

Principles of YMCA Competitive Swimming and Diving
Saturday, 31/Mar/12
Greensboro Aquatic Center (on deck/Room C-1)
Greensboro, NC
Noon-5p.m.

Cost: \$55 Payable to the YMCA of Western North Carolina
Prerequisite: 16 years of age

This is a required course for all coaches on deck at any YMCA sanctioned championship meet including YMCA Nationals.

Please bring text to class. Order text from the YMCA Program Store at (800) 747-0089.

***You will NOT be allowed to participate in this class unless you
Return this form in the mail OR by e-mail by Thursday 29/Mar/12.***

Checks payable to: YMCA of Western North Carolina.

Mail to: Kiki Farmer
3 Town Square Blvd.
Asheville, NC 28803

E-mail: kfarmer@ymcawnc.org

Please PRINT all information requested below, except for the signatures.

Name _____

E-Mail _____

Phone _____ Age _____

YMCA (name and address) _____

Participant's Signature _____

Executive Director's Signature _____

*must have

