

2009 YMCA Short Course National Swimming Championship

Schedule of Activities

DAY 0 (SUNDAY)

- 11:00 Pre-meet registration until 8:00pm
(ISHOF Auditorium)
4:00 Coaches meeting- ISHOF Auditorium
4:30 Officials Meeting – ISHOF Museum
4:45 Scratch Box Closes
5:30 Athletes Welcome Party
Olympian Message

DAY 1 PRELIMS (MONDAY)

- 8:45 Clear Pool
Devotions & National Anthem
**Recognition of JOSEPH G. ROGERS
AWARD Recipient** – bulkhead
9:00 **Prelims Begin**
10:00 **Diving starts**
10:30 Time Trial Registration Closes
12:00 Scratch Box Closes
1:00 Approximate start of Time Trials

DAY 1 FINALS (MONDAY)

- 5:00 Clear Pool for Finals
Parade of Swimmers and Officials –deck
5:25 Devotions & National Anthem
**Welcome Messages- Olympian, Ft. Lauderdale,
Special Presentation**
5:45 **Finals Begin with C, B, A events**
Swim Women 100 Back
Swim Men 100 Back
Swim Women 500 Free
**Women 100 top 16 finishers report to Awards Rm*
Swim Men 500 Free
**Men 100 Back to 16 finishers report to Awards Rm*
Parade Awards Women 100 Back
Parade Awards Men 100 Back
Swim Women 200 IM
**Women 500 Free top 16 finishers report to Awards Rm*
Swim Men 200 IM
**Men 500 Free top 16 finishers report to Awards Rm*
Parade Awards Women 500 Free
Parade Awards Men 500 Free
Swim Women 50 Free
**Women 200 top 16 finishers report to Awards Rm*
Swim Men 50 Free
**Men 200 IM top 16 finishers report to Awards Rm*
Parade Awards Women 200 IM
**Women 50 Free Top 16 finishers report to Awards Rm*
Parade Awards Men 200 IM
**Men 50 Free top 16 finishers report to Awards Rm*
Parade Awards Women 50 Free
Parade Awards Men 50 Free
Swim Women 200 Medley Relay
Swim Men 200 Medley Relay

DAY 2 PRELIMS (TUESDAY)

- 8:45 Clear Pool
Devotions & National Anthem
Outstanding Athlete Award – bulkhead
9:00 **Prelims Begin**
10:00 **Diving starts**
10:30 Time Trial Registration Closes
12:00 Scratch Box Closes
1:00 Approximate start of Time Trials

DAY 2 FINALS (TUESDAY)

- 5:00 Clear Pool for Finals
Devotions & National Anthem
Gate Guy Relay
5:10 **Parade Awards Women 200 Medley Relay**
Parade Awards Men 200 Medley Relay
5:30 **Finals Begin with C, B, A events**
Swim Women 1000 Free Final Heat
Swim Men 1000 Free Final Heat
Swim Women 100 Fly
**Women 1000 Free top 16 finishers report to Awards Rm*
Swim Men 100 Fly
**Men 1000 Free top 16 finishers report to Awards Rm*
Parade Awards Women 1000 Free
Parade Awards Men 1000 Free
Swim Women 200 Breast
**Women 100 Fly top 16 finishers report to Awards Rm*
Swim Men 200 Breast
**Men 100 Fly top 16 finishers report to Awards Rm*
Parade Awards Women 100 Fly
Parade Awards Men 100 Fly
Swim Women 200 Free
**Women 200 Breast top 16 finishers report to Awards Rm*
Swim Men 200 Free
**Men 200 Breast top 16 finishers report to Awards Rm*
Parade Awards Women 200 Breast
**Women 200 Free top 16 finishers report to Awards Rm*
Parade Awards Men 200 Breast
**Men 200 Free top 16 finishers report to Awards Rm*
Parade Awards Women 200 Free
Parade Awards Men 200 Free
Swim Women 400 Free Relay
Swim Men 400 Free Relay

2009 YMCA Short Course National Swimming Championship

Schedule of Activities

DAY 3 PRELIMS (WEDNESDAY)

8:45 Clear Pool
Devotions & National Anthem
Senior Recognition – pool deck
Coach of the Year Award – bulkhead
9:00 **Prelims Begin**
10:00 **Diving starts**
10:30 Time Trial Registration Closes
12:00 Scratch Box Closes
1:00 Approximate start of Time Trials

DAY 3 FINALS (WEDNESDAY)

5:00 Clear Pool for Finals
Devotions & National Anthem
5:10 **Parade Awards Women 400 Free Relay**
Parade Awards Men 400 Free Relay
5:30 **Finals Begin with C, B, A events**
Swim Women 400 IM
Swim Men 400 IM
Swim Women 100 Free
**Women 400 IM top 16 finishers report to Awards Rm*
Swim Men 100 Free
**Men 400 IM top 16 finishers report to Awards Rm*
Parade Awards Women 400 IM
Parade Awards Men 400 IM
Swim Women 200 Back
**Women 100 Free top 16 finishers report to Awards Rm*
Swim Men 200 Back
**Men 100 Free top 16 finishers report to Awards Rm*
Parade Awards Women 100 Free
**Women 200 Back top 16 finishers report to Awards Rm*
Parade Awards Men 100 Free
**Men 200 Back top 16 finishers report to Awards Rm*
Parade Awards Women 200 Back
Parade Awards Men 200 Back
Swim Women 800 Free Relay
Swim Men 800 Free Relay
9:00 **Approximate time of Volunteer Recognition Dinner (invitation only-ISHOF Aud)**

DAY 4 PRELIMS (THURSDAY)

8:45 Clear Pool
Devotions & National Anthem
Coach of the Meet Award – bulkhead
Recognition of Conrad Carroll Award Recipient – bulkhead
9:00 **Prelims Begin**
10:00 **Diving starts**
10:30 Time Trial Registration Closes
1:00 Approximate start of Time Trials

DAY 4 FINALS (THURSDAY)

5:00 **Clear Pool for Finals**
Devotions & National Anthem
5:10 **Parade Awards Women 800 Free Relay**
Parade Awards Men 800 Free Relay Awards
5:30 **Finals Begin with C, B, A events**
Swim Women 1650 Free Final Heat
Swim Men 1650 Free Final Heat
Swim Women 200 Free Relay
**Women 1650 Free top 16 finishers report to Awards Rm*
Swim Men 200 Free Relay
**Men 1650 Free top 16 finishers report to Awards Rm*
Parade Awards Women 1650 Free
Parade Awards Men 1650 Free
Swim Women 200 Fly
**Women 200 Free R top 16 finishers report to Awards Rm*
Swim Men 200 Fly
**Men 200 Free R top 16 finishers report to Awards Rm*
Parade Awards Women 200 Free Relay
Parade Awards Men 200 Free Relay
Swim Women 100 Breast
**Women 200 Fly top 16 finishers report to Awards Rm*
Swim Men 100 Breast
**Men 200 Fly top 16 finishers report to Awards Rm*
Parade Awards Women 200 Fly
**Women 100 Breast top 16 finishers report to Awards Rm*
Parade Awards Men 200 Fly
**Men 100 Breast top 16 finishers report to Awards Rm*
Parade Awards Women 100 Breast
Parade Awards Men 100 Breast
Swim Women 400 Medley Relay
**Women 400 MR top 16 finishers report to Awards Rm*
Swim Men 400 Medley Relay
**Men 400 MR top 16 finishers report to Awards Rm*
Parade Awards Women 400 Medley Relay
Parade Awards Men 400 Medley Relay
Parade Awards Swimming Teams
Top 3 Women's Teams
Top 3 Men's Teams
Top 3 Combined Teams