.18) 4:52.74 (51.55) 5:45.15 (52.41) 6:37.48 (52.33)

7:29.22 (51.74) 8:21.74 (52.52) 9:14.54 (52.80) 10:06.41 (51.87)

10:58.74 (52.33) 11:50.73 (51.99) 12:43.06 (52.33) 13:34.83 (51.77)

14:27.03 (52.20) 15:19.67 (52.64) 16:11.16 (51.49) 17:01.56 (50.40)

2 Foley,Carolynn 65 Mid-Delmarva YMCA 18:58.72 18:37.56

46.39 1:42.51 (56.12) 2:39.43 (56.92) 3:35.83 (56.40)

4:32.69 (56.86) 5:29.47 (56.78) 6:26.39 (56.92) 7:23.13 (56.74)

8:19.85 (56.72) 9:16.53 (56.68) 10:13.74 (57.21) 11:10.53 (56.79)

12:08.06 (57.53) 13:05.28 (57.22) 14:02.23 (56.95) 14:58.86 (56.63)

15:55.24 (56.38) 16:51.11 (55.87) 17:47.41 (56.30) 18:37.56 (50.15)

3 Libby, Joan C 67 Mid-Delmarva YMCA 19:28.66 19:00.24

47.69 1:43.28 (55.59) 2:39.08 (55.80) 3:36.70 (57.62)

4:34.65 (57.95) 5:32.20 (57.55) 6:29.48 (57.28) 7:27.63 (58.15)

8:24.82 (57.19) 9:22.62 (57.80) 10:20.49 (57.87) 11:18.60 (58.11)

12:17.72 (59.12) 13:15.66 (57.94) 14:12.48 (56.82) 15:11.32 (58.84)

16:09.68 (58.36) 17:07.12 (57.44) 18:04.86 (57.74) 19:00.24 (55.38)

4 Weston, Frances E 69 Mid-Delmarva YMCA 20:00.00 19:38.68

48.87 1:44.05 (55.18) 2:41.36 (57.31) 3:39.18 (57.82)

4:37.86 (58.68) 5:36.50 (58.64) 6:34.86 (58.36) 7:34.52 (59.66)

8:34.40 (59.88) 9:34.52 (1:00.12) 10:35.52 (1:01.00) 11:36.44 (1:00.92)

12:36.16 (59.72) 13:36.47 (1:00.31) 14:36.22 (59.75) 15:37.41 (1:01.19)

16:38.92 (1:01.51) 17:40.03 (1:01.11) 18:39.98 (59.95) 19:38.68 (58.70)

5 Trevison, Ellie 66 YMCA of the Palms 24:00.00 23:17.38

57.22 2:02.98 (1:05.76) 3:11.86 (1:08.88) 4:20.72 (1:08.86)

5:32.25 (1:11.53) 6:42.06 (1:09.81) 7:53.13 (1:11.07) 9:04.20 (1:11.07)

10:13.49 (1:09.29) 11:25.90 (1:12.41) 12:37.53 (1:11.63) 13:48.37 (1:10.84)

14:59.48 (1:11.11) 16:11.87 (1:12.39) 17:24.34 (1:12.47) 18:35.92 (1:11.58)

19:47.05 (1:11.13) 20:59.22 (1:12.17) 22:09.76 (1:10.54) 23:17.38 (1:07.62)

Women 65-69 1650 Yard Freestyle

NAT YMCA: 23:46.31 * 1993 Clara Walker

Smithfield, RI

USMS: 23:09.53 ! 4/5/1998 Lavelle Stoinoff

1 Marr, Jackie M 65 South Hills YMCA 23:46.31 22:28.21 !

36.65 1:16.58 (39.93) 1:57.22 (40.64) 2:38.09 (40.87)

3:18.95 (40.86) 3:59.86 (40.91) 4:40.51 (40.65) 5:21.28 (40.77)

6:02.23 (40.95) 6:42.78 (40.55) 7:23.69 (40.91) 8:04.98 (41.29)

8:45.87 (40.89) 9:26.79 (40.92) 10:07.96 (41.17) 10:49.03 (41.07)

11:30.39 (41.36) 12:11.43 (41.04) 12:53.02 (41.59) 13:33.80 (40.78)

14:15.17 (41.37) 14:56.49 (41.32) 15:37.95 (41.46) 16:18.74 (40.79)

16:59.79 (41.05) 17:40.74 (40.95) 18:21.71 (40.97) 19:03.07 (41.36)

19:44.31 (41.24) 20:26.17 (41.86) 21:07.44 (41.27) 21:48.52 (41.08) 22:28.21 (39.69)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 65-69 1650 Yard Freestyle)

2	Etnyre, Sandy	67	YMCA Indy Swimfit	35:00.00	29:45.20
	45.42	1:37.85 (52.43)	2:32.38 (54.53)	3:27.11 (54.73)	
	4:21.83 (54.72)	5:16.83 (55.00)	6:11.32 (54.49)	7:05.67 (54.35)	
	8:00.66 (54.99)	8:55.04 (54.38)	9:49.81 (54.77)	10:44.18 (54.37)	
	11:38.88 (54.70)	12:33.46 (54.58)	13:28.46 (55.00)	14:23.61 (55.15)	
	15:18.52 (54.91)	16:13.11 (54.59)	17:07.84 (54.73)	18:03.22 (55.38)	
	18:59.28 (56.06)	19:54.93 (55.65)	20:49.23 (54.30)	21:44.60 (55.37)	
	22:38.71 (54.11)	23:32.81 (54.10)	24:26.54 (53.73)	25:20.00 (53.46)	
	26:14.07 (54.07)	27:07.19 (53.12)	28:00.86 (53.67)	28:54.61 (53.75)	29:45.20 (50.59)
3	Libby, Joan C	67	Mid-Delmarva YMCA	31:51.55	32:50.28
	49.77	1:47.79 (58.02)	2:47.81 (1:00.02)	3:47.82 (1:00.01)	
	4:48.05 (1:00.23)	5:46.99 (58.94)	6:45.06 (58.07)	7:43.48 (58.42)	
	8:43.19 (59.71)	9:42.42 (59.23)	10:41.14 (58.72)	11:42.01 (1:00.87)	
	12:42.53 (1:00.52)	13:43.12 (1:00.59)	14:45.68 (1:02.56)	15:47.34 (1:01.66)	
	16:48.61 (1:01.27)	17:48.99 (1:00.38)	18:49.92 (1:00.93)	19:51.91 (1:01.99)	
	20:53.96 (1:02.05)	21:55.25 (1:01.29)	22:57.30 (1:02.05)	23:59.41 (1:02.11)	
	25:00.72 (1:01.31)	26:00.61 (59.89)	27:02.87 (1:02.26)	28:03.69 (1:00.82)	
	29:02.19 (58.50)	30:00.65 (58.46)	30:59.41 (58.76)	31:56.45 (57.04)	32:50.28 (53.83)
4	Weston, Frances E	69	Mid-Delmarva YMCA	33:00.00	32:57.39
	50.95	1:47.28 (56.33)	2:45.36 (58.08)	3:44.73 (59.37)	
	4:44.57 (59.84)	5:44.47 (59.90)	6:44.62 (1:00.15)	7:44.25 (59.63)	
	8:44.14 (59.89)	9:44.53 (1:00.39)	10:44.60 (1:00.07)	11:44.73 (1:00.13)	
	12:45.44 (1:00.71)	13:46.53 (1:01.09)	14:47.62 (1:01.09)	15:48.92 (1:01.30)	
	16:49.63 (1:00.71)	17:49.44 (59.81)	18:49.74 (1:00.30)	19:50.26 (1:00.52)	
	20:50.03 (59.77)	21:51.01 (1:00.98)	22:52.85 (1:01.84)	23:53.17 (1:00.32)	
	24:53.90 (1:00.73)	25:54.50 (1:00.60)	26:55.31 (1:00.81)	27:56.38 (1:01.07)	
	28:57.66 (1:01.28)	29:59.03 (1:01.37)	30:59.82 (1:00.79)	32:00.03 (1:00.21)	32:57.39 (57.36)
5	Onton, Ann Louise	65	Westport / Weston	32:00.00	33:33.38
	49.19	1:43.33 (54.14)	2:42.30 (58.97)	3:41.73 (59.43)	
	4:40.88 (59.15)	5:42.10 (1:01.22)	6:42.51 (1:00.41)	7:42.95 (1:00.44)	
	8:44.87 (1:01.92)	9:46.34 (1:01.47)	10:47.30 (1:00.96)	11:48.44 (1:01.14)	
	12:49.46 (1:01.02)	13:50.83 (1:01.37)	14:50.49 (59.66)	15:52.50 (1:02.01)	
	16:54.39 (1:01.89)	17:57.37 (1:02.98)	19:00.03 (1:02.66)	20:01.82 (1:01.79)	
	21:04.62 (1:02.80)	22:08.08 (1:03.46)	23:11.78 (1:03.70)	24:14.51 (1:02.73)	
	25:18.19 (1:03.68)	26:21.51 (1:03.32)	27:25.82 (1:04.31)	28:27.91 (1:02.09)	
	29:30.77 (1:02.86)	30:32.69 (1:01.92)	31:34.91 (1:02.22)	32:36.42 (1:01.51)	33:33.38 (56.96)

Women 65-69 50 Yard Backstroke

NAT YMCA:	38.20	*	1992	Doris Steadman		Rahway, NJ
USMS:	36.03	!	4/5/1992	Clara Walker		
1	Gilligan, Chris S	65	Sarasota Family	38.50	38.92	
2	Libby, Joan C	67	Mid-Delmarva YMCA	47.86	44.88	
3	Hlavacek, Ida	66	South Hills YMCA	43.29	45.32	
4	Foley,Carolynn	65	Mid-Delmarva YMCA	47.58	48.07	
5	Fisken, Kathleen	67	Mid-Delmarva YMCA	52.19	54.99	
6	Allen, Jean M	68	Sarasota Family	56.98	57.39	
7	Carroll, Theo	65	Sarasota Family	58.00	58.32	
8	Sether, Judy A	65	Sarasota Family	1:30.00	1:09.95	

Women 65-69 50 Yard Backstroke Time Trial

NAT YMCA:	38.20	*			
USMS:	36.03	!	4/5/1992	Clara Walker	
- Time Trial					
1	Gilligan, Chris S	65	Sarasota Family	NT	39.08

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 65-69 100 Yard Backstroke**

NAT YMCA: 1:25.58 * 2001		Nancy Brown		Anne Arundel, MD	
USMS: 1:19.85 ! 5/17/2002		Betsy Jordan			
1	Marr, Jackie M	65	South Hills YMCA	1:25.58	1:20.86*
	40.20				
	1:20.86 (40.66)				
2	Gilligan, Chris S	65	Sarasota Family	1:26.50	1:22.59*
	41.20				
	1:22.59 (41.39)				
3	Hlavacek, Ida	66	South Hills YMCA	1:30.59	1:37.90
	47.25				
	1:37.90 (50.65)				
4	Libby, Joan C	67	Mid-Delmarva YMCA	1:42.27	1:45.90
	49.82				
	1:45.90 (56.08)				
5	Allen, Jean M	68	Sarasota Family	2:02.22	2:03.51
	1:00.96				
	2:03.51 (1:02.55)				
6	Fisken, Kathleen	67	Mid-Delmarva YMCA	2:01.89	2:14.27
	1:02.12				
	2:14.27 (1:12.15)				

Women 65-69 200 Yard Backstroke

NAT YMCA: 3:05.63 * 2001		Nancy Brown		Anne Arundel, MD	
USMS: 2:51.56 ! 5/17/2002		Betsy Jordan			
1	Gilligan, Chris S	65	Sarasota Family	3:10.30	3:00.61*
	43.62				
	1:28.42 (44.80)	2:14.81 (46.39)		3:00.61 (45.80)	
2	Hlavacek, Ida	66	South Hills YMCA	3:15.42	3:34.80
	50.49				
	1:44.28 (53.79)	2:39.99 (55.71)		3:34.80 (54.81)	
3	Etnyre, Sandy	67	YMCA Indy Swimfit	3:50.00	3:37.80
	51.16				
	1:45.00 (53.84)	2:43.97 (58.97)		3:37.80 (53.83)	
4	Libby, Joan C	67	Mid-Delmarva YMCA	4:04.48	3:50.78
	54.00				
	1:54.49 (1:00.49)	2:55.14 (1:00.65)		3:50.78 (55.64)	
5	Carroll, Theo	65	Sarasota Family	3:45.00	4:24.66
	1:02.73				
	2:07.95 (1:05.22)	3:16.42 (1:08.47)		4:24.66 (1:08.24)	

Women 65-69 50 Yard Breaststroke

NAT YMCA: 39.75 * 5/19/2006		Joann Leilich		South Hill-AM	
USMS: 37.74 ! 4/25/2004		Joann Leilich			
1	Allen, Jean M	68	Sarasota Family	51.62	54.11
2	Carroll, Theo	65	Sarasota Family	1:01.00	1:02.54
3	Sether, Judy A	65	Sarasota Family	1:55.00	1:37.00
4	Dumas-Coleman, Connie	66	YMCA Indy Swimfit	1:50.00	3:21.12

Women 65-69 100 Yard Breaststroke

NAT YMCA: 1:24.09 * 4/17/2004		Joann Leilich		South Hills, PA-	
USMS: 1:23.95 ! 4/25/2004		Joann Leilich			
1	Etnyre, Sandy	67	YMCA Indy Swimfit	1:50.00	1:47.08
	50.79				
	1:47.08 (56.29)				
2	Allen, Jean M	68	Sarasota Family	1:53.38	1:57.36
	55.57				
	1:57.36 (1:01.79)				
3	Carroll, Theo	65	Sarasota Family	1:58.00	2:11.81
	1:00.18				
	2:11.81 (1:11.63)				

Women 65-69 200 Yard Breaststroke

NAT YMCA: 3:05.62 * 5/20/2006		Joann Leilich		South Hill-AM	
USMS: 3:01.50 ! 4/4/2004		Joann Leilich			
1	Allen, Jean M	68	Sarasota Family	4:04.22	4:07.70
	56.43				
	1:59.00 (1:02.57)	3:03.42 (1:04.42)		4:07.70 (1:04.28)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 65-69 50 Yard Butterfly**

NAT YMCA:	35.98	*	2001	Jayne Bruner		South Hills, PA
USMS:	33.02	!	4/1/2007	Ardeth Mueller		
1	Etnyre, Sandy			67	YMCA Indy Swimfit	55.00 41.33
2	Onton, Ann Louise			65	Westport / Weston	49.83 43.29
3	Weston, Frances E			69	Mid-Delmarva YMCA	52.00 51.21
4	Libby, Joan C			67	Mid-Delmarva YMCA	1:00.00 1:00.69

Women 65-69 100 Yard Butterfly

NAT YMCA:	1:27.17	*	2001	Jayne Bruner		South Hills, PA
USMS:	1:16.73	!	4/1/2007	Ardeth Mueller		
1	Etnyre, Sandy			67	YMCA Indy Swimfit	1:45.00 1:39.84
	46.75		1:39.84 (53.09)			
2	Onton, Ann Louise			65	Westport / Weston	1:55.45 1:44.79
	48.91		1:44.79 (55.88)			
3	Weston, Frances E			69	Mid-Delmarva YMCA	2:20.00 2:10.06
	1:02.08		2:10.06 (1:07.98)			

Women 65-69 200 Yard Butterfly

NAT YMCA:	3:14.79	*	1992	June Krauser		Broward Co, FL
USMS:	3:11.22	!	5/16/1994	June Krauser		
1	Onton, Ann Louise			65	Westport / Weston	4:25.00 4:03.79
	51.78		1:53.46 (1:01.68)		2:59.85 (1:06.39)	4:03.79 (1:03.94)
2	Hlavacek, Ida			66	South Hills YMCA	3:46.60 4:04.05
	52.45		1:55.03 (1:02.58)		2:58.21 (1:03.18)	4:04.05 (1:05.84)
3	Weston, Frances E			69	Mid-Delmarva YMCA	5:00.00 4:40.10
	1:04.13		2:16.31 (1:12.18)		3:29.54 (1:13.23)	4:40.10 (1:10.56)

Women 65-69 100 Yard IM

NAT YMCA:	1:21.54	*	1993	Clara Walker		Smithfield, RI
USMS:	1:19.21	!	5/12/1996	Gail Roper		
1	Marr, Jackie M			65	South Hills YMCA	1:21.54 1:22.89
	38.57		1:22.89 (44.32)			
2	Etnyre, Sandy			67	YMCA Indy Swimfit	1:45.00 1:35.41
	44.07		1:35.41 (51.34)			
3	Onton, Ann Louise			65	Westport / Weston	1:49.63 1:43.58
	48.17		1:43.58 (55.41)			
4	Allen, Jean M			68	Sarasota Family	1:55.20 1:57.09
	54.26		1:57.09 (1:02.83)			

Women 65-69 200 Yard IM

NAT YMCA:	2:57.28	*	1993	Clara Walker		Smithfield, RI
USMS:	2:53.77	!	5/28/2007	Ardeth Mueller		
1	Marr, Jackie M			65	South Hills YMCA	2:57.28 3:00.99
	42.26		1:27.71 (45.45)		2:21.18 (53.47)	3:00.99 (39.81)
2	Etnyre, Sandy			67	YMCA Indy Swimfit	3:45.00 3:26.30
	43.26		1:37.79 (54.53)		2:35.33 (57.54)	3:26.30 (50.97)
3	Onton, Ann Louise			65	Westport / Weston	3:51.69 4:00.32
	51.33		1:56.63 (1:05.30)		3:06.75 (1:10.12)	4:00.32 (53.57)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 65-69 400 Yard IM**

NAT YMCA: 6:24.09 * 1993		Clara Walker		Smithfield, RI	
USMS: 6:24.09 ! 4/25/1993		Clara Walker			
1	Marr, Jackie M	65	South Hills YMCA	6:24.09	6:25.57
	43.95		2:28.57 ()	3:17.37 (48.80)	
	4:11.94 (54.57)	5:04.29 (52.35)	5:46.06 (41.77)	6:25.57 (39.51)	
2	Etnyre, Sandy	67	YMCA Indy Swimfit	9:00.00	7:24.80
	47.60	1:46.29 (58.69)	2:46.40 (1:00.11)	3:41.18 (54.78)	
	4:39.74 (58.56)	5:37.53 (57.79)	6:32.23 (54.70)	7:24.80 (52.57)	
3	Onton, Ann Louise	65	Westport / Weston	8:13.73	8:22.78
	50.24	1:50.46 (1:00.22)	2:59.70 (1:09.24)	4:09.15 (1:09.45)	
	5:18.78 (1:09.63)	6:29.50 (1:10.72)	7:28.32 (58.82)	8:22.78 (54.46)	
4	Weston, Frances E	69	Mid-Delmarva YMCA	9:30.00	9:13.89
	1:01.70	2:14.75 (1:13.05)	3:32.81 (1:18.06)	4:50.15 (1:17.34)	
	6:03.61 (1:13.46)	7:15.64 (1:12.03)	8:18.34 (1:02.70)	9:13.89 (55.55)	

Women 70-74 50 Yard Freestyle

NAT YMCA: 32.60 * 5/20/2006		Nancy Brown		Anne Arrundel,MD	
USMS: 31.05 ! 4/30/2000		Gail Roper			
1	Zaremski, Barbara	71	South Hills YMCA	34.01	33.70
2	Newell, Sally	71	YMCA Indy Swimfit	35.71	36.14
3	Tullman, Patricia A	72	Sarasota Family	37.63	36.41
4	Broderick, Kathleen M	70	Northern Neck Family	48.02	48.46
5	Dillard, Pauli	72	Northern Neck Family	1:05.00	1:02.73

Women 70-74 100 Yard Freestyle

NAT YMCA: 1:12.99 * 5/20/2006		Nancy Brown		Anne Arundel-	
USMS: 1:09.79 ! 4/30/2000		Gail Roper			
1	Zaremski, Barbara	71	South Hills YMCA	1:21.50	1:19.00
	37.72	1:19.00 (41.28)			
2	Tullman, Patricia A	72	Sarasota Family	1:24.70	1:19.49
	37.54	1:19.49 (41.95)			
3	Newell, Sally	71	YMCA Indy Swimfit	1:26.89	1:25.72
	40.53	1:25.72 (45.19)			
4	Adams, Laverne M	74	Andover North Andover	1:35.00	1:26.77
	42.13	1:26.77 (44.64)			
5	Broderick, Kathleen M	70	Northern Neck Family	1:45.84	1:47.64
	51.25	1:47.64 (56.39)			
6	Dillard, Pauli	72	Northern Neck Family	2:39.00	2:21.76
	1:06.14	2:21.76 (1:15.62)			

Women 70-74 200 Yard Freestyle

NAT YMCA: 2:45.00 * 5/19/2006		Nancy Brown		Anne Arundel-	
USMS: 2:35.85 ! 4/30/2000		Gail Roper			
1	Brown, Nancy	73	Mid-Delmarva YMCA	2:57.00	2:56.72
	40.44	1:25.80 (45.36)	2:13.06 (47.26)	2:56.72 (43.66)	
2	Zaremski, Barbara	71	South Hills YMCA	2:59.00	3:08.44
	41.11	1:29.04 (47.93)	2:18.56 (49.52)	3:08.44 (49.88)	
3	Broderick, Kathleen M	70	Northern Neck Family	3:52.45	3:54.99
	52.69	1:52.63 (59.94)	2:54.09 (1:01.46)	3:54.99 (1:00.90)	
---	Tullman, Patricia A	72	Sarasota Family	3:03.06	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 70-74 500 Yard Freestyle**

NAT YMCA: 7:20.74		* 5/20/2006 Nancy Brown		Anne Arundel-	
USMS: 6:46.78		! 4/25/2004 Lavelle Stoinoff			
1	Leilich, Joann	70	South Hills YMCA	8:00.00	8:05.79
	46.02	1:35.64 (49.62)	2:25.96 (50.32)	3:15.89 (49.93)	
	4:05.18 (49.29)	4:54.37 (49.19)	5:43.39 (49.02)	6:31.84 (48.45)	
	7:20.06 (48.22)	8:05.79 (45.73)			
2	Love, Barbara J	72	Wilton Family YMCA	8:30.00	8:09.61
	42.68	1:31.13 (48.45)	2:21.81 (50.68)	3:12.51 (50.70)	
	4:02.69 (50.18)	4:52.92 (50.23)	5:42.81 (49.89)	6:32.37 (49.56)	
	7:22.08 (49.71)	8:09.61 (47.53)			
3	Tullman, Patricia A	72	Sarasota Family	8:24.89	8:17.55
	43.81	1:32.05 (48.24)	2:23.33 (51.28)	3:13.52 (50.19)	
	4:03.52 (50.00)	4:54.54 (51.02)	5:46.16 (51.62)	6:35.75 (49.59)	
	7:27.40 (51.65)	8:17.55 (50.15)			
4	Zaremski, Barbara	71	South Hills YMCA	7:55.00	8:31.54
	44.89	1:35.60 (50.71)	2:27.57 (51.97)	3:19.81 (52.24)	
	4:12.38 (52.57)	5:03.87 (51.49)	5:56.98 (53.11)	6:49.61 (52.63)	
	7:40.81 (51.20)	8:31.54 (50.73)			
5	Adams, Laverne M	74	Andover North Andover	8:40.00	8:47.27
	45.75	1:38.79 (53.04)	2:34.10 (55.31)	3:28.16 (54.06)	
	4:22.03 (53.87)	5:15.97 (53.94)	6:09.72 (53.75)	7:04.17 (54.45)	
	7:57.21 (53.04)	8:47.27 (50.06)			
6	Dacey, Shirley G	72	Plymouth Community Family	10:06.03	9:22.36
	48.43	1:42.87 (54.44)	2:39.78 (56.91)	3:36.73 (56.95)	
	4:36.20 (59.47)	5:34.84 (58.64)	6:32.83 (57.99)	7:31.58 (58.75)	
	8:28.57 (56.99)	9:22.36 (53.79)			

Women 70-74 1000 Yard Freestyle

NAT YMCA: 15:22.68		* 5/18/2006 Nancy Brown		Anne Arundel-	
USMS: 13:58.55		! 4/25/2004 Lavelle Stoinoff			
1	Adams, Laverne M	74	Andover North Andover	22:00.00	18:17.88
	49.19	1:43.39 (54.20)	2:39.98 (56.59)	3:37.34 (57.36)	
	4:33.81 (56.47)	5:28.60 (54.79)	6:25.63 (57.03)	7:20.42 (54.79)	
	8:16.08 (55.66)	9:12.48 (56.40)	10:06.93 (54.45)	11:02.85 (55.92)	
	11:58.85 (56.00)	12:55.48 (56.63)	13:49.05 (53.57)	14:45.02 (55.97)	
	15:38.14 (53.12)	16:32.35 (54.21)	17:26.28 (53.93)	18:17.88 (51.60)	
2	Dillard, Pauli	72	Northern Neck Family	27:30.00	27:11.51
	1:12.88	2:41.06 (1:28.18)	4:07.64 (1:26.58)	5:30.18 (1:22.54)	
	6:50.76 (1:20.58)	8:13.25 (1:22.49)	9:34.69 (1:21.44)	10:55.43 (1:20.74)	
	12:17.82 (1:22.39)	13:38.05 (1:20.23)	14:59.70 (1:21.65)	16:18.85 (1:19.15)	
	17:39.89 (1:21.04)	19:04.94 (1:25.05)	20:25.86 (1:20.92)	21:48.27 (1:22.41)	
	23:08.22 (1:19.95)	24:29.23 (1:21.01)	25:52.91 (1:23.68)	27:11.51 (1:18.60)	
---	Jebe, Margit H	70	Wilton Family YMCA	16:10.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 70-74 1650 Yard Freestyle**

NAT YMCA: 27:09.77 * 4/12/2007		Nancy Brown		Anne Arundel, MD	
USMS: 23:45.69 ! 3/28/2004		Lavelle Stoinoff			
1	Love, Barbara J	72	Wilton Family YMCA	28:28.00	29:54.84
	44.57	1:35.10 (50.53)	2:26.91 (51.81)	3:18.52 (51.61)	
	4:10.54 (52.02)	5:02.23 (51.69)	5:53.37 (51.14)	6:44.32 (50.95)	
	7:35.93 (51.61)	8:27.87 (51.94)	9:19.79 (51.92)	10:10.85 (51.06)	
	11:02.63 (51.78)	11:54.52 (51.89)	12:46.35 (51.83)	13:37.82 (51.47)	
	14:29.05 (51.23)	15:21.54 (52.49)	16:12.10 (50.56)	17:04.17 (52.07)	
	17:55.74 (51.57)	18:47.71 (51.97)	19:39.11 (51.40)	20:29.82 (50.71)	
	21:21.76 (51.94)	22:14.09 (52.33)	23:05.42 (51.33)	23:57.62 (52.20)	
	24:48.83 (51.21)	25:39.44 (50.61)	26:31.50 (52.06)	27:20.48 (48.98)	29:54.84 (2:34.36)
2	Dacey, Shirley G	72	Plymouth Community Family	37:41.26	33:25.31
	48.19	1:45.91 (57.72)	2:45.27 (59.36)	3:46.81 (1:01.54)	
	4:47.62 (1:00.81)	5:47.89 (1:00.27)	6:48.34 (1:00.45)	7:49.43 (1:01.09)	
	8:51.80 (1:02.37)	9:53.27 (1:01.47)	10:53.70 (1:00.43)	11:54.14 (1:00.44)	
	12:55.27 (1:01.13)	13:56.99 (1:01.72)	14:57.61 (1:00.62)	15:58.62 (1:01.01)	
	16:59.97 (1:01.35)	18:01.34 (1:01.37)	19:02.65 (1:01.31)	20:03.59 (1:00.94)	
	21:05.32 (1:01.73)	22:07.54 (1:02.22)	23:09.97 (1:02.43)	24:11.38 (1:01.41)	
	25:12.74 (1:01.36)	26:13.18 (1:00.44)	27:13.05 (59.87)	28:14.76 (1:01.71)	
	29:17.48 (1:02.72)	30:19.18 (1:01.70)	31:19.90 (1:00.72)	32:21.56 (1:01.66)	33:25.31 (1:03.75)

Women 70-74 50 Yard Backstroke

NAT YMCA: 38.36 * 1996		Doris Steadman		Rahway, NJ	
USMS: 36.91 ! 5/20/2007		Betsy Jordan			
1	Brown, Nancy	73	Mid-Delmarva YMCA	40.50	42.05
2	Zaremski, Barbara	71	South Hills YMCA	41.80	45.07
3	Newell, Sally	71	YMCA Indy Swimfit	48.30	47.24
4	Dacey, Shirley G	72	Plymouth Community Family	57.61	51.10
5	Broderick, Kathleen M	70	Northern Neck Family	1:03.74	1:01.46
6	Dillard, Pauli	72	Northern Neck Family	1:19.00	1:09.06
7	Coles, Alma	70	YMCA Indy Swimfit	1:50.40	1:43.90
---	Jebe, Margit H	70	Wilton Family YMCA	42.20	NS

Women 70-74 100 Yard Backstroke

NAT YMCA: 1:22.54 * 5/19/2006		Nancy Brown		Anne Arundel-	
USMS: 1:22.08 ! 5/20/2007		Betsy Jordan			
1	Brown, Nancy	73	Mid-Delmarva YMCA	1:29.45	1:26.71
	40.79	1:26.71 (45.92)			
2	Zaremski, Barbara	71	South Hills YMCA	1:34.05	1:39.55
	47.14	1:39.55 (52.41)			
3	Newell, Sally	71	YMCA Indy Swimfit	1:39.26	1:39.85
	50.00	1:39.85 (49.85)			
4	Tullman, Patricia A	72	Sarasota Family	1:40.69	1:41.39
	50.49	1:41.39 (50.90)			
5	Dacey, Shirley G	72	Plymouth Community Family	2:08.30	1:47.28
	52.22	1:47.28 (55.06)			
6	Dillard, Pauli	72	Northern Neck Family	2:40.00	2:31.06
	1:11.34	2:31.06 (1:19.72)			
---	Jebe, Margit H	70	Wilton Family YMCA	1:32.20	NS
---	Adams, Laverne M	74	Andover North Andover	2:58.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 70-74 200 Yard Backstroke**

NAT YMCA: 3:03.15 * 5/20/2006		Nancy Brown		Anne Arundel-	
USMS: 2:59.07 ! 4/30/2006		Nancy Brown			
1	Brown, Nancy	73	Mid-Delmarva YMCA	3:15.50	3:20.73
	45.96	1:37.01 (51.05)	2:28.79 (51.78)	3:20.73 (51.94)	
2	Zaremski, Barbara	71	South Hills YMCA	3:29.87	3:43.29
	50.72	1:47.84 (57.12)	2:46.98 (59.14)	3:43.29 (56.31)	
3	Adams, Laverne M	74	Andover North Andover	4:10.00	3:46.44
	54.29	1:52.16 (57.87)	2:50.94 (58.78)	3:46.44 (55.50)	
4	Dacey, Shirley G	72	Plymouth Community Family	4:27.66	3:50.43
	53.75	1:51.30 (57.55)	2:51.36 (1:00.06)	3:50.43 (59.07)	

Women 70-74 50 Yard Breaststroke

NAT YMCA: 46.68 * 1997		M J Amsbary		Ashtabula Co, OH	
USMS: 42.89 ! 2/10/2001		Ann Hirsch			
1	Newell, Sally	71	YMCA Indy Swimfit	46.30	45.66*
---	Jebe, Margit H	70	Wilton Family YMCA	43.50	NS
---	Leilich, Joann	70	South Hills YMCA	40.00	NS

Women 70-74 100 Yard Breaststroke

NAT YMCA: 1:43.06 * 1997		M J Amsbary		Ashtabula Co, OH	
USMS: 1:32.12 ! 4/9/2000		Gail Roper			
1	Leilich, Joann	70	South Hills YMCA	1:30.00	1:29.76!
	42.84	1:29.76 (46.92)			
2	Newell, Sally	71	YMCA Indy Swimfit	1:40.82	1:41.21*
	47.62	1:41.21 (53.59)			
3	Adams, Laverne M	74	Andover North Andover	2:30.00	2:09.72
	1:02.46	2:09.72 (1:07.26)			
---	Jebe, Margit H	70	Wilton Family YMCA	1:34.28	NS

Women 70-74 200 Yard Breaststroke

NAT YMCA: 3:50.78 * 1997		M J Amsbary		Ashtabula Co, OH	
USMS: 3:21.84 ! 6/9/2001		Ann Hirsch			
1	Leilich, Joann	70	South Hills YMCA	3:10.00	3:17.56!
	45.65	1:36.59 (50.94)	2:27.75 (51.16)	3:17.56 (49.81)	
---	Jebe, Margit H	70	Wilton Family YMCA	3:23.10	NS

Women 70-74 50 Yard Butterfly

NAT YMCA: 40.18 * 4/14/2007		Nancy Brown		AACY-	
USMS: 35.06 ! 4/30/2000		Gail Roper			
1	Leilich, Joann	70	South Hills YMCA	41.00	42.40
2	Brown, Nancy	73	Mid-Delmarva YMCA	45.70	43.67
3	Tullman, Patricia A	72	Sarasota Family	46.70	43.88
4	Love, Barbara J	72	Wilton Family YMCA	49.20	47.28
5	Adams, Laverne M	74	Andover North Andover	58.00	48.10
6	Newell, Sally	71	YMCA Indy Swimfit	49.20	50.74
7	Zaremski, Barbara	71	South Hills YMCA	42.00	53.42
8	Broderick, Kathleen M	70	Northern Neck Family	1:02.43	1:06.33

Women 70-74 100 Yard Butterfly

NAT YMCA: 1:31.46 * 1998		June Krauser		Boca Raton, FL	
USMS: 1:27.74 ! 10/2/1999		Gail Roper			
1	Tullman, Patricia A	72	Sarasota Family	1:49.81	1:44.96
	47.22	1:44.96 (57.74)			

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 70-74 100 Yard Butterfly)

2	Love, Barbara J	72	Wilton Family YMCA	1:51.00	1:45.80
	50.20			1:45.80 (55.60)	
---	Jebe, Margit H	70	Wilton Family YMCA	1:40.00	NS

Women 70-74 200 Yard Butterfly

NAT YMCA: 3:25.89 * 1998		June Krauser		Boca Raton, FL	
USMS: 3:16.51 ! 2/16/1997		June Krauser			
1	Love, Barbara J	72	Wilton Family YMCA	3:55.00	3:50.61
	52.23			1:52.19 (59.96)	2:54.47 (1:02.28)
				3:50.61 (56.14)	
2	Tullman, Patricia A	72	Sarasota Family	4:11.07	4:09.30
	50.85			1:51.89 (1:01.04)	2:54.12 (1:02.23)
				4:09.30 (1:15.18)	

Women 70-74 100 Yard IM

NAT YMCA: 1:28.95 * 4/14/2007		Nancy Brown		AACY-	
USMS: 1:21.97 ! 4/30/2000		Gail Roper			
1	Leilich, Joann	70	South Hills YMCA	1:30.00	1:27.55 *
	45.38			1:27.55 (42.17)	
2	Brown, Nancy	73	Mid-Delmarva YMCA	1:33.50	1:32.43
	41.38			1:32.43 (51.05)	
3	Newell, Sally	71	YMCA Indy Swimfit	1:35.90	1:37.94
	50.17			1:37.94 (47.77)	
4	Love, Barbara J	72	Wilton Family YMCA	1:46.00	1:40.47
	50.45			1:40.47 (50.02)	
5	Adams, Laverne M	74	Andover North Andover	1:55.00	1:45.54
	49.80			1:45.54 (55.74)	
6	Dacey, Shirley G	72	Plymouth Community Family	4:46.45	1:52.56
	54.25			1:52.56 (58.31)	
7	Broderick, Kathleen M	70	Northern Neck Family	2:16.65	2:19.91
	1:03.95			2:19.91 (1:15.96)	
---	Jebe, Margit H	70	Wilton Family YMCA	1:30.96	NS
	17.97				

Women 70-74 200 Yard IM

NAT YMCA: 3:09.22 * 5/21/2006		Nancy Brown		Anne Arundel,MD	
USMS: 3:07.70 ! 4/30/2006		Nancy Brown			
1	Leilich, Joann	70	South Hills YMCA	3:15.00	3:14.12
	47.53			1:40.70 (53.17)	2:29.94 (49.24)
				3:14.12 (44.18)	
2	Brown, Nancy	73	Mid-Delmarva YMCA	3:23.00	3:51.43
	56.70			1:55.32 (58.62)	2:59.29 (1:03.97)
				3:51.43 (52.14)	
3	Dacey, Shirley G	72	Plymouth Community Family	4:46.45	4:16.57
	1:08.16			2:08.40 (1:00.24)	4:16.57 (2:08.17)
4	Broderick, Kathleen M	70	Northern Neck Family	4:53.17	5:08.17
	1:08.59			2:21.47 (1:12.88)	4:07.66 (1:46.19)
				5:08.17 (1:00.51)	

Women 70-74 400 Yard IM

NAT YMCA: 6:42.01 * 5/19/2006		Nancy Brown		Anne Arundel-	
USMS: 6:40.92 ! 4/9/2006		Nancy Brown			
1	Brown, Nancy	73	Mid-Delmarva YMCA	7:20.50	7:13.99
	50.13			1:50.08 (59.95)	2:43.44 (53.36)
				3:37.01 (53.57)	
	4:38.68 (1:01.67)			5:40.10 (1:01.42)	6:28.94 (48.84)
				7:13.99 (45.05)	
2	Love, Barbara J	72	Wilton Family YMCA	8:03.00	7:45.54
	53.79			1:55.69 (1:01.90)	3:02.09 (1:06.40)
				4:06.90 (1:04.81)	
	5:08.86 (1:01.96)			6:13.45 (1:04.59)	6:59.86 (46.41)
				7:45.54 (45.68)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 70-74 400 Yard IM)**

3	Dacey, Shirley G	72	Plymouth Community Family	9:44.15	9:19.94
				2:38.51 ()	3:44.57 (1:06.06)
				4:48.56 (1:03.99)	
				8:23.48 (1:02.00)	9:19.94 (56.46)
				6:04.66 (1:16.10)	7:21.48 (1:16.82)

Women 75-79 50 Yard Freestyle

NAT YMCA:	34.47	*	2003	Florence Carr	W Broward Co, FL
USMS:	33.87	!	4/3/2005	Gail Roper	
1	Waite, Nancy A	75	Powel Crosley Jr. YMCA	39.80	39.40
2	Sluss, Alice	77	South Hills YMCA	50.00	41.50
3	Coleman, Jill	78	Mid-Delmarva YMCA	43.15	47.30
4	Gruman, Marion W	75	YMCA of South Palm Beach Cnty	58.30	58.45

Women 75-79 100 Yard Freestyle

NAT YMCA:	1:16.23	*	4/23/2005	Gail Roper	SCFY-
USMS:	1:16.23	!	4/24/2005	Gail Roper	
1	Waite, Nancy A	75	Powel Crosley Jr. YMCA	1:50.00	1:32.35
	44.30			1:32.35 (48.05)	
2	Campbell, Joan K	78	Sarasota Family	1:38.50	1:41.70
	48.77			1:41.70 (52.93)	
3	Sluss, Alice	77	South Hills YMCA	1:50.00	2:05.73
	49.16			2:05.73 (1:16.57)	

Women 75-79 200 Yard Freestyle

NAT YMCA:	2:54.91	*	4/22/2005	Gail Roper	SCFY-
USMS:	2:53.25	!	4/3/2005	Gail Roper	
1	Waite, Nancy A	75	Powel Crosley Jr. YMCA	4:00.00	3:34.42
	47.01			1:42.00 (54.99)	2:38.95 (56.95)
				3:34.42 (55.47)	
2	Campbell, Joan K	78	Sarasota Family	3:38.86	3:49.29
	51.39			1:50.17 (58.78)	2:51.96 (1:01.79)
				3:49.29 (57.33)	

Women 75-79 500 Yard Freestyle

NAT YMCA:	8:03.66	*	4/16/2004	Jean Troy	West Broward, FL
USMS:	7:43.81	!	5/1/2005	Gail Roper	
1	Campbell, Joan K	78	Sarasota Family	9:30.26	9:50.24
	51.47			1:49.82 (58.35)	2:51.52 (1:01.70)
				3:53.45 (1:01.93)	
	4:54.49 (1:01.04)			5:55.10 (1:00.61)	6:55.79 (1:00.69)
	8:54.25 (59.12)			9:50.24 (55.99)	7:55.13 (59.34)
2	Waite, Nancy A	75	Powel Crosley Jr. YMCA	10:00.00	9:54.05
	48.68			1:47.95 (59.27)	2:49.28 (1:01.33)
				3:48.45 (59.17)	
	4:49.67 (1:01.22)			5:53.09 (1:03.42)	6:56.24 (1:03.15)
	8:57.45 (1:01.56)			9:54.05 (56.60)	7:55.89 (59.65)

Women 75-79 1000 Yard Freestyle

NAT YMCA:	16:06.49	*	4/21/2005	Gail Roper	SCFY-
USMS:	16:06.49	!	4/24/2005	Gail Roper	
1	Campbell, Joan K	78	Sarasota Family	19:00.41	19:30.60
	52.21			1:50.06 (57.85)	2:49.13 (59.07)
				3:48.22 (59.09)	3:48.22 (59.09)
	4:47.27 (59.05)			5:46.59 (59.32)	6:45.30 (58.71)
	8:44.36 (59.80)			9:43.27 (58.91)	10:42.48 (59.21)
	12:40.95 (59.39)			13:40.78 (59.83)	14:40.24 (59.46)
	16:37.82 (58.61)			17:35.68 (57.86)	18:33.99 (58.31)
				19:30.60 (56.61)	19:30.60 (56.61)
---	Kron, Lilly	77	Powel Crosley Jr. YMCA	22:14.05	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 75-79 1650 Yard Freestyle**

NAT YMCA: 27:53.63 * 4/15/2004		Betty Lorenzi		Geneva Lakes, WI	
USMS: 27:18.05 ! 4/3/2005		Gail Roper			
1	Durstein, Nancy N	79	Sarasota Family	35:42.00	33:37.18
	53.46	1:52.82 (59.36)	2:54.71 (1:01.89)	3:53.42 (58.71)	
	4:52.54 (59.12)	5:52.18 (59.64)	6:52.95 (1:00.77)	7:53.14 (1:00.19)	
	8:53.48 (1:00.34)	9:55.26 (1:01.78)	10:58.09 (1:02.83)	11:58.17 (1:00.08)	
	12:57.45 (59.28)	13:58.44 (1:00.99)	14:59.77 (1:01.33)	16:01.15 (1:01.38)	
	17:04.05 (1:02.90)	18:06.03 (1:01.98)	19:08.21 (1:02.18)	20:09.46 (1:01.25)	
	21:12.81 (1:03.35)	22:15.71 (1:02.90)	23:16.76 (1:01.05)	24:18.63 (1:01.87)	
	25:20.76 (1:02.13)	26:23.73 (1:02.97)	27:26.80 (1:03.07)	28:29.50 (1:02.70)	
	29:29.67 (1:00.17)	30:33.24 (1:03.57)	31:35.33 (1:02.09)	32:39.98 (1:04.65)	33:37.18 (57.20)
2	Waite, Nancy A	75	Powel Crosley Jr. YMCA	38:00.00	34:10.72
	51.69	1:50.92 (59.23)	2:52.01 (1:01.09)	3:52.68 (1:00.67)	
	4:56.04 (1:03.36)	5:57.56 (1:01.52)	6:59.67 (1:02.11)	8:01.93 (1:02.26)	
		10:06.40 ()	11:11.04 (1:04.64)	12:14.93 (1:03.89)	
	13:17.52 (1:02.59)	14:19.23 (1:01.71)	15:21.55 (1:02.32)	16:24.50 (1:02.95)	
	17:26.50 (1:02.00)		19:32.81 ()	20:37.06 (1:04.25)	
	21:39.66 (1:02.60)	22:42.97 (1:03.31)	23:45.87 (1:02.90)	24:48.68 (1:02.81)	
	25:53.33 (1:04.65)	26:53.61 (1:00.28)	27:57.39 (1:03.78)	28:59.98 (1:02.59)	
	30:02.97 (1:02.99)	31:07.41 (1:04.44)	32:11.24 (1:03.83)	33:13.68 (1:02.44)	34:10.72 (57.04)

Women 75-79 50 Yard Backstroke

NAT YMCA: 41.78 * 2001		Doris Steadman		Ocean Co, NJ	
USMS: 40.25 ! 4/30/2000		Doris Steadman			
1	Waite, Nancy A	75	Powel Crosley Jr. YMCA	54.00	51.06
2	Sluss, Alice	77	South Hills YMCA	55.00	52.15
3	Gruman, Marion W	75	YMCA of South Palm Beach Cnty	1:11.00	1:12.14

Women 75-79 100 Yard Backstroke

NAT YMCA: 1:31.75 * 2001		Doris Steadman		Ocean Co, NJ	
USMS: 1:28.19 ! 4/2/2000		Doris Steadman			
1	Coleman, Jill	78	Mid-Delmarva YMCA	1:46.34	1:51.85
	54.53	1:51.85 (57.32)			
2	Sluss, Alice	77	South Hills YMCA	2:00.00	1:58.69
	56.98	1:58.69 (1:01.71)			

Women 75-79 200 Yard Backstroke

NAT YMCA: 3:22.82 * 2002		Doris Steadman		South Hills, PA	
USMS: 3:16.35 ! 4/30/2000		Doris Steadman			
1	Coleman, Jill	78	Mid-Delmarva YMCA	3:44.77	4:00.59
		1:56.91 ()	2:59.81 (1:02.90)	4:00.59 (1:00.78)	
2	Sluss, Alice	77	South Hills YMCA	4:20.00	4:16.27
	1:00.65	2:06.32 (1:05.67)	3:14.65 (1:08.33)	4:16.27 (1:01.62)	
3	Durstein, Nancy N	79	Sarasota Family	4:36.39	4:25.61
	1:02.71	2:12.35 (1:09.64)	3:21.05 (1:08.70)	4:25.61 (1:04.56)	
4	Campbell, Joan K	78	Sarasota Family	4:21.76	4:34.98
	1:03.18	2:15.43 (1:12.25)	3:28.45 (1:13.02)	4:34.98 (1:06.53)	
5	Gruman, Marion W	75	YMCA of South Palm Beach Cnty	5:30.00	5:51.46
	1:14.91	2:45.58 (1:30.67)	4:20.27 (1:34.69)	5:51.46 (1:31.19)	

Women 75-79 50 Yard Breaststroke

NAT YMCA: 50.06 * 4/13/2007		Lilly Kron		PCY-	
USMS: 44.36 ! 3/20/2005		Sylvia Eisele			
1	Kron, Lilly	77	Powel Crosley Jr. YMCA	50.49	49.41 *

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 75-79 50 Yard Breaststroke)**

2	Sluss, Alice	77	South Hills YMCA	1:20.00	1:17.06
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Women 75-79 100 Yard Breaststroke

NAT YMCA: 1:49.46 * 4/15/2007		Lilly Kron	PCY-
USMS: 1:37.04 ! 3/19/2006		Ann Hirsch	

1	Kron, Lilly	77	Powel Crosley Jr. YMCA	1:50.17	1:48.83*
	51.65		1:48.83 (57.18)		

Women 75-79 200 Yard Breaststroke

NAT YMCA: 4:09.17 * 4/14/2007		Lilly Kron	PCY-
USMS: 3:31.35 ! 2/11/2006		Ann Hirsch	

1	Kron, Lilly	77	Powel Crosley Jr. YMCA	3:56.19	3:48.48*
	51.79		1:50.68 (58.89) 2:49.43 (58.75) 3:48.48 (59.05)		
2	Campbell, Joan K	78	Sarasota Family	4:42.01	5:07.18
	1:08.05		2:28.77 (1:20.72) 3:50.33 (1:21.56) 5:07.18 (1:16.85)		

Women 75-79 50 Yard Butterfly

NAT YMCA: 39.05 * 4/23/2005		Gail Roper	SCFY-
USMS: 39.05 ! 4/24/2005		Gail Roper	

1	Sluss, Alice	77	South Hills YMCA	55.00	53.84
2	Durstein, Nancy N	79	Sarasota Family	59.28	57.40
3	Coleman, Jill	78	Mid-Delmarva YMCA	52.19	57.72

Women 75-79 100 Yard Butterfly

NAT YMCA: 1:44.36 * 2002		June Krauser	S Broward, FL
USMS: 1:37.03 ! 4/3/2005		Gail Roper	

1	Kron, Lilly	77	Powel Crosley Jr. YMCA	2:05.62	2:06.35
	1:00.71		2:06.35 (1:05.64)		
2	Durstein, Nancy N	79	Sarasota Family	2:26.89	2:23.88
	1:11.48		2:23.88 (1:12.40)		
3	Coleman, Jill	78	Mid-Delmarva YMCA	2:11.69	2:35.89
	1:10.66		2:35.89 (1:25.23)		

Women 75-79 200 Yard Butterfly

NAT YMCA: 3:47.64 * 2000		Lois Nochman	S Oakland, MI
USMS: 3:41.89 ! 4/30/2000		Lois Kivi Nochman	

1	Durstein, Nancy N	79	Sarasota Family	5:31.70	5:05.02
	1:11.77		2:35.28 (1:23.51) 3:52.09 (1:16.81) 5:05.02 (1:12.93)		
2	Campbell, Joan K	78	Sarasota Family	5:13.87	5:42.30
	1:15.49		2:44.40 (1:28.91) 4:16.54 (1:32.14) 5:42.30 (1:25.76)		
---	Kron, Lilly	77	Powel Crosley Jr. YMCA	4:29.08	DQ
	Non-simultaneous touch				

Women 75-79 100 Yard IM

NAT YMCA: 1:27.31 * 4/23/2005		Gail Roper	SCFY-
USMS: 1:27.31 ! 4/24/2005		Gail Roper	

1	Durstein, Nancy N	79	Sarasota Family	2:04.84	1:59.58
	59.84		1:59.58 (59.74)		
2	Coleman, Jill	78	Mid-Delmarva YMCA	1:55.20	2:03.74
	57.57		2:03.74 (1:06.17)		
3	Sluss, Alice	77	South Hills YMCA	2:15.00	2:06.60
	59.91		2:06.60 (1:06.69)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 75-79 100 Yard IM)**

--- Waite, Nancy A 75 Powel Crosley Jr. YMCA 2:20.00 DQ
Shoulders past vertical toward breast - back

Women 75-79 200 Yard IM

NAT YMCA: 3:18.40 * 4/23/2005 Gail Poper SCFY

USMS: 3:18.40 ! 4/24/2005 Gail Roper

1 Durstein, Nancy N 79 Sarasota Family 4:23.53 4:27.98
1:07.50 2:21.34 (1:13.84) 3:35.92 (1:14.58) 4:27.98 (52.06)
2 Coleman, Jill 78 Mid-Delmarva YMCA 4:06.53 4:34.36
1:04.77 2:08.71 (1:03.94) 3:29.28 (1:20.57) 4:34.36 (1:05.08)

Women 75-79 400 Yard IM

NAT YMCA: 7:31.02 * 2002 June Krauser S Broward, FL

USMS: 7:03.61 ! 4/10/2005 Gail Roper

1 Kron, Lilly 77 Powel Crosley Jr. YMCA 8:48.71 8:30.16
59.05 2:05.91 (1:06.86) 3:10.87 (1:04.96) 4:20.74 (1:09.87)
5:25.76 (1:05.02) 6:28.78 (1:03.02) 7:30.77 (1:01.99) 8:30.16 (59.39)
2 Durstein, Nancy N 79 Sarasota Family 9:18.94 9:16.39
1:08.55 2:28.83 (1:20.28) 3:37.56 (1:08.73) 4:48.18 (1:10.62)
6:06.41 (1:18.23) 7:25.29 (1:18.88) 8:21.38 (56.09) 9:16.39 (55.01)
3 Campbell, Joan K 78 Sarasota Family 9:08.63 9:23.57
1:12.11 3:45.01 () 4:57.91 (1:12.90)
6:13.59 (1:15.68) 7:28.63 (1:15.04) 8:26.46 (57.83) 9:23.57 (57.11)
4 Coleman, Jill 78 Mid-Delmarva YMCA 9:00.00 9:47.42
1:02.41 2:23.66 (1:21.25) 3:34.42 (1:10.76) 4:40.53 (1:06.11)
6:05.35 (1:24.82) 7:29.88 (1:24.53) 8:37.85 (1:07.97) 9:47.42 (1:09.57)

Women 80-84 50 Yard Freestyle

NAT YMCA: 38.15 * 5/17/2008 Jean D Troy Sarasota FL-FL

USMS: 36.85 ! 3/12/2006 Florence Carr

1 Bohl, Nanette A 80 Olathe Family ymca of Greater 36.96 39.38

Women 80-84 100 Yard Freestyle

NAT YMCA: 1:25.84 * 5/16/2008 Jean D Troy Sarasota FL-FL

USMS: 1:24.09 ! 5/18/2003 Margery Meyer

1 Bohl, Nanette A 80 Olathe Family ymca of Greater 1:22.37 1:28.53
41.75 1:28.53 (46.78)

Women 80-84 200 Yard Freestyle

NAT YMCA: 3:28.24 * 2003 Bunny Cederlund Orlando AC, FL

USMS: 3:08.99 ! 2/17/2008 Jean Troy

1 Bohl, Nanette A 80 Olathe Family ymca of Greater 3:08.06 3:16.08*
45.90 1:34.97 (49.07) 2:26.02 (51.05) 3:16.08 (50.06)

Women 80-84 500 Yard Freestyle

NAT YMCA: 8:37.39 * 5/17/2008 Betty S Lorenzi Sarasota FL-FL

USMS: 8:26.37 ! 3/30/2008 Jean Troy

1 Lorenzi, Betty S 81 Sarasota Family 9:18.00 8:34.86*
47.66 1:39.13 (51.47) 2:31.72 (52.59) 3:23.91 (52.19)
4:16.60 (52.69) 5:08.76 (52.16) 6:00.67 (51.91) 6:52.48 (51.81)
7:44.16 (51.68) 8:34.86 (50.70)

--- Bohl, Nanette A 80 Olathe Family ymca of Greater 8:29.38 NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 80-84 1650 Yard Freestyle**

NAT YMCA: 29:20.08 * 5/15/2008 Betty S Lorenzi Sarasota FL-FL

USMS: 28:54.13 ! 3/30/2008 Jean Troy

1	Lorenzi, Betty S	81	Sarasota Family	29:15.36	28:35.79!
	48.14	1:38.86 (50.72)	2:30.66 (51.80)	3:22.52 (51.86)	
	4:14.46 (51.94)	5:06.65 (52.19)	5:57.97 (51.32)	6:50.12 (52.15)	
	7:42.78 (52.66)	8:35.58 (52.80)	9:28.80 (53.22)	10:21.58 (52.78)	
	11:13.92 (52.34)	12:06.64 (52.72)	12:58.19 (51.55)	13:50.18 (51.99)	
	14:42.51 (52.33)	15:34.46 (51.95)	16:26.46 (52.00)	17:18.55 (52.09)	
	18:10.24 (51.69)	19:02.17 (51.93)	19:54.77 (52.60)	20:47.22 (52.45)	
	21:39.56 (52.34)	22:31.58 (52.02)	23:23.75 (52.17)	24:15.40 (51.65)	
	25:07.23 (51.83)	25:59.93 (52.70)	26:52.05 (52.12)	28:35.79 (1:43.74)	

Women 80-84 50 Yard Backstroke

NAT YMCA: 45.90 * 5/16/2008 Betty S Lorenzi Sarasota FL-FL

USMS: 43.81 ! 5/17/2002 Bunny Cederlund

1	Lorenzi, Betty S	81	Sarasota Family	45.14	43.57!
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Women 80-84 100 Yard Backstroke

NAT YMCA: 1:39.00 * 5/18/2008 Betty S Lorenzi Sarasota FL-FL

USMS: 1:36.88 ! 3/30/2008 Betty Lorenzi

1	Lorenzi, Betty S	81	Sarasota Family	1:36.88	1:32.37!
	45.65	1:32.37 (46.72)			

Women 80-84 200 Yard Backstroke

NAT YMCA: 3:36.38 * 5/17/2008 Betty S Lorenzi Sarasota FL-FL

USMS: 3:30.09 ! 3/30/2008 Betty Lorenzi

1	Lorenzi, Betty S	81	Sarasota Family	3:30.09	3:26.72!
	47.06	3:26.72 (2:39.66)			

Women 80-84 50 Yard Breaststroke

NAT YMCA: 56.20 * 4/22/2005 Lois Nochman PCFY-

USMS: 52.78 ! 4/25/2004 Betty Christian

1	Bohl, Nanette A	80	Olathe Family ymca of Greater	51.65	50.75!
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Women 80-84 100 Yard Breaststroke

NAT YMCA: 2:01.45 * 4/24/2005 Lois Nochman PCFY

USMS: 2:01.00 ! 4/13/2003 Muriel Flynn

---	Bohl, Nanette A	80	Olathe Family ymca of Greater	1:48.95	NS
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Women 80-84 200 Yard Breaststroke

NAT YMCA: 4:55.92 * 4/16/2004 Regan Kenner West Broward, FL

USMS: 4:23.47 ! 4/13/2003 Muriel Flynn

1	Bohl, Nanette A	80	Olathe Family ymca of Greater	4:09.07	4:09.31!
	53.33	1:55.58 (1:02.25)	3:03.69 (1:08.11)	4:09.31 (1:05.62)	

Women 80-84 100 Yard IM

NAT YMCA: 1:46.65 * 5/17/2008 Jean D Troy Sarasota FL-FL

USMS: 1:46.65 ! 5/18/2008 Jean Troy

1	Bohl, Nanette A	80	Olathe Family ymca of Greater	1:45.83	1:44.34*
	53.41	1:44.34 (50.93)			

Women 85-89 50 Yard Freestyle

NAT YMCA: 47.79 * 1997 Julia Dolce Ocean Co, NJ

USMS: 42.84 ! 4/13/2008 Margery Meyer

1	Allnutt, Sarah T	85	Mid-Delmarva YMCA	1:06.00	54.68
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YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Women 85-89 50 Yard Backstroke**

NAT YMCA: 1:03.59 * 5/21/2006		Billie Burrill	Smithfield	
USMS: 49.59 ! 5/19/1991		Aileen Soule		
1	Allnutt, Sarah T	85 Mid-Delmarva YMCA	1:05.00	58.58*

Women 90-94 50 Yard Freestyle

NAT YMCA: 54.46 * 2001		Julia Dolce	Ocean Co, NJ	
USMS: 49.68 ! 5/12/1996		Aileen Soule		
1	Dodson, Nancy Ann W	90 Sarasota Family	1:36.07	1:33.89

Women 90-94 100 Yard Freestyle

NAT YMCA: 2:08.96 * 2001		Julia Dolce	Ocean Co, NJ	
USMS: 2:08.96 ! 4/29/2001		Julia Dolce		
1	Dodson, Nancy Ann W	90 Sarasota Family	3:34.05	4:33.47

Women 90-94 200 Yard Freestyle

NAT YMCA: 5:03.52 * 2001		Julia Dolce	Ocean Co, NJ	
USMS: 4:42.10 ! 5/14/2006		Anne Walker		
1	Dodson, Nancy Ann W	90 Sarasota Family	6:59.45	7:36.61
	5:39.02 7:36.61 (1:57.59)			

Men 18-24 50 Yard Freestyle

NAT YMCA: 21.07 * 1999		Ben Christoffel	Jordan,IN	
USMS: 20.25 ! 4/10/1994		Eric Mauer		
1	Michael, Daniel	23 YMCA Indy Swimfit	20.18	21.70
2	Bernard, Chris	23 YMCA of Central Texas	22.01	21.98
3	Victoire, Jordan	18 YMCA of Central Texas	22.01	22.37
4	Iriondo, Hibai	19 YMCA of Central Texas	23.01	23.31
5	Galvan-Sarabia, Luis	24 YMCA of Central Texas	22.98	23.48
6	Schultheiss, Daniel P	24 Sarasota Family	24.40	24.55
7	Hugh, Danny J	23 Beaver creek	25.50	25.38
8	Cox, Andrew	23 YMCA Indy Swimfit	26.50	26.17
9	Venkataraman, Scott	18 YMCA of Central Texas	26.83	26.85
---	Hobbs, Brandon	20 YMCA Indy Swimfit	23.24	NS

Men 18-24 100 Yard Freestyle

NAT YMCA: 46.23 * 1996		Doug Dickinson	Schroeder, WI	
USMS: 43.89 ! 2/18/2001		Romain Barnier		
1	Michael, Daniel	23 YMCA Indy Swimfit	45.86	47.88
	23.33 47.88 (24.55)			
2	Bernard, Chris	23 YMCA of Central Texas	48.88	48.33
	23.34 48.33 (24.99)			
3	Victoire, Jordan	18 YMCA of Central Texas	46.44	48.36
	23.46 48.36 (24.90)			
4	Iriondo, Hibai	19 YMCA of Central Texas	47.77	50.30
	24.18 50.30 (26.12)			
5	Galvan-Sarabia, Luis	24 YMCA of Central Texas	49.63	50.50
	24.47 50.50 (26.03)			
6	Hugh, Danny J	23 Beaver creek	55.50	56.53
	26.51 56.53 (30.02)			
7	Raper, Charles R	22 Beaver creek	58.60	59.75
	28.22 59.75 (31.53)			
---	Venkataraman, Scott	18 YMCA of Central Texas	59.68	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 18-24 200 Yard Freestyle**

NAT YMCA: 1:42.64 * 2000		Richard Munson		Ocean Co., NJ	
USMS: 1:37.07 ! 2/17/2008		Joseph Schneider			
1	Victoire, Jordan	18	YMCA of Central Texas	1:44.11	1:45.28
	25.05	52.18 (27.13)	1:19.31 (27.13)	1:45.28 (25.97)	
2	Michael, Daniel	23	YMCA Indy Swimfit	1:44.67	1:45.90
	24.59	51.67 (27.08)	1:18.25 (26.58)	1:45.90 (27.65)	
3	Iriondo, Hibai	19	YMCA of Central Texas	1:42.88	1:46.90
	25.03	52.10 (27.07)	1:19.84 (27.74)	1:46.90 (27.06)	
4	Galvan-Sarabia, Luis	24	YMCA of Central Texas	1:48.77	1:49.66
	25.56	52.76 (27.20)	1:20.57 (27.81)	1:49.66 (29.09)	
5	Hugh, Danny J	23	Beavercreek	2:14.00	2:07.31
	28.21	59.63 (31.42)	1:32.32 (32.69)	2:07.31 (34.99)	
6	Cox, Andrew	23	YMCA Indy Swimfit	2:12.00	2:08.47
	28.06	1:00.57 (32.51)	1:34.64 (34.07)	2:08.47 (33.83)	
---	Bernard, Chris	23	YMCA of Central Texas	1:43.33	NS

Men 18-24 500 Yard Freestyle

NAT YMCA: 4:44.50 * 4/14/2001		Gustavo Marone		Orlando, FL	
USMS: 4:29.67 ! 2/18/2001		Romain Barnier			
1	Bernard, Chris	23	YMCA of Central Texas	4:55.55	4:47.48
	25.99	54.09 (28.10)	1:23.09 (29.00)	1:52.17 (29.08)	
	2:21.22 (29.05)	2:50.29 (29.07)	3:19.60 (29.31)	3:48.89 (29.29)	
	4:18.20 (29.31)	4:47.48 (29.28)			
2	Castro, Arturo	18	YMCA of Central Texas	4:53.33	4:53.59
	26.80	55.36 (28.56)	1:25.06 (29.70)	1:54.72 (29.66)	
	2:24.82 (30.10)	2:54.04 (29.22)	3:23.77 (29.73)	3:53.54 (29.77)	
	4:23.96 (30.42)	4:53.59 (29.63)			
3	Iriondo, Hibai	19	YMCA of Central Texas	4:39.44	4:58.96
	26.12	54.71 (28.59)	1:24.54 (29.83)	1:54.92 (30.38)	
	2:25.64 (30.72)	2:56.58 (30.94)	3:27.51 (30.93)	3:58.64 (31.13)	
	4:29.40 (30.76)	4:58.96 (29.56)			
4	Raper, Charles R	22	Beavercreek	6:20.00	6:08.57
	31.43	1:06.42 (34.99)	1:43.26 (36.84)	2:21.44 (38.18)	
	3:00.32 (38.88)	3:38.72 (38.40)	4:17.21 (38.49)	4:55.47 (38.26)	
	5:32.83 (37.36)	6:08.57 (35.74)			

Men 18-24 1000 Yard Freestyle

NAT YMCA: 9:44.14 * 2001		Gustavo Marone		Orlando AC, FL	
USMS: 9:29.54 ! 4/14/1996		Brad Winsor			
1	Iriondo, Hibai	19	YMCA of Central Texas	9:52.22	10:12.70
	2:58.42	3:29.08 (30.66)	3:59.68 (30.60)	4:30.61 (30.93)	
	5:01.64 (31.03)	5:32.60 (30.96)	6:03.83 (31.23)	6:35.13 (31.30)	
	7:06.50 (31.37)	7:37.86 (31.36)	8:09.25 (31.39)	8:40.38 (31.13)	
	9:11.45 (31.07)	10:12.70 (1:01.25)			
2	Raper, Charles R	22	Beavercreek	16:00.00	14:56.34
	35.38	1:18.49 (43.11)	2:06.03 (47.54)	2:55.92 (49.89)	
	3:46.45 (50.53)	4:29.38 (42.93)	5:12.72 (43.34)	5:55.26 (42.54)	
	6:38.67 (43.41)	7:21.25 (42.58)	8:14.13 (52.88)	9:05.88 (51.75)	
	9:57.69 (51.81)	10:48.70 (51.01)	11:41.24 (52.54)	12:19.92 (38.68)	
	12:59.03 (39.11)	13:37.69 (38.66)	14:16.58 (38.89)	14:56.34 (39.76)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 18-24 1650 Yard Freestyle**

NAT YMCA: 16:58.88 * 1999		Adam Dawkins		Jordan, IN	
USMS: 16:20.39 ! 5/12/1996		Brad Winsor			
1 Raper, Charles R	22	Beavercreek	26:50.00	27:55.86	
36.31	1:20.26 (43.95)	2:05.91 (45.65)	2:55.08 (49.17)		
3:45.53 (50.45)	4:33.96 (48.43)	5:25.19 (51.23)	6:14.01 (48.82)		
7:05.55 (51.54)	7:54.57 (49.02)	8:44.70 (50.13)	9:36.65 (51.95)		
10:27.81 (51.16)	11:18.54 (50.73)	12:09.68 (51.14)	13:01.27 (51.59)		
13:54.16 (52.89)	14:47.10 (52.94)	15:40.52 (53.42)	16:33.28 (52.76)		
17:26.96 (53.68)	18:18.41 (51.45)	19:11.71 (53.30)	20:04.59 (52.88)		
20:57.59 (53.00)	21:50.70 (53.11)	22:44.31 (53.61)	23:36.28 (51.97)		
24:28.69 (52.41)	25:21.40 (52.71)	26:13.70 (52.30)	27:06.25 (52.55)	27:55.86 (49.61)	

Men 18-24 50 Yard Backstroke

NAT YMCA: 23.84 * 1996		Doug Dickenson		Shroeder, WI	
USMS: 23.22 ! 4/15/2007		C Gibson			
1 Flandes, Allan	18	YMCA of Central Texas	24.88	24.91	
2 Castro, Arturo	18	YMCA of Central Texas	25.10	24.92	
3 Michael, Daniel	23	YMCA Indy Swimfit	24.20	25.84	
4 Galvan-Sarabia, Luis	24	YMCA of Central Texas	25.91	26.02	
5 Bernard, Chris	23	YMCA of Central Texas	27.01	27.03	
6 Iriondo, Hibai	19	YMCA of Central Texas	27.77	27.57	
7 Frey, Eric	18	YMCA of Central Texas	26.66	27.78	
8 Cox, Andrew	23	YMCA Indy Swimfit	30.00	29.46	
9 Hugh, Danny J	23	Beavercreek	34.50	33.97	
--- Venkataraman, Scott	18	YMCA of Central Texas	33.33	NS	

Men 18-24 100 Yard Backstroke

NAT YMCA: 52.03 * 1994		Dave Sheets		Jersey Shore, PA	
USMS: 49.19 ! 4/15/2007		C Gibson			
1 Flandes, Allan	18	YMCA of Central Texas	50.21	52.78	
25.94	52.78 (26.84)				
2 Castro, Arturo	18	YMCA of Central Texas	53.97	54.53	
26.49	54.53 (28.04)				
3 Galvan-Sarabia, Luis	24	YMCA of Central Texas	55.18	57.94	
27.73	57.94 (30.21)				
4 Frey, Eric	18	YMCA of Central Texas	55.22	58.07	
28.33	58.07 (29.74)				
5 Iriondo, Hibai	19	YMCA of Central Texas	56.66	59.62	
29.20	59.62 (30.42)				
6 Cox, Andrew	23	YMCA Indy Swimfit	1:08.00	1:09.03	
33.24	1:09.03 (35.79)				

Men 18-24 200 Yard Backstroke

NAT YMCA: 1:51.60 * 2000		Richard Munson		Ocean Co., NJ	
USMS: 1:50.28 ! 4/26/1992		John Keppeler			
1 Flandes, Allan	18	YMCA of Central Texas	1:50.23	1:57.53	
27.85	58.13 (30.28)	1:28.32 (30.19)	1:57.53 (29.21)		
2 Castro, Arturo	18	YMCA of Central Texas	1:57.77	1:58.62	
28.52	58.75 (30.23)	1:29.11 (30.36)	1:58.62 (29.51)		
3 Iriondo, Hibai	19	YMCA of Central Texas	2:00.88	2:02.61	
29.01	59.76 (30.75)	1:31.38 (31.62)	2:02.61 (31.23)		
4 Frey, Eric	18	YMCA of Central Texas	2:00.44	2:09.10	
29.18	1:01.47 (32.29)	1:35.48 (34.01)	2:09.10 (33.62)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 18-24 50 Yard Breaststroke**

NAT YMCA:	27.01	*	1995	Ken Tyger		Corry, PA
USMS:	25.32	!	4/23/2006	William Liscinsky		
1	Michael, Daniel		23	YMCA Indy Swimfit	27.30	27.90
2	Victoire, Jordan		18	YMCA of Central Texas	29.88	28.37
3	Schultheiss, Daniel P		24	Sarasota Family	29.34	30.78
4	Hugh, Danny J		23	Beavercreek	34.50	33.98
---	Hobbs, Brandon		20	YMCA Indy Swimfit	29.50	NS
---	Venkataraman, Scott		18	YMCA of Central Texas	35.09	NS

Men 18-24 100 Yard Breaststroke

NAT YMCA:	58.65	*	1995	Ken Tyger		Corry, PA
USMS:	54.65	!	5/14/2006	Gary Marshall		
1	Victoire, Jordan		18	YMCA of Central Texas	1:03.11	1:01.83
	29.21					1:01.83 (32.62)
2	Michael, Daniel		23	YMCA Indy Swimfit	59.10	1:02.24
	29.56					1:02.24 (32.68)
3	Castro, Arturo		18	YMCA of Central Texas	1:03.99	1:05.56
	30.04					1:05.56 (35.52)
4	Schultheiss, Daniel P		24	Sarasota Family	1:04.31	1:07.54
	31.86					1:07.54 (35.68)
5	Hugh, Danny J		23	Beavercreek	1:20.50	1:14.86
	35.00					1:14.86 (39.86)
6	Venkataraman, Scott		18	YMCA of Central Texas	1:19.99	1:18.15
	37.34					1:18.15 (40.81)
---	Hobbs, Brandon		20	YMCA Indy Swimfit	1:03.36	NS

Men 18-24 200 Yard Breaststroke

NAT YMCA:	2:09.72	*	1997	Todd Radel		G.Nippert, OH
USMS:	1:58.34	!	5/14/2006	Gary Marshall		
1	Castro, Arturo		18	YMCA of Central Texas	2:23.33	2:26.54
	32.73					1:09.82 (37.09)
						1:48.01 (38.19)
						2:26.54 (38.53)
2	Schultheiss, Daniel P		24	Sarasota Family	2:24.37	2:26.63
	34.32					1:11.90 (37.58)
						1:49.75 (37.85)
						2:26.63 (36.88)
---	Hobbs, Brandon		20	YMCA Indy Swimfit	2:34.00	NS

Men 18-24 50 Yard Butterfly

NAT YMCA:	22.57	*	1996	Doug Dickinson		Schroeder, WI
USMS:	22.16	!	4/11/2006	Michael Shelby		
1	Michael, Daniel		23	YMCA Indy Swimfit	23.30	23.73
2	Galvan-Sarabia, Luis		24	YMCA of Central Texas	23.91	24.00
3	Bernard, Chris		23	YMCA of Central Texas	24.01	24.17
4	Flandes, Allan		18	YMCA of Central Texas	23.77	24.62
5	Frey, Eric		18	YMCA of Central Texas	24.68	25.02
6	Victoire, Jordan		18	YMCA of Central Texas	23.99	26.73
7	Schultheiss, Daniel P		24	Sarasota Family	26.13	27.65
8	Hugh, Danny J		23	Beavercreek	29.50	28.84
9	Raper, Charles R		22	Beavercreek	29.00	29.98
---	Venkataraman, Scott		18	YMCA of Central Texas	30.76	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 18-24 100 Yard Butterfly**

NAT YMCA:	49.61	*	1996	Doug Dickenson		Schroeder, WI
USMS:	49.37	!	5/17/2002	Adam Conway		
1	Flandes, Allan		18	YMCA of Central Texas	52.55	51.95
	24.92		51.95 (27.03)			
2	Bernard, Chris		23	YMCA of Central Texas	52.22	52.25
	24.90		52.25 (27.35)			
3	Galvan-Sarabia, Luis		24	YMCA of Central Texas	53.16	55.32
	25.70		55.32 (29.62)			
4	Frey, Eric		18	YMCA of Central Texas	54.11	55.39
	25.12		55.39 (30.27)			
5	Victoire, Jordan		18	YMCA of Central Texas	51.44	55.86
	25.19		55.86 (30.67)			
6	Schultheiss, Daniel P		24	Sarasota Family	58.76	1:01.41
	28.43		1:01.41 (32.98)			
---	Venkataraman, Scott		18	YMCA of Central Texas	1:15.44	NS

Men 18-24 200 Yard Butterfly

NAT YMCA:	1:56.19	*	2001	Rob Kinnear		Anne Arundel, MD
USMS:	1:51.04	!	5/23/1993	Steven Reed		
1	Flandes, Allan		18	YMCA of Central Texas	1:56.66	1:57.39
	26.97		57.70 (30.73)	1:27.36 (29.66)	1:57.39 (30.03)	
2	Frey, Eric		18	YMCA of Central Texas	2:08.88	2:12.01
	27.37		59.08 (31.71)	1:34.91 (35.83)	2:12.01 (37.10)	
3	Raper, Charles R		22	Beavercreek	2:34.50	2:46.79
	34.67		1:13.11 (38.44)	1:57.74 (44.63)	2:46.79 (49.05)	

Men 18-24 100 Yard IM

NAT YMCA:	52.54	*	1996	Doug Dickinson		Schroeder, WI
USMS:	50.14	!	2/18/2001	Romain Barnier		
1	Michael, Daniel		23	YMCA Indy Swimfit	54.50	55.46
	25.78		55.46 (29.68)			
2	Bernard, Chris		23	YMCA of Central Texas	56.66	55.93
	25.34		55.93 (30.59)			
3	Galvan-Sarabia, Luis		24	YMCA of Central Texas	54.91	56.18
	25.01		56.18 (31.17)			
4	Victoire, Jordan		18	YMCA of Central Texas	56.66	56.21
	26.14		56.21 (30.07)			
5	Schultheiss, Daniel P		24	Sarasota Family	59.87	1:00.64
	28.46		1:00.64 (32.18)			
6	Hugh, Danny J		23	Beavercreek	1:07.00	1:07.97
	31.31		1:07.97 (36.66)			
7	Raper, Charles R		22	Beavercreek	1:13.40	1:08.76
	30.92		1:08.76 (37.84)			
8	Venkataraman, Scott		18	YMCA of Central Texas	1:11.59	1:11.48
	32.53		1:11.48 (38.95)			
---	Hobbs, Brandon		20	YMCA Indy Swimfit	59.13	NS

Men 18-24 200 Yard IM

NAT YMCA:	1:57.00	*	1994	Dave Sheet		Jersey Shore, PA
USMS:	1:52.82	!	5/16/1994	Simon Percy		
1	Flandes, Allan		18	YMCA of Central Texas	1:57.88	2:03.33
	26.56		57.40 (30.84)	1:33.78 (36.38)	2:03.33 (29.55)	
2	Castro, Arturo		18	YMCA of Central Texas	2:00.01	2:03.95
	26.93		58.05 (31.12)	1:35.86 (37.81)	2:03.95 (28.09)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 18-24 200 Yard IM)**

3	Frey, Eric	18	YMCA of Central Texas	2:03.87	2:06.78
	25.23	57.98 (32.75)	1:36.79 (38.81)	2:06.78 (29.99)	
4	Schultheiss, Daniel P	24	Sarasota Family	2:12.13	2:14.19
	27.87	1:03.07 (35.20)	1:42.23 (39.16)	2:14.19 (31.96)	
---	Hobbs, Brandon	20	YMCA Indy Swimfit	2:12.38	NS

Men 18-24 400 Yard IM

NAT YMCA: 4:14.83 * 1999		Grant Comer		Jordan, IN	
USMS: 4:04.34 ! 4/26/1992		John Keppeler			
1	Flandes, Allan	18	YMCA of Central Texas	4:07.77	4:21.65
	26.65	57.13 (30.48)	1:30.21 (33.08)	2:03.23 (33.02)	
	2:39.93 (36.70)	3:17.84 (37.91)	3:50.19 (32.35)	4:21.65 (31.46)	
2	Raper, Charles R	22	Beavercreek	5:39.80	5:32.91
	31.42	1:10.88 (39.46)	1:52.15 (41.27)	2:32.94 (40.79)	
	3:24.73 (51.79)	4:16.78 (52.05)	4:55.47 (38.69)	5:32.91 (37.44)	
---	Castro, Arturo	18	YMCA of Central Texas	4:22.22	DQ
Non-continuous turning action - back					

Men 25-29 50 Yard Freestyle

NAT YMCA: 20.47 * 1991		Robert Peel		Tri-Cities, MI	
USMS: 19.44 ! 4/25/2004		Sabir Muhammad			
1	Merkle, Wes	28	YMCA Indy Swimfit	23.25	22.87
2	Jackson, John M	27	Downtown Orlando	23.50	23.37
3	Groselle, John R	29	Sarasota Family	26.74	23.82
4	Warren, Trevor W	29	Beavercreek	23.50	23.86
5	Schranz, John	28	Downtown Orlando	23.85	23.99
6	Hubbard, John	28	YMCA Indy Swimfit	24.24	25.00
7	Steinberg, Gregory E	29	Andover North Andover	26.00	26.04
---	Macko, Edward N	28	YMCA of Central Texas	23.77	NS

Men 25-29 100 Yard Freestyle

NAT YMCA: 45.48 * 1991		Mark Noetzel		Plymouth, MI	
USMS: 42.91 ! 4/25/2004		Sabir Muhammad			
1	Edson, Edward J	27	South Hills YMCA	49.50	50.43
	24.48	50.43 (25.95)			
2	Jackson, John M	27	Downtown Orlando	51.50	50.49
	24.35	50.49 (26.14)			
3	Merkle, Wes	28	YMCA Indy Swimfit	51.95	50.95
	24.55	50.95 (26.40)			
4	Schranz, John	28	Downtown Orlando	51.66	51.03
	24.78	51.03 (26.25)			
5	Groselle, John R	29	Sarasota Family	56.41	51.60
	25.28	51.60 (26.32)			
6	Strahota, Jeffrey	28	Mid-Delmarva YMCA	50.53	51.89
	25.15	51.89 (26.74)			
7	Warren, Trevor W	29	Beavercreek	50.50	52.31
	24.81	52.31 (27.50)			
8	Hubbard, John	28	YMCA Indy Swimfit	54.69	1:02.55
	29.36	1:02.55 (33.19)			
---	Macko, Edward N	28	YMCA of Central Texas	51.70	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 25-29 200 Yard Freestyle**

NAT YMCA: 1:40.34 * 1998		Bernie Zeruhn		Schroeder, WI	
USMS: 1:38.14 ! 2/3/1996		John Keppeler			
1	McCormack, Sean P	28	Downtown Orlando	1:45.87	1:47.36
	24.33	51.19 (26.86)	1:19.20 (28.01)	1:47.36 (28.16)	
2	Schranz, John	28	Downtown Orlando	1:56.00	1:51.20
	25.69	53.44 (27.75)	1:22.89 (29.45)	1:51.20 (28.31)	
3	Jackson, John M	27	Downtown Orlando	1:53.00	1:53.57
	25.35	52.86 (27.51)	1:22.63 (29.77)	1:53.57 (30.94)	
4	Strahota, Jeffrey	28	Mid-Delmarva YMCA	1:51.23	1:56.20
	25.86	54.73 (28.87)	1:25.40 (30.67)	1:56.20 (30.80)	
5	Schneider, Colin M	27	Downtown Orlando	1:55.00	2:03.13
	29.70	1:02.04 (32.34)	1:33.83 (31.79)	2:03.13 (29.30)	
---	Edson, Edward J	27	South Hills YMCA	1:52.00	NS
---	Macko, Edward N	28	YMCA of Central Texas	1:54.77	NS

Men 25-29 500 Yard Freestyle

NAT YMCA: 4:41.92 * 1998		Bernie Zeruhn		Schroeder, WI	
USMS: 4:26.87 ! 2/18/2001		Lionel Moreau			
1	McCormack, Sean P	28	Downtown Orlando	4:55.85	4:57.13
	26.01	55.20 (29.19)	1:25.38 (30.18)	1:55.86 (30.48)	
	2:26.07 (30.21)	2:56.50 (30.43)	3:26.77 (30.27)	3:57.40 (30.63)	
	4:27.68 (30.28)	4:57.13 (29.45)			
2	Strahota, Jeffrey	28	Mid-Delmarva YMCA	5:05.01	5:10.26
	27.33	57.54 (30.21)	1:28.26 (30.72)	1:59.62 (31.36)	
	2:31.09 (31.47)	3:02.82 (31.73)	3:34.76 (31.94)	4:06.74 (31.98)	
	4:38.55 (31.81)	5:10.26 (31.71)			
3	Hubbard, John	28	YMCA Indy Swimfit	5:18.42	5:36.71
	29.38	1:01.19 (31.81)	1:34.28 (33.09)	2:08.57 (34.29)	
	2:43.13 (34.56)	3:17.54 (34.41)	3:51.45 (33.91)	4:26.47 (35.02)	
	5:01.85 (35.38)	5:36.71 (34.86)			

Men 25-29 50 Yard Backstroke

NAT YMCA: 24.35 * 1998		Curtis Sawin		Ocean Co, NJ	
USMS: 22.89 ! 5/4/2008		William Liscinsky			
1	Greener, Andrew J	25	Downtown Orlando	25.00	24.97
2	Warren, Trevor W	29	Beavercreek	27.00	27.52

Men 25-29 100 Yard Backstroke

NAT YMCA: 51.92 * 1998		Bernie Zeruhn		Schroeder, WI	
USMS: 49.83 ! 4/12/1992		Andrew Gill			
1	Welch, Corey L	26	Broward County YMCA Masters	54.85	54.61
	26.86	54.61 (27.75)			
2	McCormack, Sean P	28	Downtown Orlando	55.47	55.04
	26.89	55.04 (28.15)			
3	Cuticchia, Tommie A	26	Broward County YMCA Masters	57.00	56.59
	27.79	56.59 (28.80)			
4	Strahota, Jeffrey	28	Mid-Delmarva YMCA	59.45	1:01.07
	29.79	1:01.07 (31.28)			
5	Warren, Trevor W	29	Beavercreek	1:00.00	1:02.76
	30.64	1:02.76 (32.12)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 25-29 200 Yard Backstroke**

NAT YMCA: 1:58.24 * 1992		Michael Creaser		Plymouth, MI	
USMS: 1:48.47 ! 4/30/1995		John Keppeler			
1	Greener, Andrew J	25	Downtown Orlando	1:57.50	1:58.65
	28.68	58.13 (29.45)	1:28.38 (30.25)	1:58.65 (30.27)	
2	McCormack, Sean P	28	Downtown Orlando	2:00.17	1:59.47
	28.04	57.59 (29.55)	1:28.52 (30.93)	1:59.47 (30.95)	
3	Cuticchia, Tommie A	26	Broward County YMCA Masters	2:06.00	2:04.34
	29.62	1:00.97 (31.35)	1:32.88 (31.91)	2:04.34 (31.46)	
4	Edson, Edward J	27	South Hills YMCA	2:11.00	2:04.49
	29.22	1:00.44 (31.22)	1:32.53 (32.09)	2:04.49 (31.96)	
---	Welch, Corey L	26	Broward County YMCA Masters	2:05.00	NS

Men 25-29 50 Yard Breaststroke

NAT YMCA: 26.07 * 1986		Richard Hofstetter		Jordan, IN	
USMS: 24.40 ! 5/4/2008		William Liscinsky			
1	Welch, Corey L	26	Broward County YMCA Masters	26.00	26.08
2	Groselle, John R	29	Sarasota Family	30.15	27.64
3	Schneider, Colin M	27	Downtown Orlando	31.00	31.26
4	Hubbard, John	28	YMCA Indy Swimfit	31.89	31.75
5	Jackson, John M	27	Downtown Orlando	32.50	32.88
6	Steinberg, Gregory E	29	Andover North Andover	32.97	33.09
---	Macko, Edward N	28	YMCA of Central Texas	33.77	NS

Men 25-29 100 Yard Breaststroke

NAT YMCA: 57.16 * 1986		Richard Hofstetter		Jordan, IN	
USMS: 54.92 ! 5/20/2007		Gary Marshall			
1	Groselle, John R	29	Sarasota Family	1:04.34	1:00.32
	28.75	1:00.32 (31.57)			
2	Schneider, Colin M	27	Downtown Orlando	1:08.00	1:08.39
	32.51	1:08.39 (35.88)			
3	Jackson, John M	27	Downtown Orlando	1:08.00	1:10.27
	32.83	1:10.27 (37.44)			
4	Hubbard, John	28	YMCA Indy Swimfit	1:08.10	1:11.07
	33.20	1:11.07 (37.87)			
5	Steinberg, Gregory E	29	Andover North Andover	1:13.85	1:16.55
	35.70	1:16.55 (40.85)			
---	Welch, Corey L	26	Broward County YMCA Masters	59.00	NS

Men 25-29 200 Yard Breaststroke

NAT YMCA: 2:09.70 * 1994		Bob Jennings		Plymouth, MI	
USMS: 1:57.46 ! 5/20/2007		Gary Marshall			
1	Welch, Corey L	26	Broward County YMCA Masters	2:12.00	2:07.31 *
	28.11	1:00.31 (32.20)	1:33.45 (33.14)	2:07.31 (33.86)	
2	Groselle, John R	29	Sarasota Family	2:21.17	2:15.08
	30.87	1:04.94 (34.07)	1:39.50 (34.56)	2:15.08 (35.58)	
3	Schneider, Colin M	27	Downtown Orlando	2:30.00	2:30.75
	33.21	1:11.61 (38.40)	1:50.38 (38.77)	2:30.75 (40.37)	
4	Hubbard, John	28	YMCA Indy Swimfit	2:30.45	2:41.70
	34.27	1:15.26 (40.99)	1:57.77 (42.51)	2:41.70 (43.93)	
5	Steinberg, Gregory E	29	Andover North Andover	2:55.01	2:56.58
	36.91	1:19.93 (43.02)	2:06.90 (46.97)	2:56.58 (49.68)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 25-29 50 Yard Butterfly**

NAT YMCA:	22.88	*	1987	John Tudor		Huntington, WV
USMS:	21.15	!	4/25/2004	Sabir Muhammad		
1	Merkle, Wes		28	YMCA Indy Swimfit	26.45	25.74
2	Edson, Edward J		27	South Hills YMCA	26.50	25.85
3	Jackson, John M		27	Downtown Orlando	26.50	26.16
4	Schneider, Colin M		27	Downtown Orlando	26.50	26.42
5	Warren, Trevor W		29	Beavercreek	26.00	26.49
6	Hubbard, John		28	YMCA Indy Swimfit	26.54	27.21
7	Steinberg, Gregory E		29	Andover North Andover	28.74	28.44
---	Macko, Edward N		28	YMCA of Central Texas	26.10	NS

Men 25-29 100 Yard Butterfly

NAT YMCA:	49.74	*	1998	Bernie Zeruhn		Schroeder, WI
USMS:	48.36	!	4/13/2008	Matthew Marshall		
1	Greener, Andrew J		25	Downtown Orlando	55.55	53.41
	24.60					53.41 (28.81)
2	Cuticchia, Tommie A		26	Broward County YMCA Masters	56.04	55.16
	25.69					55.16 (29.47)
3	Merkle, Wes		28	YMCA Indy Swimfit	59.45	56.30
	26.38					56.30 (29.92)
4	Warren, Trevor W		29	Beavercreek	59.00	1:01.46
	28.87					1:01.46 (32.59)
---	Macko, Edward N		28	YMCA of Central Texas	1:01.77	NS

Men 25-29 200 Yard Butterfly

NAT YMCA:	1:52.20	*	1998	Bernie Zeruhn		Schroeder, WI
USMS:	1:47.62	!	5/20/2007	Erik Scalise		
1	Cuticchia, Tommie A		26	Broward County YMCA Masters	2:07.00	2:05.09
	28.10					59.25 (31.15) 1:31.32 (32.07) 2:05.09 (33.77)
2	Schranz, John		28	Downtown Orlando	2:09.38	2:08.45
	27.65					58.88 (31.23) 1:33.00 (34.12) 2:08.45 (35.45)
3	Strahota, Jeffrey		28	Mid-Delmarva YMCA	2:11.12	2:16.33
	29.43					1:03.03 (33.60) 1:38.81 (35.78) 2:16.33 (37.52)

Men 25-29 100 Yard IM

NAT YMCA:	52.49	*	1987	John Tudor		Huntington, WV
USMS:	48.82	!	5/4/2008	William Liscinsky		
1	McCormack, Sean P		28	Downtown Orlando	57.27	56.35
	29.25					56.35 (27.10)
2	Greener, Andrew J		25	Downtown Orlando	58.00	57.13
	30.70					57.13 (26.43)
3	Merkle, Wes		28	YMCA Indy Swimfit	1:00.45	58.81
	30.92					58.81 (27.89)
4	Schneider, Colin M		27	Downtown Orlando	1:00.00	59.18
	31.55					59.18 (27.63)
5	Schranz, John		28	Downtown Orlando	1:00.37	59.44
	46.19					59.44 (13.25)
6	Strahota, Jeffrey		28	Mid-Delmarva YMCA	59.45	1:00.34
	30.98					1:00.34 (29.36)
7	Jackson, John M		27	Downtown Orlando	1:01.00	1:00.92
	29.25					1:00.92 (31.67)
---	Macko, Edward N		28	YMCA of Central Texas	1:01.77	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 25-29 200 Yard IM**

NAT YMCA: 1:55.56 * 1987		John Tudor		Huntington, WV	
USMS: 1:49.11 ! 5/20/2007		Erik Scalise			
1	Welch, Corey L	26	Broward County YMCA Masters	1:59.02	1:59.02
	27.01	56.56 (29.55)	1:29.67 (33.11)	1:59.02 (29.35)	
2	McCormack, Sean P	28	Downtown Orlando	2:07.97	2:04.49
	26.42	57.08 (30.66)	1:35.60 (38.52)	2:04.49 (28.89)	
3	Schrantz, John	28	Downtown Orlando	2:09.51	2:07.39
	27.14	1:00.51 (33.37)	1:38.95 (38.44)	2:07.39 (28.44)	
4	Merkle, Wes	28	YMCA Indy Swimfit	2:09.95	2:09.99
	27.13	1:01.11 (33.98)	1:40.27 (39.16)	2:09.99 (29.72)	
5	Strahota, Jeffrey	28	Mid-Delmarva YMCA	2:11.12	2:11.88
	27.86	1:01.19 (33.33)	1:40.18 (38.99)	2:11.88 (31.70)	
6	Jackson, John M	27	Downtown Orlando	2:10.00	2:17.70
	26.79	1:02.93 (36.14)	1:44.88 (41.95)	2:17.70 (32.82)	
7	Hubbard, John	28	YMCA Indy Swimfit	2:15.94	2:18.26
	29.81	1:06.39 (36.58)	1:46.79 (40.40)	2:18.26 (31.47)	
8	Steinberg, Gregory E	29	Andover North Andover	2:38.14	2:38.19
	29.96	1:13.06 (43.10)	1:59.48 (46.42)	2:38.19 (38.71)	

Men 25-29 400 Yard IM

NAT YMCA: 4:14.43 * 2001		Grant Comer		Jordan, IN	
USMS: 3:52.43 ! 5/20/2007		Erik Scalise			
1	McCormack, Sean P	28	Downtown Orlando	4:25.17	4:29.46
	27.65	59.53 (31.88)	1:33.88 (34.35)	2:07.47 (33.59)	
	2:47.72 (40.25)	3:27.74 (40.02)	3:59.60 (31.86)	4:29.46 (29.86)	
2	Schrantz, John	28	Downtown Orlando	4:30.00	4:29.77
	27.64	59.15 (31.51)	1:34.23 (35.08)	2:08.79 (34.56)	
	2:48.36 (39.57)	3:29.38 (41.02)	4:00.26 (30.88)	4:29.77 (29.51)	

Men 30-34 50 Yard Freestyle Time Trial

NAT YMCA: 21.04 *
USMS: 20.15 ! 5/18/1997 Adam Schmitt

- Time Trial

1	Comulada, Luis E	33	Broward County YMCA Masters	NT	21.94
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Men 30-34 50 Yard Freestyle

NAT YMCA: 21.04 * 2006		Ben Cristoffel			
USMS: 20.15 ! 5/18/1997		Adam Schmitt			
1	Christoffel, Ben	33	YMCA Indy Swimfit	21.05	21.16
2	Rivera, Robert S	31	Broward County YMCA Masters	22.10	21.87
3	Comulada, Luis E	33	Broward County YMCA Masters	22.84	22.04
4	Streiner, Jarret M	34	YMCA of Central Texas	23.86	22.77
5	O'Malley, Mark	32	YMCA Indy Swimfit	23.12	23.79
6	Schwebel, Mike	32	YMCA of Central Texas	23.77	24.28
7	Sanchez, Greg W	32	Beavercreek	25.09	24.56
8	Hynes, Brodie	34	Central Florida	24.78	24.57
9	Hill, Jason M	30	Beavercreek	24.99	24.89
10	Eltvedt, Harald	32	West Side YMCA New York	24.80	24.93
11	Bell, Kirby	34	Downtown Orlando	25.25	24.97
12	Reilly, Dan M	34	Andover North Andover	24.00	25.56
13	Negron-Matta, Miguel A	33	Sarasota Family	24.50	25.65
14	Palmer, Bryan S	30	YMCA of Central Texas	26.18	26.45
15	Billard, Simon	30	West Side YMCA New York	30.00	27.96

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 30-34 50 Yard Freestyle)**

16	Scharf, Lee M	31	Broward County YMCA Masters	38.71	38.23
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Men 30-34 100 Yard Freestyle

NAT YMCA: 46.26 * 4/17/2004		Bernie Zeruhn		Schroeder, WI-	
USMS: 44.53 ! 12/19/2004		Mike Picotte			
1	Christoffel, Ben	33	YMCA Indy Swimfit	47.50	46.81
	22.12		46.81 (24.69)		
2	Rivera, Robert S	31	Broward County YMCA Masters	48.66	48.55
	23.08		48.55 (25.47)		
3	Dawkins, Adam	33	YMCA Indy Swimfit	50.00	48.96
	23.69		48.96 (25.27)		
4	Comulada, Luis E	33	Broward County YMCA Masters	50.10	49.36
	23.83		49.36 (25.53)		
5	Streiner, Jarret M	34	YMCA of Central Texas	52.19	50.31
	23.90		50.31 (26.41)		
6	O'Malley, Mark	32	YMCA Indy Swimfit	51.23	51.81
	24.60		51.81 (27.21)		
7	Hill, Jason M	30	Beavercreek	53.15	53.91
	25.76		53.91 (28.15)		
8	Hynes, Brodie	34	Central Florida	57.32	54.64
	25.86		54.64 (28.78)		
9	Negron-Matta, Miguel A	33	Sarasota Family	56.13	55.89
	26.92		55.89 (28.97)		
10	Bell, Kirby	34	Downtown Orlando	57.50	56.18
	26.79		56.18 (29.39)		
11	Reilly, Dan M	34	Andover North Andover	58.50	59.91
	28.30		59.91 (31.61)		
12	Billard, Simon	30	West Side YMCA New York	1:06.00	1:02.79
	28.70		1:02.79 (34.09)		
---	Schwebel, Mike	32	YMCA of Central Texas	53.00	NS

Men 30-34 200 Yard Freestyle

NAT YMCA: 1:39.70 * 1997		Ronald Karnaugh		Ocean Co, NJ	
USMS: 1:38.03 ! 5/16/1999		Jon Olsen			
1	Dawkins, Adam	33	YMCA Indy Swimfit	1:47.00	1:44.45
	24.70		51.06 (26.36) 1:17.76 (26.70) 1:44.45 (26.69)		
2	Rivera, Robert S	31	Broward County YMCA Masters	1:47.95	1:46.55
	24.45		50.97 (26.52) 1:18.42 (27.45) 1:46.55 (28.13)		
3	Hafner, Kevin T	34	Plymouth Community Family	1:51.07	1:49.42
	26.31		53.95 (27.64) 1:21.49 (27.54) 1:49.42 (27.93)		
4	Hill, Jason M	30	Beavercreek	1:52.51	1:53.16
	26.13		54.35 (28.22) 1:23.84 (29.49) 1:53.16 (29.32)		
5	Rasmussen, Cody C	31	Beavercreek	1:54.90	1:55.17
	25.64		54.38 (28.74) 1:24.39 (30.01) 1:55.17 (30.78)		
6	Hynes, Brodie	34	Central Florida	2:05.12	2:00.65
	27.10		57.23 (30.13) 1:29.03 (31.80) 2:00.65 (31.62)		
7	Bell, Kirby	34	Downtown Orlando	2:18.00	2:06.90
	27.76		59.66 (31.90) 1:32.48 (32.82) 2:06.90 (34.42)		
8	Reilly, Dan M	34	Andover North Andover	2:15.00	2:07.86
	28.49		59.73 (31.24) 1:33.54 (33.81) 2:07.86 (34.32)		
9	Negron-Matta, Miguel A	33	Sarasota Family	2:12.51	2:08.85
	28.60		1:00.76 (32.16) 1:34.51 (33.75) 2:08.85 (34.34)		

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 30-34 200 Yard Freestyle)

10	Billard, Simon	30	West Side YMCA New York	2:52.00	2:29.08
	31.38	1:06.11 (34.73)	1:47.00 (40.89)	2:29.08 (42.08)	
---	Palmer, Bryan S	30	YMCA of Central Texas	2:08.77	NS

Men 30-34 500 Yard Freestyle

NAT YMCA: 4:29.90 * 1997		Ronald Karnaugh		Ocean Co, NJ	
USMS: 4:29.49 ! 2/25/1996		Matthew Cetlinski			
1	Dawkins, Adam	33	YMCA Indy Swimfit	4:50.00	4:43.48
	25.72	53.78 (28.06)	1:22.62 (28.84)	1:51.66 (29.04)	
	2:20.72 (29.06)	2:49.71 (28.99)	3:18.51 (28.80)	3:47.30 (28.79)	
	4:15.69 (28.39)	4:43.48 (27.79)			
2	Hafner, Kevin T	34	Plymouth Community Family	4:54.36	4:59.00
	26.77	56.04 (29.27)	1:25.69 (29.65)	1:55.91 (30.22)	
	2:26.34 (30.43)	2:56.76 (30.42)	3:27.37 (30.61)	3:58.70 (31.33)	
	4:29.45 (30.75)	4:59.00 (29.55)			
3	Hill, Jason M	30	Beavercreek	5:05.27	5:03.77
	27.55	58.09 (30.54)	1:29.08 (30.99)	2:00.06 (30.98)	
	2:30.58 (30.52)	3:01.14 (30.56)	3:31.72 (30.58)	4:03.06 (31.34)	
	4:34.03 (30.97)	5:03.77 (29.74)			
4	Hynes, Brodie	34	Central Florida	6:01.65	5:36.05
	29.41	1:01.33 (31.92)	1:34.92 (33.59)	2:08.99 (34.07)	
	2:43.42 (34.43)	3:17.90 (34.48)	3:52.98 (35.08)	4:28.21 (35.23)	
	5:02.76 (34.55)	5:36.05 (33.29)			
5	Palmer, Bryan S	30	YMCA of Central Texas	5:47.70	5:50.45
	31.18	1:04.39 (33.21)	1:39.07 (34.68)	2:14.36 (35.29)	
	2:50.27 (35.91)	3:26.32 (36.05)	4:02.80 (36.48)	4:39.11 (36.31)	
	5:15.82 (36.71)	5:50.45 (34.63)			
6	Billard, Simon	30	West Side YMCA New York	7:05.00	6:49.13
	32.55	1:09.45 (36.90)	1:50.12 (40.67)	2:32.29 (42.17)	
	3:15.25 (42.96)	3:59.18 (43.93)	4:43.04 (43.86)	5:27.50 (44.46)	
	6:11.04 (43.54)	6:49.13 (38.09)			

Men 30-34 1000 Yard Freestyle

NAT YMCA: 9:52.82 * 5/15/2008		Adam Dawkins		Indianapolis IN-	
USMS: 9:26.93 ! 3/23/2003		Joshua Woodruff			
1	Dawkins, Adam	33	YMCA Indy Swimfit	10:00.00	9:44.56*
	2:52.36	3:21.96 (29.60)	3:51.54 (29.58)	4:21.25 (29.71)	
	4:50.90 (29.65)	5:20.44 (29.54)	5:50.04 (29.60)	6:19.75 (29.71)	
	6:49.19 (29.44)	7:18.60 (29.41)	7:48.26 (29.66)	8:17.63 (29.37)	
	8:47.08 (29.45)	9:44.56 (57.48)			
2	Palmer, Bryan S	30	YMCA of Central Texas	12:42.17	12:10.06
	32.24	1:06.97 (34.73)	1:41.70 (34.73)	2:16.57 (34.87)	
	2:51.92 (35.35)	3:27.97 (36.05)	4:04.26 (36.29)	4:40.97 (36.71)	
	5:17.89 (36.92)	5:54.83 (36.94)	6:31.08 (36.25)	7:08.81 (37.73)	
	7:46.79 (37.98)	8:24.97 (38.18)	9:03.20 (38.23)	9:41.01 (37.81)	
	10:19.27 (38.26)	10:56.72 (37.45)	11:33.52 (36.80)	12:10.06 (36.54)	
3	Billard, Simon	30	West Side YMCA New York	14:00.00	13:57.52
	33.85	1:11.21 (37.36)	1:50.15 (38.94)	2:31.28 (41.13)	
	3:12.56 (41.28)	3:53.65 (41.09)	4:35.13 (41.48)	5:17.54 (42.41)	
	6:00.60 (43.06)	6:45.00 (44.40)	7:28.68 (43.68)	8:13.61 (44.93)	
	8:58.34 (44.73)	9:42.72 (44.38)	10:27.34 (44.62)	11:12.59 (45.25)	
	11:57.32 (44.73)	12:41.90 (44.58)	13:22.14 (40.24)	13:57.52 (35.38)	

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Results

Men 30-34 1650 Yard Freestyle

NAT YMCA: 16:49.31 * 1993		Robert Hudek		Plymouth, MI	
USMS: 15:51.57 ! 5/12/1996		Jeff Erwin			
1 Hill, Jason M	30	Beavercreek	18:07.42	17:38.64	
28.62	1:00.38 (31.76)	1:31.71 (31.33)	2:03.47 (31.76)		
2:35.35 (31.88)	3:07.00 (31.65)	3:39.16 (32.16)	4:10.97 (31.81)		
4:42.46 (31.49)	5:14.32 (31.86)	5:45.90 (31.58)	6:17.62 (31.72)		
6:49.82 (32.20)	7:21.64 (31.82)	7:53.81 (32.17)	8:25.78 (31.97)		
8:58.14 (32.36)	9:30.38 (32.24)	10:02.45 (32.07)	10:35.10 (32.65)		
11:08.04 (32.94)	11:39.95 (31.91)	12:12.64 (32.69)	12:45.18 (32.54)		
13:17.98 (32.80)	13:50.90 (32.92)	14:24.06 (33.16)	14:57.04 (32.98)		
15:30.31 (33.27)	16:02.23 (31.92)	16:34.53 (32.30)	17:07.03 (32.50)	17:38.64 (31.61)	
2 Hynes, Brodie	34	Central Florida	21:00.12	20:25.79	
30.46	1:05.39 (34.93)	1:41.87 (36.48)	2:18.94 (37.07)		
2:56.11 (37.17)	3:33.56 (37.45)	4:10.91 (37.35)	4:48.89 (37.98)		
5:26.48 (37.59)	6:04.38 (37.90)	6:41.45 (37.07)	7:18.49 (37.04)		
7:56.33 (37.84)	8:33.82 (37.49)	9:11.20 (37.38)	9:48.22 (37.02)		
10:25.64 (37.42)	11:02.80 (37.16)	11:39.77 (36.97)	12:17.09 (37.32)		
12:54.31 (37.22)	13:33.17 (38.86)	14:09.64 (36.47)	14:46.65 (37.01)		
15:24.16 (37.51)	16:02.61 (38.45)	16:41.15 (38.54)	17:19.45 (38.30)		
17:56.95 (37.50)	18:34.58 (37.63)	19:12.54 (37.96)	19:50.30 (37.76)	20:25.79 (35.49)	
3 Palmer, Bryan S	30	YMCA of Central Texas	19:59.28	20:42.63	
31.07	1:04.34 (33.27)	1:38.62 (34.28)	2:13.57 (34.95)		
2:49.18 (35.61)	3:25.05 (35.87)	4:01.33 (36.28)	4:37.92 (36.59)		
5:14.39 (36.47)	5:51.34 (36.95)	6:28.67 (37.33)	7:05.96 (37.29)		
7:43.47 (37.51)	8:21.43 (37.96)	8:59.50 (38.07)	9:38.08 (38.58)		
10:16.96 (38.88)	10:55.52 (38.56)	11:34.26 (38.74)	12:13.48 (39.22)		
12:52.91 (39.43)	13:32.52 (39.61)	14:11.40 (38.88)	14:49.74 (38.34)		
15:29.29 (39.55)	16:08.75 (39.46)	16:48.21 (39.46)	17:27.82 (39.61)		
18:07.37 (39.55)	18:46.99 (39.62)	19:25.32 (38.33)	20:04.53 (39.21)	20:42.63 (38.10)	
4 Eltvedt, Harald	32	West Side YMCA New York	22:56.00	20:50.99	
1:08.31		1:44.39 ()	2:21.07 (36.68)		
2:58.56 (37.49)	3:36.09 (37.53)	4:13.88 (37.79)	4:51.43 (37.55)		
5:29.28 (37.85)	6:07.24 (37.96)	6:44.68 (37.44)	7:22.87 (38.19)		
8:01.73 (38.86)	8:39.94 (38.21)	9:18.21 (38.27)	9:57.02 (38.81)		
10:36.02 (39.00)	11:14.65 (38.63)	11:52.70 (38.05)	12:30.55 (37.85)		
13:09.06 (38.51)	13:49.02 (39.96)	14:27.23 (38.21)	15:06.11 (38.88)		
15:44.18 (38.07)	16:23.80 (39.62)	17:03.70 (39.90)	17:42.36 (38.66)		
18:21.30 (38.94)	19:00.21 (38.91)	19:38.73 (38.52)	20:16.19 (37.46)	20:50.99 (34.80)	

Men 30-34 50 Yard Backstroke Time Trial

NAT YMCA: 24.67 *
USMS: 23.18 ! 2/10/2002 Martin Zubero

- Time Trial

1 Comulada, Luis E	33	Broward County YMCA Masters	NT	29.34
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Men 30-34 50 Yard Backstroke

NAT YMCA: 24.67 * 1992		Peter Dardaris		Up Main Line, PA	
USMS: 23.18 ! 2/10/2002		Martin Zubero			
1 Hafner, Kevin T	34	Plymouth Community Family	27.04	26.38	
2 Eltvedt, Harald	32	West Side YMCA New York	28.68	27.71	
3 Schwebel, Mike	32	YMCA of Central Texas	27.77	27.99	
4 Streiner, Jarret M	34	YMCA of Central Texas	30.01	29.19	
5 Sanchez, Greg W	32	Beavercreek	32.20	30.91	
6 Palmer, Bryan S	30	YMCA of Central Texas	31.33	31.88	

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7	Scharf, Lee M	31	Broward County YMCA Masters	48.16	48.53
---	Billard, Simon	30	West Side YMCA New York	35.00	NS

Men 30-34 100 Yard Backstroke

NAT YMCA: 53.34 * 1992		Peter Dardaris		Up Main Line, PA	
USMS: 50.21 ! 5/24/1992		Clay Britt			
1	Hafner, Kevin T	34	Plymouth Community Family	57.09	56.75
	27.94		56.75 (28.81)		
2	Eltvedt, Harald	32	West Side YMCA New York	1:01.78	1:01.11
	30.19		1:01.11 (30.92)		
3	Streiner, Jarret M	34	YMCA of Central Texas	1:07.14	1:06.37
	32.09		1:06.37 (34.28)		

Men 30-34 200 Yard Backstroke

NAT YMCA: 1:48.66 * 1997		Ronald Karnaugh		Ocean Co, NJ	
USMS: 1:48.64 ! 2/10/2002		Martin Zubero			
1	Dawkins, Adam	33	YMCA Indy Swimfit	2:10.00	2:03.20
	29.68		1:00.84 (31.16)	1:32.40 (31.56)	2:03.20 (30.80)
2	Eltvedt, Harald	32	West Side YMCA New York	2:15.90	2:16.15
	31.91		1:05.79 (33.88)	1:41.28 (35.49)	2:16.15 (34.87)

Men 30-34 50 Yard Breaststroke

NAT YMCA: 26.01 * 1987		Richard Hofstetter		Jordan, IN	
USMS: 25.69 ! 5/4/2008		Jeff Commings			
1	Christoffel, Ben	33	YMCA Indy Swimfit	27.00	26.91
2	Cron, Chad	33	YMCA of Central Texas	28.01	28.23
3	Comulada, Luis E	33	Broward County YMCA Masters	31.50	29.17
4	Sanchez, Greg W	32	Beavercreek	30.90	29.46
5	O'Malley, Mark	32	YMCA Indy Swimfit	28.12	29.93
6	Bell, Kirby	34	Downtown Orlando	34.50	33.45
7	Negron-Matta, Miguel A	33	Sarasota Family	32.56	34.22
8	Scharf, Lee M	31	Broward County YMCA Masters	47.39	49.81
---	Billard, Simon	30	West Side YMCA New York	42.00	DQ
	Arms two strokes underwater				
---	Schwebel, Mike	32	YMCA of Central Texas	35.77	NS

Men 30-34 100 Yard Breaststroke

NAT YMCA: 57.96 * 1987		Richard Hofstetter		Jordan, IN	
USMS: 55.85 ! 5/20/2007		Jeff Commings			
1	Christoffel, Ben	33	YMCA Indy Swimfit	59.50	58.61
	27.26		58.61 (31.35)		
2	Cron, Chad	33	YMCA of Central Texas	1:01.00	1:01.45
	28.19		1:01.45 (33.26)		
3	Rasmussen, Cody C	31	Beavercreek	1:03.34	1:02.45
	29.46		1:02.45 (32.99)		
4	Sanchez, Greg W	32	Beavercreek	1:08.30	1:04.71
	30.54		1:04.71 (34.17)		
5	O'Malley, Mark	32	YMCA Indy Swimfit	1:04.72	1:05.65
	30.34		1:05.65 (35.31)		
6	Comulada, Luis E	33	Broward County YMCA Masters	1:06.50	1:06.29
	30.60		1:06.29 (35.69)		
7	Bell, Kirby	34	Downtown Orlando	1:12.50	1:13.29
	34.91		1:13.29 (38.38)		

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8	Negron-Matta, Miguel A	33	Sarasota Family	1:15.13	1:13.90
	34.13		1:13.90 (39.77)		
9	Scharf, Lee M	31	Broward County YMCA Masters	1:48.54	1:54.21
	51.51		1:54.21 (1:02.70)		

Men 30-34 200 Yard Breaststroke

NAT YMCA: 2:01.01 * 1997		Ronald Karnaugh		Ocean Co, NJ	
USMS: 2:01.01 ! 5/4/1997		Ronald Karnaugh			
1	Rasmussen, Cody C	31	Beavercreek	2:20.08	2:18.17
	32.39		1:08.23 (35.84)	1:42.15 (33.92)	2:18.17 (36.02)
2	Sanchez, Greg W	32	Beavercreek	2:30.00	2:22.14
	32.81		1:08.58 (35.77)	1:44.76 (36.18)	2:22.14 (37.38)
3	O'Malley, Mark	32	YMCA Indy Swimfit	2:24.55	2:25.84
	31.45		1:07.49 (36.04)	1:45.65 (38.16)	2:25.84 (40.19)
4	Negron-Matta, Miguel A	33	Sarasota Family	2:41.28	2:38.11
	35.26		1:13.86 (38.60)	1:55.31 (41.45)	2:38.11 (42.80)
5	Bell, Kirby	34	Downtown Orlando	2:45.00	2:39.98
	36.05		1:16.45 (40.40)	1:57.95 (41.50)	2:39.98 (42.03)

Men 30-34 50 Yard Butterfly

NAT YMCA: 23.06 * 2002		Bernie Zeruhn		Schroeder, WI	
USMS: 22.22 ! 5/16/1999		Brian Alderman			
*1	Christoffel, Ben	33	YMCA Indy Swimfit	24.25	23.79
*1	Rivera, Robert S	31	Broward County YMCA Masters	24.00	23.79
3	Rasmussen, Cody C	31	Beavercreek	23.86	24.20
4	Hafner, Kevin T	34	Plymouth Community Family	26.83	25.13
5	Streiner, Jarret M	34	YMCA of Central Texas	25.46	25.20
6	Hynes, Brodie	34	Central Florida	25.12	25.29
7	Sanchez, Greg W	32	Beavercreek	27.40	26.77
8	Eltvedt, Harald	32	West Side YMCA New York	26.41	26.82
9	Reilly, Dan M	34	Andover North Andover	24.50	27.91
10	Billard, Simon	30	West Side YMCA New York	33.50	35.10
---	Schwebel, Mike	32	YMCA of Central Texas	25.46	NS

Men 30-34 100 Yard Butterfly

NAT YMCA: 50.39 * 2002		Bernie Zeruhn		Schroeder, WI	
USMS: 48.25 ! 12/19/2004		Mike Picotte			
1	Rasmussen, Cody C	31	Beavercreek	51.83	52.84
	24.66		52.84 (28.18)		
2	Cron, Chad	33	YMCA of Central Texas	55.51	54.51
	25.88		54.51 (28.63)		
3	Hynes, Brodie	34	Central Florida	57.20	56.06
	25.67		56.06 (30.39)		
4	Hill, Jason M	30	Beavercreek	58.39	56.84
	26.73		56.84 (30.11)		
5	Streiner, Jarret M	34	YMCA of Central Texas	56.11	57.04
	25.42		57.04 (31.62)		
6	Schwebel, Mike	32	YMCA of Central Texas	1:00.77	58.10
	26.44		58.10 (31.66)		
7	Eltvedt, Harald	32	West Side YMCA New York	59.70	58.61
	27.91		58.61 (30.70)		
8	O'Malley, Mark	32	YMCA Indy Swimfit	55.24	58.72
	26.38		58.72 (32.34)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 30-34 100 Yard Butterfly)**

9	Reilly, Dan M	34	Andover North Andover	1:10.00	1:01.84
	28.84		1:01.84 (33.00)		

Men 30-34 200 Yard Butterfly

NAT YMCA:	1:54.22	*	2002	Bernie Zeruhn	Schroeder, WI
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USMS:	1:49.52	!	5/16/1994	Peter Egan	
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1	Rasmussen, Cody C	31	Beavercreek	1:55.44	1:57.66
	27.05		57.37 (30.32) 1:27.57 (30.20)	1:57.66 (30.09)	
2	Hill, Jason M	30	Beavercreek	2:12.77	2:13.23
	29.34		1:03.41 (34.07) 1:37.98 (34.57)	2:13.23 (35.25)	

Men 30-34 100 Yard IM

NAT YMCA:	51.03	*	1997	Ronald Karnaugh	Ocean Co, NJ
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USMS:	50.98	!	5/19/1991	David Lundberg	
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1	Christoffel, Ben	33	YMCA Indy Swimfit	54.50	53.47
	24.94		53.47 (28.53)		
2	Rivera, Robert S	31	Broward County YMCA Masters	56.11	55.55
	25.70		55.55 (29.85)		
3	Hafner, Kevin T	34	Plymouth Community Family	55.69	55.64
	25.36		55.64 (30.28)		
4	Cron, Chad	33	YMCA of Central Texas	57.87	56.40
	26.30		56.40 (30.10)		
5	Rasmussen, Cody C	31	Beavercreek	55.38	57.15
	26.16		57.15 (30.99)		
6	Schwebel, Mike	32	YMCA of Central Texas	1:01.00	1:00.19
	27.55		1:00.19 (32.64)		
7	Streiner, Jarret M	34	YMCA of Central Texas	1:02.43	1:00.21
	27.00		1:00.21 (33.21)		
8	Sanchez, Greg W	32	Beavercreek	1:04.00	1:00.72
	29.25		1:00.72 (31.47)		
9	Eltvedt, Harald	32	West Side YMCA New York	1:03.00	1:02.99
	28.70		1:02.99 (34.29)		
10	Bell, Kirby	34	Downtown Orlando	1:10.00	1:05.63
	31.55		1:05.63 (34.08)		
11	Reilly, Dan M	34	Andover North Andover	1:05.00	1:05.79
	30.70		1:05.79 (35.09)		
12	Palmer, Bryan S	30	YMCA of Central Texas	1:08.11	1:08.15
	30.98		1:08.15 (37.17)		
13	Scharf, Lee M	31	Broward County YMCA Masters	1:44.27	1:42.17
	46.19		1:42.17 (55.98)		

Men 30-34 200 Yard IM

NAT YMCA:	1:47.62	*	1997	Ronald Karnaugh	Ocean Co, NJ
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USMS:	1:47.62	!	5/4/1997	Ronald Karnaugh	
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1	Christoffel, Ben	33	YMCA Indy Swimfit	2:02.00	2:02.04
	25.87		58.66 (32.79) 1:32.44 (33.78)	2:02.04 (29.60)	
2	Cron, Chad	33	YMCA of Central Texas	2:05.67	2:05.12
	26.65		1:00.46 (33.81) 1:34.72 (34.26)	2:05.12 (30.40)	
3	Rasmussen, Cody C	31	Beavercreek	2:00.34	2:08.36
	26.62		1:00.94 (34.32) 1:37.73 (36.79)	2:08.36 (30.63)	
4	Sanchez, Greg W	32	Beavercreek	2:16.00	2:13.69
	29.29		1:06.05 (36.76) 1:42.18 (36.13)	2:13.69 (31.51)	

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5	Palmer, Bryan S	30	YMCA of Central Texas	2:24.84	2:31.19
	29.66	1:09.04 (39.38)	1:55.00 (45.96)	2:31.19 (36.19)	

Men 30-34 400 Yard IM

NAT YMCA:	3:53.81	*	1997	Ronald Karnaugh	Ocean Co, NJ
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USMS:	3:53.81	!	5/4/1997	Ronald Karnaugh	
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1	Hafner, Kevin T	34	Plymouth Community Family	4:17.63	4:21.97
	28.37	1:01.00 (32.63)	1:36.16 (35.16)	2:09.13 (32.97)	
	2:46.03 (36.90)	3:23.88 (37.85)	3:53.89 (30.01)	4:21.97 (28.08)	
2	Hill, Jason M	30	Beavercreek	4:44.68	4:42.64
	29.16	1:02.70 (33.54)	1:40.98 (38.28)	2:17.41 (36.43)	
	3:00.63 (43.22)	3:42.58 (41.95)	4:12.82 (30.24)	4:42.64 (29.82)	

Men 35-39 50 Yard Freestyle

NAT YMCA:	21.59	*	1992	Stu Marvin	Broward Co, FL
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USMS:	20.14	!	5/4/2008	Josh Davis	
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1	Smith, James	39	Tampa Metro Masters	22.35	22.22
2	Stoudt, Roger A	35	Broward County YMCA Masters	22.49	22.48
3	Harrington, Patrick M	37	YMCA of Central Texas	23.44	22.56
4	Tiozzo, Eduard	35	YMCA of Central Texas	23.00	22.64
5	Brookes, Christopher V	37	Sarasota Family	23.00	22.67
6	Biglin, Peter E	38	Plymouth Community Family	22.50	22.85
7	Dawkins, Todd T	35	YMCA Indy Swimfit	23.70	23.75
8	Miller, Jason W	39	Broward County YMCA Masters	24.00	24.06
9	Harrison, Trey	38	YMCA Indy Swimfit	23.93	24.21
10	Fisher, John S	35	Baierl Family	24.59	24.43
11	Stephens, Ryan	37	YMCA Indy Swimfit	24.50	24.56
12	Huie, Aaron B	35	Downtown Orlando	27.00	24.88
---	Bonewit, Robert C	37	YMCA of Central Texas	22.50	NS
---	Hill, Benny L	38	Broward County YMCA Masters	28.00	NS
---	Farrell, Andrew J	38	YMCA of Central Texas	22.45	NS

Men 35-39 100 Yard Freestyle

NAT YMCA:	47.39	*	1992	Stu Marvin	Broward Co, FL
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USMS:	45.32	!	4/23/2006	Vlad Pyshnenko	
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1	Smith, James	39	Tampa Metro Masters	50.13	48.93
	22.98	48.93 (25.95)			
2	Brookes, Christopher V	37	Sarasota Family	50.50	49.01
	23.85	49.01 (25.16)			
3	Harrington, Patrick M	37	YMCA of Central Texas	49.51	49.13
	23.43	49.13 (25.70)			
4	Tiozzo, Eduard	35	YMCA of Central Texas	53.00	49.36
	23.81	49.36 (25.55)			
5	Biglin, Peter E	38	Plymouth Community Family	51.30	50.22
	23.78	50.22 (26.44)			
6	Dawkins, Todd T	35	YMCA Indy Swimfit	52.73	51.82
	24.38	51.82 (27.44)			
7	Harrison, Trey	38	YMCA Indy Swimfit	52.66	53.29
	25.22	53.29 (28.07)			
8	Fisher, John S	35	Baierl Family	54.47	53.33
	25.10	53.33 (28.23)			
9	Houchens, Jeremy	39	YMCA Indy Swimfit	54.00	55.46
	26.26	55.46 (29.20)			

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Results

(Men 35-39 100 Yard Freestyle)

10	Huie, Aaron B	35	Downtown Orlando	59.00	55.93
	26.96				55.93 (28.97)
11	Miller, Jason W	39	Broward County YMCA Masters	54.00	56.09
	26.15				56.09 (29.94)
12	Gordon, Josh D	35	Schroeder	56.32	56.90
	27.02				56.90 (29.88)
---	Stephens, Ryan	37	YMCA Indy Swimfit	56.00	NS
---	Hill, Benny L	38	Broward County YMCA Masters	59.00	NS
---	Broshears, Rion M	35	YMCA of Central Texas	55.11	NS
---	Hanks, Glen A	38	Broward County YMCA Masters	59.00	NS
---	Farrell, Andrew J	38	YMCA of Central Texas	48.93	NS
---	Bonewit, Robert C	37	YMCA of Central Texas	47.90	NS

Men 35-39 200 Yard Freestyle

NAT YMCA: 1:44.15 * 4/22/2005 Matt Keller BY-

USMS: 1:36.56 ! 5/4/2008 Josh Davis

1	Brookes, Christopher V	37	Sarasota Family	1:51.00	1:47.07
	24.99				51.81 (26.82) 1:19.20 (27.39) 1:47.07 (27.87)
2	Biglin, Peter E	38	Plymouth Community Family	1:51.20	1:49.44
	26.12				53.31 (27.19) 1:21.40 (28.09) 1:49.44 (28.04)
3	Harrington, Patrick M	37	YMCA of Central Texas	1:51.20	1:50.52
	25.49				53.73 (28.24) 1:21.77 (28.04) 1:50.52 (28.75)
4	Stoudt, Roger A	35	Broward County YMCA Masters	1:52.66	1:56.15
	26.57				55.12 (28.55) 1:25.00 (29.88) 1:56.15 (31.15)
5	Fisher, John S	35	Baierl Family	2:02.37	1:58.84
	27.18				56.42 (29.24) 1:27.02 (30.60) 1:58.84 (31.82)
6	Huie, Aaron B	35	Downtown Orlando	2:05.00	2:04.22
	28.05				58.99 (30.94) 1:31.77 (32.78) 2:04.22 (32.45)
---	Farrell, Andrew J	38	YMCA of Central Texas	1:46.54	NS
---	Rieckhoff, German A	37	Sarasota Family	1:46.56	NS
---	Houchens, Jeremy	39	YMCA Indy Swimfit	1:57.00	NS

Men 35-39 500 Yard Freestyle

NAT YMCA: 4:43.40 * 4/24/2005 Matt Keller Buehler

USMS: 4:33.97 ! 5/17/2002 Ronald Karnaugh

1	Brookes, Christopher V	37	Sarasota Family	5:05.00	4:58.61
	27.41				56.85 (29.44) 1:27.24 (30.39) 1:57.56 (30.32)
	2:27.91 (30.35)				2:58.40 (30.49) 3:28.88 (30.48) 3:59.30 (30.42)
	4:29.25 (29.95)				4:58.61 (29.36)
2	Biglin, Peter E	38	Plymouth Community Family	5:09.20	5:00.78
	27.26				56.70 (29.44) 1:26.88 (30.18) 1:57.32 (30.44)
	2:27.86 (30.54)				2:58.05 (30.19) 3:28.30 (30.25) 3:59.20 (30.90)
	4:30.18 (30.98)				5:00.78 (30.60)
3	Dawkins, Todd T	35	YMCA Indy Swimfit	5:30.24	5:23.23
	26.75				57.54 (30.79) 1:29.63 (32.09) 2:02.74 (33.11)
	2:36.20 (33.46)				3:10.05 (33.85) 3:43.83 (33.78) 4:17.49 (33.66)
	4:50.83 (33.34)				5:23.23 (32.40)
4	Houchens, Jeremy	39	YMCA Indy Swimfit	5:20.00	5:24.31
	28.44				59.79 (31.35) 1:32.18 (32.39) 2:04.86 (32.68)
	2:37.98 (33.12)				3:11.20 (33.22) 3:44.55 (33.35) 4:17.81 (33.26)
	4:51.08 (33.27)				5:24.31 (33.23)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 35-39 500 Yard Freestyle)**

5	Fisher, John S	35	Baierl Family	5:42.02	5:41.09
	29.16	1:00.96 (31.80)	1:34.35 (33.39)	2:08.07 (33.72)	
	2:42.14 (34.07)	3:16.83 (34.69)	3:52.56 (35.73)	4:28.91 (36.35)	
	5:05.43 (36.52)	5:41.09 (35.66)			
6	McClean, Sean P	39	Downtown Orlando	7:12.00	6:12.50
	31.24	1:07.42 (36.18)	1:45.08 (37.66)	2:23.73 (38.65)	
	3:02.75 (39.02)	3:41.79 (39.04)	4:20.45 (38.66)	4:58.94 (38.49)	
	5:37.33 (38.39)	6:12.50 (35.17)			
---	Rieckhoff, German A	37	Sarasota Family	4:47.59	NS
---	Broshears, Rion M	35	YMCA of Central Texas	5:35.15	NS
---	Farrell, Andrew J	38	YMCA of Central Texas	4:57.82	NS

Men 35-39 1650 Yard Freestyle

NAT YMCA: 16:04.27		*	4/15/2004	Jeff Erwin	Boise, ID-
USMS: 15:53.88		!	5/18/2003	Jeff Erwin	
1	Dawkins, Todd T	35	YMCA Indy Swimfit	20:00.00	19:18.38
	28.82	1:01.07 (32.25)	1:34.61 (33.54)	2:08.97 (34.36)	
	2:43.57 (34.60)	3:17.96 (34.39)	3:52.59 (34.63)	4:27.54 (34.95)	
	5:02.11 (34.57)	5:36.50 (34.39)	6:11.80 (35.30)	6:47.45 (35.65)	
	7:22.87 (35.42)	7:57.88 (35.01)	8:33.11 (35.23)	9:08.18 (35.07)	
	9:43.36 (35.18)	10:18.97 (35.61)	10:54.29 (35.32)	11:30.34 (36.05)	
	12:05.99 (35.65)	12:41.78 (35.79)	13:17.93 (36.15)	13:54.42 (36.49)	
	14:30.95 (36.53)	15:07.73 (36.78)	15:43.32 (35.59)	16:20.34 (37.02)	
	16:55.95 (35.61)	17:32.64 (36.69)	18:09.05 (36.41)	18:44.73 (35.68)	19:18.38 (33.65)
2	Gordon, Josh D	35	Schroeder	20:30.00	20:52.91
	32.92	1:09.24 (36.32)	1:47.01 (37.77)	2:25.38 (38.37)	
	3:04.67 (39.29)	3:42.69 (38.02)	4:20.60 (37.91)	4:59.36 (38.76)	
	5:37.62 (38.26)	6:16.43 (38.81)	6:55.34 (38.91)	7:33.82 (38.48)	
	8:11.81 (37.99)	8:50.35 (38.54)	9:28.25 (37.90)	10:06.50 (38.25)	
	10:44.48 (37.98)	11:23.03 (38.55)	12:00.89 (37.86)	12:39.79 (38.90)	
	13:18.00 (38.21)	13:56.76 (38.76)	14:34.89 (38.13)	15:13.32 (38.43)	
	15:51.59 (38.27)	16:29.57 (37.98)	17:08.08 (38.51)	17:45.65 (37.57)	
	18:23.22 (37.57)	19:00.86 (37.64)	19:39.36 (38.50)	20:16.41 (37.05)	20:52.91 (36.50)
3	McClean, Sean P	39	Downtown Orlando	25:40.00	22:11.70
	33.52	1:12.34 (38.82)	1:52.56 (40.22)	2:32.70 (40.14)	
	3:12.80 (40.10)	3:53.02 (40.22)	4:33.31 (40.29)	5:14.10 (40.79)	
	5:54.60 (40.50)	6:35.47 (40.87)	7:15.86 (40.39)	7:56.18 (40.32)	
	8:36.85 (40.67)	9:17.50 (40.65)	9:58.12 (40.62)	10:38.84 (40.72)	
	11:20.19 (41.35)	12:00.80 (40.61)	12:41.51 (40.71)	13:22.92 (41.41)	
	14:04.65 (41.73)	14:45.97 (41.32)	15:26.86 (40.89)	16:08.37 (41.51)	
	16:49.53 (41.16)	17:29.99 (40.46)	18:10.90 (40.91)	18:51.76 (40.86)	
	19:33.05 (41.29)	20:14.43 (41.38)	20:55.63 (41.20)	21:35.84 (40.21)	22:11.70 (35.86)

Men 35-39 50 Yard Backstroke

NAT YMCA: 25.26		*	4/15/2007	J.B. Barr	YGO-
USMS: 22.70		!	5/4/2008	Josh Davis	
1	Mortimer, Steve R	38	Sarasota Family	24.76	24.71 *
2	Smith, James	39	Tampa Metro Masters	26.63	26.39
3	Stoudt, Roger A	35	Broward County YMCA Masters	26.68	27.36
4	Fugiwara, Eduardo	39	YMCA of Central Texas	37.68	37.86
---	Lockaby, Jay	38	Sarasota Family	25.38	NS

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NAT YMCA:	54.82	*	4/13/2007	J.B. Barr	YGO-	
USMS:	49.12	!	5/4/2008	Josh Davis		
1	Mortimer, Steve R		38	Sarasota Family	54.28	53.05 *
	25.70			53.05 (27.35)		
2	Smith, James		39	Tampa Metro Masters	1:00.14	57.20
	27.61			57.20 (29.59)		
3	Stoudt, Roger A		35	Broward County YMCA Masters	59.77	59.01
	28.52			59.01 (30.49)		
4	McClean, Sean P		39	Downtown Orlando	1:19.88	1:11.42
	35.30			1:11.42 (36.12)		
5	Fugiwara, Eduardo		39	YMCA of Central Texas	2:00.00	1:21.79
	39.82			1:21.79 (41.97)		
---	Lockaby, Jay		38	Sarasota Family	55.29	NS

Men 35-39 200 Yard Backstroke

NAT YMCA:	2:00.20	*	1997	Will Douglass	Palisades, CA	
USMS:	1:47.72	!	5/4/2008	Josh Davis		
1	Mortimer, Steve R		38	Sarasota Family	1:57.81	1:57.95 *
	28.26			59.09 (30.83)	1:29.18 (30.09)	1:57.95 (28.77)
2	Smith, James		39	Tampa Metro Masters	2:12.28	2:12.12
	29.86			1:03.52 (33.66)	1:38.55 (35.03)	2:12.12 (33.57)
3	Hanks, Glen A		38	Broward County YMCA Masters	2:40.00	2:43.86
	37.79			1:19.40 (41.61)	2:02.45 (43.05)	2:43.86 (41.41)

Men 35-39 50 Yard Breaststroke

NAT YMCA:	27.48	*	4/22/2005	Greg Dillman	NAY-	
USMS:	25.89	!	5/18/2003	Ron Karnaugh		
1	Stephens, Ryan		37	YMCA Indy Swimfit	27.50	27.92
2	Kelley Jr, William M		36	Sarasota Family	29.00	28.12
3	Goodison, Michael		37	Mid-Delmarva YMCA	27.64	28.22
4	Stafford, Jeff		39	YMCA of Central Texas	28.85	29.64
5	Harrison, Trey		38	YMCA Indy Swimfit	29.84	30.50
6	Fugiwara, Eduardo		39	YMCA of Central Texas	36.85	37.74
---	Smith, James		39	Tampa Metro Masters	31.37	NS
---	Broshears, Rion M		35	YMCA of Central Texas	31.71	NS

Men 35-39 100 Yard Breaststroke

NAT YMCA:	1:00.54	*	2002	Sean Coughlin	Columbus, GA	
USMS:	55.26	!	12/16/2001	Ron Karnaugh		
1	Goodison, Michael		37	Mid-Delmarva YMCA	1:01.39	1:01.50
	28.71			1:01.50 (32.79)		
2	Kelley Jr, William M		36	Sarasota Family	1:06.00	1:01.98
	28.59			1:01.98 (33.39)		
3	Stephens, Ryan		37	YMCA Indy Swimfit	1:00.00	1:03.01
	29.40			1:03.01 (33.61)		
4	Stafford, Jeff		39	YMCA of Central Texas	1:01.79	1:04.07
	30.20			1:04.07 (33.87)		
5	Harrison, Trey		38	YMCA Indy Swimfit	1:07.06	1:06.46
	30.82			1:06.46 (35.64)		
6	Houchens, Jeremy		39	YMCA Indy Swimfit	1:09.00	1:09.16
	32.11			1:09.16 (37.05)		
7	Hanks, Glen A		38	Broward County YMCA Masters	1:25.00	1:20.88
	37.15			1:20.88 (43.73)		

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Odd Heats East Pool Even Heats West Pool

Results

(Men 35-39 100 Yard Breaststroke)

8	Fugiwara, Eduardo	39	YMCA of Central Texas	1:25.65	1:25.60
	42.39			1:25.60 (43.21)	
---	Broshears, Rion M	35	YMCA of Central Texas	1:08.31	NS

Men 35-39 200 Yard Breaststroke

NAT YMCA: 2:13.40 * 4/16/2004		Craig Paller		Leaning Tower,IL	
USMS: 1:59.23 ! 12/16/2001		Ron Karnaugh			
1	Goodison, Michael	37	Mid-Delmarva YMCA	2:16.09	2:17.75
	30.87			1:05.62 (34.75)	1:41.67 (36.05)
				2:17.75 (36.08)	
2	Stephens, Ryan	37	YMCA Indy Swimfit	2:21.00	2:20.30
	30.22			1:05.87 (35.65)	1:42.59 (36.72)
				2:20.30 (37.71)	
3	Kelley Jr, William M	36	Sarasota Family	2:25.00	2:20.89
	32.33			1:08.70 (36.37)	1:44.92 (36.22)
				2:20.89 (35.97)	
4	Stafford, Jeff	39	YMCA of Central Texas	2:19.34	2:25.07
	32.46			1:08.71 (36.25)	1:46.45 (37.74)
				2:25.07 (38.62)	
5	Houchens, Jeremy	39	YMCA Indy Swimfit	2:40.00	2:33.42
	33.50			1:11.52 (38.02)	1:51.74 (40.22)
				2:33.42 (41.68)	
6	Fugiwara, Eduardo	39	YMCA of Central Texas	3:00.68	3:08.91
	42.17			1:31.92 (49.75)	2:20.82 (48.90)
				3:08.91 (48.09)	
---	Hanks, Glen A	38	Broward County YMCA Masters	3:01.00	NS
---	Broshears, Rion M	35	YMCA of Central Texas	2:29.59	NS

Men 35-39 50 Yard Butterfly

NAT YMCA: 22.30 * 2002		Wade King		Columbia, SC	
USMS: 22.30 ! 4/21/2002		Wade King			
1	Mortimer, Steve R	38	Sarasota Family	23.49	23.42
2	Bonewit, Robert C	37	YMCA of Central Texas	23.80	23.66
3	Harrington, Patrick M	37	YMCA of Central Texas	25.61	24.66
4	Goodison, Michael	37	Mid-Delmarva YMCA	24.97	24.98
5	Smith, James	39	Tampa Metro Masters	26.01	25.20
6	Dawkins, Todd T	35	YMCA Indy Swimfit	25.85	25.23
7	Stephens, Ryan	37	YMCA Indy Swimfit	26.00	25.75
8	Harrison, Trey	38	YMCA Indy Swimfit	26.14	25.97
9	Huie, Aaron B	35	Downtown Orlando	30.00	27.37
10	Miller, Jason W	39	Broward County YMCA Masters	27.00	28.03
11	Fisher, John S	35	Baierl Family	29.41	28.48
12	McClean, Sean P	39	Downtown Orlando	45.03	30.15
---	Lockaby, Jay	38	Sarasota Family	24.99	NS
---	Hill, Benny L	38	Broward County YMCA Masters	31.00	NS
---	Farrell, Andrew J	38	YMCA of Central Texas	25.52	NS

Men 35-39 100 Yard Butterfly

NAT YMCA: 52.16 * 4/24/2005		Mike Shaffer		VFY	
USMS: 49.54 ! 5/16/1999		Peter Egan			
1	Mortimer, Steve R	38	Sarasota Family	51.50	51.48*
	24.55			51.48 (26.93)	
2	Bonewit, Robert C	37	YMCA of Central Texas	52.10	54.27
	24.42			54.27 (29.85)	
3	Goodison, Michael	37	Mid-Delmarva YMCA	55.00	55.74
	25.87			55.74 (29.87)	
4	Stoudt, Roger A	35	Broward County YMCA Masters	55.58	56.01
	26.03			56.01 (29.98)	

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Results

(Men 35-39 100 Yard Butterfly)

5	Stephens, Ryan	37	YMCA Indy Swimfit	57.50	56.99
	26.58				56.99 (30.41)
6	Dawkins, Todd T	35	YMCA Indy Swimfit	58.65	57.70
	26.30				57.70 (31.40)
7	Harrison, Trey	38	YMCA Indy Swimfit	57.22	57.90
	26.68				57.90 (31.22)
8	Gordon, Josh D	35	Schroeder	58.97	59.77
	27.42				59.77 (32.35)
---	Rieckhoff, German A	37	Sarasota Family	52.95	NS
---	Lockaby, Jay	38	Sarasota Family	53.68	NS

Men 35-39 200 Yard Butterfly

NAT YMCA: 1:56.12 * 4/22/2005		Mike Shaffer		VFY-	
USMS: 1:50.74 ! 5/16/1999		Bobby Patten			
1	Bonewit, Robert C	37	YMCA of Central Texas	1:57.10	2:02.59
	26.06				57.34 (31.28) 1:29.48 (32.14) 2:02.59 (33.11)
2	Gordon, Josh D	35	Schroeder	2:17.50	2:18.17
	29.06				1:03.06 (34.00) 1:40.06 (37.00) 2:18.17 (38.11)
3	Hanks, Glen A	38	Broward County YMCA Masters	2:44.00	2:55.33
	35.86				1:21.50 (45.64) 2:09.12 (47.62) 2:55.33 (46.21)
---	Lockaby, Jay	38	Sarasota Family	2:02.89	NS
---	Rieckhoff, German A	37	Sarasota Family	1:56.44	NS

Men 35-39 100 Yard IM

NAT YMCA: 54.92 * 1998		Matt Wood		Westport, CT	
USMS: 50.06 ! 5/4/2008		Josh Davis			
1	Mortimer, Steve R	38	Sarasota Family	53.49	53.70*
	24.76				53.70 (28.94)
2	Brookes, Christopher V	37	Sarasota Family	1:00.00	56.30
	26.42				56.30 (29.88)
3	Smith, James	39	Tampa Metro Masters	59.52	57.35
	26.32				57.35 (31.03)
4	Stoudt, Roger A	35	Broward County YMCA Masters	56.69	58.16
	27.22				58.16 (30.94)
5	Goodison, Michael	37	Mid-Delmarva YMCA	57.12	58.82
	28.23				58.82 (30.59)
6	Stephens, Ryan	37	YMCA Indy Swimfit	59.50	59.94
	28.11				59.94 (31.83)
7	Kelley Jr, William M	36	Sarasota Family	1:00.00	1:00.05
	28.82				1:00.05 (31.23)
8	Harrison, Trey	38	YMCA Indy Swimfit	1:00.08	1:00.73
	28.13				1:00.73 (32.60)
9	Houchens, Jeremy	39	YMCA Indy Swimfit	1:02.00	1:02.41
	28.95				1:02.41 (33.46)
10	Fisher, John S	35	Baierl Family	1:04.63	1:03.58
	28.77				1:03.58 (34.81)
11	Huie, Aaron B	35	Downtown Orlando	1:10.00	1:05.47
	30.05				1:05.47 (35.42)
12	Miller, Jason W	39	Broward County YMCA Masters	1:07.00	1:08.21
	31.03				1:08.21 (37.18)
13	Fugiwara, Eduardo	39	YMCA of Central Texas	1:15.55	1:16.19
	34.90				1:16.19 (41.29)
---	Hill, Benny L	38	Broward County YMCA Masters	1:15.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 35-39 100 Yard IM)**

---	Lockaby, Jay	38	Sarasota Family	56.05	NS
---	Bonewit, Robert C	37	YMCA of Central Texas	54.50	NS

Men 35-39 200 Yard IM

NAT YMCA: 1:59.11		* 1993	Mike Drews	South Co, FL	
USMS: 1:48.74		! 12/22/2002	Ron Karnaugh		
1	Mortimer, Steve R	38	Sarasota Family	1:56.77	1:55.93*
	24.63	54.29 (29.66)	1:28.92 (34.63)	1:55.93 (27.01)	
2	Huie, Aaron B	35	Downtown Orlando	2:20.00	2:21.59
	28.04	1:05.95 (37.91)	1:49.95 (44.00)	2:21.59 (31.64)	
3	Fisher, John S	35	Baierl Familiy	2:25.77	2:21.69
	29.29	1:05.52 (36.23)	1:49.78 (44.26)	2:21.69 (31.91)	
4	Fugiwara, Eduardo	39	YMCA of Central Texas	2:46.09	2:51.38
	35.61	1:21.45 (45.84)	2:13.47 (52.02)	2:51.38 (37.91)	
---	Broshears, Rion M	35	YMCA of Central Texas	2:21.31	NS
---	Houchens, Jeremy	39	YMCA Indy Swimfit	2:15.00	NS

Men 35-39 400 Yard IM

NAT YMCA: 4:21.14		* 4/17/2004	Jeff Erwin	Boise, ID-	
USMS: 3:56.76		! 12/16/2001	Ron Karnaugh		
1	Houchens, Jeremy	39	YMCA Indy Swimfit	4:59.00	4:51.35
	31.33	1:03.74 (32.41)	1:42.70 (38.96)	2:20.64 (37.94)	
	3:02.66 (42.02)	3:44.81 (42.15)	4:18.95 (34.14)	4:51.35 (32.40)	
2	Fisher, John S	35	Baierl Familiy	5:21.89	5:34.75
	31.80	1:12.31 (40.51)	1:54.40 (42.09)	2:35.85 (41.45)	
	3:26.91 (51.06)	4:19.42 (52.51)	4:58.38 (38.96)	5:34.75 (36.37)	
3	Fugiwara, Eduardo	39	YMCA of Central Texas	7:30.00	6:34.62
	39.84	1:27.77 (47.93)	2:21.69 (53.92)	3:15.22 (53.53)	
	4:09.47 (54.25)	5:03.66 (54.19)	5:51.47 (47.81)	6:34.62 (43.15)	
---	Hanks, Glen A	38	Broward County YMCA Masters	5:42.00	NS
---	Bonewit, Robert C	37	YMCA of Central Texas	4:25.50	NS

Men 40-44 50 Yard Freestyle Time Trial

NAT YMCA: 21.89		* 4/25/2004	Paul Smith		
USMS: 20.95		! 4/25/2004	Paul Smith		

- Time Trial

1	Bokorney, Mark B	44	Sarasota Family	NT	23.11
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Men 40-44 50 Yard Freestyle

NAT YMCA: 21.89		* 5/17/2008	Mark M Nieuwenhuis	First Coast FL-F	
USMS: 20.95		! 4/25/2004	Paul Smith		
1	Nieuwenhuis, Mark	42	Florida First Coast	21.84	21.13*
2	Weiss, Scott	44	YMCA of Central Texas	26.00	23.19
3	Bokorney, Mark B	44	Sarasota Family	23.46	23.36
4	Lage, Terry	41	YMCA of Central Texas	23.70	23.54
5	Read, David	40	YMCA of Central Texas	22.41	23.55
6	Snoep, Peer	43	YMCA of Central Texas	23.94	23.79
7	Laugen, Steven M	43	Downtown Orlando	24.06	23.81
8	Pifer, Rick B	41	Plymouth Community Family	24.92	24.00
9	Butcher, Paul	40	Sarasota Family	25.07	24.10
10	Sherman, Gregg A	42	Broward County YMCA Masters	24.00	24.24
11	Pepe, Marshall	44	Sarasota Family	24.00	24.29
12	Barger, Joe A	42	Cedar Rapids	23.75	24.45

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 40-44 50 Yard Freestyle)

13	Ellis, Andrew	40	Mid-Delmarva YMCA	23.80	24.62
14	Organ, Keith E	41	Downtown Orlando	25.31	24.66
15	Blavatnik, Alex	44	YMCA of Central Texas	24.68	24.87
16	Sluss, Brad	42	South Hills YMCA	26.50	25.32
17	Marcy, Matthew A	41	Mid-Delmarva YMCA	26.00	25.93
18	Kowalak, Mark	41	Downtown Orlando	28.00	25.94
19	Carrasco, Juan	44	YMCA of Central Texas	27.06	26.81
20	Crownover, Chandler	43	Downtown Orlando	28.80	28.06
21	McCrary, Jim	42	YMCA of Central Texas	28.50	29.90
22	Yearwood, Christopher	44	Mid-Delmarva YMCA	31.40	31.34
23	Arrivillaga, Herman	44	YMCA Indy Swimfit	35.12	33.82
---	Dillon, Duffy	44	YMCA of Central Texas	25.87	NS

Men 40-44 100 Yard Freestyle

NAT YMCA: 47.29 * 1999		Jack Groselle	Cleveland WS, OH		
USMS: 45.35 ! 5/4/2008		Michael Ross			
1	Benucci, Lorenzo	41	Sarasota Family	49.00	47.75
	23.54	47.75 (24.21)			
2	Nieuwenhuis, Mark	42	Florida First Coast	49.17	47.97
	23.17	47.97 (24.80)			
3	Bokorney, Mark B	44	Sarasota Family	51.15	50.85
	24.27	50.85 (26.58)			
4	Lage, Terry	41	YMCA of Central Texas	52.20	51.12
	24.81	51.12 (26.31)			
5	Read, David	40	YMCA of Central Texas	52.10	51.94
	25.10	51.94 (26.84)			
6	Pifer, Rick B	41	Plymouth Community Family	57.12	52.64
	25.26	52.64 (27.38)			
*7	Mugford, Stephen A	41	Sarasota Family	50.90	52.92
	25.75	52.92 (27.17)			
*7	Barger, Joe A	42	Cedar Rapids	51.00	52.92
	25.28	52.92 (27.64)			
9	Laugen, Steven M	43	Downtown Orlando	54.72	53.37
	25.40	53.37 (27.97)			
10	Organ, Keith E	41	Downtown Orlando	56.48	53.38
	26.10	53.38 (27.28)			
11	Ellis, Andrew	40	Mid-Delmarva YMCA	52.00	53.66
	25.67	53.66 (27.99)			
12	Butcher, Paul	40	Sarasota Family	58.38	53.75
	25.68	53.75 (28.07)			
13	Carrasco, Juan	44	YMCA of Central Texas	58.52	56.80
	27.73	56.80 (29.07)			
14	Sluss, Brad	42	South Hills YMCA	1:03.00	57.68
	27.14	57.68 (30.54)			
15	Lanza, Larry	40	Schroeder	56.00	57.96
	27.66	57.96 (30.30)			
16	Crownover, Chandler	43	Downtown Orlando	1:06.21	1:02.90
	28.94	1:02.90 (33.96)			
17	De, Tony	41	Sarasota Family	1:04.20	1:08.34
	31.15	1:08.34 (37.19)			
18	Yearwood, Christopher	44	Mid-Delmarva YMCA	1:11.00	1:13.56
	34.33	1:13.56 (39.23)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 40-44 100 Yard Freestyle)**

19	Arrivillaga, Herman	44	YMCA Indy Swimfit	1:25.00	1:20.30
	38.21		1:20.30 (42.09)		
---	McCrary, Jim	42	YMCA of Central Texas	1:10.00	NS
---	Auer, Joe	41	YMCA of Central Texas	52.10	NS
---	Dillon, Duffy	44	YMCA of Central Texas	57.70	NS

Men 40-44 200 Yard Freestyle

NAT YMCA: 1:46.80 * 1999		Jack Groselle		Cleveland WS, OH	
USMS: 1:38.94 ! 5/4/2008		Michael Ross			
1	Benucci, Lorenzo	41	Sarasota Family	1:49.00	1:45.13*
	25.30		52.22 (26.92) 1:18.66 (26.44)	1:45.13 (26.47)	
2	Clarke, Chris	40	YMCA Indy Swimfit	1:51.13	1:49.33
	25.79		53.78 (27.99) 1:22.18 (28.40)	1:49.33 (27.15)	
3	Israel, Daniel M	41	Plymouth Community Family	1:52.38	1:49.34
	26.06		54.09 (28.03) 1:22.58 (28.49)	1:49.34 (26.76)	
4	Bokorney, Mark B	44	Sarasota Family	1:57.80	1:54.91
	26.44		55.19 (28.75) 1:25.26 (30.07)	1:54.91 (29.65)	
5	Lage, Terry	41	YMCA of Central Texas	1:59.00	1:55.18
	25.78		54.26 (28.48) 1:24.25 (29.99)	1:55.18 (30.93)	
6	Ellis, Andrew	40	Mid-Delmarva YMCA	1:52.00	1:55.62
	26.81		56.38 (29.57) 1:26.36 (29.98)	1:55.62 (29.26)	
7	Caldwell, Larry E	44	Broward County YMCA Masters	2:02.00	1:58.89
	27.05		57.04 (29.99) 1:28.08 (31.04)	1:58.89 (30.81)	
8	Naoumoff, Stephane	43	Broward County YMCA Masters	2:06.00	2:00.30
	28.79		59.09 (30.30) 1:30.26 (31.17)	2:00.30 (30.04)	
9	Organ, Keith E	41	Downtown Orlando	2:02.17	2:00.58
	27.39		57.80 (30.41) 1:29.67 (31.87)	2:00.58 (30.91)	
10	Butcher, Paul	40	Sarasota Family	2:12.04	2:00.62
	27.40		57.50 (30.10) 1:29.15 (31.65)	2:00.62 (31.47)	
11	Carrasco, Juan	44	YMCA of Central Texas	2:10.67	2:08.29
	29.70		1:01.14 (31.44) 1:34.82 (33.68)	2:08.29 (33.47)	
12	Lanza, Larry	40	Schroeder	2:03.00	2:09.32
	29.56		1:02.22 (32.66) 1:35.62 (33.40)	2:09.32 (33.70)	
13	Laugen, Steven M	43	Downtown Orlando	2:12.08	2:11.31
	29.52		1:02.55 (33.03) 1:38.18 (35.63)	2:11.31 (33.13)	
14	McCrary, Jim	42	YMCA of Central Texas	2:50.00	2:28.99
	32.41		1:10.47 (38.06) 1:50.13 (39.66)	2:28.99 (38.86)	
15	Arrivillaga, Herman	44	YMCA Indy Swimfit	3:05.69	3:10.52
	38.59		1:26.51 (47.92) 2:18.36 (51.85)	3:10.52 (52.16)	
---	Walley, David M	44	Broward County YMCA Masters	2:04.80	NS
---	De, Tony	41	Sarasota Family	2:25.36	NS
---	Pifer, Rick B	41	Plymouth Community Family	2:16.74	NS
---	Nieuwenhuis, Mark	42	Florida First Coast	1:54.95	NS
---	Read, David	40	YMCA of Central Texas	1:52.00	NS
---	Crownover, Chandler	43	Downtown Orlando	2:44.33	NS
---	Barger, Joe A	42	Cedar Rapids	2:10.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 40-44 500 Yard Freestyle**

NAT YMCA: 4:48.92 * 2002		William Specht		Orlando AC, FL	
USMS: 4:41.58 ! 4/23/2006		Dennis Baker			
1	Snoep, Peer	43	YMCA of Central Texas	5:20.00	4:55.50
	26.24	55.32 (29.08)	1:25.27 (29.95)	1:55.54 (30.27)	
	2:25.91 (30.37)	2:56.20 (30.29)	3:26.28 (30.08)	3:56.76 (30.48)	
	4:26.82 (30.06)	4:55.50 (28.68)			
2	Israel, Daniel M	41	Plymouth Community Family	5:02.55	4:59.29
	27.24	56.92 (29.68)	1:26.89 (29.97)	1:57.01 (30.12)	
	2:27.58 (30.57)	2:57.96 (30.38)	3:28.43 (30.47)	3:58.84 (30.41)	
	4:29.81 (30.97)	4:59.29 (29.48)			
3	Clarke, Chris	40	YMCA Indy Swimfit	5:03.27	5:00.90
	27.77	57.84 (30.07)	1:27.85 (30.01)	1:58.17 (30.32)	
	2:28.75 (30.58)	2:59.01 (30.26)	3:29.55 (30.54)	4:00.07 (30.52)	
	4:30.72 (30.65)	5:00.90 (30.18)			
4	Ellis, Andrew	40	Mid-Delmarva YMCA	5:10.00	5:18.50
	28.00	59.51 (31.51)	1:31.72 (32.21)	2:04.16 (32.44)	
	2:36.62 (32.46)	3:09.10 (32.48)	3:41.54 (32.44)	4:14.30 (32.76)	
	4:46.92 (32.62)	5:18.50 (31.58)			
5	Read, David	40	YMCA of Central Texas	5:20.00	5:21.52
	27.73	58.04 (30.31)	1:28.78 (30.74)	2:00.08 (31.30)	
	2:31.78 (31.70)	3:04.18 (32.40)	3:37.32 (33.14)	4:11.44 (34.12)	
	4:46.15 (34.71)	5:21.52 (35.37)			
6	Organ, Keith E	41	Downtown Orlando	5:29.09	5:30.59
	28.36	1:00.68 (32.32)	1:33.26 (32.58)	2:06.95 (33.69)	
	2:40.97 (34.02)	3:15.31 (34.34)	3:49.55 (34.24)	4:23.56 (34.01)	
	4:57.60 (34.04)	5:30.59 (32.99)			
7	Butcher, Paul	40	Sarasota Family	5:48.82	5:34.48
	30.34	1:02.95 (32.61)	1:36.38 (33.43)	2:09.84 (33.46)	
	2:43.50 (33.66)	3:17.65 (34.15)	3:52.06 (34.41)	4:26.85 (34.79)	
	5:01.39 (34.54)	5:34.48 (33.09)			
8	Naoumoff, Stephane	43	Broward County YMCA Masters	5:40.00	5:37.41
	28.59	59.15 (30.56)	1:31.18 (32.03)	2:04.36 (33.18)	
	2:38.31 (33.95)	3:13.14 (34.83)	3:48.83 (35.69)	4:24.67 (35.84)	
	5:00.91 (36.24)	5:37.41 (36.50)			
9	Hillman, Allen F	41	Sarasota Family	5:50.26	5:53.29
	30.95	1:05.44 (34.49)	1:40.19 (34.75)	2:15.19 (35.00)	
	2:51.06 (35.87)	3:27.48 (36.42)	4:04.09 (36.61)	4:41.18 (37.09)	
	5:17.62 (36.44)	5:53.29 (35.67)			
10	McCrary, Jim	42	YMCA of Central Texas	7:45.00	6:58.78
	34.73	1:14.19 (39.46)	1:55.93 (41.74)	2:37.93 (42.00)	
	3:21.05 (43.12)	4:05.03 (43.98)	4:48.70 (43.67)	5:32.69 (43.99)	
	6:16.92 (44.23)	6:58.78 (41.86)			
11	Crownover, Chandler	43	Downtown Orlando	7:12.00	6:59.59
	32.62	1:10.52 (37.90)	1:51.25 (40.73)	2:34.98 (43.73)	
	3:19.54 (44.56)	4:03.40 (43.86)	4:48.78 (45.38)	5:33.85 (45.07)	
	6:18.93 (45.08)	6:59.59 (40.66)			
---	De, Tony	41	Sarasota Family	6:40.00	NS
---	Walley, David M	44	Broward County YMCA Masters	6:14.20	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 40-44 1000 Yard Freestyle**

NAT YMCA: 10:17.01 * 2002		James Barber		Jordan, IN	
USMS: 9:37.46 ! 5/20/2007		Jeff Erwin			
1	Israel, Daniel M	41	Plymouth Community Family	10:32.39	10:13.01 *
	3:01.03	3:32.13 (31.10)	4:03.46 (31.33)	4:34.72 (31.26)	
	5:05.74 (31.02)	5:36.84 (31.10)	6:07.76 (30.92)	6:38.69 (30.93)	
	7:09.55 (30.86)	7:40.34 (30.79)	8:10.88 (30.54)	8:41.58 (30.70)	
	9:12.19 (30.61)	9:42.88 (30.69)	10:13.01 (30.13)		
2	Pepe, Marshall	44	Sarasota Family	11:15.00	10:58.71
	28.58	1:01.11 (32.53)	1:35.53 (34.42)	2:09.69 (34.16)	
	2:44.30 (34.61)	3:19.10 (34.80)	3:53.56 (34.46)	4:27.78 (34.22)	
	5:01.51 (33.73)	5:34.45 (32.94)	6:07.63 (33.18)	6:40.50 (32.87)	
	7:13.28 (32.78)	7:45.69 (32.41)	8:17.99 (32.30)	8:50.11 (32.12)	
	9:22.59 (32.48)	9:55.14 (32.55)	10:27.63 (32.49)	10:58.71 (31.08)	
3	Ellis, Andrew	40	Mid-Delmarva YMCA	11:00.00	11:03.23
	28.73	1:01.41 (32.68)	1:34.76 (33.35)	2:07.91 (33.15)	
	2:40.97 (33.06)	3:13.86 (32.89)	3:47.03 (33.17)	4:20.27 (33.24)	
	4:53.44 (33.17)	5:26.68 (33.24)	5:59.76 (33.08)	6:33.36 (33.60)	
	7:07.14 (33.78)	7:40.81 (33.67)	8:14.70 (33.89)	8:48.85 (34.15)	
	9:22.84 (33.99)	9:57.10 (34.26)	10:30.77 (33.67)	11:03.23 (32.46)	
4	Hillman, Allen F	41	Sarasota Family	11:59.48	12:00.89
	32.56	1:06.88 (34.32)	1:41.55 (34.67)	2:17.01 (35.46)	
	2:52.64 (35.63)	3:29.00 (36.36)	4:05.12 (36.12)	4:41.21 (36.09)	
	5:17.55 (36.34)	5:53.52 (35.97)	6:30.01 (36.49)	7:06.21 (36.20)	
	7:43.20 (36.99)	8:20.38 (37.18)	8:57.94 (37.56)	9:35.25 (37.31)	
	10:11.71 (36.46)	10:49.61 (37.90)	11:26.78 (37.17)	12:00.89 (34.11)	
5	Fisher, Andy	42	YMCA of Central Texas	12:45.00	12:07.42
	33.59	1:10.11 (36.52)	1:46.79 (36.68)	2:23.25 (36.46)	
	3:00.67 (37.42)	3:37.90 (37.23)	4:15.17 (37.27)	4:52.42 (37.25)	
	5:29.32 (36.90)	6:06.03 (36.71)	6:42.40 (36.37)	7:18.74 (36.34)	
	7:54.75 (36.01)	8:30.68 (35.93)	9:06.61 (35.93)	9:43.07 (36.46)	
	10:19.07 (36.00)	10:55.45 (36.38)	11:31.08 (35.63)	12:07.42 (36.34)	
6	De, Tony	41	Sarasota Family	14:01.10	14:05.41
	36.58	1:17.32 (40.74)	1:59.01 (41.69)	2:42.29 (43.28)	
	3:25.55 (43.26)	4:09.40 (43.85)	4:53.85 (44.45)	5:38.36 (44.51)	
	6:23.33 (44.97)	7:06.52 (43.19)	7:47.67 (41.15)	8:29.52 (41.85)	
	9:12.55 (43.03)	9:55.22 (42.67)	10:37.38 (42.16)	11:18.84 (41.46)	
	12:01.94 (43.10)	12:44.25 (42.31)	13:26.66 (42.41)	14:05.41 (38.75)	
7	McCrary, Jim	42	YMCA of Central Texas	20:00.00	14:40.82
	38.09	1:19.48 (41.39)	2:02.58 (43.10)	2:46.41 (43.83)	
	3:29.87 (43.46)	4:13.44 (43.57)	4:57.42 (43.98)	5:42.42 (45.00)	
	6:27.44 (45.02)	7:12.40 (44.96)	7:57.15 (44.75)	8:42.03 (44.88)	
	9:26.87 (44.84)	10:11.33 (44.46)	10:56.93 (45.60)	11:42.84 (45.91)	
	12:28.49 (45.65)	13:12.67 (44.18)	13:58.04 (45.37)	14:40.82 (42.78)	
8	Crownover, Chandler	43	Downtown Orlando	15:47.00	14:57.25
	30.81	1:09.21 (38.40)	1:50.63 (41.42)	2:35.16 (44.53)	
	3:20.84 (45.68)	4:06.48 (45.64)	4:52.69 (46.21)	5:38.18 (45.49)	
	6:24.90 (46.72)	7:11.50 (46.60)	7:58.68 (47.18)	8:45.54 (46.86)	
	9:31.95 (46.41)	10:19.52 (47.57)	11:06.61 (47.09)	11:53.62 (47.01)	
	12:41.31 (47.69)	13:29.16 (47.85)	14:15.64 (46.48)	14:57.25 (41.61)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 40-44 1000 Yard Freestyle)

9	Yearwood, Christopher	44	Mid-Delmarva YMCA	16:15.00	15:17.61
	38.32	1:22.66 (44.34)	2:10.51 (47.85)	2:57.72 (47.21)	
	3:45.17 (47.45)	4:33.46 (48.29)	5:21.44 (47.98)	6:08.80 (47.36)	
	6:56.85 (48.05)	7:43.87 (47.02)	8:30.48 (46.61)	9:17.14 (46.66)	
	10:04.61 (47.47)	10:50.31 (45.70)	11:36.52 (46.21)	12:21.35 (44.83)	
	13:05.78 (44.43)	13:51.02 (45.24)	14:36.04 (45.02)	15:17.61 (41.57)	
---	Butcher, Paul	40	Sarasota Family	13:22.00	NS

Men 40-44 1650 Yard Freestyle

NAT YMCA: 17:19.08 * 2002		James Barber		Jordan, IN	
USMS: 16:05.13 ! 5/14/2006		Jeff Erwin			
1	Read, David	40	YMCA of Central Texas	19:30.77	19:00.93
	28.98	1:00.65 (31.67)	1:33.21 (32.56)	2:06.17 (32.96)	
	2:39.68 (33.51)	3:13.26 (33.58)	3:47.03 (33.77)	4:20.72 (33.69)	
	4:54.84 (34.12)	5:29.07 (34.23)	6:03.50 (34.43)	6:38.36 (34.86)	
	7:13.28 (34.92)	7:48.31 (35.03)	8:23.13 (34.82)	8:58.15 (35.02)	
	9:33.15 (35.00)	10:08.02 (34.87)	10:42.96 (34.94)	11:17.93 (34.97)	
	11:53.16 (35.23)	12:28.74 (35.58)	13:04.38 (35.64)	13:39.85 (35.47)	
	14:15.62 (35.77)	14:51.29 (35.67)	15:27.10 (35.81)	16:03.07 (35.97)	
	16:39.04 (35.97)	17:14.98 (35.94)	17:51.39 (36.41)	18:26.57 (35.18)	19:00.93 (34.36)
2	De, Tony	41	Sarasota Family	23:52.23	23:48.70
	36.49	1:16.92 (40.43)	1:58.94 (42.02)	2:42.09 (43.15)	
	3:25.49 (43.40)	4:09.80 (44.31)	4:54.49 (44.69)	5:38.64 (44.15)	
	6:23.18 (44.54)	7:07.57 (44.39)	7:52.94 (45.37)	8:37.09 (44.15)	
	9:21.21 (44.12)	10:05.69 (44.48)	10:49.82 (44.13)	11:34.06 (44.24)	
	12:18.34 (44.28)	13:02.19 (43.85)	13:45.17 (42.98)	14:29.51 (44.34)	
	15:13.23 (43.72)	15:57.31 (44.08)	16:41.93 (44.62)	17:25.94 (44.01)	
	18:08.71 (42.77)	18:50.93 (42.22)	19:34.57 (43.64)	20:18.05 (43.48)	
	21:00.35 (42.30)	21:44.45 (44.10)	22:27.37 (42.92)	23:09.78 (42.41)	23:48.70 (38.92)
3	McCrary, Jim	42	YMCA of Central Texas	28:00.00	24:27.18
	39.55	1:21.22 (41.67)	2:04.13 (42.91)	2:48.21 (44.08)	
	3:32.13 (43.92)	4:15.85 (43.72)	4:59.99 (44.14)	5:43.62 (43.63)	
	6:27.50 (43.88)	7:12.35 (44.85)	7:56.70 (44.35)	8:40.77 (44.07)	
	9:25.36 (44.59)	10:10.30 (44.94)	10:54.74 (44.44)	11:40.09 (45.35)	
	12:24.43 (44.34)	13:08.50 (44.07)	13:54.00 (45.50)	14:38.32 (44.32)	
	15:22.53 (44.21)	16:07.87 (45.34)	16:53.10 (45.23)	17:37.80 (44.70)	
	18:22.32 (44.52)	19:07.76 (45.44)	19:53.32 (45.56)	20:39.10 (45.78)	
	21:24.68 (45.58)	22:10.52 (45.84)	22:56.61 (46.09)	23:41.81 (45.20)	24:27.18 (45.37)
4	Yearwood, Christopher	44	Mid-Delmarva YMCA	27:30.00	26:15.43
	39.79	1:26.03 (46.24)	2:15.50 (49.47)	3:02.63 (47.13)	
	3:50.25 (47.62)	4:39.64 (49.39)	5:28.24 (48.60)	6:16.42 (48.18)	
	7:04.53 (48.11)	7:53.62 (49.09)	8:42.18 (48.56)	9:31.00 (48.82)	
	10:18.98 (47.98)	11:08.57 (49.59)	11:57.32 (48.75)	12:45.66 (48.34)	
	13:34.17 (48.51)	14:21.63 (47.46)	15:10.52 (48.89)	15:59.76 (49.24)	
	16:49.05 (49.29)	17:38.69 (49.64)	18:26.34 (47.65)	19:15.63 (49.29)	
	20:04.76 (49.13)	20:50.78 (46.02)	21:36.95 (46.17)	22:24.03 (47.08)	
	23:11.45 (47.42)	23:58.56 (47.11)	24:46.23 (47.67)	25:32.64 (46.41)	26:15.43 (42.79)

Men 40-44 50 Yard Backstroke

NAT YMCA: 25.54 * 2002		William Specht		Orlando AC, FL	
USMS: 23.19 ! 5/4/2008		Michael Ross			
1	Sargent, Jeff	44	Wilton Family YMCA	27.16	25.99
2	Snoep, Peer	43	YMCA of Central Texas	26.63	26.69
3	Mugford, Stephen A	41	Sarasota Family	27.50	27.14

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(Men 40-44 50 Yard Backstroke)

4	Caldwell, Larry E	44	Broward County YMCA Masters	29.00	28.26
5	Read, David	40	YMCA of Central Texas	28.10	28.34
6	Pifer, Rick B	41	Plymouth Community Family	33.71	29.07
*7	Organ, Keith E	41	Downtown Orlando	30.14	29.52
*7	Sluss, Brad	42	South Hills YMCA	34.00	29.52
9	Laugen, Steven M	43	Downtown Orlando	31.67	30.92
10	Kowalak, Mark	41	Downtown Orlando	35.00	30.99
---	Gantt, Rick	41	Caine Halter Family	29.00	NS
---	Dillon, Duffy	44	YMCA of Central Texas	32.09	NS
---	Barger, Joe A	42	Cedar Rapids	29.00	NS

Men 40-44 100 Yard Backstroke

NAT YMCA: 54.69 * 2002		William Specht		Orlando AC, FL	
USMS: 49.40 ! 5/4/2008		Michael Ross			
1	Roddin, Jeffrey H	40	Plymouth Community Family	54.39	54.80
	26.87		54.80 (27.93)		
2	Israel, Daniel M	41	Plymouth Community Family	58.00	56.17
	27.81		56.17 (28.36)		
3	Sargent, Jeff	44	Wilton Family YMCA	57.53	56.96
	27.43		56.96 (29.53)		
4	Clarke, Chris	40	YMCA Indy Swimfit	57.35	57.13
	27.82		57.13 (29.31)		
5	Snoep, Peer	43	YMCA of Central Texas	57.90	57.27
	28.24		57.27 (29.03)		
6	Dixon, Glenn S	44	Sarasota Family	57.19	57.95
	28.44		57.95 (29.51)		
7	Mugford, Stephen A	41	Sarasota Family	58.50	59.78
	29.17		59.78 (30.61)		
8	Caldwell, Larry E	44	Broward County YMCA Masters	1:03.00	1:00.46
	29.35		1:00.46 (31.11)		
9	Carr, Rob A	43	Wilton Family YMCA	1:02.00	1:02.11
	29.61		1:02.11 (32.50)		
10	Organ, Keith E	41	Downtown Orlando	1:08.45	1:03.53
	30.66		1:03.53 (32.87)		
11	Sluss, Brad	42	South Hills YMCA	1:10.50	1:06.45
	32.46		1:06.45 (33.99)		
12	Ellis, Andrew	40	Mid-Delmarva YMCA	1:05.00	1:06.48
	32.43		1:06.48 (34.05)		
13	Kowalak, Mark	41	Downtown Orlando	1:18.00	1:07.87
	32.24		1:07.87 (35.63)		
---	Dillon, Duffy	44	YMCA of Central Texas	1:15.55	NS
---	Nieuwenhuis, Mark	42	Florida First Coast	59.00	NS
---	Auer, Joe	41	YMCA of Central Texas	57.50	NS
---	Gantt, Rick	41	Caine Halter Family	1:02.00	NS

Men 40-44 200 Yard Backstroke

NAT YMCA: 1:58.66 * 2002		William Specht		Orlando AC, FL	
USMS: 1:50.09 ! 5/4/2008		Michael Ross			
1	Dixon, Glenn S	44	Sarasota Family	2:08.35	2:02.85
	29.78		1:00.13 (30.35)		1:31.40 (31.27)
					2:02.85 (31.45)
2	Israel, Daniel M	41	Plymouth Community Family	2:07.61	2:02.98
	29.81		1:01.11 (31.30)		1:32.12 (31.01)
					2:02.98 (30.86)

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3	Mugford, Stephen A	41	Sarasota Family	2:08.00	2:08.10
	29.90	1:01.65 (31.75)	1:34.69 (33.04)	2:08.10 (33.41)	
4	Sargent, Jeff	44	Wilton Family YMCA	2:10.00	2:08.24
	30.23	1:02.84 (32.61)	1:36.14 (33.30)	2:08.24 (32.10)	
5	Caldwell, Larry E	44	Broward County YMCA Masters	2:19.00	2:15.84
	31.45	1:04.96 (33.51)	1:40.18 (35.22)	2:15.84 (35.66)	
---	Gantt, Rick	41	Caine Halter Family	2:14.00	NS
---	Carr, Rob A	43	Wilton Family YMCA	2:21.00	NS
---	Kowalak, Mark	41	Downtown Orlando	3:00.00	NS
---	Walley, David M	44	Broward County YMCA Masters	2:32.40	NS
---	Pifer, Rick B	41	Plymouth Community Family	2:41.85	NS

Men 40-44 50 Yard Breaststroke

NAT YMCA: **26.75** * 1997 **Richare Hofstetter** **Jordan, IN**
 USMS: **25.84** ! 5/18/2003 **Greg Rhodenbaugh**

1	Frampton, Sean P	42	Broward County YMCA Masters	27.01	27.77
2	Roddin, Jeffrey H	40	Plymouth Community Family	29.00	28.46
3	Mugford, Stephen A	41	Sarasota Family	29.30	28.96
4	Pepe, Marshall	44	Sarasota Family	29.00	28.99
5	Lage, Terry	41	YMCA of Central Texas	30.18	29.91
6	Bokorney, Mark B	44	Sarasota Family	30.35	30.81
7	Dillon, Duffy	44	YMCA of Central Texas	34.37	31.40
8	Blavatnik, Alex	44	YMCA of Central Texas	29.91	31.57
9	Hillman, Allen F	41	Sarasota Family	32.03	31.96
10	Marcy, Matthew A	41	Mid-Delmarva YMCA	32.00	32.24
11	Naoumoff, Stephane	43	Broward County YMCA Masters	34.00	32.61
12	Walley, David M	44	Broward County YMCA Masters	32.90	33.37
13	Sluss, Brad	42	South Hills YMCA	36.00	33.68
14	Yearwood, Christopher	44	Mid-Delmarva YMCA	40.00	37.87
---	De, Tony	41	Sarasota Family	35.90	NS
---	Harper, Roger S	43	Plymouth Community Family	33.88	NS
---	Barger, Joe A	42	Cedar Rapids	35.00	NS
---	Pifer, Rick B	41	Plymouth Community Family	34.65	NS

Men 40-44 100 Yard Breaststroke

NAT YMCA: **59.83** * 1997 **Richard Hofstetter** **Jordan, IN**
 USMS: **57.04** ! 5/18/2003 **Wally Dicks**

1	Benucci, Lorenzo	41	Sarasota Family	1:01.00	1:01.96
	29.28	1:01.96 (32.68)			
2	Mugford, Stephen A	41	Sarasota Family	1:03.50	1:02.62
	29.33	1:02.62 (33.29)			
3	Pepe, Marshall	44	Sarasota Family	1:05.00	1:05.91
	30.39	1:05.91 (35.52)			
4	Blavatnik, Alex	44	YMCA of Central Texas	1:10.00	1:07.80
	32.43	1:07.80 (35.37)			
5	Lage, Terry	41	YMCA of Central Texas	1:08.49	1:08.00
	31.22	1:08.00 (36.78)			
6	Marcy, Matthew A	41	Mid-Delmarva YMCA	1:11.00	1:11.10
	33.61	1:11.10 (37.49)			
7	Hillman, Allen F	41	Sarasota Family	1:11.35	1:11.22
	33.39	1:11.22 (37.83)			

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(Men 40-44 100 Yard Breaststroke)

8	Naoumoff, Stephane	43	Broward County YMCA Masters	1:12.00	1:11.49
	33.33			1:11.49 (38.16)	
9	Dillon, Duffy	44	YMCA of Central Texas	1:20.00	1:13.21
	34.54			1:13.21 (38.67)	
10	Lanza, Larry	40	Schroeder	1:10.00	1:15.36
	36.08			1:15.36 (39.28)	
11	Sluss, Brad	42	South Hills YMCA	1:20.00	1:16.33
	35.80			1:16.33 (40.53)	
12	Kowalak, Mark	41	Downtown Orlando	1:16.00	1:16.78
	35.08			1:16.78 (41.70)	
13	Yearwood, Christopher	44	Mid-Delmarva YMCA	1:32.00	1:30.04
	41.52			1:30.04 (48.52)	
---	Harper, Roger S	43	Plymouth Community Family	1:12.12	NS
---	Walley, David M	44	Broward County YMCA Masters	1:09.40	NS
---	Frampton, Sean P	42	Broward County YMCA Masters	1:01.00	NS
---	De, Tony	41	Sarasota Family	1:21.43	NS

Men 40-44 200 Yard Breaststroke

NAT YMCA: 2:13.52 * 4/14/2007		Jim Tuchler		YSC-	
USMS: 2:04.99 ! 5/18/2003		Wally Dicks			
1	Mugford, Stephen A	41	Sarasota Family	2:23.95	2:24.34
	32.63		1:08.85 (36.22)	1:46.39 (37.54)	2:24.34 (37.95)
2	Pepe, Marshall	44	Sarasota Family	2:35.00	2:32.05
	33.94		1:12.67 (38.73)	1:51.69 (39.02)	2:32.05 (40.36)
3	Lage, Terry	41	YMCA of Central Texas	2:44.00	2:35.46
	33.36		1:11.35 (37.99)	1:53.04 (41.69)	2:35.46 (42.42)
4	Hillman, Allen F	41	Sarasota Family	2:39.55	2:37.67
	34.15		1:13.22 (39.07)	1:54.58 (41.36)	2:37.67 (43.09)
5	Walley, David M	44	Broward County YMCA Masters	2:40.30	2:38.12
	35.39		1:14.66 (39.27)	1:55.52 (40.86)	2:38.12 (42.60)
6	Marcy, Matthew A	41	Mid-Delmarva YMCA	2:40.00	2:39.20
	35.44		1:15.01 (39.57)	1:56.77 (41.76)	2:39.20 (42.43)
7	Fisher, Andy	42	YMCA of Central Texas	2:48.00	2:43.46
	37.33		1:18.48 (41.15)	2:00.95 (42.47)	2:43.46 (42.51)
8	Kowalak, Mark	41	Downtown Orlando	3:05.00	2:57.56
	37.56		1:20.55 (42.99)	2:09.07 (48.52)	2:57.56 (48.49)
9	De, Tony	41	Sarasota Family	3:02.49	3:04.70
	40.21		1:27.58 (47.37)	2:16.99 (49.41)	3:04.70 (47.71)
10	Yearwood, Christopher	44	Mid-Delmarva YMCA	3:24.90	3:32.19
	43.04		1:36.98 (53.94)	2:35.87 (58.89)	3:32.19 (56.32)
---	Harper, Roger S	43	Plymouth Community Family	2:48.64	NS
---	Pifer, Rick B	41	Plymouth Community Family	2:58.15	NS

Men 40-44 50 Yard Butterfly

NAT YMCA: 23.83 * 2003		Dirk Marshall		Houston, TX	
USMS: 22.82 ! 5/4/2008		Steve Hiltabiddle			
1	Sargent, Gregory O	42	Wilton Family YMCA	24.85	24.04
2	Nieuwenhuis, Mark	42	Florida First Coast	24.90	24.31
3	Dixon, Glenn S	44	Sarasota Family	24.63	24.62
4	Butcher, Paul	40	Sarasota Family	26.91	25.93
5	Pepe, Marshall	44	Sarasota Family	27.00	26.09
6	Carr, Rob A	43	Wilton Family YMCA	26.90	26.26
7	Barger, Joe A	42	Cedar Rapids	25.70	26.27

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8	Dillon, Duffy	44	YMCA of Central Texas	28.06	26.33
9	Read, David	40	YMCA of Central Texas	26.20	26.40
10	Sluss, Brad	42	South Hills YMCA	28.00	27.13
11	Ellis, Andrew	40	Mid-Delmarva YMCA	26.15	27.18
12	Organ, Keith E	41	Downtown Orlando	27.87	27.28
13	Marcy, Matthew A	41	Mid-Delmarva YMCA	27.00	27.56
14	Bokorney, Mark B	44	Sarasota Family	28.16	27.88
15	Bolfing, Chris P	43	Downtown Orlando	30.00	29.05
---	Lanza, Larry	40	Schroeder	29.00	DQ
	Arms underwater recovery				
---	Laugen, Steven M	43	Downtown Orlando	27.79	DQ
	Arms underwater recovery				
---	Frampton, Sean P	42	Broward County YMCA Masters	25.00	NS
---	Fisher, Andy	42	YMCA of Central Texas	27.80	NS
---	Auer, Joe	41	YMCA of Central Texas	29.90	NS
---	Gantt, Rick	41	Caine Halter Family	26.90	NS

Men 40-44 100 Yard Butterfly

NAT YMCA: 51.55 * 2002		William Specht		Orlando AC, FL	
USMS: 49.27 ! 5/4/2008		Michael Ross			
1	Roddin, Jeffrey H	40	Plymouth Community Family	52.07	53.30
	25.10		53.30 (28.20)		
2	Sargent, Gregory O	42	Wilton Family YMCA	53.85	53.64
	25.59		53.64 (28.05)		
3	Dixon, Glenn S	44	Sarasota Family	53.50	53.68
	25.24		53.68 (28.44)		
4	Carr, Rob A	43	Wilton Family YMCA	57.90	55.44
	26.09		55.44 (29.35)		
5	Butcher, Paul	40	Sarasota Family	1:00.89	58.50
	26.59		58.50 (31.91)		
6	Ellis, Andrew	40	Mid-Delmarva YMCA	57.50	58.52
	27.50		58.52 (31.02)		
7	Read, David	40	YMCA of Central Texas	56.40	58.71
	26.61		58.71 (32.10)		
8	Fisher, Andy	42	YMCA of Central Texas	1:01.00	1:00.43
	28.25		1:00.43 (32.18)		
9	Laugen, Steven M	43	Downtown Orlando	1:06.34	1:04.66
	28.12		1:04.66 (36.54)		
---	Barger, Joe A	42	Cedar Rapids	58.00	NS
---	Gantt, Rick	41	Caine Halter Family	58.50	NS

Men 40-44 200 Yard Butterfly

NAT YMCA: 1:54.32 * 2002		William Specht		Orlando AC, FL	
USMS: 1:50.61 ! 4/14/2002		Dennis Baker			
1	Roddin, Jeffrey H	40	Plymouth Community Family	1:58.59	2:00.61
	26.89		57.19 (30.30)	1:28.53 (31.34)	2:00.61 (32.08)
2	Dixon, Glenn S	44	Sarasota Family	2:04.67	2:02.92
	27.39		58.18 (30.79)	1:30.62 (32.44)	2:02.92 (32.30)
3	Carr, Rob A	43	Wilton Family YMCA	2:19.00	2:07.09
	28.04		59.98 (31.94)	1:32.08 (32.10)	2:07.09 (35.01)
4	Clarke, Chris	40	YMCA Indy Swimfit	2:06.71	2:10.45
	28.45		1:00.58 (32.13)	1:35.20 (34.62)	2:10.45 (35.25)

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5	Fisher, Andy	42	YMCA of Central Texas	2:16.00	2:16.32
	30.01	1:03.57 (33.56)	1:38.88 (35.31)	2:16.32 (37.44)	
6	Butcher, Paul	40	Sarasota Family	2:42.78	2:24.03
	29.41	1:03.59 (34.18)	1:42.28 (38.69)	2:24.03 (41.75)	
7	Hillman, Allen F	41	Sarasota Family	2:32.85	2:38.98
	33.19	1:12.39 (39.20)	1:54.36 (41.97)	2:38.98 (44.62)	
---	Israel, Daniel M	41	Plymouth Community Family	2:08.27	NS

Men 40-44 100 Yard IM

NAT YMCA: 54.46		*	4/16/2004	Peter Berndt	West Broward, FL	
USMS: 52.59		!	5/18/2003	John Smith		
1	Benucci, Lorenzo	41	Sarasota Family	55.00	54.08*	
	25.84	54.08 (28.24)				
2	Sargent, Gregory O	42	Wilton Family YMCA	56.90	54.89	
	25.54	54.89 (29.35)				
3	Nieuwenhuis, Mark	42	Florida First Coast	59.80	55.17	
	25.16	55.17 (30.01)				
4	Roddin, Jeffrey H	40	Plymouth Community Family	53.98	55.42	
	25.28	55.42 (30.14)				
5	Dixon, Glenn S	44	Sarasota Family	56.95	57.46	
	26.79	57.46 (30.67)				
6	Mugford, Stephen A	41	Sarasota Family	58.31	57.79	
	27.39	57.79 (30.40)				
7	Snoop, Peer	43	YMCA of Central Texas	1:00.00	58.49	
	27.15	58.49 (31.34)				
8	Sargent, Jeff	44	Wilton Family YMCA	1:00.03	58.85	
	27.12	58.85 (31.73)				
9	Bokorney, Mark B	44	Sarasota Family	1:02.30	1:00.76	
	29.38	1:00.76 (31.38)				
10	Caldwell, Larry E	44	Broward County YMCA Masters	1:02.00	1:00.92	
	27.30	1:00.92 (33.62)				
11	Pifer, Rick B	41	Plymouth Community Family	1:04.62	1:01.09	
	28.03	1:01.09 (33.06)				
12	Carr, Rob A	43	Wilton Family YMCA	1:06.00	1:01.39	
	28.02	1:01.39 (33.37)				
13	Pepe, Marshall	44	Sarasota Family	1:01.00	1:01.67	
	29.77	1:01.67 (31.90)				
14	Organ, Keith E	41	Downtown Orlando	1:03.48	1:02.34	
	28.80	1:02.34 (33.54)				
15	Blavatnik, Alex	44	YMCA of Central Texas	1:02.18	1:03.04	
	30.13	1:03.04 (32.91)				
16	Laugen, Steven M	43	Downtown Orlando	1:04.69	1:03.52	
	29.43	1:03.52 (34.09)				
17	Fisher, Andy	42	YMCA of Central Texas	1:04.00	1:03.91	
	30.22	1:03.91 (33.69)				
18	Sherman, Gregg A	42	Broward County YMCA Masters	1:05.00	1:04.14	
	30.54	1:04.14 (33.60)				
19	Sluss, Brad	42	South Hills YMCA	1:08.00	1:05.03	
	29.18	1:05.03 (35.85)				
20	Marcy, Matthew A	41	Mid-Delmarva YMCA	1:02.50	1:05.28	
	30.48	1:05.28 (34.80)				
21	Naoumoff, Stephane	43	Broward County YMCA Masters	1:06.00	1:05.69	
	31.66	1:05.69 (34.03)				

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22	Lanza, Larry	40	Schroeder	1:05.00	1:07.07
	31.68	1:07.07 (35.39)			
23	Bolfing, Chris P	43	Downtown Orlando	1:05.00	1:10.80
	32.77	1:10.80 (38.03)			
24	Yearwood, Christopher	44	Mid-Delmarva YMCA	1:38.00	1:30.98
	45.68	1:30.98 (45.30)			
---	Crownover, Chandler	43	Downtown Orlando	1:29.72	DQ
	Hands brought beyond the hipline during stroke - breast				
---	Dillon, Duffy	44	YMCA of Central Texas	1:07.77	NS
---	Frampton, Sean P	42	Broward County YMCA Masters	55.00	NS
---	Lage, Terry	41	YMCA of Central Texas	1:05.00	NS
---	Barger, Joe A	42	Cedar Rapids	58.25	NS
---	Gantt, Rick	41	Caine Halter Family	1:03.00	NS

Men 40-44 200 Yard IM

NAT YMCA: 1:58.86		*	5/18/2008	Lorenzo Benucci	Sarasota FL-FL	
USMS: 1:55.82		!	5/4/2008	Roque Santos		
1	Benucci, Lorenzo	41	Sarasota Family	1:58.00	1:56.85 *	
	25.63	55.95 (30.32)	1:29.36 (33.41)	1:56.85 (27.49)		
2	Sargent, Gregory O	42	Wilton Family YMCA	2:02.50	2:01.99	
	25.51	56.62 (31.11)	1:32.24 (35.62)	2:01.99 (29.75)		
3	Clarke, Chris	40	YMCA Indy Swimfit	2:05.88	2:04.85	
	26.65	57.72 (31.07)	1:34.88 (37.16)	2:04.85 (29.97)		
4	Frampton, Sean P	42	Broward County YMCA Masters	2:03.00	2:12.15	
	26.14	1:01.76 (35.62)	1:39.16 (37.40)	2:12.15 (32.99)		
5	Fisher, Andy	42	YMCA of Central Texas	2:18.00	2:16.55	
	28.66	1:04.33 (35.67)	1:44.74 (40.41)	2:16.55 (31.81)		
6	Blavatnik, Alex	44	YMCA of Central Texas	2:25.00	2:19.28	
	29.48	1:06.27 (36.79)	1:45.82 (39.55)	2:19.28 (33.46)		
7	Walley, David M	44	Broward County YMCA Masters	2:19.10	2:20.73	
	30.03	1:06.67 (36.64)	1:47.18 (40.51)	2:20.73 (33.55)		
8	Lanza, Larry	40	Schroeder	2:20.00	2:21.02	
	29.61	1:08.54 (38.93)	1:48.44 (39.90)	2:21.02 (32.58)		
9	Naoumoff, Stephane	43	Broward County YMCA Masters	2:30.00	2:23.74	
	31.32	1:10.69 (39.37)	1:51.29 (40.60)	2:23.74 (32.45)		
10	Hillman, Allen F	41	Sarasota Family	2:27.21	2:29.80	
	31.54	1:12.42 (40.88)	1:53.87 (41.45)	2:29.80 (35.93)		
---	Sargent, Jeff	44	Wilton Family YMCA	2:09.00	NS	
---	Carr, Rob A	43	Wilton Family YMCA	2:15.00	NS	
---	Pepe, Marshall	44	Sarasota Family	2:30.20	NS	
---	Dixon, Glenn S	44	Sarasota Family	2:02.74	NS	

Men 40-44 400 Yard IM

NAT YMCA: 4:15.75		*	5/16/2008	Lorenzo Benucci	Sarasota FL-FL	
USMS: 4:05.98		!	5/4/2008	Roque Santos		
1	Benucci, Lorenzo	41	Sarasota Family	4:20.00	4:14.06 *	
	26.62	57.65 (31.03)	1:30.86 (33.21)	2:02.79 (31.93)		
	2:38.50 (35.71)	3:14.26 (35.76)	3:44.97 (30.71)	4:14.06 (29.09)		
2	Roddin, Jeffrey H	40	Plymouth Community Family	4:23.47	4:24.88	
	27.16	58.24 (31.08)	1:33.57 (35.33)	2:08.61 (35.04)		
	2:45.64 (37.03)	3:23.62 (37.98)	3:54.30 (30.68)	4:24.88 (30.58)		

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 40-44 400 Yard IM)

3	Clarke, Chris	40	YMCA Indy Swimfit	4:44.27	4:29.27
	27.87	59.41 (31.54)	1:32.86 (33.45)	2:06.12 (33.26)	
	2:45.60 (39.48)	3:26.30 (40.70)	3:58.77 (32.47)	4:29.27 (30.50)	
4	Carr, Rob A	43	Wilton Family YMCA	4:59.00	4:46.53
	27.75	59.98 (32.23)	1:38.74 (38.76)	2:16.40 (37.66)	
	2:58.07 (41.67)	3:40.90 (42.83)	4:14.05 (33.15)	4:46.53 (32.48)	
5	Fisher, Andy	42	YMCA of Central Texas	5:19.53	5:01.41
	30.24	1:05.07 (34.83)	1:45.29 (40.22)	2:24.17 (38.88)	
	3:07.67 (43.50)	3:51.51 (43.84)	4:27.11 (35.60)	5:01.41 (34.30)	
6	Hillman, Allen F	41	Sarasota Family	5:25.59	5:14.56
	30.79	1:08.60 (37.81)	1:51.13 (42.53)	2:32.96 (41.83)	
	3:14.92 (41.96)	3:59.64 (44.72)	4:38.26 (38.62)	5:14.56 (36.30)	
7	Walley, David M	44	Broward County YMCA Masters	5:29.50	5:26.62
	31.80	1:09.17 (37.37)	1:51.73 (42.56)	2:34.23 (42.50)	
	3:19.62 (45.39)	4:06.11 (46.49)	4:47.02 (40.91)	5:26.62 (39.60)	

Men 45-49 50 Yard Freestyle

NAT YMCA:	21.96	*	4/15/2007	Joe Reinhardt	SFY-
USMS:	21.10	!	5/4/2008	John Smith	
1	Weissman, Chris J	46	Wilton Family YMCA	22.85	22.29
2	Wienants, Kurt	46	Broward County YMCA Masters	23.00	22.45
3	Newman, Steven M	47	Rye YMCA	24.50	23.15
4	Holloway, Marcus	45	Wilton Family YMCA	23.80	23.16
5	Michael, Mark	46	Wilton Family YMCA	22.50	23.24
6	Calvert, Mark	49	Tampa Metro Masters	22.77	23.28
7	Wells, D. Scott	47	Florida First Coast	23.30	23.51
8	Jacobson, James N	46	Broward County YMCA Masters	23.00	23.73
9	Stultz, Todd W	49	Sarasota Family	23.39	23.74
10	Coffman, Chuck	46	Plymouth Community Family	23.70	23.76
11	Duff, Kenneth E	48	Southeast Mississippi	29.00	24.61
12	Bailey, Matthew A	47	Sarasota Family	24.41	24.68
13	Shipp, Bill	48	Mid-Delmarva YMCA	25.60	25.17
14	Gallet, Marc	49	Broward County YMCA Masters	24.00	25.41
15	Keen, John M	45	Downtown Orlando	26.00	25.99
16	Kohner, Michael R	47	Broward County YMCA Masters	25.30	26.26
17	Aldrich, Jim G	45	Plymouth Community Family	26.50	26.71
18	Bowman, Roger L	49	Sarasota Family	26.82	26.98
19	O'Connor, Sean T	49	Westport / Weston	29.00	27.63
20	Cox, Daniel M	48	Sarasota Family	27.26	27.72
21	Jacobson, Steven M	46	Broward County YMCA Masters	27.20	28.13
22	Campbell, Robin M	46	West Side YMCA New York	27.30	28.49
23	McLaughlin, Ray	46	YMCA of Central Texas	30.20	30.94
---	Digilio, Christopher R	45	Broward County YMCA Masters	28.00	NS
---	Ridout, James W	46	Broward County YMCA Masters	28.00	NS
---	Malsbury, David R	47	Sourth Hampton Roads	23.50	NS
---	Goldman, Carl	45	South Hills YMCA	24.00	NS
---	Marshall, Dirk H	46	Greater Houston	23.80	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 45-49 50 Yard Freestyle Time Trial**

NAT YMCA: 21.96 *

USMS: 21.10 ! 5/4/2008 John Smith

- Time Trial

1 Wienants, Kurt 46 Broward County YMCA Masters NT 22.52

Men 45-49 100 Yard Freestyle

NAT YMCA: 47.84 * 2001

Jack Groselle

Cleveland WS, OH

USMS: 46.89 ! 5/4/2008 Paul Smith

1	Tyler, Scott A	47	Plymouth Community Family	49.50	48.64
	24.11		48.64 (24.53)		
2	Wienants, Kurt	46	Broward County YMCA Masters	53.90	48.83
	23.47		48.83 (25.36)		
3	Weissman, Chris J	46	Wilton Family YMCA	51.80	49.23
	23.55		49.23 (25.68)		
4	Dawson, Jerry	48	Sarasota Family	49.30	49.66
	24.29		49.66 (25.37)		
5	Wells, D. Scott	47	Florida First Coast	50.20	49.91
	24.18		49.91 (25.73)		
6	Newman, Steven M	47	Rye YMCA	52.52	50.67
	24.32		50.67 (26.35)		
7	Calvert, Mark	49	Tampa Metro Masters	50.17	50.68
	24.41		50.68 (26.27)		
8	Holloway, Marcus	45	Wilton Family YMCA	54.50	51.47
	24.94		51.47 (26.53)		
9	Stultz, Todd W	49	Sarasota Family	50.53	51.51
	24.49		51.51 (27.02)		
10	Goldman, Carl	45	South Hills YMCA	52.50	52.01
	25.29		52.01 (26.72)		
11	Jacobson, James N	46	Broward County YMCA Masters	52.00	52.05
	24.83		52.05 (27.22)		
12	Schwartz, Thomas L	49	Sarasota Family	54.00	52.35
	25.32		52.35 (27.03)		
13	Coffman, Chuck	46	Plymouth Community Family	52.00	52.46
	25.76		52.46 (26.70)		
14	Herringer, Thomas J	47	Beavercreek	55.00	53.03
	25.85		53.03 (27.18)		
15	Bailey, Matthew A	47	Sarasota Family	53.00	53.19
	25.76		53.19 (27.43)		
16	Vagainin, Viagr V	45	Sarasota Family	52.45	53.88
	26.08		53.88 (27.80)		
17	Shipp, Bill	48	Mid-Delmarva YMCA	55.00	54.67
	26.47		54.67 (28.20)		
18	Duff, Kenneth E	48	Southeast Mississippi	59.00	55.00
	26.57		55.00 (28.43)		
19	Gallet, Marc	49	Broward County YMCA Masters	59.50	57.73
	27.71		57.73 (30.02)		
20	Keen, John M	45	Downtown Orlando	58.00	57.86
	27.57		57.86 (30.29)		
21	Bowman, Roger L	49	Sarasota Family	1:02.00	58.03
	27.60		58.03 (30.43)		
22	Kohner, Michael R	47	Broward County YMCA Masters	59.90	59.07
	28.35		59.07 (30.72)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 45-49 100 Yard Freestyle)**

23	Aldrich, Jim G	45	Plymouth Community Family	59.00	59.71
	28.53				59.71 (31.18)
24	Laschet, Rene	45	Sarasota Family	1:00.20	1:02.21
	31.32				1:02.21 (30.89)
25	Jacobson, Steven M	46	Broward County YMCA Masters	1:01.97	1:03.00
	29.36				1:03.00 (33.64)
26	Campbell, Robin M	46	West Side YMCA New York	59.00	1:03.41
	29.89				1:03.41 (33.52)
27	O'Connor, Sean T	49	Westport / Weston	1:00.00	1:04.05
	31.45				1:04.05 (32.60)
28	McLaughlin, Ray	46	YMCA of Central Texas	1:09.53	1:09.13
	32.41				1:09.13 (36.72)
---	Ridout, James W	46	Broward County YMCA Masters	1:02.00	NS
---	Marshall, Dirk H	46	Greater Houston	51.00	NS
---	Michael, Mark	46	Wilton Family YMCA	50.00	NS
---	Crist, Jason A	47	Wilton Family YMCA	53.50	NS

Men 45-49 200 Yard Freestyle

NAT YMCA: 1:45.96 * 2002		Jack Groselle		Cleveland WS, OH	
USMS: 1:43.79 ! 5/4/2008		Paul Smith			
1	Tyler, Scott A	47	Plymouth Community Family	1:48.50	1:44.64 *
	25.23				51.54 (26.31) 1:17.87 (26.33) 1:44.64 (26.77)
2	Wienants, Kurt	46	Broward County YMCA Masters	1:54.00	1:46.09
	25.16				51.89 (26.73) 1:18.98 (27.09) 1:46.09 (27.11)
3	Wells, D. Scott	47	Florida First Coast	1:48.50	1:46.46
	25.48				52.65 (27.17) 1:19.65 (27.00) 1:46.46 (26.81)
4	Newman, Steven M	47	Rye YMCA	1:53.50	1:51.91
	26.60				54.81 (28.21) 1:23.76 (28.95) 1:51.91 (28.15)
5	Olsen, Jonathan B	46	Broward County YMCA Masters	1:53.00	1:52.18
	26.74				55.05 (28.31) 1:23.96 (28.91) 1:52.18 (28.22)
6	Goldman, Carl	45	South Hills YMCA	1:54.00	1:52.53
	25.75				54.07 (28.32) 1:23.16 (29.09) 1:52.53 (29.37)
7	Calvert, Mark	49	Tampa Metro Masters	1:52.50	1:52.55
	26.14				54.46 (28.32) 1:23.23 (28.77) 1:52.55 (29.32)
8	Vagainin, Viagr V	45	Sarasota Family	1:55.45	1:53.91
	27.06				55.73 (28.67) 1:24.97 (29.24) 1:53.91 (28.94)
9	Stultz, Todd W	49	Sarasota Family	1:53.31	1:54.26
	26.20				55.18 (28.98) 1:24.61 (29.43) 1:54.26 (29.65)
10	Jacobson, James N	46	Broward County YMCA Masters	1:58.00	1:56.81
	27.69				57.33 (29.64) 1:26.88 (29.55) 1:56.81 (29.93)
11	Biles, James B	48	Schroeder	1:58.95	1:57.95
	27.11				56.59 (29.48) 1:26.92 (30.33) 1:57.95 (31.03)
12	Herringer, Thomas J	47	Beavercreek	2:03.00	1:59.31
	26.33				56.19 (29.86) 1:28.09 (31.90) 1:59.31 (31.22)
13	Shipp, Bill	48	Mid-Delmarva YMCA	2:02.00	1:59.53
	27.98				58.23 (30.25) 1:29.08 (30.85) 1:59.53 (30.45)
14	Shtab, Steven M	47	Wilton Family YMCA	1:59.90	1:59.86
	27.83				57.74 (29.91) 1:28.78 (31.04) 1:59.86 (31.08)
15	Duff, Kenneth E	48	Southeast Mississippi	2:20.00	2:03.95
	27.73				59.16 (31.43) 1:32.27 (33.11) 2:03.95 (31.68)
16	Korey, Bill S	45	Broward County YMCA Masters	2:08.30	2:08.66
	30.03				1:02.80 (32.77) 1:35.89 (33.09) 2:08.66 (32.77)

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Odd Heats East Pool Even Heats West Pool

Results

(Men 45-49 200 Yard Freestyle)

17	Bowman, Roger L	49	Sarasota Family	2:17.00	2:12.02
	29.83	1:01.57 (31.74)	1:36.17 (34.60)	2:12.02 (35.85)	
18	Campbell, Robin M	46	West Side YMCA New York	2:07.00	2:22.56
	31.89	1:07.30 (35.41)	1:45.32 (38.02)	2:22.56 (37.24)	
19	McLaughlin, Ray	46	YMCA of Central Texas	2:34.63	2:33.38
	34.51	1:12.63 (38.12)	1:53.14 (40.51)	2:33.38 (40.24)	
---	Marshall, Dirk H	46	Greater Houston	1:53.89	NS
---	Bailey, Matthew A	47	Sarasota Family	1:55.50	NS

Men 45-49 500 Yard Freestyle

NAT YMCA: 4:55.58 * 4/16/2004 William Specht Orlando AC, FL-

USMS: 4:39.10 ! 5/20/2007 Dennis Baker

1	Tyler, Scott A	47	Plymouth Community Family	4:55.00	4:47.76 *
	26.81	55.34 (28.53)	1:24.03 (28.69)	1:53.12 (29.09)	
	2:22.10 (28.98)	2:51.10 (29.00)	3:20.29 (29.19)	3:49.47 (29.18)	
	4:18.68 (29.21)	4:47.76 (29.08)			
2	Wells, D. Scott	47	Florida First Coast	4:51.90	4:50.68 *
	26.70	55.52 (28.82)	1:24.92 (29.40)	1:54.83 (29.91)	
	2:24.46 (29.63)	2:54.15 (29.69)	3:23.45 (29.30)	3:52.82 (29.37)	
	4:22.17 (29.35)	4:50.68 (28.51)			
3	Dawson, Jerry	48	Sarasota Family	5:05.00	5:03.14
	27.73	58.05 (30.32)	1:28.42 (30.37)	1:59.22 (30.80)	
	2:29.94 (30.72)	3:00.78 (30.84)	3:31.55 (30.77)	4:02.14 (30.59)	
	4:33.04 (30.90)	5:03.14 (30.10)			
4	Newman, Steven M	47	Rye YMCA	5:13.13	5:05.48
	27.60	57.30 (29.70)	1:28.41 (31.11)	1:59.70 (31.29)	
	2:30.91 (31.21)	3:02.24 (31.33)	3:33.18 (30.94)	4:04.24 (31.06)	
	4:35.14 (30.90)	5:05.48 (30.34)			
5	Goldman, Carl	45	South Hills YMCA	5:05.00	5:05.61
	27.44	57.68 (30.24)	1:27.96 (30.28)	1:58.83 (30.87)	
	2:30.04 (31.21)	3:01.09 (31.05)	3:32.51 (31.42)	4:03.94 (31.43)	
	4:35.22 (31.28)	5:05.61 (30.39)			
6	Calvert, Mark	49	Tampa Metro Masters	5:06.10	5:05.85
	27.88	58.56 (30.68)	1:29.49 (30.93)	2:00.86 (31.37)	
	2:31.78 (30.92)	3:02.71 (30.93)	3:33.73 (31.02)	4:04.49 (30.76)	
	4:35.49 (31.00)	5:05.85 (30.36)			
7	Bailey, Matthew A	47	Sarasota Family	5:08.00	5:06.14
	28.01	58.51 (30.50)	1:29.47 (30.96)	2:00.79 (31.32)	
	2:31.94 (31.15)	3:03.13 (31.19)	3:33.90 (30.77)	4:05.02 (31.12)	
	4:36.34 (31.32)	5:06.14 (29.80)			
8	Stultz, Todd W	49	Sarasota Family	5:14.21	5:09.58
	28.23	58.60 (30.37)	1:29.13 (30.53)	2:00.30 (31.17)	
	2:31.63 (31.33)	3:02.86 (31.23)	3:34.19 (31.33)	4:05.90 (31.71)	
	4:37.84 (31.94)	5:09.58 (31.74)			
9	Shtab, Steven M	47	Wilton Family YMCA	5:22.00	5:13.04
	28.51	59.58 (31.07)	1:31.03 (31.45)	2:02.78 (31.75)	
	2:34.41 (31.63)	3:06.25 (31.84)	3:38.48 (32.23)	4:10.22 (31.74)	
	4:42.02 (31.80)	5:13.04 (31.02)			
10	Vagainin, Viagr V	45	Sarasota Family	5:05.45	5:13.27
	28.05	58.41 (30.36)	1:29.59 (31.18)	2:01.21 (31.62)	
	2:32.58 (31.37)	3:04.18 (31.60)	3:36.45 (32.27)	4:08.78 (32.33)	
	4:41.38 (32.60)	5:13.27 (31.89)			

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Odd Heats East Pool Even Heats West Pool

Results

(Men 45-49 500 Yard Freestyle)

11	Biles, James B	48	Schroeder	5:27.65	5:18.96
	29.52	1:01.63 (32.11)	1:33.82 (32.19)	2:05.81 (31.99)	
	2:38.12 (32.31)	3:10.28 (32.16)	3:42.89 (32.61)	4:15.37 (32.48)	
	4:47.61 (32.24)	5:18.96 (31.35)			
12	Jacobson, James N	46	Broward County YMCA Masters	5:25.00	5:26.90
	28.96	1:01.40 (32.44)	1:34.69 (33.29)	2:08.24 (33.55)	
	2:41.47 (33.23)	3:14.98 (33.51)	3:48.29 (33.31)	4:22.05 (33.76)	
	4:55.38 (33.33)	5:26.90 (31.52)			
13	Shipp, Bill	48	Mid-Delmarva YMCA	5:35.00	5:36.53
	28.78	1:00.30 (31.52)	1:33.63 (33.33)	2:07.83 (34.20)	
	2:42.78 (34.95)	3:17.96 (35.18)	3:53.17 (35.21)	4:28.24 (35.07)	
	5:03.05 (34.81)	5:36.53 (33.48)			
14	Korey, Bill S	45	Broward County YMCA Masters	5:42.30	5:49.90
	30.68	1:04.46 (33.78)	1:39.26 (34.80)	2:15.16 (35.90)	
	2:51.09 (35.93)	3:27.53 (36.44)	4:04.07 (36.54)	4:41.14 (37.07)	
	5:16.44 (35.30)	5:49.90 (33.46)			
15	Keen, John M	45	Downtown Orlando	5:52.00	5:52.21
	30.41	1:04.51 (34.10)	1:40.31 (35.80)	2:16.87 (36.56)	
	2:53.24 (36.37)	3:29.75 (36.51)	4:06.43 (36.68)	4:42.74 (36.31)	
	5:18.46 (35.72)	5:52.21 (33.75)			
16	Campbell, Robin M	46	West Side YMCA New York	6:30.00	6:25.66
	32.33	1:07.78 (35.45)	1:45.41 (37.63)	2:24.83 (39.42)	
	3:05.01 (40.18)	3:44.96 (39.95)	4:24.85 (39.89)	5:05.45 (40.60)	
	5:46.62 (41.17)	6:25.66 (39.04)			
17	McLaughlin, Ray	46	YMCA of Central Texas	7:38.82	7:13.27
	36.29	1:16.84 (40.55)	1:59.12 (42.28)	2:43.54 (44.42)	
	3:28.95 (45.41)	4:14.60 (45.65)	5:00.64 (46.04)	5:46.62 (45.98)	
	6:31.95 (45.33)	7:13.27 (41.32)			
---	Perez, Arnaldo	46	Sarasota Family	5:09.00	NS
---	Schwartz, Thomas L	49	Sarasota Family	5:30.00	NS
---	Olsen, Jonathan B	46	Broward County YMCA Masters	5:25.00	NS
---	Ridout, James W	46	Broward County YMCA Masters	6:30.00	NS

Men 45-49 1000 Yard Freestyle

NAT YMCA: 10:14.80 * 2004		Mark Drennen		Sarasota, FL	
USMS: 9:54.65 ! 5/22/2005		Kirk Anderson			
1	Wells, D. Scott	47	Florida First Coast	10:12.40	9:52.53!
	2:57.38	3:27.72 (30.34)	3:57.69 (29.97)	4:27.41 (29.72)	
	4:57.37 (29.96)	5:27.16 (29.79)	5:56.73 (29.57)	6:26.28 (29.55)	
	6:56.20 (29.92)	7:25.84 (29.64)	7:55.61 (29.77)	8:25.43 (29.82)	
	8:55.43 (30.00)	9:24.54 (29.11)	9:52.53 (27.99)		
2	Perez, Arnaldo	46	Sarasota Family	10:23.76	10:16.06
	3:01.08	3:32.16 (31.08)	4:03.45 (31.29)	4:34.84 (31.39)	
	5:06.28 (31.44)	5:37.69 (31.41)	6:08.82 (31.13)	6:40.04 (31.22)	
	7:11.09 (31.05)	7:42.62 (31.53)	8:13.72 (31.10)	8:44.68 (30.96)	
	9:15.49 (30.81)	10:16.06 (1:00.57)			
3	Calvert, Mark	49	Tampa Metro Masters	10:30.00	10:30.41
	3:04.51	3:36.22 (31.71)	4:07.89 (31.67)	4:39.67 (31.78)	
	5:11.31 (31.64)	5:42.99 (31.68)	6:14.92 (31.93)	6:46.88 (31.96)	
	7:18.83 (31.95)	7:50.89 (32.06)	8:22.98 (32.09)	8:54.92 (31.94)	
	9:26.88 (31.96)	9:59.14 (32.26)	10:30.41 (31.27)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 45-49 1000 Yard Freestyle)**

4	Goldman, Carl	45	South Hills YMCA	10:45.00	10:35.62
	3:04.97		3:36.99 (32.02)	4:08.74 (31.75)	4:40.93 (32.19)
	5:13.13 (32.20)		5:45.08 (31.95)	6:17.35 (32.27)	6:49.66 (32.31)
	7:21.86 (32.20)		7:54.37 (32.51)	8:26.97 (32.60)	8:59.68 (32.71)
	9:32.39 (32.71)		10:04.66 (32.27)	10:35.62 (30.96)	
5	Olsen, Jonathan B	46	Broward County YMCA Masters	12:00.00	10:46.24
	28.85		1:00.48 (31.63)	1:32.78 (32.30)	2:05.17 (32.39)
	2:37.78 (32.61)		3:11.08 (33.30)	3:44.11 (33.03)	4:17.39 (33.28)
	4:50.82 (33.43)		5:23.91 (33.09)	5:57.34 (33.43)	6:30.59 (33.25)
	7:02.97 (32.38)		7:35.57 (32.60)	8:08.09 (32.52)	8:40.59 (32.50)
	9:12.24 (31.65)		9:43.61 (31.37)	10:15.33 (31.72)	10:46.24 (30.91)
6	Shtab, Steven M	47	Wilton Family YMCA	11:01.00	10:47.36
	29.40		1:01.15 (31.75)	1:33.38 (32.23)	2:05.67 (32.29)
	2:38.02 (32.35)		3:10.49 (32.47)	3:43.39 (32.90)	4:16.34 (32.95)
	4:49.21 (32.87)		5:21.73 (32.52)	5:54.67 (32.94)	6:27.49 (32.82)
	7:00.47 (32.98)		7:33.17 (32.70)	8:05.83 (32.66)	8:38.56 (32.73)
	9:11.08 (32.52)		9:43.55 (32.47)	10:15.84 (32.29)	10:47.36 (31.52)
7	Brown, Jeff A	47	Mesabi Family	13:10.43	12:53.78
	32.76		1:10.18 (37.42)	1:49.38 (39.20)	2:28.14 (38.76)
	3:07.03 (38.89)		3:46.32 (39.29)	4:25.71 (39.39)	5:05.18 (39.47)
	5:44.93 (39.75)		6:24.74 (39.81)	7:04.57 (39.83)	7:44.07 (39.50)
	8:23.32 (39.25)		9:02.85 (39.53)	9:41.89 (39.04)	10:21.05 (39.16)
	10:59.97 (38.92)		11:38.82 (38.85)	12:17.21 (38.39)	12:53.78 (36.57)
8	Campbell, Robin M	46	West Side YMCA New York	13:00.00	13:03.65
	33.17		1:10.33 (37.16)	1:48.47 (38.14)	2:27.24 (38.77)
	3:06.04 (38.80)		3:45.20 (39.16)	4:24.73 (39.53)	5:04.41 (39.68)
	5:44.33 (39.92)		6:25.08 (40.75)	7:09.34 (44.26)	7:52.36 (43.02)
	8:33.10 (40.74)		9:13.02 (39.92)	9:52.81 (39.79)	10:31.71 (38.90)
	11:10.26 (38.55)		11:48.99 (38.73)	12:27.81 (38.82)	13:03.65 (35.84)
9	McLaughlin, Ray	46	YMCA of Central Texas	16:20.69	15:08.98
	37.69		1:18.76 (41.07)	2:00.26 (41.50)	2:43.06 (42.80)
	3:26.94 (43.88)		4:11.77 (44.83)	4:56.36 (44.59)	5:41.69 (45.33)
	6:26.49 (44.80)		7:13.67 (47.18)	8:01.56 (47.89)	8:50.46 (48.90)
	9:39.28 (48.82)		10:27.88 (48.60)	11:16.04 (48.16)	12:04.80 (48.76)
	12:51.99 (47.19)		13:38.33 (46.34)	14:25.61 (47.28)	15:08.98 (43.37)
10	Hart, John W	48	Andover North Andover	15:00.00	16:00.28
	38.77		1:22.91 (44.14)	2:10.62 (47.71)	2:57.68 (47.06)
	3:45.81 (48.13)		4:34.05 (48.24)	5:23.38 (49.33)	6:13.14 (49.76)
	7:02.92 (49.78)		7:52.32 (49.40)	8:41.57 (49.25)	9:31.64 (50.07)
	10:22.10 (50.46)		11:12.54 (50.44)	12:02.06 (49.52)	12:51.37 (49.31)
	13:40.15 (48.78)		14:28.79 (48.64)	15:17.28 (48.49)	16:00.28 (43.00)
---	Bailey, Matthew A	47	Sarasota Family	10:45.00	NS
---	Schwartz, Thomas L	49	Sarasota Family	12:00.00	NS
---	Wright, Will	48	Andover North Andover	14:20.02	NS
---	Coffman, Chuck	46	Plymouth Community Family	11:25.00	NS

Men 45-49 1000 Yard Freestyle Time TrialNAT YMCA: **10:14.80** *USMS: **9:54.65** ! 5/22/2005 **Kirk Anderson****- Time Trial**

1	Bailey, Matthew A	47	Sarasota Family	NT	10:33.79
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YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

Men 45-49 1650 Yard Freestyle

NAT YMCA: 16:56.72		* 4/21/2005		Mark Drennen		YSC-	
USMS: 16:44.67		! 4/30/2000		Jim McConica			
1	Bailey, Matthew A	47	Sarasota Family	17:45.00	17:24.72		
	28.97	1:00.45 (31.48)	1:31.99 (31.54)	2:03.79 (31.80)			
	2:35.56 (31.77)	3:07.73 (32.17)	3:39.45 (31.72)	4:11.56 (32.11)			
	4:43.61 (32.05)	5:15.26 (31.65)	5:47.03 (31.77)	6:18.71 (31.68)			
	6:50.48 (31.77)	7:22.23 (31.75)	7:54.07 (31.84)	8:25.84 (31.77)			
	8:57.72 (31.88)	9:29.85 (32.13)	10:01.66 (31.81)	10:33.79 (32.13)			
	11:05.81 (32.02)	11:37.46 (31.65)	12:09.28 (31.82)	12:41.35 (32.07)			
	13:13.21 (31.86)	13:45.33 (32.12)	14:17.23 (31.90)	14:48.72 (31.49)			
	15:20.86 (32.14)	15:52.52 (31.66)	16:24.04 (31.52)	16:54.84 (30.80)	17:24.72 (29.88)		
2	Shtab, Steven M	47	Wilton Family YMCA	18:47.00	18:03.06		
	28.80	59.97 (31.17)	1:31.83 (31.86)	2:03.83 (32.00)			
	2:35.70 (31.87)	3:07.62 (31.92)	3:39.72 (32.10)	4:12.01 (32.29)			
	4:44.27 (32.26)	5:16.58 (32.31)	5:49.07 (32.49)	6:22.12 (33.05)			
	6:55.90 (33.78)	7:29.01 (33.11)	8:02.11 (33.10)	8:35.45 (33.34)			
	9:08.49 (33.04)	9:41.94 (33.45)	10:15.37 (33.43)	10:48.75 (33.38)			
	11:22.23 (33.48)	11:55.59 (33.36)	12:29.37 (33.78)	13:02.90 (33.53)			
	13:36.74 (33.84)	14:10.53 (33.79)	14:44.15 (33.62)	15:17.44 (33.29)			
	15:50.99 (33.55)	16:24.38 (33.39)	16:57.80 (33.42)	17:30.98 (33.18)	18:03.06 (32.08)		
3	Biles, James B	48	Schroeder	18:56.50	18:27.02		
	29.51	1:01.47 (31.96)	1:34.09 (32.62)	2:06.74 (32.65)			
	2:40.07 (33.33)	3:13.11 (33.04)	3:46.28 (33.17)	4:19.56 (33.28)			
	4:53.04 (33.48)	5:26.61 (33.57)	6:00.07 (33.46)	6:33.42 (33.35)			
	7:06.81 (33.39)	7:40.01 (33.20)	8:13.59 (33.58)	8:47.47 (33.88)			
	9:21.42 (33.95)	9:55.25 (33.83)	10:28.84 (33.59)	11:02.74 (33.90)			
	11:36.72 (33.98)	12:10.77 (34.05)	12:45.22 (34.45)	13:19.55 (34.33)			
	13:53.91 (34.36)	14:28.36 (34.45)	15:02.95 (34.59)	15:37.69 (34.74)			
	16:11.77 (34.08)	16:46.03 (34.26)	17:20.39 (34.36)	17:54.12 (33.73)	18:27.02 (32.90)		
4	Keen, John M	45	Downtown Orlando	21:30.00	20:39.80		
	31.61	1:07.23 (35.62)	1:43.72 (36.49)	2:20.55 (36.83)			
	2:57.69 (37.14)	3:35.18 (37.49)	4:12.70 (37.52)	4:49.89 (37.19)			
	5:27.40 (37.51)	6:04.87 (37.47)	6:42.38 (37.51)	7:20.29 (37.91)			
	7:58.47 (38.18)	8:36.11 (37.64)	9:13.52 (37.41)	9:51.27 (37.75)			
	10:29.12 (37.85)	11:07.37 (38.25)	11:45.71 (38.34)	12:24.17 (38.46)			
	13:02.51 (38.34)	13:40.81 (38.30)	14:19.05 (38.24)	14:57.51 (38.46)			
	15:36.00 (38.49)	16:14.40 (38.40)	16:53.00 (38.60)	17:31.69 (38.69)			
	18:10.14 (38.45)	18:49.01 (38.87)	19:27.15 (38.14)	20:05.00 (37.85)	20:39.80 (34.80)		
5	Korey, Bill S	45	Broward County YMCA Masters	36:00.00	20:47.51		
	32.48	1:09.08 (36.60)	1:47.13 (38.05)	2:25.12 (37.99)			
	3:03.96 (38.84)	3:42.15 (38.19)	4:20.62 (38.47)	4:58.91 (38.29)			
	5:37.08 (38.17)	6:15.82 (38.74)	6:53.96 (38.14)	7:32.30 (38.34)			
	8:10.51 (38.21)	8:48.62 (38.11)	9:27.09 (38.47)	10:05.17 (38.08)			
	10:43.36 (38.19)	11:21.83 (38.47)	12:00.34 (38.51)	12:38.46 (38.12)			
	13:16.94 (38.48)	13:54.88 (37.94)	14:32.95 (38.07)	15:10.81 (37.86)			
	15:49.04 (38.23)	16:27.17 (38.13)	17:05.25 (38.08)	17:43.34 (38.09)			
	18:21.00 (37.66)	18:57.92 (36.92)	19:34.74 (36.82)	20:11.82 (37.08)	20:47.51 (35.69)		

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 45-49 1650 Yard Freestyle)

6	Brown, Jeff A	47	Mesabi Family	22:55.78	21:28.33
	33.72	1:10.78 (37.06)	1:48.92 (38.14)	2:27.86 (38.94)	
	3:07.42 (39.56)	3:46.61 (39.19)	4:25.50 (38.89)	5:04.53 (39.03)	
	5:43.38 (38.85)	6:22.04 (38.66)	7:01.30 (39.26)	7:40.30 (39.00)	
	8:19.41 (39.11)	8:58.63 (39.22)	9:37.90 (39.27)	10:17.15 (39.25)	
	10:56.22 (39.07)	11:35.45 (39.23)	12:14.83 (39.38)	12:54.40 (39.57)	
	13:34.12 (39.72)	14:13.46 (39.34)	14:52.88 (39.42)	15:32.22 (39.34)	
	16:11.41 (39.19)	16:50.86 (39.45)	17:30.53 (39.67)	18:10.75 (40.22)	
	18:51.63 (40.88)	19:32.01 (40.38)	20:11.88 (39.87)	20:51.17 (39.29)	21:28.33 (37.16)
7	Campbell, Robin M	46	West Side YMCA New York	22:00.00	21:28.93
	33.94	1:11.02 (37.08)	1:48.98 (37.96)	2:27.86 (38.88)	
	3:07.16 (39.30)	3:45.94 (38.78)	4:25.49 (39.55)	5:04.70 (39.21)	
	5:44.47 (39.77)	6:23.77 (39.30)	7:03.44 (39.67)	7:43.46 (40.02)	
	8:22.95 (39.49)	9:02.70 (39.75)	9:42.40 (39.70)	10:22.10 (39.70)	
	11:01.81 (39.71)	11:42.84 (41.03)	12:22.70 (39.86)	13:02.06 (39.36)	
	13:41.32 (39.26)	14:20.22 (38.90)	14:58.91 (38.69)	15:37.46 (38.55)	
	16:16.15 (38.69)	16:55.44 (39.29)	17:34.71 (39.27)	18:13.85 (39.14)	
	18:53.08 (39.23)	19:32.74 (39.66)	20:11.45 (38.71)	20:50.90 (39.45)	21:28.93 (38.03)
---	Perez, Arnaldo	46	Sarasota Family	19:47.00	NS

Men 45-49 50 Yard Backstroke

NAT YMCA:	26.05	*	4/24/2005	William Specht	YSC
USMS:	24.31	!	5/4/2008	J Clay Britt	
1	Dodds, Joel L	46	Broward County YMCA Masters	26.90	26.80
2	Malsbury, David R	47	Sourth Hampton Roads	26.01	26.87
3	Michael, Mark	46	Wilton Family YMCA	27.00	27.21
*4	Crist, Jason A	47	Wilton Family YMCA	27.50	27.67
*4	Holloway, Marcus	45	Wilton Family YMCA	28.50	27.67
6	Calvert, Mark	49	Tampa Metro Masters	29.00	28.75
7	Duff, Kenneth E	48	Southeast Mississippi	33.00	31.18
8	Korey, Bill S	45	Broward County YMCA Masters	32.10	32.29
9	Aldrich, Jim G	45	Plymouth Community Family	35.00	33.46
10	Laschet, Rene	45	Sarasota Family	52.40	33.96
11	Campbell, Robin M	46	West Side YMCA New York	35.00	37.73
---	Cox, Daniel M	48	Sarasota Family	36.22	NS

Men 45-49 100 Yard Backstroke

NAT YMCA:	56.15	*	4/13/2007	Joe Reinhardt	SFY-
USMS:	52.33	!	5/4/2008	J Clay Britt	
1	Dodds, Joel L	46	Broward County YMCA Masters	56.80	57.55
	27.33	57.55 (30.22)			
2	Newman, Steven M	47	Rye YMCA	1:02.47	59.94
	29.21	59.94 (30.73)			
3	Stultz, Todd W	49	Sarasota Family	59.50	59.98
	29.02	59.98 (30.96)			
4	Malsbury, David R	47	Sourth Hampton Roads	59.99	1:00.46
	28.23	1:00.46 (32.23)			
5	Calvert, Mark	49	Tampa Metro Masters	1:02.90	1:01.28
	29.88	1:01.28 (31.40)			
6	Duff, Kenneth E	48	Southeast Mississippi	1:10.00	1:06.69
	32.90	1:06.69 (33.79)			
7	Goldman, Carl	45	South Hills YMCA	1:05.00	1:08.49
	32.90	1:08.49 (35.59)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 45-49 100 Yard Backstroke)**

8	Korey, Bill S	45	Broward County YMCA Masters	1:08.20	1:09.32
	33.99	1:09.32 (35.33)			
9	Aldrich, Jim G	45	Plymouth Community Family	1:15.00	1:16.16
10	Cox, Daniel M	48	Sarasota Family	1:18.00	1:16.86
	37.21	1:16.86 (39.65)			
11	Laschet, Rene	45	Sarasota Family	1:10.20	1:17.04
	36.81	1:17.04 (40.23)			
12	Hart, John W	48	Andover North Andover	1:15.00	1:26.11
	39.76	1:26.11 (46.35)			
---	Crist, Jason A	47	Wilton Family YMCA	1:00.00	NS
	1:05.88				
---	Michael, Mark	46	Wilton Family YMCA	57.50	NS

Men 45-49 200 Yard Backstroke

NAT YMCA: 2:01.29 * 4/23/2005 Wieslaw Musial YNY-

USMS: 1:56.55 ! 5/4/2008 Rip Esselstyn

1	Dodds, Joel L	46	Broward County YMCA Masters	2:08.20	2:05.75
	30.51	1:02.84 (32.33)	1:33.96 (31.12)	2:05.75 (31.79)	
2	Perez, Arnaldo	46	Sarasota Family	2:10.96	2:07.88
	30.32	1:02.46 (32.14)	1:35.14 (32.68)	2:07.88 (32.74)	
3	Newman, Steven M	47	Rye YMCA	2:17.71	2:09.30
	30.93	1:03.45 (32.52)	1:36.35 (32.90)	2:09.30 (32.95)	
4	Calvert, Mark	49	Tampa Metro Masters	2:08.90	2:10.08
	31.49	1:03.77 (32.28)	1:36.98 (33.21)	2:10.08 (33.10)	
5	Korey, Bill S	45	Broward County YMCA Masters	2:26.50	2:29.01
	35.12	1:12.96 (37.84)	1:51.82 (38.86)	2:29.01 (37.19)	
6	Goldman, Carl	45	South Hills YMCA	2:45.00	2:31.03
	35.20	1:13.62 (38.42)	1:52.91 (39.29)	2:31.03 (38.12)	
7	Aldrich, Jim G	45	Plymouth Community Family	2:50.00	2:55.04
	38.73		2:08.23 ()	2:55.04 (46.81)	

Men 45-49 50 Yard Breaststroke

NAT YMCA: 28.12 * 1994

Paul Henne

Palisades, CA

USMS: 27.14 ! 5/4/2008

Chris Weissman

1	Weissman, Chris J	46	Wilton Family YMCA	27.90	26.97!
2	Dicks, Wally C	46	Plymouth Community Family	26.44	27.11!
3	Malsbury, David R	47	Sourth Hampton Roads	29.50	29.22
4	Herringer, Thomas J	47	Beavercreek	31.00	29.70
5	Coffman, Chuck	46	Plymouth Community Family	30.23	30.08
6	Tremain, Ken D	45	Rye YMCA	29.60	30.24
7	Smith, Michael D	47	Sarasota Family	30.53	30.37
8	Weeks, David E	48	Beavercreek	30.50	30.90
9	Shtab, Steven M	47	Wilton Family YMCA	31.20	31.28
10	Kohner, Michael R	47	Broward County YMCA Masters	33.80	33.39
11	Wright, Will	48	Andover North Andover	31.71	34.30
12	Hart, John W	48	Andover North Andover	36.00	35.69
---	Dawson, Jerry	48	Sarasota Family	29.30	NS
---	Mills, Glenn D	47	Wilton Family YMCA	27.25	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 45-49 50 Yard Breaststroke Time Trial**

NAT YMCA: 28.12 *

USMS: 27.14 ! 5/4/2008 Chris Weissman

- Time Trial

1 Weissman, Chris J 46 Wilton Family YMCA NT 27.08!

Men 45-49 100 Yard Breaststroke

NAT YMCA: 1:00.75 * 2002

Jack Groselle

Cleveland WS, OH

USMS: 59.19 ! 5/14/2006 Jon Blank

1	Weissman, Chris J	46	Wilton Family YMCA	1:00.45	57.87!
	27.08		57.87 (30.79)		
2	Dicks, Wally C	46	Plymouth Community Family	58.54	59.09!
	27.46		59.09 (31.63)		
3	Herringer, Thomas J	47	Beavercreek	1:08.00	1:05.43
	30.63		1:05.43 (34.80)		
4	Weeks, David E	48	Beavercreek	1:07.00	1:06.94
	31.34		1:06.94 (35.60)		
5	Smith, Michael D	47	Sarasota Family	1:07.86	1:07.05
	31.32		1:07.05 (35.73)		
6	Malsbury, David R	47	Sourth Hampton Roads	1:08.00	1:08.49
	32.11		1:08.49 (36.38)		
7	Shtab, Steven M	47	Wilton Family YMCA	1:10.00	1:11.06
	33.64		1:11.06 (37.42)		
8	Wright, Will	48	Andover North Andover	1:18.04	1:19.38
	38.20		1:19.38 (41.18)		
9	Hart, John W	48	Andover North Andover	1:18.00	1:21.09
	37.55		1:21.09 (43.54)		
10	Jacobson, Steven M	46	Broward County YMCA Masters	1:23.09	1:24.70
	39.35		1:24.70 (45.35)		
---	Digilio, Christopher R	45	Broward County YMCA Masters	1:35.00	NS
---	Tremain, Ken D	45	Rye YMCA	1:07.10	NS
---	Mills, Glenn D	47	Wilton Family YMCA	1:00.16	NS

Men 45-49 200 Yard Breaststroke

NAT YMCA: 2:17.50 * 5/20/2006

Planen Alexandrov

Champaign-

USMS: 2:10.64 ! 5/4/2008 Glenn Mills

1	Dicks, Wally C	46	Plymouth Community Family	2:13.00	2:11.07*
	29.71		1:02.85 (33.14) 1:36.58 (33.73)	2:11.07 (34.49)	
2	Biles, James B	48	Schroeder	2:32.50	2:27.08
	34.08		1:11.36 (37.28) 1:48.82 (37.46)	2:27.08 (38.26)	
3	Weeks, David E	48	Beavercreek	2:27.00	2:27.69
	32.94		1:10.37 (37.43) 1:49.03 (38.66)	2:27.69 (38.66)	
4	Herringer, Thomas J	47	Beavercreek	2:40.00	2:33.87
	34.18		1:13.73 (39.55) 1:54.55 (40.82)	2:33.87 (39.32)	
5	Smith, Michael D	47	Sarasota Family	2:30.88	2:34.23
	34.66		1:13.85 (39.19) 1:53.89 (40.04)	2:34.23 (40.34)	
6	Olsen, Jonathan B	46	Broward County YMCA Masters	3:00.00	2:45.63
	37.56		1:20.24 (42.68) 2:03.93 (43.69)	2:45.63 (41.70)	
7	Wright, Will	48	Andover North Andover	2:43.51	2:58.48
	40.67		1:25.62 (44.95) 2:12.04 (46.42)	2:58.48 (46.44)	
8	Hart, John W	48	Andover North Andover	2:55.00	3:08.58
	38.42		1:24.28 (45.86) 2:16.59 (52.31)	3:08.58 (51.99)	
9	Jacobson, Steven M	46	Broward County YMCA Masters	3:05.53	3:16.83
	40.03		1:27.76 (47.73) 2:22.18 (54.42)	3:16.83 (54.65)	

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Odd Heats East Pool Even Heats West Pool

Results

(Men 45-49 200 Yard Breaststroke)

--- Mills, Glenn D 47 Wilton Family YMCA 2:10.64 NS

Men 45-49 50 Yard Butterfly Time Trial

NAT YMCA: 24.21 *
USMS: 22.67 ! 5/4/2008 Paul Smith

- Time Trial

1 Newman, Steven M 47 Rye YMCA NT 25.86

Men 45-49 50 Yard Butterfly

NAT YMCA: 24.21 * 4/23/2005 William Specht YSC-
USMS: 22.67 ! 5/4/2008 Paul Smith

1	Wienants, Kurt	46	Broward County YMCA Masters	27.00	24.51
2	Weissman, Chris J	46	Wilton Family YMCA	25.00	24.55
3	Dawson, Jerry	48	Sarasota Family	25.00	25.20
4	Coffman, Chuck	46	Plymouth Community Family	25.26	25.33
5	Crist, Jason A	47	Wilton Family YMCA	25.20	25.58
6	Dodds, Joel L	46	Broward County YMCA Masters	25.90	25.85
7	Holloway, Marcus	45	Wilton Family YMCA	27.10	25.91
8	Herringer, Thomas J	47	Beavercreek	26.50	25.97
9	Vagainin, Viagr V	45	Sarasota Family	26.45	26.36
10	Malsbury, David R	47	Sourth Hampton Roads	27.50	26.88
11	Gallet, Marc	49	Broward County YMCA Masters	26.50	27.60
12	Tremain, Ken D	45	Rye YMCA	27.80	27.84
13	Smith, Michael D	47	Sarasota Family	27.18	27.86
14	Shipp, Bill	48	Mid-Delmarva YMCA	28.50	28.05
15	Jacobson, James N	46	Broward County YMCA Masters	29.00	28.73
16	Keen, John M	45	Downtown Orlando	29.00	29.17
17	Wright, Will	48	Andover North Andover	31.17	30.51
18	Bowman, Roger L	49	Sarasota Family	31.00	30.62
19	Hart, John W	48	Andover North Andover	34.00	33.80
20	Jacobson, Steven M	46	Broward County YMCA Masters	33.90	35.04
21	Campbell, Robin M	46	West Side YMCA New York	35.00	37.65
---	Newman, Steven M	47	Rye YMCA	28.50	DQ
	False start				
---	Michael, Mark	46	Wilton Family YMCA	24.50	NS
---	Leonard, Jeffrey D	49	Plymouth Community Family	26.00	NS
---	Marshall, Dirk H	46	Greater Houston	25.50	NS
---	Ridout, James W	46	Broward County YMCA Masters	33.00	NS
---	Goldman, Carl	45	South Hills YMCA	29.00	NS

Men 45-49 100 Yard Butterfly

NAT YMCA: 52.75 * 4/24/2005 William Specht YSC
USMS: 51.37 ! 5/4/2008 Paul Smith

1	Wienants, Kurt	46	Broward County YMCA Masters	57.00	53.75
	25.01				53.75 (28.74)
2	Michael, Mark	46	Wilton Family YMCA	54.00	54.73
	25.86				54.73 (28.87)
3	Weissman, Chris J	46	Wilton Family YMCA	57.10	54.74
	26.07				54.74 (28.67)
4	Crist, Jason A	47	Wilton Family YMCA	55.90	56.37
	26.52				56.37 (29.85)

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Odd Heats East Pool Even Heats West Pool

Results

(Men 45-49 100 Yard Butterfly)

5	Coffman, Chuck	46	Plymouth Community Family	56.59	56.49
	26.22				56.49 (30.27)
6	Vagainin, Viagr V	45	Sarasota Family	56.45	56.99
	27.11				56.99 (29.88)
7	Perez, Arnaldo	46	Sarasota Family	56.89	57.42
	27.19				57.42 (30.23)
8	Leonard, Jeffrey D	49	Plymouth Community Family	58.00	58.02
	27.38				58.02 (30.64)
9	Herringer, Thomas J	47	Beavercreek	1:02.00	58.03
	26.50				58.03 (31.53)
10	Newman, Steven M	47	Rye YMCA	1:00.00	58.28
	25.86				58.28 (32.42)
11	Stultz, Todd W	49	Sarasota Family	57.83	58.37
	26.86				58.37 (31.51)
12	Gallet, Marc	49	Broward County YMCA Masters	1:02.00	1:02.64
	28.91				1:02.64 (33.73)
---	Mills, Glenn D	47	Wilton Family YMCA	57.10	NS
---	Smith, Michael D	47	Sarasota Family	59.21	NS
---	Marshall, Dirk H	46	Greater Houston	54.50	NS

Men 45-49 200 Yard Butterfly

NAT YMCA: 2:05.80 * 5/19/2006 Barry Dittus		Schroeder-			
USMS: 1:51.97 ! 5/20/2007 Dennis Baker					
1	Perez, Arnaldo	46	Sarasota Family	2:08.40	2:05.17*
	28.58				1:00.69 (32.11) 1:32.80 (32.11) 2:05.17 (32.37)
2	Wells, D. Scott	47	Florida First Coast	2:09.80	2:05.68*
	28.50				1:00.19 (31.69) 1:32.61 (32.42) 2:05.68 (33.07)
3	Vagainin, Viagr V	45	Sarasota Family	2:10.45	2:08.13
	28.76				1:01.10 (32.34) 1:34.10 (33.00) 2:08.13 (34.03)
4	Coffman, Chuck	46	Plymouth Community Family	2:10.00	2:09.42
	28.89				1:01.71 (32.82) 1:34.84 (33.13) 2:09.42 (34.58)
5	Biles, James B	48	Schroeder	2:15.00	2:16.52
	30.78				1:04.60 (33.82) 1:39.88 (35.28) 2:16.52 (36.64)
6	Korey, Bill S	45	Broward County YMCA Masters	3:12.20	2:59.05
	34.97				1:23.49 (48.52) 2:14.00 (50.51) 2:59.05 (45.05)
---	Crist, Jason A	47	Wilton Family YMCA	2:13.00	NS
---	Leonard, Jeffrey D	49	Plymouth Community Family	2:22.00	NS
---	Schwartz, Thomas L	49	Sarasota Family	2:20.00	NS
---	Dawson, Jerry	48	Sarasota Family	2:12.00	NS
---	Olsen, Jonathan B	46	Broward County YMCA Masters	2:13.00	NS

Men 45-49 100 Yard IM

NAT YMCA: 55.78 * 4/14/2007 Joe Reinhardt		SFY-			
USMS: 52.84 ! 5/4/2008 John Smith					
1	Weissman, Chris J	46	Wilton Family YMCA	55.30	55.15*
	26.32				55.15 (28.83)
2	Wienants, Kurt	46	Broward County YMCA Masters	1:00.00	56.36
	26.06				56.36 (30.30)
3	Dawson, Jerry	48	Sarasota Family	56.90	56.96
	26.46				56.96 (30.50)
4	Tyler, Scott A	47	Plymouth Community Family	1:00.00	57.03
	26.99				57.03 (30.04)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 45-49 100 Yard IM)**

5	Crist, Jason A	47	Wilton Family YMCA	59.30	57.68
	26.44				57.68 (31.24)
6	Michael, Mark	46	Wilton Family YMCA	57.00	58.01
	26.74				58.01 (31.27)
7	Dodds, Joel L	46	Broward County YMCA Masters	59.80	58.40
	26.32				58.40 (32.08)
8	Holloway, Marcus	45	Wilton Family YMCA	1:04.50	58.66
	27.00				58.66 (31.66)
9	Stultz, Todd W	49	Sarasota Family	58.65	59.15
	27.05				59.15 (32.10)
10	Herringer, Thomas J	47	Beavercreek	1:02.00	59.48
	28.72				59.48 (30.76)
11	Coffman, Chuck	46	Plymouth Community Family	1:01.74	1:00.81
	28.89				1:00.81 (31.92)
12	Malsbury, David R	47	Sourth Hampton Roads	59.99	1:01.19
	27.77				1:01.19 (33.42)
13	Smith, Michael D	47	Sarasota Family	1:01.88	1:01.21
	29.03				1:01.21 (32.18)
14	Biles, James B	48	Schroeder	1:03.44	1:02.67
	29.83				1:02.67 (32.84)
15	Bailey, Matthew A	47	Sarasota Family	1:04.00	1:03.01
	29.15				1:03.01 (33.86)
16	Duff, Kenneth E	48	Southeast Mississippi	1:10.00	1:03.14
	29.62				1:03.14 (33.52)
17	Jacobson, James N	46	Broward County YMCA Masters	1:08.00	1:03.28
	29.97				1:03.28 (33.31)
18	Weeks, David E	48	Beavercreek	1:03.00	1:03.44
	29.73				1:03.44 (33.71)
19	Shipp, Bill	48	Mid-Delmarva YMCA	1:05.50	1:04.94
	30.85				1:04.94 (34.09)
20	Shtab, Steven M	47	Wilton Family YMCA	1:05.10	1:07.36
	33.43				1:07.36 (33.93)
21	Gallet, Marc	49	Broward County YMCA Masters	1:05.50	1:08.29
	31.07				1:08.29 (37.22)
22	Kohner, Michael R	47	Broward County YMCA Masters	1:07.50	1:10.88
	33.52				1:10.88 (37.36)
23	Laschet, Rene	45	Sarasota Family	1:12.60	1:10.89
	32.89				1:10.89 (38.00)
24	O'Connor, Sean T	49	Westport / Weston	1:15.00	1:11.09
	34.88				1:11.09 (36.21)
25	Bowman, Roger L	49	Sarasota Family	1:25.00	1:12.48
	32.51				1:12.48 (39.97)
26	Cox, Daniel M	48	Sarasota Family	1:15.00	1:16.20
	36.12				1:16.20 (40.08)
27	Hart, John W	48	Andover North Andover	1:18.00	1:16.96
	36.57				1:16.96 (40.39)
---	Wright, Will	48	Andover North Andover	1:12.09	NS
---	Digilio, Christopher R	45	Broward County YMCA Masters	1:10.75	NS
---	Marshall, Dirk H	46	Greater Houston	58.65	NS
---	Tremain, Ken D	45	Rye YMCA	1:05.00	NS
---	Mills, Glenn D	47	Wilton Family YMCA	55.06	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 45-49 200 Yard IM**

NAT YMCA: 2:04.56		*	4/15/2007	Jerry Dawson	Sarasota, FL	
USMS: 1:58.92		!	6/2007	Smith/Baker		
1	Weissman, Chris J 25.63		46	Wilton Family YMCA 57.19 (31.56)	2:02.20 1:59.08 (28.55)	1:59.08*
2	Perez, Arnaldo 26.73		46	Sarasota Family 58.35 (31.62)	2:08.92 2:08.37 (30.47)	2:08.37
3	Stultz, Todd W 27.43		49	Sarasota Family 1:00.43 (33.00)	2:08.95 2:09.37 (29.76)	2:09.37
4	Olsen, Jonathan B 27.27		46	Broward County YMCA Masters 1:01.21 (33.94)	2:15.00 2:11.34 (30.76)	2:11.34
5	Biles, James B 28.35		48	Schroeder 1:02.74 (34.39)	2:16.39 2:12.96 (31.94)	2:12.96
6	Dodds, Joel L 27.24		46	Broward County YMCA Masters 1:00.66 (33.42)	2:10.20 2:14.50 (33.39)	2:14.50
7	Weeks, David E 28.99		48	Beavercreek 1:06.52 (37.53)	2:18.00 2:17.90 (33.22)	2:17.90
8	Shipp, Bill 28.76		48	Mid-Delmarva YMCA 1:05.23 (36.47)	2:19.00 2:19.24 (32.10)	2:19.24
9	Smith, Michael D 28.94		47	Sarasota Family 1:04.81 (35.87)	2:16.09 2:19.28 (32.31)	2:19.28
10	Korey, Bill S 31.94		45	Broward County YMCA Masters 1:10.54 (38.60)	2:25.40 2:28.62 (33.96)	2:28.62
11	O'Connor, Sean T 33.76		49	Westport / Weston 1:18.25 (44.49)	2:45.00 2:40.30 (34.93)	2:40.30
12	Hart, John W 36.78		48	Andover North Andover 1:27.08 (50.30)	2:50.00 3:02.21 (43.37)	3:02.21
---	Dawson, Jerry		48	Sarasota Family	2:04.79	NS
---	Crist, Jason A		47	Wilton Family YMCA	2:09.90	NS
---	Wells, D. Scott		47	Florida First Coast	2:12.60	NS
---	Mills, Glenn D		47	Wilton Family YMCA	2:02.14	NS

Men 45-49 400 Yard IM

NAT YMCA: 4:29.65		*	4/22/2005	Mark Drennen	YSC-	
USMS: 4:16.13		!	4/22/2007	Dennis Baker		
1	Perez, Arnaldo 28.60		46	Sarasota Family 1:00.75 (32.15)	4:37.49 2:08.40 (33.71)	4:30.61
	2:48.45 (40.05)			3:29.11 (40.66)	4:00.39 (31.28)	4:30.61 (30.22)
2	Wells, D. Scott 27.68		47	Florida First Coast 59.33 (31.65)	4:39.50 2:12.11 (36.13)	4:32.38
	2:52.32 (40.21)			3:33.70 (41.38)	4:03.55 (29.85)	4:32.38 (28.83)
3	Dawson, Jerry 27.86		48	Sarasota Family 1:00.99 (33.13)	4:35.00 2:11.36 (35.50)	4:33.37
	2:50.12 (38.76)			3:30.28 (40.16)	4:02.18 (31.90)	4:33.37 (31.19)
4	Biles, James B 29.65		48	Schroeder 1:02.82 (33.17)	4:54.57 2:17.66 (37.00)	4:41.02
	2:57.38 (39.72)			3:36.76 (39.38)	4:09.44 (32.68)	4:41.02 (31.58)
5	Olsen, Jonathan B 31.73		46	Broward County YMCA Masters 1:07.56 (35.83)	5:00.00 2:26.30 (39.40)	4:56.99
	3:08.75 (42.45)			3:52.35 (43.60)	4:25.01 (32.66)	4:56.99 (31.98)
6	Shipp, Bill 30.76		48	Mid-Delmarva YMCA 1:05.28 (34.52)	5:15.00 2:26.66 (40.43)	5:05.05
	3:11.22 (44.56)			3:56.23 (45.01)	4:30.94 (34.71)	5:05.05 (34.11)

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Odd Heats East Pool Even Heats West Pool

Results

(Men 45-49 400 Yard IM)

7	Smith, Michael D	47	Sarasota Family	4:57.42	5:08.13
	31.21	1:08.39 (37.18)	1:48.33 (39.94)	2:28.87 (40.54)	
	3:13.99 (45.12)	3:58.60 (44.61)	4:34.62 (36.02)	5:08.13 (33.51)	
---	Mills, Glenn D	47	Wilton Family YMCA	4:23.85	NS
---	Shtab, Steven M	47	Wilton Family YMCA	5:15.00	NS
---	Ridout, James W	46	Broward County YMCA Masters	6:00.00	NS

Men 50-54 50 Yard Freestyle Time Trial

NAT YMCA: 22.07 * 5/10/1998 Richard Abrahams
USMS: 21.73 ! 5/10/1998 Richard Abrahams

- Time Trial

1	Groselle, Jack R	54	Sarasota Family	NT	22.58
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Men 50-54 50 Yard Freestyle

NAT YMCA: 22.07 * 5/21/2006 Jack Groselle Sarasota
USMS: 21.73 ! 5/10/1998 Richard Abrahams

1	Gaines, Rowdy R	50	Lake Mary (J Douglas Williams)	23.90	21.62!
2	Groselle, Jack R	54	Sarasota Family	22.31	22.50
3	Schmitz, Mike L	50	Plymouth Community Family	22.50	22.58
4	Wotton, Joe	50	Broward County YMCA Masters	22.90	22.78
5	Brenner, Bill	50	Sarasota Family	23.90	23.91
6	Irwin, John R	52	Plymouth Community Family	25.40	24.21
7	Newman, John C	53	Sarasota Family	23.47	24.55
8	Baker, Wayne L	50	Downtown Orlando	24.91	25.31
9	Murray, Craig F	51	Beavercreek	26.80	25.72
10	Young, Bruce	52	Tampa Metro Masters	26.00	25.76
11	Rhodes, Jerry A	54	Broward County YMCA Masters	25.10	25.98
12	Shaalán, Sherif	50	YMCA of Central Texas	26.70	26.51
13	Kipp, Richard A	51	Beavercreek	26.83	26.99
14	Brandes, Paul A	54	Sarasota Family	29.00	27.61
15	Hall, Gilberto R	52	Downtown Orlando	29.70	27.66
16	Gill, Matthew P	53	Broward County YMCA Masters	31.00	27.89
17	Kincer, Greg	50	YMCA Indy Swimfit	29.00	29.10
18	Ibanez, George F	51	Florida First Coast	31.00	29.70
19	Molloy, William J	50	YMCA of South Palm Beach Cnty	32.19	32.14
20	Threadgill, Peter	53	Mid-Delmarva YMCA	41.03	44.32
---	Dyer, Andy	50	Sarasota Family	24.10	NS
---	Hefner, David S	54	Sarasota Family	27.00	NS

Men 50-54 100 Yard Freestyle Time Trial

NAT YMCA: 48.48 * 5/4/2008 Stu Marvin
USMS: 48.05 ! 5/4/2008 Stu Marvin

- Time Trial

1	Groselle, Jack R	54	Sarasota Family	NT	48.58
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Men 50-54 100 Yard Freestyle

NAT YMCA: 48.48 * 4/14/2007 Jack Groselle Sarasota, FL
USMS: 48.05 ! 5/4/2008 Stu Marvin

1	Gaines, Rowdy R	50	Lake Mary (J Douglas Williams)	55.00	47.04!
	22.80	47.04 (24.24)			
2	Groselle, Jack R	54	Sarasota Family	49.50	48.81
	23.79	48.81 (25.02)			

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Results

(Men 50-54 100 Yard Freestyle)

3	Schmitz, Mike L	50	Plymouth Community Family	49.50	49.48
	23.98	49.48	(25.50)		
4	Wotton, Joe	50	Broward County YMCA Masters	51.20	50.24
	24.04	50.24	(26.20)		
5	Erickson, Tim D	52	YMCA of Central Texas	52.89	52.19
	24.76	52.19	(27.43)		
6	Irwin, John R	52	Plymouth Community Family	56.00	52.76
	24.86	52.76	(27.90)		
7	Brenner, Bill	50	Sarasota Family	52.90	53.16
	25.03	53.16	(28.13)		
8	Halley, Franklin M	51	Beavercreek	53.00	53.45
	26.01	53.45	(27.44)		
9	Newman, John C	53	Sarasota Family	52.88	55.06
	25.77	55.06	(29.29)		
10	Rhodes, Jerry A	54	Broward County YMCA Masters	57.20	55.84
	26.62	55.84	(29.22)		
11	Murray, Craig F	51	Beavercreek	58.00	56.70
	26.90	56.70	(29.80)		
12	Shaalán, Sherif	50	YMCA of Central Texas	59.70	58.89
	27.94	58.89	(30.95)		
13	Kipp, Richard A	51	Beavercreek	59.54	59.45
	28.41	59.45	(31.04)		
14	Mancuso, Steve C	54	Sarasota Family	1:00.60	59.57
	27.95	59.57	(31.62)		
15	Welch, David J	52	Andover North Andover	59.00	1:00.91
	29.24	1:00.91	(31.67)		
16	Gruber, Alan	53	Mid-Delmarva YMCA	1:10.00	1:03.03
	31.01	1:03.03	(32.02)		
17	Kincer, Greg	50	YMCA Indy Swimfit	1:06.36	1:05.30
	30.09	1:05.30	(35.21)		
18	Meyers, Craig	51	Sarasota Family	1:10.00	1:06.25
	31.24	1:06.25	(35.01)		
19	Brandes, Paul A	54	Sarasota Family	1:03.00	1:07.33
	30.83	1:07.33	(36.50)		
20	Ibanez, George F	51	Florida First Coast	1:14.00	1:09.89
	32.91	1:09.89	(36.98)		
21	Gaughan, Brian F	51	Beavercreek	1:13.00	1:10.55
	33.75	1:10.55	(36.80)		
22	Sonenshein, Roy S	51	Broward County YMCA Masters	1:16.69	1:16.92
	36.91	1:16.92	(40.01)		
23	Threadgill, Peter	53	Mid-Delmarva YMCA	1:34.17	1:40.35
	44.03	1:40.35	(56.32)		

Men 50-54 200 Yard Freestyle

NAT YMCA: 1:47.59		*	4/13/2007	Dan Stephenson	PCFY-	
USMS: 1:46.25		!	5/4/2008	Bob Bugg		
1	Gaines, Rowdy R	50	Lake Mary (J Douglas Williams)	2:00.00	1:44.14!	
	23.98	49.86	(25.88)	1:17.08	(27.22)	1:44.14
				1:44.14	(27.06)	
2	Groselle, Jack R	54	Sarasota Family	1:51.04	1:49.82	
	25.68	53.88	(28.20)	1:22.04	(28.16)	1:49.82
				1:49.82	(27.78)	
3	Erickson, Tim D	52	YMCA of Central Texas	1:55.72	1:53.71	
	25.58	54.18	(28.60)	1:23.77	(29.59)	1:53.71
				1:53.71	(29.94)	

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Results

(Men 50-54 200 Yard Freestyle)

4	Munson, Fred	50	South Hills YMCA	2:03.00	2:03.27
	28.48	59.44 (30.96)	1:31.57 (32.13)	2:03.27 (31.70)	
5	Rhodes, Jerry A	54	Broward County YMCA Masters	2:04.80	2:05.06
	28.93	1:00.23 (31.30)	1:32.54 (32.31)	2:05.06 (32.52)	
6	Murray, Craig F	51	Beavercreek	2:10.00	2:05.38
	29.11	1:00.46 (31.35)	1:33.10 (32.64)	2:05.38 (32.28)	
7	Welch, David J	52	Andover North Andover	2:05.00	2:09.45
	29.87	1:02.59 (32.72)	1:35.73 (33.14)	2:09.45 (33.72)	
8	Shaalán, Sherif	50	YMCA of Central Texas	2:14.70	2:11.11
	30.14	1:03.74 (33.60)	1:37.99 (34.25)	2:11.11 (33.12)	
9	Viohl, Jeffrey	51	Mid-Delmarva YMCA	2:10.73	2:12.08
	30.37	1:02.87 (32.50)	1:37.28 (34.41)	2:12.08 (34.80)	
10	Kincer, Greg	50	YMCA Indy Swimfit	2:40.00	2:30.82
	33.57	1:11.60 (38.03)	1:51.29 (39.69)	2:30.82 (39.53)	
11	Gleber, Michael C	53	YMCA of Central Texas	2:35.77	2:37.54
	35.57	1:15.65 (40.08)	1:58.45 (42.80)	2:37.54 (39.09)	
12	Brandes, Paul A	54	Sarasota Family	2:30.00	2:37.80
	34.91	1:13.33 (38.42)	1:56.05 (42.72)	2:37.80 (41.75)	
13	Gaughan, Brian F	51	Beavercreek	2:45.00	2:41.60
	36.27	1:18.64 (42.37)	2:00.72 (42.08)	2:41.60 (40.88)	
14	Molloy, William J	50	YMCA of South Palm Beach Cnty	2:46.84	2:43.52
	35.77	1:16.37 (40.60)	2:00.51 (44.14)	2:43.52 (43.01)	
15	Ibanez, George F	51	Florida First Coast	3:16.00	2:47.00
	38.35	1:19.21 (40.86)	2:04.44 (45.23)	2:47.00 (42.56)	
16	Sonenshein, Roy S	51	Broward County YMCA Masters	2:47.64	2:50.22
	40.18	1:23.87 (43.69)	2:08.67 (44.80)	2:50.22 (41.55)	
---	Schmitz, Mike L	50	Plymouth Community Family	2:00.00	NS
---	Harbach, Russell	53	Broward County YMCA Masters	2:16.18	NS

Men 50-54 500 Yard Freestyle

NAT YMCA: 4:54.38 * 4/14/2007 Dan Stephenson				PCFY-	
USMS: 4:47.57 ! 5/20/2001 Jim McConica					
1	Drennen, Mark	52	Sarasota Family	5:05.53	5:05.32
	28.36	58.28 (29.92)	1:29.08 (30.80)	2:00.69 (31.61)	
	2:32.03 (31.34)	3:03.55 (31.52)	3:34.80 (31.25)	4:05.74 (30.94)	
	4:36.02 (30.28)	5:05.32 (29.30)			
2	Erickson, Tim D	52	YMCA of Central Texas	5:15.90	5:11.03
	27.41	57.48 (30.07)	1:28.23 (30.75)	1:59.34 (31.11)	
	2:30.56 (31.22)	3:01.97 (31.41)	3:33.83 (31.86)	4:05.94 (32.11)	
	4:38.94 (33.00)	5:11.03 (32.09)			
3	Murray, Craig F	51	Beavercreek	5:48.00	5:37.08
	30.24	1:03.97 (33.73)	1:37.84 (33.87)	2:11.79 (33.95)	
	2:45.86 (34.07)	3:20.33 (34.47)	3:54.27 (33.94)	4:29.14 (34.87)	
	5:03.72 (34.58)	5:37.08 (33.36)			
4	Hendrick, Marty	50	YMCA of Central Texas	6:05.77	5:38.35
	31.12	1:04.81 (33.69)	1:38.91 (34.10)	2:13.72 (34.81)	
	2:48.47 (34.75)	3:23.07 (34.60)	3:57.60 (34.53)	4:32.04 (34.44)	
	5:06.30 (34.26)	5:38.35 (32.05)			
5	Rhodes, Jerry A	54	Broward County YMCA Masters	5:45.60	5:45.64
	30.64	1:04.02 (33.38)	1:38.22 (34.20)	2:12.69 (34.47)	
	2:47.30 (34.61)	3:22.15 (34.85)	3:57.45 (35.30)	4:32.99 (35.54)	
	5:09.47 (36.48)	5:45.64 (36.17)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 50-54 500 Yard Freestyle)**

6	Welch, David J	52	Andover North Andover	5:35.00	5:47.86
	31.93	1:06.78 (34.85)	1:41.91 (35.13)	2:16.90 (34.99)	
	2:52.01 (35.11)	3:27.08 (35.07)	4:01.77 (34.69)	4:36.72 (34.95)	
	5:12.25 (35.53)	5:47.86 (35.61)			
7	Viohl, Jeffrey	51	Mid-Delmarva YMCA	6:07.00	6:08.58
	32.77	1:08.91 (36.14)	1:46.19 (37.28)	2:23.98 (37.79)	
	3:02.20 (38.22)	3:40.08 (37.88)	4:17.88 (37.80)	4:56.33 (38.45)	
	5:33.51 (37.18)	6:08.58 (35.07)			
8	Gill, Matthew P	53	Broward County YMCA Masters	6:30.00	6:21.22
	33.20	1:09.59 (36.39)	1:47.37 (37.78)	2:25.73 (38.36)	
	3:04.72 (38.99)	3:44.25 (39.53)	4:24.32 (40.07)	5:04.41 (40.09)	
	5:44.38 (39.97)	6:21.22 (36.84)			
9	Kincer, Greg	50	YMCA Indy Swimfit	7:30.00	7:05.86
	36.85	1:18.15 (41.30)	2:01.84 (43.69)	2:45.90 (44.06)	
	3:29.63 (43.73)	4:13.55 (43.92)	4:57.49 (43.94)	5:40.84 (43.35)	
	6:23.97 (43.13)	7:05.86 (41.89)			
10	Gaughan, Brian F	51	Beavercreek	7:45.00	7:17.75
	37.96	1:24.05 (46.09)	2:09.47 (45.42)	2:56.28 (46.81)	
	3:41.55 (45.27)	4:25.85 (44.30)	5:09.42 (43.57)	5:53.08 (43.66)	
	6:36.46 (43.38)	7:17.75 (41.29)			
11	Sonenshein, Roy S	51	Broward County YMCA Masters	7:48.68	7:34.75
	40.74	1:25.10 (44.36)	2:12.04 (46.94)	2:58.36 (46.32)	
	3:45.58 (47.22)	4:31.73 (46.15)	5:18.90 (47.17)	6:06.13 (47.23)	
	6:52.46 (46.33)	7:34.75 (42.29)			
12	Brandes, Paul A	54	Sarasota Family	7:50.00	7:42.00
	42.73	1:27.73 (45.00)	2:12.51 (44.78)	2:58.41 (45.90)	
	7:42.00 (4:43.59)				
13	Ibanez, George F	51	Florida First Coast	8:24.00	7:48.94
	39.83	1:23.70 (43.87)	2:11.08 (47.38)	3:00.02 (48.94)	
	3:50.25 (50.23)	4:39.64 (49.39)	5:29.48 (49.84)	6:20.30 (50.82)	
	7:08.27 (47.97)	7:48.94 (40.67)			
14	Threadgill, Peter	53	Mid-Delmarva YMCA	10:34.80	13:50.37
	53.41	1:56.24 (1:02.83)	3:14.09 (1:17.85)	5:08.23 (1:54.14)	
	6:33.62 (1:25.39)	8:01.37 (1:27.75)	9:37.29 (1:35.92)	11:03.24 (1:25.95)	
	12:28.09 (1:24.85)	13:50.37 (1:22.28)			
---	Harbach, Russell	53	Broward County YMCA Masters	6:19.93	NS
	5:09.40				
---	Gulick, Jake	50	Westport / Weston	5:45.00	NS
---	Brenner, Bill	50	Sarasota Family	5:25.00	NS

Men 50-54 1000 Yard Freestyle

NAT YMCA: 10:16.96 * 4/12/2007 Mark Drennen Sarasota, FL

USMS: 9:57.78 ! 5/17/2002 Jim McConica

1	Brenner, Bill	50	Sarasota Family	11:55.00	10:49.82
	30.52	1:02.47 (31.95)	1:34.20 (31.73)	2:06.35 (32.15)	
	2:38.91 (32.56)	3:11.49 (32.58)	3:44.28 (32.79)	4:17.62 (33.34)	
	4:50.56 (32.94)	5:23.80 (33.24)	5:56.62 (32.82)	6:29.59 (32.97)	
	7:02.42 (32.83)	7:35.21 (32.79)	8:07.91 (32.70)	8:40.92 (33.01)	
	9:13.78 (32.86)	9:46.56 (32.78)	10:18.70 (32.14)	10:49.82 (31.12)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 50-54 1000 Yard Freestyle)**

2	Halley, Franklin M	51	Beavercreek	11:28.00	11:08.07
	29.69	1:02.06 (32.37)	1:35.03 (32.97)	2:08.63 (33.60)	
	2:42.32 (33.69)	3:16.23 (33.91)	3:50.05 (33.82)	4:23.80 (33.75)	
	4:57.44 (33.64)	5:31.12 (33.68)	6:04.66 (33.54)	6:38.29 (33.63)	
	7:11.91 (33.62)	7:45.71 (33.80)	8:19.57 (33.86)	8:53.54 (33.97)	
	9:27.67 (34.13)	10:01.97 (34.30)	10:35.86 (33.89)	11:08.07 (32.21)	
3	Munson, Fred	50	South Hills YMCA	11:35.00	11:30.31
	30.95	1:04.19 (33.24)	1:38.19 (34.00)	2:12.63 (34.44)	
	2:47.08 (34.45)	3:21.87 (34.79)	3:56.52 (34.65)	4:30.94 (34.42)	
	5:05.10 (34.16)	5:39.18 (34.08)	6:13.56 (34.38)	6:48.28 (34.72)	
	7:23.57 (35.29)	7:58.85 (35.28)	8:34.29 (35.44)	9:10.51 (36.22)	
	9:45.91 (35.40)	10:21.69 (35.78)	10:56.81 (35.12)	11:30.31 (33.50)	
4	Gulick, Jake	50	Westport / Weston	12:02.00	11:40.74
	32.16	1:06.92 (34.76)	1:41.95 (35.03)	2:17.57 (35.62)	
	2:53.05 (35.48)	3:28.79 (35.74)	4:04.45 (35.66)	4:40.26 (35.81)	
	5:16.05 (35.79)	5:51.81 (35.76)	6:27.10 (35.29)	7:01.96 (34.86)	
	7:37.33 (35.37)	8:12.88 (35.55)	8:48.13 (35.25)	9:23.60 (35.47)	
	9:58.78 (35.18)	10:33.50 (34.72)	11:07.72 (34.22)	11:40.74 (33.02)	
5	Burley, Nick	54	Mid-Delmarva YMCA	12:40.60	11:51.44
	31.67	1:06.56 (34.89)	1:42.09 (35.53)	2:17.81 (35.72)	
	2:53.84 (36.03)	3:29.80 (35.96)	4:05.48 (35.68)	4:41.28 (35.80)	
	5:17.23 (35.95)	5:53.30 (36.07)	6:29.10 (35.80)	7:04.62 (35.52)	
	7:40.43 (35.81)	8:16.34 (35.91)	8:52.36 (36.02)	9:28.39 (36.03)	
	10:04.51 (36.12)	10:40.76 (36.25)	11:16.46 (35.70)	11:51.44 (34.98)	
6	Welch, David J	52	Andover North Andover	11:40.00	11:55.00
	32.85	1:09.36 (36.51)	1:45.80 (36.44)	2:22.42 (36.62)	
	2:58.70 (36.28)	3:35.15 (36.45)	4:11.35 (36.20)	4:47.29 (35.94)	
	5:23.43 (36.14)	5:59.40 (35.97)	6:35.47 (36.07)	7:11.55 (36.08)	
	7:47.04 (35.49)	8:22.73 (35.69)	8:58.20 (35.47)	9:33.49 (35.29)	
	10:09.00 (35.51)	10:44.45 (35.45)	11:19.62 (35.17)	11:55.00 (35.38)	
7	Hendrick, Marty	50	YMCA of Central Texas	11:30.00	12:03.42
	31.84	1:06.80 (34.96)	1:42.68 (35.88)	2:18.56 (35.88)	
	2:54.70 (36.14)	3:31.43 (36.73)	4:08.04 (36.61)	4:44.46 (36.42)	
	5:21.34 (36.88)	5:58.15 (36.81)	6:35.14 (36.99)	7:12.41 (37.27)	
	7:49.27 (36.86)	8:26.21 (36.94)	9:03.15 (36.94)	9:40.47 (37.32)	
	10:17.29 (36.82)	10:53.14 (35.85)	11:29.11 (35.97)	12:03.42 (34.31)	
8	Viohl, Jeffrey	51	Mid-Delmarva YMCA	12:34.00	12:59.65
	33.30	1:08.79 (35.49)	1:45.46 (36.67)	2:22.72 (37.26)	
	3:00.07 (37.35)	3:37.92 (37.85)	4:16.33 (38.41)	4:55.30 (38.97)	
	5:34.48 (39.18)	6:13.68 (39.20)	6:52.71 (39.03)	7:32.24 (39.53)	
	8:11.83 (39.59)	8:51.23 (39.40)	9:31.14 (39.91)	10:11.85 (40.71)	
	10:52.52 (40.67)	11:33.46 (40.94)	12:16.15 (42.69)	12:59.65 (43.50)	
9	Gruber, Alan	53	Mid-Delmarva YMCA	13:25.00	13:09.81
	34.72	1:12.12 (37.40)	1:50.81 (38.69)	2:30.90 (40.09)	
	3:11.20 (40.30)	3:51.53 (40.33)	4:32.11 (40.58)	5:12.57 (40.46)	
	5:52.84 (40.27)	6:33.35 (40.51)	7:13.44 (40.09)	7:53.42 (39.98)	
	8:33.60 (40.18)	9:13.71 (40.11)	9:53.67 (39.96)	10:33.67 (40.00)	
	11:13.53 (39.86)	11:53.34 (39.81)	12:32.70 (39.36)	13:09.81 (37.11)	
10	Kincer, Greg	50	YMCA Indy Swimfit	16:15.00	14:25.37
	37.44	1:19.12 (41.68)	2:02.41 (43.29)	2:46.37 (43.96)	
	3:30.36 (43.99)	4:14.54 (44.18)	4:58.40 (43.86)	5:42.58 (44.18)	
	6:26.51 (43.93)	7:10.51 (44.00)	7:54.20 (43.69)	8:38.30 (44.10)	
	9:22.41 (44.11)	10:06.38 (43.97)	10:49.97 (43.59)	11:34.14 (44.17)	
	12:17.47 (43.33)	13:00.86 (43.39)	13:44.11 (43.25)	14:25.37 (41.26)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 50-54 1000 Yard Freestyle)

---	Grzeszczak, John S	50	Broward County YMCA Masters	12:00.00	NS
---	Threadgill, Peter	53	Mid-Delmarva YMCA	22:00.00	NS
	18:26.71	19:00.56	(33.85)		
---	Harbach, Russell	53	Broward County YMCA Masters	13:30.40	NS

Men 50-54 1650 Yard Freestyle

NAT YMCA: 17:02.62 * 4/12/2007 Mark Drennen Sarasota, FL

USMS: 16:42.07 ! 5/20/2001 Jim McConica

1	Drennen, Mark	52	Sarasota Family	17:21.53	17:29.09
	29.48	1:00.77	(31.29)	1:32.26	(31.49)
	2:35.62	(31.58)	3:07.56	(31.94)	3:39.66
	4:43.36	(31.90)	5:15.18	(31.82)	5:46.87
	6:50.30	(31.76)	7:22.06	(31.76)	7:54.02
	8:57.87	(31.82)	9:29.85	(31.98)	10:01.87
	11:05.88	(32.05)	11:37.85	(31.97)	12:09.98
	13:14.28	(32.23)	13:46.19	(31.91)	14:18.32
	15:22.03	(31.86)	15:53.78	(31.75)	16:25.81
					16:57.83
					17:29.09
					(31.26)
2	Erickson, Tim D	52	YMCA of Central Texas	18:52.00	18:14.45
	29.10	1:00.73	(31.63)	1:33.46	(32.73)
	2:40.89	(32.91)	3:14.15	(33.26)	3:47.65
	4:54.15	(33.12)	5:27.81	(33.66)	6:00.88
	7:07.36	(33.60)	7:40.88	(33.52)	8:14.35
	9:21.25	(33.14)	9:54.46	(33.21)	10:27.83
	11:35.10	(33.72)	12:08.25	(33.15)	12:41.34
	13:48.69	(33.67)	14:21.36	(32.67)	14:54.94
	16:01.12	(33.19)	16:34.64	(33.52)	17:08.53
					17:42.23
					18:14.45
					(32.22)
3	Murray, Craig F	51	Beavercreek	20:15.00	19:47.41
	31.94	1:06.85	(34.91)	1:42.43	(35.58)
	2:54.08	(35.82)	3:29.97	(35.89)	4:05.49
	5:16.52	(35.40)	5:52.00	(35.48)	6:27.71
	7:38.80	(35.31)	8:14.56	(35.76)	8:50.31
	10:01.20	(35.57)	10:36.94	(35.74)	11:12.89
	12:25.91	(36.45)	13:02.49	(36.58)	13:39.19
	14:53.02	(36.65)	15:29.83	(36.81)	16:06.55
	17:21.22	(37.36)	17:57.88	(36.66)	18:34.93
					19:11.67
					19:47.41
					(35.74)
4	Welch, David J	52	Andover North Andover	19:30.00	19:52.30
	33.71	1:10.32	(36.61)	1:48.01	(37.69)
	3:02.48	(37.10)	3:40.04	(37.56)	4:17.27
	5:31.09	(37.14)	6:07.84	(36.75)	6:44.54
	7:57.59	(36.37)	8:33.93	(36.34)	9:10.12
	10:21.96	(36.02)	10:57.96	(36.00)	11:33.91
	12:45.58	(35.76)	13:21.25	(35.67)	13:56.82
	15:07.81	(35.72)	15:43.84	(36.03)	16:19.27
	17:30.47	(35.53)	18:05.98	(35.51)	18:41.36
					19:16.78
					19:52.30
					(35.52)
5	Hendrick, Marty	50	YMCA of Central Texas	21:30.00	20:06.28
	32.92	1:08.32	(35.40)	1:44.00	(35.68)
	2:57.49	(36.61)	3:34.54	(37.05)	4:11.75
	5:26.37	(37.27)	6:03.99	(37.62)	6:40.94
	7:55.47	(36.94)	8:33.13	(37.66)	9:10.58
	10:24.91	(37.13)	11:01.86	(36.95)	11:38.78
	12:53.16	(37.03)	13:29.92	(36.76)	14:06.92
	15:19.32	(36.35)	15:55.78	(36.46)	16:32.09
	17:44.26	(36.21)	18:20.40	(36.14)	18:56.46
					19:32.07
					20:06.28
					(34.21)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 50-54 1650 Yard Freestyle)

6	Shaalán, Sherif	50	YMCA of Central Texas	21:30.70	21:36.27
	32.93	1:09.92 (36.99)	1:47.13 (37.21)	2:25.04 (37.91)	
	3:03.91 (38.87)	3:42.77 (38.86)	4:21.33 (38.56)	5:00.22 (38.89)	
	5:39.34 (39.12)	6:18.78 (39.44)	6:58.12 (39.34)	7:37.87 (39.75)	
	8:16.33 (38.46)	8:55.68 (39.35)	9:35.62 (39.94)	10:15.77 (40.15)	
	10:56.18 (40.41)	11:36.95 (40.77)	12:16.97 (40.02)	12:57.61 (40.64)	
	13:38.63 (41.02)	14:18.62 (39.99)	14:59.62 (41.00)	15:39.73 (40.11)	
	16:20.56 (40.83)	17:01.17 (40.61)	17:40.83 (39.66)	18:20.66 (39.83)	
	19:00.54 (39.88)	19:40.58 (40.04)	20:20.62 (40.04)	20:59.44 (38.82)	21:36.27 (36.83)
7	Gruber, Alan	53	Mid-Delmarva YMCA	22:30.00	21:52.81
	35.72	1:14.19 (38.47)	1:53.98 (39.79)	2:34.07 (40.09)	
	3:14.43 (40.36)	3:54.88 (40.45)	4:35.36 (40.48)	5:15.55 (40.19)	
	5:56.24 (40.69)	6:36.33 (40.09)	7:16.21 (39.88)	7:56.17 (39.96)	
	8:36.46 (40.29)	9:16.58 (40.12)	9:56.58 (40.00)	10:37.10 (40.52)	
	11:16.74 (39.64)	11:56.62 (39.88)	12:36.47 (39.85)	13:16.03 (39.56)	
	13:56.09 (40.06)	14:36.01 (39.92)	15:15.93 (39.92)	15:56.20 (40.27)	
	16:36.50 (40.30)	17:16.31 (39.81)	17:56.37 (40.06)	18:36.11 (39.74)	
	19:15.67 (39.56)	19:55.87 (40.20)	20:35.36 (39.49)	21:14.73 (39.37)	21:52.81 (38.08)
---	Munson, Fred	50	South Hills YMCA	19:17.00	NS
---	Harbach, Russell	53	Broward County YMCA Masters	23:03.02	NS

Men 50-54 50 Yard Backstroke

NAT YMCA:	26.49	*	5/21/2006	Casey Claffin	Sarasota
USMS:	26.24	!	5/23/1993	Robert Smith	
1	Wotton, Joe	50	Broward County YMCA Masters	29.70	28.31
2	Grzeszczak, John S	50	Broward County YMCA Masters	30.00	28.83
3	Dyer, Andy	50	Sarasota Family	28.50	29.43
4	Hendrick, Marty	50	YMCA of Central Texas	30.04	29.50
5	Newman, John C	53	Sarasota Family	28.86	30.15
6	Baker, Wayne L	50	Downtown Orlando	30.50	32.17
7	Bliss, Thomas G	54	Downtown Orlando	30.50	32.48
8	Kipp, Richard A	51	Beavercreek	34.57	34.14
9	Gleber, Michael C	53	YMCA of Central Texas	39.77	39.12
10	Molloy, William J	50	YMCA of South Palm Beach Cnty	39.49	39.38
11	Threadgill, Peter	53	Mid-Delmarva YMCA	1:00.25	1:11.01
---	Gaines, Rowdy R	50	Lake Mary (J Douglas Williams)	30.00	NS
---	Hefner, David S	54	Sarasota Family	32.00	NS

Men 50-54 100 Yard Backstroke

NAT YMCA:	58.07	*	5/19/2006	Casey Claffin	Sarasota-
USMS:	56.16	!	4/12/2008	Rick Abbott	
1	Hendrick, Marty	50	YMCA of Central Texas	1:07.77	1:01.99
	30.59	1:01.99 (31.40)			
2	Bliss, Thomas G	54	Downtown Orlando	1:06.00	1:02.26
	30.27	1:02.26 (31.99)			
3	Burley, Nick	54	Mid-Delmarva YMCA	1:03.30	1:06.70
	31.79	1:06.70 (34.91)			
4	Viohl, Jeffrey	51	Mid-Delmarva YMCA	1:08.35	1:09.17
	33.63	1:09.17 (35.54)			
5	Murray, Craig F	51	Beavercreek	1:18.00	1:11.06
	35.65	1:11.06 (35.41)			
6	Welch, David J	52	Andover North Andover	1:12.00	1:15.60
	37.30	1:15.60 (38.30)			

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(Men 50-54 100 Yard Backstroke)

7	Meyers, Craig	51	Sarasota Family	1:20.00	1:18.01
	37.89				1:18.01 (40.12)
8	Molloy, William J	50	YMCA of South Palm Beach Cnty	1:25.64	1:30.83
	1:27.23				1:30.83 (3.60)
9	Sonenshein, Roy S	51	Broward County YMCA Masters	1:37.37	1:38.65
	48.63				1:38.65 (50.02)
---	Hall, Gilberto R	52	Downtown Orlando	1:19.00	NS
---	Hefner, David S	54	Sarasota Family	1:08.00	NS
---	Harbach, Russell	53	Broward County YMCA Masters	1:15.90	NS

Men 50-54 200 Yard Backstroke

NAT YMCA: 2:08.59 * 2003		Jeff Perout		Sarasota, FL	
USMS: 2:04.42 ! 5/4/2008		Tom Barton			
1	Bliss, Thomas G	54	Downtown Orlando	2:20.00	2:12.65
	31.62				1:04.58 (32.96) 1:38.55 (33.97) 2:12.65 (34.10)
2	Hendrick, Marty	50	YMCA of Central Texas	2:25.77	2:15.64
	33.40				1:07.93 (34.53) 1:42.51 (34.58) 2:15.64 (33.13)
3	Murray, Craig F	51	Beavercreek	2:50.00	2:29.21
	36.51				1:14.25 (37.74) 1:51.39 (37.14) 2:29.21 (37.82)
4	Burley, Nick	54	Mid-Delmarva YMCA	2:25.60	2:30.15
	35.29				1:12.89 (37.60) 1:51.44 (38.55) 2:30.15 (38.71)
5	Viohl, Jeffrey	51	Mid-Delmarva YMCA	2:28.52	2:32.37
	37.33				1:15.41 (38.08) 1:54.04 (38.63) 2:32.37 (38.33)
6	Welch, David J	52	Andover North Andover	2:35.00	2:45.26
	39.57				1:21.77 (42.20) 2:04.13 (42.36) 2:45.26 (41.13)
7	Meyers, Craig	51	Sarasota Family	2:42.00	2:51.21
	39.21				1:23.10 (43.89) 2:07.59 (44.49) 2:51.21 (43.62)
---	Gulick, Jake	50	Westport / Weston	2:19.80	NS
---	Harbach, Russell	53	Broward County YMCA Masters	2:37.02	NS

Men 50-54 50 Yard Breaststroke

NAT YMCA: 28.29 * 4/18/2004		Timothy Shead		West Broward, FL	
USMS: 27.39 ! 5/4/2008		Jay McDonald			
1	Groselle, Jack R	54	Sarasota Family	28.97	28.68
2	Brenner, Bill	50	Sarasota Family	29.25	28.91
3	Allen, Peter J	50	Neenah-Menasha	30.77	29.56
4	Dyer, Andy	50	Sarasota Family	29.00	29.75
5	Newman, John C	53	Sarasota Family	30.50	30.90
6	Halley, Franklin M	51	Beavercreek	31.20	31.59
7	Young, Bruce	52	Tampa Metro Masters	34.00	32.46
8	Baker, Wayne L	50	Downtown Orlando	31.59	32.68
9	Hall, Gilberto R	52	Downtown Orlando	39.80	33.23
10	Kipp, Richard A	51	Beavercreek	33.41	34.20
11	Ibanez, George F	51	Florida First Coast	42.50	34.63
12	Micha, Daniel M	52	Schroeder	34.50	35.27
13	Murray, Craig F	51	Beavercreek	36.00	36.22
14	Gleber, Michael C	53	YMCA of Central Texas	37.85	37.65
15	Plackis, Paul	54	Central Florida	38.00	39.98
16	Gaughan, Brian F	51	Beavercreek	45.00	41.11
17	Threadgill, Peter	53	Mid-Delmarva YMCA	56.01	56.46
---	Hefner, David S	54	Sarasota Family	36.00	NS
---	Zenga, William T	54	YMCA of Central Texas	33.79	NS

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(Men 50-54 50 Yard Breaststroke)

--- Grzeszczak, John S 50 Broward County YMCA Masters 32.00 NS

Men 50-54 50 Yard Breaststroke Time Trial

NAT YMCA: 28.29 *

USMS: 27.39 ! 5/4/2008 Jay McDonald

- Time Trial

1 Allen, Peter J 50 Neenah-Menasha NT 29.88

Men 50-54 100 Yard Breaststroke

NAT YMCA: 1:02.08 * 5/21/2006 Jack Groselle Sarasota FL

USMS: 1:01.02 ! 5/10/1998 Don McKenzie

1	Groselle, Jack R	54	Sarasota Family	1:04.77	1:02.51
	29.72		1:02.51 (32.79)		
2	Allen, Peter J	50	Neenah-Menasha	1:05.66	1:03.52
	29.88		1:03.52 (33.64)		
3	Dyer, Andy	50	Sarasota Family	1:06.00	1:04.55
	29.58		1:04.55 (34.97)		
4	Brenner, Bill	50	Sarasota Family	1:06.80	1:05.17
	31.07		1:05.17 (34.10)		
5	Halley, Franklin M	51	Beavercreek	1:08.10	1:08.40
	32.22		1:08.40 (36.18)		
6	Kussatz, Uwe	53	Sarasota Family	1:08.00	1:09.18
	32.67		1:09.18 (36.51)		
7	Baker, Wayne L	50	Downtown Orlando	1:08.98	1:12.64
	33.33		1:12.64 (39.31)		
8	Young, Bruce	52	Tampa Metro Masters	1:20.00	1:12.99
	34.26		1:12.99 (38.73)		
9	Viohl, Jeffrey	51	Mid-Delmarva YMCA	1:14.90	1:15.50
	35.71		1:15.50 (39.79)		
10	Kipp, Richard A	51	Beavercreek	1:13.27	1:15.88
	35.28		1:15.88 (40.60)		
11	Shaalán, Sherif	50	YMCA of Central Texas	1:12.70	1:17.07
	36.42		1:17.07 (40.65)		
12	Micha, Daniel M	52	Schroeder	1:16.00	1:17.68
	35.82		1:17.68 (41.86)		
13	Ibanez, George F	51	Florida First Coast	1:31.00	1:22.92
	41.11		1:22.92 (41.81)		
14	Meyers, Craig	51	Sarasota Family	1:25.00	1:23.01
	38.47		1:23.01 (44.54)		
15	Plackis, Paul	54	Central Florida	1:28.00	1:25.47
	39.90		1:25.47 (45.57)		
16	Gaughan, Brian F	51	Beavercreek	1:35.00	1:35.15
	45.08		1:35.15 (50.07)		
17	Sonenshein, Roy S	51	Broward County YMCA Masters	1:41.43	1:35.65
	46.04		1:35.65 (49.61)		
---	Grzeszczak, John S	50	Broward County YMCA Masters	1:14.00	NS
---	Zenga, William T	54	YMCA of Central Texas	1:20.00	NS

Men 50-54 200 Yard Breaststroke

NAT YMCA: 2:21.72 * 4/16/2004 Timothy Shead West Broward, FL

USMS: 2:17.16 ! 5/12/1996 Robert Strand

1 Allen, Peter J 50 Neenah-Menasha 2:25.18 2:20.73*

30.97 1:05.47 (34.50) 1:42.42 (36.95) 2:20.73 (38.31)

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2	Dyer, Andy	50	Sarasota Family	2:25.40	2:24.70
	33.18	1:09.54 (36.36)	1:45.56 (36.02)	2:24.70 (39.14)	
3	Drennen, Mark	52	Sarasota Family	2:29.53	2:26.25
	33.71	1:11.11 (37.40)	1:49.03 (37.92)	2:26.25 (37.22)	
4	Brenner, Bill	50	Sarasota Family	2:32.00	2:27.63
	33.68	1:10.62 (36.94)	1:49.01 (38.39)	2:27.63 (38.62)	
5	Kussatz, Uwe	53	Sarasota Family	2:28.70	2:28.32
	35.25	1:13.23 (37.98)	1:51.17 (37.94)	2:28.32 (37.15)	
6	Baker, Wayne L	50	Downtown Orlando	2:45.00	2:41.46
	35.39	1:15.62 (40.23)	1:58.36 (42.74)	2:41.46 (43.10)	
7	Young, Bruce	52	Tampa Metro Masters	3:00.00	2:45.92
	36.85	1:18.06 (41.21)	2:01.57 (43.51)	2:45.92 (44.35)	
8	Kipp, Richard A	51	Beavercreek	2:43.98	2:47.72
	38.66	1:21.56 (42.90)	2:04.47 (42.91)	2:47.72 (43.25)	
9	Burley, Nick	54	Mid-Delmarva YMCA	2:43.60	2:48.65
	38.43	1:20.58 (42.15)	2:04.29 (43.71)	2:48.65 (44.36)	
10	Viohl, Jeffrey	51	Mid-Delmarva YMCA	2:45.00	2:48.80
	37.75	1:20.48 (42.73)	2:04.15 (43.67)	2:48.80 (44.65)	
11	Gruber, Alan	53	Mid-Delmarva YMCA	3:10.00	3:02.89
	41.23	1:29.68 (48.45)	2:17.55 (47.87)	3:02.89 (45.34)	
12	Ibanez, George F	51	Florida First Coast	3:16.00	3:04.67
	41.86	1:29.71 (47.85)	2:18.57 (48.86)	3:04.67 (46.10)	
13	Micha, Daniel M	52	Schroeder	3:00.00	3:10.11
	41.45	1:28.84 (47.39)	2:19.33 (50.49)	3:10.11 (50.78)	
14	Plackis, Paul	54	Central Florida	3:18.00	3:20.98
	44.45	1:36.90 (52.45)	2:29.64 (52.74)	3:20.98 (51.34)	
---	Grzeszczak, John S	50	Broward County YMCA Masters	3:00.00	NS
---	Hendrick, Marty	50	YMCA of Central Texas	3:05.77	NS
---	Zenga, William T	54	YMCA of Central Texas	2:57.43	NS

Men 50-54 50 Yard Butterfly

NAT YMCA:	25.01	*	2003	John McCall	Orlando AC, FL
USMS:	23.19	!	4/25/2004	Trip Hedrick	
1	Schmitz, Mike L	50	Plymouth Community Family	26.00	24.52*
2	Groselle, Jack R	54	Sarasota Family	25.63	25.04
3	Wotton, Joe	50	Broward County YMCA Masters	26.00	25.59
4	Dyer, Andy	50	Sarasota Family	25.90	26.29
5	Bliss, Thomas G	54	Downtown Orlando	27.00	26.87
6	Romano, Greg	53	South Hills YMCA	27.80	27.41
7	Mancuso, Steve C	54	Sarasota Family	28.09	28.24
8	Baker, Wayne L	50	Downtown Orlando	27.60	28.60
9	Shaalán, Sherif	50	YMCA of Central Texas	29.70	29.46
10	Kipp, Richard A	51	Beavercreek	30.05	29.59
11	Welch, David J	52	Andover North Andover	29.00	32.51
12	Kincer, Greg	50	YMCA Indy Swimfit	35.00	33.48
13	Meyers, Craig	51	Sarasota Family	32.00	33.95
14	Plackis, Paul	54	Central Florida	36.50	36.13
15	Gaughan, Brian F	51	Beavercreek	38.00	36.23
16	Sonenshein, Roy S	51	Broward County YMCA Masters	43.32	46.06
17	Threadgill, Peter	53	Mid-Delmarva YMCA	1:10.00	1:06.37
---	Hefner, David S	54	Sarasota Family	29.00	NS
---	Grzeszczak, John S	50	Broward County YMCA Masters	26.50	NS

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NAT YMCA: 54.40		*	4/18/2004	John McCall	Orlando AC, FL-	
USMS: 51.93		!	4/13/2008	Paul Carter		
1	Erickson, Tim D	52	YMCA of Central Texas	57.73	56.48	
	26.57		56.48 (29.91)			
2	Kussatz, Uwe	53	Sarasota Family	58.00	58.29	
	27.76		58.29 (30.53)			
3	Bliss, Thomas G	54	Downtown Orlando	1:01.00	58.88	
	27.82		58.88 (31.06)			
4	Halley, Franklin M	51	Beavercreek	1:01.30	1:00.76	
	28.53		1:00.76 (32.23)			
5	Romano, Greg	53	South Hills YMCA	1:04.50	1:02.94	
	27.83		1:02.94 (35.11)			
6	Wotton, Joe	50	Broward County YMCA Masters	59.30	1:03.26	
	27.82		1:03.26 (35.44)			
7	Mancuso, Steve C	54	Sarasota Family	1:04.03	1:05.18	
	28.99		1:05.18 (36.19)			
8	Burley, Nick	54	Mid-Delmarva YMCA	1:00.90	1:06.12	
	30.89		1:06.12 (35.23)			
---	Dyer, Andy	50	Sarasota Family	59.30	NS	
---	Harbach, Russell	53	Broward County YMCA Masters	1:12.82	NS	

Men 50-54 200 Yard Butterfly

NAT YMCA: 2:04.09		*	5/19/2006	Jim O'Connor	Anne Arundel-	
USMS: 2:00.63		!	4/22/2007	James Belardi		
1	Erickson, Tim D	52	YMCA of Central Texas	2:10.02	2:07.90	
	28.49		1:01.37 (32.88) 1:34.74 (33.37)	2:07.90 (33.16)		
2	Bliss, Thomas G	54	Downtown Orlando	2:25.00	2:16.11	
	31.66		1:06.09 (34.43) 1:41.67 (35.58)	2:16.11 (34.44)		
3	Burley, Nick	54	Mid-Delmarva YMCA	2:23.30	2:26.49	
	32.83		1:11.10 (38.27) 1:49.25 (38.15)	2:26.49 (37.24)		
4	Mancuso, Steve C	54	Sarasota Family	2:45.25	2:43.52	
	34.52		1:14.85 (40.33) 1:57.06 (42.21)	2:43.52 (46.46)		
5	Zenga, William T	54	YMCA of Central Texas	3:00.00	2:46.92	
	37.27		1:19.84 (42.57) 2:03.64 (43.80)	2:46.92 (43.28)		
---	Gulick, Jake	50	Westport / Weston	2:22.30	NS	
---	Harbach, Russell	53	Broward County YMCA Masters	2:42.40	NS	

Men 50-54 100 Yard IM

NAT YMCA: 56.85		*	4/16/2004	Timothy Shead	West Broward, FL	
USMS: 56.04		!	4/25/2004	Timothy Shead		
1	Schmitz, Mike L	50	Plymouth Community Family	58.50	56.15 *	
	26.07		56.15 (30.08)			
2	Groselle, Jack R	54	Sarasota Family	57.63	56.45 *	
	27.31		56.45 (29.14)			
3	Dyer, Andy	50	Sarasota Family	59.10	58.31	
	27.67		58.31 (30.64)			
4	Wotton, Joe	50	Broward County YMCA Masters	1:00.50	1:00.02	
	27.65		1:00.02 (32.37)			
5	Newman, John C	53	Sarasota Family	59.90	1:01.65	
	28.68		1:01.65 (32.97)			
6	Kussatz, Uwe	53	Sarasota Family	1:00.00	1:01.92	
	30.05		1:01.92 (31.87)			

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7	Halley, Franklin M	51	Beavercreek	1:01.70	1:01.96
	29.88	1:01.96	(32.08)		
8	Mancuso, Steve C	54	Sarasota Family	1:08.14	1:06.96
	30.98	1:06.96	(35.98)		
9	Kipp, Richard A	51	Beavercreek	1:08.13	1:08.50
	32.86	1:08.50	(35.64)		
10	Shaalán, Sherif	50	YMCA of Central Texas	1:09.70	1:08.63
	32.96	1:08.63	(35.67)		
11	Meyers, Craig	51	Sarasota Family	1:15.00	1:15.19
	34.35	1:15.19	(40.84)		
12	Hall, Gilberto R	52	Downtown Orlando	1:05.08	1:15.27
	37.10	1:15.27	(38.17)		
13	Gaughan, Brian F	51	Beavercreek	1:31.00	1:28.80
	43.16	1:28.80	(45.64)		
14	Sonenshein, Roy S	51	Broward County YMCA Masters	1:31.98	1:32.31
	46.45	1:32.31	(45.86)		
15	Threadgill, Peter	53	Mid-Delmarva YMCA	2:05.00	2:19.19
	1:06.52	2:19.19	(1:12.67)		
---	Burley, Nick	54	Mid-Delmarva YMCA	1:04.60	NS
---	Hefner, David S	54	Sarasota Family	1:06.00	NS
---	Zenga, William T	54	YMCA of Central Texas	1:07.77	NS
---	Grzeszczak, John S	50	Broward County YMCA Masters	1:04.00	NS

Men 50-54 200 Yard IM

NAT YMCA: 2:05.58		*	5/21/2006	Jack Groselle	Sarasota FL	
USMS: 2:03.44		!	4/13/2008	Ken Shilling		
1	Groselle, Jack R	54	Sarasota Family	2:06.38	2:03.60*	
	26.35	1:00.52	(34.17)	1:36.34	(35.82)	
				2:03.60	(27.26)	
2	Schmitz, Mike L	50	Plymouth Community Family	2:13.00	2:05.32*	
	26.16	58.25	(32.09)	1:36.96	(38.71)	
				2:05.32	(28.36)	
3	Bliss, Thomas G	54	Downtown Orlando	2:20.00	2:13.29	
	27.59	1:01.42	(33.83)	1:42.05	(40.63)	
				2:13.29	(31.24)	
4	Halley, Franklin M	51	Beavercreek	2:12.20	2:13.50	
	28.74	1:05.63	(36.89)	1:43.72	(38.09)	
				2:13.50	(29.78)	
5	Burley, Nick	54	Mid-Delmarva YMCA	2:31.30	2:29.84	
	31.08	1:09.82	(38.74)	1:54.93	(45.11)	
				2:29.84	(34.91)	
6	Viohl, Jeffrey	51	Mid-Delmarva YMCA	2:34.89	2:30.22	
	32.54	1:12.34	(39.80)	1:55.92	(43.58)	
				2:30.22	(34.30)	
7	Shaalán, Sherif	50	YMCA of Central Texas	2:30.70	2:37.34	
	31.37	1:14.61	(43.24)	2:02.45	(47.84)	
				2:37.34	(34.89)	
8	Sonenshein, Roy S	51	Broward County YMCA Masters	3:23.33	3:20.38	
	47.75	1:41.79	(54.04)	2:37.58	(55.79)	
				3:20.38	(42.80)	
9	Gaughan, Brian F	51	Beavercreek	3:25.00	3:20.47	
	40.14	1:39.45	(59.31)	2:36.61	(57.16)	
				3:20.47	(43.86)	
---	Zenga, William T	54	YMCA of Central Texas	2:35.77	NS	

Men 50-54 400 Yard IM

NAT YMCA: 4:32.20		*	4/13/2007	Mark Drennen	Sarasota, FL	
USMS: 4:25.29		!	5/22/2005	Michael Mann		
1	Drennen, Mark	52	Sarasota Family	4:44.53	4:37.79	
	29.86	1:02.82	(32.96)	1:39.99	(37.17)	
				2:15.83	(35.84)	
	2:56.02	(40.19)	3:35.74	(39.72)	4:07.25	
				4:37.79	(30.54)	

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2	Bliss, Thomas G	54	Downtown Orlando	5:10.00	4:49.96
	30.32	1:05.84 (35.52)	1:42.45 (36.61)	2:18.09 (35.64)	
	3:01.02 (42.93)	3:44.40 (43.38)	4:17.65 (33.25)	4:49.96 (32.31)	
3	Halley, Franklin M	51	Beavercreek	4:47.50	4:55.03
	30.26	1:06.13 (35.87)	1:46.99 (40.86)	2:27.16 (40.17)	
	3:07.37 (40.21)	3:48.98 (41.61)	4:22.89 (33.91)	4:55.03 (32.14)	
4	Hendrick, Marty	50	YMCA of Central Texas	5:30.00	5:01.52
	32.16	1:07.82 (35.66)	1:47.11 (39.29)	2:27.44 (40.33)	
	3:12.72 (45.28)	3:55.12 (42.40)	4:29.62 (34.50)	5:01.52 (31.90)	
5	Gulick, Jake	50	Westport / Weston	4:58.20	5:04.20
	31.61	1:08.03 (36.42)	1:46.99 (38.96)	2:25.25 (38.26)	
	3:10.44 (45.19)	3:54.57 (44.13)	4:30.51 (35.94)	5:04.20 (33.69)	
---	Mancuso, Steve C	54	Sarasota Family	5:32.32	DQ
	Non-simultaneous arms - breast				
---	Erickson, Tim D	52	YMCA of Central Texas	4:54.47	DQ
	Downward butterfly kick - breast				
---	Grzeszczak, John S	50	Broward County YMCA Masters	5:30.00	NS

Men 55-59 50 Yard Freestyle

NAT YMCA:	22.47	*	4/15/2007	Paul Trevisan	Sarasota, FL
USMS:	21.82	!	4/30/2000	Richard Abrahams	
1	Claffin, Casey	55	Tampa Metro Masters	24.50	23.54
2	Schmidt, George L	59	Broward County YMCA Masters	24.50	24.12
3	Ruelf, Michael	55	Tampa Metro Masters	26.00	24.74
4	Wigo, Bruce	59	YMCA of Central Texas	24.90	24.84
5	Forrer, Steve R	56	Cedar Rapids	23.50	24.90
*6	Mandel, Barry R	56	Cedar Rapids	25.50	25.10
*6	Miltenberger, Chester D	57	Downtown Orlando	30.00	25.10
8	Olson, Chuck A	59	Plymouth Community Family	25.50	25.29
9	Long, Douglas D	55	Caine Halter Family	25.90	25.50
10	Wenkstern, Thomas H	55	Cedar Rapids	25.50	25.62
11	Rollins, Bruce W	59	Cedar Rapids	26.70	25.78
12	Cates, Gary	57	Sarasota Family	26.92	25.90
13	Battistini, Rick A	55	Andover North Andover	25.28	26.12
14	Nawrocki, Gary C	55	South Hills YMCA	27.60	26.46
15	Meltz, Steve	55	Andover North Andover	26.00	27.61
16	Taylor, Bill W	57	Cedar Rapids	27.50	27.63
17	Carrithers, David F	56	Cedar Rapids	26.00	27.64
18	Cook, Robert S	58	Cedar Rapids	26.51	27.67
19	Gearhart, Nicholas C	57	Cedar Rapids	26.00	27.69
20	Krizan, Tim	58	Cedar Rapids	24.90	30.66
21	Nichols, Paul W	58	Florida First Coast	29.00	31.14
22	Krizan, Daniel P	57	Cedar Rapids	35.00	31.82
23	Funkhouser, Raymond C	58	Northern Neck Family	33.65	32.83
---	Proctor, Tom L	59	Cedar Rapids	30.00	DQ
	False start				
---	Shields, Barry	57	South Hills YMCA	37.00	NS
---	Wein, Arthur	58	South Hills YMCA	25.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 55-59 50 Yard Freestyle Time Trial**

NAT YMCA: 22.47 *

USMS: 21.82 ! 4/30/2000 Richard Abrahams

- Time Trial

1	Schmidt, George L	59	Broward County YMCA Masters	NT	24.09
2	Cates, Gary	57	Sarasota Family	NT	25.67

Men 55-59 100 Yard Freestyle

NAT YMCA: 50.04 * 4/14/2007 Paul Trevisan

Sarasota, FL

USMS: 48.37 ! 4/30/2000 Richard Abrahams

1	Dodson, Phil L	56	Sarasota Family	51.90	51.98
	25.27				51.98 (26.71)
2	Keenan, George W	55	McHenry County	54.10	53.45
	25.99				53.45 (27.46)
3	Schmidt, George L	59	Broward County YMCA Masters	53.90	53.97
	25.48				53.97 (28.49)
4	Mandel, Barry R	56	Cedar Rapids	57.00	54.80
	25.97				54.80 (28.83)
5	Kinsella, John P	56	Cedar Rapids	56.20	55.27
	26.51				55.27 (28.76)
*6	Olson, Chuck A	59	Plymouth Community Family	55.50	55.37
	27.01				55.37 (28.36)
*6	Wigo, Bruce	59	YMCA of Central Texas	55.09	55.37
	26.10				55.37 (29.27)
8	Walker, Rick B	58	Sarasota Family	56.00	55.97
	27.23				55.97 (28.74)
9	Long, Douglas D	55	Caine Halter Family	58.20	56.76
	26.91				56.76 (29.85)
10	Miltenberger, Chester D	57	Downtown Orlando	59.00	56.79
	26.83				56.79 (29.96)
11	Rollins, Bruce W	59	Cedar Rapids	59.02	57.48
	27.36				57.48 (30.12)
12	Forrer, Steve R	56	Cedar Rapids	55.00	57.75
	27.40				57.75 (30.35)
13	Proctor, Tom L	59	Cedar Rapids	1:01.00	58.50
	27.63				58.50 (30.87)
14	Wenkstern, Thomas H	55	Cedar Rapids	59.50	58.67
	28.18				58.67 (30.49)
15	Nawrocki, Gary C	55	South Hills YMCA	1:05.46	1:00.10
	28.98				1:00.10 (31.12)
16	Gearhart, Nicholas C	57	Cedar Rapids	58.00	1:01.58
	29.07				1:01.58 (32.51)
17	Taylor, Bill W	57	Cedar Rapids	1:02.00	1:03.43
	29.42				1:03.43 (34.01)
18	Meltz, Steve	55	Andover North Andover	59.00	1:05.06
	30.92				1:05.06 (34.14)
19	Shields, Barry	57	South Hills YMCA	1:14.00	1:05.42
	31.70				1:05.42 (33.72)
20	Krizan, Tim	58	Cedar Rapids	1:03.40	1:18.77
	33.36				1:18.77 (45.41)
---	Wein, Arthur	58	South Hills YMCA	58.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 55-59 100 Yard Freestyle Time Trial****NAT YMCA: 50.04 *****USMS: 48.37 ! 4/30/2000 Richard Abrahams****- Time Trial**

1	Dodson, Phil L	56	Sarasota Family	NT	51.65
2	Clafin, Casey	55	Tampa Metro Masters	NT	52.07

Men 55-59 200 Yard Freestyle**NAT YMCA: 1:52.43 * 5/18/2008 Philip L Dodson****Sarasota FL-FL****USMS: 1:50.85 ! 5/14/2006 Jim McConica**

1	Dodson, Phil L	56	Sarasota Family	1:52.50	1:54.18
	26.63	56.37 (29.74)	1:25.93 (29.56)	1:54.18 (28.25)	
2	Keenan, George W	55	McHenry County	1:59.50	1:56.17
	27.58	56.12 (28.54)	1:26.21 (30.09)	1:56.17 (29.96)	
3	Clafin, Casey	55	Tampa Metro Masters	2:00.00	1:57.81
	27.21	56.59 (29.38)	1:27.60 (31.01)	1:57.81 (30.21)	
4	Walker, Rick B	58	Sarasota Family	2:00.00	2:00.66
	28.26	59.21 (30.95)	1:30.63 (31.42)	2:00.66 (30.03)	
5	Olson, Chuck A	59	Plymouth Community Family	2:01.00	2:01.45
	29.63	1:00.05 (30.42)	1:30.67 (30.62)	2:01.45 (30.78)	
6	Thompson, Frank L	57	Plymouth Community Family	2:07.16	2:05.62
	29.47	1:01.45 (31.98)	1:33.72 (32.27)	2:05.62 (31.90)	
7	Long, Douglas D	55	Caine Halter Family	2:09.50	2:06.73
	29.06	1:00.53 (31.47)	1:33.74 (33.21)	2:06.73 (32.99)	
8	Geoghegan, William J	58	Westport / Weston	2:12.00	2:13.32
	31.44	1:04.95 (33.51)	1:39.06 (34.11)	2:13.32 (34.26)	
9	Battistini, Rick A	55	Andover North Andover	2:15.50	2:15.46
	30.85	1:05.82 (34.97)	1:41.56 (35.74)	2:15.46 (33.90)	
10	Rollins, Bruce W	59	Cedar Rapids	2:15.00	2:15.88
	30.03	1:04.29 (34.26)	1:39.92 (35.63)	2:15.88 (35.96)	
11	Shields, Barry	57	South Hills YMCA	2:30.00	2:25.73
	32.10	1:07.88 (35.78)	1:46.63 (38.75)	2:25.73 (39.10)	
12	Meltz, Steve	55	Andover North Andover	2:20.00	2:25.82
	33.27	1:10.75 (37.48)	1:49.07 (38.32)	2:25.82 (36.75)	
---	Proctor, Tom L	59	Cedar Rapids	2:15.00	NS
---	Schmidt, George L	59	Broward County YMCA Masters	2:01.60	NS
---	Gearhart, Nicholas C	57	Cedar Rapids	2:08.00	NS
---	McCormack, Kevin	56	Sarasota Family	1:59.80	NS
---	Wein, Arthur	58	South Hills YMCA	2:25.00	NS

Men 55-59 500 Yard Freestyle**NAT YMCA: 5:15.59 * 5/18/2008 Philip L Dodson****Sarasota FL-FL****USMS: 4:57.82 ! 5/20/2007 Jim McConica**

1	Dodson, Phil L	56	Sarasota Family	5:11.00	5:14.06*
	29.72	1:01.27 (31.55)	1:33.06 (31.79)	2:05.00 (31.94)	
	2:36.97 (31.97)	3:09.29 (32.32)	3:41.69 (32.40)	4:13.07 (31.38)	
	4:44.21 (31.14)	5:14.06 (29.85)			
2	Keenan, George W	55	McHenry County	5:23.50	5:14.18*
	29.04	1:00.71 (31.67)	1:32.66 (31.95)	2:04.60 (31.94)	
	2:36.57 (31.97)	3:08.76 (32.19)	3:40.73 (31.97)	4:12.28 (31.55)	
	4:43.74 (31.46)	5:14.18 (30.44)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 55-59 500 Yard Freestyle)**

3	Walker, Rick B	58	Sarasota Family	5:30.00	5:25.91
	29.54	1:01.60 (32.06)	1:34.44 (32.84)	2:07.74 (33.30)	
	2:40.95 (33.21)	3:14.48 (33.53)	3:47.80 (33.32)	4:21.27 (33.47)	
	4:54.35 (33.08)	5:25.91 (31.56)			
4	Kinsella, John P	56	Cedar Rapids	5:45.80	5:26.07
	28.58	59.96 (31.38)	1:32.37 (32.41)	2:05.28 (32.91)	
	2:38.63 (33.35)	3:12.34 (33.71)	3:46.07 (33.73)	4:19.73 (33.66)	
	4:53.13 (33.40)	5:26.07 (32.94)			
5	Thompson, Frank L	57	Plymouth Community Family	5:39.02	5:37.36
	30.97	1:04.81 (33.84)	1:39.22 (34.41)	2:13.75 (34.53)	
	2:48.35 (34.60)	3:22.82 (34.47)	3:57.08 (34.26)	4:31.48 (34.40)	
	5:05.27 (33.79)	5:37.36 (32.09)			
6	Olson, Chuck A	59	Plymouth Community Family	5:38.00	5:39.87
	30.87	1:03.09 (32.22)	1:36.16 (33.07)	2:10.08 (33.92)	
	2:44.50 (34.42)	3:18.98 (34.48)	3:53.62 (34.64)	4:28.84 (35.22)	
	5:04.65 (35.81)	5:39.87 (35.22)			
7	Fritts, Jack M	58	Cedar Rapids	5:55.00	5:58.07
	31.41	1:04.82 (33.41)	1:39.97 (35.15)	2:15.92 (35.95)	
	2:52.41 (36.49)	3:29.49 (37.08)	4:07.17 (37.68)	4:45.13 (37.96)	
	5:22.52 (37.39)	5:58.07 (35.55)			
8	Shields, Barry	57	South Hills YMCA	7:00.00	6:28.54
	33.84	1:10.55 (36.71)	1:49.02 (38.47)	2:28.87 (39.85)	
	3:09.49 (40.62)	3:50.13 (40.64)	4:31.03 (40.90)	5:12.02 (40.99)	
	5:50.32 (38.30)	6:28.54 (38.22)			
9	Meltz, Steve	55	Andover North Andover	7:05.00	7:05.76
	35.85	1:16.90 (41.05)	1:59.82 (42.92)	2:43.58 (43.76)	
	3:27.20 (43.62)	4:11.61 (44.41)	4:56.16 (44.55)	5:40.73 (44.57)	
	6:24.03 (43.30)	7:05.76 (41.73)			
10	Funkhouser, Raymond C	58	Northern Neck Family	8:45.00	8:23.11
	39.27	1:26.21 (46.94)	2:16.33 (50.12)	3:08.52 (52.19)	
	4:01.30 (52.78)	4:53.38 (52.08)	5:46.41 (53.03)	6:39.56 (53.15)	
	7:32.89 (53.33)	8:23.11 (50.22)			
---	Proctor, Tom L	59	Cedar Rapids	7:00.00	NS

Men 55-59 1000 Yard Freestyle

NAT YMCA: 11:03.77		* 5/15/2008 Rick B Walker		Sarasota FL-FL	
USMS: 10:07.36		! 5/14/2006 Jim McConica			
1	Keenan, George W	55	McHenry County	11:15.00	10:49.39*
	29.78	1:02.44 (32.66)	1:35.60 (33.16)	2:09.36 (33.76)	
	2:42.60 (33.24)	3:15.72 (33.12)	3:48.65 (32.93)	4:21.77 (33.12)	
	4:54.44 (32.67)	5:27.13 (32.69)	5:59.21 (32.08)	6:31.30 (32.09)	
	7:03.26 (31.96)	7:35.51 (32.25)	8:07.92 (32.41)	8:40.46 (32.54)	
	9:13.01 (32.55)	9:45.76 (32.75)	10:17.98 (32.22)	10:49.39 (31.41)	
2	Walker, Rick B	58	Sarasota Family	11:20.00	11:06.16
	30.53	1:04.00 (33.47)	1:37.68 (33.68)	2:10.95 (33.27)	
	2:44.52 (33.57)	3:18.57 (34.05)	3:52.31 (33.74)	4:25.95 (33.64)	
	4:59.60 (33.65)	5:33.57 (33.97)	6:07.23 (33.66)	6:41.05 (33.82)	
	7:14.57 (33.52)	7:48.23 (33.66)	8:21.68 (33.45)	8:55.16 (33.48)	
	9:28.65 (33.49)	10:01.98 (33.33)	10:34.66 (32.68)	11:06.16 (31.50)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 55-59 1000 Yard Freestyle)

3	Olson, Chuck A	59	Plymouth Community Family	11:55.00	11:52.81
	31.01	1:03.85 (32.84)	1:37.89 (34.04)	2:12.25 (34.36)	
	2:47.00 (34.75)	3:22.09 (35.09)	3:56.91 (34.82)	4:32.03 (35.12)	
	5:07.43 (35.40)	5:42.99 (35.56)	6:18.63 (35.64)	6:54.67 (36.04)	
	7:31.00 (36.33)	8:07.80 (36.80)	8:45.39 (37.59)	9:22.89 (37.50)	
	10:00.31 (37.42)	10:38.38 (38.07)	11:16.13 (37.75)	11:52.81 (36.68)	
4	Fritts, Jack M	58	Cedar Rapids	11:55.00	12:00.01
	32.18	1:06.31 (34.13)	1:41.45 (35.14)	2:17.16 (35.71)	
	2:52.84 (35.68)	3:29.10 (36.26)	4:05.59 (36.49)	4:41.97 (36.38)	
	5:18.88 (36.91)	5:55.58 (36.70)	6:32.80 (37.22)	7:09.67 (36.87)	
	7:46.76 (37.09)	8:23.62 (36.86)	9:00.25 (36.63)	9:37.36 (37.11)	
	10:13.92 (36.56)	10:49.81 (35.89)	11:25.81 (36.00)	12:00.01 (34.20)	
5	Geoghegan, William J	58	Westport / Weston	13:05.00	12:49.03
	34.78	1:12.09 (37.31)	1:49.97 (37.88)	2:28.11 (38.14)	
	3:06.60 (38.49)	3:45.61 (39.01)	4:24.56 (38.95)	5:03.37 (38.81)	
	5:41.90 (38.53)	6:20.24 (38.34)	6:58.81 (38.57)	7:37.05 (38.24)	
	8:15.84 (38.79)	8:54.89 (39.05)	9:34.10 (39.21)	10:13.83 (39.73)	
	10:53.48 (39.65)	11:33.01 (39.53)	12:12.26 (39.25)	12:49.03 (36.77)	
6	Battistini, Rick A	55	Andover North Andover	13:41.10	13:27.63
	33.84	1:11.57 (37.73)	1:50.70 (39.13)	2:31.06 (40.36)	
	3:11.30 (40.24)	3:52.58 (41.28)	4:33.68 (41.10)	5:14.94 (41.26)	
	5:55.87 (40.93)	6:37.98 (42.11)	7:19.24 (41.26)	8:00.56 (41.32)	
	8:42.11 (41.55)	9:23.31 (41.20)	10:04.94 (41.63)	10:46.82 (41.88)	
	11:27.56 (40.74)	12:08.59 (41.03)	12:49.06 (40.47)	13:27.63 (38.57)	
7	Shields, Barry	57	South Hills YMCA	16:00.00	13:30.59
	34.07	1:11.06 (36.99)	1:51.37 (40.31)	2:32.55 (41.18)	
	3:13.36 (40.81)	3:54.74 (41.38)	4:36.88 (42.14)	5:18.34 (41.46)	
	5:59.77 (41.43)	6:40.98 (41.21)	7:23.10 (42.12)	8:03.88 (40.78)	
	8:44.28 (40.40)	9:25.84 (41.56)	10:07.46 (41.62)	10:49.84 (42.38)	
	11:31.24 (41.40)	12:12.28 (41.04)	12:52.59 (40.31)	13:30.59 (38.00)	
8	Meltz, Steve	55	Andover North Andover	13:45.00	14:22.80
	35.80	1:14.99 (39.19)	1:55.80 (40.81)	2:38.41 (42.61)	
	3:21.39 (42.98)	4:05.51 (44.12)	4:49.65 (44.14)	5:34.20 (44.55)	
	6:19.18 (44.98)	7:04.95 (45.77)	7:49.23 (44.28)	8:34.08 (44.85)	
	9:18.11 (44.03)	10:01.91 (43.80)	10:45.95 (44.04)	11:29.94 (43.99)	
	12:14.58 (44.64)	12:58.70 (44.12)	13:41.83 (43.13)	14:22.80 (40.97)	

Men 55-59 1650 Yard Freestyle

NAT YMCA: 18:29.32 * 5/18/2006 Rick Walker Sarasota, FL

USMS: 17:11.12 ! 5/20/2007 Jim McConica

1	Walker, Rick B	58	Sarasota Family	19:55.00	19:03.36
	32.24	1:06.44 (34.20)	1:41.87 (35.43)	2:17.58 (35.71)	
	2:52.96 (35.38)	3:27.98 (35.02)	4:03.15 (35.17)	4:38.43 (35.28)	
	5:13.56 (35.13)	5:48.64 (35.08)	6:23.54 (34.90)	6:58.24 (34.70)	
	7:33.15 (34.91)	8:07.90 (34.75)	8:42.75 (34.85)	9:17.47 (34.72)	
	9:52.09 (34.62)	10:26.59 (34.50)	11:01.04 (34.45)	11:35.63 (34.59)	
	12:10.36 (34.73)	12:45.02 (34.66)	13:19.64 (34.62)	13:54.13 (34.49)	
	14:28.98 (34.85)	15:03.83 (34.85)	15:38.51 (34.68)	16:13.27 (34.76)	
	16:48.04 (34.77)	17:22.53 (34.49)	17:56.78 (34.25)	18:31.07 (34.29)	19:03.36 (32.29)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 55-59 1650 Yard Freestyle)**

2	Thompson, Frank L	57	Plymouth Community Family	19:32.58	19:27.28
	31.14	1:05.85 (34.71)	1:41.84 (35.99)	2:17.65 (35.81)	
	2:53.26 (35.61)	3:28.93 (35.67)	4:04.74 (35.81)	4:40.51 (35.77)	
	5:15.88 (35.37)	5:51.49 (35.61)	6:27.05 (35.56)	7:02.44 (35.39)	
	7:37.77 (35.33)	8:13.11 (35.34)	8:48.44 (35.33)	9:23.95 (35.51)	
	9:59.46 (35.51)	10:34.97 (35.51)	11:10.89 (35.92)	11:46.69 (35.80)	
	12:22.34 (35.65)	12:58.09 (35.75)	13:34.08 (35.99)	14:09.93 (35.85)	
	14:45.69 (35.76)	15:21.74 (36.05)	15:57.72 (35.98)	16:33.76 (36.04)	
	17:09.69 (35.93)	17:44.75 (35.06)	18:19.46 (34.71)	18:53.93 (34.47)	19:27.28 (33.35)
3	Fritts, Jack M	58	Cedar Rapids	23:00.00	20:14.22
	32.24	1:06.32 (34.08)	1:41.35 (35.03)	2:17.35 (36.00)	
	2:53.87 (36.52)	3:30.82 (36.95)	4:07.66 (36.84)	4:44.74 (37.08)	
	5:22.06 (37.32)	5:59.20 (37.14)	6:36.63 (37.43)	7:13.77 (37.14)	
	7:51.15 (37.38)	8:28.22 (37.07)	9:05.39 (37.17)	9:42.50 (37.11)	
	10:20.16 (37.66)	10:57.58 (37.42)	11:35.38 (37.80)	12:13.04 (37.66)	
	12:50.43 (37.39)	13:28.24 (37.81)	14:05.67 (37.43)	14:43.04 (37.37)	
	15:20.45 (37.41)	15:58.18 (37.73)	16:35.53 (37.35)	17:12.72 (37.19)	
	17:49.72 (37.00)	18:26.98 (37.26)	19:03.67 (36.69)	19:40.08 (36.41)	20:14.22 (34.14)
4	Howle, Gary A	57	Sarasota Family	21:30.00	22:05.18
	34.93	1:13.65 (38.72)	1:54.16 (40.51)	2:35.29 (41.13)	
	3:16.32 (41.03)	3:57.57 (41.25)	4:38.33 (40.76)	5:18.99 (40.66)	
	5:59.73 (40.74)	6:40.03 (40.30)	7:21.24 (41.21)	8:01.38 (40.14)	
	8:41.18 (39.80)	9:21.30 (40.12)	10:02.10 (40.80)	10:42.12 (40.02)	
	11:22.58 (40.46)	12:03.40 (40.82)	12:43.62 (40.22)	13:24.28 (40.66)	
	14:06.35 (42.07)	14:46.75 (40.40)	15:26.66 (39.91)	16:06.54 (39.88)	
	16:47.06 (40.52)	17:27.58 (40.52)	18:07.86 (40.28)	18:48.18 (40.32)	
	19:28.01 (39.83)	20:08.19 (40.18)	20:47.87 (39.68)	21:27.41 (39.54)	22:05.18 (37.77)
5	Shields, Barry	57	South Hills YMCA	26:50.00	22:31.43
	35.69	1:13.60 (37.91)	1:52.87 (39.27)	2:33.01 (40.14)	
	3:13.67 (40.66)	3:54.56 (40.89)	4:34.86 (40.30)	5:16.50 (41.64)	
	5:57.59 (41.09)	6:39.89 (42.30)	7:21.11 (41.22)	8:02.89 (41.78)	
	8:44.82 (41.93)	9:26.32 (41.50)	10:07.41 (41.09)	10:49.12 (41.71)	
	11:31.97 (42.85)	12:13.60 (41.63)	12:55.73 (42.13)	13:37.22 (41.49)	
	14:18.94 (41.72)	15:01.81 (42.87)	15:42.86 (41.05)	16:24.22 (41.36)	
	17:05.92 (41.70)	17:47.36 (41.44)	18:28.22 (40.86)	19:09.72 (41.50)	
	19:51.37 (41.65)	20:31.86 (40.49)	21:12.41 (40.55)	21:52.65 (40.24)	22:31.43 (38.78)
6	Funkhouser, Raymond C	58	Northern Neck Family	30:51.47	29:35.93
	39.93	1:26.34 (46.41)	2:17.94 (51.60)	3:11.53 (53.59)	
	4:05.06 (53.53)	4:59.65 (54.59)	5:54.53 (54.88)	6:49.15 (54.62)	
	7:44.05 (54.90)	8:40.13 (56.08)	9:35.06 (54.93)	10:29.83 (54.77)	
	11:26.40 (56.57)	12:21.72 (55.32)	13:17.18 (55.46)	14:10.02 (52.84)	
	15:05.03 (55.01)	15:58.64 (53.61)	16:52.47 (53.83)	17:46.18 (53.71)	
	18:40.74 (54.56)	19:34.60 (53.86)	20:28.88 (54.28)	21:23.35 (54.47)	
	22:18.87 (55.52)	23:13.62 (54.75)	24:07.92 (54.30)	25:03.15 (55.23)	
	25:58.66 (55.51)	26:54.06 (55.40)	27:50.44 (56.38)	28:45.06 (54.62)	29:35.93 (50.87)

Men 55-59 50 Yard Backstroke Time TrialNAT YMCA: **26.86** *USMS: **26.51** ! 5/4/2008 Geoff Mykleby**- Time Trial**

1	Mykleby, Geoff L	56	Cedar Rapids	NT	26.86*
2	Claflin, Casey	55	Tampa Metro Masters	NT	27.11

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

Men 55-59 50 Yard Backstroke

NAT YMCA: 26.86 * 4/18/2009		Geoff Mykelby	Cedar Rapids	
USMS: 26.51 ! 5/4/2008		Geoff Mykleby		
1	Mykleby, Geoff L	56 Cedar Rapids	28.90	27.00
2	Clafin, Casey	55 Tampa Metro Masters	27.50	27.26
3	Long, Douglas D	55 Caine Halter Family	30.10	29.71
4	Wigo, Bruce	59 YMCA of Central Texas	31.04	30.19
5	Thompson, Frank L	57 Plymouth Community Family	31.55	30.64
*6	Thompson, Jim	57 YMCA Indy Swimfit	31.33	31.34
*6	Olson, Chuck A	59 Plymouth Community Family	32.00	31.34
8	Proctor, Tom L	59 Cedar Rapids	36.00	32.80
9	Keil, Mark A	55 Andover North Andover	33.23	34.38
10	Wein, Arthur	58 South Hills YMCA	34.00	35.13
11	Cook, Robert S	58 Cedar Rapids	34.00	35.38
12	Nichols, Paul W	58 Florida First Coast	36.00	36.32
13	Funkhouser, Raymond C	58 Northern Neck Family	44.82	41.99
14	Krizan, Tim	58 Cedar Rapids	40.62	42.68
---	Mitchell, John	55 Andover North Andover	1:00.00	NS

Men 55-59 100 Yard Backstroke

NAT YMCA: 57.84 * 5/18/2008		Timothy M Shead	BrowardCounty FL	
USMS: 57.61 ! 5/4/2008		Timothy Shead		
1	Mykleby, Geoff L	56 Cedar Rapids	1:01.00	57.34!
	28.19 57.34 (29.15)			
2	Clafin, Casey	55 Tampa Metro Masters	1:01.50	58.56
	27.99 58.56 (30.57)			
3	Moehlmann, Kurt W	57 Cedar Rapids	1:15.00	1:04.84
	31.19 1:04.84 (33.65)			
4	Thompson, Frank L	57 Plymouth Community Family	1:06.04	1:05.53
	32.14 1:05.53 (33.39)			
5	Thompson, Jim	57 YMCA Indy Swimfit	1:05.19	1:05.77
	32.59 1:05.77 (33.18)			
6	Wigo, Bruce	59 YMCA of Central Texas	1:15.14	1:06.67
	32.56 1:06.67 (34.11)			
7	Long, Douglas D	55 Caine Halter Family	1:06.80	1:08.33
	32.59 1:08.33 (35.74)			
8	Keil, Mark A	55 Andover North Andover	1:11.47	1:14.32
	35.41 1:14.32 (38.91)			
9	Shields, Barry	57 South Hills YMCA	1:40.00	1:20.49
	39.97 1:20.49 (40.52)			
10	Proctor, Tom L	59 Cedar Rapids	1:12.00	1:21.35
	37.60 1:21.35 (43.75)			
---	Wein, Arthur	58 South Hills YMCA	1:16.00	NS

Men 55-59 200 Yard Backstroke

NAT YMCA: 2:14.07 * 5/17/2008		Geoff Mykleby	Schroeder WI-WI	
USMS: 2:07.54 ! 4/25/2004		Tod Spieker		
1	Mykleby, Geoff L	56 Cedar Rapids	2:22.00	2:12.31*
	30.35 1:04.18 (33.83)	1:39.02 (34.84)	2:12.31 (33.29)	
2	Clafin, Casey	55 Tampa Metro Masters	2:17.00	2:13.72*
	30.74 1:04.58 (33.84)	1:39.60 (35.02)	2:13.72 (34.12)	
3	Dodson, Phil L	56 Sarasota Family	2:16.20	2:17.46
	32.51 1:07.39 (34.88)	1:42.82 (35.43)	2:17.46 (34.64)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 55-59 200 Yard Backstroke)**

4	Moehlmann, Kurt W	57	Cedar Rapids	2:30.00	2:18.88
	32.02	1:06.70 (34.68)	1:42.64 (35.94)	2:18.88 (36.24)	
5	Thompson, Jim	57	YMCA Indy Swimfit	2:19.01	2:20.71
	33.16	1:07.88 (34.72)	1:43.96 (36.08)	2:20.71 (36.75)	
6	Thompson, Frank L	57	Plymouth Community Family	2:25.08	2:25.26
	34.27	1:10.51 (36.24)	1:48.29 (37.78)	2:25.26 (36.97)	
7	Long, Douglas D	55	Caine Halter Family	2:29.80	2:28.84
	33.93	1:10.84 (36.91)	1:49.20 (38.36)	2:28.84 (39.64)	
8	Keil, Mark A	55	Andover North Andover	2:30.41	2:38.99
	36.04	1:15.68 (39.64)	1:57.33 (41.65)	2:38.99 (41.66)	
9	Geoghegan, William J	58	Westport / Weston	2:40.00	2:43.22
	39.34	1:20.79 (41.45)	2:01.78 (40.99)	2:43.22 (41.44)	
10	Gearhart, Nicholas C	57	Cedar Rapids	2:46.00	2:49.10
	38.13	1:21.11 (42.98)	2:05.87 (44.76)	2:49.10 (43.23)	

Men 55-59 50 Yard Breaststroke

NAT YMCA:	28.30	*	5/18/2008	Timothy M Shead	BrowardCounty FL
USMS:	27.81	!	5/4/2008	Timothy Shead	
1	Schmidt, George L	59	Broward County YMCA Masters	31.10	30.46
2	Walker, Rick B	58	Sarasota Family	32.00	31.27
3	Ruelf, Michael	55	Tampa Metro Masters	32.07	31.28
4	Miltenberger, Chester D	57	Downtown Orlando	35.00	31.56
5	Battistini, Rick A	55	Andover North Andover	31.77	32.12
6	Ehrlinger, Michael	57	Mid-Delmarva YMCA	32.87	33.58
7	Wilson, Chris	57	Cedar Rapids	33.50	33.71
8	Carroll, Tim	57	Tampa Metro Masters	34.50	33.90
9	Nawrocki, Gary C	55	South Hills YMCA	35.80	34.82
10	Taylor, Bill W	57	Cedar Rapids	39.00	36.38
11	Nichols, Paul W	58	Florida First Coast	40.00	39.80
12	Wein, Arthur	58	South Hills YMCA	35.00	39.88
13	Krizan, Tim	58	Cedar Rapids	34.11	41.06
14	Funkhouser, Raymond C	58	Northern Neck Family	43.74	44.15
---	Brown, Robert V	56	Sarasota Family	30.80	NS
---	Hamilton, Berry	56	Sarasota Family	30.50	NS

Men 55-59 100 Yard Breaststroke

NAT YMCA:	1:01.62	*	5/17/2008	Timothy M Shead	BrowardCounty FL
USMS:	1:01.42	!	5/4/2008	Timothy Shead	
1	Walker, Rick B	58	Sarasota Family	1:10.00	1:09.28
	33.03	1:09.28 (36.25)			
2	Brown, Robert V	56	Sarasota Family	1:08.00	1:09.51
	32.87	1:09.51 (36.64)			
3	Ruelf, Michael	55	Tampa Metro Masters	1:12.00	1:11.00
	32.89	1:11.00 (38.11)			
4	Miltenberger, Chester D	57	Downtown Orlando	1:12.50	1:11.35
	33.85	1:11.35 (37.50)			
5	Ehrlinger, Michael	57	Mid-Delmarva YMCA	1:13.02	1:14.87
	35.44	1:14.87 (39.43)			
6	Battistini, Rick A	55	Andover North Andover	1:10.67	1:15.81
	35.02	1:15.81 (40.79)			
7	Nawrocki, Gary C	55	South Hills YMCA	1:25.08	1:17.27
	37.14	1:17.27 (40.13)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 55-59 100 Yard Breaststroke)**

8	Wilson, Chris	57	Cedar Rapids	1:17.00	1:18.73
	37.54	1:18.73	(41.19)		
9	Taylor, Bill W	57	Cedar Rapids	1:20.00	1:22.21
	37.53	1:22.21	(44.68)		
10	Nichols, Paul W	58	Florida First Coast	1:23.00	1:28.44
	40.76	1:28.44	(47.68)		
11	Krizan, Tim	58	Cedar Rapids	1:14.40	1:40.46
	44.84	1:40.46	(55.62)		
12	Funkhouser, Raymond C	58	Northern Neck Family	1:41.60	1:42.75
	46.85	1:42.75	(55.90)		
---	Hamilton, Berry	56	Sarasota Family	1:06.80	NS
---	Mitchell, John	55	Andover North Andover	2:00.00	NS
---	Wein, Arthur	58	South Hills YMCA	1:21.00	NS

Men 55-59 200 Yard Breaststroke

NAT YMCA: 2:21.05 * 5/16/2008 Timothy M Shead BrowardCounty FL

USMS: 2:17.00 ! 5/4/2008 Timothy Shead

1	Brown, Robert V	56	Sarasota Family	2:29.70	2:34.21
	35.25	1:14.56	(39.31) 1:54.85 (40.29)	2:34.21 (39.36)	
2	Battistini, Rick A	55	Andover North Andover	2:46.24	2:46.13
	36.59	1:19.66	(43.07) 2:03.11 (43.45)	2:46.13 (43.02)	
3	Rollins, Bruce W	59	Cedar Rapids	2:58.00	2:49.39
	38.55	1:22.48	(43.93) 2:06.51 (44.03)	2:49.39 (42.88)	
4	Ehrlinger, Michael	57	Mid-Delmarva YMCA	2:45.66	2:49.43
	36.99	1:19.61	(42.62) 2:04.81 (45.20)	2:49.43 (44.62)	
5	Geoghegan, William J	58	Westport / Weston	2:59.00	2:57.94
	41.05	1:26.35	(45.30) 2:12.06 (45.71)	2:57.94 (45.88)	
6	Keil, Mark A	55	Andover North Andover	3:01.32	3:01.68
	38.56	1:23.67	(45.11) 2:11.71 (48.04)	3:01.68 (49.97)	
7	Carroll, Tim	57	Tampa Metro Masters	3:20.00	3:16.07
	41.86	1:31.27	(49.41) 2:24.67 (53.40)	3:16.07 (51.40)	
8	Funkhouser, Raymond C	58	Northern Neck Family	3:51.13	3:43.12
	46.14	1:41.80	(55.66) 2:43.33 (1:01.53)	3:43.12 (59.79)	
---	Hamilton, Berry	56	Sarasota Family	2:27.00	NS

Men 55-59 50 Yard Butterfly

NAT YMCA: 25.59 * 4/14/2007 Tom Perrin AJY-

USMS: 24.16 ! 3/25/2007 Greg Shaw

1	McCormack, Kevin	56	Sarasota Family	25.00	25.74
2	Mykleby, Geoff L	56	Cedar Rapids	27.90	25.80
3	Schmidt, George L	59	Broward County YMCA Masters	26.68	26.40
4	Dodson, Phil L	56	Sarasota Family	26.90	26.55
5	Claffin, Casey	55	Tampa Metro Masters	27.50	26.80
6	Battistini, Rick A	55	Andover North Andover	29.00	27.21
7	Proctor, Tom L	59	Cedar Rapids	36.00	28.87
8	Cates, Gary	57	Sarasota Family	30.53	29.26
9	Carroll, Tim	57	Tampa Metro Masters	29.50	29.47
10	Forrer, Steve R	56	Cedar Rapids	29.00	30.08
11	Ehrlinger, Michael	57	Mid-Delmarva YMCA	29.76	30.57
12	Carrithers, David F	56	Cedar Rapids	30.00	31.58
13	Meltz, Steve	55	Andover North Andover	32.50	33.29
14	Funkhouser, Raymond C	58	Northern Neck Family	48.79	45.73

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 55-59 100 Yard Butterfly**

NAT YMCA:	56.52	*	5/18/2008	Kevin M McCormack		Sarasota FL-FL
USMS:	54.37	!	5/4/2008	Greg Shaw		
1	McCormack, Kevin		56	Sarasota Family	55.30	56.67
	26.34		56.67 (30.33)			
2	Dodson, Phil L		56	Sarasota Family	59.60	1:00.09
	27.96		1:00.09 (32.13)			
3	Keenan, George W		55	McHenry County	1:01.70	1:00.53
	28.32		1:00.53 (32.21)			
4	Ruelf, Michael		55	Tampa Metro Masters	1:02.00	1:01.95
	27.81		1:01.95 (34.14)			
5	Ehrlinger, Michael		57	Mid-Delmarva YMCA	1:07.98	1:11.04
	33.09		1:11.04 (37.95)			
6	Carroll, Tim		57	Tampa Metro Masters	1:12.00	1:11.05
	31.09		1:11.05 (39.96)			
7	Keil, Mark A		55	Andover North Andover	1:17.37	1:18.77
	34.55		1:18.77 (44.22)			
8	Shields, Barry		57	South Hills YMCA	2:00.00	1:27.61
	36.53		1:27.61 (51.08)			

Men 55-59 200 Yard Butterfly

NAT YMCA:	2:16.48	*	1997	Jack Geoghegan		Westport, CT
USMS:	2:05.59	!	3/25/2007	Greg Shaw		
1	Dodson, Phil L		56	Sarasota Family	2:18.70	2:15.35*
	30.21		1:04.32 (34.11)	1:40.61 (36.29)	2:15.35 (34.74)	
2	Geoghegan, William J		58	Westport / Weston	2:59.00	2:43.34
	35.23		1:16.72 (41.49)	2:00.03 (43.31)	2:43.34 (43.31)	
3	Rollins, Bruce W		59	Cedar Rapids	2:59.00	2:57.09
	35.41		1:18.44 (43.03)	2:07.22 (48.78)	2:57.09 (49.87)	
4	Keil, Mark A		55	Andover North Andover	3:06.11	3:08.81
	37.05		1:25.91 (48.86)	2:16.93 (51.02)	3:08.81 (51.88)	
5	Carroll, Tim		57	Tampa Metro Masters	3:15.00	3:20.31
	38.70		1:27.58 (48.88)	2:22.87 (55.29)	3:20.31 (57.44)	

Men 55-59 100 Yard IM

NAT YMCA:	57.21	*	5/17/2008	Timothy M Shead		BrowardCounty FL
USMS:	56.20	!	5/4/2008	Timothy Shead		
1	Mykleby, Geoff L		56	Cedar Rapids	1:03.00	58.98
	26.93		58.98 (32.05)			
2	Schmidt, George L		59	Broward County YMCA Masters	1:01.60	59.49
	28.48		59.49 (31.01)			
3	Clafin, Casey		55	Tampa Metro Masters	1:02.00	1:00.07
	27.19		1:00.07 (32.88)			
4	Ruelf, Michael		55	Tampa Metro Masters	1:04.00	1:01.99
	29.38		1:01.99 (32.61)			
5	Brown, Robert V		56	Sarasota Family	1:01.00	1:03.39
	29.97		1:03.39 (33.42)			
6	Kinsella, John P		56	Cedar Rapids	1:07.60	1:04.71
	29.96		1:04.71 (34.75)			
7	Long, Douglas D		55	Caine Halter Family	1:07.10	1:05.46
	29.96		1:05.46 (35.50)			
8	Battistini, Rick A		55	Andover North Andover	1:10.50	1:06.96
	31.09		1:06.96 (35.87)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 55-59 100 Yard IM)**

9	Thompson, Jim	57	YMCA Indy Swimfit	1:09.76	1:08.63
	32.17		1:08.63 (36.46)		
10	Cates, Gary	57	Sarasota Family	1:16.69	1:08.76
	31.07		1:08.76 (37.69)		
11	Cook, Robert S	58	Cedar Rapids	1:15.00	1:09.00
	33.04		1:09.00 (35.96)		
12	Ehrlinger, Michael	57	Mid-Delmarva YMCA	1:08.08	1:09.15
	33.51		1:09.15 (35.64)		
13	Forrer, Steve R	56	Cedar Rapids	1:05.00	1:09.26
	32.94		1:09.26 (36.32)		
14	Geoghegan, William J	58	Westport / Weston	1:08.00	1:10.47
	32.86		1:10.47 (37.61)		
15	Carroll, Tim	57	Tampa Metro Masters	1:14.00	1:11.06
	33.51		1:11.06 (37.55)		
16	Wilson, Chris	57	Cedar Rapids	1:10.00	1:12.10
	34.03		1:12.10 (38.07)		
17	Keil, Mark A	55	Andover North Andover	1:13.67	1:13.13
	33.87		1:13.13 (39.26)		
18	Carrithers, David F	56	Cedar Rapids	1:15.00	1:14.28
	34.28		1:14.28 (40.00)		
19	Nichols, Paul W	58	Florida First Coast	1:16.00	1:19.68
	36.74		1:19.68 (42.94)		
20	Meltz, Steve	55	Andover North Andover	1:20.00	1:23.59
	39.16		1:23.59 (44.43)		
---	Hamilton, Berry	56	Sarasota Family	1:01.00	NS
---	Wein, Arthur	58	South Hills YMCA	1:12.00	NS

Men 55-59 200 Yard IM

NAT YMCA: 2:07.39		*	5/18/2008	Timothy M Shead	BrowardCounty FL	
USMS: 2:04.09		!	5/4/2008	Timothy Shead		
1	Schmidt, George L	59	Broward County YMCA Masters	2:19.00	2:15.40	
	29.30		1:04.69 (35.39) 1:44.10 (39.41)	2:15.40 (31.30)		
2	Claffin, Casey	55	Tampa Metro Masters	2:23.00	2:17.78	
	29.11		1:03.53 (34.42) 1:46.91 (43.38)	2:17.78 (30.87)		
3	Brown, Robert V	56	Sarasota Family	2:16.50	2:21.92	
	30.95		1:07.75 (36.80) 1:48.65 (40.90)	2:21.92 (33.27)		
4	Thompson, Frank L	57	Plymouth Community Family	2:24.69	2:23.39	
	31.33		1:08.83 (37.50) 1:51.51 (42.68)	2:23.39 (31.88)		
5	Long, Douglas D	55	Caine Halter Family	2:27.80	2:27.38	
	31.22		1:07.78 (36.56) 1:52.82 (45.04)	2:27.38 (34.56)		
6	Thompson, Jim	57	YMCA Indy Swimfit	2:28.12	2:30.92	
	33.00		1:10.70 (37.70) 1:56.54 (45.84)	2:30.92 (34.38)		
7	Geoghegan, William J	58	Westport / Weston	2:30.00	2:33.70	
	32.52		1:13.65 (41.13) 1:59.44 (45.79)	2:33.70 (34.26)		
8	Ehrlinger, Michael	57	Mid-Delmarva YMCA	2:33.10	2:35.20	
	33.49		1:16.60 (43.11) 2:00.67 (44.07)	2:35.20 (34.53)		
9	Rollins, Bruce W	59	Cedar Rapids	2:55.00	2:35.56	
	34.10		1:17.12 (43.02) 2:02.58 (45.46)	2:35.56 (32.98)		
10	Nichols, Paul W	58	Florida First Coast	2:45.00	2:59.73	
	37.71		1:20.76 (43.05) 2:16.40 (55.64)	2:59.73 (43.33)		
11	Meltz, Steve	55	Andover North Andover	3:00.00	3:10.13	
	37.02		1:32.96 (55.94) 2:32.01 (59.05)	3:10.13 (38.12)		
---	Taylor, Bill W	57	Cedar Rapids	3:00.00	NS	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 55-59 200 Yard IM)**

---	Hamilton, Berry	56	Sarasota Family	2:15.00	NS
---	Ruelf, Michael	55	Tampa Metro Masters	2:20.00	NS

Men 55-59 400 Yard IM

NAT YMCA: 4:36.48 * 5/16/2008		Timothy M Shead		BrowardCounty FL	
USMS: 4:30.18 ! 5/4/2008		Rick Colella			
1	Dodson, Phil L	56	Sarasota Family	5:10.00	4:49.77
	30.79	1:04.39 (33.60)	1:42.95 (38.56)	2:20.03 (37.08)	
	3:04.25 (44.22)	3:49.05 (44.80)	4:20.58 (31.53)	4:49.77 (29.19)	
2	Brown, Robert V	56	Sarasota Family	5:05.00	5:08.18
	32.85	1:11.94 (39.09)	1:52.55 (40.61)	2:32.47 (39.92)	
	3:15.32 (42.85)	3:57.63 (42.31)	4:34.05 (36.42)	5:08.18 (34.13)	
3	Thompson, Frank L	57	Plymouth Community Family	5:25.36	5:20.33
	32.71	1:09.94 (37.23)	1:53.23 (43.29)	2:34.03 (40.80)	
	3:21.37 (47.34)	4:09.43 (48.06)	4:46.50 (37.07)	5:20.33 (33.83)	
4	Thompson, Jim	57	YMCA Indy Swimfit	5:39.99	5:29.51
	34.31	1:13.02 (38.71)	1:53.99 (40.97)	2:33.95 (39.96)	
	3:24.53 (50.58)	4:17.14 (52.61)	4:54.48 (37.34)	5:29.51 (35.03)	
5	Geoghegan, William J	58	Westport / Weston	5:30.00	5:31.30
	34.03	1:16.04 (42.01)	2:00.18 (44.14)	2:43.82 (43.64)	
	3:31.46 (47.64)	4:18.71 (47.25)	4:56.21 (37.50)	5:31.30 (35.09)	
6	Fritts, Jack M	58	Cedar Rapids	5:20.00	5:34.77
	34.60	1:14.08 (39.48)	1:56.72 (42.64)	2:39.52 (42.80)	
	3:31.14 (51.62)	4:21.85 (50.71)	4:58.97 (37.12)	5:34.77 (35.80)	
7	Ehrlinger, Michael	57	Mid-Delmarva YMCA	5:40.16	5:47.23
	34.69	1:15.07 (40.38)	2:02.83 (47.76)	2:49.78 (46.95)	
	3:37.63 (47.85)	4:26.41 (48.78)	5:06.70 (40.29)	5:47.23 (40.53)	
8	Keil, Mark A	55	Andover North Andover	5:39.41	5:56.69
	35.86	1:19.20 (43.34)	2:04.23 (45.03)	2:48.60 (44.37)	
	3:40.58 (51.98)	4:33.72 (53.14)	5:15.70 (41.98)	5:56.69 (40.99)	
---	Howle, Gary A	57	Sarasota Family	6:05.00	DQ
	Shoulders past vertical toward breast - back				
---	Rollins, Bruce W	59	Cedar Rapids	6:00.00	NS
---	Hamilton, Berry	56	Sarasota Family	4:55.00	NS
---	Schmidt, George L	59	Broward County YMCA Masters	5:10.90	NS

Men 60-64 50 Yard Freestyle

NAT YMCA: 24.44 * 5/17/2008		David Quiggin		BrowardCounty FL	
USMS: 22.30 ! 5/22/2005		Richard Abrahams			
1	Quiggin, David	64	Broward County YMCA Masters	24.67	24.64
2	Soderstrom, Jan	63	Sarasota Family	27.00	26.10
3	Seidman, Lawrence	61	South Hills YMCA	26.35	26.47
4	Fleury, Robert A	63	Wilton Family YMCA	26.00	26.60
5	Zakim, Jack S	63	South Hills YMCA	27.00	27.07
6	Griffin, Dane C	60	Broward County YMCA Masters	27.50	27.69
7	Jackins, Joseph A	61	Mid-Delmarva YMCA	27.40	27.76
8	Nessel, Edward	63	South Hills YMCA	26.50	28.15
9	Schenck, Alan E	62	Cedar Rapids	30.80	28.94
10	Brewer, Dick	63	Broward County YMCA Masters	31.00	29.32
11	Krizan, Ken E	61	Cedar Rapids	35.70	29.87
12	Hickey, Ken R	63	Downtown Orlando	31.00	36.15
13	Venture, Ray L	60	Broward County YMCA Masters	40.07	39.72

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(Men 60-64 50 Yard Freestyle)

14	Lopez, Francisco	60	Schroeder	45.00	44.77
---	Parsons, Roger L	61	Broward County YMCA Masters	27.23	NS
---	Cornell, Thomas G	61	Sarasota Family	28.00	NS
---	Halpin, James S	60	Cedar Rapids	26.87	NS
---	Barnes, Tim	62	Cedar Rapids	28.00	NS

Men 60-64 50 Yard Freestyle Time Trial

NAT YMCA: 24.44 * 5/16/2008 Keefe L Lodwig Sarasota FL-FL
USMS: 22.30 ! 5/22/2005 Richard Abrahams

- Time Trial

1	Quiggin, David	64	Broward County YMCA Masters	NT	24.85
2	Parsons, Roger L	61	Broward County YMCA Masters	NT	28.15

Men 60-64 100 Yard Freestyle

NAT YMCA: 53.41 * 5/16/2008 Keefe L Lodwig Sarasota FL-FL
USMS: 49.14 ! 5/22/2005 Richard Abrahams

1	Quiggin, David	64	Broward County YMCA Masters	53.90	52.61 *
	25.23		52.61 (27.38)		
2	McElroy, Frank J	61	Wyckoff FamilyY	1:00.00	55.96
	27.58		55.96 (28.38)		
3	Couch, Bob E	62	Sarasota Family	57.00	57.71
	27.01		57.71 (30.70)		
4	Zakim, Jack S	63	South Hills YMCA	59.00	58.22
	28.47		58.22 (29.75)		
5	Seidman, Lawrence	61	South Hills YMCA	59.98	59.45
	28.42		59.45 (31.03)		
6	Soderstrom, Jan	63	Sarasota Family	59.00	59.97
	28.83		59.97 (31.14)		
7	Cornell, Thomas G	61	Sarasota Family	1:00.00	1:00.04
	29.14		1:00.04 (30.90)		
8	Griffin, Dane C	60	Broward County YMCA Masters	1:03.50	1:02.61
	29.51		1:02.61 (33.10)		
9	Jackins, Joseph A	61	Mid-Delmarva YMCA	1:03.00	1:04.53
	31.07		1:04.53 (33.46)		
10	Hickey, Ken R	63	Downtown Orlando	1:16.00	1:19.94
	37.48		1:19.94 (42.46)		
11	Mahoney, John B	64	Andover North Andover	1:25.00	1:28.47
	43.63		1:28.47 (44.84)		
12	Venture, Ray L	60	Broward County YMCA Masters	1:31.86	1:32.54
	44.40		1:32.54 (48.14)		
13	Lopez, Francisco	60	Schroeder	1:42.00	1:39.26
	47.98		1:39.26 (51.28)		
---	Burns, Joel J	62	YMCA of Central Texas	55.77	NS

Men 60-64 200 Yard Freestyle

NAT YMCA: 2:01.35 * 5/18/2008 Keefe L Lodwig Sarasota FL-FL
USMS: 1:56.69 ! 5/22/2005 Richard Abrahams

1	Quiggin, David	64	Broward County YMCA Masters	2:02.60	1:59.16 *
	27.76		58.01 (30.25) 1:28.37 (30.36) 1:59.16 (30.79)		
2	McElroy, Frank J	61	Wyckoff FamilyY	2:08.00	2:01.36
	29.05		59.68 (30.63) 1:30.44 (30.76) 2:01.36 (30.92)		
3	Leech, J. Nathan	60	Sarasota Family	2:05.00	2:04.46
	29.08		1:00.71 (31.63) 1:33.25 (32.54) 2:04.46 (31.21)		

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(Men 60-64 200 Yard Freestyle)

4	Zakim, Jack S	63	South Hills YMCA	2:07.50	2:05.61
	28.85	1:00.54 (31.69)	1:33.34 (32.80)	2:05.61 (32.27)	
5	Cornell, Thomas G	61	Sarasota Family	2:20.00	2:15.66
	31.78	1:07.44 (35.66)	1:42.48 (35.04)	2:15.66 (33.18)	
6	Couch, Bob E	62	Sarasota Family	2:07.00	2:15.96
	29.59	1:03.57 (33.98)	1:39.74 (36.17)	2:15.96 (36.22)	
7	Cowing, John M	60	Northern Michigan	2:19.00	2:16.87
	32.44	1:07.63 (35.19)	1:42.31 (34.68)	2:16.87 (34.56)	
8	Seidman, Lawrence	61	South Hills YMCA	2:19.06	2:18.96
	32.17	1:07.77 (35.60)	1:43.34 (35.57)	2:18.96 (35.62)	
9	Parsons, Roger L	61	Broward County YMCA Masters	2:19.50	2:19.08
	32.14	1:07.30 (35.16)	1:43.54 (36.24)	2:19.08 (35.54)	
10	Mahoney, John B	64	Andover North Andover	3:10.00	3:09.01
	44.14	1:32.61 (48.47)	2:22.70 (50.09)	3:09.01 (46.31)	
11	Lopez, Francisco	60	Schroeder	3:55.00	3:38.52
	48.67	1:45.21 (56.54)	2:45.72 (1:00.51)	3:38.52 (52.80)	
12	Venture, Ray L	60	Broward County YMCA Masters	4:11.09	3:48.25
	48.24	1:46.48 (58.24)	2:48.54 (1:02.06)	3:48.25 (59.71)	
---	Pash, Gregory C	61	Plymouth Community Family	2:09.44	NS
---	Soderstrom, Jan	63	Sarasota Family	2:14.50	NS

Men 60-64 500 Yard Freestyle

NAT YMCA: 5:33.31 * 5/18/2008		George F Wendt		Danville IL	
USMS: 5:21.61 ! 5/20/2007		Paul McCormick			
1	McElroy, Frank J	61	Wyckoff FamilyY	5:45.00	5:26.91 *
	30.75	1:03.97 (33.22)	1:37.63 (33.66)	2:11.41 (33.78)	
	2:44.99 (33.58)	3:18.21 (33.22)	3:51.37 (33.16)	4:24.30 (32.93)	
	4:56.37 (32.07)	5:26.91 (30.54)			
2	Quiggin, David	64	Broward County YMCA Masters	5:52.50	5:42.16
	31.11	1:04.70 (33.59)	1:39.13 (34.43)	2:14.12 (34.99)	
	2:49.15 (35.03)	3:24.27 (35.12)	3:59.22 (34.95)	4:34.18 (34.96)	
	5:08.90 (34.72)	5:42.16 (33.26)			
3	Couch, Bob E	62	Sarasota Family	5:52.00	5:53.31
	31.04	1:06.24 (35.20)	1:42.58 (36.34)	2:19.03 (36.45)	
	2:55.39 (36.36)	3:31.98 (36.59)	4:07.65 (35.67)	4:43.02 (35.37)	
	5:18.84 (35.82)	5:53.31 (34.47)			
4	Zakim, Jack S	63	South Hills YMCA	5:59.00	5:56.26
	31.50	1:05.87 (34.37)	1:41.29 (35.42)	2:17.56 (36.27)	
	2:54.55 (36.99)	3:31.60 (37.05)	4:08.66 (37.06)	4:45.63 (36.97)	
	5:21.59 (35.96)	5:56.26 (34.67)			
5	Cowing, John M	60	Northern Michigan	6:10.00	6:17.88
	33.29	1:09.28 (35.99)	1:46.82 (37.54)	2:25.34 (38.52)	
	3:03.34 (38.00)	3:41.73 (38.39)	4:20.84 (39.11)	5:00.37 (39.53)	
	5:39.77 (39.40)	6:17.88 (38.11)			
6	Jackins, Joseph A	61	Mid-Delmarva YMCA	6:38.00	6:53.59
	36.17	1:16.08 (39.91)	1:58.41 (42.33)	2:41.18 (42.77)	
	3:23.58 (42.40)	4:07.21 (43.63)	4:50.87 (43.66)	5:33.24 (42.37)	
	6:14.93 (41.69)	6:53.59 (38.66)			
7	Brewer, Dick	63	Broward County YMCA Masters	7:08.00	7:06.94
	35.11	1:15.30 (40.19)	1:57.54 (42.24)	2:41.71 (44.17)	
	3:25.80 (44.09)	4:10.37 (44.57)	4:54.76 (44.39)	5:39.66 (44.90)	
	6:23.79 (44.13)	7:06.94 (43.15)			

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(Men 60-64 500 Yard Freestyle)

8	Schwarten, John	61	Westport / Weston	7:30.00	7:40.01
	42.09	1:29.31 (47.22)	2:17.57 (48.26)	3:04.88 (47.31)	
	3:53.71 (48.83)	4:41.40 (47.69)	5:28.10 (46.70)	6:13.18 (45.08)	
	6:57.71 (44.53)	7:40.01 (42.30)			
9	Mahoney, John B	64	Andover North Andover	8:20.00	8:28.12
	47.30	1:38.30 (51.00)	2:30.74 (52.44)	3:23.74 (53.00)	
	4:16.00 (52.26)	5:06.82 (50.82)	5:57.79 (50.97)	6:47.88 (50.09)	
	7:38.63 (50.75)	8:28.12 (49.49)			
10	Brasseur, Al J	63	YMCA of Michiana	8:45.00	9:45.58
	47.69	1:43.96 (56.27)	2:42.39 (58.43)	3:42.42 (1:00.03)	
	4:42.51 (1:00.09)	5:44.16 (1:01.65)	6:47.01 (1:02.85)	7:48.23 (1:01.22)	
	8:47.79 (59.56)	9:45.58 (57.79)			
11	Lopez, Francisco	60	Schroeder	10:10.00	9:56.29
	51.21	1:49.64 (58.43)	2:51.57 (1:01.93)	3:52.95 (1:01.38)	
	4:55.17 (1:02.22)	5:57.43 (1:02.26)	6:59.10 (1:01.67)	8:01.98 (1:02.88)	
	9:02.48 (1:00.50)	9:56.29 (53.81)			
12	Venture, Ray L	60	Broward County YMCA Masters	11:21.23	10:16.77
	52.63	1:53.38 (1:00.75)	2:55.76 (1:02.38)	4:00.34 (1:04.58)	
	5:03.24 (1:02.90)	6:09.12 (1:05.88)	7:11.83 (1:02.71)	8:15.14 (1:03.31)	
	9:19.57 (1:04.43)	10:16.77 (57.20)			
---	Pash, Gregory C	61	Plymouth Community Family	5:59.93	NS

Men 60-64 1000 Yard Freestyle

NAT YMCA: 11:32.32 * 5/15/2008 George Wendt F Danville, IL

USMS: 11:09.94 ! 5/20/2007 Paul McCormick

1	McElroy, Frank J	61	Wyckoff Family Y	12:00.00	11:15.77 *
	31.30	1:04.71 (33.41)	1:38.63 (33.92)	2:12.60 (33.97)	
	2:46.67 (34.07)	3:20.43 (33.76)	3:54.30 (33.87)	4:28.13 (33.83)	
	5:02.18 (34.05)	5:36.29 (34.11)	6:10.40 (34.11)	6:44.90 (34.50)	
	7:19.26 (34.36)	7:53.65 (34.39)	8:27.77 (34.12)	9:02.13 (34.36)	
	9:36.46 (34.33)	10:10.58 (34.12)	10:44.10 (33.52)	11:15.77 (31.67)	
2	Couch, Bob E	62	Sarasota Family	12:00.00	12:19.60
	31.65	1:06.53 (34.88)	1:42.73 (36.20)	2:19.72 (36.99)	
	2:57.19 (37.47)	3:34.60 (37.41)	4:11.45 (36.85)	4:48.92 (37.47)	
	5:26.02 (37.10)	6:04.00 (37.98)	6:41.68 (37.68)	7:18.94 (37.26)	
	7:56.36 (37.42)	8:33.79 (37.43)	9:11.63 (37.84)	9:49.52 (37.89)	
	10:27.65 (38.13)	11:05.44 (37.79)	11:42.93 (37.49)	12:19.60 (36.67)	
3	Magin, Randy	60	YMCA of the Palms	12:58.00	12:37.82
	33.03	1:10.55 (37.52)	1:47.79 (37.24)	2:25.88 (38.09)	
	3:03.91 (38.03)	3:41.47 (37.56)	4:19.44 (37.97)	4:57.23 (37.79)	
	5:36.17 (38.94)	6:14.74 (38.57)	6:53.23 (38.49)	7:31.99 (38.76)	
	8:10.57 (38.58)	8:49.45 (38.88)	9:27.98 (38.53)	10:05.94 (37.96)	
	10:44.70 (38.76)	11:23.43 (38.73)	12:01.00 (37.57)	12:37.82 (36.82)	
4	Jackins, Joseph A	61	Mid-Delmarva YMCA	13:50.00	14:08.55
	36.34	1:17.40 (41.06)	1:59.41 (42.01)	2:42.01 (42.60)	
	3:25.69 (43.68)	4:09.43 (43.74)	4:53.06 (43.63)	5:36.14 (43.08)	
	6:19.83 (43.69)	7:03.35 (43.52)	7:46.93 (43.58)	8:29.95 (43.02)	
	9:13.32 (43.37)	9:56.44 (43.12)	10:39.43 (42.99)	11:22.16 (42.73)	
	12:05.88 (43.72)	12:48.90 (43.02)	13:31.59 (42.69)	14:08.55 (36.96)	

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(Men 60-64 1000 Yard Freestyle)

5	Brewer, Dick	63	Broward County YMCA Masters	15:00.00	14:43.62
	36.28		1:16.69 (40.41)	1:57.82 (41.13)	2:40.37 (42.55)
	3:24.14 (43.77)		4:08.38 (44.24)	4:52.67 (44.29)	5:37.58 (44.91)
	6:22.30 (44.72)		7:07.07 (44.77)	7:51.99 (44.92)	8:37.56 (45.57)
	9:22.19 (44.63)		10:08.36 (46.17)	10:53.54 (45.18)	11:40.17 (46.63)
	12:25.90 (45.73)		13:11.45 (45.55)	13:55.04 (43.59)	14:43.62 (48.58)
6	Mahoney, John B	64	Andover North Andover	17:15.00	17:04.60
	49.70		1:41.04 (51.34)	2:32.54 (51.50)	3:25.17 (52.63)
	4:17.61 (52.44)		5:09.69 (52.08)	6:01.24 (51.55)	6:53.67 (52.43)
	7:45.63 (51.96)		8:37.19 (51.56)	9:28.48 (51.29)	10:19.14 (50.66)
	11:10.05 (50.91)		12:00.99 (50.94)	12:51.67 (50.68)	13:42.86 (51.19)
	14:33.38 (50.52)		15:24.63 (51.25)	16:15.33 (50.70)	17:04.60 (49.27)
7	Lopez, Francisco	60	Schroeder	20:50.00	20:20.12
	51.42		1:50.45 (59.03)	2:53.23 (1:02.78)	3:54.65 (1:01.42)
	4:57.27 (1:02.62)		5:59.01 (1:01.74)	6:59.54 (1:00.53)	8:01.34 (1:01.80)
	9:03.12 (1:01.78)		10:05.06 (1:01.94)	11:07.92 (1:02.86)	12:13.09 (1:05.17)
	13:16.91 (1:03.82)		14:19.12 (1:02.21)	15:21.73 (1:02.61)	16:24.59 (1:02.86)
	17:24.45 (59.86)		18:25.81 (1:01.36)	19:26.44 (1:00.63)	20:20.12 (53.68)
8	Brasseur, Al J	63	YMCA of Michiana	19:00.00	21:16.97
	54.80		1:57.75 (1:02.95)	3:03.00 (1:05.25)	4:06.54 (1:03.54)
	5:09.95 (1:03.41)		6:14.03 (1:04.08)	7:18.40 (1:04.37)	8:25.24 (1:06.84)
	9:30.37 (1:05.13)		10:36.32 (1:05.95)	11:40.71 (1:04.39)	12:48.45 (1:07.74)
	13:54.62 (1:06.17)		14:59.99 (1:05.37)	16:06.72 (1:06.73)	17:10.30 (1:03.58)
	18:14.96 (1:04.66)		19:17.16 (1:02.20)	20:17.38 (1:00.22)	21:16.97 (59.59)
---	Cornell, Thomas G	61	Sarasota Family	13:20.00	NS

Men 60-64 1650 Yard Freestyle

NAT YMCA: 19:08.22		*	5/15/2008	George F Wendt	Danville IL
USMS: 18:49.29		!	5/20/2007	James McCleery	
1	Cowing, John M	60	Northern Michigan	22:20.00	21:31.03
	35.32		1:14.17 (38.85)	1:53.55 (39.38)	2:33.39 (39.84)
	3:13.73 (40.34)		3:53.97 (40.24)	4:34.02 (40.05)	5:13.85 (39.83)
	5:53.63 (39.78)		6:32.92 (39.29)	7:12.36 (39.44)	7:52.05 (39.69)
	8:31.24 (39.19)		9:10.53 (39.29)	9:49.81 (39.28)	10:29.23 (39.42)
	11:08.71 (39.48)		11:47.93 (39.22)	12:27.58 (39.65)	13:06.24 (38.66)
	13:44.90 (38.66)		14:23.94 (39.04)	15:03.44 (39.50)	15:42.81 (39.37)
	16:22.13 (39.32)		17:01.07 (38.94)	17:40.41 (39.34)	18:19.47 (39.06)
	18:58.36 (38.89)		19:37.35 (38.99)	20:16.23 (38.88)	20:54.71 (38.48)
					21:31.03 (36.32)
2	Jackins, Joseph A	61	Mid-Delmarva YMCA	23:00.00	23:35.57
	36.67		1:17.17 (40.50)	1:59.60 (42.43)	2:42.20 (42.60)
	3:25.01 (42.81)		4:08.59 (43.58)	4:51.62 (43.03)	5:35.52 (43.90)
	6:19.40 (43.88)		7:03.18 (43.78)	7:46.43 (43.25)	8:30.64 (44.21)
	9:15.12 (44.48)		9:58.47 (43.35)	10:43.08 (44.61)	11:26.72 (43.64)
	12:09.80 (43.08)		12:53.32 (43.52)	13:37.47 (44.15)	14:21.35 (43.88)
	15:03.54 (42.19)		15:47.50 (43.96)	16:30.76 (43.26)	17:13.00 (42.24)
	17:56.01 (43.01)		18:38.88 (42.87)	19:23.25 (44.37)	20:06.73 (43.48)
	20:49.04 (42.31)		21:32.82 (43.78)	22:15.33 (42.51)	22:58.23 (42.90)
					23:35.57 (37.34)

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Odd Heats East Pool Even Heats West Pool

Results

(Men 60-64 1650 Yard Freestyle)

3	Lopez, Francisco	60	Schroeder	32:13.46	34:48.93
	53.60	1:53.42 (59.82)	2:55.55 (1:02.13)	3:59.82 (1:04.27)	
	5:03.67 (1:03.85)	6:07.87 (1:04.20)	7:12.25 (1:04.38)	8:17.18 (1:04.93)	
	9:20.97 (1:03.79)	10:24.54 (1:03.57)	11:28.51 (1:03.97)	12:32.28 (1:03.77)	
	13:38.33 (1:06.05)	14:41.22 (1:02.89)	15:47.33 (1:06.11)	16:51.99 (1:04.66)	
	17:56.40 (1:04.41)	18:58.58 (1:02.18)	20:01.78 (1:03.20)	21:05.43 (1:03.65)	
	22:07.75 (1:02.32)	23:11.34 (1:03.59)	24:12.77 (1:01.43)	25:16.28 (1:03.51)	
	26:20.44 (1:04.16)	27:24.23 (1:03.79)	28:28.48 (1:04.25)	29:33.72 (1:05.24)	
	30:38.08 (1:04.36)	31:42.36 (1:04.28)	32:49.17 (1:06.81)	33:51.97 (1:02.80)	34:48.93 (56.96)
4	Brasseur, Al J	63	YMCA of Michiana	30:06.00	35:33.60
	54.13	1:57.62 (1:03.49)	3:01.81 (1:04.19)	4:04.82 (1:03.01)	
	5:08.79 (1:03.97)	6:12.43 (1:03.64)	7:14.97 (1:02.54)	8:19.51 (1:04.54)	
	9:25.96 (1:06.45)	10:30.22 (1:04.26)	11:34.83 (1:04.61)	12:38.60 (1:03.77)	
	13:45.39 (1:06.79)	14:51.09 (1:05.70)	15:54.92 (1:03.83)	17:01.01 (1:06.09)	
	18:06.00 (1:04.99)	19:13.33 (1:07.33)	20:21.37 (1:08.04)	21:25.36 (1:03.99)	
	22:32.14 (1:06.78)	23:37.98 (1:05.84)	24:47.44 (1:09.46)	25:54.73 (1:07.29)	
	26:59.69 (1:04.96)	28:03.89 (1:04.20)	29:09.04 (1:05.15)	30:13.37 (1:04.33)	
	31:20.93 (1:07.56)	32:25.20 (1:04.27)	33:28.50 (1:03.30)	34:31.72 (1:03.22)	35:33.60 (1:01.88)
---	Pash, Gregory C	61	Plymouth Community Family	21:19.91	NS

Men 60-64 50 Yard Backstroke

NAT YMCA:	29.50	*	1997	Yoshi Oyakawa	Cincinnati UC,OH
USMS:	26.82	!	5/4/2008	Hugh Wilder	
1	Leech, J. Nathan	60	Sarasota Family	30.00	29.49 *
2	Soderstrom, Jan	63	Sarasota Family	31.20	30.33
3	Quiggin, David	64	Broward County YMCA Masters	30.90	31.10
4	Zakim, Jack S	63	South Hills YMCA	31.00	31.49
5	Magin, Randy	60	YMCA of the Palms	33.00	31.76
*6	Nessel, Edward	63	South Hills YMCA	32.60	33.53
*6	Parsons, Roger L	61	Broward County YMCA Masters	33.25	33.53
8	Schwarten, John	61	Westport / Weston	34.50	36.89
9	Jackins, Joseph A	61	Mid-Delmarva YMCA	37.67	37.14
10	Hickey, Ken R	63	Downtown Orlando	37.05	38.04
11	Venture, Ray L	60	Broward County YMCA Masters	56.04	51.55
---	Schenck, Alan E	62	Cedar Rapids	40.90	NS

Men 60-64 100 Yard Backstroke

NAT YMCA:	1:06.94	*	1996	Jack Beattie	Orlando AC, FL
USMS:	59.29	!	5/4/2008	Hugh Wilder	
1	Leech, J. Nathan	60	Sarasota Family	1:06.50	1:05.35 *
	30.90	1:05.35 (34.45)			
2	Soderstrom, Jan	63	Sarasota Family	1:08.00	1:06.45 *
	31.88	1:06.45 (34.57)			
3	Magin, Randy	60	YMCA of the Palms	1:10.00	1:10.92
	34.26	1:10.92 (36.66)			
4	Zakim, Jack S	63	South Hills YMCA	1:13.00	1:11.13
	35.00	1:11.13 (36.13)			
5	Nessel, Edward	63	South Hills YMCA	1:12.36	1:12.15
	35.12	1:12.15 (37.03)			
6	Parsons, Roger L	61	Broward County YMCA Masters	1:13.25	1:12.71
	35.17	1:12.71 (37.54)			
7	Cowing, John M	60	Northern Michigan	1:17.00	1:15.38
	36.73	1:15.38 (38.65)			

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8	Schwarten, John	61	Westport / Weston	1:17.00	1:20.94
	39.18	1:20.94	(41.76)		
9	Hickey, Ken R	63	Downtown Orlando	1:26.00	1:24.27
	41.61	1:24.27	(42.66)		
10	Mahoney, John B	64	Andover North Andover	1:55.00	1:59.12
	59.67	1:59.12	(59.45)		
11	Venture, Ray L	60	Broward County YMCA Masters	2:09.61	2:14.54

Men 60-64 200 Yard BackstrokeNAT YMCA: **2:25.76** * 1996

Richard Hanley

Washington Pk,IL

USMS: **2:15.36** ! 5/4/2008

Hugh Wilder

1	Leech, J. Nathan	60	Sarasota Family	2:26.00	2:23.27*
	33.23	1:09.04	(35.81)	1:46.08	(37.04)
				2:23.27	(37.19)
2	Soderstrom, Jan	63	Sarasota Family	2:40.00	2:29.71
	34.75	1:12.36	(37.61)	1:50.87	(38.51)
				2:29.71	(38.84)
3	Parsons, Roger L	61	Broward County YMCA Masters	2:39.50	2:39.95
	36.74	1:16.62	(39.88)	1:57.59	(40.97)
				2:39.95	(42.36)
4	Cowing, John M	60	Northern Michigan	2:40.00	2:44.24
	38.70	1:20.84	(42.14)	2:03.04	(42.20)
				2:44.24	(41.20)
5	Schwarten, John	61	Westport / Weston	2:55.00	2:52.16
	40.30	1:23.40	(43.10)	2:08.10	(44.70)
				2:52.16	(44.06)
6	Hickey, Ken R	63	Downtown Orlando	3:11.00	3:11.18
	43.97	1:32.82	(48.85)	2:22.88	(50.06)
				3:11.18	(48.30)
7	Mahoney, John B	64	Andover North Andover	4:00.00	4:07.13
	1:00.18	2:03.47	(1:03.29)	3:06.34	(1:02.87)
				4:07.13	(1:00.79)
8	Venture, Ray L	60	Broward County YMCA Masters	5:12.24	5:12.25
	1:08.04	2:27.93	(1:19.89)	3:55.92	(1:27.99)
				5:12.25	(1:16.33)

Men 60-64 50 Yard BreaststrokeNAT YMCA: **31.39** * 4/22/2005

Peter Andersen

DANY-

USMS: **29.32** ! 5/14/2006

Robert Strand

1	Kelley, Bill R	61	Sarasota Family	33.50	31.26*
2	Nessel, Edward	63	South Hills YMCA	33.12	33.20
3	Jackins, Joseph A	61	Mid-Delmarva YMCA	37.00	36.99
---	Riker, Tony	64	Broward County YMCA Masters	38.00	NS
---	Sjoberg, Darryl W	63	Sarasota Family	37.00	NS
---	Redic, James P	62	Sarasota Family	35.95	NS
---	Schenck, Alan E	62	Cedar Rapids	42.60	NS

Men 60-64 100 Yard BreaststrokeNAT YMCA: **1:10.98** * 1993

Manuel Sanguily

Westport, CT

USMS: **1:05.46** ! 3/26/2006

Robert Strand

1	Kelley, Bill R	61	Sarasota Family	1:13.00	1:08.87*
	31.94	1:08.87	(36.93)		
2	Leech, J. Nathan	60	Sarasota Family	1:12.00	1:12.23
	34.09	1:12.23	(38.14)		
3	Nessel, Edward	63	South Hills YMCA	1:12.60	1:13.13
	34.52	1:13.13	(38.61)		
4	Sjoberg, Darryl W	63	Sarasota Family	1:24.00	1:19.22
	36.63	1:19.22	(42.59)		
5	Redic, James P	62	Sarasota Family	1:20.37	1:19.46
	37.41	1:19.46	(42.05)		

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6	Brewer, Dick	63	Broward County YMCA Masters	1:23.00	1:20.89
	38.95				1:20.89 (41.94)
7	Hickey, Ken R	63	Downtown Orlando	1:42.00	1:52.42
	52.63				1:52.42 (59.79)
---	Griffin, Dane C	60	Broward County YMCA Masters	1:25.00	NS
---	Riker, Tony	64	Broward County YMCA Masters	1:23.00	NS

Men 60-64 200 Yard Breaststroke

NAT YMCA: 2:34.49 * 5/16/2008		George F Wendt		Danville IL	
USMS: 2:24.68 ! 5/14/2006		Robert Strand			
1	Kelley, Bill R	61	Sarasota Family	2:48.00	2:36.84
	34.31				1:14.20 (39.89) 1:56.02 (41.82) 2:36.84 (40.82)
2	Leech, J. Nathan	60	Sarasota Family	2:40.00	2:37.26
	34.62				1:14.62 (40.00) 1:56.96 (42.34) 2:37.26 (40.30)
3	Sjoberg, Darryl W	63	Sarasota Family	3:10.00	2:56.27
	38.75				1:22.85 (44.10) 2:08.70 (45.85) 2:56.27 (47.57)
4	Brewer, Dick	63	Broward County YMCA Masters	3:03.49	2:57.78
	39.67				1:24.42 (44.75) 2:11.34 (46.92) 2:57.78 (46.44)
5	Redic, James P	62	Sarasota Family	3:07.33	3:01.86
	40.54				1:26.75 (46.21) 2:14.29 (47.54) 3:01.86 (47.57)
6	Riker, Tony	64	Broward County YMCA Masters	3:10.00	3:16.78
	44.74				1:35.80 (51.06) 2:27.42 (51.62) 3:16.78 (49.36)
7	Brasseur, Al J	63	YMCA of Michiana	3:45.00	4:29.23
	1:00.80				2:12.75 (1:11.95) 3:21.20 (1:08.45) 4:29.23 (1:08.03)
---	Nessel, Edward	63	South Hills YMCA	2:41.16	NS

Men 60-64 50 Yard Butterfly

NAT YMCA: 27.09 * 4/14/2007		Bruce Mohl		SFY-	
USMS: 24.46 ! 5/22/2005		Richard Abrahams			
1	Quiggin, David	64	Broward County YMCA Masters	27.00	26.29*
2	Burns, Joel J	62	YMCA of Central Texas	26.87	26.41*
3	Cornell, Thomas G	61	Sarasota Family	29.50	29.06
4	Fleury, Robert A	63	Wilton Family YMCA	28.00	29.39
5	Magin, Randy	60	YMCA of the Palms	29.50	29.87
6	Seidman, Lawrence	61	South Hills YMCA	30.03	30.00
7	Redic, James P	62	Sarasota Family	31.41	31.08
8	Griffin, Dane C	60	Broward County YMCA Masters	32.00	31.17
9	Halpin, James S	60	Cedar Rapids	29.91	33.02
10	Sjoberg, Darryl W	63	Sarasota Family	36.00	34.29
---	Schenck, Alan E	62	Cedar Rapids	35.20	NS

Men 60-64 100 Yard Butterfly

NAT YMCA: 1:02.89 * 4/15/2007		Doug Miller		AJY-	
USMS: 54.92 ! 5/22/2005		Richard Abrahams			
1	McElroy, Frank J	61	Wyckoff Family Y	1:08.00	1:01.38*
	28.91				1:01.38 (32.47)
2	Burns, Joel J	62	YMCA of Central Texas	1:01.39	1:01.73*
	28.56				1:01.73 (33.17)
3	Seidman, Lawrence	61	South Hills YMCA	1:09.09	1:09.41
	31.61				1:09.41 (37.80)
4	Magin, Randy	60	YMCA of the Palms	1:10.00	1:14.22
	33.82				1:14.22 (40.40)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 60-64 100 Yard Butterfly)**

5	Halpin, James S	60	Cedar Rapids	1:10.34	1:23.25
	35.74	1:23.25	(47.51)		
6	Brasseur, Al J	63	YMCA of Michiana	1:30.00	1:51.77
	51.95	1:51.77	(59.82)		
---	Cornell, Thomas G	61	Sarasota Family	1:13.00	DQ
	Alternating Kick				
---	Pash, Gregory C	61	Plymouth Community Family	1:04.99	NS
---	Redic, James P	62	Sarasota Family	1:18.78	NS

Men 60-64 200 Yard Butterfly

NAT YMCA: 2:20.17		* 4/13/2007		Doug Miller		AJY-	
USMS: 2:11.69		! 2/15/2004		Robert Poiletman			
1	McElroy, Frank J	61	Wyckoff Family Y	2:45.00	2:22.59		
	31.11	1:06.74	(35.63)	1:47.10	(40.36)	2:22.59	(35.49)
2	Burns, Joel J	62	YMCA of Central Texas	2:20.47	2:28.24		
	30.19	1:05.78	(35.59)	1:42.95	(37.17)	2:28.24	(45.29)
3	Cornell, Thomas G	61	Sarasota Family	3:00.00	2:46.92		
	33.77	1:13.27	(39.50)	1:58.30	(45.03)	2:46.92	(48.62)
4	Seidman, Lawrence	61	South Hills YMCA	3:03.06	2:58.18		
	35.51	1:18.95	(43.44)	2:06.06	(47.11)	2:58.18	(52.12)
5	Brasseur, Al J	63	YMCA of Michiana	3:45.00	4:33.84		
	55.35	2:00.85	(1:05.50)	3:15.97	(1:15.12)	4:33.84	(1:17.87)
---	Magin, Randy	60	YMCA of the Palms	3:05.00	NS		
---	Pash, Gregory C	61	Plymouth Community Family	2:32.99	NS		
---	Redic, James P	62	Sarasota Family	3:13.13	NS		

Men 60-64 100 Yard IM

NAT YMCA: 1:03.23		* 4/14/2007		Bruce Mohl		Sarasota, FL	
USMS: 1:00.10		! 5/4/2008		Robert Strand			
1	Leech, J. Nathan	60	Sarasota Family	1:06.00	1:02.52*		
	28.93	1:02.52	(33.59)				
2	Kelley, Bill R	61	Sarasota Family	1:14.00	1:07.63		
	33.46	1:07.63	(34.17)				
3	Burns, Joel J	62	YMCA of Central Texas	1:08.77	1:08.04		
	30.89	1:08.04	(37.15)				
4	Magin, Randy	60	YMCA of the Palms	1:10.00	1:08.70		
	31.73	1:08.70	(36.97)				
5	Griffin, Dane C	60	Broward County YMCA Masters	1:17.50	1:12.67		
	34.41	1:12.67	(38.26)				
6	Fleury, Robert A	63	Wilton Family YMCA	1:10.00	1:13.93		
	32.41	1:13.93	(41.52)				
7	Redic, James P	62	Sarasota Family	1:16.18	1:14.23		
	34.99	1:14.23	(39.24)				
8	Jackins, Joseph A	61	Mid-Delmarva YMCA	1:18.34	1:20.20		
	37.28	1:20.20	(42.92)				
9	Sjoberg, Darryl W	63	Sarasota Family	1:24.00	1:21.00		
	37.42	1:21.00	(43.58)				
10	Mahoney, John B	64	Andover North Andover	2:00.00	1:55.70		
	59.70	1:55.70	(56.00)				
---	Zakim, Jack S	63	South Hills YMCA	1:14.00	DQ		
---	Schenck, Alan E	62	Cedar Rapids	1:15.00	NS		
---	Pash, Gregory C	61	Plymouth Community Family	1:07.99	NS		

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NAT YMCA: 2:20.29		* 4/15/2007		Doug Miller		AJY-	
USMS: 2:15.28		! 4/20/2008		Bryan Bateman			
1	Leech, J. Nathan	60	Sarasota Family	2:26.00		2:19.11 *	
	31.47	1:07.78 (36.31)	1:47.26 (39.48)	2:19.11 (31.85)			
2	McElroy, Frank J	61	Wyckoff FamilyY	2:32.00		2:25.32	
	29.40	1:09.28 (39.88)	1:52.37 (43.09)	2:25.32 (32.95)			
3	Burns, Joel J	62	YMCA of Central Texas	2:25.19		2:28.97	
	30.35	1:09.69 (39.34)	1:55.82 (46.13)	2:28.97 (33.15)			
4	Couch, Bob E	62	Sarasota Family	2:28.00		2:29.34	
	31.36	1:11.67 (40.31)	1:55.95 (44.28)	2:29.34 (33.39)			
5	Cowing, John M	60	Northern Michigan	2:40.00		2:39.86	
	34.78	1:17.16 (42.38)	2:01.41 (44.25)	2:39.86 (38.45)			
6	Griffin, Dane C	60	Broward County YMCA Masters	2:47.00		2:55.99	
	35.05	1:20.72 (45.67)	2:11.87 (51.15)	2:55.99 (44.12)			
7	Mahoney, John B	64	Andover North Andover	4:00.00		4:04.56	
	1:02.47	2:06.56 (1:04.09)	3:17.20 (1:10.64)	4:04.56 (47.36)			
---	Schwarten, John	61	Westport / Weston	3:00.00		NS	
---	Pash, Gregory C	61	Plymouth Community Family	2:32.99		NS	
---	Schenck, Alan E	62	Cedar Rapids	2:40.00		NS	

Men 60-64 400 Yard IM

NAT YMCA: 5:03.43		* 4/13/2007		Doug Miller		AJY-	
USMS: 5:02.36		! 5/18/2003		Edward Cazalet			
1	McElroy, Frank J	61	Wyckoff FamilyY	5:25.00		5:08.78	
	31.26	1:06.55 (35.29)	1:51.68 (45.13)	2:34.19 (42.51)			
	3:18.30 (44.11)	4:03.22 (44.92)	4:36.94 (33.72)	5:08.78 (31.84)			
2	Couch, Bob E	62	Sarasota Family	5:26.00		5:42.95	
	33.61	1:13.06 (39.45)	2:00.41 (47.35)	2:46.58 (46.17)			
	3:35.12 (48.54)	4:24.20 (49.08)	5:03.91 (39.71)	5:42.95 (39.04)			
3	Cowing, John M	60	Northern Michigan	5:55.00		5:58.80	
	43.14	1:34.12 (50.98)	2:19.23 (45.11)	3:04.66 (45.43)			
	3:53.36 (48.70)	4:42.78 (49.42)	5:21.28 (38.50)	5:58.80 (37.52)			
4	Redic, James P	62	Sarasota Family	6:38.35		6:39.76	
	38.77	1:25.42 (46.65)	2:23.51 (58.09)	3:24.03 (1:00.52)			
	4:20.11 (56.08)	5:13.83 (53.72)	5:57.59 (43.76)	6:39.76 (42.17)			
---	Pash, Gregory C	61	Plymouth Community Family	5:33.99		NS	

Men 65-69 50 Yard Freestyle

NAT YMCA: 25.33		* 2001		Cav Cavanaugh		Summerville, SC	
USMS: 23.66		! 5/17/2002		Jeff Farrell			
1	Lodwig, Keefe L	65	Sarasota Family	25.00		23.96 *	
2	Smith, Robert S	65	Broward County YMCA Masters	24.60		24.71 *	
3	Buchan, Douglas T	65	YMCA of Central Texas	30.40		27.29	
4	Rupert, Bill	65	Sarasota Family	28.20		28.57	
5	Trimble, Gary	66	Sarasota Family	28.77		28.82	
6	Oakes, David W	69	Sarasota Family	28.83		28.99	
7	Laux, Michael A	67	Westport / Weston	29.00		29.05	
8	Quigley, George	68	YMCA Indy Swimfit	28.96		29.14	
9	Pedersen, Lars	66	Broward County YMCA Masters	30.11		31.39	
10	Pohlmann, John T	65	South Hills YMCA	31.90		32.16	
11	Desserich, Russ	65	YMCA Indy Swimfit	34.85		35.65	
12	Trevison, Rick	66	YMCA of the Palms	36.00		35.76	
---	Dye, Dean	67	Sarasota Family	28.50		NS	

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Odd Heats East Pool Even Heats West Pool

Results

(Men 65-69 50 Yard Freestyle)

--- House, Carl 69 Broward County YMCA Masters 35.00 NS

Men 65-69 100 Yard Freestyle

NAT YMCA: 55.98 * 2001		Cav Cavanaugh		Summerville, SC	
USMS: 54.43 ! 5/17/2002		Jeff Farrell			
1	Lodwig, Keefe L	65	Sarasota Family	55.00	52.76!
	25.59		52.76 (27.17)		
2	Tulenko, Tom	66	South Hills YMCA	1:04.00	1:04.13
	31.12		1:04.13 (33.01)		
3	Laux, Michael A	67	Westport / Weston	1:06.00	1:04.69
	30.63		1:04.69 (34.06)		
4	Rupert, Bill	65	Sarasota Family	1:05.00	1:04.73
	30.43		1:04.73 (34.30)		
5	Trimble, Gary	66	Sarasota Family	1:04.11	1:04.93
	30.70		1:04.93 (34.23)		
6	Oakes, David W	69	Sarasota Family	1:08.96	1:06.71
	31.07		1:06.71 (35.64)		
7	Buchan, Douglas T	65	YMCA of Central Texas	1:15.00	1:06.78
	31.95		1:06.78 (34.83)		
8	Conroy, Bill	65	Mid-Delmarva YMCA	1:10.00	1:10.87
	34.06		1:10.87 (36.81)		
9	Pedersen, Lars	66	Broward County YMCA Masters	1:10.09	1:16.70
10	Trevison, Rick	66	YMCA of the Palms	1:19.00	1:20.61
	39.03		1:20.61 (41.58)		
---	House, Carl	69	Broward County YMCA Masters	1:20.00	NS
	1:40.32				

Men 65-69 200 Yard Freestyle

NAT YMCA: 2:06.55 * 2001		Cav Cavanaugh		Summerville, SC	
USMS: 2:01.22 ! 5/17/2002		Jeff Farrell			
1	Lodwig, Keefe L	65	Sarasota Family	2:05.00	2:00.98!
	27.67		58.14 (30.47)	1:29.40 (31.26)	2:00.98 (31.58)
2	Tulenko, Tom	66	South Hills YMCA	2:30.00	2:22.17
	32.41		1:08.15 (35.74)	1:45.76 (37.61)	2:22.17 (36.41)
3	Woodburn, Scott	65	Broward County YMCA Masters	2:50.00	2:22.19
	33.63		1:10.23 (36.60)	1:47.24 (37.01)	2:22.19 (34.95)
4	Rupert, Bill	65	Sarasota Family	2:50.00	2:31.63
	34.91		1:12.75 (37.84)	1:53.95 (41.20)	2:31.63 (37.68)
5	Quigley, George	68	YMCA Indy Swimfit	2:45.00	2:33.69
	35.96		1:14.95 (38.99)	1:54.70 (39.75)	2:33.69 (38.99)
6	Oakes, David W	69	Sarasota Family	2:41.26	2:37.91
	35.38		1:14.88 (39.50)	1:56.72 (41.84)	2:37.91 (41.19)
7	Wangdahl, Glenn E	66	Mid-Delmarva YMCA	2:51.00	2:43.76
	37.59		1:18.64 (41.05)	2:01.79 (43.15)	2:43.76 (41.97)
8	Trevison, Rick	66	YMCA of the Palms	2:58.00	2:57.12
	40.01		1:24.62 (44.61)	2:11.46 (46.84)	2:57.12 (45.66)
9	Pedersen, Lars	66	Broward County YMCA Masters	2:55.62	3:15.36
			1:30.48 ()	3:15.36 (1:44.88)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 65-69 500 Yard Freestyle**

NAT YMCA: 5:53.52 * 2003		David Harrison		Cent Bucks, PA	
USMS: 5:37.64 ! 5/20/2007		Tom Landis			
1	Lodwig, Keefe L	65	Sarasota Family	7:00.00	5:46.24*
	29.74	1:03.31 (33.57)	1:38.62 (35.31)	2:14.07 (35.45)	
	2:49.50 (35.43)	3:25.41 (35.91)	4:01.70 (36.29)	4:37.06 (35.36)	
	5:12.39 (35.33)	5:46.24 (33.85)			
2	Tulenko, Tom	66	South Hills YMCA	6:30.00	6:33.27
	34.27	1:13.39 (39.12)	1:53.81 (40.42)	2:34.53 (40.72)	
	3:15.53 (41.00)	3:56.13 (40.60)	4:36.86 (40.73)	5:16.94 (40.08)	
	5:56.73 (39.79)	6:33.27 (36.54)			
3	Woodburn, Scott	65	Broward County YMCA Masters	7:30.00	6:44.30
	35.30	1:13.88 (38.58)	1:54.57 (40.69)	2:37.23 (42.66)	
	3:18.68 (41.45)	3:59.99 (41.31)	4:41.49 (41.50)	6:05.29 (1:23.80)	
	6:44.30 (39.01)				
4	Conroy, Bill	65	Mid-Delmarva YMCA	7:00.00	6:47.08
	35.32	1:15.26 (39.94)	1:56.58 (41.32)	2:38.03 (41.45)	
	3:19.59 (41.56)	4:01.67 (42.08)	4:43.31 (41.64)	5:25.40 (42.09)	
	6:07.53 (42.13)	6:47.08 (39.55)			
5	Monahan, Richard S	67	East Hampton Rec Center	7:25.00	7:23.84
	39.92	1:24.60 (44.68)	2:09.52 (44.92)	2:54.67 (45.15)	
	3:39.59 (44.92)	4:24.52 (44.93)	5:09.29 (44.77)	5:54.06 (44.77)	
	6:38.84 (44.78)	7:23.84 (45.00)			
6	Wangdahl, Glenn E	66	Mid-Delmarva YMCA	7:45.00	7:30.22
	38.18	1:21.93 (43.75)	2:07.71 (45.78)	2:54.72 (47.01)	
	3:41.28 (46.56)	4:27.58 (46.30)	5:13.48 (45.90)	5:58.77 (45.29)	
	6:45.62 (46.85)	7:30.22 (44.60)			
7	Trevison, Rick	66	YMCA of the Palms	8:05.00	8:07.71
	44.33	1:34.27 (49.94)	2:25.39 (51.12)	3:16.55 (51.16)	
	4:06.99 (50.44)	4:56.26 (49.27)	5:45.32 (49.06)	6:33.81 (48.49)	
	7:22.10 (48.29)	8:07.71 (45.61)			
8	Lynch, William H	65	Schroeder	8:00.00	8:30.63
	42.70	1:30.15 (47.45)	2:22.57 (52.42)	3:13.39 (50.82)	
	4:05.75 (52.36)	4:57.90 (52.15)	5:50.21 (52.31)	6:44.31 (54.10)	
	7:37.72 (53.41)	8:30.63 (52.91)			
9	Pedersen, Lars	66	Broward County YMCA Masters	8:22.94	8:34.10
		1:33.67 ()	2:26.52 (52.85)	3:21.68 (55.16)	
	4:15.35 (53.67)	5:08.39 (53.04)	6:01.70 (53.31)	6:53.90 (52.20)	
	7:47.41 (53.51)	8:34.10 (46.69)			
---	Laux, Michael A	67	Westport / Weston	7:15.00	DNF
	Did not finish				
	39.30	1:23.08 (43.78)	2:08.55 (45.47)	3:03.22 (54.67)	
	4:39.00 (1:35.78)	5:24.77 (45.77)			
---	Kelbaugh, Cliff	67	Mid-Delmarva YMCA	13:02.50	NS
---	Dye, Dean	67	Sarasota Family	7:30.00	NS

Men 65-69 1000 Yard Freestyle

NAT YMCA: 12:10.54 * 2003		David Harrison		Cent Bucks, PA	
USMS: 11:41.40 ! 5/20/2007		Tom Landis			
1	Lodwig, Keefe L	65	Sarasota Family	13:00.00	12:37.09
	30.88	1:05.92 (35.04)	1:42.61 (36.69)	2:20.88 (38.27)	
	2:59.30 (38.42)	3:38.40 (39.10)	4:17.06 (38.66)	4:55.15 (38.09)	
	5:33.51 (38.36)	6:11.98 (38.47)	6:49.36 (37.38)	7:28.02 (38.66)	
	8:07.05 (39.03)	8:46.34 (39.29)	9:26.09 (39.75)	10:05.66 (39.57)	
	10:45.19 (39.53)	11:22.92 (37.73)	12:00.88 (37.96)	12:37.09 (36.21)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 65-69 1000 Yard Freestyle)

2	Conroy, Bill	65	Mid-Delmarva YMCA	13:00.00	13:47.50
	36.01	1:16.64 (40.63)	1:58.34 (41.70)	2:40.24 (41.90)	
	3:22.26 (42.02)	4:03.84 (41.58)	4:45.83 (41.99)	5:27.70 (41.87)	
	6:09.81 (42.11)	6:51.79 (41.98)	7:34.20 (42.41)	8:16.12 (41.92)	
	8:58.25 (42.13)	9:40.16 (41.91)	10:21.89 (41.73)	11:03.58 (41.69)	
	11:45.25 (41.67)	12:26.67 (41.42)	13:08.09 (41.42)	13:47.50 (39.41)	
3	Laux, Michael A	67	Westport / Weston	15:00.00	14:01.26
	39.62	1:22.44 (42.82)	2:05.96 (43.52)	2:49.81 (43.85)	
	3:33.68 (43.87)	4:17.11 (43.43)	5:00.09 (42.98)	5:42.62 (42.53)	
	6:25.11 (42.49)	7:07.35 (42.24)	7:49.59 (42.24)	8:32.25 (42.66)	
	9:14.44 (42.19)	9:56.61 (42.17)	10:38.71 (42.10)	11:20.45 (41.74)	
	12:00.46 (40.01)	12:40.31 (39.85)	13:21.31 (41.00)	14:01.26 (39.95)	
4	Wangdahl, Glenn E	66	Mid-Delmarva YMCA	16:10.00	15:18.92
	38.52	1:23.44 (44.92)	2:10.19 (46.75)	2:57.71 (47.52)	
	3:44.62 (46.91)	4:32.73 (48.11)	5:20.51 (47.78)	6:07.71 (47.20)	
	6:55.62 (47.91)	7:42.59 (46.97)	8:29.17 (46.58)	9:15.48 (46.31)	
	10:01.70 (46.22)	10:48.10 (46.40)	11:34.70 (46.60)	12:20.52 (45.82)	
	13:06.37 (45.85)	13:51.71 (45.34)	14:36.67 (44.96)	15:18.92 (42.25)	
5	Trevison, Rick	66	YMCA of the Palms	16:45.00	16:56.62
	45.27	1:35.14 (49.87)	2:25.18 (50.04)	3:16.24 (51.06)	
	4:08.00 (51.76)	4:59.97 (51.97)	5:51.73 (51.76)	6:45.01 (53.28)	
	7:37.03 (52.02)	8:28.54 (51.51)	9:20.03 (51.49)	10:11.46 (51.43)	
	11:03.99 (52.53)	11:55.73 (51.74)	12:47.42 (51.69)	13:40.41 (52.99)	
	14:30.74 (50.33)	15:20.60 (49.86)	16:10.58 (49.98)	16:56.62 (46.04)	
6	Lynch, William H	65	Schroeder	16:00.00	17:24.78
	42.63	1:31.24 (48.61)	2:21.11 (49.87)	3:11.69 (50.58)	
	4:02.75 (51.06)	4:53.59 (50.84)	5:45.87 (52.28)	6:38.50 (52.63)	
	7:30.96 (52.46)	8:23.40 (52.44)	9:16.25 (52.85)	10:08.93 (52.68)	
	11:02.17 (53.24)	11:56.37 (54.20)	12:51.16 (54.79)	13:45.86 (54.70)	
	14:40.41 (54.55)	15:36.42 (56.01)	16:31.20 (54.78)	17:24.78 (53.58)	
7	Kelbaugh, Cliff	67	Mid-Delmarva YMCA	25:18.60	31:25.56
	1:05.48	2:32.72 (1:27.24)	4:07.83 (1:35.11)	5:33.42 (1:25.59)	
	7:13.13 (1:39.71)	8:52.58 (1:39.45)	10:31.28 (1:38.70)	12:06.62 (1:35.34)	
	13:46.20 (1:39.58)	15:27.00 (1:40.80)	17:06.92 (1:39.92)	20:19.30 (3:12.38)	
	21:55.47 (1:36.17)	23:32.06 (1:36.59)	25:05.67 (1:33.61)	26:44.68 (1:39.01)	
	28:18.76 (1:34.08)	29:56.27 (1:37.51)	31:25.56 (1:29.29)		
---	Tulenko, Tom	66	South Hills YMCA	13:30.00	NS

Men 65-69 1650 Yard Freestyle

NAT YMCA: 20:18.65 * 2003 David Harrison Cent Bucks, PA

USMS: 19:16.25 ! 5/20/2007 Tom Landis

1	Tulenko, Tom	66	South Hills YMCA	22:45.00	22:54.28
	36.21	1:16.48 (40.27)	1:58.40 (41.92)	2:40.88 (42.48)	
	3:23.51 (42.63)	4:05.94 (42.43)	4:48.82 (42.88)	5:30.92 (42.10)	
	6:13.04 (42.12)	6:54.98 (41.94)	7:37.03 (42.05)	8:18.95 (41.92)	
	9:01.01 (42.06)	9:43.04 (42.03)	10:24.57 (41.53)	11:06.52 (41.95)	
	11:48.43 (41.91)	12:30.22 (41.79)	13:11.73 (41.51)	13:53.21 (41.48)	
	14:35.77 (42.56)	15:17.62 (41.85)	15:58.83 (41.21)	16:41.59 (42.76)	
	17:23.28 (41.69)	18:04.73 (41.45)	18:46.06 (41.33)	19:28.77 (42.71)	
	20:09.76 (40.99)	20:52.18 (42.42)	21:33.30 (41.12)	22:15.07 (41.77)	22:54.28 (39.21)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 65-69 1650 Yard Freestyle)**

2	Conroy, Bill	65	Mid-Delmarva YMCA	22:00.00	23:07.07
	36.20	1:16.20 (40.00)	1:57.91 (41.71)	2:39.47 (41.56)	
	3:21.74 (42.27)	4:04.65 (42.91)	4:47.21 (42.56)	5:29.96 (42.75)	
	6:12.51 (42.55)	6:54.88 (42.37)	7:37.44 (42.56)	8:19.83 (42.39)	
	9:02.20 (42.37)	9:44.77 (42.57)	10:27.31 (42.54)	11:09.69 (42.38)	
	11:52.20 (42.51)	12:34.66 (42.46)	13:16.70 (42.04)	13:59.27 (42.57)	
	14:41.70 (42.43)	15:24.29 (42.59)	16:06.85 (42.56)	16:49.17 (42.32)	
	17:31.34 (42.17)	18:13.47 (42.13)	18:56.26 (42.79)	19:38.86 (42.60)	
	20:21.04 (42.18)	21:02.87 (41.83)	21:44.73 (41.86)	22:26.70 (41.97)	23:07.07 (40.37)
3	Monahan, Richard S	67	East Hampton Rec Center	25:45.00	26:11.25
	40.23	1:25.82 (45.59)	2:12.48 (46.66)	2:58.33 (45.85)	
	3:44.95 (46.62)	4:31.74 (46.79)	5:18.79 (47.05)	6:06.19 (47.40)	
	6:53.50 (47.31)	7:41.64 (48.14)	8:29.77 (48.13)	9:18.45 (48.68)	
	10:07.29 (48.84)	10:55.70 (48.41)	11:44.01 (48.31)	12:32.74 (48.73)	
	13:21.44 (48.70)	14:09.50 (48.06)	14:57.43 (47.93)	15:46.00 (48.57)	
	16:34.24 (48.24)	17:22.77 (48.53)	18:11.56 (48.79)	18:59.60 (48.04)	
	19:47.93 (48.33)	20:36.27 (48.34)	21:24.88 (48.61)	22:13.77 (48.89)	
	23:01.89 (48.12)	23:49.79 (47.90)	24:37.68 (47.89)	25:25.69 (48.01)	26:11.25 (45.56)
4	Wangdahl, Glenn E	66	Mid-Delmarva YMCA	28:03.00	26:34.55
	40.78	1:27.46 (46.68)	2:16.37 (48.91)	3:04.98 (48.61)	
	3:55.11 (50.13)	4:45.44 (50.33)	5:35.52 (50.08)	6:24.86 (49.34)	
	7:14.33 (49.47)	8:02.66 (48.33)	8:51.47 (48.81)	9:41.56 (50.09)	
	10:30.37 (48.81)	11:19.92 (49.55)	12:08.75 (48.83)	12:57.72 (48.97)	
	13:47.88 (50.16)	14:35.78 (47.90)	15:25.49 (49.71)	16:14.86 (49.37)	
	17:04.92 (50.06)	17:52.80 (47.88)	18:41.23 (48.43)	19:30.15 (48.92)	
	20:19.89 (49.74)	21:08.24 (48.35)	21:56.81 (48.57)	22:44.01 (47.20)	
	23:30.12 (46.11)	24:16.17 (46.05)	25:03.24 (47.07)	25:49.63 (46.39)	26:34.55 (44.92)
5	Pedersen, Lars	66	Broward County YMCA Masters	30:07.00	30:01.25
	43.25	1:34.22 (50.97)	2:27.93 (53.71)	3:23.82 (55.89)	
	4:20.67 (56.85)	5:16.24 (55.57)	6:11.50 (55.26)	7:08.68 (57.18)	
	8:04.32 (55.64)	8:59.74 (55.42)	9:53.46 (53.72)	10:46.78 (53.32)	
	11:42.40 (55.62)	12:37.06 (54.66)	13:31.05 (53.99)	14:26.64 (55.59)	
	15:19.57 (52.93)	16:14.33 (54.76)	17:08.11 (53.78)	18:01.84 (53.73)	
	18:59.19 (57.35)	19:55.51 (56.32)	20:48.70 (53.19)	21:44.49 (55.79)	
	22:39.68 (55.19)	23:35.64 (55.96)	24:31.94 (56.30)	25:27.74 (55.80)	
	26:22.28 (54.54)	27:20.15 (57.87)	28:15.05 (54.90)	29:10.97 (55.92)	30:01.25 (50.28)
6	Van Meeteren, Hans	65	Twin Rivers	31:00.00	30:58.26
	56.38	1:56.14 (59.76)	2:53.47 (57.33)	3:49.31 (55.84)	
	4:47.26 (57.95)	5:43.90 (56.64)		7:41.83 ()	
	8:39.37 (57.54)	9:36.27 (56.90)	10:33.50 (57.23)	11:30.72 (57.22)	
	12:26.78 (56.06)	13:23.19 (56.41)	14:19.81 (56.62)	15:16.12 (56.31)	
	16:12.02 (55.90)	17:08.72 (56.70)	18:03.61 (54.89)	18:58.51 (54.90)	
	19:54.53 (56.02)	20:50.54 (56.01)	21:46.40 (55.86)	22:43.67 (57.27)	
	23:40.14 (56.47)	24:35.34 (55.20)	25:30.12 (54.78)		
	27:22.60 ()	28:18.37 (55.77)	29:12.84 (54.47)	30:08.64 (55.80)	30:58.26 (49.62)
---	Delong, Gerry G	65	Broward County YMCA Masters	23:15.00	NS
---	House, Carl	69	Broward County YMCA Masters	29:00.00	NS

Men 65-69 50 Yard Backstroke

NAT YMCA:	30.28	*	4/16/2004	John Smith	Sarasota, FL-
USMS:	29.48	!	5/4/2008	Vinus Van Baalen	
1	Smith, Robert S	65	Broward County YMCA Masters	29.54	28.43 !
2	Freshley, Mike	68	Mission Valley	32.50	32.12
3	Rupert, Bill	65	Sarasota Family	33.00	32.88

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 65-69 50 Yard Backstroke)**

4	Trimble, Gary	66	Sarasota Family	35.44	33.99
5	Woodburn, Scott	65	Broward County YMCA Masters	39.00	34.30
6	Oakes, David W	69	Sarasota Family	35.61	34.34
7	Quigley, George	68	YMCA Indy Swimfit	34.20	35.33
8	Buchan, Douglas T	65	YMCA of Central Texas	40.85	37.76
9	Desserich, Russ	65	YMCA Indy Swimfit	45.33	48.74
10	Kelbaugh, Cliff	67	Mid-Delmarva YMCA	56.80	59.74
---	House, Carl	69	Broward County YMCA Masters	50.00	NS

Men 65-69 100 Yard Backstroke

NAT YMCA: 1:05.03 * 4/18/2004		John Smith		Sarasota, FL-	
USMS: 1:05.03 ! 4/18/2004		John Smith			
1	Smith, Robert S	65	Broward County YMCA Masters	1:05.02	1:03.45 *
	30.63		1:03.45 (32.82)		
2	Rupert, Bill	65	Sarasota Family	1:10.00	1:10.81
	34.66		1:10.81 (36.15)		
3	Quigley, George	68	YMCA Indy Swimfit	1:14.91	1:14.54
	37.02		1:14.54 (37.52)		
4	Woodburn, Scott	65	Broward County YMCA Masters	1:20.00	1:15.47
	37.00		1:15.47 (38.47)		
5	Oakes, David W	69	Sarasota Family	1:21.05	1:20.13
	38.89		1:20.13 (41.24)		
6	Monahan, Richard S	67	East Hamption Rec Center	1:40.00	1:30.38
	44.52		1:30.38 (45.86)		
7	Wangdahl, Glenn E	66	Mid-Delmarva YMCA	1:38.00	1:34.37
	46.40		1:34.37 (47.97)		
8	Kelbaugh, Cliff	67	Mid-Delmarva YMCA	2:10.40	2:24.06
	1:02.80		2:24.06 (1:21.26)		

Men 65-69 200 Yard Backstroke

NAT YMCA: 2:30.10 * 4/17/2004		John Smith		Sarasota, FL-	
USMS: 2:25.65 ! 5/20/2007		Richard Todd			
1	Rupert, Bill	65	Sarasota Family	2:34.00	2:38.09
	36.67		1:16.13 (39.46)	1:58.59 (42.46)	2:38.09 (39.50)
2	Quigley, George	68	YMCA Indy Swimfit	2:44.46	2:48.40
	39.47		1:22.23 (42.76)	2:05.67 (43.44)	2:48.40 (42.73)
3	Dye, Dean	67	Sarasota Family	2:47.50	2:49.38
	40.28		1:24.03 (43.75)	2:07.42 (43.39)	2:49.38 (41.96)
4	Tulenko, Tom	66	South Hills YMCA	3:10.00	3:02.78
	41.62		1:27.83 (46.21)	2:16.04 (48.21)	3:02.78 (46.74)
5	Oakes, David W	69	Sarasota Family	3:12.44	3:06.00
	42.37		1:29.83 (47.46)	2:18.70 (48.87)	3:06.00 (47.30)
6	Wangdahl, Glenn E	66	Mid-Delmarva YMCA	3:38.00	3:31.22
	48.78		2:37.01 (1:48.23)	3:31.22 (54.21)	
7	Kelbaugh, Cliff	67	Mid-Delmarva YMCA	4:45.70	5:30.83
	1:05.56		2:32.67 (1:27.11)	4:04.74 (1:32.07)	5:30.83 (1:26.09)
---	Monahan, Richard S	67	East Hamption Rec Center	3:40.00	NS
	3:22.65				
---	Delong, Gerry G	65	Broward County YMCA Masters	3:00.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 65-69 50 Yard Breaststroke**

NAT YMCA: 33.24 * 1991		Joseph Kurtzman		Summerville, SC	
USMS: 31.76 ! 5/4/2008		Louis Kronfeld			
1	Smith, Robert S	65	Broward County YMCA Masters	33.50	33.60
2	Trimble, Gary	66	Sarasota Family	35.78	33.97
3	Laux, Michael A	67	Westport / Weston	36.00	35.19
4	Pohlmann, John T	65	South Hills YMCA	37.00	36.46
5	Desserich, Russ	65	YMCA Indy Swimfit	39.36	42.92
6	Van Meeteren, Hans	65	Twin Rivers	43.36	43.00
---	Freshley, Mike	68	Mission Valley	34.00	NS
---	House, Carl	69	Broward County YMCA Masters	45.00	NS

Men 65-69 100 Yard Breaststroke

NAT YMCA: 1:13.47 * 5/21/2006		Mike Freshley		Encinitas	
USMS: 1:10.58 ! 5/20/2007		Richard Todd			
1	Smith, Robert S	65	Broward County YMCA Masters	1:15.50	1:13.16*
	34.43		1:13.16 (38.73)		
2	Freshley, Mike	68	Mission Valley	1:15.50	1:16.20
	34.90		1:16.20 (41.30)		
3	Trimble, Gary	66	Sarasota Family	1:21.43	1:16.41
	36.25		1:16.41 (40.16)		
4	Pohlmann, John T	65	South Hills YMCA	1:25.00	1:24.44
	38.80		1:24.44 (45.64)		
5	Van Meeteren, Hans	65	Twin Rivers	1:33.07	1:31.15
	43.31		1:31.15 (47.84)		
6	Desserich, Russ	65	YMCA Indy Swimfit	1:32.62	1:35.26
	42.60		1:35.26 (52.66)		
7	Wangdahl, Glenn E	66	Mid-Delmarva YMCA	1:38.00	1:36.72
	46.51		1:36.72 (50.21)		

Men 65-69 200 Yard Breaststroke

NAT YMCA: 2:40.52 * 5/20/2006		Mike Freshley		Encinitas-	
USMS: 2:36.30 ! 5/20/2007		Richard Todd			
1	Freshley, Mike	68	Mission Valley	2:48.00	2:46.81
	36.77		1:18.48 (41.71)	2:02.08 (43.60)	2:46.81 (44.73)
2	Pohlmann, John T	65	South Hills YMCA	3:20.00	3:09.95
	42.01		1:30.33 (48.32)	2:21.24 (50.91)	3:09.95 (48.71)
3	Van Meeteren, Hans	65	Twin Rivers	3:25.59	3:25.73
	48.71		1:41.69 (52.98)	2:34.33 (52.64)	3:25.73 (51.40)
4	Lynch, William H	65	Schroeder	3:15.00	3:31.40
	48.94		1:42.90 (53.96)	2:37.48 (54.58)	3:31.40 (53.92)
5	Wangdahl, Glenn E	66	Mid-Delmarva YMCA	3:38.00	3:33.60
	47.60		1:42.00 (54.40)	2:39.04 (57.04)	3:33.60 (54.56)
6	Desserich, Russ	65	YMCA Indy Swimfit	3:50.70	4:00.57
	49.58		1:51.71 (1:02.13)	2:56.66 (1:04.95)	4:00.57 (1:03.91)

Men 65-69 50 Yard Butterfly

NAT YMCA: 27.87 * 5/20/2006		Mike Freshley		Encinitas-	
USMS: 27.36 ! 5/20/2007		Cappy Sheeley			
1	Lodwig, Keefe L	65	Sarasota Family	27.00	26.15!
2	Kirby, David M	65	New Canaan	32.10	29.60
3	Smith, Robert S	65	Broward County YMCA Masters	28.10	29.75
4	Laux, Michael A	67	Westport / Weston	32.60	31.63
5	Kitchell, Richard W	68	Sarasota Family	31.00	31.74

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 65-69 50 Yard Butterfly)**

6	Trimble, Gary	66	Sarasota Family	32.97	32.82
7	Oakes, David W	69	Sarasota Family	34.50	35.63
8	Van Meeteren, Hans	65	Twin Rivers	42.67	42.89
---	House, Carl	69	Broward County YMCA Masters	50.00	NS

Men 65-69 100 Yard Butterfly

NAT YMCA: 1:07.19 * 4/15/2007		Richard Kitchell		SFY-	
USMS: 1:04.48 ! 2/10/2001		David Costill			
1	Lodwig, Keefe L	65	Sarasota Family	2:00.00	1:03.45 !
	28.11		1:03.45 (35.34)		
2	Kitchell, Richard W	68	Sarasota Family	1:07.00	1:05.99*
	31.64		1:05.99 (34.35)		
3	Kirby, David M	65	New Canaan	1:12.09	1:07.40
	32.00		1:07.40 (35.40)		
4	Smith, Robert S	65	Broward County YMCA Masters	1:07.00	1:14.22
	34.01		1:14.22 (40.21)		
---	Delong, Gerry G	65	Broward County YMCA Masters	1:20.00	NS

Men 65-69 200 Yard Butterfly

NAT YMCA: 2:36.82 * 2001		Dave Costill		Jordan, IN	
USMS: 2:30.02 ! 2/12/2006		Richard Kitchell			
1	Kitchell, Richard W	68	Sarasota Family	2:31.80	2:41.10
	34.40		1:15.51 (41.11) 1:57.79 (42.28)	2:41.10 (43.31)	
2	Freshley, Mike	68	Mission Valley	2:45.00	2:48.34
	33.65		1:15.04 (41.39) 2:00.51 (45.47)	2:48.34 (47.83)	
3	Kirby, David M	65	New Canaan	2:51.60	2:51.33
	33.44		1:12.17 (38.73) 1:54.99 (42.82)	2:51.33 (56.34)	
---	Delong, Gerry G	65	Broward County YMCA Masters	3:20.00	NS

Men 65-69 100 Yard IM

NAT YMCA: 1:05.37 * 5/20/2006		Mike Freshley		Encinitas-	
USMS: 1:03.54 ! 5/17/2002		Jeff Farrell			
1	Smith, Robert S	65	Broward County YMCA Masters	1:05.00	1:04.54*
	29.26		1:04.54 (35.28)		
2	Lodwig, Keefe L	65	Sarasota Family	1:10.00	1:04.64*
	30.03		1:04.64 (34.61)		
3	Freshley, Mike	68	Mission Valley	1:07.50	1:08.11
	30.62		1:08.11 (37.49)		
4	Trimble, Gary	66	Sarasota Family	1:13.86	1:12.54
	33.96		1:12.54 (38.58)		
5	Laux, Michael A	67	Westport / Weston	1:16.00	1:18.62
	38.24		1:18.62 (40.38)		
6	Lynch, William H	65	Schroeder	1:35.00	1:28.55
	41.20		1:28.55 (47.35)		
7	Van Meeteren, Hans	65	Twin Rivers	1:30.11	1:29.84
	42.61		1:29.84 (47.23)		
8	Desserich, Russ	65	YMCA Indy Swimfit	1:30.77	1:37.50
	45.93		1:37.50 (51.57)		
---	Conroy, Bill	65	Mid-Delmarva YMCA	1:30.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 65-69 200 Yard IM**

NAT YMCA: 2:24.50		*	5/19/2006	Mike Freshley	Encinitas	
USMS: 2:24.24		!	5/17/2002	Jeff Farrell		
1	Freshley, Mike	68	Mission Valley	2:28.50	2:29.03	
	29.72	1:09.77 (40.05)	1:53.16 (43.39)	2:29.03 (35.87)		
2	Delong, Gerry G	65	Broward County YMCA Masters	2:50.00	2:47.83	
	34.34	1:19.70 (45.36)	2:08.51 (48.81)	2:47.83 (39.32)		
3	Laux, Michael A	67	Westport / Weston	2:59.00	2:52.03	
	36.13	1:24.87 (48.74)	2:12.44 (47.57)	2:52.03 (39.59)		
4	Rupert, Bill	65	Sarasota Family	3:04.00	2:57.67	
	40.43	1:23.49 (43.06)	2:17.64 (54.15)	2:57.67 (40.03)		
5	Lynch, William H	65	Schroeder	3:10.00	3:25.70	
	48.78	1:38.77 (49.99)	2:36.18 (57.41)	3:25.70 (49.52)		
6	Van Meeteren, Hans	65	Twin Rivers	3:25.56	3:27.42	
	46.74	1:40.23 (53.49)	2:34.90 (54.67)	3:27.42 (52.52)		
7	Desserich, Russ	65	YMCA Indy Swimfit	3:42.33	3:59.88	
	51.64	1:50.04 (58.40)	3:02.65 (1:12.61)	3:59.88 (57.23)		
---	Trimble, Gary	66	Sarasota Family	2:59.16	NS	

Men 65-69 400 Yard IM

NAT YMCA: 5:21.94		*	5/19/2006	Mike Freshley	Encinitas-	
USMS: 5:19.23		!	5/20/2007	Tom Landis		
1	Freshley, Mike	68	Mission Valley	5:30.00	5:37.20	
	33.55	1:14.40 (40.85)	1:59.41 (45.01)	2:46.53 (47.12)		
	3:31.84 (45.31)	4:17.97 (46.13)	4:57.97 (40.00)	5:37.20 (39.23)		
2	Kitchell, Richard W	68	Sarasota Family	6:18.50	6:05.67	
	35.41	1:16.49 (41.08)	2:03.39 (46.90)	2:50.33 (46.94)		
	3:43.59 (53.26)	4:37.39 (53.80)	5:21.80 (44.41)	6:05.67 (43.87)		
3	Delong, Gerry G	65	Broward County YMCA Masters	6:20.00	6:23.65	
	38.92	1:26.94 (48.02)	2:16.74 (49.80)	3:10.12 (53.38)		
	4:01.40 (51.28)	4:54.65 (53.25)	5:39.71 (45.06)	6:23.65 (43.94)		
4	Rupert, Bill	65	Sarasota Family	6:21.00	6:30.29	
	41.04	1:32.44 (51.40)	2:17.71 (45.27)	3:02.26 (44.55)		
	4:00.54 (58.28)	5:00.50 (59.96)	5:45.32 (44.82)	6:30.29 (44.97)		
5	Conroy, Bill	65	Mid-Delmarva YMCA	7:00.00	7:01.38	
	43.16	1:39.59 (56.43)	2:37.70 (58.11)	3:35.61 (57.91)		
	4:35.81 (1:00.20)	5:37.59 (1:01.78)	6:21.65 (44.06)	7:01.38 (39.73)		
6	Van Meeteren, Hans	65	Twin Rivers	7:28.48	7:24.49	
	51.58	1:47.33 (55.75)	3:45.30 (1:57.97)	4:42.66 (57.36)		
	5:39.93 (57.27)		6:35.84 ()	7:24.49 (48.65)		
7	Desserich, Russ	65	YMCA Indy Swimfit	9:31.23	8:56.53	
	55.43	2:06.39 (1:10.96)	3:17.37 (1:10.98)	4:30.25 (1:12.88)		
	5:44.51 (1:14.26)	6:56.70 (1:12.19)	7:56.79 (1:00.09)	8:56.53 (59.74)		

Men 70-74 50 Yard Freestyle

NAT YMCA: 25.54		*	5/21/2006	Cav Cavanaugh	Suncoast	
USMS: 24.13		!	5/4/2008	Jeff Farrell		
1	McIntyre, David R	71	Sarasota Family	27.06	27.63	
2	Cavanaugh, Cav	73	Broward County YMCA Masters	26.00	27.73	
3	Dively, Michael A	70	Broward County YMCA Masters	29.19	29.15	
4	Wiedamann, Karl E	70	Sarasota Family	30.12	29.59	
5	Hall, Sid	73	Powel Crosley Jr. YMCA	30.00	30.64	
6	May, Edwin G	71	Stevens Point Area	34.00	32.51	
7	Ward, James E	70	Broward County YMCA Masters	32.07	32.70	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 70-74 50 Yard Freestyle)

8	Kirwan, Bill	71	Mid-Delmarva YMCA	32.00	33.02
9	Scott, Richard A	73	Northern Neck Family	38.00	36.40
10	Silverstein, Leonard	74	Broward County YMCA Masters	38.50	44.92
---	Goldman, Jimmy	72	South Hills YMCA	42.00	NS

Men 70-74 50 Yard Freestyle Time Trial

NAT YMCA: **25.54** *
 USMS: **24.13** ! 5/4/2008 **Jeff Farrell**

- Time Trial

1	Cavanaugh, Cav	73	Broward County YMCA Masters	NT	28.44
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Men 70-74 100 Yard Freestyle

NAT YMCA: **58.62** * 5/20/2006 **Cav Cavanaugh** **Suncoast-**
 USMS: **56.05** ! 5/4/2008 **Jeff Farrell**

1	McIntyre, David R	71	Sarasota Family	1:02.16	1:02.02
	29.33		1:02.02 (32.69)		
2	Cavanaugh, Cav	73	Broward County YMCA Masters	1:01.00	1:04.38
	31.02		1:04.38 (33.36)		
3	Dively, Michael A	70	Broward County YMCA Masters	1:06.72	1:07.21
	31.66		1:07.21 (35.55)		
4	Hall, Sid	73	Powel Crosley Jr. YMCA	1:04.00	1:07.32
	32.33		1:07.32 (34.99)		
5	Ward, James E	70	Broward County YMCA Masters	1:16.48	1:14.97
	35.09		1:14.97 (39.88)		
6	Goldman, Jimmy	72	South Hills YMCA	1:30.00	1:31.28
	43.81		1:31.28 (47.47)		
7	Silverstein, Leonard	74	Broward County YMCA Masters	1:23.00	1:43.97
	49.30		1:43.97 (54.67)		

Men 70-74 200 Yard Freestyle

NAT YMCA: **2:11.36** * 5/19/2006 **Cav Cavanaugh** **Suncoast-**
 USMS: **2:09.57** ! 5/20/2001 **Graham Johnston**

1	Cavanaugh, Cav	73	Broward County YMCA Masters	2:18.00	2:29.70
	33.60		1:11.66 (38.06)	1:50.63 (38.97)	2:29.70 (39.07)
2	Hall, Sid	73	Powel Crosley Jr. YMCA	2:40.00	2:36.11
	36.26		1:16.61 (40.35)	1:58.05 (41.44)	2:36.11 (38.06)
3	Dively, Michael A	70	Broward County YMCA Masters	2:36.80	2:39.04
	33.41		1:12.68 (39.27)	1:55.18 (42.50)	2:39.04 (43.86)
4	Kirwan, Bill	71	Mid-Delmarva YMCA	2:40.00	2:48.94
	37.05		1:20.04 (42.99)	2:05.46 (45.42)	2:48.94 (43.48)
5	Ward, James E	70	Broward County YMCA Masters	2:58.84	3:10.55
	45.60		1:35.08 (49.48)	2:23.73 (48.65)	3:10.55 (46.82)
6	Goldman, Jimmy	72	South Hills YMCA	3:30.00	3:14.24
	45.34		1:34.63 (49.29)	2:24.87 (50.24)	3:14.24 (49.37)
---	Silverstein, Leonard	74	Broward County YMCA Masters	3:03.00	NS

Men 70-74 500 Yard Freestyle

NAT YMCA: **5:59.81** * 2003 **Burwell Jones** **Sarasota, FL**
 USMS: **5:51.37** ! 5/20/2001 **Graham Johnston**

1	Cavanaugh, Cav	73	Broward County YMCA Masters	6:30.00	7:16.60
	37.37		1:20.89 (43.52)	2:05.62 (44.73)	2:51.28 (45.66)
	3:36.21 (44.93)		4:21.63 (45.42)	5:07.24 (45.61)	5:51.65 (44.41)
	6:35.14 (43.49)		7:16.60 (41.46)		

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 70-74 500 Yard Freestyle)

2	Medici, John C	71	Powel Crosley Jr. YMCA	7:33.00	7:18.53
	36.61	1:19.23 (42.62)	2:04.21 (44.98)	2:49.00 (44.79)	
	3:34.11 (45.11)	4:20.75 (46.64)	5:05.10 (44.35)	5:50.36 (45.26)	
	6:35.59 (45.23)	7:18.53 (42.94)			
3	Williams, Bob B	70	Powel Crosley Jr. YMCA	7:47.47	7:31.94
	43.33	1:30.71 (47.38)	2:20.40 (49.69)	3:12.47 (52.07)	
	4:04.68 (52.21)	4:56.28 (51.60)	5:48.61 (52.33)		
	6:40.92 ()	7:31.94 (51.02)			
4	Kirwan, Bill	71	Mid-Delmarva YMCA	7:30.00	7:46.59
	39.36	1:25.68 (46.32)	2:14.32 (48.64)	3:02.04 (47.72)	
	3:50.61 (48.57)	4:38.36 (47.75)	5:26.25 (47.89)	6:13.91 (47.66)	
	7:01.20 (47.29)	7:46.59 (45.39)			
5	Dively, Michael A	70	Broward County YMCA Masters	7:51.42	7:49.09
	37.48	1:19.98 (42.50)	2:06.74 (46.76)	2:55.56 (48.82)	
	3:45.02 (49.46)	4:34.43 (49.41)	5:23.87 (49.44)	6:14.09 (50.22)	
	7:04.29 (50.20)	7:49.09 (44.80)			
6	Goldman, Jimmy	72	South Hills YMCA	8:30.00	8:54.20
	47.45	1:41.20 (53.75)	2:36.39 (55.19)	3:30.88 (54.49)	
	4:25.93 (55.05)	5:20.63 (54.70)	6:15.03 (54.40)	7:09.18 (54.15)	
	8:02.92 (53.74)	8:54.20 (51.28)			
7	Silverstein, Leonard	74	Broward County YMCA Masters	8:30.00	10:22.52
	52.34	1:52.06 (59.72)	2:53.91 (1:01.85)	3:57.23 (1:03.32)	
	5:01.60 (1:04.37)	6:05.45 (1:03.85)	7:09.44 (1:03.99)	8:15.99 (1:06.55)	
	9:20.02 (1:04.03)	10:22.52 (1:02.50)			

Men 70-74 1000 Yard Freestyle

NAT YMCA: 12:45.02		*	4/21/2005	Burwell Jones	YSC-
USMS: 12:19.05		!	5/20/2001	Graham Johnston	
1	Kirwan, Bill	71	Mid-Delmarva YMCA	16:00.00	16:02.96
	38.72	1:24.10 (45.38)	2:11.81 (47.71)	2:59.85 (48.04)	
	3:48.74 (48.89)	4:38.55 (49.81)	5:27.84 (49.29)	6:17.62 (49.78)	
	7:06.90 (49.28)	7:55.98 (49.08)	8:46.71 (50.73)	9:34.60 (47.89)	
	10:23.03 (48.43)	11:10.80 (47.77)	11:59.60 (48.80)	12:49.48 (49.88)	
	13:38.24 (48.76)	14:27.11 (48.87)	15:16.41 (49.30)	16:02.96 (46.55)	
2	Williams, Bob B	70	Powel Crosley Jr. YMCA	16:48.42	16:24.03
	40.06	1:25.26 (45.20)	2:14.10 (48.84)	3:03.09 (48.99)	
	3:52.64 (49.55)	4:42.96 (50.32)	5:33.78 (50.82)	6:24.47 (50.69)	
	7:13.91 (49.44)	8:04.19 (50.28)	8:55.11 (50.92)	9:45.25 (50.14)	
	10:35.60 (50.35)	11:25.42 (49.82)	12:16.67 (51.25)	13:07.98 (51.31)	
	13:58.23 (50.25)	14:47.46 (49.23)	15:36.28 (48.82)	16:24.03 (47.75)	
3	Goldman, Jimmy	72	South Hills YMCA	18:00.00	18:04.44
	47.77	1:40.14 (52.37)	2:35.75 (55.61)	3:31.02 (55.27)	
	4:27.10 (56.08)	5:21.31 (54.21)	6:16.81 (55.50)	7:11.72 (54.91)	
	8:06.51 (54.79)	9:01.21 (54.70)	9:56.29 (55.08)	10:52.17 (55.88)	
	11:45.52 (53.35)	12:39.55 (54.03)	13:33.98 (54.43)	14:29.34 (55.36)	
	15:23.17 (53.83)	16:18.46 (55.29)	17:11.81 (53.35)	18:04.44 (52.63)	
---	Silverstein, Leonard	74	Broward County YMCA Masters	18:30.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 70-74 1650 Yard Freestyle**

NAT YMCA: 20:34.19 * 2003		Burwell Jones		Sarasota, FL	
USMS: 20:29.18 ! 5/20/2001		Graham Johnston			
1	Goldman, Jimmy	72	South Hills YMCA	30:00.00	31:33.29
	51.60	1:50.71 (59.11)	2:45.61 (54.90)	3:46.78 (1:01.17)	
	4:40.78 (54.00)	5:42.97 (1:02.19)	6:36.68 (53.71)	7:38.40 (1:01.72)	
	8:32.25 (53.85)	9:33.62 (1:01.37)	10:27.82 (54.20)	11:28.92 (1:01.10)	
	12:22.44 (53.52)	13:24.22 (1:01.78)	14:18.51 (54.29)	15:13.70 (55.19)	
	16:16.55 (1:02.85)	17:09.96 (53.41)	18:10.28 (1:00.32)	19:05.27 (54.99)	
	19:58.54 (53.27)	21:01.58 (1:03.04)	21:55.67 (54.09)	22:57.79 (1:02.12)	
	23:52.73 (54.94)	24:55.50 (1:02.77)	25:49.30 (53.80)	26:51.17 (1:01.87)	
	27:44.68 (53.51)	28:46.80 (1:02.12)	29:40.38 (53.58)	30:40.84 (1:00.46)	31:33.29 (52.45)

Men 70-74 50 Yard Backstroke

NAT YMCA: 30.95 * 4/16/2004		Yoshi Oyakawa		Powel Crosley, OH	
USMS: 30.25 ! 4/25/2004		Yoshi Oyakawa			
1	McIntyre, David R	71	Sarasota Family	32.77	35.00
2	Puchalski, Donald J	70	Sarasota Family	34.74	35.76
3	Kirwan, Bill	71	Mid-Delmarva YMCA	39.00	38.62
4	Cavanaugh, Cav	73	Broward County YMCA Masters	42.00	39.87
---	Williams, Bob B	70	Powel Crosley Jr. YMCA	39.99	NS
---	Wiedamann, Karl E	70	Sarasota Family	38.21	NS

Men 70-74 100 Yard Backstroke

NAT YMCA: 1:07.88 * 2003		Burwell Jones		Sarasota, FL	
USMS: 1:06.83 ! 4/25/2004		Yoshi Oyakawa			
1	McIntyre, David R	71	Sarasota Family	1:16.32	1:17.34
	38.95	1:17.34 (38.39)			
2	Puchalski, Donald J	70	Sarasota Family	1:18.45	1:18.05
	37.92	1:18.05 (40.13)			
3	Kirwan, Bill	71	Mid-Delmarva YMCA	1:23.90	1:23.02
	39.55	1:23.02 (43.47)			
4	Scott, Richard A	73	Northern Neck Family	1:50.00	1:46.78
	53.56	1:46.78 (53.22)			
5	Goldman, Jimmy	72	South Hills YMCA	2:00.00	2:03.06
	1:00.88	2:03.06 (1:02.18)			

Men 70-74 200 Yard Backstroke

NAT YMCA: 2:32.64 * 2003		Burwell Jones		Sarasota, FL	
USMS: 2:28.11 ! 5/18/2003		Burwell Jones			
1	Medici, John C	71	Powel Crosley Jr. YMCA	3:31.00	3:07.04
	43.84	1:30.55 (46.71)	2:19.46 (48.91)	3:07.04 (47.58)	
2	Kirwan, Bill	71	Mid-Delmarva YMCA	3:08.00	3:09.16
3	Goldman, Jimmy	72	South Hills YMCA	4:00.00	4:20.46
	1:03.60	2:09.62 (1:06.02)	4:20.46 (2:10.84)		

Men 70-74 50 Yard Breaststroke

NAT YMCA: 35.68 * 1996		Joseph Kurtzman		Summerville, SC	
USMS: 33.19 ! 4/22/2001		John Kortheuer			
1	Wiedamann, Karl E	70	Sarasota Family	33.45	33.78*
2	Puchalski, Donald J	70	Sarasota Family	34.94	35.80
3	McIntyre, David R	71	Sarasota Family	38.98	38.94
4	Medici, John C	71	Powel Crosley Jr. YMCA	42.00	39.21
5	Cavanaugh, Cav	73	Broward County YMCA Masters	47.00	41.59
6	Scott, Richard A	73	Northern Neck Family	46.00	45.37

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Odd Heats East Pool Even Heats West Pool

Results

(Men 70-74 50 Yard Breaststroke)

7	Pesetsky, Walter S	74	YMCA of Central Texas	46.80	46.08
---	Hall, Sid	73	Powel Crosley Jr. YMCA	40.00	NS
---	May, Edwin G	71	Stevens Point Area	42.00	NS
---	Silverstein, Leonard	74	Broward County YMCA Masters	48.00	NS

Men 70-74 100 Yard Breaststroke

NAT YMCA: 1:22.45 * 1999		Robert MacDonald		Collier Co, FL	
USMS: 1:15.24 ! 4/22/2001		John Kortheuer			
1	Wiedamann, Karl E	70	Sarasota Family	1:14.51	1:15.92*
	36.11		1:15.92 (39.81)		
2	Puchalski, Donald J	70	Sarasota Family	1:19.91	1:23.01
	37.33		1:23.01 (45.68)		
3	Medici, John C	71	Powel Crosley Jr. YMCA	1:34.00	1:30.19
	42.72		1:30.19 (47.47)		
4	Goldstein, Mel	70	YMCA Indy Swimfit	1:40.00	1:33.46
	45.27		1:33.46 (48.19)		
5	Hall, Sid	73	Powel Crosley Jr. YMCA	1:32.00	1:39.25
	46.99		1:39.25 (52.26)		
6	Scott, Richard A	73	Northern Neck Family	1:47.00	1:45.06
	49.88		1:45.06 (55.18)		
7	Pesetsky, Walter S	74	YMCA of Central Texas	1:49.51	1:45.68
	48.03		1:45.68 (57.65)		
---	May, Edwin G	71	Stevens Point Area	1:27.00	NS

Men 70-74 200 Yard Breaststroke

NAT YMCA: 3:03.43 * 5/20/2006		Joel Jacobs		Graystone-	
USMS: 2:52.92 ! 4/2/2006		Bela Sandor			
1	Wiedamann, Karl E	70	Sarasota Family	2:49.50	2:49.54!
	36.66		1:18.60 (41.94) 2:02.80 (44.20)	2:49.54 (46.74)	
2	Medici, John C	71	Powel Crosley Jr. YMCA	3:32.00	3:20.15
	44.50		1:34.82 (50.32) 2:28.91 (54.09)	3:20.15 (51.24)	
3	Scott, Richard A	73	Northern Neck Family	3:50.00	3:53.27
	53.69		1:54.40 (1:00.71) 2:55.18 (1:00.78)	3:53.27 (58.09)	
4	Pesetsky, Walter S	74	YMCA of Central Texas	4:00.75	4:04.49
	48.83		1:50.76 (1:01.93) 2:58.28 (1:07.52)	4:04.49 (1:06.21)	
---	May, Edwin G	71	Stevens Point Area	3:20.00	DQ
	Non-simultaneous arms				
---	Hall, Sid	73	Powel Crosley Jr. YMCA	3:30.00	NS

Men 70-74 50 Yard Butterfly

NAT YMCA: 30.48 * 2002		Herb Kern		South BrowardFL	
USMS: 29.17 ! 3/30/2008		David Costill			
1	McIntyre, David R	71	Sarasota Family	30.46	31.59
2	Goldstein, Mel	70	YMCA Indy Swimfit	35.00	32.87
3	Puchalski, Donald J	70	Sarasota Family	33.14	36.46
4	Williams, Bob B	70	Powel Crosley Jr. YMCA	35.35	36.69
5	Cavanaugh, Cav	73	Broward County YMCA Masters	40.00	37.52
6	Pesetsky, Walter S	74	YMCA of Central Texas	44.18	43.00
7	May, Edwin G	71	Stevens Point Area	40.00	43.96
---	Silverstein, Leonard	74	Broward County YMCA Masters	50.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 70-74 100 Yard Butterfly**

NAT YMCA: 1:11.22		*	4/15/2007	Dave Costill	AJY-	
USMS: 1:08.12		!	2/9/2008	David Costill		
1	Goldstein, Mel	70	YMCA Indy Swimfit	1:22.40	1:18.49	
	36.34				1:18.49 (42.15)	
2	Williams, Bob B	70	Powel Crosley Jr. YMCA	1:32.32	1:29.93	
	42.97				1:29.93 (46.96)	
3	Pesetsky, Walter S	74	YMCA of Central Texas	1:50.60	1:45.42	
	44.69				1:45.42 (1:00.73)	

Men 70-74 200 Yard Butterfly

NAT YMCA: 2:58.98		*	4/13/2007	Dave Costill	AJY-	
USMS: 2:52.99		!	5/17/2002	Ronald Johnson		
1	Williams, Bob B	70	Powel Crosley Jr. YMCA	3:57.57	3:36.69	
	52.46				1:48.90 (56.44)	2:43.00 (54.10)
					3:36.69 (53.69)	
2	Pesetsky, Walter S	74	YMCA of Central Texas	4:07.64	4:16.03	
	49.29				1:48.20 (58.91)	3:00.24 (1:12.04)
					4:16.03 (1:15.79)	

Men 70-74 100 Yard IM

NAT YMCA: 1:08.83		*	2003	Burwell Jones	Sarasota, FL	
USMS: 1:06.94		!	5/4/2008	Jeff Farrell		
1	McIntyre, David R	71	Sarasota Family	1:12.21	1:13.27	
	31.91				1:13.27 (41.36)	
2	Puchalski, Donald J	70	Sarasota Family	1:16.62	1:16.93	
	35.65				1:16.93 (41.28)	
3	Goldstein, Mel	70	YMCA Indy Swimfit	1:24.00	1:20.86	
	38.20				1:20.86 (42.66)	
4	Cavanaugh, Cav	73	Broward County YMCA Masters	1:24.00	1:23.88	
	39.04				1:23.88 (44.84)	
5	Dively, Michael A	70	Broward County YMCA Masters	1:23.96	1:24.44	
	39.71				1:24.44 (44.73)	
6	Scott, Richard A	73	Northern Neck Family	1:44.00	1:45.71	
	51.37				1:45.71 (54.34)	
---	Silverstein, Leonard	74	Broward County YMCA Masters	1:50.00	NS	
---	May, Edwin G	71	Stevens Point Area	1:22.00	NS	

Men 70-74 200 Yard IM

NAT YMCA: 2:32.81		*	2003	Burwell Jones	Sarasota, FL	
USMS: 2:29.92		!	2/23/2008	Dave Costill		
1	Puchalski, Donald J	70	Sarasota Family	2:52.00	2:53.40	
	38.40				1:24.06 (45.66)	2:14.51 (50.45)
					2:53.40 (38.89)	
2	Medici, John C	71	Powel Crosley Jr. YMCA	3:28.00	3:11.26	
	49.06				1:37.05 (47.99)	2:30.48 (53.43)
					3:11.26 (40.78)	
3	Williams, Bob B	70	Powel Crosley Jr. YMCA	4:00.99	3:35.58	
	44.65				1:40.83 (56.18)	2:47.59 (1:06.76)
					3:35.58 (47.99)	
4	Scott, Richard A	73	Northern Neck Family	3:50.00	3:47.11	
	52.48				1:52.63 (1:00.15)	2:58.17 (1:05.54)
					3:47.11 (48.94)	
---	Goldstein, Mel	70	YMCA Indy Swimfit	3:15.14	NS	

Men 70-74 400 Yard IM

NAT YMCA: 5:34.47		*	2003	Burwell Jones	Sarasota, FL	
USMS: 5:34.47		!	4/27/2003	Burwell Jones		
1	Puchalski, Donald J	70	Sarasota Family	6:24.00	6:21.20	
	41.60				1:29.63 (48.03)	2:21.21 (51.58)
					3:14.04 (52.83)	
	4:08.24 (54.20)				5:01.23 (52.99)	5:41.05 (39.82)
					6:21.20 (40.15)	

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Odd Heats East Pool Even Heats West Pool

Results

(Men 70-74 400 Yard IM)

2	Medici, John C	71	Powel Crosley Jr. YMCA	7:52.00	7:21.54
	55.82	2:01.42 (1:05.60)	2:55.37 (53.95)	3:50.11 (54.74)	
	4:49.32 (59.21)	5:51.66 (1:02.34)	6:36.54 (44.88)	7:21.54 (45.00)	
3	Williams, Bob B	70	Powel Crosley Jr. YMCA	7:57.57	7:34.81
	48.82	1:45.04 (56.22)	2:50.86 (1:05.82)	3:53.74 (1:02.88)	
	4:59.92 (1:06.18)	6:05.17 (1:05.25)	6:52.64 (47.47)	7:34.81 (42.17)	
4	Scott, Richard A	73	Northern Neck Family	8:38.00	8:44.89
	57.44	2:21.13 (1:23.69)	3:24.02 (1:02.89)	4:27.67 (1:03.65)	
	5:38.59 (1:10.92)	6:47.68 (1:09.09)	7:48.30 (1:00.62)	8:44.89 (56.59)	
---	Goldstein, Mel	70	YMCA Indy Swimfit	7:21.00	NS

Men 75-79 50 Yard Freestyle Time Trial

NAT YMCA: 28.02 *
USMS: 26.94 ! 4/30/2000 Frank Piemme

- Time Trial

1	Oyakawa, Yoshi	75	Powel Crosley Jr. YMCA	NT	28.97
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Men 75-79 50 Yard Freestyle

NAT YMCA: 28.02 * 5/17/2008 Clarke E Mitchell W N Carolina NC-
USMS: 26.94 ! 4/30/2000 Frank Piemme

1	Mitchell, Clarke	76	Western North Carolina	29.90	28.60
2	Oyakawa, Yoshi	75	Powel Crosley Jr. YMCA	29.00	29.02
3	Dobler, Wally E	75	Sarasota Family	33.70	31.07
4	Weatherbee, Charles E	76	Sarasota Family	31.79	31.33
5	Bronk, Burt V	77	Beavercreek	37.40	34.02
6	Johnsen, Ralph H	77	Sarasota Family	35.36	36.92
7	Busse, George	77	Broward County YMCA Masters	38.00	37.93
8	Badger, Robert W	77	YMCA Indy Swimfit	38.20	38.87
9	Nye, Lynn	75	Mid-Delmarva YMCA	47.00	44.44

Men 75-79 100 Yard Freestyle

NAT YMCA: 1:03.02 * 5/16/2008 Burwell Jones Sarasota FL-FL
USMS: 1:03.02 ! 5/18/2008 Burwell Jones

1	Geer, Dren	75	Sarasota Family	1:04.00	1:05.52
	31.88	1:05.52 (33.64)			
2	Mitchell, Clarke	76	Western North Carolina	1:07.50	1:05.83
	32.66	1:05.83 (33.17)			
3	Dobler, Wally E	75	Sarasota Family	1:25.50	1:11.55
	32.95	1:11.55 (38.60)			
4	Smith, Christopher	77	Greater Toronto	1:19.00	1:14.50
	35.96	1:14.50 (38.54)			
5	Johnsen, Ralph H	77	Sarasota Family	1:27.00	1:25.96
	39.98	1:25.96 (45.98)			
6	Busse, George	77	Broward County YMCA Masters	1:30.00	1:29.48
	42.66	1:29.48 (46.82)			
7	Badger, Robert W	77	YMCA Indy Swimfit	1:39.20	1:34.35
	43.40	1:34.35 (50.95)			
8	Nye, Lynn	75	Mid-Delmarva YMCA	1:47.00	1:49.52
	49.95	1:49.52 (59.57)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 75-79 200 Yard Freestyle**

NAT YMCA: 2:40.51 * 1989		Dexter Woodford		Cleveland WS, OH	
USMS: 2:21.40 ! 7/2/2007		Graham Johnston			
1	Jones, Burwell	76	Sarasota Family	2:22.30	2:15.14!
	32.28	1:06.63 (34.35)	1:41.62 (34.99)	2:15.14 (33.52)	
2	Geer, Dren	75	Sarasota Family	2:45.00	2:32.30*
		1:13.52 ()	1:54.53 (41.01)	2:32.30 (37.77)	
3	Rapperport, Alan S	75	Broward County YMCA Masters	2:40.00	2:42.15
	36.10	1:16.59 (40.49)	1:59.17 (42.58)	2:42.15 (42.98)	
4	Weatherbee, Charles E	76	Sarasota Family	2:55.15	2:53.26
	38.80	1:23.92 (45.12)	2:10.18 (46.26)	2:53.26 (43.08)	
5	Busse, George	77	Broward County YMCA Masters	3:30.00	3:26.11
	45.65	1:39.77 (54.12)	2:34.80 (55.03)	3:26.11 (51.31)	
6	Petrequin, Scott	77	South Hills YMCA	3:45.00	3:40.85
	48.32	1:45.02 (56.70)	2:43.71 (58.69)	3:40.85 (57.14)	
7	Nye, Lynn	75	Mid-Delmarva YMCA	4:06.00	4:00.80
	51.94	1:52.61 (1:00.67)	2:58.16 (1:05.55)	4:00.80 (1:02.64)	

Men 75-79 500 Yard Freestyle

NAT YMCA: 7:20.24 * 1989		Dexter Woodford		Cleveland WS, OH	
USMS: 6:21.35 ! 7/2/2007		Graham Johnston			
1	Jones, Burwell	76	Sarasota Family	6:25.47	6:07.16!
	33.73	1:10.11 (36.38)	1:47.37 (37.26)	2:25.21 (37.84)	
	3:02.58 (37.37)	3:39.42 (36.84)	4:17.31 (37.89)	4:54.87 (37.56)	
	5:31.51 (36.64)	6:07.16 (35.65)			
2	Rapperport, Alan S	75	Broward County YMCA Masters	8:00.00	7:43.03
	37.69	1:19.84 (42.15)	2:05.57 (45.73)	2:53.03 (47.46)	
	3:41.57 (48.54)	4:30.30 (48.73)	5:18.98 (48.68)	6:08.18 (49.20)	
	6:56.93 (48.75)	7:43.03 (46.10)			
3	Busse, George	77	Broward County YMCA Masters	9:20.00	9:27.34
	49.76	1:44.97 (55.21)	2:46.26 (1:01.29)	3:43.76 (57.50)	
	4:42.69 (58.93)	5:40.53 (57.84)	6:39.58 (59.05)	7:37.25 (57.67)	
	8:35.25 (58.00)	9:27.34 (52.09)			
4	Petrequin, Scott	77	South Hills YMCA	10:15.00	9:40.21
	51.91	1:51.01 (59.10)	2:51.21 (1:00.20)	3:50.71 (59.50)	
	4:50.27 (59.56)	5:49.56 (59.29)	6:48.81 (59.25)	7:47.92 (59.11)	
	8:46.01 (58.09)	9:40.21 (54.20)			
5	Nye, Lynn	75	Mid-Delmarva YMCA	11:00.00	10:49.19
	56.13	2:03.20 (1:07.07)	3:11.28 (1:08.08)	4:18.74 (1:07.46)	
	5:24.03 (1:05.29)	6:30.56 (1:06.53)	7:36.39 (1:05.83)	8:42.03 (1:05.64)	
	9:46.84 (1:04.81)	10:49.19 (1:02.35)			
6	Lustig, George A	79	YMCA of Central Texas	10:01.43	11:16.12
	58.67	2:04.79 (1:06.12)	3:14.97 (1:10.18)	4:26.65 (1:11.68)	
	5:38.77 (1:12.12)	6:48.96 (1:10.19)	7:58.64 (1:09.68)	9:06.18 (1:07.54)	
	10:13.89 (1:07.71)	11:16.12 (1:02.23)			
---	Geer, Dren	75	Sarasota Family	6:50.00	DQ

Men 75-79 500 Yard Freestyle Time Trial

NAT YMCA: 7:20.24 *		Dexter Woodford	
USMS: 6:21.35 ! 7/2/2007		Graham Johnston	

- Time Trial

1	Smith, Christopher	77	Greater Toronto	NT	7:42.67
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Results

Men 75-79 1000 Yard Freestyle

NAT YMCA: 13:00.32 * 5/15/2008		Burwell Jones		Sarasota FL-FL	
USMS: 13:00.32 ! 5/18/2008		Burwell Jones			
1	Jones, Burwell	76	Sarasota Family	13:16.77	12:32.28*
	33.72	1:10.93 (37.21)	1:48.58 (37.65)	2:26.32 (37.74)	
	3:04.35 (38.03)	3:42.12 (37.77)	4:20.15 (38.03)	4:57.86 (37.71)	
	5:36.06 (38.20)	6:14.14 (38.08)	6:52.06 (37.92)	7:30.26 (38.20)	
	8:08.84 (38.58)	8:47.02 (38.18)	9:24.85 (37.83)	10:02.97 (38.12)	
	10:40.59 (37.62)	11:18.82 (38.23)	11:56.13 (37.31)	12:32.28 (36.15)	
2	Mullins, Stephen M	76	Danville Family	16:30.00	16:05.15
	42.39	1:32.23 (49.84)	2:21.22 (48.99)	3:10.36 (49.14)	
	3:59.74 (49.38)	4:50.26 (50.52)	5:39.33 (49.07)	6:27.35 (48.02)	
	7:15.86 (48.51)	8:04.21 (48.35)	8:53.55 (49.34)	9:42.14 (48.59)	
	10:31.10 (48.96)	11:19.11 (48.01)	12:08.79 (49.68)	12:56.33 (47.54)	
	13:44.65 (48.32)	14:32.91 (48.26)	15:20.76 (47.85)	16:05.15 (44.39)	
3	Bronk, Burt V	77	Beavercreek	25:30.00	17:42.85
	42.65	1:34.09 (51.44)	2:29.42 (55.33)	3:24.27 (54.85)	
	4:18.29 (54.02)	5:12.78 (54.49)	6:07.62 (54.84)	7:02.43 (54.81)	
	7:56.69 (54.26)	8:52.14 (55.45)	9:47.63 (55.49)	10:41.68 (54.05)	
	11:37.12 (55.44)	12:30.13 (53.01)	13:22.71 (52.58)	14:16.91 (54.20)	
	15:10.78 (53.87)	16:04.16 (53.38)	16:54.81 (50.65)	17:42.85 (48.04)	
4	Busse, George	77	Broward County YMCA Masters	19:30.00	19:44.21
	49.89	1:48.43 (58.54)	2:47.96 (59.53)	3:47.75 (59.79)	
	4:48.38 (1:00.63)	5:48.59 (1:00.21)	6:47.85 (59.26)	7:46.66 (58.81)	
	8:46.38 (59.72)	9:46.63 (1:00.25)	10:46.44 (59.81)	11:48.18 (1:01.74)	
	12:48.65 (1:00.47)	13:48.97 (1:00.32)	14:49.58 (1:00.61)	15:50.20 (1:00.62)	
	16:50.15 (59.95)	17:50.35 (1:00.20)	18:49.16 (58.81)	19:44.21 (55.05)	
5	Nye, Lynn	75	Mid-Delmarva YMCA	22:00.00	21:57.26
	55.97	1:58.49 (1:02.52)	3:03.05 (1:04.56)	4:09.65 (1:06.60)	
	5:14.70 (1:05.05)	6:23.42 (1:08.72)	7:27.98 (1:04.56)	8:35.05 (1:07.07)	
	9:41.21 (1:06.16)	10:47.21 (1:06.00)	11:53.68 (1:06.47)	13:00.45 (1:06.77)	
	14:08.44 (1:07.99)	15:15.71 (1:07.27)	16:24.32 (1:08.61)	17:30.68 (1:06.36)	
	18:38.48 (1:07.80)	19:44.48 (1:06.00)	20:52.62 (1:08.14)	21:57.26 (1:04.64)	

Men 75-79 1000 Yard Freestyle Time Trial

NAT YMCA: 13:00.32 * 5/15/2008
USMS: 13:00.32 ! 5/18/2008 Burwell Jones

- Time Trial

1	Smith, Christopher	77	Greater Toronto	NT	15:43.07
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Men 75-79 1650 Yard Freestyle

NAT YMCA: 25:12.56 * 1989
USMS: 22:13.03 ! 3/30/2008 Burwell Jones

Cleveland WS, OH

1	Smith, Christopher	77	Greater Toronto	27:59.00	26:08.80
	42.14	1:26.99 (44.85)	2:12.99 (46.00)	2:59.49 (46.50)	
	3:46.13 (46.64)	4:33.28 (47.15)	5:19.16 (45.88)	6:06.98 (47.82)	
	6:54.78 (47.80)	7:42.67 (47.89)	8:30.59 (47.92)	9:18.90 (48.31)	
	10:07.21 (48.31)	10:55.48 (48.27)	11:42.94 (47.46)	12:31.07 (48.13)	
	13:19.81 (48.74)	14:08.20 (48.39)	14:56.22 (48.02)	15:43.07 (46.85)	
	16:32.53 (49.46)	17:21.21 (48.68)	18:09.85 (48.64)	18:58.09 (48.24)	
	19:46.72 (48.63)	20:35.03 (48.31)	21:23.17 (48.14)	22:11.82 (48.65)	
	22:59.94 (48.12)	23:48.12 (48.18)	24:36.42 (48.30)	25:24.12 (47.70)	26:08.80 (44.68)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 75-79 1650 Yard Freestyle)**

2	Rapperport, Alan S	75	Broward County YMCA Masters	28:00.00	26:34.19
	38.40	1:22.17 (43.77)	2:08.86 (46.69)	2:55.57 (46.71)	
	3:42.84 (47.27)	4:30.15 (47.31)	5:18.66 (48.51)	6:07.21 (48.55)	
	6:56.36 (49.15)	7:45.21 (48.85)	8:36.36 (51.15)	9:23.79 (47.43)	
	10:13.86 (50.07)	11:03.15 (49.29)	11:54.66 (51.51)	12:43.07 (48.41)	
	13:32.12 (49.05)	14:21.38 (49.26)	15:11.09 (49.71)	15:58.64 (47.55)	
	16:48.29 (49.65)	17:38.36 (50.07)	18:27.23 (48.87)	19:17.09 (49.86)	
	20:05.76 (48.67)	20:54.90 (49.14)	21:44.41 (49.51)	22:33.78 (49.37)	
	23:22.72 (48.94)	24:11.29 (48.57)	25:00.07 (48.78)	25:48.33 (48.26)	26:34.19 (45.86)
3	Mullins, Stephen M	76	Danville Family	28:00.00	26:35.13
	42.53	1:29.99 (47.46)	2:19.32 (49.33)	3:08.79 (49.47)	
	3:58.34 (49.55)	4:48.08 (49.74)	5:37.76 (49.68)	6:27.82 (50.06)	
	7:17.33 (49.51)	8:07.13 (49.80)	8:55.96 (48.83)	9:44.98 (49.02)	
	10:33.99 (49.01)	11:22.73 (48.74)	12:11.38 (48.65)	12:59.62 (48.24)	
	13:48.49 (48.87)	14:37.53 (49.04)	15:25.85 (48.32)	16:14.40 (48.55)	
	17:03.19 (48.79)	17:50.61 (47.42)	18:38.99 (48.38)	19:28.02 (49.03)	
	20:16.62 (48.60)	21:05.58 (48.96)	21:53.86 (48.28)	22:42.11 (48.25)	
	23:30.42 (48.31)	24:17.87 (47.45)	25:05.43 (47.56)	25:51.42 (45.99)	26:35.13 (43.71)
4	Busse, George	77	Broward County YMCA Masters	33:20.00	33:07.51
	50.97	1:49.54 (58.57)	2:50.79 (1:01.25)	3:52.49 (1:01.70)	
	4:52.27 (59.78)	5:52.95 (1:00.68)	6:53.58 (1:00.63)	7:53.85 (1:00.27)	
	8:54.27 (1:00.42)	9:54.85 (1:00.58)	10:55.63 (1:00.78)	11:56.18 (1:00.55)	
	12:56.31 (1:00.13)	13:57.95 (1:01.64)	14:59.20 (1:01.25)	15:59.67 (1:00.47)	
	17:00.80 (1:01.13)	18:01.88 (1:01.08)	19:02.59 (1:00.71)	20:03.25 (1:00.66)	
	21:05.97 (1:02.72)	22:05.05 (59.08)	23:05.66 (1:00.61)	24:06.60 (1:00.94)	
	25:09.10 (1:02.50)	26:08.76 (59.66)	27:09.57 (1:00.81)	28:11.45 (1:01.88)	
	29:12.66 (1:01.21)	30:12.65 (59.99)	31:13.40 (1:00.75)	32:13.13 (59.73)	33:07.51 (54.38)
5	Petrequin, Scott	77	South Hills YMCA	33:45.00	33:22.75
	52.69	1:51.58 (58.89)	2:53.85 (1:02.27)	3:54.61 (1:00.76)	
	4:55.44 (1:00.83)	5:56.57 (1:01.13)	6:58.81 (1:02.24)	7:57.92 (59.11)	
	8:58.73 (1:00.81)	9:59.35 (1:00.62)	10:59.93 (1:00.58)	12:00.78 (1:00.85)	
	13:01.17 (1:00.39)	14:02.13 (1:00.96)	15:03.27 (1:01.14)	16:03.11 (59.84)	
	17:04.55 (1:01.44)	18:03.99 (59.44)	19:03.30 (59.31)	20:04.10 (1:00.80)	
	21:05.25 (1:01.15)	22:05.40 (1:00.15)	23:07.08 (1:01.68)	24:07.73 (1:00.65)	
	25:11.00 (1:03.27)	26:12.46 (1:01.46)	27:11.84 (59.38)	28:14.30 (1:02.46)	
	29:16.60 (1:02.30)	30:19.80 (1:03.20)	31:20.74 (1:00.94)	32:22.39 (1:01.65)	33:22.75 (1:00.36)
6	Lustig, George A	79	YMCA of Central Texas	36:03.68	36:55.04
	1:01.09	2:07.31 (1:06.22)	3:15.92 (1:08.61)	4:24.27 (1:08.35)	
	5:31.66 (1:07.39)	6:38.45 (1:06.79)	7:46.22 (1:07.77)	8:53.62 (1:07.40)	
	9:59.92 (1:06.30)	11:06.22 (1:06.30)	12:13.03 (1:06.81)	13:19.00 (1:05.97)	
	14:24.78 (1:05.78)	15:31.95 (1:07.17)	16:39.13 (1:07.18)	17:46.87 (1:07.74)	
	18:53.18 (1:06.31)	20:00.68 (1:07.50)	21:08.34 (1:07.66)	22:15.60 (1:07.26)	
	23:23.42 (1:07.82)	24:30.59 (1:07.17)	25:38.30 (1:07.71)	26:46.39 (1:08.09)	
	27:52.54 (1:06.15)	29:01.34 (1:08.80)	30:09.46 (1:08.12)	31:16.78 (1:07.32)	
	32:26.89 (1:10.11)	33:34.94 (1:08.05)	34:46.46 (1:11.52)	35:53.50 (1:07.04)	36:55.04 (1:01.54)
7	Nye, Lynn	75	Mid-Delmarva YMCA	38:00.00	37:43.67
	56.96	2:03.01 (1:06.05)	3:12.32 (1:09.31)	4:21.83 (1:09.51)	
	5:32.10 (1:10.27)	6:42.16 (1:10.06)	7:51.46 (1:09.30)	9:00.78 (1:09.32)	
	10:08.99 (1:08.21)	11:17.56 (1:08.57)	12:25.84 (1:08.28)	13:35.45 (1:09.61)	
	14:45.28 (1:09.83)	15:58.08 (1:12.80)	17:08.61 (1:10.53)	18:17.05 (1:08.44)	
	19:27.62 (1:10.57)	20:37.93 (1:10.31)	21:51.13 (1:13.20)	23:01.12 (1:09.99)	
	24:10.47 (1:09.35)	25:20.92 (1:10.45)	26:31.35 (1:10.43)	27:41.43 (1:10.08)	
	28:51.93 (1:10.50)	30:01.09 (1:09.16)	31:09.34 (1:08.25)	32:18.05 (1:08.71)	
	33:25.86 (1:07.81)	34:32.11 (1:06.25)	35:37.05 (1:04.94)	36:40.63 (1:03.58)	37:43.67 (1:03.04)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 75-79 50 Yard Backstroke**

NAT YMCA:	33.03	*	5/16/2008	Burwell Jones		Sarasota FL-FL
USMS:	33.03	!	5/18/2008	Burwell Jones		
1	Oyakawa, Yoshi		75	Powel Crosley Jr. YMCA	34.00	32.77*
2	Mitchell, Clarke		76	Western North Carolina	35.50	33.54
3	Rapperport, Alan S		75	Broward County YMCA Masters	29.23	38.57
4	Petrequin, Scott		77	South Hills YMCA	53.00	50.40
5	Badger, Robert W		77	YMCA Indy Swimfit	47.90	52.50
6	Nye, Lynn		75	Mid-Delmarva YMCA	1:12.00	1:17.13

Men 75-79 50 Yard Backstroke Time Trial

NAT YMCA:	33.91	*		
USMS:	33.03	!	5/18/2008	Burwell Jones

- Time Trial

1	Oyakawa, Yoshi		75	Powel Crosley Jr. YMCA	NT	32.11!
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Men 75-79 100 Yard Backstroke

NAT YMCA:	1:13.31	*	5/18/2008	Clarke E Mitchell		W N Carolina NC-
USMS:	1:13.31	!	5/18/2008	Clarke Mitchell		
1	Jones, Burwell		76	Sarasota Family	1:13.99	1:08.55*
	33.94					1:08.55 (34.61)
2	Oyakawa, Yoshi		75	Powel Crosley Jr. YMCA	1:14.00	1:12.46*
	34.78					1:12.46 (37.68)
3	Mitchell, Clarke		76	Western North Carolina	1:18.00	1:18.68
	38.65					1:18.68 (40.03)
4	Rapperport, Alan S		75	Broward County YMCA Masters	1:23.50	1:21.83
	39.60					1:21.83 (42.23)
5	Dobler, Wally E		75	Sarasota Family	1:29.00	1:28.89
	41.77					1:28.89 (47.12)
6	Badger, Robert W		77	YMCA Indy Swimfit	1:58.70	1:56.54
	56.17					1:56.54 (1:00.37)

Men 75-79 200 Yard Backstroke

NAT YMCA:	2:39.90	*	5/17/2008	Burwell Jones		Sarasota FL-FL
USMS:	2:39.90	!	5/18/2008	Burwell Jones		
1	Jones, Burwell		76	Sarasota Family	2:39.90	2:33.73*
	35.77					2:33.73 (1:57.96)
2	Mitchell, Clarke		76	Western North Carolina	2:55.00	2:55.26
	39.56					1:23.50 (43.94) 2:10.56 (47.06) 2:55.26 (44.70)
3	Rapperport, Alan S		75	Broward County YMCA Masters	3:27.50	3:06.97
	42.94					1:29.06 (46.12) 2:17.93 (48.87) 3:06.97 (49.04)
---	Geer, Dren		75	Sarasota Family	3:20.00	NS

Men 75-79 50 Yard Breaststroke

NAT YMCA:	38.36	*	1994	Paul Krup		Cleveland WS, OH
USMS:	35.64	!	4/30/2006	John Kortheuer		
1	Mitchell, Clarke		76	Western North Carolina	41.30	37.74*
2	Johnsen, Ralph H		77	Sarasota Family	46.35	47.03
3	Petrequin, Scott		77	South Hills YMCA	55.00	55.38
4	Badger, Robert W		77	YMCA Indy Swimfit	59.60	56.05
5	Nye, Lynn		75	Mid-Delmarva YMCA	1:15.00	1:15.24
---	Bronk, Burt V		77	Beavercreek	43.50	DQ
	Non-simultaneous arms					
---	Chalfie, Ivan		77	YMCA Indy Swimfit	1:20.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 75-79 100 Yard Breaststroke**

NAT YMCA: 1:28.88 * 1993		Paul Krup	Cleveland WS, OH	
USMS: 1:22.64 ! 4/30/2006		John Kortheuer		
1	Dobler, Wally E	75 Sarasota Family	1:37.00	1:34.16
	45.26	1:34.16 (48.90)		
2	Johnsen, Ralph H	77 Sarasota Family	1:49.70	1:50.79
	50.75	1:50.79 (1:00.04)		
3	Badger, Robert W	77 YMCA Indy Swimfit	1:59.60	2:09.49
	56.86	2:09.49 (1:12.63)		
4	Chalfie, Ivan	77 YMCA Indy Swimfit	3:00.00	3:08.48
	1:21.83	3:08.48 (1:46.65)		

Men 75-79 200 Yard Breaststroke

NAT YMCA: 3:14.66 * 4/16/2004		Robert MacDonald	West Broward, FL	
USMS: 3:07.20 ! 4/1/2007		Ron Johnson		
1	Chalfie, Ivan	77 YMCA Indy Swimfit	4:58.00	6:48.40
	1:35.72	5:08.31 ()	6:48.40 (1:40.09)	

Men 75-79 50 Yard Butterfly

NAT YMCA: 31.65 * 5/16/2008		Clarke E Mitchell	W N Carolina NC-	
USMS: 31.48 ! 4/30/2000		Frank Piemme		
1	Mitchell, Clarke	76 Western North Carolina	33.20	33.03
2	Dobler, Wally E	75 Sarasota Family	34.50	34.00
3	Weatherbee, Charles E	76 Sarasota Family	42.68	40.47
4	Smith, Christopher	77 Greater Toronto	43.95	42.62
5	Bronk, Burt V	77 Beaver creek	45.30	52.46
6	Badger, Robert W	77 YMCA Indy Swimfit	44.43	55.00
7	Lustig, George A	79 YMCA of Central Texas	59.41	1:05.08

Men 75-79 100 Yard Butterfly

NAT YMCA: 1:28.39 * 1993		Paul Krup	Cleveland WS, OH	
USMS: 1:18.28 ! 3/11/2007		Ron Johnson		
1	Smith, Christopher	77 Greater Toronto	1:59.00	1:39.64
	46.82	1:39.64 (52.82)		
2	Bronk, Burt V	77 Beaver creek	2:08.00	2:15.95
	56.66	2:15.95 (1:19.29)		
3	Lustig, George A	79 YMCA of Central Texas	2:23.21	2:22.48
	1:06.99	2:22.48 (1:15.49)		

Men 75-79 200 Yard Butterfly

NAT YMCA: 3:27.71 * 4/22/2005		Thomas Maine	DANY-	
USMS: 3:16.82 ! 2/16/2002		Thomas Maine		
1	Geer, Dren	75 Sarasota Family	3:15.00	3:25.38*
	44.24	1:34.65 (50.41)	2:27.11 (52.46)	3:25.38 (58.27)
2	Smith, Christopher	77 Greater Toronto	4:39.00	3:54.93
	49.64	1:49.41 (59.77)	2:52.76 (1:03.35)	3:54.93 (1:02.17)

Men 75-79 100 Yard IM

NAT YMCA: 1:13.14 * 5/17/2008		Burwell Jones	Sarasota FL-FL	
USMS: 1:13.14 ! 5/18/2008		Burwell Jones		
1	Jones, Burwell	76 Sarasota Family	1:13.14	1:12.73*
	34.13	1:12.73 (38.60)		
2	Mitchell, Clarke	76 Western North Carolina	1:19.00	1:17.62
	35.65	1:17.62 (41.97)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 75-79 100 Yard IM)**

3	Dobler, Wally E	75	Sarasota Family	1:31.50	1:21.63
	37.26	1:21.63 (44.37)			
4	Weatherbee, Charles E	76	Sarasota Family	1:28.77	1:26.95
	41.73	1:26.95 (45.22)			
5	Smith, Christopher	77	Greater Toronto	1:39.00	1:28.94
	43.45	1:28.94 (45.49)			
6	Badger, Robert W	77	YMCA Indy Swimfit	1:44.70	1:56.15
	55.59	1:56.15 (1:00.56)			
---	Bronk, Burt V	77	Beavercreek	1:45.00	DQ
	Shoulders past vertical toward breast - back				

Men 75-79 200 Yard IM

NAT YMCA: 3:06.88		*	4/18/2004	Robert MacDonald	West Broward, FL
USMS: 2:48.07		!	3/30/2008	Burwell Jones	
1	Jones, Burwell	76	Sarasota Family	2:48.07	2:40.79!
	35.49	1:15.41 (39.92)	2:06.00 (50.59)	2:40.79 (34.79)	
2	Weatherbee, Charles E	76	Sarasota Family	3:26.20	3:19.78
	46.56	1:40.44 (53.88)	2:39.22 (58.78)	3:19.78 (40.56)	
---	Bronk, Burt V	77	Beavercreek	4:05.00	DQ
	Did not finish - Misc				
---	Geer, Dren	75	Sarasota Family	3:20.00	NS

Men 75-79 400 Yard IM

NAT YMCA: 6:07.42		*	5/16/2008	Burwell Jones	Sarasota FL-FL
USMS: 6:07.42		!	5/18/2008	Burwell Jones	
1	Jones, Burwell	76	Sarasota Family	6:07.42	5:49.90*
	38.18	1:25.88 (47.70)	2:08.53 (42.65)	2:52.58 (44.05)	
	3:44.98 (52.40)	4:38.27 (53.29)	5:14.43 (36.16)	5:49.90 (35.47)	
2	Smith, Christopher	77	Greater Toronto	7:29.00	7:01.86
	51.68	1:52.99 (1:01.31)	2:45.19 (52.20)	3:37.65 (52.46)	
	4:34.66 (57.01)	5:32.03 (57.37)	6:19.37 (47.34)	7:01.86 (42.49)	
3	Weatherbee, Charles E	76	Sarasota Family	7:10.00	7:09.54
	47.73	1:43.45 (55.72)	2:41.98 (58.53)	3:37.61 (55.63)	
	4:41.37 (1:03.76)	5:42.34 (1:00.97)	6:27.21 (44.87)	7:09.54 (42.33)	
4	Bronk, Burt V	77	Beavercreek	9:45.00	8:50.92
	55.49	2:10.27 (1:14.78)	3:25.86 (1:15.59)	4:39.56 (1:13.70)	
	5:53.92 (1:14.36)	7:07.20 (1:13.28)	7:58.26 (51.06)	8:50.92 (52.66)	

Men 80-84 50 Yard Freestyle

NAT YMCA: 34.03		*	4/24/2005	Robert Blake	OFFY
USMS: 29.25		!	4/10/2005	Frank Piemme	
1	Risley, Bob L	81	YMCA Indy Swimfit	37.00	38.02
2	Hiers, James L	84	Sarasota Family	36.25	38.34
3	Christopher, Jim W	82	Andover North Andover	1:25.00	59.92
---	Homans, Harrison	81	Sarasota Family	42.60	NS

Men 80-84 100 Yard Freestyle

NAT YMCA: 1:18.46		*	1994	Dexter Woodford	Cleveland WS, OH
USMS: 1:07.17		!	2/12/2005	Frank Piemme	
1	Hiers, James L	84	Sarasota Family	1:38.40	1:28.13
	41.50	1:28.13 (46.63)			

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 80-84 100 Yard Freestyle)**

2	Risley, Bob L	81	YMCA Indy Swimfit	1:33.52	1:32.21
	43.38		1:32.21 (48.83)		
3	Holmes, Loring E	80	Sarasota Family	1:32.00	1:33.13
	44.11		1:33.13 (49.02)		
4	Christopher, Jim W	82	Andover North Andover	2:30.00	2:43.63
	1:08.94		2:43.63 (1:34.69)		
---	Homans, Harrison	81	Sarasota Family	1:43.24	NS

Men 80-84 200 Yard Freestyle

NAT YMCA: 2:59.53 * 4/22/2005		Robert Blake		OFFY-	
USMS: 2:38.33 ! 4/24/2005		Frank Piemme			
1	Silverio, Joaquin	82	Broward County YMCA Masters	3:50.00	3:49.37
	50.79		1:49.95 (59.16)	2:51.28 (1:01.33)	3:49.37 (58.09)
2	Christopher, Jim W	82	Andover North Andover	5:30.00	6:22.58
	1:12.93		2:52.08 (1:39.15)	4:38.32 (1:46.24)	6:22.58 (1:44.26)
---	Homans, Harrison	81	Sarasota Family	3:58.78	NS

Men 80-84 500 Yard Freestyle

NAT YMCA: 8:12.40 * 1996		Austin Newman		Westfield, NJ	
USMS: 7:17.43 ! 4/24/2005		Frank Piemme			
1	Silverio, Joaquin	82	Broward County YMCA Masters	10:50.00	11:03.57
	58.04		2:04.91 (1:06.87)	3:14.67 (1:09.76)	4:22.58 (1:07.91)
	5:30.22 (1:07.64)		6:38.70 (1:08.48)	7:47.35 (1:08.65)	8:55.97 (1:08.62)
	10:02.60 (1:06.63)		11:03.57 (1:00.97)		

Men 80-84 1000 Yard Freestyle

NAT YMCA: 16:56.00 * 1996		Austin Newman		Westfield, NJ	
USMS: 15:30.69 ! 4/30/2000		Ray Taft			
---	Silverio, Joaquin	82	Broward County YMCA Masters	21:40.00	NS

Men 80-84 1650 Yard Freestyle

NAT YMCA: 27:57.27 * 1994		Dexter Woodford		Cleveland WS, OH	
USMS: 26:01.94 ! 4/10/2005		Frank Piemme			
---	Silverio, Joaquin	82	Broward County YMCA Masters	35:10.00	NS

Men 80-84 50 Yard Backstroke

NAT YMCA: 40.51 * 1997		Edward Shea		Edwardsville, IL	
USMS: 37.39 ! 8/14/1999		Ray Taft			
1	Risley, Bob L	81	YMCA Indy Swimfit	47.00	47.32
2	Holmes, Loring E	80	Sarasota Family	51.40	54.58
3	Silverio, Joaquin	82	Broward County YMCA Masters	1:00.00	54.94
4	Collings, John J	81	Mid-Delmarva YMCA	58.74	56.81
5	Christopher, Jim W	82	Andover North Andover	1:40.00	1:27.35
---	Homans, Harrison	81	Sarasota Family	50.53	NS
---	Hiers, James L	84	Sarasota Family	49.40	NS

Men 80-84 100 Yard Backstroke

NAT YMCA: 1:33.34 * 1997		Edward Shea		Edwardsville, IL	
USMS: 1:24.23 ! 4/30/2000		Ray Taft			
1	Hiers, James L	84	Sarasota Family	1:58.20	1:45.65
	51.65		1:45.65 (54.00)		
2	Risley, Bob L	81	YMCA Indy Swimfit	1:53.00	1:53.42
	54.45		1:53.42 (58.97)		

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 80-84 100 Yard Backstroke)**

3	Collings, John J	81	Mid-Delmarva YMCA	2:29.15	2:03.80
	58.62	2:03.80	(1:05.18)		
4	Silverio, Joaquin	82	Broward County YMCA Masters	2:10.00	2:07.70
	1:01.93	2:07.70	(1:05.77)		
5	Christopher, Jim W	82	Andover North Andover	2:30.00	3:11.97
	1:27.97	3:11.97	(1:44.00)		
---	Homans, Harrison	81	Sarasota Family	1:49.29	NS

Men 80-84 200 Yard Backstroke

NAT YMCA: 3:23.72 * 1996		Edward Shea		Edwardsville, IL	
USMS: 3:06.36 ! 4/15/2007		Roger Franks			
1	Risley, Bob L	81	YMCA Indy Swimfit	4:09.00	4:20.99
	59.46	2:06.94	(1:07.48)	3:17.03	(1:10.09)
				4:20.99	(1:03.96)
2	Collings, John J	81	Mid-Delmarva YMCA	4:35.20	4:41.68
	1:04.73	2:17.89	(1:13.16)	3:30.77	(1:12.88)
				4:41.68	(1:10.91)
---	Homans, Harrison	81	Sarasota Family	4:06.30	NS

Men 80-84 50 Yard Breaststroke

NAT YMCA: 46.61 * 1998		Calvin Schaeffer		York, PA	
USMS: 40.31 ! 3/6/2005		Frank Piemme			
1	MacDonald, Robert C	80	Sarasota Family	43.86	40.57*

Men 80-84 100 Yard Breaststroke

NAT YMCA: 1:40.48 * 2001		Bob Merrick		Verdugo Hills, CA	
USMS: 1:31.02 ! 3/20/2005		Frank Piemme			
1	MacDonald, Robert C	80	Sarasota Family	1:52.61	1:30.70!
	42.57	1:30.70	(48.13)		
2	Collings, John J	81	Mid-Delmarva YMCA	2:22.66	2:27.84
	1:03.95	2:27.84	(1:23.89)		
3	Christopher, Jim W	82	Andover North Andover	2:30.00	3:32.46
	1:34.16	3:32.46	(1:58.30)		

Men 80-84 200 Yard Breaststroke

NAT YMCA: 3:37.85 * 4/14/2007		Tom Maine		Danville	
USMS: 3:24.18 ! 4/24/2005		Frank Piemme			
1	MacDonald, Robert C	80	Sarasota Family	3:31.42	3:19.33!
	43.85	1:35.19	(51.34)	2:27.07	(51.88)
				3:19.33	(52.26)
2	Collings, John J	81	Mid-Delmarva YMCA	5:12.58	5:25.86
	1:08.64	2:33.31	(1:24.67)	4:01.55	(1:28.24)
				5:25.86	(1:24.31)
3	Christopher, Jim W	82	Andover North Andover	5:30.00	7:51.29
	1:40.80	3:47.70	(2:06.90)	5:57.62	(2:09.92)
				7:51.29	(1:53.67)

Men 80-84 50 Yard Butterfly

NAT YMCA: 44.26 * 5/20/2006		Paul Hutinger		Sarasota-	
USMS: 35.10 ! 3/6/2005		Frank Piemme			
1	MacDonald, Robert C	80	Sarasota Family	44.70	40.03*
2	Risley, Bob L	81	YMCA Indy Swimfit	49.25	50.89
3	Holmes, Loring E	80	Sarasota Family	51.20	1:00.08
4	Collings, John J	81	Mid-Delmarva YMCA	1:16.53	1:07.74
5	Foster, Warren A	83	Sarasota Family	1:10.04	1:13.72

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 80-84 100 Yard Butterfly**

NAT YMCA: 1:37.71		*	4/15/2007	Tom Maine	Danville	
USMS: 1:30.06		!	5/16/1999	Andrew Holden		
1	Risley, Bob L	81	YMCA Indy Swimfit	2:05.00	2:13.07	
	1:03.69	2:13.07	(1:09.38)			
2	Holmes, Loring E	80	Sarasota Family	2:20.00	3:14.27	
	1:22.36	3:14.27	(1:51.91)			

Men 80-84 200 Yard Butterfly

NAT YMCA: 3:34.99		*	4/13/2007	Tom Maine	Danville	
USMS: 3:25.55		!	4/23/2006	Thomas Maine		
---	Holmes, Loring E	80	Sarasota Family	6:09.00	NS	
---	Foster, Warren A	83	Sarasota Family	6:15.75	NS	

Men 80-84 100 Yard IM

NAT YMCA: 1:34.53		*	4/14/2007	Tom Maine	Danville	
USMS: 1:22.75		!	3/6/2005	Frank Piemme		
1	MacDonald, Robert C	80	Sarasota Family	1:25.19	1:31.67*	
	44.37	1:31.67	(47.30)			
2	Risley, Bob L	81	YMCA Indy Swimfit	1:52.00	1:54.20	
	51.45	1:54.20	(1:02.75)			
3	Holmes, Loring E	80	Sarasota Family	1:52.00	1:58.41	
	59.02	1:58.41	(59.39)			
4	Collings, John J	81	Mid-Delmarva YMCA	2:13.67	2:14.94	
	1:02.77	2:14.94	(1:12.17)			
5	Foster, Warren A	83	Sarasota Family	2:09.55	2:27.97	
	1:13.35	2:27.97	(1:14.62)			
6	Christopher, Jim W	82	Andover North Andover	2:50.00	3:13.33	
	1:34.61	3:13.33	(1:38.72)			
---	Silverio, Joaquin	82	Broward County YMCA Masters	2:25.00	NS	
	2:43.69					

Men 80-84 200 Yard IM

NAT YMCA: 3:23.84		*	4/15/2007	Tom Maine	Danville	
USMS: 3:10.28		!	4/10/2005	Frank Piemme		
1	MacDonald, Robert C	80	Sarasota Family	3:32.51	3:37.38	
	47.48	1:46.26	(58.78)	2:47.47	(1:01.21)	3:37.38
						(49.91)
2	Holmes, Loring E	80	Sarasota Family	4:52.00	4:40.79	
	1:09.66	2:24.90	(1:15.24)	3:49.05	(1:24.15)	4:40.79
						(51.74)
3	Foster, Warren A	83	Sarasota Family	5:10.29	5:09.26	
	1:23.44	2:34.69	(1:11.25)	4:10.66	(1:35.97)	5:09.26
						(58.60)
4	Collings, John J	81	Mid-Delmarva YMCA	5:07.17	5:25.13	
	1:19.32	2:34.74	(1:15.42)	4:13.72	(1:38.98)	5:25.13
						(1:11.41)

Men 80-84 400 Yard IM

NAT YMCA: 7:05.58		*	4/13/2007	Tom Maine	Danville	
USMS: 6:52.79		!	4/10/2005	Frank Piemme		
1	Holmes, Loring E	80	Sarasota Family	11:24.00	10:12.30	
	1:09.91	4:07.33	()	5:28.23	(1:20.90)	
	6:54.96	(1:26.73)	8:19.96	(1:25.00)	9:17.39	(57.43)
						10:12.30
						(54.91)
2	Foster, Warren A	83	Sarasota Family	10:20.93	11:04.47	
	1:27.20	3:10.58	(1:43.38)	4:28.49	(1:17.91)	5:44.42
						(1:15.93)
	7:27.05	(1:42.63)	9:03.22	(1:36.17)	10:04.05	(1:00.83)
						11:04.47
						(1:00.42)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

Men 85-89 50 Yard Freestyle

NAT YMCA: 37.16 * 2003 **Brud Cleaveland** **SE Volusia, FL**
USMS: 32.80 ! 5/16/1999 **Woodrow Bowersock**
 1 Revett, Geoff 85 Mid-Delmarva YMCA 59.99 57.96

Men 85-89 50 Yard Backstroke

NAT YMCA: 46.81 * 1998 **Dave Malbrough** **Jordan, IN**
USMS: 42.48 ! 2/2/2008 **Willard Lamb**
 1 Revett, Geoff 85 Mid-Delmarva YMCA 1:16.00 1:06.85

Men 85-89 50 Yard Breaststroke

NAT YMCA: 49.56 * 2003 **Brud Cleaveland** **SE Volusia, FL**
USMS: 43.56 ! 5/18/2003 **Aldo DA Rosa**
 1 Revett, Geoff 85 Mid-Delmarva YMCA 1:18.00 1:08.44

Women 18+ 200 Yard Freestyle Relay

NAT YMCA: 1:42.67 * 1991 **Servena Park, MD**
USMS: 1:36.25 ! 5/18/2003 **Marinzel, Pilgrim, Gorski, Brennan**
San Diego
K PIPES-NEILSEN, H DEFELICE, A FROGLEY, A TERRY

1	YMCA of Central Texas	A	1:46.83	1:46.80
	1) Alyabyeva, Kate W20	2) Murphy, Siobhan C W22	3) Aron, Vanessa W28	4) Hanzl, Brittany L W24
	25.72 1:06.07 (40.35)	1:26.83 (20.76)	1:46.80 (19.97)	
2	Schroeder	A	1:47.50	1:49.42
	1) Hatcher, Abigail M W26	2) Adams, Valerie W23	3) Frank, Wendy R W19	4) Connors, Jessica A W23
	28.81 56.39 (27.58)	1:23.27 (26.88)	1:49.42 (26.15)	
3	YMCA Indy Swimfit	A	1:47.00	1:49.88
	1) Burton, Laura W40	2) Crickmore, Nicole W24	3) Ripley, Rachel W24	4) Sobecki, Megan W23
	26.62 54.68 (28.06)	1:22.97 (28.29)	1:49.88 (26.91)	
4	Sarasota Family	A	1:53.00	1:50.09
	1) Zaley, Stacy W24	2) Hudak, Courtney W22	3) Karish, Cassi A W23	4) Spaun, Karen M W44
	27.66 53.35 (25.69)	1:22.01 (28.66)	1:50.09 (28.08)	
5	Tampa Metro Masters	A	2:03.00	1:58.70
	1) Deering, Tara W31	2) Sands, Brenna W35	3) Bassetti, Luce W29	4) Faith, Jennifer W27
	30.46 1:01.44 (30.98)	1:31.14 (29.70)	1:58.70 (27.56)	
6	Mid-Delmarva YMCA	A	1:54.90	2:13.30
	1) Swoboda, Sandy W45	2) Mazzyck, Carla W48	3) Springer, Sarah G W19	4) Rudie, Linda W47
	31.41 1:04.96 (33.55)	1:39.13 (34.17)	2:13.30 (34.17)	
---	YMCA Indy Swimfit	B	1:56.00	NS

Women 18+ 400 Yard Freestyle Relay

NAT YMCA: 3:58.81 * 4/13/2007 **Beavercreek YMCA 5265** **BCY-**
USMS: 3:40.02 ! 4/16/2000 **M Pujalet-Devitt, T Loper, S Rietze, G Miller**
Empire State
G CORNELIUS, E FRYKBERG, M DRUECKHAMMER, E PETERS

1	YMCA of Central Texas	A	4:03.68	3:51.44 *
	1) Kenney, Lindsay W22	2) Murphy, Siobhan C W22	3) Hanzl, Brittany L W24	4) Alyabyeva, Kate W20
	27.14 55.73 (55.73)	1:25.26 (29.53)	1:57.00 (1:01.27)	
	2:23.95 (26.95)	2:53.92 (56.92)	3:21.14 (27.22)	3:51.44 (57.52)
2	Schroeder	A	3:56.00	3:59.51
	1) Connors, Jessica A W23	2) Adams, Valerie W23	3) Frank, Wendy R W19	4) Hatcher, Abigail M W26
	27.21 57.01 (57.01)	1:25.45 (28.44)	1:56.02 (59.01)	
	2:24.86 (28.84)	2:57.09 (1:01.07)	3:26.91 (29.82)	3:59.51 (1:02.42)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 18+ 400 Yard Freestyle Relay)**

3	YMCA Indy Swimfit	A	3:59.67	4:04.60
	1) Ripley, Rachel W24	2) Sobocki, Megan W23	3) Crickmore, Nicole W24	4) Childress-Brown, Tina W45
	29.71 1:02.96 (1:02.96)	1:30.66 (27.70)	2:02.00 (59.04)	
	2:32.31 (30.31)	3:04.90 (1:02.90)	3:33.56 (28.66)	4:04.60 (59.70)
4	Mid-Delmarva YMCA	A	4:06.00	4:18.81
	1) Springer, Sarah G W19	2) Marchetti, Susan M W44	3) Springer, Jill C W50	4) Grover, Mollie W28
	32.12 1:07.42 (1:07.42)	1:38.48 (31.06)	2:13.57 (1:06.15)	
	2:44.14 (30.57)	3:17.25 (1:03.68)	3:46.78 (29.53)	4:18.81 (1:01.56)
5	Tampa Metro Masters	A	4:35.00	4:21.79
	1) Deering, Tara W31	2) Sands, Brenna W35	3) Bassetti, Luce W29	4) Faith, Jennifer W27
	31.76 1:06.87 (1:06.87)	1:39.19 (32.32)	2:14.52 (1:07.65)	
	2:46.41 (31.89)	3:20.44 (1:05.92)	3:49.07 (28.63)	4:21.79 (1:01.35)

Women 18+ 200 Yard Medley RelayNAT YMCA: **1:56.08 * 2002**

Jordan, IN

Watts, Ellis, Leone, McCracken

USMS: **1:49.10 ! 5/20/2001**

Sierra Nevada

SARA SCHWEITZER, SHARON WEISS, LIMIN LIU, MAY OOI

1	YMCA of Central Texas	A	1:56.15	1:57.35
	1) Alyabyeva, Kate W20	2) Murphy, Siobhan C W22	3) Kenney, Lindsay W22	4) Hanzl, Brittany L W24
	29.48 45.94 (16.46)	1:31.76 (45.82)	1:57.35 (25.59)	
2	Schroeder	A	2:04.50	2:00.80
	1) Frank, Wendy R W19	2) Connors, Jessica A W23	3) Adams, Valerie W23	4) Hatcher, Abigail M W26
	31.14 1:02.02 (30.88)	1:32.41 (30.39)	2:00.80 (28.39)	
3	Sarasota Family	A	2:07.00	2:05.12
	1) Hudak, Courtney W22	2) Zaley, Stacy W24	3) Misgalski, Heike W44	4) Karish, Cassi A W23
	29.84 1:05.36 (35.52)	1:36.42 (31.06)	2:05.12 (28.70)	
4	YMCA Indy Swimfit	A	1:53.53	2:07.51
	1) Ripley, Rachel W24	2) Crickmore, Nicole W24	3) Sobocki, Megan W23	4) Booth, Susan W40
	29.27 1:06.77 (37.50)	1:38.37 (31.60)	2:07.51 (29.14)	
5	Tampa Metro Masters	A	2:21.00	2:12.63
	1) Bassetti, Luce W29	2) Faith, Jennifer W27	3) Deering, Tara W31	4) Sands, Brenna W35
	35.99 1:08.56 (32.57)	1:42.99 (34.43)	2:12.63 (29.64)	
6	Mid-Delmarva YMCA	A	2:01.00	2:13.60
	1) Grover, Mollie W28	2) Winans, Colleen W48	3) Springer, Sarah G W19	4) Marchetti, Susan M W44
	31.15 1:11.36 (40.21)	1:44.08 (32.72)	2:13.60 (29.52)	
---	YMCA Indy Swimfit	B	2:10.00	NS

Women 25+ 200 Yard Freestyle RelayNAT YMCA: **1:41.37 * 1993**

Westport, CT

Hobbs, M Mortell, Keogh, S Mortell

USMS: **1:37.40 ! 5/7/1989**

Lone Star

L JACKSON, B HEUER, L MORRISON-CASEY, A PLESS

1	Sarasota Family	A	1:42.00	1:43.07
	1) Butler, Agnese W29	2) Gray, Audrey L W29	3) Misgalski, Heike W44	4) Groselle, Elizabeth D W25
	25.18 50.72 (25.54)	1:18.49 (27.77)	1:43.07 (24.58)	
2	Broward County YMCA Mast	A	1:46.00	1:45.12
	1) Willis, Jennifer T W40	2) Johnson, Jill D W43	3) Trefelner, Jennifer M W28	4) Moore, Paige W42
	24.61 51.78 (27.17)	1:18.89 (27.11)	1:45.12 (26.23)	
3	Mid-Delmarva YMCA	A	1:56.40	1:47.64
	1) Pipes-Neilsen, Karlyn W47	2) Marchetti, Susan M W44	3) Springer, Jill C W50	4) Grover, Mollie W28
	25.01 53.56 (28.55)	1:22.13 (28.57)	1:47.64 (25.51)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 25+ 200 Yard Freestyle Relay)**

4	YMCA of Central Texas	A	1:49.92	1:47.84
	1) McLuckie, Lisa W30	2) Byrnes, Katie W27	3) Wenzel, Katharine T W25	4) Martin, Jennifer W28
	26.89	54.75 (27.86)	1:22.40 (27.65)	1:47.84 (25.44)
5	Downtown Orlando	A	1:45.00	1:49.46
	1) Szakos, Teresa M W25	2) Spence, Jackie K W27	3) Hall, Ryan N W29	4) Visser, Linda W38
	26.31	55.71 (29.40)	1:23.21 (27.50)	1:49.46 (26.25)
6	YMCA Indy Swimfit	A	1:49.00	1:55.73
	1) Ellis, Nichole W30	2) Peterson, Laurie W32	3) Phillips, Stephanie W28	4) Bailie, Bridget W39
	27.38	57.59 (30.21)	1:28.12 (30.53)	1:55.73 (27.61)
7	Broward County YMCA Mast	B	2:04.00	2:01.45
	1) Woodburn, Andrea W45	2) Bennett, Sarah L W46	3) Cavanaugh, Debbie D W51	4) Girard, Brooke W32
	29.47	1:02.03 (32.56)	1:31.55 (29.52)	2:01.45 (29.90)
8	YMCA of Central Texas	B	2:00.00	2:02.41
	1) Forre, Lena W53	2) Paz, Sohely C W33	3) Marechal, Severine M W25	4) Paiva, Maria T W43
	31.85	1:02.12 (30.27)	1:31.80 (29.68)	2:02.41 (30.61)
9	YMCA of Central Texas	C	2:15.00	2:06.15
	1) Haire, Crystal A W26	2) Heller, Elizabeth A W28	3) Moran, Danielle W31	4) Johasky, Bethany A W26
	31.83	1:04.71 (32.88)	1:36.77 (32.06)	2:06.15 (29.38)
10	Downtown Orlando	B	2:05.00	2:19.42
	1) Crabtree, Erin L W28	2) Gonzales, Maria T W52	3) Fitzgerald, Kathleen F W55	4) Burns, Starlene C W47
	30.78	1:12.23 (41.45)	1:28.08 (15.85)	2:19.42 (51.34)
11	Mid-Delmarva YMCA	B	2:37.00	2:45.31
	1) Kinney, Cheryl W43	2) Bottenus, Anne W30	3) Konits, Cindy W54	4) Blubaugh, Diane W52
	38.66	1:17.17 (38.51)	1:55.83 (38.66)	2:45.31 (49.48)

Women 25+ 400 Yard Freestyle RelayNAT YMCA: **3:47.14 * 5/16/2008**

Sarasota FL

Sarasota FL-FL

A Ozolina, K Dougherty, A Gray, K Sweeting

USMS: **3:37.75 ! 4/14/1991**

Walnut Creek

C LEWIS, P ROEMER, W INGRAHM, S SHAND

1	YMCA of Central Texas	A	4:08.25	3:52.20
	1) McLuckie, Lisa W30	2) Byrnes, Katie W27	3) Dwors, Elizabeth C W28	4) Martin, Jennifer W28
	27.45	56.96 (56.96)	1:24.97 (28.01)	1:57.14 (1:00.18)
	2:24.45 (27.31)	2:54.52 (57.38)	3:21.13 (26.61)	3:52.20 (57.68)
2	Sarasota Family	A	3:56.00	3:56.03
	1) Groselle, Elizabeth D W25	2) Guglielmi, Ann Marie W40	3) Misgalski, Heike W44	4) Gray, Audrey L W29
	25.59	53.55 (53.55)	1:24.02 (30.47)	1:57.30 (1:03.75)
	2:26.84 (29.54)	2:59.41 (1:02.11)	3:26.08 (26.67)	3:56.03 (56.62)
3	YMCA Indy Swimfit	A	4:16.00	4:36.42
	1) Peterson, Laurie W32	2) Phillips, Stephanie W28	3) Booth, Susan W40	4) Burton, Laura W40
	31.45	1:06.83 (1:06.83)	1:42.91 (36.08)	2:27.14 (1:20.31)
	2:57.18 (30.04)	3:32.97 (1:05.83)	4:36.42 (1:03.45)	
4	YMCA of Central Texas	B	4:50.69	4:37.06
	1) Marechal, Severine M W25	2) Paz, Sohely C W33	3) Aron, Vanessa W28	4) Heller, Elizabeth A W28
	31.83	1:06.24 (1:06.24)	1:39.22 (32.98)	2:15.84 (1:09.60)
		3:19.33 (1:03.49)	3:55.21 (35.88)	4:37.06 (1:17.73)
5	Downtown Orlando	B	4:30.00	6:17.61
	1) Crabtree, Erin L W28	2) Baker, Debbie A W51	3) von Dohlen, Kathy W56	4) Gonzales, Maria T W52
	33.53	1:11.09 (1:11.09)	1:57.19 (46.10)	2:53.25 (1:42.16)
	3:45.36 (52.11)	4:46.07 (1:52.82)	5:14.61 (28.54)	6:17.61 (1:31.54)
6	Mid-Delmarva YMCA	A	6:13.02	6:19.36
	1) Konits, Cindy W54	2) Kinney, Cheryl W43	3) Bottenus, Anne W30	4) Blubaugh, Diane W52
	39.98	1:23.47 (1:23.47)	2:15.52 (52.05)	3:20.45 (1:56.98)
	4:04.52 (44.07)	4:55.30 (1:34.85)	5:35.34 (40.04)	6:19.36 (1:24.06)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 25+ 400 Yard Freestyle Relay)**

--- Downtown Orlando A 3:50.00 DQ
 Early take-off swimmer #3
 1) Hall, Ryan N W29 2) Fitzgerald, Kathleen F W55 3) Szakos, Teresa M W25 4) Visser, Linda W38

Women 25+ 200 Yard Medley Relay

NAT YMCA: 1:53.22 * 1993

Westport, CT

S Mortell, M Mortell, Neary, Hobbs

USMS: 1:47.70 ! 5/16/1999

Slug

M EDWARDS, J HARLOW, H KISSEL, D GRANER-GALLAS

1	Sarasota Family	A	2:01.00	1:59.99
	1) Gray, Audrey L W29	2) Hamel, Laura M W44	3) Groselle, Elizabeth D W25	4) Guglielmi, Ann Marie W40
	29.53 1:05.00 (35.47)	1:31.22 (26.22)	1:59.99 (28.77)	
2	YMCA of Central Texas	A	2:03.76	2:02.38
	1) Byrnes, Katie W27	2) McLuckie, Lisa W30	3) Martin, Jennifer W28	4) Aron, Vanessa W28
	30.97 1:04.80 (33.83)	1:32.75 (27.95)	2:02.38 (29.63)	
3	Downtown Orlando	A	2:00.00	2:04.92
	1) Szakos, Teresa M W25	2) Hall, Ryan N W29	3) Visser, Linda W38	4) Fitzgerald, Kathleen F W55
	30.29 47.92 (17.63)	1:34.45 (46.53)	2:04.92 (30.47)	
4	Broward County YMCA Mast	A	2:10.00	2:07.56
	1) Stewart, Ann K W38	2) Girard, Brooke W32	3) Trefelner, Jennifer M W28	4) Woodburn, Andrea W45
	32.14 1:07.03 (34.89)	1:38.92 (31.89)	2:07.56 (28.64)	
5	Downtown Orlando	B	2:25.00	2:57.48
	1) Gonzales, Maria T W52	2) Burns, Starlene C W47	3) Crabtree, Erin L W28	4) von Dohlen, Kathy W56
	51.59 1:38.01 (46.42)	2:13.48 (35.47)	2:57.48 (44.00)	
6	Mid-Delmarva YMCA	A	2:46.00	3:06.16
	1) Konits, Cindy W54	2) Bottenus, Anne W30	3) Mazyck, Carla W48	4) Kinney, Cheryl W43
	45.91 1:32.67 (46.76)	2:16.69 (44.02)	3:06.16 (49.47)	
---	YMCA of Central Texas	B	2:16.36	DQ
	Stroke Infraction swimmer #2: Non-simultaneous touch - breast			
	1) Heller, Elizabeth A W28	2) Marechal, Severine M W25	3) Paz, Sohely C W33	4) Frank, Stefanie L W38
---	YMCA Indy Swimfit	A	2:10.00	NS
	1) Phillips, Stephanie W28	2) Ellis, Nichole W30	3) Peterson, Laurie W32	

Women 35+ 200 Yard Freestyle Relay

NAT YMCA: 1:41.25 * 4/15/2007

Danville YMCA 1735

Danville

K Pipes-Neilsen, J Ridge, N Day, S Sullivan

USMS: 1:36.90 ! 5/18/2003

Rocky Mtn

A PETTIS SCOTT, K GARNIER, S VON DER LIPPE, C SAPP

1	Wilton Family YMCA	A	1:40.00	1:40.43 *
	1) Crouch, Kim H W47	2) Lang, Jacque J W42	3) Gary, Kristin J W41	4) Wager, Susan A W43
	25.86 50.73 (24.87)	1:15.33 (24.60)	1:40.43 (25.10)	
2	Sarasota Family	A	1:44.00	1:46.78
	1) Buxton, Sylvia C W43	2) Varlas-Clapperton, Melissa I3	3) Guglielmi, Ann Marie W40	4) Dissington, Laura J W44
	26.43 52.53 (26.10)	1:20.50 (27.97)	1:46.78 (26.28)	
3	Wilton Family YMCA	B	1:47.00	1:47.02
	1) Holmes, Jessica A W38	2) Fleury, Lindley A W50	3) Ellis, Susan E W38	4) Block, Andrea J W47
	25.62 53.09 (27.47)	1:20.76 (27.67)	1:47.02 (26.26)	
4	YMCA of Central Texas	A	1:52.10	1:48.94
	1) McCrady, Christine W36	2) Hulett, Jennifer A W40	3) Thomas, Ann B W49	4) Hatfield, Angela W41
	27.10 54.53 (27.43)	1:29.72 (35.19)	1:48.94 (19.22)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 35+ 200 Yard Freestyle Relay)**

5	Andover North Andover	A	1:54.00	1:52.70
	1) Mareb, Karen M W50	2) Fox, Michele K W39	3) Voke, Laurie A W42	4) Roy, Michele M W45
	26.93 55.29 (28.36)	1:25.61 (30.32)	1:52.70 (27.09)	
6	YMCA Indy Swimfit	A	1:49.00	1:53.22
	1) Rian, Victoria W42	2) Marvin, Linda W35	3) Booth, Susan W40	4) Houchens, Kris W41
	27.87 57.25 (29.38)	1:26.84 (29.59)	1:53.22 (26.38)	
7	Sarasota Family	B	2:02.00	1:54.02
	1) Ramnath, Fernette P W43	2) Dean, Paige E W44	3) Tucker, Mary G W39	4) Repassey, Lisa N W42
	27.99 57.90 (29.91)	1:26.23 (28.33)	1:54.02 (27.79)	
8	South Hills YMCA	A	1:59.90	2:00.86
	1) Freeman, Brenda K W44	2) Quill, Catherine J W59	3) Sikora, Rosanna W53	4) Ide, Carol W42
	27.69 1:01.30 (33.61)	1:33.20 (31.90)	2:00.86 (27.66)	
9	Sarasota Family	C	2:04.00	2:02.56
	1) Overly, Lori L W43	2) Gnerre, Beverly W38	3) Blankenship, Gerogia S W42	4) Recentwal, Laura J W46
	29.51 1:02.52 (33.01)	1:32.86 (30.34)	2:02.56 (29.70)	
10	Tampa Metro Masters	A	2:09.00	2:16.83
	1) Sinclair, Lisa W48	2) Ness, Karen W41	3) Carpenter-VanDijk, Sheila W41	4) Spivey, Kelly W46
	32.97 1:10.25 (37.28)	1:47.34 (37.09)	2:16.83 (29.49)	
11	YMCA of Central Texas	B	2:15.00	2:24.28
	1) DeBord, Tina R W43	2) Frank, Stefanie L W38	3) Volz, Kristin W35	4) Voet, Laura W41
	41.84 1:18.58 (36.74)	1:55.83 (37.25)	2:24.28 (28.45)	

Women 35+ 400 Yard Freestyle Relay**NAT YMCA: 3:41.37 * 4/13/2007****Danville YMCA 1735****Danville****K Pipes-Neilsen, J Ridge, N Day, S Sullivan****USMS: 3:41.37 ! 4/15/2007****Team III Mstrs****K PIPES-NEILSEN, J RIDGE, N DAY, S SULLIVAN**

1	Wilton Family YMCA	A	3:40.00	3:41.11 *
	1) Block, Andrea J W47	2) Lang, Jacque J W42	3) Wager, Susan A W43	4) Gary, Kristin J W41
	28.02 57.57 (57.57)	1:23.71 (26.14)	1:52.80 (55.23)	
	2:19.35 (26.55)	2:47.57 (54.77)	3:12.97 (25.40)	3:41.11 (53.54)
2	Sarasota Family	A	3:51.00	3:57.66
	1) Buxton, Sylvia C W43	2) Hamel, Laura M W44	3) Ramnath, Fernette P W43	4) Varlas-Clapperton, Melissa I
	27.74 57.86 (57.86)	1:25.90 (28.04)	1:57.64 (59.78)	
	2:26.50 (28.86)	2:57.97 (1:00.33)	3:26.63 (28.66)	3:57.66 (59.69)
3	Broward County YMCA Mast	A	4:03.00	4:02.35
	1) Castro, Leticia W49	2) Devanney, Celia C W51	3) Woodburn, Andrea W45	4) Willis, Jennifer T W40
	29.95 1:02.27 (1:02.27)		2:06.21 (1:03.94)	
	3:09.06 (1:02.85)	3:34.67 (25.61)	4:02.35 (53.29)	
4	YMCA Indy Swimfit	A	4:10.00	4:10.88
	1) Rian, Victoria W42	2) Marvin, Linda W35	3) Houchens, Kris W41	4) Zedonis, Lisa W47
	29.27 1:00.50 (1:00.50)	1:30.73 (30.23)	2:04.05 (1:03.55)	
	2:22.52 (18.47)	3:06.69 (1:02.64)	3:37.30 (30.61)	4:10.88 (1:04.19)
5	YMCA of Central Texas	A	4:07.60	4:16.12
	1) McCrady, Christine W36	2) Voet, Laura W41	3) Hulett, Jennifer A W40	4) Paiva, Maria T W43
	28.39 1:00.61 (1:00.61)	1:30.48 (29.87)	2:04.43 (1:03.82)	
	2:33.23 (28.80)	3:07.43 (1:03.00)	3:39.74 (32.31)	4:16.12 (1:08.69)
6	Sarasota Family	B	4:38.00	4:23.33
	1) Spaun, Karen M W44	2) Tucker, Mary G W39	3) Blankenship, Gerogia S W42	4) Overly, Lori L W43
	30.11 1:01.97 (1:01.97)	1:32.96 (30.99)	2:05.83 (1:03.86)	
	2:37.11 (31.28)	3:15.55 (1:09.72)	3:47.41 (31.86)	4:23.33 (1:07.78)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 35+ 400 Yard Freestyle Relay)

7 Tampa Metro Masters	A	4:49.00	5:11.50
1) Sinclair, Lisa W48	2) Ness, Karen W41	3) Carpenter-VanDijk, Sheila W46	4) Spivey, Kelly W46
38.22 1:17.43 (1:17.43)	1:54.43 (37.00)	2:36.51 (1:19.08)	
3:16.06 (39.55)	4:02.92 (1:26.41)	5:11.50 (1:08.58)	
8 Northern Neck Family	A	5:59.00	6:00.04
1) Chambers, Betsy C W61	2) Gregory, Kathryn S W63	3) Jackson, Karen E W58	4) Latell, Andrea T W35
47.34 1:43.44 (1:43.44)	2:25.27 (41.83)	3:11.38 (1:27.94)	
3:55.02 (43.64)	4:46.30 (1:34.92)	5:20.65 (34.35)	6:00.04 (1:13.74)

Women 35+ 200 Yard Medley Relay

NAT YMCA: 1:53.05 * 4/14/2007 Danville YMCA 1735 Danville

K Pipes-Neilsen, N Day, J Ridge, S Sullivan

USMS: 1:48.55 ! 5/14/2006 Colorado

S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

1 Wilton Family YMCA	A	1:55.00	1:52.84 *
1) Gary, Kristin J W41	2) Crouch, Kim H W47	3) Block, Andrea J W47	4) Wager, Susan A W43
27.85 1:00.22 (32.37)	1:27.79 (27.57)	1:52.84 (25.05)	
2 Broward County YMCA Mast	A	2:01.00	1:56.46
1) Moore, Paige W42	2) Legaspi, Kelly A W37	3) Willis, Jennifer T W40	4) Johnson, Jill D W43
32.31 1:03.25 (30.94)	1:29.53 (26.28)	1:56.46 (26.93)	
3 Wilton Family YMCA	B	2:00.00	1:57.10
1) Milton, Catherine W41	2) Kupan, Cheryl A W44	3) Holmes, Jessica A W38	4) Lang, Jacque J W42
30.07 1:03.18 (33.11)	1:31.88 (28.70)	1:57.10 (25.22)	
4 Sarasota Family	A	1:55.00	2:02.33
1) Buxton, Sylvia C W43	2) Ramnath, Fernette P W43	3) Varlas-Clapperton, Melissa I4)	4) Jones, Elene W48
31.05 46.87 (15.82)	1:07.91 (21.04)	2:02.33 (54.42)	
5 YMCA of Central Texas	A	2:05.29	2:08.77
1) Hulett, Jennifer A W40	2) Voet, Laura W41	3) McCrady, Christine W36	4) Paiva, Maria T W43
32.85 1:08.85 (36.00)	1:37.70 (28.85)	2:08.77 (31.07)	
6 YMCA Indy Swimfit	A	2:12.00	2:10.17
1) Rian, Victoria W42	2) Bailie, Bridget W39	3) Marvin, Linda W35	4) Houchens, Kris W41
32.86 1:09.89 (37.03)	1:42.55 (32.66)	2:10.17 (27.62)	
7 Sarasota Family	B	2:17.00	2:11.76
1) Repassey, Lisa N W42	2) Overly, Lori L W43	3) Spaun, Karen M W44	4) Tucker, Mary G W39
32.21 1:10.34 (38.13)	2:11.76 (1:01.42)	2:11.76 ()	
8 Andover North Andover	A	2:08.00	2:12.84
1) Fox, Michele K W39	2) Roy, Michele M W45	3) Voke, Laurie A W42	4) Misiorski, Marcia W51
32.68 1:07.54 (34.86)	1:39.16 (31.62)	2:12.84 (33.68)	
9 Tampa Metro Masters	A	2:32.00	2:41.13
1) Spivey, Kelly W46	2) Ness, Karen W41	3) Sinclair, Lisa W48	4) Carpenter-VanDijk, Sheila W
36.95 1:25.04 (48.09)	2:04.40 (39.36)	2:41.13 (36.73)	
10 Northern Neck Family	A	3:08.00	2:54.58
1) Gregory, Kathryn S W63	2) Jackson, Karen E W58	3) Latell, Andrea T W35	4) Broderick, Kathleen M W70
43.48 1:30.69 (47.21)	2:09.70 (39.01)	2:54.58 (44.88)	

Women 45+ 200 Yard Freestyle Relay

NAT YMCA: 1:46.03 * 5/17/2008 Sarasota FL Sarasota FL-FL

L Kessler, E Bennett, K Staursky, C Fedako

USMS: 1:43.32 ! 4/7/2002 Nem

J FELDMANN, J LUKER, G WETTACH, J HIRSTY

1 Sarasota Family	B	1:50.00	1:51.16
1) Bennett, Ellen K W46	2) Fedako, Cathy A W47	3) Doyle, Deanna W51	4) Carpenter, Kelley C W52
27.60 55.44 (27.84)	1:23.31 (27.87)	1:51.16 (27.85)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 45+ 200 Yard Freestyle Relay)

2	YMCA Indy Swimfit	A	1:48.00	1:55.32
	1) Childress-Brown, Tina W45	2) Zedonis, Lisa W47	3) Meyer, Paula W50	4) Schnieders, Ann W48
	27.87 57.38 (29.51)	1:28.08 (30.70)	1:55.32 (27.24)	
3	Broward County YMCA Mast	A	1:56.00	1:56.62
	1) McDonnell, Peggy H W53	2) Protzman, Barbara W54	3) Seier, Lydia S W52	4) Devanney, Celia C W51
	28.46 58.42 (29.96)	1:28.22 (29.80)	1:56.62 (28.40)	
4	Mid-Delmarva YMCA	A	2:05.40	2:03.44
	1) Hall, Ali W47	2) Taylor, Susan W51	3) DiBlasi, Julie W49	4) Winans, Colleen W48
	31.19 1:02.28 (31.09)	1:32.08 (29.80)	2:03.44 (31.36)	
5	Sarasota Family	C	2:10.00	2:19.84
	1) Donoghue, Dawn A W50	2) Showalter, Linda J W52	3) Goodman, Terri A W49	4) Chin-Ogilvie, Adrienne W48
	33.09 1:15.46 (42.37)	1:44.33 (28.87)	2:19.84 (35.51)	
6	YMCA of South Palm Beach	A	3:30.50	3:20.76
	1) Bertram, Barbara R W57	2) Gruman, Leslie E W45	3) Gruman, Marion W W75	4) Lamp, Alwynne J W58
	1:40.05 ()	2:40.45 (1:00.40)	3:20.76 (40.31)	
---	Sarasota Family	A	1:47.00	DQ
	Not enough swimmers			
	1) Kessler, Laura L W48	2) Jones, Elene W48	3) de Boer, Claire W48	4) Vaughn, Holly A W47
---	Westport / Weston	A	1:54.00	NS
---	YMCA of Central Texas	A	2:15.00	NS
	2) Itzler, Ellen R W50	3) Sather, Jeanne W51	4) Larson, Linda W53	

Women 45+ 400 Yard Freestyle Relay

NAT YMCA: 3:59.21 * 5/16/2008

Sarasota FL

Sarasota FL-FL

L Kessler, K Staursky, E Bennett, C Fedako

USMS: 3:55.16 ! 4/7/2002

Nem

J FELDMANN, J LUKER, G WETTACH, J HIRSTY

1	Sarasota Family	A	3:59.00	3:55.28*
	1) Bennett, Ellen K W46	2) Jones, Elene W48	3) de Boer, Claire W48	4) Kessler, Laura L W48
	28.57 59.02 (59.02)	1:26.01 (26.99)	1:55.32 (56.30)	
	2:25.46 (30.14)	2:58.40 (1:03.08)	3:25.88 (27.48)	3:55.28 (56.88)
2	Broward County YMCA Mast	A	4:35.00	4:30.59
	1) Seier, Lydia S W52	2) Bennett, Sarah L W46	3) Cavanaugh, Debbie D W51	4) Protzman, Barbara W54
	32.51 1:08.31 (1:08.31)	1:41.92 (33.61)	2:18.80 (1:10.49)	
	2:49.40 (30.60)	3:22.94 (1:04.14)	3:54.67 (31.73)	4:30.59 (1:07.65)
3	Sarasota Family	B	4:19.00	4:33.90
	1) Carpenter, Kelley C W52	2) Chin-Ogilvie, Adrienne W48	3) Recentwal, Laura J W46	4) Fedako, Cathy A W47
	29.52 1:02.32 (1:02.32)	1:20.74 (18.42)	1:41.59 (39.27)	
	2:22.60 (41.01)	2:38.26 (56.67)	3:30.54 (52.28)	4:33.90 (1:55.64)
4	Mid-Delmarva YMCA	A	4:35.08	4:35.00
	1) Hall, Ali W47	2) Hannon, Lisa W45	3) Winans, Colleen W48	4) DiBlasi, Julie W49
	32.81 1:06.44 (1:06.44)	1:22.85 (16.41)	1:39.95 (33.51)	
	2:17.64 (37.69)	2:33.23 (53.28)	3:28.88 (55.65)	4:35.00 (2:01.77)
5	YMCA of Central Texas	A	4:53.61	4:52.49
	1) Thomas, Ann B W49	2) Larson, Linda W53	3) Itzler, Ellen R W50	4) Forre, Lena W53
	31.31 1:06.71 (1:06.71)	1:43.45 (36.74)	2:23.08 (1:16.37)	
	2:58.96 (35.88)	3:39.67 (1:16.59)	4:13.86 (34.19)	4:52.49 (1:12.82)
6	Mid-Delmarva YMCA	B	5:00.00	4:57.23
	1) Rudie, Linda W47	2) Mazyck, Carla W48	3) Swoboda, Sandy W45	4) Taylor, Susan W51
	35.51 1:12.75 (1:12.75)	1:49.81 (37.06)	2:30.95 (1:18.20)	
	3:05.75 (34.80)	3:45.05 (1:14.10)	4:18.83 (33.78)	4:57.23 (1:12.18)
---	Westport / Weston	A	4:15.00	NS

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 45+ 400 Yard Freestyle Relay)

--- YMCA Indy Swimfit A 4:12.00 NS
 2) Meyer, Paula W50

Women 45+ 200 Yard Medley Relay

NAT YMCA: 2:02.99 * 5/16/2008 Sarasota FL Sarasota FL-FL

D Doyle, E Bennett, L Kessler, C Fedako

USMS: 1:57.99 ! 4/7/2002

Nem

J FELDMANN, J LUKER, G WETTACH, J HIRSTY

1	Sarasota Family	A	2:02.00	2:00.45 *
	1) Doyle, Deanna W51	2) Vaughn, Holly A W47	3) Bennett, Ellen K W46	4) Kessler, Laura L W48
	31.66 1:03.95 (32.29)	1:34.32 (30.37)	2:00.45 (26.13)	
2	Mid-Delmarva YMCA	A	2:13.00	2:05.98
	1) Pipes-Neilsen, Karlyn W47	2) Hannon, Lisa W45	3) Springer, Jill C W50	4) DiBlasi, Julie W49
	27.84 1:06.20 (38.36)	1:35.55 (29.35)	2:05.98 (30.43)	
3	Broward County YMCA Mast	A	2:09.00	2:06.32
	1) Hughes, Maureen C W55	2) Cavanaugh, Debbie D W51	3) McDonnell, Peggy H W53	4) Sargeant, Pat A W55
	33.32 1:09.90 (36.58)	1:40.20 (30.30)	2:06.32 (26.12)	
4	Westport / Weston	A	2:08.00	2:09.38
	1) Brandon, Colleen W49	2) Rizzi, Markley B W50	3) Stolarski, Sheila M W47	4) Moss, Pamela H W47
	40.15 1:15.75 (35.60)	1:43.59 (27.84)	2:09.38 (25.79)	
5	Sarasota Family	B	2:12.00	2:13.94
	1) Recentwal, Laura J W46	2) Carpenter, Kelley C W52	3) de Boer, Claire W48	4) Fedako, Cathy A W47
	36.63 1:14.97 (38.34)	1:46.11 (31.14)	2:13.94 (27.83)	
6	YMCA Indy Swimfit	A	2:17.00	2:16.92
	1) Meyer, Paula W50	2) Childress-Brown, Tina W45	3) Schnieders, Ann W48	4) Zedonis, Lisa W47
	38.13 1:16.48 (38.35)	1:48.02 (31.54)	2:16.92 (28.90)	
7	Broward County YMCA Mast	B	2:21.00	2:25.32
	1) Mitchell, Jeannie R W62	2) Bennett, Sarah L W46	3) Protzman, Barbara W54	4) Seier, Lydia S W52
	39.56 1:21.85 (42.29)	1:55.55 (33.70)	2:25.32 (29.77)	
8	Mid-Delmarva YMCA	B	2:40.10	2:27.79
	1) Hall, Ali W47	2) Swoboda, Sandy W45	3) Rudie, Linda W47	4) Taylor, Susan W51
	37.53 1:18.75 (41.22)	1:56.25 (37.50)	2:27.79 (31.54)	
9	YMCA of Central Texas	A	2:30.00	2:32.78
	1) Thomas, Ann B W49	2) Itzler, Ellen R W50	3) Forre, Lena W53	4) Sather, Jeanne W51
	43.09 1:21.77 (38.68)	1:56.65 (34.88)	2:32.78 (36.13)	

Women 55+ 200 Yard Freestyle Relay

NAT YMCA: 2:00.84 * 5/17/2008 Sarasota FL Sarasota FL-FL

D Ogier, L Webb, B Uible, D Walker

USMS: 2:01.59 ! 5/20/2007

Pna

J BLACKBURN, S WELCH, S DILLON, C DAVIS

1	YMCA Indy Swimfit	A	1:48.00	1:58.95 *
	1) Wingenroth, Kris W55	2) Francis, Susan W56	3) Campbell, Anne W56	4) Denby, Karlene F W55
	29.82 58.58 (28.76)	1:31.45 (32.87)	1:58.95 (27.50)	
2	Sarasota Family	A	2:05.00	2:01.76
	1) Ogier, Danielle W56	2) Trainor, Suzette L W57	3) Webb, Linda W63	4) Uible, Barbara L W57
	29.37 59.84 (30.47)	1:32.12 (32.28)	2:01.76 (29.64)	
3	Broward County YMCA Mast	A	2:04.00	2:03.94
	1) Hughes, Maureen C W55	2) Mitchell, Jeannie R W62	3) Willman, Becky W57	4) Sargeant, Pat A W55
	30.68 1:05.10 (34.42)	1:37.48 (32.38)	2:03.94 (26.46)	
4	Mid-Delmarva YMCA	A	2:18.50	2:24.11
	1) Wingerter, Pamela W W64	2) Bloomquist, Tess W64	3) Linz, Ann W W56	4) Remaley-Marinzal, Susan W
	30.33 1:16.29 (45.96)	1:50.84 (34.55)	2:24.11 (33.27)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Women 55+ 200 Yard Freestyle Relay)

5	Sarasota Family	B	2:27.00	2:29.65
	1) Greb, Connie Y W57	2) Riley, Linda M W61	3) Saef, Karen B W55	4) Tittle, Kathleen A W57
	32.49 1:17.19 (44.70)	1:53.72 (36.53)	2:29.65 (35.93)	
6	Northern Neck Family	A	3:38.00	3:30.89
	1) Chambers, Betsy C W61	2) Dillard, Pauli W72	3) Broderick, Kathleen M W70	4) Funkhouser, Donna L W59
	45.25 1:48.80 (1:03.55)	2:38.56 (49.76)	3:30.89 (52.33)	
7	YMCA Indy Swimfit	B	3:20.00	5:14.83
	1) Cosper, Sue W60	2) Coles, Alma W70	3) Dumas-Coleman, Connie W	4) Strode, Mary W68
	2:27.97 ()	3:55.64 (1:27.67)	5:14.83 (1:19.19)	
---	Wilton Family YMCA	A	2:50.00	NS

Women 55+ 400 Yard Freestyle Relay

NAT YMCA: 4:39.81 * 5/16/2008

USMS: 4:30.94 ! 3/30/2008

Mid-Delmarva YMCA

Johnston, Remaley-Marinzell, Linz, Shoenberger Slam

Mid-Delmarva MD-

L SMITH, T MCDOWELL, C KOHN, A MUELLER

1	Sarasota Family	A	4:42.00	4:45.11
	1) Ogier, Danielle W56	2) Webb, Linda W63	3) Greb, Connie Y W57	4) Uible, Barbara L W57
	31.05 1:03.32 (1:03.32)	1:39.28 (35.96)	2:19.96 (1:16.64)	
	2:53.21 (33.25)	3:34.87 (1:14.91)	3:51.14 (16.27)	4:45.11 (1:10.24)
2	YMCA Indy Swimfit	A	4:18.00	4:53.38
	1) Wingenroth, Kris W55	2) Lambert, Holly W55	3) Campbell, Anne W56	4) Francis, Susan W56
	31.95 1:06.67 (1:06.67)	1:45.73 (39.06)	2:28.22 (1:21.55)	
	3:04.30 (36.08)	3:44.62 (1:16.40)	4:16.19 (31.57)	4:53.38 (1:08.76)
3	Mid-Delmarva YMCA	A	5:02.90	5:22.10
	1) Gruber, Elizabeth W60	2) Linz, Ann W W56	3) Wingerter, Pamela W W64	4) Remaley-Marinzell, Susan W
	40.21 1:35.17 (1:35.17)	2:11.45 (36.28)	2:54.41 (1:19.24)	
	3:30.17 (35.76)	4:11.16 (1:16.75)	4:45.15 (33.99)	5:22.10 (1:10.94)
4	Sarasota Family	B	6:14.00	5:56.02
	1) Tittle, Kathleen A W57	2) Saef, Karen B W55	3) Kuna, Marney E W64	4) Suttie, Rae E W64
	38.24 1:20.62 (1:20.62)	2:02.13 (41.51)	2:44.96 (1:24.34)	
	3:29.98 (45.02)	4:20.73 (1:35.77)	5:05.09 (44.36)	5:56.02 (1:35.29)
5	Mid-Delmarva YMCA	B	7:34.30	7:56.03
	1) Coleman, Jill W78	2) Fiskens, Kathleen W67	3) Bloomquist, Tess W64	4) Allnutt, Sarah T W85
	53.34 1:54.78 (1:54.78)	2:54.80 (1:00.02)	4:02.04 (2:07.26)	
	4:17.74 (15.70)	4:51.75 (49.71)	6:50.22 (1:58.47)	7:56.03 (3:04.28)

Women 55+ 200 Yard Medley Relay

NAT YMCA: 2:20.79 * 5/16/2008

USMS: 2:15.54 ! 5/20/2007

Sarasota FL

D Ogier, D Walker, L Webb, B Uible

Pna

S DILLS, S DILLON, C DAVIS, S WELCH

Sarasota FL-FL

1	Sarasota Family	A	2:25.00	2:23.89
	1) Ogier, Danielle W56	2) Webb, Linda W63	3) Uible, Barbara L W57	4) Greb, Connie Y W57
	36.50 1:18.50 (42.00)	1:53.61 (35.11)	2:23.89 (30.28)	
2	YMCA Indy Swimfit	A	2:20.00	2:32.30
	1) Campbell, Anne W56	2) Lambert, Holly W55	3) Wingenroth, Kris W55	4) Francis, Susan W56
	40.87 1:30.51 (49.64)	2:02.55 (32.04)	2:32.30 (29.75)	
3	Mid-Delmarva YMCA	A	2:35.00	2:34.80
	1) Brown, Nancy W73	2) Wingerter, Pamela W W64	3) Remaley-Marinzell, Susan W	4) Linz, Ann W W56
	41.34 1:23.67 (42.33)	2:00.64 (36.97)	2:34.80 (34.16)	
4	Sarasota Family	B	3:21.00	3:23.44
	1) Campbell, Joan K W78	2) Suttie, Rae E W64	3) Tittle, Kathleen A W57	4) Saef, Karen B W55
	56.63 1:59.13 (1:02.50)	2:46.72 (47.59)	3:23.44 (36.72)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 55+ 200 Yard Medley Relay)**

5	Mid-Delmarva YMCA	B	3:43.80	3:50.85
	1) Fiskien, Kathleen W67	2) Allnutt, Sarah T W85	3) Bloomquist, Tess W64	4) Gruber, Elizabeth W60
	54.64 2:10.43 (1:15.79)	3:11.21 (1:00.78)	3:50.85 (39.64)	
---	Wilton Family YMCA	A	3:00.00	NS
	1) Zareski, Lynne M W61	2) Schragger, Sara L W56	3) Love, Barbara J W72	4) Jebe, Margit H W70

Women 65+ 200 Yard Freestyle Relay**NAT YMCA: 2:30.26 * 2002****South Broward, FL****P Tullman, J Troy, J Krauser, F Carr****USMS: 2:17.37 ! 5/21/1995****Gold Coast****B GRAUER, J KRAUSER, M TIMMINS, C BRUCE**

1	South Hills YMCA	A	2:16.40	2:19.93 *
	1) Hlavacek, Ida W66	2) Leilich, Joann W70	3) Zaremski, Barbara W71	4) Marr, Jackie M W65
	37.67 1:12.16 (34.49)	1:46.28 (34.12)	2:19.93 (33.65)	
2	Sarasota Family	A	2:40.00	2:36.62
	1) Gilligan, Chris S W65	2) Lorenzi, Betty S W81	3) Campbell, Joan K W78	4) Tullman, Patricia A W72
	34.18 1:14.46 (40.28)	1:59.93 (45.47)	2:36.62 (36.69)	
3	Mid-Delmarva YMCA	A	2:47.00	2:39.59
	1) Foley,Carolynn W65	2) Weston, Frances E W69	3) Libby, Joan C W67	4) Brown, Nancy W73
	39.09 1:24.28 (45.19)	2:04.86 (40.58)	2:39.59 (34.73)	
4	Sarasota Family	B	3:21.00	3:32.26
	1) Durstein, Nancy N W79	2) Allen, Jean M W68	3) Carroll, Theo W65	4) Sether, Judy A W65
	47.72 1:43.95 (56.23)	2:23.57 (39.62)	3:32.26 (1:08.69)	

Women 65+ 400 Yard Freestyle Relay**NAT YMCA: 5:54.60 * 4/13/2007****Arthur Jordan YMCA****AJY-****S Etnyre, B Kin-Pinney, S Meyers, S Newell
Virginia****USMS: 5:19.35 ! 4/13/2008****B ZAREMSKI, B DURRANT, J DETRICK, B SCHREINER**

1	South Hills YMCA	A	5:14.90	5:32.96 *
	1) Hlavacek, Ida W66	2) Zaremski, Barbara W71	3) Leilich, Joann W70	4) Marr, Jackie M W65
	40.40 1:27.12 (1:27.12)	2:07.91 (40.79)	2:52.23 (1:25.11)	
	3:32.15 (39.92)	4:15.53 (1:23.30)	4:52.38 (36.85)	5:32.96 (1:17.43)
2	Sarasota Family	A	5:50.00	5:52.58 *
	1) Tullman, Patricia A W72	2) Lorenzi, Betty S W81	3) Dodson, Nancy Ann W W904)	Gilligan, Chris S W65
	38.35 1:48.15 (1:48.15)	2:04.22 (16.07)	2:49.73 (1:01.58)	
	3:39.29 (49.56)	4:33.37 (1:43.64)	5:11.25 (37.88)	5:52.58 (1:19.21)
3	Mid-Delmarva YMCA	A	6:25.20	6:07.43
	1) Foley,Carolynn W65	2) Libby, Joan C W67	3) Weston, Frances E W69	4) Brown, Nancy W73
	42.91 1:32.53 (1:32.53)	2:14.43 (41.90)	3:03.38 (1:30.85)	
	3:52.62 (49.24)	4:49.75 (1:46.37)	5:24.79 (35.04)	6:07.43 (1:17.68)
4	YMCA Indy Swimfit	A	6:00.00	10:15.28
	1) Dumas-Coleman, Connie W2)	Etnyre, Sandy W67	3) Newell, Sally W71	4) Strode, Mary W68
	1:33.45 3:14.80 (3:14.80)	4:01.41 (46.61)	4:55.05 (1:40.25)	
	5:36.06 (41.01)	5:54.83 (59.78)	8:14.24 (2:19.41)	10:15.28 (4:20.45)

Women 65+ 200 Yard Medley Relay**NAT YMCA: 2:49.62 * 4/14/2007****Arthur Jordan YMCA****AJY-****S Etnyre, S Newell, S Meyers, B Kin-Pinney
Virginia****USMS: 2:35.40 ! 4/24/2005****L ADAMS, J LEILICH, L GRIFFIN, J DETRICK**

1	South Hills YMCA	A	2:36.47	2:41.92 *
	1) Hlavacek, Ida W66	2) Leilich, Joann W70	3) Marr, Jackie M W65	4) Zaremski, Barbara W71
	45.05 1:25.79 (40.74)	2:06.16 (40.37)	2:41.92 (35.76)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Women 65+ 200 Yard Medley Relay)**

2	Sarasota Family	A	2:58.00	2:57.26
	1) Gilligan, Chris S W65	2) Allen, Jean M W68	3) Tullman, Patricia A W72	4) Lorenzi, Betty S W81
	39.08	1:32.49 (53.41)	2:16.41 (43.92)	2:57.26 (40.85)
3	Mid-Delmarva YMCA	A	3:23.20	3:30.97
	1) Libby, Joan C W67	2) Coleman, Jill W78	3) Weston, Frances E W69	4) Foley,Carolynn W65
	48.21	1:56.10 (1:07.89)	2:51.99 (55.89)	3:30.97 (38.98)
4	YMCA Indy Swimfit	A	4:00.00	5:34.74
	1) Dumas-Coleman, Connie W2	2) Newell, Sally W71	3) Etnyre, Sandy W67	4) Strode, Mary W68
	2:34.71	3:21.86 ()	5:34.74 (2:12.88)	

Men 18+ 200 Yard Freestyle Relay**NAT YMCA: 1:27.38 * 1994****Jersey Shore, PA****Shipp, Garlick, Feingerg, Sheets****USMS: 1:23.04 ! 2/18/2001****Auburn Mstrs****O QUEVEDO, R BARNIER, R HUGHEY, L MOREAU**

1	YMCA Indy Swimfit	A	1:23.00	1:26.83 *
	1) Michael, Daniel M23	2) Christoffel, Ben M33	3) Dawkins, Adam M33	4) Merkle, Wes M28
	21.71	44.10 (22.39)	1:06.07 (21.97)	1:26.83 (20.76)
2	YMCA of Central Texas	A	1:31.09	1:30.61
	1) Galvan-Sarabia, Luis M24	2) Bernard, Chris M23	3) Castro, Arturo M18	4) Victoire, Jordan M18
	23.07	45.03 (21.96)	1:07.90 (22.87)	1:30.61 (22.71)
3	Sarasota Family	A	1:34.00	1:35.72
	1) Bokorney, Mark B M44	2) Pepe, Marshall M44	3) Schultheiss, Daniel P M24	4) Kussatz, Uwe M53
	23.11	46.84 (23.73)	1:10.65 (23.81)	1:35.72 (25.07)
4	YMCA of Central Texas	B	1:34.62	1:37.62
	1) Flandes, Allan M18	2) Venkataraman, Scott M18	3) Frey, Eric M18	4) Iriondo, Hibai M19
	23.59	50.70 (27.11)	1:13.85 (23.15)	1:37.62 (23.77)
5	YMCA Indy Swimfit	B	1:43.00	1:39.41
	1) Cox, Andrew M23	2) Hubbard, John M28	3) O'Malley, Mark M32	4) Houchens, Jeremy M39
	26.22	50.83 (24.61)	1:14.28 (23.45)	1:39.41 (25.13)
6	Beavercreek	A	1:39.00	1:40.99
	1) Hill, Jason M M30	2) Weeks, David E M48	3) Hugh, Danny J M23	4) Halley, Franklin M M51
	24.63	50.76 (26.13)	1:16.30 (25.54)	1:40.99 (24.69)
7	Beavercreek	B	1:58.00	1:54.05
	1) Bronk, Burt V M77	2) Raper, Charles R M22	3) Kipp, Richard A M51	4) Murray, Craig F M51
	35.45	1:01.96 (26.51)	1:28.83 (26.87)	1:54.05 (25.22)

Men 18+ 400 Yard Freestyle Relay**NAT YMCA: 3:23.13 * 4/13/2007****Schroeder YMCA 7125****SCHY-WI****A Brooks, K Steffen, B Dittus, D Dickinson****USMS: 3:10.28 ! 3/25/2007****Nyc Hydras****A ERVIN, M BAKER, S AMBROSE, E PTASNIK**

1	YMCA Indy Swimfit	A	3:13.73	3:13.65 *
	1) Michael, Daniel M23	2) O'Malley, Mark M32	3) Dawkins, Adam M33	4) Christoffel, Ben M33
	22.98	48.36 (48.36)	1:12.25 (23.89)	1:40.06 (51.70)
	2:02.81 (22.75)	2:27.98 (47.92)	2:49.27 (21.29)	3:13.65 (45.67)
2	YMCA of Central Texas	A	3:21.38	3:17.06 *
	1) Galvan-Sarabia, Luis M24	2) Bernard, Chris M23	3) Flandes, Allan M18	4) Iriondo, Hibai M19
	24.08	49.74 (49.74)	1:12.82 (23.08)	1:37.79 (48.05)
	2:01.50 (23.71)	2:27.21 (49.42)	2:50.30 (23.09)	3:17.06 (49.85)
3	YMCA of Central Texas	B	3:33.74	3:25.17
	1) Castro, Arturo M18	2) Frey, Eric M18	3) Erickson, Tim D M52	4) Victoire, Jordan M18
	23.67	49.56 (49.56)	1:13.35 (23.79)	1:39.98 (50.42)
	2:04.40 (24.42)	2:32.76 (52.78)	2:55.84 (23.08)	3:25.17 (52.41)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 18+ 400 Yard Freestyle Relay)**

4	Sarasota Family	A	3:29.00	3:28.75
	1) Mugford, Stephen A M41	2) Groselle, John R M29	3) Schultheiss, Daniel P M24	4) Dixon, Glenn S M44
	24.65 51.94 (51.94)	1:16.85 (24.91)	1:44.24 (52.30)	
	2:09.77 (25.53)	2:37.79 (53.55)	3:01.93 (24.14)	3:28.75 (50.96)
5	Beavercreek	B	4:08.00	3:38.24
	1) Halley, Franklin M M51	2) Murray, Craig F M51	3) Hugh, Danny J M23	4) Sanchez, Greg W M32
	26.32 54.11 (54.11)	1:20.44 (26.33)	1:50.03 (55.92)	
	2:16.43 (26.40)	2:46.43 (56.40)	3:10.91 (24.48)	3:38.24 (51.81)
6	YMCA Indy Swimfit	B	4:40.00	3:42.48
	1) Cox, Andrew M23	2) Dawkins, Todd T M35	3) Thompson, Jim M57	4) Merkle, Wes M28
	24.68 51.70 (51.70)	1:20.63 (28.93)	1:51.62 (59.92)	
	2:18.29 (26.67)	2:49.43 (57.81)	3:13.55 (24.12)	3:42.48 (53.05)
7	Beavercreek	A	3:42.00	4:09.62
	1) Weeks, David E M48	2) Raper, Charles R M22	3) Gaughan, Brian F M51	4) Kipp, Richard A M51
	28.31 59.75 (59.75)	1:27.70 (27.95)	1:59.86 (1:00.11)	
	2:32.63 (32.77)	3:09.82 (1:09.96)	3:38.61 (28.79)	4:09.62 (59.80)

Men 18+ 200 Yard Medley RelayNAT YMCA: **1:38.91 * 1994**

Jersey Shore, PA

Sheet, Shipp, Garlick, Feinberg

USMS: **1:33.18 ! 5/21/1995**

Texas Swimming

J THIBAUT, D PUTTERMAN, M DUNNE, R KILLEEN

1	YMCA Indy Swimfit	A	1:38.85	1:38.46*
	1) Michael, Daniel M23	2) Christoffel, Ben M33	3) Dawkins, Adam M33	4) Clarke, Chris M40
	27.04 58.73 (31.69)	1:38.46 (39.73)		
2	YMCA of Central Texas	A	1:41.71	1:42.79
	1) Flandes, Allan M18	2) Victoire, Jordan M18	3) Galvan-Sarabia, Luis M24	4) Bernard, Chris M23
	25.52 56.02 (30.50)	1:20.30 (24.28)	1:42.79 (22.49)	
3	YMCA of Central Texas	B	1:45.51	1:45.92
	1) Castro, Arturo M18	2) Iriondo, Hibai M19	3) Frey, Eric M18	4) Venkataraman, Scott M18
	25.77 56.65 (30.88)	1:21.50 (24.85)	1:45.92 (24.42)	
4	Beavercreek	A	1:51.00	1:51.69
	1) Halley, Franklin M M51	2) Weeks, David E M48	3) Hill, Jason M M30	4) Hugh, Danny J M23
	30.18 1:00.53 (30.35)	1:26.66 (26.13)	1:51.69 (25.03)	
5	Beavercreek	B	2:07.00	2:12.04
	1) Murray, Craig F M51	2) Kipp, Richard A M51	3) Raper, Charles R M22	4) Gaughan, Brian F M51
	34.91 1:09.94 (35.03)	1:40.78 (30.84)	2:12.04 (31.26)	
6	YMCA Indy Swimfit	B	2:40.00	2:40.13
	1) Cox, Andrew M23	2) Chalfie, Ivan M77	3) Kincer, Greg M50	4) Arrivillaga, Herman M44
	36.42 1:33.07 (56.65)	2:05.84 (32.77)	2:40.13 (34.29)	
---	Sarasota Family	A	1:42.00	DQ
	Stroke Infraction swimmer #4: Entered water without permission - Misc			
	1) Schultheiss, Daniel P M24	2) Mugford, Stephen A M41	3) Vagainin, Viagr V M45	4) Brookes, Christopher V M37

Men 25+ 200 Yard Freestyle RelayNAT YMCA: **1:25.73 * 1991**

Plymouth, MI

Schmitz, Cole, Kowalski, Noetzel

USMS: **1:23.06 ! 5/18/2003**

Olympic Club

B SCHUMACHER, L WANIE, S GREENWOOD, P SAGISI

1	Broward County YMCA Mast	A	1:30.00	1:28.52
	1) Comulada, Luis E M33	2) Stoudt, Roger A M35	3) Cuticchia, Tommie A M26	4) Rivera, Robert S M31
	21.94 44.40 (22.46)	1:07.05 (22.65)	1:28.52 (21.47)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 25+ 200 Yard Freestyle Relay)**

2	Downtown Orlando	A	1:32.00	1:31.03
	1) Jackson, John M M27	2) Greener, Andrew J M25	3) Schrantz, John M28	4) McCormack, Sean P M28
	23.44 46.05 (22.61)	1:09.47 (23.42)	1:31.03 (21.56)	
3	Beavercreek	A	1:34.00	1:33.54
	1) Herringer, Thomas J M47	2) Sanchez, Greg W M32	3) Rasmussen, Cody C M31	4) Warren, Trevor W M29
	23.67 47.46 (23.79)	1:10.73 (23.27)	1:33.54 (22.81)	
4	YMCA of Central Texas	A	1:35.91	1:34.30
	1) Streiner, Jarret M M34	2) Schwebel, Mike M32	3) Cron, Chad M33	4) Read, David M40
	23.35 47.96 (24.61)	1:11.38 (23.42)	1:34.30 (22.92)	
5	Downtown Orlando	B	1:34.00	1:35.82
	1) Laugen, Steven M M43	2) Bell, Kirby M34	3) Schneider, Colin M M27	4) Organ, Keith E M41
	23.78 47.84 (24.06)	1:11.36 (23.52)	1:35.82 (24.46)	
6	Sarasota Family	A	1:36.00	1:37.23
	1) Bailey, Matthew A M47	2) Mugford, Stephen A M41	3) Groselle, John R M29	4) Negron-Matta, Miguel A M3
	24.83 48.31 (23.48)	1:12.18 (23.87)	1:37.23 (25.05)	
7	Mid-Delmarva YMCA	A	1:37.60	1:38.11
	1) Strahota, Jeffrey M28	2) Marcy, Matthew A M41	3) Ellis, Andrew M40	4) Goodison, Michael M37
	24.65 50.52 (25.87)	1:14.59 (24.07)	1:38.11 (23.52)	
8	YMCA of Central Texas	B	1:40.00	1:42.44
	1) Palmer, Bryan S M30	2) Carrasco, Juan M44	3) Fisher, Andy M42	4) Dillon, Duffy M44
	26.49 52.89 (26.40)	1:17.88 (24.99)	1:42.44 (24.56)	
9	Andover North Andover	A	2:00.00	1:50.61
	1) Keil, Mark A M55	2) Reilly, Dan M M34	3) Hart, John W M48	4) Steinberg, Gregory E M29
	28.31 54.02 (25.71)	1:24.70 (30.68)	1:50.61 (25.91)	

Men 25+ 400 Yard Freestyle Relay

NAT YMCA: 3:11.23 * 4/22/2005

Arthur Jordan YMCA

AJY-

B CHRISTOFFEL, A Dawkins, T Krajewski, W SIMMONS

USMS: 3:10.75 ! 4/24/2005

Tyr

D WEGNER, B HIBBARD, M RUFFNER, R SAEGER

1	Broward County YMCA Mast	A	3:23.00	3:16.88
	1) Comulada, Luis E M33	2) Stoudt, Roger A M35	3) Welch, Corey L M26	4) Rivera, Robert S M31
	23.72 49.97 (49.97)	1:13.57 (23.60)	1:39.20 (49.23)	
	2:02.46 (23.26)	2:28.12 (48.92)	2:51.25 (23.13)	3:16.88 (48.76)
2	Broward County YMCA Mast	B	4:03.00	3:20.57
	1) Cuticchia, Tommie A M26	2) Wienants, Kurt M46	3) Jacobson, Steven M M46	4) Wotton, Joe M50
	24.60 50.71 (50.71)	1:13.67 (22.96)	1:39.22 (48.51)	
	2:03.69 (24.47)	2:30.90 (51.68)	2:54.09 (23.19)	3:20.57 (49.67)
3	Downtown Orlando	A	3:25.00	3:23.25
	1) Jackson, John M M27	2) Schneider, Colin M M27	3) Schrantz, John M28	4) McCormack, Sean P M28
	24.39 50.81 (50.81)	1:15.29 (24.48)	1:43.55 (52.74)	
	2:07.97 (24.42)	2:34.46 (50.91)	2:57.40 (22.94)	3:23.25 (48.79)
4	Beavercreek	A	3:29.00	3:29.98
	1) Herringer, Thomas J M47	2) Hill, Jason M M30	3) Rasmussen, Cody C M31	4) Warren, Trevor W M29
	25.07 52.90 (52.90)	1:18.25 (25.35)	1:46.18 (53.28)	
	2:10.22 (24.04)	2:36.90 (50.72)	3:02.11 (25.21)	3:29.98 (53.08)
5	Mid-Delmarva YMCA	A	3:30.50	3:34.12
	1) Shipp, Bill M48	2) Goodison, Michael M37	3) Ellis, Andrew M40	4) Strahota, Jeffrey M28
	26.83 54.96 (54.96)	1:19.68 (24.72)	1:47.53 (52.57)	
	2:12.68 (25.15)	2:41.00 (53.47)	3:06.54 (25.54)	3:34.12 (53.12)
6	YMCA of Central Texas	A	3:40.62	3:38.65
	1) Stafford, Jeff M39	2) Streiner, Jarret M M34	3) Dillon, Duffy M44	4) Fisher, Andy M42
	25.69 54.41 (54.41)	1:18.51 (24.10)	1:45.29 (50.88)	
	2:12.53 (27.24)	2:42.54 (57.25)	3:09.24 (26.70)	3:38.65 (56.11)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 25+ 400 Yard Freestyle Relay)

7 Downtown Orlando	B	3:35.00	3:45.00
1) Bell, Kirby M34	2) Kowalak, Mark M41	3) Organ, Keith E M41	4) Laugen, Steven M M43
26.27	55.90 (55.90)	1:24.35 (28.45)	1:57.30 (1:01.40)
2:22.52 (25.22)	2:50.92 (53.62)	3:16.23 (25.31)	3:45.00 (54.08)
--- YMCA Indy Swimfit	A	3:20.00	NS

Men 25+ 200 Yard Medley Relay

NAT YMCA: 1:35.36 * 1999

Schoeder, WI

Younger, Domer, Williams, Kellner

USMS: 1:31.54 ! 5/19/1991

Lone Star

M RHODENBAUGH, G RHODENBAUGH, B PATTEN, T HEDRICK

1 Broward County YMCA Mast	A	1:39.00	1:39.25
1) Stoudt, Roger A M35	2) Welch, Corey L M26	3) Rivera, Robert S M31	4) Comulada, Luis E M33
27.53	53.66 (26.13)	1:17.09 (23.43)	1:39.25 (22.16)
2 Beavercreek	A	1:46.50	1:43.73
1) Warren, Trevor W M29	2) Sanchez, Greg W M32	3) Rasmussen, Cody C M31	4) Herring, Thomas J M47
28.14	56.91 (28.77)	1:20.86 (23.95)	1:43.73 (22.87)
3 Downtown Orlando	A	1:45.00	1:46.43
1) McCormack, Sean P M28	2) Schneider, Colin M M27	3) Schrantz, John M28	4) Jackson, John M M27
25.91	56.71 (30.80)	1:22.99 (26.28)	1:46.43 (23.44)
4 Mid-Delmarva YMCA	A	1:47.00	1:47.84
1) Strahota, Jeffrey M28	2) Goodison, Michael M37	3) Marcy, Matthew A M41	4) Ellis, Andrew M40
28.33	55.91 (27.58)	1:23.61 (27.70)	1:47.84 (24.23)
5 Sarasota Family	A	1:57.00	1:49.31
1) Bailey, Matthew A M47	2) Groselle, John R M29	3) Butcher, Paul M40	4) Negron-Matta, Miguel A M3
30.65	58.64 (27.99)	1:24.63 (25.99)	1:49.31 (24.68)
6 YMCA of Central Texas	A	1:47.84	1:49.37
1) Streiner, Jarret M M34	2) Stafford, Jeff M39	3) Read, David M40	4) Tiozzo, Eduard M35
30.10	1:00.17 (30.07)	1:26.56 (26.39)	1:49.37 (22.81)
7 YMCA Indy Swimfit	A	1:58.00	1:51.04
1) Thompson, Jim M57	2) O'Malley, Mark M32	3) Hubbard, John M28	4) Merkle, Wes M28
31.71	1:01.04 (29.33)	1:27.61 (26.57)	1:51.04 (23.43)
8 Downtown Orlando	B	1:50.00	1:56.72
1) McClean, Sean P M39	2) Kowalak, Mark M41	3) Huie, Aaron B M35	4) Bell, Kirby M34
32.21	1:05.12 (32.91)	1:32.15 (27.03)	1:56.72 (24.57)
9 Andover North Andover	A	2:05.00	2:08.66
1) Steinberg, Gregory E M29	2) Wright, Will M48	3) Reilly, Dan M M34	4) Meltz, Steve M55
36.98	1:12.18 (35.20)	1:40.33 (28.15)	2:08.66 (28.33)

Men 35+ 200 Yard Freestyle Relay

NAT YMCA: 1:29.91 * 1994

Cleveland Ws, OH

Groselle, O'Brien, Hieber, Kazmaier

USMS: 1:24.05 ! 4/25/2004

Rocky MT

R SMIT, J SMITH, P SMITH, A GAINES

1 Sarasota Family	A	1:28.00	1:29.11 *
1) Benucci, Lorenzo M41	2) Brookes, Christopher V M37	3) Dixon, Glenn S M44	4) Mortimer, Steve R M38
22.42	44.67 (22.25)	1:07.49 (22.82)	1:29.11 (21.62)
2 YMCA of Central Texas	A	1:35.68	1:29.40 *
1) Bonewit, Robert C M37	2) Harrington, Patrick M M37	3) Tiozzo, Eduard M35	4) Snoep, Peer M43
22.57	44.23 (21.66)	1:06.50 (22.27)	1:29.40 (22.90)
3 Plymouth Community Family	A	1:30.00	1:30.92
1) Biglin, Peter E M38	2) Israel, Daniel M M41	3) Pifer, Rick B M41	4) Dicks, Wally C M46
22.92	45.17 (22.25)	1:08.67 (23.50)	1:30.92 (22.25)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 35+ 200 Yard Freestyle Relay)**

4	Tampa Metro Masters	A		1:33.00	1:32.24
	1) Smith, James M39	2) Rueff, Michael M55	3) Claflin, Casey M55	4) Calvert, Mark M49	
	22.34	46.84 (24.50)	1:09.75 (22.91)	1:32.24 (22.49)	
5	YMCA Indy Swimfit	A		1:34.00	1:35.08
	1) Clarke, Chris M40	2) Stephens, Ryan M37	3) Harrison, Trey M38	4) Dawkins, Todd T M35	
	23.28	47.99 (24.71)	1:12.24 (24.25)	1:35.08 (22.84)	
6	YMCA of Central Texas	B		1:37.62	1:35.74
	1) Weiss, Scott M44	2) Stafford, Jeff M39	3) Blavatnik, Alex M44	4) Lage, Terry M41	
	23.50	47.71 (24.21)	1:12.42 (24.71)	1:35.74 (23.32)	
7	Wilton Family YMCA	A		1:34.00	1:36.09
	1) Sargent, Gregory O M42	2) Shtab, Steven M M47	3) Carr, Rob A M43	4) Sargent, Jeff M44	
	23.17	47.03 (23.86)	1:12.99 (25.96)	1:36.09 (23.10)	
8	Sarasota Family	B		1:45.00	1:39.08
	1) Butcher, Paul M40	2) Hillman, Allen F M41	3) Smith, Michael D M47	4) Kelley Jr, William M M36	
	24.06	51.23 (27.17)	1:16.16 (24.93)	1:39.08 (22.92)	
9	Broward County YMCA Mast	A		1:38.00	1:40.80
	1) Miller, Jason W M39	2) Naoumoff, Stephane M43	3) Sherman, Gregg A M42	4) Hanks, Glen A M38	
	24.16	50.06 (25.90)	1:13.95 (23.89)	1:40.80 (26.85)	
10	Downtown Orlando	A		1:40.00	1:44.42
	1) Huie, Aaron B M35	2) Kowalak, Mark M41	3) McClean, Sean P M39	4) Crownover, Chandler M43	
	25.18	50.45 (25.27)	1:16.90 (26.45)	1:44.42 (27.52)	
11	Schroeder	A		1:44.00	1:46.34
	1) Lanza, Larry M40	2) Biles, James B M48	3) Micha, Daniel M M52	4) Gordon, Josh D M35	
	26.54	51.47 (24.93)	1:21.85 (30.38)	1:46.34 (24.49)	
12	Mid-Delmarva YMCA	A		2:19.00	2:18.34
	1) Jackins, Joseph A M61	2) Yearwood, Christopher M44	3) Kirwan, Bill M71	4) Threadgill, Peter M53	
	28.76	1:00.62 (31.86)	1:35.14 (34.52)	2:18.34 (43.20)	
---	Broward County YMCA Mast	B		1:49.00	NS
	1) Walley, David M M44		3) Jacobson, Steven M M46		
---	YMCA of Central Texas	C		1:44.62	NS
	2) Gleber, Michael C M53	3) Fugiwara, Eduardo M39	4) McLaughlin, Ray M46		

Men 35+ 400 Yard Freestyle Relay**NAT YMCA: 3:23.73 * 5/16/2008****Sarasota FL****Sarasota FL-FL****M Pepe, M Bokorney, J Lockaby, L Benucci****USMS: 3:07.75 ! 5/4/2007****Team Tyr****D WAGNER, S HUBBARD, C BEACH, E HOCHSTEIN**

1	YMCA of Central Texas	A		3:28.00	3:20.06*
	1) Tiozzo, Eduard M35	2) Read, David M40	3) Snoep, Peer M43	4) Harrington, Patrick M M37	
	24.22	50.41 (50.41)	1:14.59 (24.18)	1:41.78 (51.37)	
	2:05.63 (23.85)	2:31.65 (49.87)	2:54.19 (22.54)	3:20.06 (48.41)	
2	Wilton Family YMCA	A		3:30.00	3:21.33*
	1) Crist, Jason A M47	2) Holloway, Marcus M45	3) Sargent, Jeff M44	4) Weissman, Chris J M46	
	24.37	52.36 (52.36)	1:16.38 (24.02)	1:42.61 (50.25)	
	2:06.22 (23.61)	2:32.86 (50.25)	2:55.98 (23.12)	3:21.33 (48.47)	
3	Plymouth Community Family	A		3:31.65	3:24.83
	1) Israel, Daniel M M41	2) Pifer, Rick B M41	3) Coffman, Chuck M46	4) Biglin, Peter E M38	
	24.34	49.96 (49.96)	1:14.75 (24.79)	1:42.60 (52.64)	
	2:07.22 (24.62)	2:35.08 (52.48)	2:58.22 (23.14)	3:24.83 (49.75)	
4	Tampa Metro Masters	A		3:32.00	3:29.02
	1) Claflin, Casey M55	2) Young, Bruce M52	3) Smith, James M39	4) Calvert, Mark M49	
	24.84	52.07 (52.07)	1:08.85 (16.78)	1:48.82 (56.75)	
	2:11.89 (23.07)	2:39.02 (50.20)	3:02.89 (23.87)	3:29.02 (50.00)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 35+ 400 Yard Freestyle Relay)

5	YMCA Indy Swimfit	A	3:47.00	3:32.73
	1) Clarke, Chris M40	2) Harrison, Trey M38	3) Houchens, Jeremy M39	4) Stephens, Ryan M37
	24.29 50.14 (50.14)		1:42.66 (52.52)	
	2:08.93 (26.27)	2:37.91 (55.25)	3:03.57 (25.66)	3:32.73 (54.82)
6	Sarasota Family	B	3:30.00	3:36.36
	1) Pepe, Marshall M44	2) Schwartz, Thomas L M49	3) Kussatz, Uwe M53	4) Butcher, Paul M40
	25.72 55.00 (55.00)	1:10.14 (15.14)	1:47.89 (52.89)	
	2:14.91 (27.02)	2:43.43 (55.54)	3:08.16 (24.73)	3:36.36 (52.93)
7	Downtown Orlando	A	3:45.00	3:59.17
	1) McClean, Sean P M39	2) Bliss, Thomas G M54	3) Keen, John M M45	4) Bolfing, Chris P M43
	29.03 1:00.45 (1:00.45)	1:27.30 (26.85)	1:56.88 (56.43)	
	2:24.30 (27.42)	2:54.30 (57.42)	3:26.54 (32.24)	3:59.17 (1:04.87)
8	YMCA of Central Texas	B	3:33.00	4:05.71
	1) Carrasco, Juan M44	2) Shaalan, Sherif M50	3) McLaughlin, Ray M46	4) Hendrick, Marty M50
	27.97 58.78 (58.78)	1:27.01 (28.23)	1:58.06 (59.28)	
	2:29.26 (31.20)	3:05.52 (1:07.46)	3:34.90 (29.38)	4:05.71 (1:00.19)
9	Schroeder	A	3:45.00	4:11.44
	1) Lanza, Larry M40	2) Gordon, Josh D M35	3) Biles, James B M48	4) Lynch, William H M65
	28.04 58.52 (58.52)	1:24.87 (26.35)	1:55.41 (56.89)	
	2:21.61 (26.20)	2:50.03 (54.62)	3:27.43 (37.40)	4:11.44 (1:21.41)
10	Downtown Orlando	B	3:48.00	4:17.18
	1) Huie, Aaron B M35	2) Hickey, Ken R M63	3) Crownover, Chandler M43	4) Baker, Wayne L M50
	26.70 56.11 (56.11)	1:34.09 (37.98)	2:18.06 (1:21.95)	
	2:47.97 (29.91)	3:20.82 (1:02.76)	3:47.12 (26.30)	4:17.18 (56.36)
11	Mid-Delmarva YMCA	A	4:52.00	4:53.54
	1) Marcy, Matthew A M41	2) Gruber, Alan M53	3) Yearwood, Christopher M444)	Threadgill, Peter M53
	27.40 59.11 (59.11)	1:30.02 (30.91)	2:02.38 (1:03.27)	
	2:37.06 (34.68)	3:16.00 (1:13.62)	3:58.97 (42.97)	4:53.54 (1:37.54)
---	Sarasota Family	A	3:15.00	DQ
	Not enough swimmers			
	1) Mortimer, Steve R M38	2) Bokorney, Mark B M44	3) Brookes, Christopher V M374)	Benucci, Lorenzo M41
---	Sarasota Family	C	3:57.00	NS
		2) De, Tony M41	3) Bowman, Roger L M49	4) Hillman, Allen F M41
---	YMCA of Central Texas	C	3:50.00	NS

Men 35+ 200 Yard Medley Relay

NAT YMCA: 1:41.07 * 2002

Orlando Ac, FL

W Specht, C Miltenberger, J McCall, M Shepardson

USMS: 1:35.04 ! 4/25/2004

Rocky MT

J SMITH, H BANK, R SMIT, P SMITH

1	Sarasota Family	A	1:40.00	1:41.39
	1) Mortimer, Steve R M38	2) Pepe, Marshall M44	3) Dixon, Glenn S M44	4) Benucci, Lorenzo M41
	25.15 54.64 (29.49)	1:18.98 (24.34)	1:41.39 (22.41)	
2	YMCA of Central Texas	A	1:44.66	1:41.83
	1) Snoep, Peer M43	2) Lage, Terry M41	3) Bonewit, Robert C M37	4) Harrington, Patrick M M37
	26.69 56.09 (29.40)	1:19.57 (23.48)	1:41.83 (22.26)	
3	Plymouth Community Family	A	1:43.00	1:42.35
	1) Israel, Daniel M M41	2) Roddin, Jeffrey H M40	3) Biglin, Peter E M38	4) Pifer, Rick B M41
	26.43 54.10 (27.67)	1:18.74 (24.64)	1:42.35 (23.61)	
4	Wilton Family YMCA	A	1:44.00	1:44.49
	1) Sargent, Jeff M44	2) Shtab, Steven M M47	3) Carr, Rob A M43	4) Sargent, Gregory O M42
	26.33 56.92 (30.59)	1:22.10 (25.18)	1:44.49 (22.39)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 35+ 200 Yard Medley Relay)**

5	YMCA Indy Swimfit	A	1:48.00	1:48.73
	1) Houchens, Jeremy M39	2) Stephens, Ryan M37	3) Dawkins, Todd T M35	4) Harrison, Trey M38
	30.50	59.55 (29.05)	1:25.59 (26.04)	1:48.73 (23.14)
6	Sarasota Family	B	1:49.00	1:49.51
	1) Perez, Arnaldo M46	2) Kelley Jr, William M M36	3) Hillman, Allen F M41	4) Bokorney, Mark B M44
	28.28	56.50 (28.22)	1:26.53 (30.03)	1:49.51 (22.98)
7	Downtown Orlando	A	1:46.00	1:55.11
	1) Bliss, Thomas G M54	2) Bolfiging, Chris P M43	3) Organ, Keith E M41	4) Laugen, Steven M M43
	30.12	1:04.56 (34.44)	1:31.41 (26.85)	1:55.11 (23.70)
8	Broward County YMCA Mast	A	1:46.00	1:57.31
	1) Caldwell, Larry E M44	2) Jacobson, Steven M M46	3) Miller, Jason W M39	4) Jacobson, James N M46
	28.51	1:06.20 (37.69)	1:33.53 (27.33)	1:57.31 (23.78)
9	Schroeder	A	1:58.50	2:00.68
	1) Lanza, Larry M40	2) Micha, Daniel M M52	3) Gordon, Josh D M35	4) Biles, James B M48
	33.46	1:09.06 (35.60)	1:35.64 (26.58)	2:00.68 (25.04)
10	Broward County YMCA Mast	B	2:01.00	2:02.23
	1) Korey, Bill S M45	2) Kohner, Michael R M47	3) Walley, David M M44	4) Rhodes, Jerry A M54
	32.58	1:06.82 (34.24)	1:36.44 (29.62)	2:02.23 (25.79)
11	Downtown Orlando	B	1:48.00	2:07.15
	1) Hickey, Ken R M63	2) Baker, Wayne L M50	3) Keen, John M M45	4) Crownover, Chandler M43
	38.79	1:11.24 (32.45)	1:39.72 (28.48)	2:07.15 (27.43)
12	Mid-Delmarva YMCA	A	2:37.30	2:37.91
	1) Gruber, Alan M53	2) Yearwood, Christopher M443	3) Jackins, Joseph A M61	4) Threadgill, Peter M53
	39.63	1:17.74 (38.11)	1:54.65 (36.91)	2:37.91 (43.26)
---	YMCA of Central Texas	C	2:05.00	NS
---	YMCA of Central Texas	B	1:51.00	NS
	1) Auer, Joe M41	2) Broshears, Rion M M35	3) Fisher, Andy M42	4) Dillon, Duffy M44

Men 45+ 200 Yard Freestyle RelayNAT YMCA: **1:29.73 * 4/15/2007**

Sarasota Family YMCA SFY-

J Groselle, D Hefner, J Dawson, J Reinhardt

USMS: **1:27.70 ! 5/4/2008**

Arizona

JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

1	Wilton Family YMCA	A	1:30.00	1:30.07
	1) Holloway, Marcus M45	2) Michael, Mark M46	3) Crist, Jason A M47	4) Weissman, Chris J M46
	22.88	45.48 (22.60)	1:08.33 (22.85)	1:30.07 (21.74)
2	Broward County YMCA Mast	A	1:32.00	1:30.99
	1) Wienants, Kurt M46	2) Dodds, Joel L M46	3) Jacobson, James N M46	4) Wotton, Joe M50
	22.59	45.54 (22.95)	1:08.99 (23.45)	1:30.99 (22.00)
3	Plymouth Community Family	A	1:44.00	1:31.24
	1) Tyler, Scott A M47	2) Coffman, Chuck M46	3) Irwin, John R M52	4) Schmitz, Mike L M50
	22.36	45.55 (23.19)	1:09.25 (23.70)	1:31.24 (21.99)
4	Sarasota Family	A	1:30.00	1:31.94
	1) Groselle, Jack R M54	2) Stultz, Todd W M49	3) Vagainin, Viagr V M45	4) Dawson, Jerry M48
	22.46	45.07 (22.61)	1:09.33 (24.26)	1:31.94 (22.61)
5	Sarasota Family	B	1:33.00	1:35.83
	1) Newman, John C M53	2) Dyer, Andy M50	3) Perez, Arnaldo M46	4) Brenner, Bill M50
	24.04	47.48 (23.44)	1:11.67 (24.19)	1:35.83 (24.16)
6	Downtown Orlando	A	1:40.00	1:42.27
	1) Bliss, Thomas G M54	2) Baker, Wayne L M50	3) Hall, Gilberto R M52	4) Keen, John M M45
	24.37	49.39 (25.02)	1:16.13 (26.74)	1:42.27 (26.14)
7	YMCA of Central Texas	A	1:44.62	1:43.80
	1) Hendrick, Marty M50	2) Zenga, William T M54	3) Shaalan, Sherif M50	4) Erickson, Tim D M52
	25.96	54.14 (28.18)	1:20.30 (26.16)	1:43.80 (23.50)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 45+ 200 Yard Freestyle Relay)**

8	Mid-Delmarva YMCA	A	1:40.80	1:45.18
	1) Shipp, Bill M48	2) Viohl, Jeffrey M51	3) Ehrlinger, Michael M57	4) Burley, Nick M54
	25.35 52.05 (26.70)	1:19.50 (27.45)	1:45.18 (25.68)	
9	Sarasota Family	C	1:36.00	1:48.00
	1) Cornell, Thomas G M61	2) Redic, James P M62	3) Mancuso, Steve C M54	4) Bowman, Roger L M49
	27.24 55.41 (28.17)	1:21.58 (26.17)	1:48.00 (26.42)	
10	Westport / Weston	A	1:53.00	1:48.83
	27.83 56.48 (28.65)	1:22.67 (26.19)	1:48.83 (26.16)	
11	Andover North Andover	A	1:55.00	1:48.87
	1) Meltz, Steve M55	2) Welch, David J M52	3) Battistini, Rick A M55	4) Wright, Will M48
	27.34 55.45 (28.11)	1:21.93 (26.48)	1:48.87 (26.94)	
12	Sarasota Family	D	1:45.00	1:51.82
	1) Cox, Daniel M M48	2) Laschet, Rene M45	3) Brandes, Paul A M54	4) Meyers, Craig M51
	27.48 54.77 (27.29)	1:22.70 (27.93)	1:51.82 (29.12)	
13	Broward County YMCA Mast	C	2:14.00	1:57.82
	1) Gill, Matthew P M53	2) Brewer, Dick M63	3) Sonenshein, Roy S M51	4) Korey, Bill S M45
	28.24 56.91 (28.67)	1:31.06 (34.15)	1:57.82 (26.76)	
---	South Hills YMCA	A	1:42.80	NS

Men 45+ 400 Yard Freestyle Relay

NAT YMCA: 3:17.04 * 4/13/2007 Sarasota Family YMCA Sarasota, FL

J Groselle, M Calvert, J Dawson, J Reinhardt

USMS: 3:20.19 ! 4/13/2003 Illinois Mstr

JOHN MARTIN, TOM MCCABE, KEVIN DRAKE, PHIL DODSON

1	Sarasota Family	A	3:20.00	3:21.47
	1) Groselle, Jack R M54	2) Brenner, Bill M50	3) Stultz, Todd W M49	4) Dawson, Jerry M48
	23.79 48.58 (48.58)	1:12.87 (24.29)	1:41.74 (53.16)	
	2:05.50 (23.76)	2:31.98 (50.24)	2:55.87 (23.89)	3:21.47 (49.49)
2	Plymouth Community Family	A	3:34.39	3:29.11
	1) Tyler, Scott A M47	2) Schmitz, Mike L M50	3) Olson, Chuck A M59	4) Irwin, John R M52
	23.52 48.48 (48.48)	1:13.34 (24.86)	1:40.04 (51.56)	
	2:07.69 (27.65)	2:36.40 (56.36)	3:01.75 (25.35)	3:29.11 (52.71)
3	Sarasota Family	B	3:29.00	3:35.49
	1) Bailey, Matthew A M47	2) Perez, Arnaldo M46	3) Dyer, Andy M50	4) Newman, John C M53
	25.61 53.54 (53.54)	1:18.83 (25.29)	1:46.32 (52.78)	
	2:12.37 (26.05)	2:41.23 (54.91)	3:06.24 (25.01)	3:35.49 (54.26)
4	Mid-Delmarva YMCA	A	3:58.90	4:01.17
	1) Jackins, Joseph A M61	2) Ehrlinger, Michael M57	3) Viohl, Jeffrey M51	4) Burley, Nick M54
	30.14 1:04.52 (1:04.52)	1:33.95 (29.43)	2:06.27 (1:01.75)	
	2:34.16 (27.89)	3:04.71 (58.44)	3:31.36 (26.65)	4:01.17 (56.46)
5	Westport / Weston	A	4:00.00	4:08.82
	1) O'Connor, Sean T M49	2) Laux, Michael A M67	3) Geoghegan, William J M58	4) Gulick, Jake M50
	32.14 1:04.90 (1:04.90)	1:36.71 (31.81)	2:10.87 (1:05.97)	
	2:39.22 (28.35)	3:09.58 (58.71)	3:37.74 (28.16)	4:08.82 (59.24)
6	Sarasota Family	C	3:33.00	4:15.16
	1) Brandes, Paul A M54	2) Laschet, Rene M45	3) Cox, Daniel M M48	4) Mancuso, Steve C M54
	29.68 1:07.10 (1:07.10)	1:22.99 (15.89)	1:38.92 (31.82)	
	2:10.92 (32.00)	2:40.76 (1:01.84)	3:42.94 (1:02.18)	4:15.16 (1:34.40)
7	Andover North Andover	A	4:05.00	4:22.60
	1) Battistini, Rick A M55	2) Hart, John W M48	3) Welch, David J M52	4) Wright, Will M48
	30.98 1:07.54 (1:07.54)	1:39.05 (31.51)	2:15.71 (1:08.17)	
	2:36.00 (20.29)	3:18.21 (1:02.50)	3:49.54 (31.33)	4:22.60 (1:04.39)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 45+ 400 Yard Freestyle Relay)**

--- YMCA of Central Texas A 4:12.00 NS
 1) Gleber, Michael C M53
 1:20.16

Men 45+ 200 Yard Medley Relay

NAT YMCA: 1:41.69 * 4/14/2007 Sarasota Family YMCA SFY-

C Claflin, J Groselle, J Dawson, J Reinhardt

USMS: 1:39.69 ! 5/22/2005

Colorado

P SMITH, S WATERBURY, J LILLEY, R ABRAHAMS

1	Wilton Family YMCA	A	1:40.00	1:41.61 *
	1) Michael, Mark M46	2) Weissman, Chris J M46	3) Crist, Jason A M47	4) Holloway, Marcus M45
	27.88	53.85 (25.97)	1:19.09 (25.24)	1:41.61 (22.52)
2	Sarasota Family	A	1:41.00	1:44.26
	1) Dawson, Jerry M48	2) Brenner, Bill M50	3) Stultz, Todd W M49	4) Groselle, Jack R M54
	27.86	56.41 (28.55)	1:22.17 (25.76)	1:44.26 (22.09)
3	Broward County YMCA Mast	A	1:45.00	1:47.85
	1) Dodds, Joel L M46	2) Olsen, Jonathan B M46	3) Wienants, Kurt M46	4) Wotton, Joe M50
	27.21	1:01.13 (33.92)	1:25.66 (24.53)	1:47.85 (22.19)
4	Tampa Metro Masters	A	1:52.00	1:51.86
	1) Claflin, Casey M55	2) Young, Bruce M52	3) Carroll, Tim M57	4) Calvert, Mark M49
	27.27	59.59 (32.32)	1:29.09 (29.50)	1:51.86 (22.77)
5	Sarasota Family	B	1:45.00	1:53.79
	1) Kussatz, Uwe M53	2) Drennen, Mark M52	3) Dyer, Andy M50	4) Newman, John C M53
	31.93	1:03.49 (31.56)	1:30.06 (26.57)	1:53.79 (23.73)
6	YMCA of Central Texas	A	2:02.30	1:57.20
	1) Hendrick, Marty M50	2) Zenga, William T M54	3) Erickson, Tim D M52	4) Shaalan, Sherif M50
	29.53	1:02.80 (33.27)	1:30.17 (27.37)	1:57.20 (27.03)
7	Mid-Delmarva YMCA	A	1:55.50	1:58.88
	1) Burley, Nick M54	2) Ehrlinger, Michael M57	3) Shipp, Bill M48	4) Viohl, Jeffrey M51
	29.93	1:04.37 (34.44)	1:32.19 (27.82)	1:58.88 (26.69)
8	South Hills YMCA	A	1:56.80	2:04.02
	1) Munson, Fred M50	2) Shields, Barry M57	3) Romano, Greg M53	4) Goldman, Carl M45
	31.90	1:12.78 (40.88)	1:39.78 (27.00)	2:04.02 (24.24)
9	Westport / Weston	A	2:03.00	2:06.82
	1) Schwarten, John M61	2) Laux, Michael A M67	3) Gulick, Jake M50	4) Geoghegan, William J M58
	36.78	1:40.71 (1:03.93)	2:06.82 (26.11)	
10	Andover North Andover	A	2:10.00	2:37.08
	1) Mahoney, John B M64	2) Hart, John W M48	3) Keil, Mark A M55	4) Welch, David J M52
	59.73	1:35.84 (36.11)	2:08.33 (32.49)	2:37.08 (28.75)
---	Plymouth Community Family	A	1:44.00	DQ
	Early take-off swimmer #3			
	1) Schmitz, Mike L M50	2) Dicks, Wally C M46	3) Coffman, Chuck M46	4) Tyler, Scott A M47
---	Sarasota Family	C	1:51.00	NS
	2) Smith, Michael D M47	3) Mancuso, Steve C M54	4) Bowman, Roger L M49	

Men 55+ 200 Yard Freestyle Relay

NAT YMCA: 1:35.17 * 5/17/2008 Sarasota FL Sarasota FL-FL

P Dodson, K Ludwig, C Stevens, K McCormack

USMS: 1:35.36 ! 5/20/2001

Olympic Club

J ELDER, T BIRNIE, R STRAND, S CLARK

1	Sarasota Family	A	1:38.00	1:38.58
	1) Dodson, Phil L M56	2) McCormack, Kevin M56	3) Couch, Bob E M62	4) Brown, Robert V M56
	24.18	49.03 (24.85)	1:14.02 (24.99)	1:38.58 (24.56)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Men 55+ 200 Yard Freestyle Relay)

2 Cedar Rapids	A	1:48.47	1:39.52
1) Mykleby, Geoff L M56	2) Kinsella, John P M56	3) Forrer, Steve R M56	4) Mandel, Barry R M56
26.31 50.99 (24.68)	1:14.78 (23.79)	1:39.52 (24.74)	
3 Broward County YMCA Mast	A	1:43.00	1:41.67
1) Quiggin, David M64	2) Griffin, Dane C M60	3) Parsons, Roger L M61	4) Schmidt, George L M59
24.85 51.59 (26.74)	1:18.47 (26.88)	1:41.67 (23.20)	
4 Sarasota Family	B	1:45.00	1:42.30
1) Cates, Gary M57	2) Leech, J. Nathan M60	3) Walker, Rick B M58	4) Soderstrom, Jan M63
25.76 51.05 (25.29)	1:16.84 (25.79)	1:42.30 (25.46)	
5 Cedar Rapids	B	1:53.76	1:43.59
1) Proctor, Tom L M59	2) Gearhart, Nicholas C M57	3) Wenkstern, Thomas H M55	4) Taylor, Bill W M57
25.58 50.89 (25.31)	1:17.17 (26.28)	1:43.59 (26.42)	
6 South Hills YMCA	A	1:43.60	1:45.28
1) Seidman, Lawrence M61	2) Nawrocki, Gary C M55	3) Nessel, Edward M63	4) Zakim, Jack S M63
26.47 53.46 (26.99)	1:19.58 (26.12)	1:45.28 (25.70)	
7 Cedar Rapids	C	1:56.12	1:46.59
1) Moehlmann, Kurt W M57	2) Wilson, Chris M57	3) Schenck, Alan E M62	4) Fritts, Jack M M58
27.72 54.85 (27.13)	1:21.97 (27.12)	1:46.59 (24.62)	
8 Cedar Rapids	E	2:01.34	1:49.23
1) Rollins, Bruce W M59	2) Cook, Robert S M58	3) Carrithers, David F M56	4) Halpin, James S M60
25.72 52.84 (27.12)	1:22.71 (29.87)	1:49.23 (26.52)	
9 YMCA of Central Texas	A	2:05.00	2:01.44
1) Wigo, Bruce M59	2) Buchan, Douglas T M65	3) Burns, Joel J M62	4) Pesetsky, Walter S M74
25.29 53.32 (28.03)	1:20.22 (26.90)	2:01.44 (41.22)	
--- Cedar Rapids	D	1:59.15	DQ
Early take-off swimmer #4			
1) Krizan, Daniel P M57	2) Krizan, Ken E M61	3) Krizan, Tim M58	4) McKay, Rob B M56

Men 55+ 400 Yard Freestyle Relay

NAT YMCA: 3:31.62 * 5/16/2008

Sarasota FL

Sarasota FL-FL

P Dodson, R Walker, C Stevens, K McCormack

USMS: 3:33.75 ! 5/18/2008

Gold Coast

T SHEAD, G SCHMIDT, J FERRAZ, D QUIGGIN

1 Sarasota Family	A	3:39.00	3:36.29
1) Dodson, Phil L M56	2) Walker, Rick B M58	3) McCormack, Kevin M56	4) Brown, Robert V M56
25.05 51.65 (51.65)	1:07.19 (15.54)	1:46.70 (55.05)	
2:13.12 (26.42)	2:41.13 (54.43)	3:07.63 (26.50)	3:36.29 (55.16)
2 Cedar Rapids	B	4:00.67	3:51.38
1) Proctor, Tom L M59	2) Wenkstern, Thomas H M55	3) Rollins, Bruce W M59	4) Moehlmann, Kurt W M57
27.76 59.17 (59.17)	1:26.83 (27.66)	1:56.99 (57.82)	
2:23.69 (26.70)	2:54.14 (57.15)	3:20.73 (26.59)	3:51.38 (57.24)
3 Sarasota Family	B	3:57.00	4:01.22
1) Couch, Bob E M62	2) Cornell, Thomas G M61	3) Redic, James P M62	4) Leech, J. Nathan M60
27.44 57.96 (57.96)	1:25.61 (27.65)	1:57.60 (59.64)	
2:16.08 (18.48)	3:01.50 (1:03.90)	3:29.74 (28.24)	4:01.22 (59.72)
4 South Hills YMCA	A	3:57.60	4:02.98
1) Seidman, Lawrence M61	2) Nawrocki, Gary C M55	3) Zakim, Jack S M63	4) Tulenko, Tom M66
28.44 59.90 (59.90)	1:28.57 (28.67)	1:58.98 (59.08)	
2:26.86 (27.88)	2:57.04 (58.06)	3:14.65 (17.61)	4:02.98 (1:05.94)
5 Cedar Rapids	C	4:03.88	4:07.72
1) Gearhart, Nicholas C M57	2) Fritts, Jack M M58	3) Wilson, Chris M57	4) Carrithers, David F M56
29.75 1:00.80 (1:00.80)	1:28.78 (27.98)	2:01.85 (1:01.05)	
2:31.45 (29.60)	3:06.26 (1:04.41)	3:34.89 (28.63)	4:07.72 (1:01.46)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 55+ 400 Yard Freestyle Relay)**

6 Cedar Rapids	D	4:08.51	4:38.07
1) Krizan, Tim M58	2) Halpin, James S M60	3) Cook, Robert S M58	4) Taylor, Bill W M57
30.49 1:03.34 (1:03.34)	1:39.21 (35.87)	2:23.45 (1:20.11)	
2:56.14 (32.69)	3:31.86 (1:08.41)	4:03.39 (31.53)	4:38.07 (1:06.21)
7 Broward County YMCA Mast	A	4:21.00	4:38.91
1) Parsons, Roger L M61	2) Riker, Tony M64	3) Rapperport, Alan S M75	4) Griffin, Dane C M60
31.50 1:04.96 (1:04.96)	1:40.86 (35.90)	2:22.85 (1:17.89)	
2:57.20 (34.35)	3:35.26 (1:12.41)	4:05.76 (30.50)	4:38.91 (1:03.65)
8 YMCA of Central Texas	A	4:50.00	5:02.27
1) Buchan, Douglas T M65	2) Burns, Joel J M62	3) Wigo, Bruce M59	4) Pesetsky, Walter S M74
32.21 1:07.08 (1:07.08)	1:23.58 (16.50)	2:18.16 (1:11.08)	
2:46.30 (28.14)	3:17.59 (59.43)	3:34.42 (16.83)	5:02.27 (1:44.68)
9 Andover North Andover	A	6:45.00	6:10.20
1) Christopher, Jim W M82	2) Mahoney, John B M64	3) Keil, Mark A M55	4) Meltz, Steve M55
1:02.43 2:25.66 (2:25.66)	3:11.68 (46.02)	3:58.11 (1:32.45)	
5:01.60 (1:03.49)	5:33.89 ()	6:10.20 ()	
--- Cedar Rapids	A	3:52.14	DQ
Early take-off swimmer #4			
1) Mykleby, Geoff L M56	2) Kinsella, John P M56	3) Forrer, Steve R M56	4) Mandel, Barry R M56
--- Cedar Rapids	E	4:12.22	NS
1) McKay, Rob B M56		3) Krizan, Ken E M61	4) Krizan, Daniel P M57
2:07.42			

Men 55+ 200 Yard Medley RelayNAT YMCA: **1:49.32 * 5/16/2008**

YMCA of Broward County

BrowardCounty FL

G Schmidt, T Shead, D Quiggin, J Ferraz

USMS: **1:47.32 ! 5/20/2001**

The Olympic Clb

T BIRNIE, R STRAND, J ELDER, S CLARK

1 Sarasota Family	A	1:51.00	1:50.20
1) Leech, J. Nathan M60	2) Kelley, Bill R M61	3) McCormack, Kevin M56	4) Dodson, Phil L M56
29.90 1:00.47 (30.57)	1:26.06 (25.59)	1:50.20 (24.14)	
2 Cedar Rapids	A	1:55.22	1:53.37
1) Mykleby, Geoff L M56	2) Wilson, Chris M57	3) Proctor, Tom L M59	4) Kinsella, John P M56
26.86 1:00.52 (33.66)	1:28.51 (27.99)	1:53.37 (24.86)	
3 Sarasota Family	B	1:58.00	1:57.05
1) Soderstrom, Jan M63	2) Walker, Rick B M58	3) Brown, Robert V M56	4) Couch, Bob E M62
30.71 1:02.40 (31.69)	1:31.41 (29.01)	1:57.05 (25.64)	
4 Broward County YMCA Mast	A	1:58.00	1:57.55
1) Parsons, Roger L M61	2) Schmidt, George L M59	3) Quiggin, David M64	4) Griffin, Dane C M60
33.42 1:03.36 (29.94)	1:30.30 (26.94)	1:57.55 (27.25)	
5 South Hills YMCA	A	1:58.30	1:59.93
1) Zakim, Jack S M63	2) Nessel, Edward M63	3) Seidman, Lawrence M61	4) Nawrocki, Gary C M55
32.07 1:04.71 (32.64)	1:33.92 (29.21)	1:59.93 (26.01)	
6 Cedar Rapids	B	1:59.73	2:00.33
1) Forrer, Steve R M56	2) Mandel, Barry R M56	3) Wenkstern, Thomas H M55	4) Moehlmann, Kurt W M57
30.29 1:05.92 (35.63)	1:35.76 (29.84)	2:00.33 (24.57)	
7 Cedar Rapids	E	2:10.89	2:08.19
1) Cook, Robert S M58	2) Halpin, James S M60	3) Rollins, Bruce W M59	4) Carrithers, David F M56
33.88 1:08.40 (34.52)	1:40.81 (32.41)	2:08.19 (27.38)	
8 YMCA of Central Texas	A	2:15.00	2:12.22
1) Wigo, Bruce M59	2) Pesetsky, Walter S M74	3) Burns, Joel J M62	4) Buchan, Douglas T M65
30.55 45.68 (15.13)	1:16.37 (30.69)	2:12.22 (55.85)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 55+ 200 Yard Medley Relay)**

9 Cedar Rapids	C	2:03.41	2:14.74
1) Gearhart, Nicholas C M57	2) Taylor, Bill W M57	3) Fritts, Jack M M58	4) Krizan, Tim M58
35.61 1:12.57 (36.96)	1:44.31 (31.74)	2:14.74 (30.43)	
10 Cedar Rapids	D	2:07.66	2:28.99
1) McKay, Rob B M56	2) Krizan, Daniel P M57	3) Krizan, Ken E M61	4) Schenck, Alan E M62
34.80 1:18.70 (43.90)	1:58.78 (40.08)	2:28.99 (30.21)	
11 Broward County YMCA Mast	B	2:48.00	2:48.74
1) Venture, Ray L M60	2) Riker, Tony M64	3) Brewer, Dick M63	4) Ward, James E M70
59.07 1:37.00 (37.93)	2:14.85 (37.85)	2:48.74 (33.89)	
--- Sarasota Family	C	2:14.00	DQ
Early take-off swimmer #3			
1) Redic, James P M62	2) Sjoberg, Darryl W M63	3) Cornell, Thomas G M61	4) Cates, Gary M57

Men 65+ 200 Yard Freestyle Relay

**NAT YMCA: 1:50.58 * 4/15/2007 Powel Crosley, Jr YMCA 4827 PCY-
A Morrow, B Mulliken, J Lammert, Y Oyakawa
USMS: 1:46.65 ! 5/20/2001 Team Texas
E FERGUSON, G JOHNSTON, C BALDWIN, B BAILIE**

1 Broward County YMCA Mast	A	1:52.00	1:47.72 *
1) Cavanaugh, Cav M73	2) Dively, Michael A M70	3) Woodburn, Scott M65	4) Smith, Robert S M65
28.44 57.03 (28.59)	1:23.95 (26.92)	1:47.72 (23.77)	
2 Powel Crosley Jr. YMCA	A	2:03.00	2:01.93
1) Oyakawa, Yoshi M75	2) Medici, John C M71	3) Williams, Bob B M70	4) Hall, Sid M73
28.97 1:01.15 (32.18)	1:32.11 (30.96)	2:01.93 (29.82)	
3 Sarasota Family	B	1:56.00	2:09.10
1) Trimble, Gary M66	2) MacDonald, Robert C M80	3) Puchalski, Donald J M70	4) Wiedamann, Karl E M70
29.88 1:06.49 (36.61)	1:37.18 (30.69)	2:09.10 (31.92)	
4 YMCA Indy Swimfit	A	2:15.00	2:14.34
1) Desserich, Russ M65	2) Quigley, George M68	3) Goldstein, Mel M70	4) Risley, Bob L M81
29.35 1:00.84 (31.49)	1:39.66 (38.82)	2:14.34 (34.68)	
5 Broward County YMCA Mast	B	2:12.00	2:15.76
1) Pedersen, Lars M66	2) Ward, James E M70	3) Busse, George M77	4) Rapperport, Alan S M75
32.30 1:05.40 (33.10)	1:44.36 (38.96)	2:15.76 (31.40)	
6 South Hills YMCA	A	2:26.40	2:25.23
1) Tulenko, Tom M66	2) Petrequin, Scott M77	3) Pohlmann, John T M65	4) Goldman, Jimmy M72
29.96 1:10.96 (41.00)	1:43.25 (32.29)	2:25.23 (41.98)	
7 Mid-Delmarva YMCA	A	2:36.00	2:54.23
1) Wangdahl, Glenn E M66	2) Kelbaugh, Cliff M67	3) Collings, John J M81	4) Nye, Lynn M75
32.46 1:20.73 (48.27)	2:09.93 (49.20)	2:54.23 (44.30)	
--- Sarasota Family	A	1:48.00	DQ
Early take-off swimmer #3			
1) Lodwig, Keefe L M65	2) Oakes, David W M69	3) Rupert, Bill M65	4) McIntyre, David R M71

Men 65+ 400 Yard Freestyle Relay

**NAT YMCA: 4:13.91 * 4/22/2005 Powel Crosley, Jr YMCA 4827 PCJY-
A Morrow, S Hall, B Mulliken, Y Oyakawa
USMS: 4:05.92 ! 4/1/2001 Team Texas
G FERGUSON, G JOHNSTON, C BALDWIN, B BAILIE**

1 Broward County YMCA Mast	A	4:15.00	4:10.04 *
1) Smith, Robert S M65	2) Woodburn, Scott M65	3) Dively, Michael A M70	4) Cavanaugh, Cav M73
26.60 56.63 (56.63)	1:26.51 (29.88)	1:58.87 (1:02.24)	
2:15.25 (16.38)	3:05.06 (1:06.19)	3:36.50 (31.44)	4:10.04 (1:04.98)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Men 65+ 400 Yard Freestyle Relay)**

2	Sarasota Family	A	4:06.00	4:18.68
	1) Rupert, Bill M65	2) Trimble, Gary M66	3) Puchalski, Donald J M70	4) Ludwig, Keefe L M65
	30.61 1:07.47 (1:07.47)	1:22.59 (15.12)	2:13.49 (1:06.02)	
	2:46.15 (32.66)	3:21.96 (1:08.47)	3:48.38 (26.42)	4:18.68 (56.72)
3	YMCA Indy Swimfit	A	4:50.00	5:23.55
	1) Badger, Robert W M77	2) Desserich, Russ M65	3) Goldstein, Mel M70	4) Risley, Bob L M81
	32.43 1:06.16 (1:06.16)	1:40.89 (34.73)	2:17.94 (1:11.78)	
	2:59.56 (41.62)	3:51.98 (1:34.04)	4:33.25 (41.27)	5:23.55 (1:31.57)
4	Mid-Delmarva YMCA	A	5:23.00	5:28.53
	1) Conroy, Bill M65	2) Nye, Lynn M75	3) Kirwan, Bill M71	4) Wangdahl, Glenn E M66
	33.75 1:10.89 (1:10.89)	1:28.16 (17.27)	2:56.43 (1:45.54)	
	3:11.79 (15.36)	4:15.41 (1:18.98)	4:50.40 (34.99)	5:28.53 (1:13.12)
5	Broward County YMCA Mast	B	6:03.00	6:38.42
	1) Silverstein, Leonard M74	2) Pedersen, Lars M66	3) Silverio, Joaquin M82	4) Busse, George M77
	54.66 1:54.58 (1:54.58)	3:14.01 (1:19.43)	3:30.55 (1:35.97)	
	4:08.95 (38.40)	5:07.68 (1:37.13)	5:50.10 (42.42)	6:38.42 (1:30.74)

Men 65+ 200 Yard Medley RelayNAT YMCA: **2:04.97 * 4/22/2005** Powel Crosley Jr

Y Oyakawa, B Mulliken, J Lammert, A Morrow

USMS: **2:04.32 ! 5/20/2001** Team Texas

G JOHNSTON, C BALDWIN, B BAILIE, G FERGUSON

1	Sarasota Family	A	1:59.00	2:00.73 !
	1) Rupert, Bill M65	2) Wiedemann, Karl E M70	3) Ludwig, Keefe L M65	4) McIntyre, David R M71
	33.16 1:07.29 (34.13)	1:33.54 (26.25)	2:00.73 (27.19)	
2	Broward County YMCA Mast	A	2:13.00	2:15.38
	1) Woodburn, Scott M65	2) Smith, Robert S M65	3) Cavanaugh, Cav M73	4) Dively, Michael A M70
	35.02 1:08.27 (33.25)	1:46.56 (38.29)	2:15.38 (28.82)	
3	Powel Crosley Jr. YMCA	A	2:23.00	2:18.75
	1) Oyakawa, Yoshi M75	2) Medici, John C M71	3) Williams, Bob B M70	4) Hall, Sid M73
	32.11 47.91 (15.80)	1:48.68 (1:00.77)	2:18.75 (30.07)	
4	South Hills YMCA	A	2:52.10	2:42.02
	1) Petrequin, Scott M77	2) Pohlmann, John T M65	3) Tulenko, Tom M66	4) Goldman, Jimmy M72
	50.73 1:26.95 (36.22)	2:03.05 (36.10)	2:42.02 (38.97)	
5	Mid-Delmarva YMCA	A	2:48.10	2:44.41
	1) Kirwan, Bill M71	2) Wangdahl, Glenn E M66	3) Conroy, Bill M65	4) Kelbaugh, Cliff M67
	38.41 1:21.89 (43.48)	1:59.06 (37.17)	2:44.41 (45.35)	
6	Broward County YMCA Mast	B	2:50.00	3:03.86
	1) Silverstein, Leonard M74	2) House, Carl M69	3) Rapperport, Alan S M75	4) Pedersen, Lars M66
	59.70 1:48.85 (49.15)	2:31.41 (42.56)	3:03.86 (32.45)	
---	Sarasota Family	B	2:08.00	DQ
	Not enough swimmers			
	1) Oakes, David W M69	2) Puchalski, Donald J M70	3) Kitchell, Richard W M68	4) Trimble, Gary M66
---	YMCA Indy Swimfit	A	2:36.00	DQ
	Stroke Infraction swimmer #4			
	1) Quigley, George M68	2) Desserich, Russ M65	3) Goldstein, Mel M70	4) Risley, Bob L M81

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****Men 75+ 200 Yard Freestyle Relay****NAT YMCA: 2:19.31 * 5/17/2008****Sarasota FL****Sarasota FL-FL****B Jones, C Schlegel, C Randall, C Weatherbee****USMS: 2:08.37 ! 5/20/2007****San Diego****F PIEMME, D HUBBARD, D WEBSTER, K KIMBALL**

1	Sarasota Family	A	2:04.00	2:01.13 !
	1) Jones, Burwell M76	2) Geer, Dren M75	3) Dobler, Wally E M75	4) Weatherbee, Charles E M76
	28.83	59.07 (30.24)	1:29.59 (30.52)	2:01.13 (31.54)
---	Sarasota Family	B	2:23.00	NS
	1) Holmes, Loring E M80	2) Hiers, James L M84	3) Johnsen, Ralph H M77	4) Foster, Warren A M83

Men 75+ 400 Yard Freestyle Relay**NAT YMCA: 6:37.02 * 4/13/2007****Sarasota Family YMCA****Sarasota, FL****P VanDjik, H Homans, B Cleaveland, P Hutinger****USMS: 4:57.61 ! 5/3/2008****Illinois****W LEENGRAN, F LEHMAN, S MULLINS, T BANFIELD**

1	Sarasota Family	A	5:08.00	5:11.17 *
	1) Geer, Dren M75	2) Dobler, Wally E M75	3) Johnsen, Ralph H M77	4) Weatherbee, Charles E M76
	33.64	1:09.94 (1:09.94)	1:43.94 (34.00)	2:22.84 (1:12.90)
	3:07.26 (44.42)	3:54.54 (1:31.70)	4:31.81 (37.27)	5:11.17 (1:16.63)

Men 75+ 200 Yard Medley Relay**NAT YMCA: 2:36.57 * 2001****Summerville, SC****P Hutinger, A De La Vega, J Kurtzman, A Utrilla****USMS: 2:34.66 ! 5/20/2007****San Diego****D WEBSTER, B LOWRY, F PIEMME, K KIMBALL**

1	Sarasota Family	A	2:15.00	2:22.02 !
	1) Jones, Burwell M76	2) Dobler, Wally E M75	3) Geer, Dren M75	4) Weatherbee, Charles E M76
	32.79	1:13.06 (40.27)	1:50.43 (37.37)	2:22.02 (31.59)
2	Sarasota Family	B	2:57.00	3:17.47
	1) Hiers, James L M84	2) MacDonald, Robert C M80	3) Holmes, Loring E M80	4) Johnsen, Ralph H M77
	47.75	1:03.72 (15.97)	1:35.53 (31.81)	3:17.47 (1:41.94)

Mixed 18+ 200 Yard Freestyle Relay**NAT YMCA: 1:32.41 * 2002****Jordan, IN****Leone,Christoffel, Kerns, Simmons****USMS: 1:29.36 ! 4/15/2007****Curl-Burke****E BETTS, C GIBSON, S PETERSON, W LISCINSKY**

1	YMCA of Central Texas	A	1:38.00	1:35.03
	1) Bernard, Chris M23	2) Kenney, Lindsay W22	3) Alyabyeva, Kate W20	4) Galvan-Sarabia, Luis M24
	22.04	47.35 (25.31)	1:12.54 (25.19)	1:35.03 (22.49)
2	YMCA Indy Swimfit	A	1:34.91	1:38.26
	1) Michael, Daniel M23	2) O'Malley, Mark M32	3) Ripley, Rachel W24	4) Sobecki, Megan W23
	22.01	45.44 (23.43)	1:11.70 (26.26)	1:38.26 (26.56)
3	YMCA of Central Texas	B	1:45.00	1:39.10
	1) Victoire, Jordan M18	2) Murphy, Siobhan C W22	3) Hanzl, Brittany L W24	4) Flandes, Allan M18
	22.92	50.58 (27.66)	1:16.28 (25.70)	1:39.10 (22.82)
4	Sarasota Family	A	1:38.00	1:40.65
	1) Schultheiss, Daniel P M24	2) Zaley, Stacy W24	3) Hudak, Courtney W22	4) Benucci, Lorenzo M41
	24.23	51.90 (27.67)	1:17.88 (25.98)	1:40.65 (22.77)
5	Schroeder	A	1:42.00	1:43.31
	1) Connors, Jessica A W23	2) Adams, Valerie W23	3) Gordon, Josh D M35	4) Biles, James B M48
	26.33	53.84 (27.51)	1:18.16 (24.32)	1:43.31 (25.15)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Mixed 18+ 200 Yard Freestyle Relay)

6	YMCA Indy Swimfit	B	1:49.00	1:45.93
	1) Cox, Andrew M23	2) Bailie, Bridget W39	3) Ellis, Nichole W30	4) Merkle, Wes M28
	26.21	56.11 (29.90)	1:23.22 (27.11)	1:45.93 (22.71)
7	Mid-Delmarva YMCA	A	1:41.00	1:46.69
	1) Goodison, Michael M37	2) Springer, Sarah G W19	3) Springer, Jill C W50	4) Ellis, Andrew M40
	23.90	53.92 (30.02)	1:22.32 (28.40)	1:46.69 (24.37)
8	YMCA of Central Texas	C	1:46.00	1:46.78
	1) Castro, Arturo M18	2) Moran, Danielle W31	3) Marechal, Severine M W25	4) Iriondo, Hibai M19
	23.06	54.12 (31.06)	1:23.66 (29.54)	1:46.78 (23.12)
9	Sarasota Family	B	1:45.00	1:47.38
	1) Brenner, Bill M50	2) Karish, Cassi A W23	3) de Boer, Claire W48	4) Drennen, Mark M52
	24.75	53.66 (28.91)	1:22.05 (28.39)	1:47.38 (25.33)
10	YMCA Indy Swimfit	C	2:00.00	2:04.32
	1) Crickmore, Nicole W24	2) Arrivillaga, Herman M44	3) Phillips, Stephanie W28	4) Hubbard, John M28
	28.19	1:02.81 (34.62)	1:36.89 (34.08)	2:04.32 (27.43)
---	Beavercreek	A	1:40.00	DQ
	False start			
	1) Miller, Ginny W24	2) Besco, Stephanie W33	3) Rasmussen, Cody C M31	4) Warren, Trevor W M29

Mixed 18+ 200 Yard Medley Relay

NAT YMCA: 1:47.10 * 4/13/2007 Schroeder YMCA 7125 SCHY-WI

A Brooks, C Krueger, D Dickinson, C Garth

USMS: 1:40.03 ! 4/15/2007 Curl-Burke

C GIBSON, E BETTS, W LISCINSKY, S PETERSON

1	Beavercreek	A	1:54.50	1:45.61 *
	1) Miller, Ginny W24	2) Besco, Stephanie W33	3) Rasmussen, Cody C M31	4) Herringer, Thomas J M47
	30.22	1:00.05 (29.83)	1:23.24 (23.19)	1:45.61 (22.37)
2	YMCA Indy Swimfit	A	1:38.66	1:45.70 *
	1) Ripley, Rachel W24	2) Christoffel, Ben M33	3) Michael, Daniel M23	4) Sobecki, Megan W23
	29.33	55.88 (26.55)	1:19.09 (23.21)	1:45.70 (26.61)
3	YMCA of Central Texas	A	1:50.00	1:46.28 *
	1) Flandes, Allan M18	2) Alyabyeva, Kate W20	3) Kenney, Lindsay W22	4) Bernard, Chris M23
	25.02	57.10 (32.08)	1:24.97 (27.87)	1:46.28 (21.31)
4	YMCA of Central Texas	B	1:51.00	1:51.46
	1) Castro, Arturo M18	2) Murphy, Siobhan C W22	3) Galvan-Sarabia, Luis M24	4) Hanzl, Brittany L W24
	25.63	1:01.75 (36.12)	1:25.80 (24.05)	1:51.46 (25.66)
5	Schroeder	A	1:53.00	1:53.28
	1) Adams, Valerie W23	2) Connors, Jessica A W23	3) Gordon, Josh D M35	4) Biles, James B M48
	31.10	1:02.60 (31.50)	1:28.93 (26.33)	1:53.28 (24.35)
6	Mid-Delmarva YMCA	A	1:53.32	1:53.64
	1) Springer, Sarah G W19	2) Goodison, Michael M37	3) Ellis, Andrew M40	4) Grover, Mollie W28
	33.45	1:00.56 (27.11)	1:27.51 (26.95)	1:53.64 (26.13)
7	YMCA Indy Swimfit	B	1:41.00	1:54.88
	1) Dawkins, Adam M33	2) O'Malley, Mark M32	3) Houchens, Kris W41	4) Crickmore, Nicole W24
	26.88	56.11 (29.23)	1:27.70 (31.59)	1:54.88 (27.18)
8	Sarasota Family	A	1:53.00	1:55.64
	1) Hudak, Courtney W22	2) Zaley, Stacy W24	3) Schultheiss, Daniel P M24	4) Benucci, Lorenzo M41
	29.95	1:05.54 (35.59)	1:32.33 (26.79)	1:55.64 (23.31)
9	YMCA Indy Swimfit	C	1:57.00	1:59.40
	1) Phillips, Stephanie W28	2) Hubbard, John M28	3) Cox, Andrew M23	4) Peterson, Laurie W32
	33.92	1:05.42 (31.50)	1:33.09 (27.67)	1:59.40 (26.31)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Mixed 18+ 200 Yard Medley Relay)**

10	YMCA of Central Texas	C	1:55.00	1:59.48
	1) Moran, Danielle W31	2) Victoire, Jordan M18	3) Frey, Eric M18	4) Wenzel, Katharine T W25
	38.11	1:07.26 (29.15)	1:31.83 (24.57)	1:59.48 (27.65)
11	Sarasota Family	B	2:11.00	2:08.02
	1) Dean, Paige E W44	2) Karish, Cassi A W23	3) Hillman, Allen F M41	4) Negron-Matta, Miguel A M3
	34.34	1:12.74 (38.40)	1:42.05 (29.31)	2:08.02 (25.97)
12	Tampa Metro Masters	A	2:14.00	2:14.51
	1) Bassetti, Luce W29	2) Young, Bruce M52	3) Carroll, Tim M57	4) Ness, Karen W41
	36.50	1:08.87 (32.37)	1:37.55 (28.68)	2:14.51 (36.96)
---	YMCA of Central Texas	D	1:57.00	NS
	1) Iriondo, Hibai M19	2) Venkataraman, Scott M18		4) Haire, Crystal A W26

Mixed 25+ 200 Yard Freestyle RelayNAT YMCA: **1:34.10 * 1991**

Plymouth, MI

Schmitz, Pogue, Convis, Kowalski

USMS: **1:29.40 ! 5/21/1990**

S. Cal Aquatic

C PONTHER, D GRANER, K BUSH, P MCCLAFFERTY

1	Downtown Orlando	A	1:36.00	1:37.71
	1) Schrantz, John M28	2) Szakos, Teresa M W25	3) Visser, Linda W38	4) McCormack, Sean P M28
	23.72	50.16 (26.44)	1:16.12 (25.96)	1:37.71 (21.59)
2	Sarasota Family	A	1:38.00	1:37.86
	1) Groselle, John R M29	2) Negron-Matta, Miguel A M33	3) Butler, Agnese W29	4) Groselle, Elizabeth D W25
	24.26	49.03 (24.77)	1:13.65 (24.62)	1:37.86 (24.21)
3	YMCA of Central Texas	A	1:43.00	1:38.42
	1) Schwebel, Mike M32	2) McLuckie, Lisa W30	3) Streiner, Jarret M M34	4) Martin, Jennifer W28
	24.16	50.47 (26.31)	1:13.35 (22.88)	1:38.42 (25.07)
4	Broward County YMCA Mast	A	1:52.00	1:39.39
	1) Stoudt, Roger A M35	2) Trefelner, Jennifer M W28	3) Stewart, Ann K W38	4) Cuticchia, Tommie A M26
	22.69	49.92 (27.23)	1:16.78 (26.86)	1:39.39 (22.61)
5	Sarasota Family	B	1:40.00	1:40.38
	1) Bokorney, Mark B M44	2) Kelley Jr, William M M36	3) Guglielmi, Ann Marie W40	4) Gray, Audrey L W29
	23.32	46.45 (23.13)	1:14.73 (28.28)	1:40.38 (25.65)
6	YMCA of Central Texas	B	1:50.00	1:43.91
	1) Stafford, Jeff M39	2) Byrnes, Katie W27	3) Aron, Vanessa W28	4) Read, David M40
	24.70	52.51 (27.81)	1:21.08 (28.57)	1:43.91 (22.83)
7	Downtown Orlando	B	1:40.00	1:43.96
	1) Greener, Andrew J M25	2) Spence, Jackie K W27	3) Hall, Ryan N W29	4) Schneider, Colin M M27
	23.28	52.64 (29.36)	1:20.34 (27.70)	1:43.96 (23.62)
8	Mid-Delmarva YMCA	A	1:48.20	1:45.59
	1) Burley, Nick M54	2) Marchetti, Susan M W44	3) Grover, Mollie W28	4) Strahota, Jeffrey M28
	25.72	54.59 (28.87)	1:10.84 (16.25)	1:45.59 (34.75)
9	Tampa Metro Masters	A	1:47.00	1:45.88
	1) Claflin, Casey M55	2) Faith, Jennifer W27	3) Deering, Tara W31	4) Ruelf, Michael M55
	23.95	51.09 (27.14)	1:20.85 (29.76)	1:45.88 (25.03)
10	Downtown Orlando	C	1:42.00	1:48.22
	1) Jackson, John M M27	2) Fitzgerald, Kathleen F W55	3) Crabtree, Erin L W28	4) Bell, Kirby M34
	23.49	53.76 (30.27)	1:23.78 (30.02)	1:48.22 (24.44)
11	West Side YMCA New York	A	1:46.00	1:55.54
	1) Campbell, Robin M M46	2) Saunders, Pia W W29	3) Bradshaw, Kathy T W36	4) Eltvedt, Harald M32
	28.67	58.82 (30.15)	1:29.76 (30.94)	1:55.54 (25.78)
12	YMCA of Central Texas	C	2:00.00	1:57.20
	1) Palmer, Bryan S M30	2) McCrady, Jim M42	3) Johasky, Bethany A W26	4) Haire, Crystal A W26
	26.50	56.07 (29.57)	1:25.18 (29.11)	1:57.20 (32.02)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Mixed 25+ 200 Yard Freestyle Relay)

13 Tampa Metro Masters	B	2:07.00	1:58.07
1) Young, Bruce M52	2) Ness, Karen W41	3) Bassetti, Luce W29	4) Carroll, Tim M57
25.57	1:02.22 (36.65)	1:31.92 (29.70)	1:58.07 (26.15)
14 Andover North Andover	A	2:40.00	2:03.09
1) Voke, Laurie A W42	2) Misiorski, Marcia W51	3) Steinberg, Gregory E M29	4) Welch, David J M52
33.01	1:07.06 (34.05)	1:34.63 (27.57)	2:03.09 (28.46)
--- YMCA Indy Swimfit	A	1:45.00	DQ
Early take-off swimmer #4			
1) Christoffel, Ben M33	2) Dawkins, Adam M33	3) Peterson, Laurie W32	4) Zedonis, Lisa W47

Mixed 25+ 200 Yard Medley Relay

NAT YMCA: 1:44.54 * 1993

Broward Co, FL

Herrington, Deichert, Breedy, Lilley

USMS: 1:38.22 ! 5/4/2008

Curl-Burke

S PETERSON, J BETTS, W LISCINSKY, L LAUWAERT

1 Sarasota Family	A	1:46.00	1:46.61
1) Mugford, Stephen A M41	2) Groselle, Elizabeth D W25	3) Dixon, Glenn S M44	4) Butler, Agnese W29
27.80	57.64 (29.84)	1:21.94 (24.30)	1:46.61 (24.67)
2 YMCA of Central Texas	A	1:55.60	1:49.50
1) Byrnes, Katie W27	2) Cron, Chad M33	3) Streiner, Jarret M M34	4) Martin, Jennifer W28
31.26	58.99 (27.73)	1:24.02 (25.03)	1:49.50 (25.48)
3 Broward County YMCA Mast	A	1:53.00	1:50.78
1) Caldwell, Larry E M44	2) Legaspi, Kelly A W37	3) Cuticchia, Tommie A M26	4) Trefelner, Jennifer M W28
27.87	59.72 (31.85)	1:24.21 (24.49)	1:50.78 (26.57)
4 Sarasota Family	B	1:50.00	1:50.83
1) Gray, Audrey L W29	2) Kelley Jr, William M M36	3) Vagainin, Viagr V M45	4) Tucker, Mary G W39
29.47	56.85 (27.38)	1:23.17 (26.32)	1:50.83 (27.66)
5 Downtown Orlando	A	1:50.00	1:51.61
1) Szakos, Teresa M W25	2) Hall, Ryan N W29	3) Greener, Andrew J M25	4) McCormack, Sean P M28
30.85	1:05.89 (35.04)	1:29.97 (24.08)	1:51.61 (21.64)
6 YMCA of Central Texas	B	2:00.00	1:54.06
1) Schwebel, Mike M32	2) McLuckie, Lisa W30	3) Read, David M40	4) Dwors, Elizabeth C W28
27.59	1:01.93 (34.34)	1:27.57 (25.64)	1:54.06 (26.49)
7 Tampa Metro Masters	A	1:57.00	1:57.90
1) Claflin, Casey M55	2) Faith, Jennifer W27	3) Deering, Tara W31	4) Smith, James M39
27.11	59.96 (32.85)	1:34.17 (34.21)	1:57.90 (23.73)
8 YMCA Indy Swimfit	A	1:44.00	1:58.09
1) Houchens, Jeremy M39	2) Ellis, Nichole W30	3) Merkle, Wes M28	4) Rian, Victoria W42
30.37	1:05.25 (34.88)	1:30.56 (25.31)	1:58.09 (27.53)
9 Mid-Delmarva YMCA	A	1:56.50	1:58.26
1) Strahota, Jeffrey M28	2) Marcy, Matthew A M41	3) Springer, Jill C W50	4) Marchetti, Susan M W44
28.08	1:00.12 (32.04)	1:29.93 (29.81)	1:58.26 (28.33)
10 Downtown Orlando	B	1:52.00	2:01.20
1) Crabtree, Erin L W28	2) Jackson, John M M27	3) Schrantz, John M28	4) Spence, Jackie K W27
35.03	1:06.61 (31.58)	1:32.15 (25.54)	2:01.20 (29.05)
11 YMCA of Central Texas	C	2:05.00	2:08.08
1) Palmer, Bryan S M30	2) Marechal, Severine M W25	3) Fisher, Andy M42	4) Aron, Vanessa W28
32.04	1:10.61 (38.57)	1:38.05 (27.44)	2:08.08 (30.03)
12 Broward County YMCA Mast	B	2:36.00	2:12.05
1) Comulada, Luis E M33	2) Scharf, Lee M M31	3) Willman, Becky W57	4) Sweetapple, Mary L W52
29.34	1:16.79 (47.45)	1:55.91 (39.12)	2:12.05 (16.14)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Mixed 25+ 200 Yard Medley Relay)

13 Andover North Andover	A	2:16.00	2:16.23
1) Misiorski, Marcia W51	2) Steinberg, Gregory E M29	3) Voke, Laurie A W42	4) Meltz, Steve M55
40.25	1:15.60 (35.35)	1:48.72 (33.12)	2:16.23 (27.51)
14 Mid-Delmarva YMCA	B	2:43.00	3:09.57
1) Konits, Cindy W54	2) Bottenus, Anne W30	3) Mazyck, Carla W48	4) Kelbaugh, Cliff M67
45.60	1:32.43 (46.83)	2:14.59 (42.16)	3:09.57 (54.98)
--- YMCA of Central Texas	D	2:10.00	NS
1) Johasky, Bethany A W26	2) Broshears, Rion M M35	3) Paz, Sohely C W33	

Mixed 35+ 200 Yard Freestyle Relay

NAT YMCA: 1:35.27 * 2002

Orlando Ac, FL

C Shonkwiler, S Weiss, C Peterson, M Shepardson

USMS: 1:30.17 ! 4/25/2004

Rocky Mtn

K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

1 Wilton Family YMCA	A	1:36.00	1:34.22 *
1) Wager, Susan A W43	2) Gary, Kristin J W41	3) Sargent, Jeff M44	4) Sargent, Gregory O M42
25.07	47.19 (22.12)	1:09.60 (22.41)	1:34.22 (24.62)
2 Sarasota Family	A	1:34.00	1:37.45
1) Mortimer, Steve R M38	2) Brookes, Christopher V M37	3) Varlas-Clapperton, Melissa I4)	4) Dissington, Laura J W44
23.17	45.24 (22.07)	1:11.28 (26.04)	1:37.45 (26.17)
3 YMCA of Central Texas	A	1:45.00	1:38.65
1) Harrington, Patrick M M37	2) Hatfield, Angela W41	3) McCrady, Christine W36	4) Lage, Terry M41
22.94	48.29 (25.35)	1:14.88 (26.59)	1:38.65 (23.77)
4 Broward County YMCA Mast	A	1:39.00	1:39.50
1) Sherman, Gregg A M42	2) Moore, Paige W42	3) Willis, Jennifer T W40	4) Miller, Jason W M39
24.28	50.97 (26.69)	1:15.25 (24.28)	1:39.50 (24.25)
5 Sarasota Family	B	1:39.00	1:40.58
1) Dixon, Glenn S M44	2) Mugford, Stephen A M41	3) Buxton, Sylvia C W43	4) Misgalski, Heike W44
23.30	46.66 (23.36)	1:12.68 (26.02)	1:40.58 (27.90)
6 YMCA Indy Swimfit	A	1:47.00	1:41.70
1) Clarke, Chris M40	2) Schnieders, Ann W48	3) Childress-Brown, Tina W45	4) Dawkins, Todd T M35
23.05	54.18 (31.13)	1:18.82 (24.64)	1:41.70 (22.88)
7 YMCA of Central Texas	B	1:55.00	1:41.95
1) Snoep, Peer M43	2) Hulett, Jennifer A W40	3) Voet, Laura W41	4) Tiozzo, Eduard M35
22.96	56.17 (33.21)	1:18.77 (22.60)	1:41.95 (23.18)
8 Sarasota Family	C	1:44.00	1:43.96
1) Pepe, Marshall M44	2) Butcher, Paul M40	3) Repassey, Lisa N W42	4) Ramnath, Fernette P W43
24.52	48.47 (23.95)	1:16.14 (27.67)	1:43.96 (27.82)
9 South Hills YMCA	A	1:45.30	1:44.21
1) Sluss, Brad M42	2) Freeman, Brenda K W44	3) Ide, Carol W42	4) Goldman, Carl M45
24.91	52.39 (27.48)	1:19.81 (27.42)	1:44.21 (24.40)
10 YMCA Indy Swimfit	B	1:49.00	1:44.51
1) Harrison, Trey M38	2) Stephens, Ryan M37	3) Rian, Victoria W42	4) Marvin, Linda W35
24.30	48.60 (24.30)	1:16.20 (27.60)	1:44.51 (28.31)
11 Tampa Metro Masters	A	1:45.00	1:45.91
1) Smith, James M39	2) Sands, Brenna W35	3) Spivey, Kelly W46	4) Calvert, Mark M49
22.61	53.07 (30.46)	1:22.65 (29.58)	1:45.91 (23.26)
12 YMCA Indy Swimfit	C	1:58.00	1:52.24
1) Houchens, Jeremy M39	2) Houchens, Kris W41	3) Kincer, Greg M50	4) Booth, Susan W40
25.43	53.45 (28.02)	1:22.54 (29.09)	1:52.24 (29.70)
13 YMCA of Central Texas	C	2:00.00	1:59.05
1) Carrasco, Juan M44	2) Paiva, Maria T W43	3) Volz, Kristin W35	4) Dillon, Duffy M44
27.22	58.13 (30.91)	1:34.20 (36.07)	1:59.05 (24.85)

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Mixed 35+ 200 Yard Freestyle Relay)**

14	Mid-Delmarva YMCA	A	2:00.70	2:02.26
	1) Hall, Ali W47	2) Marcy, Matthew A M41	3) Swoboda, Sandy W45	4) Yearwood, Christopher M44
	31.27 57.23 (25.96)	1:30.63 (33.40)	2:02.26 (31.63)	
15	Downtown Orlando	A	1:43.00	2:05.34
	1) Laugen, Steven M M43	2) Organ, Keith E M41	3) Burns, Starlene C W47	4) Gonzales, Maria T W52
	23.83 47.89 (24.06)	1:26.53 (38.64)	2:05.34 (38.81)	
16	YMCA of Central Texas	D	2:05.00	2:12.78
	1) Fisher, Andy M42	2) DeBord, Tina R W43	3) Frank, Stefanie L W38	4) McLaughlin, Ray M46
	25.61 1:04.45 (38.84)	1:42.33 (37.88)	2:12.78 (30.45)	
17	Downtown Orlando	B	1:50.00	2:18.95
	1) Huie, Aaron B M35	2) von Dohlen, Kathy W56	3) Baker, Wayne L M50	4) Bolfing, Chris P M43
	24.96 1:08.98 (44.02)	1:49.25 (40.27)	2:18.95 (29.70)	
18	Northern Neck Family	A	2:30.00	2:21.94
	1) Latell, Andrea T W35	2) Scott, Richard A M73	3) Jackson, Karen E W58	4) Funkhouser, Raymond C M5
	32.58 1:08.95 (36.37)	1:48.66 (39.71)	2:21.94 (33.28)	
---	Sarasota Family	D	1:54.00	NS
	2) Spaun, Karen M W44	3) Tucker, Mary G W39	4) Hillman, Allen F M41	

Mixed 35+ 200 Yard Medley RelayNAT YMCA: **1:45.83** * 5/18/2008

Sarasota FL

Sarasota FL-FL

J Lockaby, M Pepe, M Varlas, S BuxtonUSMS: **1:40.09** ! 5/4/2008

Colorado

D ROBINSON, A BARTLESON, S VON DER LIPPE, C SAPPEY

1	Wilton Family YMCA	C	1:43.00	1:44.22*
	1) Gary, Kristin J W41	2) Weissman, Chris J M46	3) Sargent, Gregory O M42	4) Lang, Jacque J W42
	28.14 55.67 (27.53)	1:19.48 (23.81)	1:44.22 (24.74)	
2	Broward County YMCA Mast	A	1:55.00	1:47.46
	1) Stoudt, Roger A M35	2) Frampton, Sean P M42	3) Willis, Jennifer T W40	4) Stewart, Ann K W38
	27.30 54.36 (27.06)	1:20.68 (26.32)	1:47.46 (26.78)	
3	YMCA of Central Texas	A	1:55.00	1:48.78
	1) Snoep, Peer M43	2) Hatfield, Angela W41	3) McCrady, Christine W36	4) Harrington, Patrick M M37
	26.62 58.46 (31.84)	1:26.67 (28.21)	1:48.78 (22.11)	
4	Wilton Family YMCA	D	1:46.00	1:49.08
	1) Sargent, Jeff M44	2) Crouch, Kim H W47	3) Block, Andrea J W47	4) Holloway, Marcus M45
	25.99 58.65 (32.66)	1:26.80 (28.15)	1:49.08 (22.28)	
5	YMCA Indy Swimfit	A	1:46.00	1:54.31
	1) Clarke, Chris M40	2) Stephens, Ryan M37	3) Schnieders, Ann W48	4) Childress-Brown, Tina W45
	26.92 55.60 (28.68)	1:26.38 (30.78)	1:54.31 (27.93)	
6	YMCA of Central Texas	B	2:00.00	1:58.09
	1) Hulett, Jennifer A W40	2) Stafford, Jeff M39	3) Dillon, Duffy M44	4) Voet, Laura W41
	32.30 1:02.15 (29.85)	1:30.02 (27.87)	1:58.09 (28.07)	
7	Sarasota Family	C	2:03.00	1:58.36
	1) Ramnath, Fernette P W43	2) Pepe, Marshall M44	3) Misgalski, Heike W44	4) Smith, Michael D M47
	33.55 1:02.38 (28.83)	1:33.81 (31.43)	1:58.36 (24.55)	
8	Sarasota Family	B	2:01.00	1:58.57
	1) Repassey, Lisa N W42	2) Overly, Lori L W43	3) Butcher, Paul M40	4) Bokorney, Mark B M44
	32.46 1:10.61 (38.15)	1:35.74 (25.13)	1:58.57 (22.83)	
9	Wilton Family YMCA	B	1:56.00	1:59.31
	1) Milton, Catherine W41	2) Nimkoff, Sian W45	3) Carr, Rob A M43	4) Fleury, Robert A M63
	30.72 1:07.86 (37.14)	1:32.97 (25.11)	1:59.31 (26.34)	
10	South Hills YMCA	A	2:09.20	2:03.43
	1) Goldman, Carl M45	2) Freeman, Brenda K W44	3) Sluss, Brad M42	4) Ide, Carol W42
	31.34 1:09.21 (37.87)	1:35.54 (26.33)	2:03.43 (27.89)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Mixed 35+ 200 Yard Medley Relay)**

11	YMCA Indy Swimfit	B	1:46.00	2:03.45
	1) Marvin, Linda W35	2) Bailie, Bridget W39	3) Harrison, Trey M38	4) Dawkins, Todd T M35
	37.43	1:15.35 (37.92)	1:40.71 (25.36)	2:03.45 (22.74)
12	Tampa Metro Masters	A	2:05.00	2:03.65
	1) Calvert, Mark M49	2) Ruelf, Michael M55	3) Spivey, Kelly W46	4) Sinclair, Lisa W48
	29.19	1:00.17 (30.98)	1:31.85 (31.68)	2:03.65 (31.80)
13	Broward County YMCA Mast	B	2:16.00	2:08.63
	1) Walley, David M M44	2) Naoumoff, Stephane M43	3) Protzman, Barbara W54	4) Bennett, Sarah L W46
	31.57	1:03.59 (32.02)	1:36.80 (33.21)	2:08.63 (31.83)
14	YMCA of Central Texas	D	2:15.00	2:15.45
	1) Larson, Linda W53	2) Paiva, Maria T W43	3) Burns, Joel J M62	4) Buchan, Douglas T M65
	39.71	1:18.29 (38.58)	1:47.90 (29.61)	2:15.45 (27.55)
15	Mid-Delmarva YMCA	A	2:18.70	2:19.38
	1) Hall, Ali W47	2) Viohl, Jeffrey M51	3) Rudie, Linda W47	4) Yearwood, Christopher M44
	37.43	1:11.53 (34.10)	1:48.74 (37.21)	2:19.38 (30.64)
16	Downtown Orlando	A	2:00.00	2:20.76
	1) Fitzgerald, Kathleen F W55	2) Gonzales, Maria T W52	3) Laugen, Steven M M43	4) Organ, Keith E M41
	38.51	1:29.35 (50.84)	1:55.30 (25.95)	2:20.76 (25.46)
17	Downtown Orlando	B	2:15.00	2:25.10
	1) Kowalak, Mark M41	2) Burns, Starlene C W47	3) Huie, Aaron B M35	4) Baker, Debbie A W51
	31.68	1:18.67 (46.99)	1:45.32 (26.65)	2:25.10 (39.78)
18	YMCA of Central Texas	C	2:05.00	2:35.13
	1) Volz, Kristin W35	2) Gleber, Michael C M53	3) Shaalan, Sherif M50	4) DeBord, Tina R W43
	48.90	1:26.38 (37.48)	1:55.14 (28.76)	2:35.13 (39.99)
19	Northern Neck Family	A	2:45.00	2:37.31
	1) Gregory, Kathryn S W63	2) Scott, Richard A M73	3) Latell, Andrea T W35	4) Funkhouser, Raymond C M5
	43.37	1:28.67 (45.30)	2:04.09 (35.42)	2:37.31 (33.22)
---	Wilton Family YMCA	A	1:50.00	DQ
	Early take-off swimmer #3			
	1) Crist, Jason A M47	2) Kupan, Cheryl A W44	3) Michael, Mark M46	4) Wager, Susan A W43
---	Sarasota Family	A	1:46.00	DQ
	Early take-off swimmer #2			
	1) Mortimer, Steve R M38	2) Dissington, Laura J W44	3) Buxton, Sylvia C W43	4) Brookes, Christopher V M37

Mixed 45+ 200 Yard Freestyle Relay

**NAT YMCA: 1:36.22 * 4/14/2007 Sarasota Family YMCA SFY-
J Groselle, L Kessler, C Fedako, J Reinhardt
USMS: 1:34.48 ! 5/4/2008 Arizona
J SMITH, M BAILEY, S ROLLINS, P SMITH**

1	Sarasota Family	A	1:36.00	1:37.29
	1) Groselle, Jack R M54	2) Kessler, Laura L W48	3) Jones, Elene W48	4) Dawson, Jerry M48
	22.58	48.12 (25.54)	1:11.28 (23.16)	1:37.29 (26.01)
2	Broward County YMCA Mast	A	1:42.00	1:42.15
	1) Wienants, Kurt M46	2) Castro, Leticia W49	3) McDonnell, Peggy H W53	4) Wotton, Joe M50
	22.52	52.12 (29.60)	1:19.66 (27.54)	1:42.15 (22.49)
3	Sarasota Family	B	1:41.00	1:42.26
	1) Stultz, Todd W M49	2) Newman, John C M53	3) Bennett, Ellen K W46	4) Fedako, Cathy A W47
	23.37	47.37 (24.00)	1:14.69 (27.32)	1:42.26 (27.57)
4	Westport / Weston	A	1:47.00	1:44.66
	1) Stolarski, Sheila M W47	2) Moss, Pamela H W47	3) Geoghegan, William J M58	4) Gulick, Jake M50
	25.85	52.10 (26.25)	1:18.36 (26.26)	1:44.66 (26.30)

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

(Mixed 45+ 200 Yard Freestyle Relay)

5	Sarasota Family	C	1:42.00	1:45.09
	1) Vagainin, Viagr V M45	2) Carpenter, Kelley C W52	3) Doyle, Deanna W51	4) Perez, Arnaldo M46
	24.57 52.63 (28.06)	1:20.71 (28.08)	1:45.09 (24.38)	
6	Broward County YMCA Mast	B	1:46.00	1:46.25
	1) Jacobson, James N M46	2) Protzman, Barbara W54	3) Woodburn, Andrea W45	4) Dodds, Joel L M46
	24.19 54.17 (29.98)	1:22.95 (28.78)	1:46.25 (23.30)	
7	Sarasota Family	D	1:46.00	1:48.97
	1) Kussatz, Uwe M53	2) Smith, Michael D M47	3) Recentwal, Laura J W46	4) Vaughn, Holly A W47
	25.54 50.27 (24.73)	1:20.64 (30.37)	1:48.97 (28.33)	
8	Andover North Andover	A	1:52.50	1:50.39
	1) Mareb, Karen M W50	2) Wright, Will M48	3) Roy, Michele M W45	4) Battistini, Rick A M55
	26.79 53.89 (27.10)	1:21.64 (27.75)	1:50.39 (28.75)	
9	YMCA of Central Texas	A	1:55.00	1:51.01
	1) Erickson, Tim D M52	2) Thomas, Ann B W49	3) Forre, Lena W53	4) Hendrick, Marty M50
	24.03 52.88 (28.85)	1:25.19 (32.31)	1:51.01 (25.82)	
10	Broward County YMCA Mast	C	1:51.00	1:53.76
	1) Grzeszczak, John S M50	2) Seier, Lydia S W52	3) Bennett, Sarah L W46	4) Kohner, Michael R M47
	26.43 56.07 (29.64)	1:28.04 (31.97)	1:53.76 (25.72)	
11	Mid-Delmarva YMCA	A	1:47.30	1:53.88
	1) Shipp, Bill M48	2) Winans, Colleen W48	3) DiBlasi, Julie W49	4) Viohl, Jeffrey M51
	25.58 57.03 (31.45)	1:27.21 (30.18)	1:53.88 (26.67)	
12	Sarasota Family	E	2:01.00	2:01.54
	1) Mancuso, Steve C M54	2) Cox, Daniel M M48	3) Chin-Ogilvie, Adrienne W48	4) Donoghue, Dawn A W50
	26.63 54.32 (27.69)	1:29.06 (34.74)	2:01.54 (32.48)	
13	Sarasota Family	F	2:09.00	2:12.64
	1) Brandes, Paul A M54	2) Showalter, Linda J W52	3) Goodman, Terri A W49	4) Meyers, Craig M51
	28.40 1:10.36 (41.96)	1:41.51 (31.15)	2:12.64 (31.13)	
14	Mid-Delmarva YMCA	B	2:23.00	2:30.75
	1) Konits, Cindy W54	2) Mazyck, Carla W48	3) Rudie, Linda W47	4) Threadgill, Peter M53
	39.41 1:13.85 (34.44)	1:47.96 (34.11)	2:30.75 (42.79)	
---	Wilton Family YMCA	A	1:35.00	NS
	1) Shtab, Steven M M47	2) Fleury, Lindley A W50	3) Fleury, Robert A M63	4) Nimkoff, Sian W45
---	YMCA of Central Texas	B	2:05.00	NS
	1) Zenga, William T M54	2) Itzler, Ellen R W50	3) Larson, Linda W53	4) Shaalan, Sherif M50
---	YMCA Indy Swimfit	A	1:34.91	NS
---	Westport / Weston	B	1:56.00	NS

Mixed 45+ 200 Yard Medley Relay

NAT YMCA: 1:50.78 * 2006

Sarasota, Fl

C Claflin, J Groselle, L kessler, K Dawson

USMS: 1:44.02 ! 5/4/2008

Arizona

J SMITH, G MILLS, S ROLLINS, M BAILEY

1	Sarasota Family	A	1:49.00	1:49.47 *
	1) Doyle, Deanna W51	2) Groselle, Jack R M54	3) Dawson, Jerry M48	4) Kessler, Laura L W48
	31.37 59.19 (27.82)	1:23.87 (24.68)	1:49.47 (25.60)	
2	Sarasota Family	B	1:51.00	1:55.49
	1) Stultz, Todd W M49	2) Brenner, Bill M50	3) de Boer, Claire W48	4) Carpenter, Kelley C W52
	28.03 56.31 (28.28)	1:27.86 (31.55)	1:55.49 (27.63)	
3	Sarasota Family	C	1:53.00	1:56.34
	1) Perez, Arnaldo M46	2) Dyer, Andy M50	3) Bennett, Ellen K W46	4) Fedako, Cathy A W47
	28.69 57.29 (28.60)	1:28.63 (31.34)	1:56.34 (27.71)	
4	Broward County YMCA Mast	A	1:57.00	1:56.50
	1) Dodds, Joel L M46	2) Grzeszczak, John S M50	3) McDonnell, Peggy H W53	4) Castro, Leticia W49
	26.06 57.30 (31.24)	1:27.30 (30.00)	1:56.50 (29.20)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Mixed 45+ 200 Yard Medley Relay)**

5	Broward County YMCA Mast	B	2:04.00	1:58.97
	1) Wotton, Joe M50	2) Cavanaugh, Debbie D W51	3) Wienants, Kurt M46	4) LaFountain, Darcy H W53
	28.96 1:04.56 (35.60)	1:28.55 (23.99)	1:58.97 (30.42)	
6	Westport / Weston	B	2:10.00	2:02.47
	1) Stolarski, Sheila M W47	2) Rizzi, Markley B W50	3) Geoghegan, William J M58	4) Moss, Pamela H W47
	29.95 1:05.99 (36.04)	1:36.14 (30.15)	2:02.47 (26.33)	
7	Andover North Andover	A	2:00.00	2:03.65
	1) Keil, Mark A M55	2) Mareb, Karen M W50	3) Roy, Michele M W45	4) Battistini, Rick A M55
	33.87 1:07.51 (33.64)	1:37.62 (30.11)	2:03.65 (26.03)	
8	YMCA of Central Texas	A	2:20.00	2:04.67
	1) Erickson, Tim D M52	2) Zenga, William T M54	3) Forre, Lena W53	4) Thomas, Ann B W49
	29.03 1:02.46 (33.43)	1:36.12 (33.66)	2:04.67 (28.55)	
9	Mid-Delmarva YMCA	A	2:04.50	2:08.32
	1) Burley, Nick M54	2) Winans, Colleen W48	3) Shipp, Bill M48	4) DiBlasi, Julie W49
	30.18 1:10.04 (39.86)	1:37.25 (27.21)	2:08.32 (31.07)	
10	Sarasota Family	D	1:56.00	2:10.95
	1) Newman, John C M53	2) Kussatz, Uwe M53	3) Recentwal, Laura J W46	4) Chin-Ogilvie, Adrienne W48
	29.31 59.98 (30.67)	1:36.04 (36.06)	2:10.95 (34.91)	
11	Sarasota Family	F	2:14.00	2:24.92
	1) Laschet, Rene M45	2) Cox, Daniel M M48	3) Goodman, Terri A W49	4) Showalter, Linda J W52
	32.90 1:10.23 (37.33)	1:43.72 (33.49)	2:24.92 (41.20)	
12	Mid-Delmarva YMCA	B	2:43.60	2:48.55
	1) Linz, Ann W W56	2) Taylor, Susan W51	3) Swoboda, Sandy W45	4) Threadgill, Peter M53
	46.58 1:28.61 (42.03)	2:07.34 (38.73)	2:48.55 (41.21)	
---	Sarasota Family	E	1:59.00	NS
				4) Donoghue, Dawn A W50
---	Westport / Weston	A	2:03.00	NS

Mixed 55+ 200 Yard Freestyle RelayNAT YMCA: **1:47.65 * 4/14/2007**

Sarasota Family YMCA

SFY-

P Trevisan, B Uible, G Schmidt, M Moore

USMS: **1:45.74 ! 5/4/2008**

Team Illinois

B BATEMAN, P DODSON, G MCDANIEL, C JONES

1	Broward County YMCA Mast	A	1:47.00	1:44.71 !
	1) Schmidt, George L M59	2) Sargeant, Pat A W55	3) Hughes, Maureen C W55	4) Quiggin, David M64
	24.09 50.20 (26.11)	1:20.58 (30.38)	1:44.71 (24.13)	
2	Sarasota Family	A	1:46.00	1:49.39
	1) Dodson, Phil L M56	2) Ogier, Danielle W56	3) Uible, Barbara L W57	4) McCormack, Kevin M56
	24.71 56.18 (31.47)	1:24.14 (27.96)	1:49.39 (25.25)	
3	Sarasota Family	B	1:55.00	1:52.91
	1) Brown, Robert V M56	2) Trainor, Suzette L W57	3) Greb, Connie Y W57	4) Leech, J. Nathan M60
	25.36 56.60 (31.24)	1:27.23 (30.63)	1:52.91 (25.68)	
4	YMCA Indy Swimfit	A	2:05.00	1:53.88
	1) Thompson, Jim M57	2) Francis, Susan W56	3) Denby, Karlene F W55	4) Quigley, George M68
	28.09 57.15 (29.06)	1:25.11 (27.96)	1:53.88 (28.77)	
5	Mid-Delmarva YMCA	A	1:55.20	1:58.79
	1) Jackins, Joseph A M61	2) Wingerter, Pamela W W64	3) Remaley-Marinzel, Susan W4	4) Ehrlinger, Michael M57
	28.25 1:01.46 (33.21)	1:31.52 (30.06)	1:58.79 (27.27)	
6	Sarasota Family	C	2:02.00	2:00.97
	1) Walker, Rick B M58	2) Webb, Linda W63	3) Saef, Karen B W55	4) Couch, Bob E M62
	26.74 59.58 (32.84)	1:34.84 (35.26)	2:00.97 (26.13)	
7	Broward County YMCA Mast	B	2:00.00	2:03.81
	1) Parsons, Roger L M61	2) Willman, Becky W57	3) Mitchell, Jeannie R W62	4) Griffin, Dane C M60
	28.15 1:02.99 (34.84)	1:35.78 (32.79)	2:03.81 (28.03)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Mixed 55+ 200 Yard Freestyle Relay)**

8	Sarasota Family	D	2:07.00	2:10.40
	1) Soderstrom, Jan M63	2) Tittle, Kathleen A W57	3) Suttie, Rae E W64	4) Cates, Gary M57
	27.40 1:03.03 (35.63)	1:27.16 (24.13)	2:10.40 (43.24)	
9	Andover North Andover	B	2:45.00	2:30.37
	1) Adams, Laverne M W74	2) Yunker, Carol M W62	3) Keil, Mark A M55	4) Mahoney, John B M64
	39.93 1:16.31 (36.38)	1:44.65 (28.34)	2:30.37 (45.72)	
10	Mid-Delmarva YMCA	B	2:31.00	2:43.05
	1) Linz, Ann W W56	2) Bloomquist, Tess W64	3) Kelbaugh, Cliff M67	4) Kirwan, Bill M71
	37.04 1:20.60 (43.56)	2:06.78 (46.18)	2:43.05 (36.27)	
11	Schroeder	A	2:42.00	3:02.06
	1) Lopez, Francisco M60	2) Buchel, Ann W W60	3) Lynch, William H M65	4) Seidler, Jeanne W62
	45.17 1:18.79 (33.62)	1:53.95 (35.16)	3:02.06 (1:08.11)	
---	South Hills YMCA	A	1:58.20	DQ
	False start			
	1) Pohlmann, Mary M W64	2) Quill, Catherine J W59	3) Seidman, Lawrence M61	4) Zakim, Jack S M63

Mixed 55+ 200 Yard Medley Relay

NAT YMCA: 2:04.87 * 5/18/2008 Sarasota FL Sarasota FL-FL

D Ogier, B Kelley, K McCormack, L Webb

USMS: 2:02.63 ! 5/4/2008 New England

D BRIGHT, B HUMMEL, G SHAW, C SASSER

1	Broward County YMCA Mast	A	2:02.00	1:59.22 !
	1) Hughes, Maureen C W55	2) Schmidt, George L M59	3) Sargeant, Pat A W55	4) Parsons, Roger L M61
	33.38 1:02.98 (29.60)	1:32.51 (29.53)	1:59.22 (26.71)	
2	Sarasota Family	A	2:09.00	2:02.27 !
	1) Ogier, Danielle W56	2) Kelley, Bill R M61	3) McCormack, Kevin M56	4) Trainor, Suzette L W57
	36.02 1:06.79 (30.77)	1:32.40 (25.61)	2:02.27 (29.87)	
3	Sarasota Family	B	2:13.00	2:09.71
	1) Soderstrom, Jan M63	2) Webb, Linda W63	3) Dodson, Phil L M56	4) Greb, Connie Y W57
	30.43 1:11.47 (41.04)	1:38.88 (27.41)	2:09.71 (30.83)	
4	YMCA Indy Swimfit	A	1:54.00	2:16.67
	1) Quigley, George M68	2) Thompson, Jim M57	3) Denby, Karlene F W55	4) Francis, Susan W56
	35.48 1:13.55 (38.07)	1:47.00 (33.45)	2:16.67 (29.67)	
5	Mid-Delmarva YMCA	A	2:26.80	2:19.03
	1) Wingerter, Pamela W W64	2) Ehrlinger, Michael M57	3) Remaley-Marinzal, Susan W4	4) Jackins, Joseph A M61
	41.21 1:14.84 (33.63)	1:51.85 (37.01)	2:19.03 (27.18)	
6	Sarasota Family	C	2:20.00	2:23.03
	1) Leech, J. Nathan M60	2) Walker, Rick B M58	3) Tittle, Kathleen A W57	4) Saef, Karen B W55
	31.12 1:02.83 (31.71)	1:47.04 (44.21)	2:23.03 (35.99)	
7	South Hills YMCA	A	2:16.20	2:23.69
	1) Zakim, Jack S M63	2) Quill, Catherine J W59	3) Seidman, Lawrence M61	4) Pohlmann, Mary M W64
	31.74 1:20.71 (48.97)	1:49.65 (28.94)	2:23.69 (34.04)	
8	Schroeder	A	3:30.00	3:29.44
	1) Seidler, Jeanne W62	2) Lynch, William H M65	3) Buchel, Ann W W60	4) Lopez, Francisco M60
	1:13.26 1:59.88 (46.62)	2:45.15 (45.27)	3:29.44 (44.29)	

YMCA Masters National Championship 2009, Sanction #: 509-008R

Odd Heats East Pool Even Heats West Pool

Results

Mixed 65+ 200 Yard Freestyle Relay

NAT YMCA: 2:03.08 * 2002

South Broward, FL

A Rapperport, P Tullman, J Troy, C Cavanaugh

USMS: 1:59.75 ! 5/20/2007

San Diego

M FRESHLEY, J LITTLE, G CLIFFORD, B BEST

1	Sarasota Family	A	2:03.00	2:01.52*
	1) Lodwig, Keefe L M65	2) Gilligan, Chris S W65	3) Tullman, Patricia A W72	4) McIntyre, David R M71
	24.51 58.47 (33.96)	1:34.20 (35.73)	2:01.52 (27.32)	
2	South Hills YMCA	A	2:06.47	2:06.91
	1) Pohlmann, John T M65	2) Zaremski, Barbara W71	3) Marr, Jackie M W65	4) Tulenko, Tom M66
	31.40 1:05.48 (34.08)	1:37.96 (32.48)	2:06.91 (28.95)	
3	Mid-Delmarva YMCA	A	2:21.00	2:18.27
	1) Conroy, Bill M65	2) Libby, Joan C W67	3) Brown, Nancy W73	4) Wangdahl, Glenn E M66
	31.73 1:13.08 (41.35)	1:47.11 (34.03)	2:18.27 (31.16)	
4	YMCA Indy Swimfit	A	2:34.00	2:26.28
	1) Goldstein, Mel M70	2) Desserich, Russ M65	3) Etnyre, Sandy W67	4) Newell, Sally W71
	32.50 1:08.19 (35.69)	1:50.64 (42.45)	2:26.28 (35.64)	
5	Powel Crosley Jr. YMCA	A	2:20.00	2:27.00
	1) Oyakawa, Yoshi M75	2) Kron, Lilly W77	3) Waite, Nancy A W75	4) Hall, Sid M73
	30.62 1:17.62 (47.00)	2:00.13 (42.51)	2:27.00 (26.87)	
6	Sarasota Family	B	2:33.00	2:37.20
	1) Trimble, Gary M66	2) Allen, Jean M W68	3) Durstein, Nancy N W79	4) Rupert, Bill M65
	29.31 1:21.28 (51.97)	2:08.00 (46.72)	2:37.20 (29.20)	
7	Sarasota Family	C	2:42.00	2:44.82
	1) Oakes, David W M69	2) Carroll, Theo W65	3) Sether, Judy A W65	4) Puchalski, Donald J M70
	55.08 1:25.93 (30.85)	2:15.54 (49.61)	2:44.82 (29.28)	
8	Mid-Delmarva YMCA	B	3:14.30	3:07.87
	1) Foley,Carolynn W65	2) Fiskien, Kathleen W67	3) Weston, Frances E W69	4) Revett, Geoff M85
	39.26 1:26.71 (47.45)	2:12.56 (45.85)	3:07.87 (55.31)	
9	YMCA Indy Swimfit	B	4:05.00	4:36.54
	1) Chalfie, Ivan M77	2) Badger, Robert W M77	3) Dumas-Coleman, Connie W	4) Strode, Mary W68
		1:48.94 () 4:36.54 (2:47.60)		

Mixed 65+ 200 Yard Medley Relay

NAT YMCA: 2:22.18 * 4/13/2007

Arthur Jordan YMCA

AJY-

M Mennen, D Costill, S Meyers, S Newell

USMS: 2:14.70 ! 5/17/2002

San Diego

BETSY JORDAN, BOB BEST, BILL EARLEY, JEANNE LITTLE

1	Sarasota Family	A	2:14.00	2:15.74*
	1) Gilligan, Chris S W65	2) Wiedamann, Karl E M70	3) Lodwig, Keefe L M65	4) Tullman, Patricia A W72
	39.61 1:15.11 (35.50)	1:40.98 (25.87)	2:15.74 (34.76)	
2	South Hills YMCA	A	2:54.20	2:29.37
	1) Tulenko, Tom M66	2) Pohlmann, John T M65	3) Marr, Jackie M W65	4) Zaremski, Barbara W71
	37.62 1:14.61 (36.99)	1:54.32 (39.71)	2:29.37 (35.05)	
3	Powel Crosley Jr. YMCA	A	2:38.00	2:36.50
	1) Oyakawa, Yoshi M75	2) Kron, Lilly W77	3) Williams, Bob B M70	4) Waite, Nancy A W75
	33.40 1:02.46 (29.06)	1:56.51 (54.05)	2:36.50 (39.99)	
4	YMCA Indy Swimfit	A	2:40.00	2:43.78
	1) Etnyre, Sandy W67	2) Newell, Sally W71	3) Goldstein, Mel M70	4) Risley, Bob L M81
	47.29 1:32.66 (45.37)	2:08.32 (35.66)	2:43.78 (35.46)	
5	Mid-Delmarva YMCA	A	2:47.00	2:44.75
	1) Kirwan, Bill M71	2) Wangdahl, Glenn E M66	3) Brown, Nancy W73	4) Foley, Carolynn W65
	39.07 1:10.23 (31.16)	2:05.86 (55.63)	2:44.75 (38.89)	

YMCA Masters National Championship 2009, Sanction #: 509-008R**Odd Heats East Pool Even Heats West Pool****Results****(Mixed 65+ 200 Yard Medley Relay)**

6	Sarasota Family	B	2:42.00	2:45.07
	1) Rupert, Bill M65	2) Allen, Jean M W68	3) McIntryre, David R M71	4) Durstein, Nancy N W79
	33.07	1:27.27 (54.20)	1:58.82 (31.55)	2:45.07 (46.25)
7	Sarasota Family	C	2:54.00	3:07.04
	1) Puchalski, Donald J M70	2) Carroll, Theo W65	3) Trimble, Gary M66	4) Sether, Judy A W65
	36.55	1:39.42 (1:02.87)	2:08.80 (29.38)	3:07.04 (58.24)
8	Mid-Delmarva YMCA	B	3:34.30	3:36.89
	1) Libby, Joan C W67	2) Collings, John J M81	3) Weston, Frances E W69	4) Fiskien, Kathleen W67
	46.84	1:50.00 (1:03.16)	2:48.37 (58.37)	3:36.89 (48.52)
9	YMCA Indy Swimfit	B	3:20.00	5:10.62
	1) Coles, Alma W70	2) Desserich, Russ M65	3) Badger, Robert W M77	4) Dumas-Coleman, Connie W
	1:49.92	2:55.91 (1:05.99)	3:46.78 (50.87)	5:10.62 (1:23.84)

Mixed 75+ 200 Yard Freestyle Relay

NAT YMCA: 2:27.26 * 5/17/2008 Sarasota FL Sarasota FL-FL

C Weatherbee, C Schlegel, B Lorenzi, J Troy

USMS: 2:35.78 ! 4/29/2001 Fmm

F CARR, B CLEAVELAND, R KENNER, P HUTINGER

1	Sarasota Family	A	2:39.00	2:29.01 !
	1) Geer, Dren M75	2) Campbell, Joan K W78	3) Lorenzi, Betty S W81	4) Weatherbee, Charles E M76
	31.29	1:17.16 (45.87)	2:29.01 (1:11.85)	
2	Mid-Delmarva YMCA	A	3:08.00	3:12.68
	1) Allnutt, Sarah T W85	2) Coleman, Jill W78	3) Collings, John J M81	4) Nye, Lynn M75
		1:41.67 ()	2:28.68 (47.01)	3:12.68 (44.00)

Mixed 75+ 200 Yard Medley Relay

NAT YMCA: 2:50.36 * 4/16/2004 West Broward YMCA

P Hutinger, R MacDonald, J Troy, J Krauser

USMS: 2:55.59 ! 5/22/2005 Fmm

P HUTINGER, R KENNER, R MACDONALD, F CARR

1	Sarasota Family	A	2:43.00	2:51.36 !
	1) Lorenzi, Betty S W81	2) MacDonald, Robert C M80	3) Geer, Dren M75	4) Campbell, Joan K W78
		1:26.20 ()	2:05.68 (39.48)	2:51.36 (45.68)
2	Mid-Delmarva YMCA	A	3:56.10	4:14.70
	1) Allnutt, Sarah T W85	2) Nye, Lynn M75	3) Coleman, Jill W78	4) Revett, Geoff M85
	57.30	2:08.80 (1:11.50)	3:14.41 (1:05.61)	4:14.70 (1:00.29)