



2011 YMCA Short Course National Swimming Championship

April 5-8, 2011
Ft Lauderdale Complex, Ft Lauderdale, FL

Tuesday Prelims

swim 

kastaway
SWIMWEAR

POSEIDON
Computer-Aided Drowning Detection

speedo®


Fun Facts

- 4061 The Number of Individual Entries Entered into the Meet**
- 1675 The Number of Registered Swimmers**
- 898 The Number of Registered Women Swimmers**
- 777 The Number of Registered Men Swimmers**
- 721 The Number of Relays Entries**
- 372 The Number of Coaches Attending**
- 217 The Number of YMCA's Participating**
- 127 The Number of YMCA/USA-S Swim Officials and Timers working**
- 40 The Largest Number of Swimmers from a Single Team: Birmingham MI & Somerset Valley**
- 39 The Second Largest Number of Swimmers from a Single Team – Middle Tyger**
- 35 The Number of Teams from Pennsylvania**
- 25 The Number of teams from Ohio**
- 29 The Number of States Represented by Teams**
- 25 The Number of Women Swimmers Competing for Middle Tyger YMCA, SC**
- 19 The Number of Teams from New Jersey and from Illinois**
- 10 The Number of Teams from Wisconsin and From Michigan**
- 5 The Number of Teams from Florida, from West Virginia, and From Virginia**
- 2 The Number of Teams from Oregon**
- 1 The Number of Teams from Minnesota**

2011 YMCA Short Course National Swimming Championship

Schedule of Activities

DAY 0 (MONDAY)

- 8:30 Pre-meet registration until 4:00pm (ISHOF Auditorium)
- 12:15 Registration lunch Break until 1:00
- 3:15 New Coaches Meeting
- 4:00 Coaches Meeting - ISHOF Auditorium
- 4:30 Coaches Association Meeting - Auditorium
- 4:30 Officials Meeting – Bahia Mar until 6:00
- 4:45 Scratch Box Closes
- 5:30 Parade & Athletes Welcome Party
- 6:00 Pre-Meet Registration until 8:00pm

DAY 1 PRELIMS (TUESDAY)

- 7:00 Officials Meeting for Women's Session
- 7:50 Clear Pool
Devotions –Pledge of Allegiance
- 8:00 Women Prelims Begin**
- 10:00 Officials Meeting for Men's session
- 10:50 Clear Pool
Devotions –Pledge of Allegiance
- 11:00 Men Prelims Begin**
- 11:30 Time Trial Registration Closes (7:00 Open)
- 12:30 Scratch Box (for Wed. Events) Closes
- 1:30 Approximate start of Time Trials

DAY 1 FINALS (TUESDAY)

- 4:30 Spectator Seating open
- 4:30 Officials Meeting - Finals
- 5:00 Clear Pool for Finals
Devotions & National Anthem
Outstanding Athlete Scholarship Award
- 5:30 **Finals Begin**
Swim Women 100 Back
Swim Men 100 Back
Swim Women 500 Free
**Women 100 Back top 16 finishers report to Awards Rm*
Swim Men 500 Free
**Men 100 Back top 16 finishers report to Awards Rm*
Parade Awards Women & Men 100 Back
Swim Women 200 IM
**Women 500 Free top 16 finishers report to Awards Rm*
Swim Men 200 IM
**Men 500 Free top 16 finishers report to Awards Rm*
Parade Awards Women & Men 500 Free
Swim Women 50 Free
**Women 200 top 16 finishers report to Awards Rm*
Swim Men 50 Free
**Men 200 IM top 16 finishers report to Awards Rm*
Parade Awards Women & Men 200 IM
**Women 50 Free Top 16 finishers report to Awards Rm*
**Men 50 Free top 16 finishers report to Awards Rm*
Parade Awards Women & Men 50 Free
Swim Women 200 Medley Relay
Swim Men 200 Medley Relay
- 8:00pm **Approximate Finish Time**

DAY 2 PRELIMS (WEDNESDAY)

- 7:15 Officials Meeting for Women's Session
- 7:50 Clear Pool
Devotions –Pledge of Allegiance
- 8:00 Women Prelims Begin**
- 10:15 Officials Meeting for Men's session
- 10:50 Clear Pool
Devotions –Pledge of Allegiance
- 11:00 Men Prelims Begin**
- 11:30 Time Trial Registration Closes (7:00 Open)
- 12:30 Scratch Box (for Thurs. Events) Closes
- 1:30 Approximate start of Time Trials

DAY 2 FINALS (WEDNESDAY)

- 4:30 Spectator Seating open
- 4:45 Officials Meeting - Finals
- 5:00 Clear Pool for Finals
Devotions & National Anthem
SENIOR RECOGNITION
JOSEPH G. ROGERS Award
Parade Awards Women 200 Medley Relay
Parade Awards Men 200 Medley Relay
- 5:30 **Finals Begin**
Swim Women 1000 Free Final Heat
Swim Men 1000 Free Final Heat
Swim Women 100 Fly
**Women 1000 Free top 16 finishers report to Awards Rm*
Swim Men 100 Fly
**Men 1000 Free top 16 finishers report to Awards Rm*
Parade Awards Women & Men 1000 Free
Swim Women 200 Breast
**Women 100 Fly top 16 finishers report to Awards Rm*
Swim Men 200 Breast
**Men 100 Fly top 16 finishers report to Awards Rm*
Parade Awards Women & Men 100 Fly
Swim Women 200 Free
**Women 200 Breast top 16 finishers report to Awards Rm*
Swim Men 200 Free
**Men 200 Breast top 16 finishers report to Awards Rm*
Parade Awards Women 200 Breast
**Women 200 Free top 16 finishers report to Awards Rm*
Parade Awards Men 200 Breast
**Men 200 Free top 16 finishers report to Awards Rm*
Parade Awards Women & Men 200 Free
Swim Women 400 Free Relay
Swim Men 400 Free Relay
- 8:00pm **Approximate Finish Time**

2011 YMCA Short Course National Swimming Championship

Schedule of Activities

DAY 3 PRELIMS (THURSDAY)

- 7:15 Officials Meeting for Women's Session
- 7:50 Clear Pool
- Devotions –Pledge of Allegiance
- 8:00 Women Prelims Begin**
- 10:15 Officials Meeting for Men's session
- 10:50 Clear Pool
- Devotions –Pledge of Allegiance
- 11:00 Men Prelims Begin**
- 11:30 Time Trial Registration Closes (7:00 Open)
- 12:30 Scratch Box (for Fri. Events) Closes
- 1:30 Approximate start of Time Trials

DAY 3 FINALS (THURSDAY))

- 4:30 Spectator Seating open
- 4:45 Officials Meeting - Finals
- 5:00 Clear Pool for Finals
- Devotions & National Anthem
- COACH OF THE YEAR
- Parade Awards Women 400 Free Relay**
- Parade Awards Men 400 Free Relay**
- 5:30 **Finals Begin**
- Swim Women 400 IM
- Swim Men 400 IM
- Swim Women 100 Free
- *Women 400 IM top 16 finishers report to Awards Rm*
- Swim Men 100 Free
- *Men 400 IM top 16 finishers report to Awards Rm*
- Parade Awards Women & Men 400 IM**
- Swim Women 200 Back
- *Women 100 Free top 16 finishers report to Awards Rm*
- Swim Men 200 Back
- *Men 100 Free top 16 finishers report to Awards Rm*
- Parade Awards Women 100 Free**
- *Women 200 Back top 16 finishers report to Awards Rm*
- Parade Awards Men 100 Free**
- *Men 200 Back top 16 finishers report to Awards Rm*
- Parade Awards Women & Men 200 Back**
- Swim Women 800 Free Relay
- Swim Men 800 Free Relay
- 8:00pm **Approximate Finish Time**
- 8:30pm **Approximate time of Volunteer Recognition Dinner (invitation only-ISHOF Aud)**

DAY 4 PRELIMS (FRIDAY)

- 7:15 Officials Meeting for Women's Session
- 7:50 Clear Pool
- Devotions –Pledge of Allegiance
- 8:00 Women Prelims Begin**
- 10:15 Officials Meeting for Men's session
- 10:50 Clear Pool
- Devotions –Pledge of Allegiance
- 11:00 Men Prelims Begin**
- 11:30 Time Trial Registration Closes (7:00 Open)
- 1:30 Approximate start of Time Trials

DAY 4 FINALS (FRIDAY)

- 4:30 Spectator Seating open
- 4:45 Officials Meeting - Finals
- 5:00 Clear Pool for Finals
- Devotions & National Anthem
- CONRAD CARROLL AWARD
- Parade Awards Women 800 Free Relay**
- Parade Awards Men 800 Free Relay Awards**
- 5:30 **Finals Begin**
- Swim Women 1650 Free Final Heat
- Swim Men 1650 Free Final Heat
- Swim Women 200 Free Relay
- *Women 1650 Free top 16 finishers report to Awards Rm*
- Swim Men 200 Free Relay
- *Men 1650 Free top 16 finishers report to Awards Rm*
- Parade Awards Women & Men 1650 Free**
- Swim Women 200 Fly
- *Women 200 Free R top16 finishers report to Awards Rm*
- Swim Men 200 Fly
- *Men 200 Free R top16 finishers report to Awards Rm*
- Parade Awards Women & Men 200 Free Relay**
- Swim Women 100 Breast
- *Women 200 Fly top 16 finishers report to Awards Rm*
- Swim Men 100 Breast
- *Men 200 Fly top 16 finishers report to Awards Rm*
- Parade Awards Women 200 Fly**
- *Women 100 Breast top 16 finishers report to Awards Rm*
- Parade Awards Men 200 Fly**
- *Men 100 Breast top 16 finishers report to Awards Rm*
- Parade Awards Women & Men 100 Breast**
- Swim Women 400 Medley Relay
- *Women 400 MR top 16 finishers report to Awards Rm*
- Swim Men 400 Medley Relay
- *Men 400 MR top 16 finishers report to Awards Rm*
- Parade Awards Women & Men 400 Medley Relay**
- Parade Awards Swimming Teams**
- Top 3 Women's Teams**
- Top 3 Men's Teams**
- Top 3 Combined Teams**
- 8:30pm **Approximate Finish Time**



YMCA of the USA National Short Course Swimming Championships

CHAMPIONSHIP VENUE SUPPORT

City of Fort Lauderdale
Florida Sports Foundation
Fort Lauderdale Aquatics
Greater Fort Lauderdale Convention
& Visitors Bureau
YMCA of Broward County
International Swimming Hall of Fame
USA Swimming
American Swimming Coaches
Association

LOCAL SPONSORS

Beach Boys Café / Greek Express
Big Louie's Italian Restaurant
Bubba Gump Shrimp Co.
Coconuts
Domino's Pizza
Five Guys Burgers and Fries
Moe's Southwest Grill
Quarterdeck Neighborhood Grill
Saint Barts Café
Jimmy John's

**The Meet
Committee would
like to THANK all of
our volunteers and
sponsors for their
support of this
meet and YMCA
swimmers.**

SPONSORS

Greenwich YMCA
The Bixler Family
The Brown Family-
Phil, Diana, Glenn, Steve, Anne, Avery, McK
Carlson Family
Andreas & Gudrun Graesser
Matthew Kendall
UMLY
Mateo Family
Linda and John Mendell
Claudia and Chuck Multer
The Reed Family
Thomas Family - Go Wahoos
Christopher Morris
Buckeye Swim Club
Bettie Williams
Nancy and Jim Weaton
Carolyn and Jim Ryan
Betsy and Tom Warrick

All VOLUNTEERS
Workers, Officials, Group Reps



Greater Fort Lauderdale Welcomes Back The YMCA National Championships

Turquoise waters. Golden sun. Emerald palms. Platinum sand.

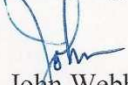
On behalf of the Greater Fort Lauderdale Sports Development Department, we are thrilled to welcome the YMCA National Championships back to Greater Fort Lauderdale and the Fort Lauderdale Aquatic Complex.

We extend a sunny welcome to all athletes and coaches, ensuring that this year's competition will be a rewarding and memorable experience for all. It is our year-round desirable climate and our natural attractions...sun, sand, and surf...that make Greater Fort Lauderdale ideal for your event.

Experience first-hand what makes our destination the perfect place – from 23 miles of Blue Wave Beaches to the pristine Everglades, to the winding waterways. Sample Greater Fort Lauderdale's distinctive water culture, wide array of natural attractions and beach chic atmosphere. This is the perfect time to learn to scuba dive, go deep-sea fishing, hit the links, take a kayak excursion and tour the rugged beauty of the Florida Everglades, all in one visit.

With all best wishes for a sunsational visit.

Sunny regards,



John Webb
Senior Vice President
GFLCVB





**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

2011 YMCA Short Course National Championship Welcome

Congratulations on making it to the 2011 YMCA National Swimming Short Course Meet! This accomplishment represents a great deal of time, dedication and hard work – traits that will continue to serve you well throughout your lives. We hope you swim fast, but even more important we hope you maintain the friendships you have made and the lessons you have learned in and around the people for the rest of your lives. The times you swim and the scores you achieve in diving are to be celebrated, but as the year's pass they will pale in comparison to the relationships you have developed and the values you have strengthened along the journey.

Swimming is often called an individual sport. It is true that no one can get up on the blocks and swim your race. What you do in practice has a direct bearing as to how you compete. The time on the scoreboard when you touch the pad at the end of the race is yours. There is no saying, "if they had only passed me the ball or if the coach had only put me in the game." We own our performance and that is an important part of our sport. However, we should never think we got here on our own. This is a great time to thank your coaches, parents, siblings and team mates for the roles they have had in your success. Always be accountable for your actions, but never forget that when good things happen, there is always a supporting team who helped make it possible. Remember that you are role models on your team, at your Y and in your community. Please model the values of caring, honesty, respect and responsibility as the younger kids on your team are watching you. Excel in the classroom and in your community as well. Swimmers have a reputation and a tradition of being outstanding students and great citizens. Carry that forward as those that went before you have. Commit to leading a healthy lifestyle for the rest of your lives. We face an inactivity crisis in this country. Swimming is one of the few truly lifetime sports, so you chose a good sport to commit to!

Please note that The YMCA of the USA and your National YMCA Swimming and Diving Advisory Committee is developing an initiative with the goal of teaching every child in the US to swim. Some of the proceeds from this event will be used to fund this new powerful plan. Also, for the first time in history, proceeds from this meet have been used to assist swimmers on a needs based qualification system in attending and participating in our meet. As a YMCA movement, we are proud to have been a part of helping you grow from strong kids to strong young adults. We are proud of the role that swimming and diving play in our Y's as great family programs and in helping to build stronger communities.

Finally, you have all noticed the facility changes in and around the pool this year. I can assure you that due to the unforeseen circumstances that we faced our committed group of meet volunteers, coaches and City of Fort Lauderdale staff worked tirelessly to insure a successful experience for OUR swimmers. Thank you for your participation and cooperation as our 2011 Y Championship experience unfolds. Cherish this moment: you have earned it. Be an ambassador for the sport, for your Y and make sure you pay it forward by helping the next young person who needs some encouragement or help. Keep things in perspective this week and recognize the journey it took to get here and the memories you are making along the way. Have a great meet, have fun and make it happen.

Sincerely,

Bob McDowell, Chairman
National YMCA of the USA Swimming & Diving Advisory Committee
Jim Weaton, National Director of Events
YMCA of the USA

Standing Room Opportunity for the Awards

- For relay participants being awarded for top 16 from the previous day's finals, spectators who only want to view the awards ceremony should assemble in the North-west corner entrance (adjacent to the video display entrance). You will be escorted on to the deck to view the ceremony. After the ceremony, you will be escorted off the deck
- This same process will apply to the 1650 and 1000 free award ceremony



**A Moment of Remembrance
2011 YMCA National Short Course
Swimming Championships**

During this past year we have lost the following members of OUR YMCA Swimming Community. Our thoughts and prayers continue to go out to their families and loved ones. Each individual has a unique life story and had positively impacted those that they came in touch with, we are thankful to have had them as part of OUR Swimming Family!

Lynn Stickels

Head Coach
Madison East YMCA, WI

Dave Montgomery

Coach
Lexington/Frankfort YMCA, KY

Jamie Kotula

Swimmer
Scranton YMCA, PA

Bill Sweezer

Official
Rock Hill YMCA, SC

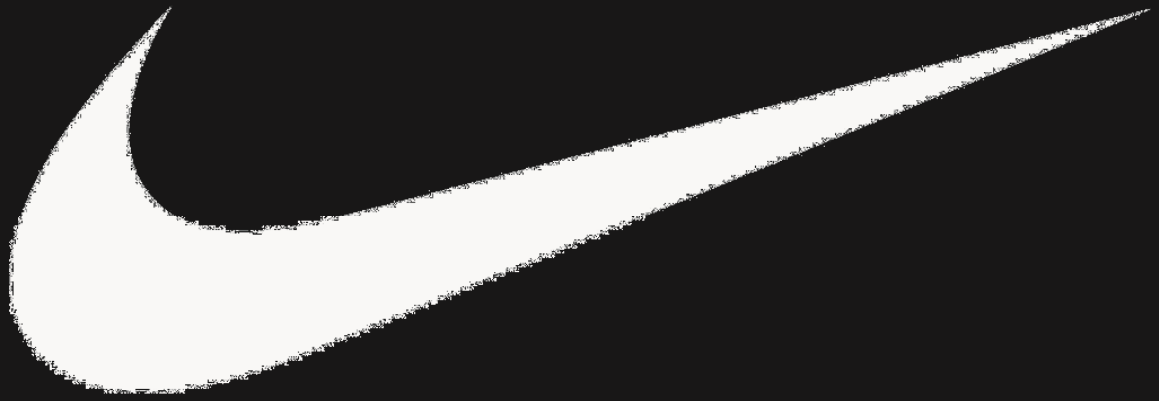
Fran Crippen

Swimmer
Roxborough YMCA, PA

Bill Sweezer

Parent Volunteer
Rock Hill Aquatics Center YMCA, SC

May each of your spirits inspire us to care more about each other and the community that we serve and live in.



All American
Swim Supply

speedo 

“I want to test my
maximum and see how
much I can do. I want
to change the world
of swimming”

MySpeedo

Michael Phelps



LZR RACER[®] ELITE

Test your maximum with the new generation LZR Racer Elite from Speedo, offering a distinctive combination of cutting edge fabric, reduced drag and optimal flexibility; all fully compliant within FINA's new rules for 2010.

To find out more about LZR Racer Elite
visit: speedousa.com

Speedo and  are registered trademarks of and used under license from Speedo International Limited.



Developed with
the Speedo Club



**FINA 2010
APPROVED**





The YMCA National Swimming and Diving Committee is very pleased to announce that \$5, 315 of travel assistance matching funds has been awarded to 12 swimmers representing 9 teams.

The purpose of the matching funds was to work with local YMCA's to assist swimmer-athletes who have established financial need to participate in the 2011 YMCA Short Course National Championship

The committee allocated \$10,000 to provide travel assistance for our Short Course and Long Course Championship's. If you are staying at the YMCA hotels, thank you for making an impact.

The committee wanted to share a thank you from a grateful swimmer to stress the importance of teams participating in the "Stay with Us" Guideline.

"I honestly cannot thank you enough for helping my dream of going to the YMCA Short Course Nationals meet become a reality. Without your help, nationals would not be a possibility for me this year.

Going on this trip to Florida for nationals will change my life as a swimmer and as a swimmer. I appreciate your actions very much, and I will not take it for granted."

Thanks again for the support and your commitment to Youth Development!

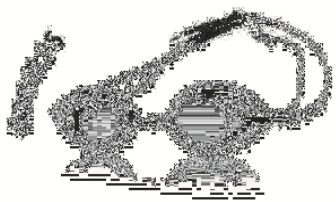
www.kastawayswimwear.com
Register online for email specials!

Kast-a-way

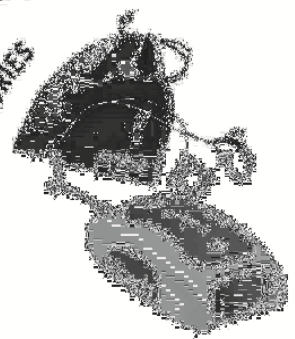
SWIMWEAR

FREE SHIPPING
ON ORDERS OVER \$75

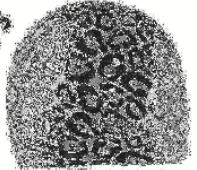
CINCINNATI, OH • COLUMBUS, OH • INDIANAPOLIS, IN • CLEVELAND, OH • DAYTON, OH • CLEVELAND, OH



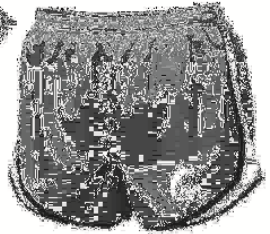
ACCESSORIES



SWIM CAPS



SPIRITWEAR



NATIONAL HEADQUARTERS
Kast-a-way
1000 Chestnut Street
Cincinnati, OH 45219-1100



proswimTM visuals

Action Photography Provided by

ProSwim Visuals

Photos taken by RESERVATION ONLY
1 SWIMMER PER HEAT

Contact info@proswimvisuals.com
to Schedule Team Pictures
www.proswimvisuals.com





THE RACE IS ON TO FIND A CURE FOR CANCER



www.swimacrossamerica.org

888.SWIM.USA

Join an Open Water swim or our SAA Pool Program to raise money for cancer research, prevention & treatment.

SAA events support some of the finest beneficiaries in the world. Get Involved and "Make Waves to Fight Cancer."

Area Restaurant Guide & Map



Coconuts

429 Seabreeze Boulevard
954 - 525 - 2421
Fresh Fish, Sandwiches Salads and great views of the sunset. We are right next door..."be nice!"



Moe's Southwest Grill

17th St. Harbour Shops
954 - 459 - 9940
Burritos, Tacos, Quesadillas, Catering and more....



Big Louie's Italian Restaurant

1990 E. Sunrise Boulevard
954 - 467- 1166
Antipasto to Ziti & everything in between!



Beach Boys / Greek Express

413 S Fort Lauderdale Beach
Beach Boys (954) 522-2004
Greek Express (954) 768 -5901



Quarterdeck Neighborhood Grill

2933 E. Las Olas Boulevard
954 - 525 - 2010
Fresh Seafood & Local Fare - Just two block north of the pool.



Bubba Gump Shrimp Co., Inc.

429 S Fort Lauderdale Beach Blvd.
954 - 463 - 0777
Voted Best of Citysearch 2009 & 2010:
Best Food, Sea Food, Group Dining & Family Friendly Dining.



Domino's Pizza

3416 N. Ocean Blvd
954 - 565 - 3030
Pizza, Salad, Chicken Wings,
Fresh Cinnastix & Cheesy Bread.



Saint Barts Coffee Co.

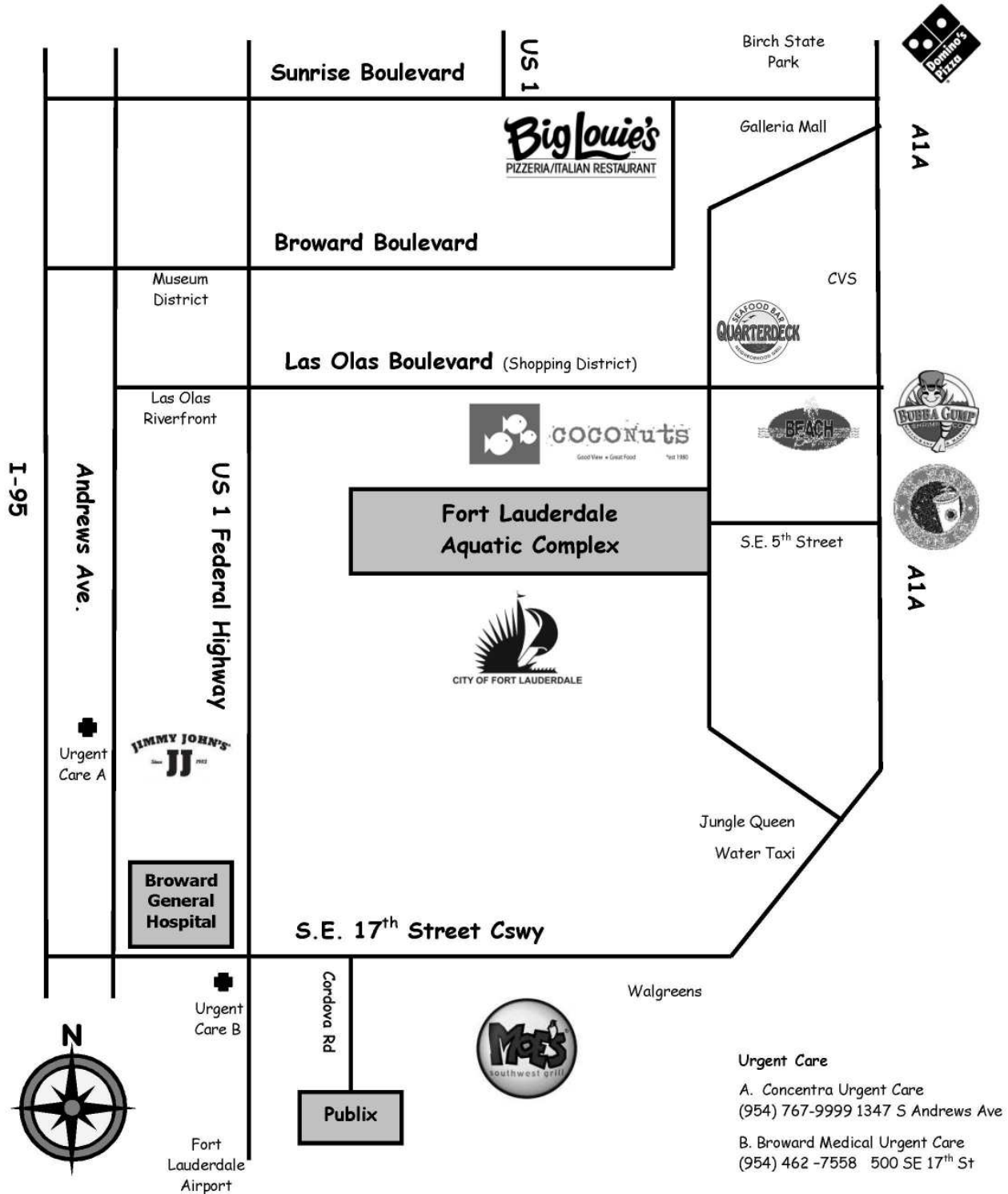
441 A1A/ Ft. Lauderdale Beach Blvd.
954 - 832 - 9004 *Open 6:30 a.m.!*
Coffee, bagels, muffins, cinnamon rolls, ice cream, smoothies & seaside lunches.



Jimmy Johns Gourmet Sandwiches

1135 S Federal Hwy
954 - 467 - 1777
Subs so fast you'll freak.

Area Restaurant Guide & Map



MAP NOT TO SCALE

Fort Lauderdale

Making Dreams Come True



Michael Phelps
World Record: 400m I.M.
August 15, 2002: 4:11.09



Natalie Coughlin
World Record: 100m Backstroke
August 13, 2002: 59.58

83 Years of Swimming Excellence

Fort Lauderdale's competitive swimming heritage dates back 80-years to the grand opening of the Casino Pool on January 29, 1928. As the first pool of Olympic size (50m x 20m) in Florida, it remained at the forefront of the swimming scene for nearly half a century, and consequently witnessed a great deal of American swimming history.

In 1965, the National Swimming Hall of Fame and Fort Lauderdale Municipal Swimming Pool opened its doors and since then has witnessed 10 world records while serving as host to hundreds of national and international meets. Today the Aquatic Complex is home to Fort Lauderdale Aquatics, the Fort Lauderdale Dive Team, Fort Lauderdale Ocean Rescue and the International Swimming Hall of Fame.

Best wishes to all of the YMCA participants!

Katie Ball	USA	100m Breaststroke	12-28-66
Pam Kruse	USA	400m Freestyle	06-30-67
Andy Coan	USA	100m Freestyle	08-03-75
Mary T. Meagher	USA	200m Butterfly	08-16-79
Mary T. Meagher	USA	200m Butterfly	08-16-79
Kim Linehan	USA	1500m Freestyle	08-19-79
Martin Zubero	ESP	200m Backstroke	08-13-91
Mike Barrowman	USA	200m Breaststroke	08-13-91
Natalie Coughlin	USA	100m Backstroke	08-13-02
Michael Phelps	USA	400m Individual Medley	08-15-02



Photos by: Getty Images

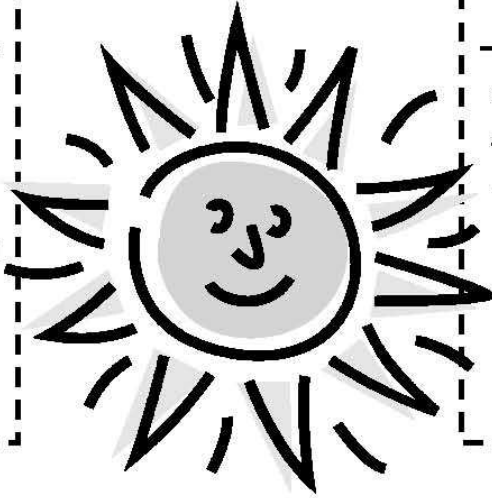
\$2.00 OFF

Any large 16" Pizza

Valid for delivery, takeout or in-restaurant dining. Toppings available at additional charge. Not valid with Big Louie's Special or Specialty Pizzas. Not valid with any other coupon / offer. Tax & gratuity not included. Limit one coupon per pizza. Limited delivery area.

FLAC - Pool

Big Louie's
PIZZERIA/ITALIAN RESTAURANT



\$2.00 OFF

Any Full Pasta Entree

Valid for delivery, takeout or in-restaurant dining. Toppings available at additional charge. Not valid with Big Louie's Special or Specialty Pizzas. Not valid with any other coupon / offer. Tax & gratuity not included. Limit one coupon per pizza. Limited delivery area.

FLAC - Pool

Big Louie's
PIZZERIA/ITALIAN RESTAURANT

FROM A TO Z, WE'LL DELIVER ANYTHING ITALIAN UNDER THE SUN

From Antipasto to Ziti, our entire menu is available for **FREE DELIVERY**, takeout and in-restaurant dining. That includes all your favorite dishes and the best pizza in South Florida. And every one of them is made from our own home made recipes using only the freshest ingredients. Call for information about catering your group function or party.

PIZZA SPECIALTIES

	12" Pizza	16" Pizza
Cheese	\$10	\$12
Additional Topping	\$1	\$2
Big Louie's Special	\$13	\$16

(any 5 full toppings)

PASTA SPECIALTIES

(All pasta entrees served with salad and fresh Garlic Rolls)

Lasagna	\$12	Tortellini	\$11
Fettucine Alfredo	\$12	Cheese Ravioli	\$11
Pesto Fettucine	\$13	Linguini with Clam Sauce	\$13
Manicotti	\$11	Stuffed Shells	\$10
Baked Ziti	\$11	Louie's Combo	\$12

(Baked, Ziti, Manicotti, Eggplant Parmigiana)

21 PIZZA TOPPINGS TO CHOOSE FROM:

Pepperoni, Fresh Mushrooms, Sausage, Onions, Green Pepper, Meatball, Ham, Black Olives, Sliced Tomato, Canadian Bacon, Salami, Anchovy, Hot Peppers, Fresh Garlic, Eggplant, Pineapple, Extra Cheese, Extra Sauce, Walnuts, Spinach, Broccoli. *Prices Subject to change.*

954-467-1166
1990 E. Sunrise Blvd
Gateway Shopping Center

Big Louie's
PIZZERIA/ITALIAN RESTAURANT

954-524-6699
753 S.E. 17th St Causeway
East of Federal Highway

For our entire menu visit www.biglouies.com



Starters

Sweet Potato Fries.....	2.99
Fried Mozzarella Sticks.....	4.99
Conch Fritters.....	6.99
Grilled Portabella Mushroom.....	8.99
Onions, Tomato, Buffalo Mozzarella and Balsamic Dressing	
Chicken Wings or Boneless Breaded.....	8.99
(10) Mild, Medium, Hot, Honey Garlic, Teriyaki or BBQ Served With Celery, Carrots and Blue Cheese	
Breaded Chicken Tenders.....	6.99
Fully Loaded Nachos (Feeds 3-4).....	9.99
Smoked Fish Dip.....	7.99
With Tortilla Chips	
Buffalo Shrimp.....	9.99
With Blue Cheese Dressing	
Sashimi Yellowfin Tuna.....	9.99
Pan Seared, Sesame Crusted Yellowfin Tuna	
Artichoke Spinach Crab Dip.....	9.99
With Tortilla Chips	
Steamed Clams.....	13.99
(3 Dozen) Tender and Juicy in Garlic Wine Butter	
Fried Calamari.....	10.99
(Feeds 3-4) With Pepperoncini Peppers May Be Ordered Tossed in Hot, Medium or Mild Wing Sauce	

Sandwiches

All sandwiches served with macaroni and cheese, french fries, tater tots or cole slaw.

Italian Beef Dip.....	10.99
Tender, Juicy, Thinly Sliced Roast Beef	
Ciabatta Sandwich.....	9.99
With Fresh Fish, Chicken or Portabella Mushroom and Buffalo Mozzarella, Cappelletta Ham and Fresh Basil	
Teriyaki Chicken Sandwich (Double Breast).....	9.99
Philly Sandwich (Steak or Chicken).....	8.99
Tuna Philly Sandwich (Yellowfin Tuna).....	9.99
Buffalo Chicken Sandwich.....	8.99
Dolphin Reuben.....	8.99
Turkey Club.....	8.99
Three Soft Shell Fish Tacos.....	9.99
Served With Beans and Rice	
Fresh Fish Sandwich.....	8.99
Shrimp Burrito.....	7.99
Chicken Caesar Wrap.....	8.99
Tuna Melt (Served Open-Faced).....	6.99

10 oz. Handmade Burgers

All burgers are served with macaroni and cheese, french fries, tater tots or cole slaw.

Burger.....	7.99
Double Turkey Burger.....	7.99
Patty Melt (With Swiss Cheese).....	8.49
Cheeseburger.....	8.49
Bacon Cheeseburger (With American Cheese).....	8.99

Free Toppings:

Sauteed onions, sauteed mushrooms, pickle spear, cole slaw, blackening seasoning, slice of raw onion, tomato slice, jalapenos, lettuce

Any Two Toppings For 99¢

Provolone cheese, pepperjack cheese, cheddar cheese, swiss cheese, goat cheese, crumbled blue cheese, buffalo mozzarella, chili, fried egg, BBQ sauce, extra bacon, marinara sauce, guacamole, pico de gallo, 2 beer-battered onion rings, pepperoni, cappelletta ham, fresh basil, sliced pepperoncinis

Entrees

All entrees except pastas and fajitas served with baked potato, macaroni and cheese or tater tots.

Alaskan Snow Crab Legs (1lb.).....	12.99
(2lbs.).....	18.99
Shrimp Scampi.....	14.99
Over Angel-Hair Pasta	
Fish and Chips.....	9.99
Coconut Shrimp.....	13.99

Half BBQ Chicken.....	11.99
(1lb.) Half Rack of Baby Back Ribs.....	Each
(1lb.) Half Rack of Baby Back Ribs Combo Choice of Half BBQ Chicken - Chicken Wings or Shrimp.....	14.99
(2lbs.) Full Rack of Baby Back Ribs.....	16.99
Prime Rib - 12oz. Cut.....	13.99
Available after 4 pm.	
Ribeye - 12oz. Cut.....	15.99
Surf and Turf.....	17.99
7oz. Flat Iron Steak and Fried Shrimp (Substitute Crab Legs For an Additional \$1.00)	
Chicken Francaise.....	11.99
Pasta Jambalaya.....	12.99
Fajitas.....	12.99
Steak, Chicken or Shrimp	

Fresh Fish

We endeavor to serve the finest fish from around the world. Certain species may not be available year round. Fish may be Blackened, Grilled, Fried, Sauteed in Lemon Wine Garlic Butter or Broiled.

Tilapia.....	11.99	Mahi - Mahi.....	14.99
Tuna Steak.....	13.99	We call it dolphin Grouper.....	16.99

Add To Any Entree

Dinner Salad, Caesar Salad or
Bacon Blue Cheese Wedge Salad
With Fresh Tomatoes

2.99

Soups

All Soups.....	4.25
Clam Chowder, Conch Chowder, Lobster Bisque, French Onion and Soup of the Day	

Mini Platters

4 minis with fries

7.99

Mini Hot Dog, Mini Burger,
Mini Turkey Burger, Mini Buffalo Chicken
or Mini Meatball

Salads

Bacon Blue Cheese Wedge Salad.....	5.99
With Fresh Tomatoes	
Pecan Crusted Chicken Breast Salad.....	11.99
Pecan Crusted Sliced Chicken Breast, Dried Cranberry Raisins, Diced Tomatoes, Mandarin Oranges, Raspberry Vinaigrette Dressing	
Grilled Shrimp Salad.....	10.99
Mandarin Oranges, Diced Tomato, Craisins, Sliced Almonds and Diced Apples Served Over Spinach Salad Mix	
Caesar Salad With Fresh Fish or Chicken ..	11.99
Sesame Yellowfin Tuna Steak Salad.....	12.99
Pan Seared Sesame Encrusted Tuna, Diced Onions, Ginger, Honey Ginger Dressing	
Kimmie's Pasta Salad.....	7.99
Served Cold With Chicken and Bacon	
Spinach Goat Cheese Salad.....	9.99
Spinach Leaves, Fried Goat Cheese, Tomatoes, Dried Cranberry Raisins, Candy Pecans, Balsamic Vinaigrette	
Caribbean Cobb Salad.....	10.99
Jerk Seasoned Sliced Chicken Breast, Guacamole, Blue Cheese Crumbles, Bacon Bits, Diced Tomatoes, Caribbean Blue Cheese Dressing	
Balsamic Chicken Breast Salad.....	10.99
Grilled Sliced Chicken Breast, Diced Red Onion, Diced Tomatoes, Blue Cheese Crumbles, Bacon Bits, Black Olives, Balsamic Vinaigrette Dressing	

Visit any of our 6 locations!

Plantation Ft. Lauderdale Ft. Lauderdale Beach Davie Jupiter Palm Beach Gardens
(954)423-4197 (954)524-6163 (954)525-2010 (954)452-7676 (561)743-6383 (561)625-8480

www.quarterdeckrestaurants.com

**2011 Joseph G. Rogers Award
For Long and Exceptional Leadership and Accomplishments in Y Competitive Swimming
Benefitting all Swimmers, Coaches, Parents and Volunteers**



Bettie L. Williams

Bettie Williams became involved in Y swimming as many parents do, when her 3 year old son Marcus registered for swimming lessons. The following year, Marcus was recruited to swim with the 28th Street Y “Marlins” in Los Angeles. The Marlins, founded by a local high school science teacher and volunteer coach named Walter “Hutch” Hutchinson, practiced in a fifteen yard, four-lane pool.

The 28th Street Y offered the first African American swim program in Los Angeles. As a single mom, Bettie wanted to make sure that Marcus learned to swim as she never had this opportunity. Not being one to stay in the stands, she offered her time volunteering for the swim program, initially as the swim meet score keeper. Bettie also shuttled the swimmers to meets, sometimes making two and three trips as there was limited parental help and no resources to rent transportation.

Swimming was a challenge for Bettie on many fronts, primarily because there were few African American swimmers. Not only was Marcus the only one of his peers who swam, but none of Bettie’s friends nor colleagues understood the interest that Bettie and Marcus had for the sport. Marcus’s circle of swimming friends continued to increase, and as his accomplishments grew, his talent prompted Bettie to search for a more competitive program. Bettie focused on the surrounding Ys since she felt very comfortable in the friendly confines of the Y culture. The result of her search was the San Pedro Peninsula Y.

Marcus swam competitively at the San Pedro Peninsula Y until his high school graduation. His swimming career culminated with his participation in Y Short Course Nationals in 1991 and 1992. While Marcus was swimming, Bettie continued volunteering her time. Soon Bettie was totally immersed in the Y, even serving as a team leader for the Annual Campaign. On the wet front, Bettie always visibly helped out on deck, while behind the scenes served in every board officer position with the San Pedro Y Swim Team Parents Association. Even today, sixteen years after Marcus finished swimming for the San Pedro Y, Bettie serves as the current Swim Team Board Vice-Chair.

Bettie has volunteered on many fronts in swimming including eight years as the Executive Director of the Southern California Y Swim league, and the same tenure as Western US Group Representative for Y competitive swimming. Currently Bettie serves as the Y Long Course Meet Director after serving as the assistant meet director for a number of years.

Bettie was awarded the Conoco Phillips Volunteer Service Award from Southern California Swimming in 2009. She served as a Senior Administrative Referee for Southern California Swimming and held a position on the SCS Peer Review Board.

Bettie was recognized for her volunteer efforts in Los Angeles by receiving the 2004 Spirit Award for Women in Sports from the LA84 Foundation for her work as the Summer Swim Coordinator for the LA84 Foundation Summer Swim Program. This program engages 9,000 to 12,000 underserved youth every summer in the four disciplines of aquatics: competitive swimming, synchronized swimming, water polo and diving. “Teach, Learn, Compete” is promoted through the program as these youngsters learn basic aquatic skills through the summer then come together to celebrate their accomplishments during various sports festivals at the end of the season.

2011 YMCA Short Course National Swimming Championship

Graduating Seniors – Congratulations

Andover/North Andover YMCA - MA

- Matthew Nutter – U of Washington (St. Louis)

Anne Arundel County YMCA - MD

- Sean Brant - Lehigh
- Dylan Davis - Undecided
- Daniel Gallagher - Undecided
- Gregory Kogut - John Hopkins
- Allyson Muha - Loch Haven
- Nicole Provenza - Brown
- Joshua Vagts - M.I.T.
- Kimberly Weyand - Lehigh

Ashland Ohio YMCA - OH

Attleboro YMCA - MA

- Erica DeMunbrun- Northeastern University
- Colleen Millett- Wheeling University

Auburn YMCA-WEIU - NY

- Reid Swartz-Hamilton College
- Connor Kilmer-MCC and transferring to Clarkson
- Justin Lyndaker-Undecided

Auburn-Lewiston YMCA - ME

- Allison Lewandowski - Boston College

Auglaize-Mercer Counties YMCA - OH

B.R. Ryall (Northwestern Dupage)

YMCA - IL

- Maddi Webb - Indiana University
- Sara Pardue - U of Illinois Chicago
- Matt Dukleth - U S Naval Academy

Bangor YMCA - ME

Barren County YMCA - KY

Bath Area Family YMCA - ME

- Emily Buczkowski-U of Maine Orono

Beavercreek Branch YMCA - OH

- Andrew Frondorf- Undecided

Bethlehem YMCA - PA

Birmingham Family YMCA - MI

- Nicole Barczak-University of North Carolina
- Robert Boggs-Kalamazoo College
- Robert Kamenec-Undecided
- James Lafave-Grand Valley State University
- Robert McGowan-Michigan State
- Peter Palmer-U of Arizona
- Jeremy Raisky-undecided
- Patrick Shepell-Grand Valley State University
- Taylor Steffi-SUNY Buffalo
- Nick Wyllie-East Carolina University

Bloomsburg Area YMCA - PA

Blue Ash Branch YMCA - OH

- Chloe Meyer- Undecided

Blue Water Area YMCA - MI

Boise YMCA - ID

Boyetown Area YMCA - PA

- Adam Block-Undecided
- Jeffrey Mikitka-Shippensburg
- Lisa Evans-Undecided
- Aubrey Miller-Lewis University
- Jason Moyer-Undecided
- Brianna Bentz-Drexel U.
- William Corbett-West Chester U.

Brandywine -DE YMCA - DE

- Lexi Coon - UMBC
- Adam Keup - Undecided
- Tom McKee - Auburn

Brandywine YMCA -PA - PA

Brookville YMCA - PA

Buehler YMCA - IL

Burbank Branch YMCA - MA

- Nysa Casha - Connecticut College
- Jeffrey Cook - U of Tampa
- Nicholas Fredette - Undecided

Burlington County YMCA - NJ

- Samantha Sides-Wagner College
- Billy de la Pena-Undecided
- Rip Ambrose-Undecided

Canal Square Branch YMCA - OH

Canton IL YMCA - IL

Cape Cod YMCA - MA

Carlisle Family YMCA - PA

Casco Bay Regional YMCA - ME

Catonsville MD YMCA - MD

Central Branch YMCA - IA

Central Delaware YMCA - DE

- Laura Askin - U of Delaware
- Jordan Lingo - Undecided

Central Florida Metro YMCA – FL

- Ellice Mae Sanchez - Undecided
- Halie Lacey - Undecided
- Alex Tran- Undecided
- Nick Lowe- Undecided
- David Luke- Undecided
- Max Normand- Undecided

Chambersburg Memorial YMCA - PA

- Mike Harmon-Undecided

Champaign County YMCA - IL

- Emma Newman - Iowa

Chapel Hill-Carrboro YMCA - NC

Cheshire YMCA - CT

- Ally Barry - U. of Tampa
- Elizabeth Baumgartner - Wesleyan University
- Connor Maher - Princeton
- Melissa Merwin- Undecided
- Megan Mostoller - Seton Hall
- Karen Novak - Central CT State
- Alex Pascal - Brown
- Justine Ress- Indiana University
- Amanda Steinfeld- Undecided
- Luke Zalewski- Undecided

Clearfield YMCA - PA

Coffman Family YMCA - OH

Columbia Northwest Family YMCA - SC

Cortland County Family YMCA - NY

Countryside Ralph Stolle YMCA. - OH

- Tyler Benner U.S. Naval Academy
- Carolyn Carter -Miami University
- Tim Early -U.S. Coast Guard Academy
- Kaeli Halbersleben -Undecided
- Steven Zimmerman -Ohio State

Crescenta-Canada Family YMCA - CA

- Brendon Chiu - MIT
- Jacqueline Masehi-Lano - MIT, Cal Tech, USC. or Stanford

Cross Island YMCA - NY

- Alexis Chocianowski- Undecided
- Jasmine Moore-Scranton
- Grace Conway- Undecided

2011 YMCA Short Course National Swimming Championship

Graduating Seniors – Congratulations

Cuyahoga Falls Riverfront YMCA - OH **Dane County YMCA Inc. - WI**

- Ilsa Feierabend- U of Vermont
- Kelsey Millin- Undecided

Darien Community YMCA - CT

- Lindsay Tyler - Dartmouth
- Chris Weihs - Williams College
- Catherine Treesh - Williams
- Jake Greene - Lehigh Univeristy

Delta County YMCA - MI

Down East Family YMCA - ME

- Chelsey Curran - Undecided
- Ryann Rourk - Undecided.

East Hampton RECenter YMCA - NY

Eastern Lycoming YMCA – PA

- Nate Witmer – Undecided
- Lars Sigurdsson - Undecided

Eastside Family Branch YMCA - PA

- Maggie Glass - Penn State
- Karyn Adams - John Carroll University
- Xavier Augustniak - Rochester Institute of Technology
- Adam Chrzanowski – Undecided

Eau Claire Wisconsin YMCA - WI

- Wes Manz- Undecided
- Isaiah Rozich- Undecided

Edwardsville YMCA - IL

- Tyler Hendrick- Undecided
- Jarvis Trotter- Undecided
- Chandler Keating- Undecided

Elkins West Virginia YMCA - WV

Eugene Family YMCA - OR

- Lexie Mollahan- Undecided
- Kevin Gleim-Witworth
- Seth Hodsdon-U of Denver
- Thomas Quisenberry - Washington U in St. Louis
- Tony Vickery-Undecided

Fairfield Branch YMCA - CT - CT

Fanwood-Scotch Plains YMCA - NJ

- William Brown – Williams
- Aleksander Burzynski – Undecided
- Anastasia Bogdanovski – Johns Hopkins
- Jessica Colucci – Northeastern
- Gabriela Levine – St. Bonaventure University
- Jack Lorentzen – Lehigh
- Hannah Markey – University of Massachusetts Amherst
- Daniel Napolitano – Undecided
- Michael Napolitano – Tufts
- Ellen Tomljanovic - Undecided

Fargo-Moorhead Family YMCA - ND

Farmington Family YMCA - MI

Fayette County Family YMCA - IL

Florida First Coast YMCA - FL

- Kyle Casias- Air Force Academy
- Krissy Morgan-Indian River
- Aly Kaywork-Indian River
- Kaitlyn Dressel-Florida State
- Katherine Zander- Oklahoma
- David Zander-Emory University
- Shannon Love-Siena College

Flushing YMCA - NY

- Matt Collins - Undecided
- Matt Li - Undecided
- Lauren Ng - Undecided
- Katherine Kraus - Undecided

Fox Cities YMCA - WI

- Alex Bryson - Undecided

Franklin YMCA - PA - PA

- Brian Frederick - UNC Charlotte
- Michael Hart - Bowling Green
- Jon Hoobler - Gannon University

Genesee Area Family YMCA - NY

Glens Falls YMCA - NY

- Katy Munzenmaier - U. of Connecticut
- Eileen Goralski - Undecided

Grand Forks YMCA - ND

Great Miami Valley Ohio YMCA - OH

- Carter Adams- Undecided
- John Carter - Ohio State University
- Eric Lee - Miami University (Ohio)
- Kyle Morrison- Undecided
- Dennie Patton- Undecided

Greater Canandaigua YMCA - NY

- Patrick McCormick-Hamilton

Greater Flint YMCA - MI

- Kevin Posten -Undecided
- Kathleen Zintmaster -Undecided
- Emily Eaton -Undecided

Greater Johnstown Community - PA

- Alex Cummings - Indiana University of Pennsylvania
- Nikki Miller - Undecided
- Sarah kaneshiki - Undecided
- Sarah Robbins - Undecided

Greater Nashua YMCA - NH

Greater Peoria Family YMCA - IL

Greater Portland YMCA - ME

Greater Richmond YMCA - VA

- Sarah Acree- Undecided

Greater Waterbury YMCA - CT

Green Bay YMCA Metro - WI

- Emily Bourguignon - Northern Michigan University

Green County Family YMCA Inc. - WI

- Leanna Schwartzlow - UW of LaCrosse or UW of Stevens Point

Greenwich YMCA - CT

Hamilton Area NJ YMCA - NJ

- Annie Bonazzi - Washington Lee
- Amanda Grant - Alabama
- Kevin Welsh - SCAD - Savannah College of Art and Design
- Morgan Kandrac - Rider University

Hannibal YMCA - MO

- JaLynn Gieseke - Saint Louis U
- Rebekah Land - Uof Nebraska

Hartley Drive Family YMCA - NC

Hazleton YMCA - PA

Hickory Foundation YMCA - NC

- Graham Williams - U of NCI

2011 YMCA Short Course National Swimming Championship

Graduating Seniors – Congratulations

Hilliker YMCA - OH

Hilltop YMCA - OH

Hockomock Area YMCA - MA

Hunterdon County YMCA - NJ

- Lauren Farrell - Undecided

Huntington WV YMCA - WV

Huntington YMCA - NY

- Michaela Pujals -Binghamton

J.B. Chambers Branch YMCA – WV

- Eric Pietz - Undecided

J.F. Hurley Family YMCA – NC

- Andrew McCollister - Undecided
- Carley Drye - Undecided
- Vicky Miller - Undecided

Jefferson County YMCA – IL

- Aaron Holt – Undecided

Jennersville YMCA - PA

Jersey Shore Area YMCA - PA - PA

- BethAnn Schwoyer - Lycoming

Kennett Area YMCA - PA

- Mary Caitlin Samuels - Undecided
- Laura Stephens – U of Vermont
- David Woods - Undecided

Kishwaukee Family YMCA - IL

- Grant Alef - U of Minnesota
- Grace Waller - Oakland
- Michael Gordon - Xavier
- Valerie Jones - Illinois State
- Katie Hallenbeck - Lewis

La Crosse Area Family YMCA - WI

- Joe Anderson - Naval Academy Prep School
- Alec Christopherson - UW La Crosse
- Jacob Hegge - Kenyon College
- Connor Franta - St. John's
- Ross Wise - U of Minnesota
- Adam Hagensick –US Naval Academy
- Stephanie Bowman - UW La Crosse
- Emilie Klos - U of Wisconsin
- Brooke Reynolds - UW La Crosse
- Amanda Tomten - Ohio State

Lakeland Hills Family YMCA - NJ

- Henry Cohen - Lehigh
- Matt Ferguson - Lehigh
- Michael McElduff – U of Pennsylvania
- Louis Pessolano - Montclair State
- Andrea DeAngelis - U of Illinois
- Kristen Landry - James Madison

Lakewood Ranch Branch YMCA - FL

Lancaster & Fairfield YMCA - OH

Lancaster Family YMCA - PA

- Sean Herr - US Coast Guard

Lattof International YMCA - IL

Laurel East Hartford YMCA - CT

- Courtney Flynn - Amherst College
- Emily Thomesen - U of Rhode Island
- Jonathan Burr- Undecided
- Nicholas Purrington - Clemson University

Laurel Highlands Regional YMCA - PA

- Kevin Bane - West Virginia
- Michelle Fischl - Gannon

Lenawee County YMCA - MI

- Jonathan Collins-Stevens Institute of Technology
- Alexandria Merritt- Michigan State Univesity

Lima Ohio YMCA - OH

- Josh Vondran - Ohio State

Lionville Community YMCA - PA

Lockport YMCA - NY

- Ryan Levy - Stonybrook

Lynchburg YMCA - VA

- Maddy Skorcz- Notre Dame
- Susanna White- U of Arkansas
- Andrew Cook- Old Dominion
- Carter Head- William and Mary
- Hunter Morris- Undecided
- Chad Nowakowski- William and Mary
- Kemp Pettyjohn- William and Mary
- Alex Soderman- Undecided
- Carter Watson -Old Dominion

M.E. Lyons (Anderson) YMCA - OH

- Kaitlyn Click-Miami U
- Gabbie Pettinichi-Miami U
- Emma Haynes-DePauw
- Sean Monahan-Ohio State
- Mark Johnson-Wright State
- Megan Daniher-Uof Cincinnati
- Matt Montague-Undecided

Macomb Family YMCA - MI

- Hannah Pugh - Michigan State
- Nicole Contesti - Oakland
- Shaina Kulczycki - Wayne State
- Mack Biggert - U of Michigan
- Nick Victor - Wayne State

Marquette County YMCA - MI

- Wes Vear—U of Michigan

Marshfield Area YMCA - WI

Mattoon Area Family YMCA - IL

McDonough County YMCA - IL

McGaw YMCA - IL

McHenry County YMCA - IL

- Maggie Gomberg -U of Wisconsin Whitewater

Metuchen Edison YMCA - NJ

- Shane Toney- Undecided
- Billy La Porta- Undecided
- Riker Pasterkiewicz- Undecided

Miami County Ohio YMCA - OH

- Hanna Gaskins - Miami U.
- Brian Ruhe - Mount Union
- Lauren Lennartz -Bowling Green
- Alan Huels - U of Dayton

Michiana YMCA - IN

Mid-Delmarva Family YMCA - MD

- Julius Jeong - Rochester Institute of Technology

Middle Tyger YMCA - SC

- Morgan Brooks - U of South Carolina
- Sara Beth Drake - U of South Carolina
- Liz Mooney - UND
- Charlotte Ward - U of South Carolina
- Molly Willingham - Denison
- David Ingraham - U of Virginia
- Jared Kauffman - Ohio State
- Colton Spark - UND

2011 YMCA Short Course National Swimming Championship

Graduating Seniors – Congratulations

Middletown Area YMCA - OH

Mon Valley YMCA - PA

- Anna Marie McNurlen - Clarion
- Kevin Crooks - Allegheny College
- Eric Forrester - Undecided
- Eric Belski - Undecided

Montclair YMCA - NJ

- Stephanie Ferrell - Harvard
- Dennis Hall-App - College of NJ

Montgomery -East Branch YMCA - AL

- Chaz Ballard-Undecided

Mount Desert Island YMCA - ME

Mount Vernon Ohio YMCA - OH

Muskegon Family YMCA - MI

Nazareth YMCA - PA

New Canaan Community YMCA - CT

- Jack Forese - Duke
- Jason Potter - Gettysburg
- Patrick Sweeney - Gettysburg
- Livi Kroll - Iona
- Allie Skaperdas - Bates
- Gabe Lane - Whittier College
- Liz Watson - Michigan

New Castle Community YMCA - PA

Newberry County Family YMCA - SC

North Canton Community YMCA - OH

- Nicole Becks – Ohio State
- Jacquelyn Misanik- Xavier

North Shore (Sterling) MA YMCA – MA

- Graham Beck- undecided
- Robert Breen- undecided
- Luis Hincapie- undecided

Northwest North Carolina YMCA - NC

- Anna Blackburn - SCAD
- Anna Blair Bullock - Davidson
- Chase Frazelle - Undecided

Northwestern Connecticut YMCA - CT

- Raymond Cswerko - Undecided

Ocean County YMCA - NJ

- Joe Colasurdo - Connecticut College
- Anthony Cusmano -Undecided
- Michelle Corpuz - Sacred Heart

Old Town-Orono YMCA - ME

Oshkosh Community YMCA - WI

- Rachel Revolinski - U of Rhode Island
- Siri Smits - North Carolina State
- Brian Key - Claremont McKenna College
- Andres Gier - Undecided

Pabst Farms YMCA - WI

Parkersburg YMCA - WV

Penobscot Bay YMCA - ME

- Tyler Arndt - Undecided

Phoenixville Branch YMCA - PA

Piedmont Family YMCA Inc. - VA

- Matthew Arnold - Undecided
- Dania Jazouli - Undecided
- Brodde Lamb - William and Mary
- Chase Robbins - Virginia Tech

Piscataquis Regional YMCA - ME

Pocono Family YMCA – PA

- Avanti Banks - Undecided

Portsmouth YMCA - VA

- Julianne Phillips- George Mason Univ.
- Conrad Edler- Undecided
- Makayla Emanuele- Undecided
- Lauren Keating- SMU
- Katelyn Squicciarini- GMU

Pottstown YMCA - PA

- Alex Bauer - West Chester U.
- Meredith Cinciripino - Penn State
- Danielle Davis - East Stroudsburg
- Billy Draves - US Naval Academy
- Jamie Kane - U of Delaware
- Amanda Malmstrom - College of Charleston
- Audrey Rittenhouse - College of Charleston

Powel Crosley Jr. YMCA - OH

- Mariah Akinbi - Undecided
- Kendra Bierman - University of Cincinnati
- AJ Burt - University of Cincinnati
- Owen Dunbar - Lehigh University
- Wyatt Landers - Undecided
- Celia Oberholzer - Undecided
- Paul Hoffman - Undecided

Prattville YMCA - AL

- Tyler Essary-Western Kentucky

Reading and Berks County YMCA - PA

- Taylor Straub - Bloomsburg

Red Bank Branch - NJ

- Courtney Delehanty-Long Island University, CW Post Campus
- Sarah Finn -LaSalle
- Megan Foran - Northeastern
- Maureen McKenna-Fordham
- Lisa Zhang - Columbia
- Harrison Cefalo - Virginia Tech
- Joe Connors - Undecided
- Dan Hellman- Undecided
- Jamey Lynch- Undecided
- Connor McColligan- Undecided
- Andrew Weber- Columbia University
- Nick Vandermolten- Undecided

Ridgewood Branch OH YMCA - OH

Ridgewood NJ YMCA - NJ

- Jacky White-Undecided

Ridley Area YMCA - PA

- Kerry Borbidge - Shippensburg
- Steven Bilinski - Washington College
- JC Logan - Seton Hall University
- John Quagliariello - Undecided

Riverfront Branch YMCA - NJ

- David Campbell-Undecided
- Danielle Dougherty-West Chester
- Michael Krohn-Drexel
- Greg Lee-Undecided
- Tara Walter-Undecided
- Zac Wister-Drexel

Rock Hill Aquatics Center - SC

- Ashley Martin- -U of South Carolina
- Matt Lollis-U of South Carolina
- Ellen Cannon-Queens U

Rock River Valley YMCA - IL

- Rachel Larson - Truman State
- Sarah Miner - University of Iowa
- Katherine Nelson - Illinois State

Saginaw YMCA - MI

Sanford-Springvale YMCA - ME

2011 YMCA Short Course National Swimming Championship

Graduating Seniors – Congratulations

Sarasota YMCA - FL

- Annie Berdusco- Undecided
- Meghan Buckley- West Point
- ChaCha Bugatti- Columbia
- Nicholas Caldwell- U of Florida
- Mckenzie Clark- Emory University
- Kirt Davis- Undecided
- Jacque Garcia- Undecided
- Rachel Harrington- Ohio University
- AJ Jones- West Point
- Ava Jones- Undecided
- Shawn Leonard- Undecided
- Katheryne Muth- U of Alabama

Saratoga Springs YMCA - NY

Schroeder YMCA - WI

- Casey Murphy - U of Wisconsin - Green Bay
- Carl Newenhouse - U of Minnesota
- Matthew Raatz - Undecided
- Derek Schieble - University of Wisconsin – Whitewater

Sherwood YMCA - OR

- Amber Chase - Pacific University

Somerset Hills YMCA - NJ

- Jose Agnese-Undecided
- Emily Ashton-Undecided
- Robert Crane-Undecided
- Greg Fennell-Vanderbilt
- Eric Chung-Undecided
- Mitch Colby-U of Wyoming
- Tricia Hartley- Bowdoin
- Julia Kudryashova-U of Maryland
- Greta Leberfinger-Marist
- Kyle Madley-U of Maryland
- Nicole Muha-College of NJ
- Stephen Raynes-Columbia
- Ann Trojanowski-Undecided
- Amanda Wachenfeld-Undecided
- Jenelle Zee-U of West Virginia

Somerset Valley YMCA - NJ

- Paige Agnello - U of Scranton
- Ashley Atherton - Bryant
- Brian Barr - Brown
- Kathryn Coniglio - Tufts
- Alyssa Finn - Undecided
- Rodrigo Gonzalez - Undecided
- Heather Good - Rider
- Silke Herold - Undecided
- Sean Johnson - Ohio State
- Matt Kendall - NYU
- John Lawson - Bryant
- Wendy Liu - Undecided
- Collin McNamara - SUNY Maritime
- Evan Newbold – Undecided
- Dana Rzewnicki – Towson
- Thomas Rinaldi - University of Mary Washington

South Family YMCA-Kettering - OH

- Elise Prayson - Assumption College
- Sarah Weidner - Wright State
- Andy Lamb - Ball State University
- Drew Sullenbarger - Ball State

South Shore Mill Pond YMCA - MA

- Elliot Penson - Wheaton College

Southern Saratoga County YMCA - NY

Southington-Cheshire YMCAs - CT

- Tamara Bystrak- U Of Rhode Island

Southwest Illinois YMCA - IL

- Etienne Thro - Truman State
- Cody Adams - Southern Illinois University Carbondale
- Elliot Andich - Southern Illinois University Carbondale

Spokane YMCA - WA

- Coleman Allen - UNLV
- Amber Amr- U of New Mexico
- Melissa Peplinski - Undecided

Springfield Family YMCA - OH

Springfield IL YMCA – IL

- Rachael Lewis - Undecided
- Natasha Wahl - Undecided
- Patrick Greitzer - Undecided
- Chris Vandiford- Undecided

State College Area Family YMCA - PA

Summit Branch YMCA - NJ

- Hannah Benn - Johns Hopkins

Sunbury Branch YMCA - PA

- Lexi Cole-Susquehanna Univ.
- Maggie Storm- Johns Hopkins
- Ryan Woltornist- Johns Hopkins
- Michelle Giordani- Indiana U of PA
- Michael Jones- Indiana Univ. of PA
- Logan Metzger- Ithaca College
- Zachary Stuck- Undecided
- Zachary Stephens- Notre Dame
- Kelsey Williams- Pittsburgh
- Zachary Haney- Canisius College

Sussex Family Branch YMCA - DE

Talbot County YMCA - MD

- Casey Thomas - Marymount

Tampa Metro YMCA - FL

- Mark Sox - Florida State
- Rebecca Pindral - Undecided
- Sommy Irani – U of Chicago
- Cody Wei – U.C. Berkeley

The Licking County Family YMCA - OH

- Kevin Bell- Undecided

The West Cook YMCAs - IL

Titusville YMCA - PA

Triangle Area YMCA - NC

- Dominick Glavich - UNC Chapel Hill
- Sabrina Benson - Virginia Tech
- Kevin Rogers - Florida State
- Theresa Meyer - Princeton
- Hannah Stephenson - UNC Wilmington
- Nathan Walters - UNC Wilmington
- Jack Disney-Huss – Undecided
- Matt Daw - Stevens Institute of Technology
- Seth Connor - US Naval Academy

Tri-City Area IL YMCA - IL

- Alex Schenk - Undecided

Tri-County YMCA Inc. - WV

- Kaley Gregory - Marshall

2011 YMCA Short Course National Swimming Championship

Graduating Seniors – Congratulations

Tri-Hampton Family Branch YMCA - PA

- Dylan Ludwick - Davidson College
- Whitney Gould - U of Saint Louis

Tuscarawas County YMCA - OH

Twin Falls YMCA - ID

- Wesley Walton- Undecided

Twin Rivers NC YMCA - NC

Upper Main Line YMCA - PA

- Billy Drennen - Undecided
- Carlyn Evans - Undecided
- John Gartland - Undecided
- Will Grant - Undecided
- Magan Harris - Penn State U
- Brad Hunt - John Hopkins U
- Lauren Keenan - West Chester U
- Nathan Reed - Penn State U
- Brennah Ross - Undecided
- Andrew Vaughn - St. Louis College of Pharmacy
- Julia Wisler - Catholic U
- Connor Yoo - Undecided

Valley YMCA - CT

- Maggie Crocamo- Undecided

Vineland YMCA - NJ

- Chris Morris - Wingate University

Waldo County YMCA - ME

- Eric Gaulin – Undecided

Walnut Creek Family YMCA - IA

Waterville Area YMCA - ME

Waynesboro Family YMCA - VA

West Morris YMCA - NJ

- Jaina Lumkong - Barnard

West Shore YMCA - PA - PA

- Kelly Dvoryak-George Mason
- Claire Loht-Princeton
- Travis Bohn - U of Buffalo

Western Branch YMCA - DE

Western Connecticut YMCA - CT

- Alex Bieber - University of Massachusetts Amherst
- Mike LaDelfa - Undecided
- Nadine Edwards - Bentley
- Kalli Melville - Undecided

Western Monmouth Co. YMCA - NJ

- Emily O'Neill- Louisville
- Brian Perez- Undecided
- Daniel Sapienza- Providence

Western North Carolina YMCA - NC

- Emily Marett –Townsend University
- Victoria Oslund – Townsend University

Westfield YMCA - NJ

- Kylie Bangs - Ithaca College
- Megan Kaveney - Lafayette
- Michael Rizzo - Undecided
- Larry Zhang - Carnegie Mellon

Westport/Weston CT YMCA - CT

- Molly Loftus - U of Tennessee
- Cory Bacon - Undecided
- Matt Knapik - Undecided

Wheeler Regional Branch YMCA - CT

- Jon Hla-Undecided
- Robert Kunkel- Undecided
- Matt Hans-UNC Chapel Hill
- Christopher Uherek-Undecided

Wilmington YMCA - NC - NC

- Adam Hunter-Undecided

Wilton Family YMCA - CT

- Ariel Bond - Texas Christian
- Derrian Duryea - U S Coast Guard Academy
- Katie Grant - Franklin & Marshall
- Robert Harder - Yale University
- Christian Higgins - U of California Berkeley
- Sophie Hornby - U of Mass
- Madeleine Irwin-Undecided
- Alyssa LaFrenierre - Kenyon
- Megan Lattimer - Bucknell
- Timothy Lattimer - Williams
- Sidney Pahmer - Lafayette

Winona Family YMCA Inc. - MN

Wooster Ohio YMCA - OH

Wyckoff Family YMCA Inc - NJ

- Dylan Cummings-Marist
- Amanda Distler-Wesleyan
- Patty Boyer-Bowdoin
- Kristoph Marcinkowski- Undecided

- Ashley El Naggar-Stevens Institute of Technology
- Kevin Silverman-College of William and Mary

Yakima YMCA - WA

- Emilie Pleger – U of San Diego
- Toni Castillo - Pacific Luthern

York And York County YMCA - PA

- Jane Kuntz- Undecided
- Caleb Tuten - Princeton