



2011 YMCA Long Course National Swimming Championship

**July 25-29, 2011
Georgia Tech Aquatics Center**

Tuesday Prelim

swim 

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2011 YMCA National Long Course Championship**July 25 - July 29, 2011****Session Report**

Session: 1 Day 2 Prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: -10 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	201 Women 100 Backstroke	148	15	08:30 AM	_____
Prelims	202 Men 100 Backstroke	108	11	08:46 AM	_____
Prelims	203 Women 400 Freestyle	95	10	08:56 AM	_____
Prelims	204 Men 400 Freestyle	117	12	09:41 AM	_____
Prelims	205 Women 50 Breaststroke	101	11	10:32 AM	_____
Prelims	206 Men 50 Breaststroke	131	14	10:40 AM	_____
Prelims	207 Women 200 IM	130	13	10:51 AM	_____
Prelims	208 Men 200 IM	98	10	11:23 AM	_____
Prelims	209 Women 50 Freestyle	161	17	11:44 AM	_____
Prelims	210 Men 50 Freestyle	171	18	11:55 AM	_____
Prelims	211 Women 200 Medley Relay	64	7	12:05 PM	_____
Prelims	212 Men 200 Medley Relay	63	7	12:21 PM	_____
Swimmer Count for Warm-ups: 1097		=====	=====		
Entry / Heat Totals:		1,387	145		
Finish Time				12:36 PM	_____



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1 SWIMMER PER HEAT

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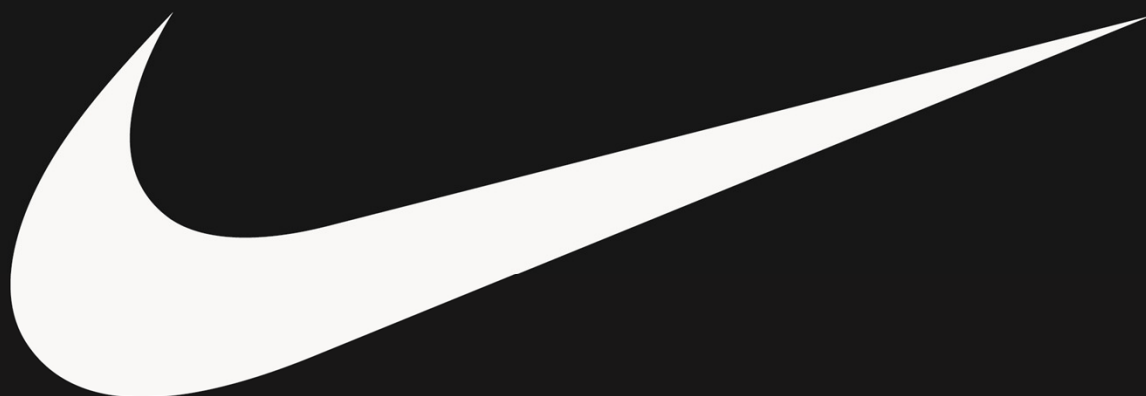


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All American
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YMCA Long Course Championship

History of Team Results

Women

2010	Middle Tyger	424	Wilton	417	Countryside	275.50
2009	Middle Tyger	616	Wilton	286	West Shore	267
2008	West Shore	466	Middle Tyger	452.50	Cheshire	282.50
2007	Middle Tyger	482	Farmington	314	Countryside	237
2006	Boyertown	488	Middle Tyger	350	UpperMainLine	307
2005	Boyertown	396	NW DuPage	245	South Family	237
2004	Central Fla	339.50	West Shore	315	Montclair	285
2003	Plymouth	441	NW DuPage	288	Middle Tyger	211
2002	Spartanburg	337	Roanoke	283	M. E. Lyons	259
2001	M. E. Lyons	349	Gamble-Nippert	337	Roanoke	315

Men

2010	Wilton	415	UpperMainLine	410.50	Countryside	232
2009	UpperMainLine	268	Red Bank	286	Wilton	236
2008	Middle Tyger	440.50	Countryside	327	Cheshire	321
2007	Middle Tyger	540	Countryside	361	New Canaan	308
2006	Middle Tyger	396	Countryside	325	UpperMainLine	303
2005	Wilton	364	Middle Tyger	261	Countryside	259
2004	Wilton	371	Darien	320.50	NW DuPage	307
2003	Wilton	445	Powel Crosley	364	Montgomery	287
2002	Powel Crosley	314	Wilton	309.50	Roanoke	256
2001	M. E. Lyons	569	Powel Crosley	462	Grand Rapids	289.50

Combined

2010	Wilton	832	Upper Main Line	610	Middle Tyger	573
2009	Middle Tyger	817	Wilton	522	UpperMainLine	497
2008	Middle Tyger	893	West Shore	691	Cheshire	603.50
2007	Middle Tyger	1022	Countryside	598	New Canaan	434
2006	Middle Tyger	746	UpperMainLine	610	Boyertown	600
2005	Wilton	581.50	Countryside	461	Boyertown	409
2004	Wilton	617	Central Fla	481.50	NW DuPage	472.50
2003	Wilton	535	Plymouth	467	NW DuPage	437.50
2002	Roanoke	539	Wilton	526.50	M. E. Lyons	504.50
2001	M. E. Lyons	918	Powel Crosley	529	Spartanburg	399

Event 101

Women 1500 LC Meter Freestyle

National Record

16:59.47 Laura Simon
Middle Tyger YMCA, 2009



Defending Champion
Breann McDowell- 17:13.79
Countryside YMCA

Year	Name	Association	Time
2010	Breann McDowell	Countryside	17:13.79
2009	Laura Simon	Middle Tyger	16:59.47
2008	Kelly Ann Baird	Winston Salem YMCA	17:13.25
2007	Caroline Smith	Winston Salem YMCA	17:04.35
2006	Stephanie Roop	Upper Main Line YMCA	17:19.45
2005	Sarah Broadley	Central Florida YMCA	17:26.60

Event 102

Men 1500 LC Meter Freestyle

National Record

15:57.55 Kyle Young
YMCA Aquatic Center-FL , 2004



Defending Champion
Graham Williams – 16:05.63
Hickory Foundation YMCA

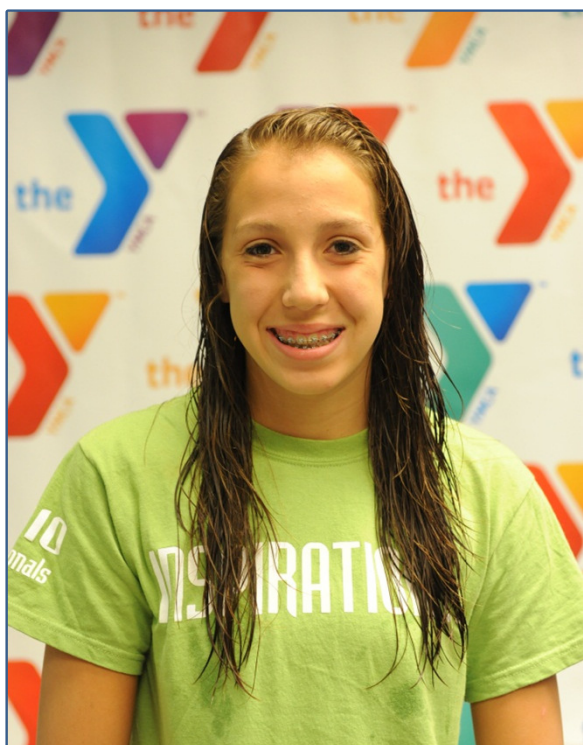
Year	Name	Association	Time
2010	Graham Williams	Hickory Foundation YMCA	16:05.63
2009	Ty Perkins	South Family YMCA	15:59.42
2008	Ty Perkins	South Family YMCA	16:09.37
2007	Travis Green	Huntington YMCA WV	16:22.88
2006	Justin Galbreath	South YMCA	16:05.95
2005	Justin Galbreath	South YMCA	16:14.09

Event 201

Women 100 LC Meter Backstroke

National Record

1:02.73 Tricia Weaner
West Shore-PA, 2004



Defending Champion
Danielle Galyer - 1:04.17
Middle Tyger YMCA

Year	Name	Association	Time
2010	Danielle Galyer	Middle Tyger	1:04.17
2009	Lauren Solemou	Cheshire YMCA	1:03.12
2008	Lauren Solemou	Cheshire YMCA	1:04.00
2007	Sarah Galvin	B.R. Ryall	1:05.69
2006	Alex Suppan	Greater Burlington YMCA	1:05.07
2005	Ashley Jones	Joliet YMCA	1:04.16

Event 202

Men 100 LC Meter Backstroke

National Record

56.38 Steven Zimmerman
Countryside-OH, 2010



Defending Champion
Steven Zimmerman - 56.38
Countryside YMCA

Year	Name	Association	Time
2010	S. Zimmerman	Countryside YMCA	56.38
2009	Josh Friedel	Rappahannock YMCA	57.04
2008	Jim Barbieri	Countryside Ralph Stolle	57.63
2007	Jim Barbieri	Countryside Ralph Stolle	59.36
2006	Johnny Hagaman	Western North Carolina	58.16
2005	Patrick Schirk	Pottstown Family YMCA	56.63

Event 203

Women 400 LC Meter Freestyle

National Record

4:19.65 Shelby Fortin
Wilton-CT, 2010



Defending Champion
Shelby Fortin - 4:19.65
Wilton YMCA

Year	Name	Association	Time
2010	Shelby Fortin	Wilton YMCA	4:19.65
2009	Laura Simon	Middle Tyger YMCA	4:20.13
2008	Kelly Ann Baird	Winston Salem YMCA	4:22.31
2007	Caroline Smith	Winston Salem YMCA	4:19.90
2006	Sarah Broadley	Central Florida YMCA	4:25.09
2005	Sarah Broadley	Central Florida YMCA	4:22.84

Event 204

Men 400 LC Meter Freestyle

National Record

3:59.19 Adam Messner
Ann Arbor, MI, 1996



Defending Champion
Robby Harder- 4:06.46
Wilton MCA

Year	Name	Association	Time
2010	Robby Harder	Wilton YMCA	4:06.46
2009	Ty Perkins	South Family YMCA	4:05.04
2008	Travis McNamara	Cheshire YMCA	4:03.24
2007	Travis McNamara	Cheshire YMCA	4:05.97
2006	Justin Galbreath	South YMCA	4:04.14
2005	Justin Galbreath	South YMCA	4:07.12

Event 205

Women 50 LC Meter Breaststroke

National Record

32.78 Emily Weir
Wilton-CT, 2010



Defending Champion
Emily Weir - 32.79
Wilton YMCA

Year	Name	Association	Time
2010	Emily Weir	Wilton YMCA	32.79
2009	Kim Jerome	Cheshire YMCA	33.44
2008	Laura Gorinski	Greensburg YMCA	33.98
2007	Lindsey Graessle	Countryside Ralph Stolle	33.95
2006	Marianne Flynn	West Shore YMCA	33.65
2005	Lindsey Graessle	Countryside Ralph Stolle	33.96

Event 206

Men 50 LC Meter Breaststroke

National Record

29.56 Rob Henikman
Mansfield-OH, 1996



Defending Champion
Andrew Guinther- 29.79
Glens Falls YMCA

Year	Name	Association	Time
2010	Andrew Guinther	Glens Falls YMCA	29.79
2009	Harrison Cefalo	Red Bank YMCA	29.61
2008	Austin Mizzell	Cheshire YMCA	30.32
2007	Collin Ohning	Middle Tyger YMCA	30.24
2006	Collin Ohning	Middle Tyger YMCA	31.27
2005	Michael Silva	Tampa Metro YMCA	29.69

Event 207

Women 200 LC Meter IM

National Record

2:16.33 Leah Gingrich
West Shore-PA, 2008



Defending Champion
Caroline Fore - 2:21.35
Middle Tyger YMCA

Year	Name	Association	Time
2010	Caroline Fore	Middle Tyger YMCA	2:21.35
2009	Addie Came-	Middle Tyger YMCA	2:21.85
2008	Leah Gingrich	West Shore YMCA	2:16.33
2007	Katya Bachrouche	Farmington Family YMCA	2:22.41
2006	Nina Rossi	Hamilton Area YMCA - NJ	2:21.03
2005	Ashley Jones	Joliet YMCA	2:22.16

Event 208

Men 200 LC Meter IM

National Record

2:05.19 Scott Marino
Fanwood-Scotch Plains-NJ, 2008



Defending Champion
Matthew Salig - 2:06.61
Upper Main Line YMCA

Year	Name	Association	Time
2010	Matthew Salig	Upper Main Line YMCA	2:06.61
2009	Matthew Salig	Upper Main Line YMCA	2:05.53
2008	Scott Marino	Fanwood-Scotch Plains	2:05.19
2007	Scott Marino	Fanwood-Scotch Plains	2:07.29
2006	Todd McGraw	Huntington YMCA WV	2:10.16
2005	Pat Reams	South Shore YMCA	2:09.02

Event 209

Women 50 LC Meter Freestyle

National Record

25.74 Emily Lloyd
Anne Arundel-MD, 2009



Defending Champion
Emily Lloyd - 25.82
Anne Arundel County YMCA

Year	Name	Association	Time
2010	Emily Lloyd	Anne Arundel YMCA	25.82
2009	Emily Lloyd	Anne Arundel YMCA	25.74
2008	Emily Lloyd	Anne Arundel YMCA	26.25
2007	Emily Lloyd	Anne Arundel YMCA	26.69
2006	Emily Lloyd	Anne Arundel YMCA	26.87
2005	Noelle Martin	Winston-Salem YMCA	26.88

Event 210

Men 50 LC Meter Freestyle

National Record

23.15 Tim Squires
Elkins-WV, 2010



Defending Champion
Tim Squires - 23.15
Elkins YMCA

Year	Name	Association	Time
2010	Tim Squires	Elkins YMCA	23.15
2009	James Wells	Bath Area Family YMCA	24.11
2008	Evan Reed	Upper Main Line YMCA	23.66
2007	Collin Ohning	Middle Tyger YMCA	24.35
2006	Evan Reed	Upper Main Line YMCA	24.03
2005	Jeffrey Sudbury	Wilton YMCA	23.73

Event 211

Women 200 LC Meter Medley Relay

National Record

1:59.45 - Anne Arundel County YMCA
2009



Defending Champion
Wilton YMCA – 2:00.41
Shelby Fortin, Emily Weir,
Alyssa LaFrenierre, Katy Luchansky

Year	Association	Time
2010	Wilton YMCA	2:00.41
2009	Anne Arundel County YMCA	1:59.45
2008	Cheshire YMCA	1:59.83
2007	Farmington Family YMCA	2:01.63
2006	Boyertown Area YMCA	2:01.17
2005	Countryside YMCA	2:02.31

Event 212

Men 200 LC Meter Medley Relay

National Record

1:46.68 - M.E. Lyons-OH
2001



Defending Champion
Wilton YMCA - 1:48.06
Adam Lebovitz, Eric Ronda,
Edward Becker, Derrian Duryea

Year	Association	Time
2010	Wilton YMCA	1:48.06
2009	Upper Main Line YMCA	1:47.50
2008	Cheshire YMCA	1:47.01
2007	Middle Tyger YMCA	1:48.65
2006	Middle Tyger YMCA	1:50.27
2005	Cheshire Branch YMCA	1:49.13

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 2 Prelims

Event 201 Women 100 LC Meter Backstroke

National: 1:02.73 7/27/2004 Tricia Weaner				
Lane	Name	Age	Team	Seed Time
Heat 1 of 15 Prelims				
1				
2	Ashley Miller	17	Suburban W-OH	1:00.97 Y
3	Annie Walker	17	Western Br-DE	1:00.89 Y
4	Cindy Cheng	15	Central-FL	1:00.77 Y
5	Bailey Folmar	16	J.F. Hurley-NC	1:00.69 Y
6	Abby Mack	15	UpperMainLine-PA	1:00.72 Y
7	Megan Monahan	15	ME Lyons-OH	1:00.85 Y
8	Maggie Suhling	17	Rappahannock-VA	1:00.93 Y
9	Sonia Lin	13	Bath Area-ME	1:00.97 Y
10				
Heat 2 of 15 Prelims				
1	Kelly Miller	17	State College-PA	1:00.59 Y
2	Vicky Miller	18	J.F. Hurley-NC	1:00.42 Y
3	Angie Healy	16	Twin Rivers-NC	1:00.24 Y
4	Kate Hugo	15	Oshkosh-WI	59.58 Y
5	Bridget Nucum	17	West Monmouth-NJ	59.39 Y
6	Madeline Rastall	16	Door County-WI	59.42 Y
7	Alicia Diaz	13	Kennett-PA	59.83 Y
8	Sara Barlok	14	Cheshire-CT	1:00.35 Y
9	Lena DiPrizito	15	Wyckoff-NJ	1:00.44 Y
10	Taylor Shelley	17	Brandywine-De	1:00.62 Y
Heat 3 of 15 Prelims				
1	Sierra Townsend	18	Door County-WI	59.16 Y
2	Molly Willingham	18	Middle Tyger-SC	58.30 Y
3	Spence Atkins	14	Sarasota-FL	1:12.49
4	Alexis Alvarez	14	Greenwich-CT	1:12.35
5	Megan Paultet	16	East Suburban-PA	1:12.29
6	Christiana Cornea	13	Triangle Area-NC	1:12.30
7	Haley Shaw	16	Gr. Flint-MI	1:12.38
8	Molly Condron	16	Cheshire-CT	1:12.49
9	Hannah Markey	18	FanwoodScotch-NJ	59.07 Y
10	Silke Herold	18	SomersetValleyNJ	59.27 Y
Heat 4 of 15 Prelims				
1	Alyssa Finn	18	SomersetValleyNJ	1:12.24
2	Brianna Thompson	15	SomersetHills-NJ	1:12.20
3	Jenna Tugaoen	16	Hilliker-OH	1:12.19
4	Morgan Brebberman	15	Gr. Toledo-OH	1:12.13
5	Gabrielle Haaraoja	15	Gr. Flint-MI	1:12.11
6	Kelly Drayton	15	South Family-OH	1:12.12
7	Rachael Loek	17	B R Ryall-IL	1:12.17
8	Sharron Isola	17	Kishwaukee-IL	1:12.19
9	Sophia Galounis	17	Joliet-IL	1:12.22
10	Ally Warnimont	14	Northwest-NC	1:12.24

Heat 5 of 15 Prelims

1	Marina Preiss	15	East Hampton-NY	1:12.08
2	Rachel Grove	18	Countryside-OH	1:12.07
3	Dana Drage	15	Gr. Toledo-OH	1:12.02
4	Jessica Johnson	16	Rappahannock-VA	1:11.91
5	Sara Beers	16	Ocean County-NJ	1:11.76
6	Samantha Hall	13	Elkins-WV	1:11.84
7	Amy Nemeth	14	West Morris-NJ	1:12.01
8	Caitlin English	17	FanwoodScotch-NJ	1:12.06
9	Claire Mesko	17	Western Br-DE	1:12.07
10	Alex Eiler	16	Oshkosh-WI	1:12.09

Heat 6 of 15 Prelims

1	Olivia Rath	17	Farmington-MI	1:11.71
2	Erin Sivak	16	B R Ryall-IL	1:11.70
3	Hannah Webb	16	Gr. Miami Val-OH	1:11.57
4	Maeve Awiszus	15	Andover-MA	1:11.49
5	Jaime Siler	17	South Family-OH	1:11.44
6	Lexi Monty	13	Fox Cities-WI	1:11.45
7	Kelly Hamilton	16	Chambersburg-PA	1:11.56
8	Susan Neggia	14	Wyckoff-NJ	1:11.59
9	Samantha Merta	15	Hickory -NC	1:11.71
10	Sarah Fergus	13	Kishwaukee-IL	1:11.75

Heat 7 of 15 Prelims

1	Teri Faller	18	Andover-MA	1:11.41
2	Anna Brown	15	Western-CT	1:11.38
3	Hannah Connell	17	West Cook-IL	1:11.29
4	Kristin Crawford	16	Triangle Area-NC	1:11.20
5	Erin McElwee	16	UpperMainLine-PA	1:11.14
6	Morgan Runk	16	Ocean County-NJ	1:11.17
7	Jessica Harper	15	Gr Holyoke-MA	1:11.23
8	Megan Dodge	15	Hunterdon-NJ	1:11.38
9	Samantha Cahoone	13	Sarasota-FL	1:11.39
10	Justice Spicer	15	South Family-OH	1:11.44

Heat 8 of 15 Prelims

1	Meg Beese	15	B R Ryall-IL	1:11.09
2	Alanna Dassoff	15	West Cook-IL	1:10.99
3	Alex Vezzetti	17	Rock Hill-SC	1:10.96
4	Lauren Folkert	16	Farmington-MI	1:10.93
5	Yookee Roh	17	Ridgewood-NJ	1:10.92
6	Jackie Van Lew	14	Red Bank - NJ	1:10.92
7	Jenna Zitkus	15	Leaning Tower-IL	1:10.94
8	Sarah Freeman	14	Suncoast-FL	1:10.96
9	Emily Buczkowski	18	Bath Area-ME	1:11.06
10	Kathleen Kilfeather	14	Ocean County-NJ	1:11.13

Heat 9 of 15 Prelims

1	Grace Hendee	15	Wilton-CT	1:10.83
2	Marianne Kahmann	14	Coffman - OH	1:10.77
3	Alison Coogan	18	West Cook-IL	1:10.68
4	Maggie Slocomb	15	Western Br-DE	1:10.62
5	Kelly McNulty	17	Middle Tyger-SC	1:10.59
6	Laura Bradley	16	Rappahannock-VA	1:10.59
7	Alexa Collins	15	Rappahannock-VA	1:10.64
8	Joanna Williams	16	Greensboro-NC	1:10.72
9	Grace DiMeo	15	Sarasota-FL	1:10.83
10	Katy Comer	16	FanwoodScotch-NJ	1:10.86

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 2 Prelims

Heat 10 Prelims (#201 Women 100 LC Meter Backstroke)

1	Meghan Lavelle	15	Leaning Tower-IL	1:10.50	_____
2	Allie Magrino	14	Central-FL	1:10.38	_____
3	Kara Lacoste	17	Gr Holyoke-MA	1:10.34	_____
4	Elizabeth Chemey	12	Boyertown-PA	1:10.31	_____
5	Kaitlin Law	16	Triangle Area-NC	1:10.15	_____
6	Keely Lovern	15	Licking-OH	1:10.24	_____
7	Katlyn Mutone	17	Boyertown-PA	1:10.33	_____
8	Olivia Gregson	15	Gr. Flint-MI	1:10.34	_____
9	Colleen Humel	14	Gr Holyoke-MA	1:10.39	_____
10	Emma Whitney	13	Gr. Westfield-MA	1:10.56	_____

Heat 11 of 15 Prelims

1	Danielle Bach	17	Wyckoff-NJ	1:10.05	_____
2	Julia Perry	15	Wyckoff-NJ	1:09.99	_____
3	Haley Dascenzo	17	Laurel Highlands	1:09.80	_____
4	Austin Mateo	16	Wyckoff-NJ	1:09.78	_____
5	Sidney Pahmer	18	Wilton-CT	1:09.70	_____
6	Emma Tobey	17	New Canaan-CT	1:09.75	_____
7	Maureen McKenna	18	Red Bank - NJ	1:09.80	_____
8	Leeanna Cass	14	Ocean County-NJ	1:09.98	_____
9	Stephanie Moriarty	15	Wilton-CT	1:10.00	_____
10	Emilia Weihenig	13	Wyckoff-NJ	1:10.12	_____

Heat 12 of 15 Prelims

1	Tara Gidaszewski	17	Kishwaukee-IL	1:09.55	_____
2	Sara Daher	16	North Shore-MA	1:09.45	_____
3	Mary Flinn	17	Rappahannock-VA	1:09.34	_____
4	Corinne Capodanno	17	Brandywine-De	1:09.26	_____
5	Alyssa LaFrenierre	17	Wilton-CT	1:09.18	_____
6	Aubrey Miller	18	Boyertown-PA	1:09.22	_____
7	Emily Thomesen	18	East Hartford-CT	1:09.29	_____
8	Ali Galyer	13	Middle Tyger-SC	1:09.44	_____
9	Marie Chamberlain	15	Cape Cod-MA	1:09.50	_____
10	Molly Gaynor	16	FanwoodScotch-NJ	1:09.62	_____

Heat 13 of 15 Prelims

1	Ryan Alexander	15	North Shore-MA	1:08.90	_____
2	Jessica Cronin	16	FanwoodScotch-NJ	1:08.64	_____
3	Rebecca Werdine	16	Suncoast-FL	1:07.59	_____
4	Morgan Perrotti	14	Suncoast-FL	1:06.91	_____
5	Celia Oberholzer	17	Powel Crosley-OH	1:06.22	_____
6	Noelle Klockner	16	West Monmouth-NJ	1:06.58	_____
7	Jessica Russell	16	Bath Area-ME	1:07.30	_____
8	Morgan Brooks	18	Middle Tyger-SC	1:08.15	_____
9	Michelle Fischl	17	Laurel Highlands	1:08.71	_____
10	Olivia Jackson	16	New Canaan-CT	1:09.00	_____

Heat 14 of 15 Prelims

1	Natalie Rohr	17	South Family-OH	1:08.90	_____
2	Sarah Weidner	19	South Family-OH	1:08.63	_____
3	Lindsay Temple	15	SomersetValleyNJ	1:07.34	_____
4	Tori Wood	17	Anne Arundel-MD	1:06.87	_____
5	Emily O'Neill	18	West Monmouth-NJ	1:05.78	_____
6	Maggie Miller	14	Elkins-WV	1:06.55	_____
7	Courtney Miller	17	Elkins-WV	1:07.28	_____
8	Hannah Stephenson	18	Triangle Area-NC	1:08.08	_____
9	Nicole Salzano	15	Ridgewood-NJ	1:08.70	_____
10	Kendra Bierman	18	Powel Crosley-OH	1:08.94	_____

Heat 15 of 15 Prelims

1	Kristen Moss	14	New Canaan-CT	1:08.84	_____
2	Virginia Summer	17	Newberry-SC	1:08.20	_____
3	Michelle Kim	15	Wyckoff-NJ	1:07.30	_____
4	Hannah Lips	15	Middle Tyger-SC	1:06.69	_____
5	Emily Slabe	15	Countryside-OH	1:04.97	_____
6	Keelin McNamara	17	Middle Tyger-SC	1:06.55	_____
7	Ashley Martin	18	Rock Hill-SC	1:07.19	_____
8	Adelyn Graf	17	New Canaan-CT	1:07.68	_____
9	Riley Hilbrandt	16	Saginaw-MI	1:08.66	_____
10	Mara Valenzuela	18	SomersetValleyNJ	1:08.92	_____

Event 202 Men 100 LC Meter Backstroke

National:		56.38	7/27/2010	Steven Zimmerman	
Lane	Name	Age	Team	Seed	Time

Heat 1 of 11 Prelims

1					
2	Keith Monteiro	17	FanwoodScotch-NJ	55.17 Y	_____
3	Dougan McGrath	17	Ridley-PA	54.90 Y	_____
4	Andrew Martin	15	Lancaster-OH	54.42 Y	_____
5	Matthew Collins	18	Flushing-NY	53.68 Y	_____
6	Mace Long	16	Gr. Johnstown-PA	53.93 Y	_____
7	Christian Berg	15	East Hartford-CT	54.54 Y	_____
8	Christopher Tucker	14	Red Bank - NJ	55.06 Y	_____
9	Kyle Surette	17	SomersetValleyNJ	55.25 Y	_____
10					_____

Heat 2 of 11 Prelims

1	Christopher DePietro	17	Lancaster-OH	51.68 Y	_____
2	Ray Chen	17	Cheshire-CT	1:06.46	_____
3	Duncan Mahnken	17	Portsmouth-VA	1:06.42	_____
4	Thomas King	16	Portsmouth-VA	1:06.31	_____
5	Tyler Kauth	13	Red Bank - NJ	1:06.24	_____
6	Brenden Yoo	14	UpperMainLine-PA	1:06.28	_____
7	Stephen O'Donnell	15	Portsmouth-VA	1:06.37	_____
8	Tyler Wright	17	Sanford-ME	1:06.44	_____
9	Connor Maher	18	Cheshire-CT	49.05 Y	_____
10	Justin Stewart	18	West Shore-PA	53.56 Y	_____

Heat 3 of 11 Prelims

1	Andrew Belcik	13	Suncoast-FL	1:06.20	_____
2	John Lawson	18	SomersetValleyNJ	1:06.07	_____
3	Andrew Ro	13	Ridgewood-NJ	1:06.00	_____
4	Pieter Brower	15	Greensboro-NC	1:05.97	_____
5	Tommy Kealy	15	Wilton-CT	1:05.88	_____
6	Keon Songui-Samuel	16	S. Shore Mill-MA	1:05.90	_____
7	Hevin Na	15	Cheshire-CT	1:05.99	_____
8	Jacob Nicolella	17	Mon Valley-PA	1:06.00	_____
9	Sean Heinsen	17	Powel Crosley-OH	1:06.08	_____
10	Joey Faller	15	Andover-MA	1:06.21	_____

2011 YMCA National Long Course Championship

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Meet Program - Day 2 Prelims

Heat 4 Prelims (#202 Men 100 LC Meter Backstroke)

1	Adam Hunter	18	Wilmington-NC	1:05.78	_____
2	Drew Orzechowski	15	West Monmouth-NJ	1:05.70	_____
3	Matthew Kazanowsky	14	Ocean County-NJ	1:05.62	_____
4	Richard Keller	14	Rock Hill-SC	1:05.46	_____
5	TJ Ewer	16	Portsmouth-VA	1:05.40	_____
6	Jack Fergus	15	Kishwaukee-IL	1:05.45	_____
7	Dave Lattimer	15	Sarasota-FL	1:05.50	_____
8	Jeff Magin	17	Western-CT	1:05.67	_____
9	Jay Lessard	16	East Hartford-CT	1:05.78	_____
10	Alex Skoog	14	FanwoodScotch-NJ	1:05.83	_____

Heat 5 of 11 Prelims

1	Alex Gray	16	Birmingham-AL	1:05.35	_____
2	Nigel Lane	16	Hunterdon-NJ	1:05.29	_____
3	Tyler Essary	18	Prattville-AL	1:05.27	_____
4	Jay Achuff	15	UpperMainLine-PA	1:05.11	_____
5	Dylan Sali	16	SomersetValleyNJ	1:05.06	_____
6	Harry Clewell	16	FanwoodScotch-NJ	1:05.08	_____
7	Chase Franzelle	17	J.F. Hurley-NC	1:05.18	_____
8	Paul Dickman	16	Countryside-OH	1:05.29	_____
9	Jason Moyer	18	Boyetown-PA	1:05.30	_____
10	Andrew Delahunty	15	Middle Tyger-SC	1:05.36	_____

Heat 6 of 11 Prelims

1	Jason Potter	17	New Canaan-CT	1:05.01	_____
2	Dougie Kogut	15	Anne Arundel-MD	1:04.91	_____
3	Daniel Pesin	17	FanwoodScotch-NJ	1:04.79	_____
4	Dylan Blackwell	16	Wilmington-NC	1:04.76	_____
5	Rhet Rheinlander	18	Sarasota-FL	1:04.71	_____
6	Chris Gardner	16	Central Delaware	1:04.75	_____
7	Brad Helt	16	Wilton-CT	1:04.78	_____
8	Taylor Adams	17	Wyckoff-NJ	1:04.86	_____
9	Shayne Custodio	16	Mid-Delmarva-MD	1:05.01	_____
10	Andrew Albert	17	Blue Ash-OH	1:05.03	_____

Heat 7 of 11 Prelims

1	Jimmy Ryan	17	UpperMainLine-PA	1:04.63	_____
2	Joey Duronio	17	Chapel Hill-NC	1:04.45	_____
3	Caleb Camp	17	Chapel Hill-NC	1:04.28	_____
4	Connor Blevins	17	Triangle Area-NC	1:04.20	_____
5	Chris Kay	16	Huntington-WV	1:04.11	_____
6	Brad Jokubaitis	17	Tri-Hampton-PA	1:04.13	_____
7	Ian Robert	16	New Canaan-CT	1:04.26	_____
8	Michael O'Brien	16	SomersetValleyNJ	1:04.32	_____
9	Graham Barker	17	Central-FL	1:04.49	_____
10	Maks Grover	16	Down East-ME	1:04.63	_____

Heat 8 of 11 Prelims

1	Ethan Louie	16	SomersetValleyNJ	1:04.04	_____
2	Zachary Goodman	17	Mid-Delmarva-MD	1:03.79	_____
3	Tommy Easley	17	ME Lyons-OH	1:03.42	_____
4	Harry Hamiter	16	ME Lyons-OH	1:03.05	_____
5	Evan Newbold	17	SomersetValleyNJ	1:02.90	_____
6	David Carlson	17	Red Bank - NJ	1:03.00	_____
7	Jin Roh	16	Wyckoff-NJ	1:03.19	_____
8	Ray Snyder	16	Waterbury-CT	1:03.68	_____
9	Joshua Furth	15	New Canaan-CT	1:03.84	_____
10	Will Kazokas	17	Sarasota-FL	1:04.08	_____

Heat 9 of 11 Prelims

1	Thomas Rinaldi	18	SomersetValleyNJ	1:02.59	_____
2	Roman Zarembo	15	Sarasota-FL	1:02.02	_____
3	Robert Borowicz	16	Middle Tyger-SC	1:01.26	_____
4	Aaron Athanas	17	North Shore-MA	1:00.48	_____
5	Nic Graesser	17	UpperMainLine-PA	58.84	_____
6	Ryan DeBerry	17	W.North Carolina	59.73	_____
7	John Quagliariello	18	Ridley-PA	1:00.95	_____
8	Mike Harmon	19	Chambersburg-PA	1:01.52	_____
9	Sam Lynch	16	Red Bank - NJ	1:02.40	_____
10	Jack Disney-Huss	18	Triangle Area-NC	1:02.74	_____

Heat 10 of 11 Prelims

1	Eric Kim	15	Wyckoff-NJ	1:02.55	_____
2	Garrett Procunier	17	Gr. Flint-MI	1:01.90	_____
3	Colin Heil	18	Anne Arundel-MD	1:01.18	_____
4	Tyler Rauth	18	UpperMainLine-PA	1:00.33	_____
5	Grant Alef	18	Kishwaukee-IL	58.63	_____
6	Eric Forrester	18	Mon Valley-PA	59.54	_____
7	Isaac Klinger	15	Greensboro-NC	1:00.93	_____
8	Kyle Patnode	16	West Cook-IL	1:01.45	_____
9	Matthew Vanbiervliet	18	SomersetValleyNJ	1:02.10	_____
10	Zachary Perrotti	17	Suncoast-FL	1:02.70	_____

Heat 11 of 11 Prelims

1	Chandler Brown	15	Middle Tyger-SC	1:02.45	_____
2	Colin Ellington	14	Triangle Area-NC	1:01.77	_____
3	Dylan Cummings	18	Wyckoff-NJ	1:01.15	_____
4	Dylan Davis	18	Anne Arundel-MD	59.75	_____
5	Steven Zimmerman	18	Countryside-OH	56.38	_____
6	Kevin Rogers	18	Triangle Area-NC	58.95	_____
7	Martin Kendig	18	East Suburban-PA	1:00.71	_____
8	Alex Burzynski	17	FanwoodScotch-NJ	1:01.42	_____
9	Tristan Sanders	15	Suncoast-FL	1:02.05	_____
10	Ian Wooley	16	Countryside-OH	1:02.60	_____

Event 203 Women 400 LC Meter Freestyle**National: 4:19.65 7/27/2010 Shelby Fortin**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Prelims

1	Sara Pardue	18	B R Ryall-IL	5:11.22 Y	_____
2	Isabelle Cecere	15	SomersetHills-NJ	5:09.77 Y	_____
3	Sarah Cronin	15	FanwoodScotch-NJ	5:09.51 Y	_____
4	Jennifer Schmitz	16	South Family-OH	5:08.28 Y	_____
5	Grace Waller	18	Kishwaukee-IL	5:07.10 Y	_____
6	Toireasa Rafferty-Millett	17	North Shore-MA	5:07.10 Y	_____
7	Liz Mooney	18	Middle Tyger-SC	5:08.93 Y	_____
8	Carolyn Kearney	15	Ocean County-NJ	5:09.66 Y	_____
9	Carolyn Carter	18	Countryside-OH	5:10.63 Y	_____
10	Courtney Regan	14	Western-CT	5:11.45 Y	_____

2011 YMCA National Long Course Championship

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Meet Program - Day 2 Prelims

Heat 2 Prelims (#203 Women 400 LC Meter Freestyle)

1	Jen Koide	15	West Morris-NJ	5:03.99 Y	_____
2	Grace Baird	16	Northwest-NC	5:02.36 Y	_____
3	Caitlynn Moon	15	Kishwaukee-IL	4:45.94	_____
4	Cameryn Cook	13	West Shore-PA	4:45.80	_____
5	Kaylie Noll	15	GreaterPeoria-IL	4:45.57	_____
6	Megan Kovac	15	Suncoast-FL	4:45.72	_____
7	Talia Daniel	15	Sarasota-FL	4:45.86	_____
8	Hope Walsh	15	Gr.Westfield-MA	4:45.95	_____
9	Meredith Whisenhunt	14	Middle Tyger-SC	5:02.47 Y	_____
10	Riley LeBlanc	17	North Shore-MA	5:05.84 Y	_____

Heat 3 of 9 Prelims

1	MaryClare Stannard	16	West Cook-IL	4:45.53	_____
2	Amber Stich	13	Sarasota-FL	4:44.98	_____
3	Mary Issenmann	16	South Family-OH	4:44.53	_____
4	Shannon Quirk	15	North Shore-MA	4:44.32	_____
5	Lauren Boos	13	Ridgewood-NJ	4:43.86	_____
6	Megan Digulla	16	Central-FL	4:44.06	_____
7	Carlyn Evans	17	UpperMainLine-PA	4:44.42	_____
8	Ashleigh Monroe	17	Western-CT	4:44.98	_____
9	Janie Kennedy	17	Hickory -NC	4:44.99	_____
10	Meg Beese	15	B R Ryall-IL	4:45.54	_____

Heat 4 of 9 Prelims

1	Lea Candelmo	17	Wyckoff-NJ	4:43.78	_____
2	Sabrina Mortell	15	West Shore-PA	4:43.65	_____
3	Maddie Wolf	14	Wyckoff-NJ	4:43.46	_____
4	Emma Gawronski	15	Cheshire-CT	4:42.97	_____
5	Brooke Barnes	14	Fayetteville-NC	4:42.78	_____
6	Faryn Duff	15	Sarasota-FL	4:42.95	_____
7	Sydney Bornstein	15	Hamilton Area-NJ	4:43.01	_____
8	Katie Grant	17	Wilton-CT	4:43.53	_____
9	Sara Nestrowitz	15	Ridgewood-NJ	4:43.72	_____
10	Laura Conoscenti	15	Central-FL	4:43.80	_____

Heat 5 of 9 Prelims

1	Dana Rzewnicki	18	SomersetValleyNJ	4:42.13	_____
2	Kandis Arlinghaus	14	ME Lyons-OH	4:42.00	_____
3	Kaeli Halbersleben	18	Countryside-OH	4:41.83	_____
4	Kaitlyn Click	18	ME Lyons-OH	4:41.37	_____
5	Kendall McIntosh	15	Suncoast-FL	4:40.80	_____
6	Eilish Devine	17	Ridgewood-NJ	4:41.21	_____
7	Elizabeth Williams	15	ME Lyons-OH	4:41.50	_____
8	Sara Beers	16	Ocean County-NJ	4:41.84	_____
9	Danielle Hellstern	17	Cheshire-CT	4:42.10	_____
10	Elise McVey	17	Middle Tyger-SC	4:42.16	_____

Heat 6 of 9 Prelims

1	Allison Ridge	17	ME Lyons-OH	4:40.58	_____
2	Cooper Kearns	18	Cheshire-CT	4:40.26	_____
3	Paige Theobald	16	Countryside-OH	4:40.08	_____
4	Toe Williams	14	ME Lyons-OH	4:39.89	_____
5	Megan Foran	17	Red Bank - NJ	4:39.58	_____
6	Taylor Myszka	16	South Family-OH	4:39.72	_____
7	Kendra Wagner	17	Laurel Highlands	4:39.96	_____
8	Danielle Parowski	17	Gr. Johnstown-PA	4:40.13	_____
9	Annie Berdusco	19	Sarasota-FL	4:40.50	_____
10	Emma McKinley	17	Piedmont-VA	4:40.74	_____

Heat 7 of 9 Prelims

1	Meghan Price	17	UpperMainLine-PA	4:37.42	_____
2	Ryan Alexander	15	North Shore-MA	4:35.84	_____
3	Charlotte Ward	18	Middle Tyger-SC	4:34.81	_____
4	Madeline Smart	16	Wilton-CT	4:31.72	_____
5	Sydney King	15	Licking-OH	4:27.39	_____
6	Ellie Berdusco	15	Sarasota-FL	4:29.67	_____
7	Shaylynn Spelman	15	ME Lyons-OH	4:32.52	_____
8	Erin Ridge	17	ME Lyons-OH	4:35.26	_____
9	Sara Craft	17	Wyckoff-NJ	4:36.99	_____
10	Morgan Carr	14	Huntington-WV	4:38.08	_____

Heat 8 of 9 Prelims

1	Emilia Weihenig	13	Wyckoff-NJ	4:37.29	_____
2	Jacque Garcia	18	Sarasota-FL	4:35.78	_____
3	Rachel Mulligan	16	Triangle Area-NC	4:33.80	_____
4	Gabriela Gil	16	Central-FL	4:31.36	_____
5	Kaitlyn Ferrara	16	ME Lyons-OH	4:26.31	_____
6	India Boland	17	North Shore-MA	4:28.86	_____
7	Hannah James	15	Sarasota-FL	4:32.13	_____
8	Grace Counts	17	Powel Crosley-OH	4:35.09	_____
9	Caitlin Cole	17	Wilton-CT	4:36.39	_____
10	Julianne Phillips	18	Portsmouth-VA	4:37.55	_____

Heat 9 of 9 Prelims

1	Megan Clemens	17	Huntington-WV	4:37.22	_____
2	Katy Luchansky	17	Wilton-CT	4:35.58	_____
3	Danielle Albright	17	Tampa Metro-FL	4:33.60	_____
4	Ava Jones	18	Sarasota-FL	4:30.12	_____
5	Kelsey Frantz	17	Sarasota-FL	4:24.71	_____
6	Emily Launer	17	Kishwaukee-IL	4:28.21	_____
7	Nicole Tronolone	16	Fayetteville-NC	4:31.93	_____
8	Anna Wujciak	16	Gr. Flint-MI	4:34.91	_____
9	Joanna Murphy	16	Sarasota-FL	4:36.08	_____
10	Katherine Mayer	13	Suncoast-FL	4:37.48	_____

Event 204 Men 400 LC Meter Freestyle**National: 3:59.19 1996 A. Messner**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims

1				_____
2				_____
3				_____
4	Peyton Leeson	15	Sarasota-FL	4:49.03 Y
5	Patrick Orkins	16	East Hartford-CT	4:48.13 Y
6	Paul Kersjes	17	Rapid Area-MI	4:48.58 Y
7	Mark Hallman	14	West Cook-IL	4:49.50 Y
8				_____
9				_____
10				_____

2011 YMCA National Long Course Championship

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Meet Program - Day 2 Prelims

Heat 2 Prelims (#204 Men 400 LC Meter Freestyle)

1	Sam Linder	17	West Shore-PA	4:46.15 Y	_____
2	Grayson Davis	16	Triangle Area-NC	4:44.09 Y	_____
3	Matthew Moen	16	Wilton-CT	4:40.31 Y	_____
4	Bryan Kimutis	16	ME Lyons-OH	4:30.98	_____
5	Tyler Gimple	16	Piedmont-VA	4:30.91	_____
6	Alex Burgess	17	Powel Crosley-OH	4:30.91	_____
7	David Carlson	17	Red Bank - NJ	4:38.90 Y	_____
8	PJ Fallon	17	North Shore-MA	4:41.54 Y	_____
9	Zack Casazza	17	Northwest-NC	4:46.14 Y	_____
10	Jeff Mikitka	18	Boyetown-PA	4:47.04 Y	_____

Heat 3 of 12 Prelims

1	Matt Slabe	13	Countryside-OH	4:30.73	_____
2	Luke Zalewski	17	Cheshire-CT	4:30.54	_____
3	Brendan Smalec	17	Cheshire-CT	4:30.46	_____
4	Noah Franz	15	Triangle Area-NC	4:30.32	_____
5	Frank Eichhorn	17	Boyetown-PA	4:30.22	_____
6	Robert Linden	15	Western-CT	4:30.32	_____
7	David Sweezer	13	Rock Hill-SC	4:30.46	_____
8	Scott Martin	16	Western-CT	4:30.52	_____
9	Hayden Aristizabal	15	Sarasota-FL	4:30.62	_____
10	Edward Healy	15	Red Bank - NJ	4:30.89	_____

Heat 4 of 12 Prelims

1	Justin duTreil	16	Sarasota-FL	4:29.92	_____
2	Matthew Bresnahan	16	West Cook-IL	4:29.57	_____
3	David Harmon	16	Anne Arundel-MD	4:29.37	_____
4	Andrew Neggia	17	Wyckoff-NJ	4:29.30	_____
5	George Vlahos	14	Northwest-NC	4:29.11	_____
6	Henry Hollinshead	13	Triangle Area-NC	4:29.30	_____
7	Andrew Belcik	13	Suncoast-FL	4:29.31	_____
8	David Hunter	17	Andover-MA	4:29.40	_____
9	Kyle Surette	17	SomersetValleyNJ	4:29.58	_____
10	Evan Fischer	16	Ridgewood-NJ	4:29.93	_____

Heat 5 of 12 Prelims

1	Jackson Gaido	15	Middle Tyger-SC	4:28.94	_____
2	Christian Rauch	17	Sarasota-FL	4:28.80	_____
3	Garrett Spake	17	J.F. Hurley-NC	4:28.36	_____
4	James Short	14	Wilmington-NC	4:27.92	_____
5	David Glenn	16	Hickory -NC	4:27.62	_____
6	Drew Hamilton	15	ME Lyons-OH	4:27.68	_____
7	Wilson Hicks	17	Middle Tyger-SC	4:28.18	_____
8	Andrew Eigner	14	Cheshire-CT	4:28.46	_____
9	Ryan Henrici	18	UpperMainLine-PA	4:28.80	_____
10	Max Howes	16	Chapel Hill-NC	4:28.95	_____

Heat 6 of 12 Prelims

1	Brandon Sweezer	15	Rock Hill-SC	4:27.42	_____
2	Garrett Hoe	15	W.North Carolina	4:27.19	_____
3	Michael Hammack	15	Triangle Area-NC	4:26.84	_____
4	Zachary Mabin	15	Hamilton Area-NJ	4:26.68	_____
5	Garrett Procnier	17	Gr. Flint-MI	4:26.58	_____
6	Mace Molina	16	Wilton-CT	4:26.63	_____
7	Jayson Hansen	17	Gr. Flint-MI	4:26.71	_____
8	Billy Drennen	18	UpperMainLine-PA	4:26.87	_____
9	Michael Montague	15	ME Lyons-OH	4:27.30	_____
10	Joe Randazzo	16	ME Lyons-OH	4:27.53	_____

Heat 7 of 12 Prelims

1	Josh Taekman	14	Chapel Hill-NC	4:26.55	_____
2	Fritz Josephson	14	Countryside-OH	4:26.43	_____
3	Connor Daly	17	Burbank-MA	4:26.37	_____
4	David Horton	17	West Shore-PA	4:26.17	_____
5	Kevin McCarthy	17	ME Lyons-OH	4:25.74	_____
6	Ian Amistoso	15	Sarasota-FL	4:25.89	_____
7	Tyler Blackburn	17	Hamilton Area-NJ	4:26.34	_____
8	Brandon Voorhies	16	Countryside-OH	4:26.42	_____
9	Matthew Halliburton	16	Rappahannock-VA	4:26.49	_____
10	Matt Gullickson	15	Leaning Tower-IL	4:26.55	_____

Heat 8 of 12 Prelims

1	Brad Jokubaitis	17	Tri-Hampton-PA	4:25.19	_____
2	Cody Bond	15	Wilton-CT	4:24.48	_____
3	Charlie Fry	16	Blue Ash-OH	4:24.00	_____
4	Ian DiCarlo	15	West Shore-PA	4:23.94	_____
5	Stephen Holmquist	14	Wilton-CT	4:22.75	_____
6	Taylor Rodenhuis	14	J.F. Hurley-NC	4:22.83	_____
7	Jake Pierce	15	Hickory -NC	4:23.99	_____
8	Jonathan Glavich	13	Triangle Area-NC	4:24.47	_____
9	Justin Kostelnik	16	Laurel Highlands	4:24.62	_____
10	Ethan Louie	16	SomersetValleyNJ	4:25.55	_____

Heat 9 of 12 Prelims

1	Taylor Petersen	16	Countryside-OH	4:22.41	_____
2	Matthew Collins	18	Flushing-NY	4:21.72	_____
3	Tate Warden	17	Huntington-WV	4:21.37	_____
4	Dirk Hamel-Wood	15	Sarasota-FL	4:20.09	_____
5	Connor Blevins	17	Triangle Area-NC	4:20.03	_____
6	Alex Fox	17	Northwest-NC	4:20.04	_____
7	Ryan Gajdzisz	15	FanwoodScotch-NJ	4:20.43	_____
8	Ryan Murphy	16	Western-CT	4:21.60	_____
9	Alex Bryson	18	Fox Cities-WI	4:21.96	_____
10	Steven Geier	16	East Hartford-CT	4:22.42	_____

Heat 10 of 12 Prelims

1	Josh Shaffer	18	Huntington-WV	4:18.95	_____
2	Tommy Wolinski	17	Montclair-NJ	4:17.47	_____
3	Mike Johnson	17	Rappahannock-VA	4:15.37	_____
4	Ryan McRae	16	Suncoast-FL	4:12.52	_____
5	Sava Turcanu	16	Hickory -NC	4:09.70	_____
6	Shane McKenzie	17	Tri-Hampton-PA	4:11.42	_____
7	Matt O'Donnell	15	Sarasota-FL	4:14.61	_____
8	Andy Watts	17	Sarasota-FL	4:17.01	_____
9	Philip Murphy	18	Gr Holyoke-MA	4:18.57	_____
10	Jeffrey Donovin	17	SomersetValleyNJ	4:19.12	_____

Heat 11 of 12 Prelims

1	John Pelton	15	Sarasota-FL	4:18.78	_____
2	Kyle Kemp	16	Middle Tyger-SC	4:17.28	_____
3	Matt Luminais	17	UpperMainLine-PA	4:15.14	_____
4	Dylan Ludwick	18	Tri-Hampton-PA	4:12.45	_____
5	Dan Napolitano	18	FanwoodScotch-NJ	4:07.82	_____
6	Alex Naglich	17	Tri-Hampton-PA	4:10.19	_____
7	Matthew Montague	18	ME Lyons-OH	4:14.02	_____
8	Robert Breen	18	North Shore-MA	4:16.92	_____
9	Drew Krueger	15	South Family-OH	4:18.28	_____
10	Kyle Doxtater	17	Mid-Delmarva-MD	4:19.10	_____

2011 YMCA National Long Course Championship

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Meet Program - Day 2 Prelims

Heat 12 Prelims (#204 Men 400 LC Meter Freestyle)

1	Harry Hamiter	16	ME Lyons-OH	4:18.67	_____
2	Mitch Colby	17	SomersetHills-NJ	4:17.19	_____
3	Justin Mehl	15	Middle Tyger-SC	4:15.10	_____
4	Liam McKane	15	Sarasota-FL	4:12.31	_____
5	Sean Monahan	18	ME Lyons-OH	4:06.75	_____
6	Nikita Bondarenko	16	West Cook-IL	4:09.82	_____
7	Bradley Wachenfeld	16	SomersetHills-NJ	4:13.39	_____
8	Mike Napolitano	18	FanwoodScotch-NJ	4:15.45	_____
9	Matt McKenney	17	Anne Arundel-MD	4:17.49	_____
10	Gregg Cesaroni	17	Sarasota-FL	4:18.96	_____

Event 205 Women 50 LC Meter Breaststroke**National: 32.78 7/27/2010 Emily Weir**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	Katherine Redden	13	ME Lyons-OH	36.29 Y	_____
2	Katie Mulcahy	13	West Monmouth-NJ	34.49 Y	_____
3	Samma Regan	17	Montclair-NJ	34.44 Y	_____
4	Melissa Rose	14	Buehler-IL	33.55 Y	_____
5	Cecelia McEachern	16	Down East-ME	33.07 Y	_____
6	Alison Barahona	15	Tri-Hampton-PA	33.50 Y	_____
7	Samantha Tarbuck	14	Ridgewood-OH	33.71 Y	_____
8	Rachel Holm	15	Fayette-IL	34.45 Y	_____
9	Kathryn DeSernia	14	Wyckoff-NJ	35.20 Y	_____
10					_____

Heat 2 of 10 Prelims

1	Callie Drage	13	Gr. Toledo-OH	32.70 Y	_____
2	Audrey Mooney	12	ME Lyons-OH	32.20 Y	_____
3	Katlyn Curnes	15	J.B. Chambers-WV	32.10 Y	_____
4	Ashley Teller	15	Portsmouth-VA	32.05 Y	_____
5	Ashley Atherton	18	SomersetValleyNJ	31.85 Y	_____
6	Holly Stein	15	East Suburban-PA	31.98 Y	_____
7	Lindsay Partin	15	Cape Cod-MA	32.09 Y	_____
8	Kaitlin Kunkle	16	Newberry-SC	32.12 Y	_____
9	Jamie Wild	16	Portsmouth-VA	32.41 Y	_____
10	Rachael Theiler	16	Powel Crosley-OH	33.01 Y	_____

Heat 3 of 10 Prelims

1	Corrina Nickerson	17	Northwest-CT	31.79 Y	_____
2	Halie Lacey	18	Central-FL	31.67 Y	_____
3	Riley Hilbrandt	16	Saginaw-MI	31.05 Y	_____
4	Katherine Parker	15	Anne Arundel-MD	30.62 Y	_____
5	Marina Borri	17	Farmington-MI	30.53 Y	_____
6	Basira Knight	15	Triangle Area-NC	30.59 Y	_____
7	Sonia Lin	13	Bath Area-ME	31.03 Y	_____
8	Rebecca Pindral	18	Tampa Metro-FL	31.42 Y	_____
9	Elise Prayson	17	South Family-OH	31.77 Y	_____
10	Hailey Martel	17	Northwest-CT	31.81 Y	_____

Heat 4 of 10 Prelims

1	Elise Duwell	17	Oshkosh-WI	39.54 S	_____
2	Kaitlyn Thomesen	16	East Hartford-CT	41.81	_____
3	Anna Shields	15	Mid-Delmarva-MD	40.75	_____
4	Maire Casey	16	East Hartford-CT	40.00	_____
5	Allie Snyder	15	Triangle Area-NC	39.79	_____
6	Molly O'Brien	16	UpperMainLine-PA	39.91	_____
7	Victoria De Maria	16	Middle Tyger-SC	40.58	_____
8	Megan Rush	14	Mid-Delmarva-MD	40.89	_____
9	Heather Good	18	SomersetValleyNJ	37.83 S	_____
10	Emma Kohlenstein	15	SomersetValleyNJ	40.75 S	_____

Heat 5 of 10 Prelims

1	Cara Egan	16	New Canaan-CT	39.57	_____
2	Bailey Bonnett	12	Laurel Highlands	39.33	_____
3	Morgan Kandrac	18	Hamilton Area-NJ	38.97	_____
4	Ali Bauer	17	Rapid Area-MI	38.50	_____
5	Brookley Garry	13	Blue Ash-OH	38.10	_____
6	Lindsey Wu	15	Montclair-NJ	38.18	_____
7	Casey Koenig	13	Wyckoff-NJ	38.79	_____
8	Kenzie Gendron	14	Gr. Westfield-MA	39.28	_____
9	Katie Citti	17	Ridgewood-NJ	39.57	_____
10	Jessica Sauve	15	Hockomock-MA	39.74	_____

Heat 6 of 10 Prelims

1	Sidney Sherman	15	Ocean County-NJ	38.07	_____
2	Anna Pettus	13	Rock Hill-SC	37.97	_____
3	Maggie Werba	14	Oshkosh-WI	37.80	_____
4	Maddy Irwin	18	Wilton-CT	37.67	_____
5	Ashley Wilson	13	Oshkosh-WI	37.59	_____
6	Katlynn Emaus	14	Rapid Area-MI	37.61	_____
7	Courtney Regan	14	Western-CT	37.78	_____
8	Alexis Walsh	18	Red Bank - NJ	37.86	_____
9	Savanna Faulconer	13	Middle Tyger-SC	38.02	_____
10	Gina Sancricca	16	Gr. Flint-MI	38.09	_____

Heat 7 of 10 Prelims

1	Taylor Deubel	16	Cheshire-CT	37.52	_____
2	Ali Follman	17	Wyckoff-NJ	37.31	_____
3	Ashley Corley	15	West Monmouth-NJ	37.14	_____
4	Morgan Rulevich	14	Rock Hill-SC	37.05	_____
5	Jodie Thompson	15	FanwoodScotch-NJ	36.91	_____
6	Tara O'Prey	16	Ridley-PA	36.94	_____
7	Michelle Witt	16	Oshkosh-WI	37.06	_____
8	Sara Liang	13	Countryside-OH	37.27	_____
9	Shannon Slate	17	Red Bank - NJ	37.50	_____
10	Brooke Morton	17	Central-FL	37.58	_____

Heat 8 of 10 Prelims

1	Erin Lewis	15	Gr. Westfield-MA	36.60	_____
2	Charlotte Harris	17	Blue Ash-OH	36.22	_____
3	Devonne Moore	16	UpperMainLine-PA	35.68	_____
4	Rachel Revolinski	18	Oshkosh-WI	35.13	_____
5	Mariah Akinbi	18	Powel Crosley-OH	34.23	_____
6	Carlyn Evans	17	UpperMainLine-PA	34.61	_____
7	Seana Acker	17	Piedmont-VA	35.39	_____
8	Stephanie Ross	16	West Monmouth-NJ	35.73	_____
9	Hayley Tomlinson	17	Triangle Area-NC	36.40	_____
10	Randi Katz	17	Gr Holyoke-MA	36.90	_____

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 2 Prelims

Heat 9 Prelims (#205 Women 50 LC Meter Breaststroke)

1	Izzi Woodard	15	Rock Hill-SC	36.60	_____
2	Kristin Filby	16	Gr. Toledo-OH	35.98	_____
3	Kim Weyand	18	Anne Arundel-MD	35.67	_____
4	Claudia DiCapua	16	New Canaan-CT	34.64	_____
5	Megan Harris	18	UpperMainLine-PA	33.70	_____
6	Emily Marett	18	W.North Carolina	34.37	_____
7	Jennifer Garzinski	18	Countryside-OH	35.28	_____
8	Gabbie Pettinichi	18	ME Lyons-OH	35.72	_____
9	Alyssa Storino	14	Wilton-CT	36.33	_____
10	Allison Dicke	15	Blue Ash-OH	36.81	_____

Heat 10 of 10 Prelims

1	Ally Davis	15	Triangle Area-NC	36.48	_____
2	Michaela Cunningham	16	Anne Arundel-MD	35.85	_____
3	McKenzie Street	14	Ridley-PA	35.41	_____
4	Rachel Stoddard	16	SomersetValleyNJ	34.63	_____
5	Kayla Brumbaum	16	Rappahannock-VA	33.10	_____
6	Monica Milici	17	Middle Tyger-SC	34.29	_____
7	Palmer Benson	16	J.F. Hurley-NC	35.25	_____
8	Courtney Flynn	18	East Hartford-CT	35.69	_____
9	Michelle Kierencew	15	MetuchenED-NJ	36.27	_____
10	Rikki Berk	17	Wyckoff-NJ	36.76	_____

Event 206 Men 50 LC Meter Breaststroke

National: 29.56 1996 R. Henikman

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Prelims

1					_____
2					_____
3					_____
4	Shane Murphy-Pociask	14	Fox Cities-WI	33.97	Y_____
5	Vincent Camin	15	Andover-MA	33.00	Y_____
6	Caleb Zeleznock	15	Tampa Metro-FL	33.79	Y_____
7					_____
8					_____
9					_____
10					_____

Heat 2 of 14 Prelims

1					_____
2	Stefan Garcia	18	Flushing-NY	32.21	Y_____
3	Alex Jahan	13	Greenwich-CT	31.31	Y_____
4	JD Chow	16	Montclair-NJ	30.53	Y_____
5	Mitchell Dodd	16	Lancaster-OH	30.13	Y_____
6	Danny Sullivan	17	Hamilton Area-NJ	30.27	Y_____
7	Stefan Roeseler	15	Leaning Tower-IL	31.14	Y_____
8	Jeremy Zak	17	Montclair-NJ	31.38	Y_____
9	Keith Chandler	17	Down East-ME	32.71	Y_____
10					_____

Heat 3 of 14 Prelims

1	Jon Haycock	15	Indiana-PA	29.74	Y_____
2	Daniel Peng	15	Indiana-PA	29.43	Y_____
3	Andrew Nesbitt	16	SomersetValleyNJ	29.13	Y_____
4	Scott McLaughlin	17	Cortland-NY	28.82	Y_____
5	Michael Eaton	15	J.B. Chambers-WV	28.57	Y_____
6	AJ Burt	18	Powel Crosley-OH	28.75	Y_____
7	Luke Frederick	16	East Suburban-PA	28.92	Y_____
8	Dan McGrath	15	Ridley-PA	29.19	Y_____
9	Mitchel Cole	17	Greensboro-NC	29.72	Y_____
10	Logan Amodio	16	Montclair-NJ	29.81	Y_____

Heat 4 of 14 Prelims

1	Mike Craig	18	Ridgewood-OH	26.97	Y_____
2	Sebastian Lopez	14	Ridgewood-NJ	39.68	_____
3	Elliot Chun	15	Allard Center-NH	38.19	_____
4	Jackson Gaido	15	Middle Tyger-SC	37.14	_____
5	Timothy Kwarcinski	15	Gr Holyoke-MA	36.82	_____
6	Ryan Marcinkowski	15	Wyckoff-NJ	36.92	_____
7	Jordan Shollenberger	15	Tampa Metro-FL	37.25	_____
8	James Bartel	15	Triangle Area-NC	38.65	_____
9	Ryan Henrici	18	UpperMainLine-PA	2:44.48	_____
10	Matt Kendall	18	SomersetValleyNJ	28.02	Y_____

Heat 5 of 14 Prelims

1	John Slavens	15	Rock Hill-SC	36.69	_____
2	Kent Parsons	15	North Shore-MA	36.53	_____
3	Alex Strakosha	15	North Shore-MA	36.48	_____
4	Evan Rose	14	Chapel Hill-NC	36.25	_____
5	Blake Ruddock	16	Western-CT	35.77	_____
6	Russell Lambert	16	Boyertown-PA	35.86	_____
7	Carson Christuk	14	North Shore-MA	36.43	_____
8	Marcus Lee	18	Wyckoff-NJ	36.50	_____
9	John Stelmack	15	Middle Tyger-SC	36.63	_____
10	George Vlahos	14	Northwest-NC	36.75	_____

Heat 6 of 14 Prelims

1	Jamie Xie	15	Ridgewood-NJ	35.63	_____
2	Gabe Lane	17	New Canaan-CT	35.51	_____
3	Kevin Menke	16	South Family-OH	35.43	_____
4	Jeffrey Case	17	Rock Hill-SC	35.28	_____
5	Seth Evans	17	Pottstown-PA	35.18	_____
6	Ryan Schultz	15	Kishwaukee-IL	35.20	_____
7	Aaron Abraham	15	Blue Ash-OH	35.30	_____
8	Charlie Seltzer	14	North Shore-MA	35.49	_____
9	Zack Soliman	15	Suncoast-FL	35.63	_____
10	Matthew Rolleston	16	Glens Falls-NY	35.65	_____

Heat 7 of 14 Prelims

1	Ken Richardson	16	UpperMainLine-PA	34.99	_____
2	Hiro Hayashi	17	SomersetValleyNJ	34.96	_____
3	Niko Fantakis	17	Gr. Westfield-MA	34.95	_____
4	Matthew Schlehr	16	Countryside-OH	34.91	_____
5	Brian Jay	16	UpperMainLine-PA	34.85	_____
6	Michael Pettinichi	14	ME Lyons-OH	34.89	_____
7	Alex Tran	18	Central-FL	34.94	_____
8	Mark Steffl	16	Lionville-PA	34.95	_____
9	Ryan DesRochers	14	Ocean County-NJ	34.99	_____
10	Alex D'Anna	15	Red Bank - NJ	35.06	_____

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Meet Program - Day 2 Prelims

Heat 8 Prelims (#206 Men 50 LC Meter Breaststroke)

1	Stephen Spittler	15	B R Ryall-IL	34.78	_____
2	Christopher Vadala	15	Red Bank - NJ	34.69	_____
3	Connor Moore	16	FanwoodScotch-NJ	34.63	_____
4	Daniel Andronov	15	MetuchenED-NJ	34.49	_____
5	Brandon Tutty	15	West Morris-NJ	34.47	_____
6	Ned Hanlon	16	New Canaan-CT	34.49	_____
7	Kevin Silverman	17	Wyckoff-NJ	34.61	_____
8	Colin Fitzgerald	15	SomersetHills-NJ	34.65	_____
9	Sherman Lau	15	Wilton-CT	34.69	_____
10	Bryce Durling	14	Northwest-NC	34.80	_____

Heat 9 of 14 Prelims

1	Jimmy Stinehart	15	Gr.Westfield-MA	34.40	_____
2	Liam Tully	18	Montclair-NJ	34.28	_____
3	Philip Lam	18	Triangle Area-NC	34.15	_____
4	Matt Demirs	17	Waterbury-CT	34.11	_____
5	Nick Lafky	16	Western-CT	34.09	_____
6	Kevin Huntley	16	Anne Arundel-MD	34.09	_____
7	William La Porta	18	MetuchenED-NJ	34.13	_____
8	Nitay Caspi	15	Montclair-NJ	34.21	_____
9	Gene Han	15	Wyckoff-NJ	34.29	_____
10	Wayne Chan	15	MetuchenED-NJ	34.47	_____

Heat 10 of 14 Prelims

1	Brian Bendel	18	South Family-OH	34.07	_____
2	Christopher Rutter	13	Powel Crosley-OH	33.94	_____
3	Andrew Higgins	16	Wilton-CT	33.91	_____
4	Luca Bassani	15	Central-FL	33.84	_____
5	Wyatt Thomas	16	Countryside-OH	33.79	_____
6	Brennan Burt	16	Powel Crosley-OH	33.84	_____
7	Jacob Limaldi	14	Ocean County-NJ	33.86	_____
8	Vincent Dinapoli	17	Central-FL	33.94	_____
9	Bora Sebuktekin	16	SomersetValleyNJ	33.95	_____
10	Daniel Stockner	16	Rappahannock-VA	34.08	_____

Heat 11 of 14 Prelims

1	Jonathan Seger	16	Blue Ash-OH	33.74	_____
2	Cameron Yick	16	New Canaan-CT	33.66	_____
3	Brendan Day	17	Gr.Westfield-MA	33.60	_____
4	Will Krueger	17	South Family-OH	33.43	_____
5	Austin Van Vliet	17	Tampa Metro-FL	33.35	_____
6	Chris Koloseike	16	Countryside-OH	33.37	_____
7	Steven McKee	16	East Hartford-CT	33.45	_____
8	Jonathon Pins	15	Rappahannock-VA	33.64	_____
9	Bobby Lesko	15	Wilton-CT	33.73	_____
10	Riley League	15	Rock Hill-SC	33.77	_____

Heat 12 of 14 Prelims

1	Sam Apa	15	West Shore-PA	33.21	_____
2	Graham Beck	18	North Shore-MA	32.87	_____
3	Alex Cummings	17	Gr. Johnstown-PA	32.61	_____
4	Conner McHugh	15	Door County-WI	31.11	_____
5	Sean Johnson	18	SomersetValleyNJ	30.36	_____
6	Matthew Hooper	16	Rapid Area-MI	31.06	_____
7	Shane Tonery	18	MetuchenED-NJ	32.15	_____
8	John Gartland	18	UpperMainLine-PA	32.65	_____
9	Alex Bildey	16	West Monmouth-NJ	33.01	_____
10	Christopher Curtin	17	East Hartford-CT	33.32	_____

Heat 13 of 14 Prelims

1	Kristoff Kolodko	15	Wyckoff-NJ	33.19	_____
2	David Woods	18	Kennett-PA	32.84	_____
3	Matt Lang	20	Rock Hill-SC	32.45	_____
4	Jared Kauffman	18	Middle Tyger-SC	31.11	_____
5	Harrison Cefalo	18	Red Bank - NJ	30.35	_____
6	James Logan	18	Ridley-PA	30.96	_____
7	Jonathan Rutter	15	Powel Crosley-OH	32.01	_____
8	Matthew Hobler	16	Blue Ash-OH	32.61	_____
9	Dylan Philippart	16	Rappahannock-VA	32.96	_____
10	Jonathan Frank	15	East Hartford-CT	33.28	_____

Heat 14 of 14 Prelims

1	Matt Dezenzo	17	FanwoodScotch-NJ	33.05	_____
2	Daniel Gallagher	18	Anne Arundel-MD	32.72	_____
3	Grant Murray	15	Anne Arundel-MD	32.44	_____
4	Louis Seefeld	16	UpperMainLine-PA	31.08	_____
5	David Kitchen	16	Andover-MA	29.16	_____
6	Joshua Bjornberg	17	Cheshire-CT	30.87	_____
7	John Om	14	Ridgewood-NJ	31.29	_____
8	Greg Grewal	17	Lionville-PA	32.61	_____
9	Elliot Penson	19	S. Shore Mill-MA	32.89	_____
10	Sam VanBuskirk	17	Rock Hill-SC	33.26	_____

Event 207 Women 200 LC Meter IM

National: 2:16.33 7/29/2008		Leah Gingrich		
Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Prelims				
1	Alyssa Storino	14	Wilton-CT	2:12.59 Y
2	Alison Barahona	15	Tri-Hampton-PA	2:12.10 Y
3	Kim Weyand	18	Anne Arundel-MD	2:10.94 Y
4	Rachael Theiler	16	Powel Crosley-OH	2:09.81 Y
5	Erica Fabbri	17	Tri-Hampton-PA	2:09.20 Y
6	Sarah Baxter	15	Canandaigua-NY	2:09.54 Y
7	Erin Seiler	17	UpperMainLine-PA	2:10.54 Y
8	Whitney Gould	18	Tri-Hampton-PA	2:11.45 Y
9	Hope Logan	15	Bath Area-ME	2:12.42 Y
10	Sarah Hodes	14	Greenwich-CT	2:12.63 Y

Heat 2 of 13 Prelims

1	Laura Stephens	18	Kennett-PA	2:07.45 Y
2	Ashley Teller	15	Portsmouth-VA	2:28.07 S
3	Michelle Kim	15	Wyckoff-NJ	2:36.09
4	Sara Wujciak	15	Gr. Flint-MI	2:36.04
5	Clara Wynn	19	Greensboro-NC	2:35.92
6	Michelle Whitfield	17	Columbia NW-SC	2:35.96
7	Emma Buckridge	14	East Hartford-CT	2:36.08
8	Palmer Benson	16	J.F. Hurley-NC	2:36.13
9	Sam Hardewig	17	ME Lyons-OH	2:05.96 Y
10	Riley Hilbrandt	16	Saginaw-MI	2:08.08 Y

2011 YMCA National Long Course Championship

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Meet Program - Day 2 Prelims

Heat 3 Prelims (#207 Women 200 LC Meter IM)

1	Emma Kohlenstein	15	SomersetValleyNJ	2:35.77	_____
2	Savanna Faulconer	13	Middle Tyger-SC	2:35.62	_____
3	Erin Dunstan	16	New Canaan-CT	2:35.58	_____
4	Samantha Smithburger	14	Sarasota-FL	2:35.52	_____
5	Gina Sancricca	16	Gr. Flint-MI	2:35.48	_____
6	Annmarie Picinich	13	Ridgewood-NJ	2:35.48	_____
7	Kendall McIntosh	15	Suncoast-FL	2:35.55	_____
8	Courtney Regan	14	Western-CT	2:35.59	_____
9	Morgan Kandrac	18	Hamilton Area-NJ	2:35.65	_____
10	Hailey Olson	16	ME Lyons-OH	2:35.86	_____

Heat 4 of 13 Prelims

1	Allie Magrino	14	Central-FL	2:35.37	_____
2	Katie Evans	14	Greenwich-CT	2:35.33	_____
3	Aubrey Miller	18	Boyertown-PA	2:35.18	_____
4	Rikki Berk	17	Wyckoff-NJ	2:35.15	_____
5	Wendy Liu	18	SomersetValleyNJ	2:35.07	_____
6	Hannah Katz	15	Gr Holyoke-MA	2:35.10	_____
7	Alison Coogan	18	West Cook-IL	2:35.15	_____
8	Megan VanKirk	17	Hunterdon-NJ	2:35.22	_____
9	Kaitlin Jones	15	Chapel Hill-NC	2:35.37	_____
10	Kristin Filby	16	Gr. Toledo-OH	2:35.46	_____

Heat 5 of 13 Prelims

1	Staci Schrecongost	18	East Suburban-PA	2:34.93	_____
2	Charlotte Harris	17	Blue Ash-OH	2:34.78	_____
3	Laura Stephenson	16	Middletown-OH	2:34.66	_____
4	Brooke Morton	17	Central-FL	2:34.54	_____
5	Rachael Freeman	15	Suncoast-FL	2:34.51	_____
6	Jenna Kirchoff	17	Anne Arundel-MD	2:34.53	_____
7	Jessica Conway	13	Greenwich-CT	2:34.62	_____
8	Katherine Discipio	16	Andover-MA	2:34.71	_____
9	Allie Carter	13	Western Br-DE	2:34.92	_____
10	Jennifer Arana	14	Flushing-NY	2:34.99	_____

Heat 6 of 13 Prelims

1	Maddie Wolf	14	Wyckoff-NJ	2:34.32	_____
2	Jessica Horomanski	13	Middle Tyger-SC	2:34.29	_____
3	Erin Lewis	15	Gr. Westfield-MA	2:34.18	_____
4	Kara Lacoste	17	Gr Holyoke-MA	2:34.06	_____
5	Katie Hallenbeck	18	Kishwaukee-IL	2:33.94	_____
6	Halie Lacey	18	Central-FL	2:34.05	_____
7	Courtney Flynn	18	East Hartford-CT	2:34.12	_____
8	Genevieve Miller	15	Northwest-NC	2:34.19	_____
9	Laura Toth	15	Sarasota-FL	2:34.29	_____
10	Lindsay Partin	15	Cape Cod-MA	2:34.50	_____

Heat 7 of 13 Prelims

1	Keely Lovern	15	Licking-OH	2:33.89	_____
2	Stephanie Ross	16	West Monmouth-NJ	2:33.83	_____
3	Randi Katz	17	Gr Holyoke-MA	2:33.59	_____
4	Jessica Johnson	16	Rappahannock-VA	2:33.51	_____
5	Emily Zimcosky	13	Laurel Highlands	2:33.48	_____
6	Bridget Horton	12	Ridgewood-NJ	2:33.50	_____
7	Jazzi Cooper	16	Wilton-CT	2:33.54	_____
8	Marissa Hand	17	Anne Arundel-MD	2:33.64	_____
9	Maggie Werba	14	Oshkosh-WI	2:33.86	_____
10	Elise Lankiewicz	16	Brandywine-De	2:33.92	_____

Heat 8 of 13 Prelims

1	Helen Park	15	Cheshire-CT	2:33.32	_____
2	Madisyn Lyons	14	Tri-County-WV	2:32.93	_____
3	McKenzie Street	14	Ridley-PA	2:32.79	_____
4	Michelle Fischl	17	Laurel Highlands	2:32.67	_____
5	Emily Thomesen	18	East Hartford-CT	2:32.54	_____
6	Jenna Zitkus	15	Leaning Tower-IL	2:32.54	_____
7	Marinela Procoppio	15	Hickory -NC	2:32.67	_____
8	Caroline O'Brien	16	Wilton-CT	2:32.92	_____
9	Bethany Leap	15	Sarasota-FL	2:33.24	_____
10	Maggie Slocumb	15	Western Br-DE	2:33.34	_____

Heat 9 of 13 Prelims

1	Emily Harris	14	UpperMainLine-PA	2:32.42	_____
2	Amanda McNulty	14	Middle Tyger-SC	2:32.26	_____
3	Lindsay Temple	15	SomersetValleyNJ	2:32.00	_____
4	Nicole Provenza	17	Anne Arundel-MD	2:31.90	_____
5	Olivia Leunis	16	New Canaan-CT	2:31.53	_____
6	Kayla Brumbaum	16	Rappahannock-VA	2:31.69	_____
7	Monica Milici	17	Middle Tyger-SC	2:31.98	_____
8	Allison Pavlik	17	B R Ryall-IL	2:32.23	_____
9	Meghan Lavelle	15	Leaning Tower-IL	2:32.37	_____
10	Jessica Harper	15	Gr Holyoke-MA	2:32.45	_____

Heat 10 of 13 Prelims

1	Alison Darby	16	Gr. Flint-MI	2:31.35	_____
2	Rachel Cortright	17	Ridgewood-NJ	2:30.99	_____
3	Astrid Swensen	14	North Shore-MA	2:30.76	_____
4	Ali Galyer	13	Middle Tyger-SC	2:30.58	_____
5	Gabbie Pettinichi	18	ME Lyons-OH	2:30.50	_____
6	Sara Daher	16	North Shore-MA	2:30.52	_____
7	Amanda Lucia	17	Gr Holyoke-MA	2:30.59	_____
8	Silke Herold	18	SomersetValleyNJ	2:30.96	_____
9	Callie Phillips	17	Gr Holyoke-MA	2:31.21	_____
10	Maddie Massey	15	Triangle Area-NC	2:31.50	_____

Heat 11 of 13 Prelims

1	Rachel Stoddard	16	SomersetValleyNJ	2:30.12	_____
2	Melissa Phan	14	Middle Tyger-SC	2:29.01	_____
3	Bailie Monahan	17	Rappahannock-VA	2:27.21	_____
4	Brodde Lamb	18	Piedmont-VA	2:26.16	_____
5	Kelsey Buckley	17	Suncoast-FL	2:22.26	_____
6	Meriza Werenski	15	Gr Holyoke-MA	2:24.07	_____
7	Keelin McNamara	17	Middle Tyger-SC	2:26.50	_____
8	Hannah Lips	15	Middle Tyger-SC	2:28.53	_____
9	Hannah Snyder	17	Triangle Area-NC	2:29.88	_____
10	Lauren Law	16	UpperMainLine-PA	2:30.49	_____

Heat 12 of 13 Prelims

1	Jessica Burkett	16	West Shore-PA	2:30.06	_____
2	Kiera Molloy	17	Triangle Area-NC	2:28.64	_____
3	Nancy Hu	13	Sarasota-FL	2:27.15	_____
4	Celia Frick	16	SomersetHills-NJ	2:25.02	_____
5	Courtney Weaver	15	Gr. Flint-MI	2:19.81	_____
6	Meaghan Kwarcinski	17	Gr Holyoke-MA	2:23.46	_____
7	Natalie Cronk	17	Piedmont-VA	2:26.47	_____
8	Seana Acker	17	Piedmont-VA	2:28.18	_____
9	Liz Mooney	18	Middle Tyger-SC	2:29.73	_____
10	Adelyn Graf	17	New Canaan-CT	2:30.42	_____

2011 YMCA National Long Course Championship**July 25 - July 29, 2011****Meet Program - Day 2 Prelims****Heat 13 Prelims (#207 Women 200 LC Meter IM)**

1	Caitlin Cole	17	Wilton-CT	2:30.02	_____
2	Brennah Ross	18	UpperMainLine-PA	2:28.62	_____
3	Megan Lattimer	18	Wilton-CT	2:26.72	_____
4	Megan Alexander	17	North Shore-MA	2:24.58	_____
5	Catherine McAllister	17	Genesee Area-NY	2:12.50	_____
6	Shannon Ahearn	17	Wilton-CT	2:22.29	_____
7	Tori Oslund	18	W.North Carolina	2:26.37	_____
8	Megan Harris	18	UpperMainLine-PA	2:27.24	_____
9	Verity Abel	15	Wilton-CT	2:29.21	_____
10	Kayla McAvoy	17	Wyckoff-NJ	2:30.30	_____

Event 208 Men 200 LC Meter IM**National: 2:05.19 7/29/2008 Scott Marino**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1					_____
2					_____
3					_____
4	Dylon Johnson	17	W.North Carolina	1:59.35 Y	_____
5	Joseph Shepley	15	Cheshire-CT	1:54.50 Y	_____
6	Matt Kendall	18	SomersetValleyNJ	1:56.44 Y	_____
7					_____
8					_____
9					_____
10					_____

Heat 2 of 10 Prelims

1	Tyler Lessner	15	FanwoodScotch-NJ	2:24.44	_____
2	Sam Day	15	Northwest-NC	2:24.40	_____
3	Will Krueger	17	South Family-OH	2:24.31	_____
4	Colin Foos	17	Blue Ash-OH	2:24.30	_____
5	Jamie Xie	15	Ridgewood-NJ	2:24.26	_____
6	Michael O'Brien	16	SomersetValleyNJ	2:24.29	_____
7	Cole Davis	15	West Shore-PA	2:24.30	_____
8	Ciaran Dillon-Davidson	15	Gr Holyoke-MA	2:24.40	_____
9	Kevin Hong	17	SomersetValleyNJ	2:24.43	_____
10	Nicholas Yodonis	16	Ocean County-NJ	2:24.48	_____

Heat 3 of 10 Prelims

1	Kevin George	14	Countryside-OH	2:24.06	_____
2	Ken Richardson	16	UpperMainLine-PA	2:23.98	_____
3	Richard Keller	14	Rock Hill-SC	2:23.85	_____
4	Wyatt Thomas	16	Countryside-OH	2:23.75	_____
5	William LaCosta	16	SomersetHills-NJ	2:23.71	_____
6	Brandon Cole	15	Wilton-CT	2:23.74	_____
7	Corey Beinhart	16	South Family-OH	2:23.81	_____
8	Christopher Curtin	17	East Hartford-CT	2:23.90	_____
9	Nicholas Gutsche	16	Brandywine-De	2:24.03	_____
10	Sam Apa	15	West Shore-PA	2:24.08	_____

Heat 4 of 10 Prelims

1	Andrew Belcik	13	Suncoast-FL	2:23.63	_____
2	Jack Disney-Huss	18	Triangle Area-NC	2:23.44	_____
3	Taylor Hall	16	Middle Tyger-SC	2:23.41	_____
4	Justin duTreil	16	Sarasota-FL	2:23.04	_____
5	Kevin Huntley	16	Anne Arundel-MD	2:22.77	_____
6	Dylan Sali	16	SomersetValleyNJ	2:22.87	_____
7	Sean Dunne	17	Red Bank - NJ	2:23.17	_____
8	Drew Still	16	Middle Tyger-SC	2:23.44	_____
9	Gene Han	15	Wyckoff-NJ	2:23.63	_____
10	Manuel Barragan	15	Suncoast-FL	2:23.66	_____

Heat 5 of 10 Prelims

1	Jonathan Burr	18	East Hartford-CT	2:22.64	_____
2	Stephen Hollinshead	15	Triangle Area-NC	2:22.50	_____
3	Luke Lechner	15	W.North Carolina	2:22.27	_____
4	Thomas Szilagyi	16	Wilton-CT	2:21.73	_____
5	Andrew Albert	17	Blue Ash-OH	2:21.66	_____
6	Jonathan Seger	16	Blue Ash-OH	2:21.68	_____
7	Jun Kim	17	Wyckoff-NJ	2:22.25	_____
8	Brent Hochstein	16	Central Delaware	2:22.35	_____
9	Matt Dezenzo	17	FanwoodScotch-NJ	2:22.62	_____
10	Andrew Eigner	14	Cheshire-CT	2:22.69	_____

Heat 6 of 10 Prelims

1	Matthew Glockenmeier	15	SomersetHills-NJ	2:20.82	_____
2	Chandler Brown	15	Middle Tyger-SC	2:20.49	_____
3	Tyler Fullington	16	South Family-OH	2:20.11	_____
4	Austin Green	17	Tri-County-WV	2:19.45	_____
5	Jin Roh	16	Wyckoff-NJ	2:19.31	_____
6	Ian Delahunty	17	Middle Tyger-SC	2:19.36	_____
7	Jared Klika	14	Green Bay-WI	2:20.04	_____
8	Bora Sebuktekin	16	SomersetValleyNJ	2:20.35	_____
9	Edward Kim	16	Wyckoff-NJ	2:20.79	_____
10	Chase Frazelle	17	J.F. Hurley-NC	2:21.18	_____

Heat 7 of 10 Prelims

1	Albert Cela	15	Sarasota-FL	2:18.87	_____
2	Eric Kim	15	Wyckoff-NJ	2:18.43	_____
3	Kevin Kosciuk	18	Cheshire-CT	2:18.29	_____
4	Connor Yoo	18	UpperMainLine-PA	2:17.84	_____
5	Greg Baliko	17	FanwoodScotch-NJ	2:17.66	_____
6	Jonathan Rutter	15	Powel Crosley-OH	2:17.79	_____
7	Brendan Woo	15	Wyckoff-NJ	2:17.94	_____
8	Dylan Cummings	18	Wyckoff-NJ	2:18.35	_____
9	Kyle Patnode	16	West Cook-IL	2:18.48	_____
10	Jordan Berger	15	Wilton-CT	2:19.06	_____

Heat 8 of 10 Prelims

1	Sam DeLise	15	Wilton-CT	2:16.68	_____
2	Sean Johnson	18	SomersetValleyNJ	2:15.38	_____
3	Alex Burzynski	17	FanwoodScotch-NJ	2:14.05	_____
4	Stephen Raynes	18	SomersetHills-NJ	2:12.97	_____
5	Bill Young	17	W.North Carolina	2:09.30	_____
6	Leo Lim	17	Wyckoff-NJ	2:10.60	_____
7	Christopher DePietro	17	Lancaster-OH	2:13.44	_____
8	Philip Kang	16	Wyckoff-NJ	2:14.80	_____
9	AJ Burt	18	Powel Crosley-OH	2:16.44	_____
10	Shane Tonery	18	MetuchenED-NJ	2:17.18	_____

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 2 Prelims

Heat 9 Prelims (#208 Men 200 LC Meter IM)

1	Lucas Bureau	17	Laurel Highlands	2:16.65	_____
2	Timothy Lattimer	18	Wilton-CT	2:15.32	_____
3	Colton Spark	18	Middle Tyger-SC	2:13.98	_____
4	Connor Maher	18	Cheshire-CT	2:12.89	_____
5	Jared Kauffman	18	Middle Tyger-SC	2:08.54	_____
6	David Morgan	17	Suncoast-FL	2:10.37	_____
7	John Bateman	17	North Shore-MA	2:13.35	_____
8	Colin Ellington	14	Triangle Area-NC	2:14.77	_____
9	Vincent Dinapoli	17	Central-FL	2:16.44	_____
10	Gregory Han	16	Cheshire-CT	2:16.97	_____

Heat 10 of 10 Prelims

1	Brandon Nestor	16	Central-FL	2:16.52	_____
2	John Santoro	17	New Canaan-CT	2:15.14	_____
3	Kyle Doxtater	17	Mid-Delmarva-MD	2:13.71	_____
4	Jack Bremer	17	Anne Arundel-MD	2:12.37	_____
5	David Ingraham	18	Middle Tyger-SC	2:08.37	_____
6	Alex Keller	16	Fayette-IL	2:09.80	_____
7	Victor Luo	16	SomersetValleyNJ	2:13.01	_____
8	Andrew Yunker	17	Gr. Flint-MI	2:14.52	_____
9	Kei Ishimaru	16	Kishwaukee-IL	2:15.57	_____
10	Nate Carr	16	Huntington-WV	2:16.89	_____

Event 209 Women 50 LC Meter Freestyle

National: 25.74 7/28/2009 Emily Lloyd

Lane	Name	Age	Team	Seed Time
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Heat 1 of 16 Prelims

1	Jenna Luthman	16	Blue Ash-OH	25.16 Y	_____
2	Basira Knight	15	Triangle Area-NC	25.10 Y	_____
3	Morgan Runk	16	Ocean County-NJ	25.08 Y	_____
4	Danielle Bach	17	Wyckoff-NJ	25.05 Y	_____
5	Kendall Kirsteier	17	Tri-Hampton-PA	25.01 Y	_____
6	Arica Smith	15	Door County-WI	25.01 Y	_____
7	Nollaig Noll	15	Gr. Johnstown-PA	25.06 Y	_____
8	Olivia Graham	17	Montclair-NJ	25.08 Y	_____
9	Laura Bradley	16	Rappahannock-VA	25.11 Y	_____
10	Rebecca Eckblad	14	Gr. Flint-MI	25.18 Y	_____

Heat 2 of 16 Prelims

1	Caitlin Coughlin	15	Jennersville-PA	24.91 Y	_____
2	Allison Hoyt	18	Lancaster-OH	24.82 Y	_____
3	Alicia Diaz	13	Kennett-PA	24.72 Y	_____
4	Madeline Rastall	16	Door County-WI	24.59 Y	_____
5	Celia Ouellette	16	Bath Area-ME	24.35 Y	_____
6	Sarah Baxter	15	Canandaigua-NY	24.47 Y	_____
7	Kelly Hamilton	16	Chambersburg-PA	24.62 Y	_____
8	Katerina Parowski	14	Gr. Johnstown-PA	24.74 Y	_____
9	Dominique Montoya	17	Ridley-PA	24.91 Y	_____
10	Angie Healy	16	Twin Rivers-NC	25.00 Y	_____

Heat 3 of 16 Prelims

1	Savanna Townsend	16	Door County-WI	23.68 Y	_____
2	Morgan Keiner	15	Gr. Miami Val-OH	29.29	_____
3	Bailey Folmar	16	J.F. Hurley-NC	29.28	_____
4	Katie Cullinan	16	Montclair-NJ	29.28	_____
5	Gabrielle Haaraoja	15	Gr. Flint-MI	29.25	_____
6	Carley Drye	18	J.F. Hurley-NC	29.26	_____
7	Lauren Keating	17	Portsmouth-VA	29.28	_____
8	Kate Etter	15	Countryside-OH	29.29	_____
9	Kira Page	12	Western-CT	29.29	_____
10	Sierra Townsend	18	Door County-WI	23.82 Y	_____

Heat 4 of 16 Prelims

1	Olivia Wilson	15	Blue Ash-OH	29.24	_____
2	Elise Prayson	17	South Family-OH	29.23	_____
3	Hannah Makris	13	Western-CT	29.22	_____
4	Jacqueline Russolillo	15	Andover-MA	29.20	_____
5	Morgan Rulevich	14	Rock Hill-SC	29.20	_____
6	Amy Nemeth	14	West Morris-NJ	29.20	_____
7	Paige Jones	13	Chapel Hill-NC	29.21	_____
8	Erin Sivak	16	B R Ryall-IL	29.23	_____
9	Nina Oryshkewych	13	Ridgewood-OH	29.23	_____
10	Emma Schuermann	15	South Family-OH	29.25	_____

Heat 5 of 16 Prelims

1	Jenna Egan	15	New Canaan-CT	29.19	_____
2	Maddy Coffey	16	Leaning Tower-IL	29.18	_____
3	Tara Fears	14	Countryside-OH	29.18	_____
4	Brooke Barnes	14	Fayetteville-NC	29.15	_____
5	Emily Lin	18	Birmingham-AL	29.13	_____
6	Jen Tavares	17	Waterbury-CT	29.14	_____
7	Kelly Cutter	17	Blue Ash-OH	29.17	_____
8	Lauren Farrell	18	Hunterdon-NJ	29.18	_____
9	Delaney Smith	15	Blue Ash-OH	29.19	_____
10	Marissa Hand	17	Anne Arundel-MD	29.19	_____

Heat 6 of 16 Prelims

1	Cameryn Cook	13	West Shore-PA	29.11	_____
2	Maureen Ryan	16	UpperMainLine-PA	29.11	_____
3	Isobel Walker	14	Greenwich-CT	29.09	_____
4	Elisabeth Anne Orr	16	Newberry-SC	29.06	_____
5	Eleonora Mazzetti	17	Flushing-NY	29.05	_____
6	Kaitlin Kunkle	16	Newberry-SC	29.05	_____
7	Madison Hynoski	14	Hunterdon-NJ	29.06	_____
8	Rachael Theiler	16	Powel Crosley-OH	29.10	_____
9	Kandis Arlinghaus	14	ME Lyons-OH	29.11	_____
10	Tara O'Prey	16	Ridley-PA	29.12	_____

Heat 7 of 16 Prelims

1	Savannah Jackson	16	Northwest-NC	29.04	_____
2	Sarah Robbins	18	Gr. Johnstown-PA	29.04	_____
3	Sarah Gibbons	17	Powel Crosley-OH	29.03	_____
4	Julia Day	15	SomersetHills-NJ	29.02	_____
5	Ellie LeBuhn	17	Powel Crosley-OH	29.01	_____
6	Savannah Llewellyn	15	FanwoodScotch-NJ	29.01	_____
7	Emily O'Neill	18	West Monmouth-NJ	29.03	_____
8	Caitlin Manthe	15	Lionville-PA	29.03	_____
9	Tiffany Howard	15	Gr. Miami Val-OH	29.04	_____
10	Shannon Belforti	15	West Monmouth-NJ	29.05	_____

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 2 Prelims

Heat 8 Prelims (#209 Women 50 LC Meter Freestyle)

1	Hayley Tomlinson	17	Triangle Area-NC	29.01	_____
2	Allison Kirkby	16	UpperMainLine-PA	29.01	_____
3	Abby Gibbons	17	Powel Crosley-OH	29.00	_____
4	Lexi Fabbri	14	Tri-Hampton-PA	28.99	_____
5	Janie Kennedy	17	Hickory -NC	28.96	_____
6	Shelly Prayson	14	South Family-OH	28.96	_____
7	Lexi Monty	13	Fox Cities-WI	28.99	_____
8	Rachel Ponti	17	Hickory -NC	29.00	_____
9	Caitlyn Blake	14	Western Br-DE	29.01	_____
10	Samantha Palicz	15	Western-CT	29.01	_____

Heat 9 of 16 Prelims

1	Rachel Resch	13	Oshkosh-WI	28.95	_____
2	Haylee Knight	13	S. Shore Mill-MA	28.94	_____
3	Claire Mesko	17	Western Br-DE	28.92	_____
4	Emily Lake	17	Ocean County-NJ	28.90	_____
5	Marina Preiss	15	East Hampton-NY	28.89	_____
6	Cristina Storin	15	Fox Cities-WI	28.89	_____
7	Tyler Stephenson	14	Triangle Area-NC	28.90	_____
8	Christina OU	13	Greenwich-CT	28.94	_____
9	Gabriella Levine	17	FanwoodScotch-NJ	28.94	_____
10	Danielle Hellstern	17	Cheshire-CT	28.96	_____

Heat 10 of 16 Prelims

1	Lauren Bass	17	Powel Crosley-OH	28.87	_____
2	Maureen McKenna	18	Red Bank - NJ	28.87	_____
3	Jordan Sawyer	15	Western Br-DE	28.87	_____
4	Celia Oberholzer	17	Powel Crosley-OH	28.85	_____
5	Kaitlin Jones	15	Chapel Hill-NC	28.81	_____
6	Delaney Dyjak	15	Gr Holyoke-MA	28.85	_____
7	Emma Whitney	13	Gr.Westfield-MA	28.86	_____
8	Alex Vezzetti	17	Rock Hill-SC	28.87	_____
9	McKenzie Stevens	15	J.F. Hurley-NC	28.87	_____
10	Alanna Dasso	15	West Cook-IL	28.89	_____

Heat 11 of 16 Prelims

1	Ally Warnimont	14	Northwest-NC	28.77	_____
2	Kate Kelly	16	Middle Tyger-SC	28.77	_____
3	Annmari Picinich	13	Ridgewood-NJ	28.75	_____
4	Allison Dicke	15	Blue Ash-OH	28.69	_____
5	Samantha Shirtliff	15	West Shore-PA	28.67	_____
6	Caitlyn Bach	15	Wyckoff-NJ	28.68	_____
7	Jessica Schmidt	14	MetuchenED-NJ	28.73	_____
8	Taylor Folkertsma	18	Rapid Area-MI	28.76	_____
9	Jamie Wild	16	Portsmouth-VA	28.77	_____
10	Ali Snover	15	Middle Tyger-SC	28.79	_____

Heat 12 of 16 Prelims

1	Katie McKay	16	Red Bank - NJ	28.65	_____
2	Maggie Miller	14	Elkins-WV	28.63	_____
3	Lauren McIntosh	13	Suncoast-FL	28.61	_____
4	Maddie Zimmerman	15	UpperMainLine-PA	28.54	_____
5	Mary Claire Webb	14	B R Ryall-IL	28.49	_____
6	Sarah Kaneshiki	18	Gr. Johnstown-PA	28.53	_____
7	Caroline O'Brien	16	Wilton-CT	28.55	_____
8	Allison Ridge	17	ME Lyons-OH	28.62	_____
9	Audrey Mooney	12	ME Lyons-OH	28.64	_____
10	Michelle Case	15	Rock Hill-SC	28.66	_____

Heat 13 of 16 Prelims

1	Grace Hendee	15	Wilton-CT	28.49	_____
2	Allison Pavlik	17	B R Ryall-IL	28.47	_____
3	Jacquelynn Parker	16	SomersetValleyNJ	28.44	_____
4	Danielle Parowski	17	Gr. Johnstown-PA	28.30	_____
5	Claudia DiCapua	16	New Canaan-CT	28.23	_____
6	Sydney King	15	Licking-OH	28.26	_____
7	Sarah Cronin	15	FanwoodScotch-NJ	28.31	_____
8	Katherine Crochet	16	Cheshire-CT	28.46	_____
9	Delaney Johnson	16	Elkins-WV	28.47	_____
10	Molly O'Brien	16	UpperMainLine-PA	28.49	_____

Heat 14 of 16 Prelims

1	Corinne Capodanno	17	Brandywine-De	28.19	_____
2	Emma Thomas	13	Western Br-DE	28.05	_____
3	Erica Fabbri	17	Tri-Hampton-PA	27.79	_____
4	Sara Krueger	17	Powel Crosley-OH	27.49	_____
5	Jenna Immormino	17	SomersetHills-NJ	27.05	_____
6	Alexandra Marshall	16	Northwest-NC	27.24	_____
7	Natalie Rohr	17	South Family-OH	27.59	_____
8	Morgan Contino	16	ME Lyons-OH	27.96	_____
9	Mikaela Montgomery	15	Fayette-IL	28.10	_____
10	Kaylyn Murphy	17	Coffman - OH	28.20	_____

Heat 15 of 16 Prelims

1	Samantha Hall	13	Elkins-WV	28.17	_____
2	Kendra Bierman	18	Powel Crosley-OH	28.04	_____
3	Anastasia Bogdanovski	17	FanwoodScotch-NJ	27.71	_____
4	Meaghan Kwarcinski	17	Gr Holyoke-MA	27.30	_____
5	Kelsey Buckley	17	Suncoast-FL	27.04	_____
6	Madeline Smart	16	Wilton-CT	27.12	_____
7	Hannah Markey	18	FanwoodScotch-NJ	27.50	_____
8	Mara Valenzuela	18	SomersetValleyNJ	27.84	_____
9	Molly Gaynor	16	FanwoodScotch-NJ	28.09	_____
10	Sarah Freeman	14	Suncoast-FL	28.20	_____

Heat 16 of 16 Prelims

1	Dana Yu	17	SomersetValleyNJ	28.16	_____
2	Emily Buczkowski	18	Bath Area-ME	28.03	_____
3	Anna Wujciak	16	Gr. Flint-MI	27.65	_____
4	Rebecca Werdine	16	Suncoast-FL	27.28	_____
5	Katrina Konopka	14	Middle Tyger-SC	26.85	_____
6	Elizabeth McDonald	17	Cheshire-CT	27.06	_____
7	Julianne Phillips	18	Portsmouth-VA	27.50	_____
8	Haley Dascenzo	17	Laurel Highlands	27.82	_____
9	Marie Chamberlain	15	Cape Cod-MA	28.09	_____
10	Stephanie Norris	16	Catonsville-MD	28.19	_____

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 2 Prelims

Event 210 Men 50 LC Meter Freestyle

National: 23.15 7/27/2010		Tim Squires		
Lane	Name	Age	Team	Seed Time
Heat 1 of 18 Prelims				
1				_____
2				_____
3				_____
4	Anthony Gurrieri	16	FanwoodScotch-NJ	22.49 Y _____
5	Brandon Tutty	15	West Morris-NJ	22.40 Y _____
6	Sean Ging	18	East Suburban-PA	22.46 Y _____
7				_____
8				_____
9				_____
10				_____
Heat 2 of 18 Prelims				
1				_____
2	Curtis Meade	17	West Monmouth-NJ	22.28 Y _____
3	Jeff Mikitka	18	Boyertown-PA	22.08 Y _____
4	Travis Burke	16	UpperMainLine-PA	21.98 Y _____
5	David Starr	17	East Suburban-PA	21.56 Y _____
6	James Logan	18	Ridley-PA	21.79 Y _____
7	Nathan Reed	19	UpperMainLine-PA	22.00 Y _____
8	Daniel Hellman	18	Red Bank - NJ	22.10 Y _____
9	Dan McGrath	15	Ridley-PA	22.31 Y _____
10				_____
Heat 3 of 18 Prelims				
1	Alex Liulakis	17	Wyckoff-NJ	26.79 _____
2	Cole Wisecarver	15	Tampa Metro-FL	26.79 _____
3	Dave Lattimer	15	Sarasota-FL	26.78 _____
4	Harry Clewell	16	FanwoodScotch-NJ	26.78 _____
5	Bobby Lesko	15	Wilton-CT	26.76 _____
6	Joseph Baron	14	FanwoodScotch-NJ	26.77 _____
7	Marcus Lee	18	Wyckoff-NJ	26.78 _____
8	Caleb Treadwell	14	Cortland-NY	26.78 _____
9	Pawel Wierzchowicz	17	West Cook-IL	26.79 _____
10	Michael Smigelski	16	Southington-CT	21.24 Y _____
Heat 4 of 18 Prelims				
1	Richard Keller	14	Rock Hill-SC	26.75 _____
2	Joey Fallar	15	Andover-MA	26.74 _____
3	Roy An	15	Ridgewood-NJ	26.70 _____
4	Chili Davis	16	Birmingham-AL	26.70 _____
5	Pieter Brower	15	Greensboro-NC	26.67 _____
6	Jimmy Stinehart	15	Gr.Westfield-MA	26.69 _____
7	Sherman Lau	15	Wilton-CT	26.70 _____
8	William Howell	15	Rappahannock-VA	26.74 _____
9	Matthew Hooper	16	Rapid Area-MI	26.75 _____
10	Maks Grover	16	Down East-ME	26.75 _____

Heat 5 of 18 Prelims

1	Ryan Bachur	18	Burbank-MA	26.65 _____
2	Sean Harrington	15	Greenbrier-VA	26.64 _____
3	Sebastian Piekarski	15	Buehler-IL	26.64 _____
4	Shaun VanHuyssteen	16	Suncoast-FL	26.61 _____
5	Kyle Weston	15	Western Br-DE	26.59 _____
6	Michael Brooks	18	West Monmouth-NJ	26.61 _____
7	Austin Eiler	15	Oshkosh-WI	26.62 _____
8	Sebastian Lutz	14	SomersetHills-NJ	26.64 _____
9	Jordan Metz	17	Chambersburg-PA	26.64 _____
10	Shawn Leonard	19	Sarasota-FL	26.65 _____

Heat 6 of 18 Prelims

1	Nicholas Kobani	19	Waterbury-CT	26.58 _____
2	Jonathon Pins	15	Rappahannock-VA	26.57 _____
3	Chris Kohut	14	Triangle Area-NC	26.54 _____
4	Zachary Hatley	17	J.F. Hurley-NC	26.51 _____
5	Seth Abraham	17	Laurel Highlands	26.51 _____
6	Marquise Snipes	17	Columbia NW-SC	26.51 _____
7	Kevin Diefenbach	17	Hamilton Area-NJ	26.54 _____
8	William Mathe	18	Buehler-IL	26.56 _____
9	Josh Krieg	16	Laurel Highlands	26.58 _____
10	Keon Songui-Samuel	16	S. Shore Mill-MA	26.58 _____

Heat 7 of 18 Prelims

1	Matt Luminais	17	UpperMainLine-PA	26.48 _____
2	Chris Koloseike	16	Countryside-OH	26.47 _____
3	Noah Medwin	14	Northwest-NC	26.46 _____
4	Tyler Wright	17	Sanford-ME	26.44 _____
5	Nicholas Yodonis	16	Ocean County-NJ	26.43 _____
6	Brendan Tirado	17	Coffman - OH	26.43 _____
7	Ricky Lessard	18	East Hartford-CT	26.46 _____
8	Zachary Hannon	16	East Hartford-CT	26.47 _____
9	Brad Helt	16	Wilton-CT	26.47 _____
10	Andrew Jackson	15	Portsmouth-VA	26.48 _____

Heat 8 of 18 Prelims

1	Adam Hunter	18	Wilmington-NC	26.41 _____
2	Ray Snyder	16	Waterbury-CT	26.38 _____
3	William LaCosta	16	SomersetHills-NJ	26.37 _____
4	Dougan McGrath	17	Ridley-PA	26.35 _____
5	Scott McLaughlin	17	Cortland-NY	26.33 _____
6	Matthew Li	17	Flushing-NY	26.34 _____
7	Brendan Sweeney	17	Burbank-MA	26.36 _____
8	Adam Trumbley	18	Waterbury-CT	26.38 _____
9	Colin Machat	15	Gr Holyoke-MA	26.38 _____
10	Taylor Hill	18	J.F. Hurley-NC	26.42 _____

Heat 9 of 18 Prelims

1	Paul Kersjes	17	Rapid Area-MI	26.32 _____
2	Marshall Williams	14	Middle Tyger-SC	26.30 _____
3	Dylan Blackwell	16	Wilmington-NC	26.29 _____
4	Joe Torres	15	Red Bank - NJ	26.27 _____
5	Thomas Orr	17	Newberry-SC	26.27 _____
6	Roger White	17	Rapid Area-MI	26.27 _____
7	Sommy Irani	18	Tampa Metro-FL	26.28 _____
8	Luke Bajda	15	B R Ryall-IL	26.30 _____
9	Chris Lim	16	Wyckoff-NJ	26.31 _____
10	Phillip Drayton	14	South Family-OH	26.32 _____

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 2 Prelims

Heat 10 Prelims (#210 Men 50 LC Meter Freestyle)

1	Matthew Rines	17	Chambersburg-PA	26.26	_____
2	Benjamin Creekmore	15	Brandywine-De	26.25	_____
3	Jeff Magin	17	Western-CT	26.23	_____
4	Kyle Neri	16	Cheshire-CT	26.18	_____
5	Kristoph Marcinkowski	17	Wyckoff-NJ	26.16	_____
6	Alex Lin	16	Red Bank - NJ	26.18	_____
7	Austin Olivares	17	Central-FL	26.21	_____
8	Alex Roznai	17	Lattof-IL	26.25	_____
9	Rees Cattermole	16	Sarasota-FL	26.25	_____
10	TJ Ewer	16	Portsmouth-VA	26.27	_____

Heat 11 of 18 Prelims

1	Erik Saberski	16	Cheshire-CT	26.14	_____
2	Sean Higgins	16	Wilton-CT	26.12	_____
3	Jake Burns	17	Greensboro-NC	26.07	_____
4	John Paul Zimcosky	15	Laurel Highlands	26.05	_____
5	Nigel Lane	16	Hunterdon-NJ	26.02	_____
6	Joe Dunn	17	FanwoodScotch-NJ	26.05	_____
7	Colin Foos	17	Blue Ash-OH	26.05	_____
8	Duncan Mahnken	17	Portsmouth-VA	26.11	_____
9	Jon Harre	19	Fayette-IL	26.12	_____
10	Thomas King	16	Portsmouth-VA	26.15	_____

Heat 12 of 18 Prelims

1	Luke Simpson	16	Mon Valley-PA	26.01	_____
2	Kyle Garase	17	Mon Valley-PA	26.00	_____
3	Jason Moyer	18	Boyertown-PA	25.98	_____
4	Colin Heil	18	Anne Arundel-MD	25.95	_____
5	Tristan Sanders	15	Suncoast-FL	25.93	_____
6	John Om	14	Ridgewood-NJ	25.94	_____
7	Collin McNamara	19	SomersetValleyNJ	25.97	_____
8	Ryan O'Neill	15	West Monmouth-NJ	25.99	_____
9	Tommy Wolinski	17	Montclair-NJ	26.00	_____
10	Tommy Kealy	15	Wilton-CT	26.01	_____

Heat 13 of 18 Prelims

1	Andrew Nesbitt	16	SomersetValleyNJ	25.90	_____
2	Chris Healy	16	Northwest-NC	25.89	_____
3	Owen Dunbar	18	Powel Crosley-OH	25.86	_____
4	Matthew Whitehurst	18	Countryside-OH	25.84	_____
5	Daniel Gallagher	18	Anne Arundel-MD	25.82	_____
6	Joseph Colasurdo	18	Ocean County-NJ	25.83	_____
7	Joshua Nordike	16	Fayette-IL	25.85	_____
8	Peter Westcott	17	Ridgewood-NJ	25.87	_____
9	Joseph Connors	18	Red Bank - NJ	25.90	_____
10	Jacob Nicolella	17	Mon Valley-PA	25.92	_____

Heat 14 of 18 Prelims

1	Bradford Johnson	17	Middletown-OH	25.79	_____
2	Alex Burgess	17	Powel Crosley-OH	25.77	_____
3	Hayden Cassidy	18	Rapid Area-MI	25.76	_____
4	Daniel Krentsa	15	Western-CT	25.73	_____
5	Tyler Essary	18	Prattville-AL	25.70	_____
6	Garrett Hills	16	Rock Hill-SC	25.71	_____
7	Pat Dierker	17	Powel Crosley-OH	25.76	_____
8	Randy Chen	16	Greensboro-NC	25.76	_____
9	Jacob Griffith	16	Lancaster-OH	25.78	_____
10	Andrew Delahunty	15	Middle Tyger-SC	25.79	_____

Heat 15 of 18 Prelims

1	Caleb Camp	17	Chapel Hill-NC	25.68	_____
2	James Weber	18	Middle Tyger-SC	25.55	_____
3	Andrew Weber	18	Red Bank - NJ	25.54	_____
4	Alex Mathews	17	Triangle Area-NC	25.52	_____
5	Sean McCarthy	18	Kennett-PA	25.47	_____
6	Zachary Balitzkat	18	Gr. Flint-MI	25.51	_____
7	Justin Stewart	18	West Shore-PA	25.52	_____
8	Jeffrey Cook	18	Burbank-MA	25.55	_____
9	Hal McKay	16	Birmingham-AL	25.63	_____
10	Bradley Myser	19	East Suburban-PA	25.69	_____

Heat 16 of 18 Prelims

1	Christian Caveness	16	Wilmington-NC	25.43	_____
2	Jimmy Ryan	17	UpperMainLine-PA	25.33	_____
3	Jason Potter	17	New Canaan-CT	25.21	_____
4	Martin Kendig	18	East Suburban-PA	24.89	_____
5	Jason Williams	17	Suncoast-FL	24.49	_____
6	Tom McKee	18	Brandywine-De	24.87	_____
7	Eric Lethander	17	Powel Crosley-OH	25.06	_____
8	Ruslan Kopunek	18	Delaware-DE	25.27	_____
9	Raymond Cswerko	18	Northwest-CT	25.41	_____
10	Joey Duronio	17	Chapel Hill-NC	25.47	_____

Heat 17 of 18 Prelims

1	Mike Johnson	17	Rappahannock-VA	25.43	_____
2	Ian Robert	16	New Canaan-CT	25.32	_____
3	Mike Harmon	19	Chambersburg-PA	25.10	_____
4	Taylor Adams	17	Wyckoff-NJ	24.89	_____
5	Kevin Rogers	18	Triangle Area-NC	24.47	_____
6	Kyle Madley	18	SomersetHills-NJ	24.83	_____
7	Will Kazokas	17	Sarasota-FL	25.05	_____
8	David Chung	16	SomersetValleyNJ	25.27	_____
9	Matthew Vanbiervliet	18	SomersetValleyNJ	25.41	_____
10	Matthew Hobler	16	Blue Ash-OH	25.44	_____

Heat 18 of 18 Prelims

1	Gregory Kogut	18	Anne Arundel-MD	25.42	_____
2	Seth Wenner	15	West Shore-PA	25.28	_____
3	Robert Borowicz	16	Middle Tyger-SC	25.07	_____
4	Kevin Shivers	16	Chambersburg-PA	24.89	_____
5	Jack Forese	18	New Canaan-CT	23.78	_____
6	Jeffrey Mead	18	Columbia NW-SC	24.78	_____
7	Alex Gray	16	Birmingham-AL	25.01	_____
8	John Bateman	17	North Shore-MA	25.21	_____
9	Connor O'Prey	17	Ridley-PA	25.35	_____
10	Will Brown	18	FanwoodScotch-NJ	25.44	_____

2011 YMCA National Long Course Championship**July 25 - July 29, 2011****Meet Program - Day 2 Prelims****Event 211 Women 200 LC Meter Medley Relay****National: 1:59.45 7/28/2009 Anne Arundel County YMCA****C Burns, K Rouse, S Lloyd, E Lloyd**

Lane	Team	Relay	Seed Time
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Heat 1 of 7 Prelims

1			
2			
3			
4	Gr. Johnstown-PA		1:53.53 Y
5	Suburban W-OH		1:53.49 Y
6	Flushing-NY		1:53.50 Y
7	East Suburban-PA		1:53.57 Y
8			
9			
10			

Heat 2 of 7 Prelims

1	West Morris-NJ		1:52.41 Y
2	Boyertown-PA		1:52.09 Y
3	Ridley-PA		1:49.91 Y
4	Gr. Westfield-MA		2:14.58
5	Tampa Metro-FL		2:14.10
6	Rapid Area-MI		2:14.56
7	Door County-WI		1:49.32 Y
8	Bath Area-ME		1:51.35 Y
9	J.F. Hurley-NC		1:52.41 Y
10	Western Br-DE		1:53.19 Y

Heat 3 of 7 Prelims

1	Gr. Miami Val-OH		2:13.50
2	Hamilton Area-NJ		2:13.33
3	SomersetHills-NJ		2:13.05
4	Central-FL		2:12.80
5	Andover-MA		2:12.66
6	Laurel Highlands		2:12.68
7	Hunterdon-NJ		2:12.91
8	Montclair-NJ		2:13.29
9	Greenwich-CT		2:13.47
10	Western-CT		2:13.89

Heat 4 of 7 Prelims

1	Coffman - OH		2:11.99
2	Gr. Toledo-OH		2:11.61
3	Cheshire-CT		2:11.34
4	Portsmouth-VA		2:10.94
5	Elkins-WV		2:10.51
6	Ridgewood-NJ		2:10.87
7	East Hartford-CT		2:11.03
8	North Shore-MA		2:11.35
9	Kennett-PA		2:11.65
10	MetuchenED-NJ		2:12.13

Heat 5 of 7 Prelims

1	West Shore-PA	2:09.76
2	Rock Hill-SC	2:08.46
3	Oshkosh-WI	2:07.57
4	New Canaan-CT	2:05.07
5	UpperMainLine-PA	2:02.59
6	West Monmouth-NJ	2:03.57
7	Gr. Flint-MI	2:07.12
8	Tri-Hampton-PA	2:07.94
9	Sarasota-FL	2:08.72
10	Red Bank - NJ	2:10.34

Heat 6 of 7 Prelims

1	Ocean County-NJ	2:09.37
2	Piedmont-VA	2:08.39
3	Wyckoff-NJ	2:07.52
4	Anne Arundel-MD	2:04.82
5	Middle Tyger-SC	2:00.60
6	Rappahannock-VA	2:03.27
7	ME Lyons-OH	2:06.65
8	Gr Holyoke-MA	2:07.82
9	Kishwaukee-IL	2:08.65
10	Blue Ash-OH	2:09.92

Heat 7 of 7 Prelims

1	Northwest-NC	2:09.34
2	South Family-OH	2:08.28
3	Triangle Area-NC	2:07.21
4	FanwoodScotch-NJ	2:04.81
5	SomersetValleyNJ	1:59.91
6	Powel Crosley-OH	2:02.81
7	Countryside-OH	2:05.28
8	Farmington-MI	2:07.79
9	Wilton-CT	2:08.49
10	Suncoast-FL	2:09.80

Event 212 Men 200 LC Meter Medley Relay**National: 1:46.68 7/31/2001 M.E. Lyons-OH****J Cramer, R Kauscher, P Carothers, M Bertke**

Lane	Team	Relay	Seed Time
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Heat 1 of 7 Prelims

1			
2			
3			
4	Gr. Johnstown-PA	1:41.81 Y	
5	Lancaster-OH	1:41.53 Y	
6	East Suburban-PA	1:41.65 Y	
7			
8			
9			
10			

2011 YMCA National Long Course Championship**July 25 - July 29, 2011****Meet Program - Day 2 Prelims****Heat 2 Prelims (#212 Men 200 LC Meter Medley Relay)**

1	Andover-MA	1:41.23 Y	_____
2	Gr. Flint-MI	1:38.95 Y	_____
3	West Morris-NJ	2:03.92	_____
4	Sanford-ME	2:03.64	_____
5	Gr. Westfield-MA	2:03.42	_____
6	Tampa Metro-FL	2:03.45	_____
7	Hunterdon-NJ	2:03.84	_____
8	W. North Carolina	1:37.85 Y	_____
9	Boyertown-PA	1:40.18 Y	_____
10	Flushing-NY	1:41.50 Y	_____

Heat 3 of 7 Prelims

1	Greensboro-NC	2:02.47	_____
2	Northwest-NC	2:02.33	_____
3	Birmingham-AL	2:02.19	_____
4	J.F. Hurley-NC	2:01.52	_____
5	Lionville-PA	2:01.18	_____
6	Oshkosh-WI	2:01.46	_____
7	Kennett-PA	2:01.90	_____
8	Western-CT	2:02.22	_____
9	Ocean County-NJ	2:02.47	_____
10	MetuchenED-NJ	2:03.27	_____

Heat 4 of 7 Prelims

1	Sarasota-FL	2:00.27	_____
2	Fayette-IL	2:00.16	_____
3	Ridgewood-NJ	1:59.28	_____
4	South Family-OH	1:59.23	_____
5	Rapid Area-MI	1:59.06	_____
6	Portsmouth-VA	1:59.09	_____
7	East Hartford-CT	1:59.25	_____
8	Rock Hill-SC	1:59.66	_____
9	Waterbury-CT	2:00.20	_____
10	Chapel Hill-NC	2:00.31	_____

Heat 5 of 7 Prelims

1	SomersetHills-NJ	1:58.05	_____
2	West Shore-PA	1:55.98	_____
3	Powel Crosley-OH	1:54.89	_____
4	Montclair-NJ	1:53.90	_____
5	Wyckoff-NJ	1:52.00	_____
6	Huntington-WV	1:53.32	_____
7	Rappahannock-VA	1:54.24	_____
8	Cheshire-CT	1:55.57	_____
9	Wilton-CT	1:57.49	_____
10	Burbank-MA	1:59.01	_____

Heat 6 of 7 Prelims

1	West Monmouth-NJ	1:57.92	_____
2	Blue Ash-OH	1:55.76	_____
3	Anne Arundel-MD	1:54.32	_____
4	FanwoodScotch-NJ	1:53.75	_____
5	SomersetValleyNJ	1:50.51	_____
6	UpperMainLine-PA	1:52.48	_____
7	Ridley-PA	1:54.21	_____
8	ME Lyons-OH	1:55.22	_____
9	Kishwaukee-IL	1:57.24	_____
10	Central-FL	1:58.77	_____

Heat 7 of 7 Prelims

1	Laurel Highlands	1:57.59	_____
2	Mon Valley-PA	1:55.58	_____
3	Chambersburg-PA	1:54.31	_____
4	New Canaan-CT	1:53.67	_____
5	Red Bank - NJ	1:50.39	_____
6	Countryside-OH	1:52.40	_____
7	Middle Tyger-SC	1:53.93	_____
8	Suncoast-FL	1:54.90	_____
9	North Shore-MA	1:56.79	_____
10	Triangle Area-NC	1:58.18	_____