

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Event 23 Women 400 Yard IM Swimming Competition****National: 4:13.00 4/14/2008 Leah Gingrich****Meet Qualifying: 4:44.29**

Lane	Name	Age	Team	Seed Time
Heat 1 of 16 Prelims				
3	McKayla Lightbourn	16	Sarasota-FL	5:02.15L
4	Jacque Garcia	16	Sarasota-FL	4:44.13
5	Mariangela	18	Sarasota-FL	4:44.24
Heat 2 of 16 Prelims				
1	Meghan Lam	17	Brandywine-De	4:44.05
2	Jenni Russell	17	Rock Hill-SC	4:44.00
3	Erica Hasson	16	South Shor-MA	4:43.92
4	Rebecca Young	16	Montgomery-AL	4:43.78
5	Madeline Froehlich	18	Cheshire-CT	4:43.83
6	Nicole Provenza	15	Anne Arundel-MD	4:44.00
7	Emily Friedline	15	Greensburg-PA	4:44.05
8	Clara Wynn	17	Greensboro-NC	4:44.06
Heat 3 of 16 Prelims				
1	Shannon Mulcahy	16	York-PA	4:43.71
2	Colleen McCormack	17	North Shore-MA	4:43.62
3	Kaitlyn Plocharsky	17	Sarasota-FL	4:43.47
4	Kathryn Bromback	17	Morris Center-NJ	4:43.23
5	Wendy Liu	16	SomersetValleyNJ	4:43.47
6	Christina Santomauro	16	SomersetValleyNJ	4:43.61
7	Kristen Landry	15	LakelandHills-NJ	4:43.67
8	Jessica Burkett	13	West Shore-PA	4:43.74
Heat 4 of 16 Prelims				
1	Whitney Woodbridge	16	Saginaw-MI	4:42.72
2	Valerie Jones	16	Kishwaukee-IL	4:42.54
3	Lauren Law	14	UpperMainLine-PA	4:42.48
4	Melissa Oishi	18	West Seattle-WA	4:42.32
5	Katherine Foley	16	North Shore-MA	4:42.38
6	Marina Borri	14	Farmington-MI	4:42.52
7	Elizabeth Malone	15	Springfield-OH	4:42.57
8	Taylor Andrews	18	Pabst Farms-WI	4:42.93
Heat 5 of 16 Prelims				
1	Lauren Doerrman	14	Boyetown-PA	4:42.25
2	Maddy Skorcz	15	Lynchburg-VA	4:42.19
3	Colleen O'Neil	14	South Shor-MA	4:42.16
4	Chantel Ferguson	17	Spokane-WA	4:41.87
5	Kim Weyand	16	Anne Arundel-MD	4:42.03
6	Cameron Davis	13	Sarasota-FL	4:42.16
7	Karen Chu	15	Westport/Weston	4:42.20
8	Adrienne Phillips	18	West Shore-PA	4:42.27
Heat 6 of 16 Prelims				
1	Rebekah Baker	15	Sarasota-FL	4:41.76
2	Christen Cherry	16	LakelandHills-NJ	4:41.73
3	Danielle Valley	13	Sarasota-FL	4:41.58
4	Kate Dillione	16	Tri-Hampton-PA	4:41.54
5	Anna Blair Bullock	15	Winston-Salem-NC	4:41.55
6	Mckenzie Clark	16	Sarasota-FL	4:41.62
7	Katy Munzenmaier	15	Glens Falls-NY	4:41.74
8	Brennah Ross	15	UpperMainLine-PA	4:41.79

Heat 7 of 16 Prelims

1	Kaela Bjornberg	17	Cheshire-CT	4:41.45
2	Laura Krueger	17	Powel Crosley-OH	4:41.02
3	Silke Herold	16	SomersetValleyNJ	4:40.72
4	Cathleen Pruden	14	Triangle Area-NC	4:40.63
5	Dana Rzewnicki	15	SomersetValleyNJ	4:40.70
6	Sam Hardewig	15	ME Lyons-OH	4:40.96
7	Mariah Reading	15	Bangor-ME	4:41.10
8	Nicole Hranchook	15	Macomb- MI	4:41.47

Heat 8 of 16 Prelims

1	Elise Lankiewicz	13	Pabst Farms-WI	4:40.44
2	Rachel Mulligan	13	Triangle Area-NC	4:40.21
3	Emily Miles	16	West Morris-NJ	4:40.07
4	Madeline Barlow	18	Tri-Hampton-PA	4:39.97
5	Elizabeth Simon	17	Middle Tyger-SC	4:40.01
6	Kelly Carroll	14	Summit Area-NJ	4:40.08
7	Amanda Wachenfeld	16	SomersetHills-NJ	4:40.36
8	Brittany Groene	18	ME Lyons-OH	4:40.49

Heat 9 of 16 Prelims

1	Marah Pugh	13	Macomb- MI	4:39.79
2	Anna Blackburn	15	Winston-Salem-NC	4:39.42
3	Abby Fisher	13	LakelandHills-NJ	4:39.21
4	Kendall Crawford	14	Middle Tyger-SC	4:38.99
5	Natalie Bolin	16	Oshkosh-WI	4:39.13
6	Sara Craft	14	Wyckoff-NJ	4:39.31
7	Stephanie Nguyen	16	Cheshire-CT	4:39.58
8	Sarah D'Antoni	16	Ridgewood-NJ	4:39.93

Heat 10 of 16 Prelims

1	Emily Black	16	Lynchburg-VA	4:38.92
2	Carrie Chibe	18	B R Ryall-IL	4:38.71
3	Michelle Kim	12	Ridgewood-NJ	4:38.26
4	Sara Tillie	16	Hartford-MD	4:37.65
5	Natalie Cronk	14	Piedmont-VA	4:38.22
6	Becca Murray	17	Brandywine-De	4:38.56
7	Kara Keenan	18	UpperMainLine-PA	4:38.89
8	Corey Allison	18	Sarasota-FL	4:38.99

Heat 11 of 16 Prelims

1	Megan Happ	18	UpperMainLine-PA	4:37.58
2	Melissa Feeney	15	LakelandHills-NJ	4:37.08
3	Abbey Tuchscherer	17	Oshkosh-WI	4:36.94
4	Kristina Roop	17	UpperMainLine-PA	4:36.78
5	Kiera Molloy	14	Triangle Area-NC	4:36.79
6	Shannon Ahearn	15	Wilton-CT	4:37.01
7	Hannah Lips	12	Middle Tyger-SC	4:37.20
8	Anna Schena	17	Birmingham-MI	4:37.65

Heat 12 of 16 Prelims

1	Kelly O'Connor	17	North Shore-MA	4:36.26
2	Emily Blohm	18	Green Bay -WI	4:35.79
3	Caroline Fore	17	Middle Tyger-SC	4:35.46
4	Kelly Heyde	18	Wilton-CT	4:35.29
5	Ellen Huelbig	17	Montclair-NJ	4:35.37
6	Erica Lynn	18	Edwardsville-IL	4:35.60
7	Megan Alexander	14	North Shore-MA	4:35.93
8	Hayley Tomlinson	15	Triangle Area-NC	4:36.61

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Heat 13 Prelims (#23 Women 400 Yard IM Swimming)**

1	Audrey Tolbert	17	Hartford-MD	4:34.79
2	Morgan Pfaff	15	West Shore-PA	4:34.22
3	Kim Jerome	16	Cheshire-CT	4:33.82
4	Lauren Raczkowski	17	Middle Tyger-SC	4:33.03
5	Courtney Weaver	13	Gr. Flint-MI	4:33.14
6	Katherine O'Leary	18	Montclair-NJ	4:33.94
7	Theresa Gallagher	18	Anne Arundel-MD	4:34.65
8	Christina Daquila	18	SomersetHills-NJ	4:34.88

Heat 14 of 16 Prelims

1	Maddy Morgan	16	West Seattle-WA	4:30.43
2	Laura Johnson	18	Montgomery-AL	4:28.53
3	Courtney Beidler	17	Tri-Hampton-PA	4:26.54
4	Sada Stewart	15	York-PA	4:22.87
5	Hali Flickinger	14	York-PA	4:24.78
6	Lauren Baisden	17	Phoenixville-PA	4:27.80
7	Jesse Bessire	17	Sarasota-FL	4:30.26
8	Brodde Lamb	15	Piedmont-VA	4:32.70

Heat 15 of 16 Prelims

1	Hilary Woltdt	17	Oshkosh-WI	4:30.30
2	Haley Lips	15	Middle Tyger-SC	4:28.30
3	Caroline Smith	18	Rowan-NC	4:25.97
4	Corinne Showalter	18	Sarasota-FL	4:22.69
5	Kelly Ann Baird	17	Winston-Salem-NC	4:24.71
6	Mary deMarrais	18	SomersetHills-NJ	4:27.71
7	Stephanie Ferrell	16	Montclair-NJ	4:30.07
8	Susanna White	15	Lynchburg-VA	4:31.25

Heat 16 of 16 Prelims

1	Laura Gorinski	18	Greensburg-PA	4:30.27
2	Ashley Reid	15	Sarasota-FL	4:27.81
3	Annie Gillig	14	Middle Tyger-SC	4:25.95
4	Laura Simon	18	Middle Tyger-SC	4:22.26
5	Julia Kucherich	17	York-PA	4:24.44
6	Rocky Raybon	17	Sarasota-FL	4:26.88
7	Carly Munchel	17	West Shore-PA	4:29.86
8	Meriza Werenski	13	Gr Holyoke-MA	4:30.70

Event 24 Men 400 Yard IM Swimming Competition**National: 3:48.79 4/16/2003 Michael Alexandrov****Meet Qualifying: 4:21.99**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 15 Prelims

3	Adam Vogel	16	Boyertown-PA	4:57.83L
4	Josh Jacobson	17	Edwardsville-IL	4:53.11L
5	Connor Beaulieu	16	East Hartford-CT	4:56.04L
6	Braden Bouchard	16	Orlando-FL	4:59.91L

Heat 2 of 15 Prelims

1	Kevin Hong	15	SomersetValleyNJ	4:21.95
2	AJ Burt	16	Powel Crosley-OH	4:21.89
3	Bart Platow	17	Westport/Weston	4:21.71
4	JR Creekmore	16	Brandywine-De	4:21.65
5	Matt Daw	15	Triangle Area-NC	4:21.70
6	Patrick Larrow	17	Gr Holyoke-MA	4:21.83
7	Jordan Lingo	16	Central Delaware	4:21.91
8	Kirt Davis	16	Sarasota-FL	4:51.73L

Heat 3 of 15 Prelims

1	Shane McKenzie	15	Tri-Hampton-PA	4:21.61
2	Bryan Stephan	18	Westport/Weston	4:21.33
3	Kevin Posten	16	Gr. Flint-MI	4:21.09
4	Ian Delahunty	15	Middle Tyger-SC	4:21.00
5	Christopher DePietro	15	Lancaster-OH	4:21.06
6	Kevin Kelley	18	Burlington Co-NJ	4:21.20
7	Colton Spark	16	Middle Tyger-SC	4:21.50
8	Jonathan Ciriello	17	SomersetHills-NJ	4:21.62

Heat 4 of 15 Prelims

1	David Campbell	15	Riverfront-NJ	4:20.83
2	J Key	16	W.North Carolina	4:20.54
3	Alex Fox	14	Winston-Salem-NC	4:20.44
4	Cody Wei	15	Tampa Metro-FL	4:20.22
5	Aaron DuCharme	17	Gr. Flint-MI	4:20.27
6	Eric Chung	16	SomersetHills-NJ	4:20.44
7	Ryan Turner	15	West Shore-PA	4:20.72
8	Mike Cooke	17	Anne Arundel-MD	4:20.84

Heat 5 of 15 Prelims

1	Sean Murphy	17	Wyckoff-NJ	4:19.93
2	Chris Nunez	16	Ridgewood-NJ	4:19.90
3	Carter Head	15	Lynchburg-VA	4:19.70
4	John Santoro	14	New Canaan-CT	4:19.39
5	Chad Nowakowski	16	Lynchburg-VA	4:19.42
6	Ryan Kauth	16	West Monmouth-NJ	4:19.89
7	Thomas Bushman	15	Green Bay -WI	4:19.92
8	Connor Yoo	16	UpperMainLine-PA	4:19.93

Heat 6 of 15 Prelims

1	Philip Kang	14	Montclair-NJ	4:19.34
2	Sean Monahan	16	ME Lyons-OH	4:18.90
3	Josh Johnson	17	Ashland-KY	4:18.76
4	Ross Gormley	18	New Canaan-CT	4:18.63
5	Scott Groel	18	West Morris-NJ	4:18.74
6	Sean Drake	16	ME Lyons-OH	4:18.81
7	Matthew Kaminske	18	Sarasota-FL	4:19.03
8	Zach Johnson	19	Ashland-KY	4:19.36

Heat 7 of 15 Prelims

1	Phillip Jacques	17	Bath Area-ME	4:18.50
2	Christian Josephson	15	Countryside-OH	4:18.11
3	Jonathan Burr	16	East Hartford-CT	4:17.98
4	Victor Luo	14	SomersetValleyNJ	4:17.63
5	Fernando Gutierrez	16	Sarasota-FL	4:17.86
6	Riley Bouchard	17	Orlando-FL	4:18.00
7	Austin Byrd	15	Eau Claire-WI	4:18.37
8	Daniel Aberle	17	Catawba-NC	4:18.51

Heat 8 of 15 Prelims

1	Tyler Nuss	17	Gr. Miami Val-OH	4:17.44
2	Caleb Williams	14	Lynchburg-VA	4:17.21
3	Zach Stephens	16	Sunbury-PA	4:16.83
4	Danny Collins	17	Flushing-NY	4:16.53
5	Alexander Robinson	17	Goldsboro-NC	4:16.69
6	Jonny Kleinhenz	17	Powel Crosley-OH	4:16.91
7	Michael Gordon	15	Kishwaukee-IL	4:17.37
8	Andrew Sumnicht	17	Green Bay -WI	4:17.59

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Heat 9 Prelims (#24 Men 400 Yard IM Swimming)**

1	Marty Rauch	17	Sarasota-FL	4:16.07
2	James Sturner	17	Tri-Hampton-PA	4:15.99
3	Eric Traub	16	Northwest-CT	4:15.66
4	Andrew Cook	16	Lynchburg-VA	4:15.46
5	Chris Morales	18	Wyckoff-NJ	4:15.61
6	Matt Torres	17	Sarasota-FL	4:15.66
7	Parker Baisden	16	Phoenixville-PA	4:15.99
8	John Silvers	16	Sarasota-FL	4:16.48

Heat 10 of 15 Prelims

1	Stephen Melchiorre	17	Riverfront-NJ	4:15.23
2	J Flanagan	18	Riverfront-NJ	4:14.65
3	Adam Lebovitz	17	Wilton-CT	4:13.96
4	Jack Bremer	15	Anne Arundel-MD	4:13.81
5	Brian Batson	18	Down East-ME	4:13.90
6	Yag Yuruker	17	Glens Falls-NY	4:14.06
7	Jake Irmiter	17	Rock Hill-SC	4:15.17
8	Ubaldo Zavaleta	18	Phoenixville-PA	4:15.30

Heat 11 of 15 Prelims

1	Andrew Yunker	14	Gr. Flint-MI	4:13.30
2	Greg Baliko	15	FanwoodScotch-NJ	4:13.04
3	Thomas Mershon	16	UpperMainLine-PA	4:12.65
4	Tom McKee	16	Brandywine-De	4:11.86
5	Kemp Pettyjohn	16	Lynchburg-VA	4:12.12
6	Andrew Guinther	17	Glens Falls-NY	4:12.85
7	Patrick Hagar	17	Catonsville-MD	4:13.27
8	Jared Kauffman	15	Middle Tyger-SC	4:13.32

Heat 12 of 15 Prelims

1	Tyler Lareau	17	North Shore-MA	4:11.64
2	Cameron Weaver	17	Gr. Flint-MI	4:10.76
3	Peter KO	17	Ridgewood-NJ	4:10.22
4	Matt Kendall	16	SomersetValleyNJ	4:08.21
5	Ty Perkins	18	South Family-OH	4:08.23
6	Alex Miller	17	ME Lyons-OH	4:10.35
7	Spencer Scarth	17	Wilton-CT	4:11.54
8	Caleb Capozella	16	Green Bay -WI	4:11.74

Heat 13 of 15 Prelims

1	Max Byers	15	Edwardsville-IL	4:07.55
2	John Bushman	15	Green Bay -WI	4:04.79
3	Matt Navata	17	Montclair-NJ	4:02.33
4	Woody Joye	17	Montgomery-AL	3:52.89
5	David Ingraham	16	Middle Tyger-SC	3:59.53
6	Ryan Carey	18	Reading-PA	4:03.61
7	Kevin Mihic	18	B R Ryall-IL	4:06.08
8	Kyle Duxtater	15	Mid-Delmarva-MD	4:08.18

Heat 14 of 15 Prelims

1	Carter Watson	16	Lynchburg-VA	4:06.82
2	Ted Millett	17	North Shore-MA	4:04.63
3	John Orban	18	Sarasota-FL	4:01.69
4	Andrew Grinalds	17	Westport/Weston	3:52.63
5	Chris Kramer	18	York-PA	3:57.29
6	Christian Higgins	16	New Canaan-CT	4:03.51
7	Caleb Tuten	16	York-PA	4:05.74
8	Danny Crigler	17	Reading-PA	4:07.91

Heat 15 of 15 Prelims

1	Brendan Fortin	18	Andover-MA	4:06.32
2	Jason Brame	17	Lynchburg-VA	4:04.36
3	Matt Salig	17	Lionville-PA	4:01.29
4	Mason Shaw	17	Spokane-WA	3:50.45
5	Nicholas Caldwell	15	Sarasota-FL	3:54.31
6	Leo Lim	14	Wyckoff-NJ	4:02.93
7	Nathan Hart	17	W.North Carolina	4:05.56
8	Stephen Raynes	16	SomersetHills-NJ	4:07.86

Event 25 Women 100 Yard Freestyle Swimming Competition**National: 49.23 1998 S. Williams****Meet Qualifying: 54.69**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 25 Prelims

2	Meghan Buckley	15	Sarasota-FL	1:02.10L
3	Casey Ostrander	17	Cape Cod-MA	1:01.77L
4	Hannah Knapp	14	North Oakland-MI	1:00.16S
5	Mariangela	18	Sarasota-FL	1:01.65L
6	Kalee Kemmesat	17	Bismarck-ND	1:02.04L

Heat 2 of 25 Prelims

1	Rachel Polanco	14	ME Lyons-OH	54.69
2	Meredith Smith	16	Westfield-NJ	54.68
3	Bridget Riley	17	Bismarck-ND	54.65
4	Erin Frye	17	Ashland-KY	54.62
5	Lauren Burt	18	North Oakland-MI	54.63
6	Maddy Smart	13	Western-CT	54.67
7	Bowie Reilly	17	West Monmouth-NJ	54.68
8	Emily Healey	17	Wilton-CT	54.69

Heat 3 of 25 Prelims

1	Becca Blinstrub	17	Birmingham-MI	54.61
2	Chelsey Young	17	Defiance- OH	54.61
3	Lauren Timmerman	17	Darien-CT	54.58
4	Rachael Ragen	17	Eastside-PA	54.58
5	Sara Weinberg	18	Bismarck-ND	54.58
6	Alisa Danzer	15	Racine-WI	54.61
7	Margo Khalili	17	Beavercreek-OH	54.61
8	Carey Fries	16	Summit Area-NJ	54.62

Heat 4 of 25 Prelims

1	Meredith Hardy	17	Triangle Area-NC	54.56
2	Milon Crawford	15	Farmington-MI	54.53
3	Allison Witt	17	La Crosse-WI	54.51
4	Marisa Immormino	16	SomersetHills-NJ	54.51
5	Molly McSweeney	15	North Shore-MA	54.51
6	Alison O'Connor	15	Wyckoff-NJ	54.52
7	Carolyn Curran	15	Madison West-WI	54.55
8	Casey Jepsen	16	Kishwaukee-IL	54.57

Heat 5 of 25 Prelims

1	Courtney Delehanty	16	Red Bank - NJ	54.50
2	Morgan Brooks	15	Middle Tyger-SC	54.49
3	Elina Hu	16	Oshkosh-WI	54.48
4	Alissa Endres	17	Madison West-WI	54.45
5	Lulu Belak	16	New Canaan-CT	54.47
6	Taylor Folkertsma	15	Rapid Area-MI	54.48
7	Julia Wisler	15	Phoenixville-PA	54.50
8	Janene Senofonte	17	FanwoodScotch-NJ	54.50

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Heat 6 Prelims (#25 Women 100 Yard Freestyle Swimming)**

1	Chase Kinney	14	North Canton-OH	54.44
2	Emily Eaton	15	Gr. Flint-MI	54.43
3	Kristen Ferriero	17	West Morris-NJ	54.42
4	Noelle Klockner	14	West Monmouth-NJ	54.41
5	Lianne McCluskey	17	Penobscot Bay-ME	54.41
6	Jenny Dalmonte	17	UpperMainLine-PA	54.42
7	Karyn Adams	15	Eastside-PA	54.43
8	Andrea McPike	18	Tri City- IL	54.45

Heat 7 of 25 Prelims

1	Kristen Moll	17	SomersetValleyNJ	54.40
2	Kate Kelly	14	Middle Tyger-SC	54.37
3	Jacquelyn Misanik	16	North Canton-OH	54.35
4	Maggie Dillione	17	Tri-Hampton-PA	54.33
5	Sarah Finn	15	Red Bank - NJ	54.34
6	Emily Martin	18	Marietta-OH	54.35
7	Nicole Becks	15	North Canton-OH	54.38
8	Kate Durkan	17	UpperMainLine-PA	54.40

Heat 8 of 25 Prelims

1	Ashlie Benson	16	Edwardsville-IL	54.33
2	Kathryn Coniglio	16	Hunterdon-NJ	54.30
3	Caitlin Nelson	18	Montclair-NJ	54.29
4	Madie Gaido	14	Middle Tyger-SC	54.27
5	Stephanie Paape	15	Green Bay -WI	54.28
6	Amy Needham	16	North Shore-MA	54.29
7	Jessica Burkhart	16	Lancaster-PA	54.31
8	Kara Dubiel	17	SomersetValleyNJ	54.33

Heat 9 of 25 Prelims

1	Sierra Sachtjen	15	Madison West-WI	54.25
2	Sammy Joe Koons	15	Sunbury-PA	54.22
3	Kelsey Millin	16	Madison East-WI	54.20
4	Marissa Doepker	18	Farmington-MI	54.19
5	Ali Church	14	Red River-ND	54.19
6	Heather Librizzi	17	Western-CT	54.21
7	Ally Stover	18	South Family-OH	54.23
8	Jennifer Tavares	14	Cheshire-CT	54.27

Heat 10 of 25 Prelims

1	Megan Foran	15	Red Bank - NJ	54.18
2	Danielle Parowski	14	Gr. Johnstown-PA	54.17
3	Maddi Webb	16	B R Ryall-IL	54.15
4	Kendall Farnham	16	Anne Arundel-MD	54.15
5	Chelsea Unger	17	West Monmouth-NJ	54.15
6	Marah Pugh	13	Macomb- MI	54.17
7	Jesse Evans	15	Greenwich-CT	54.18
8	Katie Orem	16	New Canaan-CT	54.18

Heat 11 of 25 Prelims

1	Emily Buczkowski	15	Bath Area-ME	54.12
2	Allison Siegel	17	McGaw-IL	54.11
3	Jessica Metcalf	18	Cheshire-CT	54.06
4	Samantha Heyman	17	Greenwich-CT	54.04
5	Dana Iverson	15	Racine-WI	54.06
6	Hayley Tomlinson	15	Triangle Area-NC	54.06
7	Tommie Dillione	13	Tri-Hampton-PA	54.11
8	Rachel Dekar	17	Birmingham-MI	54.15

Heat 12 of 25 Prelims

1	Lauren Barnes	16	Wilkes-Barre-PA	54.04
2	Melissa Woody	17	Beavercreek-OH	54.02
3	Ariana Lyons	17	FanwoodScotch-NJ	54.01
4	Anna Strzempko	14	Gr Holyoke-MA	54.01
5	Laura Askin	15	Central Delaware	54.01
6	Brooke Reynolds	15	La Crosse-WI	54.02
7	Monika Drogosz	17	WheelerReg-CT	54.02
8	Jessica Colucci	16	FanwoodScotch-NJ	54.04

Heat 13 of 25 Prelims

1	Jillian Gamble	16	Riverfront-NJ	53.99
2	Marley Clark	18	Piscataquis-ME	53.98
3	Annie Carter	18	Brandywine-De	53.95
4	Kinsey Kowalski	18	Blue Ash-OH	53.95
5	Hayley Tilton	18	Sarasota-FL	53.95
6	Emily Murphy	12	Lima Family-OH	53.97
7	Michelle Giordani	15	Sunbury-PA	53.98
8	Danielle Albright	14	Tampa Metro-FL	54.00

Heat 14 of 25 Prelims

1	Maddie Monroe	15	Tri City- IL	53.95
2	Grace Counts	15	Powel Crosley-OH	53.94
3	Morgan Lydic	14	Cuyahoga-OH	53.92
4	JaLynn Gieseke	16	Hannibal-MO	53.86
5	Laura Stephens	15	Kennett-PA	53.91
6	Dana Gnerre	18	Wilton-CT	53.92
7	Ashley Conroy	16	Ocean County-NJ	53.94
8	Maddi Thompson	16	Jersey Shore-PA	53.95

Heat 15 of 25 Prelims

1	Charlotte Wilhelm	14	Sarasota-FL	53.86
2	Maggie Brabbins	17	Birmingham-MI	53.85
3	Jaynie Pulte	15	Birmingham-MI	53.82
4	Elizabeth Jordan	17	Pocono-PA	53.80
5	Renee Rosenkranz	18	Dutchess-NY	53.82
6	Anna Yontz	15	Canton-IL	53.84
7	Taylor Steffl	15	Birmingham-MI	53.85
8	Paige Weslaski	17	Racine-WI	53.86

Heat 16 of 25 Prelims

1	Abigail Raatz	13	Schroeder-WI	53.78
2	Alex Iwanicki	15	B R Ryall-IL	53.77
3	Casey Stahl	17	SomersetValleyNJ	53.73
4	Maggie Thompson	17	Spokane-WA	53.60
5	Anna Wujciak	14	Gr. Flint-MI	53.71
6	Jordon Momsen	17	Pabst Farms-WI	53.74
7	Meghan Kiely	14	LakelandHills-NJ	53.78
8	Stephanie Berg	17	Birmingham-MI	53.79

Heat 17 of 25 Prelims

1	Bernadette Byrne	16	South Shor-MA	53.58
2	Anna Gibas	17	Greensburg-PA	53.54
3	Juliana Lynch	18	Gr. Miami Val-OH	53.50
4	Caroline Finkbeiner	14	West Shore-PA	53.48
5	Madeline Scarborough	18	B R Ryall-IL	53.50
6	Paige Baisden	15	Phoenixville-PA	53.53
7	Julia Kudryashova	15	SomersetHills-NJ	53.57
8	Emily Bourguignon	16	Green Bay -WI	53.60

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Heat 18 Prelims (#25 Women 100 Yard Freestyle Swimming)**

1	Kaitlyn Utkewicz	16	LakelandHills-NJ	53.46
2	Meaghan Kwarczynski	14	Gr Holyoke-MA	53.41
3	Meredith Ketchmark	16	Hamilton Area-NJ	53.38
4	Kaci McIlmoyle	14	Jennersville-PA	53.34
5	Daphne Williams	18	Tri City- IL	53.38
6	Mara Valenzuela	15	SomersetValleyNJ	53.40
7	Caroline Higgins	16	Wilton-CT	53.42
8	Stephie Fox	18	Rapid Area-MI	53.47

Heat 19 of 25 Prelims

1	Courtney Shields	17	Allegheny Val-PA	53.32
2	Jaime Kohnke	13	Schroeder-WI	53.24
3	Catriona Coppler	16	Gr Holyoke-MA	53.22
4	Savanna Keator	18	Norwich-NY	53.14
5	Cassie Walth	14	Bismarck-ND	53.20
6	Alexis Houser	17	Tri-Hampton-PA	53.23
7	Amina Meho	17	Burbank-MA	53.29
8	Erin Burke	18	Triangle Area-NC	53.33

Heat 20 of 25 Prelims

1	Rylee Klomp	14	Eastside-PA	53.12
2	Bryn Dunbar	18	Powel Crosley-OH	52.99
3	Kori Golden	17	Anne Arundel-MD	52.98
4	Katherine Foley	18	LakelandHills-NJ	52.96
5	Camilla Czulada	15	Reading-PA	52.96
6	Sara Krueger	15	Powel Crosley-OH	52.99
7	Alexandra Meyers	13	Schroeder-WI	53.02
8	Breann McDowell	17	Countryside-OH	53.14

Heat 21 of 25 Prelims

1	Nicole Colucci	18	FanwoodScotch-NJ	52.88
2	Natalie Rohr	15	South Family-OH	52.86
3	Chloe Conjares	16	Wyckoff-NJ	52.73
4	Hayley Martin	18	Madison East-WI	52.59
5	Emily Gniatczyk	17	B R Ryall-IL	52.61
6	Katy Munzenmaier	15	Glens Falls-NY	52.81
7	Heather Savage	18	Canandaigua-NY	52.86
8	Katie Keefer	17	Waynesboro-VA	52.91

Heat 22 of 25 Prelims

1	Emily Waller	18	Kishwaukee-IL	52.53
2	Molly Higgins	17	LakelandHills-NJ	52.48
3	Hollis Capuano	18	Cheshire-CT	52.36
4	Suzanne Lemberg	17	Westfield-NJ	52.34
5	Marissa Murphy	17	Rapid Area-MI	52.34
6	Susanna White	15	Lynchburg-VA	52.41
7	Claire Loht	16	West Shore-PA	52.52
8	Jenna Immormino	15	SomersetHills-NJ	52.53

Heat 23 of 25 Prelims

1	Katheryne Muth	17	Sarasota-FL	52.24
2	Julia Comodeca	16	ME Lyons-OH	51.75
3	Diana Diel	17	Pabst Farms-WI	51.45
4	Katherine Carl	17	Birmingham-MI	50.65
5	Lauren Schmittle	17	West Shore-PA	51.18
6	Paige Impink	17	Reading-PA	51.69
7	Rachel Gadzicki	18	Pottstown-PA	51.90
8	Katey Brooks	18	Ridgewood-OH	52.33

Heat 24 of 25 Prelims

1	Samantha Kietlinski	18	Hamilton Area-NJ	52.12
2	Rachel Moore	14	Andover-MA	51.74
3	Evann Heidersbach	17	Vermilion-OH	51.41
4	Emily Lloyd	16	Anne Arundel-MD	50.23
5	Lauren Nichols	18	Birmingham-MI	50.83
6	Alivia Berg	15	SouthEastern-CT	51.53
7	Bekka Westrick	17	Gr. Miami Val-OH	51.81
8	Lauren Funk	17	Springfield-OH	52.33

Heat 25 of 25 Prelims

1	Shelby Fortin	16	Wilton-CT	51.97
2	Nikki Barczak	15	Birmingham-MI	51.73
3	Kayla Smith	18	Madison West-WI	51.33
4	Margo Geer	17	Springfield-OH	48.99
5	Mary Moser	17	Reading-PA	50.82
6	Stephanie Kinsey	17	West Shore-PA	51.49
7	Brittney Kuras	18	Canandaigua-NY	51.76
8	Rachel Revolinski	16	Oshkosh-WI	52.29

Event 26 Men 100 Yard Freestyle Swimming Competition**National: 44.51 4/14/2008 Evan Reed****Meet Qualifying: 49.19**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 22 Prelims

3	Brian Barr	16	SomersetValleyNJ	56.23L
4	Tim Martin-Toussaint	16	New Rochelle-NY	49.17
5	Tyler Long	17	Sunbury-PA	49.19

Heat 2 of 22 Prelims

1	Jon Harre	17	Fayette-IL	49.15
2	Jeffrey Mead	16	Columbia NW-SC	49.14
3	Tim Cutler	17	Chippewa Val-WI	49.10
4	Ian Richardson	17	Mount Vernon-OH	49.09
5	Aaron Pomeroy	15	Madison East-WI	49.10
6	Wesley Trumbauer	17	Boyertown-PA	49.10
7	Jimmy Ryan	15	UpperMainLine-PA	49.15
8	Nate Oropollo	18	Ridley-PA	49.17

Heat 3 of 22 Prelims

1	Gregory Kogut	16	Anne Arundel-MD	49.08
2	JV Kracke	18	West Monmouth-NJ	49.04
3	Kenny Kim	17	Flushing-NY	49.02
4	Jamie Barnard	20	SouthEastern-CT	49.01
5	Alexander Habursky	17	Eastside-PA	49.02
6	Kevin Bals	17	Michiana-IN	49.02
7	David Woodford	16	Riverfront-NJ	49.06
8	Andrew Sumnicht	17	Green Bay -WI	49.08

Heat 4 of 22 Prelims

1	Zach Fischer	17	Powel Crosley-OH	48.99
2	Frank Bozzi	15	LakelandHills-NJ	48.95
3	Will Schlosser	17	UpperMainLine-PA	48.95
4	Brian Brennan	17	North Shore-MA	48.91
5	Isaac Loegering	14	Red River-ND	48.91
6	Daly Brower	17	Greensboro-NC	48.95
7	Brendan Lacey	16	Laurel Highlands	48.99
8	Ian Carbone	17	Mt Desert Island	48.99

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Heat 5 Prelims (#26 Men 100 Yard Freestyle Swimming)**

1	JB Stahl	17	Tuscarawas-OH	48.89
2	Nick Spaniel	16	Gr Burlington-VT	48.87
3	Ryan Kauth	16	West Monmouth-NJ	48.84
4	Mufaddal Kadibhai	17	Sarasota-FL	48.84
5	JB Easley	18	ME Lyons-OH	48.84
6	John Quagliariello	15	Ridley-PA	48.85
7	Tyler Tadian	17	South Oakland-MI	48.87
8	Greg Fennell	16	Summit Area-NJ	48.90

Heat 6 of 22 Prelims

1	Thomas Johnson	18	Bismarck-ND	48.83
2	Sasan Tehrani	17	New Canaan-CT	48.79
3	Joseph Ward	18	Gr. Johnstown-PA	48.78
4	David White	17	Hunterdon-NJ	48.76
5	Steven Spieker	18	Franklin-PA	48.78
6	Nick Mink	18	Beavercreek-OH	48.79
7	Josh Johnson	17	Ashland-KY	48.79
8	Ryan Bacci	16	Flushing-NY	48.83

Heat 7 of 22 Prelims

1	Zachary Eller	17	White Plains-NY	48.75
2	Kevin Kelley	18	Burlington Co-NJ	48.73
3	Ben Drexler	17	Hay-Went-Ha-MI	48.64
4	Patrick Inness	18	Knox Co-IL	48.64
5	Ryley Pearson	17	Skagit Valley-WA	48.64
6	Brian Mong	17	Franklin-PA	48.71
7	Greg Pristov	18	Lake Co East-OH	48.75
8	Matt McKee	18	Countryside-OH	48.76

Heat 8 of 22 Prelims

1	Tyler Szarko	18	Catonsville-MD	48.63
2	Alex Corbett	16	Boyertown-PA	48.62
3	Evan Mahoney	14	Ocean County-NJ	48.61
4	Andrew Urban	18	Ambler-PA	48.60
5	Robby Spichiger	18	Licking-OH	48.60
6	Won Ho Chang	17	Bath Area-ME	48.61
7	Mason Monheim	16	Orrville-OH	48.63
8	Brendan Kerins	17	Catonsville-MD	48.63

Heat 9 of 22 Prelims

1	Charles Prestigiacomo	16	Schroeder-WI	48.56
2	Logan Hammerstein	16	Gr. Miami Val-OH	48.54
3	Jack Forese	16	New Canaan-CT	48.51
4	Gus Bailey	17	Suburban W-OH	48.49
5	Austin Abigt	17	Montgomery-AL	48.49
6	Cole Hogg	14	Gr Manchester-NH	48.53
7	Andrew Weber	16	Red Bank - NJ	48.54
8	Greg Hameister	14	Oshkosh-WI	48.58

Heat 10 of 22 Prelims

1	Tyler Essary	16	Prattville-AL	48.44
2	Derek Smith	17	Boise-ID	48.40
3	Christophe Vandervest	18	Green Bay -WI	48.37
4	James Ross	15	SomersetHills-NJ	48.34
5	Ben Tillar	16	South Family-OH	48.37
6	Jake Miller	17	Hilliard-OH	48.37
7	Jack Lorentzen	16	Westfield-NJ	48.41
8	Jordan Stillman	17	LakelandHills-NJ	48.46

Heat 11 of 22 Prelims

1	Kyle Madley	16	SomersetHills-NJ	48.30
2	Jimmy Coleman	18	Burlington Co-NJ	48.28
3	Jeffrey Rowe	17	Riverfront-NJ	48.21
4	Wayde Marsh	18	Central Delaware	48.17
5	Emmanuel Arias	16	Orlando-FL	48.20
6	Andrew Golankiewicz	17	Wilton-CT	48.27
7	Pat Dierker	15	Powel Crosley-OH	48.29
8	Philip Hawley	16	Burlington Co-NJ	48.32

Heat 12 of 22 Prelims

1	Nik Lumkong	18	West Morris-NJ	48.13
2	Eddy Lynk	17	Edwardsville-IL	48.08
3	Will Brown	16	FanwoodScotch-NJ	48.05
4	Jake Schneider	18	Madison West-WI	48.01
5	Joe Huyett	17	Reading-PA	48.02
6	Josh Fleagle	15	AuglaizeMercerOH	48.07
7	James Wilson	16	Jennersville-PA	48.11
8	Alex Kosenski	19	Ocean County-NJ	48.16

Heat 13 of 22 Prelims

1	Ryan Goggans	18	Fox Cities-WI	47.99
2	Kyle Disney-Huss	17	Triangle Area-NC	47.98
3	Michael Hagensick	18	La Crosse-WI	47.96
4	Jack Thomas	18	West Morris-NJ	47.93
5	Dylan Coggin	18	Brandywine-De	47.95
6	Andrew Seiler	18	UpperMainLine-PA	47.97
7	Alex Lewis	16	ME Lyons-OH	47.98
8	Eric Nagel	18	Bismarck-ND	47.99

Heat 14 of 22 Prelims

1	Aaron Shields	17	Macomb- MI	47.89
2	John Hauser	16	Pottstown-PA	47.84
3	Shay Flanagan	18	Clearfield-PA	47.81
4	Adam Schneider	17	Riverfront-NJ	47.80
5	Lemar Linton	16	Ashland-KY	47.81
6	Andrew Miller	16	Lebanon-PA	47.83
7	Tim Bradley	17	Sarasota-FL	47.88
8	Joe Bonk	15	Triangle Area-NC	47.90

Heat 15 of 22 Prelims

1	James Foust	18	Madison West-WI	47.77
2	Eddie Lanoue	17	West Shore-PA	47.74
3	Matt Duffy	17	Boyertown-PA	47.72
4	Harrison Cefalo	16	Red Bank - NJ	47.66
5	Luke Fiore	17	Cheshire-CT	47.68
6	Aaren Marecki	16	Farmington-MI	47.73
7	Nathan Reed	17	UpperMainLine-PA	47.76
8	Devon Byrt	17	Saratoga-NY	47.79

Heat 16 of 22 Prelims

1	David Paccapaniccia	17	Indiana-PA	47.62
2	Brad Powell	18	Montgomery-AL	47.61
3	Kevin Mihic	18	B R Ryall-IL	47.59
4	Eric Trotta	17	Westport/Weston	47.55
5	Ricky Agresta	16	Brandywine-De	47.56
6	Doug McCan	16	Boise-ID	47.59
7	Graham Kauffman	17	Middle Tyger-SC	47.61
8	Tyler Paulsen	18	Licking-OH	47.66

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Heat 17 Prelims (#26 Men 100 Yard Freestyle Swimming**

1	Charles Pataffi	18	Red Bank - NJ	47.45
2	Frank Cuzzola	18	SomersetValleyNJ	47.43
3	Wade Boarman	17	Talbot County-MD	47.35
4	Raymond Cswerko	15	Northwest-CT	47.35
5	Carter Watson	16	Lynchburg-VA	47.35
6	Jay Margherio	18	New Canaan-CT	47.37
7	Garrett Snipes	17	Middle Tyger-SC	47.45
8	Seth Dippold	17	Ridgway-PA	47.46

Heat 18 of 22 Prelims

1	Jordan Hartman	17	Boyertown-PA	47.31
2	Joseph Gallene	17	West Monmouth-NJ	47.24
3	Caleb Sandvold	18	Pabst Farms-WI	47.20
4	Mark Cox	17	Sarasota-FL	47.17
5	Ryan Reynolds	17	Birmingham-MI	47.18
6	David Wilson	18	SomersetValleyNJ	47.24
7	Jack Pretto	17	Cheshire-CT	47.28
8	Michael Murphy	17	Powel Crosley-OH	47.32

Heat 19 of 22 Prelims

1	Thomas Delves	18	B R Ryall-IL	47.10
2	Paul Maneri	17	Riverfront-NJ	47.06
3	Andrew Slater	17	Lancaster-OH	47.01
4	Brian Sivak	18	B R Ryall-IL	46.89
5	Tyler Benmark	18	Gr. Flint-MI	47.01
6	Tom Rhoads	17	Ridley-PA	47.03
7	Sean Brown	18	B R Ryall-IL	47.07
8	Nick Iwanicki	18	B R Ryall-IL	47.11

Heat 20 of 22 Prelims

1	Mike Wallace	18	Sunbury-PA	46.75
2	Ryan Hansen	17	Schroeder-WI	46.50
3	Danny Crigler	17	Reading-PA	46.06
4	Matt Hogan	17	Birmingham-MI	45.17
5	Mason Chenier	17	Goldsboro-NC	45.58
6	Brock Jackson	18	Sturgis-MI	46.15
7	Alex Fitton	18	Red Bank - NJ	46.64
8	Dan Sweeney	18	New Canaan-CT	46.84

Heat 21 of 22 Prelims

1	Greg Daniele	17	Red Bank - NJ	46.68
2	Matt Taylor	17	Triangle Area-NC	46.49
3	Tim Squires	17	Harrison Co.-WV	46.03
4	Mitchell Friedemann	16	Schroeder-WI	44.92
5	Jake Reynolds	18	Montgomery-AL	45.53
6	Tim Phillips	18	Marietta-OH	46.10
7	Curtis Ramsey	18	Brandywine-De	46.63
8	Brendan Murphy	17	Northwest-CT	46.84

Heat 22 of 22 Prelims

1	Michael McElduff	16	LakelandHills-NJ	46.66
2	Ethan Griffel	17	Idaho Falls-ID	46.41
3	Patrick Ceddia	17	Sarasota-FL	45.71
4	Andrew Grinalds	17	Westport/Weston	44.77
5	Nick Johnson	18	Tri-Hampton-PA	45.34
6	Robert Parker	17	SomersetValleyNJ	46.09
7	Michael Krone	19	Blue Ash-OH	46.55
8	Nick McGowan	17	Birmingham-MI	46.75

Event 27 Women 200 Yard Backstroke Swimming Competitor**National: 1:58.13 4/7/2004 Tricia Weaner****Meet Qualifying: 2:12.09**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 18 Prelims

2	Madeline Froehlich	18	Cheshire-CT	2:29.01L
3	Meghan Buckley	15	Sarasota-FL	2:27.27L
4	Christine Edwards	12	Birmingham-MI	2:12.06
5	Maeve Maloney	14	Westfield-NJ	2:12.07
6	Amanda Hardewig	16	ME Lyons-OH	2:28.44L

Heat 2 of 18 Prelims

1	Amanda Steinfeld	15	Cheshire-CT	2:12.01
2	Sierra Sachtjen	15	Madison West-WI	2:11.98
3	Livi Kroll	15	New Canaan-CT	2:11.96
4	Emily Black	16	Lynchburg-VA	2:11.91
5	Chelsea Doyle	17	Riverfront-NJ	2:11.93
6	Alexis Houser	17	Tri-Hampton-PA	2:11.98
7	Kaitlyn Plocharsky	17	Sarasota-FL	2:12.01
8	Nicole Bruneel	14	Boise-ID	2:12.03

Heat 3 of 18 Prelims

1	Julianna Lynch	18	Gr. Miami Val-OH	2:11.89
2	Alex Eiler	14	Oshkosh-WI	2:11.88
3	Tori Hall	17	Tri-Hampton-PA	2:11.84
4	Jessica Frazelle	17	Winston-Salem-NC	2:11.80
5	Caitlin English	15	FanwoodScotch-NJ	2:11.83
6	Brooke Reynolds	15	La Crosse-WI	2:11.87
7	Brittany Guinee	16	SomersetHills-NJ	2:11.88
8	Emma Kiefer	14	Miami County-OH	2:11.90

Heat 4 of 18 Prelims

1	Lindsay Tyler	16	Darien-CT	2:11.76
2	Casey Ostrander	17	Cape Cod-MA	2:11.70
3	Keegan Abar	15	Waynesboro-VA	2:11.69
4	Jessica Cronin	14	FanwoodScotch-NJ	2:11.62
5	Adelyn Graf	14	New Canaan-CT	2:11.62
6	Ava Jones	15	Sarasota-FL	2:11.69
7	Sidney Pahmer	15	Wilton-CT	2:11.75
8	Ashley El Naggar	15	Wyckoff-NJ	2:11.79

Heat 5 of 18 Prelims

1	Enya Messersmith	18	West Shore-PA	2:11.56
2	Colleen O'Neil	14	South Shor-MA	2:11.53
3	Anna Ratana	17	Winston-Salem-NC	2:11.51
4	Hannah Benn	16	Summit Area-NJ	2:11.45
5	Emilee Letarte	17	Countryside-OH	2:11.48
6	Hannah Morris	16	Marietta-OH	2:11.52
7	Sarah Weidner	16	South Family-OH	2:11.55
8	Alyssa Niebrugge	17	Schroeder-WI	2:11.59

Heat 6 of 18 Prelims

1	Austin Mateo	14	Wyckoff-NJ	2:11.38
2	Morgan Brooks	15	Middle Tyger-SC	2:11.33
3	Eva Schulteis	16	Schroeder-WI	2:11.22
4	Madeline Barlow	18	Tri-Hampton-PA	2:11.17
5	Ryan Alexander	13	North Shore-MA	2:11.21
6	Jacquelyn Misanik	16	North Canton-OH	2:11.32
7	Holly Hirsch	18	Rock Hill-SC	2:11.34
8	Catriona Coppler	16	Gr Holyoke-MA	2:11.43

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Heat 7 Prelims (#27 Women 200 Yard Backstroke Swimming)**

1	Rebecca Ball	17	Gr. Flint-MI	2:11.09
2	Jessica Russell	14	Bath Area-ME	2:11.02
3	Celia Oberholzer	15	Powel Crosley-OH	2:10.98
4	Alison O'Connor	15	Wyckoff-NJ	2:10.95
5	Stefanie Sippl	17	Stevens Point-WI	2:10.97
6	Katelyn Pratt-Collins	18	Gr. Miami Val-OH	2:10.99
7	Melissa Kang	17	Brandywine-PA	2:11.07
8	Liza Bragg	14	Darien-CT	2:11.13

Heat 8 of 18 Prelims

1	Tara Gidaszewski	14	Kishwaukee-IL	2:10.91
2	Megan Niermann	13	Fayette-IL	2:10.80
3	Lindsay Yarborough	17	Winston-Salem-NC	2:10.64
4	Stephanie Berg	17	Birmingham-MI	2:10.57
5	Katie Gillespie	15	Riverfront-NJ	2:10.63
6	Kara Lacoste	15	Gr Holyoke-MA	2:10.72
7	Hannah Stephenson	16	Triangle Area-NC	2:10.86
8	Allison Lohnes	15	Springfield-OH	2:10.93

Heat 9 of 18 Prelims

1	Carlene Ostromecki	17	Boyetown-PA	2:10.47
2	Katie Rohn	17	New Canaan-CT	2:10.46
3	Claire Mesko	15	Western Br-DE	2:10.32
4	Shannon Ahearn	15	Wilton-CT	2:10.22
5	Anna Blackburn	15	Winston-Salem-NC	2:10.31
6	Katie Orem	16	New Canaan-CT	2:10.45
7	Madison Allen	16	Middle Tyger-SC	2:10.47
8	Olivia Evans	13	Reading-PA	2:10.50

Heat 10 of 18 Prelims

1	Jennie Marosits	17	LakelandHills-NJ	2:10.21
2	Meaghan Kwarcinski	14	Gr Holyoke-MA	2:10.13
3	Colleen Webb	17	B R Ryall-IL	2:09.99
4	Chelsea Ross	17	UpperMainLine-PA	2:09.89
5	Kelly Hamilton	14	Chambersburg-PA	2:09.92
6	Nicole Miller	18	Triangle Area-NC	2:10.11
7	Aubrey Miller	16	Boyetown-PA	2:10.18
8	Kelsey Williams	16	Sunbury-PA	2:10.22

Heat 11 of 18 Prelims

1	Marissa Blumenthal	16	Birmingham-MI	2:09.84
2	Sarah Wagner	16	West Morris-NJ	2:09.40
3	Amani Amr	14	Spokane-WA	2:09.12
4	Patty Boyer	16	Wyckoff-NJ	2:09.00
5	Sara Nestrowitz	13	Ridgewood-NJ	2:09.05
6	Christen Cherry	16	LakelandHills-NJ	2:09.25
7	Lauren LaRocco	17	LakelandHills-NJ	2:09.61
8	Julia Badding	17	Schroeder-WI	2:09.86

Heat 12 of 18 Prelims

1	Katherine Foley	18	LakelandHills-NJ	2:08.96
2	Christina Daquila	18	SomersetHills-NJ	2:08.90
3	Adrienne Phillips	18	West Shore-PA	2:08.60
4	Anna Gibas	17	Greensburg-PA	2:08.44
5	Heather Saule	16	Gr. Flint-MI	2:08.59
6	Allison Walker	17	Riverfront-NJ	2:08.64
7	Kendall Crawford	14	Middle Tyger-SC	2:08.94
8	Megan Alexander	14	North Shore-MA	2:08.99

Heat 13 of 18 Prelims

1	KC Moss	14	Wilton-CT	2:08.39
2	Dana Iverson	15	Racine-WI	2:08.28
3	Kristyn Wikoff	18	Red Bank - NJ	2:07.95
4	Lauren Raczkowski	17	Middle Tyger-SC	2:07.73
5	Mara Valenzuela	15	SomersetValleyNJ	2:07.84
6	Sarah Boyle	16	Columbia NW-SC	2:08.08
7	Hailey Grownney	17	LakelandHills-NJ	2:08.32
8	Lisa Zhang	15	Red Bank - NJ	2:08.40

Heat 14 of 18 Prelims

1	Emily Weaner	16	West Shore-PA	2:07.15
2	Caroline Burns	17	Anne Arundel-MD	2:06.79
3	Sarah Dotzel	17	York-PA	2:06.43
4	Jenni Roberts	16	Sanford-ME	2:06.35
5	Julia Brownrigg	17	West Shore-PA	2:06.36
6	Noelle Klockner	14	West Monmouth-NJ	2:06.72
7	Annie Taylor	14	Boise-ID	2:06.99
8	Natalie Rohr	15	South Family-OH	2:07.27

Heat 15 of 18 Prelims

1	Erin Frye	17	Ashland-KY	2:06.23
2	Amanda Thach	15	West Seattle-WA	2:05.90
3	Emily Slabe	12	Coffman - OH	2:05.43
4	Emily O'Neill	16	West Monmouth-NJ	2:05.31
5	Rebekah Land	15	Hannibal-MO	2:05.39
6	Becky Evenson	17	Sarasota-FL	2:05.69
7	Shannon Draves	18	Pottstown-PA	2:06.17
8	Jasmine Lee	16	Green Bay -WI	2:06.25

Heat 16 of 18 Prelims

1	Kayla Douglas	15	Farmington-MI	2:05.17
2	Shelby Leonard	16	Sarasota-FL	2:03.74
3	Meredith Foster	16	Hartford-MD	2:03.01
4	Sabrina Benson	15	Triangle Area-NC	2:00.57
5	Siri Smits	15	Oshkosh-WI	2:02.14
6	Hali Flickinger	14	York-PA	2:03.49
7	Sarah Reynolds	14	Montgomery-AL	2:04.20
8	Lee Ingram	18	West Monmouth-NJ	2:05.30

Heat 17 of 18 Prelims

1	Anna Susko	17	West Morris-NJ	2:04.55
2	Courtney Sepich	17	Burlington Co-NJ	2:03.62
3	Sarah Galvin	18	B R Ryall-IL	2:02.69
4	Sadie Nennig	16	Schroeder-WI	2:00.49
5	Ashlee Linn	16	Sarasota-FL	2:01.96
6	Julia Kucherich	17	York-PA	2:03.26
7	Becky Yokosh	17	Pabst Farms-WI	2:04.15
8	Lori Lynn	15	Edwardsville-IL	2:05.26

Heat 18 of 18 Prelims

1	Cha-cha Bugatti	15	Sarasota-FL	2:04.21
2	Shelby Fortin	16	Wilton-CT	2:03.62
3	McKayla Lightbourn	16	Sarasota-FL	2:02.55
4	Lauren Solernou	16	Cheshire-CT	2:00.36
5	Annie Gillig	14	Middle Tyger-SC	2:00.87
6	Hilary Woldt	17	Oshkosh-WI	2:03.15
7	Kelly O'Connor	17	North Shore-MA	2:03.81
8	Emily Launer	15	Kishwaukee-IL	2:05.21

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Event 28 Men 200 Yard Backstroke Swimming Competition****National: 1:44.25 4/6/2005 Patrick Schirk****Meet Qualifying: 2:01.59**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 16 Prelims

3	Alex Kron	17	Cheshire-CT	2:18.53L
4	Shane McKenzie	15	Tri-Hampton-PA	2:01.52
5	Bryan Brown	16	Central Delaware	2:01.57

Heat 2 of 16 Prelims

1	Nick Spaniel	16	Gr Burlington-VT	2:01.49
2	Garrett Pringle	18	Beavercreek-OH	2:01.46
3	Zack Haney	16	Sunbury-PA	2:01.41
4	Chris Jenkyns	17	Schroeder-WI	2:01.24
5	Sean Murphy	17	Wyckoff-NJ	2:01.33
6	Brian Strathmeyer	18	York-PA	2:01.46
7	Garrett Hasslinger	18	Cumberland-MD	2:01.47

Heat 3 of 16 Prelims

1	Adam Hunter	16	Wilmington-NC	2:01.09
2	Daniel Hammack	17	Triangle Area-NC	2:01.04
3	John Quagliariello	15	Ridley-PA	2:00.97
4	Sam Lynch	13	Red Bank - NJ	2:00.95
5	Nathaniel Boley	13	Westport/Weston	2:00.95
6	Matthew Montague	15	ME Lyons-OH	2:01.02
7	Parker Baisden	16	Phoenixville-PA	2:01.06
8	Garrett Procnier	14	Gr. Flint-MI	2:01.09

Heat 4 of 16 Prelims

1	Ryan Metzger	17	Barren-KY	2:00.80
2	Michael O'Brien	14	Hilliker-OH	2:00.76
3	Scott Haskins	18	Oshkosh-WI	2:00.70
4	Mike Harmon	17	Chambersburg-PA	2:00.67
5	Ben Orr	18	Newberry-SC	2:00.69
6	David Woodford	16	Riverfront-NJ	2:00.75
7	Ryan Walker	17	FanwoodScotch-NJ	2:00.78
8	Eddy Lynk	17	Edwardsville-IL	2:00.94

Heat 5 of 16 Prelims

1	Patrick Malone	17	Riverfront-NJ	2:00.61
2	Alex Burzynski	15	FanwoodScotch-NJ	2:00.48
3	Derek Pridemore	15	Sarasota-FL	2:00.29
4	Pete Megis	15	Boise-ID	2:00.21
5	Patrick Hagar	17	Catonsville-MD	2:00.22
6	Ian Wooley	14	Countryside-OH	2:00.34
7	Matthew Vanbiervliet	15	SomersetValleyNJ	2:00.52
8	Kenny Savage	16	SomersetHills-NJ	2:00.65

Heat 6 of 16 Prelims

1	Chad Nowakowski	16	Lynchburg-VA	2:00.06
2	Elliot Casey	18	Eden-NC	1:59.99
3	Chad Thompson	16	Kishwaukee-IL	1:59.91
4	Brendan Kerins	17	Catonsville-MD	1:59.83
5	Tyler Rauth	16	UpperMainLine-PA	1:59.85
6	Drew Sullenbarger	16	South Family-OH	1:59.96
7	Jacob Kramb	17	Countryside-OH	2:00.05
8	Zach Fischer	17	Powel Crosley-OH	2:00.06

Heat 7 of 16 Prelims

1	Dennis Hall-App	15	Montclair-NJ	1:59.61
2	Kevin Hong	15	SomersetValleyNJ	1:59.54
3	David Yao	18	SomersetValleyNJ	1:59.40
4	Stefan Tziolis	17	Westport/Weston	1:59.36
5	Tommy Easley	14	ME Lyons-OH	1:59.39
6	Stefan Pietrobono	17	Western Br-DE	1:59.44
7	Daniel Zalkind	18	Brandywine-PA	1:59.58
8	Edward Griswold	17	Buehler-IL	1:59.62

Heat 8 of 16 Prelims

1	Nic Graesser	15	UpperMainLine-PA	1:59.35
2	Wayde Marsh	18	Central Delaware	1:59.13
3	Matthew Collins	16	Flushing-NY	1:59.05
4	Michael Mowen	17	Waynesboro-VA	1:58.99
5	Sean Monahan	16	ME Lyons-OH	1:59.01
6	Ethan Duerwer	17	Edwardsville-IL	1:59.09
7	Aaron Yunker	18	Gr. Flint-MI	1:59.18
8	Connor Murphy	17	West Monmouth-NJ	1:59.36

Heat 9 of 16 Prelims

1	Jake Campbell	17	Farmington-MI	1:58.76
2	Jack Disney-Huss	15	Triangle Area-NC	1:58.59
3	Henry Cohen	16	LakelandHills-NJ	1:58.56
4	Mitchell Smith	18	Gr. Johnstown-PA	1:58.22
5	Danny Collins	17	Flushing-NY	1:58.40
6	Andrew Smith	18	SomersetHills-NJ	1:58.57
7	Austin Byrd	15	Eau Claire-WI	1:58.69
8	Colin Heil	16	Anne Arundel-MD	1:58.83

Heat 10 of 16 Prelims

1	Ryan DeBerry	15	W.North Carolina	1:58.18
2	Philip Kang	14	Montclair-NJ	1:57.96
3	Eric Spazzarini	18	East Hartford-CT	1:57.86
4	Jordan Guttrich	16	Gr. Flint-MI	1:57.75
5	Alex Mathews	18	York-PA	1:57.81
6	Chase Frazelle	15	Winston-Salem-NC	1:57.88
7	Braden Bouchard	16	Orlando-FL	1:58.09
8	Bryan Stephan	18	Westport/Weston	1:58.21

Heat 11 of 16 Prelims

1	Caleb Williams	14	Lynchburg-VA	1:57.51
2	Kevin Steel	17	Riverfront-NJ	1:57.37
3	Jimmy Coleman	18	Burlington Co-NJ	1:57.23
4	Illya Prikhodko	16	Orlando-FL	1:57.09
5	Brendan Deveney	18	Wilton-CT	1:57.15
6	Stephen Melchiorre	17	Riverfront-NJ	1:57.35
7	Jake Irmier	17	Rock Hill-SC	1:57.50
8	Scott Groel	18	West Morris-NJ	1:57.64

Heat 12 of 16 Prelims

1	Zach Johnson	19	Ashland-KY	1:57.00
2	Marty Rauch	17	Sarasota-FL	1:56.64
3	Charles Wu	16	Red Bank - NJ	1:56.49
4	Travis Bohn	15	West Shore-PA	1:56.38
5	Grant Alef	16	Kishwaukee-IL	1:56.49
6	Nick McGowan	17	Birmingham-MI	1:56.52
7	Dylan Cummings	16	Wyckoff-NJ	1:57.00
8	Alex Martinek	16	Spokane-WA	1:57.02

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Meet Program

Heat 13 Prelims (#28 Men 200 Yard Backstroke Swimming)

1	Andrew Golankiewicz	17	Wilton-CT	1:56.05
2	Karl Mayer	17	LakelandHills-NJ	1:55.59
3	Konrad Opuszek	17	Middle Tyger-SC	1:55.29
4	Zach Peart	17	FanwoodScotch-NJ	1:55.18
5	Matt Luehrmann	17	ME Lyons-OH	1:55.24
6	Matt McKee	18	Countryside-OH	1:55.58
7	Alec Francis	18	Boyertown-PA	1:55.66
8	Matt Nutter	16	Andover-MA	1:56.15

Heat 14 of 16 Prelims

1	Robby Harder	15	Wilton-CT	1:54.99
2	Paul Hunter	17	Andover-MA	1:54.30
3	Coleman Allen	16	Spokane-WA	1:53.77
4	Matt Meserole	17	Westfield-NJ	1:50.02
5	Chris Kramer	18	York-PA	1:52.57
6	Adam Lebovitz	17	Wilton-CT	1:53.98
7	Austin Taylor	16	Wyckoff-NJ	1:54.60
8	Carl Newenhouse	15	Schroeder-WI	1:55.08

Heat 15 of 16 Prelims

1	Kevin Rogers	16	Triangle Area-NC	1:54.91
2	Andrew Blyskal	16	Jennersville-PA	1:54.17
3	Michael McElduff	16	LakelandHills-NJ	1:53.56
4	Luke Bushman	18	Green Bay -WI	1:49.50
5	James Wells	17	Bath Area-ME	1:52.12
6	Jared Lang	17	Hunterdon-NJ	1:53.85
7	Christopher Meyers	15	Schroeder-WI	1:54.51
8	Bryan Walcker	15	Burbank-MA	1:55.06

Heat 16 of 16 Prelims

1	Connor Maher	16	Youth Center-CT	1:54.69
2	Michael Moore	17	Brandywine-De	1:54.08
3	Dustin Folio	18	Sunbury-PA	1:52.74
4	Gregory Mahon	18	Riverfront-NJ	1:49.24
5	Steven Zimmerman	16	Countryside-OH	1:50.81
6	Peter KO	17	Ridgewood-NJ	1:53.78
7	Pat McHugh	18	Springfield-OH	1:54.49
8	Kirt Davis	16	Sarasota-FL	1:55.02

Event 29 Women 800 Yard Freestyle Relay Swimming Compet

National: 7:23.46 4/6/2007 Sarasota

Miller, Ball, Keefe, Tomes

Meet Qualifying: 7:59.09

Lane	Team	Relay	Seed Time
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Heat 1 of 7 Prelims

2	Sarasota-FL	8:31.75L
3	Greensburg-PA	7:58.63
4	Westfield-NJ	7:57.84
5	Boyertown-PA	7:58.50
6	Sunbury-PA	7:58.96

Heat 2 of 7 Prelims

1	Red River-ND	7:57.24
2	Madison West-WI	7:57.10
3	Rowan-NC	7:56.42
4	Wilton-CT	7:55.96
5	Tri City- IL	7:56.28
6	New Canaan-CT	7:56.80
7	Piedmont-VA	7:57.15
8	Montclair-NJ	7:57.44

Heat 3 of 7 Prelims

1	Darien-CT	7:55.25
2	Gr. Flint-MI	7:54.70
3	South Family-OH	7:53.78
4	Red Bank - NJ	7:53.08
5	Powel Crosley-OH	7:53.68
6	Spokane-WA	7:54.13
7	Phoenixville-PA	7:54.87
8	Ridgewood-NJ	7:55.63

Heat 4 of 7 Prelims

1	Canandaigua-NY	7:52.95
2	Wyckoff-NJ	7:51.29
3	Pottstown-PA	7:50.89
4	Kishwaukee-IL	7:49.32
5	Hamilton Area-NJ	7:50.66
6	UpperMainLine-PA	7:51.01
7	West Monmouth-NJ	7:52.93
8	Macomb- MI	7:52.98

Heat 5 of 7 Prelims

1	West Morris-NJ	7:48.32
2	Pabst Farms-WI	7:44.20
3	ME Lyons-OH	7:39.49
4	West Shore-PA	7:31.30
5	York-PA	7:37.14
6	Triangle Area-NC	7:41.77
7	SomersetHills-NJ	7:45.85
8	Schroeder-WI	7:48.64

Heat 6 of 7 Prelims

1	North Shore-MA	7:47.83
2	Gr Holyoke-MA	7:42.95
3	LakelandHills-NJ	7:38.77
4	Middle Tyger-SC	7:30.97
5	Oshkosh-WI	7:36.95
6	Tri-Hampton-PA	7:40.55
7	Birmingham-MI	7:44.84
8	FanwoodScotch-NJ	7:48.51

Heat 7 of 7 Prelims

1	Cheshire-CT	7:46.21
2	B R Ryall-IL	7:42.55
3	Anne Arundel-MD	7:38.58
4	Winston-Salem-NC	7:29.58
5	Countryside-OH	7:35.26
6	SomersetValleyNJ	7:39.80
7	Green Bay -WI	7:44.21
8	Springfield-OH	7:48.37

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Meet Program****Event 30 Men 800 Yard Freestyle Relay Swimming Competitio****National: 6:43.02 4/7/2004 ME Lyons YMCA****S Davis, K Greene, K Nead, H Browning****Meet Qualifying: 7:18.29**

Lane	Team	Relay	Seed Time
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Heat 1 of 8 Prelims

3	Sarasota-FL		7:46.05L
4	Hamilton Area-NJ		7:18.29
5	Cheshire-CT		7:18.29

Heat 2 of 8 Prelims

1	Bath Area-ME		7:18.04
2	Catonsville-MD		7:16.91
3	Phoenixville-PA		7:16.53
4	Madison West-WI		7:16.32
5	Pottstown-PA		7:16.40
6	Gr Holyoke-MA		7:16.75
7	W.North Carolina		7:17.71
8	North Oakland-MI		7:18.07

Heat 3 of 8 Prelims

1	Anne Arundel-MD		7:14.46
2	Laurel Highlands		7:13.50
3	Montclair-NJ		7:12.58
4	Edwardsville-IL		7:12.33
5	LakelandHills-NJ		7:12.49
6	York-PA		7:12.81
7	Farmington-MI		7:14.21
8	Birmingham-MI		7:15.12

Heat 4 of 8 Prelims

1	Countryside-OH		7:11.74
2	Westfield-NJ		7:11.44
3	Ridley-PA		7:09.71
4	West Monmouth-NJ		7:09.15
5	Tri-Hampton-PA		7:09.40
6	Kishwaukee-IL		7:11.29
7	Fox Cities-WI		7:11.45
8	Glens Falls-NY		7:11.79

Heat 5 of 8 Prelims

1	West Shore-PA		7:08.14
2	Ashland-KY		7:07.75
3	Ocean County-NJ		7:07.46
4	North Shore-MA		7:06.57
5	Wyckoff-NJ		7:06.66
6	Powel Crosley-OH		7:07.69
7	Orlando-FL		7:07.81
8	SomersetHills-NJ		7:08.55

Heat 6 of 8 Prelims

1	Reading-PA		7:03.92
2	Wilton-CT		7:01.03
3	Montgomery-AL		6:58.12
4	B R Ryall-IL		6:50.46
5	Gr. Flint-MI		6:56.88
6	UpperMainLine-PA		6:59.21
7	Boyertown-PA		7:03.25
8	ME Lyons-OH		7:06.07

Heat 7 of 8 Prelims

1	Andover-MA	7:03.75
2	Sunbury-PA	7:00.85
3	Brandywine-De	6:57.36
4	Triangle Area-NC	6:50.44
5	Riverfront-NJ	6:54.92
6	South Family-OH	6:58.71
7	Green Bay -WI	7:02.72
8	New Canaan-CT	7:04.96

Heat 8 of 8 Prelims

1	Lynchburg-VA	7:03.70
2	Westport/Weston	6:59.45
3	SomersetValleyNJ	6:57.31
4	Schroeder-WI	6:46.01
5	Red Bank - NJ	6:53.20
6	Middle Tyger-SC	6:58.65
7	Spokane-WA	7:02.00
8	FanwoodScotch-NJ	7:04.14