

2014 National YMCA Short Course Swimming Championships
Meet Qualifying Time Standards
April 1-4, 2014

* not changed

WOMEN				MEN		
50 Meter Course	25 Meter Course	25 Yard Course	EVENT	25 Yard Course	25 Meter Course	50 Meter Course
:28.17	:27.66	:24.79	50 Free	:22.19	:24.76	:25.50
1:01.01	:59.92	:53.69	100 Free	:48.59	:54.22	:55.85
2:11.06	2:09.45	1:55.99 *	200 Free *	1:45.69	1:57.95	2:00.78
4:36.24	4:30.68	5:09.39 *	500 Free	4:46.49	4:10.64	4:19.26
9:22.96	9:12.04	10:30.99 *	1000Y/800M Free	9:48.29	8:34.68	8:47.14
17:56.52	17:31.83	17:34.99 *	1650Y/1500M Free	16:28.59	16:25.63	16:53.93
1:07.55	1:06.72	:59.79	100 Back	:54.69	1:01.03	1:02.86
2:25.52	2:23.73	2:08.79	200 Back	1:58.19	2:11.90	2:15.85
1:18.83	1:16.55	1:08.59	100 Breast	1:01.19	1:08.29	1:10.73
2:48.39	2:45.39	2:28.19	200 Breast *	2:13.99	2:29.54	2:34.90
1:06.61	1:06.17	:59.29	100 Fly	:53.59	:59.81	1:00.55
2:28.75	2:27.75	2:12.39	200 Fly	1:59.99	2:13.91	2:16.35
2:29.76	2:27.08	2:11.79	200 IM	1:59.09	2:12.91	2:17.67
5:15.12	5:11.26	4:38.89	400 IM	4:16.79	4:46.59	4:55.16
1:53.96	1:51.93	1:40.29	200 Fr Rel	1:29.99	1:40.43	1:43.43
4:06.35	4:01.95	3:36.79	400 Fr Rel	3:15.59	3:38.29	3:44.81
8:49.93	8:43.42	7:48.99 *	800 Fr Rel *	7:09.99	7:59.89	8:11.41
2:07.34	2:05.21	1:52.19	200 Med Rel	1:40.39	1:52.04	1:54.99
4:33.99	4:29.40	4:01.39	400 Med Rel	3:38.09	4:03.40	4:09.81

Qualifying Period for the Short Course YMCA National Championship Meet:
is March 1 of the previous season to the entry date for the meet

Meters to Yards conversions per 2006 NCAA Swimming & Diving Rule Book.