

2014 YMCA NATIONAL DIVING CHAMPIONSHIPS

- DATE:** May 16 – 18, 2014
- SITE:** Ft. Lauderdale International Hall of Fame
Ft. Lauderdale, Florida
- FACILITY:** 2 - One Meter Model B on short stands, 2 – Three Meter Model B on short stands. 3, 5, 7 1/2, 10 Meter Platforms with Ruff-Tex surface.
- HOST:** YMCA of the USA
- MEET DIRECTOR:** Gary Cox
E-mail gcdivecoach@aol.com
W144 N4966 Stone Dr
Menomonee Falls WI, 53051
414-350-4084
- SANCTION:** YMCA of the USA
- RULES:** FINA/USA Diving Rules: The 2013 - 2014 USA Diving Junior rules, as amended, will be followed for the 2014 YMCA National Diving Championships. Boys and Girls 16-21 will utilize the 16-18 rules. Please consult USA Diving's web site for details: www.usadiving.org.
- AWARDS:** Medals 1st through 8th
Team awards – Men's and Women's 1st and 2nd with 1st place combined
- ENTRY FEE:** \$25 per event before May 9th, \$35 late fee after and on-line entries close on May 14 24th @ 9:00am eastern time.
Enter with Divemeets.com (If participants are new to YMCA, their divemeets account must be updated to add YMCA).
COACHES MUST ENTER ON DIVEMEETS
- COACHES MEETING:** Thursday, May 15th at the pool. 4:30pm
- PRACTICE:** Thursday, May 15th Open Warm-up 9:00am – 7:00pm
Friday – Sunday May 16 - 18
Times will be drawn for flighted workouts at coaches meeting.
Boards will close @ 8:30 for the 1st event only, the 1st event starting @ 9am
- Facility will be open for 2 hours after the completion of the day's events for open workout.**

ORDER OF EVENTS:

Friday, May 16

- 1) Boys 1 Meter (12-13 & 14-15)
- 2) Boys 16 – 21 1 Meter
- 3) Girls 3 Meter (12-13 & 14-15)
- 4) Girls 16 – 21 3 Meter

Saturday, May 17

- 5) Girls Platform (**combined** Finals Only)
- 6) Men's Platform (**combined** Finals Only)

We will run individual events if numbers warrant

Sunday, May 18

- 7) Girls 1 Meter (12-13 & 14-15)
- 8) Girls 16 – 21 1 Meter
- 9) Boys 3 Meter (12-13 & 14-15)
- 10) Boys 16 – 21 3 Meter

Springboard events will run simultaneous, including finals.

12-13 and 14 - 15 age groups will be combined unless numbers warrant separate events.

Prelims will consist of divers perform a full list with the top 8 moving on to finals consisting of optionals only (voluntary scores will carry over). There will be a 20 minute break (or as soon as divers are ready) between prelims and finals.

There will be a 1 hour warm up between Boys and Girls events (or when divers are ready).

For complete information go to: <http://www.ymcaswimminganddiving.org/>

And click on 2014 Diving Nationals