



THURSDAY PRELIM SESSION

Spectator Edition

For Prelims both ends of the pool will be used for starts. ODD heats will start at diving well end and EVEN heats will start at scoreboard end. Exceptions: all heats of 50 meter events except the 50 Back, will start at the scoreboard end of the pool; all heats of the 100M Backstroke, 200M Backstroke, 800M and 1500M Freestyles, the 200M relays, the 400M Medley Relay and the 800M relays will start at the diving well end of the pool. •

For Finals 50M events will start at scoreboard end of pool and all other events will start at diving well end of pool.



LIST OF PARTICIPATING TEAMS

Alamance County Community YMCA	Greensboro YMCA	Regional YMCA of Western Connecticut
Anderson Area YMCA	Grove City YMCA-PA	Ridgewood Branch OH YMCA
Andover North Andover YMCA	Hagerstown Maryland YMCA	Ridgewood NJ YMCA
Andover YMCA	Hamilton Area NJ YMCA	Ridley Area YMCA
Ashland Area YMCA	Haselwood Family YMCA	Rock Hill Aquatics Center
Auglaize Mercer Counties YMCA	Hickory Foundation YMCA	Rocky Mount Family YMCA
Bath Area Family YMCA	Jennersville YMCA	Salem Family Branch
Bayside Branch YMCA	Jerry L Garver YMCA	Somerset Hills YMCA
Blue Ash YMCA	Kennett Area YMCA	Somerset Valley YMCA
Boyertown Area YMCA	Kishwaukee Family YMCA	Soundview Family YMCA
Bradford Family YMCA	Lakeland Hills Family YMCA	South County Family YMCA - FL
Brandywine DE YMCA	Lakota Family YMCA	South Family YMCA
Butler YMCA	Laurel East Hartford YMCA	South Florida YMCA
Carlisle Family YMCA	Leaning Tower YMCA	South Shore MA YMCA
Central Florida Metro YMCA	Liberty Township Powell YMCA	Springfield Family YMCA
Chambersburg Memorial YMCA	Lionville Community YMCA	SPY Greater Annapolis YMCA
Champaign County YMCA	Lynchburg YMCA	Summerville Family YMCA
Cheshire YMCA	Martinsville and Henry Co YMCA	Sunbury Branch YMCA
Coffman Family YMCA	ME Lyons Anderson YMCA	Suncoast YMCA
Columbia Northwest Family YMCA	Metuchen Edison YMCA	Sussex County Branch YMCA
Countryside Ralph Stolle YMCA	Miami County Ohio YMCA	Tri Hampton Family YMCA
Darien Community YMCA	Michiana YMCA	Upper Main Line YMCA
Door County YMCA	Montclair YMCA	Upper Perkiomen Valley YMCA
Down East Family YMCA	New Canaan Community YMCA	Waynesboro Family YMCA
Duanesburg YMCA	Newberry County Family YMCA	West Chester Area YMCA
Eastern Community Branch YMCA	Newport County YMCA	Western Branch YMCA
Edwardsville YMCA	North Shore Sterling MA YMCA	Western North Carolina YMCA
Fanwood Scotch Plains YMCA	Ocean County YMCA	Westfield YMCA
Farmington Valley Branch YMCA	Oshkosh Community YMCA	Wheeling YMCA
Fayette County Family YMCA	Phoenixville Branch YMCA	Wilton Family YMCA
Frederick County YMCA	Piedmont Family YMCA	Wyckoff Family YMCA Inc
Goldsboro Family YMCA	Powel Crosley Jr YMCA	YMCA in Central Maryland
Greater Flint YMCA	Rapid Area YMCA	York And York County YMCA
Greater Nashua YMCA	RC Durr Family YMCA	
Greater Spartanburg YMCA	Reading and Berks County YMCA	
Greater Westfield YMCA	Red Bank Branch	



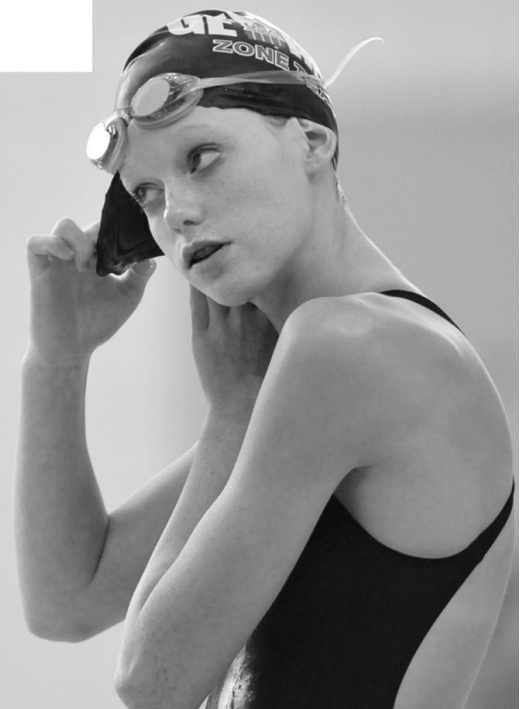
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IN REMEMBRANCE ADOLPH KIEFER MEMORIAL FUND

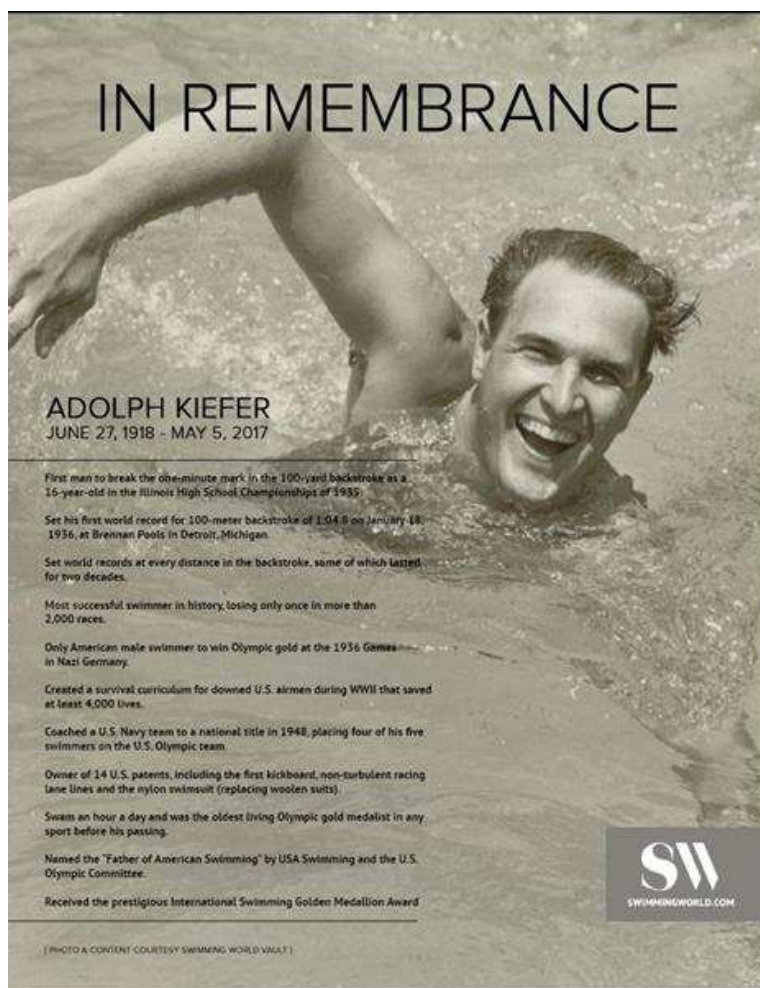
Olympic Gold Medalist • Inventor • Entrepreneur
June 27, 1918 – May 5, 2017

In the last years of his life, Adolph Kiefer felt strongly that he wanted to make additional contributions to the swimming world and, in particular, one that would address financial need in the swimming community- similar to the circumstances he found himself in as a young swimmer in the 1920's.

Adolph might have known that he had already created a powerful legacy as an Olympic champion, saver of lives, inventor of essential swimming equipment, and businessman. He wanted his legacy to include a fund that would provide some help in the form of scholarship support to outstanding young people invested in swimming and swimming lessons for all.

ADOLPH KIEFER MEMORIAL FUND

At Adolph's request, the Kiefer family with the YMCA of the USA (YUSA) have established the Adolph Kiefer Memorial Fund to continue to foster his devotion and passion for swimming.



Through the generosity of Adolph and the Kiefer family, starting in 2018, the centennial of Adolph Kiefer's birth, the YUSA and the Adolph Kiefer Memorial Fund will present Outstanding Athlete Awards to one male and one female swimmer at the YMCA Short Course Nationals. These awards recognize two swimmers each year for their excellence in academic achievement and commitment to healthy living and social responsibility through YMCA competitive swimming

CONTRIBUTING TO THE FUND

Your gifts made in memory of Adolph Kiefer, to celebrate his contributions to swimming safety and instruction, will go towards financial assistance to local YMCAs and provide learn-to-swim lessons for children and families unable to afford them.

Click here, https://yusa.formstack.com/forms/adolph_kiefer_memorial_fund to donate to this fund and honor Adolph while supporting Adolph's and the YMCA's commitment to water safety for all.

ATTENDING COLLEGE/UNIVERSITY COACHES

2017 YMCA Long Course Nationals

Army West Point
Boston College
Bowdoin College
Bucknell University
Chatham University
Chowan University
College of William & Mary
Columbia University
Cornell University
Davidson College
Denison University
Duke University
Fordham University
Gardner-Webb University
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Michigan State University
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University of Illinois
University of Kentucky
University of Minnesota
University of NC at Chapel Hill
University of Pennsylvania
University of Cincinnati
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University of Delaware
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Vanderbilt University
Wesleyan University
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YMCA NATIONAL SWIMMING CHAMPIONSHIP

FUN FACTS

HISTORY OF THE YMCA LOGO



In 1878, the Eighth Conference of the World Alliance of YMCAs met in Geneva, Switzerland, and had on its agenda the creation of a distinctive international badge of the Associations. The matter was turned over to a committee, and three years later at the Ninth Conference in London, the alliance approved the following:

A circle, depicting the oneness of mankind, divided at its outside edge into five segments bearing the names of five parts of the world as they were described at the time Europe, Asia, Oceania, Africa and America separated by small decorative scrolls called cartouches upon which can be read in many languages the initials of our title, YMCA.

Inside the circle are the first two letters of the word Christ. The Greek letters Chi and Rho (XP) form the ancient symbol that early Christians painted on the walls of the catacombs. It was used by the Y to remind all that Christ was at the center of the movement.

Finally an open Bible was added both because this divine book is the weapon of warfare which St. John gives to young men, and because it's the distinguishing mark of the great Reformation. The Bible opens on the Savior's High Priestly prayer, from which we have especially chosen the 21st verse: That they all may be one...as We are one'—John 17:21."

Behind the book and symbols was an aura of golden rays. The action on the badge was noteworthy, wrote one YMCA historian, because the phrase "that they all may be one" became the supreme expression of the ecumenical purposes of the World Alliance, pulling together those of many sects.



Luther H. Gulick, who revolutionized sports and physical fitness at the YMCA, proposed a red equilateral triangle as a symbol in 1891. It was adopted immediately by Springfield College. The sides of the triangle, Gulick said, stood for an essential unity—spirit, mind, and body—each being necessary and eternal part of man, being neither one alone but all three," a "wonderful combination of dust of the earth and the breath of God."

Gulick wanted something that would "stick right out" and not be confused with the Red Cross symbol "yet be just as simple and strong. The red triangle was just that, and it swept the movement, carried around the world by U.S. foreign secretaries.

YMCA NATIONAL SWIMMING CHAMPIONSHIP

FUN FACTS

History of the YMCA logo (continued)



In 1895, the annual convention of the U.S. and Canadian YMCAs authorized adding the triangle to the old World Alliance insignia. "The cumbersome design that resulted—a superimposition of the triangle upon the circle, open Bible, and Christian monogram of the World Alliance—was largely reserved for official use, for Gulick's triangle had long since become the unofficial emblem on the jerseys of athletic teams, over the doors of local associations, and on lapel pins," another historian wrote. The resulting design of the official emblem dropped the continents, aura and cartouches along the way, though it's not clear when that took place. They are not shown on the so-called Gulick design.



The superimposed logo, first used in 1896, was registered by the National Board of YMCAs in 1965 with the U.S. Patent and Trademark Office. In the intervening 69 years, Gulick's version was revised, with a second ring added inside the rest during the 1950s. It was said that the second ring represented friendship and love without end among individuals. This remains the YMCA's official emblem. The everyday logo from 1897 to 1967 was the red triangle. About the time of World War I, a blue bar was placed over it reading "YMCA." The use of the triangle and bar logo accelerated during the war, when it marked the 26,000 men and women from the U.S. Y who served in the United States and France.



After 70 years of using symbols in various combinations and styles, some felt the need for a change. "We had shaped and reshaped, used and abused our symbol so much that no strong, single corporate identity came through," said John Root, Chicago's general executive at the time. He asked a Chicago designer to produce a new logo. The result was the triangle and bent bar that looks like the letter Y. It was a combination of modern design and Gulick's traditional triangle. When the National Board met in November 1967, it approved Root's new logo for use throughout the movement. It was registered that same year and remains the official logo.



The new brand strategy – the result of more than two years of analysis and research – was introduced July 2010. The YMCA unveiled a new, more forward-looking logo that reflects the vibrancy and diversity of the organization, and a framework that focuses resources on three core areas: youth development, healthy living and social responsibility. In

YMCA NATIONAL SWIMMING CHAMPIONSHIP FUN FACTS

another major change, the nonprofit will be called “the Y” to align with
how people most commonly refer to the organization.

GREENSBORO YMCA VOLUNTEERS

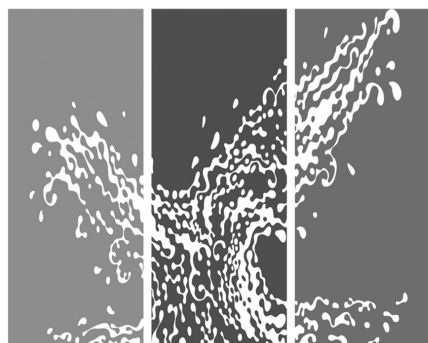
2017 YMCA Long Course Nationals



Adam H. Audet
Brandon Biggers
Kevin Bottomley
Jimmy Brumley
Judy Brumley
Thomas Clodfelter
Mark Cranford
Yvonne Crawford
Deanna Daniel
Nancy Early
Sydnee Epstein
Jewell Florence
Yvonne Florence
Veronica Harris
Brooks Haworth
Gail Haworth
Pam Hersh
Erin Hight
Susan Hight
Cheri Hughes
Amelia Irwin
Alyssa Jordan
Dorothea "Tia" Jordan

Paul Kearn
Davinni Keat
Frances Mceachran
Tom McGowan
Kim Mckone
Joanne Miller
Kerry Miller
Elizabeth Minehart
Trisha Mitchell
Joy Morgan
Teresa Neal
Tiera Peete
Danitra Perry
Brandy Sessoms
Diamond Shakir
Paige Sigmon
Stephanie Sigmon
Barry Smith
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Tom Southerland
Dianna Stone
Velvet Wall
Janice Wrenn

Thank You, Greensboro YMCA



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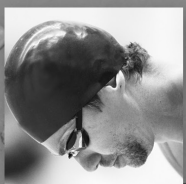
IAN CROCKER



JOSH DAVIS



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ANTHONY ERVIN



JIMMY FEIGEN



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THANK YOU



Jennifer Barley Family

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The Gardner Family

Greensboro Community YMCA

Meredith and Bruce Griffin

Claudia and Chuck Multer

New Canaan Community YMCA

The Neri Family

Powel Crosley, Jr. YMCA Tigersharks, Cincinnati, Ohio

Carolyn and Jim Ryan

Donna and Bob Turner

Betsy and Tom Warrick

Volunteer Officials and Timers

2017 YMCA Long Course Nationals

THANK YOU FOR YOUR TIME AND EXPERTISE

Lynn Alexy	Chad Hawkins	William Prue	Edward Syron
Roberto Angeles	Suzanne Heath	Kerri Prue	Kershu Tan
Annette Bakay	Bert Hewitt	Judy Quigley	Hiroshi Tanaka
John Bernaner	Bill Houk	Ted Rauth	Sho Tanaka
Giselle Betances	Eddie Hughes	Kevin Rice	Kristen Tarantola
Joel Black	Sherene Imran-Lau	David Roberts	James Temple
Dave Blake	Bob Johnson	Cara Roesleier	James Tsang
John Bota	Jennifer Johnson	Martin Scheidl	Gretchen Vand de Walle
Felxa Boutwell	Crissy Judge	Mike Schellenboom	Jack VerHeist
Maureen Buzdgon	Chris Jung	Karen Scornavacea	Dennis Weiss
William Carkhuff	Mandy Kiely	Jeff Seifert	Richard Wilson
Gregory Christian	Heather Koenig	Teri Shannon	Clay Wisniewski
Edward Devine	Vim Laurita	Judy Sharkey	Betsy Wisniewski
Chuck Dougherty	Bach Lequqng	Helena Shilts	Jerry Yang
Gary Dunchus	Oneta Manuel	Ken Shimada	
Edward Echels	Crystal McCord	Connie Siefert	
Jon Fox	Will McWhorter	Jim Slaughter	
Charlotte Fraser	Claudia Multer	Steve Spade	
Brian Gallamore	Aimee Onoszko	Ed Speed	
Danny Gatling	Daisuke Otsuka	Melissa Speed	
Mark Geleskie	Jamie Overby	Charles Stephenson	
Val Gibson	Scott Palfreyman	Trey Stroud	
Cortney Hann	Cary Pong	Benjamin Sun	
Eric Harnish	Nancy Pressely		



2017 YMCA LONG COURSE NATIONAL CHAMPIONSHIP

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2017 YMCA LONG COURSE NATIONALS SCHEDULE OF ACTIVITIES

START OF DAY 4 – THURSDAY

Day's Event: Women's 400 Meter Freestyle
Day's Event: Men's 400 Meter Freestyle
Day's Event: Women's 50 Meter Butterfly
Day's Event: Men's 50 Meter Butterfly
Day's Event: Men's 100 Meter Breaststroke
Day's Event: Women's 100 Meter Breaststroke
Day's Event: Men's 50 Meter Freestyle
Day's Event: Women's 50 Meter Freestyle
Day's Event: Women's 800 Meter Freestyle Relay
(Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)
Day's Event: Men's 800 Meter Freestyle Relay
(Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)

6:00 AM - 8:15 AM Competition Pool Open Prelims Warm-up
6:00 AM - 11:00 AM Team, Coaches Check-in - Events Center - Rm 4
7:00 AM - 11:00 AM Spectator Pre-order Ticket Pick up
7:00 AM - 11:00 AM Spectator Ticket Sales
7:00 AM Stands Opens for Spectators
7:15 AM Officials and Timers Meeting & Officials Check-in
Events Center - Rm 1
7:30 AM - 10:00 AM Time Trial Table Open
8:00 AM - 5:00 PM Scratch Table Open
8:00 AM Relay Table Open
8:15 AM Clear Pool & Devotion and National Anthem

8:30 AM

PRELIMS START

4:00 PM

4:00 PM Pool Opens for Finals Warm-up
4:00 PM - 7:00 PM Spectator Pre-order Ticket Pick up
4:00 PM - 7:00 PM Spectator Ticket Sales
4:00 PM Stands Opens for Spectators
4:15 PM Officials and Timers Meeting & Officials Check-in
Events Center - Rm 1
5:00 PM - 6:00 PM Team, Coaches Check-in - Events Center - Rm 4
5:00 PM Relay Table Open
5:00 PM Clear Pool & Devotion and National Anthem

5:15 PM

8:15 PM

EVENING – DAY 4

FINALS START WITH C, B, A HEATS
Estimated Session End Time

START OF DAY 5 – FRIDAY

Day's Event: Women's 200 Meter Butterfly
Day's Event: Men's 200 Meter Butterfly
Day's Event: Women's 100 Meter Freestyle
Day's Event: Men's 100 Meter Freestyle
Day's Event: Women's 200 Meter I.M.
Day's Event: Men's 200 Meter I.M.
Day's Event: Women's 50 Meter Backstroke
Day's Event: Men's 50 Meter Backstroke
Day's Event: Women's 400 Meter Freestyle Relay
Day's Event: Men's 400 Meter Freestyle Relay
Day's Event: Women's 800 Meter Freestyle
Day's Event: Men's 800 Meter Freestyle

6:00 AM - 8:15 AM Competition Pool Open Prelims Warm-up
6:00 AM - 11:00 AM Team, Coaches Check-in - Events Center - Rm 4
7:00 AM - 11:00 AM Spectator Pre-order Ticket Pick up
7:00 AM - 11:00 AM Spectator Ticket Sales
7:00 AM Stands Opens for Spectators
7:15 AM Officials and Timers Meeting & Officials Check-in
Events Center - Rm 1
7:30 AM - 10:00 AM Time Trial Table Open
8:00 AM Relay Table Open
8:15 AM Clear Pool & Devotion and National Anthem

8:30 AM

PRELIMS START

4:00 PM

4:00 PM Pool Opens for Finals Warm-up
4:00 PM - 7:00 PM Spectator Pre-order Ticket Pick up
4:00 PM - 7:00 PM Spectator Ticket Sales
4:00 PM Stands Opens for Spectators
4:15 PM Officials and Timers Meeting - Events Center - Room 1
5:00 PM Relay Table Open
5:00 PM Clear Pool & Devotion and National Anthem
5:10 PM
5:15 PM
8:30 PM

EVENING – DAY 5

Pool Opens for Finals Warm-up
Spectator Pre-order Ticket Pick up
Spectator Ticket Sales
Stands Opens for Spectators
Officials and Timers Meeting - Events Center - Room 1
Relay Table Open
Clear Pool & Devotion and National Anthem
Coach of the Meet Award
FINALS START WITH C, B, A HEATS
Estimated Session End Time



YMCA of USA

TRAVEL ASSISTANCE

YMCA Swimming and Diving

Due to our commitment to youth development, healthy living, and social responsibility, the YMCA of the USA provided \$4500 for the travel expenses of 8 Long Course Y-National qualifiers. The YMCA has granted \$72,500 to 76 swimmers since 2012.

The travel assistance committee wants to make sure that swimmer athletes can participate at the national level regardless of their financial status.

Swimmers must be receiving financial support from their local YMCA, and a letter of request detailing the circumstances for the travel assistance must be submitted by the team coach and signed by the Local Y executive. The maximum allocation is \$600. This funding is available for both Short and Long Course National Championships.

These following personal testimonials demonstrate the need and value of this program.

"I want to thank you for supporting me in competing at Y Nationals. I have incredible coaches who have been role models for me and my other team members."

"Without a doubt, it is one of the most memorable and impacting experiences of my life."

"The amount of excitement felt on the pool deck during this meet is something special that cannot be replaced. It is a tremendous honor. Thank you for funding my passion!"

The Travel Assistance Committee is very proud of the number of the swimmers served and we want to make sure that the Y swimming community is aware of this program and will share it with athletes who could possibly benefit from this funding opportunity. The information is posted on the Y Nat swimming site in advance of the meets.

YMCA Long Course Championship

History of Team Results

Women

2016	Hickory	336	Countryside	294	Wilton	290
2015	Middle Tyger	498.5	Triangle Area	284	NW N Carolina	206.5
2014	Triangle Area	381	Countryside	372.5	York	343
2013	Middle Tyger	806	Triangle Area	519	Somerset Valley	436
2012	Middle Tyger	746	Wilton	491.5	Triangle Area	427.5
2011	Middle Tyger	666	Wilton	473	Grtr Holyoke	426
2010	Middle Tyger	424	Wilton	417	Countryside	275.5
2009	Middle Tyger	616	Wilton	286	West Shore	267
2008	West Shore	466	Middle Tyger	452.5	Cheshire	282.5
2007	Middle Tyger	482	Farmington	314	Countryside	237

Men

2016	Wilton	457	UpperMainLine	394	Cheshire	288.5
2015	Wilton	470.5	Cheshire	403	Red Bank	310
2014	Wilton	362	Countryside	358	Ocean County	339.5
2013	Wilton	638	Middle Tyger	499	Somerset Valley	493.5
2012	Triangle Area	484	Wilton	466.5	UpperMainLine	452
2011	Middle Tyger	618	UpperMainLine	377	Cheshire	364
2010	Wilton	415	UpperMainLine	410.50	Countryside	232
2009	UpperMainLine	268	Red Bank	286	Wilton	236
2008	Middle Tyger	440.50	Countryside	327	Cheshire	321
2007	Middle Tyger	540	Countryside	361	New Canaan	308

Combined

2016	Wilton	747	Cheshire	547.5	Countryside	540
2015	Middle Tyger	739.5	Wilton	608.5	Cheshire	587
2014	Countryside	730.5	Triangle Area	666	Wilton	664
2013	Middle Tyger	1305	Triangle Area	999.5	Somerset Valley	929.5
2012	Middle Tyger	1161.5	Wilton	958	Triangle Area	911.5
2011	Middle Tyger	1284	Sarasota	659	UpperMainLine	647
2010	Wilton	832	Upper Main Line	610	Middle Tyger	573
2009	Middle Tyger	817	Wilton	522	UpperMainLine	497
2008	Middle Tyger	893	West Shore	691	Cheshire	603.5
2007	Middle Tyger	1022	Countryside	598	New Canaan	434

Event 401

Women 400 LC Meter Freestyle

National Record

4:16.64 Leah Braswell
York & York County-PA, 2014



Defending Champion
Leah Braswell - 4:17.76
York and York County YMCA

Year	Name	Association	Time
2016	Leah Braswell	York & York County YMCA	4:17.76
2015	Abbey Erwin	Downtown Boise Family	4:19.63
2014	Leah Braswell	York & York County YMCA	4:16.64
2013	Caitlynn Moon	Kishwaukee Family YMCA	4:20.60
2012	Haley Lips	Middle Tyger YMCA	4:17.56
2011	Emily Launer	Kishwaukee YMCA	4:19.65
2010	Shelby Fortin	Wilton YMCA	4:20.13
2009	Laura Simon	Middle Tyger YMCA	4:22.31
2008	Kelly Ann Baird	Winston Salem YMCA	
2007	Caroline Smith	Winston Salem YMCA	4:19.90

Event 402

Men 400 LC Meter Freestyle

National Record

3:58.37 Hank Siefert
Coffman Family-OH, 2015



Defending Champions
Karl Bishop, Cheshire - 3:58.90
Ross Dant, Hickory Family – 3:58.90

Year	Name	Association	Time
2016	Karl Bishop	Cheshire YMCA	3:58.90
	Ross Dant	Hickory Family YMCA	3:58.90
2015	Hank Siefert	Coffman Family YMCA	3:58.37
2014	Grant House	Countryside YMCA	3:58.69
2013	Sava Turcanu	Hickory Foundation YMCA	4:00.63
2012	Justin Kaisrlik	Central Florida Metro	4:02.89
2011	Sean Monahan	M. E. Lyons YMCA	4:02.83
2010	Robby Harder	Wilton YMCA	4:06.46
2009	Ty Perkins	South Family YMCA	4:05.04
2008	Travis McNamara	Cheshire YMCA	4:03.24
2007	Travis McNamara	Cheshire YMCA	4:05.97

Event 403

Women 50 LC Meter Butterfly

National Record

27.27 Becca Weiland
Stevens Point Area YMCA, 2009



Defending Champion
Megan Sichterman – 27.40
Countryside YMCA

Year	Name	Association	Time
2016	Megan Sichterman	Countryside YMCA	27.40
2015	Caitlin Tycz	Bath Area Family YMCA	27.82
2014	Maddie Zimmerman	Upper Main Line YMCA	28.00
2013	Maddie Zimmerman	Upper Main Line YMCA	27.40
2012	Courtney Weaver	Greater Flint YMCA	27.47
2011	Courtney Weaver	Greater Flint YMCA	28.05
2010	Emily Lloyd	Anne Arundel	28.02
2009	Becca Weiland	Stevens Point YMCA	27.27
2008	Heather Savage	Canandaigua YMCA	28.56
2007	MACKENZIE Powers	Kishwaukee YMCA	28.75

Event 404

Men 50 LC Meter Butterfly

National Record

24.18 Tim Phillips
Marietta YMCA, 2009



Defending Champion
Dominic Poletta – 25.16
Green Family YMCA

Year	Name	Association	Time
2016	Dominic Poletta	Green Family YMCA	25.16
2015	Joseph Delbuono	Somerset Valley YMCA	25.58
2014	Brad Zdroik	Somerset Valley YMCA	25.33
2013	Michael Skibniewski	Western Monmouth Co.	25.42
2012	Eric Lethander	Powell Crosley YMCA	25.29
	Joe Bonk	Triangle Area YMCA	25.29
2011	Eric Forrester	Mon Valley YMCA	25.54
2010	Matthew Salig	Upper Main Line YMCA	25.43
2009	Tim Phillips	Marietta YMCA	24.18
2008	Alex Smit	Countryside YMCA	25.56
2007	Andrew Stoker	Upper Main Line YMCA	26.23

Event 405

Women 100 LC Meter Breaststroke

National Record

1:11.26 KC Moss Wilton-CT, 2009
Savanna Faulconer M. Tyger-SC, 2013



Defending Champion
Cha O'Leary - 1:11.58
Montclair YMCA

Year	Name	Association	Time
2016	Cha O'Leary	Montclair YMCA	1:11.58
2015	Cha O'Leary	Montclair YMCA	1:12.65
2014	Alyssa Arwood	Western North Carolina	1:11.68
2013	Savanna Faulconer	Middle Tyger YMCA	1:11.26
2012	Olivia Ontjes	Triangle Area YMCA	1:12.90
2011	Kayla Brumbaum	Rappahannock YMCA	1:11.94
2010	Emily Weir	Wilton Family YMCA	1:12.09
2009	KC Moss	Wilton Family YMCA	1:11.89
2008	Stephanie Conklin	Blue Ash YMCA	1:12.64
2007	Lindsey Graessle	Countryside Ralph Stolle	1:12.71

Event 406

Men 100 LC Meter Breaststroke

National Record

1:02.80 Eric Ronda
Wilton-CT, 2013



Defending Champion
Max McHugh - 1:04.28
Door County YMCA

Year	Name	Association	Time
2016	Max McHugh	Door County YMCA	1:04.28
2015	Jacob Limaldi	Red Bank Branch YMCA	1:04.48
2014	Zack Warner	Somerset Valley YMCA	1:02.94
2013	Eric Ronda	Wilton YMCA	1:02.80
2012	Eric Ronda	Wilton YMCA	1:04.38
2011	Harrison Cefalo	Red Bank Branch YMCA	1:06.30
2010	Sean Johnson	Somerset Valley YMCA	1:05.78
2009	Harrison Cefalo	Red Bank Branch YMCA	1:05.47
2008	Austin Mizzell	Cheshire YMCA	1:05.53
2007	Justin Farra	Countryside Ralph Stolle	1:07.00

Event 407

Women 50 LC Meter Freestyle

National Record

25.65 Katrina Konopka
Middle Tyger-SC, 2015



Defending Champion
Ky-lee Perry – 25.87
Wilton YMCA

Year	Name	Association	Time
2016	Ky-lee Perry	Wilton YMCA	25.87
2015	Katrina Konopka	Middle Tyger YMCA	25.70
2014	Ky-lee Perry	Wilton YMCA	25.95
2013	Katrina Konopka	Middle Tyger YMCA	25.84
2012	Jenna Immormino	Somerset Hills	26.43
2011	Katrina Konopka	Middle Tyger YMCA	26.35
2010	Emily Lloyd	Anne Arundel YMCA	25.82
2009	Emily Lloyd	Anne Arundel YMCA	25.74
2008	Emily Lloyd	Anne Arundel YMCA	26.25
2007	Emily Lloyd	Anne Arundel YMCA	26.69

Event 408

Men 50 LC Meter Freestyle

National Record

22.82 Joe Bonk
Triangle Area-NC, 2012



Defending Champion
Hugo Sykes – 23.53
Wilton YMCA

Year	Name	Association	Time
2016	Hugo Sykes	Wilton YMCA	23.53
2015	Zach Apple	Greater Miami Valley YMCA	23.04
2014	Colin Ellington	Triangle Area YMCA	23.37
2013	Robert Borowicz	Middle Tyger YMCA	23.60
2012	Joe Bonk	Triangle Area YMCA	23.02
2011	Jack Forese	New Canaan YMCA	23.79
2010	Tim Squires	Elkins YMCA	23.15
2009	James Wells	Bath Area Family YMCA	24.11
2008	Evan Reed	Upper Main Line YMCA	23.66
2007	Collin Ohning	Middle Tyger YMCA	24.35

Event 409

Women 800 LC Meter Freestyle Relay

National Record

8:20.61 Middle Tyger YMCA
Middle Tyger YMCA-SC, 2012



Defending Champion

Hickory Foundation YMCA– 8:23.68
Faith Hefner, Madison Murtagh,
Sophia Cherkez, Anna Durak

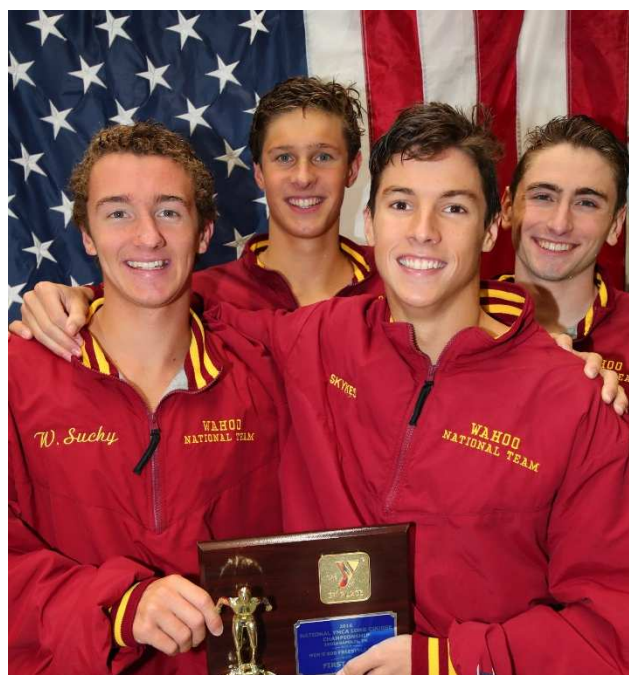
Year	Association	Time
2016	Hickory Foundation YMCA	8:23.68
2015	Middle Tyger YMCA	8:22.54
2014	Triangle Area YMCA	8:21.82
2013	Triangle Area YMCA	8:26.89
2012	Middle Tyger YMCA	8:20.61
2011	Wilton YMCA	8:33.48
2010	West Shore YMCA	8:38.94
2009	Middle Tyger YMCA	8:28.90
2008	West Shore YMCA	8:29.28
2007	Middle Tyger YMCA	8:35.84

Event 410

Men 800 LC Meter Freestyle Relay

National Record

7:39.91 Countryside YMCA
Countryside-OH, 2014



Defending Champion

Wilton Family – 7:42.78
Robby Giller, Will Suchy,
Lexo Walker, Hugo Sykes

Year	Association	Time
2016	Wilton Family YMCA	7:42.78
2015	Wilton Family YMCA	7:43.17
2014	Countryside YMCA	7:39.91
2013	Middle Tyger YMCA	7:45.93
2012	Triangle Area YMCA	7:44.53
2011	Middle Tyger YMCA	7:45.59
2010	Upper Main Line YMCA	7:53.49
2009	Upper Main Line YMCA	7:49.21
2008	Middle Tyger YMCA	7:52.27
2007	Middle Tyger YMCA	7:55.79

2017 LCY Nationals, Sanction #: NC17127AP

July 31- August 4, 2017

Meet Program - Day 4 Prelims

Event 401 Women 400 LC Meter Freestyle

National: 4:16.64 7/29/2014 Leah Braswell				
Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Prelims Starts at 08:30 AM				
1				
2	Pehowski, Jenna	18	Rock Hill-SC	5:07.36 Y
3	Sennett, Ashley	17	Lynchburg-VA	5:07.02 Y
4	Gawronski, Dia	17	Cheshire-CT	5:06.77 Y
5	Clough, Maggie	15	Countryside-OH	5:06.87 Y
6	Peden, Rachel	16	Spartanburg-SC	5:07.13 Y
7	Manthorp, Sarah	15	UpperMainLine-PA	5:07.43 Y
8				
Heat 2 of 7 Prelims Starts at 08:35 AM				
1	Carr, Annie	17	Greensboro-NC	5:06.74 Y
2	Halloran, Maggie	18	Columbia-SC	5:06.35 Y
3	McCadden, Kristi	17	Oshkosh-WI	5:05.34 Y
4	Contino, Taylor	18	ME Lyons-OH	5:05.12 Y
5	Hastings, Grace	15	ME Lyons-OH	5:05.15 Y
6	Han, Esther	15	Cheshire-CT	5:05.98 Y
7	McCarthy, Kaitlyn	18	Red Bank - NJ	5:06.43 Y
8	Byrne, Miranda	16	LakelandHills-NJ	5:06.75 Y
Heat 3 of 7 Prelims Starts at 08:40 AM				
1	Marjamaa, Taylor	16	Red Bank - NJ	5:04.34 Y
2	Palfreyman, Grace	17	SomersetValleyNJ	5:03.61 Y
3	Rice, Kiki	18	Oshkosh-WI	5:01.95 Y
4	Nalls, Madison	17	York-PA	4:57.84 Y
5	Reistroffer, Rachel	17	Spartanburg-SC	4:58.40 Y
6	Wright, Katie	15	Red Bank - NJ	5:02.12 Y
7	Kapostasy, Allison	17	ME Lyons-OH	5:04.21 Y
8	Roberti, Hailey	16	SomersetValleyNJ	5:04.71 Y
Heat 4 of 7 Prelims Starts at 08:45 AM				
1	Lange, Grace	15	Wilton-CT	4:36.46
2	Golden, Keri	16	Spartanburg-SC	4:36.35
3	Paige, Addie	17	Ridgewood-NJ	4:35.71
4	Stevens, Julia	14	Cheshire-CT	4:35.27
5	Mendonca, Kayla	14	Soundview-CT	4:35.67
6	Leko, Mia	17	Cheshire-CT	4:36.30
7	Hathaway, Meagan	17	North Shore-MA	4:36.38
8	Shores, Maly	18	Hickory -NC	4:36.91
Heat 5 of 7 Prelims Starts at 08:49 AM				
1	French, Meghan	16	York-PA	4:34.66
2	Long, Camille	18	W.North Carolina	4:34.03
3	Glass, Megan	16	Blue Ash-OH	4:32.84
4	Meisner, Catherine	13	SomersetValleyNJ	4:32.73
5	Loughlin, Casey	15	Cheshire-CT	4:32.79
6	Rice, McKenzie	17	Countryside-OH	4:33.18
7	Arneson, Molly	14	Countryside-OH	4:34.43
8	Eckert, Ellie	15	Lynchburg-VA	4:35.08

Heat 6 of 7 Prelims Starts at 08:54 AM

1	Kauffeld, Emma	17	Wilton-CT	4:32.45
2	Tiernan, Tara	18	Cheshire-CT	4:31.26
3	Clough, Sally	18	Countryside-OH	4:27.54
4	Bull, Megan	18	SomersetValleyNJ	4:23.55
5	Welch, Nicole	17	North Shore-MA	4:25.50
6	McLaughlin, Brenna	16	Wilton-CT	4:30.00
7	Ganihanova, Aziza	15	SomersetValleyNJ	4:31.95
8	Turcanu, Nina	15	Hickory -NC	4:32.66

Heat 7 of 7 Prelims Starts at 08:59 AM

1	Neri, Christina	17	Suncoast-FL	4:31.97
2	Knorr, Emily	14	Greensboro-NC	4:30.01
3	Moellering, Meredith	16	ME Lyons-OH	4:25.97
4	Durak, Anna	17	Hickory -NC	4:22.45
5	Cherkez, Sophia	17	Hickory -NC	4:24.91
6	Buroker, Catherine	17	Wilton-CT	4:27.88
7	Dixon, Alexandra	17	Duanesburg-NY	4:31.46
8	Workman, Gail	16	ME Lyons-OH	4:32.59

Event 402 Men 400 LC Meter Freestyle

National: 3:58.37 8/6/2015 Hank Siefert				
Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Prelims Starts at 09:04 AM				
1	Hughes, Conor	17	South Shore, MA	4:45.07 Y
2	Conley, Brendan	16	ME Lyons-OH	4:44.61 Y
3	Stroh, Daniel	17	Blue Ash-OH	4:44.45 Y
4	DeLauro, Thomas	18	SomersetValleyNJ	4:44.38 Y
5	Walsh, Daniel	16	Cheshire-CT	4:44.43 Y
6	Hooker, Mason	18	Rapid Area-MI	4:44.49 Y
7	Nonnenmacher, Nick	17	Wilton-CT	4:44.99 Y
8				
Heat 2 of 8 Prelims Starts at 09:08 AM				
1	Wachenfeld, Dylan	17	SomersetHills-NJ	4:43.71 Y
2	Komishane, Coleman	17	North Shore-MA	4:43.54 Y
3	Ryle, Kevin	17	UpperMainLine-PA	4:43.50 Y
4	Sauls, Connor	15	Lynchburg-VA	4:43.28 Y
5	Fallon, Billy	17	SomersetHills-NJ	4:43.35 Y
6	Ward, Thomas	17	Suncoast-FL	4:43.50 Y
7	Hargrove, Noah	15	Piedmont-VA	4:43.63 Y
8	McCosh, Ethan	15	Hickory -NC	4:43.98 Y
Heat 3 of 8 Prelims Starts at 09:12 AM				
1	Pierre, Andrew	16	Butler-PA	4:42.93 Y
2	Shirk, Roanoke	15	Boyertown-PA	4:41.98 Y
3	Hussey, Reid	17	Annapolis-MD	4:40.25 Y
4	Kay, Daryl	16	Kishwaukee-IL	4:39.99 Y
5	Resweber, Will	16	RidleyArea-PA	4:40.12 Y
6	Rutz, Cameron	17	Countryside-OH	4:40.71 Y
7	Hample, Greg	17	Suncoast-FL	4:42.67 Y
8	Retterer, Paul	15	Red Bank - NJ	4:42.97 Y

2017 LCY Nationals, Sanction #: NC17127AP

July 31- August 4, 2017

Meet Program - Day 4 Prelims

Heat 4 Prelims (#402 Men 400 LC Meter Freestyle)

1	Murray, Joe	13	Alamance-NC	4:53.47
2	Song, Justin	17	Ridgewood-NJ	4:17.76
3	Falder, Nicholas	16	Western-CT	4:17.68
4	Scrivanich, Tommy	17	Wyckoff-NJ	4:17.62
5	Gordon, John Michael	16	Lynchburg-VA	4:17.68
6	Gardner, Greg	18	Brandywine-DE	4:17.69
7	Rennard, Sammy	16	Red Bank - NJ	4:17.84
8	Theobald, Austin	18	Countryside-OH	4:31.86 Y

Heat 5 of 8 Prelims Starts at 09:22 AM

1	Sartoris, Graeden	18	East Hartford-CT	4:17.44
2	Wright, Connor	17	Red Bank - NJ	4:16.81
3	Menchhofer, Erik	14	Blue Ash-OH	4:16.19
4	Baggette, Brian	18	Edwardsville-IL	4:15.65
5	Karschnik, Jonah	14	ME Lyons-OH	4:15.95
6	Fallon, Matt	14	SomersetValleyNJ	4:16.78
7	Dobson, Chet	17	Blue Ash-OH	4:17.42
8	Knorr, Ethan	16	Greensboro-NC	4:17.57

Heat 6 of 8 Prelims Starts at 09:26 AM

1	Regan, Billy	16	Western-CT	4:15.39
2	Buzdygon, Aaron	17	Brandywine-DE	4:14.74
3	Galarza, Andrew	17	MetuchenED-NJ	4:14.17
4	Brewer, Ben	17	Cheshire-CT	4:13.44
5	Weiland, Carter	16	SomersetValleyNJ	4:13.80
6	Boyer, Wyatt	17	Columbia-SC	4:14.64
7	D'Amore, Logan	15	FanwoodScotch-NJ	4:15.14
8	Lingo, Pete	18	ME Lyons-OH	4:15.43

Heat 7 of 8 Prelims Starts at 09:31 AM

1	Ryan, Erik	18	Wilton-CT	4:12.36
2	Murray, Ethan	15	Wilton-CT	4:11.09
3	Butkovich, Patrick	18	ME Lyons-OH	4:06.52
4	Siefert, Hank	18	Coffman - OH	3:59.55
5	Cohen, Josh	16	FanwoodScotch-NJ	4:05.42
6	Greenwood, Jacob	16	Chambersburg-PA	4:08.53
7	Joyce, Tim	16	Wilton-CT	4:11.49
8	Burt, Carson	18	Powel Crosley-OH	4:13.38

Heat 8 of 8 Prelims Starts at 09:35 AM

1	Steward, Gordon	16	Wilton-CT	4:12.33
2	Suchy, Will	17	Wilton-CT	4:09.92
3	Mostofi, James	18	Wilton-CT	4:06.41
4	Dant, Ross	16	Hickory -NC	3:56.60
5	Pestorius, Riley	18	SomersetValleyNJ	4:04.30
6	Lequang, Matthew	15	Hamilton Area-NJ	4:07.57
7	Leibold, Kevin	16	South Family-OH	4:11.12
8	McFadden, Logan	15	York-PA	4:13.34

Event 403 Women 50 LC Meter Butterfly

National:		27.27	7/30/2009	Becca Weiland	
Lane	Name	Age	Team	Seed Time	
Heat	1 of 14	Prelims	Starts at 09:40 AM		
1					
2					
3	Marody, Maggie	14	Wheeling-WV	30.66	Y
4	Skidmore, Lindsey	15	Spartanburg-SC	29.59	Y
5	McCartney, Makenna	18	Gr. Flint-MI	29.75	Y
6					
7					
8					
Heat	2 of 14	Prelims	Starts at 09:41 AM		
1	Elmquist, Megan	14	Gr. Flint-MI	28.33	Y
2	Hein, Sarah	17	Kishwaukee-IL	27.33	Y
3	Skellett, Alaina	18	Gr. Flint-MI	25.82	Y
4	Uhlin, Brina	15	York-PA	36.63	
5	O'Donnell, Sophie	14	Piedmont-VA	45.00	
6	Judge, Megan	16	Red Bank - NJ	26.94	Y
7	Pinnix, Omega	15	Greensboro-NC	27.96	Y
8	Moyer, Olivia	14	Wheeling-WV	29.19	Y
Heat	3 of 14	Prelims	Starts at 09:42 AM		
1	Griffith, Abbie	14	Butler-PA	33.98	
2	Elder, Maelyn	18	York-PA	33.23	
3	Weber, Anna	17	Ridgewood-OH	33.15	
4	DeMaio, Sarah	17	Annapolis-MD	33.08	
5	Wagner, Kristen	15	Waynesboro-VA	33.08	
6	Clough, Sally	18	Countryside-OH	33.20	
7	Gingerich, Marisa	18	York-PA	33.64	
8	Hann, Lily	13	LakelandHills-NJ	34.56	
Heat	4 of 14	Prelims	Starts at 09:42 AM		
1	Grenon, Samantha	16	Cheshire-CT	33.01	
2	Hardy, Sophie	12	MetuchenED-NJ	32.87	
3	Gardner, Abbey	13	Sussex County-NJ	32.78	
4	Liu, Madeleine	14	Wyckoff-NJ	32.36	
5	Bason, Elizabeth	16	Sunbury-PA	32.49	
6	Matesa, Isabella	15	Countryside-OH	32.86	
7	Tejeda, Gabriella	14	Cheshire-CT	32.97	
8	Pacelli, Sarah	16	SomersetValleyNJ	33.03	
Heat	5 of 14	Prelims	Starts at 09:43 AM		
1	Kapostasy, Allison	17	ME Lyons-OH	32.31	
2	Dunchus, Anna	17	FanwoodScotch-NJ	31.92	
3	Wujciak, Lara	14	Gr. Flint-MI	31.82	
4	O'Neil, Jenny	16	South Shore, MA	31.79	
5	Scelsa, Sarah	16	LakelandHills-NJ	31.80	
6	Dantice, Auburn	17	Anderson-SC	31.89	
7	Mora, Maile	16	Red Bank - NJ	32.05	
8	Smith, M.E.	16	South Family-OH	32.34	

2017 LCY Nationals, Sanction #: NC17127AP

July 31- August 4, 2017

Meet Program - Day 4 Prelims

Heat 6 Prelims (#403 Women 50 LC Meter Butterfly)

1	Fenton, Liz	15	SomersetHills-NJ	31.72
2	Valentine, Dominique	16	Powel Crosley-OH	31.64
3	Ally, Emily	14	Greensboro-NC	31.45
4	Slabe, Sarah	16	Countryside-OH	31.37
5	Donnelly, Kiersten	14	UpperMainLine-PA	31.45
6	Stevenson, Katie	16	Wilton-CT	31.60
7	Ehret, Erika	17	New Canaan-CT	31.69
8	Conte, Amanda	16	New Canaan-CT	31.77

Heat 7 of 14 Prelims Starts at 09:45 AM

1	Dado, Nicole	16	Red Bank - NJ	31.33
2	Bernauer, Kate	17	LakelandHills-NJ	31.29
3	Mulcahy, Brianna	17	Red Bank - NJ	31.14
4	Collier, Tara	18	Lionville-PA	31.12
5	Wilber, Emma	18	Gr.Westfield-MA	31.13
6	Meurer, Amanda	18	Western-CT	31.15
7	Thornton, Hannah	16	Western Br-DE	31.30
8	Chiu, Megan	17	SomersetHills-NJ	31.34

Heat 8 of 14 Prelims Starts at 09:46 AM

1	Burton, Piper	15	Greensboro-NC	31.09
2	Horton, Haley	18	Greensboro-NC	31.06
3	McDevitt, Elizabeth	13	Alamance-NC	31.02
4	Schaper, Macie	17	FanwoodScotch-NJ	30.93
5	Schobel, Marie	17	Red Bank - NJ	30.99
6	Piacentino, Victoria	16	Wilton-CT	31.05
7	Lesser, Hannah	16	SomersetValleyNJ	31.06
8	Peters, Evelyn	15	Rock Hill-SC	31.09

Heat 9 of 14 Prelims Starts at 09:47 AM

1	Fung, Darlene	16	FanwoodScotch-NJ	30.89
2	Fullenkamp, Nora	19	Coffman - OH	30.83
3	Hardy, Sarah	16	MetuchenED-NJ	30.77
4	Carlin, Emilee	17	Countryside-OH	30.67
5	Pappas, Erini	14	Phoenixville-PA	30.71
6	Jantausch, Lizzie	15	Lakota-OH	30.81
7	Hastings, Grace	15	ME Lyons-OH	30.88
8	Horne, Sarah	17	Wyckoff-NJ	30.90

Heat 10 of 14 Prelims Starts at 09:47 AM

1	Zebrowski, Jessica	14	Red Bank - NJ	30.46
2	Chan, Zoe	17	Ridgewood-NJ	30.32
3	Scrimizzi, Kate	18	Countryside-OH	30.32
4	Piasecki, Maddi	16	Red Bank - NJ	30.27
5	Otten, Emma	18	Countryside-OH	30.31
6	Grinder, Rollie	18	Countryside-OH	30.32
7	Do, Corina	16	SomersetValleyNJ	30.35
8	Lydzinski, Kara	18	SomersetValleyNJ	30.47

Heat 11 of 14 Prelims Starts at 09:48 AM

1	Blaakman, Makenzie	17	Spartanburg-SC	30.25
2	Hullette, Ruth	17	Hickory -NC	30.13
3	Roberts, Molly	18	Gr. Flint-MI	30.06
4	Roberti, Hailey	16	SomersetValleyNJ	29.96
5	Pringle, Laura	18	Cheshire-CT	30.04
6	Neeb, Amanda	14	Western-CT	30.11
7	Sullivan, Mac	13	UpperMainLine-PA	30.20
8	Berloco, Abbey	17	Hamilton Area-NJ	30.26

Heat 12 of 14 Prelims Starts at 09:49 AM

1	Farrell, Peyton	15	Coffman - OH	29.84
2	Moellering, Meredith	16	ME Lyons-OH	29.43
3	Blake, Kelly	18	Western Br-DE	28.98
4	Hansen, Ginger	16	Red Bank - NJ	28.32
5	Manson, Kyra	18	SomersetHills-NJ	28.79
6	Newnam, Anna	17	W.North Carolina	29.11
7	Ireland, Victoria	15	Red Bank - NJ	29.51
8	Frazier, Erika	17	FanwoodScotch-NJ	29.86

Heat 13 of 14 Prelims Starts at 09:50 AM

1	Hart, Madeline	15	ME Lyons-OH	29.84
2	Sealander, Ava	16	Down East-ME	29.27
3	Laurita, Mary	18	LakelandHills-NJ	28.93
4	Burzynski, Monika	16	FanwoodScotch-NJ	28.00
5	Glass, Megan	16	Blue Ash-OH	28.35
6	Apathy, Caroline	19	UpperMainLine-PA	29.02
7	Maizes, Rachel	17	FanwoodScotch-NJ	29.49
8	Marzolf, Mallory	18	Butler-PA	29.85

Heat 14 of 14 Prelims Starts at 09:51 AM

1	Harper, Olivia	15	Bath Area-ME	29.70
2	Reilly, Maggie	15	LakelandHills-NJ	29.18
3	Faria, Alexis	17	LakelandHills-NJ	28.82
4	Sichterman, Megan	18	Countryside-OH	27.40
5	Buchmaier, Felicity	17	Rapid Area-MI	28.33
6	Gallamore, Natalie	18	Gr. Flint-MI	28.99
7	Tolan, Ann	18	Bath Area-ME	29.48
8	Torrens, Jordyn	17	ME Lyons-OH	29.85

Event 404 Men 50 LC Meter Butterfly

National:		24.18	7/30/2009	Tim Phillips
Lane	Name	Age	Team	Seed Time

Heat 1 of 12 Prelims Starts at 09:52 AM

1				
2	McLean, Spencer	16	Western-CT	29.84 Y
3	Smith, Luke	16	Spartanburg-SC	26.33 Y
4	Brown, Oliver	17	UpperMainLine-PA	26.22 Y
5	Yang, Nicholas	18	Brandywine-DE	26.30 Y
6	Timko, Ethan	17	ME Lyons-OH	27.33 Y
7	Eckels, Evan	14	Hamilton Area-NJ	NT
8				

Heat 2 of 12 Prelims Starts at 09:52 AM

1	Hooker, Mason	18	Rapid Area-MI	26.09 Y
2	Scornavacca, Mike	15	LakelandHills-NJ	24.76 Y
3	Luciano, Matthew	19	LakelandHills-NJ	22.94 Y
4	Cox, Miles	15	York-PA	34.36
5	Zmetrovich, Oliver	17	North Shore-MA	37.00
6	Braun, Nathan	16	Kishwaukee-IL	24.27 Y
7	Zhou, Conway	15	New Canaan-CT	25.50 Y
8	Prewette, Jake	17	Spartanburg-SC	26.15 Y

2017 LCY Nationals, Sanction #: NC17127AP

July 31- August 4, 2017

Meet Program - Day 4 Prelims

Heat 3 Prelims (#404 Men 50 LC Meter Butterfly)

1	Speed, Cameron	15	York-PA	33.21
2	Adams, Hunter	14	Red Bank - NJ	31.70
3	Pong, CJ	15	Chambersburg-PA	30.77
4	Paul, Jack	14	Wyckoff-NJ	30.61
5	Widenhofer, Eric	16	Ridgewood-OH	30.74
6	Bachman, Griffin	17	Powel Crosley-OH	31.43
7	Murray, Joe	13	Alamance-NC	32.44
8	Liu, NingNing	17	York-PA	33.64

Heat 4 of 12 Prelims Starts at 09:54 AM

1	Fatta, Alec	16	York-PA	30.45
2	Williams, Nathan	16	Columbia-SC	30.27
3	Kosydar, Derek	17	SomersetValleyNJ	29.88
4	Schonfelder, Sutton	17	Lynchburg-VA	29.63
5	Gamper, Andrew	14	Wyckoff-NJ	29.87
6	Miller, Owen	15	U Perkiomen-PA	30.08
7	Hughes, Conor	17	South Shore, MA	30.42
8	Eldrenkamp, Corby	16	FanwoodScotch-NJ	30.59

Heat 5 of 12 Prelims Starts at 09:55 AM

1	Johnson, Aj	13	W.North Carolina	29.18
2	Goggin, Brian	17	Cheshire-CT	28.92
3	Anderson, Tim	15	Wyckoff-NJ	28.89
4	Zwilmeyer, Matt	17	Western Br-DE	28.71
5	Conley, Brendan	16	ME Lyons-OH	28.72
6	Wise, Calvin	15	Springfield-OH	28.92
7	Titterton, Matthew	17	East Hartford-CT	29.14
8	Naylor, Brandon	15	Lynchburg-VA	29.58

Heat 6 of 12 Prelims Starts at 09:56 AM

1	Ryan, Erik	18	Wilton-CT	28.53
2	Hoem, Brennan	16	Oshkosh-WI	28.46
3	Orozco, Mitch	17	Miami County-OH	28.41
4	Hier, C.J.	15	Rapid Area-MI	28.38
5	Bugianesi, Ryan	17	SomersetValleyNJ	28.40
6	Schmelzer, Luke	16	ME Lyons-OH	28.42
7	Curtiss, David	15	Tri-Hampton-PA	28.46
8	Maldonado, Dimitri	17	Red Bank - NJ	28.69

Heat 7 of 12 Prelims Starts at 09:57 AM

1	Valentine, Isaiah	16	Powel Crosley-OH	28.34
2	Om, Joe	17	LakelandHills-NJ	28.31
3	Hewitt, CJ	17	SomersetValleyNJ	28.23
4	Quint, Logan	19	Orlando-FL	28.22
5	Russano, Trent	14	SomersetHills-NJ	28.23
6	Tye, Oliver	15	Boyertown-PA	28.30
7	Stauffer, John	18	SomersetValleyNJ	28.33
8	McCord, Garrett	15	Rock Hill-SC	28.36

Heat 8 of 12 Prelims Starts at 09:57 AM

1	Rutz, Cameron	17	Countryside-OH	28.11
2	Horkan, Michael	14	Wyckoff-NJ	28.11
3	Cromie, Tommy	17	SomersetHills-NJ	28.03
4	Stafford, Jake	16	Frederick-MD	27.90
5	Doran, Sean	16	SomersetValleyNJ	28.01
6	Park, Julian	16	FanwoodScotch-NJ	28.10
7	Lingo, Pete	18	ME Lyons-OH	28.11
8	Curtis, Bailey	19	Gr. Flint-MI	28.17

Heat 9 of 12 Prelims Starts at 09:58 AM

1	Paxton, Luke	14	Powel Crosley-OH	27.87
2	McCosh, Ethan	15	Hickory -NC	27.82
3	Kelley, Jimmy	18	ME Lyons-OH	27.72
4	Shimada, Tyler	17	Leaning Tower-IL	27.68
5	Burge, Ethan	15	Newberry-SC	27.69
6	Fenton, Roo	16	SomersetHills-NJ	27.74
7	Mirsaderov, Nik	18	Suncoast-FL	27.84
8	Dobson, Chet	17	Blue Ash-OH	27.87

Heat 10 of 12 Prelims Starts at 09:59 AM

1	Prugh, JC	17	Countryside-OH	27.57
2	Chang, Matthew	17	Red Bank - NJ	27.42
3	May, David	17	Cheshire-CT	26.78
4	Oconnor, Vinnie	18	Edwardsville-IL	26.23
5	McMurray, Keaton	16	AuglaizeMercerOH	26.70
6	Walther, Max	17	Red Bank - NJ	27.04
7	Karschnik, Jonah	14	ME Lyons-OH	27.49
8	Schwieterman, Will	18	Powel Crosley-OH	27.60

Heat 11 of 12 Prelims Starts at 10:00 AM

1	Carlucci, Sean	17	MetuchenED-NJ	27.51
2	Park, Joseph	18	Leaning Tower-IL	27.41
3	Trentalange, Richard	15	Red Bank - NJ	26.78
4	Burns, Brendan	16	UpperMainLine-PA	26.08
5	Puglessi, Ben	17	Rapid Area-MI	26.51
6	Jurell, Holden	17	Powel Crosley-OH	26.88
7	Burt, Carson	18	Powel Crosley-OH	27.45
8	Byrd, Bryan	16	Western Br-DE	27.58

Heat 12 of 12 Prelims Starts at 10:00 AM

1	Saddoud, Maurilio	16	Rock Hill-SC	27.50
2	Donnells, Carter	17	ME Lyons-OH	27.25
3	Pressly, John	18	Frederick-MD	26.71
4	Shilts, Alex	16	Champaign-IL	25.88
5	Pestorius, Riley	18	SomersetValleyNJ	26.46
6	Daniel, Colin	17	Westfield-NJ	26.86
7	Losee, KJ	15	Rapid Area-MI	27.45
8	Herfel, Garrison	18	Powel Crosley-OH	27.58

Event 405 Women 100 LC Meter Breaststroke**National: 1:11.26 7/31/2009 KC Moss****Lane Name Age Team Seed Time****Heat 1 of 12 Prelims Starts at 10:01 AM**

1				
2				
3	D'Allegro, Allie	15	SomersetValleyNJ	1:08.11 Y
4	Fleenor, Anna Clare	15	Salem-VA	1:07.88 Y
5	Childress, Kelsey	18	Lynchburg-VA	1:08.03 Y
6				
7				
8				

2017 LCY Nationals, Sanction #: NC17127AP

July 31- August 4, 2017

Meet Program - Day 4 Prelims

Heat 2 Prelims (#405 Women 100 LC Meter Breaststroke)

1	Noble, Grace	14	UpperMainLine-PA	1:07.84 Y
2	Golden, Kelsey	16	Spartanburg-SC	1:07.71 Y
3	Hofmann, Riley	17	Rapid Area-MI	1:07.66 Y
4	Aguanno, Isabella	13	Ocean County-NJ	1:07.61 Y
5	Shafritz, Skylar	16	Red Bank - NJ	1:07.64 Y
6	Mowad, Maddy	17	Cheshire-CT	1:07.68 Y
7	Hines, Audrey	14	Rock Hill-SC	1:07.72 Y
8	Garretson, Brooke	14	Tri-Hampton-PA	1:07.86 Y

Heat 3 of 12 Prelims Starts at 10:04 AM

1	Rice, Caroline	15	Countryside-OH	1:07.53 Y
2	Chau, Jessica	18	Ridgewood-NJ	1:07.39 Y
3	DeBow, Lanna	16	Blue Ash-OH	1:07.30 Y
4	Fuerbacher, Morgan	15	Red Bank - NJ	1:07.17 Y
5	Sutter, Olivia	15	W.North Carolina	1:07.20 Y
6	McCarthy, Kaitlyn	18	Red Bank - NJ	1:07.36 Y
7	Knotts, Kellie	15	Powel Crosley-OH	1:07.52 Y
8	Lechner, Ashleigh	17	W.North Carolina	1:07.60 Y

Heat 4 of 12 Prelims Starts at 10:06 AM

1	Wootton, Amelia	18	Western-CT	1:07.07 Y
2	Harshaw, Anna	15	Greensboro-NC	1:07.05 Y
3	Joyce, Alaina	17	Greensboro-NC	1:06.87 Y
4	Huang, Avery	12	Piedmont-VA	1:06.79 Y
5	Cooper, Katie	17	SomersetValleyNJ	1:06.86 Y
6	Snyder, Jessica	16	SomersetHills-NJ	1:07.02 Y
7	Herman, Alison	17	SomersetValleyNJ	1:07.05 Y
8	Butterfield, Morgan	18	Countryside-OH	1:07.14 Y

Heat 5 of 12 Prelims Starts at 10:07 AM

1	Fraser, Coco	15	LakelandHills-NJ	1:06.68 Y
2	Byers, Sarah Grace	16	Spartanburg-SC	1:06.47 Y
3	Plogger, Lexi	16	Lynchburg-VA	1:06.32 Y
4	Greene, Sara	15	Rock Hill-SC	1:05.86 Y
5	Thompson, Kelsey	14	LakelandHills-NJ	1:06.09 Y
6	Ty, Allyson	17	Andover-MA	1:06.35 Y
7	Burton, Piper	15	Greensboro-NC	1:06.49 Y
8	Mutter, Meredith	15	UpperMainLine-PA	1:06.73 Y

Heat 6 of 12 Prelims Starts at 10:08 AM

1	Cardona, Caylie	17	Red Bank - NJ	1:18.99
2	Gilliland, Virginia	17	Greensboro-NC	1:18.96
3	Breay, Madeline	17	Rapid Area-MI	1:18.91
4	Tepe, Kerry	18	Powel Crosley-OH	1:18.44
5	Holderfield, Taylor	15	Leaning Tower-IL	1:18.66
6	DelPrete, Olivia	13	Hamilton Area-NJ	1:18.94
7	Rypkema, Anneliese	15	Columbia-SC	1:18.96
8	Nelson, Olivia	17	Duanesburg-NY	1:05.63 Y

Heat 7 of 12 Prelims Starts at 10:10 AM

1	Shuppert, Emma	16	Blue Ash-OH	1:18.37
2	Fenton, Liz	15	SomersetHills-NJ	1:18.35
3	Campbell, McKenzie	16	Greensboro-NC	1:18.12
4	McCracken, Sydney	14	Kennett-PA	1:17.89
5	Arwood, Fiona	14	W.North Carolina	1:18.05
6	Mendelson, Emily	18	Western-CT	1:18.29
7	Wager, Amanda	16	North Shore-MA	1:18.35
8	Hastings, Liela	15	Wilton-CT	1:18.38

Heat 8 of 12 Prelims Starts at 10:11 AM

1	Shaughnessy, Emma	14	Red Bank - NJ	1:17.86
2	Harnish, Meaghan	13	York-PA	1:17.84
3	Horton, Bridget	18	Wyckoff-NJ	1:17.76
4	Maizes, Rachel	17	FanwoodScotch-NJ	1:17.75
5	Enneking, Tara	16	Lynchburg-VA	1:17.76
6	Schellenboom, Jessica	15	Rapid Area-MI	1:17.82
7	Lumino, Sophia	16	North Shore-MA	1:17.85
8	Dunnigan, Lilia	16	FarmingtonVal-CT	1:17.89

Heat 9 of 12 Prelims Starts at 10:13 AM

1	Weinstein, Anna	15	Western-CT	1:17.67
2	Spade, Avery	13	Andover-KS	1:17.52
3	Mullally, Gabriella	17	Oshkosh-WI	1:17.39
4	Sunseri, Mia	14	Wheeling-WV	1:17.28
5	Trotter, Hailee	16	Powel Crosley-OH	1:17.36
6	DiGiorgio, Abigail	13	FanwoodScotch-NJ	1:17.45
7	Cabiling, Tara	16	Suncoast-FL	1:17.53
8	Foltz, Grace	16	Fayette-IL	1:17.73

Heat 10 of 12 Prelims Starts at 10:14 AM

1	Marlow, Alex	16	UpperMainLine-PA	1:16.85
2	Gass, Claire	15	AuglaizeMercerOH	1:15.84
3	Hunt, Megan	18	York-PA	1:14.99
4	Kurtz, Lily	18	Cheshire-CT	1:13.88
5	Zukowski, Brooke	18	Butler-PA	1:14.71
6	Boyer, Elizabeth	17	Cheshire-CT	1:15.34
7	Holmquist, Ellen	15	Wilton-CT	1:16.05
8	Nappi, Julia	14	Red Bank - NJ	1:17.09

Heat 11 of 12 Prelims Starts at 10:16 AM

1	McMurray, Jessie	15	York-PA	1:16.57
2	DiBetta, Casadie	13	Wheeling-WV	1:15.68
3	Koenig, Sarah	13	South County-FL	1:14.97
4	Mudry, Vivian	14	Soundview-CT	1:13.71
5	Gebel, Alex	18	SomersetValleyNJ	1:14.63
6	Eisenhauer, Victoria	15	LakelandHills-NJ	1:15.15
7	Tray, Zoe	14	Cheshire-CT	1:16.03
8	D'Allegro, Michelle	17	SomersetValleyNJ	1:17.04

Heat 12 of 12 Prelims Starts at 10:17 AM

1	Martin, Anna	17	Ridgewood-OH	1:16.32
2	Golden, Keri	16	Spartanburg-SC	1:15.40
3	Blakesley, Madison	17	Michiana-IN	1:14.72
4	Colwell, Lizzy	17	New Canaan-CT	1:12.84
5	Overbey, Kate	16	ME Lyons-OH	1:14.39
6	Austin, Tori	17	South Shore, MA	1:15.13
7	McQueary, Gracyn	18	ME Lyons-OH	1:15.88
8	Gesse, Eliza	15	Greensboro-NC	1:17.00

2017 LCY Nationals, Sanction #: NC17127AP

July 31- August 4, 2017

Meet Program - Day 4 Prelims

Event 406 Men 100 LC Meter Breaststroke

National: 1:02.80 8/2/2013 Eric Ronda				
Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Prelims Starts at 10:19 AM				
1	Zhang, William	17	LakelandHills-NJ	1:01.08 Y
2	Joyce, Joseph	16	South County-FL	1:01.02 Y
3	Huff, Carson	17	UpperMainLine-PA	1:01.00 Y
4	Wise, Calvin	15	Springfield-OH	1:00.96 Y
5	Cave, Nick	17	UpperMainLine-PA	1:00.98 Y
6	Lane, Aidan	17	Bayside-RI	1:01.01 Y
7	Preston, Cody	18	Jennersville-PA	1:01.06 Y
8				
Heat 2 of 13 Prelims Starts at 10:20 AM				
1	Don, Jamie	14	Ridgewood-NJ	1:00.67 Y
2	Brooks, Joesph	16	Spartanburg-SC	1:00.65 Y
3	Trentalange, Richard	15	Red Bank - NJ	1:00.51 Y
4	Wade, George	15	SomersetValleyNJ	1:00.36 Y
5	Cannata, Joey	16	Cheshire-CT	1:00.46 Y
6	Li, Chris	18	North Shore-MA	1:00.52 Y
7	Schober, Michael	15	Ocean County-NJ	1:00.66 Y
8	Zhou, Evan	16	UpperMainLine-PA	1:00.85 Y
Heat 3 of 13 Prelims Starts at 10:21 AM				
1	Smith, Colton	16	Andover-KS	1:00.02 Y
2	Jann, Christian	18	Spartanburg-SC	59.02 Y
3	Mood, Collin	17	Frederick-MD	1:12.39
4	Nguyen, Ryan	18	Cheshire-CT	1:12.25
5	Wu, Christopher	16	Cheshire-CT	1:12.35
6	May, David	17	Cheshire-CT	56.69 Y
7	Burke, Ryan	16	Red Bank - NJ	59.25 Y
8	Kinkema, Connor	17	Martinsville-VA	1:00.13 Y
Heat 4 of 13 Prelims Starts at 10:23 AM				
1	Yu, Andrew	16	Wilton-CT	1:12.24
2	Pittman, Zander	17	Goldsboro-NC	1:12.22
3	Enderle, Ben	17	Powel Crosley-OH	1:12.19
4	Hawkins, Ben	15	Columbia-SC	1:12.15
5	Young, Jake	15	Countryside-OH	1:12.16
6	Frantz, Colton	13	South County-FL	1:12.20
7	Zhang, Christopher	17	Darien-CT	1:12.24
8	Williamson, Patrick	16	Western Br-DE	1:12.25
Heat 5 of 13 Prelims Starts at 10:24 AM				
1	Marusko, Ben	17	Countryside-OH	1:12.09
2	Coughlin, Brian	16	Wyckoff-NJ	1:12.06
3	Mikadze, Luka	16	Ridgewood-NJ	1:12.02
4	Aune, Brock	15	Door County-WI	1:11.97
5	Tarquin, James	17	Orlando-FL	1:11.99
6	Kronheimer, Zachary	17	FanwoodScotch-NJ	1:12.03
7	Ni, John	17	Wyckoff-NJ	1:12.07
8	Krause, Hayden	18	Countryside-OH	1:12.15

Heat 6 of 13 Prelims Starts at 10:26 AM

1	Dupree, Benjamin	15	Red Bank - NJ	1:11.88
2	Dressler, Michael	16	Frederick-MD	1:11.86
3	Chan, Matthew	17	Hamilton Area-NJ	1:11.84
4	Hess, Brian	17	Bath Area-ME	1:11.79
5	Villa, Sebastian	15	South Family-OH	1:11.82
6	Thomas, Riley	14	York-PA	1:11.85
7	Zahorec, Zach	14	Spartanburg-SC	1:11.87
8	Xu, Andy	14	Spartanburg-SC	1:11.95

Heat 7 of 13 Prelims Starts at 10:27 AM

1	Newi, Harrison	14	South County-FL	1:11.70
2	Onoszko, Oscar	18	Rock Hill-SC	1:11.56
3	Wilson, Matt	17	Rapid Area-MI	1:11.44
4	Saddoud, Maurilio	16	Rock Hill-SC	1:11.38
5	Berger, Brandon	16	Wilton-CT	1:11.43
6	Devine, Christian	16	Hamilton Area-NJ	1:11.50
7	Daniel, Colin	17	Westfield-NJ	1:11.61
8	Walker, Christopher	17	East Hartford-CT	1:11.70

Heat 8 of 13 Prelims Starts at 10:28 AM

1	Citta, Dylan	14	Ocean County-NJ	1:11.35
2	Dovolani, Bexhet	18	Wilton-CT	1:11.28
3	Liu, Colin	15	SomersetValleyNJ	1:11.20
4	West, Joey	17	Red Bank - NJ	1:11.12
5	Wisniewski, Jack	14	Goldsboro-NC	1:11.18
6	Veit, Eric	18	South Florida-FL	1:11.24
7	Debus, Tanner	17	Rock Hill-SC	1:11.30
8	Keane, Spencer	16	Jerry Garver-OH	1:11.36

Heat 9 of 13 Prelims Starts at 10:30 AM

1	Schirra, Ian	18	Butler-PA	1:10.83
2	Geheb, Chase	17	Suncoast-FL	1:10.77
3	Alstott, David	17	Soundview-CT	1:10.65
4	Fulton, Ezekiel	18	Miami County-OH	1:10.46
5	Betances, Darien	13	FanwoodScotch-NJ	1:10.46
6	Peckmann, Alec	18	York-PA	1:10.65
7	Rash, Broden	17	FanwoodScotch-NJ	1:10.81
8	Meng, Ryan	17	Red Bank - NJ	1:11.07

Heat 10 of 13 Prelims Starts at 10:31 AM

1	Fricker, Matthew	16	LakelandHills-NJ	1:10.27
2	Foster, Sean	17	SomersetHills-NJ	1:10.13
3	Prue, Cooper	17	Gr. Flint-MI	1:10.09
4	Evers, Brandon	18	SomersetValleyNJ	1:09.74
5	Herndon, Craig	16	Greensboro-NC	1:09.75
6	Weber, Evan	16	South County-FL	1:10.12
7	Hudgins, Jacob	16	Andover-MA	1:10.13
8	Hodes, Ebran	17	Cheshire-CT	1:10.43

Heat 11 of 13 Prelims Starts at 10:32 AM

1	Dela Cruz, Dylan	16	Ocean County-NJ	1:08.98
2	Amato, Chandler	18	SomersetValleyNJ	1:08.42
3	Haller, Nicholas	18	ME Lyons-OH	1:07.22
4	Baecker, Zach	18	Coffman - OH	1:06.73
5	Cashell, Dan	17	Powel Crosley-OH	1:07.00
6	Cheruk, Noah	17	Wilton-CT	1:08.03
7	Cook, Sean	15	Ocean County-NJ	1:08.57
8	Bebel, Ryan	17	Westfield-NJ	1:09.38

2017 LCY Nationals, Sanction #: NC17127AP

July 31- August 4, 2017

Meet Program - Day 4 Prelims

Heat 12 Prelims (#406 Men 100 LC Meter Breaststroke)

1	Doyle, Ben	15	UpperMainLine-PA	1:08.97
2	Fales, Wesley	18	Wilton-CT	1:08.33
3	Baden, Noah	18	Andover-KS	1:07.16
4	Brockman, Blake	18	Powel Crosley-OH	1:06.57
5	Warren, Steven	17	Westfield-NJ	1:06.78
6	Stanek, Mitchell	18	W.North Carolina	1:07.69
7	Leibson, Charles	18	Powel Crosley-OH	1:08.45
8	Tenbarge, Luke	17	Blue Ash-OH	1:09.31

Heat 13 of 13 Prelims Starts at 10:35 AM

1	Schlehr, Teddy	18	Countryside-OH	1:08.67
2	Sun, Gary	17	LakelandHills-NJ	1:08.09
3	Otsuka, Noah	16	Andover-KS	1:07.14
4	McHugh, Maxwell	17	Door County-WI	1:03.60
5	Rus, Oliver	17	Darien-CT	1:06.74
6	Sherman, Adam	15	Powel Crosley-OH	1:07.66
7	Ruhnke, Chris	17	LakelandHills-NJ	1:08.43
8	Sun, Alex	16	York-PA	1:08.98

Event 407 Women 50 LC Meter Freestyle

National: 25.65 8/6/2015 Katrina Konopka

Lane	Name	Age	Team	Seed Time
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Heat 1 of 16 Prelims Starts at 10:36 AM

1				
2	Mahoney, Mary	15	Red Bank - NJ	24.67 Y
3	Chu, Sabrina	16	Powel Crosley-OH	24.61 Y
4	Seaton, Lindsey	17	Ashland-KY	24.55 Y
5	Carlin, Ally	17	Countryside-OH	24.56 Y
6	Horton, Haley	18	Greensboro-NC	24.63 Y
7	Lesser, Hannah	16	SomersetValleyNJ	24.68 Y
8				

Heat 2 of 16 Prelims Starts at 10:37 AM

1	Elmquist, Megan	14	Gr. Flint-MI	24.47 Y
2	McLeod, Margie	15	Bath Area-ME	24.45 Y
3	Heim, Natalie	15	Red Bank - NJ	24.38 Y
4	White, Alexandra	15	Greensboro-NC	24.31 Y
5	Grinder, Rollie	18	Countryside-OH	24.37 Y
6	McQueary, Gracyn	18	ME Lyons-OH	24.43 Y
7	Ericksen, Bryn	17	Countryside-OH	24.45 Y
8	Byrne, Miranda	16	LakelandHills-NJ	24.55 Y

Heat 3 of 16 Prelims Starts at 10:38 AM

1	Otten, Emma	18	Countryside-OH	24.29 Y
2	Schobel, Marie	17	Red Bank - NJ	24.10 Y
3	Sealander, Ava	16	Down East-ME	24.05 Y
4	Fortman, Emma	16	Blue Ash-OH	23.87 Y
5	Gingerich, Marisa	18	York-PA	23.96 Y
6	Jelley, Shannon	17	Countryside-OH	24.07 Y
7	Rickert, Marlee	15	ReadingBerks-PA	24.18 Y
8	McGann, Caroline	15	Red Bank - NJ	24.29 Y

Heat 4 of 16 Prelims Starts at 10:39 AM

1	Alexy, Kate	18	SomersetHills-NJ	27.18 S
2	Reedy, Kayla	16	York-PA	28.48
3	Carlin, Sophie	17	Countryside-OH	28.45
4	Bishop, Stephanie	14	Wilton-CT	28.44
5	Barcia, Olivia	17	FanwoodScotch-NJ	28.45
6	Toepfer, Abby	12	South Shore, MA	28.47
7	Criddle, Anne	18	Powel Crosley-OH	28.48
8	Sichterman, Megan	18	Countryside-OH	22.95 Y

Heat 5 of 16 Prelims Starts at 10:39 AM

1	Carlson, Lily	13	West Chester-PA	28.44
2	Hemp, Kerrigan	15	Andover-MA	28.43
3	Frazier, Erika	17	FanwoodScotch-NJ	28.42
4	Fleenor, Anna Clare	15	Salem-VA	28.42
5	Horne, Sarah	17	Wyckoff-NJ	28.42
6	Wargo, Ellie	18	Cheshire-CT	28.43
7	Shaw, Abby	15	Red Bank - NJ	28.43
8	Meurer, Amanda	18	Western-CT	28.44

Heat 6 of 16 Prelims Starts at 10:40 AM

1	Faria, Alexis	17	LakelandHills-NJ	28.40
2	Ardis, Kirsten	16	Ocean County-NJ	28.37
3	Curtis, Audrey	18	Greensboro-NC	28.37
4	Schellenboom, Jessica	15	Rapid Area-MI	28.36
5	D'Allegro, Allie	15	SomersetValleyNJ	28.36
6	Fisher, Kayla	13	Liberty Twp-OH	28.37
7	Manson, Kyra	18	SomersetHills-NJ	28.37
8	Maloney, Muriel	17	Westfield-NJ	28.41

Heat 7 of 16 Prelims Starts at 10:41 AM

1	Piacentino, Victoria	16	Wilton-CT	28.34
2	Brennan, Lauren	16	GreaterNashua-NH	28.32
3	Stamberger, Haley	14	Red Bank - NJ	28.32
4	Best, Avery	14	Montclair-NJ	28.31
5	Poeta, Sophia	16	UpperMainLine-PA	28.32
6	Arts, Molly	15	Wyckoff-NJ	28.32
7	Atulomah, Naiyah	16	SomersetHills-NJ	28.33
8	Shimada, Hannah	13	Leaning Tower-IL	28.34

Heat 8 of 16 Prelims Starts at 10:42 AM

1	Anbar, Isabel	16	New Canaan-CT	28.31
2	Navia, Daniella	14	Wyckoff-NJ	28.30
3	Loud, Taylor	16	Wilton-CT	28.26
4	Luckett, Leah	14	Countryside-OH	28.25
5	Sweeney, Caroline	17	New Canaan-CT	28.26
6	Mudry, Vivian	14	Soundview-CT	28.27
7	Kiely, Katie	17	LakelandHills-NJ	28.30
8	Do, Corina	16	SomersetValleyNJ	28.31

Heat 9 of 16 Prelims Starts at 10:43 AM

1	Sullivan, Mac	13	UpperMainLine-PA	28.21
2	Chandler, Aubrey	15	Rock Hill-SC	28.17
3	Dumdey, Mattea	17	GreaterNashua-NH	28.14
4	Carr, Annie	17	Greensboro-NC	28.12
5	Newell, Kennedy	14	AuglaizeMercerOH	28.13
6	Manthorp, Sarah	15	UpperMainLine-PA	28.16
7	Currie, Kirstie	16	Andover-MA	28.19
8	Baber, Corinne	18	Countryside-OH	28.23

2017 LCY Nationals, Sanction #: NC17127AP

July 31- August 4, 2017

Meet Program - Day 4 Prelims

Heat 10 Prelims (#407 Women 50 LC Meter Freestyle)

1	Javens, Devin	18	Butler-PA	28.10
2	McKean, Maddie	17	UpperMainLine-PA	28.09
3	Ginn, Meredith	17	Orlando-FL	28.08
4	Apostolu, Georgia	18	RidleyArea-PA	28.04
5	Lumino, Sophia	16	North Shore-MA	28.08
6	Fresa, Noel	15	U Perkiomen-PA	28.08
7	May, Sophie	18	Jennersville-PA	28.09
8	Stevenson, Katie	16	Wilton-CT	28.10

Heat 11 of 16 Prelims Starts at 10:44 AM

1	Matesa, Isabella	15	Countryside-OH	28.01
2	Pacelli, Sarah	16	SomersetValleyNJ	27.97
3	D'Ambrosio, Danielle	14	SomersetValleyNJ	27.95
4	Maizes, DeeDee	17	FanwoodScotch-NJ	27.92
5	Simpson, Katie	13	West Chester-PA	27.92
6	McCadden, Kristi	17	Oshkosh-WI	27.96
7	Tyler, Alexandra	14	Cheshire-CT	28.00
8	Marzolf, Mallory	18	Butler-PA	28.01

Heat 12 of 16 Prelims Starts at 10:45 AM

1	Wagner, Kristen	15	Waynesboro-VA	27.91
2	Pappalardo, Jenna	14	Ocean County-NJ	27.87
3	Ty, Allyson	17	Andover-MA	27.84
4	Blake, Kelly	18	Western Br-DE	27.74
5	Contino, Taylor	18	ME Lyons-OH	27.74
6	McEnroe, Kirsti	13	Spartanburg-SC	27.84
7	Gebel, Alex	18	SomersetValleyNJ	27.88
8	Hart, Madeline	15	ME Lyons-OH	27.92

Heat 13 of 16 Prelims Starts at 10:46 AM

1	Felton, Eleanor	17	Duanesburg-NY	27.68
2	Wilson, Emma	16	Grove City-PA	27.59
3	Laurita, Mary	18	LakelandHills-NJ	27.48
4	Reeder, Grace	16	W.North Carolina	27.45
5	Ally, Emily	14	Greensboro-NC	27.48
6	Miller, Kayla	16	Rocky Mount-NC	27.49
7	Choi, Abby	17	Wyckoff-NJ	27.59
8	Lydzinski, Kara	18	SomersetValleyNJ	27.71

Heat 14 of 16 Prelims Starts at 10:46 AM

1	Hufziger, Mary	17	Western-CT	27.34
2	Keiner, Payton	18	Powel Crosley-OH	27.11
3	Forbes, Camryn	18	Butler-PA	26.76
4	Berloco, Abbey	17	Hamilton Area-NJ	26.34
5	Fung, Darlene	16	FanwoodScotch-NJ	26.70
6	Blakesley, Madison	17	Michiana-IN	26.97
7	Hansen, Ginger	16	Red Bank - NJ	27.20
8	Rankin, Michaela	17	Ocean County-NJ	27.39

Heat 15 of 16 Prelims Starts at 10:47 AM

1	Francis, Abby	16	East Hartford-CT	27.31
2	Nalls, Madison	17	York-PA	27.09
3	Moesch, Marlise	17	FanwoodScotch-NJ	26.76
4	Grinter, Bailey	18	Edwardsville-IL	26.31
5	Petrak, Taylor	18	Butler-PA	26.62
6	Tolan, Ann	18	Bath Area-ME	26.87
7	Pinnix, Omega	15	Greensboro-NC	27.17
8	Thornton, Hannah	16	Western Br-DE	27.38

Heat 16 of 16 Prelims Starts at 10:48 AM

1	Judge, Megan	16	Red Bank - NJ	27.21
2	Sheridan, Kate	17	Wyckoff-NJ	27.04
3	Summit, Maggie	15	North Shore-MA	26.75
4	Hetrick, Paige	15	Bradford-PA	26.27
5	Fullenkamp, Nora	19	Coffman - OH	26.48
6	Curtis, Emma	18	Gr. Flint-MI	26.85
7	Farrell, Claire	18	Coffman - OH	27.13
8	Pehowski, Jenna	18	Rock Hill-SC	27.36

Event 408 Men 50 LC Meter Freestyle

National:		23.02	7/24/2012	Joe Bonk
Lane	Name	Age	Team	Seed Time

Heat 1 of 14 Prelims Starts at 10:49 AM

1				
2	Toepfer, Nicholas	14	South Shore, MA	22.05 Y
3	Rash, Broden	17	FanwoodScotch-NJ	22.04 Y
4	Davidson, Matthew	16	Lynchburg-VA	22.03 Y
5	Holmes, J.J.	16	Ashland-KY	22.04 Y
6	Brockman, Blake	18	Powel Crosley-OH	22.05 Y
7	Curtis, Bailey	19	Gr. Flint-MI	22.08 Y
8				

Heat 2 of 14 Prelims Starts at 10:49 AM

1	Ruhnke, Chris	17	LakelandHills-NJ	21.96 Y
2	Romstadt, Mason	17	Ridgewood-OH	21.87 Y
3	Gwiazdowski, Colin	17	ReadingBerks-PA	21.04 Y
4	Huff, Carson	17	UpperMainLine-PA	25.77
5	Murray, Joe	13	Alamance-NC	29.29
6	Bebel, Eric	17	Westfield-NJ	21.79 Y
7	VanTilburgh, Chase	17	Miami County-OH	21.96 Y
8	Lisnow, Dylan	17	Lionville-PA	21.97 Y

Heat 3 of 14 Prelims Starts at 10:50 AM

1	Shusta, Michael	17	GreaterNashua-NH	25.76
2	Goggin, Brian	17	Cheshire-CT	25.74
3	Kay, Daryl	16	Kishwaukee-IL	25.73
4	Carnevale, Leo	15	Red Bank - NJ	25.71
5	Mowry, Jakob	16	Suncoast-FL	25.71
6	Park, Tim	16	Ridgewood-NJ	25.74
7	Heimes, Justin	15	U Perkiomen-PA	25.75
8	Rantala, Matthew	17	GreaterNashua-NH	25.76

Heat 4 of 14 Prelims Starts at 10:51 AM

1	D'Amore, Logan	15	FanwoodScotch-NJ	25.70
2	Van Den Bosch, Kai	15	Spartanburg-SC	25.70
3	Alexy, Max	16	SomersetHills-NJ	25.69
4	Rogers, Akeil	18	Ridgewood-NJ	25.69
5	Cummins, Joe	16	Coffman - OH	25.69
6	Van der Linden, Brandon	16	Greensboro-NC	25.70
7	Hess, Brian	17	Bath Area-ME	25.70
8	Davis, CJ	15	Rock Hill-SC	25.71

2017 LCY Nationals, Sanction #: NC17127AP

July 31- August 4, 2017

Meet Program - Day 4 Prelims

Heat 5 Prelims (#408 Men 50 LC Meter Freestyle)

1	Park, Julian	16	FanwoodScotch-NJ	25.69
2	Beauchene, Alex	14	FarmingtonVal-CT	25.67
3	Brock, Phil	17	Powel Crosley-OH	25.66
4	Cole, Matthew	18	PierceKitsap-WA	25.65
5	Mozoki, Brock	13	South Shore, MA	25.66
6	Grimmett, Brian	17	Lynchburg-VA	25.67
7	Hua, Jonathan	17	SomersetHills-NJ	25.68
8	Brown, Oliver	17	UpperMainLine-PA	25.69

Heat 6 of 14 Prelims Starts at 10:52 AM

1	Zelina, Jorge	16	South Family-OH	25.64
2	Calderon, Lucas	14	Dancely-MD	25.63
3	Stanislaw, Evan	15	Spartanburg-SC	25.63
4	Argulewicz, Matt	17	South County-FL	25.59
5	Prewette, Jake	17	Spartanburg-SC	25.62
6	Boender, Jake	18	Rapid Area-MI	25.63
7	Bachman, Griffin	17	Powel Crosley-OH	25.64
8	Hoem, Brennan	16	Oshkosh-WI	25.65

Heat 7 of 14 Prelims Starts at 10:53 AM

1	Petrillo, Danny	18	SomersetValleyNJ	25.57
2	Risma, Sammy	16	Blue Ash-OH	25.56
3	Piccinic, John	17	FanwoodScotch-NJ	25.56
4	Warner, Dawson	16	South Family-OH	25.53
5	Veit, Eric	18	South Florida-FL	25.54
6	Doyle, Ben	15	UpperMainLine-PA	25.56
7	Jann, Christian	18	Spartanburg-SC	25.57
8	Evers, Brandon	18	SomersetValleyNJ	25.59

Heat 8 of 14 Prelims Starts at 10:54 AM

1	Timko, Ethan	17	ME Lyons-OH	25.52
2	Russano, Trent	14	SomersetHills-NJ	25.51
3	Puglessi, Ben	17	Rapid Area-MI	25.48
4	Ortanez, Dominic	15	Suncoast-FL	25.46
5	Walker, Christopher	17	East Hartford-CT	25.47
6	Racke, Michael	18	Liberty Twp-OH	25.49
7	Schramm, Robert	16	Blue Ash-OH	25.51
8	Keane, Spencer	16	Jerry Garver-OH	25.53

Heat 9 of 14 Prelims Starts at 10:55 AM

1	Hardy, JJ	16	Columbia-SC	25.42
2	Hartley, Nathaniel	18	Rock Hill-SC	25.38
3	Page, Samuel	16	Rock Hill-SC	25.38
4	Chang, Matthew	17	Red Bank - NJ	25.36
5	O'Connor, Ethan	16	Bayside-RI	25.37
6	Barley, Avery	16	Chambersburg-PA	25.38
7	Murphy, Austin	17	Countryside-OH	25.39
8	Campbell, Connor	17	Summerville-SC	25.44

Heat 10 of 14 Prelims Starts at 10:55 AM

1	Lashua, Matthew	16	GreaterNashua-NH	25.26
2	Neuman, Owen	17	UpperMainLine-PA	25.22
3	Young, Noah	16	Countryside-OH	25.21
4	Foster, Sean	17	SomersetHills-NJ	25.18
5	Hutchinson, Hudson	18	Gr. Flint-MI	25.20
6	Pressly, John	18	Frederick-MD	25.21
7	Cassady, Hunter	16	Martinsville-VA	25.25
8	Shilts, Alex	16	Champaign-IL	25.30

Heat 11 of 14 Prelims Starts at 10:56 AM

1	Cortright, Kevin	18	Wyckoff-NJ	25.17
2	Fleagle, Jared	21	AuglaizeMercerOH	25.11
3	Carkhuff, Ryan	17	SomersetHills-NJ	25.04
4	Leibson, Charles	18	Powel Crosley-OH	25.01
5	Krueger, Spencer	18	Andover-KS	25.03
6	Bemis, Michael	18	Suncoast-FL	25.05
7	Losee, KJ	15	Rapid Area-MI	25.16
8	Rastatter, Will	17	Grove City-PA	25.17

Heat 12 of 14 Prelims Starts at 10:57 AM

1	Rodgers, Alex	17	Coffman - OH	24.95
2	Oconnor, Vinnie	18	Edwardsville-IL	24.82
3	Forese, Mark	18	New Canaan-CT	24.47
4	Curtiss, David	15	Tri-Hampton-PA	24.08
5	Morgan, Griff	18	Westfield-NJ	24.43
6	Fenton, Roo	16	SomersetHills-NJ	24.61
7	Walther, Max	17	Red Bank - NJ	24.91
8	McMurray, Keaton	16	AuglaizeMercerOH	25.00

Heat 13 of 14 Prelims Starts at 10:58 AM

1	Alexy, Jack	14	SomersetHills-NJ	24.92
2	Herfel, Garrison	18	Powel Crosley-OH	24.81
3	Roeseler, Andreas	18	Leaning Tower-IL	24.46
4	Fleagle, Justin	16	AuglaizeMercerOH	24.02
5	Chenot, Devon	17	Carlisle-PA	24.35
6	McCullough, Will	18	Powel Crosley-OH	24.53
7	Rus, Oliver	17	Darien-CT	24.88
8	Cohen, Josh	16	FanwoodScotch-NJ	24.97

Heat 14 of 14 Prelims Starts at 10:58 AM

1	Oland, Remington	18	Frederick-MD	24.91
2	Zhang, William	17	LakelandHills-NJ	24.81
3	McHugh, Maxwell	17	Door County-WI	24.44
4	Schutte, Henry	16	Rapid Area-MI	23.63
5	Collins, Aedan	18	Westfield-NJ	24.34
6	Holmes, Camden	16	Down East-ME	24.48
7	Baecker, Zach	18	Coffman - OH	24.83
8	Bandt, Joshua	18	Oshkosh-WI	24.97

Event 409 Women 800 LC Meter Freestyle Relay**National: 8:20.61 7/26/2012 Middle Tyger YMCA****H Lips, K Knopka, A Galyer, A Gillig**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Finals - Swimming with Finals

1	Spartanburg-SC	8:50.46
2	Wyckoff-NJ	8:48.61
3	Wilton-CT	8:41.26
4	ME Lyons-OH	8:40.46
5	Butler-PA	8:41.14
6	Red Bank - NJ	8:47.67
7	Greensboro-NC	8:48.65
8	Gr. Flint-MI	8:51.38

2017 LCY Nationals, Sanction #: NC17127AP**July 31- August 4, 2017****Meet Program - Day 4 Prelims****Heat 2 Finals - Swimming with Finals (#409)**

1	Countryside-OH	8:39.65
2	W.North Carolina	8:36.26
3	Hickory -NC	8:35.02
4	York-PA	8:32.53
5	SomersetValleyNJ	8:34.49
6	Cheshire-CT	8:35.08
7	North Shore-MA	8:39.05
8	FanwoodScotch-NJ	8:40.05

Heat 3 of 4 Finals Starts at 10:59 AM

1		
2	Oshkosh-WI	7:42.29 Y
3	Hamilton Area-NJ	8:56.60
4	Western-CT	8:53.33
5	Powel Crosley-OH	8:56.17
6	LakelandHills-NJ	8:56.93
7	Bath Area-ME	7:44.62 Y
8		

Heat 4 of 4 Finals Starts at 11:08 AM

1	Western Br-DE	7:47.29 Y
2	UpperMainLine-PA	7:46.03 Y
3	Rapid Area-MI	7:45.15 Y
4		
5		
6		
7		
8		

Heat 3 of 4 Finals Starts at 11:19 AM

1		
2	Rock Hill-SC	6:57.97 Y
3	LakelandHills-NJ	6:56.62 Y
4	Hamilton Area-NJ	8:11.80
5	Columbia-SC	8:11.95
6	UpperMainLine-PA	6:57.87 Y
7	Countryside-OH	7:00.04 Y
8		

Heat 4 of 4 Finals Starts at 11:28 AM

1		
2		
3		
4		
5		
6	Gr. Flint-MI	7:08.65 Y
7	Lynchburg-VA	7:08.02 Y
8	RidleyArea-PA	7:08.57 Y

Combine 409 heat 4 with 410 heat 4

Event 410 Men 800 LC Meter Freestyle Relay**National: 7:39.91 7/31/2014 Countryside - OH****G House, K George, R Westrick, M Slabe**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Finals - Swimming with Finals

1	Cheshire-CT	8:09.90
2	East Hartford-CT	8:08.70
3	FanwoodScotch-NJ	8:06.36
4	Blue Ash-OH	8:05.01
5	Rapid Area-MI	8:05.32
6	SomersetHills-NJ	8:08.13
7	Hickory -NC	8:09.81
8	Spartanburg-SC	8:11.21

Heat 2 of 4 Finals - Swimming with Finals

1	York-PA	8:02.56
2	SomersetValleyNJ	7:59.14
3	Red Bank - NJ	7:58.97
4	Powel Crosley-OH	7:52.50
5	Wilton-CT	7:55.39
6	South Family-OH	7:59.03
7	ME Lyons-OH	8:02.02
8	Ridgewood-NJ	8:03.86