

2013 National YMCA Short Course Swimming and Diving Championships Meet Qualifying Time Standards

April 3 - 6, 2013

* not changed

WOMEN			MEN			
50 Meter Course	25 Meter Course	25 Yard Course	EVENT	25 Yard Course	25 Meter Course	50 Meter Course
:28.39	:27.89	:24.99 *	50 Free	:22.29	:24.87	:25.62
1:01.35	1:00.25	:53.99 *	100 Free	:48.79 *	:54.45	:56.08
2:11.06	2:09.45	1:55.99	200 Free	1:45.69	1:57.95	2:00.78
4:36.24	4:30.68	5:09.39	500 Free	4:47.99 *	4:11.95	4:20.62
9:22.96	9:12.04	10:30.99 *	1000Y/800M Free	9:51.99 *	8:37.92	8:50.45
17:56.52	17:31.83	17:34.99 *	1650Y/1500M Free	16:35.19 *	16:32.21	17:00.70
1:07.89	1:07.06	1:00.09	100 Back	:55.09	1:01.48	1:03.32
2:26.20	2:24.40	2:09.39	200 Back	1:58.69 *	2:12.46	2:16.42
1:19.18	1:16.88	1:08.89	100 Breast	1:01.49	1:08.62	1:11.08
2:48.73	2:45.72	2:28.49	200 Breast	2:13.99	2:29.54	2:34.90
1:06.84	1:06.39	:59.49	100 Fly	:53.89	1:00.14	1:00.89
2:29.08	2:28.09	2:12.69 *	200 Fly	2:00.99	2:15.03	2:17.48
2:29.87	2:27.19	2:11.89 *	200 IM	1:59.59	2:13.47	2:18.25
5:15.24	5:11.37	4:38.99 *	400 IM	4:17.99 *	4:47.93	4:56.54
1:54.76	1:52.71	1:40.99 *	200 Fr Rel	1:30.59 *	1:41.10	1:44.12
4:07.71	4:03.29	3:37.99 *	400 Fr Rel	3:16.29	3:39.07	3:45.62
8:49.93	8:43.42	7:48.99 *	800 Fr Rel	7:09.99 *	7:59.89	8:11.41
2:07.57	2:05.43	1:52.39	200 Med Rel	1:40.99	1:52.71	1:55.68
4:35.81	4:31.19	4:02.99	400 Med Rel	3:39.29	4:04.74	4:11.19

Qualifying Period for the Short Course YMCA National Championship Meet:
qualifying period March 1 of the previous season to the entry date for the meet

Meters to Yards conversions per 2006 NCAA Swimming & Diving Rule Book.