



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

MONDAY: START OF DAY 1 - CHECK-IN DAY

Evening's Event 101 Women's 200 Free Relay (Prelims - Finals swim Tuesday Evening)
Evening's Event 102 Men's 200 Free Relay (Prelims - Finals swim Tuesday Evening)
Evening's Event 103 Women's 1,000 Yard Freestyle (fastest to slowest)
Evening's Event 104 Men's 1,000 Yard Freestyle (fastest to slowest)

6:00AM-4:00PM	COACHES: Pool open exclusively for Meet Swimmers and Coaches
9:00AM-2:00PM	COACHES: Team & Coaches Meet Check-in - Events Center - Rm 3
9:00AM-1:00PM	COACHES: Scratch Table Open for 1000 Freestyle and 200 Free Relay (Day 1 events) - Events Center - Coaches Check-in (Rm 3)
9:00AM-4:00PM	COACHES: Scratch Table Open (Day 2 Events) - Events Center - Coaches Check-in (Rm 3) and during All Coaches meeting
9:00AM-3:00PM	ALL: Parking Pass Sales - Events Center
9:00AM-3:00PM	SPECTATORS: Ticket Sales & Pre-order Ticket Pick-up - Events Center
9:00AM-1:00PM	OFFICIALS: Officials Meet Check-in - Events Center - Rm 3
9:00AM-1:00PM	OFFICIALS: Level I Officials Training - Pool - Room 1
9:00AM-1:00PM	OFFICIALS: Level II Officials Training - Pool - Room 1
12:00 NOON	SWIMMERS: Athlete Village Open for Team Move-in - Events Center
12:00PM-2:00PM	SWIMMERS: Olympian Autograph Session - Hallway in Special Events Center
1:30PM-3:00PM	ALL: College Coaches Seminar for Parents/Athletes - Location: Fieldhouse
2:15PM	COACHES: New Coaches Meeting - Events Center - Rm 4
3:00PM	COACHES: All Coaches Meeting - Events Center - Rm 1
3:00PM-4:00PM	All: Athlete Welcome Party and swim cap swap - Location: Fieldhouse
3:30PM-4:00PM	OFFICIALS: New Officials Meeting - Hall of Champs - Board Rm

4:00PM EVENING COMPETITION- DAY 1

4:00PM	COACHES: Pool Opens for Finals Warm-up
4:00PM-6:00PM	COACHES: Team & Coaches Meet Check-in - Events Center - Rm 4
4:00PM-5:00PM	COACHES: Scratch Table Open (Day 2 Events only) - Room Off Pool Deck
4:00PM	COACHES: Relay Table Open-Room off pool deck
4:00PM	SPECTATORS: Stands Open
4:00PM-6:00PM	SPECTATORS: Ticket Sales & Pre-order Ticket Pick-up - Pool Entrance
4:00PM	OFFICIALS: Meeting for All Officials/Timers & Check-in - Hall of Champs Board Rm
5:00PM	ALL: Competition Pool Closes
5:00PM	ALL: Devotion and National Anthem
5:15PM	ALL: START OF COMPETITION

ESTIMATED SESSION END TIME: 7:30PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

TUESDAY: START OF DAY 2

Day's Event 201 Women's 200 Yard Backstroke
Day's Event 202 Men's 200 Yard Backstroke
Day's Event 203 Women's 100 Yard Butterfly
Day's Event 204 Men's 100 Yard Butterfly
Day's Event 205 Women's 200 Yard Breaststroke
Day's Event 206 Men's 200 Yard Breaststroke
Day's Event 207 Women's 400 Yard Medley Relay
Day's Event 208 Men's 400 Yard Medley Relay

6:00AM **COACHES:** Pool Opens Prelims Warm-up
7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck Scratch and Time Trial Room
7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open-Pool Deck: Scratch and Time Trial Room
7:00AM-11:00AM **SPECTATORS:** Ticket Sales & Pre-order Ticket Pick-up
7:00AM **SPECTATORS:** Stands Open
7:00AM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
8:30AM **ALL:** Competition Pool Closes
8:30AM **ALL:** Devotion and National Anthem
8:30AM ALL: 2020 JOSEPH G. ROGERS AWARD ANNOUNCEMENT
8:45AM ALL: PRELIMS START

TIME TRIALS START - 30 Minutes After Prelims

Scheduled Time Trial Events

200 Backstroke; 100 Butterfly; 200 Breaststroke; 100 IM; 1000 Free; 100 Backstroke;
400 IM; 200 Freestyle

4:00PM EVENING FINALS - DAY 2

4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 3-Pool Deck: Scratch and Time Trial Room
4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room
4:00PM-7:00PM **SPECTATORS:** Ticket Sales & Pre-order Ticket Pick-up
4:00PM **SPECTATORS:** Stands Open
4:15PM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
4:40PM **COACHES:** Assembly of Athletes for Opening Ceremonies - Special Events Center
4:55PM **ALL:** Competition Pool Closes
4:55PM ALL: OPENING CEREMONIES - PARADE OF ATHLETES
5:10PM **ALL:** Devotion and National Anthem
5:15PM ALL: FINALS START WITH C, B, A HEATS
5:15PM Swim Finals for 200 Medley Relay - Women then Men
5:15PM 1000 Freestyle Awards-Women after Women relay awards, Men after Men relay awards

ESTIMATED SESSION END TIME: 8:15PM

Revision Date: 3/9/2020



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

WEDNESDAY: START OF DAY 3

Day's Event 301 Women's 100 Yard Backstroke
Day's Event 302 Men's 100 Yard Backstroke
Day's Event 303 Women's 400 Yard I.M.
Day's Event 304 Men's 400 Yard I.M.
Day's Event 305 Women's 200 Yard Freestyle
Day's Event 306 Men's 200 Yard Freestyle
Day's Event 307 Women's 200 Yard Medley Relay
Day's Event 308 Men's 200 Yard Medley Relay

6:00AM **COACHES:** Pool Opens Prelims Warm-up
7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Scratch and Time Trial Room
7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open-Pool Deck: Scratch and Time Trial Room
7:00AM-11:00AM **SPECTATORS:** Ticket Sales
7:00AM **SPECTATORS:** Stands Open
7:15AM **OFFICIALS:** Picture - Spectator Stands
7:30AM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
8:30AM **ALL:** Competition Pool Closes
8:30AM **ALL:** Devotion and National Anthem
8:30AM ALL: SENIOR RECOGNITION
8:30AM ALL: ADOLF KIEFER YMCA YOUTH CHARACTER AWARDS ANNOUNCED
8:45AM ALL: PRELIMS START

TIME TRIALS START - 30 Minutes After Prelims

Scheduled Time Trial Events

100 Backstroke; 400 IM; 200 Free; 200 IM; 50 Freestyle; 500 Freestyle

4:00PM

EVENING FINALS - DAY 3

4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 4-Pool Deck: Scratch and Time Trial Room
4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room
4:00PM **SPECTATORS:** Stands Open
4:00PM-7:00PM **SPECTATORS:** Ticket Sales
4:15PM **OFFICIALS:** Officials and Timers Meeting - Events Center - Rm 1
5:00PM **ALL:** Competition Pool Closes
5:00PM **ALL:** Devotion and National Anthem
5:15PM ALL: FINALS START WITH C, B, A HEATS

ESTIMATED SESSION END TIME: 7:45PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

THURSDAY: START OF DAY 4

Day's Event 401 Women's 500 Yard Freestyle
Day's Event 402 Men's 500 Yard Freestyle
Day's Event 403 Women's 200 Yard IM
Day's Event 404 Men's 200 Yard IM
Day's Event 405 Women's 50 Yard Freestyle
Day's Event 406 Men's 50 Yard Freestyle
Day's Event 407 Women's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)
Day's Event 408 Men's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)

6:00AM **COACHES:** Pool Opens Prelims Warm-up
7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Scratch and Time Trial Room
7:00AM-12:00PM **COACHES:** Scratch & Relay Table Open-Pool Deck: Scratch and Time Trial Room
7:00AM-11:00AM **SPECTATORS:** Ticket Sales
7:00AM **SPECTATORS:** Stands Open
7:30AM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
8:30AM **ALL:** Competition Pool Closes
8:30AM **ALL:** Devotion and National Anthem
8:30AM ALL: MOMENT OF REMEMBRANCE
8:30AM ALL: 2020 CONRAD CARROLL AWARD ANNOUNCEMENT
8:45AM ALL: PRELIMS START

TIME TRIALS START - 30 Minutes After Prelims

Scheduled Time Trial Events

200 IM; 50 Freestyle; 500 Freestyle; 200 Butterfly' 100 Freestyle' 100 Breaststroke

4:00PM EVENING FINALS - DAY 4

4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM-6:00PM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
4:00PM-5:00PM **COACHES:** Scratch Table Open for Day 5-Pool Deck: Scratch and Time Trial Room
4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room
4:00PM **SPECTATORS:** Stands open
4:00PM **SPECTATORS:** Ticket Sales
4:00PM-7:00PM **SPECTATORS:** Ticket Sales
4:15PM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
5:00PM **ALL:** Competition Pool Closes
5:00PM **ALL:** Devotion and National Anthem
5:15PM ALL: FINALS START WITH C, B, A HEATS

ESTIMATED SESSION END TIME: 8:15PM



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

FRIDAY: START OF DAY 5

Day's Event 501 Women's 200 Yard Butterfly
Day's Event 502 Men's 200 Yard Butterfly
Day's Event 503 Women's 100 Yard Freestyle
Day's Event 504 Men's 100 Yard Freestyle
Day's Event 505 Women's 100 Yard Breaststroke
Day's Event 506 Men's 100 Yard Breaststroke
Day's Event 507 Women's 400 Yard Free Relay
Day's Event 508 Men's 400 Yard Free Relay
Day's Event 509 Women's 1,650 Yard Freestyle (Prelims fastest to slowest - Top seeded heat swim first event at Finals)
Day's Event 510 Men's 1,650 Yard Freestyle (Prelims fastest to slowest - Top seeded heat swim first event at Finals)

6:00AM **COACHES:** Pool Opens Prelims Warm-up
7:00AM-11:00AM **COACHES:** Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-10:00AM **COACHES:** Time Trial Table Open-Pool Deck: Scratch and Time Trial Room
7:00AM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room
7:00AM-11:00AM **SPECTATORS:** Ticket Sales
7:00AM **SPECTATORS:** Stands Open
7:30AM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
8:30AM **ALL:** Competition Pool Closes
8:30AM **ALL:** Devotion and National Anthem
8:30AM ALL: 2021 JOSEPH G. ROGERS AWARD ANNOUNCED
8:30AM ALL: COACH OF THE YEAR AWARD ANNOUNCED
8:45AM ALL: PRELIMS START

TIME TRIALS START - 30 Minutes After Prelims

Scheduled Time Trial Events

200 Butterfly; 100 Freestyle; 100 Breaststroke; 1650 Freestyle; 200 Backstroke
100 Butterfly; 200 Breaststroke; 100 IM

4:00PM EVENING FINALS- DAY 5

4:00PM **COACHES:** Pool Opens for Finals Warm-up
4:00PM **COACHES:** Relay Table Open-Pool Deck: Scratch and Time Trial Room
4:00PM **SPECTATORS:** Stands Open
4:00PM-7:00PM **SPECTATORS:** Ticket Sales
4:15PM **OFFICIALS:** Officials/Timers Meeting & Officials Check-in - Events Center - Rm 1
5:00PM **ALL:** Competition Pool Closes
5:00PM **ALL:** Devotion and National Anthem
5:00PM ALL: COACH OF THE MEET AWARD ANNOUNCED
5:15PM ALL: FINALS START WITH C, B, A HEATS

ESTIMATED SESSION END TIME: 8:45PM