



Starting Locations:

For **Prelims** – No Chase-Starts

- The 50 Meter events will start at the diving board end of pool
- All other events will start at the Instructional pool end of the pool
- At the finish all swimmers will remain in the water until the next heat has started using flyover starts (except 50 Meter events, Backstroke events and Medley Relays).

For **Finals** 50M events will start at diving board end of pool and all other events will start at the Instructional pool end of the pool.

HEAT SHEET PROGRAM SATURDAY PRELIMS for Spectators



2019 YMCA Long Course National Championship

Alamance County Community YMCA (NC)
Anchorage Alaska YMCA (AK)
Anderson Area YMCA (SC)
Andover North Andover YMCA (MA)
Auglaize Mercer Counties YMCA (OH)
Bangor YMCA (ME)
Bath Area Family YMCA (ME)
Bayside Branch YMCA (RI)
Blue Ash YMCA (OH)
Boyertown Area YMCA (PA)
BR Ryall NW Dupage YMCA (IL)
Bradford Family YMCA (PA)
Brandywine DE YMCA (DE)
Burbank Branch YMCA (MA)
Cecil County YMCA (MD)
Chambersburg Memorial YMCA (PA)
Champaign County YMCA (IL)
Cheshire YMCA (CT)
Coffman Family YMCA (OH)
Columbia Northwest Family YMCA (SC)
Cumberland MD YMCA (MD)
Door County YMCA (WI)
Dover YMCA (DE)
Down East Family YMCA (ME)
East Hampton RECenter YMCA (NY)
Fairfax County YMCA in Reston (VA)
Fanwood Scotch Plains YMCA (NJ)
Farmington Valley Branch YMCA (CT)
Flushing YMCA (NY)
Fort Meigs YMCA (OH)
Frederick County YMCA (MD)
Goldsboro Family YMCA (NC)
Great Miami Valley Ohio YMCA (OH)
Greater Glenville YMCA (NY)
Greater Holyoke YMCA (MA)
Greater Johnstown Community (PA)
Greater Missoula Family YMCA (MT)
Greater Spartanburg YMCA (SC)
Greater Susquehanna Valley YMCA (PA)
Greater Waterbury YMCA (CT)
Greensboro YMCA (NC)
Greensburg YMCA (PA)
Greenwich YMCA (CT)
Hagerstown Maryland YMCA (MD)
Hamilton Area NJ YMCA (NJ)
Hanover Area YMCA (PA)
Jennersville YMCA (PA)
Joliet YMCA (IL)
Kennebec Valley YMCA (ME)
Kennett Area YMCA (PA)
Kishwaukee Family YMCA (IL)
La Crosse Area Family YMCA (WI)
Lakeland Hills Family YMCA (NJ)
Lakota Family YMCA (OH)
Lancaster and Fairfield YMCA (OH)
Laurel East Hartford YMCA (CT)
Lionville Community YMCA (PA)
Lynchburg YMCA (VA)

Madison Area YMCA (NJ)
ME Lyons Anderson YMCA (OH)
Meadowlands Area YMCA (NJ)
Metropolitan YMCA Of The Oranges (NJ)
Metuchen Edison YMCA (NJ)
Miami County Ohio YMCA (OH)
Montclair YMCA (NJ)
New Canaan Community YMCA (CT)
Newport County YMCA (RI)
Northwest North Carolina YMCA (NC)
Ocean County YMCA (NJ)
Oshkosh Community YMCA (WI)
Parkersburg YMCA (WV)
Phoenixville Branch YMCA (PA)
Piedmont Family YMCA (VA)
Powel Crosley Jr YMCA (OH)
Randolph YMCA (NJ)
Rapid Area YMCA (MI)
RC Durr Family YMCA (KY)
Reading and Berks County YMCA (PA)
Red Bank Branch YMCA (NJ)
Regional YMCA of Western Connecticut (CT)
Richard A Henson Family YMCA (MD)
Ridgewood Branch OH YMCA (OH)
Ridgewood NJ YMCA (NJ)
Ridley Area YMCA (PA)
Sage YMCA (IL)
Salem Family YMCA (VA)
Skaneateles YMCA (NY)
Somerset Hills YMCA (NJ)
Somerset Valley YMCA (NJ)
Soundview Family YMCA (CT)
South Family YMCA (OH)
South Florida YMCA (FL)
South Shore MA YMCA (MA)
Springfield Family YMCA (OH)
SPY Greater Annapolis YMCA (MD)
State College Family YMCA (PA)
Summit Branch YMCA (NJ)
Suncoast YMCA (FL)
Sussex County Branch YMCA (NJ)
Tri County YMCA Inc (WV)
Tri Hampton Family YMCA (PA)
Upper Main Line YMCA (PA)
Upper Perkiomen Valley YMCA (PA)
Wallingford Family YMCA (CT)
Waynesboro Family YMCA (VA)
West Chester Area YMCA (PA)
Western Branch YMCA (DE)
Westfield YMCA (NJ)
Wheeling YMCA (WV)
Wilmington YMCA NC (NC)
Wilton Family YMCA (CT)
Wyckoff Family YMCA Inc (NJ)
YMCA in Central Maryland (MD)
YMCA of Asheboro NC Inc (NC)
York And York County YMCA (PA)



SCHEDULE OF ACTIVITIES

2019 YMCA NATIONAL LC SWIMMING CHAMPIONSHIP

START OF DAY 5 - SATURDAY

Day's Event: Women's 200 Meter Butterfly
Day's Event: Men's 200 Meter Butterfly
Day's Event: Women's 100 Meter Freestyle
Day's Event: Men's 100 Meter Freestyle
Day's Event: Women's 200 Meter I.M.
Day's Event: Men's 200 Meter I.M.
Day's Event: Women's 50 Meter Backstroke
Day's Event: Men's 50 Meter Backstroke
Day's Event: Women's 400 Meter Freestyle Relay
Day's Event: Men's 400 Meter Freestyle Relay
Day's Event: Women's 800 Meter Freestyle
Day's Event: Men's 800 Meter Freestyle

6:00AM-8:15AM	COACHES: Competition Pool Open Prelims Warm-up
7:00AM-11:00AM	COACHES: Team, Coaches, College Coaches Check-in – Level 0: WEST GYM
7:00AM-11:00AM	SPECTATORS: Ticket Sales - Level 1: Spectator Entrance
7:00AM	SPECTATORS: Stands Opens for Spectators - Level 1: Spectator Entrance
7:15AM	OFFICIALS: Officials/Timers Meeting & Officials Check-in - Level B: AP Class (Officials) Room
7:30AM-10:00AM	COACHES: Time Trial Table Open - Level B: Room across from instructional pool
7:30AM	COACHES: Relay Table Open Level B: Room across from instructional pool
8:15AM	ALL: Clear Pool & Devotion and National Anthem
8:30AM	ALL: PRELIMS START

TIME TRIALS START - 30 Minutes After Prelims

Schedule Time Trial Events

200 Meter Butterfly; 100 Meter Freestyle; 200 Meter Ind. Medley; 50 Meter Backstroke
200 Meter Backstroke; 100 Meter Butterfly; 200 Meter Breaststroke

4:00PM

Evening - Day 5

4:00PM	COACHES: Pool Opens for Finals Warm-up
4:00PM-7:00PM	SPECTATORS: Ticket Sales - Level 1: Spectator Entrance
4:00PM	SPECTATORS: Stands Opens for Spectators - Level 1: Spectator Entrance
4:00PM	COACHES: Relay Table Open - Level B: Room across from instructional pool
4:15pm- 5:15pm	COACHES: College Coaches Check-in – Level 0: WEST GYM
4:15PM	OFFICIALS: Officials/Timers Meeting - Level B: AP Class (Officials) Room
5:00PM	ALL: Clear Pool & Devotion and National Anthem
5:10PM	ALL: COACH OF THE MEET AWARD
5:15PM	ALL: FINALS START WITH C, B, A HEATS
8:45PM	ALL: Estimated Session End Time

ATTENDING

Updated 8/2-pm

COLLEGE/UNIVERSITY COACHES

2019 YMCA Long Course Nationals

Bard College
Brandeis University
Bucknell University
Carnegie Mellon University
Catholic University
Colgate University
Columbia University in the City of New York
Connecticut College
Dartmouth College
Davidson College
Denison University
Drew University
Franklin & Marshall College
Frostburg State University
Georgetown University
Georgia Tech
Gettysburg College
Hamilton College
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Stony Brook University
Towson University
University of Maryland, Baltimore County
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Villanova University
Virginia Military Institute
Washington & Jefferson College
Washington & Lee University
Washington University in St. Louis
Wesleyan University
West Virginia University
Widener University
Worcester Polytechnic Institute
York College of Pennsylvania



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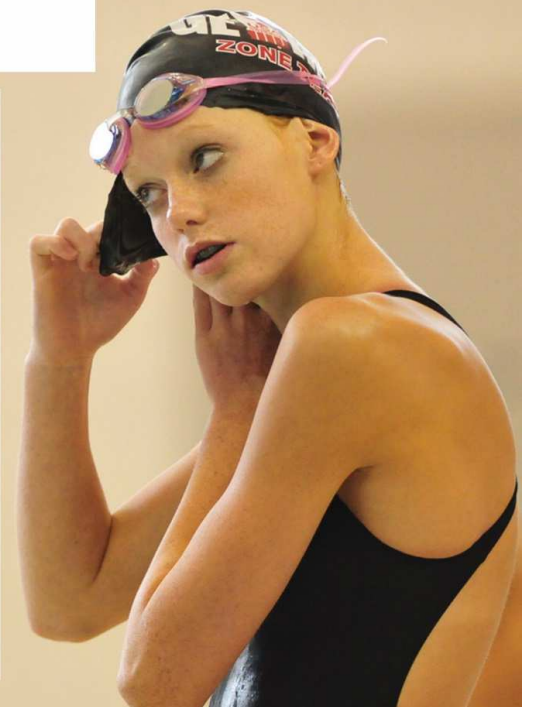
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2019 YMCA LONG COURSE NATIONALS MEET COMMITTEE



Brad Bason
Assistant Meet Director



Bob Turner
Meet Director



Jack Caucino
Chair, Coaches Association



Eddie Hughes
Meet Referee



Tom Janszen
Time Trials



Bob Johnson
Admin Referee



Chris Jung
Officials Coordinator



Bob McDowell
Announcer



Ed Miller
Deck Referee



Claudia Multer
Chair, Meet Operations



John Richards
Help Desk



Carolyn Ryan
Admissions



Jim Ryan
Chair, Eligibility Committee



Donna Turner
Awards



Tom Warrick
Chair, Entries & Check-in



Darlene Fung
Athlete Representative



Marisa Krauss
Athlete Representative



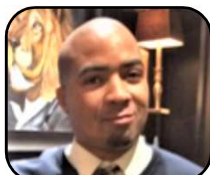
Laurin Potter
Athlete Representative



Christopher Welsh
Athlete Representative



Lindsay Mondick
YUSA Aquatic Sports



Sam Mars
YUSA Events Mgr



Erin Reuland
YUSA Competitive Events



Meredith Griffin
YUSA Sports Coordinator

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BE THE FASTEST,
YOU NEED TO BE
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AND BEST. THAT’S WHY
I’M TEAM SPEEDO. ”**

HALI FLICKINGER
OLYMPIC FINALIST
WORLD CHAMPION



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FUN FACTS

YMCA NATIONAL SWIMMING CHAMPIONSHIP

YMCA QUIZ

- 1. What does YMCA stand for?**
 - a. You & Me Can Act
 - b. Youth Means Canny Art
 - c. Young Men's Christian Association
 - d. Young Men's Common Association
- 2. In how many countries does it operate worldwide?**
 - a. 145
 - b. 122
 - c. 98
 - d. 51
- 3. Where was the YMCA movement founded?**
 - a. London
 - b. New York
 - c. Paris
 - d. Toronto
- 4. Who sang about the YMCA in 1978?**
 - a. The Country Bumpkins
 - b. The City Dwellers
 - c. The Village People
 - d. The Townsfolk
- 5. Where was the first YMCA in U.S.?**
 - a. Boston, Massachusetts
 - b. Las Vegas, Nevada
 - c. Boulder, Colorado
 - d. Nashville, Tennessee
- 6. When did the YMCA become co-ed?**
 - a. Mid 1850's
 - b. Mid 1960's
 - c. Mid 1970's
 - d. Mid 1980's
- 7. What concept did the YMCA pioneer?**
 - a. Voluntary work
 - b. Internships
 - c. Summer camp
 - d. Night school
- 8. During World War I who wrote a song called "I can always find a little sunshine in the YMCA"?**
 - a. Sammy Cahn
 - b. Irving Berlin
 - c. Noel Coward
 - d. George Gershwin
- 9. Who did the YMCA support in the internment camps during World War II?**
 - a. Japanese-Americans
 - b. Germans
 - c. Jews
 - d. British
- 10. Which popular cartoon referenced the YMCA in one episode by making Barney (a leading character) let the local YMCA use his swimming pool?**
 - a. The Simpsons
 - b. Boss Cat
 - c. The Flintstones
 - d. King of the Hill
- 11. What is the initiative of the YMCA called that supports those who want to lead a healthy lifestyle but struggle to do so?**
 - a. YMCA Always Active
 - b. YMCA Activate America
 - c. YMCA Acutely Aware
 - d. YMCA Arousing Awareness

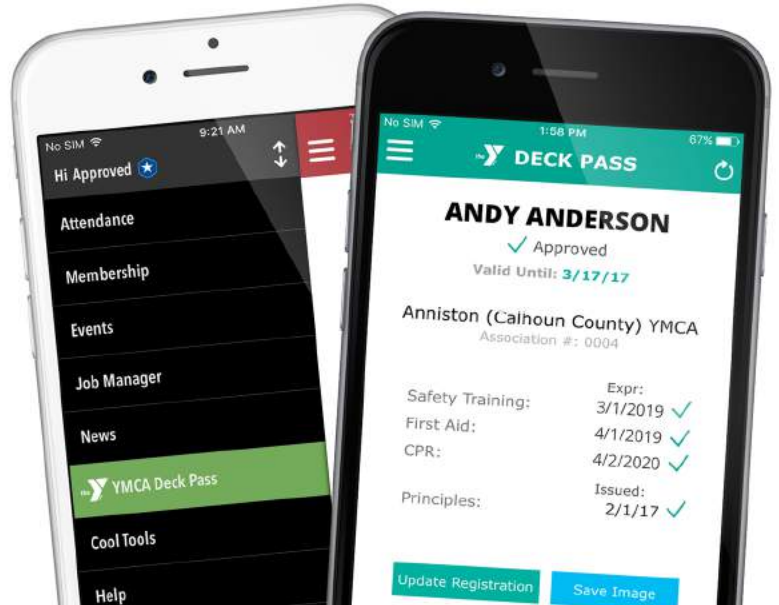
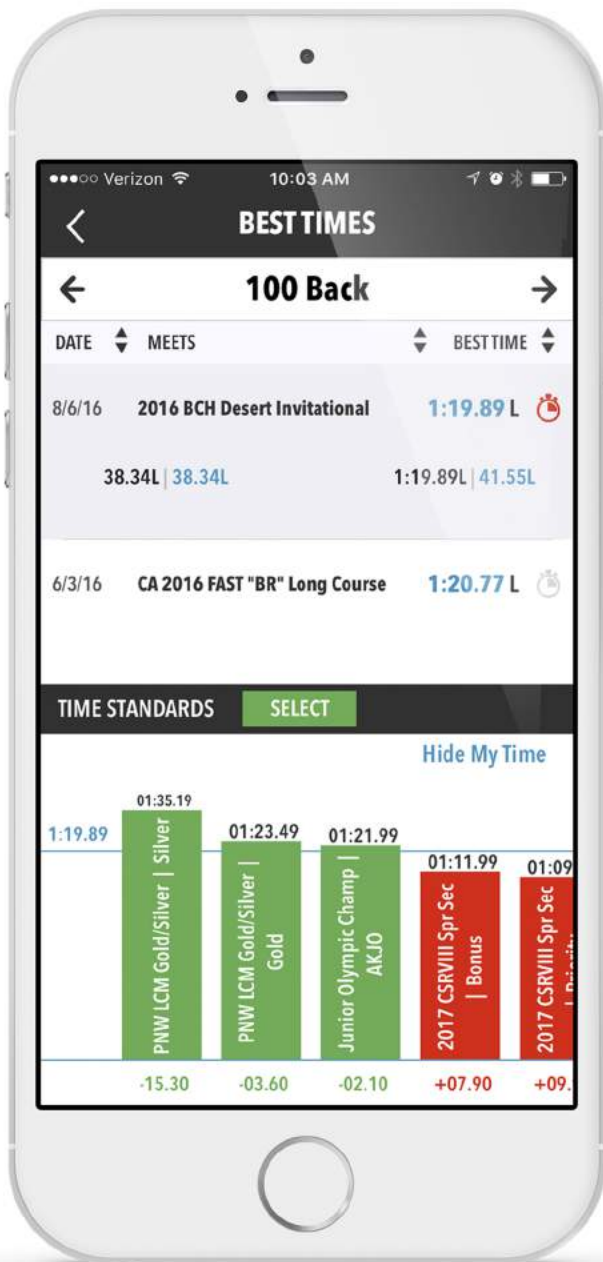
Answers: c, b, a, c, a, a, d, b, a, c, b



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FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THANK YOU!

YMCA of the USA is grateful to all involved in making the 2019 YMCA National Long Course Championship a special celebration of achievement for our athletes, coaches and families.

In addition to the Championship Committee, officials and volunteers who have given their time and talents, we would also like to thank the following supporters:

EVENT SPONSORS

SPEEDO

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Sport Fair Inc	Gary Ramsey & Team
Howard Johnson	Ed Burgos

USA OLYMPIANS

Darian Townsend



OFFICIAL TIME STANDARDS



U.S. OLYMPIC TEAM TRIALS

WOMEN	EVENT	MEN
25.99	50 Freestyle	23.19
56.29	100 Freestyle	50.49
2:01.69	200 Freestyle	1:50.79
4:16.89	400 Freestyle	3:57.29
8:48.09	800 Freestyle	8:12.99
16:49.19	1500 Freestyle	15:44.89
1:02.69	100 Backstroke	56.59
2:14.69	200 Backstroke	2:02.99
1:10.99	100 Breaststroke	1:03.29
2:33.29	200 Breaststroke	2:17.89
1:00.69	100 Butterfly	54.19
2:14.59	200 Butterfly	2:01.19
2:17.39	200 Individual Medley	2:04.09
4:51.79	400 Individual Medley	4:25.99

2019 LCY Nationals, Sanction #: PVA-19-306**July 30 - August 3, 2019****Session Report**

Session: 9 Day 5 Finals

Day of Meet: 5 Starts at 05:15 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	511 Women 800 Freestyle Break: 7 Minutes:	8	1 u	05:15 PM	_____
Finals-1	512 Men 800 Freestyle Break: 7 Minutes:	8	1 u	05:33 PM	_____
Finals	501 Women 200 Butterfly Break: 7 Minutes:	24	3 u	05:49 PM	_____
Finals	502 Men 200 Butterfly Break: 7 Minutes:	24	3 u	06:06 PM	_____
Finals	503 Women 100 Freestyle Break: 7 Minutes:	24	3 u	06:21 PM	_____
Finals	504 Men 100 Freestyle Break: 7 Minutes:	24	3 u	06:34 PM	_____
Finals	505 Women 200 IM Break: 7 Minutes:	24	3 u	06:46 PM	_____
Finals	506 Men 200 IM Break: 7 Minutes:	24	3 u	07:02 PM	_____
Finals	507 Women 50 Backstroke Break: 7 Minutes:	24	3 u	07:18 PM	_____
Finals	508 Men 50 Backstroke Break: 7 Minutes:	24	3 u	07:29 PM	_____
Finals	509 Women 400 Freestyle Relay Break: 11 Minutes:	16	2 u	07:41 PM	_____
Finals	510 Men 400 Freestyle Relay Break: 11 Minutes:	16	2 u	08:01 PM	_____
	Swimmers Counts for Warm-ups: 263	=====	=====		
	Entry / Heat Totals:	240	30		
	Finish Time			08:21 PM	_____

YMCA LONG COURSE CHAMPIONSHIP HISTORY OF TEAM RESULTS

Women

2018	Cheshire	444	Red Bank	440	ME Lyons	323
2017	Cheshire	345	York	297	FanwoodSchPI	285
2016	Hickory	336	Countryside	294	Wilton	290
2015	Middle Tyger	498.5	Triangle Area	284	NW N Carolina	206.5
2014	Triangle Area	381	Countryside	372.5	York	343
2013	Middle Tyger	806	Triangle Area	519	Somerset Valley	436
2012	Middle Tyger	746	Wilton	491.5	Triangle Area	427.5
2011	Middle Tyger	666	Wilton	473	Grtr Holyoke	426
2010	Middle Tyger	424	Wilton	417	Countryside	275.5
2009	Middle Tyger	616	Wilton	286	West Shore	267

Men

2018	Red Bank	431	Somerset Hills	423.5	Greenwich	256
2017	Powel Crosley	387	Somerset Valley	311	Wilton	286.5
2016	Wilton	457	UpperMainLine	394	Cheshire	288.5
2015	Wilton	470.5	Cheshire	403	Red Bank	310
2014	Wilton	362	Countryside	358	Ocean County	339.5
2013	Wilton	638	Middle Tyger	499	Somerset Valley	493.5
2012	Triangle Area	484	Wilton	466.5	UpperMainLine	452
2011	Middle Tyger	618	UpperMainLine	377	Cheshire	364
2010	Wilton	415	UpperMainLine	410.5	Countryside	232
2009	UpperMainLine	268	Red Bank	286	Wilton	236

Combined

2018	Red Bank	871	Cheshire	519	York	462
2017	Somerset Valley	566	Red Bank	523	York	475
2016	Wilton	747	Cheshire	547.5	Countryside	540
2015	Middle Tyger	739.5	Wilton	608.5	Cheshire	587
2014	Countryside	730.5	Triangle Area	666	Wilton	664
2013	Middle Tyger	1305	Triangle Area	999.5	Somerset Valley	929.5
2012	Middle Tyger	1161.5	Wilton	958	Triangle Area	911.5
2011	Middle Tyger	1284	Sarasota	659	UpperMainLine	647
2010	Wilton	832	Upper Main Line	610	Middle Tyger	573
2009	Middle Tyger	817	Wilton	522	UpperMainLine	497

2019 YMCA LONG COURSE CHAMPIONSHIP DEFENDING CHAMPS

Event 501

Women 200 LC Meter Butterfly

National Record

2:09.96 Leah Gingrich
West Shore-PA, 2008



Defending Champion
Mia Leko - 2:15.15
Cheshire YMCA

Event 502

Men 200 LC Meter Butterfly

National Record

2:00.41 Brendan Burns
Upper Main Line YMCA-PA, 2018



Defending Champion
Brendan Burns - 2:00.41
Upper Main Line YMCA

Year	Name	Association	Time
2018	Mia Leko	Cheshire YMCA	2:15.15
2017	Shannon Jelley	Countryside Ralph Stolle	2:15.93
2016	Emma Seiberlich	Phoenixville Branch YMCA	2:15.56
2015	Kate May	Edwardsville YMCA	2:16.65
2014	Amanda McNulty	Middle Tyger YMCA	2:15.24
2013	Elise Lankiewicz	Brandywine DE YMCA	2:16.26
2012	Courtney Weaver	Greater Flint YMCA	2:13.34
2011	Courtney Weaver	Greater Flint YMCA	2:15.72
2010	Kendall Farnham	Anne Arundel YMCA	2:21.97
2009	Addie Carne	Middle Tyger YMCA	2:20.28

Year	Name	Association	Time
2018	Brendan Burns	Upper Main Line YMCA	2:00.41
2017	Brendan Burns	Upper Main Line YMCA	2:01.44
2016	Corey Gambardella	Southview Family YMCA	2:02.63
2015	David May	Cheshire YMCA	2:02.33
2014	Tommy Kealy	Wilton YMCA	2:05.29
2013	Sava Turcanu	Hickory Foundation YMCA	2:03.85
2012	Leo Lim	Wyckoff Family YMCA	2:02.39
2011	Leo Lim	Wyckoff Family YMCA	2:03.50
2010	Matthew Salig	Upper Main Line YMCA	2:05.48
2009	Josh Friedel	Rappahannock YMCA	2:03.13

2019 YMCA LONG COURSE CHAMPIONSHIP DEFENDING CHAMPS

Event 503

Women 100 LC Meter Freestyle

National Record

56.05 Katrina Konopka
Middle Tyger-SC, 2015



Defending Champion
Olivia Schmelzer – 56.78
Lancaster and Fairfield YMCA

Event 504

Men 100 LC Meter Freestyle

National Record

50.17 Joe Bonk
Triangle Area YMCA-NC, 2012



Defending Champion
Jack Alexy – 51.41
Somerset Hills YMCA

Year	Name	Association	Time
2018	Olivia Schmelzer	Lancaster and Fairfield	56.78
2017	Camryn Forbes	Butler YMCA	56.79
2016	Ky-lee Perry	Wilton YMCA	56.64
2015	Katrina Konopka	Middle Tyger YMCA	56.05
2014	Alisabeth Marsteller	Countryside YMCA	56.43
2013	Katrina Konopka	Middle Tyger YMCA	56.77
2012	Madeline Smart	Wilton YMCA	57.38
2011	Katrina Konopka	Middle Tyger YMCA	57.25
2010	Emily Lloyd	Anne Arundel YMCA	57.46
2009	Emily Lloyd	Anne Arundel YMCA	56.79

Year	Name	Association	Time
2018	Jack Alexy	Somerset Hills YMCA	51.41
2017	Henry Schutte	Rapid Area YMCA	51.46
2016	Hugo Sykes	Wilton YMCA	51.62
2015	Mark Andrew	Greater Miami Valley YMCA	50.96
2014	Zachary Molloy	Ocean County YMCA	51.01
2013	Colin Ellington	Triangle Area YMCA	50.81
2012	Joe Bonk	Triangle Area YMCA	50.17
2011	Jack Forese	New Canaan YMCA	51.74
2010	Tim Squires	Elkins West Virginia	51.68
2009	Tim Phillips	Marietta YMCA	50.72

2019 YMCA LONG COURSE CHAMPIONSHIP DEFENDING CHAMPS

Event 505

Women 200 LC Meter IM

National Record

2:16.33 Leah Gingrich
West Shore-PA, 2008



Defending Champion
Abigail Doss – 2:19.91
Greater Susquehanna Valley YMCA

Event 506

Men 200 LC Meter IM

National Record

2:05.13 Connor Maher
Cheshire-CT, 2011



Defending Champion
Matt Fallon – 2:06.47
Somerset Valley YMCA

Year	Name	Association	Time
2018	Abigail Doss	Gtr Susquehanna Valley	2:19.91
2017	Sarah Hardy	Metuchen Edison YMCA	2:19.66
2016	Sarah Hardy	Metuchen Edison YMCA	2:20.71
2015	Maggie Werba	Oshkosh Community YMCA	2:19.60
2014	Alisabeth Marsteller	Countryside YMCA	2:19.04
2013	Savanna Faulconer	Middle Tyger YMCA	2:18.39
2012	Haley Lips	Middle Tyger YMCA	2:19.52
2011	Meriza Werenski	Greater Holyoke YMCA	2:18.02
2010	Caroline Fore	Middle Tyger YMCA	2:21.35
2009	Addie Carne	Middle Tyger YMCA	2:21.85

Year	Name	Association	Time
2018	Matt Fallon	Somerset Valley YMCA	2:06.47
2017	Charles Leibson	Powel Crosley Jr YMCA	2:07.39
2016	Grant House	Countryside YMCA	2:05.55
2015	Sean Workman	Edwardsville YMCA	2:06.51
2014	Grant House	Countryside YMCA	2:05.49
2013	Colin Ellington	Triangle Area YMCA	2:05.34
2012	Christopher DePietro	Lancaster & Fairfield	2:06.62
2011	Connor Maher	Cheshire YMCA	2:05.13
2010	Matthew Salig	Upper Main Line YMCA	2:06.61
2009	Matthew Salig	Upper Main Line YMCA	2:05.53

2019 YMCA LONG COURSE CHAMPIONSHIP DEFENDING CHAMPS

Event 507

Women 50 LC Meter Backstroke

National Record

29.09

Bailey Grinter Edwardsville-IL, 2017

Marie Schobel Red Bank-NJ, 2018



Defending Champion
Marie Schobel – 29.09
Red Bank Branch YMCA

Event 508

Men 50 LC Meter Backstroke

National Record

25.47 Nic Graesser

Upper Main Line-PA, 2012



Defending Champion
Justin Fleagle – 26.18
Auglaize Mercer Counties YMCA

Year	Name	Association	Time
2018	Marie Schobel	Red Bank Branch YMCA	29.09
2017	Bailey Grinter	Edwardsville YMCA	29.09
2016	Bailey Grinter	Edwardsville YMCA	29.42
2015	Camryn Forbes	Butler YMCA	29.41
2014	Emily Slabe	Countryside YMCA	29.54
2013	Emily Cornell	Upper Main Line YMCA	30.42
2012	Danielle Bach	Wyckoff Family YMCA	29.93
2011	Celia Oberholzer	Powell Crosley	30.20
2010	Emily Slabe	Countryside YMCA	30.13
2009	Lauren Solernou	Cheshire YMCA	29.33

Year	Name	Association	Time
2018	Justin Fleagle	Auglaize Mercer Counties	26.18
2017	Avery Barley	Chambersburg Memorial	26.40
2016	Austin Wilson	Grove City YMCA	27.20
2015	Nate Simpson	Bath Area Family YMCA	27.00
2014	Maximilian St George	B. R. Ryall YMCA	26.73
2013	Dylan Sali	Somerset Valley YMCA	26.21
2012	Nic Graesser	Upper Main Line YMCA	26.01
2011	Steven Zimmerman	Countryside YMCA	26.61
2010	James Wells	Bath Area Family YMCA	25.90
2009	James Wells	Bath Area Family YMCA	26.43

2019 YMCA LONG COURSE CHAMPIONSHIP DEFENDING CHAMPS

Event 509

Women 400 LC Meter Freestyle Relay

National Record

3:51.79 Middle Tyger YMCA
Middle Tyger YMCA-SC, 2015



Defending Champion
Cheshire YMCA - 3:53.53
Alexandra Tyler, Mia Leko,
Elizabeth Boyer, Sophie Murphy

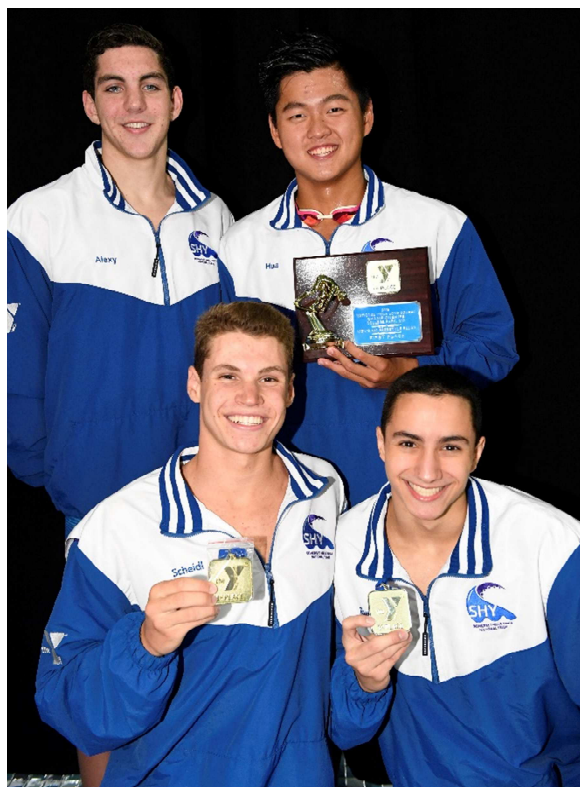
Year	Association	Time
2018	Cheshire YMCA	3:53.53
2017	Butler YMCA	3:52.76
2016	Hickory Foundation YMCA	3:54.45
2015	Middle Tyger YMCA	3:51.79
2014	Triangle Area YMCA	3:53.14
2013	Somerset Valley YMCA	3:52.18
2012	Middle Tyger YMCA	3:51.98
2011	Middle Tyger YMCA	3:54.85
2010	Middle Tyger YMCA	3:58.32
2009	Middle Tyger YMCA	3:55.40

Event 510

Men 400 LC Meter Freestyle Relay

National Record

3:28.78 Upper Main Line YMCA
Upper Main Line YMCA-PA, 2016



Defending Champion
Somerset Hills YMCA - 3:30.80
Lukas Scheidl, Jack Alexy,
Trent Russano, Jonathan Hua

Year	Association	Time
2018	Somerset Hills YMCA	3:30.80
2017	Upper Main Line YMCA	3:31.74
2016	Upper Main Line YMCA	3:28.78
2015	Countryside Ralph Stolle YMCA	3:31.91
2014	Triangle Area YMCA	3:30.50
2013	Triangle Area YMCA	3:30.16
2012	Triangle Area YMCA	3:29.36
2011	Cheshire YMCA	3:31.30
2010	Upper Main Line YMCA	3:33.63
2009	Upper Main Line YMCA	3:31.18

2019 YMCA LONG COURSE CHAMPIONSHIP DEFENDING CHAMPS

Event 511

Women 800 LC Meter Freestyle

National Record

8:48.06 Caitlynn Moon
Kishwaukee Family-IL, 2014



Defending Champion
Catherine Buroker – 8:50.42
Wilton Family YMCA

Event 512

Men 800 LC Meter Freestyle

National Record

8:11.69 Karl Bishop
Cheshire YMCA, 2016



Defending Champion
Matt Fallon – 8:20.92
Somerset Valley YMCA

Year	Name	Association	Time
2018	Catherine Buroker	Wilton Family YMCA	8:50.42
2017	Nicole Welch	North Shore Sterling YMCA	9:01.30
2016	Emmaline Peterson	Hickory Foundation YMCA	8:51.13
2015	Emmaline Peterson	Hickory Foundation YMCA	8:52.15
2014	Caitlynn Moon	Kishwaukee Family YMCA	8:49.29
2013	Caitlynn Moon	Kishwaukee Family YMCA	8:57.44
2012	Kendall Dawson	Central Florida Metro YMCA	8:56.18
2011	Emily Launer	Kishwaukee YMCA	8:59.65
2010	Carly Munchel	West Shore YMCA	9:08.32
2009	Laura Simon	Middle Tyger YMCA	8:55.46

Year	Name	Association	Time
2018	Matt Fallon	Somerset Valley YMCA	8:20.92
2017	Jacob Greenwood	Chambersburg Memorial	8:21.40
2016	Karl Bishop	Cheshire YMCA	8:11.69
2015	Robby Giller	Wilton YMCA	8:21.91
2014	Kevin George	Countryside YMCA	8:27.58
2013	Stephen Holmquist	Wilton YMCA	8:23.37
2012	Matthew Moen	Wilton YMCA	8:25.03
2011	Sava Turcanu	Hickory YMCA	8:22.11
2010	Ty Perkins	South Family YMCA	8:35.62
2009	Ty Perkins	South Family YMCA	8:25.05

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Event 501 Women 200 LC Meter Butterfly

National: 2:09.96 8/1/2008 Leah Gingrich				
Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Prelims Starts at 08:30 AM				
1	Stahl, Nyah	17	York-PA	2:10.79 Y
2	D'Amico, Ellie	18	Gr Missoula-MT	2:10.65 Y
3	Tiernan, Meghan	14	Cheshire-CT	2:10.52 Y
4	Thompson, Kelsey	16	LakelandHills-NJ	2:10.45 Y
5	Donnelly, Kiersten	16	UpperMainLine-PA	2:10.46 Y
6	Rypkema, Anneliese	17	Columbia-SC	2:10.63 Y
7	Behrle, Kyla	15	Cheshire-CT	2:10.70 Y
8				
Heat 2 of 11 Prelims Starts at 08:33 AM				
1	Potter, Laurin	17	Northwest-NC	2:09.56 Y
2	Alexander, Reece	16	Northwest-NC	2:08.81 Y
3	Kutuzov, Anastasia	16	Meadowlands-NJ	2:08.60 Y
4	Pitchell, Julia	16	East Hartford-CT	2:31.56
5	Kudlac, Avery	14	East Hartford-CT	2:08.48 Y
6	Huang, Avery	14	Piedmont-VA	2:08.64 Y
7	Trentalange, Charlotte	14	Red Bank - NJ	2:08.94 Y
8	Ben-David, Nicole	14	FanwoodScotch-NJ	2:10.29 Y
Heat 3 of 11 Prelims Starts at 08:36 AM				
1	Washburn, Lizzy	14	SummitBranch-NJ	2:31.50
2	Callahan, Sophie	17	SomersetHills-NJ	2:31.28
3	Navia, Daniella	16	Wyckoff-NJ	2:31.20
4	Andres, Annie	15	B R Ryall-IL	2:31.06
5	Houtz, Sydney	17	Susquehanna-PA	2:31.18
6	Mazurowski, Katelyn	15	Spartanburg-SC	2:31.25
7	Martin, Rebecca	17	Spartanburg-SC	2:31.49
8	Tucker, Autumn-Brook	17	LakelandHills-NJ	2:31.54
Heat 4 of 11 Prelims Starts at 08:39 AM				
1	Bodnar, Clara	14	South Shore, MA	2:30.33
2	Gallucci, Gabby	16	Wyckoff-NJ	2:30.28
3	Goz, Kaitlynne	16	Suncoast-FL	2:30.24
4	Mehos, Alexandra	16	New Canaan-CT	2:30.12
5	Raleigh, Katie	14	Suncoast-FL	2:30.19
6	Valentine, Dominique	18	Powel Crosley-OH	2:30.26
7	Park, Laura	15	Wyckoff-NJ	2:30.33
8	O'Neill, Claire	16	York-PA	2:30.61
Heat 5 of 11 Prelims Starts at 08:42 AM				
1	Gerhart, Sophie	17	State College-PA	2:29.81
2	Haley, Kelci	14	New Canaan-CT	2:29.66
3	Warner, Bella	17	Brandywine-DE	2:29.58
4	Reilly, Maggie	17	SomersetValleyNJ	2:28.98
5	Crisafulli, Olivia	15	Wilton-CT	2:29.11
6	Iizuka, Erica	17	LakelandHills-NJ	2:29.65
7	Gomez, Atzi	15	Sage-IL	2:29.79
8	Johnson, Alexandra	14	ME Lyons-OH	2:29.87

Heat 6 of 11 Prelims Starts at 08:44 AM

1	Tiller, Anne-Elaine	18	Lynchburg-VA	2:28.87
2	Roche, Cameron	16	Wyckoff-NJ	2:28.33
3	Schwarz, Maureen	15	SomersetValleyNJ	2:27.86
4	Sullivan, Mac	15	UpperMainLine-PA	2:27.18
5	Nunn, Melanie	16	SummitBranch-NJ	2:27.42
6	Marody, Maggie	16	Wheeling-WV	2:28.08
7	Leydig, Camryn	15	York-PA	2:28.41
8	Lester, Veronica	14	Wilton-CT	2:28.92

Heat 7 of 11 Prelims Starts at 08:47 AM

1	Page, Lorelai	14	LakelandHills-NJ	2:27.06
2	Herbert, Olivia	14	Western-CT	2:26.97
3	Johnson, Lucia	14	ME Lyons-OH	2:26.59
4	Slaney, Morgan	15	ME Lyons-OH	2:26.47
5	Smith, M.E.	18	South Family-OH	2:26.49
6	Tyler, Julianna	14	Cheshire-CT	2:26.64
7	Mora, Maile	18	Red Bank - NJ	2:26.99
8	Zebrowski, Jessica	16	Red Bank - NJ	2:27.10

Heat 8 of 11 Prelims Starts at 08:50 AM

1	Harkins, Hailey	17	SomersetValleyNJ	2:26.10
2	McDevitt, Elizabeth	15	Alamance-NC	2:25.75
3	Tejeda, Gabriella	16	Cheshire-CT	2:25.64
4	Young, Sarah	19	Spartanburg-SC	2:25.12
5	Lange, Grace	17	Wilton-CT	2:25.22
6	Horan, Katie	17	Columbia-SC	2:25.74
7	Swabb, Emma	18	South Family-OH	2:25.86
8	Hensley, Mia	15	Lancaster-OH	2:26.41

Heat 9 of 11 Prelims Starts at 08:52 AM

1	Arkenberg, Alexa	16	R.C. Durr-KY	2:24.77
2	Eldridge, Sarah	14	Ocean County-NJ	2:23.91
3	Hann, Lily	15	LakelandHills-NJ	2:22.75
4	Turchanik, Sarah	17	Ridgewood-OH	2:19.65
5	Uhlin, Brina	17	York-PA	2:21.58
6	Peden, Rachel	18	Spartanburg-SC	2:23.45
7	Denenberg, Jane	18	B R Ryall-IL	2:24.15
8	Neeb, Amanda	16	Western-CT	2:24.94

Heat 10 of 11 Prelims Starts at 08:55 AM

1	Ulmer, Sydney	15	York-PA	2:24.29
2	Zhou, Grace	14	SomersetValleyNJ	2:23.72
3	Skidmore, Lindsey	17	Spartanburg-SC	2:22.45
4	Glass, Megan	18	Blue Ash-OH	2:16.95
5	Cowe, Arisa	18	Wilton-CT	2:21.31
6	Loughlin, Casey	17	Cheshire-CT	2:23.37
7	Hart, Madeline	17	ME Lyons-OH	2:24.05
8	Workman, Gail	18	ME Lyons-OH	2:24.92

Heat 11 of 11 Prelims Starts at 08:58 AM

1	Pappas, Erini	16	UpperMainLine-PA	2:24.17
2	Cech, Hannah	17	Lakota-OH	2:23.64
3	Roberti, Hailey	18	SomersetValleyNJ	2:22.07
4	Campbell, McKenzie	18	Greensboro-NC	2:15.89
5	Stevens, Julia	16	Cheshire-CT	2:20.44
6	Moellering, Meredith	18	ME Lyons-OH	2:23.07
7	Bridges, Jenna	16	Spartanburg-SC	2:24.04
8	Meisner, Julia	15	SomersetValleyNJ	2:24.91

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Event 502 Men 200 LC Meter Butterfly

National: 2:01.44 8/4/2017 Brendan Burns				
Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Prelims Starts at 09:00 AM				
1				
2				
3	Yost, Matthew	18	Bath Area-ME	1:57.85 Y
4	Wyatt, Trevor	17	Northwest-NC	1:57.80 Y
5	Camy, Julien	18	Rapid Area-MI	1:57.81 Y
6				
7				
8				
Heat 2 of 10 Prelims Starts at 09:03 AM				
1	Leshnower, Luke	16	LakelandHills-NJ	1:57.76 Y
2	Shirman, Mitchell	16	Wyckoff-NJ	1:57.64 Y
3	Wood, Ethan	17	Columbia-SC	1:57.18 Y
4	Liraz, Tom	18	South Florida-FL	1:55.24 Y
5	Johnson, Sam	15	Piedmont-VA	1:56.59 Y
6	Menchhofer, Bryce	14	Blue Ash-OH	1:57.35 Y
7	Hain, Alex	15	Frederick-MD	1:57.74 Y
8	Jennings, Preston	17	Spartanburg-SC	1:57.79 Y
Heat 3 of 10 Prelims Starts at 09:05 AM				
1	Shir, Maor	17	Wyckoff-NJ	1:54.68 Y
2	Moran, Conor	16	Dancely-MD	2:17.66
3	Nussbaum, Reid	14	South Shore, MA	2:17.46
4	Walters, Peyton	16	Suncoast-FL	2:17.38
5	Stratton, Caedan	14	Spartanburg-SC	2:17.45
6	Schaller, Matt	17	Wilton-CT	2:17.51
7	Todorovic, Stephan	18	Greenwich-CT	1:49.78 Y
8	Vlahos, Luke	17	Northwest-NC	1:54.89 Y
Heat 4 of 10 Prelims Starts at 09:08 AM				
1	Rennard, Charlie	13	Red Bank - NJ	2:17.32
2	Dapo, Denis	15	Suncoast-FL	2:17.27
3	Wollen, Mitchell	15	Cheshire-CT	2:17.23
4	Gurski, Joseph	16	FanwoodScotch-NJ	2:16.90
5	Hagan, Josh	17	Coffman - OH	2:16.98
6	Adams, Hunter	16	Red Bank - NJ	2:17.26
7	Davis, Spencer	17	Red Bank - NJ	2:17.31
8	D'Angiolillo, Ian	17	LakelandHills-NJ	2:17.37
Heat 5 of 10 Prelims Starts at 09:11 AM				
1	D'Elia, Matthew	16	Red Bank - NJ	2:16.65
2	Orozco, Mitch	19	Miami County-OH	2:16.42
3	McNamara, Kevin	15	LakelandHills-NJ	2:16.14
4	Finkel, Justin	15	Cheshire-CT	2:15.77
5	Sanders, Payton	15	Suncoast-FL	2:15.96
6	Yin, Gabriel	16	Blue Ash-OH	2:16.32
7	Turnbull, Timothy	16	Western-CT	2:16.52
8	Bargo, Felipe	18	Hamilton Area-NJ	2:16.82

Heat 6 of 10 Prelims Starts at 09:13 AM

1	Lamanna, Matthew	17	Wilton-CT	2:15.61
2	Williams, Nathan	18	Columbia-SC	2:15.38
3	Adams, Chase	14	Red Bank - NJ	2:15.25
4	Guenther, Nicholas	15	East Hartford-CT	2:15.10
5	Paul, Jack	16	Wyckoff-NJ	2:15.24
6	Bottomley, Robert	17	Ridgewood-OH	2:15.33
7	Hu, Kevin	16	Wilton-CT	2:15.52
8	Tucker, Jack	18	Cheshire-CT	2:15.72

Heat 7 of 10 Prelims Starts at 09:16 AM

1	Soja, Max	16	SomersetValleyNJ	2:14.81
2	Valentine, Isaiah	18	Powel Crosley-OH	2:14.42
3	Wisniewski, Jack	16	Goldsboro-NC	2:14.18
4	Janton, Tommy	15	Western Br-DE	2:13.59
5	Danus, Nolan	17	LakelandHills-NJ	2:13.70
6	Roche, Steven	14	Wyckoff-NJ	2:14.39
7	Capizzi, Anthony	16	SomersetHills-NJ	2:14.56
8	Anderson, Tim	17	LakelandHills-NJ	2:14.95

Heat 8 of 10 Prelims Starts at 09:18 AM

1	Eldrenkamp, Corby	18	FanwoodScotch-NJ	2:12.79
2	McFadden, Logan	17	York-PA	2:11.85
3	Gamper, Andrew	16	Wyckoff-NJ	2:10.97
4	Andres, Nick	17	B R Ryall-IL	2:06.66
5	Hess, Rory	16	Wilton-CT	2:09.02
6	Pascale, James	16	Greenwich-CT	2:11.53
7	Crowe, Zack	17	LakelandHills-NJ	2:11.96
8	Miller, Maxwell	18	South Florida-FL	2:13.30

Heat 9 of 10 Prelims Starts at 09:21 AM

1	Hardy, JJ	18	Columbia-SC	2:12.67
2	Juengel, Michael	18	Spartanburg-SC	2:11.72
3	Cynor, Quinton	16	Sage-IL	2:10.41
4	Losee, KJ	17	Rapid Area-MI	2:05.00
5	Cox, Miles	17	York-PA	2:08.92
6	Paxton, Luke	16	Powel Crosley-OH	2:11.11
7	Dostal, Justin	14	ME Lyons-OH	2:11.92
8	Colwell, Patrick	17	New Canaan-CT	2:13.23

Heat 10 of 10 Prelims Starts at 09:23 AM

1	Amongero, Emerson	18	Powel Crosley-OH	2:12.13
2	Speed, Cameron	17	York-PA	2:11.64
3	Resweber, Will	18	RidleyArea-PA	2:10.01
4	Scheidl, Lukas	18	SomersetHills-NJ	2:04.85
5	Hargrove, Noah	17	Piedmont-VA	2:07.82
6	Ehret, Bennett	16	New Canaan-CT	2:11.05
7	Wynne, Shane	15	Cheshire-CT	2:11.92
8	Parkman, Zach	18	Lancaster-OH	2:13.01

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Event 503 Women 100 LC Meter Freestyle

National: 56.05 8/7/2015 Katrina Konopka				
Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Prelims Starts at 09:26 AM				
1	Gibney, Alexa	18	UpperMainLine-PA	1:41.50 L B
2	White, Alexandra	17	Greensboro-NC	53.36 Y
3	Ardis, Kirsten	18	Red Bank - NJ	53.33 Y
4	Colizzo, Julia	18	UpperMainLine-PA	53.25 Y
5	Rocheleau, Amber	17	East Hartford-CT	53.33 Y
6	Studenka, Claire	16	ME Lyons-OH	53.36 Y
7	Huang, Avery	14	Piedmont-VA	53.38 Y
8				
Heat 2 of 13 Prelims Starts at 09:27 AM				
1	Congdon, Bret	19	Anchorage-AK	53.19 Y
2	Mescher, Tiana	14	AuglaizeMercerOH	53.16 Y
3	Neal, Madison	15	Northwest-NC	53.02 Y
4	Schueler, Aanika	16	SomersetHills-NJ	52.99 Y
5	Burr, Kathryn	16	Piedmont-VA	53.00 Y
6	Thomas, Bridget	16	Westfield-NJ	53.15 Y
7	Smith, Alaina	17	Spartanburg-SC	53.17 Y
8	Pressly, Kathryn	16	Frederick-MD	53.19 Y
Heat 3 of 13 Prelims Starts at 09:29 AM				
1	Turner, Abby	16	Wheeling-WV	52.90 Y
2	Cox, Grace	17	Parkersburg-WV	52.78 Y
3	Chow, Olivia	13	SomersetValleyNJ	52.54 Y
4	Lee, Grace	13	Wyckoff-NJ	1:01.67
5	McEnroe, Kirsti	15	Spartanburg-SC	49.90 Y
6	Fleenor, Anna Clare	17	Salem-VA	52.69 Y
7	Jankovich, Alexis	16	Red Bank - NJ	52.82 Y
8	Warner, Bella	17	Brandywine-DE	52.92 Y
Heat 4 of 13 Prelims Starts at 09:30 AM				
1	Jann, Sara-Michael	15	Spartanburg-SC	1:01.62
2	Fritz, Katie	16	Greensboro-NC	1:01.54
3	McKinney, Abigail	17	Westfield-NJ	1:01.53
4	Lesser, Hannah	18	SomersetValleyNJ	1:01.53
5	Howell, Chloe	15	FanwoodScotch-NJ	1:01.53
6	Policari, Leah	16	Red Bank - NJ	1:01.53
7	Wagner, Kristen	17	Waynesboro-VA	1:01.58
8	Bradley, Izzy	15	Piedmont-VA	1:01.65
Heat 5 of 13 Prelims Starts at 09:31 AM				
1	Goger, Maddy	14	Annapolis-MD	1:01.47
2	Padilla, Kenzie	13	Phoenixville-PA	1:01.40
3	Paxson, Amanda	16	Blue Ash-OH	1:01.34
4	Merrifield, Morgan	18	York-PA	1:01.25
5	Williams, Bri	16	Wyckoff-NJ	1:01.26
6	Heeren, Rachel	16	SomersetValleyNJ	1:01.39
7	Anbar, Isabel	18	New Canaan-CT	1:01.47
8	Lawrence, Katie	12	Wyckoff-NJ	1:01.52

Heat 6 of 13 Prelims Starts at 09:33 AM

1	Anthony, Elle	14	South Shore, MA	1:01.19
2	Kallevig, MacKenzie	18	Suncoast-FL	1:01.14
3	DePinto, Alanna	15	East Hartford-CT	1:01.07
4	Viney, Gardner Anne	14	Spartanburg-SC	1:01.03
5	McGonigal, Maeren	13	Greensboro-NC	1:01.06
6	Pivor, Isabella	15	Blue Ash-OH	1:01.11
7	Fanning, Jordy	17	ME Lyons-OH	1:01.17
8	Marcella, Maddy	13	Andover-MA	1:01.25

Heat 7 of 13 Prelims Starts at 09:34 AM

1	McCracken, Sydney	16	Kennett-PA	1:01.02
2	Rinkus, Quinn	14	Red Bank - NJ	1:00.99
3	Mehos, Alexandra	16	New Canaan-CT	1:00.95
4	Mayo, Alex	16	Soundview-CT	1:00.85
5	Durkin, Keeley	17	RidleyArea-PA	1:00.94
6	Laganelli, Audrey	13	UpperMainLine-PA	1:00.97
7	Potter, Laurin	17	Northwest-NC	1:01.02
8	Hughes, Caitlyn	15	SomersetValleyNJ	1:01.03

Heat 8 of 13 Prelims Starts at 09:35 AM

1	Habjan, Ela	14	Montclair-NJ	1:00.70
2	Sendak, Grace	14	The Oranges-NJ	1:00.67
3	Thomas, Morgan	13	Piedmont-VA	1:00.61
4	Schwieters, Grace	17	B R Ryall-IL	1:00.46
5	O'Shaughnessey, Anna	16	Columbia-SC	1:00.46
6	Pennington, Isabel	16	Northwest-NC	1:00.64
7	Simpson, Katie	15	West Chester-PA	1:00.69
8	Penny, Ella	15	Spartanburg-SC	1:00.82

Heat 9 of 13 Prelims Starts at 09:36 AM

1	D'Ambrosio, Danielle	16	SomersetValleyNJ	1:00.31
2	Havice, Julia	13	York-PA	1:00.24
3	Rickert, Marlee	17	ReadingBerks-PA	1:00.22
4	Klosterman, Carstyn	16	Northwest-NC	1:00.18
5	Manthorp, Sarah	17	UpperMainLine-PA	1:00.18
6	Elliott, Mikaela	16	Powel Crosley-OH	1:00.23
7	Foltz, Caroline	15	York-PA	1:00.30
8	Bishop, Stephanie	16	Wilton-CT	1:00.41

Heat 10 of 13 Prelims Starts at 09:38 AM

1	Toepfer, Abby	14	South Shore, MA	1:00.09
2	Michalik, Claire	16	Greenwich-CT	59.97
3	Bousum, Grace	16	UpperMainLine-PA	59.89
4	Istambouli, Leiya	16	Western-CT	59.89
5	Wilson, Camrynn	14	Spartanburg-SC	59.89
6	Fresa, Noel	17	U Perkiomen-PA	59.95
7	Way, Emily	13	York-PA	59.99
8	Mudry, Vivian	16	Cheshire-CT	1:00.15

Heat 11 of 13 Prelims Starts at 09:39 AM

1	Price, Kaylee	15	Springfield-OH	59.64
2	Eckert, Ellie	17	Lynchburg-VA	59.39
3	Fulton, Alexa	14	UpperMainLine-PA	58.74
4	Murphy, Sophie	16	Cheshire-CT	57.84
5	Tyler, Alexandra	16	Cheshire-CT	58.70
6	Meisner, Catherine	15	SomersetValleyNJ	59.24
7	McGann, Caroline	17	Red Bank - NJ	59.52
8	Pacelli, Sarah	18	SomersetValleyNJ	59.86

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Heat 12 Prelims (#503 Women 100 LC Meter Freestyle)

1	Swabb, Emma	18	South Family-OH	59.64
2	Mahoney, Mary	17	Red Bank - NJ	59.28
3	Stevenson, Katie	18	Wilton-CT	58.72
4	Morris, Kate	16	B R Ryall-IL	57.11
5	Fung, Darlene	18	FanwoodScotch-NJ	58.66
6	Fortman, Emma	18	Blue Ash-OH	59.19
7	Robinson, Lily	14	UpperMainLine-PA	59.47
8	Staretz, Presley	14	York-PA	59.78

Heat 13 of 13 Prelims Starts at 09:41 AM

1	Wang, Marina	13	UpperMainLine-PA	59.55
2	Heim, Natalie	17	Red Bank - NJ	59.27
3	Francis, Abby	18	East Hartford-CT	58.71
4	Hetrick, Paige	17	Bradford-PA	56.44
5	Horner, Cameron	16	Henson-MD	58.23
6	Judge, Megan	18	Red Bank - NJ	58.75
7	Thornton, Hannah	18	Western Br-DE	59.42
8	Saunders, Hutton	15	Greenwich-CT	59.76

Event 504 Men 100 LC Meter Freestyle

National: 50.17 7/26/2012 Joe Bonk

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Prelims Starts at 09:43 AM

1				
2	Merritt, Tyler	17	Cheshire-CT	48.15Y
3	Liraz, Tom	18	South Florida-FL	48.05Y
4	Barley, Avery	18	Chambersburg-PA	47.83Y
5	Baganski, Brendan	16	Phoenixville-PA	47.88Y
6	Burns, Jake	16	Suncoast-FL	48.13Y
7				
8				

Heat 2 of 17 Prelims Starts at 09:44 AM

1	Herndon, Craig	18	Greensboro-NC	47.71Y
2	Pack, Danny	17	Brandywine-DE	47.45Y
3	Chhabra, Vijay	17	Piedmont-VA	47.31Y
4	Stearns, Will	17	SomersetValleyNJ	56.68
5	Price, Jacob	16	Spartanburg-SC	56.69
6	Eckels, Evan	16	Hamilton Area-NJ	47.31Y
7	Shilts, Alex	18	Champaign-IL	47.59Y
8	Pacholarz, Michael	17	Sussex County-NJ	47.76Y

Heat 3 of 17 Prelims Starts at 09:45 AM

1	Stelmokas, Matt	16	Gr Holyoke-MA	56.67
2	McGregor, Matthew	17	SummitBranch-NJ	56.63
3	Aldewereld, Luca	17	Ridgewood-OH	56.58
4	Heimes, Justin	17	U Perkiomen-PA	56.57
5	Holtman, Josh	18	Powel Crosley-OH	56.57
6	Kaniuka, Julian	15	FanwoodScotch-NJ	56.60
7	Metzner, Stephen	18	Powel Crosley-OH	56.65
8	Matjucha, Andrew	17	Randolph-NJ	56.67

Heat 4 of 17 Prelims Starts at 09:46 AM

1	Rydberg, Mark	16	SomersetValleyNJ	56.54
2	Lou, Andrew	16	Cheshire-CT	56.54
3	Parker, William	16	Wilmington-NC	56.52
4	Clark, Charlie	17	Greenwich-CT	56.52
5	Koval, David	17	Henson-MD	56.52
6	Perez Bonilla, Jan	15	Phoenixville-PA	56.52
7	Dragon, Nate	16	Gr Holyoke-MA	56.54
8	Bernauer, Clayton	16	LakelandHills-NJ	56.55

Heat 5 of 17 Prelims Starts at 09:47 AM

1	Liu, Colin	17	SomersetValleyNJ	56.48
2	Eberhardt, Brett	16	Lancaster-OH	56.43
3	Zellner, Joey	16	Wallingford-CT	56.39
4	Purcell, Ryan	16	SomersetHills-NJ	56.38
5	Qiu, Philip	16	SomersetValleyNJ	56.38
6	Walters, Peyton	16	Suncoast-FL	56.42
7	Harb, Joe Michael	16	FarmingtonVal-CT	56.44
8	Halaburda, Dmitry	14	Red Bank - NJ	56.51

Heat 6 of 17 Prelims Starts at 09:49 AM

1	DeWalt, Logan	16	Salem-VA	56.35
2	Coleman, Christian	18	Susquehanna-PA	56.32
3	Roten, Landon	16	Northwest-NC	56.24
4	Krause, Jack	15	Wyckoff-NJ	56.24
5	Hareesh, Vidur	17	Wilton-CT	56.24
6	Marco, Dominic	18	Bath Area-ME	56.27
7	Johnson, Brandon	18	Bath Area-ME	56.34
8	O'Malley, Michael	16	Greenwich-CT	56.37

Heat 7 of 17 Prelims Starts at 09:50 AM

1	Romej, Adrian	14	FanwoodScotch-NJ	56.18
2	Fleenor, Boone	15	Salem-VA	56.15
3	Green, Connor	16	Lancaster-OH	56.06
4	Valentine, Joshua	16	Powel Crosley-OH	56.04
5	Ortanez, Dominic	17	Suncoast-FL	56.05
6	Hardy, Cole	15	Columbia-SC	56.13
7	Blazer, Evan	14	Springfield-OH	56.17
8	Paul, Jack	16	Wyckoff-NJ	56.24

Heat 8 of 17 Prelims Starts at 09:51 AM

1	Dedert, Conner	19	Rapid Area-MI	56.03
2	Anderson, Gavin	17	Kishwaukee-IL	56.01
3	Fatta, Alec	18	York-PA	55.99
4	Groth, Andrew	18	Oshkosh-WI	55.97
5	McKenrick, Aidan	17	Phoenixville-PA	55.99
6	Hedges, Will	16	SummitBranch-NJ	56.00
7	Amongero, Emerson	18	Powel Crosley-OH	56.02
8	Eberhardt, Nathen	18	Lancaster-OH	56.04

Heat 9 of 17 Prelims Starts at 09:52 AM

1	Gottlieb, Michael	18	Suncoast-FL	55.97
2	Humphrey, Jaden	16	Springfield-OH	55.93
3	Kovell, Alex	17	Spartanburg-SC	55.91
4	Inman, Jack	17	Lionville-PA	55.84
5	Madan, Ben	14	New Canaan-CT	55.86
6	Held, Drew	15	Blue Ash-OH	55.92
7	Welsh, Christopher	18	SomersetValleyNJ	55.95
8	Womble, Ethan	16	Greensboro-NC	55.97

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Heat 10 Prelims (#504 Men 100 LC Meter Freestyle)

1	Johnson, Sam	15	Piedmont-VA	55.81
2	Viney, Copeland	17	Spartanburg-SC	55.79
3	Smith, Thatcher	18	Montclair-NJ	55.78
4	Lee, Ian	15	Western-CT	55.76
5	Yost, Matthew	18	Bath Area-ME	55.77
6	Hill, Sean	16	Down East-ME	55.79
7	Wyatt, Trevor	17	Northwest-NC	55.80
8	Draminski, Collin	17	Dancely-MD	55.83

Heat 11 of 17 Prelims Starts at 09:55 AM

1	Jennings, Preston	17	Spartanburg-SC	55.73
2	Shirman, Mitchell	16	Wyckoff-NJ	55.63
3	Van Den Bosch, Kai	17	Spartanburg-SC	55.58
4	Foreback, Ryan	17	Red Bank - NJ	55.57
5	Bota, Evan	17	LakelandHills-NJ	55.58
6	Fischer, Nik	18	B R Ryall-IL	55.60
7	Levens, Peter	18	Cheshire-CT	55.70
8	Hanke, Sam	16	Cheshire-CT	55.75

Heat 12 of 17 Prelims Starts at 09:56 AM

1	Von Summer, Holden	17	Wyckoff-NJ	55.56
2	Mazziotti, Kyle	16	Cheshire-CT	55.45
3	O'Connor, Elijah	18	Powel Crosley-OH	55.31
4	McBoyle, Reid	17	SomersetHills-NJ	55.24
5	Gomes, Lucas	16	Meadowlands-NJ	55.29
6	Tupper, Aaron	19	Jennersville-PA	55.41
7	Hutter, Preston	15	Piedmont-VA	55.52
8	Dapo, Denis	15	Suncoast-FL	55.57

Heat 13 of 17 Prelims Starts at 09:57 AM

1	Alexy, Rob	14	SomersetHills-NJ	55.23
2	Thompson, Simon	14	Columbia-SC	55.18
3	Neale, Bode	16	Spartanburg-SC	55.00
4	Jordan, Colin	15	Spartanburg-SC	54.99
5	Beauchene, Alex	16	FarmingtonVal-CT	54.99
6	Harris, Dax	15	Greensboro-NC	55.05
7	Vlahos, Luke	17	Northwest-NC	55.20
8	Schober, Michael	17	Red Bank - NJ	55.24

Heat 14 of 17 Prelims Starts at 09:58 AM

1	Smith, Luke	18	Spartanburg-SC	54.95
2	Schlueter, Alex	17	Sage-IL	54.91
3	Ward, Steven	17	LakelandHills-NJ	54.88
4	Gordon, Daniel	15	Hanover-PA	54.79
5	Stoia, Brandon	17	Ridgewood-OH	54.85
6	Carnevale, Leo	17	Red Bank - NJ	54.90
7	Curran, Fran	18	Phoenixville-PA	54.95
8	Payne, Jarrett	13	Springfield-OH	54.97

Heat 15 of 17 Prelims Starts at 09:59 AM

1	Doyle, Ben	17	UpperMainLine-PA	54.63
2	Stanislaw, Evan	17	Spartanburg-SC	54.14
3	D'Amore, Logan	17	FanwoodScotch-NJ	53.56
4	Fazio, Michael	18	Jennersville-PA	52.72
5	Taylor, Owen	16	Powel Crosley-OH	53.15
6	Lane, Nicky	17	LakelandHills-NJ	53.73
7	Botting, Michael	18	FanwoodScotch-NJ	54.46
8	Knurek, Tyler	15	MetuchenED-NJ	54.71

Heat 16 of 17 Prelims Starts at 10:01 AM

1	Retterer, Paul	17	Red Bank - NJ	54.61
2	Risma, Sammy	18	Blue Ash-OH	54.08
3	Hodgson, Marcus	17	Greenwich-CT	53.33
4	Fleagle, Justin	18	AuglaizeMercerOH	52.45
5	Toepfer, Nicholas	16	South Shore, MA	52.92
6	Menchhofer, Erik	16	Blue Ash-OH	53.64
7	Conley, Brendan	18	ME Lyons-OH	54.41
8	Sharifian, Hiram	15	FanwoodScotch-NJ	54.68

Heat 17 of 17 Prelims Starts at 10:02 AM

1	Valentine, Isaiah	18	Powel Crosley-OH	54.61
2	Russano, Trent	16	SomersetHills-NJ	53.78
3	Holmes, Camden	18	Down East-ME	53.33
4	Schutte, Henry	18	Rapid Area-MI	51.77
5	Cohen, Josh	18	FanwoodScotch-NJ	52.89
6	Lequang, Matthew	17	Hamilton Area-NJ	53.57
7	Gifford, Alex	17	Wyckoff-NJ	54.19
8	Stollings, Tim	18	Tri-County-WV	54.64

Event 505 Women 200 LC Meter IM

National: 2:16.33 7/29/2008 Leah Gingrich

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Prelims Starts at 10:03 AM

1				
2				
3	Senese, Cetta	18	Joliet - IL	2:09.55Y
4	Rocheleau, Amber	17	East Hartford-CT	2:09.41Y
5	Doss, Gabrielle	16	Susquehanna-PA	2:09.43Y
6				
7				
8				

Heat 2 of 11 Prelims Starts at 10:06 AM

1	Farrell, Peyton	17	Coffman - OH	2:09.17Y
2	Tyler, Julianna	14	Cheshire-CT	2:08.64Y
3	Mora, Maile	18	Red Bank - NJ	2:08.25Y
4	Saunders, Hutton	15	Greenwich-CT	2:07.03Y
5	Tucker, Autumn-Brook	17	LakelandHills-NJ	2:08.21Y
6	Garretson, Brooke	16	Tri-Hampton-PA	2:08.55Y
7	Hu, Danning	17	LakelandHills-NJ	2:08.78Y
8				

Heat 3 of 11 Prelims Starts at 10:08 AM

1	Lettenberger, Ahalya	18	B R Ryall-IL	3:09.06
2	Laganelli, Audrey	13	UpperMainLine-PA	2:31.74
3	Iizuka, Erica	17	LakelandHills-NJ	2:31.61
4	Tiernan, Meghan	14	Cheshire-CT	2:31.47
5	Martin, Rebecca	17	Spartanburg-SC	2:31.53
6	Wintermute, Monica	16	SomersetValleyNJ	2:31.64
7	McCombs, Emma	16	York-PA	2:31.79
8	McEnroe, Kirsti	15	Spartanburg-SC	2:00.96Y

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Heat 4 Prelims (#505 Women 200 LC Meter IM)

1	Gindorf, Jamie	17	Sage-IL	2:31.22
2	Stockard, Taylor	15	Ridgewood-OH	2:31.12
3	Gerhart, Sophie	17	State College-PA	2:30.90
4	Marcella, Maddy	13	Andover-MA	2:30.80
5	Clayton, Grace	17	Spartanburg-SC	2:30.85
6	O'Donnell, Sophie	16	Piedmont-VA	2:31.11
7	Skidmore, Lindsey	17	Spartanburg-SC	2:31.13
8	Eldridge, Dylann	13	Ocean County-NJ	2:31.42

Heat 5 of 11 Prelims Starts at 10:14 AM

1	Fenton, Liz	17	SomersetHills-NJ	2:30.65
2	Barto, Julia	13	Cheshire-CT	2:30.53
3	Snow, Julia	14	Cheshire-CT	2:30.48
4	Vanyo, Athena	15	Piedmont-VA	2:30.31
5	Zimmermann, Emily	16	Red Bank - NJ	2:30.36
6	Stahl, Nyah	17	York-PA	2:30.48
7	Penny, Hayden	13	Spartanburg-SC	2:30.60
8	McGonigal, Maeren	13	Greensboro-NC	2:30.70

Heat 6 of 11 Prelims Starts at 10:17 AM

1	Harkins, Hailey	17	SomersetValleyNJ	2:30.30
2	Paxton, Madelyn	13	York-PA	2:29.96
3	Mayo, Alex	16	Soundview-CT	2:29.94
4	McMurray, Jessie	17	York-PA	2:29.88
5	McMenemy, Kelsey	16	Powel Crosley-OH	2:29.90
6	McKinney, Abigail	17	Westfield-NJ	2:29.95
7	Sherratt, Billie	13	FanwoodScotch-NJ	2:30.26
8	Sendak, Grace	14	The Oranges-NJ	2:30.30

Heat 7 of 11 Prelims Starts at 10:20 AM

1	Jann, Sara-Michael	15	Spartanburg-SC	2:29.82
2	Denenberg, Jane	18	B R Ryall-IL	2:29.79
3	Guadalupi, Cecilia	17	Kennebec-ME	2:29.59
4	Wilson, Camrynn	14	Spartanburg-SC	2:29.13
5	Fleenor, Anna Clare	17	Salem-VA	2:29.55
6	Tejeda, Gabriella	16	Cheshire-CT	2:29.67
7	Nappi, Julia	16	Red Bank - NJ	2:29.80
8	Colizzo, Julia	18	UpperMainLine-PA	2:29.87

Heat 8 of 11 Prelims Starts at 10:23 AM

1	Agans, Madison	16	SomersetValleyNJ	2:28.74
2	Mostek, Anya	15	Phoenixville-PA	2:28.46
3	Mudry, Vivian	16	Cheshire-CT	2:28.14
4	McDermott, Kelly	17	Wyckoff-NJ	2:27.76
5	Roche, Cameron	16	Wyckoff-NJ	2:27.98
6	Field, Madi	17	B R Ryall-IL	2:28.18
7	Haley, Maddie	16	New Canaan-CT	2:28.52
8	Uhlir, Brina	17	York-PA	2:28.92

Heat 9 of 11 Prelims Starts at 10:25 AM

1	Grenon, Samantha	18	Cheshire-CT	2:26.40
2	Eldridge, Sarah	14	Ocean County-NJ	2:25.48
3	Fraser, Coco	17	LakelandHills-NJ	2:24.65
4	Campbell, McKenzie	18	Greensboro-NC	2:22.29
5	Cech, Hannah	17	Lakota-OH	2:23.83
6	Francis, Abby	18	East Hartford-CT	2:25.13
7	Keats-O'Connor, Autumn	17	SummitBranch-NJ	2:25.91
8	Zhou, Grace	14	SomersetValleyNJ	2:27.36

Heat 10 of 11 Prelims Starts at 10:28 AM

1	Mohr, Katie	15	Northwest-NC	2:26.12
2	Ogle, Jodi	18	Spartanburg-SC	2:25.47
3	Eisenbauer, Victoria	17	SomersetValleyNJ	2:24.40
4	Harnish, Meaghan	15	York-PA	2:22.13
5	Doss, Abigail	17	Susquehanna-PA	2:23.53
6	Meisner, Julia	15	SomersetValleyNJ	2:25.08
7	Arkenberg, Alexa	16	R.C. Durr-KY	2:25.90
8	Herbert, Olivia	14	Western-CT	2:27.13

Heat 11 of 11 Prelims Starts at 10:31 AM

1	Sunseri, Mia	16	Wheeling-WV	2:26.02
2	Shuppert, Emma	18	Blue Ash-OH	2:25.41
3	Byers, Sarah Grace	18	Spartanburg-SC	2:24.22
4	Overbey, Kate	18	ME Lyons-OH	2:22.09
5	Tyler, Alexandra	16	Cheshire-CT	2:22.62
6	Thompson, Emily	13	SomersetValleyNJ	2:25.00
7	Trout, Riley	16	York-PA	2:25.70
8	Riegler, Meredith	18	SomersetHills-NJ	2:26.81

Event 506 Men 200 LC Meter IM

National: 2:05.13 7/26/2011 Connor Maher

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims Starts at 10:34 AM

1				
2				
3	Burns, Jake	16	Suncoast-FL	1:57.47Y
4	McBoyle, Reid	17	SomersetHills-NJ	1:57.27Y
5	Narcelles, Christian	16	Springfield-OH	1:57.41Y
6	Casavant, Jack	15	Ridgewood-NJ	1:57.82Y
7				
8				

Heat 2 of 12 Prelims Starts at 10:36 AM

1	Bull, Brian	16	SomersetValleyNJ	1:56.76Y
2	Winter, Tyce	18	Piedmont-VA	1:56.40Y
3	Pong, CJ	17	Chambersburg-PA	1:54.69Y
4	Todorovic, Stephan	18	Greenwich-CT	1:53.76Y
5	Coleman, Christian	18	Susquehanna-PA	1:54.40Y
6	Dupree, Benjamin	17	Red Bank - NJ	1:56.38Y
7	Man, Michael	17	SomersetValleyNJ	1:56.57Y
8	Chhabra, Vijay	17	Piedmont-VA	1:57.14Y

Heat 3 of 12 Prelims Starts at 10:39 AM

1	Levine, Evan	16	Cheshire-CT	2:19.61
2	Greek, Jimmy	18	RidleyArea-PA	2:19.55
3	Anderson, Tim	17	LakelandHills-NJ	2:19.50
4	Yin, Gabriel	16	Blue Ash-OH	2:19.46
5	Jones, Max	16	Annapolis-MD	2:19.49
6	Wade, George	17	SomersetValleyNJ	2:19.50
7	Johnson, David	16	Powel Crosley-OH	2:19.57
8	Ferdico, Zach	14	LakelandHills-NJ	2:19.69

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Heat 4 Prelims (#506 Men 200 LC Meter IM)

1	Von Summer, Holden	17	Wyckoff-NJ	2:19.35
2	Savidge, Daniel	17	East Hartford-CT	2:19.21
3	Anbar, Kalen	14	New Canaan-CT	2:19.08
4	McNamara, Kevin	15	LakelandHills-NJ	2:18.88
5	Lester, Patrick	16	Powel Crosley-OH	2:18.91
6	Kim, Lucas	16	Wyckoff-NJ	2:19.13
7	Citta, Dylan	16	Red Bank - NJ	2:19.21
8	Hess, Rory	16	Wilton-CT	2:19.35

Heat 5 of 12 Prelims Starts at 10:44 AM

1	Burk, Garrett	18	Brandywine-DE	2:18.80
2	Nutt, Johnny	17	Red Bank - NJ	2:18.67
3	Ehret, Bennett	16	New Canaan-CT	2:18.46
4	Soja, Max	16	SomersetValleyNJ	2:18.43
5	Grandy, Jack	16	ME Lyons-OH	2:18.44
6	Fantano, Derek	15	Cheshire-CT	2:18.53
7	Regan, Timmy	15	Western-CT	2:18.75
8	Trenery, Aidan	15	FanwoodScotch-NJ	2:18.83

Heat 6 of 12 Prelims Starts at 10:46 AM

1	Bracall, Nick	14	Spartanburg-SC	2:18.31
2	Townson, Connor	15	Montclair-NJ	2:18.28
3	McQueary, Tommie	16	ME Lyons-OH	2:18.25
4	Cannata, Joey	18	Cheshire-CT	2:18.19
5	Neale, Bode	16	Spartanburg-SC	2:18.22
6	Thompson, Jake	17	Columbia-SC	2:18.27
7	Cheng, Steven	17	Ridgewood-NJ	2:18.29
8	Fatta, Tanner	16	York-PA	2:18.38

Heat 7 of 12 Prelims Starts at 10:49 AM

1	Florio, Aidan	15	Ridgewood-OH	2:17.81
2	McDermott, Will	16	York-PA	2:17.73
3	Hood, Liam	17	Montclair-NJ	2:17.67
4	Olson, Brooks	15	Gr Miami Val-OH	2:17.63
5	Wollen, Mitchell	15	Cheshire-CT	2:17.64
6	Truscio, Kevin	16	Red Bank - NJ	2:17.68
7	Ettinger, Richard	18	New Canaan-CT	2:17.78
8	Pennimpede, Tommy	16	SomersetValleyNJ	2:18.08

Heat 8 of 12 Prelims Starts at 10:51 AM

1	Fry, Blake	17	Lancaster-OH	2:17.56
2	Holtman, Josh	18	Powel Crosley-OH	2:17.48
3	Lewis, Tommy	17	Greenwich-CT	2:17.27
4	Coughlin, Brian	18	Wyckoff-NJ	2:17.11
5	Hu, Kevin	16	Wilton-CT	2:17.13
6	Kim, John	15	Wyckoff-NJ	2:17.28
7	Higgins, Jack	17	SomersetValleyNJ	2:17.51
8	Jones, Roman	14	SomersetHills-NJ	2:17.58

Heat 9 of 12 Prelims Starts at 10:54 AM

1	Colwell, Patrick	17	New Canaan-CT	2:16.78
2	Wisniewski, Jack	16	Goldsboro-NC	2:16.64
3	Lynk, Liam	15	LakelandHills-NJ	2:16.29
4	Mazziotti, Kyle	16	Cheshire-CT	2:16.11
5	Williams, Nathan	18	Columbia-SC	2:16.17
6	Tucker, Jack	18	Cheshire-CT	2:16.55
7	Schober, Michael	17	Red Bank - NJ	2:16.75
8	Parker, Jack	16	Spartanburg-SC	2:16.93

Heat 10 of 12 Prelims Starts at 10:57 AM

1	Cynor, Quinton	16	Sage-IL	2:15.47
2	Payne, Jarrett	13	Springfield-OH	2:14.65
3	Wesley, Sam	17	RidleyArea-PA	2:11.96
4	Doromal, James	17	B R Ryall-IL	2:08.80
5	Voight, Matt	18	SomersetHills-NJ	2:11.19
6	Thomas, Riley	16	York-PA	2:13.33
7	Wu, Christopher	18	Cheshire-CT	2:15.16
8	Gurski, Jonus	18	FanwoodScotch-NJ	2:16.09

Heat 11 of 12 Prelims Starts at 10:59 AM

1	Huang, Keren	17	FanwoodScotch-NJ	2:15.38
2	Diehl, Daniel	13	Cumberland-MD	2:14.29
3	Menchhofer, Erik	16	Blue Ash-OH	2:11.32
4	Regan, Billy	18	Western-CT	2:07.74
5	Trentalange, Richard	17	Red Bank - NJ	2:10.31
6	Horkan, Michael	16	Wyckoff-NJ	2:13.01
7	Wise, Calvin	17	Springfield-OH	2:15.13
8	Stoia, Brandon	17	Ridgewood-OH	2:15.85

Heat 12 of 12 Prelims Starts at 11:02 AM

1	Crowe, Zack	17	LakelandHills-NJ	2:15.36
2	Juengel, Michael	18	Spartanburg-SC	2:13.70
3	Racevicius, Lucas	18	Cheshire-CT	2:11.21
4	Scheidl, Lukas	18	SomersetHills-NJ	2:06.85
5	Sun, Alex	18	York-PA	2:10.14
6	Hargrove, Noah	17	Piedmont-VA	2:12.53
7	Wesley, Ben	17	RidleyArea-PA	2:14.86
8	Castagno, Joe	16	SomersetHills-NJ	2:15.57

Event 507 Women 50 LC Meter Backstroke

National:		29.09	8/4/2017	Bailey Grinter	
Lane	Name	Age	Team	Seed	Time

Heat 1 of 14 Prelims Starts at 11:04 AM

1					
2					
3	Gibney, Alexa	18	UpperMainLine-PA	54.66	L B
4	Blake, Lindsay	16	UpperMainLine-PA	29.86	Y
5	Weber, Rachel	17	Ridgewood-OH	30.57	Y
6					
7					
8					

Heat 2 of 14 Prelims Starts at 11:05 AM

1	Breton, Ava	16	Cheshire-CT	29.58	Y
2	Heeren, Rachel	16	SomersetValleyNJ	29.06	Y
3	McGann, Julia	16	Westfield-NJ	28.42	Y
4	Gao, Annie	12	ReadingBerks-PA	28.20	Y
5	Jankovich, Alexis	16	Red Bank - NJ	28.38	Y
6	Iizuka, Monica	17	LakelandHills-NJ	28.81	Y
7	Judge, Megan	18	Red Bank - NJ	29.23	Y
8	Stewart, Danielle	16	Dover-DE	29.67	Y

2019 LCY Nationals, Sanction #: PVA-19-306

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Meet Program - Day 5 Prelims

Heat 3 Prelims (#507 Women 50 LC Meter Backstroke)

1	Weiss, Rachel	17	LakelandHills-NJ	38.10
2	Lane, Lauren	14	Westfield-NJ	35.35
3	Smith, Alaina	17	Spartanburg-SC	35.27
4	Policari, Leah	16	Red Bank - NJ	34.87
5	Young, Sarah	19	Spartanburg-SC	35.17
6	Patt, Kaitlin	15	Burbank-MA	35.30
7	Horan, Katie	17	Columbia-SC	35.78
8	Turner, Peyton	17	UpperMainLine-PA	36.65

Heat 4 of 14 Prelims Starts at 11:07 AM

1	Ardis, Kirsten	18	Red Bank - NJ	34.40
2	Spelke, Cora	15	Bath Area-ME	33.76
3	Bernstein, Sarah	16	LakelandHills-NJ	33.68
4	Marcella, Maddy	13	Andover-MA	33.67
5	Keane, Ava	16	Soundview-CT	33.68
6	Undercoffer, Gemma	13	UpperMainLine-PA	33.68
7	Gardner, Brooke	17	Wilton-CT	33.95
8	Paxton, Madelyn	13	York-PA	34.42

Heat 5 of 14 Prelims Starts at 11:08 AM

1	Blass, Julia	16	Wyckoff-NJ	33.55
2	Donnelly, Kiersten	16	UpperMainLine-PA	33.50
3	Hand, Rachel	18	Down East-ME	33.45
4	Weidner, Sydney	14	Red Bank - NJ	33.37
5	Wintermute, Monica	16	SomersetValleyNJ	33.42
6	Wang, Marina	13	UpperMainLine-PA	33.47
7	Sherratt, Billie	13	FanwoodScotch-NJ	33.53
8	Yancey, Mia	16	RidleyArea-PA	33.56

Heat 6 of 14 Prelims Starts at 11:09 AM

1	Wright, Katie	17	Red Bank - NJ	33.29
2	Jurski, Joslyn	15	Fort Meigs-OH	33.27
3	McLeod, Margie	17	Bath Area-ME	33.18
4	Marino, Mira	13	LakelandHills-NJ	33.15
5	Simpson, Katie	15	West Chester-PA	33.15
6	Coburn, Zoe	14	Greensboro-NC	33.24
7	Leibold, Ella	13	South Family-OH	33.28
8	Sowka, Brooke	13	East Hartford-CT	33.36

Heat 7 of 14 Prelims Starts at 11:10 AM

1	Judge, Shannon	16	Red Bank - NJ	33.14
2	Battagliese, Katelyn	17	SomersetValleyNJ	33.05
3	Chen, Sarah	16	Cheshire-CT	33.03
4	McCombs, Emma	16	York-PA	32.96
5	Wolf, Carly	17	Sage-IL	32.97
6	Hamill, Emily	12	UpperMainLine-PA	33.04
7	Muck, Abby	15	Kishwaukee-IL	33.09
8	Kannee, Sophie	16	Spartanburg-SC	33.14

Heat 8 of 14 Prelims Starts at 11:11 AM

1	Ward, Juliana	17	SomersetValleyNJ	32.90
2	Wagner, Kristen	17	Waynesboro-VA	32.87
3	Rodrigues, Sarah	12	The Oranges-NJ	32.79
4	Johnson, Alexandra	14	ME Lyons-OH	32.71
5	Carroll, Spencer	14	Cheshire-CT	32.72
6	Pope, Phoebe	17	Randolph-NJ	32.86
7	Zhang, Vivian	16	SummitBranch-NJ	32.88
8	Utecht, Allyssa	17	Phoenixville-PA	32.92

Heat 9 of 14 Prelims Starts at 11:12 AM

1	Ploskonka, Alexa	16	Kennett-PA	32.69
2	Spexarth, Carrie	17	Ocean County-NJ	32.67
3	Fasano, Ava	14	Wilton-CT	32.51
4	Chow, Olivia	13	SomersetValleyNJ	32.44
5	Castro, Jade	14	State College-PA	32.49
6	Lall, Symran	17	LakelandHills-NJ	32.53
7	Blakely, Madeline	16	Fort Meigs-OH	32.68
8	Cahill, Alyssa	18	SomersetValleyNJ	32.70

Heat 10 of 14 Prelims Starts at 11:13 AM

1	DeVirgilio, Gabriella	17	Red Bank - NJ	32.20
2	Clippard, Lauren	15	Powel Crosley-OH	32.11
3	Stevens, Jillian	16	Cheshire-CT	32.05
4	Dunnigan, Megan	14	FarmingtonVal-CT	31.96
5	O'Neill, Claire	16	York-PA	32.01
6	McMenemy, Kelsey	16	Powel Crosley-OH	32.09
7	Ryle, Lauren	15	Rapid Area-MI	32.15
8	Pinnix, Omega	17	Greensboro-NC	32.29

Heat 11 of 14 Prelims Starts at 11:14 AM

1	Zelinske, Lauren	14	Phoenixville-PA	31.84
2	Turchanik, Sarah	17	Ridgewood-OH	31.72
3	Neal, Madison	15	Northwest-NC	31.70
4	Riegler, Meredith	18	SomersetHills-NJ	31.56
5	Hughes, Lily	15	FanwoodScotch-NJ	31.68
6	Ghate, Anushree	15	MetuchenED-NJ	31.71
7	Pastushan, Alex	15	New Canaan-CT	31.72
8	Reid, McKenzie	16	South Family-OH	31.88

Heat 12 of 14 Prelims Starts at 11:15 AM

1	Cranker, Emi	17	Cecil County-MD	31.41
2	Colizzo, Julia	18	UpperMainLine-PA	31.06
3	Lee, Arabella	15	Red Bank - NJ	30.80
4	Pappalardo, Jenna	16	Ocean County-NJ	30.00
5	Arts, Molly	17	Wyckoff-NJ	30.62
6	Ogle, Jodi	18	Spartanburg-SC	30.95
7	Trout, Riley	16	York-PA	31.20
8	Leydig, Camryn	15	York-PA	31.52

Heat 13 of 14 Prelims Starts at 11:16 AM

1	Khan, Asma	14	Ridgewood-OH	31.36
2	Kayal, Grace	17	Red Bank - NJ	31.02
3	Eisenhauer, Victoria	17	SomersetValleyNJ	30.68
4	Harper, Olivia	17	Bath Area-ME	29.39
5	Rickert, Marlee	17	ReadingBerks-PA	30.49
6	Habjan, Ela	14	Montclair-NJ	30.91
7	Hemp, Kerrigan	17	Andover-MA	31.12
8	Farrell, Peyton	17	Coffman - OH	31.48

Heat 14 of 14 Prelims Starts at 11:17 AM

1	Pennington, Isabel	16	Northwest-NC	31.23
2	Zelinske, Alexandra	17	Phoenixville-PA	30.98
3	Moellering, Meredith	18	ME Lyons-OH	30.63
4	Shuppert, Emma	18	Blue Ash-OH	29.28
5	Williams, Bri	16	Wyckoff-NJ	30.37
6	Ally, Emily	16	Greensboro-NC	30.91
7	Howard, Tori	16	UpperMainLine-PA	31.08
8	Tosten, Sierra	17	Hagerstown-MD	31.45

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Event 508 Men 50 LC Meter Backstroke**National: 25.47 7/30/2012 Nic Graesser****Lane Name Age Team Seed Time****Heat 1 of 10 Prelims Starts at 11:18 AM**

1				
2	Schuller, Ryan	15	SomersetHills-NJ	27.51 Y
3	Adams, Hunter	16	Red Bank - NJ	26.91 Y
4	Schlueter, Alex	17	Sage-IL	26.75 Y
5	Nejame, Neil	17	Red Bank - NJ	26.78 Y
6	Gurski, Jonus	18	FanwoodScotch-NJ	27.30 Y
7	Shilts, Alex	18	Champaign-IL	27.65 Y
8				

Heat 2 of 10 Prelims Starts at 11:19 AM

1	Sherk, Zachary	17	ReadingBerks-PA	25.04 Y
2	Barley, Avery	18	Chambersburg-PA	23.43 Y
3	Knopf, Luke	17	Coffman - OH	32.89
4	Regan, Timmy	15	Western-CT	31.93
5	Danus, Quinn	15	LakelandHills-NJ	32.55
6	Moul, Thomas	14	UpperMainLine-PA	36.40
7	Pappas, George	16	Phoenixville-PA	24.82 Y
8	Ovanic, Joe	15	Joliet - IL	25.54 Y

Heat 3 of 10 Prelims Starts at 11:20 AM

1	Ferdico, Zach	14	LakelandHills-NJ	31.72
2	Hareesh, Vidur	17	Wilton-CT	31.57
3	Womble, Ethan	16	Greensboro-NC	31.42
4	Fox, Benjamin	17	Flushing-NY	31.04
5	Lou, Andrew	16	Cheshire-CT	31.24
6	Viney, Copeland	17	Spartanburg-SC	31.53
7	Hain, Alex	15	Frederick-MD	31.60
8	Wynne, Shane	15	Cheshire-CT	31.82

Heat 4 of 10 Prelims Starts at 11:21 AM

1	Curreri, James	16	LakelandHills-NJ	31.01
2	Ostolaza, Dylan	15	LakelandHills-NJ	30.90
3	Huang, Keren	17	FanwoodScotch-NJ	30.54
4	Hamill, Alex	15	UpperMainLine-PA	30.45
5	Savidge, Daniel	17	East Hartford-CT	30.46
6	Pacholarz, Michael	17	Sussex County-NJ	30.86
7	Dudley, Dakota	17	Spartanburg-SC	30.99
8	Gurski, Joseph	16	FanwoodScotch-NJ	31.02

Heat 5 of 10 Prelims Starts at 11:22 AM

1	Pennimpede, Tommy	16	SomersetValleyNJ	30.36
2	Melanson, Derek	17	Cheshire-CT	30.14
3	Meyers, Will	14	ME Lyons-OH	30.07
4	Lee, Taite	15	Wyckoff-NJ	29.88
5	Simmons, Liam	14	Western Br-DE	29.96
6	Siegmeier, Noah	17	Sage-IL	30.10
7	Hughes, Sam	16	Ridgewood-NJ	30.28
8	Kotlyar, Michael	18	New Canaan-CT	30.38

Heat 6 of 10 Prelims Starts at 11:23 AM

1	Wray, Peyton	16	Piedmont-VA	29.85
2	LeTourneau, Avery	16	Rapid Area-MI	29.84
3	Janton, Tommy	15	Western Br-DE	29.77
4	Gaynor, Dylan	17	Brandywine-DE	29.61
5	Kim, John	15	Wyckoff-NJ	29.66
6	Humphrey, Jaden	16	Springfield-OH	29.84
7	Voight, Matt	18	SomersetHills-NJ	29.85
8	Morgan, Alex	17	Greenwich-CT	29.86

Heat 7 of 10 Prelims Starts at 11:24 AM

1	Carnevale, Leo	17	Red Bank - NJ	29.55
2	Johnson, David	16	Powel Crosley-OH	29.45
3	Qiu, Philip	16	SomersetValleyNJ	29.31
4	Ettinger, Richard	18	New Canaan-CT	29.30
5	Rusnock, Joe	16	FarmingtonVal-CT	29.31
6	Willertz, Evan	16	Bath Area-ME	29.39
7	Hood, Liam	17	Montclair-NJ	29.50
8	Bartone, Nicco	17	Bath Area-ME	29.58

Heat 8 of 10 Prelims Starts at 11:25 AM

1	Hardy, Cole	15	Columbia-SC	29.01
2	Eckels, Evan	16	Hamilton Area-NJ	28.66
3	Gifford, Alex	17	Wyckoff-NJ	28.21
4	Racevicius, Lucas	18	Cheshire-CT	27.79
5	Pelletier, Sam	18	Down East-ME	27.87
6	Botting, Michael	18	FanwoodScotch-NJ	28.50
7	Fischer, Nik	18	B R Ryall-IL	28.88
8	Jacob, Justin	15	Greenwich-CT	29.14

Heat 9 of 10 Prelims Starts at 11:26 AM

1	Bota, Evan	17	LakelandHills-NJ	28.93
2	Eberhardt, Nathen	18	Lancaster-OH	28.63
3	Downs-Honey, Vincent	20	Newport Co-RI	28.16
4	Horkan, Michael	16	Wyckoff-NJ	27.57
5	Diehl, Daniel	13	Cumberland-MD	27.85
6	Burk, Garrett	18	Brandywine-DE	28.42
7	Weber, Chris	18	FarmingtonVal-CT	28.75
8	Dedert, Conner	19	Rapid Area-MI	29.09

Heat 10 of 10 Prelims Starts at 11:27 AM

1	Welsh, Christopher	18	SomersetValleyNJ	28.88
2	Retterer, Paul	17	Red Bank - NJ	28.60
3	Wesley, Sam	17	RidleyArea-PA	27.87
4	Heimes, Justin	17	U Perkiomen-PA	27.19
5	Christian, Jack	16	UpperMainLine-PA	27.84
6	McMurray, Keaton	18	AuglaizeMercerOH	28.42
7	Juengel, Michael	18	Spartanburg-SC	28.67
8	Tupper, Aaron	19	Jennersville-PA	29.04

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Event 509 Women 400 LC Meter Freestyle Relay**National: 3:51.79 8/7/2015 Middle Tyger YMCA****A Galyer, M Rudolph, S Baker, K Konopka**

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims Starts at 11:28 AM

1			
2			
3	SomersetHills-NJ		3:35.37Y
4	Sage-IL		3:34.17Y
5	Western-CT		3:35.35Y
6			
7			
8			

Heat 2 of 4 Prelims Starts at 11:32 AM

1	LakelandHills-NJ		3:33.83Y
2	Westfield-NJ		3:32.18Y
3	South Shore, MA		4:06.68
4	Powel Crosley-OH		4:06.48
5	New Canaan-CT		4:06.55
6	Phoenixville-PA		3:31.97Y
7	Kennebec-ME		3:33.70Y
8			

Heat 3 of 4 Prelims Starts at 11:36 AM

1	Ridgewood-OH		4:05.96
2	Northwest-NC		4:03.35
3	Blue Ash-OH		3:59.21
4	SomersetValleyNJ		3:57.67
5	UpperMainLine-PA		3:58.10
6	York-PA		4:00.31
7	East Hartford-CT		4:05.56
8	Wyckoff-NJ		4:06.44

Heat 4 of 4 Prelims Starts at 11:41 AM

1	B R Ryall-IL		4:05.82
2	Wilton-CT		4:01.55
3	Red Bank - NJ		3:59.06
4	Cheshire-CT		3:57.49
5	ME Lyons-OH		3:57.70
6	Spartanburg-SC		3:59.86
7	FanwoodScotch-NJ		4:04.60
8	Greensboro-NC		4:05.97

Event 510 Men 400 LC Meter Freestyle Relay**National: 3:28.78 7/31/2016 Upper Main Line YMCA****B Burns, S Hawke, B McKenrick, B Beard**

Lane	Team	Relay	Seed Time
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Heat 1 of 5 Prelims Starts at 11:45 AM

1			
2	Jennersville-PA		3:12.94Y
3	B R Ryall-IL		3:12.58Y
4	State College-PA		3:08.65Y
5	Lancaster-OH		3:12.07Y
6	Chambersburg-PA		3:12.84Y
7	Bath Area-ME		3:13.44Y
8			

Heat 2 of 5 Prelims Starts at 11:49 AM

1	Northwest-NC		3:46.45
2	Hamilton Area-NJ		3:46.12
3	Kishwaukee-IL		3:45.76
4	New Canaan-CT		3:45.54
5	Wilton-CT		3:45.72
6	Henson-MD		3:46.02
7	AuglaizeMercerOH		3:46.33
8	Greensboro-NC		3:46.73

Heat 3 of 5 Prelims Starts at 11:53 AM

1	ME Lyons-OH		3:45.23
2	SomersetValleyNJ		3:44.55
3	Suncoast-FL		3:44.01
4	RidleyArea-PA		3:43.16
5	UpperMainLine-PA		3:43.65
6	Western-CT		3:44.41
7	FarmingtonVal-CT		3:45.11
8	Phoenixville-PA		3:45.27

Heat 4 of 5 Prelims Starts at 11:57 AM

1	Greenwich-CT		3:42.64
2	Red Bank - NJ		3:40.32
3	York-PA		3:38.78
4	Rapid Area-MI		3:37.00
5	Spartanburg-SC		3:37.32
6	LakelandHills-NJ		3:39.42
7	Sage-IL		3:40.62
8	Columbia-SC		3:42.86

Heat 5 of 5 Prelims Starts at 12:01 PM

1	Wyckoff-NJ		3:41.29
2	Blue Ash-OH		3:39.68
3	Powel Crosley-OH		3:37.56
4	FanwoodScotch-NJ		3:35.59
5	SomersetHills-NJ		3:37.12
6	Ridgewood-OH		3:39.19
7	Cheshire-CT		3:40.54
8	Springfield-OH		3:42.83

Event 511 Women 800 LC Meter Freestyle**National: 8:55.46 7/31/2009 Laura Simon**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals - Swimming with Finals

1	Meisner, Catherine	15	SomersetValleyNJ	9:16.32
2	Workman, Gail	18	ME Lyons-OH	9:10.10
3	Gomez, Isabelle	15	Lakota-OH	9:08.77
4	Doss, Abigail	17	Susquehanna-PA	9:02.10
5	Ganihanova, Aziza	17	SomersetValleyNJ	9:06.66
6	Hastings, Grace	17	ME Lyons-OH	9:08.89
7	McLaughlin, Brenna	18	Wilton-CT	9:10.21
8	French, Meghan	18	York-PA	9:16.33

2019 LCY Nationals, Sanction #: PVA-19-306

July 30 - August 3, 2019

Meet Program - Day 5 Prelims

Heat 2 Finals (#511 Women 800 LC Meter Freestyle)

1	Rosenthal, Molly	18	B R Ryall-IL	9:22.28
2	Sutphin, Ava	14	ME Lyons-OH	9:21.05
3	Page, Lorelai	14	LakelandHills-NJ	9:20.16
4	Wright, Katie	17	Red Bank - NJ	9:17.46
5	Bridges, Jenna	16	Spartanburg-SC	9:18.68
6	Anbar, Isabel	18	New Canaan-CT	9:20.52
7	Peden, Rachel	18	Spartanburg-SC	9:21.34
8	Andres, Annie	15	B R Ryall-IL	9:24.22

Heat 3 of 4 Finals Starts at 12:14 PM

1	Slaney, Morgan	15	ME Lyons-OH	9:27.33 L B
2	Thomas, Bridget	16	Westfield-NJ	10:20.85 Y
3	McGann, Caroline	17	Red Bank - NJ	10:19.79 Y
4	Harnish, Meaghan	15	York-PA	9:24.22
5	Wilson, Peyton	15	Greensboro-NC	9:25.11
6	Eckert, Ellie	17	Lynchburg-VA	10:19.99 Y
7	Elliott, Mikaela	16	Powel Crosley-OH	10:24.24 Y
8	Snow, Julia	14	Cheshire-CT	9:29.49 L B

Heat 4 of 4 Finals Starts at 12:24 PM

1	Marody, Maggie	16	Wheeling-WV	9:35.75 L B
2	Bishop, Stephanie	16	Wilton-CT	9:34.31 L B
3	Grenon, Samantha	18	Cheshire-CT	9:31.12 L B
4	Falder, Sarah	14	Western-CT	9:30.30 L B
5	Bergstrom, Nora	16	Cheshire-CT	9:30.81 L B
6	Buchert, Anna	14	Spartanburg-SC	9:32.41 L B
7	Pettit, Grace	16	Cheshire-CT	9:35.37 L B
8	Kisova, Veronika	14	Andover-MA	9:37.98 L B

Heat 3 of 4 Finals Starts at 12:43 PM

1	Thompson, Connor	16	LakelandHills-NJ	8:52.86 L B
2	Vester, Alex	16	Ridgewood-NJ	9:45.66 Y
3	Parker, Jack	16	Spartanburg-SC	9:39.58 Y
4	Rennard, Theo	16	Red Bank - NJ	9:18.47 Y
5	Foreback, Ryan	17	Red Bank - NJ	9:36.44 Y
6	Carroll, Brennan	18	Cheshire-CT	9:45.18 Y
7	Harris, Dax	15	Greensboro-NC	9:46.23 Y
8	McDermott, Will	16	York-PA	8:54.35 L B

Heat 4 of 4 Finals Starts at 12:52 PM

1	Hodgson, Lucas	15	Greenwich-CT	9:59.96 Y B
2	Schaller, Matt	17	Wilton-CT	9:06.44 L B
3	Stehmann, Eric	15	Greenwich-CT	9:02.04 L B
4	Haemmerle, Thomas	16	Ridgewood-NJ	8:56.41 L B
5	Fricker, Leo	16	Ridgewood-NJ	9:00.44 L B
6	Little, Jed	17	Anderson-SC	9:03.18 L B
7	Bernauer, Clayton	16	LakelandHills-NJ	9:51.75 Y B
8				

Event 512 Men 800 LC Meter Freestyle

National: 8:25.05 7/29/2009 Ty Perkins

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals - Swimming with Finals

1	Borges, Nathan	17	SomersetValleyNJ	8:38.27
2	Lamping, Adam	16	Powel Crosley-OH	8:35.32
3	McFadden, Logan	17	York-PA	8:34.09
4	Andres, Nick	17	B R Ryall-IL	8:27.25
5	Shoyat, Eli	15	Powel Crosley-OH	8:29.14
6	Rennard, Sammy	18	Red Bank - NJ	8:34.63
7	Nonnenmacher, Max	17	Wilton-CT	8:36.34
8	Gamper, Andrew	16	Wyckoff-NJ	8:41.78

Heat 2 of 4 Finals Starts at 12:34 PM

1	Craft, Alex	16	ME Lyons-OH	8:51.83
2	Dostal, Justin	14	ME Lyons-OH	8:50.62
3	Conley, Brendan	18	ME Lyons-OH	8:48.39
4	McGowan, John	17	LakelandHills-NJ	8:42.19
5	Speed, Cameron	17	York-PA	8:46.60
6	Bull, Brian	16	SomersetValleyNJ	8:49.32
7	Anderson, Gavin	17	Kishwaukee-IL	8:51.28
8	Weil, Jay	17	Powel Crosley-OH	8:51.92