



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Principles of YMCA Competitive Swimming and Diving

Sunday, July 24, 2011
Hyatt Regency
265 Peachtree Street NE,
Atlanta, Georgia, USA 30303
1:00 pm - 6:00 pm
Cost : \$50 payable to Central Florida YMCA
Prerequisite: 16 years of age

This is a required course for all coaches on deck at any YMCA sanctioned championship meet including YMCA Nationals.

Please bring text to class.
Order text from the YMCA Program Store at (800) 747-0089.

Please return this form and payment to : (deadline July 18, 2011)
Mitzi Kremer-Tighe
8422 International Drive
Orlando, FL 32819
Fax: 407-352-1907
mtighe@cfymca.org

Name _____

E-Mail _____

Phone _____ Age _____

YMCA _____

Participant's Signature _____

YMCA Supervisor's Name and Signature _____
(required)