

**2011 YMCA National Long Course Championship****July 25 - July 29, 2011****Meet Program - Day 5 Prelims****Event 501 Women 200 LC Meter Freestyle Relay****National: 1:48.29 7/31/2009 Anne Arundel County YMCA****K Farnham, C Burns, S Lloyd, E Lloyd**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Heat 1 of 7 Prelims</b>			
1			_____
2			_____
3	Newberry-SC		1:41.69Y _____
4	Kishwaukee-IL		1:40.48Y _____
5	Door County-WI		1:37.27Y _____
6	Tri-Hampton-PA		1:38.51Y _____
7	Flushing-NY		1:41.48Y _____
8			_____
9			_____
10			_____
<b>Heat 2 of 7 Prelims</b>			
1	Boyertown-PA		1:59.84 _____
2	Ridgewood-OH		1:59.64 _____
3	Andover-MA		1:59.49 _____
4	Portsmouth-VA		1:59.34 _____
5	Gr. Miami Val-OH		1:59.18 _____
6	Chapel Hill-NC		1:59.33 _____
7	Montclair-NJ		1:59.39 _____
8	Lionville-PA		1:59.57 _____
9	East Suburban-PA		1:59.80 _____
10	Bath Area-ME		1:36.33Y _____
<b>Heat 3 of 7 Prelims</b>			
1	Central-FL		1:59.16 _____
2	Kennett-PA		1:58.97 _____
3	Gr. Toledo-OH		1:58.91 _____
4	East Hartford-CT		1:58.70 _____
5	West Cook-IL		1:58.18 _____
6	Western-CT		1:58.18 _____
7	Catonsville-MD		1:58.80 _____
8	Hickory -NC		1:58.93 _____
9	MetuchenED-NJ		1:59.15 _____
10	Ridley-PA		1:59.17 _____
<b>Heat 4 of 7 Prelims</b>			
1	J.F. Hurley-NC		1:58.03 _____
2	Tampa Metro-FL		1:57.76 _____
3	Coffman - OH		1:57.52 _____
4	Wyckoff-NJ		1:57.30 _____
5	Oshkosh-WI		1:57.02 _____
6	Ridgewood-NJ		1:57.30 _____
7	Sarasota-FL		1:57.36 _____
8	New Canaan-CT		1:57.74 _____
9	Hunterdon-NJ		1:57.86 _____
10	West Shore-PA		1:58.05 _____

**Heat 5 of 7 Prelims**

1	Blue Ash-OH	1:56.29 _____
2	Greenwich-CT	1:55.66 _____
3	Western Br-DE	1:54.85 _____
4	Powel Crosley-OH	1:53.25 _____
5	UpperMainLine-PA	1:51.23 _____
6	SomersetValleyNJ	1:51.88 _____
7	SomersetHills-NJ	1:54.45 _____
8	Rappahannock-VA	1:55.15 _____
9	Gr. Johnstown-PA	1:55.90 _____
10	Cheshire-CT	1:56.95 _____

**Heat 6 of 7 Prelims**

1	Ocean County-NJ	1:56.17 _____
2	Triangle Area-NC	1:55.40 _____
3	West Monmouth-NJ	1:54.81 _____
4	Northwest-NC	1:52.91 _____
5	Middle Tyger-SC	1:50.37 _____
6	Wilton-CT	1:51.76 _____
7	North Shore-MA	1:54.16 _____
8	South Family-OH	1:55.03 _____
9	B R Ryall-IL	1:55.85 _____
10	Anne Arundel-MD	1:56.90 _____

**Heat 7 of 7 Prelims**

1	Red Bank - NJ	1:56.00 _____
2	Laurel Highlands	1:55.29 _____
3	Gr. Flint-MI	1:54.64 _____
4	Suncoast-FL	1:51.95 _____
5	FanwoodScotch-NJ	1:50.02 _____
6	Gr Holyoke-MA	1:51.44 _____
7	ME Lyons-OH	1:54.09 _____
8	Elkins-WV	1:54.90 _____
9	Countryside-OH	1:55.73 _____
10	Rock Hill-SC	1:56.81 _____

**Event 502 Men 200 LC Meter Freestyle Relay****National: 1:36.24 7/30/2004 Darien Community YMCA****J Geissinger, P Baity, M Baity, M Donch**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Heat 1 of 6 Prelims</b>			
1	Flushing-NY		1:30.60Y _____
2	Tri-Hampton-PA		1:29.30Y _____
3	Andover-MA		1:27.35Y _____
4	Boyertown-PA		1:48.88 _____
5	Hunterdon-NJ		1:48.54 _____
6	Montclair-NJ		1:48.71 _____
7	Oshkosh-WI		1:49.05 _____
8	Fayette-IL		1:29.21Y _____
9	Suburban W-OH		1:30.32Y _____
10			_____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 5 Prelims

**Heat 2 Prelims (#502 Men 200 LC Meter Freestyle Relay)**

1	Hickory -NC	1:48.39	_____
2	Western-CT	1:47.62	_____
3	East Hartford-CT	1:47.53	_____
4	Lionville-PA	1:47.50	_____
5	SomersetHills-NJ	1:47.18	_____
6	Greensboro-NC	1:47.24	_____
7	Kishwaukee-IL	1:47.51	_____
8	Gr. Flint-MI	1:47.60	_____
9	Gr. Westfield-MA	1:48.34	_____
10	Hamilton Area-NJ	1:48.42	_____

**Heat 3 of 6 Prelims**

1	Northwest-NC	1:46.68	_____
2	Tampa Metro-FL	1:46.37	_____
3	South Family-OH	1:45.91	_____
4	Rappahannock-VA	1:45.47	_____
5	Ocean County-NJ	1:45.34	_____
6	Ridgewood-NJ	1:45.37	_____
7	Chapel Hill-NC	1:45.72	_____
8	Rock Hill-SC	1:46.36	_____
9	Central-FL	1:46.65	_____
10	West Cook-IL	1:46.86	_____

**Heat 4 of 6 Prelims**

1	Burbank-MA	1:44.99	_____
2	Mon Valley-PA	1:43.74	_____
3	Red Bank - NJ	1:42.80	_____
4	Chambersburg-PA	1:41.85	_____
5	FanwoodScotch-NJ	1:40.06	_____
6	Middle Tyger-SC	1:40.64	_____
7	Anne Arundel-MD	1:42.41	_____
8	Ridley-PA	1:43.67	_____
9	West Monmouth-NJ	1:44.60	_____
10	UpperMainLine-PA	1:45.32	_____

**Heat 5 of 6 Prelims**

1	West Shore-PA	1:44.97	_____
2	Wilton-CT	1:43.70	_____
3	ME Lyons-OH	1:42.55	_____
4	Huntington-WV	1:41.68	_____
5	SomersetValleyNJ	1:40.05	_____
6	Wyckoff-NJ	1:40.60	_____
7	Cheshire-CT	1:42.38	_____
8	North Shore-MA	1:43.59	_____
9	Sarasota-FL	1:44.02	_____
10	Rapid Area-MI	1:45.10	_____

**Heat 6 of 6 Prelims**

1	Wilmington-NC	1:44.79	_____
2	Countryside-OH	1:43.67	_____
3	Powel Crosley-OH	1:42.45	_____
4	Triangle Area-NC	1:40.80	_____
5	East Suburban-PA	1:39.80	_____
6	New Canaan-CT	1:40.48	_____
7	Suncoast-FL	1:42.01	_____
8	Blue Ash-OH	1:43.14	_____
9	Laurel Highlands	1:43.92	_____
10	Portsmouth-VA	1:45.01	_____

**Event 503 Women 200 LC Meter Butterfly**

National: 2:09.96 8/1/2008		Leah Gingrich		
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 9 Prelims</b>				
1				_____
2				_____
3				_____
4	Megan Clemens	17	Huntington-WV	2:13.36 Y _____
5	Abby Mack	15	UpperMainLine-PA	2:12.98 Y _____
6	Allie Muha	18	Anne Arundel-MD	2:13.34 Y _____
7				_____
8				_____
9				_____
10				_____
<b>Heat 2 of 9 Prelims</b>				
1	Meghan Price	17	UpperMainLine-PA	2:11.95 Y _____
2	Hope Logan	15	Bath Area-ME	2:10.69 Y _____
3	Whitney Gould	18	Tri-Hampton-PA	2:09.98 Y _____
4	Katie Kruspe	15	Blue Ash-OH	2:37.14 _____
5	Rachel Samuelson	15	Chapel Hill-NC	2:37.01 _____
6	Caitlynn Moon	15	Kishwaukee-IL	2:37.07 _____
7	Jaclyn Andrews	17	Catonsville-MD	2:37.14 _____
8	Kelsey Frantz	17	Sarasota-FL	2:10.43 Y _____
9	Helen Park	15	Cheshire-CT	2:11.18 Y _____
10	Emma Werkiser	16	Kennett-PA	2:12.09 Y _____
<b>Heat 3 of 9 Prelims</b>				
1	Cara Wethington	15	ME Lyons-OH	2:36.86 _____
2	Emma Buckridge	14	East Hartford-CT	2:36.73 _____
3	Morgan Tacik	13	Northwest-NC	2:36.65 _____
4	Whitney Whitehead	16	Gr. Flint-MI	2:36.28 _____
5	Alyssa Finn	18	SomersetValleyNJ	2:36.01 _____
6	Katherine LA Cava	17	MetuchenED-NJ	2:36.21 _____
7	Maria Russo	14	Hunterdon-NJ	2:36.43 _____
8	Maura Mullaney	15	Montclair-NJ	2:36.71 _____
9	Alyssa Schaefer	18	Ridgewood-NJ	2:36.81 _____
10	Allie Carter	13	Western Br-DE	2:36.95 _____
<b>Heat 4 of 9 Prelims</b>				
1	Sydney McNulty	14	Middle Tyger-SC	2:35.64 _____
2	Alden Bauman	15	Anne Arundel-MD	2:35.23 _____
3	Leanna Martin	15	Rock Hill-SC	2:34.91 _____
4	Kate Kelly	16	Middle Tyger-SC	2:34.90 _____
5	Emma Siegel	15	ME Lyons-OH	2:34.81 _____
6	Lauren Law	16	UpperMainLine-PA	2:34.88 _____
7	Leah Bolin	16	Oshkosh-WI	2:34.90 _____
8	Alison Darby	16	Gr. Flint-MI	2:35.22 _____
9	Jennifer Arana	14	Flushing-NY	2:35.38 _____
10	Alexis Kapostasy	14	ME Lyons-OH	2:35.97 _____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 5 Prelims

**Heat 5 Prelims (#503 Women 200 LC Meter Butterfly)**

1	Emily Rezac	14	Triangle Area-NC	2:34.09	_____
2	Maddie Massey	15	Triangle Area-NC	2:33.48	_____
3	Sharron Isola	17	Kishwaukee-IL	2:33.18	_____
4	Elizabeth McDonald	17	Cheshire-CT	2:32.85	_____
5	Cooper Kearns	18	Cheshire-CT	2:32.76	_____
6	Maggie Suhling	17	Rappahannock-VA	2:32.80	_____
7	Laura Stephenson	16	Middletown-OH	2:32.98	_____
8	Katie Shoemaker	18	Columbia NW-SC	2:33.25	_____
9	Siobhan Goodman	17	Ridgewood-NJ	2:33.90	_____
10	Alyssa LaFrenierre	17	Wilton-CT	2:34.80	_____

**Heat 6 of 9 Prelims**

1	Miranda Shelly	16	Farmington-MI	2:32.47	_____
2	Maddie Zimmerman	15	UpperMainLine-PA	2:31.69	_____
3	Marinela Procopii	15	Hickory -NC	2:30.76	_____
4	Brooke Rowley	17	Countryside-OH	2:30.69	_____
5	Morgan Contino	16	ME Lyons-OH	2:30.58	_____
6	Toireasa Rafferty-Millett	17	North Shore-MA	2:30.64	_____
7	Sydney Bornstein	15	Hamilton Area-NJ	2:30.72	_____
8	Kristin Crawford	16	Triangle Area-NC	2:31.28	_____
9	Wendy Liu	18	SomersetValleyNJ	2:32.03	_____
10	Laura Toth	15	Sarasota-FL	2:32.48	_____

**Heat 7 of 9 Prelims**

1	Emma McKinley	17	Piedmont-VA	2:28.65	_____
2	Bailie Monahan	17	Rappahannock-VA	2:26.99	_____
3	Hannah Lips	15	Middle Tyger-SC	2:25.70	_____
4	Brennah Ross	18	UpperMainLine-PA	2:23.85	_____
5	Caitlin Casazza	15	Northwest-NC	2:19.97	_____
6	Jacque Garcia	18	Sarasota-FL	2:22.30	_____
7	Hannah James	15	Sarasota-FL	2:24.95	_____
8	Kaitlyn O'Connor	17	North Shore-MA	2:26.55	_____
9	Hannah Katz	15	Gr Holyoke-MA	2:28.11	_____
10	Rachel Cortright	17	Ridgewood-NJ	2:30.00	_____

**Heat 8 of 9 Prelims**

1	Sarah Hodes	14	Greenwich-CT	2:28.64	_____
2	Emily Slabe	15	Countryside-OH	2:26.67	_____
3	Spence Atkins	14	Sarasota-FL	2:25.31	_____
4	Astrid Swensen	14	North Shore-MA	2:23.06	_____
5	Nancy Hu	13	Sarasota-FL	2:19.30	_____
6	Morgan Perrotti	14	Suncoast-FL	2:21.78	_____
7	Jazzi Cooper	16	Wilton-CT	2:24.60	_____
8	Sage Maggi	15	Gr Holyoke-MA	2:26.47	_____
9	Sara Beth Drake	18	Middle Tyger-SC	2:27.26	_____
10	Katie Murphy	16	Wyckoff-NJ	2:29.62	_____

**Heat 9 of 9 Prelims**

1	Grace DiMeo	15	Sarasota-FL	2:28.16	_____
2	Katie Hallenbeck	18	Kishwaukee-IL	2:26.59	_____
3	Genevieve Miller	15	Northwest-NC	2:25.15	_____
4	Amanda Lucia	17	Gr Holyoke-MA	2:22.93	_____
5	Courtney Weaver	15	Gr. Flint-MI	2:17.00	_____
6	Gabriela Gil	16	Central-FL	2:20.38	_____
7	Amanda McNulty	14	Middle Tyger-SC	2:24.53	_____
8	Charlotte Ward	18	Middle Tyger-SC	2:25.78	_____
9	Morgan Carr	14	Huntington-WV	2:27.21	_____
10	Tori Oslund	18	W.North Carolina	2:29.21	_____

**Event 504 Men 200 LC Meter Butterfly**

National: 2:03.13 7/31/2009 Josh Friedel

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 11 Prelims**

1					_____
2					_____
3	Max Whitehead	17	UpperMainLine-PA	1:57.91 Y	_____
4	Will Brown	18	FanwoodScotch-NJ	1:54.90 Y	_____
5	Michael Norton	14	ME Lyons-OH	2:26.90	_____
6	Anirwin Sridhar	13	Triangle Area-NC	2:26.98	_____
7	Jeff Mikitka	18	Boyertown-PA	1:57.01 Y	_____
8	Garrett Hoce	15	W.North Carolina	2:00.37 Y	_____
9					_____
10					_____

**Heat 2 of 11 Prelims**

1	Matthew Pelton	13	Sarasota-FL	2:26.78	_____
2	Matt Guido	16	Hunterdon-NJ	2:26.44	_____
3	Matthew Zebrowski	15	Red Bank - NJ	2:26.35	_____
4	Alexander Tenner	15	Ocean County-NJ	2:26.28	_____
5	Santi Ruvira	15	Sarasota-FL	2:25.90	_____
6	Raju Kolloru	15	UpperMainLine-PA	2:26.19	_____
7	Michael Williams	15	W.North Carolina	2:26.30	_____
8	Chris Asgian	15	Blue Ash-OH	2:26.36	_____
9	Sean Dunne	17	Red Bank - NJ	2:26.68	_____
10	Michael Hammack	15	Triangle Area-NC	2:26.88	_____

**Heat 3 of 11 Prelims**

1	Zach Kidd	15	Huntington-WV	2:25.56	_____
2	Keith Monteiro	17	FanwoodScotch-NJ	2:25.48	_____
3	Marshall Williams	14	Middle Tyger-SC	2:25.36	_____
4	Jacob Lescault	16	Piedmont-VA	2:25.22	_____
5	Manuel Barragan	15	Suncoast-FL	2:25.18	_____
6	Daniel Drozdewicz	16	FanwoodScotch-NJ	2:25.21	_____
7	Dennis Popov	16	MetuchenED-NJ	2:25.32	_____
8	Max Distler	15	Wyckoff-NJ	2:25.46	_____
9	Patrick Olivier	14	Ridgewood-OH	2:25.51	_____
10	Sebastian Lopez	14	Ridgewood-NJ	2:25.66	_____

**Heat 4 of 11 Prelims**

1	Josh Krieg	16	Laurel Highlands	2:25.10	_____
2	Daniel Hein	13	Kishwaukee-IL	2:25.05	_____
3	Austin Green	17	Tri-County-WV	2:24.95	_____
4	Thomas Bullock	15	Northwest-NC	2:24.68	_____
5	Grant Wethington	15	ME Lyons-OH	2:24.59	_____
6	Hayden Aristizabal	15	Sarasota-FL	2:24.65	_____
7	Joseph Buderwitz	16	Western-CT	2:24.93	_____
8	Frank Dello Buono	15	Kennett-PA	2:25.03	_____
9	Steve Conko	13	Laurel Highlands	2:25.09	_____
10	Brent Hochstein	16	Central Delaware	2:25.17	_____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 5 Prelims

**Heat 5 Prelims (#504 Men 200 LC Meter Butterfly)**

1	Anthony Musto	16	Hunterdon-NJ	2:24.45	_____
2	Sam Maquet	13	Ridgewood-NJ	2:24.30	_____
3	Matt Regan	14	Northwest-NC	2:24.04	_____
4	Dylan Powers	14	Kishwaukee-IL	2:23.70	_____
5	Nicholas Gutsche	16	Brandywine-De	2:23.66	_____
6	Scott Martin	16	Western-CT	2:23.69	_____
7	Edward Healy	15	Red Bank - NJ	2:23.74	_____
8	Cole Davis	15	West Shore-PA	2:24.09	_____
9	Drew Still	16	Middle Tyger-SC	2:24.44	_____
10	Dustin Dyer	17	Fayetteville-NC	2:24.56	_____

**Heat 6 of 11 Prelims**

1	Wilson Hicks	17	Middle Tyger-SC	2:23.46	_____
2	Tyler Gimple	16	Piedmont-VA	2:23.43	_____
3	Shayne Custodio	16	Mid-Delmarva-MD	2:23.33	_____
4	Stephen Skaperdas	16	New Canaan-CT	2:22.62	_____
5	Tyler Wright	17	Sanford-ME	2:22.31	_____
6	Robert Armentrout	17	Twin Rivers-NC	2:22.61	_____
7	Riley League	15	Rock Hill-SC	2:23.05	_____
8	Jared Redding	17	Rappahannock-VA	2:23.35	_____
9	Alex Andrew	17	Middletown-OH	2:23.46	_____
10	Christian Rauch	17	Sarasota-FL	2:23.50	_____

**Heat 7 of 11 Prelims**

1	Pearson Mann	16	Middle Tyger-SC	2:21.66	_____
2	Ciaran Dillon-Davidson	15	Gr Holyoke-MA	2:21.21	_____
3	Sam Day	15	Northwest-NC	2:20.87	_____
4	Jeffrey Donovan	17	SomersetValleyNJ	2:20.69	_____
5	Ian Delahunty	17	Middle Tyger-SC	2:20.62	_____
6	Eric Lethander	17	Powel Crosley-OH	2:20.64	_____
7	Stephen Hollinshead	15	Triangle Area-NC	2:20.69	_____
8	Tyler Fullington	16	South Family-OH	2:21.04	_____
9	Steven Geier	16	East Hartford-CT	2:21.45	_____
10	Jourdan Stewart	15	Wilton-CT	2:21.75	_____

**Heat 8 of 11 Prelims**

1	David Harmon	16	Anne Arundel-MD	2:20.43	_____
2	Matt Gullickson	15	Leaning Tower-IL	2:20.21	_____
3	Kevin Kosciuk	18	Cheshire-CT	2:20.09	_____
4	Christian Josephson	17	Countryside-OH	2:17.60	_____
5	Alex Fox	17	Northwest-NC	2:16.80	_____
6	Brian Key	18	Oshkosh-WI	2:17.38	_____
7	Mike Napolitano	18	FanwoodScotch-NJ	2:18.74	_____
8	Jacob Crain	17	Huntington-WV	2:20.15	_____
9	Jonathan Glavich	13	Triangle Area-NC	2:20.35	_____
10	Ian Dixon-Anderson	15	Hamilton Area-NJ	2:20.45	_____

**Heat 9 of 11 Prelims**

1	Shawn Leonard	19	Sarasota-FL	2:16.38	_____
2	Gregory Kogut	18	Anne Arundel-MD	2:14.91	_____
3	Justin Mehl	15	Middle Tyger-SC	2:12.33	_____
4	Sava Turcanu	16	Hickory -NC	2:10.48	_____
5	David Morgan	17	Suncoast-FL	2:05.25	_____
6	Zachary Perrotti	17	Suncoast-FL	2:08.93	_____
7	Tyler Rauth	18	UpperMainLine-PA	2:11.22	_____
8	Connor Yoo	18	UpperMainLine-PA	2:14.00	_____
9	Dougie Kogut	15	Anne Arundel-MD	2:15.46	_____
10	Christopher DePietro	17	Lancaster-OH	2:16.75	_____

**Heat 10 of 11 Prelims**

1	Connor Daly	17	Burbank-MA	2:16.15	_____
2	Justin Kostelnik	16	Laurel Highlands	2:14.86	_____
3	Matt McKenney	17	Anne Arundel-MD	2:11.72	_____
4	Alex Keller	16	Fayette-IL	2:10.45	_____
5	Andrew Yunker	17	Gr. Flint-MI	2:04.27	_____
6	Isaac Klinger	15	Greensboro-NC	2:07.74	_____
7	Austin Wolff	17	New Canaan-CT	2:10.89	_____
8	Drew Krueger	15	South Family-OH	2:13.96	_____
9	Daniel Hellman	18	Red Bank - NJ	2:15.13	_____
10	Sean Higgins	16	Wilton-CT	2:16.51	_____

**Heat 11 of 11 Prelims**

1	Michael King	15	Columbia NW-SC	2:16.10	_____
2	Trent Snelson	17	GreaterPeoria-IL	2:14.22	_____
3	Nathan Reed	19	UpperMainLine-PA	2:11.62	_____
4	Kyle Madley	18	SomersetHills-NJ	2:08.98	_____
5	David Ingraham	18	Middle Tyger-SC	2:04.04	_____
6	Leo Lim	17	Wyckoff-NJ	2:05.56	_____
7	Liam McKane	15	Sarasota-FL	2:10.51	_____
8	Kei Ishimaru	16	Kishwaukee-IL	2:13.45	_____
9	Dan Napolitano	18	FanwoodScotch-NJ	2:15.10	_____
10	Jonathan Burr	18	East Hartford-CT	2:16.48	_____

**Event 505 Women 50 LC Meter Backstroke**

National: 29.32 7/30/2004 Lauren English

Lane Name Age Team Seed Time

**Heat 1 of 12 Prelims**

1					_____
2					_____
3					_____
4	Lisa Mazukewicz	16	Hamilton Area-NJ	32.41 Y	_____
5	Allie Magrino	14	Central-FL	31.46 Y	_____
6	Meghan Claflin	16	North Shore-MA	32.31 Y	_____
7	Olivia Law	13	Triangle Area-NC	33.69 Y	_____
8					_____
9					_____
10					_____

**Heat 2 of 12 Prelims**

1	Stephanie Stoops	13	ME Lyons-OH	31.10 Y	_____
2	Joanna Williams	16	Greensboro-NC	30.77 Y	_____
3	Bailey Folmar	16	J.F. Hurley-NC	30.17 Y	_____
4	Kelly Miller	17	State College-PA	29.88 Y	_____
5	Brianna Thompson	15	SomersetHills-NJ	29.77 Y	_____
6	Claire Mesko	17	Western Br-DE	29.79 Y	_____
7	Laura Bradley	16	Rappahannock-VA	30.01 Y	_____
8	Leeanna Cass	14	Ocean County-NJ	30.39 Y	_____
9	Christiana Cornea	13	Triangle Area-NC	30.93 Y	_____
10	Samantha Merta	15	Hickory -NC	31.28 Y	_____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 5 Prelims

**Heat 3 Prelims (#505 Women 50 LC Meter Backstroke)**

1	Bridget Nucum	17	West Monmouth-NJ	29.20	Y	_____
2	Kaitlin Law	16	Triangle Area-NC	28.81	Y	_____
3	Annie Walker	17	Western Br-DE	28.71	Y	_____
4	Alicia Diaz	13	Kennett-PA	28.45	Y	_____
5	Madeline Rastall	16	Door County-WI	28.00	Y	_____
6	Jessica Russell	16	Bath Area-ME	28.10	Y	_____
7	Megan Paultet	16	East Suburban-PA	28.46	Y	_____
8	Gabrielle Haaraoja	15	Gr. Flint-MI	28.72	Y	_____
9	Sierra Townsend	18	Door County-WI	29.18	Y	_____
10	Alexa Collins	15	Rappahannock-VA	29.76	Y	_____

**Heat 4 of 12 Prelims**

1	Austin Mateo	16	Wyckoff-NJ	33.62	S	_____
2	Maddy Radwan	16	Triangle Area-NC	36.67		_____
3	Angie Healy	16	Twin Rivers-NC	36.20		_____
4	Emily Rezac	14	Triangle Area-NC	35.84		_____
5	Ally Warnimont	14	Northwest-NC	35.15		_____
6	Bridget Horton	12	Ridgewood-NJ	35.57		_____
7	Jordan Jacobson	16	Gr. Westfield-MA	35.92		_____
8	Kelly Czochanski	14	Ridgewood-NJ	36.47		_____
9	Elisabeth Anne Orr	16	Newberry-SC	33.49	S	_____
10	Hannah Markey	18	FanwoodScotch-NJ	27.67	Y	_____

**Heat 5 of 12 Prelims**

1	Vicky Miller	18	J.F. Hurley-NC	34.83		_____
2	Sara Barlok	14	Cheshire-CT	34.82		_____
3	Cindy Cheng	15	Central-FL	34.71		_____
4	Sonia Lin	13	Bath Area-ME	34.64		_____
5	Samantha Hall	13	Elkins-WV	34.56		_____
6	Susan Neggia	14	Wyckoff-NJ	34.57		_____
7	Anna Brown	15	Western-CT	34.71		_____
8	Dana Drage	15	Gr. Toledo-OH	34.80		_____
9	Colleen Humel	14	Gr Holyoke-MA	34.83		_____
10	Sophia Galounis	17	Joliet-IL	35.02		_____

**Heat 6 of 12 Prelims**

1	Alexis Alvarez	14	Greenwich-CT	34.53		_____
2	Paige Theobald	16	Countryside-OH	34.44		_____
3	Erin Sivak	16	B R Ryall-IL	34.36		_____
4	Hannah Webb	16	Gr. Miami Val-OH	34.28		_____
5	Maeve Awiszus	15	Andover-MA	34.04		_____
6	Jillian Dela Cruz	15	MetuchenED-NJ	34.07		_____
7	Hannah Connell	17	West Cook-IL	34.34		_____
8	Morgan Runk	16	Ocean County-NJ	34.39		_____
9	Molly Condron	16	Cheshire-CT	34.50		_____
10	Lena DiPrizito	15	Wyckoff-NJ	34.53		_____

**Heat 7 of 12 Prelims**

1	Amy Nemeth	14	West Morris-NJ	34.00		_____
2	Justice Spicer	15	South Family-OH	33.97		_____
3	Rachel Grove	18	Countryside-OH	33.91		_____
4	Kate Hugo	15	Oshkosh-WI	33.83		_____
5	Stephanie Moriarty	15	Wilton-CT	33.75		_____
6	Megan Dodge	15	Hunterdon-NJ	33.82		_____
7	Megan Monahan	15	ME Lyons-OH	33.85		_____
8	Ashley Miller	17	Suburban W-OH	33.96		_____
9	Morgan Brebberman	15	Gr. Toledo-OH	34.00		_____
10	Teri Faller	18	Andover-MA	34.02		_____

**Heat 8 of 12 Prelims**

1	Yookee Roh	17	Ridgewood-NJ	33.72		_____
2	Elizabeth Chemey	12	Boyertown-PA	33.68		_____
3	Kelly Drayton	15	South Family-OH	33.61		_____
4	Emma Whitney	13	Gr. Westfield-MA	33.45		_____
5	Erin McElwee	16	UpperMainLine-PA	33.39		_____
6	Tara Gidaszewski	17	Kishwaukee-IL	33.41		_____
7	Haley Shaw	16	Gr. Flint-MI	33.58		_____
8	Kathleen Kilfeather	14	Ocean County-NJ	33.65		_____
9	Keely Lovern	15	Licking-OH	33.71		_____
10	Rebecca Werdine	16	Suncoast-FL	33.72		_____

**Heat 9 of 12 Prelims**

1	Sarah Fergus	13	Kishwaukee-IL	33.28		_____
2	Rachael Loek	17	B R Ryall-IL	33.23		_____
3	Kelly Hamilton	16	Chambersburg-PA	33.18		_____
4	Lauren Folkert	16	Farmington-MI	33.05		_____
5	Emily Buczkowski	18	Bath Area-ME	32.98		_____
6	Olivia Rath	17	Farmington-MI	33.03		_____
7	Alex Vezzetti	17	Rock Hill-SC	33.15		_____
8	Gabriella Levine	17	FanwoodScotch-NJ	33.22		_____
9	Taylor Shelley	17	Brandywine-De	33.24		_____
10	Lexi Monty	13	Fox Cities-WI	33.30		_____

**Heat 10 of 12 Prelims**

1	Jaime Siler	17	South Family-OH	32.58		_____
2	Kaylyn Murphy	17	Coffman - OH	32.36		_____
3	Natalie Rohr	17	South Family-OH	31.99		_____
4	Haley Dascenzo	17	Laurel Highlands	31.53		_____
5	Celia Oberholzer	17	Powel Crosley-OH	30.44		_____
6	Maggie Miller	14	Elkins-WV	31.17		_____
7	Ashley Martin	18	Rock Hill-SC	31.85		_____
8	Alex Eiler	16	Oshkosh-WI	32.17		_____
9	Virginia Summer	17	Newberry-SC	32.44		_____
10	Marie Chamberlain	15	Cape Cod-MA	32.87		_____

**Heat 11 of 12 Prelims**

1	Jessica Cronin	16	FanwoodScotch-NJ	32.52		_____
2	Aubrey Miller	18	Boyertown-PA	32.34		_____
3	Mara Valenzuela	18	SomersetValleyNJ	31.92		_____
4	Tori Wood	17	Anne Arundel-MD	31.48		_____
5	Emily O'Neill	18	West Monmouth-NJ	30.15		_____
6	Courtney Miller	17	Elkins-WV	31.08		_____
7	Michelle Kim	15	Wyckoff-NJ	31.77		_____
8	Olivia Gregson	15	Gr. Flint-MI	32.06		_____
9	Kendra Bierman	18	Powel Crosley-OH	32.44		_____
10	Marianne Kahmann	14	Coffman - OH	32.75		_____

**Heat 12 of 12 Prelims**

1	Sidney Pahmer	18	Wilton-CT	32.51		_____
2	Hannah Stephenson	18	Triangle Area-NC	32.30		_____
3	Sarah Weidner	19	South Family-OH	31.90		_____
4	Danielle Bach	17	Wyckoff-NJ	31.32		_____
5	Lindsay Temple	15	SomersetValleyNJ	28.11		_____
6	Noelle Klockner	16	West Monmouth-NJ	30.62		_____
7	Meg Beese	15	B R Ryall-IL	31.71		_____
8	Katlyn Mutone	17	Boyertown-PA	32.00		_____
9	Nicole Salzano	15	Ridgewood-NJ	32.40		_____
10	Katy Comer	16	FanwoodScotch-NJ	32.68		_____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 5 Prelims

## Event 506 Men 50 LC Meter Backstroke

National:		25.90	7/30/2010	James Wells	
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 9 Prelims</b>					
1	McClure Brower	15	Greensboro-NC	29.75	Y _____
2	Dave Lattimer	15	Sarasota-FL	27.48	Y _____
3	Jack Fergus	15	Kishwaukee-IL	27.07	Y _____
4	Joshua Furth	15	New Canaan-CT	26.69	Y _____
5	Nigel Lane	16	Hunterdon-NJ	26.20	Y _____
6	Chris Gardner	16	Central Delaware	26.29	Y _____
7	Dustin Dyer	17	Fayetteville-NC	27.00	Y _____
8	Jimmy McDonnell	16	Hunterdon-NJ	27.42	Y _____
9	Peter Fulton	16	East Hartford-CT	28.61	Y _____
10					_____
<b>Heat 2 of 9 Prelims</b>					
1	Mace Long	16	Gr. Johnstown-PA	25.00	Y _____
2	Rhet Rheinlander	18	Sarasota-FL	35.00	_____
3	Tyler Kauth	13	Red Bank - NJ	34.84	_____
4	Matthew Gearing	15	South Family-OH	34.29	_____
5	Jimmy Koloseike	14	Countryside-OH	33.39	_____
6	Josh Taekman	14	Chapel Hill-NC	33.68	_____
7	Ryan O'Neill	15	West Monmouth-NJ	34.67	_____
8	Tim Dickman	14	Countryside-OH	34.97	_____
9	Jason Moyer	18	Boyertown-PA	23.96	Y _____
10	Andrew Martin	15	Lancaster-OH	25.06	Y _____
<b>Heat 3 of 9 Prelims</b>					
1	Jay Achuff	15	UpperMainLine-PA	32.91	_____
2	Harrison Rodts	16	North Shore-MA	32.81	_____
3	Brenden Yoo	14	UpperMainLine-PA	32.65	_____
4	Matthew Kazanowsky	14	Ocean County-NJ	32.59	_____
5	Connor Moore	16	FanwoodScotch-NJ	32.37	_____
6	Hevin Na	15	Cheshire-CT	32.40	_____
7	JT Klimko	15	Wyckoff-NJ	32.60	_____
8	Parker Boutwell	15	Northwest-NC	32.81	_____
9	Devon D'Agosta	16	Western-CT	32.90	_____
10	Jonathan Ericksen	14	ME Lyons-OH	33.21	_____
<b>Heat 4 of 9 Prelims</b>					
1	Chris Kay	16	Huntington-WV	32.22	_____
2	Nate Fagen	16	Rapid Area-MI	32.19	_____
3	Chris Healy	16	Northwest-NC	32.16	_____
4	Ray Chen	17	Cheshire-CT	31.86	_____
5	Keith Monteiro	17	FanwoodScotch-NJ	31.73	_____
6	Daniel Hein	13	Kishwaukee-IL	31.78	_____
7	Kyle Surette	17	SomersetValleyNJ	31.97	_____
8	Maks Grover	16	Down East-ME	32.18	_____
9	Chili Davis	16	Birmingham-AL	32.21	_____
10	JD Chow	16	Montclair-NJ	32.29	_____

## Heat 5 of 9 Prelims

1	Dean Shafritz	14	Red Bank - NJ	31.63	_____
2	Freddie McDonald	17	West Monmouth-NJ	31.48	_____
3	Evan Newbold	17	SomersetValleyNJ	31.48	_____
4	Michael Austin	18	Countryside-OH	31.34	_____
5	Alex Skoog	14	FanwoodScotch-NJ	31.28	_____
6	Fritz Josephson	14	Countryside-OH	31.30	_____
7	Andrew Ro	13	Ridgewood-NJ	31.47	_____
8	Jay Lessard	16	East Hartford-CT	31.48	_____
9	Duncan Mahnken	17	Portsmouth-VA	31.58	_____
10	Stephen O'Donnell	15	Portsmouth-VA	31.64	_____

## Heat 6 of 9 Prelims

1	Paul Dickman	16	Countryside-OH	31.13	_____
2	Graham Barker	17	Central-FL	30.94	_____
3	Christopher Tucker	14	Red Bank - NJ	30.78	_____
4	Daniel Pesin	17	FanwoodScotch-NJ	30.52	_____
5	Mark Hancher	14	Blue Ash-OH	30.47	_____
6	Drew Orzechowski	15	West Monmouth-NJ	30.48	_____
7	Dylan Sali	16	SomersetValleyNJ	30.60	_____
8	Sean Heinsen	17	Powel Crosley-OH	30.85	_____
9	Jeff Magin	17	Western-CT	31.05	_____
10	Kevin Hong	17	SomersetValleyNJ	31.18	_____

## Heat 7 of 9 Prelims

1	Dougan McGrath	17	Ridley-PA	30.30	_____
2	Michael O'Brien	16	SomersetValleyNJ	29.79	_____
3	John Quagliariello	18	Ridley-PA	29.14	_____
4	Sam Lynch	16	Red Bank - NJ	28.26	_____
5	Grant Alef	18	Kishwaukee-IL	27.91	_____
6	Dylan Davis	18	Anne Arundel-MD	28.12	_____
7	Dylan Cummings	18	Wyckoff-NJ	28.70	_____
8	Thomas Rinaldi	18	SomersetValleyNJ	29.48	_____
9	Caleb Camp	17	Chapel Hill-NC	30.05	_____
10	Andrew Delahunty	15	Middle Tyger-SC	30.43	_____

## Heat 8 of 9 Prelims

1	Harry Clewell	16	FanwoodScotch-NJ	30.22	_____
2	Brad Helt	16	Wilton-CT	29.77	_____
3	Ian Wooley	16	Countryside-OH	28.82	_____
4	Alex Burzynski	17	FanwoodScotch-NJ	28.20	_____
5	Eric Forrester	18	Mon Valley-PA	27.69	_____
6	Martin Kendig	18	East Suburban-PA	27.94	_____
7	Jeffrey Mead	18	Columbia NW-SC	28.69	_____
8	Jimmy Ryan	17	UpperMainLine-PA	29.31	_____
9	Garrett Procunier	17	Gr. Flint-MI	29.91	_____
10	Jacob Nicoletta	17	Mon Valley-PA	30.40	_____

## Heat 9 of 9 Prelims

1	Colin Foes	17	Blue Ash-OH	30.09	_____
2	Keith Chandler	17	Down East-ME	29.64	_____
3	Matthew Vanbiervliet	18	SomersetValleyNJ	28.81	_____
4	Ryan DeBerry	17	W.North Carolina	28.12	_____
5	Steven Zimmerman	18	Countryside-OH	26.58	_____
6	Nic Graesser	17	UpperMainLine-PA	27.93	_____
7	Aaron Athanas	17	North Shore-MA	28.40	_____
8	Colin Heil	18	Anne Arundel-MD	29.17	_____
9	Taylor Adams	17	Wyckoff-NJ	29.85	_____
10	Joey Faller	15	Andover-MA	30.35	_____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 5 Prelims

## Event 507 Women 100 LC Meter Breaststroke

National: 1:11.26 7/31/2009 KC Moss				
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 11 Prelims</b>				
1	Callie Drage	13	Gr. Toledo-OH	1:09.16Y
2	Cara Egan	16	New Canaan-CT	1:08.97Y
3	Jamie Wild	16	Portsmouth-VA	1:08.79Y
4	Katlyn Curnes	15	J.B. Chambers-WV	1:08.56Y
5	Holly Stein	15	East Suburban-PA	1:07.97Y
6	Hailey Martel	17	Northwest-CT	1:08.03Y
7	Sonia Lin	13	Bath Area-ME	1:08.59Y
8	Hailey Olson	16	ME Lyons-OH	1:08.85Y
9	Maire Casey	16	East Hartford-CT	1:09.12Y
10	Ali Snover	15	Middle Tyger-SC	1:09.17Y
<b>Heat 2 of 11 Prelims</b>				
1	Sarah Baxter	15	Canandaigua-NY	1:07.16Y
2	Sam Hardewig	17	ME Lyons-OH	1:05.48Y
3	Palmer Benson	16	J.F. Hurley-NC	1:22.24
4	Katlynn Emaus	14	Rapid Area-MI	1:22.12
5	Anna Pettus	13	Rock Hill-SC	1:22.07
6	Katie Mulcahy	13	West Monmouth-NJ	1:22.11
7	Taylor Deubel	16	Cheshire-CT	1:22.16
8	Samantha Smithburger	14	Sarasota-FL	1:22.29
9	Shannon Slate	17	Red Bank - NJ	1:06.92Y
10	Jessica Horomanski	13	Middle Tyger-SC	1:07.93Y
<b>Heat 3 of 11 Prelims</b>				
1	Gina Sancricca	16	Gr. Flint-MI	1:21.90
2	Brookley Garry	13	Blue Ash-OH	1:21.89
3	Michelle Witt	16	Oshkosh-WI	1:21.82
4	Sara Wujciak	15	Gr. Flint-MI	1:21.64
5	Rebecca Pindral	18	Tampa Metro-FL	1:21.52
6	Heather Good	18	SomersetValleyNJ	1:21.55
7	Erin Lewis	15	Gr. Westfield-MA	1:21.66
8	Elise Duwell	17	Oshkosh-WI	1:21.87
9	Randi Katz	17	Gr Holyoke-MA	1:21.90
10	Tyler Stephenson	14	Triangle Area-NC	1:21.90
<b>Heat 4 of 11 Prelims</b>				
1	Sidney Sherman	15	Ocean County-NJ	1:21.43
2	Melissa Rose	14	Buehler-IL	1:21.34
3	Ali Bauer	17	Rapid Area-MI	1:21.24
4	Ashley Corley	15	West Monmouth-NJ	1:21.19
5	Rachel Holm	15	Fayette-IL	1:21.16
6	Ashley Teller	15	Portsmouth-VA	1:21.18
7	Rikki Berk	17	Wyckoff-NJ	1:21.22
8	Rachael Theiler	16	Powel Crosley-OH	1:21.29
9	Morgan Rulevich	14	Rock Hill-SC	1:21.41
10	Maddy Irwin	18	Wilton-CT	1:21.45

## Heat 5 of 11 Prelims

1	Ashley Atherton	18	SomersetValleyNJ	1:20.95
2	Ashley Wilson	13	Oshkosh-WI	1:20.89
3	Samantha Tarbuck	14	Ridgewood-OH	1:20.81
4	Emma Kohlenstein	15	SomersetValleyNJ	1:20.71
5	Savanna Faulconer	13	Middle Tyger-SC	1:20.70
6	Kara Lacoste	17	Gr Holyoke-MA	1:20.70
7	Maggie Werba	14	Oshkosh-WI	1:20.77
8	Katie Evans	14	Greenwich-CT	1:20.87
9	Michaela Cunningham	16	Anne Arundel-MD	1:20.94
10	Callie Phillips	17	Gr Holyoke-MA	1:21.15

## Heat 6 of 11 Prelims

1	Audrey Mooney	12	ME Lyons-OH	1:20.61
2	Lindsay Partin	15	Cape Cod-MA	1:20.50
3	Stephanie Ross	16	West Monmouth-NJ	1:20.45
4	Allison Dicke	15	Blue Ash-OH	1:20.41
5	Kelly McNulty	17	Middle Tyger-SC	1:20.36
6	Victoria Chao	15	Greenwich-CT	1:20.40
7	Morgan Kandrac	18	Hamilton Area-NJ	1:20.43
8	Michelle Fischl	17	Laurel Highlands	1:20.46
9	Ali Follman	17	Wyckoff-NJ	1:20.51
10	Sara Liang	13	Countryside-OH	1:20.70

## Heat 7 of 11 Prelims

1	Jodie Thompson	15	FanwoodScotch-NJ	1:20.21
2	Erin Seiler	17	UpperMainLine-PA	1:20.04
3	Cecelia McEachern	16	Down East-ME	1:19.89
4	Charlotte Harris	17	Blue Ash-OH	1:19.77
5	Mariah Akinbi	18	Powel Crosley-OH	1:19.53
6	Kim Weyand	18	Anne Arundel-MD	1:19.76
7	Liz Mooney	18	Middle Tyger-SC	1:19.84
8	Jen Koide	15	West Morris-NJ	1:19.92
9	Tara O'Prey	16	Ridley-PA	1:20.20
10	Kaitlin Jones	15	Chapel Hill-NC	1:20.23

## Heat 8 of 11 Prelims

1	Jennifer Garzinski	18	Countryside-OH	1:19.47
2	Hannah Snyder	17	Triangle Area-NC	1:19.37
3	Ally Davis	15	Triangle Area-NC	1:19.29
4	Elise Prayson	17	South Family-OH	1:19.17
5	Alyssa Storino	14	Wilton-CT	1:18.83
6	Rachel Revolinski	18	Oshkosh-WI	1:18.90
7	Michelle Kierencew	15	MetuchenED-NJ	1:19.25
8	Kristin Filby	16	Gr. Toledo-OH	1:19.35
9	Brooke Morton	17	Central-FL	1:19.44
10	Kaitlin Kunkle	16	Newberry-SC	1:19.49

## Heat 9 of 11 Prelims

1	Erin Dunstan	16	New Canaan-CT	1:18.76
2	Melissa Phan	14	Middle Tyger-SC	1:18.37
3	Rachel Stoddard	16	SomersetValleyNJ	1:17.51
4	Halie Lacey	18	Central-FL	1:16.55
5	Emily Maret	18	W.North Carolina	1:14.38
6	Bethany Leap	15	Sarasota-FL	1:15.40
7	Katherine Parker	15	Anne Arundel-MD	1:16.73
8	McKenzie Street	14	Ridley-PA	1:18.09
9	Celia Frick	16	SomersetHills-NJ	1:18.45
10	Seana Acker	17	Piedmont-VA	1:18.83

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 5 Prelims

**Heat 10 Prelims (#507 Women 100 LC Meter Breaststroke)**

1	Devonne Moore	16	UpperMainLine-PA	1:18.56	_____
2	Victoria De Maria	16	Middle Tyger-SC	1:18.35	_____
3	Megan Lattimer	18	Wilton-CT	1:17.45	_____
4	Meriza Werenski	15	Gr Holyoke-MA	1:16.39	_____
5	Kayla Brumbaum	16	Rappahannock-VA	1:13.57	_____
6	Olivia Leunis	16	New Canaan-CT	1:15.39	_____
7	Claudia DiCapua	16	New Canaan-CT	1:16.62	_____
8	Olivia Clark	16	Wilton-CT	1:17.74	_____
9	Corrina Nickerson	17	Northwest-CT	1:18.42	_____
10	Nicole Provenza	17	Anne Arundel-MD	1:18.82	_____

**Heat 11 of 11 Prelims**

1	Basira Knight	15	Triangle Area-NC	1:18.46	_____
2	Valerie Jones	18	Kishwaukee-IL	1:18.22	_____
3	Courtney Flynn	18	East Hartford-CT	1:17.37	_____
4	Carlyn Evans	17	UpperMainLine-PA	1:15.57	_____
5	Gabbie Pettinichi	18	ME Lyons-OH	1:13.56	_____
6	Megan Harris	18	UpperMainLine-PA	1:15.29	_____
7	Marina Borri	17	Farmington-MI	1:16.62	_____
8	Monica Milici	17	Middle Tyger-SC	1:17.63	_____
9	Izzi Woodard	15	Rock Hill-SC	1:18.40	_____
10	Kayla McAvoy	17	Wyckoff-NJ	1:18.81	_____

**Event 508 Men 100 LC Meter Breaststroke**

National: 1:03.98 1992 M. Hubbell

Lane Name Age Team Seed Time

**Heat 1 of 14 Prelims**

1					_____
2					_____
3	Ned Hanlon	16	New Canaan-CT	1:02.71	Y_____
4	Nicholas Yodonis	16	Ocean County-NJ	1:02.45	Y_____
5	John Slavens	15	Rock Hill-SC	1:02.39	Y_____
6	Michael Eaton	15	J.B. Chambers-WV	1:02.41	Y_____
7	Mitchell Dodd	16	Lancaster-OH	1:02.51	Y_____
8					_____
9					_____
10					_____

**Heat 2 of 14 Prelims**

1	David Kitchen	16	Andover-MA	1:02.29	Y_____
2	Daniel Peng	15	Indiana-PA	1:02.05	Y_____
3	Dan McGrath	15	Ridley-PA	1:01.79	Y_____
4	Daniel Gallagher	18	Anne Arundel-MD	1:01.67	Y_____
5	Jon Haycock	15	Indiana-PA	1:01.56	Y_____
6	Jason Williams	17	Suncoast-FL	1:01.66	Y_____
7	Scott McLaughlin	17	Cortland-NY	1:01.78	Y_____
8	Alex D'Anna	15	Red Bank - NJ	1:02.00	Y_____
9	Matthew Schlehr	16	Countryside-OH	1:02.26	Y_____
10	Andrew Nesbitt	16	SomersetValleyNJ	1:02.33	Y_____

**Heat 3 of 14 Prelims**

1	William La Porta	18	MetuchenED-NJ	1:01.25	Y_____
2	Alex Bildey	16	West Monmouth-NJ	1:00.60	Y_____
3	Mitchel Cole	17	Greensboro-NC	1:00.53	Y_____
4	Connor O'Prey	17	Ridley-PA	59.49	Y_____
5	Christopher Rutter	13	Powel Crosley-OH	1:15.09	_____
6	Matt Kendall	18	SomersetValleyNJ	58.65	Y_____
7	Dylon Johnson	17	W.North Carolina	1:00.11	Y_____
8	Michael Smigelski	16	Southington-CT	1:00.59	Y_____
9	Keith Chandler	17	Down East-ME	1:01.20	Y_____
10	Kevin McCarthy	17	ME Lyons-OH	1:01.27	Y_____

**Heat 4 of 14 Prelims**

1	Nitay Caspi	15	Montclair-NJ	1:15.00	_____
2	Bora Sebuktekin	16	SomersetValleyNJ	1:14.97	_____
3	Bryce Durling	14	Northwest-NC	1:14.92	_____
4	Stefan Roeseler	15	Leaning Tower-IL	1:14.88	_____
5	Brandon Cole	15	Wilton-CT	1:14.85	_____
6	Vincent Camin	15	Andover-MA	1:14.85	_____
7	Elliot Chun	15	Allard Center-NH	1:14.92	_____
8	George Vlahos	14	Northwest-NC	1:14.96	_____
9	Blake Ruddock	16	Western-CT	1:15.00	_____
10	Zack Soliman	15	Suncoast-FL	1:15.06	_____

**Heat 5 of 14 Prelims**

1	Brennan Burt	16	Powel Crosley-OH	1:14.82	_____
2	Luke Frederick	16	East Suburban-PA	1:14.69	_____
3	Stephen Spittler	15	B R Ryall-IL	1:14.67	_____
4	Chris Koloseike	16	Countryside-OH	1:14.66	_____
5	Daniel Stockner	16	Rappahannock-VA	1:14.61	_____
6	Mark Steffl	16	Lionville-PA	1:14.65	_____
7	Daniel Andronov	15	MetuchenED-NJ	1:14.66	_____
8	Ken Richardson	16	UpperMainLine-PA	1:14.68	_____
9	Alex Jahan	13	Greenwich-CT	1:14.82	_____
10	Christopher Curtin	17	East Hartford-CT	1:14.85	_____

**Heat 6 of 14 Prelims**

1	Brendan Day	17	Gr. Westfield-MA	1:14.52	_____
2	Jimmy Stinehart	15	Gr. Westfield-MA	1:14.40	_____
3	Wayne Chan	15	MetuchenED-NJ	1:14.33	_____
4	Austin Van Vliet	17	Tampa Metro-FL	1:14.29	_____
5	Grant Murray	15	Anne Arundel-MD	1:14.24	_____
6	Colin Fitzgerald	15	SomersetHills-NJ	1:14.26	_____
7	Liam Tully	18	Montclair-NJ	1:14.30	_____
8	Ryan Schultz	15	Kishwaukee-IL	1:14.33	_____
9	Michael Montague	15	ME Lyons-OH	1:14.49	_____
10	Nick Lafky	16	Western-CT	1:14.61	_____

**Heat 7 of 14 Prelims**

1	Danny Sullivan	17	Hamilton Area-NJ	1:14.15	_____
2	Alex Tran	18	Central-FL	1:14.13	_____
3	Ryan Marcinkowski	15	Wyckoff-NJ	1:14.08	_____
4	James Bartel	15	Triangle Area-NC	1:14.06	_____
5	Edward Kim	16	Wyckoff-NJ	1:13.91	_____
6	Dylan Philippart	16	Rappahannock-VA	1:14.01	_____
7	Luke Lechner	15	W.North Carolina	1:14.06	_____
8	Gabe Lane	17	New Canaan-CT	1:14.13	_____
9	Ian Amistoso	15	Sarasota-FL	1:14.13	_____
10	John Stelmack	15	Middle Tyger-SC	1:14.16	_____



## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 5 Prelims

**Heat 8 Prelims (#508 Men 100 LC Meter Breaststroke)**

1	David Woods	18	Kennett-PA	1:13.82	_____
2	Will Krueger	17	South Family-OH	1:13.80	_____
3	Luca Bassani	15	Central-FL	1:13.75	_____
4	Matthew Hobler	16	Blue Ash-OH	1:13.72	_____
5	Kristoff Kolodko	15	Wyckoff-NJ	1:13.67	_____
6	Brian Bendel	18	South Family-OH	1:13.70	_____
7	Bobby Lesko	15	Wilton-CT	1:13.73	_____
8	Brandon Tutty	15	West Morris-NJ	1:13.78	_____
9	Kevin Huntley	16	Anne Arundel-MD	1:13.81	_____
10	Matthew Rolleston	16	Glens Falls-NY	1:13.86	_____

**Heat 9 of 14 Prelims**

1	Ryan Gajdzisz	15	FanwoodScotch-NJ	1:13.58	_____
2	Charlie Seltzer	14	North Shore-MA	1:13.55	_____
3	Sherman Lau	15	Wilton-CT	1:13.30	_____
4	Nicholas Gutsche	16	Brandywine-De	1:13.29	_____
5	Taylor Hall	16	Middle Tyger-SC	1:13.14	_____
6	Jonathan Frank	15	East Hartford-CT	1:13.23	_____
7	Gene Han	15	Wyckoff-NJ	1:13.30	_____
8	Jonathon Pins	15	Rappahannock-VA	1:13.53	_____
9	Wyatt Thomas	16	Countryside-OH	1:13.57	_____
10	Jonathan Seger	16	Blue Ash-OH	1:13.66	_____

**Heat 10 of 14 Prelims**

1	Thomas Szilagyi	16	Wilton-CT	1:13.03	_____
2	Tyler Lessner	15	FanwoodScotch-NJ	1:12.91	_____
3	Steven McKee	16	East Hartford-CT	1:12.87	_____
4	Andrew McCollister	18	J.F. Hurley-NC	1:12.70	_____
5	Vincent Dinapoli	17	Central-FL	1:12.26	_____
6	Matt Lang	20	Rock Hill-SC	1:12.38	_____
7	Billy Drennen	18	UpperMainLine-PA	1:12.83	_____
8	Michael Pettinichi	14	ME Lyons-OH	1:12.90	_____
9	Philip Lam	18	Triangle Area-NC	1:12.96	_____
10	Bradford Johnson	17	Middletown-OH	1:13.11	_____

**Heat 11 of 14 Prelims**

1	Jordan Berger	15	Wilton-CT	1:11.93	_____
2	Cameron Yick	16	New Canaan-CT	1:11.75	_____
3	Matthew Glockenmeier	15	SomersetHills-NJ	1:11.59	_____
4	Sam VanBuskirk	17	Rock Hill-SC	1:11.55	_____
5	Andrew Higgins	16	Wilton-CT	1:11.50	_____
6	Alex Cummings	17	Gr. Johnstown-PA	1:11.51	_____
7	Brendan Woo	15	Wyckoff-NJ	1:11.56	_____
8	Corey Beinhart	16	South Family-OH	1:11.69	_____
9	Albert Cela	15	Sarasota-FL	1:11.87	_____
10	John Gartland	18	UpperMainLine-PA	1:11.95	_____

**Heat 12 of 14 Prelims**

1	Sam Apa	15	West Shore-PA	1:11.14	_____
2	Lucas Bureau	17	Laurel Highlands	1:10.65	_____
3	Victor Luo	16	SomersetValleyNJ	1:09.81	_____
4	Jonathan Rutter	15	Powel Crosley-OH	1:08.90	_____
5	Bill Young	17	W.North Carolina	1:06.68	_____
6	Harrison Cefalo	18	Red Bank - NJ	1:07.72	_____
7	Timothy Lattimer	18	Wilton-CT	1:09.11	_____
8	Conner McHugh	15	Door County-WI	1:10.30	_____
9	Patrick Wall	15	Sarasota-FL	1:10.88	_____
10	Brian Jay	16	UpperMainLine-PA	1:11.41	_____

**Heat 13 of 14 Prelims**

1	Sam DeLise	15	Wilton-CT	1:11.09	_____
2	Graham Beck	18	North Shore-MA	1:10.60	_____
3	Greg Grewal	17	Lionville-PA	1:09.79	_____
4	Colton Spark	18	Middle Tyger-SC	1:08.80	_____
5	Jared Kauffman	18	Middle Tyger-SC	1:06.29	_____
6	Matthew Hooper	16	Rapid Area-MI	1:07.70	_____
7	Joshua Bjornberg	17	Cheshire-CT	1:09.07	_____
8	Gregory Han	16	Cheshire-CT	1:10.25	_____
9	John Om	14	Ridgewood-NJ	1:10.83	_____
10	Jacob Limaldi	14	Ocean County-NJ	1:11.27	_____

**Heat 14 of 14 Prelims**

1	Matt Dezenzo	17	FanwoodScotch-NJ	1:10.97	_____
2	James Logan	18	Ridley-PA	1:10.40	_____
3	John Santoro	17	New Canaan-CT	1:09.55	_____
4	Greg Baliko	17	FanwoodScotch-NJ	1:08.41	_____
5	Sean Johnson	18	SomersetValleyNJ	1:05.78	_____
6	Raymond Cswerko	18	Northwest-CT	1:07.17	_____
7	Louis Seefeld	16	UpperMainLine-PA	1:09.06	_____
8	Zachary Mabin	15	Hamilton Area-NJ	1:10.04	_____
9	AJ Burt	18	Powel Crosley-OH	1:10.78	_____
10	Elliot Penson	19	S. Shore Mill-MA	1:11.25	_____

**Event 509 Women 400 LC Meter Medley Relay**

National: 4:18.78 7/31/2009 Middle Tyger YMCA

K Crawford, C Fore, H Lips, R Carne

Lane	Team	Relay	Seed Time
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**Heat 1 of 7 Prelims**

1			_____
2			_____
3			_____
4	East Suburban-PA		4:04.77 Y_____
5	Door County-WI		3:58.48 Y_____
6	Bath Area-ME		4:03.24 Y_____
7			_____
8			_____
9			_____
10			_____

**Heat 2 of 7 Prelims**

1			_____
2	Hunterdon-NJ		4:51.97 _____
3	Andover-MA		4:51.02 _____
4	Ridley-PA		4:50.59 _____
5	East Hartford-CT		4:49.66 _____
6	Gr. Toledo-OH		4:50.38 _____
7	Gr. Westfield-MA		4:50.81 _____
8	MetuchenED-NJ		4:51.46 _____
9	Coffman - OH		4:52.03 _____
10			_____

**2011 YMCA National Long Course Championship**

**July 25 - July 29, 2011**

**Meet Program - Day 5 Prelims**

<b>Heat 3 Prelims (#509 Women 400 LC Meter Medley Relay)</b>		
1	Western-CT	4:49.08
2	Gr. Miami Val-OH	4:48.61
3	J.F. Hurley-NC	4:48.09
4	Tri-Hampton-PA	4:46.93
5	Blue Ash-OH	4:46.44
6	Boyertown-PA	4:46.86
7	Hickory -NC	4:46.98
8	B R Ryall-IL	4:48.60
9	Western Br-DE	4:48.90
10	West Morris-NJ	4:49.14
<b>Heat 4 of 7 Prelims</b>		
1	Elkins-WV	4:46.20
2	Red Bank - NJ	4:45.63
3	Kennett-PA	4:45.18
4	Greenwich-CT	4:44.33
5	Ridgewood-NJ	4:43.47
6	Ocean County-NJ	4:43.92
7	Oshkosh-WI	4:45.12
8	West Shore-PA	4:45.51
9	Tampa Metro-FL	4:46.20
10	West Cook-IL	4:46.43
<b>Heat 5 of 7 Prelims</b>		
1	Anne Arundel-MD	4:40.03
2	Rock Hill-SC	4:37.80
3	FanwoodScotch-NJ	4:34.68
4	Wyckoff-NJ	4:33.03
5	Rappahannock-VA	4:30.25
6	Triangle Area-NC	4:31.84
7	Northwest-NC	4:34.12
8	Countryside-OH	4:35.83
9	Montclair-NJ	4:39.31
10	Laurel Highlands	4:43.33
<b>Heat 6 of 7 Prelims</b>		
1	Farmington-MI	4:39.68
2	Portsmouth-VA	4:36.01
3	Powel Crosley-OH	4:34.25
4	UpperMainLine-PA	4:32.32
5	Wilton-CT	4:29.94
6	Sarasota-FL	4:31.67
7	New Canaan-CT	4:34.08
8	West Monmouth-NJ	4:35.15
9	North Shore-MA	4:39.20
10	Cheshire-CT	4:43.18
<b>Heat 7 of 7 Prelims</b>		
1	South Family-OH	4:39.63
2	SomersetHills-NJ	4:35.92
3	Central-FL	4:34.14
4	ME Lyons-OH	4:31.96
5	Middle Tyger-SC	4:21.15
6	SomersetValleyNJ	4:31.64
7	Gr. Flint-MI	4:33.68
8	Kishwaukee-IL	4:35.06
9	Gr Holyoke-MA	4:38.27
10	Suncoast-FL	4:40.19

<b>Event 510 Men 400 LC Meter Medley Relay</b>			
<b>National:</b>		<b>3:55.98</b>	<b>7/30/2010</b>
		<b>Upper Main Line YMCA</b>	
<b>N Graesser, L Seefeld, M Salig, T Mershon</b>			
<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Heat 1 of 6 Prelims</b>			
1	West Monmouth-NJ		3:41.20 Y
2	Flushing-NY		3:41.00 Y
3	Lancaster-OH		3:37.26 Y
4	Sanford-ME		4:27.77
5	Gr Holyoke-MA		4:26.75
6	Kennett-PA		4:27.21
7	W.North Carolina		3:32.17 Y
8	Chambersburg-PA		3:38.65 Y
9	East Suburban-PA		3:41.07 Y
10			
<b>Heat 2 of 6 Prelims</b>			
1	Hunterdon-NJ		4:26.00
2	West Morris-NJ		4:25.07
3	J.F. Hurley-NC		4:24.01
4	Western-CT		4:23.15
5	Hickory -NC		4:22.76
6	Northwest-NC		4:22.95
7	Boyertown-PA		4:23.38
8	Chapel Hill-NC		4:24.74
9	Rappahannock-VA		4:25.76
10	Birmingham-AL		4:26.51
<b>Heat 3 of 6 Prelims</b>			
1	Burbank-MA		4:21.78
2	Fayette-IL		4:21.17
3	Ocean County-NJ		4:20.65
4	Rock Hill-SC		4:19.44
5	Rapid Area-MI		4:17.72
6	South Family-OH		4:18.90
7	Mon Valley-PA		4:20.12
8	Greensboro-NC		4:20.83
9	Portsmouth-VA		4:21.34
10	Tri-Hampton-PA		4:21.79
<b>Heat 4 of 6 Prelims</b>			
1	West Cook-IL		4:16.25
2	Ridley-PA		4:11.25
3	Wilton-CT		4:09.30
4	Anne Arundel-MD		4:06.90
5	SomersetValleyNJ		4:01.02
6	Countryside-OH		4:05.03
7	Powel Crosley-OH		4:09.03
8	Triangle Area-NC		4:10.06
9	East Hartford-CT		4:15.26
10	Ridgewood-NJ		4:17.57

**2011 YMCA National Long Course Championship**

**July 25 - July 29, 2011**

**Meet Program - Day 5 Prelims**

**Heat 5 Prelims (#510 Men 400 LC Meter Medley Relay)**

1	Blue Ash-OH	4:15.81	_____
2	Gr. Flint-MI	4:11.12	_____
3	Kishwaukee-IL	4:09.22	_____
4	Wyckoff-NJ	4:06.34	_____
5	UpperMainLine-PA	4:00.21	_____
6	New Canaan-CT	4:03.90	_____
7	Cheshire-CT	4:08.22	_____
8	Suncoast-FL	4:10.06	_____
9	ME Lyons-OH	4:14.88	_____
10	Laurel Highlands	4:16.63	_____

**Heat 6 of 6 Prelims**

1	Central-FL	4:15.64	_____
2	North Shore-MA	4:10.47	_____
3	SomersetHills-NJ	4:09.14	_____
4	Red Bank - NJ	4:06.16	_____
5	Middle Tyger-SC	3:59.46	_____
6	FanwoodScotch-NJ	4:03.51	_____
7	Sarasota-FL	4:07.43	_____
8	Montclair-NJ	4:09.41	_____
9	Huntington-WV	4:11.70	_____
10	West Shore-PA	4:16.40	_____

**Event 512 Men 800 LC Meter Freestyle**

National: 8:25.05 7/29/2009 Ty Perkins

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals - Swimming with Finals**

1	John Pelton	15	Sarasota-FL	8:50.53	_____
2	Matt O'Donnell	15	Sarasota-FL	8:48.48	_____
3	Alex Naglich	17	Tri-Hampton-PA	8:46.14	_____
4	Robert Breen	18	North Shore-MA	8:42.87	_____
5	Sean Monahan	18	ME Lyons-OH	8:30.78	_____
6	Bradley Wachenfeld	16	SomersetHills-NJ	8:40.42	_____
7	Liam McKane	15	Sarasota-FL	8:43.07	_____
8	Stephen Raynes	18	SomersetHills-NJ	8:47.46	_____
9	Andy Watts	17	Sarasota-FL	8:49.67	_____
10	Kyle Kemp	16	Middle Tyger-SC	8:50.73	_____

**Heat 2 of 5 Finals**

1	Joe Randazzo	16	ME Lyons-OH	9:00.02	_____
2	Tate Warden	17	Huntington-WV	8:58.69	_____
3	Dirk Hamel-Wood	15	Sarasota-FL	8:56.79	_____
4	Dylan Davis	18	Anne Arundel-MD	8:56.38	_____
5	Matthew Montague	18	ME Lyons-OH	8:54.07	_____
6	Dylan Ludwick	18	Tri-Hampton-PA	8:54.10	_____
7	Gregg Cesaroni	17	Sarasota-FL	8:56.67	_____
8	Nate Carr	16	Huntington-WV	8:58.06	_____
9	Stephen Holmquist	14	Wilton-CT	8:58.74	_____
10	Kevin George	14	Countryside-OH	9:01.21	_____

**Heat 3 of 5 Finals**

1	Harrison Rodts	16	North Shore-MA	9:09.18	_____
2	David Glenn	16	Hickory -NC	9:05.72	_____
3	Zachary Mabin	15	Hamilton Area-NJ	9:04.54	_____
4	Nikita Bondarenko	16	West Cook-IL	9:04.12	_____
5	Tyler Blackburn	17	Hamilton Area-NJ	9:01.66	_____
6	Josh Shaffer	18	Huntington-WV	9:02.41	_____
7	Roman Zaremba	15	Sarasota-FL	9:04.45	_____
8	Jake Pierce	15	Hickory -NC	9:05.59	_____
9	Hayden Aristizabal	15	Sarasota-FL	9:08.88	_____
10	Ian DiCarlo	15	West Shore-PA	9:09.51	_____

**Heat 4 of 5 Finals**

1	Matthew Moen	16	Wilton-CT	9:38.24	Y_____
2	Shane McKenzie	17	Tri-Hampton-PA	9:29.57	Y_____
3	Cody Bond	15	Wilton-CT	9:12.97	_____
4	Evan Fischer	16	Ridgewood-NJ	9:12.85	_____
5	Philip Murphy	18	Gr Holyoke-MA	9:09.72	_____
6	Zack Casazza	17	Northwest-NC	9:10.28	_____
7	David Sweezer	13	Rock Hill-SC	9:12.93	_____
8	Sava Turcanu	16	Hickory -NC	9:25.28	Y_____
9	Brandon Sweezer	15	Rock Hill-SC	9:35.44	Y_____
10	Ryan Gajdzisz	15	FanwoodScotch-NJ	9:40.72	Y_____

**Heat 5 of 5 Finals**

1					_____
2					_____
3					_____
4	Grayson Davis	16	Triangle Area-NC	9:46.04	Y_____
5	Alex Bryson	18	Fox Cities-WI	9:42.31	Y_____
6	Peyton Leeson	15	Sarasota-FL	9:43.73	Y_____
7					_____
8					_____
9					_____
10					_____