

**2011 National YMCA Short Course, Sanction #: 040511-FGAPP2**  
**Swimming Championship**  
**Session Report**

Session: 9 3rd Day Finals

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	301 Women 400 IM Break: 4 Minutes	24	3	05:30 PM _____
Finals	302 Men 400 IM Break: 4 Minutes	24	3	05:50 PM _____
Finals	303 Women 100 Freestyle Break: 4 Minutes	24	3	06:09 PM _____
Finals	304 Men 100 Freestyle Break: 16 Minutes	24	3	06:17 PM _____
Finals	305 Women 200 Backstroke Break: 4 Minutes	24	3	06:38 PM _____
Finals	306 Men 200 Backstroke Break: 28 Minutes	24	3	06:51 PM _____
Finals-2	307 Women 800 Freestyle Relay	16	2	07:28 PM _____
Finals-2	308 Men 800 Freestyle Relay	16	2	07:44 PM _____
	Swimmer Count for Warm-ups: 162	=====	=====	
	Entry / Heat Totals:	176	22	
	Finish Time			08:00 PM _____