

2015 National YMCA Long Course Swimming Championships
August 3-7 , 2015

Time Trial Qualifying Time Standards

10 % over Meet Qualifying times for most events
400 free and 400 IM are 15 seconds over Meet Qualifying time

Events

25 Y Course	25 M Course	50 M Course	Events	50 M Course	25 M Course	25 Y Course
:27.15	:30.30	:31.44	50 Free	:28.58	:27.11	:24.29
:58.94	1:05.79	1:08.18	100 Free	1:02.57	:59.15	:53.00
2:07.58	2:22.39	2:27.82	200 Free	2:16.38	2:09.38	1:55.92
5:22.69	4:44.19	4:52.99	400 (500) Free	4:34.99	4:24.77	5:00.49
#####	#####	#####	800(1000)Free	#####	#####	#####
#####	#####	#####	1500 (1650) Free	#####	#####	#####
#####	#####	#####	50 Back	#####	#####	#####
1:05.43	1:13.02	1:16.98	100 Back	1:10.82	1:06.64	:59.71
2:20.78	2:37.12	2:44.98	200 Back	2:33.43	2:23.61	2:08.68
#####	#####	#####	50 Breast	#####	#####	#####
1:15.11	1:23.83	1:27.98	100 Breast	1:20.39	1:14.99	1:07.19
2:42.78	3:01.67	3:10.28	200 Breast	2:54.44	2:43.75	2:26.72
#####	#####	#####	50 Fly	#####	#####	#####
1:04.99	1:12.53	1:14.89	100 Fly	1:07.52	1:05.41	:58.61
2:24.85	2:41.66	2:47.18	200 Fly	2:31.56	2:26.08	2:10.88
2:23.86	2:40.56	2:47.18	200 IM	2:33.98	2:26.08	2:10.88
4:52.29	5:24.47	5:34.99	400 IM	5:10.99	5:00.36	4:30.69