

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 4 Prelims

**Event 401 Women 400 LC Meter IM**

National: 4:53.41 7/29/2004 Ashley Jones

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 8 Prelims**

1				_____
2				_____
3				_____
4	Ally Davis	15	Triangle Area-NC	4:41.77Y _____
5	Alison Barahona	15	Tri-Hampton-PA	4:41.13Y _____
6	Michelle Whitfield	17	Columbia NW-SC	4:41.45Y _____
7				_____
8				_____
9				_____
10				_____

**Heat 2 of 8 Prelims**

1				_____
2	Kathleen Zintsmaster	18	Gr. Flint-MI	4:40.88Y _____
3	Maddy Irwin	18	Wilton-CT	4:40.75Y _____
4	Caitlin Cole	17	Wilton-CT	4:40.57Y _____
5	Lea Candelmo	17	Wyckoff-NJ	4:38.42Y _____
6	Lindsay Partin	15	Cape Cod-MA	4:40.27Y _____
7	Kaitlyn O'Connor	17	North Shore-MA	4:40.72Y _____
8	Megan VanKirk	17	Hunterdon-NJ	4:40.77Y _____
9	Jessica Horomanski	13	Middle Tyger-SC	4:41.08Y _____
10				_____

**Heat 3 of 8 Prelims**

1	Kayla McAvoy	17	Wyckoff-NJ	4:37.69Y _____
2	Olivia Clark	16	Wilton-CT	4:37.31Y _____
3	Meredith Whisenhunt	14	Middle Tyger-SC	4:36.48Y _____
4	Sam Hardewig	17	ME Lyons-OH	4:31.23Y _____
5	Joanna Murphy	16	Sarasota-FL	5:26.99 _____
6	Marina Borri	17	Farmington-MI	4:30.95Y _____
7	Meghan Price	17	UpperMainLine-PA	4:36.35Y _____
8	Emily Thomesen	18	East Hartford-CT	4:37.21Y _____
9	Sara Wujciak	15	Gr. Flint-MI	4:37.65Y _____
10	Alex George	16	Countryside-OH	4:38.33Y _____

**Heat 4 of 8 Prelims**

1	Sarah Hodes	14	Greenwich-CT	5:26.78 _____
2	Emily Harris	14	UpperMainLine-PA	5:26.58 _____
3	Sophie Hornby	18	Wilton-CT	5:26.44 _____
4	Adelyn Graf	17	New Canaan-CT	5:25.19 _____
5	Katie Evans	14	Greenwich-CT	5:25.07 _____
6	Hailey Olson	16	ME Lyons-OH	5:25.10 _____
7	Erin Dunstan	16	New Canaan-CT	5:26.03 _____
8	Kendall McIntosh	15	Suncoast-FL	5:26.56 _____
9	Alison Darby	16	Gr. Flint-MI	5:26.77 _____
10	Alison Coogan	18	West Cook-IL	5:26.85 _____

**Heat 5 of 8 Prelims**

1	Annmarie Picinich	13	Ridgewood-NJ	5:24.60 _____
2	Emma Buckridge	14	East Hartford-CT	5:24.22 _____
3	Nicole Provenza	17	Anne Arundel-MD	5:23.67 _____
4	Randi Katz	17	Gr Holyoke-MA	5:23.29 _____
5	Maggie Slocomb	15	Western Br-DE	5:22.46 _____
6	Morgan Scarth	17	Wilton-CT	5:23.23 _____
7	Samantha Smithburger	14	Sarasota-FL	5:23.55 _____
8	Lauren Law	16	UpperMainLine-PA	5:23.83 _____
9	Olivia Leunis	16	New Canaan-CT	5:24.36 _____
10	Allie Carter	13	Western Br-DE	5:24.62 _____

**Heat 6 of 8 Prelims**

1	Celia Frick	16	SomersetHills-NJ	5:21.26 _____
2	Lauren Doerrman	17	Boyertown-PA	5:17.13 _____
3	Natalie Cronk	17	Piedmont-VA	5:13.11 _____
4	Amanda McNulty	14	Middle Tyger-SC	5:11.20 _____
5	Megan Alexander	17	North Shore-MA	5:05.66 _____
6	Bethany Leap	15	Sarasota-FL	5:10.08 _____
7	Brodde Lamb	18	Piedmont-VA	5:12.11 _____
8	Amanda Lucia	17	Gr Holyoke-MA	5:14.43 _____
9	Olivia Jackson	16	New Canaan-CT	5:19.72 _____
10	Katherine Parker	15	Anne Arundel-MD	5:21.84 _____

**Heat 7 of 8 Prelims**

1	Hannah Snyder	17	Triangle Area-NC	5:20.07 _____
2	Maddie Massey	15	Triangle Area-NC	5:16.96 _____
3	Madisyn Lyons	14	Tri-County-WV	5:12.57 _____
4	Genevieve Miller	15	Northwest-NC	5:11.13 _____
5	Meriza Werenski	15	Gr Holyoke-MA	5:05.63 _____
6	Rachel Mulligan	16	Triangle Area-NC	5:09.03 _____
7	Nancy Hu	13	Sarasota-FL	5:11.32 _____
8	Jessica Burkett	16	West Shore-PA	5:13.69 _____
9	Megan Lattimer	18	Wilton-CT	5:18.05 _____
10	Kaitlyn Click	18	ME Lyons-OH	5:21.56 _____

**Heat 8 of 8 Prelims**

1	Marinela Procopii	15	Hickory -NC	5:20.00 _____
2	Melissa Phan	14	Middle Tyger-SC	5:14.92 _____
3	Jacque Garcia	18	Sarasota-FL	5:12.39 _____
4	Shaylynn Spelman	15	ME Lyons-OH	5:10.97 _____
5	Shannon Ahearn	17	Wilton-CT	5:05.50 _____
6	Emily Launer	17	Kishwaukee-IL	5:07.85 _____
7	Emily Maret	18	W.North Carolina	5:11.25 _____
8	Astrid Swensen	14	North Shore-MA	5:13.49 _____
9	Morgan Carr	14	Huntington-WV	5:17.58 _____
10	Jazzi Cooper	16	Wilton-CT	5:21.28 _____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 4 Prelims

## Event 402 Men 400 LC Meter IM

National: 4:32.23 1997		J. Faltraco		
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 9 Prelims</b>				
1				_____
2				_____
3				_____
4	Alex Andrew	17	Middletown-OH	4:19.39Y _____
5	Nicholas Yodonis	16	Ocean County-NJ	4:18.95Y _____
6	Max Whitehead	17	UpperMainLine-PA	4:19.26Y _____
7				_____
8				_____
9				_____
10				_____
<b>Heat 2 of 9 Prelims</b>				
1				_____
2	Mitch Colby	17	SomersetHills-NJ	4:15.80Y _____
3	Sean Dunne	17	Red Bank - NJ	4:10.07Y _____
4	PJ Fallon	17	North Shore-MA	4:08.95Y _____
5	Santi Ruvira	15	Sarasota-FL	5:08.34 _____
6	Justin duTreil	16	Sarasota-FL	5:08.39 _____
7	Alex Bryson	18	Fox Cities-WI	4:10.03Y _____
8	Daniel Pesin	17	FanwoodScotch-NJ	4:14.00Y _____
9	James Lovey	17	Montclair-NJ	4:18.49Y _____
10				_____
<b>Heat 3 of 9 Prelims</b>				
1	Manuel Barragan	15	Suncoast-FL	5:08.16 _____
2	Garrett Hoce	15	W.North Carolina	5:06.79 _____
3	Taylor Hall	16	Middle Tyger-SC	5:06.61 _____
4	Joe Randazzo	16	ME Lyons-OH	5:06.27 _____
5	Stefan Garcia	18	Flushing-NY	5:05.76 _____
6	Jacob Lescault	16	Piedmont-VA	5:06.15 _____
7	Ian Amistoso	15	Sarasota-FL	5:06.32 _____
8	Niko Fantakis	17	Gr.Westfield-MA	5:06.65 _____
9	Steven McKee	16	East Hartford-CT	5:07.04 _____
10	Ned Hanlon	16	New Canaan-CT	5:08.19 _____
<b>Heat 4 of 9 Prelims</b>				
1	Sam Day	15	Northwest-NC	5:05.58 _____
2	Austin Green	17	Tri-County-WV	5:05.35 _____
3	Mace Molina	16	Wilton-CT	5:05.02 _____
4	Albert Cela	15	Sarasota-FL	5:04.80 _____
5	Stephen Skaperdas	16	New Canaan-CT	5:04.21 _____
6	Andrew Neggia	17	Wyckoff-NJ	5:04.26 _____
7	Brandon Cole	15	Wilton-CT	5:04.95 _____
8	Jacob Crain	17	Huntington-WV	5:05.12 _____
9	Garrett Spake	17	J.F. Hurley-NC	5:05.52 _____
10	Timothy Kwarcinski	15	Gr Holyoke-MA	5:05.59 _____

## Heat 5 of 9 Prelims

1	Drew Hamilton	15	ME Lyons-OH	5:03.99 _____
2	Drew Still	16	Middle Tyger-SC	5:03.89 _____
3	Mark Hallman	14	West Cook-IL	5:03.53 _____
4	Stephen Hollinshead	15	Triangle Area-NC	5:03.00 _____
5	Tyler Fullington	16	South Family-OH	5:02.81 _____
6	Andrew Eigner	14	Cheshire-CT	5:02.84 _____
7	Matthew Moen	16	Wilton-CT	5:03.20 _____
8	Gregory Levine	15	Allard Center-NH	5:03.70 _____
9	Taylor Rodenhuis	14	J.F. Hurley-NC	5:03.98 _____
10	Brandon Sweezer	15	Rock Hill-SC	5:04.02 _____

## Heat 6 of 9 Prelims

1	Kevin Hong	17	SomersetValleyNJ	5:01.77 _____
2	Jun Kim	17	Wyckoff-NJ	5:01.33 _____
3	Zachary Goodman	17	Mid-Delmarva-MD	5:00.71 _____
4	Gregory Han	16	Cheshire-CT	5:00.31 _____
5	Kevin Kosciuk	18	Cheshire-CT	4:59.61 _____
6	Jonathan Glavich	13	Triangle Area-NC	4:59.72 _____
7	Luke Lechner	15	W.North Carolina	5:00.48 _____
8	Henry Hollinshead	13	Triangle Area-NC	5:01.29 _____
9	Ian Delahunty	17	Middle Tyger-SC	5:01.37 _____
10	Matthew Glockenmeier	15	SomersetHills-NJ	5:01.98 _____

## Heat 7 of 9 Prelims

1	Stephen Holmquist	14	Wilton-CT	4:56.10 _____
2	John Santoro	17	New Canaan-CT	4:51.39 _____
3	Philip Kang	16	Wyckoff-NJ	4:46.57 _____
4	Kyle Doxtater	17	Mid-Delmarva-MD	4:42.40 _____
5	David Morgan	17	Suncoast-FL	4:37.59 _____
6	Alex Keller	16	Fayette-IL	4:40.82 _____
7	Aaron Athanas	17	North Shore-MA	4:45.19 _____
8	Dylan Ludwick	18	Tri-Hampton-PA	4:49.94 _____
9	Justin Kostelnik	16	Laurel Highlands	4:55.54 _____
10	Kevin George	14	Countryside-OH	4:59.38 _____

## Heat 8 of 9 Prelims

1	Dylan Cummings	18	Wyckoff-NJ	4:56.06 _____
2	Sam DeLise	15	Wilton-CT	4:50.69 _____
3	Christopher DePietro	17	Lancaster-OH	4:45.83 _____
4	Shane McKenzie	17	Tri-Hampton-PA	4:41.78 _____
5	Bill Young	17	W.North Carolina	4:36.71 _____
6	John Bateman	17	North Shore-MA	4:39.53 _____
7	Nate Carr	16	Huntington-WV	4:43.75 _____
8	Nikita Bondarenko	16	West Cook-IL	4:47.78 _____
9	Alex Fox	17	Northwest-NC	4:51.71 _____
10	Andrew McCollister	18	J.F. Hurley-NC	4:57.15 _____

## Heat 9 of 9 Prelims

1	Chandler Brown	15	Middle Tyger-SC	4:55.97 _____
2	Victor Luo	16	SomersetValleyNJ	4:50.38 _____
3	Patrick Wall	15	Sarasota-FL	4:45.69 _____
4	Stephen Raynes	18	SomersetHills-NJ	4:41.08 _____
5	David Ingraham	18	Middle Tyger-SC	4:31.09 _____
6	Leo Lim	17	Wyckoff-NJ	4:38.65 _____
7	Isaac Klinger	15	Greensboro-NC	4:42.95 _____
8	Colton Spark	18	Middle Tyger-SC	4:46.61 _____
9	Timothy Lattimer	18	Wilton-CT	4:51.43 _____
10	Roman Zaremba	15	Sarasota-FL	4:56.26 _____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 4 Prelims

## Event 403 Women 100 LC Meter Freestyle

National: 56.79 7/30/2009 Emily Lloyd				
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 16 Prelims</b>				
1				
2	Olivia Graham	17	Montclair-NJ	54.37Y
3	Katerina Parowski	14	Gr. Johnstown-PA	54.29Y
4	Laura Bradley	16	Rappahannock-VA	54.20Y
5	Dominique Montoya	17	Ridley-PA	53.85Y
6	Maddy Coffey	16	Leaning Tower-IL	54.15Y
7	Arica Smith	15	Door County-WI	54.28Y
8	Jodie Thompson	15	FanwoodScotch-NJ	54.35Y
9				
10				
<b>Heat 2 of 16 Prelims</b>				
1	Maddi Webb	18	B R Ryall-IL	53.52Y
2	Brennah Ross	18	UpperMainLine-PA	53.40Y
3	Molly Willingham	18	Middle Tyger-SC	52.71Y
4	Sarah Baxter	15	Canandaigua-NY	52.01Y
5	Morgan Brooks	18	Middle Tyger-SC	1:03.69
6	Jacqueline Russolillo	15	Andover-MA	1:03.69
7	Savanna Townsend	16	Door County-WI	52.48Y
8	Sierra Townsend	18	Door County-WI	52.75Y
9	Madeline Rastall	16	Door County-WI	53.44Y
10	Jen Tavares	17	Waterbury-CT	53.72Y
<b>Heat 3 of 16 Prelims</b>				
1	Jessica Johnson	16	Rappahannock-VA	1:03.67
2	Michelle Case	15	Rock Hill-SC	1:03.66
3	Jenna Luthman	16	Blue Ash-OH	1:03.66
4	Ashleigh Monroe	17	Western-CT	1:03.63
5	Jessica Schmidt	14	MetuchenED-NJ	1:03.59
6	Kaitlin Kunkle	16	Newberry-SC	1:03.60
7	Jenna Kirchoff	17	Anne Arundel-MD	1:03.64
8	Caroline O'Brien	16	Wilton-CT	1:03.66
9	Lauren Keating	17	Portsmouth-VA	1:03.67
10	Hannah Makris	13	Western-CT	1:03.68
<b>Heat 4 of 16 Prelims</b>				
1	Laura Conoscenti	15	Central-FL	1:03.55
2	Laura Toth	15	Sarasota-FL	1:03.52
3	Kira Page	12	Western-CT	1:03.47
4	Audrey Mooney	12	ME Lyons-OH	1:03.46
5	Kelly Cutter	17	Blue Ash-OH	1:03.44
6	Morgan Belforti	13	West Monmouth-NJ	1:03.46
7	Katie Shoemaker	18	Columbia NW-SC	1:03.46
8	McKenzie Stevens	15	J.F. Hurley-NC	1:03.52
9	Lauren Farrell	18	Hunterdon-NJ	1:03.53
10	Rachel Ponti	17	Hickory -NC	1:03.56

## Heat 5 of 16 Prelims

1	Dana Yu	17	SomersetValleyNJ	1:03.40
2	Julia Perry	15	Wyckoff-NJ	1:03.35
3	Danielle Hellstern	17	Cheshire-CT	1:03.35
4	Allison Kirkby	16	UpperMainLine-PA	1:03.30
5	Caitlin English	17	FanwoodScotch-NJ	1:03.27
6	Carolyn Kearney	15	Ocean County-NJ	1:03.28
7	Kristen Moss	14	New Canaan-CT	1:03.33
8	Eilish Devine	17	Ridgewood-NJ	1:03.35
9	Annmarie Picinich	13	Ridgewood-NJ	1:03.38
10	Katy Comer	16	FanwoodScotch-NJ	1:03.41

## Heat 6 of 16 Prelims

1	Megan Dodge	15	Hunterdon-NJ	1:03.26
2	Maura McManus	12	Kennett-PA	1:03.24
3	Meghan Claflin	16	North Shore-MA	1:03.23
4	Tyler Stephenson	14	Triangle Area-NC	1:03.19
5	Cara Egan	16	New Canaan-CT	1:03.14
6	Savannah Llewellyn	15	FanwoodScotch-NJ	1:03.15
7	Michelle Whitfield	17	Columbia NW-SC	1:03.19
8	Mandi Sosnowski	17	Countryside-OH	1:03.23
9	Claudia DiCapua	16	New Canaan-CT	1:03.26
10	Tiffany Howard	15	Gr. Miami Val-OH	1:03.26

## Heat 7 of 16 Prelims

1	Kelsey Frantz	17	Sarasota-FL	1:03.13
2	Haylee Knight	13	S. Shore Mill-MA	1:03.12
3	Cameryn Cook	13	West Shore-PA	1:03.07
4	Marissa Hand	17	Anne Arundel-MD	1:03.03
5	Rachel Resch	13	Oshkosh-WI	1:03.02
6	Teri Faller	18	Andover-MA	1:03.02
7	Jamie Wild	16	Portsmouth-VA	1:03.03
8	Emma Thomas	13	Western Br-DE	1:03.08
9	Sarah Barrett	16	Allard Center-NH	1:03.12
10	Kate Etter	15	Countryside-OH	1:03.13

## Heat 8 of 16 Prelims

1	Grace Hendee	15	Wilton-CT	1:03.00
2	Rachael Freeman	15	Suncoast-FL	1:02.98
3	Michelle Kierencew	15	MetuchenED-NJ	1:02.97
4	Tara Fears	14	Countryside-OH	1:02.95
5	Kendall Kirsteier	17	Tri-Hampton-PA	1:02.90
6	Alex Eiler	16	Oshkosh-WI	1:02.90
7	Savannah Jackson	16	Northwest-NC	1:02.96
8	Shannon Belforti	15	West Monmouth-NJ	1:02.98
9	Emily Lake	17	Ocean County-NJ	1:02.99
10	Ali Snover	15	Middle Tyger-SC	1:03.00

## Heat 9 of 16 Prelims

1	Jessica Conway	13	Greenwich-CT	1:02.88
2	Celia Ouellette	16	Bath Area-ME	1:02.87
3	Mikaela Montgomery	15	Fayette-IL	1:02.77
4	Maggie Miller	14	Elkins-WV	1:02.75
5	Toireasa Rafferty-Millett	17	North Shore-MA	1:02.74
6	Alyssa Colasurdo	16	Ocean County-NJ	1:02.74
7	Christina OU	13	Greenwich-CT	1:02.76
8	MaryClare Stannard	16	West Cook-IL	1:02.86
9	Virginia Summer	17	Newberry-SC	1:02.88
10	Elise McVey	17	Middle Tyger-SC	1:02.89

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 4 Prelims

**Heat 10 Prelims (#403 Women 100 LC Meter Freestyle)**

1	Sarah Kaneshiki	18	Gr. Johnstown-PA	1:02.69	_____
2	Mary Flinn	17	Rappahannock-VA	1:02.68	_____
3	Taylor Myszka	16	South Family-OH	1:02.64	_____
4	Kaylyn Murphy	17	Coffman - OH	1:02.60	_____
5	Ally Warnimont	14	Northwest-NC	1:02.57	_____
6	Isabelle Cecere	15	SomersetHills-NJ	1:02.59	_____
7	Jenna Egan	15	New Canaan-CT	1:02.60	_____
8	Colleen Humel	14	Gr Holyoke-MA	1:02.64	_____
9	Carley Drye	18	J.F. Hurley-NC	1:02.68	_____
10	Alex Vezzetti	17	Rock Hill-SC	1:02.73	_____

**Heat 11 of 16 Prelims**

1	Emily Lin	18	Birmingham-AL	1:02.46	_____
2	Jacquelynn Parker	16	SomersetValleyNJ	1:02.44	_____
3	Maria Zambito	16	Tampa Metro-FL	1:02.42	_____
4	Samantha Hall	13	Elkins-WV	1:02.40	_____
5	Corinne Capodanno	17	Brandywine-De	1:02.31	_____
6	Mary Claire Webb	14	B R Ryall-IL	1:02.40	_____
7	Emily Zimosky	13	Laurel Highlands	1:02.41	_____
8	Faryn Duff	15	Sarasota-FL	1:02.43	_____
9	Callie Phillips	17	Gr Holyoke-MA	1:02.45	_____
10	Jessica Harper	15	Gr Holyoke-MA	1:02.52	_____

**Heat 12 of 16 Prelims**

1	Sara Craft	17	Wyckoff-NJ	1:02.24	_____
2	Kendra Wagner	17	Laurel Highlands	1:02.17	_____
3	Maddie Wolf	14	Wyckoff-NJ	1:02.09	_____
4	Allison Pavlik	17	B R Ryall-IL	1:02.03	_____
5	Delaney Dyjak	15	Gr Holyoke-MA	1:01.96	_____
6	Grace Counts	17	Powel Crosley-OH	1:01.97	_____
7	Delaney Johnson	16	Elkins-WV	1:02.03	_____
8	Allison Ridge	17	ME Lyons-OH	1:02.14	_____
9	Jen Koide	15	West Morris-NJ	1:02.22	_____
10	Julia Day	15	SomersetHills-NJ	1:02.28	_____

**Heat 13 of 16 Prelims**

1	Kate Kelly	16	Middle Tyger-SC	1:01.90	_____
2	Samantha Shirtliff	15	West Shore-PA	1:01.82	_____
3	Jennifer Garzinski	18	Countryside-OH	1:01.76	_____
4	Jackie Van Lew	14	Red Bank - NJ	1:01.59	_____
5	Jessica Russell	16	Bath Area-ME	1:01.55	_____
6	Elise Lankiewicz	16	Brandywine-De	1:01.56	_____
7	Lexi Fabbri	14	Tri-Hampton-PA	1:01.72	_____
8	Sarah Freeman	14	Suncoast-FL	1:01.79	_____
9	Rachel Revolinski	18	Oshkosh-WI	1:01.87	_____
10	Molly O'Brien	16	UpperMainLine-PA	1:01.92	_____

**Heat 14 of 16 Prelims**

1	Danielle Albright	17	Tampa Metro-FL	1:01.38	_____
2	Stephanie Norris	16	Catonsville-MD	1:00.69	_____
3	Noelle Klockner	16	West Monmouth-NJ	1:00.00	_____
4	Meaghan Kwarcinski	17	Gr Holyoke-MA	59.31	_____
5	Alexandra Marshall	16	Northwest-NC	58.88	_____
6	Anastasia Bogdanovski	17	FanwoodScotch-NJ	59.07	_____
7	Sarah Cronin	15	FanwoodScotch-NJ	59.86	_____
8	Erica Fabbri	17	Tri-Hampton-PA	1:00.36	_____
9	Mara Valenzuela	18	SomersetValleyNJ	1:00.82	_____
10	Spence Atkins	14	Sarasota-FL	1:01.51	_____

**Heat 15 of 16 Prelims**

1	Sara Nestrowitz	15	Ridgewood-NJ	1:01.34	_____
2	Kendra Bierman	18	Powel Crosley-OH	1:00.55	_____
3	Sara Beth Drake	18	Middle Tyger-SC	59.90	_____
4	Julianne Phillips	18	Portsmouth-VA	59.22	_____
5	Madeline Smart	16	Wilton-CT	58.85	_____
6	Elizabeth McDonald	17	Cheshire-CT	59.03	_____
7	Katrina Konopka	14	Middle Tyger-SC	59.84	_____
8	Caitlin Casazza	15	Northwest-NC	1:00.35	_____
9	Haley Dascenzo	17	Laurel Highlands	1:00.81	_____
10	Kandis Arlinghaus	14	ME Lyons-OH	1:01.46	_____

**Heat 16 of 16 Prelims**

1	Megan Digulla	16	Central-FL	1:01.22	_____
2	Sara Krueger	17	Powel Crosley-OH	1:00.40	_____
3	Katy Luchansky	17	Wilton-CT	59.88	_____
4	Jenna Immormino	17	SomersetHills-NJ	59.15	_____
5	Rebecca Werdine	16	Suncoast-FL	58.55	_____
6	Anna Wujciak	16	Gr. Flint-MI	58.95	_____
7	Kelsey Buckley	17	Suncoast-FL	59.51	_____
8	Danielle Parowski	17	Gr. Johnstown-PA	1:00.01	_____
9	Natalie Rohr	17	South Family-OH	1:00.71	_____
10	Brooke Barnes	14	Fayetteville-NC	1:01.45	_____

**Event 404 Men 100 LC Meter Freestyle**

National: 50.72 7/30/2009 Tim Phillips

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 17 Prelims**

1				_____
2				_____
3	Jacob Griffith	16	Lancaster-OH	48.90 Y
4	Dylon Johnson	17	W.North Carolina	48.89 Y
5	Thomas Orr	17	Newberry-SC	48.46 Y
6	Christopher Tucker	14	Red Bank - NJ	48.76 Y
7	Gabe Lane	17	New Canaan-CT	48.89 Y
8	Joshua Nordike	16	Fayette-IL	48.96 Y
9				_____
10				_____

**Heat 2 of 17 Prelims**

1	Michael Smigelski	16	Southington-CT	46.73 Y
2	Shawn Leonard	19	Sarasota-FL	58.49
3	Robert Borowicz	16	Middle Tyger-SC	58.48
4	Brendan Sweeney	17	Burbank-MA	58.44
5	Eric Belski	17	Mon Valley-PA	58.43
6	Matthew Li	17	Flushing-NY	58.44
7	Chili Davis	16	Birmingham-AL	58.45
8	Nate Fagen	16	Rapid Area-MI	58.49
9	Zachary Hatley	17	J.F. Hurley-NC	58.49
10	Austin Olivares	17	Central-FL	48.41 Y

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 4 Prelims

**Heat 3 Prelims (#404 Men 100 LC Meter Freestyle)**

1	Jamie Xie	15	Ridgewood-NJ	58.41	_____
2	Anthony Gurrieri	16	FanwoodScotch-NJ	58.39	_____
3	Phillip Drayton	14	South Family-OH	58.36	_____
4	Eric Voigtlander	17	Ocean County-NJ	58.30	_____
5	Cole Davis	15	West Shore-PA	58.24	_____
6	Zachary Hannon	16	East Hartford-CT	58.25	_____
7	Corey Beinhart	16	South Family-OH	58.35	_____
8	Sommy Irani	18	Tampa Metro-FL	58.36	_____
9	Kyle Burnett	17	Montclair-NJ	58.41	_____
10	Adam Tuchscherer	15	Oshkosh-WI	58.42	_____

**Heat 4 of 17 Prelims**

1	Erik Saberski	16	Cheshire-CT	58.21	_____
2	Thomas Szilagyi	16	Wilton-CT	58.20	_____
3	Paul Kersjes	17	Rapid Area-MI	58.19	_____
4	Cam Hackett	16	Hilliker-OH	58.17	_____
5	Taylor Hill	18	J.F. Hurley-NC	58.15	_____
6	Luke Cron	16	South Family-OH	58.16	_____
7	Pieter Brower	15	Greensboro-NC	58.18	_____
8	Grant Murray	15	Anne Arundel-MD	58.19	_____
9	Jared Redding	17	Rappahannock-VA	58.21	_____
10	John Paul Zimcosky	15	Laurel Highlands	58.22	_____

**Heat 5 of 17 Prelims**

1	William Howell	15	Rappahannock-VA	58.15	_____
2	Michael Montague	15	ME Lyons-OH	58.11	_____
3	Kristoph Marczinkowski	17	Wyckoff-NJ	58.07	_____
4	Matthew Whitehurst	18	Countryside-OH	58.06	_____
5	Luke Bajda	15	B R Ryall-IL	58.06	_____
6	Nitay Caspi	15	Montclair-NJ	58.06	_____
7	Kevin Diefenbach	17	Hamilton Area-NJ	58.07	_____
8	Ryan Bachur	18	Burbank-MA	58.10	_____
9	Michael Brooks	18	West Monmouth-NJ	58.12	_____
10	Jon Harre	19	Fayette-IL	58.15	_____

**Heat 6 of 17 Prelims**

1	Jeff Magin	17	Western-CT	58.04	_____
2	Keon Songui-Samuel	16	S. Shore Mill-MA	58.00	_____
3	Austin Eiler	15	Oshkosh-WI	57.96	_____
4	Kyle Garase	17	Mon Valley-PA	57.94	_____
5	Graham Barker	17	Central-FL	57.91	_____
6	Roger White	17	Rapid Area-MI	57.92	_____
7	Sean Higgins	16	Wilton-CT	57.94	_____
8	TJ Ewer	16	Portsmouth-VA	57.99	_____
9	Ryan Murphy	16	Western-CT	58.00	_____
10	Joseph Colasurdo	18	Ocean County-NJ	58.05	_____

**Heat 7 of 17 Prelims**

1	Jacob Nicolella	17	Mon Valley-PA	57.87	_____
2	Matthew Halliburton	16	Rappahannock-VA	57.83	_____
3	James Short	14	Wilmington-NC	57.81	_____
4	Nicholas Kobani	19	Waterbury-CT	57.80	_____
5	Matthew Kazanowsky	14	Ocean County-NJ	57.74	_____
6	Austin Van Vliet	17	Tampa Metro-FL	57.79	_____
7	Max Howes	16	Chapel Hill-NC	57.80	_____
8	Jake Burns	17	Greensboro-NC	57.81	_____
9	Alex Skoog	14	FanwoodScotch-NJ	57.85	_____
10	Alex Liulakis	17	Wyckoff-NJ	57.89	_____

**Heat 8 of 17 Prelims**

1	Zachary Balitzkat	18	Gr. Flint-MI	57.72	_____
2	Joey Faller	15	Andover-MA	57.66	_____
3	Sherman Lau	15	Wilton-CT	57.60	_____
4	Chris Healy	16	Northwest-NC	57.56	_____
5	Brendan Day	17	Gr. Westfield-MA	57.44	_____
6	Jourdan Stewart	15	Wilton-CT	57.54	_____
7	Elliot Penson	19	S. Shore Mill-MA	57.56	_____
8	Shaun VanHuysteen	16	Suncoast-FL	57.66	_____
9	Andrew Jackson	15	Portsmouth-VA	57.71	_____
10	Jack Fergus	15	Kishwaukee-IL	57.72	_____

**Heat 9 of 17 Prelims**

1	Taylor Petersen	16	Countryside-OH	57.43	_____
2	Edward Kim	16	Wyckoff-NJ	57.38	_____
3	Zack Casazza	17	Northwest-NC	57.36	_____
4	Daniel Krentsa	15	Western-CT	57.34	_____
5	Matthew Bresnahan	16	West Cook-IL	57.33	_____
6	Kyle Neri	16	Cheshire-CT	57.34	_____
7	Adam Hunter	18	Wilmington-NC	57.35	_____
8	William LaCosta	16	SomersetHills-NJ	57.36	_____
9	Thomas King	16	Portsmouth-VA	57.40	_____
10	Chris Kohut	14	Triangle Area-NC	57.44	_____

**Heat 10 of 17 Prelims**

1	Hal McKay	16	Birmingham-AL	57.19	_____
2	Christian Berg	15	East Hartford-CT	57.16	_____
3	Marshall Williams	14	Middle Tyger-SC	57.16	_____
4	Collin McNamara	19	SomersetValleyNJ	57.12	_____
5	Freddie McDonald	17	West Monmouth-NJ	57.05	_____
6	Alex Lin	16	Red Bank - NJ	57.07	_____
7	Jason Moyer	18	Boyertown-PA	57.15	_____
8	Colin Machat	15	Gr Holyoke-MA	57.16	_____
9	Jayson Hansen	17	Gr. Flint-MI	57.17	_____
10	Tommy Kealy	15	Wilton-CT	57.23	_____

**Heat 11 of 17 Prelims**

1	Alex Mathews	17	Triangle Area-NC	57.01	_____
2	Andrew Weber	18	Red Bank - NJ	56.98	_____
3	Jimmy Ryan	17	UpperMainLine-PA	56.92	_____
4	Mike Harmon	19	Chambersburg-PA	56.77	_____
5	Dylan Blackwell	16	Wilmington-NC	56.65	_____
6	Jordan Berger	15	Wilton-CT	56.77	_____
7	James Lovey	17	Montclair-NJ	56.86	_____
8	Rees Cattermole	16	Sarasota-FL	56.94	_____
9	Mark Hancher	14	Blue Ash-OH	56.99	_____
10	Billy Drennen	18	UpperMainLine-PA	57.02	_____

**Heat 12 of 17 Prelims**

1	Alex Gray	16	Birmingham-AL	56.60	_____
2	Harry Hamiter	16	ME Lyons-OH	56.58	_____
3	Tyler Essary	18	Prattville-AL	56.49	_____
4	Nigel Lane	16	Hunterdon-NJ	56.46	_____
5	John Bateman	17	North Shore-MA	56.40	_____
6	Charlie Fry	16	Blue Ash-OH	56.43	_____
7	Ruslan Kopunek	18	Delaware-DE	56.48	_____
8	Seth Wenner	15	West Shore-PA	56.51	_____
9	Joey Duronio	17	Chapel Hill-NC	56.59	_____
10	Bradford Johnson	17	Middletown-OH	56.61	_____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 4 Prelims

**Heat 13 Prelims (#404 Men 100 LC Meter Freestyle)**

1	Duncan Mahnken	17	Portsmouth-VA	56.39	_____
2	Brendan Tirado	17	Coffman - OH	56.26	_____
3	Benjamin Creekmore	15	Brandywine-De	56.22	_____
4	Mike Johnson	17	Rappahannock-VA	56.17	_____
5	Joey Steele	18	Suncoast-FL	56.16	_____
6	Austin Wolff	17	New Canaan-CT	56.17	_____
7	James Weber	18	Middle Tyger-SC	56.18	_____
8	Alex Burgess	17	Powel Crosley-OH	56.24	_____
9	Andrew Albert	17	Blue Ash-OH	56.37	_____
10	Rhet Rheinlander	18	Sarasota-FL	56.40	_____

**Heat 14 of 17 Prelims**

1	Matthew Hobler	16	Blue Ash-OH	56.14	_____
2	Gregory Kogut	18	Anne Arundel-MD	56.04	_____
3	Philip Murphy	18	Gr Holyoke-MA	55.95	_____
4	Pat Dierker	17	Powel Crosley-OH	55.94	_____
5	Owen Dunbar	18	Powel Crosley-OH	55.74	_____
6	Peter Westcott	17	Ridgewood-NJ	55.93	_____
7	Tommy Easley	17	ME Lyons-OH	55.95	_____
8	Andrew Nesbitt	16	SomersetValleyNJ	55.96	_____
9	Ryan O'Neill	15	West Monmouth-NJ	56.11	_____
10	Joe Torres	15	Red Bank - NJ	56.16	_____

**Heat 15 of 17 Prelims**

1	Kevin Shivers	16	Chambersburg-PA	55.52	_____
2	Joe Dunn	17	FanwoodScotch-NJ	55.18	_____
3	Lucas Bureau	17	Laurel Highlands	54.91	_____
4	Raymond Cswerko	18	Northwest-CT	54.40	_____
5	Tom McKee	18	Brandywine-De	53.65	_____
6	Nathan Reed	19	UpperMainLine-PA	53.86	_____
7	Ryan McRae	16	Suncoast-FL	54.63	_____
8	Graham Williams	18	Hickory -NC	55.09	_____
9	Jeffrey Mead	18	Columbia NW-SC	55.42	_____
10	Will Brown	18	FanwoodScotch-NJ	55.68	_____

**Heat 16 of 17 Prelims**

1	Taylor Adams	17	Wyckoff-NJ	55.49	_____
2	Jeffrey Cook	18	Burbank-MA	55.17	_____
3	Matt Luminais	17	UpperMainLine-PA	54.91	_____
4	Justin Stewart	18	West Shore-PA	54.08	_____
5	Jack Forese	18	New Canaan-CT	53.23	_____
6	Kyle Madley	18	SomersetHills-NJ	53.85	_____
7	Jason Williams	17	Suncoast-FL	54.62	_____
8	Martin Kendig	18	East Suburban-PA	55.06	_____
9	Christian Caveness	16	Wilmington-NC	55.38	_____
10	Matthew Vanbiervliet	18	SomersetValleyNJ	55.66	_____

**Heat 17 of 17 Prelims**

1	Hayden Cassidy	18	Rapid Area-MI	55.48	_____
2	David Chung	16	SomersetValleyNJ	55.14	_____
3	Will Kazokas	17	Sarasota-FL	54.74	_____
4	Luke Zalewski	17	Cheshire-CT	54.02	_____
5	Connor Maher	18	Cheshire-CT	52.47	_____
6	Joseph Shepley	15	Cheshire-CT	53.71	_____
7	Alex Burzynski	17	FanwoodScotch-NJ	54.59	_____
8	Jason Potter	17	New Canaan-CT	54.94	_____
9	Tommy Wolinski	17	Montclair-NJ	55.26	_____
10	Ian Robert	16	New Canaan-CT	55.65	_____

**Event 405 Women 200 LC Meter Backstroke**

National: 2:15.38 7/29/2004 Tricia Weaner

Lane Name Age Team Seed Time

**Heat 1 of 12 Prelims**

1					_____
2					_____
3	Molly Condron	16	Cheshire-CT	2:10.97	Y_____
4	Whitney Gould	18	Tri-Hampton-PA	2:10.67	Y_____
5	Kathleen Kilfeather	14	Ocean County-NJ	2:10.53	Y_____
6	Elisabeth Anne Orr	16	Newberry-SC	2:10.66	Y_____
7	Amy Nemeth	14	West Morris-NJ	2:10.68	Y_____
8					_____
9					_____
10					_____

**Heat 2 of 12 Prelims**

1	Taylor Shelley	17	Brandywine-De	2:09.76	Y_____
2	Jenna Tugaon	16	Hilliker-OH	2:09.55	Y_____
3	Angie Healy	16	Twin Rivers-NC	2:09.22	Y_____
4	Emily Buczkowski	18	Bath Area-ME	2:08.25	Y_____
5	Hannah Stephenson	18	Triangle Area-NC	2:06.87	Y_____
6	Olivia Gregson	15	Gr. Flint-MI	2:07.66	Y_____
7	Emma Tobey	17	New Canaan-CT	2:09.17	Y_____
8	Sara Beers	16	Ocean County-NJ	2:09.33	Y_____
9	Cindy Cheng	15	Central-FL	2:09.69	Y_____
10	Yookee Roh	17	Ridgewood-NJ	2:10.19	Y_____

**Heat 3 of 12 Prelims**

1	Katie Hallenbeck	18	Kishwaukee-IL	2:06.26	Y_____
2	Bridget Horton	12	Ridgewood-NJ	2:35.55	_____
3	Kate Hugo	15	Oshkosh-WI	2:35.54	_____
4	Olivia Rath	17	Farmington-MI	2:35.46	_____
5	Hana Eckhard	13	Sarasota-FL	2:35.31	_____
6	Katy Comer	16	FanwoodScotch-NJ	2:35.32	_____
7	Meghan Lavelle	15	Leaning Tower-IL	2:35.46	_____
8	Olivia Law	13	Triangle Area-NC	2:35.54	_____
9	Molly Willingham	18	Middle Tyger-SC	2:03.29	Y_____
10	Hannah Markey	18	FanwoodScotch-NJ	2:06.59	Y_____

**Heat 4 of 12 Prelims**

1	Grace DiMeo	15	Sarasota-FL	2:35.07	_____
2	Samantha Shirliff	15	West Shore-PA	2:34.92	_____
3	Anna Brown	15	Western-CT	2:34.82	_____
4	Maeve Awiszus	15	Andover-MA	2:34.60	_____
5	Meghan Claflin	16	North Shore-MA	2:34.49	_____
6	Megan Dodge	15	Hunterdon-NJ	2:34.57	_____
7	Jordan Jacobson	16	Gr. Westfield-MA	2:34.62	_____
8	Stephanie Stoops	13	ME Lyons-OH	2:34.83	_____
9	Joanna Williams	16	Greensboro-NC	2:34.97	_____
10	Emily Rezac	14	Triangle Area-NC	2:35.17	_____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 4 Prelims

**Heat 5 Prelims (#405 Women 200 LC Meter Backstroke)**

1	Meg Beese	15	B R Ryall-IL	2:34.40	_____
2	Brianna Thompson	15	SomersetHills-NJ	2:34.36	_____
3	Jillian Dela Cruz	15	MetuchenED-NJ	2:34.24	_____
4	Lisa Mazukewicz	16	Hamilton Area-NJ	2:34.18	_____
5	Kelly Czochanski	14	Ridgewood-NJ	2:34.11	_____
6	Christiana Cornea	13	Triangle Area-NC	2:34.12	_____
7	Alexa Collins	15	Rappahannock-VA	2:34.20	_____
8	Lexi Monty	13	Fox Cities-WI	2:34.36	_____
9	Kelly Drayton	15	South Family-OH	2:34.37	_____
10	Annie Walker	17	Western Br-DE	2:34.45	_____

**Heat 6 of 12 Prelims**

1	Paige Theobald	16	Countryside-OH	2:33.95	_____
2	Marianne Kahmann	14	Coffman - OH	2:33.43	_____
3	Alexis Alvarez	14	Greenwich-CT	2:33.35	_____
4	Samantha Cahoon	13	Sarasota-FL	2:33.01	_____
5	Susan Neggia	14	Wyckoff-NJ	2:32.75	_____
6	Haley Shaw	16	Gr. Flint-MI	2:32.95	_____
7	Jaime Siler	17	South Family-OH	2:33.29	_____
8	Jackie Van Lew	14	Red Bank - NJ	2:33.42	_____
9	Erin McElwee	16	UpperMainLine-PA	2:33.63	_____
10	Maureen McKenna	18	Red Bank - NJ	2:34.09	_____

**Heat 7 of 12 Prelims**

1	Megan Monahan	15	ME Lyons-OH	2:32.59	_____
2	Maggie Slocomb	15	Western Br-DE	2:32.43	_____
3	Aubrey Miller	18	Boyertown-PA	2:32.18	_____
4	Emily Zimcosky	13	Laurel Highlands	2:32.06	_____
5	Kristen Moss	14	New Canaan-CT	2:31.69	_____
6	Stephanie Moriarty	15	Wilton-CT	2:31.89	_____
7	Silke Herold	18	SomersetValleyNJ	2:32.14	_____
8	Lauren Folkert	16	Farmington-MI	2:32.22	_____
9	Jenna Zitkus	15	Leaning Tower-IL	2:32.44	_____
10	Kristin Crawford	16	Triangle Area-NC	2:32.68	_____

**Heat 8 of 12 Prelims**

1	Elizabeth Chemey	12	Boyertown-PA	2:31.57	_____
2	Maddy Radwan	16	Triangle Area-NC	2:31.38	_____
3	Alanna Dassoff	15	West Cook-IL	2:31.17	_____
4	Ali Galyer	13	Middle Tyger-SC	2:31.10	_____
5	Celia Oberholzer	17	Powel Crosley-OH	2:30.57	_____
6	Julia Perry	15	Wyckoff-NJ	2:30.70	_____
7	Nicole Salzano	15	Ridgewood-NJ	2:31.11	_____
8	Kelly McNulty	17	Middle Tyger-SC	2:31.23	_____
9	Morgan Scarth	17	Wilton-CT	2:31.50	_____
10	Leeanna Cass	14	Ocean County-NJ	2:31.66	_____

**Heat 9 of 12 Prelims**

1	Sarah Freeman	14	Suncoast-FL	2:30.24	_____
2	Sara Daher	16	North Shore-MA	2:29.88	_____
3	Alyssa LaFrenierre	17	Wilton-CT	2:29.56	_____
4	Jessica Cronin	16	FanwoodScotch-NJ	2:29.50	_____
5	Olivia Jackson	16	New Canaan-CT	2:29.47	_____
6	Mary Flinn	17	Rappahannock-VA	2:29.50	_____
7	Kaitlin Law	16	Triangle Area-NC	2:29.53	_____
8	Colleen Humel	14	Gr Holyoke-MA	2:29.75	_____
9	Virginia Summer	17	Newberry-SC	2:30.10	_____
10	Allie Magrino	14	Central-FL	2:30.44	_____

**Heat 10 of 12 Prelims**

1	Kelsey Buckley	17	Suncoast-FL	2:28.72	_____
2	Lindsay Temple	15	SomersetValleyNJ	2:28.01	_____
3	Keely Lovern	15	Licking-OH	2:26.38	_____
4	Megan Alexander	17	North Shore-MA	2:25.54	_____
5	Emily Launer	17	Kishwaukee-IL	2:22.90	_____
6	Adelyn Graf	17	New Canaan-CT	2:24.33	_____
7	Ashley Martin	18	Rock Hill-SC	2:25.82	_____
8	Jessica Russell	16	Bath Area-ME	2:27.17	_____
9	Ryan Alexander	15	North Shore-MA	2:28.27	_____
10	Courtney Miller	17	Elkins-WV	2:29.03	_____

**Heat 11 of 12 Prelims**

1	Michelle Fischl	17	Laurel Highlands	2:28.70	_____
2	Emilia Weihenig	13	Wyckoff-NJ	2:27.49	_____
3	Tara Gidaszewski	17	Kishwaukee-IL	2:26.01	_____
4	Ava Jones	18	Sarasota-FL	2:25.21	_____
5	Sydney King	15	Licking-OH	2:22.01	_____
6	Michelle Kim	15	Wyckoff-NJ	2:24.14	_____
7	Tori Wood	17	Anne Arundel-MD	2:25.80	_____
8	Sidney Pahmer	18	Wilton-CT	2:27.09	_____
9	Sarah Weidner	19	South Family-OH	2:28.14	_____
10	Kara Lacoste	17	Gr Holyoke-MA	2:29.01	_____

**Heat 12 of 12 Prelims**

1	Madisyn Lyons	14	Tri-County-WV	2:28.29	_____
2	Morgan Brooks	18	Middle Tyger-SC	2:27.36	_____
3	Keelin McNamara	17	Middle Tyger-SC	2:26.00	_____
4	Noelle Klockner	16	West Monmouth-NJ	2:25.19	_____
5	Emily Slabe	15	Countryside-OH	2:20.88	_____
6	Morgan Perrotti	14	Suncoast-FL	2:23.54	_____
7	Emily O'Neill	18	West Monmouth-NJ	2:25.69	_____
8	Hannah Lips	15	Middle Tyger-SC	2:26.49	_____
9	Shannon Ahearn	17	Wilton-CT	2:28.10	_____
10	Marie Chamberlain	15	Cape Cod-MA	2:28.78	_____

**Event 406 Men 200 LC Meter Backstroke**

National: 2:01.69 7/28/2005 Patrick Schirk

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 11 Prelims**

1	Chris Healy	16	Northwest-NC	2:26.08	_____
2	Dustin Dyer	17	Fayetteville-NC	2:25.96	_____
3	Peter Fulton	16	East Hartford-CT	2:25.92	_____
4	Dean Shafritz	14	Red Bank - NJ	2:25.76	_____
5	Chris Kay	16	Huntington-WV	2:25.75	_____
6	Nate Fagen	16	Rapid Area-MI	2:25.75	_____
7	Charlie Seltzer	14	North Shore-MA	2:25.82	_____
8	Jonathan Ericksen	14	ME Lyons-OH	2:25.94	_____
9	Keith Monteiro	17	FanwoodScotch-NJ	2:26.05	_____
10	Connor Moore	16	FanwoodScotch-NJ	2:26.09	_____

## 2011 YMCA National Long Course Championship

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## Meet Program - Day 4 Prelims

**Heat 2 Prelims (#406 Men 200 LC Meter Backstroke)**

1	Jimmy McDonnell	16	Hunterdon-NJ	2:25.48	_____
2	Oscar Ike	14	Greenwich-CT	2:25.31	_____
3	Andrew Ro	13	Ridgewood-NJ	2:25.24	_____
4	Andrew Delahunty	15	Middle Tyger-SC	2:25.12	_____
5	Mace Molina	16	Wilton-CT	2:25.05	_____
6	Brenden Yoo	14	UpperMainLine-PA	2:25.10	_____
7	Ray Chen	17	Cheshire-CT	2:25.13	_____
8	Alex Skoog	14	FanwoodScotch-NJ	2:25.25	_____
9	Richard Keller	14	Rock Hill-SC	2:25.46	_____
10	David Hunter	17	Andover-MA	2:25.55	_____

**Heat 3 of 11 Prelims**

1	Josh Taekman	14	Chapel Hill-NC	2:24.90	_____
2	Devon D'Agosta	16	Western-CT	2:24.85	_____
3	Freddie McDonald	17	West Monmouth-NJ	2:24.80	_____
4	Colin Foos	17	Blue Ash-OH	2:24.74	_____
5	Tyler Kauth	13	Red Bank - NJ	2:24.57	_____
6	Stefan Garcia	18	Flushing-NY	2:24.67	_____
7	Stephen O'Donnell	15	Portsmouth-VA	2:24.74	_____
8	Jay Lessard	16	East Hartford-CT	2:24.83	_____
9	Michael Austin	18	Countryside-OH	2:24.89	_____
10	Christian Rauch	17	Sarasota-FL	2:25.03	_____

**Heat 4 of 11 Prelims**

1	Andrew Belcik	13	Suncoast-FL	2:24.47	_____
2	Jack Fergus	15	Kishwaukee-IL	2:24.33	_____
3	Andrew Neggia	17	Wyckoff-NJ	2:24.24	_____
4	Parker Boutwell	15	Northwest-NC	2:24.12	_____
5	McClure Brower	15	Greensboro-NC	2:23.99	_____
6	Christopher Tucker	14	Red Bank - NJ	2:24.06	_____
7	JD Chow	16	Montclair-NJ	2:24.21	_____
8	Hevin Na	15	Cheshire-CT	2:24.30	_____
9	Jimmy Koloseike	14	Countryside-OH	2:24.39	_____
10	JT Klimko	15	Wyckoff-NJ	2:24.52	_____

**Heat 5 of 11 Prelims**

1	Jay Achuff	15	UpperMainLine-PA	2:23.85	_____
2	Thomas King	16	Portsmouth-VA	2:23.79	_____
3	Maks Grover	16	Down East-ME	2:23.48	_____
4	TJ Ewer	16	Portsmouth-VA	2:23.23	_____
5	Jacob Lescault	16	Piedmont-VA	2:23.14	_____
6	Erik Saberski	16	Cheshire-CT	2:23.19	_____
7	Garrett Spake	17	J.F. Hurley-NC	2:23.38	_____
8	Harrison Rodts	16	North Shore-MA	2:23.52	_____
9	Dylan Sali	16	SomersetValleyNJ	2:23.83	_____
10	Justin duTreil	16	Sarasota-FL	2:23.93	_____

**Heat 6 of 11 Prelims**

1	Paul Dickman	16	Countryside-OH	2:22.89	_____
2	Dougan McGrath	17	Ridley-PA	2:22.81	_____
3	Shayne Custodio	16	Mid-Delmarva-MD	2:22.64	_____
4	Matthew Gearing	15	South Family-OH	2:22.44	_____
5	Kyle Surette	17	SomersetValleyNJ	2:22.14	_____
6	Max Howes	16	Chapel Hill-NC	2:22.22	_____
7	David Harmon	16	Anne Arundel-MD	2:22.60	_____
8	Shane Tonery	18	MetuchenED-NJ	2:22.76	_____
9	Sean Heinsen	17	Powel Crosley-OH	2:22.87	_____
10	Tim Dickman	14	Countryside-OH	2:23.01	_____

**Heat 7 of 11 Prelims**

1	Ian DiCarlo	15	West Shore-PA	2:21.30	_____
2	Harry Hamiter	16	ME Lyons-OH	2:21.19	_____
3	Michael O'Brien	16	SomersetValleyNJ	2:20.93	_____
4	Caleb Camp	17	Chapel Hill-NC	2:20.59	_____
5	Henry Hollinshead	13	Triangle Area-NC	2:20.15	_____
6	Charlie Fry	16	Blue Ash-OH	2:20.55	_____
7	Ryan Schultz	15	Kishwaukee-IL	2:20.80	_____
8	Harry Clewell	16	FanwoodScotch-NJ	2:21.02	_____
9	Pieter Brower	15	Greensboro-NC	2:21.25	_____
10	Steven Geier	16	East Hartford-CT	2:22.03	_____

**Heat 8 of 11 Prelims**

1	Fritz Josephson	14	Countryside-OH	2:19.74	_____
2	Ethan Louie	16	SomersetValleyNJ	2:19.26	_____
3	Christian Berg	15	East Hartford-CT	2:19.21	_____
4	Sam Lynch	16	Red Bank - NJ	2:18.52	_____
5	Brad Helt	16	Wilton-CT	2:17.65	_____
6	Michael Hammack	15	Triangle Area-NC	2:18.29	_____
7	Joshua Furth	15	New Canaan-CT	2:18.73	_____
8	Chris Gardner	16	Central Delaware	2:19.22	_____
9	Dave Lattimer	15	Sarasota-FL	2:19.49	_____
10	Drew Orzechowski	15	West Monmouth-NJ	2:19.91	_____

**Heat 9 of 11 Prelims**

1	Jared Klika	14	Green Bay-WI	2:17.28	_____
2	Dougie Kogut	15	Anne Arundel-MD	2:16.38	_____
3	Chandler Brown	15	Middle Tyger-SC	2:14.65	_____
4	Aaron Athanas	17	North Shore-MA	2:13.55	_____
5	Dylan Davis	18	Anne Arundel-MD	2:09.16	_____
6	Robert Borowicz	16	Middle Tyger-SC	2:13.21	_____
7	Garrett Procunier	17	Gr. Flint-MI	2:14.20	_____
8	Ryan McRae	16	Suncoast-FL	2:15.00	_____
9	John Quagliariello	18	Ridley-PA	2:16.95	_____
10	Evan Newbold	17	SomersetValleyNJ	2:17.60	_____

**Heat 10 of 11 Prelims**

1	Brad Jokubaitis	17	Tri-Hampton-PA	2:17.14	_____
2	Matt O'Donnell	15	Sarasota-FL	2:15.17	_____
3	Eric Kim	15	Wyckoff-NJ	2:14.31	_____
4	Colin Heil	18	Anne Arundel-MD	2:13.45	_____
5	Grant Alef	18	Kishwaukee-IL	2:08.85	_____
6	Sean Monahan	18	ME Lyons-OH	2:11.77	_____
7	Kyle Patnode	16	West Cook-IL	2:13.84	_____
8	Bradley Wachenfeld	16	SomersetHills-NJ	2:14.96	_____
9	Matthew Collins	18	Flushing-NY	2:16.70	_____
10	Zachary Goodman	17	Mid-Delmarva-MD	2:17.47	_____

**Heat 11 of 11 Prelims**

1	Jin Roh	16	Wyckoff-NJ	2:16.99	_____
2	David Carlson	17	Red Bank - NJ	2:15.11	_____
3	Ryan DeBerry	17	W.North Carolina	2:14.22	_____
4	Philip Kang	16	Wyckoff-NJ	2:13.35	_____
5	Steven Zimmerman	18	Countryside-OH	2:04.13	_____
6	Zachary Perrotti	17	Suncoast-FL	2:11.52	_____
7	Roman Zaremba	15	Sarasota-FL	2:13.61	_____
8	Matthew Montague	18	ME Lyons-OH	2:14.81	_____
9	Tristan Sanders	15	Suncoast-FL	2:16.58	_____
10	Mitch Colby	17	SomersetHills-NJ	2:17.36	_____



## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 4 Prelims

## Event 407 Women 50 LC Meter Butterfly

National:		27.27	7/30/2009	Becca Weiland	
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 9 Prelims</b>					
1					_____
2					_____
3					_____
4	Alden Bauman	15	Anne Arundel-MD	30.75 Y	_____
5	Emily Rezac	14	Triangle Area-NC	30.25 Y	_____
6	Kristin Cullinan	14	Montclair-NJ	30.28 Y	_____
7					_____
8					_____
9					_____
10					_____
<b>Heat 2 of 9 Prelims</b>					
1					_____
2	Hope Logan	15	Bath Area-ME	27.86 Y	_____
3	Stephanie Ross	16	West Monmouth-NJ	27.75 Y	_____
4	Abby Mack	15	UpperMainLine-PA	27.08 Y	_____
5	Bailie Monahan	17	Rappahannock-VA	25.46 Y	_____
6	Delaney Johnson	16	Elkins-WV	26.87 Y	_____
7	Savanna Townsend	16	Door County-WI	27.58 Y	_____
8	Michaela Cunningham	16	Anne Arundel-MD	27.77 Y	_____
9	Whitney Whitehead	16	Gr. Flint-MI	28.19 Y	_____
10					_____
<b>Heat 3 of 9 Prelims</b>					
1	Alyssa Schaefer	18	Ridgewood-NJ	34.44	_____
2	Katherine LA Cava	17	MetuchenED-NJ	33.92	_____
3	Maria Russo	14	Hunterdon-NJ	33.82	_____
4	Emma Buckridge	14	East Hartford-CT	33.67	_____
5	Sydney McNulty	14	Middle Tyger-SC	32.98	_____
6	Wendy Liu	18	SomersetValleyNJ	33.43	_____
7	Katie Kruspe	15	Blue Ash-OH	33.67	_____
8	Morgan Tacik	13	Northwest-NC	33.86	_____
9	Emma Siegel	15	ME Lyons-OH	34.20	_____
10	Alexis Kapostasy	14	ME Lyons-OH	35.89	_____
<b>Heat 4 of 9 Prelims</b>					
1	Brooke Rowley	17	Countryside-OH	32.82	_____
2	Cara Wethington	15	ME Lyons-OH	32.64	_____
3	Delaney Smith	15	Blue Ash-OH	32.48	_____
4	Maggie Heaton	17	Western-CT	32.40	_____
5	Leah Bolin	16	Oshkosh-WI	32.32	_____
6	Alyssa Finn	18	SomersetValleyNJ	32.36	_____
7	Rachel Holm	15	Fayette-IL	32.47	_____
8	Cameron Brandt	17	West Cook-IL	32.54	_____
9	Maura Mullaney	15	Montclair-NJ	32.81	_____
10	Allie Muha	18	Anne Arundel-MD	32.97	_____

## Heat 5 of 9 Prelims

1	Rachel Samuelson	15	Chapel Hill-NC	32.16	_____
2	Emma Werkiser	16	Kennett-PA	32.09	_____
3	Kaitlyn O'Connor	17	North Shore-MA	31.99	_____
4	Danielle Bach	17	Wyckoff-NJ	31.97	_____
5	Savannah Llewellyn	15	FanwoodScotch-NJ	31.81	_____
6	Jacqueline Russolillo	15	Andover-MA	31.96	_____
7	Alyssa Colasurdo	16	Ocean County-NJ	31.97	_____
8	Hannah Katz	15	Gr Holyoke-MA	32.08	_____
9	Shannon Minnich	16	Rappahannock-VA	32.15	_____
10	Kendall Kirsteier	17	Tri-Hampton-PA	32.30	_____

## Heat 6 of 9 Prelims

1	Becca Luft	13	West Shore-PA	31.79	_____
2	Katie Shoemaker	18	Columbia NW-SC	31.56	_____
3	Hannah Stephenson	18	Triangle Area-NC	31.48	_____
4	Abby Rickles	16	Wyckoff-NJ	31.36	_____
5	Katie McKay	16	Red Bank - NJ	31.32	_____
6	Leanna Martin	15	Rock Hill-SC	31.35	_____
7	Sarah Robbins	18	Gr. Johnstown-PA	31.40	_____
8	Courtney Foley	15	West Monmouth-NJ	31.52	_____
9	Nikki Buglino	16	West Morris-NJ	31.58	_____
10	Siobhan Goodman	17	Ridgewood-NJ	31.81	_____

## Heat 7 of 9 Prelims

1	Katherine Discipio	16	Andover-MA	31.10	_____
2	Jaclyn Andrews	17	Catonsville-MD	30.64	_____
3	Caitlin Casazza	15	Northwest-NC	30.40	_____
4	Brodde Lamb	18	Piedmont-VA	29.90	_____
5	Courtney Weaver	15	Gr. Flint-MI	29.32	_____
6	Emma Tobey	17	New Canaan-CT	29.62	_____
7	Rachel Cortright	17	Ridgewood-NJ	30.15	_____
8	Sage Maggi	15	Gr Holyoke-MA	30.57	_____
9	Tara O'Prey	16	Ridley-PA	30.84	_____
10	Lauren Farrell	18	Hunterdon-NJ	31.27	_____

## Heat 8 of 9 Prelims

1	Jennifer Arana	14	Flushing-NY	30.95	_____
2	Gabriella Levine	17	FanwoodScotch-NJ	30.61	_____
3	Erin Seiler	17	UpperMainLine-PA	30.37	_____
4	Bridget Nucum	17	West Monmouth-NJ	29.77	_____
5	Maddie Zimmerman	15	UpperMainLine-PA	29.26	_____
6	Alexandra Marshall	16	Northwest-NC	29.61	_____
7	Jenna Immormino	17	SomersetHills-NJ	29.97	_____
8	Katie Murphy	16	Wyckoff-NJ	30.55	_____
9	Kelly Hamilton	16	Chambersburg-PA	30.81	_____
10	Miranda Shelly	16	Farmington-MI	31.26	_____

## Heat 9 of 9 Prelims

1	Mikaela Montgomery	15	Fayette-IL	30.89	_____
2	Tara Fears	14	Countryside-OH	30.58	_____
3	Tori Oslund	18	W.North Carolina	30.22	_____
4	Morgan Contino	16	ME Lyons-OH	29.76	_____
5	Molly Gaynor	16	FanwoodScotch-NJ	28.87	_____
6	Dana Yu	17	SomersetValleyNJ	29.33	_____
7	Sydney Bornstein	15	Hamilton Area-NJ	29.95	_____
8	Kaylyn Murphy	17	Coffman - OH	30.45	_____
9	Sharron Isola	17	Kishwaukee-IL	30.69	_____
10	Elise Lankiewicz	16	Brandywine-De	31.14	_____

## 2011 YMCA National Long Course Championship

July 25 - July 29, 2011

## Meet Program - Day 4 Prelims

## Event 408 Men 50 LC Meter Butterfly

National:		24.18	7/30/2009	Tim Phillips
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 11 Prelims</b>				
1				
2	Michael Smigelski	16	Southington-CT	53.61 Y
3	Rees Cattermole	16	Sarasota-FL	26.19 Y
4	Brent Hochstein	16	Central Delaware	25.83 Y
5	Dan Napolitano	18	FanwoodScotch-NJ	25.66 Y
6	Seth Wenner	15	West Shore-PA	25.69 Y
7	Joseph Mercurio	16	Flushing-NY	25.94 Y
8	Dennis Popov	16	MetuchenED-NJ	27.58 Y
9				
10				
<b>Heat 2 of 11 Prelims</b>				
1	Andrew Martin	15	Lancaster-OH	25.27 Y
2	Alex Roznai	17	Lattof-IL	24.89 Y
3	Mike Harmon	19	Chambersburg-PA	23.88 Y
4	Dylan Powers	14	Kishwaukee-IL	34.57
5	Patrick Olivier	14	Ridgewood-OH	32.98
6	Zach Kidd	15	Huntington-WV	33.01
7	Santi Ruvira	15	Sarasota-FL	35.00
8	Zachary Balitzkat	18	Gr. Flint-MI	24.09 Y
9	Alex Mathews	17	Triangle Area-NC	25.01 Y
10	Daniel Hellman	18	Red Bank - NJ	25.29 Y
<b>Heat 3 of 11 Prelims</b>				
1	Michael Norton	14	ME Lyons-OH	32.30
2	Wilson Hicks	17	Middle Tyger-SC	31.64
3	Matt Guido	16	Hunterdon-NJ	31.31
4	Robert Armentrout	17	Twin Rivers-NC	31.25
5	Alexander Tenner	15	Ocean County-NJ	31.08
6	Joseph Buderwitz	16	Western-CT	31.09
7	Ian Dixon-Anderson	15	Hamilton Area-NJ	31.27
8	Max Distler	15	Wyckoff-NJ	31.35
9	Michael Williams	15	W.North Carolina	31.88
10	Anirwin Sridhar	13	Triangle Area-NC	32.56
<b>Heat 4 of 11 Prelims</b>				
1	Chris Asgian	15	Blue Ash-OH	30.74
2	Sebastian Lopez	14	Ridgewood-NJ	30.65
3	Garrett Hoce	15	W.North Carolina	30.59
4	Eric Chao	16	Tampa Metro-FL	30.36
5	Steve Conko	13	Laurel Highlands	30.15
6	Frank Eichhorn	17	Boyertown-PA	30.34
7	Stephen Skaperdas	16	New Canaan-CT	30.42
8	Mace Long	16	Gr. Johnstown-PA	30.59
9	Sam Maquet	13	Ridgewood-NJ	30.69
10	Matt Regan	14	Northwest-NC	31.01

## Heat 5 of 11 Prelims

1	Grant Wethington	15	ME Lyons-OH	30.10
2	Matt Chan	15	West Morris-NJ	30.01
3	Thomas Bullock	15	Northwest-NC	29.84
4	Michael King	15	Columbia NW-SC	29.74
5	Shayne Custodio	16	Mid-Delmarva-MD	29.69
6	Matthew Zebrowski	15	Red Bank - NJ	29.73
7	McHale Whitehouse	17	Sanford-ME	29.78
8	Andrew Olson	15	Beavercreek-OH	29.95
9	Anthony Musto	16	Hunterdon-NJ	30.04
10	Ricky Lessard	18	East Hartford-CT	30.15

## Heat 6 of 11 Prelims

1	Daniel Drozdewicz	16	FanwoodScotch-NJ	29.57
2	Manuel Barragan	15	Suncoast-FL	29.45
3	Raju Kolloru	15	UpperMainLine-PA	29.38
4	Brandon Voorhies	16	Countryside-OH	29.31
5	Pearson Mann	16	Middle Tyger-SC	29.26
6	Collin McNamara	19	SomersetValleyNJ	29.29
7	Greg Baliko	17	FanwoodScotch-NJ	29.37
8	Taylor Hill	18	J.F. Hurley-NC	29.38
9	Joshua Bjornberg	17	Cheshire-CT	29.48
10	Daniel Hein	13	Kishwaukee-IL	29.64

## Heat 7 of 11 Prelims

1	Frank Dello Buono	15	Kennett-PA	29.12
2	Tyler Gimple	16	Piedmont-VA	29.04
3	Dustin Dyer	17	Fayetteville-NC	29.00
4	Josh Krieg	16	Laurel Highlands	28.85
5	Kristoph Marcinkowski	17	Wyckoff-NJ	28.72
6	Alex Andrew	17	Middletown-OH	28.77
7	Keon Songui-Samuel	16	S. Shore Mill-MA	28.87
8	Zachary Hannon	16	East Hartford-CT	29.02
9	Benjamin Creekmore	15	Brandywine-De	29.07
10	Joey Steele	18	Suncoast-FL	29.16

## Heat 8 of 11 Prelims

1	Jason Williams	17	Suncoast-FL	28.60
2	Connor Yoo	18	UpperMainLine-PA	28.46
3	Brian Key	18	Oshkosh-WI	28.30
4	Max Whitehead	17	UpperMainLine-PA	28.14
5	Tyler Wright	17	Sanford-ME	28.08
6	Paul Hoffman	18	Powel Crosley-OH	28.11
7	Joe Torres	15	Red Bank - NJ	28.17
8	Trent Snelson	17	GreaterPeoria-IL	28.37
9	Hal McKay	16	Birmingham-AL	28.60
10	Mason Cassel	16	Pottstown-PA	28.62

## Heat 9 of 11 Prelims

1	David Chung	16	SomersetValleyNJ	27.84
2	Thomas Rinaldi	18	SomersetValleyNJ	27.63
3	Garrett Hills	16	Rock Hill-SC	27.38
4	Joshua Nordike	16	Fayette-IL	26.83
5	Joseph Connors	18	Red Bank - NJ	26.24
6	Jack Bremer	17	Anne Arundel-MD	26.69
7	Joe Dunn	17	FanwoodScotch-NJ	27.06
8	Mark Hancher	14	Blue Ash-OH	27.55
9	Jonathan Burr	18	East Hartford-CT	27.71
10	Tyler Rauth	18	UpperMainLine-PA	27.99

**2011 YMCA National Long Course Championship**

**July 25 - July 29, 2011**

**Meet Program - Day 4 Prelims**

**Heat 10 Prelims (#408 Men 50 LC Meter Butterfly)**

1	Jin Roh	16	Wyckoff-NJ	27.83	_____
2	Jared Redding	17	Rappahannock-VA	27.57	_____
3	Connor Daly	17	Burbank-MA	27.33	_____
4	Matt McKenney	17	Anne Arundel-MD	26.81	_____
5	Austin Wolff	17	New Canaan-CT	26.13	_____
6	Christian Josephson	17	Countryside-OH	26.61	_____
7	Kei Ishimaru	16	Kishwaukee-IL	27.00	_____
8	Keith Chandler	17	Down East-ME	27.52	_____
9	Harrison Cefalo	18	Red Bank - NJ	27.68	_____
10	Connor O'Prey	17	Ridley-PA	27.90	_____

**Heat 11 of 11 Prelims**

1	John Lawson	18	SomersetValleyNJ	27.73	_____
2	Ray Snyder	16	Waterbury-CT	27.57	_____
3	Jacob Griffith	16	Lancaster-OH	27.27	_____
4	Andrew Yunker	17	Gr. Flint-MI	26.74	_____
5	Eric Forrester	18	Mon Valley-PA	26.10	_____
6	Eric Lethander	17	Powel Crosley-OH	26.27	_____
7	Ian Wooley	16	Countryside-OH	26.85	_____
8	Kyle Garase	17	Mon Valley-PA	27.39	_____
9	Tom McKee	18	Brandywine-De	27.65	_____
10	Andrew Jackson	15	Portsmouth-VA	27.84	_____

**Event 409 Women 800 LC Meter Freestyle Relay**

National: 8:28.90 7/30/2009 Middle Tyger YMCA

R Carne, H Lips, M Brooks, L Simon

Lane	Team	Relay	Seed Time
<b>Heat 1 of 4 Finals - Swimming with Finals</b>			
1	Gr Holyoke-MA		8:53.24 _____
2	Northwest-NC		8:47.99 _____
3	Sarasota-FL		8:46.76 _____
4	North Shore-MA		8:45.34 _____
5	SomersetHills-NJ		7:39.95 _____
6	Middle Tyger-SC		8:23.71 _____
7	Wilton-CT		8:46.15 _____
8	ME Lyons-OH		8:47.02 _____
9	Triangle Area-NC		8:48.93 _____
10	Ridgewood-NJ		8:56.37 _____

**Heat 2 of 4 Finals - Swimming with Finals**

1	SomersetValleyNJ		9:02.06 _____
2	Kishwaukee-IL		9:00.44 _____
3	South Family-OH		8:59.42 _____
4	FanwoodScotch-NJ		8:59.06 _____
5	UpperMainLine-PA		8:57.49 _____
6	Central-FL		8:57.54 _____
7	Rappahannock-VA		8:59.31 _____
8	Laurel Highlands		8:59.80 _____
9	Gr. Flint-MI		9:01.09 _____
10	Countryside-OH		9:02.84 _____

**Heat 3 of 4 Finals**

1	Western-CT		9:10.30 _____
2	Ocean County-NJ		9:08.57 _____
3	Piedmont-VA		9:04.86 _____
4	Powel Crosley-OH		9:04.74 _____
5	Wyckoff-NJ		9:03.26 _____
6	West Shore-PA		9:04.24 _____
7	Cheshire-CT		9:04.79 _____
8	Anne Arundel-MD		9:07.67 _____
9	Oshkosh-WI		9:09.90 _____
10	B R Ryall-IL		9:10.39 _____

**Heat 4 of 4 Finals**

1			_____
2	Ridley-PA		7:55.23 Y _____
3	New Canaan-CT		7:49.77 Y _____
4	Hickory -NC		9:13.92 _____
5	Tri-Hampton-PA		9:11.43 _____
6	Western Br-DE		9:13.08 _____
7	West Cook-IL		9:14.84 _____
8	West Monmouth-NJ		7:52.84 Y _____
9			_____
10			_____

**Event 410 Men 800 LC Meter Freestyle Relay**

National: 7:49.21 7/30/2009 Upper Main Line YMCA

M Luminais, N Reed, T Mershon, M Salig

Lane	Team	Relay	Seed Time
<b>Heat 1 of 6 Finals - Swimming with Finals</b>			
1	ME Lyons-OH		8:08.19 _____
2	Triangle Area-NC		8:06.29 _____
3	Cheshire-CT		8:02.59 _____
4	SomersetValleyNJ		7:59.53 _____
5	FanwoodScotch-NJ		7:55.03 _____
6	Middle Tyger-SC		7:58.90 _____
7	UpperMainLine-PA		8:02.06 _____
8	Sarasota-FL		8:03.51 _____
9	Tri-Hampton-PA		8:08.00 _____
10	Huntington-WV		8:08.71 _____

**Heat 2 of 6 Finals - Swimming with Finals**

1	Wyckoff-NJ		8:18.58 _____
2	North Shore-MA		8:15.96 _____
3	SomersetHills-NJ		8:14.80 _____
4	Powel Crosley-OH		8:12.80 _____
5	Wilton-CT		8:11.85 _____
6	Hickory -NC		8:12.02 _____
7	Countryside-OH		8:14.74 _____
8	Anne Arundel-MD		8:15.17 _____
9	New Canaan-CT		8:17.20 _____
10	West Shore-PA		8:19.20 _____

**2011 YMCA National Long Course Championship**

**July 25 - July 29, 2011**

**Meet Program - Day 4 Prelims**

<b>Heat 3 Finals (#410 Men 800 LC Meter Freestyle Relay)</b>		
1	Laurel Highlands	8:30.86
2	Hamilton Area-NJ	8:27.92
3	Rock Hill-SC	8:26.17
4	Blue Ash-OH	8:24.14
5	Red Bank - NJ	8:19.55
6	West Cook-IL	8:21.69
7	East Hartford-CT	8:24.83
8	Western-CT	8:27.61
9	Ridgewood-NJ	8:28.47
10	Rappahannock-VA	8:31.61
<b>Heat 4 of 6 Finals</b>		
1	Greensboro-NC	8:36.53
2	Gr Holyoke-MA	8:34.50
3	Montclair-NJ	8:33.40
4	South Family-OH	8:33.20
5	Northwest-NC	8:32.12
6	West Monmouth-NJ	8:32.49
7	Kishwaukee-IL	8:33.22
8	Wilmington-NC	8:33.50
9	Central-FL	8:35.59
10	Flushing-NY	8:39.16
<b>Heat 5 of 6 Finals</b>		
1		
2	Ocean County-NJ	8:44.40
3	Ridley-PA	8:40.80
4	Boyertown-PA	8:40.05
5	Burbank-MA	8:39.35
6	Hunterdon-NJ	8:39.88
7	Chapel Hill-NC	8:40.58
8	J.F. Hurley-NC	8:41.17
9	Gr. Westfield-MA	8:44.75
10		
<b>Heat 6 of 6 Finals</b>		
1		
2		
3		
4	Chambersburg-PA	7:12.16Y
5	Gr. Flint-MI	7:08.31Y
6	W.North Carolina	7:09.70Y
7		
8		
9		
10		