

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 101

### Women's 200 Yard Freestyle Relay

Qualifying Time - 1:39.69

National Record - 1:31.90 – York, PA  
at Greensboro, NC, 2016



Defending Champion - 1:32.24  
Triangle Area, NC

<u>Year</u>	<u>Association</u>	<u>Time</u>
2019	Triangle Area, NC	1:32.24
2018	Westport/Weston, CT	1:32.78
2017	Bath Area, ME	1:32.85
2016	York, PA	**1:31.90
2015	Middle Tyger, SC	1:32.47
2014	Middle Tyger, SC	1:31.98
2013	York, PA	1:32.05
2012	Middle Tyger, SC	1:33.64
2011	Birmingham, MI	1:33.83
2010	Birmingham, MI	1:35.50
2009	Sarasota, FL	1:34.68
2008	Triangle Area, NC	1:34.07
2007	Triangle Area, NC	1:34.00
2006	Triangle Area, NC	1:33.26
2005	Triangle Area, NC	1:36.10
2004	Plymouth, MI	1:35.10
2003	Plymouth, MI	1:35.32
2002	Roanoke Central, VA	1:35.74
2001	Roanoke Central, VA	1:35.90
2000	Schroeder, WI	1:35.47
1999	Schroeder, WI	1:35.64
1998	Bloomsburg Area, PA	1:35.27
1997	Wilton, CT	1:34.89
1996	Westport, CT	1:36.31

## EVENT 102

### Men's 200 Yard Freestyle Relay

Qualifying Time - 1:29.49

National Record - 1:21.71 – Springfield, IL  
at Greensboro, NC, 2014



Defending Champion - 1:22.06  
Somerset Hills, NJ

<u>Year</u>	<u>Association</u>	<u>Time</u>
2019	Somerset Hills, NJ	1:22.06
2018	Somerset Hills, NJ	1:22.19
2017	Sarasota, FL	1:23.48
2016	Countryside, OH	1:23.33
2015	Somerset Hills, NJ	1:22.21
2015	Springfield, IL	**1:21.71
2013	Triangle Area YMCA, NC	1:22.68
2012	Triangle Area YMCA, NC	1:23.20
2011	Triangle Area YMCA, NC	1:22.58
2010	Triangle Area YMCA, NC	1:23.17
2009	Schroeder, WI	1:23.03
2008	Schroeder, WI	1:24.62
2007	Schroeder, WI	1:23.72
2006	Schroeder, WI	1:23.59
2005	Wilton, CT	1:22.64
2004	Wilton, CT	1:23.89
2003	Lakeland Hills, NJ	1:24.50
2002	Upper Main Line, PA	1:25.01
2001	M.E. Lyons, OH	1:24.14
2000	Boise Family YMCA, ID	1:25.38
1999	Red Bank, NJ	1:24.09
1998	M.E. Lyons YMCA, OH	1:25.03
1997	Upper Main Line, PA	1:25.32
1996	N.W. DuPage, IL	1:24.07

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 103

### Women's 1000 Yard Freestyle

Qualifying Time - 10:27.99  
National Record - 9:27.19 Danielle Valley  
Sarasota, FL at Greensboro, NC, 2013



Defending Champion – Emma Weyant  
9:39.41 – Sarasota, FL

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Emma Weyant	Sarasota, FL	9:39.41
2018	Leah Braswell	York, PA	9:45.33
2017	Courtney Harnish	York, PA	9:39.92
2016	Leah Braswell	York, PA	9:35.71
2015	Courtney Harnish	York, PA	9:33.93
2014	Courtney Harnish	York, PA	9:35.39
2013	Danielle Valley	Sarasota, FL	**9:27.19
2012	Danielle Valley	Sarasota, FL	9:43.62
2011	Danielle Valley	Sarasota, FL	9:43.01
2010	Kelly Ann Baird	Northwest, NC	9:44.59
2009	Corinne Showalter	Sarasota, FL	9:41.24
2008	Kelly Ann Baird	Winston Salem, NC	9:49.37
2007	Corinne Showalter	Sarasota, FL	9:39.09
2006	Kata Fodor	Sarasota, FL	9:57.33
2005	Corinne Showalter	Sarasota, FL	9:49.65
2004	Leah Gingrich	West Shore, PA	9:56.70
2003	Katie Nelson	San Pedro, CA	9:46.23
2002	Katie Nelson	San Pedro, CA	9:55.64

## EVENT 104

### Men's 1000 Yard Freestyle

Qualifying Time - 9:46.99  
National Record - 8:50.29 Ross Dant  
Hickory, NC at Greensboro, NC 2019



Defending Champion – Ross Dant  
8:50.29 – Hickory, NC

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Ross Dant	Hickory, NC	**8:50.29
2018	Ross Dant	Hickory, NC	8:57.33
2017	Ross Dant	Hickory, NC	8:57.64
2016	Drew Clark	Sarasota, FL	8:58.22
2015	Drew Clark	Sarasota, FL	9:00.14
2014	Ian Rainey	Wilton, CT	9:05.31
2013	Alexander Katz	Sarasota, FL	8:57.80
2012	Noah Martin	York, PA	9:03.39
2011	Nicholas Caldwell	Sarasota, FL	8:55.55
2010	Nicholas Caldwell	Sarasota, FL	9:00.17
2009	John Orban	Sarasota, FL	9:04.75
2008	Luke Bushman	Green Bay, WI	9:12.17
2007	Austin Detra	Sarasota, FL	9:09.91
2006	Charlie Houchin	Triangle Area, NC	9:02.94
2005	Charlie Houchin	Triangle Area, NC	9:10.78
2004	Hank Browning	M.E. Lyons, OH	9:15.98
2003	Kevin Nead	M.E. Lyons, OH	9:08.73
2002	Kevin Nead	M.E. Lyons, OH	9:18.51

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 201

### Women's 200 Yard Backstroke

Qualifying Time - 2:07.29  
National Record - 1:51.56 Meghan Small  
York, PA at Greensboro, NC, 2016



Defending Champion – Page Hetrick  
1:53.09 – Bradford, PA

Year	Name	Association	Time
2019	Page Hetrick	Bradford, PA	1:53.09
2018	Page Hetrick	Bradford, PA	1:54.73
2017	Courtney Harnish	York, PA	1:54.40
2016	Meghan Small	York, PA	**1:51.56
2015	Meghan Small	York, PA	1:51.74
2014	Meghan Small	York, PA	1:54.01
2013	Meghan Small	York, PA	1:54.76
2012	Ashlee Linn	Sarasota, FL	1:55.62
2011	Ashlee Linn	Sarasota, FL	1:56.40
2010	Annie Gillig	Middle Tyger, SC	1:56.32
2009	Annie Gillig	Middle Tyger, SC	1:55.45
2008	Sabrina Benson	Triangle Area, NC	2:00.57
2007	Blair Collins	Sarasota, FL	1:59.52
2006	Tricia Weaner	Harrisburg West Shore, PA	1:58.66
2005	Ashley Jones	Joliet, IL	1:58.35
2004	Tricia Weaner	Harrisburg West Shore, PA	1:58.13
2003	Tricia Weaner	Harrisburg West Shore, PA	1:58.94
2002	Rikki Covey	Spokane, WA	2:01.96
2001	Cassie Novak	Cheshire, OH	2:02.17
2000	Elizabeth Hetherington	Chapel Hill, NC	1:59.45
1999	Sara Johnson	Birmingham, MI	2:01.32
1998	Lindsey Highstrom	Schroeder YMCA, WI	2:01.62
1997	Melissa Olson	Huntington, WV	2:02.00
1996	Kristen Roorbach	Westport/Weston	2:00.22

## EVENT 202

### Men's 200 Yard Backstroke

Qualifying Time - 1:56.59  
National Record - 1:41.48 Austin Katz  
Sarasota, FL at Greensboro, NC 2016



Defending Champion – Sam Wesley  
1:45.04- Ridley Area, PA

Year	Name	Association	Time
2019	Sam Wesley	Ridley, PA	1:45.04
2018	Brendan Burns	Upper Main Line, PA	1:42.17
2017	Austin Katz	Sarasota, FL	1:41.74
2016	Austin Katz	Sarasota, FL	**1:41.48
2015	Austin Katz	Sarasota, FL	1:43.70
2014	Brad Oberg	Middle Tyger, SC	1:46.02
2013	Alexander Katz	Sarasota, FL	1:45.49
2012	Alexander Katz	Sarasota, FL	1:45.17
2011	Steven Zimmerman	Countryside, OH	1:43.07
2010	Steven Zimmerman	Countryside, OH	1:44.79
2009	James Wells	Bath Area, ME	1:46.94
2008	Luke Bushman	Green Bay, WI	1:49.77
2007	Justin Farra	Countryside, OH	1:50.03
2006	Clint McClendon	Montgomery, AL	1:50.41
2005	Patrick Schirk	Pottstown, PA	1:44.25
2004	Patrick Schirk	Pottstown, PA	1:45.10
2003	Sam Masson	Boise, ID	1:46.09
2002	Sam Masson	Boise, ID	1:47.95
2001	Jayne Cramer	M.E. Lyons, OH	1:46.62
2000	Jayne Cramer	M.E. Lyons, OH	1:44.38
1999	Joey Faltraco	Spartanburg, SC	1:47.19
1998	Daniel Shevchik	Wilton Y, CT	1:46.60
1997	Reid Gustin	M.E. Lyons, OH	1:48.94
1996	Brian Elko	Lakeland, NJ	1:49.26

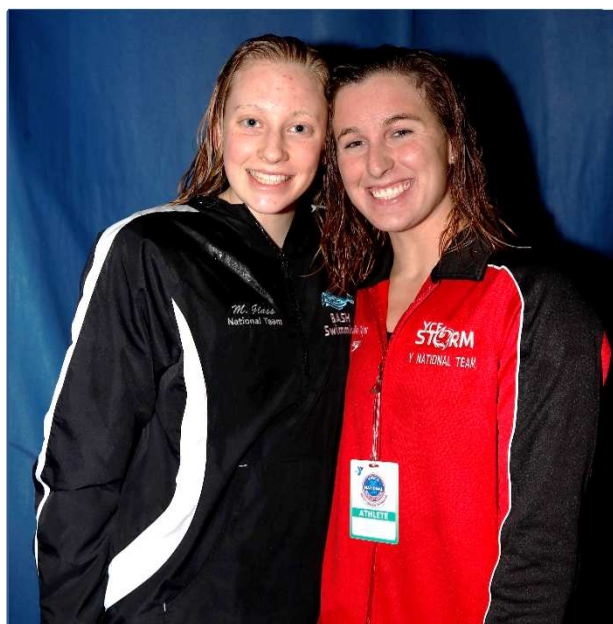
# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 203

### Women's 100 Yard Butterfly

Qualifying Time - 58.69

National Record - 52.43 Caitlin Tycz  
Bath Area, ME at Greensboro, NC 2016



#### Defending Champions

Megan Glass and Olivia Taylor

53.24 – Blue Ash, OH & Central Florida

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019 Tie	Olivia Taylor	Central Fl	53.24
2019 Tie	Megan Glass	Blue Ash, OH	53.24
2018	Megan Glass	Blue Ash, OH	53.42
2017	Caitlin Tycz	Bath Area, ME	52.76
2016	Caitlin Tycz	Bath Area, ME	**52.43
2015	Remedy Rule	Waynesboro, VA	52.94
2014	Courtney Weaver	GR. Flint, MI	52.51
2013	Courtney Weaver	GR. Flint, MI	53.30
2012	Courtney Weaver	GR. Flint, MI	53.26
2011	Haley Lips	Middle Tyger, SC	54.42
2010	Jenni Roberts	Sanford, ME	54.23
2009	Haley Lips	Middle Tyger, SC	53.28
2008	Haley Lips	Middle Tyger, SC	55.01
2007	Dagny Knutson	Minot, ND	54.47
2006	Dagny Knutson	Minot, ND	55.74
2005	Payton Johnson	Champaign, IL	55.45
2004	Payton Johnson	Champaign, IL	55.46
2003	Annie Babicz	Sarasota, FL	56.04
2002	Annie Babicz	Sarasota, FL	55.80
2001	Christy Olin	N.W. DuPage, IL	55.54
2000	Corrie Clark	Upper Main Line, PA	56.16
1999	Corrie Clark	Upper Main Line, PA	56.00
1998	Lindsey Highstrom	Schroeder., WI	56.15
1997	Lindsey Highstrom	Schroeder., WI	55.54
1996	McCall Dorr	Boise, ID	55.20

## EVENT 204

### Men's 100 Yard Butterfly

Qualifying Time - 52.79

National Record - Brendan Burns 46.10  
Upper Main Line, PA at Greensboro, NC, 2019



#### Defending Champion – Brendan Burns

46.61 – Upper Main Line, PA

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Brendan Burns	Upper Main Line, PA	**46.10
-----			
2018	Brendan Burns	Upper Main Line, PA	46.61
2017	Brendan Burns	Upper Main Line, PA	47.62
2016	Daniel Hein	Kishwaukee, IL	47.53
2015	Zachary Piedt	Rock Hill, SC	48.30
2014	Nick Peterson	Schroeder, WI	48.12
2013	Sam Lynch	Red Bank, NJ	47.40
2012	Sam Lynch	Red Bank, NJ	48.94
2011	Nicholas Lowe	Orlando, FL	49.07
2010	Mitchell Friedmann	Schroeder, WI	48.66
2009	Tim Phillips	Marietta, OH	46.96
2008	Tim Phillips	Marietta, OH	48.32
2007	Matt Donch	Triangle Area, NC	48.81
2006	Matt Donch	Triangle Area, NC	48.95
2005	Brian Wilson	Summit Area, NJ	49.76
2004	Andrew Langenfeld	Mount Vernon, IL	49.38
2003	Sam Masson	Boise, ID	48.37
2002	Gary Grant	Lakeland Hills, NJ	48.73
2001	Jayne Cramer	M.E. Lyons, OH	47.54
2000	Jayne Cramer	M.E. Lyons, OH	47.46
1999	Jayne Cramer	M.E. Lyons, OH	48.64
1998	Jayne Cramer	M.E. Lyons, OH	49.72
1997	Mike Mesenbourg	Schroeder Br., WI	50.42
1996	Craig Wales	M.E. Lyons, OH	50.39

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 205

### Women's 200 Yard Breaststroke

Qualifying Time - 2:27.59

National Record - 2:11.08 Savanna Faulconer  
Middle Tyger, SC at Greensboro, NC 2015



Defending Champion – Charity Pittard  
2:11.54 – Boise, ID

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Charity Pittard	Boise, ID	2:11.54
2018	Charity Pittard	Boise, ID	2:13.42
2017	Brooke Perrotta	Cheshire, CT	2:12.50
2016	SydneynBaker	Middle Tyger, SC	2:13.12
2015	Savanna Faulconer	Middle Tyger, SC	**2:11.08
2014	Bethany Leap	Sarasota, FL	2:11.35
2013	Abby Fisher	Lakeland Hills, NJ	2:12.16
2012	Bethany Leap	Sarasota, FL	2:15.73
2011	Abby Fisher	Lakeland Hills, NJ	2:13.55
2010	KC Moss	Wilton, CT	2:12.78
2009	Laura Gorinski	Greensburg, PA	2:15.90
2008	Laura Johnson	Montgomery East, AL	2:16.09
2007	Keri Sink	Taylor Family, IL	2:17.78
2006	Keri Sink	Taylor Family, IL	2:16.88
2005	Ann Cipoletti	Franklin Co., VA	2:16.21
2004	Jessica Botzum	Triangle Area, NC	2:17.27
2003	Jessica Stephens	Bloomsburg, PA	2:18.16
2002	Amy Wheatley	Montgomery, AL	2:12.47
2001	Courtney Stanchock	Bloomsburg YMCA, PA	2:16.72
2000	Courtney Stanchock	Bloomsburg YMCA, PA	2:14.76
1999	Kelly Jones	South Comm. Family, OH	2:14.83
1998	Kelly Jones	South Comm. Family, OH	2:15.16
1997	Kelly Jones	Kettering, OH	2:16.05
1996	Shannon Suddarth	Topeka, KS	2:15.17

## EVENT 206

### Men's 200 Yard Breaststroke

Qualifying Time - 2:12.69

National Record - 1:53.59 Max McHugh  
Door County, WI at Fort Greensboro, NC, 2018



Defending Champion – Matt Fallon  
1:54.27 – Somerset Valley, NJ

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Matt Fallon	Somerset Valley, NJ	1:54.27
2018	Max McHugh	Door County, WI	**1:53.59
2017	Max McHugh	Door County, WI	1:56.51
2016	Max McHugh	Door County, WI	1:55.46
2015	Paul DeLakis	Eau Claire, WI	1:58.58
2014	Zack Warner	Somerset Valley, NJ	1:56.61
2013	Eric Ronda	Wilton, CT	1:56.91
2012	Eric Ronda	Wilton, CT	1:58.82
2011	Christian Higgins	Wilton, CT	1:55.81
2010	Christian Higgins	Wilton, CT	1:58.42
2009	Christian Higgins	New Canaan, CT	2:00.63
2008	Scott Marino	Fanwood, NJ	2:03.13
2007	Leo MacGregor	New Canaan, CT	2:03.14
2006	Scott Thacker	Franklin County, VA	2:03.64
2005	Luke Boutwell	East Branch YMCA, AL	2:05.45
2004	CJ Neuss	Spokane, WA	2:02.25
2003	Mike Alexandrov	Champaign, IL	1:58.28
2002	Mike Alexandrov	Champaign, IL	2:01.41
2001	Mike Alexandrov	Champaign, IL	2:04.22
2000	David Szabo	Roanoke Central	
1999	Christopher Maurer	Reading/Berks, PA	2:01.42
1998	Justin Rhine	Aquatic Center, FL	2:00.47
1997	Justin Rhine	Orlando, FL	2:02.71
1996	Matt Haup	Kettering, OH	2:05.53

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 207

### Women's 400 Yard Medley Relay

Qualifying Time - 4:00.39

National Record - 3:37.81 – Middle Tyger, SC  
at Greensboro, NC, 2015

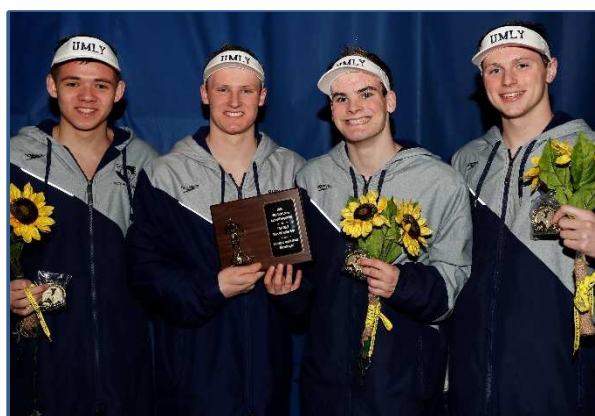


## EVENT 208

### Men's 400 Yard Medley Relay

Qualifying Time - 3:37.19

National Record - 3:17.93 – Sarasota, FL  
at Greensboro, NC, 2017



Defending Champion - 3:43.83  
Red Bank, NJ

<u>Year</u>	<u>Association</u>	<u>Time</u>
2019	Red Bank, NJ	3:43.83
2018	Cheshire, CT	3:43.32
2017	Cheshire, CT	3:43.18
2016	York, PA	3:38.69
2015	Middle Tyger, SC	**3:37.81
2014	Middle Tyger, SC	3:39.34
2013	York, PA	3:40.60
2012	York, PA	3:43.47
2011	Middle Tyger, SC	3:43.09
2010	Middle Tyger, SC	3:44.98
2009	Middle Tyger, SC	3:44.38
2008	Triangle Area, NC	3:46.94
2007	West Shore YMCA, PA	3:49.11
2006	Triangle Area, NC	3:50.36
2005	West Shore, PA	3:49.84
2004	Plymouth, MI	3:47.08
2003	Plymouth, MI	3:51.75
2002	Bloomsburg, PA	3:55.32
2001	Cheshire, OH	3:52.57
2000	Schroeder, WI	3:50.93
1999	Schroeder, WI	3:51.52
1998	Aquatic Center, FL	3:47.04
1997	Bloomsburg, PA	3:52.04
1996	Bloomsburg, PA	3:53.00

Defending Champion - 3:19.49  
Upper Main Line, PA

<u>Year</u>	<u>Association</u>	<u>Time</u>
2019	Upper Main Line, PA	3:19.49
2018	Upper Main Line, PA	3:19.90
2107	Sarasota, FL	**3:17.93
2016	Sarasota, FL	3:19.73
2015	Somerset Valley, NJ	3:20.09
2014	Somerset Valley, NJ	3:18.94
2013	Somerset Valley, NJ	3:18.14
2012	Upper Main Line, PA	3:22.05
2011	Triangle Area YMCA, NC	3:20.14
2010	Middle Tyger, SC	3:21.17
2009	Schroeder, WI	3:18.89
2008	Schroeder, WI	3:24.00
2007	Schroeder, WI	3:28.32
2006	Franklin County, VA	3:23.30
2005	Wilton, CT	3:25.11
2004	Wilton, CT	3:29.25
2003	Lakeland Hills, NJ	3:25.51
2002	Upper Main Line, PA	3:26.20
2001	M.E. Lyons, OH	3:21.05
2000	M.E. Lyons, OH	3:23.71
1999	M.E. Lyons, OH	3:25.52
1998	M.E. Lyons, OH	3:24.34
1997	M.E. Lyons, OH	3:25.05
1996	Lakeland Hill, NJ	3:25.00

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 301

### Women's 100 Yard Backstroke

Qualifying Time - 59.09  
National Record - 52.19 Meghan Small  
York, PA at Greensboro, NC 2015



Defending Champion – Paige Hetrick  
52.83 – Bradford, PA

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Paige Hetrick	Bradford, PA	52.83
2018	Olivia Harper	Bath Area, ME	54.63
2017	Heather Sigmon	Greensboro, NC	53.82
2016	Kaitlin Harty	North Shore, MA	52.40
2015	Meghan Small	York, PA	**52.19
2014	Emily Slabe	Countryside, OH	53.48
2013	Marie Chamberlain	Cape Cod, MA	53.56
2012	Sarah Reynolds	Montgomery, AL	53.86
2011	Kendall Crawford	Middle Tyger, SC	53.98
2010	Margo Geer	Springfield, OH	54.04
2009	Margo Geer	Springfield, OH	54.19
2008	Candace Cooper	Triangle Area, NC	54.90
2007	Carlyn Lungmus	Sarasota, FL	56.60
2006	Candace Cooper	Triangle Area, NC	55.57
2005	Ashley Jones	Joliet, IL	55.28
2004	Lauren English	Montclair, NJ	55.13
2003	Tricia Weaner	West Shore, PA	55.12
2002	Megan Tomes	M.E. Lyons, OH	57.11
2001	Sarah Haupt	Carlisle, PA	55.96
2000	Elizabeth Hetherington	Chapel Hill, NC	53.16
1999	Sara Johnson	Birmingham, MI	56.77
1998	Christy Watkins	Aquatic Center, FL	55.46
1997	Christine Keller	Champaign, IL	55.65
1996	Christine Keller	Champaign, IL	56.37

## EVENT 302

### Men's 100 Yard Backstroke

Qualifying Time - 53.89  
National Record - 47.06 Austin Katz  
Sarasota, FL at Greensboro, NC 2017



Defending Champion – Justin Fleagle  
47.70 – Auglaize Mercer, OH

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Justin Fleagle	Auglaize Mercer, OH	47.70
2018	Bfrendan Burns	Upper Main Line, PA	48.75
2017	Austin Katz	Sarasota, FL	**47.06
2016	Daniel Hein	Kishwaukee, IL	47.08
2015	Daniel Hein	Kishwaukee, IL	47.79
2014	Nick Peterson	Schroeder, WI	47.66
2013	Andrew Appleby	Cuyahoga, OH	48.23
2012	Nic Graesser	Upper Main Line, PA	48.36
2011	Steven Zimmerman	Countryside, OH	48.37
2010	Mitchell Friedmann	Schroeder, WI	47.61
2009	James Wells	Bath Area, ME	47.70
2008	Morgan Priestly	Birmingham, MI	49.33
2007	Jim Barbieri	Countryside, OH	50.93
2006	Clint McClendon	Montgomery, AL	50.47
2005	Patrick Schirk	Pottstown, PA	49.11
2004	Patrick Schirk	Pottstown, PA	49.28
2003	Sam Masson	Boise, ID	49.43
2002	Sam Masson	Boise, ID	49.28
2001	Jayne Cramer	M.E. Lyons, OH	47.97
2000	Jayne Cramer	M.E. Lyons, OH	47.34
1999	Vito Chiaravalloti	Red Bank, NJ	50.32
1998	William Sargent	Birmingham Family, MI	50.40
1997	Michael Gross	Lakeland Hill, NJ	51.73
1996	Brian Elko	Lakeland Hill, NJ	50.17

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 303

### Women's 400 Yard Individual Medley

Qualifying Time - 4:36.59  
National Record - 4:03.96 Meghan Small  
York, PA at Ft. Lauderdale, FL, 2015



Defending Champion – Emma Weyant  
4:07.63 – Sarasota, FL

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Emma Weyant	Sarasota, FL	4:07.63
2018	Leah Braswell	York, PA	4:08.98
2017	Mary O'Soule	W. North Carolina	4:15.86
2016	Meghan Small	York PA	4:07.29
2015	Meghan Small	York, PA	**4:03.96
2014	Courtney Harnish	York, PA	4:11.93
2013	Danielle Valley	Sarasota, FL	4:10.00
2012	Hali Flickinger	York, PA	4:13.54
2011	Hali Flickinger	York, PA	4:09.30
2010	Hali Flickinger	York, PA	4:12.51
2009	Corinne Showalter	Sarasota, FL	4:12.76
2008	Leah Gingrich	Harrisburg West Shore, PA	4:13.00
2007	Leah Gingrich	Harrisburg West Shore, PA	4:17.85
2006	Leah Gingrich	Harrisburg West Shore, PA	4:15.45
2005	Ashley Jones	Joliet, IL	4:16.68
2004	Ashley Jones	Joliet, IL	4:14.61
2003	Ashley Carusone	North Central, FL	4:13.35
2002	Ashley Carusone	North Central, FL	4:15.98
2001	Brittany Johnson	Winston-Salem Central, NC	4:17.76
2000	Brittany Johnson	Winston-Salem Central, NC	4:19.72
1999	Virginia Pate	Winston-Salem, NC	4:19.31
1998	Mirjana Bosevska	Aquatic Center, FL	4:17.03
1997	Mirjana Bosevska	Orlando, FL	4:19.27
1996	Melissa Olson	Huntington, WV	4:21.18

## EVENT 304

### Men's 400 Yard Individual Medley

Qualifying Time - 4:14.99  
National Record - 3:44.08 Matt Fallon  
Somerset Valley, NJ at Greensboro, NC, 2019



Defending Champion – Matt Fallon  
3:44.08 – Somerset Valley, NJ

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Matt Fallon	Somerset Valley, NJ	**3:44.08
2018	Jackson Cunningham	Boise, ID	3:50.42
2017	Paul DeLakis	Eau Claire, WI	3:49.02
2017	Paul DeLakis	Eau Claire, WI	3:48.35
2016	Mark Andrew	Gr Miami Valley, OH	3:47.94
2015	Maxwell Dolan	Wilton, CT	3:46.81
2014	Brandon Flynn	York, PA	3:51.76
2013	John Bushman	Green Bay, WI	3:51.31
2012	John Bushman	Green Bay, WI	3:52.08
2011	David Ingraham	Middle Tyger, SC	3:53.00
2010	Woody Joye	Montgomery, AL	3:50.33
2009	Woody Joye	Montgomery, AL	3:52.89
2008	Jesse Cohen	Lakeland Hills Family	3:56.69
2007	Charlie Houchin	Triangle Area, NC	3:54.63
2006	Charlie Houchin	Triangle Area, NC	3:57.15
2005	Kevin Nead	M.E. Lyons, OH	3:53.05
2004	Michael Alexandrov	Champaign, IL	3:48.79
2003	Michael Alexandrov	Champaign, IL	3:53.76
2002	Dan Turpin	Champaign, IL	3:53.43
2001	Dan Turpin	Champaign, IL	3:54.99
2000	Dan Shevchik	Wilton, CT	3:52.90
1999	Shaun Crossman	Aquatic Center, FL	3:55.31
1998	Adam Messner	Ann Arbor, MI	3:58.04
1997	Brian Cadman	Hamden, CT	4:00.92



# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 305

### Women's 200 Yard Freestyle

Qualifying Time - 1:55.39

National Record - 1:45.14 Courtney Harnish  
York, PA at Greensboro, NC, 2017



Defending Champion – Paige Hetrick  
1:45.73 – Bradford, PA

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Paige Hetrick	Bradford, PA	1:45.73
2018	Paige Hetrick	Bradford, PA	1:46.48
2017	Courtney Harnish	York, PA	**1:45.14
2016	Courtney Harnish	York, PA	1:46.12
2015	Courtney Harnish	York, PA	1:45.62
2014	Meghan Small	York, PA	1:47.15
2013	Meghan Small	York, PA	1:46.58
2012	Alexandra Meyers	Schroeder, WI	1:46.98
2011	Haley Lips	Middle Tyger, SC	1:47.24
2010	Margo Geer	Springfield, OH	1:46.20
2009	Margo Geer	Springfield, OH	1:47.21
2008	Corinne Showalter	Sarasota, FL	1:48.55
2007	Corinne Showalter	Sarasota, FL	1:49.83
2006	Leah Gingrich	Harrisburg West Shore, PA	1:49.01
2005	Mattea Perrotta	San Pedro & Peninsula, CA	1:49.50
2004	Emily Lanteigne	DuPage, IL	1:50.79
2003	Brittany Johnson	Winston-Salem, NC	1:47.84
2002	Ashley Carusone	North Central, FL	1:49.32
2001	Brittany Johnson	Winston-Salem, NC	1:49.55
2000	Jessi Perruquet	Bloomsburg, PA	1:49.30
1999	Jessi Perruquet	Bloomsburg, PA	1:49.00
1998	Stefanie Williams	Bloomsburg, PA	1:46.33
-----			
1997	Stefanie Williams	Bloomsburg, PA	1:47.07
1996	Stefanie Williams	Bloomsburg, PA	1:49.15

## EVENT 306

### Men's 200 Yard Freestyle

Qualifying Time - 1:45.19

National Record - 1:34.15 Brendan Burns  
Upper Main Line, PA at Greensboro, NC 2019



Defending Champion – Brendan Burns  
1:34.15 – Upper Main Line, PA

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Brendan Burns	Upper Main line, PA	**1:34.15
2018	Josh Cohen	Fanwood Scotch	1:38.10
2017	Grant House	Countryside, OH	1:34.52
2016	Grant House	Countryside, OH	1:36.48
2015	Brad Zdroik	Somerset Valley, NJ	1:36.58
2014	Zachary Molloy	Ocean County, NJ	1:35.66
2013	Ben Creekmore	Brandywine, DE	1:36.86
2012	Josh Fleagle	Auglaize Mercer, OH	1:37.91
2011	Nicholas Caldwell	Sarasota, FL	1:35.26
2010	John Hauser	Pottstown, PA	1:38.99
2009	Woody Joye	Montgomery East, AL	1:36.65
2008	Morgan Priestley	Birmingham, MI	1:36.54
2007	Morgan Priestley	Birmingham, MI	1:38.18
2006	Morgan Priestley	Birmingham, MI	1:39.20
2005	Andrew Trepp	Wilton, CT	1:38.06
2004	Bobby Savulich	Metuchen-Edison, NJ	1:37.67
2003	Gustavo Calido	Roanoke Central, VA	1:39.28
2002	Gustavo Calido	Roanoke Central, VA	1:40.16
2001	Dan Turpin	Champaign, IL	1:36.42
2000	Dan Turpin	Champaign, IL	1:38.19
1999	Matt Haupt	Carlisle Family, PA	1:39.09
1998 Tie	Nathan Rebeck -GTR	Johnstown, PA	1:40.95
1998 Tie	Mark Siebert	Upper Main Line, PA	1:40.95
1997	Adam Messner	Ann Arbor, MI	1:37.85
1996	Mario Scussel	N. Oakland Co., MI	1:40.47

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 307

### Women's 200 Yard Medley Relay

Qualifying Time - 1:50.99

National Record - 1:41.21 Fanwood Scotch, N J  
at Greensboro, NC 2017



Defending Champion  
Blue Ash, Oh 1:41.51

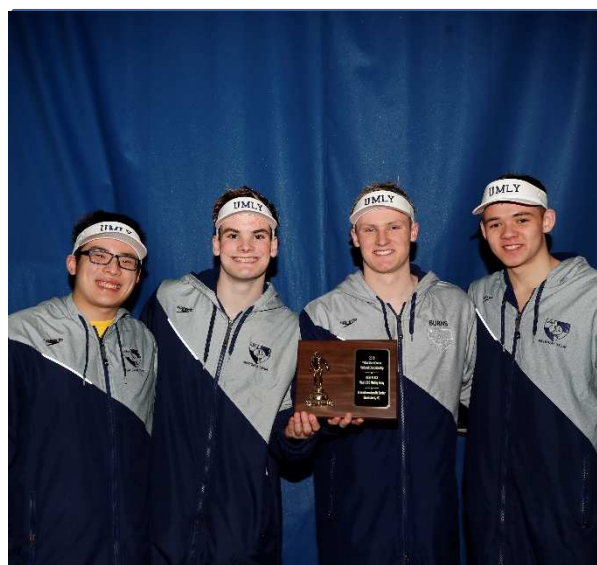
<u>Year</u>	<u>Association</u>	<u>Time</u>
2019	Blue Ash, OH	1:41.51
2018	Fanwood Scotch Plains, NJ	1:42.70
2017	Fanwood Scotch Plains, NJ	**1:41.21
2016	York, PA	1:41.70
2015	Middle Tyger, SC	1:42.29
2014	Middle Tyger, SC	1:41.29
2013	York, PA	1:42.27
2012	Middle Tyger, SC	1:43.49
2011	Middle Tyger, SC	1:44.56
2010	Cheshire, CT	1:44.22
2009	Middle Tyger, SC	1:44.35
2008	Cheshire, CT	1:44.25
2007	Farmington Family YMCA	1:45.77
2006	Triangle Area, NC	1:43.94
2005	Lakeland Hills, NJ	1:46.56
2004	Plymouth, MI	1:45.03
2003	Rappahannock, VA	1:47.41
2002	Somerset Hills, NJ	1:47.01
2001	Gamble-Nippert, OH YMCA	1:46.61
2000	Gamble-Nippert, OH YMCA	1:46.61
1999	Schroeder, WI	1:46.35
1998	Aquatic Center, FL	1:45.54
1997	Wilton, CT	1:46.95
1996	Bloomsburg, PA	1:46.24

## EVENT 308

### Men's 200 Yard Medley Relay

Qualifying Time - 1:39.79

National Record - 1:29.86 Somerset Valley, NJ  
at Greensboro, NC 2013



Defending Champion  
Upper Main Line YMCA, PA 1:30.63

<u>Year</u>	<u>Association</u>	<u>Time</u>
2019	Upper MainLine YMCA, PA	1:30.63
2018	Upper Main Line YMCA, PA	1:31.25
2017	Birmingham, MI	1:31.33
2016	Red Bank, NJ	1:31.96
2015	Somerset Valley, NJ	1:31.33
2014	Somerset Valley, NJ	1:31.73
2013	Somerset Valley, NJ	**1:29.86
2012	Upper Main Line, PA	1:32.34
2011	Middle Tyger, SC	1:32.16
2010	Middle Tyger, SC	1:31.19
2009	Schroeder, WI	1:30.91
2008	Schroeder, WI	1:33.27
2007	Birmingham Family YMCA	1:34.67
2006	Franklin County, VA	1:32.19
2005	Wilton, CT	1:33.95
2004	Harrisburg West Shore, PA	1:35.87
2003	Lakeland Hills, NJ	1:34.08
2002	Upper Main Line, PA	1:32.89
2001	M.E. Lyons, OH	1:31.74
2000	M.E. Lyons, OH	1:32.80
1999	M.E. Lyons, OH	1:32.51
1998	Upper Main Line, PA	1:33.50
1997	Upper Main Line, PA	1:34.50
1996	Lakeland Hill, NJ	1:33.53

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 401

### Women's 500 Yard Freestyle

Qualifying Time - 5:07.69

National Record - 4:39.13 Courtney Harnish  
York, PA at Greensboro, NC, 2014



Defending Champion – Emma Weyant  
4:43.80 – Sarasota, FL

## EVENT 402

### Men's 500 Yard Freestyle

Qualifying Time - 4:45.49

National Record - 4:18.01 Nicholas Caldwell  
Sarasota, FL, 2011



Defending Champion – Ross Dant  
4:18.87 – Hickory, NC

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Emma Weyant	Sarasota, FL	4:43.80
2018	Leah Braswell	York, PA	4:42.09
2017	Courtney Harnish	York, PA	4:40.27
2016	Courtney Harnish	York, PA	4:42.51
2015	Courtney Harnish	York, PA	4:40.11
2014	Courtney Harnish	York, PA	**4:39.13
2013	Danielle Valley	Sarasota, FL	4:42.36
2012	Danielle Valley	Sarasota, FL	4:43.58
2011	Taylor Katz	Sarasota, FL	4:43.64
2010	Haley Lips	Middle Tyger, SC	4:44.14
2009	Haley Lips	Middle Tyger, SC	4:45.73
2008	Leah Gingrich	Harrisburg West Shore, PA	4:43.98
2007	Corinne Showalter	Sarasota, FL	4:41.91
2006	Leah Gingrich	Harrisburg West Shore, PA	4:46.20
2005	Corinne Showalter	Sarasota, FL	4:45.95
2004	Leah Gingrich	Harrisburg West Shore, PA	4:51.03
2003	Margy Keefe	M.E. Lyons, OH	4:45.69
2002	Ashley Carusone	North Central, FL	4:49.30
2001	Katie Nelsen	San Pedro, CA	4:51.94
2000	Jessi Perruquet	Bloomsburg, PA	4:49.02
1999	Jessi Perruquet	Bloomsburg, PA	4:49.84
1998	Mirjana Bosevska	Aquatic Center, FL	4:47.50
1997	Mirjana Bosevska	Orlando, FL	4:49.95
1996	Suzanne Black	Winston-Salem, NC	4:48.37

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Ross Dant	Hickory, NC	4:18.87
2018	Ross Dant	Hickory, NC	4:19.86
2017	Ross Dant	Hickory, NC	4:21.33
2016	Grant House	Countryside, OH	4:22.96
2015	Grant House	Countryside, OH	4:23.57
2014	Ian Rainey	Wilton, CT	4:25.85
2013	Brandon Flynn	York, PA	4:26.60
2012	Naoh Martin	York, PA	4:22.69
2011	Nicholas Caldwell	Sarasota, FL	**4:18.01
2010	Nicholas Caldwell	Sarasota, FL	4:20.28
2009	Patrick Ceddia	Sarasota, FL	4:24.73
2008	Morgan Priestly	Birmingham, MI	4:21.74
2007	Austin Detra	Sarasota, FL	4:26.71
2006	Charlie Houchin	Triangle Area, NC	4:23.71
2005	Hank Browning	M.E. Lyons, OH	4:25.99
2004	Hank Browning	M.E. Lyons, OH	4:25.76
2003	Kevin Nead	M.E. Lyons, OH	4:22.95
2002	Kevin Nead	M.E. Lyons, OH	4:30.19
2001	Matthew Figh	Montgomery, AL	4:33.36
2000	Tim Wera	M.E. Lyons, OH	4:32.09
1999	Scott Armstrong	Somerset Hills, NJ	4:32.90
1998	Shawn Crossman	Aquatic Center, FL	4:31.53
1997	Adam Messner	Ann Arbor, MI	4:23.21
1996	Tim Barry	Oak Park, IL	4:30.70

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 403

### Women's 200 Yard Individual Medley

Qualifying Time - 2:09.79  
National Record - 1:54.25 Meghan Small  
York, PA at Greensboro, NC, 2015



Defending Champion – Emma Weyant  
1:59.25 – Sarasota, FL

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Emma Weyant	Sarasota, FL	1:59.25
2018	Kaitlynn Wheeler	Springfield, IL	1:59.39
2017	Abigail Doss	Sunbury, PA	2:00.35
2016	Meghan Small	York, PA	1:55.86
2015	Meghan Small	York, PA	**1:54.25
2014	Meghan Small	York, PA	1:56.16
2013	Meghan Small	York, PA	1:58.85
2012	Ashlee Linn	Sarasota, FL	2:00.16
2011	Susanna White	Lynchburg, VA	1:58.90
2010	Sada Stewart	York, PA	2:01.15
2009	Corinne Showalter	Sarasota, FL	2:00.26
2008	Corinne Showalter	Sarasota, FL	2:00.58
2007	Dagny Knutson	Minot YMCA	2:01.03
2006	Ashley Jones	Joliet, IL	2:03.22
2005	Ashley Jones	Joliet, IL	2:02.39
2004	Ashley Jones	Joliet, IL	2:01.00
2003	Brittany Johnson	Winston-Salem, NC	2:00.23
2002	Brittany Johnson	Winston-Salem, NC	2:02.10
2001	Brittany Johnson	Winston-Salem, NC	2:01.75
2000	Corrie Clark	Upper Main Line, PA	2:02.21
1999	Sara Johnson	Birmingham, MI	2:02.87
1998	Corrie Clark	Upper Main Line, PA	2:03.41
1997	Melissa Olson	Huntington, WV	2:03.38
1996	Ericka Acuff	Upper Main Line, PA	2:03.25

## EVENT 404

### Men's 200 Yard Individual Medley

Qualifying Time - 1:57.79  
National Record - 1:44.87 Brendan Burns  
Upper Main Line, PA at Greensboro, NC 2019



Defending Champion – Brendan Burns  
1:44.87 – Upper Main Line, PA

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Brendan Burns	Upper Main Line, PA	1:44.87
2018	Oliver Zmetrovich	North Shore, MA	1:49.58
2017	Paul DeLakis	Eau Claire, WI	1:45.76
2016	Paul DeLakis	Eau Claire, WI	1:46.36
2015	Bryce Keblish	Westport/Westin, CT	1:47.33
2014	Colin Ellington	Triangle Area, NC	1:47.32
2013	Colin Ellington	Triangle Area, NC	1:50.81
2012	John Bshman	Green Bay, WI	1:48.98
2011	Dominick Glavich	Triangle Area, NC	1:48.28
2010	Dominick Glavich	Triangle Area, NC	1:48.77
2009	Woody Joye	Montgomery East, AL	1:47.09
2008	Woody Joye	Montgomery East, AL	1:50.84
2007	Scott Marino	Fanwood, NJ	1:50.55
2006	Marshel Renz	Spokane, WA	1:51.35
2005	Dan Priestley	Birmingham, MI	1:50.17
2004	CJ Nuess	Spokane, WA	1:51.00
2003	Michael Alexandrov	Champaign County, IL	1:48.72
2002	Scott Weir	Grand Rapids, MI	1:49.87
2001	Dan Turpin	Champaign County, IL	1:47.10
2000	Dan Turpin	Champaign County, IL	1:49.45
1999	Jaffrey Clark	Upper Main Line, PA	1:50.27
1998	Tim Carlson	N.W. DuPage, IL	1:50.47
1997	Tim Carlson	N.W. DuPage, IL	1:53.08
1996	Matt Braun	South Oakland, MI	1:52.60

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 405

### Women's 50 Yard Freestyle

Qualifying Time - 24.69

National Record - 22.19 Katrina Konopka  
Middle Tyger, SC at Greensboro, NC 2015



Defending Champion – Jasmine Rumley  
22.75 – Greater Des Moines, IA

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Jasmine Rumley	Greater Des Moines	22.75
2018	Sarah Grinalds	Westport/Weston, CT	22.52
2017	Bailey Grinter	Edwardsville, IL	22.75
2016	Ky-Lee Perry	Wilton, CT	22.27
2015	Katrina Konopka	Middle Tyger, SC	**22.19
2014	Katrina Konopka	Middle Tyger, SC	22.46
2013	Katrina Konopka	Middle Tyger, SC	22.55
2012	Katrina Konopka	Middle Tyger, SC	22.69
2011	Nicki Barczak	Birmingham, MI	23.21
2010	Margo Geer	Springfield, OH	22.67
2009	Margo Geer	Springfield, OH	22.68
2008	Emily Lloyd	Anne Arundel, MD	23.40
2007	Emily Lloyd	Anne Arundel, MD	23.57
2007	Teresa Long	YMCA of Triangle	23.57
2006	Teresa Long	Triangle Area, NC	23.23
2005	Payton Johnson	Champaign Co., IL	23.56
2004	Abbie King	Bath, ME	23.51
2003	Claire Woodall-Gainey	Roanoke Central, VA	23.37
2002	Christie Raleigh	Ocean County, NJ	23.33
2001	Sara Petric	Schroeder, WI	23.67
2000	Jessi Perruquet	Bloomsburg, PA	23.86
1999	Cortnee Adams	Schroeder, WI	23.32
1998	Stefanie Williams	Bloomsburg Area, PA	23.08
1997	Lauren Moore	Wilton, CT	23.46
1996	Lauren Moore	Wilton, CT	23.21

## EVENT 406

### Men's 50 Yard Freestyle

Qualifying Time - 22.09

National Record - 19.58 Ryan Held  
Springfield, IL at Greensboro, NC 2014



Defending Champion – Mathew Brownstead  
19.68 – State College, PA

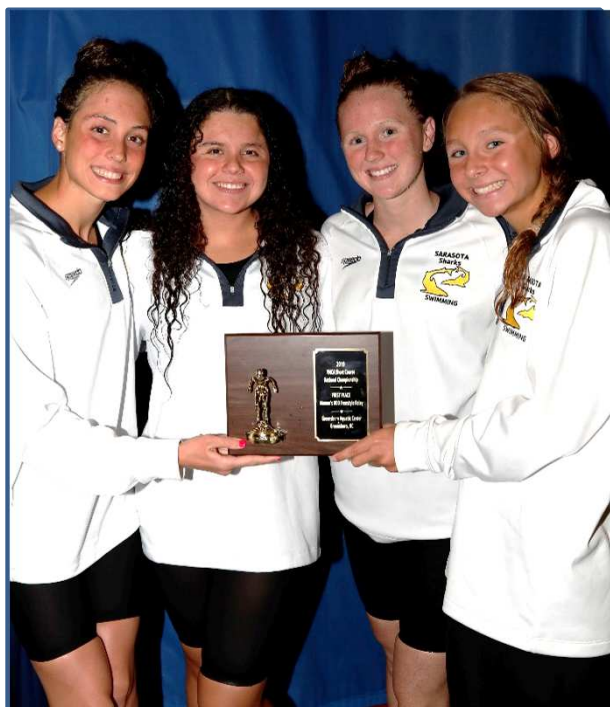
<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Mathew Brownstead	State College, PA	19.68
2018	David Curtiss	Tri-Hampton	19.75
2017	Henry Schutte	Rapid Area, MI	20.19
2016	Hugo Sykes	Wilton, CT	20.33
2015	Sebastian Lutz	Somerset Hills, NJ	20.08
2014	Ryan Held	Springfield, IL	**19.58
2013	Ryan Held	Springfield, IL	19.92
2012	Josh Fleagle	Auglaize Mercer, OH	20.19
2011	Joe Bonk	Triangle Area, NC	20.49
2010	Mitchell Friedmann	Schroeder, WI	20.33
2009	James Wells	Bath Area, ME	20.50
2008	Peter Geissinger	YMCA of Darien Co.	20.40
2006	Matt Donch	Triangle Area, NC	20.59
2007	Peter Geissinger	YMCA of Darien Co.	20.59
2005	Dan Priestley	Birmingham, MI	20.48
2004	Andrew Langenfeld	Mount Vernon, IL	20.62
2003	Gary Grant	Lakeland Hills, NJ	20.34
2002	Christopher Hagedorn	Harrison County, WV	20.44
2001	Scott Weir	Grand Rapids, MI	20.82
2001	Christopher Hagedorn	Harrison County, WV	20.82
2000	Jon Haag	Mansfield, Ohio	20.43
1999	Jon Haag	Mansfield, Ohio	20.78
1998	William Sargent	Birmingham Family, MI	20.89
1997	Nick Cheney	Lima, OH	20.96
1996	Jamie Holder	M.E. Lyons, OH	20.80

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 407

### Women's 800 Yard Freestyle Relay

Qualifying Time - 7:46.99  
National Record - 7:10.06 - York, PA  
at Greensboro, NC, 2015



Defending Champion - 7:17.82  
Sarasota, FL

<u>Year</u>	<u>Association</u>	<u>Time</u>
2019	Sarasota, FL	7:17.82
2018	Cheshire, CT	7:21.52
2017	York, PA	7:16.91
2016	York, PA	7:12.16
2015	York, PA	**7:10.06
2014	York, PA	7:10.38
2013	York, PA	7:14.17
2012	Sarasota, FL	7:17.82
2011	Sarasota, FL	7:16.25
2010	Sarasota, FL	7:20.85
2009	Middle Tyger, SC	7:18.09
2008	Sarasota, FL	7:25.86
2007	Sarasota, FL	7:23.46
2006	Sarasota, FL	7:26.77
2005	Sarasota, FL	7:28.16
2004	Plymouth, MI	7:32.67
2003	M.E. Lyons, OH	7:24.42
2002	M.E. Lyons, OH	7:30.94
2001	Winston-Salem Central Branch, NC	7:33.28
2000	Winston-Salem Central Branch, NC	7:36.06
1999	Schroeder, WI	7:34.23
1998	Aquatic Center, FL	7:26.67
1997	Bloomsburg, PA	7:31.09
1996	Wilton, CT	7:31.68

## EVENT 408

### Men's 800 Yard Freestyle Relay

Qualifying Time - 7:04.09  
National Record - 6:34.21 Sarasota, FL  
at Greensboro, NC 2017



Defending Champion - 6:39.78  
Somerset Hills, NJ

<u>Year</u>	<u>Association</u>	<u>Time</u>
2019	Somerset Hills, NJ	6:39.78
2018	Sarasota, FL	6:41.92
2017	Sarasota, FL	**6:34.89
2016	Sarasota, FL	6:35.21
2015	Sarasota, FL	6:37.01
2014	Triangle Area YMCA	6:37.11
2013	Sarasota, FL	6:41.36
2012	Sarasota, FL	6:38.41
2011	Triangle Area YMCA	6:37.17
2010	Upper Main Line, PA	6:42.01
2009	Sarasota, FL	6:38.95
2008	Sarasota, FL	6:43.98
2007	Sarasota, FL	6:48.94
2006	Triangle Area, NC	6:43.47
2005	M.E. Lyons YMCA, OH	6:46.50
2004	M.E. Lyons YMCA, OH	6:43.02
2003	M.E. Lyons YMCA, OH	6:45.52
2002	M.E. Lyons YMCA, OH	6:49.52
2001	M.E. Lyons YMCA, OH	6:44.79
2000	M.E. Lyons YMCA, OH	6:44.77
1999	M.E. Lyons YMCA, OH	6:49.62
1998	M.E. Lyons YMCA, OH	6:50.15
1997	Ann Arbor, MI	6:52.48
1996	N. Oakland Co., MI	6:52.62

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 501

### Women's 200 Yard Butterfly

Qualifying Time - 2:10.79

National Record - 1:54.37 Courtney Harnish  
York, PA at Greensboro, NC 2015



Defending Champion – Megan Glass  
1:57.51 – Blue Ash, OH

## EVENT 502

### Men's 200 Yard Butterfly

Qualifying Time - 1:57.79

National Record - 1:42.22 Brendan Burns  
Upper Main Line at Greensboro, NC, 2019



Defending Champion –Brendan Burns  
1:42.22 – Upper Main Line, PA

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Megan Glass	Blue Ash, OH	1:57.51
2018	Megan Glass	Blue Ash, OH	1:58.05
2017	Caitlin Tycz	Bath Area, ME	1:56.65
2016	Courtney Harnish	York, PA	1:56.92
2015	Courtney Harnish	York, PA	**1:54.37
2014	Courtney Weaver	Greater Flint, MI	1:56.51
2013	Courtney Weaver	Greater Flint, MI	1:57.24
2012	Hali Flickinger	York, PA,	1:56.52
2011	Hali Flickinger	York, PA,	1:56.70
2010	Haley Lips	Middle Tyger, SC	1:58.97
2009	Haley Lips	Middle Tyger, SC	1:58.41
2008	Leah Gingrich	West Shore, PA	1:56.75
2007	Leah Gingrich	West Shore, PA	1:59.01
2006	Yumi So	Crescenta-Canada, CA	2:00.76
2005	Emily Christy	Boyetown, PA	2:00.45
2004	Ashley Jones	Joliet, IL	2:00.98
2003	Ashley Carusone	North Central, FL	1:57.91
2002	Ashley Carusone	North Central, FL	2:00.61
2001	Christy Olin	N.W. DuPage, IL	2:02.18
2000	Christy Olin	N.W. DuPage, IL	2:02.40
1999	Rachel Johnson	Champaign County, IL	2:01.76
1998	Kristen Sissener	N.W. DuPage, IL	2:02.32
1997	JoEllen Scheirman	Huntington, WV	2:03.69
1996	McCall Dorr	Boise, ID	2:01.08

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Brendan Burns	Upper Main line, PA	**1:42.22
2018	Brendan Burns	Upper Main Line, PA	1:44.49
2017	Corey Gambardella	Soundview, CT	1:44.76
2016	Daniel Hein	Kishwaukee, WI	1:46.40
2015	Daniel Hein	Kishwaukee, WI	1:46.33
2014	Ben Creekmore	Upper Main Line, PA	1:47.63
2013	Ben Creekmore	Brandywine, DE	1:47.55
2012	Leo Lim	Wycoff, NJ	1:46.93
2011	Dominick Glavich	Triangle Area, NC	1:47.13
2010	Nathan Hart	W. North Carolina	1:46.61
2009	Luke Bushman	Green Bay Metro, WI	1:46.07
2008	Tim Phillips	Marrietta, OH	1:48.44
2007	Matt Donch	Triangle Area, NC	1:49.36
2006	Matt Donch	Triangle Area, NC	1:49.32
2005	Brian Wilson	Summit Area, NJ	1:48.87
2004	Pat Reams	South Shores, MA	1:50.10
2003	Sam Masson	Boise, ID	1:46.66
2002	Michael Alexandrov	Champaign County, IL	1:50.77
2001	Jayme Cramer	M.E. Lyons, OH	1:45.58
2000	Jayme Cramer	M.E. Lyons, OH	1:46.33
1999	Jayme Cramer	M.E. Lyons, OH	1:49.11
1998	Shaun Crossman	Aquatic Center, FL	1:49.59
1997	Tim Barry	Oak Park, IL	1:50.93
1996	Brian Marsh	Roanoke Central, VA	1:51.04

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 503

### Women's 100 Yard Freestyle

Qualifying Time - 53.39

National Record - 48.50 Katrina Konopka  
Middle Tyger, SC at Greensboro, NC, 2015



Defending Champion – Paige Hetrick  
49.13 – Bradford, PA

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Paige Hetrick	Bradford, PA	49.13
2018	Sara Grinalds	Westport/Weston, CT	48.76
2017	Sara Grinalds	Westport/Weston, CT	48.85
2016	Ky-Lee Perry	Wilton, CT	48.79
2016	Katrin a Konopka	Middle Tyger, SC	**48.50
2014	Alexandra Meyers	Schroeder, WI	49.89
2013	Adriana Grabski	Sunbury, PA	49.75
2012	Jenna Immorino	Somerset Hills, NJ	50.12
2011	Nickki Barczak	Birmingham, MI	50.23
2010	Margo Geer	Springfield, OH	48.89
2009 Tie	Margo Geer	Springfield, OH	49.02
2009 Tie	Emily Lloyd	Anne Arudel, MD	49.02
2008	Margo Geer	Springfield, OH	50.20
2007	Dagny Knutson	Minot YMCA	50.22
2006	Teresa Long	Triangle Area, NC	50.29
2005	Kayla Andrews	Kennett, PA	51.33
2004	Noelle Martin	Winston-Salem, NC	51.45
2003	Lindsey Smith	Plymouth, MI	50.92
2002	Claire Woodall-Gainey	Roanoke Central, VA	51.03
2001	Rebecca Helwig	Somerset Hills, NJ	51.42
2000	Jessi Perruquett	Bloomsburg, PA	51.26
1999	Cortnee Adams	Schroeder, WI	50.43
1998	Stefanie Williams	Bloomsburg, PA	49.23
1997	Stefanie Williams	Bloomsburg, PA	50.10
1996	Stefanie Williams	Bloomsburg, PA	50.32

## EVENT 504

### Men's 100 Yard Freestyle

Qualifying Time - 48.19

National Record - 43.07 Jack Alexy  
Somerset Hills, NJ at Greensboro, NC 2019



Defending Champion – Jack Alexy  
43.07 – Somerset Hills, NJ

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Jack Alexy	Somerset Hills, NJ	**43.07
2018	Jack Alexy	Somerset Hills, NJ	44.01
2017	Thomas Roark	Boise, ID	44.36
2016	John Whiteside	Westport/Weston, CT	44.17
2015	Sebastian Lutz	Somerset Hills, NJ	43.65
2014	Ryan Held	Springfield, IL	43.31
2013	Ryan Held	Springfield, IL	43.91
2012	Josh Fleagle	Auglaize Mercer, OH	43.41
2011	Josh Fleagle	Auglaize Mercer, OH	44.63
2010	Mitchell Friedmann	Schroeder, WI	44.24
2009	Tim Phillips	Marietta, OH	44.11
--	--	--	--
2008	Evan Reed	Upper Main Line, PA	44.51
2007	Matt Donch	Triangle Area, NC	44.97
2006	John Lytle	Clearfield, PA	45.16
2005	Dan Priestley	Birmingham, MI	45.42
2004	Dan Priestley	Birmingham, MI	45.47
2003	Gary Grant	Lakeland Hills, NJ	45.17
2002	Scott Weir	Grand Rapids, MI	45.24
2001	Max Lessner	Blue Ash, OH	45.25
2000	Jon Haag	Mansfield, OH	44.93
1999	Jon Haag	Mansfield, OH	44.98
1998	William Sargent	Birmingham Family, MI	46.08
1997	Mario Scussel	N. Oakland Co., MI	45.61
1996	Chad Garden	N.W. DuPage, IL	45.63



# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 505

### Women's 100 Yard Breaststroke

Qualifying Time - 1:07.89  
National Record - 1:00.24 Meghan Small  
York, PA at Greensboro, 2016



Defending Champion – Hannah Ownbey  
1:01.97 – Greater Spartanburg, SC

Year	Name	Association	Time
2019	Hannah Ownbey	Greater Spartanburg, SC	1:01.97
2018	Sammy Eyolfson	Boise, ID	1:02.26
2017	Brooke Perrotta	Cheshire, CT	1:00.73
2016	Meghan Small	York, PA	**1:00.24
2015	Alyssa Arwood	Western North Carolina, NC	1:01.40
2014	Alyssa Arwood	Western North Carolina, NC	1:01.44
2013	Bethany Leap	Sarasota, FL	1:01.71
2012	K.C. Moss	New Canaan, CT	1:02.97
2011	Leah Pronschinske	Eau Claire, WI	1:01.95
2010	Leah Pronschinske	Eau Claire, WI	1:01.43
2009	Emily Weir	Greenwich, CT	1:03.15
2008	Laura Johnson	Montgomery, AL	1:03.00
2007	Lindsey Graessle	Countryside, OH	1:04.24
2006	Lindsey Graessle	Countryside, OH	1:03.05
2005	Lindsey Graessle	Countryside, OH	1:04.14
2004	Lindsey Graessle	Countryside, OH	1:04.05
2003	Lauren Brick	Rappahannock, VA	1:03.19
2002	Amy Wheatley	Montgomery, AL	1:02.98
2001	Annie Babicz	Sarasota, FL	1:03.05
2000	Corrie Clark	Upper Main Line, PA	1:02.68
1999	Corrie Clark	Upper Main Line, PA	1:02.25
1998	Corrie Clark	Upper Main Line, PA	1:03.67
1997	Kelly Jones	Kettering, OH	1:03.04
1996	Shannon Suddarth	Topeka, KS	1:03.55

## EVENT 506

### Men's 100 Yard Breaststroke

Qualifying Time - 1:00.89  
National Record - 51.59 Max McHugh  
Door County, WI at Greensboro, NC, 2018



Defending Champion – Matt Fallon  
54.00 – Somerset Valley, NJ

Year	Name	Association	Time
2019	Matt Fallon	Somerset Valley, NJ	54.00
2018	Max McHugh	Door County, WI	**51.59
2017	Max McHugh	Door County, WI	53.44
2016	Max McHugh	Door County, WI	53.16
2015	Max McHugh	Door County, WI	54.89
2014	Conner McHugh	Door County, WI	53.47
2013	Conner McHugh	Door County, WI	54.03
2012	Conner McHugh	Door County, WI	55.40
2011	Christian Higgins	Wilton, CT	53.69
2010	Christian Higgins	Wilton, CT	55.73
2009	William Colbert	Schroeder, WI	54.27
2008	Mitchell Scherer	Pottstown, PA	56.86
2007	Mitchell Scherer	Pottstown, PA	57.63
2006	Luke Boutwell	Montgomery, AL	56.61
2005	Jeffrey Sudbury	Wilton, CT	56.99
2004	CJ Nuess	Spokane, WA	57.18
2003	Matt Lowe	Minot, ND	54.84
2002	Chris Ippoliti	Upper Main Line, PA	56.62
2001	Rob Kauscher	M.E. Lyons, OH	56.82
2000	Aaron McCracken	Schroeder YMCA, WI	56.79
1999	Christopher Maurer	Reading/Berks, PA	56.94
1998	Justin Rhine	Aquatic Center, FL	56.95
1997	Matt Ihlenfeld	N.W. DuPage, IL	56.49
1996	Rob Henikman	Mansfield, OH	57.18

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 507

### Women's 400 Yard Freestyle Relay

Qualifying Time - 3:35.59  
National Record - 3:19.78 - York, PA  
at Greensboro, NC, 2013



Defending Champion - 3:22.38  
Sarasota, FL & Triangle Area, NC

<u>Year</u>	<u>Association</u>	<u>Time</u>
2019 Tie	Triangle Area, NC	3:28.38
2019 Tie	Sarasota, FL	3:28.38
2018	Westport/Weston, CT	3:21.76
2107	York, PA	3:22.30
2016	York, PA	3:20.96
2015	York, PA	3:20.40
2014	York, PA	3:20.39
2013	York, PA	**3:19.78
2012	Middle Tyger, SC	3:23.10
2011	Middle Tyger, SC	3:22.15
2010	Middle Tyger, SC	3:24.27
2009	Middle Tyger, SC	3:24.21
2008	Sarasota, FL	3:24.31
2007	Triangle Area, NC	3:25.63
2006	Triangle Area, NC	3:24.53
2005	Triangle Area, NC	3:29.15
2004	Plymouth, MI	3:27.10
2003	Plymouth, MI	3:26.30
2002	Bloomsburg Area, PA	3:30.88
2001	Wilton, CT	3:30.64
2000	Winston-Salem Central Branch, NC	3:29.04
1999	Schroeder, WI	3:27.45
1998	Aquatic Center, FL	3:25.86
1997	Wilton, CT	3:28.06
1996	Wilton, CT	3:28.95

## EVENT 508

### Men's 400 Yard Freestyle Relay

Qualifying Time - 3:13.89  
National Record - 3:00.37 - Somerset Hills, NJ  
at Greensboro, NC, 2018



Defending Champion - 3:00.88  
Somerset Hills, NJ

<u>Year</u>	<u>Association</u>	<u>Time</u>
2019	Somerset Hills	3:00.88
-----		
2018	Somerset Hills	**3:00.37
2017	Sarasota, FL	3:01.44
2016	Countryside, OH	3:01.36
2015	Countryside, OH	3:00.96
2014	Triangle Area, NC	3:00.63
2013	Triangle Area, NC	3:02.29
2012	Triangle Area, NC	3:03.95
2011	Triangle Area, NC	3:01.23
2010	Upper Main Line, PA	3:04.83
2009	Schroeder, WI	3:01.34
2008	Middle Tyger YMCA, SC	3:05.62
2007	Schroeder, WI	3:04.76
2006	Triangle Area, NC	3:03.38
2005	Wilton, CT	3:03.14
2004	Wilton, CT	3:04.93
2003	Roanoke Central, VA	3:06.66
2002	Upper Main Line, PA	3:07.68
2001	M.E. Lyons, OH	3:05.17
2000	M.E. Lyons, OH	3:05.17
1999	Champaign County, IL	3:06.26
1998	Upper Main Line, PA	3:06.56
1997	Upper Main Line, PA	3:06.35
1996	N.W. DuPage, IL	3:07.35

# 2020 YMCA SHORT COURSE DEFENDING CHAMPIONS

## EVENT 509

### Women's 1650 Yard Freestyle

Qualifying Time - 17:32.99

National Record - 16:04.69 Danielle Valley  
Sarasota, FL at Greensboro, NC, 2013



Defending Champion – Michaela Mattes  
16:21.06 – Sarasota, FL

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Michaela Mattes	Sarasota, FL	16:21.06
2018	Leah Braswell	York, PA	16:16.18
2017	Leah Braswell	York, PA	16:17.01
2016	Cassy Jernberg	Schroeder, WI	16:10.76
2015	Cassy Jernberg	Schroeder, WI	16:12.89
2014	Courtney Harnish	York, PA	16:09.77
2013	Danielle Valley	Sarasota, FL	**16:04.69
2012	Danielle Valley	Sarasota, FL	16:19.10
2011	Danielle Valley	Sarasota, FL	16:10.19
2010	Danielle Valley	Sarasota, FL	16:22.88
2009	Laura Simon	Middle Tyger, SC	16:21.77
2008	Leah Gingrich	Harrisburg West Shore, PA	16:25.85
2007	Leah Gingrich	Harrisburg West Shore, PA	16:04.96
2006	Leah Gingrich	Harrisburg West Shore, PA	16:17.34
2005	Corinne Showalter	Sarasota, FL	16:28.02
2004	Kaitline O'Brien	Montclair, NJ	16:43.97
2003	Katie Nelson	San Pedro, CA	16:21.56
2002	Katie Nelson	San Pedro, CA	16:27.76
2001	Katie Nelson	San Pedro, CA	16:37.06
2000	Sara Fiden	S. Community, OH	16:29.41
1999	Emily Fenn	Westport/Weston, CT	16:39.22
1998	MirJana Bosevska	Aquatic Center, FL	16:24.27
1997	MirJana Bosevska	Orlando, FL	16:29.92
1996	Amy Lindblom	Wilton, CT	16:19.05

## EVENT 510

### Men's 1650 Yard Freestyle

Qualifying Time - 16:22.99

National Record - 14:46.20 Ross Dant  
Hickory, NC at Greensboro, NC, 2019



Defending Champion – Ross Dant  
14:46.20 – Hickory, NC

<u>Year</u>	<u>Name</u>	<u>Association</u>	<u>Time</u>
2019	Ross Dant	Hickory, NC	**14.46.20
2018	Ross Dant	Hickory, NC	14:50.79
2017	Ross Dant	Hickory, NC	14:57.03
2016	Drew Clark	Sarasota, FL	15:09.24
2015	Drew Clark	Sarasota, FL	15:07.83
2014	Drew Clark	Sarasota, FL	15:10.39
2013	Brandon Flynn	York County, PA	15:25.64
2012	Noah Martin	York County, PA	15:12.12
2011	Nicholas Caldwell	Sarasota, FL	15:10.10
2010	Alex Miller	ME Lyons, OH	15:19.90
2009	Chris Kramer	York County, PA	15:20.72
2008	Travis McNamara	Cheshire, CT	15:23.62
2007	Austin Detra	Sarasota, FL	15:23.79
2006	Charlie Houchin	Triangle Area, NC	15:10.41
2005	Charlie Houchin	Triangle Area, NC	15:20.00
2004	Hank Browning	M.E. Lyons, OH	15:21.88
2003	Kevin Nead	M.E. Lyons, OH	15:20.51
2002	Kevin Nead	M.E. Lyons, OH	15:35.85
2001	Ma Zayd	Plymouth, MI	15:32.30
2000	Ma Zayd	Plymouth, MI	15:43.90
1999	Matthew Yacco	Westport/Weston, CT	15:38.54
1998	Jeff May	Sarasota, FL	15:28.69
1997	Jeff May	Sarasota, FL	15:15.84
1996	Garrett Mangieri	Ridgewood, NJ	16:28.13