

Devotion – Thursday Morning Prelims

John Keough & Kristina Roop

Upper Main Line YMCA - Pennsylvania

Y Nationals is a meet unlike any other. The overall atmosphere is unbeatable; the sun is always shining, teammates are supporting one another, records are falling, and every swimmer is ecstatic to have made it this far. The Upper Main Line YMCA has alumni that have been to meets like NCAA's, Olympic trials and World Championships, but this meet is always classified as their overall favorite.

To make the meet, hours of work and multiple sacrifices are made by both swimmers and coaches in hopes that their team will live up to their potential. This meet gives YMCA swimmers something to strive for and provides an exciting reward for all of their hard work.

Swimmers on our team miss their cuts by tenths of a second every year, but day after day they return to the pool to make their dream of attending Y nationals a reality. Some came up short, but others were blessed with the opportunity to be here with us today. Whether you're a finals swimmer striving to set a national record or a swimmer in the first heat of prelims, each and every one of you has put forth an effort that deserves the utmost respect.

Let us pray.

God, thank you for giving us the opportunity to be at such an amazing meet. You've given us people to surround ourselves with to help us succeed in a way we couldn't have on our own. Please bless us with graciousness to those who we owe everything. Keep us aware of contributions, not only from our coaches and teammates, but of all those who made this meet possible, from officials to lifeguards.

In Christ's name, Amen.