

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 4 Finals

Event 401 Women 400 LC Meter IM**National: 4:53.41 7/29/2004 Ashley Jones****Lane Name Age Team Prelims****Heat 1 C - Final**

1	Marina Borri	17	Farmington-MI	5:20.20	_____
2	Sophie Hornby	18	Wilton-CT	5:18.34	_____
3	Jacque Garcia	18	Sarasota-FL	5:18.15	_____
4	Katherine Parker	15	Anne Arundel-MD	5:17.60	_____
5	Emily Maret	18	W.North Carolina	5:15.32	_____
6	Madisyn Lyons	14	Tri-County-WV	5:17.52	_____
7	Megan Lattimer	18	Wilton-CT	5:17.72	_____
8	Meredith Whisenhunt	14	Middle Tyger-SC	5:18.24	_____
9	Genevieve Miller	15	Northwest-NC	5:20.04	_____
10	Olivia Jackson	16	New Canaan-CT	5:21.48	_____

Heat 2 B - Final

1	Lauren Doerrman	17	Boyertown-PA	5:14.86	_____
2	Natalie Cronk	17	Piedmont-VA	5:13.80	_____
3	Morgan Scarth	17	Wilton-CT	5:13.10	_____
4	Sam Hardeewig	17	ME Lyons-OH	5:12.43	_____
5	Brodde Lamb	18	Piedmont-VA	5:11.23	_____
6	Emily Launer	17	Kishwaukee-IL	5:11.86	_____
7	Shannon Ahearn	17	Wilton-CT	5:12.46	_____
8	Nancy Hu	13	Sarasota-FL	5:13.32	_____
9	Maggie Slocomb	15	Western Br-DE	5:14.62	_____
10	Rachel Mulligan	16	Triangle Area-NC	5:15.07	_____

Heat 3 A - Final

1	Maddie Massey	15	Triangle Area-NC	5:10.74	_____
2	Jessica Burkett	16	West Shore-PA	5:08.46	_____
3	Amanda Lucia	17	Gr Holyoke-MA	5:07.38	_____
4	Shaylynn Spelman	15	ME Lyons-OH	5:06.82	_____
5	Meriza Werenski	15	Gr Holyoke-MA	5:02.74	_____
6	Megan Alexander	17	North Shore-MA	5:06.05	_____
7	Astrid Swensen	14	North Shore-MA	5:06.91	_____
8	Amanda McNulty	14	Middle Tyger-SC	5:07.69	_____
9	Morgan Carr	14	Huntington-WV	5:09.61	_____
10	Bethany Leap	15	Sarasota-FL	5:10.84	_____

Alternates

1	Nicole Provenza	17	Anne Arundel-MD	5:21.65	_____
2	Katie Evans	14	Greenwich-CT	5:22.12	_____

Event 402 Men 400 LC Meter IM**National: 4:32.23 1997 J. Faltraco****Lane Name Age Team Prelims****Heat 1 C - Final**

1	Taylor Hall	16	Middle Tyger-SC	4:51.47	_____
2	Sam DeLise	15	Wilton-CT	4:50.48	_____
3	Chandler Brown	15	Middle Tyger-SC	4:50.35	_____
4	Nikita Bondarenko	16	West Cook-IL	4:49.75	_____
5	Gregory Han	16	Cheshire-CT	4:47.63	_____
6	Luke Lechner	15	W.North Carolina	4:48.67	_____
7	Victor Luo	16	SomersetValleyNJ	4:49.85	_____
8	Dylan Cummings	18	Wyckoff-NJ	4:50.43	_____
9	Garrett Hoce	15	W.North Carolina	4:51.05	_____
10	PJ Fallon	17	North Shore-MA	4:51.82	_____

Heat 2 B - Final

1	Stephen Holmquist	14	Wilton-CT	4:46.75	_____
2	Timothy Lattimer	18	Wilton-CT	4:46.03	_____
3	Patrick Wall	15	Sarasota-FL	4:44.20	_____
4	Andrew McCollister	18	J.F. Hurley-NC	4:43.72	_____
5	John Bateman	17	North Shore-MA	4:41.32	_____
6	Kyle Doxtater	17	Mid-Delmarva-MD	4:42.17	_____
7	Philip Kang	16	Wyckoff-NJ	4:43.86	_____
8	Bill Young	17	W.North Carolina	4:44.51	_____
9	Alex Fox	17	Northwest-NC	4:46.72	_____
10	John Santoro	17	New Canaan-CT	4:47.26	_____

Heat 3 A - Final

1	Matthew Moen	16	Wilton-CT	4:40.86	_____
2	David Morgan	17	Suncoast-FL	4:40.04	_____
3	Leo Lim	17	Wyckoff-NJ	4:38.88	_____
4	Colton Spark	18	Middle Tyger-SC	4:37.66	_____
5	David Ingraham	18	Middle Tyger-SC	4:34.65	_____
6	Christopher DePietro	17	Lancaster-OH	4:36.53	_____
7	Stephen Raynes	18	SomersetHills-NJ	4:38.10	_____
8	Shane McKenzie	17	Tri-Hampton-PA	4:39.19	_____
9	Alex Keller	16	Fayette-IL	4:40.70	_____
10	Nate Carr	16	Huntington-WV	4:41.02	_____

Alternates

1	Kevin Kosciuk	18	Cheshire-CT	4:52.13	_____
2	Ian Delahunty	17	Middle Tyger-SC	4:52.22	_____

Event 403 Women 100 LC Meter Freestyle**National: 56.79 7/30/2009 Emily Lloyd****Lane Name Age Team Prelims****Heat 1 C - Final**

1	Isabelle Cecere	15	SomersetHills-NJ	1:00.47	_____
2	Rebecca Werdine	16	Suncoast-FL	1:00.40	_____
3	Grace Counts	17	Powel Crosley-OH	1:00.36	_____
4	Kelsey Frantz	17	Sarasota-FL	1:00.33	_____
5	Jacquelynn Parker	16	SomersetValleyNJ	1:00.21	_____
6	Haley Dascenzo	17	Laurel Highlands	1:00.28	_____
7	Sierra Townsend	18	Door County-WI	1:00.35	_____
8	Emily Zimcosky	13	Laurel Highlands	1:00.36	_____
9	Kristen Moss	14	New Canaan-CT	1:00.46	_____
10	Toireasa Rafferty-Millett	17	North Shore-MA	1:00.49	_____

Heat 2 B - Final

1	Ali Snover	15	Middle Tyger-SC	1:00.05	_____
2	Erica Fabbri	17	Tri-Hampton-PA	59.85	_____
3	Julianne Phillips	18	Portsmouth-VA	59.74	_____
4	Molly Willingham	18	Middle Tyger-SC	59.65	_____
5	Anastasia Bogdanovski	17	FanwoodScotch-NJ	59.52	_____
6	Elise Lankiewicz	16	Brandywine-De	59.55	_____
7	Sara Beth Drake	18	Middle Tyger-SC	59.69	_____
8	Sarah Cronin	15	FanwoodScotch-NJ	59.83	_____
9	Danielle Albright	17	Tampa Metro-FL	59.94	_____
10	Sara Krueger	17	Powel Crosley-OH	1:00.16	_____

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 4 Finals

Heat 3 A - Final (#403 Women 100 LC Meter Freestyle)

1	Alexandra Marshall	16	Northwest-NC	59.33	_____
2	Jenna Immormino	17	SomersetHills-NJ	59.03	_____
3	Anna Wujciak	16	Gr. Flint-MI	58.60	_____
4	Elizabeth McDonald	17	Cheshire-CT	58.52	_____
5	Katrina Konopka	14	Middle Tyger-SC	58.13	_____
6	Katy Luchansky	17	Wilton-CT	58.27	_____
7	Madeline Smart	16	Wilton-CT	58.54	_____
8	Kelsey Buckley	17	Suncoast-FL	58.73	_____
9	Meaghan Kwarcinski	17	Gr Holyoke-MA	59.24	_____
10	Morgan Brooks	18	Middle Tyger-SC	59.39	_____

Alternates

1	Caitlin Casazza	15	Northwest-NC	1:00.60	_____
2	Stephanie Norris	16	Catonsville-MD	1:00.63	_____

Event 404 Men 100 LC Meter Freestyle

National:		50.72	7/30/2009	Tim Phillips	
Lane	Name	Age	Team	Prelims	

Heat 1 C - Final

1	Tyler Essary	18	Prattville-AL	54.83	_____
2	Jason Potter	17	New Canaan-CT	54.78	_____
3	John Bateman	17	North Shore-MA	54.66	_____
4	David Chung	16	SomersetValleyNJ	54.62	_____
5	Joe Torres	15	Red Bank - NJ	54.50	_____
6	Martin Kendig	18	East Suburban-PA	54.56	_____
7	Will Brown	18	FanwoodScotch-NJ	54.65	_____
8	Christian Caveness	16	Wilmington-NC	54.70	_____
9	Tommy Easley	17	ME Lyons-OH	54.80	_____
10	Charlie Fry	16	Blue Ash-OH	54.85	_____

Heat 2 B - Final

1	Jason Moyer	18	Boyertown-PA	54.40	_____
2	Will Kazokas	17	Sarasota-FL	54.25	_____
3	Luke Zalewski	17	Cheshire-CT	54.13	_____
4	Raymond Cswerko	18	Northwest-CT	53.83	_____
5	Tommy Wolinski	17	Montclair-NJ	53.79	_____
6	Joseph Shepley	15	Cheshire-CT	53.83	_____
7	Joe Dunn	17	FanwoodScotch-NJ	54.04	_____
8	Jason Williams	17	Suncoast-FL	54.15	_____
9	Nathan Reed	19	UpperMainLine-PA	54.27	_____
10	Jeffrey Mead	18	Columbia NW-SC	54.49	_____

Heat 3 A - Final

1	Mike Harmon	19	Chambersburg-PA	53.76	_____
2	Kyle Madley	18	SomersetHills-NJ	53.64	_____
3	Tom McKee	18	Brandywine-De	53.52	_____
4	Taylor Adams	17	Wyckoff-NJ	53.13	_____
5	Jack Forese	18	New Canaan-CT	52.51	_____
6	Connor Maher	18	Cheshire-CT	52.58	_____
7	Lucas Bureau	17	Laurel Highlands	53.33	_____
8	Robert Borowicz	16	Middle Tyger-SC	53.61	_____
9	Justin Stewart	18	West Shore-PA	53.71	_____
10	Ryan McRae	16	Suncoast-FL	53.77	_____

Alternates

1	Pat Dierker	17	Powel Crosley-OH	54.85	_____
2	Alex Burzynski	17	FanwoodScotch-NJ	54.91	_____

Event 405 Women 200 LC Meter Backstroke

National:		2:15.38	7/29/2004	Tricia Weaner	
Lane	Name	Age	Team	Prelims	

Heat 1 C - Final

1	Michelle Fischl	17	Laurel Highlands	2:27.64	_____
2	Kaitlin Law	16	Triangle Area-NC	2:27.61	_____
3	Olivia Jackson	16	New Canaan-CT	2:27.24	_____
4	Tara Gidaszewski	17	Kishwaukee-IL	2:27.15	_____
5	Alyssa LaFrenierre	17	Wilton-CT	2:27.06	_____
6	Ava Jones	18	Sarasota-FL	2:27.10	_____
7	Jessica Russell	16	Bath Area-ME	2:27.24	_____
8	Shannon Ahearn	17	Wilton-CT	2:27.28	_____
9	Colleen Humel	14	Gr Holyoke-MA	2:27.62	_____
10	Silke Herold	18	SomersetValleyNJ	2:27.68	_____

Heat 2 B - Final

1	Sara Daher	16	North Shore-MA	2:26.69	_____
2	Celia Oberholzer	17	Powel Crosley-OH	2:25.95	_____
3	Alanna Dassoff	15	West Cook-IL	2:25.44	_____
4	Nicole Salzano	15	Ridgewood-NJ	2:25.33	_____
5	Morgan Perrotti	14	Suncoast-FL	2:25.06	_____
6	Ryan Alexander	15	North Shore-MA	2:25.08	_____
7	Michelle Kim	15	Wyckoff-NJ	2:25.35	_____
8	Stephanie Moriarty	15	Wilton-CT	2:25.55	_____
9	Emily O'Neill	18	West Monmouth-NJ	2:26.46	_____
10	Hannah Markey	18	FanwoodScotch-NJ	2:27.03	_____

Heat 3 A - Final

1	Sarah Weidner	19	South Family-OH	2:24.88	_____
2	Keelin McNamara	17	Middle Tyger-SC	2:24.21	_____
3	Emily Launer	17	Kishwaukee-IL	2:23.19	_____
4	Ali Galyer	13	Middle Tyger-SC	2:21.99	_____
5	Emily Slabe	15	Countryside-OH	2:19.10	_____
6	Sydney King	15	Licking-OH	2:21.90	_____
7	Megan Alexander	17	North Shore-MA	2:23.19	_____
8	Kara Lacoste	17	Gr Holyoke-MA	2:23.67	_____
9	Lindsay Temple	15	SomersetValleyNJ	2:24.21	_____
10	Morgan Brooks	18	Middle Tyger-SC	2:24.97	_____

Alternates

1	Tori Wood	17	Anne Arundel-MD	2:27.73	_____
2	Keely Lovern	15	Licking-OH	2:27.78	_____

Event 406 Men 200 LC Meter Backstroke

National:		2:01.69	7/28/2005	Patrick Schirk	
Lane	Name	Age	Team	Prelims	

Heat 1 C - Final

1	Pieter Brower	15	Greensboro-NC	2:15.62	_____
2	Chris Gardner	16	Central Delaware	2:15.15	_____
3	Dylan Sali	16	SomersetValleyNJ	2:14.75	_____
4	Michael O'Brien	16	SomersetValleyNJ	2:14.10	_____
5	Jin Roh	16	Wyckoff-NJ	2:13.90	_____
6	Ryan DeBerry	17	W.North Carolina	2:13.93	_____
7	Michael Hammack	15	Triangle Area-NC	2:14.67	_____
8	Ryan McRae	16	Suncoast-FL	2:14.88	_____
9	Dougie Kogut	15	Anne Arundel-MD	2:15.36	_____
10	Ethan Louie	16	SomersetValleyNJ	2:15.96	_____

2011 YMCA National Long Course Championship

July 25 - July 29, 2011

Meet Program - Day 4 Finals

Heat 2 B - Final (#406 Men 200 LC Meter Backstroke)

1	Tristan Sanders	15	Suncoast-FL	2:13.43	_____
2	Matthew Montague	18	ME Lyons-OH	2:13.25	_____
3	Robert Borowicz	16	Middle Tyger-SC	2:12.96	_____
4	Harry Hamiter	16	ME Lyons-OH	2:12.74	_____
5	Zachary Perrotti	17	Suncoast-FL	2:12.44	_____
6	Roman Zarembo	15	Sarasota-FL	2:12.63	_____
7	Bradley Wachenfeld	16	SomersetHills-NJ	2:12.76	_____
8	Philip Kang	16	Wyckoff-NJ	2:13.18	_____
9	Colin Heil	18	Anne Arundel-MD	2:13.30	_____
10	Chandler Brown	15	Middle Tyger-SC	2:13.67	_____

Heat 3 A - Final

1	Eric Kim	15	Wyckoff-NJ	2:12.30	_____
2	Brad Jokubaitis	17	Tri-Hampton-PA	2:11.39	_____
3	Matt O'Donnell	15	Sarasota-FL	2:10.24	_____
4	Kyle Patnode	16	West Cook-IL	2:08.24	_____
5	Steven Zimmerman	18	Countryside-OH	2:03.99	_____
6	Dylan Davis	18	Anne Arundel-MD	2:06.17	_____
7	Grant Alef	18	Kishwaukee-IL	2:09.90	_____
8	David Carlson	17	Red Bank - NJ	2:11.27	_____
9	Aaron Athanas	17	North Shore-MA	2:11.58	_____
10	Garrett Procnier	17	Gr. Flint-MI	2:12.30	_____

Alternates

1	Brad Helt	16	Wilton-CT	2:16.29	_____
2	Shane Tonery	18	MetuchenED-NJ	2:16.57	_____

Event 407 Women 50 LC Meter Butterfly

National:	27.27	7/30/2009	Becca Weiland
------------------	--------------	------------------	----------------------

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 C - Final

1	Stephanie Ross	16	West Monmouth-NJ	30.40	_____
2	Kaylyn Murphy	17	Coffman - OH	30.30	_____
3	Sharron Isola	17	Kishwaukee-IL	30.26	_____
4	Rachel Cortright	17	Ridgewood-NJ	30.19	_____
5	Jaclyn Andrews	17	Catonsville-MD	30.14	_____
6	Brodde Lamb	18	Piedmont-VA	30.17	_____
7	Sydney Bornstein	15	Hamilton Area-NJ	30.22	_____
8	Alexandra Marshall	16	Northwest-NC	30.29	_____
9	Becca Luft	13	West Shore-PA	30.39	_____
10	Delaney Johnson	16	Elkins-WV	30.42	_____

Heat 2 B - Final

1	Sarah Robbins	18	Gr. Johnstown-PA	30.06	_____
2	Emma Tobey	17	New Canaan-CT	29.88	_____
3	Molly Gaynor	16	FanwoodScotch-NJ	29.81	_____
4	Katie Murphy	16	Wyckoff-NJ	29.77	_____
5	Jenna Immormino	17	SomersetHills-NJ	29.68	_____
6	Sage Maggi	15	Gr Holyoke-MA	29.68	_____
7	Savanna Townsend	16	Door County-WI	29.77	_____
8	Katie McKay	16	Red Bank - NJ	29.88	_____
9	Michaela Cunningham	16	Anne Arundel-MD	30.00	_____
10	Erin Seiler	17	UpperMainLine-PA	30.08	_____

Heat 3 A - Final

1	Hannah Katz	15	Gr Holyoke-MA	29.43	_____
2	Caitlin Casazza	15	Northwest-NC	29.36	_____
3	Tori Oslund	18	W.North Carolina	29.09	_____
4	Bailie Monahan	17	Rappahannock-VA	28.88	_____
5	Courtney Weaver	15	Gr. Flint-MI	28.37	_____
6	Maddie Zimmerman	15	UpperMainLine-PA	28.87	_____
7	Elise Lankiewicz	16	Brandywine-De	28.94	_____
8	Gabriella Levine	17	FanwoodScotch-NJ	29.12	_____
9	Morgan Contino	16	ME Lyons-OH	29.40	_____
10	Dana Yu	17	SomersetValleyNJ	29.49	_____

Alternates

1	Tara O'Prey	16	Ridley-PA	30.47	_____
2	Jennifer Arana	14	Flushing-NY	30.47	_____

Event 408 Men 50 LC Meter Butterfly

National:	24.18	7/30/2009	Tim Phillips
------------------	--------------	------------------	---------------------

Lane	Name	Age	Team	Prelims
------	------	-----	------	---------

Heat 1 C - Final

1	Connor O'Prey	17	Ridley-PA	27.33	_____
2	Garrett Hills	16	Rock Hill-SC	27.27	_____
3	Ray Snyder	16	Waterbury-CT	27.23	_____
4	Daniel Hellman	18	Red Bank - NJ	27.20	_____
5	Greg Baliko	17	FanwoodScotch-NJ	27.18	_____
6	Pearson Mann	16	Middle Tyger-SC	27.19	_____
7	Connor Daly	17	Burbank-MA	27.21	_____
8	Jared Redding	17	Rappahannock-VA	27.24	_____
9	David Chung	16	SomersetValleyNJ	27.28	_____
10	Benjamin Creekmore	15	Brandywine-De	27.38	_____

Heat 2 B - Final

1	Jonathan Burr	18	East Hartford-CT	27.15	_____
2	Alex Roznai	17	Lattof-IL	26.97	_____
3	Matt McKenney	17	Anne Arundel-MD	26.82	_____
4	Harrison Cefalo	18	Red Bank - NJ	26.79	_____
5	Jacob Griffith	16	Lancaster-OH	26.65	_____
6	Joe Dunn	17	FanwoodScotch-NJ	26.78	_____
7	Jack Bremer	17	Anne Arundel-MD	26.80	_____
8	Ian Wooley	16	Countryside-OH	26.87	_____
9	Keith Chandler	17	Down East-ME	27.10	_____
10	Tom McKee	18	Brandywine-De	27.17	_____

Heat 3 A - Final

1	Christian Josephson	17	Countryside-OH	26.58	_____
2	Mike Harmon	19	Chambersburg-PA	26.46	_____
3	Andrew Yunker	17	Gr. Flint-MI	26.32	_____
4	Joshua Nordike	16	Fayette-IL	26.29	_____
5	Eric Forrester	18	Mon Valley-PA	26.21	_____
6	Joseph Connors	18	Red Bank - NJ	26.23	_____
7	Eric Lethander	17	Powel Crosley-OH	26.30	_____
8	Kei Ishimaru	16	Kishwaukee-IL	26.45	_____
9	Tyler Rauth	18	UpperMainLine-PA	26.50	_____
10	Austin Wolff	17	New Canaan-CT	26.63	_____

Alternates

1	Mason Cassel	16	Pottstown-PA	27.40	_____
2	Alex Mathews	17	Triangle Area-NC	27.45	_____

2011 YMCA National Long Course Championship**July 25 - July 29, 2011****Meet Program - Day 4 Finals****Event 409 Women 800 LC Meter Freestyle Relay****National: 8:28.90 7/30/2009 Middle Tyger YMCA****R Carne, H Lips, M Brooks, L Simon**

Lane	Team	Relay	Seed Time
Heat 1 of 4 Finals			
1	Countryside-OH		9:02.84
2	Gr. Flint-MI		9:01.09
3	Laurel Highlands		8:59.80
4	Rappahannock-VA		8:59.31
5	Central-FL		8:57.54
6	FanwoodScotch-NJ		8:59.06
7	South Family-OH		8:59.42
8	Kishwaukee-IL		9:00.44
9	SomersetValleyNJ		9:02.06
10	Wyckoff-NJ		9:03.26
Heat 2 of 4 Finals			
1	Ridgewood-NJ		8:56.37
2	Triangle Area-NC		8:48.93
3	ME Lyons-OH		8:47.02
4	Wilton-CT		8:46.15
5	Middle Tyger-SC		8:23.71
6	North Shore-MA		8:45.34
7	Sarasota-FL		8:46.76
8	Northwest-NC		8:47.99
9	Gr Holyoke-MA		8:53.24
10	UpperMainLine-PA		8:57.49

Event 410 Men 800 LC Meter Freestyle Relay**National: 7:49.21 7/30/2009 Upper Main Line YMCA****M Luminais, N Reed, T Mershon, M Salig**

Lane	Team	Relay	Seed Time
Heat 1 of 6 Finals			
1	Wyckoff-NJ		8:18.58
2	North Shore-MA		8:15.96
3	SomersetHills-NJ		8:14.80
4	Powel Crosley-OH		8:12.80
5	Wilton-CT		8:11.85
6	Hickory -NC		8:12.02
7	Countryside-OH		8:14.74
8	Anne Arundel-MD		8:15.17
9	New Canaan-CT		8:17.20
10	West Shore-PA		8:19.20
Heat 2 of 6 Finals			
1	ME Lyons-OH		8:08.19
2	Triangle Area-NC		8:06.29
3	Cheshire-CT		8:02.59
4	SomersetValleyNJ		7:59.53
5	FanwoodScotch-NJ		7:55.03
6	Middle Tyger-SC		7:58.90
7	UpperMainLine-PA		8:02.06
8	Sarasota-FL		8:03.51
9	Tri-Hampton-PA		8:08.00
10	Huntington-WV		8:08.71