



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA of the USA Competitive Swimming & Diving 2016 Instruction for Outstanding Athlete Award

The YMCA of the USA Swimming & Diving 2016 Outstanding Athlete Award recognizes one male and one female for their excellence in academic achievement and commitment to healthy living and social responsibility through YMCA competitive swimming.

### Applicants Should Meet the Following Criteria

- Be a 2016 graduating senior and be a YMCA swimmer for five years.
- Competed in the YMCA Short Course National Championships for three years.
- Maintain a grade point average of 3.5 or higher on a 4.0 or equivalent scale during senior year in high school.
- Have plans to continue education at an accredited university or college.
- Compete at the YMCA Short Course National Championship in his/her senior year and be present to accept the award.

### Application Procedure

1. Interested individuals must return the completed application along with three letters of recommendation and a two page reflection essay on how YMCA competitive swimming and diving or other Y programming has impacted your youth development and social responsibility.
2. Include three letters of recommendation from a coach, clergy, teacher or YMCA staff person. Letters of recommendation are **not** to exceed one page and should reflect the athlete's display of the YMCA core values of caring, honesty, respect and responsibility.
3. Include a two-page, double spaced, reflection essay on how the YMCA competitive swimming or other Y programming has impacted your youth development and social responsibility.
4. Application must be received by **March 25, 2016**, and should be addressed to: Sherese Jackson, YMCA of the USA, 101 N. Wacker Drive, Chicago, IL 60606 or emailed to [sherese.jackson@ymca.net](mailto:sherese.jackson@ymca.net).
5. Applications will be reviewed and the final selection is made by a panel of individuals appointed by the YMCA of the USA Competitive Swimming & Diving Operations Council. One male and one female will be chosen to receive the award.
6. The recipients will be announced at the 2016 YMCA Short Course National Championship in Greensboro, NC.



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**YMCA of the USA Competitive Swimming & Diving  
2016 Application for Outstanding Athlete Award**

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

YMCA Affiliation \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Name of Swimming Coach \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Number of Years Participating in YMCA Competitive Swimming \_\_\_\_\_

Number of Years Competing in the YMCA Short Course National Championships \_\_\_\_\_

Name of High School \_\_\_\_\_ Date of Graduation \_\_\_\_\_

Grade Point Average Senior Year \_\_\_\_\_ (enclose unofficial transcript)

**Volunteer activities: On a separate sheet please list your volunteer activities. Applicants are encouraged to name the organization they have volunteered with and provide a small description of what each organization does.**

Applicant's Signature \_\_\_\_\_

Parent's/Guardian's Signature \_\_\_\_\_

Please return your **completed** application, three letters of recommendation, and your two page reflection essay. **Incomplete applications will not be considered.**

Application must be received by **March 25, 2016**, and should be addressed to:

- Electronically: [Robin.Lee@ymca.net](mailto:Robin.Lee@ymca.net)
- Hard copy: **YMCA of the USA  
Robin Lee  
101 N. Wacker Drive  
Chicago, IL 60606**