

## 2018 National YMCA Short Course Swimming Championships

# Time Trial Qualifying Time Standards

With 3% adjustment

## April 2018

WOMEN			EVENT	MEN		
50 Meter Course	25 Meter Course	25 Yard Course		25 Yard Course	25 Meter Course	50 Meter Course
:28.67	:28.11	:25.32	<b>50 Free</b>	:22.75	:25.25	:25.76
1:02.37	1:01.15	:55.09	<b>100 Free</b>	:49.63	:55.09	:56.19
2:15.26	2:12.61	1:59.46	<b>200 Free</b>	1:48.55	2:00.49	2:02.90
4:38.45	4:32.99	5:11.99	<b>500 Free</b>	4:49.49	4:13.30	4:18.36
9:27.62	9:16.49	10:35.99	<b>1000Y/800MFree</b>	9:54.99	8:40.61	8:51.02
18:06.08	17:44.78	17:47.99	<b>1650 Free</b>	16:42.29	16:39.28	16:59.26
1:08.79	1:07.44	1:00.75	<b>100 Back</b>	:55.81	1:01.95	1:03.19
2:29.25	2:26.33	2:11.82	<b>200 Back</b>	2:00.49	2:13.75	2:16.42
1:19.52	1:17.96	1:10.23	<b>100 Breast</b>	1:02.92	1:09.84	1:11.24
2:52.58	2:49.19	2:32.42	<b>200 Breast</b>	2:17.39	2:32.50	2:35.55
1:08.67	1:07.32	1:00.65	<b>100 Fly</b>	:54.78	1:00.81	1:02.02
2:33.33	2:30.33	2:15.43	<b>200 Fly</b>	2:02.55	2:16.04	2:18.76
2:32.28	2:29.30	2:14.50	<b>200 IM</b>	2:02.45	2:15.92	2:18.64
5:19.60	5:13.34	4:42.29	<b>400 IM</b>	4:19.99	4:48.58	4:54.36
1:08.79	1:07.44	1:00.75	<b>100 IM</b>	:55.81	1:01.95	1:03.19

Time trials time standards are 3% over the meet qualifying time standard for most events  
 400 IM and 500 Free are 5 seconds slower than Short Course qualifying times  
 1000 Free 8 seconds slower 1650 Free 15 seconds slower than Short Course Qualifying times