# History YMCA Competitive Swimming /Diving

- **1851.** The first YMCA in the USA was founded in Boston, MA through the efforts of Thomas V. Sullivan, a retired sea captain.
- **1885.** The first YMCA swimming pool ("swimming bath" 45 feet long, 15 feet wide, and 5 feet deep")was built in the Brooklyn Central YMCA. By the end of this year it was reported that there were 17 YMCA pools in existence.

By 1900 this number had risen to 100.

Early YMCA pools had no system of filtration or chlorination and were considered a health menace by the medical profession.

- **1902.** Australians Alex Wickham and Dick Cavill developed the Australian crawl-stroke from Neolithic origins. The crawl stroke began to be used in America in 1904.
- **1906.** American swimmers narrowed the wide-leg action of the Australian crawl stroke to what was then called the flutter kick. This then became the American Crawl, and with some modification has remained the fastest stroke.
- **1907.** For the first time, national YMCA swimming records were filed.
- **1909.** By this time there were 293 swimming pools in YMCA's.
- **1923.** The first YMCA National Swimming Championships were held on May 19th at the Brooklyn Central YMCA pool. The host team was the winner.

#### 9 Associations attended with 80 participants.

1<sup>st</sup> Central Branch YMCA Brooklyn YMCA 2<sup>nd</sup> Parkway Branch YMCA Cincinnati YMCA 3<sup>rd</sup> Central Branch YMCA Buffalo YMCA

**Events:** 400 yard Freestyle Relay 220 yard Freestyle

Diving 440 yard Freestyle 150 yard Backstroke 100 yard Freestyle

220 yard Breaststroke (40 yard Freestyle No Record

of this event????)

Other participating YMCA teams were: Auburn, Maine; West Side, New York; Worcester, Massachusetts; Summit, Passaic and Bayonne, New Jersey.

- **1926.** A Cincinnati Parkway YMCA swimmer Walter Laufer was named Swimmer of the Year by Sports Writers.
- **1928.** Walter Laufer became a member of the U,S. Olympic Team, and won 3 medals:
  - 1. Silver Medal in the 100 Yard Backstroke
  - 2. Bronze Medal in the 100 Yard Freestyle
  - 3. Gold Medal in the 800 Yard Freestyle Relay (His team mates were: Harry Glancy, George Kojak, and John Weissmuller.)
- **1936.** The first National YMCA Aquatic Conference chaired by Robert L. Hunter, was held at Camp Duncan Branch YMCA Chicago, Illinois. A recommendation was made that a National YMCA Institute on Swimming and Diving be held.
- **1937.** The first National YMCA Institute on Swimming and Diving was held May 9-12. at George Williams College in Chicago. Thomas K. Cureton was selected chairman of the newly formed National YMCA Aquatic Committee.
- **1938.** The number of YMCA pools by this year had jumped to 531.
- 1965. Margaret Kelso was appointed to chair a subcommittee to investigate the possibility of beginning a National YMCA Swimming and Diving Championship for Women. After a two year study it was recommended that the meet should be conducted on a trial basis for three years.
- **1967.** The first National YMCA Women's Swimming and Diving Championship was held at the North Side YMCA of Indianapolis, Indiana and was won by Ferguson- Ritenour Branch YMCA of St. Louis, Missouri.
- 1971. The first Combined National YMCA Men's and Women's Swimming and Diving was held in Ft. Lauderdale, Florida. The meet coordinators were James Stocker and Gene Keltner who were the National YMCA Chairman for Women's and Men's Swimming and Diving respectively. At this meet <a href="The YMCA Outstanding Participant Award">The YMCA Outstanding Participant Award</a> was established. The recipients were: Kathy Krieghauser, Ferguson-Ritenour YMCA and Rick Roberts, Kokomo YMCA
- 1972. The first back to back National YMCA Swimming and Diving Championships were held at Edinboro, Pennsylvania and was hosted by the Erie, PA. YMCA. There were many firsts for the meet: The first to use Electronic timing (Nevco System provided by Archie Harris- Illinois State University), the first one to be computerized, and the first to be televised (PBS-Narrator: Buster Crabbe).

- 1974. The Joseph G. Rogers Award was established and presented at the National YMCA Swimming and Diving Championships in Ft. Lauderdale, Florida. The first recipient was Mr. Edward L. Griffin of Minneapolis, MN. for his outstanding and dedicated service to National YMCA Aquatics.
- 1975. The National YMCA Swimming and Diving Championships conducted in the Swimming Hall of Fame Pool in Ft. Lauderdale, FL. became the World's largest swimming championship, with over <u>1500</u> (1455?) boys and girls participating. In <u>1976</u> there were <u>1876</u> participants.
- **1976.** The first National YMCA Masters Invitational Swimming and Diving Meet was held in the Reading PA.YMCA. The meet director was John R. Spannuth.

On April 19-20, 1976 our Men's and Women's Short Course YMCA National Championships were held in conjunction with The International Swimming Hall of Fame Inductions Ceremonies. Among the inductees were:

Charles McCaffree a Joseph G. Rogers Recipient in 1980. Dr. James E. Counsilman a Joseph G. Rogers Recipient in 1991 Jim also participated in our YMCA National Swimming and Diving Championship as a youth representing the St Louis YMCA in the mid 1940's.

- **1979.** A National YMCA competitive swimming survey showed that there were over 700 YMCA swim teams in the USA, with over 50,000 boys and girls participating.
- 1980. The first National YMCA Masters Swimming and Diving Championship was held in York, PA. and was won by the York YMCA. Meet director: Cal Schaeffer. This Master's Meet came into existence thru the efforts of John deBarbadillo who was commissioned by the National YMCA Swimming and Diving Committee to develop a meet for individuals who were 19 years of age and older.
- **1981.** The Conrad "Connie" Carroll Officials Award was established to recognize the individual who best represents the ideals of a YMCA swimming and diving official. The first recipient of this award was Archie Harris of Normal, Illinois.
- 1986. The first National YMCA Long Course Swimming and Diving Championships were held in Cincinnati, OH. The winning team was the Collier County YMCA of Naples, FL. Meet director: Ed Henn. Ed was the individual who promoted and developed this YMCA Championship Meet and served as the coordinator and meet director from 1986 thru 1990.

- **The Coach of the Year Award** was established to recognize coaching excellence within the YMCA. The first recipient was Ira Klein of Sarasota, Florida.
- 1990. The John deBarbadillo Award was established to recognize accomplishment, dedication, and excellence in the advancement of YMCA Masters competitive swimming. The award was created by the National YMCA Competitive Swimming and Diving Committee to honor the man who organized and developed the National YMCA Masters Swimming and Diving Program. The first recipient of this award was Shirley Beheler Frederick, Maryland
- **1995.** A new training program was introduced for swimming coaches and administrators that included the *Principals of YMCA Competitive Swimming and Diving*, the *YMCA Swimming Coaches* course and the *YMCA Advanced Swimming Coaches* course.

1995-2009. Need information to bring this material up to date!!

#### **Other related items:**

- 1. Establishment of our "Values Education Program": Develop goals and objectives to be incorporated into our National YMCA Swimming and Diving Championship Meets. (Wes Walker coordinator —why, when and where and how implemented).
- 2. History of meets and evolution of locations with dates, locations, and winners for all championships. (Short Course, Long Course, and Masters.)
- 3. Meet Events—Evolution of distances and adding events.
- 4. Stroke evolution. (Butterfly/Breaststroke Stroke—Dolphin Kick, Event Distances. and Stroke and Turn Rules Changes, etc.)
- 5. Coach of the Year Award and Coach of the Meet Awards.
- 6. YMCA Olympic swimmers, divers and coaches (YMCA swimmer/divers that have become College or University Coaches and/or Olympic Coaches.

### **Awards and Recognitions:**

The Outstanding YMCA Swimmer/Diver Participant Award. This award was established in 1971 and is presented annually at the National YMCA short Course Swimming and Diving Championship meet to a young man and young woman who best exemplify the ideas of YMCA competitive swimming and diving and the characteristics of a true champion. Each recipient receives a 16-inch trophy. A 36-inch trophy will remain at the International Swimming Hall of Fame and the names of the recipients will be added to it each year.

This is not intended to be a high point award but rather a tribute to two young YMCA athletes who stand head and shoulders above the rest of the pack by virtue of attitude, team spirit and dedication to their sport by providing encouragement, inspiration and guidance to those whose lives they touch.

The Joseph G. Rogers Award. This award was established in 1974 in recognition of Joe Rogers, for his tireless and exceptional leadership, insight, and dedicated service to YMCA aquatics. Joe's YMCA volunteer service touched and enriched the lives of countless young people throughout the country. He was the organizer and helped structure the National YMCA Operating Council on Aquatics. He was the first recipient of the National Distinguished Service to YMCA Aquatics Award and represented the YMCA on the U.S. Olympic Men's Swimming Committee for many years. The Joseph G. Rogers Award statue is permanently located in the International

Swimming Hall of Fame Museum, with each honoree's name affixed in bronze on the base. A replica of the statue is presented each year to the honoree at the National YMCA Short Course Swimming and Diving Championship Meet.

Nominations of deserving candidates who have demonstrated sincere dedication toward furthering and upgrading YMCA competitive swimming and diving standards are accepted each year by the Selection Committee. This individual must be a person - male or female, lay person or professional – with a broad YMCA competitive swimming and diving background serving at all levels local, regional and nationally.

The Conrad "Connie" Carroll Award. This award was established in 1982 in honor of Conrad Carroll a Professor at Illinois State University who served as a YMCA swimming and diving official for 18 years at all levels of YMCA competition. Connie served tirelessly as a YMCA Official always striving for excellence in what ever the position called for.

This award is also presented each year at the National YMCA Short Course Swimming and Diving Championship Meet.

Nominations of deserving candidates who have demonstrated sincere dedication as a certified YMCA official are accepted each year by the selection committee. This person – male or female, lay person or professional – who has been an active swimming and diving official at his or her local YMCA and also must have served as an official at regional, state, and national events.

## Other Related Items for YMCA Competitive Swimming and Diving:

Rules that Govern YMCA Competitive Sports.

YMCA of the USA Guidelines for YMCA Competitive Teams.

Rules Governing National YMCA Short Course Swimming and Diving Championships.

Rules Governing National YMCA Long Course Swimming and Diving Championships.

YMCA Competitive Stroke Award of the National YMCA Competitive Swimming and Diving Committee. This program recognizes swimmers in local YMCA aquatic programs who perform proper techniques of the crawl, back, breast, and butterfly strokes. The award enables the swim instructor or coach to recognize the mastery of the four competitive strokes and to provide a bridge between the progressive swim program and competitive swimming.

### Application for National YMCA Top 16 Times and Guidelines. Application for National YMCA Top 16 Times, Longer Events, and

**Guidelines.** This recognition enables the YMCA National Competitive Swimming Committee to compile a listing of the top 16 times for various age groups and distances. The recognition system is divided into two sections; one form is for short course events and the other is for long distance events.

**All-American Certificates.** Any swimmer who makes an official time faster than 16<sup>th</sup> place at the YMCA National Swimming Championship qualifies for this certificate. The qualifying time is the 16<sup>th</sup> fastest preliminary (timed final) time achieved during the YMCA National Meet. Anyone swimming faster than 16<sup>th</sup> place time other than at the YMCA Nationals must prove that time, and it must be set at a sanctioned state, regional, field or cluster championship.

The top 16 places in all events at the YMCA Long Course National Championship are eligible for All-American certificates.

YMCA of the USA All-American Super Team. This program is designed to give recognition to individuals that not only excel in swimming but also are outstanding students and dedicated YMCA volunteers.