Heather

---------- Forwarded message ----------
From: "YMCA Short Course Nationals" <twarrick@comcast.net>
Date: Mar 19, 2018 9:38 PM
Subject: Y-5083 Release Form
To: "lystswim@gmail.com" <lystswim@gmail.com>
Cc:

CERTIFICATION, ELIGIBILITY & RELEASE DECLARATION

This form is to be signed by the appropriate people, and then **faxed or emailed using the instructions on the FAX Cover Sheet by Friday March 30.**

YMCA Association #: 5083
Lancaster and Fairfield YMCA
465 W 6th Ave

We the undersigned certify that each participant representing **Lancaster and Fairfield YMCA** entered into 2018 NATIONAL YMCA SHORT COURSE SWIMMING CHAMPIONSHIP:

1. is eligible to represent the **Lancaster and Fairfield YMCA** Association and meets the requirements stated in the Rules that Govern YMCA Competitive Sports;
2. is an amateur and has been a current full privilege annual YMCA member for the last 90 days and will be at the time of the National Meet;
3. has been active in the program of this Association during the current season (Mar 1, 2017 thru Mar 26, 2018);
4. has not represented another YMCA or other swimming/diving organization with the exception of their high school;
5. has represented this Association and competed in three (3) required closed YMCA Inter-association meets and the one (1) required National YMCA Sanctioned Championship during the current season;
6. is not in violation of any of the provisions as described in Rules That Govern YMCA Competitive Sports;
7. complies with Rules for the 2018 NATIONAL YMCA SHORT COURSE SWIMMING CHAMPIONSHIP;
8. have been examined by their family doctor or by another qualified medical examiner, and we have on file evidence (a form, card or letter) certifying that they are medically qualified to engage in swimming & diving competition.

AGREEMENT - Each team and each team member in applying for and entering this National YMCA sports competition does thereby agree to abide by and also support the standard that any person irrespective of race, color or creed shall be permitted to participate in this Championship providing each team member meets all conditions of eligibility and is properly qualified.

INSURANCE - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the 2018 NATIONAL YMCA SHORT COURSE SWIMMING CHAMPIONSHIP for the period of the meet. I hereby certify that YMCA has a minimum of $1,000,000/$2,000,000 in liability insurance that covers our coaches and swimmers during their participation in the 2018 NATIONAL YMCA SHORT COURSE SWIMMING CHAMPIONSHIP. The YMCA of the

USA must be named the Certificate Holder and also names the YMCA of the USA as an additional insured as it relates to this meet.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Greensboro Aquatic Center, their agents, representatives or assigns, and the Greensboro Aquatic Center for any and all injuries which may be suffered by participants at the 2018 NATIONAL YMCA SHORT COURSE SWIMMING CHAMPIONSHIP. Furthermore we understand that the YMCA of the USA and Greensboro Aquatic Center are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Howard W. Long III 3/20/18

(signature, executive director) (please print legibly or type name here) date

Annie Weaver 3/20/18

(signature, membership director) (please print legibly or type name here) date

HEATHER A PARKMAN 3/23/2018

(signature, head coach) (please print legibly or type name here) date

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Heather Parkman
Lancaster YMCA Coach
465 W. 6th Avenue
Lancaster, Ohio 43130
(740) 304-9466