



# **SCHEDULE OF ACTIVITIES**

## 2018 YMCA NATIONAL LC SWIMMING CHAMPIONSHIP

---

### **Comments regarding Schedule of Activities**

- Adjustment was made to the start time of Tuesday finals so that the start time of finals would be consistent across the week... 5:15 pm. This would help to get swimmers back to the hotel sooner and also provide a consistent time for the entire week for the start of finals
- There are no change to the main event order from last year



# SCHEDULE OF ACTIVITIES

## 2018 YMCA NATIONAL LC SWIMMING CHAMPIONSHIP

---

### PRE-MEET ACTIVITIES

<b>5:00PM</b>	<b>07/01 Deadline for Team and Coach Annual Registration</b>
<b>5:00PM</b>	<b>07/23 (MONDAY) Championship Entry Submission Deadline</b>
<b>5:00PM</b>	<b>07/23 (MONDAY) Time Trials Online Entries Deadline</b>
	07/25 Notification to Teams selected for Proof of Times
	07/25 Notification to Teams of Timer Requirements
11:59PM	07/26 Deadline for Advance Ticket Sales
	07/27 Entry Certification Form FAX Deadline
	07/27 Deadline for Officials Pre-registration
10:00AM-9:00PM	07/29 Pool open for YMCA Swimmers - 50 meter pool only
1:00PM-4:00PM	07/29 Facilitation Skills training for Trainer Candidates - Part 1 - THE HOTEL
4:00PM-6:00PM	07/29 Trainer Training Candidates - part 1 - THE HOTEL
<b>5:00PM</b>	<b>07/29 (SUNDAY) Additional Entry Submission Deadline</b>



# SCHEDULE OF ACTIVITIES

## 2018 YMCA NATIONAL LC SWIMMING CHAMPIONSHIP

---

### START OF DAY 1 - MONDAY CHECK-IN DAY

	Day's Event: Women's 200 Meter Freestyle Relay (preliminary heats)
	Day's Event: Men's 200 Meter Freestyle Relay (preliminary heats)
	Day's Event: Women 1500M Freestyle (fastest to slowest) alternating Women & Men
	Day's Event: Men 1500M Freestyle (fastest to slowest) alternating Women & Men
6:00AM-3:30PM	Pools open for General Warmup - All Swimmers
8:00AM-2:00PM	Completion of Facilitation Skills and Trainer Candidate training (including teaching in a Level I or II class) - THE HOTEL
9:00AM	Athlete Village Open for Team Move-in - EAST side of WEST gym
9:00AM-1:00PM	Level I Officials Training - THE HOTEL
9:00AM-1:00PM	Level II Officials Training - THE HOTEL
9:00AM-1:00PM	Spectator Pre-order Ticket Pick up - Spectator Entrance
9:00AM-1:00PM	Team, Coaches Check-in - WEST side of WEST GYM
<b>9:00AM - 1:00PM</b>	<b>Scratch Table Open for Day 1 Events</b>
<b>9:00AM - 5:00PM</b>	<b>Scratch Table Open for Day 2 Events</b>
9:00AM-2:00PM	Officials Check-in - WEST side of WEST GYM
1:15PM-2:00PM	New Coaches Meeting - <b>TBD</b>
2:00PM-3:00PM	All Coaches Meeting - <b>ERC2113</b>
2:15PM-2:45PM	New Officials Meeting - <b>TBD</b>
3:00PM-4:00PM	Mandatory Officials Briefing - <b>TBD</b>

### 4:00PM

### Evening - Day 1

3:30PM-5:00PM	Competition Pool Open for Evening Competition Warm-up
4:00PM-6:00PM	Team, Coaches Check-in - WEST side of WEST GYM
4:00PM	Stands Opens for Spectators
4:00PM	Relay table open
4:00PM-5:00pm	Scratch Table Open
4:00PM-7:00PM	Spectator Ticket Sales/Pre-order Pickup - Spectator Entrance
4:15PM	Officials and Timers Meeting - Officials Room
5:00PM	Clear Pool & Devotion and National Anthem
<b>5:15PM</b>	<b>EVENING COMPETITION START</b>
6:00PM-end of session	Officials Check-in - Officials Room
8:00PM	Estimated Session End Time



# SCHEDULE OF ACTIVITIES

## 2018 YMCA NATIONAL LC SWIMMING CHAMPIONSHIP

---

### START OF DAY 2 - TUESDAY

	Day's Event: Women's 200 Meter Freestyle Relay (Finals Only)
	Day's Event: Men's 200 Meter Freestyle Relay (Finals Only)
	Day's Event: Women's 200 Meter Backstroke
	Day's Event: Men's 200 Meter Backstroke
	Day's Event: Women's 100 Meter Butterfly
	Day's Event: Men's 100 Meter Butterfly
	Day's Event: Women's 200 Meter Breaststroke
	Day's Event: Men's 200 Meter Breaststroke
	Day's Event: Women's 400 Meter Medley Relay
	Day's Event: Men's 400 Meter Medley Relay
6:00AM-8:15AM	Competition Pool Open for Prelims Warm-up
7:00AM-11:00AM	Team, Coaches Check-in - WEST side of WEST GYM
7:00AM-11:00AM	Spectator Pre-order Ticket Pickup - Spectator Entrance
7:00AM-11:00AM	Spectator Ticket Sales - Spectator Entrance
7:00AM	Stands Opens for Spectators
7:15AM	Officials and Timers Meeting & Officials Check-in - Official Room
7:30AM-10:00AM	Time Trial Table Open - Pool deck
7:30AM	Relay Table Open
7:30AM	Scratch Table Open
8:15AM	Clear Pool & Devotion and National Anthem
<b>8:30AM</b>	<b>PRELIMS START</b>

### 30 Minutes After Prelims - TIME TRIALS START

#### 4:00PM

3:45PM	Pool Opens for Finals Warm-up
4:00PM-7:00PM	Spectator Pre-order Ticket Pick up
4:00PM-7:00PM	Spectator Ticket Sales
4:00PM	Stands Opens for Spectators
4:00PM	Relay Table, Time Trials Table Open
4:00PM-5:00pm	Scratch Table Open
4:00PM	Officials and Timers Meeting & Officials Check-in - Officials Room
4:00PM-6:00PM	Team, Coaches Check-in - WEST side of WEST GYM
4:30PM	Assembly of Athletes for Opening Ceremonies - Athlethe Village - EAST Side of WEST GYM
4:45PM	Clear Competition Pool
<b>4:45PM</b>	<b>Opening Ceremonies - Parade of Athletes</b>
5:00PM	Devotion and National Anthem
<b>5:15PM</b>	<b>FINALS START WITH C, B, A HEATS</b>
5:15PM	Finals of Women and Men 200 Freestyle Relay
-----	Awards of the 1500 Freestyle from previous day - Women prior to awards for women 200 free relay, men prior to awards for men 200 free relay
<b>8:20PM</b>	<b>Estimated Session End Time</b>



# SCHEDULE OF ACTIVITIES

## 2018 YMCA NATIONAL LC SWIMMING CHAMPIONSHIP

---

### START OF DAY 3 - WEDNESDAY

	Day's Event: Women's 100 Meter Backstroke
	Day's Event: Men's 100 Meter Backstroke
	Day's Event: Women's 50 Meter Breaststroke
	Day's Event: Men's 50 Meter Breaststroke
	Day's Event: Women's 400 Meter I.M.
	Day's Event: Men's 400 Meter I.M.
	Day's Event: Women's 200 Meter Freestyle
	Day's Event: Men's 200 Meter Freestyle
	Day's Event: Women's 200 Meter Medley Relay
	Day's Event: Men's 200 Meter Medley Relay
6:00AM-8:15AM	Competition Pool Open Prelims Warm-up
7:00AM-11:00AM	Team, Coaches Check-in - WEST side of WEST GYM
7:00AM-11:00AM	Spectator Pre-order Ticket Pick up
7:00AM-11:00AM	Spectator Ticket Sales
7:00AM	Officials Picture - Spectator Stands
7:00AM	Stands Opens for Spectators
7:15AM	Officials and Timers Meeting & Officials Check-in - Officials Room
7:30AM-10:00AM	Time Trial Table Open - Pool deck
7:30AM	Relay Table Open
7:30AM	Scratch Table Open
8:15AM	Clear Pool & Devotion and National Anthem
<b>8:25AM</b>	<b>Senior Recognition</b>
<b>8:30AM</b>	<b>PRELIMS START</b>

### 30 Minutes After Prelims - TIME TRIALS START

<b>4:00PM</b>	<b>Evening - Day 3</b>
4:00PM	Pool Opens for Finals Warm-up
4:00PM-7:00PM	Spectator Ticket Sales
4:00PM	Stands Opens for Spectators
4:00PM	Relay Table, Time Trials Table Open
4:00PM-5:00pm	Scratch Table Open
4:15PM	Officials and Timers Meeting & Officials Check-in - Officials Room
5:00PM-6:00PM	Team, Coaches Check-in - WEST side of WEST GYM
5:00PM	Clear Pool & Devotion and National Anthem
<b>5:15PM</b>	<b>FINALS START WITH C, B, A HEATS</b>
<b>8:10PM</b>	<b>Estimated Session End Time</b>



# SCHEDULE OF ACTIVITIES

## 2018 YMCA NATIONAL LC SWIMMING CHAMPIONSHIP

---

### START OF DAY 4 - THURSDAY

	Day's Event: Women's 400 Meter Freestyle
	Day's Event: Men's 400 Meter Freestyle
	Day's Event: Women's 50 Meter Butterfly
	Day's Event: Men's 50 Meter Butterfly
	Day's Event: Men's 100 Meter Breaststroke
	Day's Event: Women's 100 Meter Breaststroke
	Day's Event: Men's 50 Meter Freestyle
	Day's Event: Women's 50 Meter Freestyle
	Day's Event: Women's 800 Meter Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)
	Day's Event: Men's 800 Meter Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)
6:00AM-8:15AM	Competition Pool Open Prelims Warm-up
7:00AM-11:00AM	Team, Coaches Check-in - WEST side of WEST GYM
7:00AM-11:00AM	Spectator Pre-order Ticket Pick up
7:00AM-11:00AM	Spectator Ticket Sales
7:00AM	Stands Opens for Spectators
7:15AM	Officials and Timers Meeting & Officials Check-in - Officials Room
7:30AM-10:00AM	Time Trial Table Open - Pool deck
7:30AM	Scratch Table Open
7:30AM	Relay Table Open
8:15AM	Clear Pool & Devotion and National Anthem
<b>8:30AM</b>	<b>PRELIMS START</b>

### 30 Minutes After Prelims - TIME TRIALS START

#### 4:00PM

4:00PM  
4:00PM-7:00PM  
4:00PM  
4:00PM  
4:00PM-5:00pm  
4:15PM  
5:00PM-6:00PM  
5:00PM  
**5:15PM**  
**8:15PM**

#### Evening - Day 4

Pool Opens for Finals Warm-up  
Spectator Ticket Sales  
Stands Opens for Spectators  
Relay Table, Time Trials Table Open  
Scratch Table Open  
Officials and Timers Meeting & Officials Check-in - Officials Room  
Team, Coaches Check-in - WEST side of WEST GYM  
Clear Pool & Devotion and National Anthem  
**FINALS START WITH C, B, A HEATS**  
**Estimated Session End Time**



# SCHEDULE OF ACTIVITIES

## 2018 YMCA NATIONAL LC SWIMMING CHAMPIONSHIP

---

### START OF DAY 5 - FRIDAY

	Day's Event: Women's 200 Meter Butterfly
	Day's Event: Men's 200 Meter Butterfly
	Day's Event: Women's 100 Meter Freestyle
	Day's Event: Men's 100 Meter Freestyle
	Day's Event: Women's 200 Meter I.M.
	Day's Event: Men's 200 Meter I.M.
	Day's Event: Women's 50 Meter Backstroke
	Day's Event: Men's 50 Meter Backstroke
	Day's Event: Women's 400 Meter Freestyle Relay
	Day's Event: Men's 400 Meter Freestyle Relay
	Day's Event: Women's 800 Meter Freestyle
	Day's Event: Men's 800 Meter Freestyle
6:00AM-8:15AM	Competition Pool Open Prelims Warm-up
7:00AM-11:00AM	Team, Coaches Check-in - WEST side of WEST GYM
7:00AM-11:00AM	Spectator Pre-order Ticket Pick up
7:00AM-11:00AM	Spectator Ticket Sales
7:00AM	Stands Opens for Spectators
7:15AM	Officials and Timers Meeting & Officials Check-in - Officials Room
7:30AM-10:00AM	Time Trial Table Open - Pool deck
7:30AM	Relay Table Open
8:15AM	Clear Pool & Devotion and National Anthem
<b>8:30AM</b>	<b>PRELIMS START</b>

### 30 Minutes After Prelims - TIME TRIALS START

<b>4:00PM</b>	<b>Evening - Day 5</b>
4:00PM	Pool Opens for Finals Warm-up
4:00PM-7:00PM	Spectator Ticket Sales
4:00PM	Stands Opens for Spectators
4:00PM	Relay Table Open
4:15pm- 5:15pm	Coach check=in
4:15PM	Officials and Timers Meeting - Officials Room
5:00PM	Clear Pool & Devotion and National Anthem
<b>5:10PM</b>	<b>Coach of the Meet Award</b>
<b>5:15PM</b>	<b>FINALS START WITH C, B, A HEATS</b>
<b>8:45PM</b>	<b>Estimated Session End Time</b>