



**April 3-6, 2013**

**Greensboro Aquatics Center, Greensboro, NC**

**Friday Prelims  
Coaches**



[www.ymcaswimminganddiving.org/2013SC](http://www.ymcaswimminganddiving.org/2013SC)

# Participating YMCA's

Andover/North Andover YMCA  
Anne Arundel County YMCA  
Auburn YMCA-WEIU  
Auglaize-Mercer Counties YMCA  
B.R. Ryall YMCA  
Bangor YMCA  
Bath Area Family YMCA  
Bay View Family Branch YMCA  
Beavercreek Branch YMCA  
Bellevue Branch YMCA  
Berkeley County Family YMCA  
Birmingham Family YMCA  
Birmingham Metropolitan YMCA  
Black Hawk County YMCA  
Bloomsburg Area YMCA  
Blue Ash Branch YMCA  
Boise YMCA  
Boyertown Area YMCA  
Brandywine -DE YMCA  
Brandywine YMCA -PA  
Bremerton YMCA  
Brookville YMCA  
Buehler YMCA  
Burlington County YMCA  
Butler YMCA  
Canton IL YMCA  
Cape Cod YMCA  
Casco Bay Regional YMCA  
Catonsville MD YMCA  
Central Branch YMCA  
Central Delaware YMCA  
Central Florida Metro YMCA  
Chambersburg Memorial YMCA  
Chapel Hill-Carrboro YMCA  
Cheshire YMCA  
Chippewa Valley Family YMCA  
Clearfield YMCA  
Coffman Family YMCA  
Columbus North YMCA  
Corry YMCA  
Cortland County Family YMCA  
Countryside Ralph Stolle YMCA.  
Crescenta-Canada Family YMCA  
Cross Island YMCA  
Cuyahoga Falls Riverfront YMCA  
Dancel Family YMCA  
Darien Community YMCA  
Darke County YMCA  
Door County YMCA  
Down East Family YMCA  
East Hampton RECenter YMCA  
Eastern Community Branch YMCA  
Eau Claire Wisconsin YMCA  
Edwardsville YMCA  
Elkins West Virginia YMCA  
Fanwood-Scotch Plains YMCA  
Fargo-Moorhead Family YMCA  
Farmington Family YMCA  
Fayette County Family YMCA  
Flushing YMCA  
Fox Cities YMCA  
Franklin YMCA - PA  
Galion Community Center YMCA  
Genesee Area Family YMCA  
Geneva Family YMCA  
Geneva Lakes Family YMCA  
Glens Falls YMCA  
Goldsboro Family YMCA  
Grand Forks YMCA  
Great Miami Valley Ohio YMCA  
Greater Canandaigua YMCA  
Greater Flint YMCA  
Greater Johnstown Community  
Greater Peoria Family YMCA  
Greater Richmond YMCA  
Greater Scranton YMCA  
Greater Westfield YMCA  
Green Bay YMCA Metro  
Green County Family YMCA Inc.  
Green Family YMCA  
Greensboro YMCA  
Greensburg YMCA  
Greenwich YMCA  
Hamilton Area NJ YMCA  
Hannibal YMCA  
Hardin County Family YMCA  
Harrison Area YMCA  
Hazleton YMCA  
Hickory Foundation YMCA  
Hilliard YMCA  
Hunterdon County YMCA  
Huntington WV YMCA  
Huntington YMCA  
Indiana County YMCA  
J.B. Chambers Branch YMCA  
J.F. Hurley Family YMCA  
Jamestown YMCA  
Jefferson County YMCA  
Joliet YMCA  
Kennett Area YMCA  
Kishwaukee Family YMCA  
Kosciusko Community YMCA  
Kroehler Branch YMCA  
La Crosse Area Family YMCA  
Lakeland Hills Family YMCA  
Lakewood Family Branch YMCA  
Lancaster & Fairfield YMCA  
Lansdowne YMCA  
Lattof International YMCA  
Laurel East Hartford YMCA  
Laurel Highlands Regional YMCA  
Leaning Tower YMCA  
Lenawee County YMCA  
Liberty Township/Powell YMCA  
Lionville Community YMCA  
Lynchburg YMCA  
M.E. Lyons (Anderson) YMCA  
Macomb Family YMCA  
Mattoon Area Family YMCA  
McGaw YMCA  
Metuchen Edison YMCA  
Mexico Area Family YMCA  
Meyers Lake YMCA  
Mid-Delmarva Family YMCA  
Middle Tyger YMCA  
Mon Valley YMCA  
Montclair YMCA  
Mount Desert Island YMCA  
Mount Vernon Ohio YMCA  
New Canaan Community YMCA  
New Castle Community YMCA  
North Canton Community YMCA  
North Oakland Family YMCA  
North Shore (Sterling) MA YMCA  
Northern Dauphin County YMCA  
Northern York County YMCA  
Northwest North Carolina YMCA  
Ocean County YMCA  
Orange County CA YMCA  
Oshkosh Community YMCA  
Pabst Farms YMCA  
Park Cities-North Dallas YMCA  
Parkersburg YMCA  
Parkside Family Branch YMCA  
Phoenixville Branch YMCA  
Piedmont Family YMCA Inc.  
Piscataquis Regional YMCA  
Piscataquis Regional YMCA  
Pocono Family YMCA  
Pottstown YMCA  
Powel Crosley Jr. YMCA  
Racine Family YMCA  
Randolph YMCA  
Reading and Berks County YMCA  
Red Bank Branch  
Regional YMCA of Western  
Connecticut  
Ridgewood Branch OH YMCA  
Ridgewood NJ YMCA  
Ridgway YMCA  
Ridley Area YMCA  
Rock Hill Aquatics Center  
Rocky Mount Family YMCA  
Sage YMCA  
Saginaw YMCA  
Sanford-Springvale YMCA  
Sarasota YMCA  
Saratoga Springs YMCA  
Schroeder YMCA  
Schuylkill YMCA  
Somerset Hills YMCA  
Somerset Valley YMCA  
Soundview Family YMCA  
South County RI YMCA  
South Family YMCA-Kettering  
Southeast Family YMCA - NY  
Southern Saratoga County YMCA  
Southwest Illinois YMCA  
Springfield Family YMCA  
Springfield IL YMCA  
St. Cloud Area Family YMCA  
State College Area Family YMCA  
Streator Family YMCA  
Summit Branch YMCA  
Sunbury Branch YMCA  
Sussex County Branch YMCA  
Talbot County YMCA  
Tampa Metro YMCA  
The Licking County Family YMCA  
The West Cook YMCAs  
Triangle Area YMCA  
Tri-City Area IL YMCA  
Tri-County YMCA Inc.  
Tuscarawas County YMCA  
Uniontown Area YMCA  
Upper Main Line YMCA  
Valley Shore YMCA  
Watertown Family YMCA  
Waterville Area YMCA  
Waynesboro Family YMCA  
West Seattle Branch YMCA  
West Shore YMCA - PA  
West Suburban YMCA - MA  
Western Branch YMCA  
Western Monmouth Co. YMCA  
Western North Carolina YMCA  
Westfield YMCA  
Westport/Weston CT YMCA  
Wheeler Regional Branch YMCA  
Williams County Family YMCA  
Wilton Family YMCA  
Winsted Area Branch YMCA  
Wyckoff Family YMCA Inc  
YMCA of Kingston & Ulster  
County  
York And York County YMCA

# Registered College/University Coaches

Erin Detweiler..... Allegheny University	Paul Schiffl..... Lenoir RhyneU
Brian Striker..... Alfred University	Dave Allen..... Mount Holyoke
Brian Berg..... Bard College	Jimmy Tierney..... Northwestern U
Kellie Ayres ..... Carnegie Mellon U	Kellyn Caldwell..... Ohio Northern U
Mark VanDyke..... Clarion University	Scott Teeters..... Olivet Nazarene U
Fernando Rodriguez.Colgate University	Nanette Cummings.. Penn State Altoona
Gustavo Leal..... Columbia University	Jonathan MacColl... Queens U of Charlotte
Marc Benvenuti..... Connecticut College	Jeff Dugdale..... Queens U of Charlotte
Wes Newman..... Cornell University	Meaghan Hanna..... Rensselaer Polytechnic Institute
Matthew Ense..... DePauw University	Mindy Williams..... Simmons College
Jesse D. Moore,..... Duke University	Arthur Wang..... SUNY Fredonia
Dave Sheets..... Duquesne University	Rob Harrington..... College of Wooster-PEC
John Petroff..... Emory & Henry College	John Morrison..... US Naval Academy
Ben Delia..... Franklin & Marshall	Todd Mann..... University of Arkansas
Josh Stanfield ..... Gardner-Webb U	Derek Perkins..... University of Kentucky
Nathan Rhoads ..... Gardner-Webb U	Theresa Ganley Nieszner. U of Minnesota
Birkir Jonsson..... George Washington	Jeff Berghoff..... U of Pittsburgh
Bryan Ferretti..... Georgetown U	Chip Kline..... University of VA
Erin Hurley..... Grinnell University	Mark A. Feinberg..... Ursinus College
Mike Westphal..... Indiana University	Nicole Kaupp..... Washington U of St Louis
Dana Shannon..... Ithaca College	Kyle Gallo..... West Virginia U
Dane Pedersen..... James Madison U	Joni Williamson..... Wittenberg University
Kyle Berg..... Kenyon College	
Robert Herb..... Lehigh University	
Erin Matyus..... Lehigh University	





# Upcoming YMCA National Swim Meets

## 2013 YMCA Long Course National Championship

Georgia Institute of Technology, Georgia Institute of Technology Aquatics Center,  
Atlanta Georgia.

*Monday, July 29 and ending on Friday, August 2*

## 2014 YMCA Short Course National Championship

Greensboro Aquatic Center, Greensboro, North Carolina

*Wednesday April 1 thru Saturday April 4, 2014*

*Book your hotel rooms at this meet by going to the CMC & Associates booth by the  
Athletes Village*

## 2013 YMCA National Virtual Invitational Swim meet

Between October 12-20, 2013, the local YMCA competitive swimming community  
will come together in the 5th Annual YMCA Virtual Swim Meet Invitational.

Teams will swim locally but compete against other YMCA teams and YMCA swimmers  
from across the county



## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

Greensboro NC

## Meet Program - 3rd Day Women Preliminaries

**Event 301 Women 200 Yard Freestyle Relay**

National: 1:33.26 4/5/2006 YMCA of the Triangle Area

T Long, S Drechsel, A Myers, C Cooper

Meet Qualifying: 1:40.99

Lane	Team	Relay	Seed Time
<b>Heat 1 of 11 Prelims Starts at 08:30 AM</b>			
1			
2			
3	Montclair-NJ		1:40.98
4	Kishwaukee-IL		1:40.96
5	Piedmont-VA		1:40.96
6			
7			
8			
<b>Heat 2 of 11 Prelims Starts at 08:32 AM</b>			
1			
2	Pocono-PA		1:40.85
3	Springfield-IL		1:40.79
4	Auburn-NY		1:40.62
5	Saginaw-MI		1:40.73
6	Ocean County-NJ		1:40.80
7	Bremerton-WA		1:40.95
8			
<b>Heat 3 of 11 Prelims Starts at 08:34 AM</b>			
1	Fox Cities-WI		1:40.56
2	Ridgewood-OH		1:40.55
3	Cheshire-CT		1:40.45
4	GreaterPeoria-IL		1:40.28
5	Green Bay-WI		1:40.28
6	Hunterdon-NJ		1:40.50
7	Lansdowne-PA		1:40.55
8	Andover-MA		1:40.59
<b>Heat 4 of 11 Prelims Starts at 08:36 AM</b>			
1	Sage-IL		1:40.25
2	La Crosse-WI		1:40.13
3	Kennett-PA		1:40.12
4	Powel Crosley-OH		1:40.07
5	Butler-PA		1:40.07
6	Pabst Farms-WI		1:40.13
7	Hannibal-MO		1:40.17
8	AuglaizeMercerOH		1:40.26
<b>Heat 5 of 11 Prelims Starts at 08:38 AM</b>			
1	Anne Arundel-MD		1:40.02
2	Indiana-PA		1:39.91
3	ME Lyons-OH		1:39.72
4	Boise-ID		1:39.64
5	Laurel Highlands		1:39.68
6	Crescenta-Canada		1:39.76
7	West Morris-NJ		1:39.94
8	Pottstown-PA		1:40.02

**Heat 6 of 11 Prelims Starts at 08:40 AM**

1	North Shore-MA	1:39.60
2	South Family-OH	1:39.53
3	Fargo-Moorehead	1:39.45
4	Canandaigua-NY	1:39.40
5	Orlando-FL	1:39.43
6	Oshkosh-WI	1:39.47
7	West Monmouth-NJ	1:39.55
8	Soundview-CT	1:39.62

**Heat 7 of 11 Prelims Starts at 08:42 AM**

1	Wyckoff-NJ	1:39.27
2	Summit Area-NJ	1:39.08
3	Blue Ash-OH	1:38.89
4	Farmington-MI	1:38.78
5	Burlington Co-NJ	1:38.84
6	Western Br-DE	1:39.02
7	Darke County-OH	1:39.11
8	Countryside-OH	1:39.28

**Heat 8 of 11 Prelims Starts at 08:44 AM**

1	Cross Island-NY	1:38.63
2	Phoenixville-PA	1:38.55
3	Birmingham-MI	1:38.37
4	Ridley-PA	1:38.29
5	West Shore-PA	1:38.33
6	Gr. Richmond-VA	1:38.44
7	Waynesboro-VA	1:38.60
8	Western-CT	1:38.65

**Heat 9 of 11 Prelims Starts at 08:46 AM**

1	Westfield-NJ	1:37.88
2	SomersetHills-NJ	1:37.12
3	Northwest-NC	1:36.38
4	Middle Tyger-SC	1:34.68
5	Schroeder-WI	1:35.65
6	Sarasota-FL	1:36.93
7	North Canton-OH	1:37.29
8	Red Bank - NJ	1:38.23

**Heat 10 of 11 Prelims Starts at 08:48 AM**

1	Wilton-CT	1:37.81
2	Door County-WI	1:36.98
3	Sunbury-PA	1:36.28
4	UpperMainLine-PA	1:34.33
5	FanwoodScotch-NJ	1:35.63
6	SomersetValleyNJ	1:36.77
7	Reading-PA	1:37.22
8	Springfield-OH	1:38.17

**Heat 11 of 11 Prelims Starts at 08:50 AM**

1	Edwardsville-IL	1:37.44
2	Bath Area-ME	1:36.96
3	LakelandHills-NJ	1:35.72
4	Triangle Area-NC	1:33.96
5	York-PA	1:35.08
6	New Canaan-CT	1:36.42
7	Gr. Flint-MI	1:37.14
8	Greenwich-CT	1:38.09

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

## Greensboro NC

## Meet Program - 3rd Day Women Preliminaries

**Event 303 Women 100 Yard Breaststroke**

National: 1:01.43 4/10/2010 Leah Pronschinske

Meet Qualifying: 1:08.89

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 22 Prelims Starts at 09:07 AM</b>				
1	Lexi Devlin	15	Sarasota-FL	1:08.89
2	Gabrielle Celia	15	Saratoga-NY	1:08.89
3	Eleanor Ronan	13	North Shore-MA	1:08.86
4	Michelle D'Allegro	13	SomersetValleyNJ	1:08.84
5	Katie Mulcahy	15	West Monmouth-NJ	1:08.84
6	Ainsley Fruhwirth	16	UpperMainLine-PA	1:08.86
7	Elizabeth Borges	14	SomersetValleyNJ	1:08.89
8	Hannah Bruzzio	17	Hunterdon-NJ	1:08.89
<b>Heat 2 of 22 Prelims Starts at 09:08 AM</b>				
1	Maria Turcanu	14	Hickory -nc	1:08.82
2	Sabrina Nuttall	14	South County-RI	1:08.81
3	Madalyn Weinberger	16	Howard County-MD	1:08.79
4	Cecelia McEachern	18	Down East-ME	1:08.74
5	Kaitlyn Bentzel	17	West Shore-PA	1:08.76
6	Jenna D'Allegro	14	SomersetValleyNJ	1:08.79
7	Jessica Sun	13	York-PA	1:08.81
8	Katelyn Mann	14	LakelandHills-NJ	1:08.83
<b>Heat 3 of 22 Prelims Starts at 09:10 AM</b>				
1	Kelsey Linzmeyer	15	La Crosse-WI	1:08.73
2	Gracie Kunkel	18	WheelerReg-CT	1:08.71
3	Kirsten Hillsley	16	State College-PA	1:08.70
4	Maureen Gray	14	Hardin County-OH	1:08.68
5	Riley Beckstrand	14	W.North Carolina	1:08.69
6	Grace Reynolds	16	Laurel Highlands	1:08.70
7	Maggie Davenport	16	KingstonUlstr-NY	1:08.72
8	Marissa Wagner	15	Ocean County-NJ	1:08.74
<b>Heat 4 of 22 Prelims Starts at 09:11 AM</b>				
1	Hailey Olson	18	ME Lyons-OH	1:08.60
2	Brittany Steinfeld	15	Cheshire-CT	1:08.59
3	Sarah Hensal	14	LakelandHills-NJ	1:08.58
4	Lindsay Partin	17	Cape Cod-MA	1:08.56
5	Margaret Pyett	16	Birmingham-MI	1:08.58
6	Brittnee Dean	18	Kishwaukee-IL	1:08.59
7	Holland Driscoll	16	Cheshire-CT	1:08.60
8	Mary Mazey	17	Meyers Lake-OH	1:08.63
<b>Heat 5 of 22 Prelims Starts at 09:13 AM</b>				
1	Courtney Gilroy	15	Wilton-CT	1:08.52
2	Olivia Jack	12	Parkside-NY	1:08.43
3	Gabby Bobak	17	Indiana-PA	1:08.40
4	Carley LeDoux	18	Fargo-Moorehead	1:08.39
5	Haley Rivera	13	Springfield-IL	1:08.39
6	Diana Tramontano	14	Greenwich-CT	1:08.42
7	Kimberly Hill	16	Greenwich-CT	1:08.45
8	Marta Lawler	17	Burlington Co-NJ	1:08.52

**Heat 6 of 22 Prelims Starts at 09:14 AM**

1	Melanie Cashell	15	Powel Crosley-OH	1:08.35
2	Samantha Smithburger	15	Sarasota-FL	1:08.31
3	Hannah Schlegel	14	Boyertown-PA	1:08.29
4	Lauren Konopka	14	Middle Tyger-SC	1:08.25
5	Taryn Gathright	16	Galion-OH	1:08.28
6	Shelly Prayson	16	South Family-OH	1:08.30
7	Samantha Schlegel	16	Boyertown-PA	1:08.33
8	Samantha Cheruk	16	Wilton-CT	1:08.37

**Heat 7 of 22 Prelims Starts at 09:16 AM**

1	Emma Kohlenstein	17	SomersetValleyNJ	1:08.21
2	Jessie Liu	15	West Monmouth-NJ	1:08.18
3	Kristina Posnick	16	Bay View-NY	1:08.14
4	Jessica Burkett	17	West Shore-PA	1:08.12
5	Theresa Bushman	16	Green Bay-WI	1:08.13
6	Melissa Phan	15	Middle Tyger-SC	1:08.14
7	Emily Layne	14	Beavercreek-OH	1:08.21
8	Hannah Makris	15	Western-CT	1:08.24

**Heat 8 of 22 Prelims Starts at 09:17 AM**

1	Lizzy Colwell	13	New Canaan-CT	1:08.12
2	Alison DeAngelis	17	LakelandHills-NJ	1:08.10
3	Catie Luedee	17	Bath Area-ME	1:08.07
4	Olivia Savino	15	Pottstown-PA	1:08.06
5	Katlyn Curnes	16	J.B. Chambers-WV	1:08.07
6	Libby O'Hare	15	New Canaan-CT	1:08.09
7	Grace Regan	14	Western-CT	1:08.12
8	Emily Hageboeck	15	Huntington-WV	1:08.12

**Heat 9 of 22 Prelims Starts at 09:18 AM**

1	Molly Griswold	14	Ocean County-NJ	1:08.00
2	Savannah Rice	17	Countryside-OH	1:07.94
3	Emily Yarish	16	Uniontown-PA	1:07.89
4	Christine Kerr	16	Triangle Area-NC	1:07.81
5	Nikki Borgerding	15	AuglaizeMercerOH	1:07.88
6	Adrianna Ciebielski	15	Cheshire-CT	1:07.91
7	Melissa Mullin	17	Burlington Co-NJ	1:07.96
8	Nicole Brelie	16	Red River-ND	1:08.03

**Heat 10 of 22 Prelims Starts at 09:20 AM**

1	Tasha Kewalramani	18	Summit Area-NJ	1:07.75
2	Devonne Moore	18	UpperMainLine-PA	1:07.64
3	Nora O'Leary	17	Montclair-NJ	1:07.63
4	Emily Harris	16	UpperMainLine-PA	1:07.56
5	Olivia Bently	18	Liberty Twp-OH	1:07.58
6	Lia Barsanti	16	Darien-CT	1:07.64
7	Taylor Campbell	18	Butler-PA	1:07.75
8	Alexis Olson	16	Kishwaukee-IL	1:07.79

**Heat 11 of 22 Prelims Starts at 09:21 AM**

1	Aleksa Lapinas	17	SomersetHills-NJ	1:07.51
2	Chase Kinney	18	North Canton-OH	1:07.40
3	Sarah Olver	18	Schroeder-WI	1:07.32
4	Ashley Corley	17	West Monmouth-NJ	1:07.25
5	Marinela Procopii	17	Hickory -nc	1:07.27
6	Julia Annis	16	Piscataquis-ME	1:07.33
7	Carolyn Morikawa	14	Greenwich-CT	1:07.45
8	Elli Machado	14	Reading-PA	1:07.53



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## Greensboro NC

## Meet Program - 3rd Day Women Preliminaries

**Heat 12 Prelims (#303 Women 100 Yard Breaststroke)**

1	Jennifer Jackson	14	Rocky Mount-NC	1:07.19
2	Ellen Higdon	17	Edwardsville-IL	1:07.14
3	Anna Dexheimer	17	Summit Area-NJ	1:07.13
4	Allison Morel	15	SomersetHills-NJ	1:07.08
5	Gabriella Johnson	15	Reading-PA	1:07.13
6	Rachel Brown	15	Northwest-NC	1:07.13
7	Emily Tsang	18	LakelandHills-NJ	1:07.18
8	Abby Stauffer	15	Chambersburg-PA	1:07.22

**Heat 13 of 22 Prelims Starts at 09:24 AM**

1	Abby Brown	18	Licking-OH	1:07.06
2	Ally Davis	17	Triangle Area-NC	1:07.01
3	Morgan Massie	16	Springfield-OH	1:06.95
4	Carly Soares	14	North Shore-MA	1:06.91
5	Samantha Hynes	17	West Monmouth-NJ	1:06.95
6	Maggie Slocomb	17	Western Br-DE	1:07.00
7	Mary Cerbone	15	Pocono-PA	1:07.02
8	Brookley Garry	15	Blue Ash-OH	1:07.07

**Heat 14 of 22 Prelims Starts at 09:26 AM**

1	Gabrielle Rudy	14	Ridley-PA	1:06.90
2	Katie King	15	SomersetValleyNJ	1:06.87
3	Kayla Hunter	15	Triangle Area-NC	1:06.81
4	Alexandra Russell	13	Birmingham-MI	1:06.76
5	Karen Woodworth	16	West Seattle-WA	1:06.79
6	Savanna Townsend	18	Door County-WI	1:06.83
7	Madeline Koelsch	17	Burlington Co-NJ	1:06.87
8	Mary Kallinicou	18	Springfield-OH	1:06.90

**Heat 15 of 22 Prelims Starts at 09:27 AM**

1	Sonia Lin	14	Bath Area-ME	1:06.73
2	Emily Balog	17	Crescenta-Canada	1:06.67
3	Maddie Cooke	14	Phoenixville-PA	1:06.66
4	Meghan Casey	17	Schroeder-WI	1:06.57
5	Madeleine Dunn	18	Greenwich-CT	1:06.64
6	Spring Spaeth	15	La Crosse-WI	1:06.67
7	Erin Dunstan	18	Greenwich-CT	1:06.68
8	Mia Goodwin	17	Boise-ID	1:06.73

**Heat 16 of 22 Prelims Starts at 09:28 AM**

1	Izzi Woodard	17	Rock Hill-SC	1:06.57
2	Emma Rupert	16	S. Saratoga-NY	1:06.49
3	Jennifer Koide	17	SomersetHills-NJ	1:06.27
4	Michelle Kierencew	17	SomersetValleyNJ	1:06.09
5	Ellie Roche	16	Fargo-Moorehead	1:06.21
6	Megan Bull	14	SomersetValleyNJ	1:06.46
7	Olivia Clark	17	Wilton-CT	1:06.56
8	Kaitlin Jones	17	Chapel Hill-NC	1:06.57

**Heat 17 of 22 Prelims Starts at 09:30 AM**

1	Taylor Deubel	18	Cheshire-CT	1:06.04
2	Carolyn Jungers	15	Schroeder-WI	1:05.96
3	Claire Williams	15	Triangle Area-NC	1:05.90
4	Caroline Conboy	18	Saratoga-NY	1:05.89
5	Liza MacCowatt	15	Summit Area-NJ	1:05.90
6	Melissa Rose	15	Buehler-IL	1:05.93
7	Tara Mulligan	18	Cross Island-NY	1:06.02
8	Ragen Engel	15	Springfield-OH	1:06.05

**Heat 18 of 22 Prelims Starts at 09:31 AM**

1	Alaina Riordan	14	Middle Tyger-SC	1:05.86
2	Allie Kilroy	16	Boise-ID	1:05.74
3	Tara O'Prey	18	Ridley-PA	1:05.71
4	Jessica Ambrose	16	SomersetValleyNJ	1:05.65
5	Alyssa Storino	16	Wilton-CT	1:05.67
6	Alaina Potts	16	GreaterPeoria-IL	1:05.72
7	Lauren de Torres	15	LakelandHills-NJ	1:05.77
8	Alyssa Arwood	15	W.North Carolina	1:05.87

**Heat 19 of 22 Prelims Starts at 09:33 AM**

1	Riley Hilbrandt	17	Saginaw-MI	1:05.51
2	Avery Braunecker	15	Mattoon-IL	1:05.28
3	Sydney Baker	13	Middle Tyger-SC	1:05.22
4	Basira Knight	17	Triangle Area-NC	1:05.14
5	Kristin Filby	18	Gr. Toledo-OH	1:05.18
6	Maggie Werba	16	Oshkosh-WI	1:05.27
7	Claudia DiCapua	18	New Canaan-CT	1:05.37
8	Anna Paccapaniccia	15	Indiana-PA	1:05.60

**Heat 20 of 22 Prelims Starts at 09:34 AM**

1	Bay Prewette	14	Middle Tyger-SC	1:05.05
2	Kennedy Herbert	16	Green Family-OH	1:04.91
3	Rebecca Titterton	16	East Hartford-CT	1:04.19
4	Bethany Leap	16	Sarasota-FL	1:02.61
5	Rachel Stoddard	18	SomersetValleyNJ	1:03.80
6	Nicole Pape	14	Birmingham-MI	1:04.51
7	Katy Williams	17	Triangle Area-NC	1:04.99
8	Celia Frick	17	SomersetHills-NJ	1:05.13

**Heat 21 of 22 Prelims Starts at 09:35 AM**

1	Katie Saloky	17	Sunbury-PA	1:05.04
2	Noelle Peplowski	12	GreaterPeoria-IL	1:04.89
3	Katherine Parker	17	Anne Arundel-MD	1:04.04
4	Kendra Crew	18	Springfield-OH	1:02.57
5	Abby Fisher	17	LakelandHills-NJ	1:03.63
6	Gwen Worlton	15	Schroeder-WI	1:04.46
7	Savanna Faulconer	14	Middle Tyger-SC	1:04.98
8	Amanda Kedzierski	17	Greensburg-PA	1:05.13

**Heat 22 of 22 Prelims Starts at 09:37 AM**

1	Isabelle Little	17	Gr. Richmond-VA	1:04.99
2	Sophie Cattermole	16	Sarasota-FL	1:04.71
3	Jodie Thompson	17	FanwoodScotch-NJ	1:03.84
4	Olivia Ontjes	16	Triangle Area-NC	1:02.28
5	Lauren Barber	16	New Castle-PA	1:02.63
6	McKenzie Street	15	Ridley-PA	1:04.39
7	Cha O'Leary	14	Montclair-NJ	1:04.92
8	Katie Evans	16	Greenwich-CT	1:05.11

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

## Greensboro NC

## Meet Program - 3rd Day Women Preliminaries

**Event 305 Women 200 Yard Backstroke**

National: 1:55.45 4/8/2009 Annie Gillig

Meet Qualifying: 2:09.39

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 17 Prelims Starts at 09:40 AM**

1				
2	Kiersten Daly	14	Wilton-CT	2:09.35
3	Sarah Fergus	14	Kishwaukee-IL	2:09.34
4	Laura Mongillo	16	Cheshire-CT	2:09.31
5	Taylor Gnan	15	Ridgway-PA	2:09.31
6	Emma Cammann	18	Andover-MA	2:09.34
7				
8				

**Heat 2 of 17 Prelims Starts at 09:42 AM**

1	Mary Margaret Fry	14	Blue Ash-OH	2:09.21
2	Brigid Di Blasio	13	SomersetValleyNJ	2:09.17
3	Amanda McNulty	16	Middle Tyger-SC	2:09.03
4	Kelly McGowan	16	Birmingham-MI	2:09.00
5	Emma Sampson	13	Springfield-OH	2:09.02
6	Kathleen Kilfeather	16	Ocean County-NJ	2:09.17
7	Savannah Llewellyn	16	FanwoodScotch-NJ	2:09.19
8	Cristi Frias	17	Greenwich-CT	2:09.26

**Heat 3 of 17 Prelims Starts at 09:45 AM**

1	Ailee Mendoza	13	Greenwich-CT	2:08.87
2	Courtney Schaefer	16	York-PA	2:08.80
3	Hailey Olson	18	ME Lyons-OH	2:08.73
4	Samantha Lingenbrink	16	Bremerton-WA	2:08.68
5	Maddie Rapp	17	Countryside-OH	2:08.72
6	Audrey Bangs	17	Westfield-NJ	2:08.75
7	Kylie Olson	15	Kishwaukee-IL	2:08.84
8	Sydney Mercer	15	Bloomsburg-PA	2:08.97

**Heat 4 of 17 Prelims Starts at 09:47 AM**

1	Hanna Hunstad	18	Birmingham-MI	2:08.54
2	Kira Page	14	Western-CT	2:08.46
3	Emily Rezac	15	Triangle Area-NC	2:08.43
4	Quinn Scannell	14	Greenwich-CT	2:08.37
5	Amy Nemeth	15	SomersetHills-NJ	2:08.40
6	Kiana Albert	15	Triangle Area-NC	2:08.44
7	MaKayla Brooks	14	Middle Tyger-SC	2:08.54
8	Emily Zimcosky	14	Laurel Highlands	2:08.64

**Heat 5 of 17 Prelims Starts at 09:50 AM**

1	Sara Barlok	16	Cheshire-CT	2:08.29
2	Molly Condron	17	Cheshire-CT	2:08.24
3	Anna Francisco	14	Ocean County-NJ	2:08.22
4	Tatiana Prendella	15	SomersetHills-NJ	2:08.16
5	Lucia Donnelly	15	Summit Area-NJ	2:08.17
6	Holly Rudel	18	LakelandHills-NJ	2:08.24
7	Maddie Derby	16	Fargo-Moorehead	2:08.28
8	Hannah Webb	18	Powel Crosley-OH	2:08.35

**Heat 6 of 17 Prelims Starts at 09:52 AM**

1	Julia Perry	16	Wyckoff-NJ	2:08.12
2	Jamie Miller	14	North Oakland-MI	2:08.09
3	Megan Monahan	17	ME Lyons-OH	2:08.08
4	Julia Day	17	SomersetHills-NJ	2:07.92
5	MacKenzie Gring	14	Reading-PA	2:08.07
6	Autumn Shaffer	14	Reading-PA	2:08.09
7	Grace DiMeo	17	Sarasota-FL	2:08.09
8	Marisa Gingerich	14	York-PA	2:08.13

**Heat 7 of 17 Prelims Starts at 09:55 AM**

1	Danielle DelGiorno	17	Ridley-PA	2:07.90
2	Claire Golba	14	South Family-OH	2:07.76
3	Kylene Ronayne	16	Ridley-PA	2:07.72
4	Madison Jones	16	Middle Tyger-SC	2:07.63
5	Cheyenna Rhine	15	Jefferson Co-IL	2:07.64
6	Ky-lee Perry	14	Wilton-CT	2:07.74
7	Bridget Horton	14	Ridgewood-NJ	2:07.84
8	Allyson Kleinsorgen	15	West Morris-NJ	2:07.90

**Heat 8 of 17 Prelims Starts at 09:57 AM**

1	Caroline Basil	14	Westfield-NJ	2:07.61
2	Hannah Wood	14	Bangor-ME	2:07.60
3	Malavika Pande	14	Greenwich-CT	2:07.48
4	Madeline Reilly	13	Middle Tyger-SC	2:07.37
5	Christina Cirillo	17	LakelandHills-NJ	2:07.40
6	Paige Haden	14	McGaw-IL	2:07.55
7	Hanna Blankemeier	13	West Cook-IL	2:07.60
8	Calla Cameron	17	Soundview-CT	2:07.63

**Heat 9 of 17 Prelims Starts at 10:00 AM**

1	Susan Neggia	16	Wyckoff-NJ	2:07.28
2	Payton Keiner	13	Powel Crosley-OH	2:07.21
3	Lexi Monty	15	Fox Cities-WI	2:07.17
4	Christiana Cornea	15	Triangle Area-NC	2:07.03
5	Natalie Simunek	16	Burlington Co-NJ	2:07.11
6	Lauren Folkert	17	Farmington-MI	2:07.17
7	Emily Werth	16	Burlington Co-NJ	2:07.24
8	Olivia Plyler	14	Middle Tyger-SC	2:07.33

**Heat 10 of 17 Prelims Starts at 10:02 AM**

1	Erin McElwee	18	UpperMainLine-PA	2:07.01
2	Danielle Bach	19	Wyckoff-NJ	2:06.91
3	Madisyn Lyons	16	Tri-County-WV	2:06.73
4	Emma Williams	16	Triangle Area-NC	2:06.61
5	Hannah Verrette	17	North Shore-MA	2:06.72
6	Katie Minnich	13	Birmingham-MI	2:06.79
7	Alicia Diaz	15	Kennett-PA	2:06.97
8	Vika Arkhipova	18	Mid Maine-ME	2:07.02

**Heat 11 of 17 Prelims Starts at 10:04 AM**

1	Elizabeth McPherson	14	Edwardsville-IL	2:06.39
2	Elizabeth Chemey	14	Boyertown-PA	2:06.09
3	Erin Polich	17	Northwest-NC	2:05.91
4	Maddy Thomas	16	York-PA	2:05.73
5	Nicole Salzano	17	Ridgewood-NJ	2:05.89
6	Bailey Folmar	18	J.F. Hurley-NC	2:05.99
7	Sara Daher	17	North Shore-MA	2:06.23
8	Kady Ruummele	16	GenevaLakes-WI	2:06.60



## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

## Greensboro NC

## Meet Program - 3rd Day Women Preliminaries

**Heat 12 Prelims (#305 Women 200 Yard Backstroke)**

1	Bailey Grinter	13	Edwardsville-IL	2:05.57
2	Haley Shaw	17	Gr. Flint-MI	2:05.47
3	Kristin Zablocki	17	Green Bay-WI	2:05.37
4	Camryn Forbes	14	Butler-PA	2:05.25
5	Kaitlin Law	17	Triangle Area-NC	2:05.35
6	Miranda Hampton	17	Springfield-OH	2:05.46
7	Ally Warnimont	15	Northwest-NC	2:05.49
8	Rachel Hatt	16	Triangle Area-NC	2:05.71

**Heat 13 of 17 Prelims Starts at 10:09 AM**

1	Leeanna Cass	16	Ocean County-NJ	2:05.07
2	Sydney King	17	Licking-OH	2:04.80
3	Katie Kuhl	16	Edwardsville-IL	2:04.67
4	Maggie Miller	16	Harrison Co.-WV	2:04.59
5	Emilia Weiheing	15	Wyckoff-NJ	2:04.62
6	Marianne Kahmann	15	Countryside-OH	2:04.77
7	Ally Mayhew	17	Springfield-OH	2:04.82
8	Caitlin Foley	15	Sunbury-PA	2:05.16

**Heat 14 of 17 Prelims Starts at 10:12 AM**

1	Caroline Orem	17	Darien-CT	2:04.40
2	Olivia Evans	17	Reading-PA	2:04.32
3	Astrid Swensen	15	North Shore-MA	2:04.00
4	Khia Kurtenbach	17	Schroeder-WI	2:03.98
5	YangYang Lu	15	York-PA	2:04.00
6	Sam Marino	15	Reading-PA	2:04.21
7	Nikki Bookwalter	17	UpperMainLine-PA	2:04.39
8	Stephanie Moriarty	17	Wilton-CT	2:04.46

**Heat 15 of 17 Prelims Starts at 10:14 AM**

1	Danielle Galyer	17	Middle Tyger-SC	2:03.51
2	Carter Orth	16	Burlington Co-NJ	2:02.61
3	Lindsay Temple	16	SomersetValleyNJ	2:00.88
4	Remedy Rule	16	Waynesboro-VA	1:59.39
5	Caroline Baldwin	17	Westfield-NJ	1:59.90
6	Emily Cornell	14	UpperMainLine-PA	2:02.19
7	Jackie Van Lew	15	Red Bank - NJ	2:02.94
8	Marie Chamberlain	16	Cape Cod-MA	2:03.84

**Heat 16 of 17 Prelims Starts at 10:16 AM**

1	Hannah O'Halloran	14	Montclair-NJ	2:03.44
2	Katrina Kuhn	16	SomersetValleyNJ	2:02.60
3	Michelle Kim	16	Wyckoff-NJ	2:00.86
4	Meghan Small	14	York-PA	1:59.13
5	Ashlyn Schoof	14	Schroeder-WI	1:59.64
6	Emma Seiberlich	14	Phoenixville-PA	2:01.90
7	Mallory Buha	15	Farmington-MI	2:02.91
8	Kathleen Miskiewicz	16	SomersetHills-NJ	2:03.83

**Heat 17 of 17 Prelims Starts at 10:19 AM**

1	Lexi Santer	16	Brandywine-De	2:03.17
2	Meghan Lavelle	16	Leaning Tower-IL	2:02.38
3	Morgan Carr	16	Huntington-WV	2:00.43
4	Emily Slabe	16	Countryside-OH	1:56.69
5	Kacey Oberlander	15	York-PA	1:59.55
6	Ali Galyer	14	Middle Tyger-SC	2:01.40
7	Julianna Foss	16	Burlington Co-NJ	2:02.82
8	Sarah Cronin	17	FanwoodScotch-NJ	2:03.61

**Event 307 Women 500 Yard Freestyle**

National: 4:41.91 4/1/2008 Corinne Showalter

Meet Qualifying: 5:09.39

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Prelims Starts at 10:23 AM**

1				
2				
3	Holly Christensen	16	SomersetValleyNJ	5:09.38
4	Madeline Snow	16	Cheshire-CT	5:09.34
5	Calla Cameron	17	Soundview-CT	5:09.34
6				
7				
8				

**Heat 2 of 12 Prelims Starts at 10:28 AM**

1	Michelle Dols	15	Sarasota-FL	5:09.15
2	Erika Jensen	17	Green Bay-WI	5:08.87
3	Emilia Weiheing	15	Wyckoff-NJ	5:08.67
4	Hannah Schlegel	14	Boyertown-PA	5:08.33
5	Sidney Evans	15	Reading-PA	5:08.44
6	Lexie Kostelnik	14	Laurel Highlands	5:08.78
7	Allie Snyder	17	Triangle Area-NC	5:09.03
8	Frances Resweber	15	Ridley-PA	5:09.29

**Heat 3 of 12 Prelims Starts at 10:34 AM**

1	Danielle Kudis	16	Pabst Farms-WI	5:08.22
2	Elinor Reinhardt	18	Westfield-NJ	5:08.06
3	Olivia Clark	17	Wilton-CT	5:08.01
4	Grace Hendee	17	Wilton-CT	5:07.98
5	Emily Joyce	16	Pocono-PA	5:07.99
6	Brazil Rule	14	Waynesboro-VA	5:08.06
7	Maddy Thomas	16	York-PA	5:08.16
8	Alden Bauman	17	Anne Arundel-MD	5:08.33

**Heat 4 of 12 Prelims Starts at 10:39 AM**

1	Amber Stich	15	Sarasota-FL	5:07.82
2	Maggie Kauffeld	15	Wilton-CT	5:07.60
3	Grace Patrice	14	Sarasota-FL	5:07.56
4	Emily Wolbert	15	Pocono-PA	5:07.36
5	Emily Zimmermann	17	LakelandHills-NJ	5:07.53
6	Emily Bruneel	16	Boise-ID	5:07.59
7	Katharine Tippins	15	Oshkosh-WI	5:07.69
8	Merrill Watzman	17	Birmingham-MI	5:07.88

**Heat 5 of 12 Prelims Starts at 10:45 AM**

1	Madison Jones	16	Middle Tyger-SC	5:07.13
2	Sydney Hallmark	16	Schroeder-WI	5:06.98
3	Jessica Burkett	17	West Shore-PA	5:06.65
4	Kimberly Roos	17	Schroeder-WI	5:06.53
5	Lara Hernandez-Tome	13	Sarasota-FL	5:06.56
6	Rollie Grinder	14	Countryside-OH	5:06.97
7	Erin McBride	17	Burlington Co-NJ	5:07.03
8	Abbey Erwin	13	Boise-ID	5:07.17

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

## Greensboro NC

## Meet Program - 3rd Day Women Preliminaries

**Heat 6 Prelims (#307 Women 500 Yard Freestyle)**

1	Kelly Lennon	16	Andover-MA	5:06.41
2	Rachel Mulligan	17	Triangle Area-NC	5:06.23
3	Emmaline Peterson	13	Hickory -nc	5:05.70
4	Jessica Russell	18	Bath Area-ME	5:05.50
5	Laura Toth	16	Sarasota-FL	5:05.63
6	Andrea Bryson	17	Fox Cities-WI	5:06.07
7	Maria Turcanu	14	Hickory -nc	5:06.33
8	Hannah Stahmer	17	Triangle Area-NC	5:06.52

**Heat 7 of 12 Prelims Starts at 10:55 AM**

1	Shannon Quirk	16	North Shore-MA	5:05.08
2	Georgie Bogetti	14	East Hampton-NY	5:04.99
3	Norah Hunt	15	Waynesboro-VA	5:04.48
4	Courtney Regan	16	Western-CT	5:04.36
5	Megan Sichterman	14	Countryside-OH	5:04.39
6	Lexy Raybon	17	Sarasota-FL	5:04.87
7	Brittany Moffatt	16	Black Hawk-IA	5:05.04
8	McKenzie Stevens	17	J.F. Hurley-NC	5:05.24

**Heat 8 of 12 Prelims Starts at 11:01 AM**

1	Kara Plocharsky	18	Sarasota-FL	5:03.84
2	Emma Knapp	14	Middle Tyger-SC	5:03.61
3	Joanna Kostin	17	SomersetValleyNJ	5:03.06
4	Sophie Fontaine	15	Burlington Co-NJ	5:02.75
5	Meghan Joram	15	Northwest-NC	5:02.90
6	Meredith Whisenhunt	16	Middle Tyger-SC	5:03.53
7	Katie Svendsen	17	Red River-ND	5:03.72
8	Taylor Hoover	14	York-PA	5:04.13

**Heat 9 of 12 Prelims Starts at 11:06 AM**

1	Cameron Davis	17	Sarasota-FL	5:02.20
2	Erin Kiely	15	LakelandHills-NJ	5:01.99
3	Camryn Forbes	14	Butler-PA	5:01.70
4	Kathryn Fallon	17	SomersetHills-NJ	5:00.74
5	Kristen Moss	16	New Canaan-CT	5:01.16
6	Joanna Murphy	18	Sarasota-FL	5:01.70
7	Danielle Galyer	17	Middle Tyger-SC	5:02.16
8	Julieyanna Parker	15	SomersetValleyNJ	5:02.40

**Heat 10 of 12 Prelims Starts at 11:12 AM**

1	Sara Nestrowitz	17	Ridgewood-NJ	4:58.33
2	Ellie Berdusco	16	Sarasota-FL	4:57.12
3	Shaylynn Spelman	17	ME Lyons-OH	4:53.33
4	Cassy Jernberg	15	Schroeder-WI	4:46.37
5	Courtney Harnish	13	York-PA	4:51.35
6	Elise Lankiewicz	17	Brandywine-De	4:56.90
7	Sydney Baker	13	Middle Tyger-SC	4:57.99
8	Spence Atkins	15	Sarasota-FL	5:00.15

**Heat 11 of 12 Prelims Starts at 11:17 AM**

1	Brittany Driscoll	16	Cheshire-CT	4:58.25
2	Anna Wujciak	18	Gr. Flint-MI	4:57.07
3	Madeline Smart	17	Wilton-CT	4:52.28
4	Taylor Katz	18	Sarasota-FL	4:45.27
5	Hannah James	17	Sarasota-FL	4:49.80
6	Regan Kology	16	SomersetHills-NJ	4:55.51
7	Caitlynn Moon	17	Kishwaukee-IL	4:57.92
8	Emily Ilgenfritz	15	York-PA	4:59.50

**Heat 12 of 12 Prelims Starts at 11:22 AM**

1	Sabrina Mortell	16	West Shore-PA	4:58.14
2	Verity Abel	16	Wilton-CT	4:56.94
3	Kendall Dawson	15	Orlando-FL	4:52.07
4	Danielle Valley	17	Sarasota-FL	4:40.97
5	Marah Pugh	17	Macomb- MI	4:47.98
6	Jessie Arnold	16	Waynesboro-VA	4:54.73
7	Ryan Alexander	17	North Shore-MA	4:57.70
8	Meghan Thompson	16	LakelandHills-NJ	4:58.66

**Event 309 Women 400 Yard Medley Relay**

National: 3:43.09 4/8/2011 Middle Tyger YMCA

K Crawford, M Milici, H Lips, K Konopka

Meet Qualifying: 4:02.99

Lane	Team	Relay	Seed Time
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**Heat 1 of 9 Prelims Starts at 11:42 AM**

1			
2			
3	Boyertown-PA		4:02.96
4	West Morris-NJ		4:02.76
5	Darien-CT		4:02.77
6			
7			
8			

**Heat 2 of 9 Prelims Starts at 11:47 AM**

1			
2	North Canton-OH		4:02.34
3	Licking-OH		4:01.70
4	South Family-OH		4:01.32
5	Kishwaukee-IL		4:01.69
6	Hunterdon-NJ		4:02.21
7	Laurel Highlands		4:02.64
8			

**Heat 3 of 9 Prelims Starts at 11:51 AM**

1	Springfield-IL		4:00.93
2	Anne Arundel-MD		4:00.78
3	Liberty Twp-OH		4:00.70
4	West Monmouth-NJ		4:00.28
5	Andover-MA		4:00.61
6	Powel Crosley-OH		4:00.75
7	Farmington-MI		4:00.83
8	Blue Ash-OH		4:01.28

**Heat 4 of 9 Prelims Starts at 11:55 AM**

1	Ocean County-NJ		3:59.54
2	Western-CT		3:59.25
3	Crescenta-Canada		3:58.62
4	Red Bank - NJ		3:58.28
5	Pottstown-PA		3:58.41
6	Gr. Toledo-OH		3:59.02
7	Fargo-Moorehead		3:59.29
8	Pocono-PA		3:59.94

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

Greensboro NC

## Meet Program - 3rd Day Women Preliminaries

**Heat 5 Prelims (#309 Women 400 Yard Medley Relay)**

1	Western Br-DE	3:57.97
2	Montclair-NJ	3:57.72
3	Waynesboro-VA	3:57.37
4	Gr. Richmond-VA	3:57.24
5	Boise-ID	3:57.30
6	ME Lyons-OH	3:57.61
7	Summit Area-NJ	3:57.76
8	Green Bay-WI	3:57.97

**Heat 6 of 9 Prelims Starts at 12:04 PM**

1	Cheshire-CT	3:56.41
2	West Shore-PA	3:56.14
3	Phoenixville-PA	3:56.00
4	North Shore-MA	3:55.02
5	Ridley-PA	3:55.33
6	Oshkosh-WI	3:56.04
7	Birmingham-MI	3:56.35
8	Wilton-CT	3:56.48

**Heat 7 of 9 Prelims Starts at 12:08 PM**

1	Bath Area-ME	3:54.63
2	Edwardsville-IL	3:52.01
3	Sunbury-PA	3:49.69
4	FanwoodScotch-NJ	3:47.10
5	UpperMainLine-PA	3:48.85
6	Springfield-OH	3:50.23
7	Northwest-NC	3:53.24
8	Westfield-NJ	3:54.90

**Heat 8 of 9 Prelims Starts at 12:12 PM**

1	Wyckoff-NJ	3:54.38
2	Countryside-OH	3:51.36
3	SomersetValleyNJ	3:49.63
4	York-PA	3:46.68
5	Schroeder-WI	3:48.46
6	SomersetHills-NJ	3:50.10
7	Burlington Co-NJ	3:52.78
8	Reading-PA	3:54.81

**Heat 9 of 9 Prelims Starts at 12:17 PM**

1	GreaterPeoria-IL	3:54.27
2	LakelandHills-NJ	3:51.22
3	Sarasota-FL	3:48.93
4	Middle Tyger-SC	3:46.65
5	Triangle Area-NC	3:47.47
6	New Canaan-CT	3:50.00
7	Gr. Flint-MI	3:52.60
8	Greenwich-CT	3:54.74

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

Greensboro NC

## Meet Program - 3rd Day Men Preliminaries

**Event 302 Men 200 Yard Freestyle Relay**

National: 1:22.58 4/8/2011 Triangle Area YMCA

J Bonk, D Glavich, K Rogers, N Walters

Meet Qualifying: 1:30.59

Lane	Team	Relay	Seed Time
<b>Heat 1 of 10 Prelims Starts at 08:30 AM</b>			
1			
2			
3	Hunterdon-NJ		1:30.53
4	Bangor-ME		1:30.52
5	Lansdowne-PA		1:30.52
6			
7			
8			
<b>Heat 2 of 10 Prelims Starts at 08:32 AM</b>			
1	J.B. Chambers-WV		1:30.46
2	Genesee Area-NY		1:30.37
3	Chippewa Val-WI		1:30.25
4	Western Br-DE		1:30.22
5	Goldsboro-NC		1:30.23
6	Greensburg-PA		1:30.28
7	Bath Area-ME		1:30.45
8	Phoenixville-PA		1:30.49
<b>Heat 3 of 10 Prelims Starts at 08:34 AM</b>			
1	Powel Crosley-OH		1:30.11
2	Flushing-NY		1:30.00
3	Pabst Farms-WI		1:29.97
4	CentralBranch-IA		1:29.83
5	Hilliard-OH		1:29.86
6	Butler-PA		1:29.97
7	Gr. Flint-MI		1:30.02
8	Orlando-FL		1:30.13
<b>Heat 4 of 10 Prelims Starts at 08:36 AM</b>			
1	Southeast-NY		1:29.72
2	Birmingham-MI		1:29.64
3	York-PA		1:29.57
4	Anne Arundel-MD		1:29.36
5	Bloomsburg-PA		1:29.37
6	Kishwaukee-IL		1:29.62
7	Piedmont-VA		1:29.71
8	Beavercreek-OH		1:29.75
<b>Heat 5 of 10 Prelims Starts at 08:38 AM</b>			
1	Lionville-PA		1:29.33
2	East Hartford-CT		1:29.17
3	Cheshire-CT		1:29.01
4	Huntington-WV		1:28.95
5	North Canton-OH		1:28.99
6	West Shore-PA		1:29.14
7	Ridley-PA		1:29.17
8	Springfield-OH		1:29.35

**Heat 6 of 10 Prelims Starts at 08:39 AM**

1	Westport/Weston	1:28.93
2	Brandywine-De	1:28.78
3	Red River-ND	1:28.69
4	Galion-OH	1:28.59
5	La Crosse-WI	1:28.67
6	LakelandHills-NJ	1:28.76
7	Racine-WI	1:28.84
8	Summit Area-NJ	1:28.94

**Heat 7 of 10 Prelims Starts at 08:41 AM**

1	Western-CT	1:28.57
2	Edwardsville-IL	1:28.29
3	UpperMainLine-PA	1:28.10
4	Westfield-NJ	1:27.98
5	Sarasota-FL	1:28.10
6	Crescenta-Canada	1:28.26
7	Chapel Hill-NC	1:28.48
8	GreaterPeoria-IL	1:28.58

**Heat 8 of 10 Prelims Starts at 08:43 AM**

1	FanwoodScotch-NJ	1:27.89
2	Schroeder-WI	1:27.23
3	Middle Tyger-SC	1:26.76
4	Springfield-IL	1:25.22
5	Wilton-CT	1:26.13
6	West Monmouth-NJ	1:26.98
7	Countryside-OH	1:27.41
8	Auburn-NY	1:27.94

**Heat 9 of 10 Prelims Starts at 08:45 AM**

1	SomersetHills-NJ	1:27.87
2	Rock Hill-SC	1:27.16
3	Red Bank - NJ	1:26.73
4	SomersetValleyNJ	1:24.08
5	Ocean County-NJ	1:26.11
6	Hazleton-PA	1:26.95
7	Franklin-PA	1:27.40
8	Boyertown-PA	1:27.90

**Heat 10 of 10 Prelims Starts at 08:46 AM**

1	State College-PA	1:27.67
2	Boise-ID	1:27.14
3	Burlington Co-NJ	1:26.71
4	Triangle Area-NC	1:23.14
5	Wyckoff-NJ	1:25.94
6	Pottstown-PA	1:26.88
7	Tri City- IL	1:27.36
8	Farmington-MI	1:27.89

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

## Greensboro NC

## Meet Program - 3rd Day Men Preliminaries

**Event 304 Men 100 Yard Breaststroke**

National: 53.69 4/8/2011 Christian Higgins

Meet Qualifying: 1:01.49

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 20 Prelims Starts at 09:03 AM**

1				
2				
3	Mark Steffl	18	Lionville-PA	1:02.42
4	Ian Amistoso	17	Sarasota-FL	1:01.99
5	Ken Richardson	17	UpperMainLine-PA	1:02.36
6				
7				
8				

**Heat 2 of 20 Prelims Starts at 09:05 AM**

1				
2	Stephen Husch	16	Westfield-NJ	1:01.46
3	Matthew Lethander	17	Powel Crosley-OH	1:01.39
4	David Kirtek	16	Gr. Flint-MI	1:01.38
5	Daniel Peng	18	Indiana-PA	1:01.39
6	Clay Siens	17	ColumbusNorth-OH	1:01.40
7	Bailey Maloney	17	Triangle Area-NC	1:01.59
8				

**Heat 3 of 20 Prelims Starts at 09:06 AM**

1	Caleb Zeleznock	17	Tampa Metro-FL	1:01.37
2	Michael Ashmead	16	UpperMainLine-PA	1:01.28
3	Nathan Delahunty	15	Middle Tyger-SC	1:01.27
4	Jordan Grim	17	West Shore-PA	1:01.24
5	Nicandro Donadio	18	Westfield-NJ	1:01.26
6	Paul Long	17	Burlington Co-NJ	1:01.28
7	Dylan Behl	14	Hannibal-MO	1:01.29
8	Eric Stanton	18	LakelandHills-NJ	1:01.37

**Heat 4 of 20 Prelims Starts at 09:07 AM**

1	Ryan DePietro	16	Lancaster-OH	1:01.23
2	Peter Byers	16	Edwardsville-IL	1:01.21
3	Austin Stonebraker	17	Pottstown-PA	1:01.18
4	Mitchell Dodd	18	Lancaster-OH	1:01.16
5	Alan Li	15	Flushing-NY	1:01.18
6	Christopher Rutter	15	Powel Crosley-OH	1:01.19
7	Colter Long	15	Gr. Johnstown-PA	1:01.23
8	Nate Samson	15	Bath Area-ME	1:01.24

**Heat 5 of 20 Prelims Starts at 09:09 AM**

1	Henry Ditzel	17	Bath Area-ME	1:01.12
2	Bryton Zook	18	Chambersburg-PA	1:01.11
3	Nolan McMahon	16	Talbot County-MD	1:01.10
4	Daniel Callis	16	Chambersburg-PA	1:01.07
5	Douglas Nogueira	15	Crescenta-Canada	1:01.10
6	Dragan Vujovic	15	Burlington Co-NJ	1:01.10
7	Jack Frazier	15	Middle Tyger-SC	1:01.12
8	Aidan Donadio	16	Westfield-NJ	1:01.15

**Heat 6 of 20 Prelims Starts at 09:10 AM**

1	Ryan Keast	18	Green Bay-WI	1:01.03
2	Jamie Finnegan	16	SomersetHills-NJ	1:01.01
3	Connor Timmerman	18	LakelandHills-NJ	1:00.95
4	Will Krueger	18	Countryside-OH	1:00.92
5	Nathanael Marino	16	Schuykill-PA	1:00.93
6	Colin Fitzgerald	17	SomersetHills-NJ	1:00.98
7	Rick Roberts	16	Edwardsville-IL	1:01.02
8	Bill Wong	17	Schroeder-WI	1:01.05

**Heat 7 of 20 Prelims Starts at 09:11 AM**

1	Nathan Ciatti	15	Triangle Area-NC	1:00.89
2	John Stelmack	17	Middle Tyger-SC	1:00.83
3	Ryan Hackett	16	LakelandHills-NJ	1:00.79
4	Reid Hensen	16	LakelandHills-NJ	1:00.75
5	Bora Sebuktekin	18	SomersetValleyNJ	1:00.78
6	Max McHugh	13	Door County-WI	1:00.79
7	Daniel Oh	14	Wyckoff-NJ	1:00.87
8	Ethan Hunter	15	Westport/Weston	1:00.90

**Heat 8 of 20 Prelims Starts at 09:12 AM**

1	Christian Aragona	18	Tri City- IL	1:00.73
2	Oliver Acomb	17	Powel Crosley-OH	1:00.69
3	Jimmy Stinehart	17	Gr. Westfield-MA	1:00.64
4	Charlie Seltzer	15	North Shore-MA	1:00.63
5	Adam Steinken	18	GenevaLakes-WI	1:00.64
6	Nick Savino	17	Pottstown-PA	1:00.68
7	Ben Holstege	16	Piedmont-VA	1:00.72
8	Campbell Lee	15	Sarasota-FL	1:00.74

**Heat 9 of 20 Prelims Starts at 09:14 AM**

1	Frannie Brogan	16	Tuscarawas-OH	1:00.57
2	Andrew Ro	14	Wyckoff-NJ	1:00.53
3	Sherman Lau	17	Wilton-CT	1:00.49
4	Matthew Glockenmeier	17	SomersetHills-NJ	1:00.41
5	Trevor Keriazes	17	Springfield-OH	1:00.42
6	Drake Freiberg	17	East Hartford-CT	1:00.50
7	Jake Armstrong	16	Tuscarawas-OH	1:00.53
8	Thomas Nowinski	18	North Oakland-MI	1:00.62

**Heat 10 of 20 Prelims Starts at 09:15 AM**

1	JD Chow	17	Montclair-NJ	1:00.36
2	Ryan Martin	18	LakelandHills-NJ	1:00.33
3	Jake Hoin	16	Westport/Weston	1:00.27
4	Jacob Bjork	14	Kishwaukee-IL	1:00.24
5	Christopher Vadala	17	Red Bank - NJ	1:00.24
6	Tommy Gannon	16	Westport/Weston	1:00.28
7	Aram Barmakian	16	Westfield-NJ	1:00.33
8	Mckenzie Cole	16	Greensboro-NC	1:00.39

**Heat 11 of 20 Prelims Starts at 09:16 AM**

1	Kaleb Johnson	17	Galion-OH	1:00.23
2	Davion Conley	16	Tri City- IL	1:00.19
3	Michael Montague	17	ME Lyons-OH	1:00.12
4	Ryan Mitchell	18	Piedmont-VA	1:00.07
5	Chris Kohut	16	Triangle Area-NC	1:00.10
6	Andrew Nesbitt	18	SomersetValleyNJ	1:00.15
7	Andrew Stotesbery	16	Greenwich-CT	1:00.21
8	Eric Vlahos	18	Cuyahoga-OH	1:00.23

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

## Greensboro NC

## Meet Program - 3rd Day Men Preliminaries

**Heat 12 Prelims (#304 Men 100 Yard Breaststroke)**

1	Ian Lindsey	18	Butler-PA	1:00.07
2	Chris Mombello	17	Westport/Weston	59.95
3	Ryan Schultz	17	Kishwaukee-IL	59.94
4	Nolan Schneider	18	Hunterdon-NJ	59.90
5	Bryce Keblish	16	Westport/Weston	59.91
6	Jacob Earle	18	Cuyahoga-OH	59.95
7	Russell Lambert	18	Boyertown-PA	1:00.05
8	Patrick Wall	17	Sarasota-FL	1:00.07

**Heat 13 of 20 Prelims Starts at 09:19 AM**

1	Kevin Huntley	18	Anne Arundel-MD	59.84
2	Garrett Hills	18	Rock Hill-SC	59.82
3	Jon Pierce	18	Springfield-IL	59.74
4	Brian Jay	17	UpperMainLine-PA	59.68
5	Chadd Cummings	15	Butler-PA	59.73
6	Ivar Iverson	15	Racine-WI	59.78
7	Tyler Lessner	17	FanwoodScotch-NJ	59.84
8	Liam Reading	15	Bangor-ME	59.88

**Heat 14 of 20 Prelims Starts at 09:20 AM**

1	Bobby Lesko	17	New Canaan-CT	59.63
2	Jon Haycock	18	Indiana-PA	59.58
3	Jonathan Dray	18	Cape Cod-MA	59.56
4	Michael Oliver	17	West Monmouth-NJ	59.48
5	Grant Murray	17	Anne Arundel-MD	59.54
6	BJ Daisey	17	Central Delaware	59.57
7	Nick Landi	18	Orlando-FL	59.58
8	Tom Gallup	14	Mt Desert Island	59.66

**Heat 15 of 20 Prelims Starts at 09:22 AM**

1	Brian Suatengco	17	Ocean County-NJ	59.38
2	Kyle Weston	16	Western Br-DE	59.33
3	Matt Schlehr	18	Countryside-OH	59.13
4	Dan McGrath	17	Ridley-PA	59.06
5	Gregory Walters	18	Lansdowne-PA	59.10
6	Stefan Pla	17	New Canaan-CT	59.14
7	Vinnie Masciandaro	18	Burlington Co-NJ	59.37
8	Tavish Boyle	15	Summit Area-NJ	59.42

**Heat 16 of 20 Prelims Starts at 09:23 AM**

1	Alessandro Toia	17	Schroeder-WI	59.02
2	Matthias McManus	15	Mexico Area--MO	58.94
3	Noah Crawford	16	Bloomsburg-PA	58.90
4	Ned Thunem	17	New Canaan-CT	58.59
5	Eric Usbeck	17	GrScranton-PA	58.72
6	Joshua Lo	16	Crescenta-Canada	58.92
7	John Slavens	17	Rock Hill-SC	59.01
8	Matthew Delaporte	17	LakelandHills-NJ	59.05

**Heat 17 of 20 Prelims Starts at 09:24 AM**

1	Nicholas Gutsche	18	Brandywine-De	58.48
2	Matt Chu	17	SomersetValleyNJ	58.41
3	Jack Harrison	18	Red Bank - NJ	58.35
4	Brett Eslinger	17	Southeast-NY	58.33
5	Brandon Tran	14	Kroehler-IL	58.35
6	Alex Jahan	15	Greenwich-CT	58.40
7	Jonathan Frank	17	East Hartford-CT	58.45
8	Iain Edmundson	16	Greenwich-CT	58.48

**Heat 18 of 20 Prelims Starts at 09:25 AM**

1	Patrick Hesse	17	Edwardsville-IL	58.11
2	Trevor Manz	18	Eau Claire-WI	57.32
3	Eli Holstege	18	Piedmont-VA	57.06
4	Justin Chiu	17	Crescenta-Canada	56.04
5	Gregory Han	17	Cheshire-CT	56.74
6	Al Nennig	18	Schroeder-WI	57.28
7	Ben Mayes	18	Triangle Area-NC	57.74
8	Riley League	17	Rock Hill-SC	58.31

**Heat 19 of 20 Prelims Starts at 09:27 AM**

1	Michael Eaton	17	J.B. Chambers-WV	57.81
2	Kevin Fanter	17	Boise-ID	57.30
3	Jonathan Rutter	16	Powel Crosley-OH	57.04
4	Eric Ronda	18	Wilton-CT	55.79
5	Austin Green	18	Tri-County-WV	56.67
6	Michael Netto	17	Watertown-NY	57.15
7	Jordan Berger	17	Wilton-CT	57.74
8	Zachary Mabin	17	Hamilton Area-NJ	58.29

**Heat 20 of 20 Prelims Starts at 09:28 AM**

1	Jacob Limaldi	16	Ocean County-NJ	57.80
2	James Nguyen	18	Boise-ID	57.28
3	Evan Mahoney	18	Ocean County-NJ	56.75
4	Conner McHugh	17	Door County-WI	55.09
5	Zack Warner	17	SomersetValleyNJ	56.31
6	Brandon Tutty	16	LakelandHills-NJ	57.09
7	Jack Russell	15	Birmingham-MI	57.52
8	Alex D'Anna	17	Red Bank - NJ	58.20

**Event 306 Men 200 Yard Backstroke**

National: 1:43.07 4/7/2011 Steven Zimmerman

Meet Qualifying: 1:58.69

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 15 Prelims Starts at 09:31 AM**

1				
2	Ivar Iverson	15	Racine-WI	1:58.57
3	Brandon Medins	15	Triangle Area-NC	1:58.51
4	Charlie Seltzer	15	North Shore-MA	1:58.36
5	Mikey Milici	16	Middle Tyger-SC	1:58.46
6	Devon D'Agosta	18	Western-CT	1:58.53
7	Noah Oldson	15	Schroeder-WI	2:00.26
8				

**Heat 2 of 15 Prelims Starts at 09:33 AM**

1	Logan Greer	16	Brandywine-PA	1:58.28
2	Ethan D'Arcangelo	16	Pottstown-PA	1:58.23
3	Ali Pourmaleki	16	Soundview-CT	1:58.20
4	Matthew Traub	16	Winsted Area-CT	1:58.14
5	Bryan Mattingly	17	Burlington Co-NJ	1:58.14
6	Shane Vyskocil	15	LakelandHills-NJ	1:58.22
7	Gregory Buckley	16	Kennett-PA	1:58.24
8	Chandler Vandiford	14	Springfield-OH	1:58.33

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

## Greensboro NC

## Meet Program - 3rd Day Men Preliminaries

**Heat 3 Prelims (#306 Men 200 Yard Backstroke)**

1	Jay Achuff	17	UpperMainLine-PA	1:58.13
2	Connor Mayhew	17	Sanford-ME	1:58.08
3	Andrew Delahunty	17	Middle Tyger-SC	1:58.05
4	Tom Gordon	15	Triangle Area-NC	1:57.98
5	Hunter Krum	16	Sunbury-PA	1:58.00
6	James Singewald	16	West Morris-NJ	1:58.07
7	Jimmy Rush	15	West Monmouth-NJ	1:58.11
8	Oscar Ike	15	Greenwich-CT	1:58.13

**Heat 4 of 15 Prelims Starts at 09:38 AM**

1	Daniel Betts	16	Ocean County-NJ	1:57.83
2	Christopher Smith	14	Red Bank - NJ	1:57.76
3	Jack Fergus	16	Kishwaukee-IL	1:57.76
4	Matthew Taccard	17	Burlington Co-NJ	1:57.68
5	Patrick Savidge	16	East Hartford-CT	1:57.76
6	Ryan Schultz	17	Kishwaukee-IL	1:57.76
7	Chandler Lewis	17	Schroeder-WI	1:57.80
8	Jon Links	15	Wyckoff-NJ	1:57.93

**Heat 5 of 15 Prelims Starts at 09:40 AM**

1	Matthew Garcia	15	Sarasota-FL	1:57.51
2	Chase Renninger	17	Boyertown-PA	1:57.45
3	Nick Wilkinson	18	Glens Falls-NY	1:57.33
4	Nathan Runyon	15	Huntington-WV	1:57.27
5	Paul Dickman	17	Countryside-OH	1:57.28
6	Alex Crone	17	Anne Arundel-MD	1:57.40
7	Robert McDowell	17	Wilton-CT	1:57.45
8	Nick Miller	16	Western-CT	1:57.56

**Heat 6 of 15 Prelims Starts at 09:42 AM**

1	Ethan Bott	18	Schroeder-WI	1:57.09
2	Parker Boutwell	17	Northwest-NC	1:57.00
3	Drew Orzechowski	17	West Monmouth-NJ	1:56.93
4	Andrew Lawson	15	SomersetValleyNJ	1:56.85
5	Oliver Hudgins	16	Chapel Hill-NC	1:56.85
6	Austin Katz	14	Sarasota-FL	1:56.94
7	Alex Skoog	16	FanwoodScotch-NJ	1:57.02
8	Jonathan Ericksen	15	ME Lyons-OH	1:57.17

**Heat 7 of 15 Prelims Starts at 09:45 AM**

1	Dylan North	14	York-PA	1:56.73
2	Luke Wister	18	Burlington Co-NJ	1:56.70
3	Sean Workman	16	Edwardsville-IL	1:56.49
4	Andrew Eigner	16	Cheshire-CT	1:56.42
5	Liam Handley	16	West Shore-PA	1:56.48
6	Chance King	17	York-PA	1:56.55
7	Blake Dickmann	16	Hilliard-OH	1:56.71
8	Joshua Furth	16	Cheshire-CT	1:56.80

**Heat 8 of 15 Prelims Starts at 09:47 AM**

1	Kyle Stefanides	15	LakelandHills-NJ	1:56.39
2	Ross Johnston	17	Mt Desert Island	1:56.37
3	Russell Stoll	17	LakelandHills-NJ	1:56.14
4	Tyler Kauth	14	Red Bank - NJ	1:56.10
5	Sam Fuller	15	Anne Arundel-MD	1:56.11
6	Ian Wooley	18	Countryside-OH	1:56.23
7	Alexander Hillsley	17	State College-PA	1:56.38
8	Brenden Yoo	16	UpperMainLine-PA	1:56.40

**Heat 9 of 15 Prelims Starts at 09:49 AM**

1	Colin Kemp	15	Middle Tyger-SC	1:55.98
2	Ian Schrock	17	State College-PA	1:55.95
3	Alex Rayle	18	Waynesboro-VA	1:55.80
4	Matthew Raatz	20	Schroeder-WI	1:55.52
5	Charlie Fry	18	Blue Ash-OH	1:55.67
6	JD Schurer	16	Burlington Co-NJ	1:55.94
7	Jon Satre	16	Hilliard-OH	1:55.97
8	JT Klimko	17	Wyckoff-NJ	1:56.01

**Heat 10 of 15 Prelims Starts at 09:51 AM**

1	Noah Worobetz	15	Countryside-OH	1:55.33
2	Dillon Lancenese	16	Boyertown-PA	1:55.09
3	Michael DiBacco	17	Genesee Area-NY	1:54.78
4	Jake Hamill	18	Springfield-IL	1:54.69
5	Dean Shafritz	16	Red Bank - NJ	1:54.73
6	Brian Kelly	17	LakelandHills-NJ	1:55.07
7	John Loepfe	14	La Crosse-WI	1:55.30
8	Harry Clewell	17	FanwoodScotch-NJ	1:55.45

**Heat 11 of 15 Prelims Starts at 09:54 AM**

1	Andrew Stotesbery	16	Greenwich-CT	1:54.60
2	Matthew Pettit	16	Springfield-OH	1:54.51
3	Stephen Hollinshead	17	Triangle Area-NC	1:54.22
4	Ethan Louie	18	SomersetValleyNJ	1:54.21
5	Nick Landi	18	Orlando-FL	1:54.21
6	Brandon Nestor	18	Orlando-FL	1:54.31
7	Mitchell Stover	17	Darke County-OH	1:54.58
8	Steve Miller	17	Boyertown-PA	1:54.64

**Heat 12 of 15 Prelims Starts at 09:56 AM**

1	Dougie Kogut	16	Anne Arundel-MD	1:54.04
2	Josh Williams	18	Bangor-ME	1:53.89
3	Christopher Szymczak	16	Farmington-MI	1:53.82
4	Samuel Jo	14	Crescenta-Canada	1:53.66
5	Henry Hollinshead	15	Triangle Area-NC	1:53.74
6	Coleman Stewart	15	York-PA	1:53.83
7	Timothy Kostolansky	17	Summit Area-NJ	1:54.02
8	Chris Gardner	18	Central Delaware	1:54.10

**Heat 13 of 15 Prelims Starts at 09:58 AM**

1	Ian Rainey	17	Wilton-CT	1:52.73
2	Garrett Procnier	18	Gr. Flint-MI	1:51.71
3	Alex Trompke	17	Boise-ID	1:50.75
4	Nick Petersen	17	Schroeder-WI	1:48.75
5	Matt O'Donnell	17	Sarasota-FL	1:49.44
6	Jin Roh	18	Wyckoff-NJ	1:51.14
7	Chandler Brown	17	Middle Tyger-SC	1:52.09
8	Justin Kostelnik	17	Laurel Highlands	1:53.40

**Heat 14 of 15 Prelims Starts at 10:00 AM**

1	Nathaniel Boley	17	Wilton-CT	1:52.53
2	William Benn	18	Summit Area-NJ	1:51.58
3	Christian Berg	17	East Hartford-CT	1:50.02
4	Sam Lynch	17	Red Bank - NJ	1:48.14
5	Nate Carr	18	Huntington-WV	1:49.26
6	Andrew Appleby	17	Cuyahoga-OH	1:50.89
7	Daniel Hein	15	Kishwaukee-IL	1:51.87
8	Benjamin Lin	18	Summit Area-NJ	1:53.36



## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

## Greensboro NC

## Meet Program - 3rd Day Men Preliminaries

**Heat 15 Prelims (#306 Men 200 Yard Backstroke)**

1	Matthew Kazanowsky	16	Ocean County-NJ	1:52.52
2	Jonathan Glavich	15	Triangle Area-NC	1:51.37
3	Robert Borowicz	18	Middle Tyger-SC	1:49.96
4	Alexander Katz	16	Sarasota-FL	1:45.17
5	Dylan Sali	17	SomersetValleyNJ	1:49.06
6	Eric Kim	17	Wyckoff-NJ	1:50.75
7	Michael O'Brien	18	SomersetValleyNJ	1:51.82
8	Jared Klika	16	Green Bay-WI	1:53.06

**Event 308 Men 500 Yard Freestyle**

National: 4:18.01 4/5/2011 Nicholas Caldwell

Meet Qualifying: 4:47.99

Lane Name Age Team Seed Time

**Heat 1 of 14 Prelims Starts at 10:07 AM**

1				
2				
3	Grant Wethington	17	ME Lyons-OH	4:51.54
4	Tory Worobetz	17	Countryside-OH	4:49.19
5	Brandon Voorhies	17	Countryside-OH	4:49.47
6				
7				
8				

**Heat 2 of 14 Prelims Starts at 10:12 AM**

1	Max Howes	18	Chapel Hill-NC	4:48.24
2	Anthony Fresella	16	LakelandHills-NJ	4:47.75
3	Josh Taekman	16	Chapel Hill-NC	4:47.71
4	Zach Kidd	17	Huntington-WV	4:47.51
5	Lucas Rhodes	15	Northwest-NC	4:47.66
6	Ross Westrick	17	Countryside-OH	4:47.74
7	Brooks McCoy	16	Middle Tyger-SC	4:47.87
8				

**Heat 3 of 14 Prelims Starts at 10:17 AM**

1	Zach Young	18	Beavercreek-OH	4:47.25
2	Cole Davis	17	West Shore-PA	4:47.19
3	Brandon Medins	15	Triangle Area-NC	4:47.05
4	Santi Ruvira	16	Sarasota-FL	4:46.95
5	Arron Nestor	16	Orlando-FL	4:46.96
6	Chandler Lewis	17	Schroeder-WI	4:47.14
7	Dylan North	14	York-PA	4:47.25
8	Tyler Steskla	16	Cheshire-CT	4:47.49

**Heat 4 of 14 Prelims Starts at 10:22 AM**

1	Matthew Pelton	15	Sarasota-FL	4:46.71
2	Hunter McMillon	15	Waynesboro-VA	4:46.57
3	Hevin Na	17	Cheshire-CT	4:46.47
4	Neil Spazzarini	16	East Hartford-CT	4:46.44
5	Daniel Betts	16	Ocean County-NJ	4:46.47
6	Justin Crew	15	Springfield-OH	4:46.53
7	Ben Johnston	16	West Shore-PA	4:46.66
8	Evan Fischer	18	Ridgewood-NJ	4:46.86

**Heat 5 of 14 Prelims Starts at 10:27 AM**

1	Hayden Hemmens	16	Orange County-CA	4:46.43
2	Daniel Misra	17	Birmingham-MI	4:46.08
3	Ryan Deemer	17	Butler-PA	4:45.93
4	Matt Gullickson	17	Leaning Tower-IL	4:45.43
5	Frank Dello Buono	17	Kennett-PA	4:45.62
6	Sam Day	17	Northwest-NC	4:46.01
7	Noah Donovan	17	Butler-PA	4:46.24
8	Ian Dixon-Anderson	17	Hamilton Area-NJ	4:46.43

**Heat 6 of 14 Prelims Starts at 10:32 AM**

1	JT Klimko	17	Wyckoff-NJ	4:45.07
2	Seth Underwood	17	Pottstown-PA	4:44.92
3	James McElduff	17	LakelandHills-NJ	4:44.82
4	Harrison Rodts	18	North Shore-MA	4:44.49
5	Thomas Rutherford	16	Sarasota-FL	4:44.51
6	Taylor Rodenhuis	16	J.F. Hurley-NC	4:44.89
7	Trevor Keriazes	17	Springfield-OH	4:45.06
8	Ben Galinski	16	LakelandHills-NJ	4:45.08

**Heat 7 of 14 Prelims Starts at 10:37 AM**

1	Colin Happ	16	UpperMainLine-PA	4:44.36
2	Tanner Schelling	17	Boise-ID	4:44.08
3	Tanner Peltier	17	Saginaw-MI	4:43.86
4	Joe Randazzo	17	ME Lyons-OH	4:43.69
5	Vincent Filippini	16	Pottstown-PA	4:43.73
6	Bryan Kimutis	18	ME Lyons-OH	4:43.95
7	Jonathan Morse	15	Middle Tyger-SC	4:44.14
8	Quentin Cody	15	Lionville-PA	4:44.39

**Heat 8 of 14 Prelims Starts at 10:42 AM**

1	Aaron Schlemovitz	16	SomersetHills-NJ	4:43.42
2	Fritz Josephson	16	Countryside-OH	4:43.09
3	Hunter Krum	16	Sunbury-PA	4:42.85
4	Zachary Mabin	17	Hamilton Area-NJ	4:42.30
5	Tyler Gimple	18	Piedmont-VA	4:42.60
6	Brandon Cole	17	Wilton-CT	4:43.08
7	Dustin Ferzacca	17	North Shore-MA	4:43.38
8	Dean Shafritz	16	Red Bank - NJ	4:43.66

**Heat 9 of 14 Prelims Starts at 10:47 AM**

1	Philip Nawn	16	Ridley-PA	4:42.02
2	Matthew Haigh	15	Ridley-PA	4:41.65
3	Austin Katz	14	Sarasota-FL	4:40.94
4	John Pelton	16	Sarasota-FL	4:40.28
5	Sean Higgins	18	Wilton-CT	4:40.81
6	Colin Curtin	17	East Hartford-CT	4:40.96
7	Edward Healy	17	Red Bank - NJ	4:41.74
8	Justice Kramer	15	Boise-ID	4:42.15

**Heat 10 of 14 Prelims Starts at 10:52 AM**

1	Ryan Owens	16	Boyertown-PA	4:40.08
2	John Meisenheimer	17	Orlando-FL	4:39.82
3	Kyle Kemp	18	Middle Tyger-SC	4:39.51
4	Daniel Ross	17	York-PA	4:38.88
5	Drew Hamilton	17	ME Lyons-OH	4:39.17
6	Matt Slabe	15	Countryside-OH	4:39.63
7	Mark Andrew	15	Gr. Miami Val-OH	4:39.94
8	David Sweezer	15	Rock Hill-SC	4:40.12

## 2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP

Greensboro NC

## Meet Program - 3rd Day Men Preliminaries

**Heat 11 Prelims (#308 Men 500 Yard Freestyle)**

1	Grayson Davis	18	Triangle Area-NC	4:38.45
2	Ryan Scripp	15	Green Bay-WI	4:38.35
3	Stuart Hohm	17	Springfield-IL	4:38.01
4	Matthew Moen	18	Wilton-CT	4:37.80
5	Brandon Sweezer	16	Rock Hill-SC	4:37.83
6	Matt Leenhouts	16	Boyetown-PA	4:38.14
7	Dirk Hamel-Wood	17	Sarasota-FL	4:38.44
8	Ryan Murphy	17	Western-CT	4:38.61

**Heat 12 of 14 Prelims Starts at 11:02 AM**

1	Ian DiCarlo	16	West Shore-PA	4:37.03
2	Drew Clark	15	Sarasota-FL	4:35.92
3	Ryan Gajdzisz	17	FanwoodScotch-NJ	4:34.23
4	Sava Turcanu	18	Hickory -nc	4:29.66
5	Kevin George	15	Countryside-OH	4:31.74
6	Jake Pierce	17	Hickory -nc	4:35.28
7	Carter Page	16	Sarasota-FL	4:36.62
8	Arthur Conover	18	Mid Maine-ME	4:37.26

**Heat 13 of 14 Prelims Starts at 11:07 AM**

1	Peyton Leeson	17	Sarasota-FL	4:36.87
2	Maxwell Dolan	17	Wilton-CT	4:35.77
3	Zachary Molloy	16	Ocean County-NJ	4:32.88
4	Brandon Flynn	19	York-PA	4:28.37
5	Vlad Komarov	18	UpperMainLine-PA	4:30.14
6	Jacob Kohlhoff	16	Rock Hill-SC	4:34.85
7	Ryan O'Neill	16	West Monmouth-NJ	4:36.24
8	Stephen Holmquist	16	Wilton-CT	4:37.20

**Heat 14 of 14 Prelims Starts at 11:12 AM**

1	Zach Snyder	15	West Shore-PA	4:36.70
2	Jacob Carl	17	Birmingham-MI	4:35.69
3	Jonathan Blansfield	16	Westport/Weston	4:32.78
4	Alexander Katz	16	Sarasota-FL	4:24.99
5	Justin Mehl	17	Middle Tyger-SC	4:29.79
6	Liam McKane	17	Sarasota-FL	4:34.72
7	William Molloy	18	Ocean County-NJ	4:36.13
8	David Harmon	18	Anne Arundel-MD	4:37.14

**Event 310 Men 400 Yard Medley Relay**

National: 3:18.89 4/9/2009 Schroeder YMCA

M Friedemann, V Colbert, F Vital, R Hansen

Meet Qualifying: 3:39.29

Lane	Team	Relay	Seed Time
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**Heat 1 of 8 Prelims Starts at 11:32 AM**

1	North Canton-OH	3:39.02
2	GreaterPeoria-IL	3:38.80
3	Racine-WI	3:38.68
4	Central Delaware	3:38.30
5	Chapel Hill-NC	3:38.51
6	Flushing-NY	3:38.77
7	Gr. Johnstown-PA	3:38.94
8	Soundview-CT	3:39.19

**Heat 2 of 8 Prelims Starts at 11:36 AM**

1	Hazleton-PA	3:38.11
2	North Shore-MA	3:37.93
3	La Crosse-WI	3:37.87
4	Butler-PA	3:37.74
5	Western Br-DE	3:37.84
6	Northwest-NC	3:37.90
7	Galion-OH	3:38.07
8	Pottstown-PA	3:38.29

**Heat 3 of 8 Prelims Starts at 11:40 AM**

1	Orlando-FL	3:36.70
2	Birmingham-MI	3:36.48
3	Huntington-WV	3:36.42
4	Green Bay-WI	3:35.95
5	Franklin-PA	3:36.07
6	Gr. Flint-MI	3:36.47
7	Powel Crosley-OH	3:36.56
8	State College-PA	3:37.51

**Heat 4 of 8 Prelims Starts at 11:44 AM**

1	Greenwich-CT	3:35.81
2	ME Lyons-OH	3:35.74
3	Ridley-PA	3:34.13
4	Westport/Weston	3:33.89
5	York-PA	3:34.09
6	Piedmont-VA	3:35.69
7	Westfield-NJ	3:35.77
8	Bangor-ME	3:35.85

**Heat 5 of 8 Prelims Starts at 11:48 AM**

1	Farmington-MI	3:33.33
2	SomersetHills-NJ	3:32.82
3	West Shore-PA	3:32.35
4	Burlington Co-NJ	3:31.92
5	Cuyahoga-OH	3:32.19
6	Springfield-OH	3:32.75
7	FanwoodScotch-NJ	3:33.29
8	Summit Area-NJ	3:33.52

**Heat 6 of 8 Prelims Starts at 11:51 AM**

1	Boyetown-PA	3:31.32
2	UpperMainLine-PA	3:30.03
3	Boise-ID	3:27.91
4	Red Bank - NJ	3:26.06
5	Wyckoff-NJ	3:27.40
6	West Monmouth-NJ	3:29.21
7	Sarasota-FL	3:30.57
8	Brandywine-De	3:31.67

**Heat 7 of 8 Prelims Starts at 11:55 AM**

1	Crescenta-Canada	3:31.11
2	Springfield-IL	3:29.98
3	Cheshire-CT	3:27.85
4	Ocean County-NJ	3:25.48
5	Wilton-CT	3:26.81
6	Edwardsville-IL	3:28.22
7	LakelandHills-NJ	3:30.37
8	Kishwaukee-IL	3:31.46

**2013 National YMCA Short Course, Sanction #: USA-S NC 13051AP**

**Greensboro NC**

**Meet Program - 3rd Day Men Preliminaries**

**Heat 8 Prelims (#310 Men 400 Yard Medley Relay)**

1	East Hartford-CT	3:30.72
2	Rock Hill-SC	3:29.28
3	Countryside-OH	3:27.46
4	SomersetValleyNJ	3:22.53
5	Triangle Area-NC	3:26.59
6	Schroeder-WI	3:28.14
7	Middle Tyger-SC	3:30.05
8	Anne Arundel-MD	3:31.36